**Sunday, March 12, 2017**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Amazing Facts: The Prince Of Pride**  Religious program. | **PG**  +AMFA03-011+ |

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| 07:00 AM | **Tomorrow's World: Judgement Day On The Nations**  Religious program. | **PG**  +TOMW04-011+ |

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| 07:30 AM | **Leading The Way: How Shall We Live Now? Part 5**  Religious program. | **PG**  +LWAY04-011+ |

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| 08:00 AM | **David Jeremiah: God Loves You Even When You Don't Love Him**  Religious program. | **PG**  +DAJE03-011+ |

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| 08:30 AM | **It is Written: No Excuses**  Religious program. | **PG**  +IIW13-009+ |

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| 09:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 09:30 AM | **Inside Volleyball NEW EPISODE**  A dedicated panel show exploring all things Volleyball from Australia's HelloWorld Indoor & Beach Volleyroos, as well as the best International Volleyball action from around the globe. | +INVB01-014+ |

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| 10:00 AM | **Home And Away Catch-Up: Home And Away Catch-Up EP: 709 ’CC’**  Missed Home and Away this week? Catch up on 7TWO! | **PG (D,S,V)**  +HAWC17-709+ |

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| 01:00 PM | **The Great Australian Doorstep (R)**  Spida heads off on the trip of a lifetime to the iconic Kimberley Region, beginning his campervan trip in stunning Broome. | **PG**  +GRAD6-012+ |

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| 01:30 PM | **Anthony Bourdain: No Reservations: El Bulli (R)**  Anthony ventures to El Bulli. | **PG**  +NORE07-012+ |

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| 02:30 PM | **Travel Oz: Sunshine Coast (R) ’CC’**  On the Sunshine Coast, Greg looks at the botanical gardens and food trail in Maleny, and swims with whales. There's also some kayaking, bike riding and 4-wheel driving to be had. | **G**  +TRAV4-014+ |

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| 03:15 PM | **Travel Oz: Blue Mountains - Forbes (R) ’CC’**  Check out the top ten attractions in the blue mountains, from the artists retreat in hill end to the illuminate light show in Bathurst. | **G**  +TRAV4-015+ |

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| 04:00 PM | **Annabel Langbein: The Freerange Cook (R)**  Annabel Langbein visits Sam Neill’s Two Paddocks vineyard to harvest saffron and pick heritage pears. | **G**  +ALFC02-004+ |

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| 04:30 PM | **Malaysia Kitchen (R)**  Alvin dishes up some sticky Cantonese-style spare ribs and a unique fruit salad with a savoury sauce. Expert Malaysian chef, Carol Selva Rajah drops by the kitchen to a tasty kheema with green peas. | **G**  +MKIT01-005+ |

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| 05:00 PM | **Lyndey & Herbie's Movable Feast: Riverina Food Bowl (R)**  Lyndey and Herbie uncover gems near the Murrumbidgee, visit a lake brimming with fish and see an innovative lamb farm before cooking slow roasted spiced lamb, a fish curry and a tantalising parfait. | **G**  +LYNH-005+ |

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| 05:30 PM | **Homes Under The Hammer (R)**  Martin & Lucy visit a cottage in Somerset, a mid terrace house in Chatham, Kent and a flat in Carlisle. | **G**  +HUTH17-069+ |

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| 06:30 PM | **Dog Patrol: Vet Clinic - Jonty ’CC’ NEW EPISODE**  Christchurch Delta dog team Kevin and Jonty track some wrongdoers, Customs drug dog Titan detects drugs at the International Mail Center and Officer Ted is introduced to the dog team’s newest recruit. | **PG**  +STFC5-013+ |

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| 07:00 PM | **Border Security: International (R) ’CC’**  Vancouver officers question a nervous traveller with some serious cash on file. In Montréal, a trampoline installer hopes to avoid the bounce around. A suspicious package drives cargo officers batty | **PG**  +BORC3-008+ |

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| 07:30 PM | **Border Security: International (R) ’CC’**  Officers suspect a chef with limited funds and no return ticket is cooking up a story. In Alberta, serial numbers aren’t piecing together in a gun shipment. It’s Alaska or bust for a traveller. | **PG**  +BORC3-009+ |

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| 08:00 PM | **Border Security USA (R) ’CC’**  Officers catch a man red-handed and are confused by an English woman who is treating her cat to an expensive holiday. | **PG**  +BDUS-008+ |

