**Sunday 05 July 2020**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC18-063+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC18-064+ |

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| 07:00 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO-009+ |

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| 07:30 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2020)**  Join Jason 'Jabba' Davis as he takes a look at some of the best movies coming up these school holidays. | **PG**  +NFFI91-001+ |

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| 08:00 | **Beach Bites With Katie Lee: Stuffed**  Katie finds brisket-stuffed jalapeno poppers in Florida and Lau Lau, a Hawaiian dish made with pork and fish stuffed into taro leaves. | **PG**  +BEBI02-006+ |

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| 08:30 | **Beach Bites With Katie Lee: Off The Eaten Path**  Katie is on the hunt for dishes and restaurants that are off the beaten path, she is introduced to the Peanut Butter and Jelly Burger on Sullivan's Island, S.C. | **PG**  +BEBI02-007+ |

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| 09:00 | **Crazy Cakes: Flying, Golden Cakes**  Bakers make penguins fly on a snowy cake filled with special effects and Las Vegas bling is taken to another level with gold fondant and handmade sugar flowers. | **PG**  +CRAZ03-010+ |

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| 09:30 | **Big Bad BBQ Brawl: Pig On A Stick BBQ Brawl**  Shannon is crossing Arkansas state lines into Little Rock for his next barbecue challenge; pig on a stick and heads to Southern Gourmasian Shannon gets inspiration from local flavors. | **PG**  +BDBB02-007+ |

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| 10:00 | **The Great Food Truck Race: Shake Showdown**  The four remaining food truck teams throw javelins to determine their protein in a skewer challenge; A Sonic Drive-In shake challenge that puts everyone's sweet skills to the test. | **PG**  +GFTR10-006+ |

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| 11:00 | **Cupcake Wars: Funny Or Die (R)**  Cupcake bakers try to take their cupcakes viral for FunnyOrDie.com. | **PG**  +CUPW05-004+ |

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| 12:00 | **Spring Baking Championship: Birthday Blast (R)**  The five bakers left in the Spring Baking Championship are challenged to bake for a birthday bash. They kick it off with desserts on a stick and then the bakers must create an amazing birthday cake. | **PG**  +SPBC01-004+ |

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| 13:00 | **Cutthroat Kitchen: Big Trouble In Little Chinese Chicken Salad (R)**  Cooking tools get swapped out for a set of golf clubs. Other sabotages involve Chinese chicken salad and donuts dunked in coffee. | **PG**  +CUTK04-003+ |

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| 14:00 | **Chopped: Best Halloween Ever**  The judges see what a drag queen, a witch, a medieval re-enactor and a bloody-faced warrior will cook for them. | **PG**  +CHPD30-003+ |

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| 15:00 | **Mystery Diners: Deli Drama (R)**  Fearing that his new baker is taking artistic license with customer cake orders, Lenny, owner of Lenny's Deli in Los Angeles, asks Charles Stiles to investigate. | **PG**  +MYSD09-001+ |

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| 15:30 | **Mystery Diners: Bowling For Dollars (R)**  After hearing complaints about rowdy customers, Bryan, owner of Corbin Bowling Center in Tarzana, Calif., contacts Charles Stiles for help. Mystery Diners Eliot and Kendall go undercover. | **PG**  +MYSD09-002+ |

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| 16:00 | **Restaurant: Impossible: Bad Juju**  Chef Robert Irvine has his hands full with a cluttered café, a kitchen without any commercial equipment and an inexperienced, stubborn owner at the JuJu Bag in New Orleans. | **PG**  +RIMP11-008+ |

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| 17:00 | **Restaurant: Impossible: Ambush: Breakfast Break-In**  Chef Robert Irvine ambushes Jodi, the owner of Theresa's Restaurant in Bradenton, Fla. after her friend and banker, Miriam puts out a call for help. | **PG**  +RIMP12-001+ |

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| 18:00 | **The Simpsons: Future-Drama (R)**  Bart and Lisa see into the future where their lives have changed. | **PG**  +SIMP16-015+ |

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| 18:30 | **Futurama: Less Than Hero (R)**  After using a tube of "miracle cream" Fry and Leela gain super powers and form "The New Justice Team" along with Bender. | **PG (D,V)**  +FUTR05-006+ |

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| 19:00 | **The Simpsons: Don't Fear The Roofer (R)**  Homer meets a new friend, Ray the Roofer, but gets confined to a mental institution when his friends and family think he made him up. | **PG**  +SIMP16-016+ |

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| 19:30 | **Futurama: Teenage Mutant Leela's Hurdles (R)**  After an overdose at a health club makes the Planet Express staff get younger and younger, they have to find a mysterious Fountain of Aging. | **PG (S)**  +FUTR05-007+ |

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| 20:00 | **The Simpsons: The Heartbroke Kid (R)**  When Bart endangers his health by bingeing on vending-machine food, the Simpsons turn their home into a hostel in order to afford sending him to a forced starvation facility. | **PG (D,V)**  +SIMP16-017+ |

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| 20:30 | **First Dates Australia (R) ’CC’**  There's someone out there for everyone, and when the First Dates restaurant sets the table, hopeful singles from across the country will have a chance of meeting their dream partner. | **PG**  +FDAT02-001+ |

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| 21:30 | **Marrying Millions: Million Dollar Problems NEW EPISODE**  As Brianna tries to fit into Bill's world, Bill arranges for her to meet up with his ex-wife to get advice. Gentille decides it's time to see where Brian lives. | **M (L,S)**  +MAMI01-002+ |

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| 22:30 | **Say Yes To The Dress: Atlanta: Waiting For A Sign**  Due to a recent tragedy, bride Anna has not taken the time to find a dress but the team is certain they can save the day. | **PG**  +SYES09-007+ |

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| 23:00 | **Say Yes To The Dress: Atlanta: A Mom, A Diva And A Bride Walk Into A Bridal Shop (A Trio Of Options)**  Bride Katy brings along her stylish aunt but has a tough time keeping Katy's vision in mind and Monte helps bride Gretchen tailor her dress to perfection. | **PG**  +SYES09-008+ |

