**Sunday 26 January 2020**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC14-001+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC14-002+ |

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| 07:00 | **Sally Bollywood - Super Detective: The White Night / Fundraising Felony (R) ’CC’** Sally is a super-sleuth who runs a detective agency for the under-12s with her best friend, Doowee. | **G** +SBSD2-010+ |

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| 07:30 | **Sally Bollywood - Super Detective: The Big Stink / A Bird In The Hand (R) ’CC’** Sally is a super-sleuth who runs a detective agency for the under-12s with her best friend, Doowee. | **G** +SBSD2-011+ |

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| 08:00 | **Barefoot Contessa: Training Day Dinner (R)** The East Hampton ambulance volunteers meet once a month for a cookout to feed its 50 volunteers and Ina's pitching in with the help of local chef Joe Realmuto from Townline BBQ. | **PG** +BARE07-001+ |

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| 08:30 | **Barefoot Contessa: Barefoot Bistro (R)** This is French food made easy. Ina is demystifying the classics, offering tips and techniques to get French flavor fast: There are ideas for French table setting! | **PG** +BARE07-002+ |

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| 09:00 | **The Pioneer Woman: Fixin' Fence, Fixin' Lunch (R)** Ladd and Cowboy Tim are out fixin' fences, so Ree Drummond is fixin' them their favourite Tex-Mex lunch. | **PG** +PIWO13-010+ |

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| 09:30 | **Ridiculous Cakes: I Do, Times Two (R)** One cake artist must deliver two oversized wedding cakes to two different weddings on the same day, and a baker creates a cake you can 'wear' for a fashion designer's party. | **PG** +RICA02-013+ |

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| 10:00 | **Kid's Baking Championships (R)** The four remaining kid bakers face a dinner in reverse challenge, which requires them to make a dessert item that looks like a savory dish; and a cupcake that's not sweet at all. | **G** +KBAC02-007+ |

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| 11:00 | **The Kitchen: Turkey Day Tricks (R)** The Kitchen hosts give away their best Turkey Day tricks and recipes including Geoffrey Zakarian's Bone-In Turkey Breast with Lemon Caper Sauce. | **PG** +TKIT15-006+ |

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| 12:00 | **The Kitchen: Full House For The Holidays (R)** Tis the season to have a full house for the holidays and Jeff Mauro is ready with his crowd-pleasing Santa's Sausage and Snow Strata brunch. | **PG** +TKIT15-007+ |

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| 13:00 | **Chopped: Teen Tournament: Battle 1 (R)** In this first preliminary battle, the young competitors must make appetizers from a strange hybrid snack and a decadent pork product. | **PG** +CHPD29-007+ |

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| 14:00 | **Chopped: Teen Tournament: Battle 2 (R)** Seafood surprises await the teen chefs in round two, then some breakfast items take on a creative form in the dessert basket. | **PG** +CHPD29-008+ |

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| 15:00 | **Restaurant: Impossible: Pie In The Sky (R)** Chef Robert Irvine heads to Mason, Ohio to try to save Aponte's Pizzeria. Owner Tony has worked in restaurants since he was 11 years old and is a Jersey boy, complete with the attitude and edge. | **PG** +RIMP06-013+ |

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| 16:00 | **Restaurant: Impossible: Up In Smoke (R)** Five years ago, Lisette and Steve purchased the Mill Creek BBQ Restaurant. He'll have just two days to change the barbecue from boring to bold. | **PG** +RIMP08-001+ |

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| 17:00 | **Restaurant: Impossible: A Lot To Lose (R)** Eileen's restaurant, Tootie's Texas BBQ in Cathedral City, started a deep decline while Eileen was battling cancer. Weeks away from closing for good, she calls on Chef Robert Irvine for a rescue. | **PG** +RIMP08-002+ |

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| 18:00 | **Mystery Diners: Missing Memorabilia (R)** The owners of Fenders Moto Cafe and Brew Pub in Portland, Oregon, worry that employees are to blame when some of their valuable motorcycle memorabilia disappears. | **PG** +MYSD08-004+ |