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| 08:30 PM | **Escape To The Country: North Wiltshire (R)**  Nicki Chapman is in North Wiltshire helping a couple with a substantial budget of £900,000 swap the busy city of London, for the calm of the countryside. | **G**  +ETTC20-057+ |

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| 09:30 PM | **Escape To The Country: Devon (R)**  There’s an extraordinary proposal in today’s show, as Jonnie Irwin helps a country loving couple find their dream property in Devon for £500,000. | **G**  +ETTC20-058+ |

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| 10:30 PM | **Escape To The Country: Cumbria (R)**  Nicki Chapman heads to Cumbria with a couple looking for a 17th Century farmhouse with sufficient land for four horses, 20 lamas, an emu and a peacock will be moving too! | **G**  +ETTC15-018+ |

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| 11:30 PM | **Nick Knowles' Original Features: Dennyside (R)**  Follows the life of Ireland's most foul-mouthed mother, Mrs Agnes Brown, and her attempts to keep her family in order. | **G**  +NKOF2-008+ |

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| 12:30 AM | **Psychic TV: Psychic TV 102**  Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience. | **M**  +PSYC01-102+ |

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| 03:30 AM | **Travel Oz: Sunshine Coast (R) ’CC’**  On the Sunshine Coast, Greg looks at the botanical gardens and food trail in Maleny, and swims with whales. There's also some kayaking, bike riding and 4-wheel driving to be had. | **G**  +TRAV4-014+ |

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| 04:15 AM | **Travel Oz: Blue Mountains - Forbes (R) ’CC’**  Check out the top ten attractions in the blue mountains, from the artists retreat in hill end to the illuminate light show in Bathurst. | **G**  +TRAV4-015+ |

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| 05:00 AM | **Nick Knowles' Original Features: Dennyside (R)**  Follows the life of Ireland's most foul-mouthed mother, Mrs Agnes Brown, and her attempts to keep her family in order. | **G**  +NKOF2-008+ |

**Monday, March 13, 2017**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 AM | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **C**  +IAC18-021+ |

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| 07:30 AM | **The Deep (R) ’CC’**  The Nektons are arrested for theft! Ant and Fontaine escape to prove their innocence, but whoever set them up is already two steps ahead. Clearing the Nekton name won’t be easy! | **C**  +DEEP-017+ |

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| 08:00 AM | **Jay's Jungle: What Does My Heart Do?**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU03-026+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’**  Dr Harry helps JACQUI COOPER's cat who thinks it's a dog! Dr Katrina visits Olympic Gold Medallist LAUREN BURNS. | **G**  +HPR-160+ |

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| 09:00 AM | **Home And Away (R) ’CC’**  With the sun quickly going down, Selina and Shannon panic when their car won't start. Shane and Angel find it difficult to balance their time together. | **PG**  +HAW2-916+ |

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| 09:30 AM | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS17-011+ |

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| 10:30 AM | **Meet The Press (R) ’CC’**  Chuck Todd interviews newsmakers from around the world. | +NBCM17-011+ |

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| 11:30 AM | **Dog Patrol: Vet Clinic - Jonty (R) ’CC’**  Christchurch Delta dog team Kevin and Jonty track some wrongdoers, Customs drug dog Titan detects drugs at the International Mail Center and Officer Ted is introduced to the dog team’s newest recruit. | **PG**  +STFC5-013+ |

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| 12:00 PM | **Dr Oz: Could Antibiotics In Meat Be Making You Sick? (R) ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-019+ |

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| 01:00 PM | **Annabel Langbein: The Freerange Cook (R)**  Annabel Langbein visits Sam Neill’s Two Paddocks vineyard to harvest saffron and pick heritage pears. | **G**  +ALFC02-004+ |

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| 01:30 PM | **Malaysia Kitchen (R)**  Alvin dishes up some sticky Cantonese-style spare ribs and a unique fruit salad with a savoury sauce. Expert Malaysian chef, Carol Selva Rajah drops by the kitchen to a tasty kheema with green peas. | **G**  +MKIT01-005+ |

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| 02:00 PM | **Homes Under The Hammer (R)**  Martin & Lucy visit a cottage in Somerset, a mid terrace house in Chatham, Kent and a flat in Carlisle. | **G**  +HUTH17-069+ |

