**Sunday, August 14, 2016**

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| 06:00 AM | **Rio 2016 Olympic Games: Day 8 - Morning ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-208+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 8 - Day ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-308+ |

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| 12:00 PM | **Anthony Bourdain: No Reservations: El Bulli (R)** Anthony ventures to El Bulli. | **PG** +NORE07-012+ |

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| 01:00 PM | **Dealers Put Your Money Where Your Mouth Is: Curtis v. James: Foreign Market (R)** James 'The Lionheart' Lewis and Curtis 'The Detective' Dowling battle it out on the streets of Dunkerque in Northern France, hoping to capture the most profitable antiques. | **PG** +DELP3-012+ |

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| 02:00 PM | **Dealers Put Your Money Where Your Mouth Is: Curtis v. James: Auction (R)** Tasked with buying at auction and selling face-to-face, will the advantage go to James Lewis the auctioneer, or will it be game set and match to Curtis Dowling the dealer? | **PG** +DELP3-013+ |

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| 03:00 PM | **Dealers Put Your Money Where Your Mouth Is: Kate v. Jonty: UK Antique (R)** The fields of Newark are the battleground for antiques experts Jonty Hearnden and Kate Bliss. | **PG** +DELP3-018+ |

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| 04:00 PM | **Mighty Cruise Ships: Azamara Journey (R) ’CC’** Explore the jungles of Thailand, the cities of Vietnam, and other Southeast Asian treasures aboard Azamara Journey. | **PG** +MCRU-003+ |

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| 05:00 PM | **Escape To The Country: Yorkshire (R)** Tonight, Aled Jones heads to South Yorkshire in search for the ultimate equestrian pad for a feisty couple from Sheffield. With a huge budget, they are looking for a character house with that elusive wow factor. | **G** +ETTC12-013+ |

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| 06:00 PM | **Mighty Ships: Peace In Africa (R) ’CC’** Witness the drama aboard MV Peace as she mines for diamonds in Africa. | **G** +MTYS2-002+ |

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| 07:00 PM | **For The Love Of Dogs (R)** With unprecedented behind the scenes access to this famous institution, For the Love of Dogs shows how sick and abused dogs are brought back to health and given a new, happier life. | **PG** +FTLD01-002+ |

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| 07:30 PM | **Rio 2016 Olympic Games: Day 8 - Highlights ’CC’** Relive some of the best events from the Games of the XXXI Olympiad in Rio de Janeiro. | +OLY216-808+ |

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| 08:00 PM | **Rio 2016 Olympic Games: Day 9 - Evening ’CC’ LIVE**Live Olympic action from the Games of the XXXI Olympiad in Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-609+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 9 - Overnight ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-109+ |

 **Monday, August 15, 2016**

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| 06:00 AM | **Rio 2016 Olympic Games: Day 9 - Morning ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-209+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 9 - Day ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-309+ |

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| 12:00 PM | **800 Words (R) ’CC’** The family’s attempts to mark Laura’s birthday are disrupted by the discovery that their new home’s piles are on the verge of collapsing, forcing them to move temporarily into the local motel. | **PG (N)**+EWOR01-005+ |

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| 01:00 PM | **Lovejoy: The Firefly Cage (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **M (V)**+LJOY01-001+ |

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| 02:00 PM | **Body Of Proof: Abducted (R) ’CC’** Megan returns to work months after Peter's death, and she is surprised by a man from her past, Tommy Sullivan, the new detective assigned to her case.  | **M (V)**+BDYP3-001+ |

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| 03:00 PM | **The Zoo (R) ’CC’** Jimiyu the giraffe plays rock star for a day as he heads to Sydney, and a baby owl must be taught to fly and hunt for food. | **G** +ZOOT-005+ |

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| 03:30 PM | **RSPCA Animal Rescue (R) ’CC’** RSPCA inspectors rescue a frightened dog after it becomes jammed behind a toilet and an old lady gives up her beloved turtle farm. | **G** +ANRS-005+ |

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| 04:00 PM | **Medical Emergency (R) ’CC’** A young man battles with life threatening injuries after a high speed, head-on collision. Then, a welder's elbow requires a full reconstruction after a devastating industrial accident. | **PG** +MDEM2-005+ |

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| 04:30 PM | **60 Minute Makeover: Old Marston, Oxford (R)** 60 Minute Makeover returns to complete more incredible house transformations in only one hour.  | **PG** +SMM6-030+ |

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| 05:30 PM | **60 Minute Makeover: Tooting (R)** The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-048+ |

