**Sunday 19 January 2020**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC13-052+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC13-053+ |

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| 07:00 | **Sally Bollywood - Super Detective: Crime Flash / Doowee's Urn (R) ’CC’** Sally is a super-sleuth who runs a detective agency for the under-12s with her best friend, Doowee. | **G** +SBSD2-006+ |

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| 07:30 | **Sally Bollywood - Super Detective: Night At The Museum / The Black Sheep (R) ’CC’** Sally is a super-sleuth who runs a detective agency for the under-12s with her best friend, Doowee. | **G** +SBSD2-007+ |

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| 08:00 | **Crazy Cakes: Castles, Coral And Camo Cakes (R)** A cake from Down Under brings a mermaid and sea creatures to life, and a baby's gender is revealed with fairy tale castle flair. | **PG** +CRAZ01-007+ |

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| 08:30 | **Crazy Cakes: Doughnut Dumbbells And A Wine Fountain Cake (R)** A fountain of wine pours from an edible bottle for a vineyard party, and brothers celebrate their engagements with a towering, colorful elephant cake. | **PG** +CRAZ01-008+ |

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| 09:00 | **The Pioneer Woman: Market Meet-Up (R)** Ree Drummond is opening a mercantile at her building in town, so she's throwing an on-site dinner for her girlfriends who've helped her stock the store. | **PG** +PIWO13-004+ |

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| 09:30 | **Ridiculous Cakes: Cake Overboard! (R)** While one cake artist makes an unusual wedding cake that is shipshape, literally, a cake for a stylish client could be a fashion faux pas.  | **PG** +RICA02-011+ |

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| 10:00 | **Kid's Baking Championships (R)** The six remaining kid bakers get creative as they invent lunch box desserts. | **G** +KBAC02-005+ |

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| 11:00 | **The Kitchen: Patriotic Party (R)** A group of talented food experts bring fun conversation and delicious recipes into your kitchen. | **PG** +TKIT13-013+ |

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| 12:00 | **The Kitchen: Spooky Surprises (R)** The Kitchen is serving up some tricks and even better treats for Halloween with Jeff Mauro's Monster Mac and Cheese and Katie Lee's Butternut Squash Soup. | **PG** +TKIT15-001+ |

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| 13:00 | **Chopped: Leap Of Faith (R)** A priest, a nun-in-training, a rabbi, and a pastor compete in the Chopped Kitchen! | **PG** +CHPD28-013+ |

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| 14:00 | **Chopped: Fried Chicken Time (R)** The chefs take on fried chicken. To start, a weird syrup and savory pancake are among the mandatory appetizer ingredients. Later, peach cobbler must be incorporated into entrees. | **PG** +CHPD29-001+ |

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| 15:00 | **Restaurant: Impossible: Kalico Kraziness (R)** Chef Robert travels to Douglas, Mich., to save the Kalico Kitchen and long-time owner Catherine. Catherine is boisterous and blunt with a vocabulary so colorful that turns her staff against her. | **PG** +RIMP06-010+ |

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| 16:00 | **Restaurant: Impossible: Barely Edible (R)** Chef Robert makes his way to Edible's Restaurant & Pub in Horsham, Pa., to find a 26-year-old family restaurant suffering from a complete lack of inspiration and motivation. | **PG** +RIMP06-011+ |

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| 17:00 | **Restaurant: Impossible: Good Food, Bad Vices (R)** Dorothy and Thom, owners of Benner Street Restaurant in Bethlehem, Pa., should be close to retirement but they are so far in debt, they may never be able to stop working. | **PG** +RIMP06-012+ |

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| 18:00 | **Mystery Diners: Thanksgiving Thievery (R)** Kristian, owner of Tavern on Main outside of Los Angeles, fears someone on his staff is stealing donations from his restaurant's annual Thanksgiving Food Drive. | **PG** +MYSD08-001+ |

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| 18:30 | **Mystery Diners: Employee Discount (R)** Andy, owner of 55 Degree Wine and Link N Hops in Los Angeles, believes discrepancies at both his wine shop and restaurant are somehow related. | **PG** +MYSD08-002+ |

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| 19:00 | **Mystery Diners: Poaching Profits (R)** The owner of Cookin' with Lenny Smokehouse in Los Angeles contacts Charles to investigate his suspicion that a member of his staff is using restaurant supplies to operate a competing catering company. | **PG** +MYSD08-003+ |

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| 19:30 | **Ramsay's Kitchen Nightmares: Momma Cherri's (R)** Gordon visits an intimate forty-seater restaurant, a stone's throw from Brighton's sea front. Owner Charita, produces a menu of irresistibly unique classics from the Deep South, but with no customers. | **M (L)**+RAKN02-003+ |

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| 20:30 | **Ramsay's Kitchen Nightmares: Lanterna (R)** Gordon travels to Lanterna, an Italian restaurant which in in desperate need of help. It has no customers, cookers that don't work and an expensive menu that's as authentically Italian as spag bol. | **MA (L)**+RAKN02-001+ |

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| 21:30 | **Ramsay's Hotel Hell: Hotel Chester (R)** Gordon Ramsay travels across the US to fix some of its most horrendous hotels, troubled inns and struggling resorts. He will endure hotels at their worst, all so unsuspecting guests don't have to. Starring:GORDON RAMSAY | **M (L)**+HELL02-004+ |

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| 22:30 | **Nip/Tuck (R) ’CC’** Christian and Sean agree to rehabilitate a stalwart, optimistic Somali woman, Manya Mabika, who was genitally mutilated as a girl in her home country. | **MA (S,A)**+NIPT02-003+ |

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| 23:30 | **Nip/Tuck (R) ’CC’** Sean and Julia are shocked to discover that 8-year-old Annie is entering puberty already. While struggling with their own issues regarding aging, they try to help their daughter. | **MA (D,A,S)**+NIPT02-004+ |

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| 00:30 | **Scandal: Thwack! (R) ’CC’** Boundaries are pushed and lines are crossed as we find out just how far some people are willing to go to protect themselves. | **MA (V)**+SCAN05-017+ |