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| 18:30 | **Movie: Miss Potter (R) (2006)** The story of Beatrix Potter, the author of the beloved and best-selling children's book, "The Tale of Peter Rabbit", and her struggle for love, happiness and success. Starring:BARBARA FLYNN,EMILY WATSON,EWAN MCGREGOR,RENEE ZELLWEGER | **G** +ICNF15-008+ |

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| 20:30 | **Movie: Mr. Right (2015)** A girl falls for the perfect guy, who happens to have a very fatal flaw, he's a hitman on the run from the crime cartels who employ him. Starring:ANNA KENDRICK,TIM ROTH,JAMES RANSONE,SAM ROCKWELL | **MA (V,L)**+ICNF19-004+ |

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| 22:30 | **Movie: Australia Day (R) (2017)** A trio of intertwined tales of racial prejudice, misunderstanding and revenge play out against the backdrop of Australia's national holiday. Starring:DANIEL WEBBER,ELIAS ANTON,JENNY WU,MIAH MADDEN | **MA (V,L,A)**+ICNF19-003+ |

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| 00:30 | **Movie: Step Lively (R) (1944)** Frank Sinatra stars in this comical musical about a producer, who after many financial hurdles, finally lands in the big time. Starring:ADOLPHE MENJOU,ANNE JEFFREYS,GEORGE MURPHY,FRANK SINATRA,EUGENE PALLETTE,WALTER SLEZAK,GLORIA DE HAVEN | **G** +RKO-103+ |

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| 02:30 | **Movie: Behind The Rising Sun (R) (1943)** A Japanese War Lord plans to enslave the world. Starring:J.CARROL NAISH,GLORIA HOLDEN,GEORGE GIVOT,DON DOUGLAS,MARGO MARGO,ROBERT RYAN,TOM NEAL | **PG (A,V)**+RKO-009+ |

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| 04:15 | **Movie: 5th Ave Girl (R) (1939)** A comedy about a man who persuades a young girl to masquerade as his lady friend to try to win back the affections of his family. Starring:GINGER ROGERS,WALTER CONNOLLY,TIM HOLT,JAMES ELLISON,VERREE TEASDALE | **G** +RKO-035+ |

 **Monday 27 January 2020**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC14-003+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC14-004+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **James Robison: Sheila Walsh #1** Religious Program. | **PG** +JARO20-019+ |

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| 08:00 | **The Pioneer Woman: Well Done, Dad (R)** Ree Drummond's dad has retired after 45 years in medicine, so she's bringing him a celebration meal with all of his favourite foods. | **PG** +PIWO13-011+ |

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| 08:30 | **Restaurant: Impossible: Up In Smoke (R)** Five years ago, Lisette and Steve purchased the Mill Creek BBQ Restaurant. He'll have just two days to change the barbecue from boring to bold. | **PG** +RIMP08-001+ |

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| 09:30 | **Restaurant: Impossible: A Lot To Lose (R)** Eileen's restaurant, Tootie's Texas BBQ in Cathedral City, started a deep decline while Eileen was battling cancer. Weeks away from closing for good, she calls on Chef Robert Irvine for a rescue. | **PG** +RIMP08-002+ |

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| 10:30 | **Mystery Diners: Missing Memorabilia (R)** The owners of Fenders Moto Cafe and Brew Pub in Portland, Oregon, worry that employees are to blame when some of their valuable motorcycle memorabilia disappears. | **PG** +MYSD08-004+ |

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| 11:00 | **Mystery Diners: Robbed Kabobs (R)** After noticing a discrepancy in supplies, Ghaith and Tiffany, owners of Dar Salam in Portland, Ore., fear a new Iraqi food card that's competing with their restaurant is related to the problem. | **PG** +MYSD08-005+ |

