**Sunday 12 July 2020**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-012+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-013+ |

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| 07:00 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO-013+ |

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| 07:30 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO-014+ |

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| 08:00 | **Beach Bites With Katie Lee: Cheesy Breezy**  Katie teams up with her Kitchen co-host Marcela Valladolid for tacos in San Diego, but there are no tortillas only cheese curds. | **PG**  +BEBI02-008+ |

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| 08:30 | **30 Minute Meals: Chicken Change-Up**  Rachael Ray's deviled chicken Francese gets its devilish flavor from a mixture of spicy Calabrian chile paste, tangy Dijon mustard and sharp pecorino Romano cheese. | **PG**  +TMME28-003+ |

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| 09:00 | **30 Minute Meals: Trendy Fried Chicken**  A Korean-inspired batter and slaw shakes up the traditional fried chicken game; vodka and cornstarch in the batter are the secret to light and crispy skin on Korean Fried Chicken. | **PG**  +TMME28-004+ |

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| 09:30 | **Big Bad BBQ Brawl: Chicago Italian Beef BBQ Brawl**  Shannon Ambrosio challenges husband and wife pitmasters; Greg and Kristina of Chicago Culinary Kitchen to an Italian Beef Sandwich cook-off. | **PG**  +BDBB02-009+ |

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| 10:00 | **The Great Food Truck Race: Holiday Hustle: New Champ In Newport**  Tyler Florence meets with the final two food truck teams at a bustling farmers market in Newport, R.I, they go head-to-head serving the biggest crowds yet and facing the challenge of winter weather. | **G**  +GFTR11-004+ |

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| 11:00 | **Cupcake Wars: Country Music Awards (R)**  Cupcakes go country as bakers vie for a spot at a star-studded after-party for the Country Music Awards. | **PG**  +CUPW05-011+ |

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| 12:00 | **Spring Baking Championship: Sweet-Toothed Farmer (R)**  Challenges include turning farm-fresh vegetables into delectable desserts; and paying sweet homage to bacon and eggs. | **PG**  +SPBC02-004+ |

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| 13:00 | **Cutthroat Kitchen: Two Chefs, One Toga (R)**  One chef must make a lobster roll using a roll submerged in a lobster tank, and a chef is given a rather unusual chocolate platter for their chocolate cake. | **PG**  +CUTK04-009+ |

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| 14:00 | **Chopped: Smorgastarta Your Engines (R)**  Appetizers are made with a smorgastarta Swedish layer cake. Competitors find the entree complicated because the eggplant preserved in sugar must be incorporated into desserts. | **PG**  +CHPD31-001+ |

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| 15:00 | **Mystery Diners: Red Hot Mess (R)**  Sonny and Sage, owners of Hot Red Bus near Los Angeles, contact Charles Stiles after hearing rumors that their restaurant is open on the one day it's supposed to be closed. | **PG**  +MYSD09-005+ |

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| 15:30 | **Mystery Diners: Private Chef Sting (R)**  Having already been helped by Mystery Diners in the past, Nico, owner of Capo's Speakeasy in Las Vegas, contacts Charles Stiles to help with a personal problem at his new home. | **PG**  +MYSD09-006+ |

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| 16:00 | **Restaurant: Impossible: Ambush: Fight To The Finish**  Robert Irvine heads to New Kensington, Pennsylvania to ambush the owner of Stella's Dine-Inn Restaurant after her daughter witnesses out-of-control fighting between her mother and brother. | **PG**  +RIMP12-005+ |

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| 17:00 | **Restaurant: Impossible: Ambush: Facing Fears**  Robert Irvine helps the owner of the Cape Horn Family Restaurant face her fears and repair her self-confidence in order to change her staff. | **PG**  +RIMP12-006+ |

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| 18:00 | **The Simpsons: Milhouse Doesn't Live Here Anymore (R)**  Milhouse moves to Capital City, and therefore Lisa and Bart become best friends. | **PG**  +SIMP15-012+ |

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| 18:30 | **Futurama: Bend Her (R)**  Bender enters the Olympics as a Fembot and has modifications to maintain the illusion, leading to a romantic encumbrance with a soap opera star. | **PG (O)**  +FUTR05-013+ |

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| 19:00 | **The Simpsons: Ice Cream Of Margie (With The Light Blue Hair) (R)**  Homer becomes an ice cream man after being fired from the plant and Marge uses his leftover Popsicle sticks to create folk art figures. | **PG**  +SIMP18-007+ |

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| 19:30 | **Futurama: Obsolutely Fabulous (R)**  The introduction of a new type of robot makes Bender rethink his devotion to technology. | **PG (L)**  +FUTR05-014+ |

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| 20:00 | **The Simpsons: Treehouse Of Horror XVII (R)**  A meteorite turns Homer into a rampaging blob with a voracious appetite; Bart brings a Golem to life; an alien invasion hoax turns real. | **M (V)**  +SIMP18-004+ |

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| 20:30 | **First Dates Australia (R) ’CC’**  There's someone out there for everyone, and when the First Dates restaurant sets the table, hopeful singles from across the country will have a chance of meeting their dream partner. | **PG**  +FDAT02-002+ |

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| 21:30 | **Marrying Millions: My Secret Sugar Daddy NEW EPISODE**  Brianna confronts Bill about Kathleen's accusations. Drew asks a big question that will change Rosie's life. Brian meets Gentille's friends for the first time, but it doesn't go the way Gentille hopes | **M (L,S)**  +MAMI01-003+ |

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| 22:30 | **Say Yes To The Dress: Atlanta: Multiple Dress Personality Disorder**  WNBA star and Bride Angel has a game plan to say yes to a pantsuit but her friend thinks she should sport a dress and Bride Cassie is on the hunt for the perfect veil. | **PG**  +SYES09-009+ |

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| 23:00 | **Say Yes To The Dress: Atlanta: I'll Just Call Myself The Original Diva**  According to bride Sarah's mum, they've already found the perfect dress - but Sarah isn't convinced. Can Monte find a dress they both love? | **PG**  +SYES09-010+ |

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| 23:30 | **Geordie Shore**  Charlotte returns to the Geordie Shore house just in time to join the rest of the gang on a Geordie Tour of Barcelona, The Geordies bathe in the Spanish sun, sea and sangria. | **AV**  +GESH05-006+ |