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| 03:00 PM | **Auction Squad (R) ’CC’**  We turn back time on a lovely old weatherboard cottage, installing a funky '50s kitchen. | **G**  +AUCS4-006+ |

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| 04:00 PM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-084+ |

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| 04:30 PM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-085+ |

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| 05:00 PM | **Medical Emergency (R) ’CC’**  This week, Michael, a Jehovah's Witness continues to face a life-threatening decision and a meatworker arrives with horrific work injuries. | **PG**  +MDEM3-002+ |

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| 05:30 PM | **60 Minute Makeover: Basildon (R)**  The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG**  +SMM7-022+ |

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| 06:30 PM | **Bargain Hunt: Derby 1 (R)**  Tim Wonnacott and the Bargain Hunt team visit the Derby Roundhouse to shop at an antiques fair before heading off to auction in Lichfield. | **G**  +BHUN39-004+ |

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| 07:30 PM | **Rosemary & Thyme: Racquet Espanol (R) ’CC’**  Laura and Rosemary head off to Southern Spain and investigate the death of a tennis player. The value of property proves to be the driving force for evil in this idyllic sun drenched resort. | **PG (V)**  +RAT3-006+ |

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| 08:30 PM | **Foyle's War: Casualties (R) ’CC’**  While investigating gambling and sabotage, Foyle takes in his troubled goddaughter and her severely traumatized son, who refuses to speak. | **M (A,V)**  +FOYL5-002+ |

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| 10:30 PM | **Saved (R) ’CC’**  A drama documentary series which tells the inspirational stories of ordinary people who woke up to what seemed like a typical day, blissfully unaware to the fact it could have been their last. | **M (V,A)**  +SVED01-004+ |

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| 11:30 PM | **Bargain Hunt: Derby 1 (R)**  Tim Wonnacott and the Bargain Hunt team visit the Derby Roundhouse to shop at an antiques fair before heading off to auction in Lichfield. | **G**  +BHUN39-004+ |

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| 12:30 AM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-084+ |

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| 01:00 AM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-085+ |

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| 01:30 AM | **Foyle's War: Casualties (R) ’CC’**  While investigating gambling and sabotage, Foyle takes in his troubled goddaughter and her severely traumatized son, who refuses to speak. | **M (A,V)**  +FOYL5-002+ |

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| 03:30 AM | **Dr Oz: Could Antibiotics In Meat Be Making You Sick? (R) ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-019+ |

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| 04:30 AM | **Auction Squad (R) ’CC’**  We turn back time on a lovely old weatherboard cottage, installing a funky '50s kitchen. | **G**  +AUCS4-006+ |

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| 05:30 AM | **Harry's Practice (R) ’CC’**  Dr Harry helps JACQUI COOPER's cat who thinks it's a dog! Dr Katrina visits Olympic Gold Medallist LAUREN BURNS. | **G**  +HPR-160+ |

**Tuesday, March 14, 2017**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 AM | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **C**  +IAC18-022+ |

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| 07:30 AM | **The Deep (R) ’CC’**  Fontaine and Smiling Finn get stuck inside a giant clam as the pirates battle the Nektons for the giant pearl within! Can pirates and Nektons work together to save them? Unlikely. | **C**  +DEEP-018+ |

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| 08:00 AM | **Jay's Jungle: Some Songs Are Very Silly**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU03-027+ |

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| 08:30 AM | **Harry's Practice: Harry Practice S1 Ep 162 (R) ’CC’**  Dr Katrina visits Australian legend, Dawn Fraser, and Dr Harry sorts out a dog with a very embarrassing problem. | **G**  +HPR-162+ |

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| 09:00 AM | **Home And Away (R) ’CC’**  Duncan runs for help when Alf has a mild TIA attack. Curtis and Chloe are drawn together. Saul begins to influence Selina. | **PG**  +HAW2-917+ |

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| 09:30 AM | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT17-052+ |

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| 12:00 PM | **Dr Oz: New Ways To Cut Your Cancer Risk (R) ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG (A)**  +DROZ06-020+ |

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| 01:00 PM | **Air Crash Investigations: The Heathrow Enigma (R) ’CC’**  A British Airways flight is inexplicably crippled by double engine failure and crashes on the tarmac. Join aviation experts and engineers as they investigate what caused this near catastrophe. | **PG**  +MDAY10-002+ |