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| 23:30 | **Geordie Shore**  The gang return from Prague to a house that's in total meltdown as Charlotte and Gary come to blows over their on and off relationship and it looks like it could be the end for Vicky and Ricci. | **MA (L,S)**  +GESH05-005+ |

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| 00:30 | **Are You The One?: Three's a Crowd**  Gio and Kaylen's perfect relationship starts to fall apart and throwing the house into turmoil. Asaf sleeps with the wrong person. | **MA (L,S)**  +AYTO04-004+ |

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| 01:30 | **Crazy Cakes: Flying, Golden Cakes (R)**  Bakers make penguins fly on a snowy cake filled with special effects and Las Vegas bling is taken to another level with gold fondant and handmade sugar flowers. | **PG**  +CRAZ03-010+ |

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| 02:00 | **The Great Food Truck Race: Shake Showdown (R)**  The four remaining food truck teams throw javelins to determine their protein in a skewer challenge; A Sonic Drive-In shake challenge that puts everyone's sweet skills to the test. | **PG**  +GFTR10-006+ |

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| 03:00 | **Spring Baking Championship: Birthday Blast (R)**  The five bakers left in the Spring Baking Championship are challenged to bake for a birthday bash. They kick it off with desserts on a stick and then the bakers must create an amazing birthday cake. | **PG**  +SPBC01-004+ |

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| 04:00 | **Cutthroat Kitchen: Big Trouble In Little Chinese Chicken Salad (R)**  Cooking tools get swapped out for a set of golf clubs. Other sabotages involve Chinese chicken salad and donuts dunked in coffee. | **PG**  +CUTK04-003+ |

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| 05:00 | **Chopped: Best Halloween Ever (R)**  The judges see what a drag queen, a witch, a medieval re-enactor and a bloody-faced warrior will cook for them. | **PG**  +CHPD30-003+ |

**Monday 06 July 2020**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC18-065+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-001+ |

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| 07:00 | **Cake Hunters: Wedding Cake In The Big Easy**  Mike wants a loud and over-the-top wedding cake to proudly represent their home city of New Orleans but Shanda desires something traditional and classic. | **PG**  +CAHU04-001+ |

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| 07:30 | **James Robison: God's Restoration**  Religious Program. | **PG**  +JARO20-108+ |

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| 08:00 | **Crazy Cakes: Luxurious And Playful Cakes**  Luxurious details and elegant decor make for a most-extravagant wedding cake and a duck rides a mechanical bull on a super playful birthday cake. | **PG**  +CRAZ03-011+ |

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| 08:30 | **Food Truck Nation: Tacos, Drumsticks And Stuffed Waffles**  An '80s throwback taco with a cheese quesadilla base; the lobster roll taco, cardamom chai Drumsticks and methi mirthi shrimp and Japanese-style fish-shaped waffles. | **PG**  +FTRU02-012+ |

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| 09:00 | **Cake Wars: Cobra's Curse (R)**  Brace yourself for a hair-raising ancient Egyptian adventure! The winning cake will be the center of a party celebrating the grand opening of Busch Gardens Tampa Bay's newest ride, Cobra's Curse. | **PG**  +CAKW03-006+ |

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| 10:00 | **The Great Food Truck Race: Miami Meltdown**  Tyler Florence finds out what makes the final three teams tick; challenges to make a crowd-pleasing pork dish and an innovative coffee creation keep all the cooks on their toes. | **PG**  +GFTR10-007+ |

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| 11:00 | **Cupcake Wars: Rock Of Ages (R)**  Cupcake bakers vie to be featured at Broadway musicals, "Rock of Ages", premiere in Los Angeles. | **PG**  +CUPW05-005+ |

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| 12:00 | **Spring Baking Championship: Memorial Day Madness (R)**  Memorial Day desserts are prepared by the final four bakers, who are judged on their layered springtime trifles and treats that are red, white and blue. | **PG**  +SPBC01-005+ |

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| 13:00 | **Cutthroat Kitchen: Anything But A Cake Walk (R)**  Steak is cooked over a romantic candlelit dinner, one chef is stuck with a giant whisk as their only tool, and another competitor is forced to make a cake while walking on cake boxes. | **PG**  +CUTK04-004+ |

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| 14:00 | **Chopped: On The Quack Burner**  The chefs must make use of duck tongue meat in their appetizers and a seaweed pasta product may be the weirdest item in the second basket. | **PG**  +CHPD30-004+ |

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| 15:00 | **Unique Sweets: SoCal Sweets**  Snow Monster in Long Beach offers ice cream creations such as macaron ice cream sandwiches and drinks topped with clouds of cotton candy. | **PG**  +USWE07-001+ |

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| 15:30 | **One Tree Hill (R)**  After losing their second game of the season, the Ravens receive tough love from Whitey. Peyton and Ellie try to recruit rock band Nada Surf for their benefit album. Haley reveals a disturbing fact. | **PG (V,S,A)**  +ONTH03-011+ |

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| 16:30 | **The Simpsons: Future-Drama (R)**  Bart and Lisa see into the future where their lives have changed. | **PG**  +SIMP16-015+ |

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| 17:00 | **Futurama: Less Than Hero (R)**  After using a tube of "miracle cream" Fry and Leela gain super powers and form "The New Justice Team" along with Bender. | **PG (D,V)**  +FUTR05-006+ |

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| 17:30 | **The Simpsons: Don't Fear The Roofer (R)**  Homer meets a new friend, Ray the Roofer, but gets confined to a mental institution when his friends and family think he made him up. | **PG**  +SIMP16-016+ |

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| 18:00 | **The Simpsons: A Star is Torn (R)**  Lisa attends a singing competition for children, and Homer becomes her manager because of his skill to write songs that the crowd loves. | **PG**  +SIMP16-018+ |

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| 18:30 | **Futurama: The Why Of Fry (R)**  Fry learns that his accidental freezing 1004 years earlier wasn't an accident and he is given a choice that could prevent its happening, but at a cost. | **PG (S)**  +FUTR05-008+ |

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| 19:00 | **The Simpsons: Thank God It's Doomsday (R)**  Homer hears about the Rapture, and by using numerology to calculate when the Rapture is coming he learns that it is only one week away. | **PG**  +SIMP16-019+ |

