**Sunday, October 09, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 AM | **Amazing Facts: The Final War Over Worship**  Religious program. | **PG**  +AMFA02-025+ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Tomorrow's World: Beware Of Satan's Deceptions (R)**  Religious program. | **PG**  +TOMW02-044+ |

|  |  |  |
| --- | --- | --- |
| 07:30 AM | **Leading The Way: Rebuilding Our Broken Walls - Part 5**  Religious program. | **PG**  +LWAY03-032+ |

|  |  |  |
| --- | --- | --- |
| 08:00 AM | **David Jeremiah: The Dragon**  Religious program. | **PG**  +DAJE2-055+ |

|  |  |  |
| --- | --- | --- |
| 08:30 AM | **It Is Written: I Want More: How To Get More Out Of The Bible (R)**  Discover some practical tips on getting the most out of the wisdom in the Bible. | **G**  +IIW5-035+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 09:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-022+ |

|  |  |  |
| --- | --- | --- |
| 10:00 AM | **Home And Away Catch-Up (R) ’CC’**  Missed Home and Away this week? Catch up on 7TWO! | **PG (D,A,V)**  +HAWC16-734+ |

|  |  |  |
| --- | --- | --- |
| 12:30 PM | **Storage Hoarders: Trish & Mags / Ross & Sarah (R)**  Aggie MacKenzie helps two hoarders to whittle down their possessions, one a collector of beautiful designer pieces, the other a hoarder of useless old electricals. | **G**  +STOH-012+ |

|  |  |  |
| --- | --- | --- |
| 01:30 PM | **Islands On The Edge (R)**  After a year of drought the Atlantic salmon find themselves trapped in the sea pools and unable to move into the river systems. Yet again the Hebrides must find ways to survive the extremes. | **PG**  +IOTE-003+ |

|  |  |  |
| --- | --- | --- |
| 02:30 PM | **Hairy Bikers' Northern Exposure (R)**  The Hairy Bikers are back on the road doing what they love most – biking and cooking. Dave Myers and Si King set off on a proper road-trip, their most ambitious and personal journey yet. | **PG**  +HBNE01-003+ |

|  |  |  |
| --- | --- | --- |
| 03:30 PM | **Escape To The Country: West Sussex (R)**  Tonight, Aled Jones helps a couple who've hardly lived together during their 34 years of marriage find a home together in West Sussex. | **G**  +ETTC13-003+ |

|  |  |  |
| --- | --- | --- |
| 04:30 PM | **Escape To The Country: Norfolk (R)**  Alistair Appleton is in Norfolk with a couple who want to run a cattery business from their rural home. | **G**  +ETTC20-022+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **Intolerant Cooks: Float My Boat NEW EPISODE**  Upon the poetic Daylesford lakes, Karen Martini & Richard Barassi wax lyrical about the humble Hunza pie, create a seasoned pork kofta with quinoa, & tumble a berry bouquet onto a no-bake vegan torte. | **G**  +INTC02-007+ |

|  |  |  |
| --- | --- | --- |
| 06:00 PM | **Mighty Cruise Ships: Stemat Spirit ’CC’ NEW EPISODE**  These Mighty Cruise Ships go anywhere adventure calls. | **G**  +MTYS7-006+ |

|  |  |  |
| --- | --- | --- |
| 07:00 PM | **For The Love Of Dogs NEW EPISODE**  With unprecedented behind the scenes access to this famous institution, For the Love of Dogs shows how sick and abused dogs are brought back to health and given a new, happier life. | **PG**  +FTLD03-008+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **Around The World With Manu: Around The World With Manu Feildel S1 Ep: 1 (UK) NEW EPISODE**  Wiith some rare spare time on his hands, Manu Feildel decides to follow his dream of circumnavigating the world, on AUS$20,000 in 30 days. Can he do it? | **PG**  +AWWM01-001+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Escape To The Country: Somerset (R)**  Jules Hudson is in Somerset to help an expat couple make a long-awaited return to the British countryside. Plus, Jules makes a nostalgic visit to a 100 year old cinema. | **G**  +ETTC20-023+ |

|  |  |  |
| --- | --- | --- |
| 09:30 PM | **The House That $100K Built: Tricks Of The Trade: Lisa / Richard & Julie NEW EPISODE**  Piers Taylor just £8k to transform a former butchers shop in Derbyshire. Then, Julie and Richard from rural Shropshire have fallen out of love with their home. | **G**  +HOTT02-003+ |