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| 02:00 PM | **Mr Selfridge (R) ’CC’**  An unsettled and unnerved Harry arrives home in a swarm of bad publicity and has to deal with not only the scandal in the press but with Henri's arrest too. | **PG**  +MRSE2-008+ |

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| 03:00 PM | **Auction Squad (R) ’CC’**  The smart way to turn your backyard into an edible garden. | **G**  +AUCS4-007+ |

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| 04:00 PM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-114+ |

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| 04:30 PM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-115+ |

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| 05:00 PM | **Medical Emergency (R) ’CC’**  Paramedics arrive at The Alfred with a racing car driver who has been involved in an accident while defending his third Victorian title. | **PG**  +MDEM3-003+ |

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| 05:30 PM | **60 Minute Makeover: Harold Park (R)**  The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG**  +SMM7-023+ |

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| 06:30 PM | **Bargain Hunt: Epsom And Dorking 8 (R)**  At Epsom Downs Racecourse in Surrey, antiques experts David Harper and Natasha Raskin help two teams find interesting items to take to auction and hopefully make a profit. | **G**  +BHUN39-005+ |

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| 07:30 PM | **Kingdom ’CC’ NEW EPISODE**  Peter Kingdom is a compassionate solicitor whose life is overshadowed by the mysterious disappearance of his brother. | **PG (D)**  +KINM03-006+ |

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| 08:30 PM | **Judge John Deed: Hidden Agenda (R) ’CC’**  An attractive young doctor is accused of murdering an old man in her care. | **M (A)**  +JJD-004+ |

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| 10:30 PM | **I Shouldn't Be Alive: Trapped In The Canyon (R) ’CC’**  When extreme adventurer Danelle Ballengee plunged eighteen metres down a canyon wall, she should have died. See her amazing story of survival. | **M**  +ISBA3-001+ |

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| 11:30 PM | **Bargain Hunt: Epsom And Dorking 8 (R)**  At Epsom Downs Racecourse in Surrey, antiques experts David Harper and Natasha Raskin help two teams find interesting items to take to auction and hopefully make a profit. | **G**  +BHUN39-005+ |

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| 12:30 AM | **Mr Selfridge (R) ’CC’**  An unsettled and unnerved Harry arrives home in a swarm of bad publicity and has to deal with not only the scandal in the press but with Henri's arrest too. | **PG**  +MRSE2-008+ |

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| 01:30 AM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-114+ |

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| 02:00 AM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-115+ |

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| 02:30 AM | **This Rugged Coast: Night Prowlers Of The Reef (R)**  Ben Cropp explores the fascinating and rarely seen world of the coral reef at night. | **G**  +TRC-003+ |

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| 03:30 AM | **Dr Oz: New Ways To Cut Your Cancer Risk (R) ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG (A)**  +DROZ06-020+ |

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| 04:30 AM | **Auction Squad (R) ’CC’**  The smart way to turn your backyard into an edible garden. | **G**  +AUCS4-007+ |

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| 05:30 AM | **Harry's Practice: Harry Practice S1 Ep 162 (R) ’CC’**  Dr Katrina visits Australian legend, Dawn Fraser, and Dr Harry sorts out a dog with a very embarrassing problem. | **G**  +HPR-162+ |

**Wednesday, March 15, 2017**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 AM | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **C**  +IAC18-023+ |

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| 07:30 AM | **The Deep (R) ’CC’**  Proteus, the leader of the mysterious Guardians, traps the Aronnax and kidnaps Ant, believing he is the key to finding Lemuria. Ant tries to escape to save his family. | **C**  +DEEP-019+ |

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| 08:00 AM | **Jay's Jungle: What Does A Microscope Do?**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU03-028+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’**  Dr Katrina visits Australian legend, DAWN FRASER. Dr Harry sorts out a dog with a very embarrassing problem. | **G**  +HPR-163+ |

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| 09:00 AM | **Home And Away (R) ’CC’**  After Alf suffers a mild stroke, Michael decides to make up with him. Irene asks Marilyn to keep a close eye on Selina. Jack tells Curtis why Chloe is going out with him. | **PG**  +HAW2-918+ |

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| 09:30 AM | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT17-053+ |

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| 12:00 PM | **Dr Oz: Secrets To Eating Less And Feeling Fuller (R) ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-023+ |