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| 06:30 PM | **Bargain Hunt: Ardingly 9 (R)** Tim Wonnacott explores the story of Nelson's finest hour aboard his flagship HMS Victory. Who will emerge victorious at the antiques fair in Ardingly? | **G** +BHUN29-002+ |

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| 07:30 PM | **Rio 2016 Olympic Games: Day 9 - Highlights ’CC’** Relive some of the best events from the Games of the XXXI Olympiad in Rio de Janeiro. | +OLY216-809+ |

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| 10:00 PM | **Rio 2016 Olympic Games: Day 10 - Evening ’CC’ LIVE**Live Olympic action from the Games of the XXXI Olympiad in Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-610+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 10 - Overnight ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-110+ |

**Tuesday, August 16, 2016**

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| 06:00 AM | **Rio 2016 Olympic Games: Day 10 - Morning ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-210+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 10 - Day ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-310+ |

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| 12:00 PM | **800 Words (R) ’CC’** George throws himself into solving the mystery of the missing head of the Sir Frederick Weld statue. While wrapped up in the mystery, he fails to notice Shay and Ike’s artistic crimes escalating. | **PG (S)**+EWOR01-006+ |

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| 01:00 PM | **Lovejoy: The Axeman Cometh (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG** +LJOY01-002+ |

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| 02:00 PM | **Body Of Proof: Abducted - Part 2 (R) ’CC’** After Megan discovers a disturbing secret relating to the murder cases, she must keep it from her co workers and police in order to protect Lacey's life.  | **M** +BDYP3-002+ |

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| 03:00 PM | **Nabbed (R) ’CC’** A simple breath test turns into a two hour marathon for TAG, a boy racer is dobbed in by locals after drifting in the suburbs, and a stoned motorist comes to grief at a roundabout. | **PG** +NABE-005+ |

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| 03:30 PM | **Crash Investigation Unit: Tunnel (R) ’CC’** Investigators face a seven-car pile-up in a busy underground tunnel during peak hour, tonight on CRASH INVESTIGATION UNIT. | **PG** +CIU-005+ |

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| 04:00 PM | **Medical Emergency (R) ’CC’** Doctors complete the final and most crucial stage of Darren's elbow reconstruction. Then, a cruise ship makes an unexpected stop in Melbourne with eight passengers in need of hospital treatment. | **PG** +MDEM2-006+ |

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| 04:30 PM | **60 Minute Makeover: Cotgrave (R)** 60 Minute Makeover returns to complete more incredible house transformations in only one hour.  | **PG** +SMM6-031+ |

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| 05:30 PM | **60 Minute Makeover: Feltham (R)** The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-049+ |

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| 06:30 PM | **Bargain Hunt: Lewes 6 (R)** Tonight, teams hunt for bargains amongst the antiques shops of Lewes. Meanwhile, Tim Wonnacott visits Brighton's Royal Pavilion home to explore the Prince Regent's opulent Banqueting Room. | **G** +BHUN29-003+ |

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| 07:30 PM | **Rio 2016 Olympic Games: Day 10 - Highlights ’CC’** Relive some of the best events from the Games of the XXXI Olympiad in Rio de Janeiro. | +OLY216-810+ |

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| 09:30 PM | **Rio 2016 Olympic Games: Day 11 - Evening ’CC’ LIVE**Live Olympic action from the Games of the XXXI Olympiad in Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-611+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 11 - Overnight ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-111+ |

**Wednesday, August 17, 2016**

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| 06:00 AM | **Rio 2016 Olympic Games: Day 11 - Morning ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-211+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 11 - Day ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-311+ |

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| 12:00 PM | **800 Words (R) ’CC’** George struggles to deal with Shay in the wake of all the trouble, feeling Laura’s absence more than ever. Under stress, he also has trouble writing his column. | **PG (A)**+EWOR01-007+ |

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| 01:00 PM | **Lovejoy: The Sting (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG** +LJOY01-003+ |

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| 02:00 PM | **Body Of Proof: Mob Mentality (R) ’CC’** When the son of a New York mob boss is found shot to death in an alley, Tommy, Adam and Megan investigate, only to be shot at themselves. | **M (V)**+BDYP3-004+ |

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| 03:00 PM | **Cook Me The Money: Bolton NEW EPISODE** Three teams get the chance to live their dream for one day when they create a menu, prepare the food and try to get as many people as possible to pay for their plate. | **PG** +CMTM-005+ |