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| 19:30 | **Futurama: The Sting (R)**  Sent on the same mission which caused the deaths of the previous Planet Express crew, Leela mourns the apparent death of Fry. | **PG (S,V)**  +FUTR05-009+ |

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| 20:00 | **The Simpsons: The Father, The Son And The Holy Guest Star (R)**  Bart is expelled from Springfield Elementary, and Bart is therefore enrolled in St. Jerome's Catholic School. | **PG (S)**  +SIMP16-020+ |

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| 20:30 | **Ink Master: Unnatural Diasters NEW EPISODE**  A fiery veteran artist returns, taking the competition by storm, and a difficult Flash Challenge exposes weaknesses in the shops. | **M (L)**  +INKM09-003+ |

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| 21:30 | **Ink Master: Lend Me Your Ear NEW EPISODE**  The competition gets even tougher when the artists are tested on technical application with individual tattoos and with the two veteran artists return. | **M (L)**  +INKM09-004+ |

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| 22:30 | **Ink Master Redemption: Master Of Horror**  Don Peddicord and Sebastian Murphy come back for a shot at redemption on their canvases' dreaded horror tattoos and Ink Master Steve Tefft steps in to help the artists. | **M (L)**  +INKR03-007+ |

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| 23:00 | **Ramsay's Kitchen Nightmares USA: Mangia Mangia - Part 1 (R) ’CC’**  Chef Ramsay heads to Woodland Park, CO, where he attempts to save an Italian joint with an identity crisis. | **M (L)**  +KNUS07-005+ |

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| 00:00 | **The Real O'Neals: The Real Man (R)**  When Pat plans a camping trip to enjoy some father-and-son bonding time with Jimmy. | **M (A)**  +REAL01-006+ |

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| 00:30 | **The Real O'Neals: The Real Grandma (R)**  Eileen's strict, Catholic-abiding mother arrives unannounced at the O'Neals' home. | **M (A,S)**  +REAL01-007+ |

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| 01:00 | **The Real O'Neals: The Real Book Club (R)**  Eileen faces her book club for the first time since her family's issues have come to light. | **M (A)**  +REAL01-008+ |

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| 01:30 | **The Real O'Neals: The Real Wedding (R)**  Kenny auditions for the school play and Eileen volunteers to help out. | **M (S,A)**  +REAL01-009+ |

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| 02:00 | **The Great Food Truck Race: Miami Meltdown (R)**  Tyler Florence finds out what makes the final three teams tick; challenges to make a crowd-pleasing pork dish and an innovative coffee creation keep all the cooks on their toes. | **PG**  +GFTR10-007+ |

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| 03:00 | **Spring Baking Championship: Memorial Day Madness (R)**  Memorial Day desserts are prepared by the final four bakers, who are judged on their layered springtime trifles and treats that are red, white and blue. | **PG**  +SPBC01-005+ |

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| 04:00 | **Cutthroat Kitchen: Anything But A Cake Walk (R)**  Steak is cooked over a romantic candlelit dinner, one chef is stuck with a giant whisk as their only tool, and another competitor is forced to make a cake while walking on cake boxes. | **PG**  +CUTK04-004+ |

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| 05:00 | **Chopped: On The Quack Burner (R)**  The chefs must make use of duck tongue meat in their appetizers and a seaweed pasta product may be the weirdest item in the second basket. | **PG**  +CHPD30-004+ |

**Tuesday 07 July 2020**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-002+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-003+ |

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| 07:00 | **Cake Hunters: Surprise Sweet 16**  A couple aims to please their daughter with the perfect cake for her surprise sweet 16th birthday party. Mom wants a sparkly cake fit for a teen but Dad wants a cake better suited to a little girl. | **PG**  +CAHU04-002+ |

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| 07:30 | **James Robison: Rebekah Lyons**  Religious Program. | **PG**  +JARO20-109+ |

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| 08:00 | **Crazy Cakes: Dinosaurs And Golden Gate Cakes**  A baker brings the Diabloceratops back from extinction and The San Francisco skyline is recreated in crazy detail. | **PG**  +CRAZ03-012+ |

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| 08:30 | **Food Truck Nation: Corn Dogs, Cheesesteaks And Ice Cream Sandwiches**  Nacho cheeseburger and the pizza supreme corn dog, kimchi mac and cheese, the korean cheesesteak, loaded ice cream sandwiches, a double chocolate cookie creation and french toast ice cream sandwich. | **PG**  +FTRU02-013+ |

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| 09:00 | **Cake Wars: Garfield (R)**  The one and only Garfield brings his birthday smile and big appetite to Cake Wars! Four incredible cake artists compete to have their creations at the center of a party, celebrating Garfield. | **PG**  +CAKW03-007+ |

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| 10:00 | **The Great Food Truck Race: Key Lime Clash**  A spiny lobster, a key lime challenge and an unexpected visitor galvanize the teams to give it their all in the final push. | **PG**  +GFTR10-008+ |

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| 11:00 | **Cupcake Wars: Yo Gabba Gabba (R)**  Four past competitors return and compete for a place at a VIP party for the hit show, "Yo Gabba Gabba. Live!". | **PG**  +CUPW05-006+ |

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| 12:00 | **Spring Baking Championship: Wedding Season (R)**  A dessert table and a wedding cake are produced by the three remaining bakers competing for the $50,000 grand prize. | **PG**  +SPBC01-006+ |

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| 13:00 | **Cutthroat Kitchen: Welcome To The Jungle (R)**  A jungle torch is used to cook a dish, and an oversized fondue pot leads to a giant mess. | **PG**  +CUTK04-005+ |

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| 14:00 | **Chopped: Web Stars**  Competitors who have found success with online cooking shows put their web-honed culinary skills to the test and cooks must use emoji cookies. | **PG**  +CHPD30-005+ |

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| 15:00 | **Unique Sweets: Sweet Twists On American Classics**  Sweetness Bake Shop in Miami offers a cinnamon-spice doughnut filled with dulce de leche and topped in chocolate frosting and a crispy churro. | **PG**  +USWE07-002+ |

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| 15:30 | **One Tree Hill (R)**  When a guidance counselor challenges the students of Tree Hill to consider their futures, Nathan and Lucas feel pressured to impress an important basketball scout. | **PG (V,S,A,L)**  +ONTH03-012+ |