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| 01:00 PM | **I Shouldn't Be Alive: Trapped In The Canyon (R) ’CC’**  When extreme adventurer Danelle Ballengee plunged eighteen metres down a canyon wall, she should have died. See her amazing story of survival. | **M**  +ISBA3-001+ |

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| 02:00 PM | **Kingdom (R) ’CC’**  Peter Kingdom is a compassionate solicitor whose life is overshadowed by the mysterious disappearance of his brother. | **PG (D)**  +KINM03-006+ |

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| 03:00 PM | **Auction Squad (R) ’CC’**  The Squad join forces with a bunch of renovating police who want to help out a colleague in need. | **G**  +AUCS4-008+ |

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| 04:00 PM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-116+ |

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| 04:30 PM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-117+ |

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| 05:00 PM | **Medical Emergency (R) ’CC’**  Air Ambulance paramedics respond to a code one emergency when a motorbike rider is found unconscious after a bad fall. | **PG**  +MDEM3-004+ |

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| 05:30 PM | **60 Minute Makeover: Wembley (R)**  The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG**  +SMM7-024+ |

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| 06:30 PM | **Bargain Hunt: Builth Wells 6 (R)**  The competing teams are in Builth Wells in the Welsh county of Powys, while Tim Wonnacott explores Shrewsbury's Roman links. | **G**  +BHUN39-006+ |

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| 07:30 PM | **Jonathan Creek: Time Waits For Norman (R)**  Can a man be in two places at the same time? Apparently Norman Stangerson can... How is that he is in New York in a meeting, and spilling coffee in Britain at the same time? Even more baffling is how can he arrive home, after hundreds of witnesses saw him die? | **M (S)**  +JNTC2-002+ |

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| 08:30 PM | **Inspector Morse: Cherubim And Seraphim (R) ’CC’**  When Morse finds out his step-niece has committed suicide, he takes compassionate leave and finds out the reason for her death. | **M (D,A)**  +INM2-005+ |

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| 10:30 PM | **I Shouldn't Be Alive: Nightmare On The Mountain (R) ’CC’**  A Canadian paramedic has an accident and is left crushed under his quad bike on a remote hillside for four days. Will he be found in time? | **M**  +ISBA3-004+ |

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| 11:30 PM | **Bargain Hunt: Builth Wells 6 (R)**  The competing teams are in Builth Wells in the Welsh county of Powys, while Tim Wonnacott explores Shrewsbury's Roman links. | **G**  +BHUN39-006+ |

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| 12:30 AM | **Dr Oz: Secrets To Eating Less And Feeling Fuller (R) ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-023+ |

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| 01:30 AM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-088+ |

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| 02:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 02:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 04:00 AM | **Medical Emergency (R) ’CC’**  Air Ambulance paramedics respond to a code one emergency when a motorbike rider is found unconscious after a bad fall. | **PG**  +MDEM3-004+ |

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| 04:30 AM | **Auction Squad (R) ’CC’**  The Squad join forces with a bunch of renovating police who want to help out a colleague in need. | **G**  +AUCS4-008+ |

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| 05:30 AM | **Harry's Practice (R) ’CC’**  Dr Katrina visits Australian legend, DAWN FRASER. Dr Harry sorts out a dog with a very embarrassing problem. | **G**  +HPR-163+ |

**Thursday, March 16, 2017**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 AM | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **C**  +IAC18-024+ |

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| 07:30 AM | **The Deep (R) ’CC’**  Devil Daniels – Monster Hunter believes he’s hunting a siren - the mythical creature whose song is deadly. But the Nektons know it’s really a rare whale with a unique voice. | **C**  +DEEP-020+ |

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| 08:00 AM | **Jay's Jungle: Are Rocket Ships Real?**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU03-029+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-164+ |

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| 09:00 AM | **Home And Away (R) ’CC’**  Angel expresses to Ailsa that Dylan's leukaemia is like a ticking time-bomb. Kelly and Travis leave Steven out in the cold. Selina agrees to go to one of Saul's meetings. | **PG**  +HAW2-919+ |

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| 09:30 AM | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT17-054+ |

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| 12:00 PM | **Dr Oz: New Health Rules You'll Love (R) ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-024+ |

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| 01:00 PM | **I Shouldn't Be Alive: Nightmare On The Mountain (R) ’CC’**  A Canadian paramedic has an accident and is left crushed under his quad bike on a remote hillside for four days. Will he be found in time? | **M**  +ISBA3-004+ |