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| 11:30 | **Mystery Diners: Behind The Eight Ball (R)** Kent, owner of Uptown Billiards in Portland, Ore., believes the social media expert he hired to promote his restaurant isn't doing an adequate job. | **PG** +MYSD08-006+ |

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| 12:00 | **Black-ish: Elder. Scam. (R)** Ruby gets scammed and Dre begins to suspect that she isn't as sharp as she used to be, particularly because she was the one who used to scam other people. | **PG (D,L,A)**+BLKI04-003+ |

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| 12:30 | **Black-ish: Advance To Go (Collect $200) (R)** Dre brings everyone together for a rowdy family game night and the competition is fierce. The game of choice is Monopoly. Alliances are formed and some are pushed to their limits. | **PG (S)**+BLKI04-004+ |

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| 13:00 | **Just Shoot Me!: Maya's And Tigers And Dean, Oh My (R) ’CC’** Nina meets and starts dating a magician, Zigmund. She brings him to the Blush office and while alone with Elliot, Zigmund "boops" Elliot's nose. | **PG** +JUSM05-015+ |

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| 13:30 | **Just Shoot Me!: Sid & Nina (R) ’CC’** Finch DJs a bar mitzvah for a kid who has a crush on Nina. Jack and Elliot set their sights on the same woman. | **PG** +JUSM05-016+ |

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| 14:00 | **Just Shoot Me!: Where's Poppa? (R) ’CC’** Jack fears that Maya's new boyfriend may be his illegitimate son from a one-night stand many years before. | **PG** +JUSM05-017+ |

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| 14:30 | **Just Shoot Me!: Erlene And Boo (R) ’CC’** Nina's sister Erlene visits New York for the first time from Kansas. | **PG** +JUSM05-018+ |

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| 15:00 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)** Jason 'Jabba' Davis explores Summer’s best family films. Featuring Frozen 2, Cats, Jumanji 2, Dolittle, Spies In Disguise, The Addams Family, The Playmobil Movie & Star Wars: The Rise of Skywalker. | **PG** +NFFI80-004+ |

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| 16:00 | **Dr. Ken: D.K.'s Korean Ghost Story (R)** When Allison worries that Dave's rejection of Halloween means he's growing up too fast, D.K. looks to bring them together with an ancient Korean ghost story. | **PG (H)**+DKEN02-005+ |

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| 16:30 | **Dr. Ken: Ken Learns Korean (R)** A card game with his dad's friends exposes Ken's inability to speak Korean, he joins Dave at his language class. Clark and Pat square off over a new nurses' contract. | **PG** +DKEN02-006+ |

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| 17:00 | **Smallville ’CC’** After Lionel is shot and wounded, Jonathan is arrested. But Clark and Pete perform their own crime scene investigation. | **PG (A,L,V)**+SMVI02-012+ |

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| 18:00 | **How I Met Your Mother: The Duel (R) ’CC’** Lily officially moves in with Marshall and Ted, and Ted begins to think he's being pushed out of the apartment; Barney initiates a "Lemon Law" for first dates. | **PG** +HMYM-008+ |

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| 18:30 | **The Simpsons: Kill Gil, Volumes I And II (R)** The Simpsons let Gil stay with them during Christmas. However, he stays for 11 months because Marge can't tell him 'No'. | **PG** +SIMP18-009+ |

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| 19:00 | **The Simpsons: The Wife Aquatic (R)** Homer returns Marge to Barnacle Bay, where she spent her beloved summer vacations. But when they get there, they discover that it is no longer a tourist spot. | **PG** +SIMP18-010+ |

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| 19:30 | **Modern Family: The Feud (R) ’CC’** Phil's old nemesis Gil Thorpebstrikes again when he unseats Phil as the social chair of their local realtors' association. It turns out that Jay also has a beef with Gil's dad. | **PG (S)**+MOFA05-015+ |

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| 20:00 | **Modern Family: Spring-A-Ding-Fling (R) ’CC’** Phil excitedly plans for the annual Realtor's banquet where he is serving as host for an unprecedented third time. Claire is unable to attend and Haley steps in to be his date. | **PG (S)**+MOFA05-016+ |