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| 16:30 | **The Simpsons: A Star is Torn (R)**  Lisa attends a singing competition for children, and Homer becomes her manager because of his skill to write songs that the crowd loves. | **PG**  +SIMP16-018+ |

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| 17:00 | **Futurama: The Why Of Fry (R)**  Fry learns that his accidental freezing 1004 years earlier wasn't an accident and he is given a choice that could prevent its happening, but at a cost. | **PG (S)**  +FUTR05-008+ |

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| 17:30 | **The Simpsons: Thank God It's Doomsday (R)**  Homer hears about the Rapture, and by using numerology to calculate when the Rapture is coming he learns that it is only one week away. | **PG**  +SIMP16-019+ |

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| 18:00 | **The Simpsons: Home Away From Homer (R)**  After Homer humiliates Ned Flanders, he decides to leave Springfield and live in Humbleton, Pennsylvania. | **PG (S)**  +SIMP16-021+ |

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| 18:30 | **Futurama: The Farnsworth Parabox (R)**  Prof. Farnworth creates a box which contains an entire universe and sends Leela into it, where she discovers another Planet Express with a few notable differences. | **PG (A,V)**  +FUTR05-010+ |

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| 19:00 | **The Simpsons: The Mook, The Chef, The Wife, And Her Homer (R)**  When Fat Tony has to take a time-out due to a whacking attempt, Homer and Bart take over the business. | **PG (V)**  +SIMP18-001+ |

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| 19:30 | **Modern Family: The Last Halloween (R) ’CC’**  Phil is determined to scare Claire on Halloween. Gloria feels self-conscious about her age when someone correctly assumes she is Jay's wife. | **PG (S,A)**  +MOFA11-005+ |

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| 20:00 | **Modern Family: A Game Of Chicken (R) ’CC’**  Gloria uses her alone time with the twins as an opportunity to secretly baptize them before Haley and Dylan get home. Claire deals with the fallout from the smart closet fiasco. | **PG**  +MOFA11-006+ |

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| 20:30 | **Movie: The Twilight Saga: Breaking Dawn - Part 1 (R) (2011)**  The Quileutes close in on expecting parents Edward and Bella, whose unborn child poses a threat to the Wolf Pack and the towns people of Forks. Starring:BILLY BURKE,GIL BIRMINGHAM,KRISTEN STEWART,SARAH CLARKE,TY OLSSON,TAYLOR LAUTNER | **M (A,H)**  +STUC03-004+ |

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| 22:50 | **Movie: Before I Go To Sleep (R) (2014)**  A woman wakes up every day, remembering nothing as a result of a traumatic accident in her past. One day, new terrifying truths emerge that force her to question everyone around her. Starring:BEN CROMPTON,COLIN FIRTH,MARK STRONG,NICOLE KIDMAN | **MA (V,A)**  +STUC05-002+ |

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| 00:40 | **Nip/Tuck**  Sean and Julia make an important decision about their unborn baby. After getting into trouble with their new boss, Sean and Christian discover the drawbacks of no longer owning their practice. | **MA (V,S,O,A)**  +NIPT04-002+ |

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| 01:40 | **The Great Food Truck Race: Key Lime Clash (R)**  A spiny lobster, a key lime challenge and an unexpected visitor galvanize the teams to give it their all in the final push. | **PG**  +GFTR10-008+ |

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| 02:50 | **Spring Baking Championship: Wedding Season (R)**  A dessert table and a wedding cake are produced by the three remaining bakers competing for the $50,000 grand prize. | **PG**  +SPBC01-006+ |

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| 04:00 | **Cutthroat Kitchen: Welcome To The Jungle (R)**  A jungle torch is used to cook a dish, and an oversized fondue pot leads to a giant mess. | **PG**  +CUTK04-005+ |

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| 05:00 | **Chopped: Web Stars (R)**  Competitors who have found success with online cooking shows put their web-honed culinary skills to the test and cooks must use emoji cookies. | **PG**  +CHPD30-005+ |

**Wednesday 08 July 2020**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-004+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-005+ |

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| 07:00 | **Cake Hunters: A Tale Of Two Cities Wedding Cake**  Ryan and Noble are searching for a cake for their second wedding celebration that reflects their Chicago lives and their original intimate Charleston wedding ceremony. | **PG**  +CAHU04-003+ |

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| 07:30 | **James Robison: Sheila Walsh: When Life Doesn't Make Sense**  Religious Program. | **PG**  +JARO20-110+ |

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| 08:00 | **Crazy Cakes: Big Ben And Wearable Hat Cakes**  London comes to Las Vegas in a wedding shower creation and a baker creates an unbelievable cake that's a wearable hat. | **PG**  +CRAZ03-013+ |

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| 08:30 | **Vegas Cakes: Exotic Bird and Absinthe Cake**  A willowy tall tree cake with exotic birds and edible pets. Anthony Fusco and Raul Hernandez face a unique challenge when the hit Vegas variety show, Absinthe, orders a huge spinning circus tent cake. | **PG**  +VECA02-001+ |

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| 09:00 | **Cake Wars: Beauty and the Beast (R)**  Be our guest as Cake Wars celebrates a "tale as old as time!" Four bakers go to battle to have their cake as the centrepiece of a party celebrating the 25th anniversary of the iconic film. | **PG**  +CAKW03-008+ |

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| 10:00 | **The Great Food Truck Race: Blizzard Brawl**  Five aspiring food truck teams kick off the season in snowy Wolfeboro, N.H. and Tyler Florence challenges the contestants with naughty and nice holiday ingredients. | **G**  +GFTR11-001+ |

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| 11:00 | **Cupcake Wars: Derby Dolls (R)**  Four bakers try to elbow past the competition for a chance to bring their cupcakes to a party celebrating the Los Angeles Derby Dolls. | **PG**  +CUPW05-007+ |

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| 12:00 | **Spring Baking Championship: Berry Naked (R)**  To start, berries are off-limits during a shortcake makeover; and later, the eight competing bakers must create a berry tasty naked cake. | **PG**  +SPBC02-001+ |