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| 02:00 PM | **Jonathan Creek: Time Waits For Norman (R)**  Can a man be in two places at the same time? Apparently Norman Stangerson can... How is that he is in New York in a meeting, and spilling coffee in Britain at the same time? Even more baffling is how can he arrive home, after hundreds of witnesses saw him die? | **M (S)**  +JNTC2-002+ |

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| 03:00 PM | **Auction Squad (R) ’CC’**  A family must sell their house at auction in order to move overseas for a much needed change. | **G**  +AUCS4-009+ |

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| 04:00 PM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-118+ |

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| 04:30 PM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-091+ |

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| 05:00 PM | **Medical Emergency (R) ’CC’**  Time is critical in rescuing a man trapped inside his truck and a woman arrives in the emergency department suffering from debilitating pain. | **PG**  +MDEM3-005+ |

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| 05:30 PM | **60 Minute Makeover: Preston (R)**  The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG**  +SMM7-025+ |

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| 06:30 PM | **Bargain Hunt: Derby 3 (R)**  Derby plays host to Bargain Hunt as the red and blue teams battle it out in the name of profit-making at auction. | **G**  +BHUN39-007+ |

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| 07:30 PM | **The Vicar Of Dibley - Easter 1996: The Vicar Of Dibley - Easter 1996 (R) ’CC’**  When David suggests that Geraldine give up chocolate for Lent, she worries she doesn't have the willpower. Starring: GARY WALDHORN,JAMES FLEET,DAWN FRENCH,EMMA CHAMBERS,LIZ SMITH,JOHN BLUTHAL,ROGER LLOYD-PACK,TREVOR PEACOCK | **PG**  +BBCS4-004+ |

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| 08:30 PM | **Programme T.B.A: The Shawshank Redemption (R) ’CC’**  Red, serving a life sentence, and Andy, a mild-mannered banker wrongly convicted of murder, forge an unlikely bond in prison that will span more than twenty years. Based on a novella by Stephen King. Starring: BOB GUNTON,CLANCY BROWN,GIL BELLOWS,JAMES WHITMORE,MORGAN FREEMAN,WILLIAM SADLER,TIM ROBBINS | **M (L,A,V,S)**  +WBFF01-041+ |

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| 11:30 PM | **Bargain Hunt: Derby 3 (R)**  Derby plays host to Bargain Hunt as the red and blue teams battle it out in the name of profit-making at auction. | **G**  +BHUN39-007+ |

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| 12:30 AM | **Psychic TV: Psychic TV 103**  Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience. | **M**  +PSYC01-103+ |

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| 03:30 AM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-118+ |

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| 04:00 AM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-091+ |

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| 04:30 AM | **Auction Squad (R) ’CC’**  A family must sell their house at auction in order to move overseas for a much needed change. | **G**  +AUCS4-009+ |

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| 05:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Friday, March 17, 2017**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 AM | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **C**  +IAC18-025+ |

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| 07:30 AM | **The Deep (R) ’CC’**  Can a fish really be responsible for wrecking Dolos’s boat, sinking the Aronnax and almost destroying the Rover? Fontaine believes so—but how to get rid of it and its bad luck? | **C**  +DEEP-021+ |

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| 08:00 AM | **Jay's Jungle: I Wish I Was A King**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU03-030+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’**  Dr Katrina reveals two things that every pet owner needs to know. Dr Harry visits a bird that sounds like a telephone! | **G**  +HPR-165+ |

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| 09:00 AM | **Home And Away (R) ’CC’**  Shane tells travis that he feels like a prisoner in his own home. Dylan goes into remission. An upset Travis doesn't go home one night. | **PG**  +HAW2-920+ |

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| 09:30 AM | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT17-055+ |

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| 12:00 PM | **Dr Oz: Legendary Model B. Smith Battles Alzheimer's (R) ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-026+ |

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| 01:00 PM | **Better Homes And Gardens (R) ’CC’**  Joh and Karen take us on a trip through Europe with stops at the food markets in Paris, the wine region of Bordeaux and the Burg Namedy castle in Germany. Dr Harry visit Australia's only rabbit clinic | **G**  +BHAG21-018+ |

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| 02:00 PM | **The Real Seachange (R) ’CC’**  Lynn pays a hefty price for life in paradise and we check on the progress at Cosimo's French chateau. | **G**  +RLSC-004+ |