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| 20:30 | **First Dates Australia (R) ’CC’** A country boy comes to the city in search of love; An enthusiastic DJ hopes to finally graduate from the friend zone; and a first-time blind dater orders tequila shots to get the party started. | **PG** +FDAT02-011+ |

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| 21:40 | **First Dates Australia (R) ’CC’** A young professional is looking for someone to build an empire with; a man is wondering if it's possible to find the 'best' girlfriend; and a self-proclaimed 'Greek God' looks to settle down. | **PG** +FDAT02-012+ |

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| 22:50 | **Are You The One?** Shelby ends her love triangle while John tries to move in on Christina but gets blocked by Brandon. The house learns there is a virgin among them. | **MA (L,S)**+AYTO02-003+ |

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| 23:50 | **Are You The One?** An alcohol fueled mistake threatens the strongest couple in the house. Anthony goes after Layton's crush while John makes a move on Christina and the house reels after a Matchup Ceremony. | **MA (L,S)**+AYTO02-004+ |

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| 00:50 | **Movie: Valley Of The Sun (R) (1942)** A former scout for the cavalry exposes a crooked Indian agent and brings a dangerous Indian uprising to a halt. Starring:ANTONIO MORENO,CEDRIC HARDWICKE,JAMES CRAIG,GEORGE MARSHALL,DEAN JAGGER,LUCILLE BALL,TOM TYLER,BILLY GILBERT | **PG (V)**+RKO-117+ |

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| 02:30 | **Movie: The Three Musketeers (R) (1935)** Dumas' classic tale of dashing D'Artgnan who joined the French King's Musketeers. Starring:HEATHER ANGEL,MARGOT GRAHAME,PAUL LUKAS,ONLSOW STEVENS,WALTER ABEL,IAN KEITH | **G** +RKO-111+ |

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| 04:30 | **Movie: Five Came Back (R) (1939)** A tense drama about 12 people who must make a courageous decision when their crashed plane can only take five of them to safety. Starring:ALLEN JENKINS,C. AUBREY SMITH,CHESTER MORRIS,LUCILLE BALL,JOHN CARRADINE,JOSEPH CALLEIA,PATRIC KNOWLES,WENDY BARRIE | **PG (A,V)**+RKO-036+ |

 **Tuesday 28 January 2020**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC14-005+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC14-006+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **James Robison: Sheila Walsh #2** Religious Program. | **PG** +JARO20-020+ |

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| 08:00 | **The Pioneer Woman: 16-Minute Meals: Summer (R)** Ree Drummond is cooking up four sensational, summery 16-minute meals. | **PG** +PIWO13-012+ |

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| 08:30 | **Diners, Drive-Ins and Dives: Aces Of Authenticity (R)** Guy Fieri's hittin' up some joints that are authentic to the bone. | **PG** +DDID18-005+ |

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| 09:00 | **Cake Wars: Willy Wonka (R)** It's the 45th Anniversary of the all-time classic film Willy Wonka and the Chocolate Factory, and Cake Wars is coming to the party. Four bakers will compete with their scrumdiddlyumptious cake. | **PG** +CAKW02-010+ |

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| 10:00 | **The Kitchen: A Festive Family Feast (R)** The Kitchen is decking the halls for a holiday feast and Katie Lee kicks things off with her Sticky Apricot Drumsticks. | **PG** +TKIT15-008+ |

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| 11:00 | **Chopped: Teen Tournament: Battle 3 (R)** In the third of four preliminary competitions, a new group of teen chefs arrives in the Chopped Kitchen with tons of energy, which they put to good use cooking short rib appetizers. | **PG** +CHPD29-009+ |

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| 12:00 | **Black-ish: Public Fool (R)** An incident at school threatens Junior's future at his beloved Valley Glen Prep. | **PG (A)**+BLKI04-005+ |