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| 04:00 PM | **Medical Emergency (R) ’CC’** A truck driver is flown to The Alfred after a horrific car accident. Then, a step-father prepares to donate a kidney to his seventeen-year-old step-daughter. | **PG** +MDEM2-007+ |

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| 04:30 PM | **60 Minute Makeover: Hurstpierpoint, West Sussex (R)** 60 Minute Makeover returns to complete more incredible house transformations in only one hour.  | **PG** +SMM6-032+ |

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| 05:30 PM | **60 Minute Makeover: Aylesford (R)** The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-050+ |

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| 06:30 PM | **Bargain Hunt: Ardingly 10 (R)** Tonight, two teams of very good friends head to Ardingly antiques fair where the red team get dogged down by dogs and the Blues get bogged down by indecision. | **G** +BHUN29-004+ |

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| 07:30 PM | **Rio 2016 Olympic Games: Day 11 - Highlights ’CC’** Relive some of the best events from the Games of the XXXI Olympiad in Rio de Janeiro. | +OLY216-811+ |

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| 08:30 PM | **Rio 2016 Olympic Games: Day 12 - Evening ’CC’ LIVE**Live Olympic action from the Games of the XXXI Olympiad in Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-612+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 12 - Overnight ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-112+ |

 **Thursday, August 18, 2016**

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| 06:00 AM | **Rio 2016 Olympic Games: Day 12 - Morning ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-212+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 12 - Day ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-312+ |

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| 12:00 PM | **800 Words (R) ’CC’** George tries to convince Shay to stay in Weld. The Women of Weld question the motive behind Jan's arrival. Katie organises a camp-in to protest against the proposed development.  | **PG** +EWOR01-008+ |

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| 01:00 PM | **Lovejoy: Friends, Romans And Enemies (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **M** +LJOY01-004+ |

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| 02:00 PM | **Body Of Proof: Eye For An Eye (R) ’CC’** Megan and Tommy must solve two murders that appear to be the work of vigilante killer. | **M** +BDYP3-005+ |

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| 03:00 PM | **Property Ladder: Cynthia Price (R)** Cynthia decides to quit her day job and act as her own contractor on her very first flip. She and her twin sister Sandra, attempt a remodel of a 1910 cottage in an historic district of Los Angeles. | **PG** +PROL-005+ |

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| 04:00 PM | **Medical Emergency (R) ’CC’** Doctors perform a live kidney transplant, while Kevin's extraordinary act of generosity changes the life of his seventeen-year-old step-daughter. | **PG** +MDEM2-008+ |

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| 04:30 PM | **60 Minute Makeover: Curdridge, Hants (R)** 60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG** +SMM6-033+ |

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| 05:30 PM | **60 Minute Makeover: Roydon (R)** The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-051+ |

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| 06:30 PM | **Bargain Hunt: Lewes 7 (R)** It's couples day in the town of Lewes as Catherine Southon and Thomas Plant go Bargain Hunting with two married teams. The reds are searching for some animal magic while the blues seek the eclectic. | **G** +BHUN29-005+ |

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| 07:30 PM | **Rio 2016 Olympic Games: Day 12 - Highlights ’CC’** Relive some of the best events from the Games of the XXXI Olympiad in Rio de Janeiro. | +OLY216-812+ |

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| 08:30 PM | **Rio 2016 Olympic Games: Day 13 - Evening ’CC’ LIVE**Live Olympic action from the Games of the XXXI Olympiad in Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-613+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 13 - Overnight ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-113+ |

**Friday, August 19, 2016**

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| 06:00 AM | **Rio 2016 Olympic Games: Day 13 - Morning ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-213+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 13 - Day ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-313+ |

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| 12:00 PM | **Better Homes And Gardens (R) ’CC’** Joh and Pete visit a remarkable family home that blends raw industrial design with peaceful tranquillity. Dr Harry and Jason take in the Calgary Stampede in Canada. | **G** +BHAG21-030+ |

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| 01:00 PM | **Lovejoy: The Judas Pair (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **M** +LJOY01-005+ |

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| 02:00 PM | **Body Of Proof: Fallen Angel (R) ’CC’** Kate meets Sergei, a handsome and mysterious guest at a political event, and is irresistibly drawn to him. | **M (S,V)**+BDYP3-006+ |

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| 03:00 PM | **Australia's Best Backyards (R) ’CC’** The backyard that's big enough to fit two pubs and a rose garden. A lady who loves cats so much she's designed the purr-fect patch. Hosted by JAMIE DURIE. | **G** +ABBY2-005+ |