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| 02:30 PM | **The Real Seachange (R) ’CC’**  Since Steve and Virginia took over a NSW country pub beer sales have gone through the roof. Problem is being their own boss means no day off. | **G**  +RLSC-005+ |

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| 03:00 PM | **Auction Squad (R) ’CC’**  From a suburb you've never heard of comes a renovation you'll never forget! | **G**  +AUCS4-010+ |

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| 04:00 PM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-092+ |

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| 04:30 PM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-093+ |

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| 05:00 PM | **Medical Emergency (R) ’CC’**  A 17-year-old learner driver has suffered serious injuries following a high-speed collision and time is critical in for a young epileptic boy. | **PG**  +MDEM3-006+ |

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| 05:30 PM | **60 Minute Makeover: Hounslow (R)**  The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG**  +SMM7-026+ |

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| 06:30 PM | **Bargain Hunt: Alexandra Palace 12 (R)**  Tim Wonnacott and his two teams of intrepid Bargain Hunters descend on the Alexandra Palace antiques fair. | **G**  +BHUN39-008+ |

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| 07:30 PM | **Wild Planet: North America: North America: Top Ten ’CC’ NEW EPISODE**  Viewers cast 35,000 votes to answer the question, "What is the top North America Destination?" In this special episode, join the team to count down the results, revealing some surprises along the way. | **G**  +WILP-007+ |

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| 08:30 PM | **Escape To The Country**  Escape to the Country returns with a new series to find the perfect home for families who are seeking to get away from city living. | **PG**  +ETTC22-001+ |

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| 09:30 PM | **Property Ladder UK: Edgware / Croydon (R)**  Tonight, host Sarah Beeny helps some amateur renovators expand a small cottage in Stanmore, while in south London, Andy Davenport and Leanne Hewitt's cheap semi is experiencing a bout of subsidence. | **PG**  +PRLA6-006+ |

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| 10:30 PM | **Building Dream Homes NEW EPISODE**  Today in Wales the race is on to complete Marianne and John’s amazing upside down house. The kitchen goes in, the finishing touches are added. | **G**  +BDRE01-005+ |

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| 11:00 PM | **Before And After NEW EPISODE**  In Before & After we take an up close look at the house before, during and after the renovation to show what can be achieved with a bit of imagination and hard work. | **G**  +BFAA02-017+ |

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| 11:30 PM | **Vasili's Garden: Norbert From Mount Waverley (R)**  Vasili’s Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **G**  +VASI01-003+ |

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| 12:00 AM | **Bargain Hunt: Alexandra Palace 12 (R)**  Tim Wonnacott and his two teams of intrepid Bargain Hunters descend on the Alexandra Palace antiques fair. | **G**  +BHUN39-008+ |

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| 01:00 AM | **Psychic TV: Psychic TV 104**  Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience. | **M**  +PSYC01-104+ |

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| 04:00 AM | **Dr Oz: Legendary Model B. Smith Battles Alzheimer's (R) ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-026+ |

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| 05:00 AM | **Deal Or No Deal (R) ’CC’**  Join Andrew O'Keefe in the exhilarating game show where contestants play for $200,000. | **G**  +DEAL11-093+ |

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| 05:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Saturday, March 18, 2017**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 08:00 AM | **Rails Around Australia: The Last Of A Line (R)**  The second in a fascinating collection of specials which take us on the many unique rail journeys throughout Australia. | **G**  +GRJ-002+ |

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| 09:00 AM | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT17-056+ |

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| 11:30 AM | **Before And After (R)**  In Before & After we take an up close look at the house before, during and after the renovation to show what can be achieved with a bit of imagination and hard work. | **G**  +BFAA02-017+ |

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| 12:00 PM | **Vasili's Garden: Norbert From Mount Waverley (R)**  Vasili’s Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **G**  +VASI01-003+ |

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| 12:30 PM | **WA Weekender**  WA Weekender showcases the best of WA and is packed full of ideas to fit every weekend. Be inspired by fascinating stories with everything from helpful hints to finding out where to take your family. | **G**  +WAWE04-003+ |

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| 01:00 PM | **The Great Day Out ’CC’**  Explore leisure and recreation in South East Queensland. | **G**  +GSTH17-005+ |