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| 00:30 | **Are You The One?: Beer Goggles**  Everyone is on edge when Gio makes moves to pursue Julia and others. Cam and Victoria have a night to forget. | **MA (L,S)**  +AYTO04-005+ |

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| 01:30 | **30 Minute Meals: Chicken Change-Up (R)**  Rachael Ray's deviled chicken Francese gets its devilish flavor from a mixture of spicy Calabrian chile paste, tangy Dijon mustard and sharp pecorino Romano cheese. | **PG**  +TMME28-003+ |

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| 02:00 | **The Great Food Truck Race: Holiday Hustle: New Champ In Newport (R)**  Tyler Florence meets with the final two food truck teams at a bustling farmers market in Newport, R.I, they go head-to-head serving the biggest crowds yet and facing the challenge of winter weather. | **G**  +GFTR11-004+ |

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| 03:00 | **Spring Baking Championship: Sweet-Toothed Farmer (R)**  Challenges include turning farm-fresh vegetables into delectable desserts; and paying sweet homage to bacon and eggs. | **PG**  +SPBC02-004+ |

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| 04:00 | **Cutthroat Kitchen: Two Chefs, One Toga (R)**  One chef must make a lobster roll using a roll submerged in a lobster tank, and a chef is given a rather unusual chocolate platter for their chocolate cake. | **PG**  +CUTK04-009+ |

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| 05:00 | **Chopped: Smorgastarta Your Engines (R)**  Appetizers are made with a smorgastarta Swedish layer cake. Competitors find the entree complicated because the eggplant preserved in sugar must be incorporated into desserts. | **PG**  +CHPD31-001+ |

**Monday 13 July 2020**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-014+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-015+ |

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| 07:00 | **Celebrity Food Fight: Party With Penn Jillette**  Chef Graham Elliot and Emmy-winning actress Jean Smart face off against chef Alex Guarnaschelli and magician Penn Jillette. Andy's guests must blindly taste foods, | **PG**  +CFFI02-002+ |

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| 07:30 | **James Robison: Dr. Jeremiah #1**  Religious Program. | **PG**  +JARO20-113+ |

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| 08:00 | **30 Minute Meals: Not Your Mom's Sloppy Joes**  Rachael Ray mixes ground pork and beef with new ingredients like pears, sesame oil and gochujang; her Quick Korean Pickles add a sweet crunch that rounds out the sandwich. | **PG**  +TMME28-005+ |

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| 08:30 | **Vegas Cakes: Valentine's Day! Mardi Gras! Lunar New Year!**  The Las Vegas Metro Police Wives order a special Vegas Strong cake to show some love to first responders; the team builds a towering fortune cookie-flavored pagoda to celebrate the Year of the Dog. | **PG**  +VECA02-004+ |

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| 09:00 | **Cake Wars: Jelly Belly (R)**  It's the most colorful and flavor-filled Cake Wars battle ever, as four incredible bakers battle it out to have their cake creation as the centrepiece of a party celebrating Jelly Belly! | **PG**  +CAKW03-011+ |

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| 10:00 | **The Great Food Truck Race: First Class Food Fight**  Seven teams of aspiring food truck owners kick off the season by cooking and selling luxury versions of traditional food truck fare. | **PG**  +GFTR12-001+ |

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| 11:00 | **Cupcake Wars: Saluting The USO (R)**  Four past champion bakers return and compete for a chance to serve their cupcakes at a black-tie gala celebrating the 70th anniversary of the USO. | **PG**  +CUPW05-012+ |

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| 12:00 | **Spring Baking Championship: Moms Love Chocolate (R)**  A Mother's Day challenge begins with the four remaining bakers being inspired by gifts. Later, they take on chocolate. | **PG**  +SPBC02-005+ |

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| 13:00 | **Cutthroat Kitchen: When In Rome, Cook On A Scooter (R)**  A chef is forced to cook while riding a scooter, and a casserole is made while paying tribute to the typical 1950s housewife. | **PG**  +CUTK04-010+ |

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| 14:00 | **Chopped: Tailgate Greats (R)**  Four devoted football fans compete in a tailgate-theme showdown. | **PG**  +CHPD31-002+ |

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| 15:00 | **Unique Sweets: Tasty Texas Treats**  Hypnotic Donuts in Dallas serves deep-fried treats in the form of huge fritters with developed flavors; Kate Weiser Chocolate offers crazy candy bars and smoky toffee with bacon. | **PG**  +USWE07-006+ |

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| 15:30 | **One Tree Hill (R)**  When someone reveals the contents of the students' time capsule, Lucas and Mouth must confront a person from their past. | **PG (V,A)**  +ONTH03-015+ |

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| 16:30 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2020)**  Jason 'Jabba' Davis explores the best family films to watch at home & at the cinema these Winter school holidays. Featuring Sonic the Hedgehog, Artemis Fowl and Scoob! | **PG (V)**  +NFFI91-001+ |

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| 17:00 | **Futurama: Bend Her (R)**  Bender enters the Olympics as a Fembot and has modifications to maintain the illusion, leading to a romantic encumbrance with a soap opera star. | **PG (O)**  +FUTR05-013+ |

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| 17:30 | **The Simpsons: Ice Cream Of Margie (With The Light Blue Hair) (R)**  Homer becomes an ice cream man after being fired from the plant and Marge uses his leftover Popsicle sticks to create folk art figures. | **PG**  +SIMP18-007+ |

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| 18:00 | **The Simpsons: The Haw-Hawed Couple (R)**  Bart and Nelson become best friends, but Bart surprisingly discovers that the fringe benefits aren't worth Nelson's neediness. | **PG**  +SIMP18-008+ |

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| 18:30 | **Futurama: Bender Should Not Be Allowed On TV (R)**  Bender becomes a star on his favorite soap opera by forgetting his lines and reverting to character, but becomes concerned about the effect he is having on the audience. | **PG (L)**  +FUTR05-015+ |

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| 19:00 | **The Simpsons: Kill Gil, Volumes I And II (R)**  The Simpsons let Gil stay with them during Christmas. However, he stays for 11 months because Marge can't tell him 'No'. | **PG**  +SIMP18-009+ |

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| 19:30 | **Futurama: The Devil's Hands Are Idle Playthings (R)**  Fry makes a deal with the Robot Devil so he can get robot hands to play the holophoner and impress Leela. | **PG (S,V)**  +FUTR05-016+ |