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| 01:30 | **Scandal: Till Death Do Us Part (R) ’CC’** As Olivia deals with the aftermath of what she's done, she finally finds out what exactly Jake and Rowan are plotting. | **MA (V,A)**+SCAN05-018+ |

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| 02:30 | **Movie: Dance, Girl, Dance (R) (1940)** Two girls, rivals to have their name in lights, are both after the same man too. Starring:LOUIS HAYWARD,LUCILLE BALL,RALPH BELLAMY,MAUREEN OHARA,VIRGINIA FIELD,WALTER ABEL | **G** +RKO-018+ |

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| 04:30 | **Movie: The Falcon In Danger (R) (1943)** The Falcon investigates the mysterious disappearance of three men and $100,000. Starring:AMELITA WARD,CLARENCE KOLB,CLIFF CLARK,JEAN BROOKS,ED GARGAN,ELAINE SHEPARD,RICHARD MARTIN,TOM CONWAY | **PG (V)**+RKO-025+ |

 **Monday 20 January 2020**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC13-054+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC13-055+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **James Robison: Louie Giglio #1** Religious Program. | **PG** +JARO20-014+ |

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| 08:00 | **The Pioneer Woman: Tequila (R)** It's tequila all the way as Ree Drummond tests making a whole meal with a bottle of tequila. | **PG** +PIWO13-005+ |

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| 08:30 | **Restaurant: Impossible: Kalico Kraziness (R)** Chef Robert travels to Douglas, Mich., to save the Kalico Kitchen and long-time owner Catherine. Catherine is boisterous and blunt with a vocabulary so colorful that turns her staff against her. | **PG** +RIMP06-010+ |

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| 09:30 | **Restaurant: Impossible: Barely Edible (R)** Chef Robert makes his way to Edible's Restaurant & Pub in Horsham, Pa., to find a 26-year-old family restaurant suffering from a complete lack of inspiration and motivation. | **PG** +RIMP06-011+ |

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| 10:30 | **Mystery Diners: Thanksgiving Thievery (R)** Kristian, owner of Tavern on Main outside of Los Angeles, fears someone on his staff is stealing donations from his restaurant's annual Thanksgiving Food Drive. | **PG** +MYSD08-001+ |

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| 11:00 | **Mystery Diners: Employee Discount (R)** Andy, owner of 55 Degree Wine and Link N Hops in Los Angeles, believes discrepancies at both his wine shop and restaurant are somehow related. | **PG** +MYSD08-002+ |

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| 11:30 | **Mystery Diners: Poaching Profits (R)** The owner of Cookin' with Lenny Smokehouse in Los Angeles contacts Charles to investigate his suspicion that a member of his staff is using restaurant supplies to operate a competing catering company. | **PG** +MYSD08-003+ |

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| 12:00 | **Black-ish: I'm A Survivor (R)** Dre reunites with his old crew when he goes to Compton for a funeral. | **PG (S)**+BLKI03-015+ |

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| 12:30 | **Black-ish: One Angry Man (R)** Dre unexpectedly becomes engaged in jury duty after learning the defendant in the case is a young black man. | **PG (L,A)**+BLKI03-016+ |

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| 13:00 | **Grandfathered: Budget Spa (R)** In an effort to prove that he doesn't always need validation from women, Jimmy spends an evening at a Korean spa with Ravi, Gerald and a few guys from the restaurant. | **PG (S)**+GRAN01-014+ |

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| 13:30 | **Grandfathered: The Biter (R)** When Edie is bitten at school, Jimmy and Sara go to great lengths to find out who bit her. | **PG** +GRAN01-015+ |

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| 14:00 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)** Jason 'Jabba' Davis explores Summer’s best family films. Featuring Frozen 2, Cats, Jumanji 2, Dolittle, Spies In Disguise, The Addams Family, The Playmobil Movie & Star Wars: The Rise of Skywalker. | **PG** +NFFI80-004+ |

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| 15:00 | **Just Shoot Me!: Brandi, You're A Fine Girl (R) ’CC’** Finch meets up with an old friend and is ashamed of his feelings; whilst Elliot gets back at Nina for treating her assistant badly. | **PG** +JUSM05-006+ |

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| 15:30 | **Just Shoot Me!: The First Thanksgiving (R) ’CC’** The gang gathers for Thanksgiving at Jack's mansion in the Hamptons.  | **PG** +JUSM05-007+ |

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| 16:00 | **Dr. Ken: Dr. Ken's Banquet Snub (R)** Ken is surprised to learn Pat is replacing him as emcee of the HMO's annual banquet. Clark worries about how much Damona argues with her boyfriend, while Molly discovers that Dave has a stalker. | **PG** +DKEN02-003+ |

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| 16:30 | **Dr. Ken: Dr. Ken - Child Of Divorce (R)** When an alarmed Ken finds out D.K. is divorced, he thinks it means his own marriage is doomed to failure. | **PG (A)**+DKEN02-004+ |

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| 17:00 | **Smallville ’CC’** When Clark tries to warn Lana and Chloe about Ian, an overachieving student who is surreptitiously dating both girls, they accuse Clark of jealousy. | **PG (H,V,A)**+SMVI02-008+ |

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| 18:00 | **How I Met Your Mother: Return Of The Shirt (R) ’CC’** Ted's outlook on his continuing search for love is altered when he rediscovers a shirt that has not seen daylight in years. | **PG** +HMYM-004+ |

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| 18:30 | **The Simpsons: Marge And Homer Turn A Couple Play (R)** Marge and Homer try their luck at celebrity marriage counselling. | **PG (S)**+SIMP17-022+ |

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| 19:00 | **The Simpsons: The Mook, The Chef, The Wife, And Her Homer (R)** When Fat Tony has to take a time-out due to a whacking attempt, Homer and Bart take over the business. | **PG (V)**+SIMP18-001+ |

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| 19:30 | **Modern Family: A Fair To Remember (R) ’CC’** The family attends the annual school fair and Phil has a wedding anniversary surprise planned for Claire at the fairgrounds, but unfortunately, she simultaneously has a surprise for him back at home. | **PG (S)**+MOFA05-007+ |