|  |  |  |
| --- | --- | --- |
| 10:45 PM | **Islands On The Edge (R)**  After a year of drought the Atlantic salmon find themselves trapped in the sea pools and unable to move into the river systems. Yet again the Hebrides must find ways to survive the extremes. | **PG**  +IOTE-003+ |

|  |  |  |
| --- | --- | --- |
| 11:45 PM | **Mighty Cruise Ships: Stemat Spirit (R) ’CC’**  These Mighty Cruise Ships go anywhere adventure calls. | **G**  +MTYS7-006+ |

|  |  |  |
| --- | --- | --- |
| 12:45 AM | **Psychic TV Ep: 12: Psychic TV**  Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience. | **M (A)**  +PSYC01-012+ |

|  |  |  |
| --- | --- | --- |
| 03:45 AM | **Escape To The Country: West Sussex (R)**  Tonight, Aled Jones helps a couple who've hardly lived together during their 34 years of marriage find a home together in West Sussex. | **G**  +ETTC13-003+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **Dr Oz: Eat Clean! Whole30 Elimination Plan ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-052+ |

**Monday, October 10, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-036+ |

|  |  |  |
| --- | --- | --- |
| 07:30 AM | **Bottersnikes and Gumbles: Toot On Duty / The Age Of Gumbletron ’CC’**  In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C**  +BSAG-012+ |

|  |  |  |
| --- | --- | --- |
| 08:00 AM | **Toybox: The Great Divide (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-056+ |

|  |  |  |
| --- | --- | --- |
| 08:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-024+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **Home And Away (R) ’CC’**  Marilyn suspects Bob is keeping a secret from Irene. Shane and Angel's dream of buying their own home becomes a reality. | **PG**  +HAW2-817+ |

|  |  |  |
| --- | --- | --- |
| 09:30 AM | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS16-041+ |

|  |  |  |
| --- | --- | --- |
| 10:30 AM | **Meet The Press (R)**  Chuck Todd interviews newsmakers from around the world. | +NBCM16-041+ |

|  |  |  |
| --- | --- | --- |
| 11:30 AM | **Medical Emergency (R) ’CC’**  A single mum's life hangs in the balance after a high speed head-on accident and a little boy's day ends in hospital. | **PG**  +MDEM4-008+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Escape To The Country: Somerset (R)**  Jules Hudson is in Somerset to help an expat couple make a long-awaited return to the British countryside. Plus, Jules makes a nostalgic visit to a 100 year old cinema. | **G**  +ETTC20-023+ |

|  |  |  |
| --- | --- | --- |
| 01:00 PM | **Lovejoy: Fly The Flag NEW EPISODE**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY04-006+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Great Outdoors (R) ’CC’**  Come star spotting in LA with 'Sunrise' Celebrity hunter Nelson Aspen, and Ernie presents one of the world's natural wonders - right at the top of Brazil. | **G**  +GO15-031+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **The Zoo (R) ’CC’**  A lion must undergo a world-first operation. Meanwhile, an orphaned flying fox meets his new mum. | **G**  +ZOOT3-002+ |

|  |  |  |
| --- | --- | --- |
| 03:30 PM | **RSPCA Animal Rescue (R) ’CC’**  A lorikeet found hanging by fishing line in a tall tree is rescued by inspectors and rehabilitated by in-mates at a correctional centre. | **G**  +ANRS-013+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Medical Emergency (R) ’CC’**  A champion water skier's career could be over after she crashes during a competition. | **PG**  +MDEM4-009+ |

|  |  |  |
| --- | --- | --- |
| 04:30 PM | **60 Minute Makeover: Dartford, Kent (R)**  60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG**  +SMM6-070+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **60 Minute Makeover: Crawley (R)**  Designer John Amabile and the crew head to Crawley, West Sussex, to transform a home as a surprise for a single mother who always puts others before herself. | **PG**  +SMM08-008+ |

|  |  |  |
| --- | --- | --- |
| 06:30 PM | **Bargain Hunt: Kent 4 (R)**  Tim Wonnacott and the teams are hunting for bargains in Kent at Detling Antiques Fair. | **G**  +BHUN30-009+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **Rosemary & Thyme: Sweet Angelica (R) ’CC’**  Dying grass at the Bowden Grange Language School drags Rosemary and Laura into a mystery from the past - and bitter present-day rivalry. | **PG**  +RAT-004+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Wallander: An Event In Autumn (R) ’CC’**  Wallander's dog unearths a skeleton buried in his garden. The body is of a murdered girl, dead for over ten years. Is this fate or coincidence? | **M (A,V)**  +WLDR03-001+ |