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| 13:00 | **Cutthroat Kitchen: I Like My Peppers Pulverized (R)**  A Cuban sandwich must be made using a cigar cutter. Also, two chefs are forced to work in a very confined space. | **PG**  +CUTK04-006+ |

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| 14:00 | **Chopped: Turkey Day Heroes**  Four soup kitchen chefs get creative with bread and orange sauce then turkey and a special cake in the entree round also the healthy ingredients of dessert basket. | **PG**  +CHPD30-006+ |

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| 15:00 | **Unique Sweets: Miami Sweets**  The Salty Donut offers a buttery 24-hour brioche doughnut dough and serve topping combinations like key lime pie and peach bourbon. | **PG**  +USWE07-003+ |

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| 15:30 | **One Tree Hill (R)**  A violent rainstorm knocks out the power in Tree Hill, leading Haley to Nathan's doorstep and Brooke into the downpour for a dramatic confrontation with Lucas. | **PG (S,A)**  +ONTH03-013+ |

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| 16:30 | **The Simpsons: Home Away From Homer (R)**  After Homer humiliates Ned Flanders, he decides to leave Springfield and live in Humbleton, Pennsylvania. | **PG (S)**  +SIMP16-021+ |

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| 17:00 | **Futurama: The Farnsworth Parabox (R)**  Prof. Farnworth creates a box which contains an entire universe and sends Leela into it, where she discovers another Planet Express with a few notable differences. | **PG (A,V)**  +FUTR05-010+ |

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| 17:30 | **The Simpsons: The Mook, The Chef, The Wife, And Her Homer (R)**  When Fat Tony has to take a time-out due to a whacking attempt, Homer and Bart take over the business. | **PG (V)**  +SIMP18-001+ |

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| 18:00 | **The Simpsons: Jazzy And The Pussycats (R)**  Lisa becomes depressed when Bart becomes a better jazz musician than her. So she decides to set up an animal shelter in the Simpsons' attic. | **PG**  +SIMP18-002+ |

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| 18:30 | **Futurama: Three Hundred Big Boys (R)**  Everyone on Earth gets $300 after the spoils of a military victory are distributed. The members of the Planet Express staff spend it on different things, with varying degrees of success. | **PG (D,L,V)**  +FUTR05-011+ |

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| 19:00 | **The Simpsons: Please Homer, Don't Hammer 'Em (R)**  Marge begins her own carpentry business, but Homer becomes the face of the business because nobody will take a female carpenter seriously. | **PG**  +SIMP18-003+ |

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| 19:30 | **Ramsay's Kitchen Nightmares: The Sandgate (R)**  Tonight, Gordon travels to The Sandgate Hotel, run by first-time restauranteurs. The head chef is on the brink of a nervous breakdown, cooking for four restaurants in different styles. | **M (L)**  +RAKN02-007+ |

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| 20:30 | **The Mentalist: Scarlet Fever ’CC’**  As Patrick Jane and the CBI team investigate the poisoning death of the "queen bee" in a country club, they discover that the community is full of secrets. | **M (V)**  +TMEN01-015+ |

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| 21:30 | **Cold Case**  When evidence of the death of aa 4-year-old girl washes up on the New Jersey shore, Rush and the team reopen a 1965 case. A clue leads Rush to inspect hospital records. | **M (A,V)**  +COLC03-009+ |

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| 22:30 | **Without A Trace (R)**  Jack and the team search for Tara Patterson, a brilliant 16-year-old private-school student who was last seen by her friends at a bus stop. Tara appears to be the perfect daughter. | **M (D,A)**  +WIAT03-011+ |

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| 23:30 | **Criminal Minds: Sick And Evil (R) ’CC’**  The BAU leads the investigation into a string of murders taking place in supposedly haunted houses in Lewiston, Maine. | **M (A,V)**  +CRMD14-014+ |

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| 00:30 | **Beauty Queen Murders: Fatal Obsession**  Tana Woolley wins the title of Miss Rosamond in 1978, but just weeks after moving out to live by herself, the 18-year-old is murdered. | **M (V,A)**  +BEQM01-002+ |

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| 01:30 | **Crazy Cakes: Big Ben And Wearable Hat Cakes (R)**  London comes to Las Vegas in a wedding shower creation and a baker creates an unbelievable cake that's a wearable hat. | **PG**  +CRAZ03-013+ |

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| 02:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 02:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 04:00 | **Cutthroat Kitchen: I Like My Peppers Pulverized (R)**  A Cuban sandwich must be made using a cigar cutter. Also, two chefs are forced to work in a very confined space. | **PG**  +CUTK04-006+ |

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| 05:00 | **Chopped: Turkey Day Heroes (R)**  Four soup kitchen chefs get creative with bread and orange sauce then turkey and a special cake in the entree round also the healthy ingredients of dessert basket. | **PG**  +CHPD30-006+ |

**Thursday 09 July 2020**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-006+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-007+ |

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| 07:00 | **Cake Hunters: Social Media Cake Challenge**  Julie and Katie are looking for a party cake for their social media business, but they can't agree on the most Instagram-worthy design. | **PG**  +CAHU04-004+ |

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| 07:30 | **James Robison: Rebekah Lyons**  Religious Program. | **PG**  +JARO20-111+ |

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| 08:00 | **30 Minute Meals: Make Your Own Takeout**  Moo-shu pork pockets, jasmine rice sundaes and Asian cucumber salad. | **PG**  +TMME28-001+ |

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| 08:30 | **Vegas Cakes: Groundhog And Fairy Cake**  An edible village of fairies contains details so fine that fondant artist Aubrie Virgin needs a magnifying glass to paint them. | **PG**  +VECA02-002+ |

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| 09:00 | **Cake Wars: Halo (R)**  Get ready for the biggest battle the gaming world has ever seen, as four incredible bakers create action-packed cakes celebrating one of the biggest video games in the world, Halo! | **PG**  +CAKW03-009+ |

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| 10:00 | **The Great Food Truck Race: Holiday Hustle: Candy Cane Clash**  Tyler Florence presents the four remaining food trucks with a fast-paced challenge to create holiday lunches for 70 VIP judges and a surprising peppermint challenge puts the teams to the test. | **G**  +GFTR11-002+ |