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| 20:00 | **The Simpsons: The Wife Aquatic (R)**  Homer returns Marge to Barnacle Bay, where she spent her beloved summer vacations. But when they get there, they discover that it is no longer a tourist spot. | **PG**  +SIMP18-010+ |

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| 20:30 | **Ink Master: War And Ink NEW EPISODE**  Some shops lose their composure as they butt heads during a grueling elimination tattoo. | **M (L,A)**  +INKM09-005+ |

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| 21:30 | **Ink Master: Get The Flock Outta Here NEW EPISODE**  Shops crumble as the tension between teammates intensifies. | **M (L)**  +INKM09-006+ |

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| 22:30 | **Ink Master Redemption: Don't Butcher My Baby**  Artists Keith Diffenderfer and Aaron Is are confronted by angry canvases and their parents and must put their egos aside for a chance at redemption. | **M**  +INKR03-008+ |

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| 23:00 | **Ramsay's Kitchen Nightmares USA: Mangia Mangia - Part 2 (R) ’CC’**  In part 2, Gordon hopes to get through to the warring personalities at Mangia Mangia and wake them up to make the dramatic changes needed for success. | **M (D,L)**  +KNUS07-006+ |

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| 00:00 | **One Tree Hill (R)**  A normal day becomes deadly when a despondent student brings a gun to Tree Hill High. While lives hang in the balance, Nathan and Lucas put themselves at risk to protect their friends and loved ones. | **M (A,V)**  +ONTH03-016+ |

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| 01:00 | **The Real O'Neals: The Real Retreat (R)**  When Jimmy is named Faith Leader for the weekend at the Catholic Youth Retreat, a jealous Kenny takes on his older brother's role as ring leader of the bad kids. | **M (A)**  +REAL01-010+ |

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| 01:30 | **The Real O'Neals: The Real Other Woman (R)**  After Eileen pushes Kenny to get a job, she feels jealous when he starts to work as a tutor and bonds with the student's mom. | **M (A)**  +REAL01-011+ |

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| 02:00 | **The Real O'Neals: The Real Rules (R)**  After realizing Pat left his police badge at home, Jimmy convinces Kenny and Shannon that he should use the badge to pretend he's a police officer in order to get free perks around town. | **M (A)**  +REAL01-012+ |

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| 02:30 | **The Real O'Neals: The Real Prom (R)**  As the school prom approaches, Kenny and Jimmy try to come up with the perfect prom-posal for the classmates they each have set their sights on. | **M (A)**  +REAL01-013+ |

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| 03:00 | **Spring Baking Championship: Moms Love Chocolate (R)**  A Mother's Day challenge begins with the four remaining bakers being inspired by gifts. Later, they take on chocolate. | **PG**  +SPBC02-005+ |

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| 04:00 | **Cutthroat Kitchen: When In Rome, Cook On A Scooter (R)**  A chef is forced to cook while riding a scooter, and a casserole is made while paying tribute to the typical 1950s housewife. | **PG**  +CUTK04-010+ |

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| 05:00 | **Chopped: Tailgate Greats (R)**  Four devoted football fans compete in a tailgate-theme showdown. | **PG**  +CHPD31-002+ |

**Tuesday 14 July 2020**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-016+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-017+ |

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| 07:00 | **Celebrity Food Fight: It Takes Dr. Drew To Tango**  Chef Graham Elliot and TV star Kendra Wilkinson battle it out against chef Scott Conant and Dr. Drew Pinsky. Andy's guests must taste some chocolates with unusual fillings. | **PG**  +CFFI02-003+ |

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| 07:30 | **James Robison: Rebekah Lyons**  Religious Program. | **PG**  +JARO20-114+ |

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| 08:00 | **30 Minute Meals: It's Not Delivery, It's Cast Iron Skillet Pan Pizza**  Rachael Ray makes her favorite pizza at home in a cast iron skillet; spicy sausage, chili flakes and honey liven up her sausage pizza. | **PG**  +TMME28-006+ |

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| 08:30 | **Vegas Cakes: Donny And Marie, Mermaid And Crazy Cat Lady Cakes**  Freed's Bakery surprises legendary performers Donny and Marie Osmond on stage with a big, blinged-out masterpiece and Brittnee makes a little girl the ultimate rainbow-mermaid birthday cake. | **PG**  +VECA02-005+ |

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| 09:00 | **Cake Wars: Paddington (R)**  Paddington the Bear is onto his next adventure, bringing his old hat and battered suitcase to visit Cake Wars! | **PG**  +CAKW03-012+ |

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| 10:00 | **The Great Food Truck Race: Food Trucks Ahoy**  Six remaining teams appear in San Diego where Tyler makes them pair up for a challenge involving a slimy sea creature and at elimination. | **PG**  +GFTR12-002+ |

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| 11:00 | **Cupcake Wars: Renaissance Faire (R)**  Cupcake makers vie for a place at the VIP party celebrating the 50th anniversary of the Renaissance Pleasure Faire in Los Angeles. | **PG**  +CUPW05-013+ |

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| 12:00 | **Spring Baking Championship: Destination Wedding (R)**  The remaining bakers start off making hospitality snacks for a destination wedding. Later, cakes inspired by Mexico, Hawaii and Italy determine who wins the $50,000 grand prize. | **PG**  +SPBC02-006+ |

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| 13:00 | **Cutthroat Kitchen: Superhero Sabotage (R)**  Sabotages involve a phone booth, a 1970s-era living room, and riding a bike. | **PG**  +CUTK04-011+ |

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| 14:00 | **Chopped: Chopped: Beat Bobby Flay, Pt. 1 (R)**  Bobby Flay joins the judges' panel, as returning champions compete to win the chance to beat chef Bobby. | **PG**  +CHPD31-003+ |

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| 15:00 | **Unique Sweets: Sweets All Day Long**  At the Wandering Goose in Seattle, they push the boundaries with treats like chocolate chip cookies with toffee and crispy chicken skin. | **PG**  +USWE07-007+ |

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| 15:30 | **One Tree Hill (R)**  The aftermath of the school shooting forces the residents of Tree Hill to examine their lives. Nathan reassesses his relationship with Haley, while Brooke and Rachel join forces. | **PG (V,A)**  +ONTH03-017+ |

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| 16:30 | **The Simpsons: The Haw-Hawed Couple (R)**  Bart and Nelson become best friends, but Bart surprisingly discovers that the fringe benefits aren't worth Nelson's neediness. | **PG**  +SIMP18-008+ |