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| 12:30 | **Black-ish: First And Last (R)** Diane experiences a big life event toward becoming a woman and Bow, Ruby, Zoey and Alicia are there to support her.  | **PG (A)**+BLKI04-006+ |

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| 13:00 | **Just Shoot Me!: Fanny Finch (R) ’CC’** When Finch's newly single mom shows up, he tries to fix her up with Jack so that he can be part of Jack's family. | **PG** +JUSM05-019+ |

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| 13:30 | **Just Shoot Me!: Sugar Momma (R) ’CC’** Finch finds himself a kept man after romance novelist Allison Spencer begins to offer him gifts for sex. | **PG** +JUSM05-020+ |

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| 14:00 | **Just Shoot Me!: Maya Stops Thinking (R) ’CC’** Nina convinces Maya to stop over thinking her dating life and just go for it. Eliot tries to get Finch to do something good. | **PG** +JUSM05-021+ |

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| 14:30 | **How I Met Your Mother: The Duel (R) ’CC’** Lily officially moves in with Marshall and Ted, and Ted begins to think he's being pushed out of the apartment; Barney initiates a "Lemon Law" for first dates. | **PG** +HMYM-008+ |

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| 15:00 | **The Simpsons: Kill Gil, Volumes I And II (R)** The Simpsons let Gil stay with them during Christmas. However, he stays for 11 months because Marge can't tell him 'No'. | **PG** +SIMP18-009+ |

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| 15:30 | **The Simpsons: The Wife Aquatic (R)** Homer returns Marge to Barnacle Bay, where she spent her beloved summer vacations. But when they get there, they discover that it is no longer a tourist spot. | **PG** +SIMP18-010+ |

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| 16:00 | **Modern Family: The Feud (R) ’CC’** Phil's old nemesis Gil Thorpebstrikes again when he unseats Phil as the social chair of their local realtors' association. It turns out that Jay also has a beef with Gil's dad. | **PG (S)**+MOFA05-015+ |

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| 16:30 | **Modern Family: Spring-A-Ding-Fling (R) ’CC’** Phil excitedly plans for the annual Realtor's banquet where he is serving as host for an unprecedented third time. Claire is unable to attend and Haley steps in to be his date. | **PG (S)**+MOFA05-016+ |

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| 17:00 | **Smallville ’CC’** After a parasitic worm infects Pete and Chloe, they become thrill-seeking daredevils, and Pete uses red meteor rocks to persuade Clark to join them on a dangerous adventure. | **PG (H,A)**+SMVI02-013+ |

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| 18:00 | **How I Met Your Mother: Belly Full Of Turkey (R) ’CC’** Lily is freaking out when she has to spend Thanksgiving dinner with Marshall's family. | **PG** +HMYM-009+ |

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| 18:30 | **The Simpsons: Revenge Is A Dish Best Served Three Times (R)** While Homer tries to get revenge on a driver who cut him off, his family warns him of the folly of revenge by telling stories based on The Count of Monte Cristo, Revenge of the Nerds and Batman. | **PG (V)**+SIMP18-011+ |

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| 19:00 | **The Simpsons: Little Big Girl (R)** Lisa embellishes her family heritage as Native American for a school project. Bart gets a driver's license and develops a relationship with an older girl. | **PG (S)**+SIMP18-012+ |

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| 19:30 | **Modern Family: Other People's Children (R) ’CC’** All the adults swap kids for the day. Claire and Gloria have been tasked with finding Lily the perfect flower girl dress, but it becomes clear that the only one interested in shopping is Gloria. | **PG (S)**+MOFA05-017+ |

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| 20:00 | **Modern Family: Vegas (R) ’CC’** The adults are Vegas bound when Jay hooks them up with "Excelsior Level" hotel accommodations, but after learning there's an even higher level, Jay becomes obsessed with upgrading. | **PG (S)**+MOFA05-018+ |