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| 11:00 | **Cupcake Wars: L.A. Marathon (R)**  Four cupcake bakers fight for a place at a VIP party celebrating the 2012 Los Angeles Marathon. | **PG**  +CUPW05-008+ |

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| 12:00 | **Spring Baking Championship: Great Outdoors (R)**  The seven remaining bakers take on outdoor activities with a ballpark snack dessert and barbecue imposter desserts. Baby back rib brownies, anyone? | **PG**  +SPBC02-002+ |

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| 13:00 | **Cutthroat Kitchen: Ho-Ley Pot (R)**  A chef must use a single-brew coffee machine when making soup. | **PG**  +CUTK04-007+ |

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| 14:00 | **Chopped: Holiday Reality Check**  The four celebrities compete and must use an edible wreath and festively-shaped bread, the judges learn that one of the competitors has never tried one of the veggies found in the basket. | **PG**  +CHPD30-007+ |

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| 15:00 | **Unique Sweets: Sugar High**  Brain Freeze Nitrogen Ice Cream Lab in Miami offers a mad scientist challenge to eat 30 scoops of ice cream in 30 minute. | **PG**  +USWE07-004+ |

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| 15:30 | **One Tree Hill (R)**  Brooke must grow up in a hurry when her trip to a New York City fashion show prevents her from attending an annual cheerleading tournament. | **PG (D,S,A)**  +ONTH03-014+ |

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| 16:30 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2020)**  Join Jason 'Jabba' Davis as he takes a look at some of the best movies coming up these school holidays. | **PG**  +NFFI91-001+ |

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| 17:00 | **Futurama: Three Hundred Big Boys (R)**  Everyone on Earth gets $300 after the spoils of a military victory are distributed. The members of the Planet Express staff spend it on different things, with varying degrees of success. | **PG (D,L,V)**  +FUTR05-011+ |

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| 17:30 | **The Simpsons: Please Homer, Don't Hammer 'Em (R)**  Marge begins her own carpentry business, but Homer becomes the face of the business because nobody will take a female carpenter seriously. | **PG**  +SIMP18-003+ |

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| 18:00 | **The Simpsons: G.I. (Annoyed Grunt) (R)**  Homer is duped into signing up for the Army, and his hijinks after basic training ultimately results in a military occupation of Springfield. | **PG**  +SIMP18-005+ |

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| 18:30 | **Futurama: Spanish Fry (R)**  After being abducted by human horn poachers, Fry goes on a search for his missing nose. | **PG (S)**  +FUTR05-012+ |

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| 19:00 | **The Simpsons: Moe'n'a Lisa (R)**  Lisa helps Moe become a distinguished poet, but she turns on him when he takes all the credit for his newfound greatness. | **PG**  +SIMP18-006+ |

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| 19:30 | **Ramsay's Kitchen Nightmares: La Gondola (R)**  Gordon visits La Gondola, an Italian restaurant bogged down by dated cuisine, bad net curtains and no customers. | **M (L)**  +RAKN02-008+ |

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| 20:30 | **The Mentalist: Bloodshot ’CC’**  When Patrick Jane loses his sight as a result of an explosion, he must rely on his other senses during the murder investigation of a financial advisor. | **M (V)**  +TMEN01-016+ |

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| 21:30 | **Cold Case**  Rush and Valens reopen the 2001 case involving a well-liked local deli owner, Frank Dicenzio, who was apparently beaten to death by his employee. | **M (V)**  +COLC03-010+ |

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| 22:30 | **Without A Trace (R)**  While searching for convict James "Mac" MacAvoy, who disappeared during a prison yard fight, the team attempts to determine whether he's a cunning escapee or the victim of a sinister inside plot. | **M (A,V)**  +WIAT03-012+ |

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| 23:30 | **Bones: The Repo Man In The Septic Tank (R)**  When a body is found in a septic tank, the team enlists the help of new intern who is a political refugee from Cuba. Booth wants to take Christine to church but Brennan disagrees. | **M**  +BONE9-017+ |

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| 00:30 | **How To Get Away With Murder: Stay NEW EPISODE**  Annalise discovers there's a surprise witness who threatens her case. A lie between Frank and Bonnie threatens their relationship as the killer is finally revealed. | **M**  +HOAM06-015+ |

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| 01:30 | **30 Minute Meals: Make Your Own Takeout (R)**  Moo-shu pork pockets, jasmine rice sundaes and Asian cucumber salad. | **PG**  +TMME28-001+ |

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| 02:00 | **The Great Food Truck Race: Holiday Hustle: Candy Cane Clash (R)**  Tyler Florence presents the four remaining food trucks with a fast-paced challenge to create holiday lunches for 70 VIP judges and a surprising peppermint challenge puts the teams to the test. | **G**  +GFTR11-002+ |

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| 03:00 | **Spring Baking Championship: Great Outdoors (R)**  The seven remaining bakers take on outdoor activities with a ballpark snack dessert and barbecue imposter desserts. Baby back rib brownies, anyone? | **PG**  +SPBC02-002+ |

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| 04:00 | **Cutthroat Kitchen: Ho-Ley Pot (R)**  A chef must use a single-brew coffee machine when making soup. | **PG**  +CUTK04-007+ |

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| 05:00 | **Chopped: Holiday Reality Check (R)**  The four celebrities compete and must use an edible wreath and festively-shaped bread, the judges learn that one of the competitors has never tried one of the veggies found in the basket. | **PG**  +CHPD30-007+ |

**Friday 10 July 2020**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-008+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-009+ |

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| 07:00 | **Celebrity Food Fight: Are You Duff Enough?**  TV host Jonathan Bennett and chef Alex Guarnaschelli battle it out against actress Caroline Rhea and chef Duff Goldman. | **PG**  +CFFI02-001+ |

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| 07:30 | **James Robison: Water For Life Special #3**  Religious Program. | **PG**  +JARO20-112+ |

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| 08:00 | **30 Minute Meals: Burger Night Done Right**  Rachael Ray prepares an Oklahoma-style Smack Burger by smashing slices of Vidalia onions into burger patties and adding a simple sauce makes them juicy and flavorful. | **PG**  +TMME28-002+ |