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| 03:30 PM | **The Outdoor Room With Jamie Durie: Japan (R) ’CC’** Jamie brings a traditional Japanese garden into a bare rocky backyard. Then, celebrity chef Luke Mangan fires up the BBQ for a fiery tuna dish.  | **G** +ORWJ-006+ |

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| 04:00 PM | **Medical Emergency (R) ’CC’** Doctors complete the final stages of Kylie's live kidney transplant. Then, a plasterer is admitted with a shattered ankle after a horrific workplace accident. | **PG** +MDEM2-009+ |

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| 04:30 PM | **60 Minute Makeover: Birmingham, Midlands (R)** 60 Minute Makeover returns to complete more incredible house transformations in only one hour.  | **PG** +SMM6-034+ |

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| 05:30 PM | **60 Minute Makeover: Brentford (R)** The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-052+ |

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| 06:30 PM | **Bargain Hunt: Hungerford 13 (R)** Tonight, 'Team UK' is up against 'Team USA' in Hungerford. An American submarine accessory is snapped up by Team US, but the Brits place their hopes of making a profit on a pair of guilt mirrors. | **G** +BHUN29-006+ |

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| 07:30 PM | **Rio 2016 Olympic Games: Day 13 - Highlights ’CC’** Relive some of the best events from the Games of the XXXI Olympiad in Rio de Janeiro. | +OLY216-813+ |

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| 08:30 PM | **Rio 2016 Olympic Games: Day 14 - Evening ’CC’ LIVE**Live Olympic action from the Games of the XXXI Olympiad in Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-614+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 14 - Overnight ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-114+ |

**Saturday, August 20, 2016**

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| 06:00 AM | **Rio 2016 Olympic Games: Day 14 - Morning ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-214+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 14 - Day ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-314+ |

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| 12:00 PM | **Travel Oz: North Keeling Island: Indian Ocean Bird Haven (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-011+ |

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| 12:45 PM | **Travel Oz: Lake Argyle: Diamonds (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-012+ |

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| 01:30 PM | **Australia's Best Backyards (R) ’CC’** The backyard that's big enough to fit two pubs and a rose garden. A lady who loves cats so much she's designed the purr-fect patch.  | **G** +ABBY2-005+ |

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| 02:00 PM | **The Outdoor Room With Jamie Durie: Africa (R) ’CC’** Come on safari with Jamie as he bags the Big Five features to makeover a suburban backyard.  | **G** +ORWJ-003+ |

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| 02:30 PM | **Bargain Hunt: Hungerford 13 (R)** Tonight, 'Team UK' is up against 'Team USA' in Hungerford. An American submarine accessory is snapped up by Team US, but the Brits place their hopes of making a profit on a pair of guilt mirrors. | **G** +BHUN29-006+ |

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| 03:30 PM | **The Great Australian Doorstep (R)** Sheree continues her American motorhome tour and ventures into British Columbia Canada visiting Banff Jasper and Lake Louise! | **G** +GRAD6-011+ |

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| 04:00 PM | **Great South East ’CC’ NEW EPISODE**Explore leisure and recreation in South East Queensland. | **G** +GSTH16-028+ |

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| 04:30 PM | **Queensland Weekender ’CC’ NEW EPISODE**Dean Miller and his team cover the length and breadth of Queensland with great suggestions for weekends, short breaks and holidays. | **G** +7QWE16-026+ |

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| 05:00 PM | **Sydney Weekender (R) ’CC’** Mike visits Nan Tien Temple, the largest Buddhist temple in the Southern Hemisphere. Rose heads to Rotorua. Candice checks out the latest food train craze.  | **G** +7SWE23-027+ |

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| 05:30 PM | **Anthony Bourdain: No Reservations: Dominican Republic (R)** Anthony ventures to the Dominican Republic, diving head-first into the country’s rich culture. | **PG** +NORE08-013+ |

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| 06:30 PM | **Mighty Cruise Ships: Celebrity Solstice (R) ’CC’** Hop aboard on a luxurious 17-day journey Down Under with the cruise ship Celebrity Solstice, and explore the country's marvels from Solstice's comfortable decks. | **PG** +MCRU-004+ |

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| 07:30 PM | **Rio 2016 Olympic Games: Day 14 - Highlights ’CC’** Relive some of the best events from the Games of the XXXI Olympiad in Rio de Janeiro. | +OLY216-814+ |

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| 08:00 PM | **Rio 2016 Olympic Games: Day 15 - Evening ’CC’ LIVE**Live Olympic action from the Games of the XXXI Olympiad in Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-615+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 15 - Overnight ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-115+ |