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| 20:30 | **Ramsay's Kitchen Nightmares: The Sandgate (R)** Tonight, Gordon travels to The Sandgate Hotel, run by first-time restauranteurs. The head chef is on the brink of a nervous breakdown, cooking for four restaurants in different styles.  | **M (L)**+RAKN02-007+ |

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| 21:30 | **Ramsay's Kitchen Nightmares: La Riviera (R)** Gordon visits La Riveria, a French restaurant staffed by Michelin star chefs. While head chef Loic is hungry for success, he's arrogant, the food's pretentious and the locals aren't biting.  | **MA (L)**+RAKN02-004+ |

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| 22:30 | **Ramsay's Hotel Hell: Four Seasons Inn (R)** Gordon Ramsay travels across the US to fix some of its most horrendous hotels, troubled inns and struggling resorts. He will endure hotels at their worst, all so unsuspecting guests don't have to. Starring:GORDON RAMSAY | **M (L)**+HELL02-006+ |

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| 23:30 | **Nikita: Rough Trade (R)** Nikita revisits her past when she posed as a nanny for an influential government official - and decides to right the wrong of his death. During the mission, Michael comes to Nikita's rescue. | **M (D,V)**+NIKI01-004+ |

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| 00:30 | **Movie: A Woman Rebels (R) (1936)** Katharine Hepburn stars as a young girl whose experiences in Victorian England lead to her crusading for Women's Rights. Starring:HERBERT MARSHALL,DAVID MANNERS,ELIZABETH ALLEN,DONALD CRISP,LUCILE WATSON,KATHARINE HEPBURN,VAN HEFLIN,DORIS DUDLEY | **PG (A)**+RKO-123+ |

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| 02:30 | **Movie: Allegheny Uprising (R) (1939)** In 1762, a handful of Pennsylvanian frontiersmen defeat British troops in order to stop the sale of firearms and rum to the Indians. Starring:BRIAN DONLEVY,CLAIRE TREVOR,GEORGE SANDERS,JOHN WAYNE,ROBERT BARRATT,MORONI OLSEN,CHILL WILLS | **G** +RKO-004+ |

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| 04:15 | **Movie: Roughshod (R) (1949)** While trying to elude three escaped convicts, a rancher and his young brother help four stranded dance hall girls. Starring:CLAUDE JARMAN JR.,GLORIA GRAHAME,MARTHA HYER,ROBERT STERLING,JEFF DONNELL,JOHN IRELAND,MYRNA DELL | **PG (V)**+RKO-084+ |

 **Wednesday 29 January 2020**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC14-007+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC14-008+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **James Robison: Sheila Walsh: Praying Women #2** Religious Program. | **PG** +JARO20-021+ |

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| 08:00 | **The Pioneer Woman: Chicken, Chicken, Chicken (R)** Ree Drummond is cooking up a storm with chicken, chicken and more chicken. She demonstrates the benefits of bulk buying with three fantastic dishes. | **PG** +PIWO13-013+ |

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| 08:30 | **Diners, Drive-Ins and Dives: Sammies And Stew (R)** Guy Fieri's diggin' into some super sandwiches and savoury stew. | **PG** +DDID18-006+ |

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| 09:00 | **Cake Wars: Archie (R)** Archie, Jughead, Betty, Veronica and the whole gang are headed for Cake Wars, as four master cake artists battle to have their creations at the center of a party celebrating 75 years of the comic. | **PG** +CAKW02-011+ |

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| 10:00 | **The Kitchen: Jolly Good Holiday (R)** The Kitchen is bringing good tidings and a great menu for holiday cheer. To start, Geoffrey Zakarian serves Beef Tenderloin with Jeff Mauro's Blue Cheesy Yorkshire Puddings. | **PG** +TKIT15-009+ |

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| 11:00 | **Chopped: Teen Tournament: Battle 4 (R)** Four more teen chefs battle it out for the last spot in the finale. A can of something strange and a bottle of something sour are two of the ingredients that the competitors must use in the appetizer. | **PG** +CHPD29-010+ |