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| 20:00 | **Modern Family: Closetcon '13 (R) ’CC’** With some urging from Claire, Jay begrudgingly agrees to return to ClosetCon this year, and things get interesting when Jay is reunited with some old colleagues. | **PG (S)**+MOFA05-008+ |

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| 20:30 | **First Dates Australia (R) ’CC’** Two work colleagues find themselves on a blind date together, and a young man who has never had a boyfriend hopes to meet someone he can introduce to his parents. | **PG** +FDAT02-009+ |

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| 21:40 | **First Dates Australia (R) ’CC’** In this episode, a fashionista tries to find love in person after trying every online dating site. Mick returns for a second shot at love, this time with Chelsea who has never been on a date before. | **PG** +FDAT02-010+ |

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| 22:50 | **Are You The One?** Ten perfectly matched young men and women learn there will be an eleventh girl. Paris and Pratt try to avoid the first Truth Booth. | **MA (L,S)**+AYTO02-001+ |

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| 23:50 | **Are You The One?** Layton and Shelby are entangled in love triangles while the guys dig up dirt on the girls and the 11th girl is eligible for the Truth Booth. | **MA (L,S)**+AYTO02-002+ |

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| 00:50 | **Scandal: Buckle Up (R) ’CC’** Cyrus is faced with a decision that could dramatically alter his future. | **M (A)**+SCAN05-019+ |

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| 01:50 | **Scandal: Trump Card (R) ’CC’** Olivia and Abby have to put their differences aside and work together to try and take Hollis Doyle down. | **M (A)**+SCAN05-020+ |

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| 02:50 | **Scandal: That's My Girl (R) ’CC’** Cyrus is presented with damaging information that could alter the presidential race entirely. | **M (V)**+SCAN05-021+ |

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| 03:50 | **Movie: George White's Scandals (R) (1945)** A musical with humour and romance about a group who are preparing for the opening of a stage production. Starring:JANE GREER,JACK HALEY,GENE KRUPA,MARTHA HOLLIDAY,PHILLIP TERRY,JOAN DAVIS | **G** +RKO-042+ |

 **Tuesday 21 January 2020**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC13-056+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC13-057+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **James Robison: Louie Giglio #2** Religious Program. | **PG** +JARO20-015+ |

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| 08:00 | **The Pioneer Woman: Mom's Day (R)** It's a fun day of treats for Mom - while Ladd and the kids wash her truck. | **PG** +PIWO13-006+ |

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| 08:30 | **Diners, Drive-Ins and Dives: Neighborhood Knockouts (R)** Guy Fieri's traveling up and down the west coast in search of funky neighborhood joints.  | **PG** +DDID18-001+ |

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| 09:00 | **Cake Wars: Shark Lagoon (R)** Watch out! These cakes have some serious teeth as Cake Wars takes on the great wonders of the deep: sharks! As the world-famous Aquarium of the Pacific throws a massive celebration. | **PG** +CAKW02-006+ |

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| 10:00 | **The Kitchen: Feast Of Fall Flavor (R)** The Kitchen is getting into the autumn spirit with a feast full of fall flavors. Katie Lee whips up comforting Creamy Chicken and Dumplings. | **PG** +TKIT15-002+ |

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| 11:00 | **Chopped: Snail Snafus (R)** The chefs have just 20 minutes to make snails work with their other appetizer ingredients, including troublesome spouts. | **PG** +CHPD29-002+ |

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| 12:00 | **Black-ish: TOYSRN'TUS (R)** When Bow tries to get a black doll for Diane, she's dismayed by the limited option. | **PG** +BLKI03-017+ |

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| 12:30 | **Black-ish: Richard Youngsta (R)** Dre is excited about doing a campaign with a popular rap star but becomes conflicted when Bow and Ruby provide feedback suggesting it plays on stereotypes. | **PG** +BLKI03-019+ |

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| 13:00 | **Grandfathered: Gerald Fierce (R)** When Gerald starts getting online threats from a bully, Jimmy steps in and attempts to protect him. | **PG (V)**+GRAN01-016+ |

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| 13:30 | **Grandfathered: The Boyfriend Experience (R)** When Sara invites Jimmy to accompany her to an ex's party and play the role of her "boyfriend," Jimmy realises his feelings for Sara may be deeper than he thought. | **PG (S)**+GRAN01-017+ |

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| 14:00 | **Just Shoot Me!: Slamming Jack (R) ’CC’** When Jack makes Dennis do frivolous errands, Dennis has a meltdown. | **PG** +JUSM05-008+ |

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| 14:30 | **How I Met Your Mother: Return Of The Shirt (R) ’CC’** Ted's outlook on his continuing search for love is altered when he rediscovers a shirt that has not seen daylight in years. | **PG** +HMYM-004+ |

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| 15:00 | **The Simpsons: Marge And Homer Turn A Couple Play (R)** Marge and Homer try their luck at celebrity marriage counselling. | **PG (S)**+SIMP17-022+ |

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| 15:30 | **The Simpsons: The Mook, The Chef, The Wife, And Her Homer (R)** When Fat Tony has to take a time-out due to a whacking attempt, Homer and Bart take over the business. | **PG (V)**+SIMP18-001+ |

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| 16:00 | **Modern Family: A Fair To Remember (R) ’CC’** The family attends the annual school fair and Phil has a wedding anniversary surprise planned for Claire at the fairgrounds, but unfortunately, she simultaneously has a surprise for him back at home. | **PG (S)**+MOFA05-007+ |

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| 16:30 | **Modern Family: Closetcon '13 (R) ’CC’** With some urging from Claire, Jay begrudgingly agrees to return to ClosetCon this year, and things get interesting when Jay is reunited with some old colleagues. | **PG (S)**+MOFA05-008+ |

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| 17:00 | **Smallville ’CC’** Whitney Fordman returns home from a tour of duty with the Marines, hoping to renew his relationship with Lana. However, Whitney's suspicious behavior prompts Clark to question his friend's motives. | **PG (H,V)**+SMVI02-010+ |

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| 18:00 | **How I Met Your Mother: Okay Awesome (R) ’CC’** Ted and Barney start checking out the club scene with Robin, while Lily and Marshall try to do some more "grown-up" activities. | **PG** +HMYM-005+ |