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| 17:00 | **Futurama: Bender Should Not Be Allowed On TV (R)**  Bender becomes a star on his favorite soap opera by forgetting his lines and reverting to character, but becomes concerned about the effect he is having on the audience. | **PG (L)**  +FUTR05-015+ |

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| 17:30 | **The Simpsons: Kill Gil, Volumes I And II (R)**  The Simpsons let Gil stay with them during Christmas. However, he stays for 11 months because Marge can't tell him 'No'. | **PG**  +SIMP18-009+ |

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| 18:00 | **The Simpsons: Revenge Is A Dish Best Served Three Times (R)**  While Homer tries to get revenge on a driver who cut him off, his family warns him of the folly of revenge by telling stories based on The Count of Monte Cristo, Revenge of the Nerds and Batman. | **PG (V)**  +SIMP18-011+ |

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| 18:30 | **Futurama (R)**  Mom puts her devious plan into action, and Farnsworth's meagre memory lets him down when he tries to recover a rather important object. | **PG (O,V)**  +FUTR06-010+ |

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| 19:00 | **The Simpsons: Little Big Girl (R)**  Lisa embellishes her family heritage as Native American for a school project. Bart gets a driver's license and develops a relationship with an older girl. | **PG (S)**  +SIMP18-012+ |

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| 19:30 | **Modern Family: The Last Thanksgiving (R) ’CC’**  Cameron and Mitchell's friends mistakenly assume they have split up. Haley attempts to cook Thanksgiving dinner as a thank you for Claire and Phil's support with the twins. | **PG (S)**  +MOFA11-007+ |

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| 20:00 | **Modern Family: Tree's A Crowd (R) ’CC’**  The Dunphy house is bursting at the seams when Dylan's hippie mom moves in and Claire's lonely stepdad wants to pay them a visit. Jay and Gloria try to help Manny get over his big breakup with Sherry. | **PG (S)**  +MOFA11-008+ |

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| 20:30 | **Movie: The Twilight Saga: Breaking Dawn - Part 2 (R) (2012)**  After the birth of Renesmee/Nessie, the Cullens gather other vampire clans in order to protect the child from a false allegation that puts the family in front of the Volturi. Starring:ELIZABETH REASER,KRISTEN STEWART,PETER FACINELLI,TAYLOR LAUTNER,ASHLEY GREENE,ROBERT PATTINSON | **M (S,H,V)**  +STUC03-005+ |

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| 22:50 | **Movie: About Time (R) ’CC’ (2013)**  When Tim Lake is 21, his father tells him a secret - the men in their family can travel through time. Although he can't change history, Tim resolves to improve his life by getting a girlfriend. Starring:BILL NIGHY,MARGOT ROBBIE,RACHEL MCADAMS,DOMHNAL GLEESON,LYDIA WILSON | **M (L,S)**  +NBCF29-002+ |

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| 01:20 | **Nip/Tuck ’CC’**  While Sean searches for a night nurse for his newborn baby, Conor, Sean's hidden desires are revealed. He turns to Christian for support, but Christian's vanity causes him to be unavailable. | **MA (V,S,O,A)**  +NIPT04-003+ |

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| 02:20 | **30 Minute Meals: It's Not Delivery, It's Cast Iron Skillet Pan Pizza (R)**  Rachael Ray makes her favorite pizza at home in a cast iron skillet; spicy sausage, chili flakes and honey liven up her sausage pizza. | **PG**  +TMME28-006+ |

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| 03:00 | **Spring Baking Championship: Destination Wedding (R)**  The remaining bakers start off making hospitality snacks for a destination wedding. Later, cakes inspired by Mexico, Hawaii and Italy determine who wins the $50,000 grand prize. | **PG**  +SPBC02-006+ |

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| 04:00 | **Cutthroat Kitchen: Superhero Sabotage (R)**  Sabotages involve a phone booth, a 1970s-era living room, and riding a bike. | **PG**  +CUTK04-011+ |

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| 05:00 | **Chopped: Chopped: Beat Bobby Flay, Pt. 1 (R)**  Bobby Flay joins the judges' panel, as returning champions compete to win the chance to beat chef Bobby. | **PG**  +CHPD31-003+ |

**Wednesday 15 July 2020**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-018+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-019+ |

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| 07:00 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2020)**  Jason 'Jabba' Davis explores the best family films to watch at home & at the cinema these Winter school holidays. Featuring Sonic the Hedgehog, Artemis Fowl and Scoob! | **PG (V)**  +NFFI91-001+ |

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| 07:30 | **James Robison: Sheila Walsh With Ann Voskamp**  Religious Program. | **PG**  +JARO20-115+ |

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| 08:00 | **30 Minute Meals: Breakfast For Dinner, South Of The Border**  Breakfast for dinner doesn't have to mean pancakes and scrambled eggs; Rachael Ray whips up crave-worthy Chilaquiles with a rich, red chile sauce made with Guajillo peppers for a satisfying kick. | **PG**  +TMME28-007+ |

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| 08:30 | **Vegas Cakes: Sea Monster, Whale And One Drop Cakes**  Cirque du Soleil orders a six-foot-long Alaskan mountain range cake with running rivers and a client orders a realistic whale of a cake covered in 24-karat gold. | **PG**  +VECA02-006+ |

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| 09:00 | **Cake Wars: Where's Waldo (R)**  Grab your walking sticks and red-and-white striped shirts and get ready for a globe-trotting adventure as Cake Wars takes on Where's Waldo. | **PG**  +CAKW03-013+ |

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| 10:00 | **The Great Food Truck Race: Hustle In The Heat**  Things are hot in Palm Springs where the food truck teams have to beat the heat as well as their fears to tackle an unprecedented aerial challenge from Tyler. | **PG**  +GFTR12-003+ |

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| 11:00 | **Cupcake Wars: The Nutcracker (R)**  Four talented bakers compete to have their cupcakes at the opening night party for the New York City Ballet's performance of The Nutcracker. | **PG**  +CUPW04-001+ |

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| 12:00 | **Spring Baking Championship: Easter Treats (R)**  Nine of the best bakers in America create Easter egg desserts and bunny cakes. | **PG**  +SPBC03-001+ |

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| 13:00 | **Cutthroat Kitchen: Chili'd To The Bone (R)**  A chef is forced to use a freezer-burnt ingredient when preparing a chili-cheese dog. | **PG**  +CUTK04-012+ |