|  |  |  |
| --- | --- | --- |
| 10:30 PM | **Air Crash Investigations: Terror In Paradise (R) ’CC’**  When a flight to Tahiti crashes and kills everyone on board, investigators uncover an unexpected explanation for the crash. | **PG**  +MDAY13-009+ |

|  |  |  |
| --- | --- | --- |
| 11:30 PM | **Bargain Hunt: Kent 4 (R)**  Tim Wonnacott and the teams are hunting for bargains in Kent at Detling Antiques Fair. | **G**  +BHUN30-009+ |

|  |  |  |
| --- | --- | --- |
| 12:30 AM | **Lovejoy: Fly The Flag (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY04-006+ |

|  |  |  |
| --- | --- | --- |
| 01:30 AM | **Dr Oz: Regis Philbin's Health Question Only Dr Oz Could Answer ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-058+ |

|  |  |  |
| --- | --- | --- |
| 02:30 AM | **Dr Oz: Souping: The New Nutrient Packed Way To Detox ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG (A)**  +DROZ06-057+ |

|  |  |  |
| --- | --- | --- |
| 03:30 AM | **Dr Oz: Robin Roberts: The Decision That Saved Her Life ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-056+ |

|  |  |  |
| --- | --- | --- |
| 04:30 AM | **Special: Images Of Italy (R) (1994)**  Greg Grainger takes viewers from the enchantment of the Tuscany region to the classic charm of Verona and Venice. Starring: GREG GRAINGER | **PG**  +AMS-661+ |

|  |  |  |
| --- | --- | --- |
| 05:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-023+ |

**Tuesday, October 11, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-037+ |

|  |  |  |
| --- | --- | --- |
| 07:30 AM | **Bottersnikes and Gumbles: Blue Grub Moon / Gumble Pie ’CC’**  In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C**  +BSAG-013+ |

|  |  |  |
| --- | --- | --- |
| 08:00 AM | **Toybox: Favourites (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-057+ |

|  |  |  |
| --- | --- | --- |
| 08:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-025+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **Home And Away (R) ’CC’**  Angel and Shane buy their house. Marilyn discovers that Bob already has a wife. Nelson thinks that Sally won't go out with him because he's not as smart as her. | **PG**  +HAW2-818+ |

|  |  |  |
| --- | --- | --- |
| 09:30 AM | **NBC Today (R)**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT16-203+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Air Crash Investigations: Imperfect Pitch (R) ’CC’**  In 2008, an aircraft on a test flight crashed into the Mediterranean Sea. Did improper maintenance work allow water to enter the plane's sensors, causing them to freeze and stop working? | **PG**  +MDAY13-008+ |

|  |  |  |
| --- | --- | --- |
| 01:00 PM | **Lovejoy: Judgement Of Soloman NEW EPISODE**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **M (V)**  +LJOY04-007+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Great Outdoors (R) ’CC’**  See the secret streets of London with Matt Shirvington. Three great options for staying in New Zealand - all at bargain prices. Run away and the join the circus for real. | **G**  +GO15-032+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **Air Rescue (R) ’CC’**  Six people are badly injured when two cars collide – one of which was trying to evade police. In snowy conditions on Cradle Mountain, weather takes a turn for the worse leaving a bushwalker stranded. | **PG**  +AIRR03-002+ |

|  |  |  |
| --- | --- | --- |
| 03:30 PM | **Crash Investigation Unit: Left For Dead (R) ’CC’**  A sleepy suburban street becomes a crime scene leaving a young man with life threatening injuries and an offender on the run. | **PG**  +CIU2-003+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Medical Emergency (R) ’CC’**  A 22 year-old woman is suffering from lung failure and will need a transplant to survive. | **PG**  +MDEM4-010+ |

|  |  |  |
| --- | --- | --- |
| 04:30 PM | **60 Minute Makeover: Stockport, Cheshire (R)**  60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG**  +SMM6-071+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **60 Minute Makeover: Reigate NEW EPISODE**  Rowena Johnson and the design team are called to Reigate, Surrey, to transform the home of a 28-year-old trampoline instructor at the request of the man's younger sister, mother and aunt. | **PG**  +SMM08-009+ |