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| 18:30 | **The Simpsons: Jazzy And The Pussycats (R)** Lisa becomes depressed when Bart becomes a better jazz musician than her. So she decides to set up an animal shelter in the Simpsons' attic. | **PG** +SIMP18-002+ |

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| 19:00 | **The Simpsons: Please Homer, Don't Hammer 'Em (R)** Marge begins her own carpentry business, but Homer becomes the face of the business because nobody will take a female carpenter seriously. | **PG** +SIMP18-003+ |

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| 19:30 | **Modern Family: The Big Game (R) ’CC’** It's the last game of the football season, and Cam is determined to become the first rookie coach in the school's history to win more than two games. | **PG (S)**+MOFA05-009+ |

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| 20:00 | **Modern Family: The Old Man And The Tree (R) ’CC’** Jay takes Manny out to cut down their own Christmas tree, and Gloria is on edge with mom in town, but changes her tune when she sees her bonding with Claire. | **PG (S)**+MOFA05-010+ |

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| 20:30 | **Bridezillas: Shandra And Sara** Shandra plays musical bridesmaids; bridezilla Sara proves to be a handful but not as much as her mother who takes charge of all. | **M** +BRIZ08-003+ |

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| 21:30 | **Bridezillas: Sara And Natalie** Sara's time management issues makes it hard for her family and friends to get along; Natalie's unclear about what she wants causing miscommunication between her and her friends. | **M** +BRIZ08-004+ |

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| 22:30 | **The Proposal (R) ’CC’** 34-year-old county marriage celebrant Gary is looking to firm up his own wedding as eight single women try to win the gentle giant's heart. | **M (S)**+PROP01-002+ |

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| 23:30 | **Nikita: Kill Jill (R)** Nikita rescues Jill, a journalist who is trying to expose a conspiracy involving Division and a major plane crash. Michael and Percy suspect Birkhoff of being Nikita's inside mole and send Amanda in. | **M (D,V)**+NIKI01-003+ |

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| 00:30 | **Movie: The Master Race (R) (1944)** Nazis plot to take over the world, causing World War III. Starring:GEORGE COULOURIS,LLOYD BRIDGES,NANCY GATES,OSA MASSEN,STANLEY RIDGES | **PG (V)**+RKO-069+ |

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| 02:30 | **Movie: Too Many Girls (R) (1940)** A musical comedy about a co-ed high-school with a shortage of men who badly want to win a football game. Starring:ANN MILLER,FRANCES LANGFORD,DESI ARNAZ,EDDIE BRACKEN,LUCILLE BALL,RICHARD CARLSON | **G** +RKO-113+ |

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| 04:30 | **Movie: The Saint Takes Over (R) (1940)** When his friend is wrongly accused of murder, the Saint travels to America. Starring:GEORGE SANDERS,JONATHAN HALE,ROBERT EMMETT KEANE,PAUL GUILFOYLE,MORGAN CONWAY,WENDY BARRIE | **PG (V)**+RKO-090+ |

 **Wednesday 22 January 2020**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC13-058+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC13-059+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **James Robison: Sheila Walsh - Praying Women #1** Religious Program. | **PG** +JARO20-016+ |

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| 08:00 | **The Pioneer Woman: Kit And Caboodle (R)** Ree Drummond's knocking out four fabulous get-ahead meal kits, portioned, prepped and ready to go.  | **PG** +PIWO13-007+ |

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| 08:30 | **Diners, Drive-Ins and Dives: Meat Lover's Paradise (R)** Guy Fieri's signing up for a meat-crazed master class. | **PG** +DDID18-002+ |

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| 09:00 | **Cake Wars: Shrek (R)** Everyone's favorite ogre is making his way to Cake Wars - Shrek himself! DreamWorks Animation is throwing a massive party to celebrate the 15th Anniversary of the iconic animated film. | **PG** +CAKW02-007+ |

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| 10:00 | **The Kitchen: Our Best Fall Finds (R)** The Kitchen is sharing a love for autumn with new and creative recipes like Sunny Anderson's secret ingredient Red Eye Beef Stew and Geoffrey Zakarian's Thai Fried Riced Cauliflower. | **PG** +TKIT15-003+ |

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| 11:00 | **Chopped: Hot Doggin' (R)** The chefs cook with hot dogs. Other mystery basket items include an uncommon condiment in the appetizer round; and a problematic and tiny ingredient in the entrée round. | **PG** +CHPD29-003+ |

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| 12:00 | **Black-ish: All Groan Up (R)** When Zoey gets into several colleges around the country, Dre and Bow begin feeling worried and sentimental. | **PG (A)**+BLKI03-021+ |

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| 12:30 | **Black-ish: Sister, Sister (R)** Bow's sister visits and Bow wonders how they can possibly be related. Zoey explains the future to her dad. | **PG (L)**+BLKI03-022+ |

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| 13:00 | **Grandfathered: Catherine Sanders (R)** Jimmy finds himself out of his element when he falls for a stunning, powerhouse CEO who always manages to be one step ahead of him. | **PG (D,S,L)**+GRAN01-018+ |

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| 13:30 | **Grandfathered: Some Guy I'm Seeing (R)** Jimmy navigates the realities of being in a real relationship while Gerald and Vanessa try to find work/life balance. | **PG (S,L)**+GRAN01-019+ |

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| 14:00 | **Just Shoot Me!: Dog Day Afternoon (R) ’CC’** Elliott is convinced that Maya has gotten a dog to test his fatherhood skills.  | **PG** +JUSM05-009+ |

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| 14:30 | **How I Met Your Mother: Okay Awesome (R) ’CC’** Ted and Barney start checking out the club scene with Robin, while Lily and Marshall try to do some more "grown-up" activities. | **PG** +HMYM-005+ |

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| 15:00 | **The Simpsons: Jazzy And The Pussycats (R)** Lisa becomes depressed when Bart becomes a better jazz musician than her. So she decides to set up an animal shelter in the Simpsons' attic. | **PG** +SIMP18-002+ |

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| 15:30 | **The Simpsons: Please Homer, Don't Hammer 'Em (R)** Marge begins her own carpentry business, but Homer becomes the face of the business because nobody will take a female carpenter seriously. | **PG** +SIMP18-003+ |