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| 14:00 | **Chopped: Midnight Snack Attack (R)**  The challenge faced by the competing chefs is to make the perfect midnight meal. The finalists aim to wake up the judges' palates with breakfast flavors. | **PG**  +CHPD31-004+ |

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| 15:00 | **Unique Sweets: Luscious Layers**  Union Fare Bakery in New York City is creating flavors like red velvet and birthday cake and Slab Sandwiches and Pie in Seattle creates pies in unique shapes and flavors. | **PG**  +USWE07-008+ |

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| 15:30 | **One Tree Hill (R)**  Rachel invites the gang to her family's cabin for a weekend getaway. Lucas, Brooke and Nathan conspire to surprise Haley, while Peyton receives an unexpected visitor at the cabin. | **PG (V,S,A)**  +ONTH03-018+ |

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| 16:30 | **The Simpsons: Revenge Is A Dish Best Served Three Times (R)**  While Homer tries to get revenge on a driver who cut him off, his family warns him of the folly of revenge by telling stories based on The Count of Monte Cristo, Revenge of the Nerds and Batman. | **PG (V)**  +SIMP18-011+ |

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| 17:00 | **Futurama (R)**  Mom puts her devious plan into action, and Farnsworth's meagre memory lets him down when he tries to recover a rather important object. | **PG (O,V)**  +FUTR06-010+ |

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| 17:30 | **The Simpsons: Little Big Girl (R)**  Lisa embellishes her family heritage as Native American for a school project. Bart gets a driver's license and develops a relationship with an older girl. | **PG (S)**  +SIMP18-012+ |

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| 18:00 | **The Simpsons: Springfield Up (R)**  A parody of the 'Up Series' of British documentaries, in which a filmmaker follows Homer and his friends from grade school into their 40s. | **PG (S)**  +SIMP18-013+ |

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| 18:30 | **Futurama (R)**  The world flips upside down, sucking everyone into Bender's imaginary Dungeons and Dragons universe. Within, Fry embarks on a mission to destroy the anti-crystal. | **PG (O,S,V)**  +FUTR06-011+ |

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| 19:00 | **The Simpsons: Yokel Chords (R)**  In this parody of The Sound of Music, Lisa becomes a tutor for Cletus' seven children, until Krusty tries to exploit them as entertainers. Meanwhile, Bart becomes attached to his psychiatrist. | **PG (V)**  +SIMP18-014+ |

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| 19:30 | **Ramsay's Kitchen Nightmares: Momma Cherri's - Revisited (R)**  Gordon revisits Momma Cherri's Restaurant. While customers are flooding in, owner Charita finds herself beset with new problems, including how to control her staff. | **M (L)**  +RAKN02-009+ |

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| 20:30 | **The Mentalist: Carnelian Inc. ’CC’**  Patrick Jane takes on corporate America in a story of greed and betrayal that pits Jane against a group of financiers when the CBI investigates a series of murders at a corporate retreat. | **M (V)**  +TMEN01-017+ |

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| 21:30 | **Cold Case**  Nine songs by rock superstar Bruce Springsteen are featured throughout this episode. In 1980, four high school friends went off to pursue their futures, but nothing ended up as planned. | **M (V)**  +COLC03-011+ |

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| 22:30 | **Without A Trace (R)**  Jack and the team investigate the disappearance of a 12-year-old autistic boy who ran away during a class trip to a museum. His father, Daniel Norville, chaperoned the outing. | **M (A)**  +WIAT03-013+ |

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| 23:30 | **Criminal Minds: Truth Or Dare (R) ’CC’**  Wedding bells are ringing as Rossi prepares to marry Krystall. But first, the BAU team travels to Los Angeles to investigate a series of fatal shootings in broad daylight following car accidents. | **M (V)**  +CRMD14-015+ |

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| 00:30 | **Beauty Queen Murders: Stalking Beauty**  When pageant queen Elizabeth Kenyon goes missing police fear that she has been targeted by a serial killer, but can the authorities locate the perpetrator in time? | **M (A,V)**  +BEQM01-003+ |

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| 01:30 | **30 Minute Meals: Breakfast For Dinner, South Of The Border (R)**  Breakfast for dinner doesn't have to mean pancakes and scrambled eggs; Rachael Ray whips up crave-worthy Chilaquiles with a rich, red chile sauce made with Guajillo peppers for a satisfying kick. | **PG**  +TMME28-007+ |

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| 02:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 02:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 04:00 | **Cutthroat Kitchen: Chili'd To The Bone (R)**  A chef is forced to use a freezer-burnt ingredient when preparing a chili-cheese dog. | **PG**  +CUTK04-012+ |

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| 05:00 | **Chopped: Midnight Snack Attack (R)**  The challenge faced by the competing chefs is to make the perfect midnight meal. The finalists aim to wake up the judges' palates with breakfast flavors. | **PG**  +CHPD31-004+ |

**Thursday 16 July 2020**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-020+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-021+ |

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| 07:00 | **Celebrity Food Fight: Keeping Up With Kevin Jonas**  Actor Chris Knight and TV host Katie Lee take on chef Anne Burrell and singer Kevin Jonas, tteams test their food spelling skills and play with their food in a frantic drawing game. | **PG**  +CFFI02-004+ |

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| 07:30 | **James Robison: Water For Life Special #2**  Religious Program. | **PG**  +JARO20-116+ |

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| 08:00 | **30 Minute Meals: Egg-Zactly What You Want**  Shaksouka, the savory Middle Eastern dish of tomatoes and eggs is typically served for breakfast, but the combination of spices, jalapeno and chipotle make it a hearty meal any time of day. | **PG**  +TMME28-008+ |

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| 08:30 | **Vegas Cakes: Giant Pot Of Gold And Italian Feast Cake**  Brittnee Klinger re-creates a realistic Italian feast in honor of chef Mama Maria's 101st birthday and the team crafts a 500-pound cake for the biggest St. Patrick's Day party in Las Vegas. | **PG**  +VECA02-007+ |

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| 09:00 | **Cake Wars: Powerpuff Girls (R)**  Blossom, Bubbles and Buttercup fly into Cake Wars. Four bakers will need their own superpowers as they compete to have their amazing cake creation at the centre of the party and take home $10,000. | **PG**  +CAKW04-001+ |