|  |  |  |
| --- | --- | --- |
| 06:30 PM | **Bargain Hunt: Exeter 21 (R)**  Two big men reveal their knowledge of kitchen utensils to a bemused Philip Serrell while Catherine Southon struggles to keep control of a very excited lady. | **G**  +BHUN30-010+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **Kingdom NEW EPISODE**  Peter Kingdom is a compassionate solicitor whose life is overshadowed by the mysterious disappearance of his brother. | **PG (S)**  +KINM02-005+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Inspector Morse: Inspector Morse: The Infernal Serpent (R) ’CC’**  Inspector Morse and Sergeant Lewis' enquiries into the murder of an eminent environmentalist, killed minutes before he was due to give a controversial lecture, unearth skeletons in the closet of a respectable academic family. | **M (A,V)**  +INM-012+ |

|  |  |  |
| --- | --- | --- |
| 10:50 PM | **The Border: War On The Streets (R)**  A brand new season of the series expands to follow not only Customs and Border Protection as they patrol the US-Mexico border, but also local law enforcement charged with keeping things safe in the border towns of South Texas. | **PG**  +TBOR7-003+ |

|  |  |  |
| --- | --- | --- |
| 11:50 PM | **Bargain Hunt: Exeter 21 (R)**  Two big men reveal their knowledge of kitchen utensils to a bemused Philip Serrell while Catherine Southon struggles to keep control of a very excited lady. | **G**  +BHUN30-010+ |

|  |  |  |
| --- | --- | --- |
| 12:50 AM | **Lovejoy: Judgement Of Soloman (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **M (V)**  +LJOY04-007+ |

|  |  |  |
| --- | --- | --- |
| 01:50 AM | **Dr Oz: What To Eat For Your Personality Type ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-055+ |

|  |  |  |
| --- | --- | --- |
| 02:50 AM | **Dr Oz: Tori Spelling And Husband Dean McDermott On The Fight To Save Their Marriage ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **M (A)**  +DROZ06-054+ |

|  |  |  |
| --- | --- | --- |
| 03:50 AM | **Dr Oz: Weatherman Sam Champion's Winter Survival Guide ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **M (A)**  +DROZ06-053+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **Special: Animal Cunning (R) (1995)**  This documentary takes an in-depth look into animal intelligence and explains if they are capable of rational thought. Presented by Greg Grainger. Starring: GREG GRAINGER | **G**  +AMS-665+ |

**Wednesday, October 12, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-038+ |

|  |  |  |
| --- | --- | --- |
| 07:30 AM | **Bottersnikes and Gumbles: The Sneaky Snike / Better Together ’CC’**  In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C**  +BSAG-014+ |

|  |  |  |
| --- | --- | --- |
| 08:00 AM | **Toybox: Silly Sardines (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-058+ |

|  |  |  |
| --- | --- | --- |
| 08:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-026+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **Home And Away (R) ’CC’**  Bob O'Reilly is exposed as a bigamist. Curtis is caught re-handed. Shannon continues to lie to Pippa. | **PG**  +HAW2-819+ |

|  |  |  |
| --- | --- | --- |
| 09:30 AM | **NBC Today (R)**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT16-204+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **The Border: War On The Streets (R)**  A brand new season of the series expands to follow not only Customs and Border Protection as they patrol the US-Mexico border, but also local law enforcement charged with keeping things safe in the border towns of South Texas. | **PG**  +TBOR7-003+ |

|  |  |  |
| --- | --- | --- |
| 01:00 PM | **Lovejoy: Galloping Major NEW EPISODE**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY04-008+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Great Outdoors (R) ’CC’**  Join Dicko for a behind-the-scenes Celebrity Survivor tour of Vanuatu. Love Crocodile Dundee, then don't miss Capricorn Dave's one day bush adventure. | **G**  +GO15-033+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **House Doctor (Design For Living) (R)**  Ann Maurice has to design a scheme for her client’s house that will suit both partners, which proves to be quite a challenge. | **G**  +HDDL01-003+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Medical Emergency (R) ’CC’**  A barbeque chef has been engulfed in flames and a 22 year-old woman is finally ready to receive her new lungs. | **PG**  +MDEM4-011+ |

|  |  |  |
| --- | --- | --- |
| 04:30 PM | **60 Minute Makeover: Sutton Coldfield, West Midlands (R)**  60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG**  +SMM6-072+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **60 Minute Makeover: Darwen (R)**  Designer Ann Hazell brings the team to Darwen in Lancashire to spruce up the home of a single parent who is bringing up his two-year-old daughter. | **PG**  +SMM08-010+ |