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| 16:00 | **Modern Family: The Big Game (R) ’CC’** It's the last game of the football season, and Cam is determined to become the first rookie coach in the school's history to win more than two games. | **PG (S)**+MOFA05-009+ |

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| 16:30 | **Modern Family: The Old Man And The Tree (R) ’CC’** Jay takes Manny out to cut down their own Christmas tree, and Gloria is on edge with mom in town, but changes her tune when she sees her bonding with Claire. | **PG (S)**+MOFA05-010+ |

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| 17:00 | **Smallville ’CC’** After discovering that Lionel has secretly installed video cameras in the mansion, Lex hires thugs to put surveillance devices in Lionel's Metropolis office. | **PG (H,V)**+SMVI02-011+ |

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| 18:00 | **How I Met Your Mother: The Slutty Pumpkin (R) ’CC’** Ted makes his yearly pilgrimage to the rooftop Halloween party in search of a girl dressed as a pumpkin who he met years ago. | **PG** +HMYM-006+ |

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| 18:30 | **The Simpsons: G.I. (Annoyed Grunt) (R)** Homer is duped into signing up for the Army, and his hijinks after basic training ultimately results in a military occupation of Springfield. | **PG** +SIMP18-005+ |

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| 19:00 | **The Simpsons: Moe'n'a Lisa (R)** Lisa helps Moe become a distinguished poet, but she turns on him when he takes all the credit for his newfound greatness. | **PG** +SIMP18-006+ |

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| 19:30 | **Modern Family: And One To Grow On (R) ’CC’** Phil tricks Luke into taking a dance class, but the joke's on him when the white lie indirectly lands him in the slammer. Meanwhile, Jay and Gloria are throwing birthday parties for Manny and Joel. | **PG** +MOFA05-011+ |

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| 20:00 | **Modern Family: Under Pressure (R) ’CC’** The high school open house puts the parents in a time warp when Claire finds herself stressed out by all the pressure, Gloria encounters a "mean girl" mom and Jay teaches Phil how to play hookie. | **PG (L)**+MOFA05-012+ |

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| 20:30 | **Movie: What Women Want (R) ’CC’ (2000)** A man gets a whole new outlook on life when a fluke accident gives him the ability to read women's minds. Starring:ALAN ALDA,ASHLEY JOHNSON,HELEN HUNT,MARISA TOMEI,JUDY GREER,MEL GIBSON,SARAH PAULSON | **PG (S,L)**+ICNF12-003+ |

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| 23:10 | **Movie: Million Dollar Arm (R) ’CC’ (2014)** In a last-ditch effort to save his career, sports agent J.B. Bernstein plans to find baseball's next star pitcher. Starring:AASIF MANDVI,ALAN ARKIN,BILL PAXTON,JON HAMM,PITOBASH TRIPATHY,LAKE BELL,SURAJ SHARMA,MADHUR MITTAL | **PG (L)**+WDFC53-016+ |

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| 01:45 | **Movie: Hunt The Man Down (R) (1950)** In order to solve a murder, a public defender brings an insane witness into court. Starring:GERALD MOHR,GIG YOUNG,LYNN ROBERTS,PAUL FREES,WILLARD PARKER | **M (V)**+RKO-052+ |

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| 03:15 | **Movie: The Woman On Pier 13 (R) (1949)** A newly married shipping magnate is blackmailed into returning to the Communist Party. Starring:JANIS CARTER,JOHN AGAR,ROBERT RYAN,THOMAS GOMEZ,LARAINE DAY | **PG (V)**+RKO-121+ |

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| 04:45 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)** Jason 'Jabba' Davis explores Summer’s best family films. Featuring Frozen 2, Cats, Jumanji 2, Dolittle, Spies In Disguise, The Addams Family, The Playmobil Movie & Star Wars: The Rise of Skywalker. | **PG** +NFFI80-004+ |

 **Thursday 23 January 2020**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC13-060+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC13-061+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **James Robison: Andrew And Norine Brunson** Religious Program. | **PG** +JARO20-017+ |

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| 08:00 | **The Pioneer Woman: Burning 101 (R)** It's springtime, which means Ladd's out burning the pastures and Ree Drummond has some hungry mouths to feed. | **PG** +PIWO13-008+ |

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| 08:30 | **Diners, Drive-Ins and Dives: Servin' Up San Francisco (R)** Guy Fieri's cruisin' the San Francisco coast for a diverse culinary road trip. | **PG** +DDID18-003+ |

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| 09:00 | **Cake Wars: Party Animals (R)** Even hippos love cake, and Cake Wars is celebrating the first birthday of Rosie the baby hippo from the Los Angeles Zoo! Four bakers go to battle for the chance to have their amazing cake creation. | **PG** +CAKW02-008+ |

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| 10:00 | **The Kitchen: Just Desserts (R)** The Kitchen is satisfying every sweet tooth with a show full of holiday desserts, starting with Geoffrey Zakarian's Quick Caramelized Apple Tart. | **PG** +TKIT15-004+ |

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| 11:00 | **Chopped: Souper Chefs (R)** A seventy-something competes. Included: in the appetizer round, trout dishes must include dill pickle soup as a component. | **PG** +CHPD29-004+ |

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| 12:00 | **Black-ish: Liberal Arts (R)** Dre tearfully drops Zoey off to college for her two-day orientation, and she hits it off with fellow incoming freshman Miriam after they ditch the campus tour. | **PG (A)**+BLKI03-023+ |

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| 12:30 | **Black-ish: Sprinkles (R)** Initially wary, Dre embraces throwing Bow's baby shower and wants it to be unforgettable. | **PG (A)**+BLKI03-024+ |

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| 13:00 | **Grandfathered: Jimmy's 50th, Again (R)** When Jimmy has trouble admitting that he's 51, he throws himself a second 50th birthday party. | **PG (S)**+GRAN01-020+ |

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| 13:30 | **Grandfathered: The Memorial (R)** Jimmy plans an emotional memorial service while processing a painful loss. Meanwhile, Sara is faced with a difficult decision after Craig asks her to take the next step in their relationship. | **PG (S)**+GRAN01-021+ |