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| 08:30 | **Vegas Cakes: Pinball And Golden Knights Cake**  The Las Vegas Golden Knights call upon Freed's Bakery for a large hockey-themed cake for their fans. Sonny Robinson channels his inner pinball wizard to build a working pinball machine out of cake. | **PG**  +VECA02-003+ |

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| 09:00 | **Cake Wars: Madeline (R)**  The bravest little redhead is coming from Paris to Cake Wars! Four amazing cake artists battle to have their cake at the center of a party celebrating Madeline. | **PG**  +CAKW03-010+ |

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| 10:00 | **The Great Food Truck Race: Holiday Hustle: We Three Trucks**  The three final truck teams tube down a mountain to choose their protein for the challenge then they compete for sales at a Vermont ski resort. | **G**  +GFTR11-003+ |

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| 11:00 | **Cupcake Wars: Hollywood Black Film Festival (R)**  Four cupcake bakers vie to serve their cupcakes at a star-studded bash, celebrating the Hollywood Black Film Festival in Los Angeles. | **PG**  +CUPW05-009+ |

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| 12:00 | **Spring Baking Championship: Bake The Rainbow (R)**  The bakers make yummy dippers and create a sweet fondue; the bakers must produce rainbow desserts. | **PG**  +SPBC02-003+ |

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| 13:00 | **Cutthroat Kitchen: The Eggs-Orcist (R)**  One chef must make a lobster roll, using a roll submerged in a lobster tank. Also, an unusual chocolate platter is presented during a cake challenge. | **PG**  +CUTK04-008+ |

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| 14:00 | **Chopped: New Year's Bash**  The competitors celebrate the New Year with $50 worth of caviar in the appetizer basket, more premium items and a New Year's legume in the entree baskets and a limited number of grapes for dessert. | **PG**  +CHPD30-008+ |

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| 15:00 | **Unique Sweets: Shocking Sweets**  An underground donut spot called Donut Diva in Astoria, Queens, is frying up outrageous cake donut creations and baking unique coffee cake. | **PG**  +USWE07-005+ |

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| 15:30 | **Cake Wars: Madeline (R)**  The bravest little redhead is coming from Paris to Cake Wars! Four amazing cake artists battle to have their cake at the center of a party celebrating Madeline. | **PG**  +CAKW03-010+ |

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| 16:30 | **The Simpsons: G.I. (Annoyed Grunt) (R)**  Homer is duped into signing up for the Army, and his hijinks after basic training ultimately results in a military occupation of Springfield. | **PG**  +SIMP18-005+ |

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| 17:00 | **The Simpsons: Moe'n'a Lisa (R)**  Lisa helps Moe become a distinguished poet, but she turns on him when he takes all the credit for his newfound greatness. | **PG**  +SIMP18-006+ |

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| 17:30 | **Movie: The Chronicles Of Narnia: Prince Caspian (R) (2008)**  The Pevensie siblings return to Narnia, where they are enlisted to once again help ward off an evil king and restore the rightful heir to the land's throne, Prince Caspian. Starring:ANNA POPPLEWELL,BEN BARNES,PETER DINKLAGE,WARWICK DAVIS,WILLIAM MOSELEY,SKANDAR KEYNES,TILDA SWINTON | **PG (A,V)**  +WDFR18-004+ |

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| 20:30 | **Movie: The Sorcerer's Apprentice (R) (2010)**  Master sorcerer Balthazar Blake must find and train Merlin's descendant to defeat dark sorceress Morgana la Fée. Starring:ALFRED MOLINA,JAY BARUCHEL,TERESA PALMER,PEYTON LIST,MONICA BELLUCCI,TOBY KEBBELL,NICOLAS CAGE | **PG (H,V)**  +WDFR18-013+ |

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| 22:40 | **Movie: Chronicle (R) (2012)**  Three high school friends gain superpowers after making an incredible discovery underground. Starring:ANNA WOOD,ALEX RUSSELL,MICHAEL B. JORDAN,MICHAEL KELLY,DANE DEHAAN | **M (V)**  +FOXF08-007+ |

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| 00:25 | **Cupcake Wars: Hollywood Black Film Festival (R)**  Four cupcake bakers vie to serve their cupcakes at a star-studded bash, celebrating the Hollywood Black Film Festival in Los Angeles. | **PG**  +CUPW05-009+ |

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| 01:30 | **30 Minute Meals: Burger Night Done Right (R)**  Rachael Ray prepares an Oklahoma-style Smack Burger by smashing slices of Vidalia onions into burger patties and adding a simple sauce makes them juicy and flavorful. | **PG**  +TMME28-002+ |

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| 02:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 02:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:00 | **Spring Baking Championship: Bake The Rainbow (R)**  The bakers make yummy dippers and create a sweet fondue; the bakers must produce rainbow desserts. | **PG**  +SPBC02-003+ |

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| 04:00 | **Cutthroat Kitchen: The Eggs-Orcist (R)**  One chef must make a lobster roll, using a roll submerged in a lobster tank. Also, an unusual chocolate platter is presented during a cake challenge. | **PG**  +CUTK04-008+ |

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| 05:00 | **Chopped: New Year's Bash (R)**  The competitors celebrate the New Year with $50 worth of caviar in the appetizer basket, more premium items and a New Year's legume in the entree baskets and a limited number of grapes for dessert. | **PG**  +CHPD30-008+ |

**Saturday 11 July 2020**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-010+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-011+ |

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| 07:00 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO-011+ |

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| 07:30 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO-012+ |

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| 08:00 | **Hook, Line & Dinner: Charleston, South Carolina**  Ben discovers the foundations for Charleston's current culinary renaissance is the region's rustic lowcountry cuisine. | **PG**  +HLAD01-003+ |

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| 08:30 | **Hook, Line & Dinner: New Orleans**  Ben explores New Orleans' 400-year-old mishmash of culinary traditions with gusto. | **PG**  +HLAD01-004+ |

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| 09:00 | **Hook, Line & Dinner: Oregan**  Ben navigates the Columbia River with the Yakama Nation of Native Americans during their annual sturgeon catch and Ben pan-sears ling cod at Thistle in McMinnville. | **PG**  +HLAD01-005+ |