|  |  |  |
| --- | --- | --- |
| 06:30 PM | **Bargain Hunt: Yorkshire 17 (R)**  A great aunt and nephew team are up against a football mad father and daughter combo at the Jaguar Antiques and Collectors Fair at Wetherby racecourse. | **G**  +BHUN30-011+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **Doc Martin: The Family Way (R) ’CC’**  When Martin's parents come to visit from Portugal, he wonders why his mother is so withdrawn. Then, a visit to Joan's reveals answers. | **PG**  +DOCM2-006+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Lewis: Life Born Of Fire (R) ’CC’**  When a friend from Hathaway's past commits suicide in a church Lewis is drawn in to investigate. | **M (A,V)**  +LEWS2-001+ |

|  |  |  |
| --- | --- | --- |
| 10:30 PM | **Waking The Dead: Solidarity Part 2 NEW EPISODE**  As Boyd and his team burrow deep into the paranoid, polarised world of early 80s British national security, they uncover duplicity and sabotage that goes to the heart of government today. | **M (V)**  +WAKD09-006+ |

|  |  |  |
| --- | --- | --- |
| 11:45 PM | **Bargain Hunt: Yorkshire 17 (R)**  A great aunt and nephew team are up against a football mad father and daughter combo at the Jaguar Antiques and Collectors Fair at Wetherby racecourse. | **G**  +BHUN30-011+ |

|  |  |  |
| --- | --- | --- |
| 12:45 AM | **Lovejoy: Galloping Major (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY04-008+ |

|  |  |  |
| --- | --- | --- |
| 02:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 02:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 03:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 03:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 04:00 AM | **House Doctor (Design For Living) (R)**  Ann Maurice has to design a scheme for her client’s house that will suit both partners, which proves to be quite a challenge. | **G**  +HDDL01-003+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **Special: Reflections In The River (R) (2000)**  Discover the Hawkesbury river and its surrounding national parks and areas, investigating the lives of the people and wildlife that inhabit the area. | **G**  +AMS-667+ |

**Thursday, October 13, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-039+ |

|  |  |  |
| --- | --- | --- |
| 07:30 AM | **Bottersnikes and Gumbles: Happi Go Lucky / You Got Grubb'd ’CC’**  In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C**  +BSAG-015+ |

|  |  |  |
| --- | --- | --- |
| 08:00 AM | **Toybox: The Best Mess (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-059+ |

|  |  |  |
| --- | --- | --- |
| 08:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-027+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **Home And Away (R) ’CC’**  Selina tells Pippa she thinks Shannon is anorexic. The Ross' say goodbye to Maja when she is sent back to Yugoslavia. Alf punches Fisher in the nose. | **PG**  +HAW2-820+ |

|  |  |  |
| --- | --- | --- |
| 09:30 AM | **NBC Today (R)**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT16-205+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Doc Martin: The Family Way (R) ’CC’**  When Martin's parents come to visit from Portugal, he wonders why his mother is so withdrawn. Then, a visit to Joan's reveals answers. | **PG**  +DOCM2-006+ |

|  |  |  |
| --- | --- | --- |
| 01:00 PM | **Lovejoy: Irish Stew NEW EPISODE**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY04-011+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Great Outdoors: Best Of Britain (R) ’CC’**  Experience 5-Star Locomotive - luxury onboard The Royal Scotsman, and Dream of finding your own Mr Darcy - take the real ' Pride and Prejudice' tour. | **G**  +GO15-034+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **Property Ladder: The Princess And The Contrary Contractors (R)**  A woman must hire contractors to help with her first condo renovation after her fiance leaves her, forcing her to do the renovation alone. | **PG**  +PROL2-001+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Medical Emergency (R) ’CC’**  Paramedics are called to an overturned car where a woman's been hurt and needs to be moved fast. | **PG**  +MDEM4-012+ |

|  |  |  |
| --- | --- | --- |
| 04:30 PM | **60 Minute Makeover: New Mills, Derbyshire (R)**  60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG**  +SMM6-073+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **60 Minute Makeover: Colnbrook (R)**  Designer Linda Barker and the team visit Colnbrook, Berkshire, to surprise a woman who shared her home with her father until he died, and has not renovated the property since then. | **PG**  +SMM08-011+ |

|  |  |  |
| --- | --- | --- |
| 06:30 PM | **Bargain Hunt: Cornwall 7 (R)**  Teams are let loose at the Royal Cornwall Showground in Wadebridge while Tim Wonnacott heads down the coast to Marazion to discover some Cornish Wonder at St Michael's Mount. | **G**  +BHUN30-012+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **Father Brown: The Man In The Tree ’CC’ NEW EPISODE**  When Lady Felicia finds a stripped and injured man stuck up a tree, Sid is implicated as the perpetrator. Can Father Brown prove his innocence, or has Sid gone too far this time? | **M (V)**  +FBRO01-004+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **TBA:** | ++ |