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| 14:00 | **Just Shoot Me!: Finch And The Fighter (R) ’CC’** Finch dates a female boxer with a jealous ex-girlfriend. Elliott, Jack and Nina fool Maya into believing that they're smarter than she is. | **PG** +JUSM05-010+ |

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| 14:30 | **How I Met Your Mother: The Slutty Pumpkin (R) ’CC’** Ted makes his yearly pilgrimage to the rooftop Halloween party in search of a girl dressed as a pumpkin who he met years ago. | **PG** +HMYM-006+ |

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| 15:00 | **The Simpsons: G.I. (Annoyed Grunt) (R)** Homer is duped into signing up for the Army, and his hijinks after basic training ultimately results in a military occupation of Springfield. | **PG** +SIMP18-005+ |

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| 15:30 | **The Simpsons: Moe'n'a Lisa (R)** Lisa helps Moe become a distinguished poet, but she turns on him when he takes all the credit for his newfound greatness. | **PG** +SIMP18-006+ |

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| 16:00 | **Modern Family: And One To Grow On (R) ’CC’** Phil tricks Luke into taking a dance class, but the joke's on him when the white lie indirectly lands him in the slammer. Meanwhile, Jay and Gloria are throwing birthday parties for Manny and Joel. | **PG** +MOFA05-011+ |

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| 16:30 | **Modern Family: Under Pressure (R) ’CC’** The high school open house puts the parents in a time warp when Claire finds herself stressed out by all the pressure, Gloria encounters a "mean girl" mom and Jay teaches Phil how to play hookie. | **PG (L)**+MOFA05-012+ |

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| 17:00 | **Smallville ’CC’** After Lionel is shot and wounded, Jonathan is arrested. But Clark and Pete perform their own crime scene investigation. | **PG (A,L,V)**+SMVI02-012+ |

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| 18:00 | **How I Met Your Mother: Matchmaker (R) ’CC’** Ted signs up with a matchmaking service only to be matched with an engaged girl. | **PG** +HMYM-007+ |

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| 18:30 | **The Simpsons: Ice Cream Of Margie (With The Light Blue Hair) (R)** Homer becomes an ice cream man after being fired from the plant and Marge uses his leftover Popsicle sticks to create folk art figures. | **PG** +SIMP18-007+ |

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| 19:00 | **The Simpsons: The Haw-Hawed Couple (R)** Bart and Nelson become best friends, but Bart surprisingly discovers that the fringe benefits aren't worth Nelson's neediness. | **PG** +SIMP18-008+ |

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| 19:30 | **Modern Family: Three Dinners (R) ’CC’** Phil and Claire take Haley out to dinner to discuss her future, but Haley manages to turn the tables.  | **PG (D)**+MOFA05-013+ |

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| 20:00 | **Modern Family: iSpy (R) ’CC’** Haley has a college photography exhibit that she's being particularly evasive about, and Claire enlists Alex's help to find out what she's hiding. | **PG (D)**+MOFA05-014+ |

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| 20:30 | **Ink Master: New School, Old Scars NEW EPISODE**The artists tattoo former smokers who have been scarred for life in the Flash Challenge. The six artists on Team Nuñez battle for a spot in the team's top five. | **M (L)**+INKM08-007+ |

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| 21:30 | **Ink Master: Bent Out Of Shape NEW EPISODE**Things start to heat up as the tattoo artists work with metal in the next Flash Challenge. | **M** +INKM08-008+ |

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| 22:30 | **Ink Master Redemption: You Get What You Pay For NEW EPISODE**Things get rough when Gentle Jay returns to the shop to face three unhappy canvases. | **M (L)**+INKR02-009+ |

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| 23:00 | **Ink Master Redemption: Inked In Honor NEW EPISODE**Lydia Bruno and Lalo put honor on the line when they return to redeem their mistakes on unhappy veteran canvases. | **M (L)**+INKR02-010+ |

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| 23:30 | **Revolution: The Children's Crusade (R)** When Charlie encounters a village of lost children who have been on their own for years, she relates to a young boy who's suffered a plight similar to her own. | **MA (V,A)**+REVO01-007+ |

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| 00:30 | **Revolution: Ties That Bind (R)** When Nora encounters a close relative she must make a difficult choice between family and a promise. Meanwhile, one of the most ruthless members of the Militia is tracking Miles, Charlie and the gang. | **MA (V,A)**+REVO01-008+ |

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| 01:30 | **Ink Master Redemption: You Get What You Pay For (R)** Things get rough when Gentle Jay returns to the shop to face three unhappy canvases. | **M (L)**+INKR02-009+ |

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| 02:00 | **Ink Master Redemption: Inked In Honor (R)** Lydia Bruno and Lalo put honor on the line when they return to redeem their mistakes on unhappy veteran canvases. | **M (L)**+INKR02-010+ |

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| 02:30 | **Movie: Sealed Cargo (R) (1951)** A fishing vessel rescues a captain who claims abandonment by his crew. Starring:CARLA BALENDA,CLAUDE RAINS,PHILIP DORN,DANA ANDREWS | **PG (V)**+RKO-093+ |

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| 04:30 | **Movie: The Falcon Strikes Back (R) (1943)** A criminal gang sets a trap for the Falcon, but their plan backfires and they struggle with the consequences. Starring:CLIFF CLARK,CLIFF EDWARDS,JANE RANDOLPH,HARRIET HILLIARD,ED GARGAN,RITA CORDAY,WYNNE GIBSON,TOM CONWAY,EDGAR KENNEDY | **PG (V)**+RKO-030+ |

 **Friday 24 January 2020**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC13-062+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC13-063+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **James Robison: Water For Life Special #2** Religious Program. | **PG** +JARO20-018+ |

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| 08:00 | **The Pioneer Woman: Deli Food Showdown (R)** Ree Drummond is testing recipes for her deli and having her friends pick which versions will end up on the menu. | **PG** +PIWO13-009+ |

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| 08:30 | **Diners, Drive-Ins and Dives: Cannoli, Fritters And Wings (R)** Guy Fieri's rollin' out for a festival of flavours. In Portland, Ore., the Guamanian food truck serving up righteous shrimp fritters and a unique spin on chicken salad. | **PG** +DDID18-004+ |