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| 12:00 | **Black-ish: Charity Case (R)** Dre is chosen to lead Stevens & Lido's new charity campaign which helps people give back to their community. Meanwhile, Junior fails his driving test. | **PG (A)**+BLKI04-008+ |

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| 12:30 | **Black-ish: Sugar Daddy (R)** Dre is diagnosed with Type 2 Diabetes and after talking to Pops, he's resolved to curing himself. Things come to a head at the Stevens and Lido holiday party. | **PG (A)**+BLKI04-009+ |

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| 13:00 | **Just Shoot Me!: At Long Last Allie (R) ’CC’** Nina pesters Elliot to set up a therapy session with his new girlfriend. Allie wants Jack back. | **PG** +JUSM05-022+ |

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| 13:30 | **Just Shoot Me!: Finch In The Dogg House (R) ’CC’** When Jack catches Dennis with his wife, he throws him out. Later Dennis gets a job working for Snoop Dog. | **PG (S,L)**+JUSM06-001+ |

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| 14:00 | **Just Shoot Me!: The Two Faces Of Finch - Part One (R) ’CC’** Finch reveals his personality is not his own but one he ripped off a girl he knew earlier in life. Jack asserts his alpha-male status when Elliot refuses to share his cannolis. | **PG** +JUSM06-002+ |

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| 14:30 | **How I Met Your Mother: Belly Full Of Turkey (R) ’CC’** Lily is freaking out when she has to spend Thanksgiving dinner with Marshall's family. | **PG** +HMYM-009+ |

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| 15:00 | **The Simpsons: Revenge Is A Dish Best Served Three Times (R)** While Homer tries to get revenge on a driver who cut him off, his family warns him of the folly of revenge by telling stories based on The Count of Monte Cristo, Revenge of the Nerds and Batman. | **PG (V)**+SIMP18-011+ |

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| 15:30 | **The Simpsons: Little Big Girl (R)** Lisa embellishes her family heritage as Native American for a school project. Bart gets a driver's license and develops a relationship with an older girl. | **PG (S)**+SIMP18-012+ |

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| 16:00 | **Modern Family: Other People's Children (R) ’CC’** All the adults swap kids for the day. Claire and Gloria have been tasked with finding Lily the perfect flower girl dress, but it becomes clear that the only one interested in shopping is Gloria. | **PG (S)**+MOFA05-017+ |

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| 16:30 | **Modern Family: Vegas (R) ’CC’** The adults are Vegas bound when Jay hooks them up with "Excelsior Level" hotel accommodations, but after learning there's an even higher level, Jay becomes obsessed with upgrading. | **PG (S)**+MOFA05-018+ |

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| 17:00 | **Smallville ’CC’** Lex finds Lucas, the son Lionel gave up for adoption, and brings him home in the hope that they can unite against Lionel. | **PG (H,V)**+SMVI02-014+ |

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| 18:00 | **How I Met Your Mother: The Pineapple Incident (R) ’CC’** When Barney challenges Ted to stop thinking so much and start doing, Ted obliges by getting drunk. | **PG** +HMYM-010+ |

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| 18:30 | **The Simpsons: Springfield Up (R)** A parody of the 'Up Series' of British documentaries, in which a filmmaker follows Homer and his friends from grade school into their 40s. | **PG (S)**+SIMP18-013+ |

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| 19:00 | **The Simpsons: Yokel Chords (R)** In this parody of The Sound of Music, Lisa becomes a tutor for Cletus' seven children, until Krusty tries to exploit them as entertainers. Meanwhile, Bart becomes attached to his psychiatrist. | **PG (V)**+SIMP18-014+ |

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| 19:30 | **Modern Family: A Hard Jay's Night (R) ’CC’** Mitch and Cam reach an impasse over a hand carved cake topper from Cam's dad featuring a manly Cam being gazed upon by an effete-looking Mitch. | **PG** +MOFA05-019+ |