|  |  |  |
| --- | --- | --- |
| 10:30 PM | **Some Mothers Do 'ave 'em: Cliffhanger (R) ’CC’**  Frank gets a job as a salesman for farm products and recieves a company car. The only problem is Frank has never passed his driving test. | **PG**  +SMHE2-001+ |

|  |  |  |
| --- | --- | --- |
| 11:15 PM | **Bargain Hunt: Cornwall 7 (R)**  Teams are let loose at the Royal Cornwall Showground in Wadebridge while Tim Wonnacott heads down the coast to Marazion to discover some Cornish Wonder at St Michael's Mount. | **G**  +BHUN30-012+ |

|  |  |  |
| --- | --- | --- |
| 12:15 AM | **Air Rescue (R) ’CC’**  Six people are badly injured when two cars collide – one of which was trying to evade police. In snowy conditions on Cradle Mountain, weather takes a turn for the worse leaving a bushwalker stranded. | **PG**  +AIRR03-002+ |

|  |  |  |
| --- | --- | --- |
| 12:45 AM | **Psychic TV Ep: 13: Psychic TV**  Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience. | **M (A)**  +PSYC01-013+ |

|  |  |  |
| --- | --- | --- |
| 03:45 AM | **Some Mothers Do 'ave 'em: Cliffhanger (R) ’CC’**  Frank gets a job as a salesman for farm products and recieves a company car. The only problem is Frank has never passed his driving test. | **PG**  +SMHE2-001+ |

|  |  |  |
| --- | --- | --- |
| 04:30 AM | **Lovejoy: Irish Stew (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY04-011+ |

|  |  |  |
| --- | --- | --- |
| 05:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Friday, October 14, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Match It (R) ’CC’ SEASON FINAL**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-040+ |

|  |  |  |
| --- | --- | --- |
| 07:30 AM | **Bottersnikes and Gumbles: A Grubby Truce / The Neverstorm ’CC’**  In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C**  +BSAG-016+ |

|  |  |  |
| --- | --- | --- |
| 08:00 AM | **Toybox: Our New Friend (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-060+ |

|  |  |  |
| --- | --- | --- |
| 08:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-028+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **Home And Away (R) ’CC’**  Fisher reports Alf to the police for hitting him. Shannon visits the doctor who confirms her worst fears about anorexia. Nelson is feeling put-out by Sally's rejection of him. | **PG**  +HAW2-821+ |

|  |  |  |
| --- | --- | --- |
| 09:30 AM | **NBC Today (R)**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT16-206+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Better Homes And Gardens (R) ’CC’**  Joh and Pete tour the ultimate suburban retreat in Perth. Fast Ed makes some special baked treats for Halloween. Dr Harry visits the Australian Reptile Park to meet some native animals. | **G**  +BHAG21-038+ |

|  |  |  |
| --- | --- | --- |
| 01:00 PM | **Lovejoy: They Call Me Midas NEW EPISODE**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY04-010+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Great Outdoors (R) ’CC’**  Follow the Blue Suede footsteps of the King on our unique Elvis Trail. How to keep the kids happy - and quiet - on your next holiday, thanks to Sky Nanny. | **G**  +GO15-035+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **Best Houses Australia (R)**  Join author and host Gary Takle on a quest to discover what really makes a house work. Explore some of the most exciting and stunning houses in the country and meet the professionals who create them. | **G**  +BHOZ05-012+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Medical Emergency (R) ’CC’**  The Air Ambulance crew have been called to a man who has been crushed and trapped while cutting branches. | **PG (A)**  +MDEM5-002+ |

|  |  |  |
| --- | --- | --- |
| 04:30 PM | **60 Minute Makeover: Bletchley, Milton Keynes (R)**  60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG**  +SMM6-074+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **60 Minute Makeover: Hemel Hempstead (R)**  Designer John Amabile visits Hemel Hempstead in Hertfordshire to transform the house of an 81-year-old grandmother who has not decorated in decades. | **PG**  +SMM08-012+ |