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| 09:00 | **Cake Wars: Sesame Street (R)** Big Bird and the whole crew are making their way from Sesame Street to Cake Wars! Four talented cake makers compete to have their creation at the center of an epic party celebrating the latest season. | **PG** +CAKW02-009+ |

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| 10:00 | **The Kitchen: Friendsgiving Feast (R)** The Kitchen hosts a star-studded Friendsgiving feast with Food Network friends Ree Drummond, Eddie Jackson and Trisha Yearwood. | **PG** +TKIT15-005+ |

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| 11:00 | **Chopped: Chili Cook-Off (R)** A chili cook-off begins with chocolate and sausage as the mandatory ingredients in the appetizer round. | **PG** +CHPD29-005+ |

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| 12:00 | **Black-ish: Juneteenth (R)** The Johnsons go to Jack and Diane's school play about Columbus Day, and Dre is dismayed by the historically inaccurate way that the holiday is portrayed. | **PG (A)**+BLKI04-001+ |

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| 12:30 | **Black-ish: Mother Nature (R)** Bow is feeling overwhelmed after the birth of DeVante and learns she is suffering from postpartum depression. Dre urges her to get help and stands by her side while she works through it.  | **PG (A,L)**+BLKI04-002+ |

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| 13:00 | **Grandfathered: The Cure (R)** Jimmy and Sara wonder if they should give their relationship another shot, but Sara is hesitant to get hurt again. Meanwhile, Gerald plans an elaborate proposal for Vanessa. | **PG (S)**+GRAN01-022+ |

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| 13:30 | **Just Shoot Me!: The Gift Piggy (R) ’CC’** Maya and Nina have a quarrel over the intentions of giving out invitations to the bridal shower. | **PG** +JUSM05-011+ |

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| 14:15 | **How I Met Your Mother: Matchmaker (R) ’CC’** Ted signs up with a matchmaking service only to be matched with an engaged girl. | **PG** +HMYM-007+ |

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| 14:45 | **Modern Family: Three Dinners (R) ’CC’** Phil and Claire take Haley out to dinner to discuss her future, but Haley manages to turn the tables.  | **PG (D)**+MOFA05-013+ |

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| 15:15 | **Modern Family: iSpy (R) ’CC’** Haley has a college photography exhibit that she's being particularly evasive about, and Claire enlists Alex's help to find out what she's hiding. | **PG (D)**+MOFA05-014+ |

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| 15:45 | **The Simpsons: Ice Cream Of Margie (With The Light Blue Hair) (R)** Homer becomes an ice cream man after being fired from the plant and Marge uses his leftover Popsicle sticks to create folk art figures. | **PG** +SIMP18-007+ |

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| 16:15 | **The Simpsons: The Haw-Hawed Couple (R)** Bart and Nelson become best friends, but Bart surprisingly discovers that the fringe benefits aren't worth Nelson's neediness. | **PG** +SIMP18-008+ |

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| 16:45 | **Movie: Open Season (R)** A deer buddies up with a domesticated grizzly bear when the two animals are alone in the woods during hunting season. Starring:ASHTON KUTCHER,GARY SINISE,DEBRA MESSING,MARTIN LAWRENCE,BILLY CONNOLLY,GEORGIA ENGEL | **G** +SPCF06-007+ |

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| 18:30 | **Movie: Bolt (R) (2008)** The canine star of a fictional sci-fi/action show that believes his powers are real embarks on a cross country trek to save his co-star from a threat he believes is just as real. Starring:CHLOE GRACE MORETZ,MARK WALTON,MALCOLM MCDOWELL,JOHN TRAVOLTA,MILEY CYRUS,SUSIE ESSMAN | **PG (V)**+WDFR18-002+ |

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| 20:30 | **Movie: A Perfect Murder ’CC’ (1998)** A wealthy young woman becomes the target for murder when her husband, an investor with financial difficulties, discovers her affair with a struggling artist and blackmails her lover into killing her. Starring:CONSTANCE TOWERS,GWYNETH PALTROW,DAVID SUCHET,MICHAEL DOUGLAS,SARITA CHOUDHURY,MICHAEL P MORAN,VIGGO MORTENSEN | **M (S,V,L)**+WBFF03-090+ |

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| 23:15 | **Movie: Cocaine Godmother ’CC’ (2018)** Based on the life of drug lord Griselda Blanco, a pioneer in the Miami-based cocaine trade. Starring:CATHERINE ZETA-JONES,WARREN CHRISTIE,JENNY PELLICER,EDDA ALEJANDRO | **MA (V,D)**+AETN02-050+ |

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| 01:15 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 01:45 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 02:15 | **Movie: Badman's Territory (R) (1946)** In 1850-1899, when part of the West was uncontrolled by government, notorious outlaws of frontier history fled across the territory's border, leaving the Sheriff and his men helpless. Starring:ANN RICHARDS,GABBY HAYES,RANDOLPH SCOTT,RAY COLLINS,STEVE BRODIE,CHIEF THUNDERCLOUD | **PG (V)**+RKO-008+ |

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| 04:00 | **Movie: Marabunta (R) ’CC’ (1997)** When a hive of deadly killer ants attack a town in Alaska, a small group of people pool resources to prevent the deadly army from advancing. Starring:BILL OSBORN,ERIC LUTES,JEREMY FOLEY,MITCH PILEGGI,DALLEN GETTLING,JULIA CAMPBELL | **PG (A,V)**+WILF-020+ |

 **Saturday 25 January 2020**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC13-064+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC13-065+ |

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| 07:00 | **Sally Bollywood - Super Detective: Burglary 2.0 / Adventures In Pet Sitting (R) ’CC’** Sally is a super-sleuth who runs a detective agency for the under-12s with her best friend, Doowee. | **G** +SBSD2-008+ |

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| 07:30 | **Sally Bollywood - Super Detective: Everyone's A Private Eye / Sally's Pen Pal (R) ’CC’** Sally is a super-sleuth who runs a detective agency for the under-12s with her best friend, Doowee. | **G** +SBSD2-009+ |