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| 10:00 | **The Great Food Truck Race: Viva Las Food Trucks**  Tyler meets up with the remaining food trucks in Las Vegas and the teams get creative on the casino floor when they spin the protein roulette wheel. | **PG**  +GFTR12-004+ |

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| 11:00 | **Cupcake Wars: Hollywood Christmas Parade (R)**  Tis the season for cupcakes as four talented cupcake bakers battle for a place among the stars at the Hollywood Christmas Parade. | **PG**  +CUPW04-002+ |

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| 12:00 | **Spring Baking Championship: Sweet Vacations (R)**  The eight remaining bakers must make tropical desserts and destination doughnuts based on locations such as a poolside dessert, a spring cruise and a Vegas getaway. | **PG**  +SPBC03-002+ |

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| 13:00 | **Cutthroat Kitchen: Tongue Thai-ed (R)**  One chef gets a helping hand from a Buddha. Then, two chefs help each other out by shopping for each other. | **PG**  +CUTK04-013+ |

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| 14:00 | **Chopped: Chopped: Beat Bobby Flay, Pt. 2 (R)**  Four returning champions compete for a chance to beat Bobby Flay. | **PG**  +CHPD31-005+ |

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| 15:00 | **Unique Sweets: Seattle Sweets**  Rodeo Donut prepares brioche doughnuts with a mix of spicy and sweet and Amandine Bakeshop serves French-inspired sweets like rose-flavored croissants. | **PG**  +USWE07-009+ |

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| 15:30 | **One Tree Hill (R)**  Lucas struggles with whether or not he should play basketball now that Keith is dead. Brooke forces Rachel to deal with a dark secret. Nathan and Haley's reprise wedding plans are put to the test. | **PG (S,A)**  +ONTH03-019+ |

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| 16:30 | **The Simpsons: Springfield Up (R)**  A parody of the 'Up Series' of British documentaries, in which a filmmaker follows Homer and his friends from grade school into their 40s. | **PG (S)**  +SIMP18-013+ |

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| 17:00 | **Futurama (R)**  The world flips upside down, sucking everyone into Bender's imaginary Dungeons and Dragons universe. Within, Fry embarks on a mission to destroy the anti-crystal. | **PG (O,S,V)**  +FUTR06-011+ |

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| 17:30 | **The Simpsons: Yokel Chords (R)**  In this parody of The Sound of Music, Lisa becomes a tutor for Cletus' seven children, until Krusty tries to exploit them as entertainers. Meanwhile, Bart becomes attached to his psychiatrist. | **PG (V)**  +SIMP18-014+ |

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| 18:00 | **The Simpsons: Rome-Old And Juli-Eh (R)**  Selma and Grampa fall in love and end up getting married, a marriage both Homer and Patty are against. | **PG**  +SIMP18-015+ |

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| 18:30 | **Futurama (R)**  In a face-off with Mum, Fry discovers a secret weapon that will finish the battle once and for all. | **PG**  +FUTR06-012+ |

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| 19:00 | **The Simpsons: Homerazzi (R)**  Homer becomes a successful Paparazzi, but Springfield's celebrities decide to get their revenge on him. | **PG**  +SIMP18-016+ |

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| 19:30 | **Ramsay's Kitchen Nightmares: La Riviera - Revisited (R)**  Gordon returns to La Riviera. The restaurant has met with more success since his first visit, but will chef Loic continue to resist French frills and achieve his ambition of a Michelin star? | **M (L)**  +RAKN02-010+ |

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| 20:30 | **The Mentalist: Russett Potatoes ’CC’**  Patrick Jane and the CBI team track down a mastermind who hypnotizes people into doing his bidding - by telling them who to kill. | **M**  +TMEN01-018+ |

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| 21:30 | **Cold Case**  When a small piece of a note is found, Rush and the team reopen the 1994 death of a teenager that was previously classified as a suicide. | **M (V,A)**  +COLC03-012+ |

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| 22:30 | **Without A Trace (R)**  Jack and the team investigate the disappearance of Rosie Diaz, a postal employee. When her truck is found abandoned and emptied of the $12,000 worth of videogames Rosie was delivering. | **M (V,A)**  +WIAT03-014+ |

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| 23:30 | **Bones: The Carrot In The Kudzu (R)**  When a children's TV show actor is found dead, the Jeffersonian team goes behind the scenes to uncover who murdered him. Booth and Brennan plan Christine's first birthday party. | **M**  +BONE9-018+ |

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| 00:30 | **Revolution**  Monroe, Charlie and Connor make their way back to Willoughby, where they find that the Patriots' reeducation center is up and running. | **MA (V,A)**  +REVO02-016+ |

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| 01:30 | **30 Minute Meals: Egg-Zactly What You Want (R)**  Shaksouka, the savory Middle Eastern dish of tomatoes and eggs is typically served for breakfast, but the combination of spices, jalapeno and chipotle make it a hearty meal any time of day. | **PG**  +TMME28-008+ |

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| 02:00 | **The Great Food Truck Race: Viva Las Food Trucks (R)**  Tyler meets up with the remaining food trucks in Las Vegas and the teams get creative on the casino floor when they spin the protein roulette wheel. | **PG**  +GFTR12-004+ |

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| 03:00 | **Spring Baking Championship: Sweet Vacations (R)**  The eight remaining bakers must make tropical desserts and destination doughnuts based on locations such as a poolside dessert, a spring cruise and a Vegas getaway. | **PG**  +SPBC03-002+ |

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| 04:00 | **Cutthroat Kitchen: Tongue Thai-ed (R)**  One chef gets a helping hand from a Buddha. Then, two chefs help each other out by shopping for each other. | **PG**  +CUTK04-013+ |

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| 05:00 | **Chopped: Chopped: Beat Bobby Flay, Pt. 2 (R)**  Four returning champions compete for a chance to beat Bobby Flay. | **PG**  +CHPD31-005+ |

**Friday 17 July 2020**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-022+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-023+ |

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| 07:00 | **Celebrity Food Fight: Make Mine A Ruben Studdard**  Actress Kim Coles and chef Scott Conant battle it out against TV host Katie Lee and "American Idol" winner Ruben Studdard. | **PG**  +CFFI02-005+ |

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| 07:30 | **James Robison: Sheila Walsh With Dr. David Jeremiah**  Religious Program. | **PG**  +JARO20-117+ |