|  |  |  |
| --- | --- | --- |
| 06:30 PM | **Bargain Hunt: Cornwall 8 (R)**  Tim Wonnacott and the teams hunt for bargains at the Royal Cornwall Showground in Wadebridge. | **G**  +BHUN30-013+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **Mr Selfridge NEW EPISODE**  Harry's spirited daughter Violette has returned from life in Paris, and together with Rosalie they implore Harry to stop burying his head in the sand – but Harry is happy to be distracted. | **PG (S,A)**  +MRSE04-003+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **7TWO Friday Night Movie: Phenomenon (R) ’CC’ (1996)**  On the night of his 37th birthday, George Malley is knocked to the ground by a mysterious, blinding light and suddenly develops amazing mental abilities! Starring: ASHLEY BUCCILLE,BRUCE YOUNG, A,FOREST WHITAKER,DAVID GALLAGHER,KYRA SEDGWICK,JOHN TRAVOLTA,JEFFREY DEMUNN,RICHARD KILEY,ROBERT DUVALL,MICHAEL MOLHOAN,TROY EVANS,TONY GENARO,SEAN O-BRYAN | **PG (A)**  +WDFR13-012+ |

|  |  |  |
| --- | --- | --- |
| 11:00 PM | **For The Love Of Dogs (R)**  With unprecedented behind the scenes access to this famous institution, For the Love of Dogs shows how sick and abused dogs are brought back to health and given a new, happier life. | **PG**  +FTLD03-008+ |

|  |  |  |
| --- | --- | --- |
| 11:30 PM | **SCU: Serious Crash Unit: Port Waikato (R) ’CC’**  Join the SCU as they investigate a tragic crash where an Australian tourist is killed while on a quad bike tour. | **PG**  +SCU7-003+ |

|  |  |  |
| --- | --- | --- |
| 12:00 AM | **Bargain Hunt: Cornwall 8 (R)**  Tim Wonnacott and the teams hunt for bargains at the Royal Cornwall Showground in Wadebridge. | **G**  +BHUN30-013+ |

|  |  |  |
| --- | --- | --- |
| 01:00 AM | **Psychic TV Ep: 14: Psychic TV**  Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience. | **M (A)**  +PSYC01-014+ |

|  |  |  |
| --- | --- | --- |
| 04:00 AM | **Lovejoy: They Call Me Midas (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY04-010+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-027+ |

|  |  |  |
| --- | --- | --- |
| 05:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Saturday, October 15, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 08:00 AM | **House Calls To The Rescue (R) ’CC’**  JOHANNA GRIGGS unleashes her new team of experts to rescue home owners from their DIY disasters. | **G**  +HSCL-001+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **Room For Improvement (R) ’CC’**  A typical Aussie veranda is transformed into a spectacular entertaining room with bi-fold doors opening onto a massive deck. | **G**  +RFI3-012+ |

|  |  |  |
| --- | --- | --- |
| 09:30 AM | **Room For Improvement (R) ’CC’**  The team head to the snow to completely makeover the kitchen and loungeroom of an old ski lodge. | **G**  +RFI3-013+ |

|  |  |  |
| --- | --- | --- |
| 10:00 AM | **Hot Property (R) ’CC’**  Michael Caton returns with a new season of Hot Property that follows average Aussies in their quest to buy, rent or renovate their own home. | **G**  +HOTP8-001+ |

|  |  |  |
| --- | --- | --- |
| 10:30 AM | **Property Ladder U.K. Revisited (R)**  Follow amateur developers as they renovate their properties in the hope of making a profit. | **PG**  +PLUK01-003+ |

|  |  |  |
| --- | --- | --- |
| 11:30 AM | **Travel Oz: Healthy Reef ’CC’ NEW EPISODE**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G**  +TRAV4-019+ |

|  |  |  |
| --- | --- | --- |
| 12:15 PM | **Travel Oz: Mertz Glacier Antartic (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-019+ |

|  |  |  |
| --- | --- | --- |
| 01:00 PM | **The Travel Bug: Tomamu Resort Japan NEW EPISODE**  The Travel Bug is taking viewers far and wide! | **PG (N)**  +TRBG06-004+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **Going Bush NEW EPISODE**  Take a behind the scenes look at Australia's forests, the people who work in them and the industry they support. | **PG**  +GBSH04-002+ |

|  |  |  |
| --- | --- | --- |
| 02:30 PM | **Home In WA ’CC’ NEW EPISODE**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA19-018+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **Great South East ’CC’ NEW EPISODE**  Explore leisure and recreation in South East Queensland. | **G**  +GSTH16-034+ |