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| 08:00 | **Taco Trip: Denver (R)** Aaron travels to Denver and eats pork carnitas tacos and Gouda mash at Comida. | **PG** +TACO02-001+ |

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| 08:30 | **Taco Trip: El Paso (R)** Aaron returns to his hometown of El Paso to check out what is new and delicious in the food scene. | **PG** +TACO02-002+ |

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| 09:00 | **Taco Trip: San Diego (R)** San Diego is brimming with amazingly authentic Mexican food. Chef Aaron Sanchez has his work cut out for him as he eats his way through this world-class culinary destination. | **PG** +TACO02-003+ |

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| 09:30 | **Ridiculous Cakes: A Knight's Tale (R)** One cake artist faces an epic battle to deliver a king-sized cake to Medieval Times. A motorcycle cake actually motors, and an animal sanctuary takes a walk on the sweet side. | **PG** +RICA02-012+ |

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| 10:00 | **Kid's Baking Championships (R)** The five remaining kid bakers must use three types of candy in a dessert but also keep it balanced, because it's a fine line between candymonium and candy overload. | **G** +KBAC02-006+ |

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| 11:00 | **Chopped: Worst Cooks Challenge (R)** Former winners and runners up from Worst Cooks in America arrive at the Chopped Kitchen with something to prove. | **PG** +CHPD29-006+ |

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| 12:00 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)** Jason 'Jabba' Davis explores Summer’s best family films. Featuring Frozen 2, Cats, Jumanji 2, Dolittle, Spies In Disguise, The Addams Family, The Playmobil Movie & Star Wars: The Rise of Skywalker. | **PG** +NFFI80-004+ |

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| 13:00 | **Diff'rent Strokes: Arnold's Tangled Web (R)** To prevent Dad from seeing his F in geometry, Arnold arranges to have Drummond's signature forged on his report card, but the scheme backfires. | **PG** +DIFS08-015+ |

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| 13:30 | **Diff'rent Strokes: Lifestyles Of The Poor And Unknown (R)** Sam's contempt for a classmate who incessantly insults and badgers him is pacified when he learns that the boy is an orphan who's jealous of Sam's "perfect" family life. | **PG** +DIFS08-016+ |

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| 14:00 | **Diff'rent Strokes: The Front Page (R)** Arnold's feature story about his high school football team threatens to turn into a controversial exposé for the school newspaper when he witnesses team members buying steroids. | **PG** +DIFS08-019+ |

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| 14:30 | **Just Shoot Me!: The Proposal - Part 1 (R) ’CC’** Elliott's impulsive decision to propose to Maya has dire consequences. | **PG** +JUSM05-012+ |

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| 15:00 | **Just Shoot Me!: The Proposal - Part 2 (R) ’CC’** Maya gives Elliott the ring back. Elliott proposes again and passes out again. Maya comes to the realization that Elliott is not interested in what she is and kicks him out of their apartment. | **PG** +JUSM05-013+ |

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| 15:30 | **Just Shoot Me!: The Auction (R) ’CC’** Jack doesn't like Finch's gift of dog tags. Nina hooks Elliott up with a 'friend' for Jack's charity auction after he discovers that Maya has a date already. | **PG** +JUSM05-014+ |

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| 16:00 | **One Tree Hill: Life In A Glass House (R)** The night of Dan and Deb's annual basketball appreciation party spurs old memories and new feelings. Karen makes a new friend and Keith confronts Dan again. | **PG (S,A,L)**+ONTH01-007+ |

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| 17:00 | **One Tree Hill: The Search For Something More (R)** Hoping to have fun, Brooke and Peyton attend a college party, but the situation gets bad when one of the guys, Gabe, drugs Peyton. | **PG (D,V,L,A)**+ONTH01-008+ |

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| 18:00 | **Movie: Diary Of A Wimpy Kid: The Long Haul (R) (2017)** A Heffley family road trip to attend Meemaw's 90th birthday party goes hilariously off course thanks to Greg's newest scheme to get to a video gaming convention. Starring:ALICIA SILVERSTONE,TOM EVERETT SCOTT,JASON DRUCKER,CHARLIE WRIGHT | **PG (O,L)**+FOXF10-008+ |

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| 19:50 | **Movie: The Goonies (R)** In order to save their home from foreclosure, a group of misfits set out to find a pirate's ancient treasure. Starring:COREY FELDMAN,JOSH BROLIN,KERRI GREEN,SEAN ASTIN,JEFF COHEN | **PG (H,V,L)**+WBFF01-020+ |

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| 22:10 | **Movie: Cop Out (R)** Jimmy's rare baseball card is robbed. Since it's his only hope to pay for his daughter's upcoming wedding, he recruits his cop partner Paul to track down the robber, a memorabilia-obsessed gangster. Starring:ADAM BRODY,BRUCE WILLIS,MICHELLE TRACHTENBERG,TRACY MORGAN | **MA (V,L,S)**+WBFF01-011+ |

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| 00:20 | **Movie: Obliging Young Lady (R) (1941)** A young girl gets caught in a custody battle when she finds herself the centre of attention at a mountain resort. Starring:GEORGE CLEVELAND,FRANKLIN PANGBORN,EVE ARDEN,EDMOND OBRIEN,JOAN CARROLL,RUTH WARRICK | **G** +RKO-078+ |

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| 02:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 02:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:00 | **Movie: A Dangerous Profession (R) (1949)** A beautiful woman comes close to her death when she meets an ex-detective who involves her in blackmail and murder. Starring:BILL WILLIAMS,GEORGE RAFT,ELLA RAINES,JIM BACKUS,ROBERT GIST,PAT OBRIEN,ROLAND WINTERS | **PG (V)**+RKO-019+ |

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| 04:40 | **Movie: Strange Holiday (R) (1969)** Ten young boys are shipwrecked on a deserted island. How will they survive the fierce elements and find their way back home? Starring:CARMEN DUNCAN,HARRY CRANE,JAEME HAMILTON,JAIME MASSANG,VAN ALEXANDER,MARK HEALEY,MARK LEE,PETER ALEXANDER,ROSS WILLIAMS,MICHAEL BARRY,SIMON ASPREY | **G** +SMIS-042+ |