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| 09:30 | **Big Bad BBQ Brawl: Double Trouble Brawl: Seafood Two Ways**  Shannon challenges twin sisters Jocelyn and Jacalyn of Twins Smoke House BBQ in Long Beach to a double trouble barbecue brawl with ingredients straight from the sea. | **PG**  +BDBB02-008+ |

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| 10:00 | **My Grandmother's Ravioli: Bill And Mo's OK Episode**  Grandpa Bill BK Nuzum's hobby is to build chuck wagons and dress like ranchers/cowboys of yesteryear while cooking chicken fried steak, biscuits, beans and more. | **PG**  +MYGR04-004+ |

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| 10:30 | **My Grandmother's Ravioli: Pretty Flye For A Grandma**  Grandma Nona Flye and Mo Rocca go hunting in the woods of Quanah,Texas and cook up their bounty in her recreational vehicle. | **PG**  +MYGR04-005+ |

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| 11:00 | **Cupcake Wars: Tony Hawk (R)**  Cupcake bakers try to skate their way into a celebrity event, for Tony Hawk's "Stand Up for Skateparks", in Las Vegas. | **PG**  +CUPW05-010+ |

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| 12:00 | **Chopped: New Year's Bash (R)**  The competitors celebrate the New Year with $50 worth of caviar in the appetizer basket, more premium items and a New Year's legume in the entree baskets and a limited number of grapes for dessert. | **PG**  +CHPD30-008+ |

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| 13:00 | **Unique Sweets: Shocking Sweets (R)**  An underground donut spot called Donut Diva in Astoria, Queens, is frying up outrageous cake donut creations and baking unique coffee cake. | **PG**  +USWE07-005+ |

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| 13:25 | **Mystery Diners: Very Bad Bosses (R)**  A waitstaff in California contact Charles to do a reverse sting on their employer, in order to bring their alleged mistreatment to light. | **PG**  +MYSD09-003+ |

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| 13:50 | **Mystery Diners: Barrel Of Monkeys (R)**  Damian, owner of Doffo Winery in Temecula, Calif., contacts Charles Stiles after noticing missing wine barrels. Mystery Diners Jamie and Kendall go undercover to see which employees are responsible. | **PG**  +MYSD09-004+ |

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| 14:15 | **Restaurant: Impossible: Ambush: Eyes On The Surprise**  Chef Robert Irvine helps the bar manager of the Copper Still CD Vodka Lounge and Eater which features its own brand of vodka has been open for only eight months but has yet to show a profit. | **PG**  +RIMP12-002+ |

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| 15:15 | **Restaurant: Impossible: Ambush: Son Sneak Attack**  Robert Irvine is in Blue Jay, CA to help Lake Arrowhead Sports Grille. The owners' son is desperate to save the business and his parents' relationship. | **PG**  +RIMP12-003+ |

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| 16:15 | **Restaurant: Impossible: Ambush: Stay... Or Go?**  At the request of former employees, Robert heads to Ellendale's in Nashville, TN. The restaurant is run down and owner Julie's management style is ineffective. | **PG**  +RIMP12-004+ |

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| 17:15 | **Movie: Horton Hears A Who! (R) ’CC’ (2008)**  Horton the Elephant struggles to protect a microscopic community from his neighbors who refuse to believe it exists. Starring:CAROL BURNETT,ISLA FISHER,WILL ARNETT,SETH ROGEN,STEVE CARELL,JIM CARREY | **G**  +FOXF08-021+ |

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| 19:00 | **Movie: Cloudy With A Chance Of Meatballs (R) ’CC’ (2009)**  A scientist tries to solve world hunger only to see things go awry as food falls from the sky in abundance. Starring:ANNA FARIS,ANDY SAMBERG,JAMES CAAN,MR. T,BILL HADER | **G**  +SPCF05-003+ |

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| 20:45 | **Movie: The Other Woman (R) ’CC’ (2014)**  After discovering her boyfriend is married, Carly meets the wife he's been betraying. And when yet another love affair is discovered, all three women team up to plot revenge on the three-timing S.O.B. Starring:CAMERON DIAZ,LESLIE MANN,TAYLOR KINNEY,NIKOLAJ COSTER-WALDAU,DON JOHNSON,NICKI MINAJ,KATE UPTON | **M (L,S,A)**  +FOXF08-049+ |

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| 23:00 | **Bridezillas: Sara And Natalie (R)**  Sara's time management issues makes it hard for her family and friends to get along; Natalie's unclear about what she wants causing miscommunication between her and her friends. | **M (L,A)**  +BRIZ08-004+ |

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| 00:00 | **Movie: The Master Race (R) (1944)**  Nazis plot to take over the world, causing World War III. Starring:GEORGE COULOURIS,LLOYD BRIDGES,NANCY GATES,OSA MASSEN,STANLEY RIDGES | **PG (V)**  +RKO-069+ |

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| 02:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 02:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:00 | **Hook, Line & Dinner: New Orleans (R)**  Ben explores New Orleans' 400-year-old mishmash of culinary traditions with gusto. | **PG**  +HLAD01-004+ |

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| 03:30 | **Hook, Line & Dinner: Oregan (R)**  Ben navigates the Columbia River with the Yakama Nation of Native Americans during their annual sturgeon catch and Ben pan-sears ling cod at Thistle in McMinnville. | **PG**  +HLAD01-005+ |

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| 04:00 | **My Grandmother's Ravioli: Bill And Mo's OK Episode (R)**  Grandpa Bill BK Nuzum's hobby is to build chuck wagons and dress like ranchers/cowboys of yesteryear while cooking chicken fried steak, biscuits, beans and more. | **PG**  +MYGR04-004+ |

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| 04:30 | **My Grandmother's Ravioli: Pretty Flye For A Grandma (R)**  Grandma Nona Flye and Mo Rocca go hunting in the woods of Quanah,Texas and cook up their bounty in her recreational vehicle. | **PG**  +MYGR04-005+ |

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| 05:00 | **Cupcake Wars: Tony Hawk (R)**  Cupcake bakers try to skate their way into a celebrity event, for Tony Hawk's "Stand Up for Skateparks", in Las Vegas. | **PG**  +CUPW05-010+ |