|  |  |  |
| --- | --- | --- |
| 03:30 PM | **Creek To Coast (R) ’CC’**  Queensland's ultimate outdoor adventure show, featuring the very latest in camping, cruising, fishing and four-wheel-driving. | **G**  +7CTC16-029+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Queensland Weekender ’CC’ NEW EPISODE**  Dean Miller and his team cover the length and breadth of Queensland with great suggestions for weekends, short breaks and holidays. | **G**  +7QWE16-033+ |

|  |  |  |
| --- | --- | --- |
| 04:30 PM | **WA Weekender ’CC’ NEW EPISODE**  WA Weekender showcases the best of WA and is packed full of ideas to fit every weekend. Be inspired by fascinating stories with everything from helpful hints to finding out where to take your family. | **G**  +WAWE03-032+ |

|  |  |  |
| --- | --- | --- |
| 05:00 PM | **Sydney Weekender (R) ’CC’**  Mike heads to Yamba for a taste of the local produce and beautiful ranch accommodation. Lizzy shows some school holiday activities at the Sydney Opera House. Lynette checks out Skypeak Adventures. | **G**  +7SWE23-035+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **Around The World With Manu: Around The World With Manu Feildel S1 Ep: 1 (UK) (R)**  Wiith some rare spare time on his hands, Manu Feildel decides to follow his dream of circumnavigating the world, on AUS$20,000 in 30 days. Can he do it? | **PG**  +AWWM01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 PM | **Islands On The Edge NEW EPISODE**  In the final programme of the landmark series, narrated by Ewan McGregor, we meet the people of the Hebrides and discover how they’re learning to live side-by-side with their wild neighbours. | **PG**  +IOTE-004+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **Hairy Bikers' Northern Exposure NEW EPISODE**  The Hairy Bikers are back on the road doing what they love most – biking and cooking. Dave Myers and Si King set off on a proper road-trip, their most ambitious and personal journey yet. | **PG (N)**  +HBNE01-004+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Escape To The Country: Gloucestershire (R)**  Alistair Appleton heads to Gloucestershire to help a pair of newly-weds find their very first home together. | **G**  +ETTC20-025+ |

|  |  |  |
| --- | --- | --- |
| 09:30 PM | **Selling Houses Australia: Grays Point (R) ’CC’**  A couple who built their own home attempt to sell it. However, it's only partially complete, and they're trying to sell without an agent. | **G**  +SEHO07-010+ |

|  |  |  |
| --- | --- | --- |
| 10:30 PM | **To Build Or Not To Build: Andy And Ruth NEW EPISODE**  Dairy farming family the Bloors swap the milking parlour for bricks and mortar to build a new farmhouse in Cheshire. | **G**  +TBNB2-017+ |

|  |  |  |
| --- | --- | --- |
| 11:30 PM | **Best Houses Australia NEW EPISODE**  Join author and host Gary Takle on a quest to discover what really makes a house work. Explore some of the most exciting and stunning houses in the country and meet the professionals who create them. | **G**  +BHOZ05-013+ |

|  |  |  |
| --- | --- | --- |
| 12:00 AM | **Hairy Bikers' Northern Exposure (R)**  The Hairy Bikers are back on the road doing what they love most – biking and cooking. Dave Myers and Si King set off on a proper road-trip, their most ambitious and personal journey yet. | **PG (N)**  +HBNE01-004+ |

|  |  |  |
| --- | --- | --- |
| 01:00 AM | **Psychic TV Ep: 15: Psychic TV**  Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience. | **M (A)**  +PSYC01-015+ |

|  |  |  |
| --- | --- | --- |
| 04:00 AM | **Sydney Weekender (R) ’CC’**  Mike heads to Yamba for a taste of the local produce and beautiful ranch accommodation. Lizzy shows some school holiday activities at the Sydney Opera House. Lynette checks out Skypeak Adventures. | **G**  +7SWE23-035+ |

|  |  |  |
| --- | --- | --- |
| 04:30 AM | **WA Weekender (R) ’CC’**  WA Weekender showcases the best of WA and is packed full of ideas to fit every weekend. Be inspired by fascinating stories with everything from helpful hints to finding out where to take your family. | **G**  +WAWE03-032+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **Queensland Weekender (R) ’CC’**  Dean Miller and his team cover the length and breadth of Queensland with great suggestions for weekends, short breaks and holidays. | **G**  +7QWE16-033+ |

|  |  |  |
| --- | --- | --- |
| 05:30 AM | **Creek To Coast (R) ’CC’**  Queensland's ultimate outdoor adventure show, featuring the very latest in camping, cruising, fishing and four-wheel-driving. | **G**  +7CTC16-029+ |