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| 01:30 PM | **Out Of The Blue: Margaret River ’CC’**  A South Australian series which takes viewers to some of the world's most picturesque seaside locations. Includes lifestyle, scenery, fishing and plenty of seafood cooking expertise. Hosted by Michael Keelan and Michael Angelakis | **G**  +OOTB-189+ |

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| 02:00 PM | **Creek To Coast ’CC’**  Queensland's ultimate outdoor adventure show, featuring the very latest in camping, cruising, fishing and four-wheel-driving. | **G**  +7CTC17-004+ |

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| 02:30 PM | **Queensland Weekender ’CC’**  The Queensland Weekender team covers the length and breadth of this State with great suggestions for weekends, short breaks and holidays. | **G**  +7QWE17-004+ |

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| 03:00 PM | **The Great Australian Doorstep NEW EPISODE**  We continue our New Zealand Motorhome Tour taking you to the Tourism Capital of New Zealand, Rotorua, as well as Te Papa New Zealands world famous Museum before heading to the South Island. | **PG**  +GRAD08-007+ |

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| 03:30 PM | **Sydney Weekender (R) ’CC’**  Mike and Rose hit the road with Tri State Safaris for an Outback Adventure. Rose visits Mutawintji National Park, and takes in one of the oldest art galleries in the world. | **G**  +7SWE24-004+ |

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| 04:00 PM | **Anthony Bourdain: No Reservations: Croatian Coast (R)**  Explore the new Riviera as we take a vessel from port to port--to what’s said is the next great vacation destination. | **PG**  +NORE08-003+ |

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| 05:00 PM | **TBA:** | ++ |

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| 06:00 PM | **Animal Airport ’CC’ NEW EPISODE**  Stuart checks a shipment of expensive snakes while Ross decides to take a back seat dealing with some specially trained attack dogs. | **PG**  +ANDE2-013+ |

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| 06:30 PM | **Air Crash Investigations: Deadly Solution**  The captain of AirAsia Flight 8501 overrides the computer’s instructions, and his impromptu fix leads to a deadly stall over the Java Sea. | **PG**  +MDAY16-009+ |

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| 07:30 PM | **Mighty Cruise Ships: Marco Polo (R) ’CC’**  The Marco Polo heads north to see Old World cities without crowds of tourists, but traveling this time of year is risky. A new captain, rough seas and a hurricane will make this ride historic. | **G**  +MCRU-001+ |

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| 08:30 PM | **7TWO Saturday Night Movie: War Horse (R) ’CC’ (2011)**  Based on the novel, is a story of friendship between a young man, Albert and his horse. The film follows the journey of the horse as he moves through the First World War. Starring: DAVID THEWLIS,EMILY WATSON,JEREMY IRVINE,PETER MULLAN,NIELS ARESTRUP,TOM HIDDLESTON | **M (A,V)**  +WDF50-006+ |

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| 11:30 PM | **Citizen Khan: Alia's Boyfriend NEW EPISODE**  In line with the great tradition of British Muslim baking, Mr Khan enters the Great Sparkhill Bake Off. He's making his own version of the lemon drizzle inside-out cake. | **PG (S)**  +CITK04-006+ |

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| 12:00 AM | **Anthony Bourdain: No Reservations: Croatian Coast (R)**  Explore the new Riviera as we take a vessel from port to port--to what’s said is the next great vacation destination. | **PG**  +NORE08-003+ |

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| 01:00 AM | **Psychic TV: Psychic TV 105**  Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience. | **M**  +PSYC01-105+ |

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| 04:00 AM | **The Great Day Out (R) ’CC’**  Explore leisure and recreation in South East Queensland. | **G**  +GSTH17-005+ |

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| 04:30 AM | **Creek To Coast (R) ’CC’**  Queensland's ultimate outdoor adventure show, featuring the very latest in camping, cruising, fishing and four-wheel-driving. | **G**  +7CTC17-004+ |

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| 05:00 AM | **Queensland Weekender (R) ’CC’**  The Queensland Weekender team covers the length and breadth of this State with great suggestions for weekends, short breaks and holidays. | **G**  +7QWE17-004+ |

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| 05:30 AM | **Sydney Weekender (R) ’CC’**  Mike and Rose hit the road with Tri State Safaris for an Outback Adventure. Rose visits Mutawintji National Park, and takes in one of the oldest art galleries in the world. | **G**  +7SWE24-004+ |