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| 08:00 | **30 Minute Meals: Comfort Food, Quick**  Rachael Ray skips the fuss of making a traditional chicken pot pie by whipping up her easy, stove-top version in half the time. | **PG**  +TMME28-009+ |

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| 08:30 | **Vegas Cakes: Dig This High Roller Cake!**  The team finishes a 5-foot-long cake of the world's biggest observation wheel. | **PG**  +VECA02-008+ |

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| 09:00 | **Cake Wars: Wonder Woman (R)**  It's the 75th anniversary of Wonder Woman and Cake Wars is joining the party. Four bakers will face the golden Lasso of Truth from our judges, but only one cake will be chosen. | **PG**  +CAKW04-002+ |

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| 10:00 | **The Great Food Truck Race: Mission: Santa Barbara**  Tyler puts the final three teams to the test on a sprawling avocado farm, where they race to pick and pit 50 avocados. | **PG**  +GFTR12-005+ |

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| 11:00 | **Cupcake Wars: The Closer 100th Episode (R)**  Four returning bakers who all lost previous Cupcake Wars come back to fight for redemption and a place at the 100th Episode celebration of the hit show "The Closer". | **PG**  +CUPW04-003+ |

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| 12:00 | **Spring Baking Championship: Derby Desserts (R)**  The seven remaining bakers celebrate the Kentucky Derby with their takes on mint julep desserts and cookie garlands. | **PG**  +SPBC03-003+ |

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| 13:00 | **Cutthroat Kitchen: Crabs Of Steel (R)**  Acts of sabotage involve a traditional Japanese tea table, a toy crab claw and a hammock. | **PG**  +CUTK05-001+ |

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| 14:00 | **Chopped: Cheap Eats (R)**  The chefs are surprised with some thrifty, yet uniquely yummy, finds in the baskets. | **PG**  +CHPD31-006+ |

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| 15:00 | **Unique Sweets: Sweet Imagination**  Moojo uses customized ice cream sandwiches made with warm cookies to help keep Austin weird and Hail Mary in Brooklyn serves American classics with colorful, modern makeovers. | **PG**  +USWE07-010+ |

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| 15:30 | **Cake Wars: Wonder Woman (R)**  It's the 75th anniversary of Wonder Woman and Cake Wars is joining the party. Four bakers will face the golden Lasso of Truth from our judges, but only one cake will be chosen. | **PG**  +CAKW04-002+ |

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| 16:30 | **The Simpsons: Rome-Old And Juli-Eh (R)**  Selma and Grampa fall in love and end up getting married, a marriage both Homer and Patty are against. | **PG**  +SIMP18-015+ |

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| 17:00 | **Futurama (R)**  In a face-off with Mum, Fry discovers a secret weapon that will finish the battle once and for all. | **PG**  +FUTR06-012+ |

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| 17:30 | **The Simpsons: Homerazzi (R)**  Homer becomes a successful Paparazzi, but Springfield's celebrities decide to get their revenge on him. | **PG**  +SIMP18-016+ |

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| 18:00 | **The Simpsons: Marge Gamer (R)**  Marge decides to find out what there Internet has to offer and soon gets hooked on an online role-playing game. Homer referees Lisa's soccer game. | **PG (V)**  +SIMP18-017+ |

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| 18:30 | **Movie: Veronica Mars (R) ’CC’ (2014)**  Years after walking away from her past as a teenage private eye, Veronica Mars gets pulled back to her hometown in order to help her old flame Logan Echolls, who's embroiled in a murder mystery. Starring:JASON DOHRING,ENRICO COLANTONI,KRISTEN BELL,KRYSTEN RITTER,RYAN HANSEN | **PG (D,V,L,S)**  +WBFR04-001+ |

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| 20:45 | **Movie: The 40 Year Old Virgin (R) ’CC’ (2005)**  Andy Stitzer has gone 40 years without "doing it." Now his pals are making it their mission to help him score... fast! Starring:CATHERINE KEENER,JANE LYNCH,ELIZABETH BANKS,LESLIE MANN,ROMANY MALCO,PAUL RUDD,STEVE CARELL,SETH ROGEN,JONAH HILL,LOUDON WAINWRIGHT | **MA (S,L)**  +NBCR7-008+ |

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| 23:15 | **Bridezillas: Natalie And Martina (R)**  Natalie has no problem making sure everyone follows her every command while paranoid bride-to-be Martina thinks her wedding party is out to get her. | **M (L,A)**  +BRIZ08-005+ |

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| 00:15 | **Movie: Behind The Rising Sun (R) (1943)**  A Japanese War Lord plans to enslave the world. Starring:J.CARROL NAISH,GLORIA HOLDEN,GEORGE GIVOT,DON DOUGLAS,MARGO MARGO,ROBERT RYAN,TOM NEAL | **PG (A,V)**  +RKO-009+ |

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| 02:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 02:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:00 | **Spring Baking Championship: Derby Desserts (R)**  The seven remaining bakers celebrate the Kentucky Derby with their takes on mint julep desserts and cookie garlands. | **PG**  +SPBC03-003+ |

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| 04:00 | **Cutthroat Kitchen: Crabs Of Steel (R)**  Acts of sabotage involve a traditional Japanese tea table, a toy crab claw and a hammock. | **PG**  +CUTK05-001+ |

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| 05:00 | **Chopped: Cheap Eats (R)**  The chefs are surprised with some thrifty, yet uniquely yummy, finds in the baskets. | **PG**  +CHPD31-006+ |

**Saturday 18 July 2020**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-024+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC19-025+ |

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| 07:00 | **Kitty Is Not A Cat: Surprise For Tubby / Teddy's Bear (R) ’CC’**  A little girl who believes she can be anything, even a cat! | **G**  +KINC01-001+ |

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| 07:30 | **Kitty Is Not A Cat: Dancey Pants / Spook Saves Kitty (R) ’CC’**  A little girl who believes she can be anything, even a cat! | **G**  +KINC01-002+ |

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| 08:00 | **Hook, Line & Dinner: San Francisco**  Ben's seafood pilgrimage in San Francisco. | **PG**  +HLAD01-006+ |

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| 08:30 | **Hook, Line & Dinner: Santa Barbara**  A sustainable seafood program in Santa Barbara shifts the community's consumption to more viable sources. | **PG**  +HLAD01-007+ |

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| 09:00 | **Hook, Line & Dinner: San Diego**  Ben lends local fisherman a hand during the annual sardine run, diving for sea urchins and spiny lobster and surfing with the owner of Bull Taco. | **PG**  +HLAD01-008+ |

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| 09:30 | **Big Bad BBQ Brawl: Beer And Cheese BBQ Brawl**  Shannon heads to Milwaukee to challenge the King of Barbecue Darnell Ashley and his son, Jazz in an epic beer & cheese BBQ brawl. | **PG**  +BDBB02-010+ |

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| 10:00 | **My Grandmother's Ravioli: Remember The A La Mode**  Grandpa Louis McMillan of Fannin,Texas knows all about meat from what temperature it should be cooked to how to apply dry rub and how long to smoke it and cook it. | **PG**  +MYGR04-006+ |

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| 10:30 | **My Grandmother's Ravioli: Hard Boiled**  A Chinese restaurant in NYC's Chinatown stuffed whole fish, roast pork and tofu with vegetables. | **PG**  +MYGR04-007+ |

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| 11:00 | **Cupcake Wars: Final Cup (Cakes) (R)**  Four cupcake bakers try to score their way into the celebration of the Major League Soccer Cup Finals. | **PG**  +CUPW04-004+ |

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| 12:00 | **Mystery Diners: Repeat Offender (R)**  The undercover team discover that a problem employee, previously busted by Charles, is now working for a New Orleans restaurateur. | **PG**  +MYSD09-007+ |

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| 12:30 | **Mystery Diners: Mystery Wedding (R)**  Kristy and Sarah, owners of Movie sets in New Orleans, are concerned about theft at their prop house-turned-event center. | **PG**  +MYSD09-008+ |

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| 13:00 | **Mystery Diners: Too Many Tourists (R)**  The owner of Marigny Brasserie in New OrIeans isn't happy about the influx of rowdy tourists at his locals bar, and so he contacts Charles and his team to investigate the situation. | **PG**  +MYSD09-009+ |

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| 13:30 | **Restaurant: Impossible: Ambush: Special Delivery**  For his next mission, Chef Robert Irvine heads to La Casa Bianca in Whitehouse Station, NJ to give the owner; Paul the surprise of a lifetime. | **PG**  +RIMP12-007+ |

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| 14:30 | **Restaurant: Impossible: Ambush: Faded Star**  Chef Robert heads to Starlite Restaurant & Pizza in West Orange after the owner Patty's son reaches out for help. He finds an extremely dirty kitchen & an old-school staff that is unwilling to change. | **PG**  +RIMP13-001+ |

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| 15:30 | **Restaurant: Impossible: Ambush: Beneath The Surface**  Robert travels to De Rican Chef in Virginia Beach, VA, where owner Raquel and her son Reuben are barely making a profit. | **PG**  +RIMP13-002+ |

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| 16:30 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2020)**  Jason 'Jabba' Davis explores the best family films to watch at home & at the cinema these Winter school holidays. Featuring Sonic the Hedgehog, Artemis Fowl and Scoob! | **PG (V)**  +NFFI91-001+ |

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| 17:00 | **Movie: Looney Tunes: Back In Action (R) (2003)**  Daffy Duck, Bugs Bunny, their looniest friends--and Warner Bros. security guard/aspiring stuntman DJ Drake embark on a madcap quest for the Blue Monkey Diamond. Starring:BILL GOLDBERG,BRENDAN FRASER,HEATHER LOCKLEAR,STEVE MARTIN,TIMOTHY DALTON,JENNA ELFMAN,JOAN CUSACK | **G**  +WBFF03-067+ |

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| 19:00 | **Movie: Grease (R) ’CC’ (1978)**  Good girl Sandy and greaser Danny fell in love over the summer. When they unexpectedly discover they're now in the same high school, will they be able to rekindle their romance? Starring:BARRY PEARL,JOHN TRAVOLTA,JEFF CONAWAY,STOCKARD CHANNING,OLIVIA NEWTON-JOHN | **PG (A)**  +PAFR02-004+ |

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| 21:25 | **Movie: Sleepless In Seattle (R) ’CC’ (1993)**  Sam Baldwin is a widowed father who becomes a reluctant guest on a radio call-in show. He's an instant hit with thousands of female listeners who deluge his Seattle home with letters of comfort. Starring:BILL PULLMAN,RITA WILSON,ROB REINER,ROSIE ODONNELL,ROSS MALINGER,MEG RYAN,TOM HANKS,VICTOR GARBER,FRANCES CONROY | **PG (A,L)**  +SPF11-006+ |

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| 23:40 | **Bridezillas: Martina And Michelle (R)**  Martina is demanding, meanwhile her family and bridal party forget her wedding rehearsal. Michelle struggles with her last minute planned wedding. | **M (L,A)**  +BRIZ08-006+ |

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| 00:40 | **Movie: The Falcon's Adventure (R) (1946)**  The Falcon uncovers a vicious plot to steal a formula for making synthetic diamonds. Starring:CAROL FORMAN,IAN WOLFE,EDWARD S. BROPHY,ROBERT WARWICK,MYRNA DELL,TOM CONWAY,STEVE BRODIE,MADGE MEREDITH | **PG (V)**  +RKO-032+ |

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| 02:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 02:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:00 | **Hook, Line & Dinner: Santa Barbara (R)**  A sustainable seafood program in Santa Barbara shifts the community's consumption to more viable sources. | **PG**  +HLAD01-007+ |

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| 03:30 | **Hook, Line & Dinner: San Diego (R)**  Ben lends local fisherman a hand during the annual sardine run, diving for sea urchins and spiny lobster and surfing with the owner of Bull Taco. | **PG**  +HLAD01-008+ |

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| 04:00 | **My Grandmother's Ravioli: Remember The A La Mode (R)**  Grandpa Louis McMillan of Fannin,Texas knows all about meat from what temperature it should be cooked to how to apply dry rub and how long to smoke it and cook it. | **PG**  +MYGR04-006+ |

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| 04:30 | **My Grandmother's Ravioli: Hard Boiled (R)**  A Chinese restaurant in NYC's Chinatown stuffed whole fish, roast pork and tofu with vegetables. | **PG**  +MYGR04-007+ |

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| 05:00 | **Cupcake Wars: Final Cup (Cakes) (R)**  Four cupcake bakers try to score their way into the celebration of the Major League Soccer Cup Finals. | **PG**  +CUPW04-004+ |