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| 20:00 | **Modern Family: Australia (R) ’CC’** The entire family tags along as Phil fulfills his mom's wish for him to return to his roots and visit the country where he was conceived, Australia. | **PG (S)**+MOFA05-020+ |

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| 20:30 | **Movie: Cocktail (R) (2015)** A talented New York City bartender takes a job at a bar in Jamaica and falls in love. Starring:BRYAN BROWN,GINA GERSHON,ELISABETH SHUE,LISA BANES,KELLY LYNCH,TOM CRUISE | **M (A,L)**+WDFR17-003+ |

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| 22:40 | **Movie: Endless Love (R) ’CC’ (2014)** The story of a privileged girl and a charismatic boy whose instant desire sparks a love affair made only more reckless by parents trying to keep them apart. Starring:ALEX PETTYFER,BRUCE GREENWOOD,EMMA RIGBY,RHYS WAKEFIELD,GABRIELLA WILDE,JOELY RICHARDSON,ROBERT PATRICK | **M (L)**+NBCR30-004+ |

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| 00:50 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)** Jason 'Jabba' Davis explores Summer’s best family films. Featuring Frozen 2, Cats, Jumanji 2, Dolittle, Spies In Disguise, The Addams Family, The Playmobil Movie & Star Wars: The Rise of Skywalker. | **PG** +NFFI80-004+ |

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| 02:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 02:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 04:00 | **Movie: Government Girl (R) (1943)** A comedy set in war-time Washington where there were ten girls for every man. Starring:AGNES MOOREHEAD,JAMES DUNN,PAUL STEWART,OLIVIA DE HAVILLAND,SONNY TUFTS,JESS BARKER,ANNE SHIRLEY | **G** +RKO-046+ |

 **Thursday 30 January 2020**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC14-009+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC14-010+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **James Robison: Sheila Walsh w/Dr David Jeremiah** Religious Program. | **PG** +JARO20-022+ |

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| 08:00 | **Giada At Home: Haunted House (R)** Giada De Laurentiis hosts a spooky backyard Halloween party with a fun haunted house and delicious treats that celebrate the flavors and colors of the season. | **PG** +GIHO05-001+ |

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| 08:30 | **Diners, Drive-Ins and Dives: All Kinds Of Gobble Gobble (R)** Guy Fieri's gettin' a variety of Thanksgiving tastes and treasures. | **PG** +DDID18-007+ |

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| 09:00 | **Cake Wars: Dinosaurs (R)** It's a Cake War that's 65 million years in the making, as four phenomenal cake artists battle to capture dinosaurs in cake form. Only one baker will have their creation as the centerpiece. | **PG** +CAKW02-012+ |

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| 10:00 | **The Kitchen: Brunch Resolutions (R)** The Kitchen kicks off the New Year with resolutions for brunch. Geoffrey Zakarian starts off with one of Spain's most popular dishes, a Brunch Tortilla. | **PG** +TKIT15-010+ |

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| 11:00 | **Chopped: Teen Tournament: Finale Fight (R)** Four teen winners have returned for the grand finale. The young cooks find a surf-and-turf combination in the appetizer basket and aim to distinguish themselves from their opponents. | **PG** +CHPD29-011+ |

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| 12:00 | **Black-ish: Working Girl (R)** Bow struggles to adjust as she returns to work after maternity leave. Meanwhile, Ruby gives the twins a "workaround" plan to get out of doing homework. | **PG (L)**+BLKI04-010+ |

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| 12:30 | **Black-ish: Inheritance (R)** Dre's sister Rhonda is in town and Ruby has a talk with them about her inheritance. Meanwhile, Bow's sister Santamonica is also in town and she hires Junior to become her assistant. | **PG (A)**+BLKI04-011+ |

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| 13:00 | **Just Shoot Me!: The Two Faces Of Finch - Part Two (R) ’CC’** Finch dates the woman who shares his personality. Nina doubts her ability to negotiate a raise from Jack, and Maya wonders if her raises are just because she's his daughter. | **PG (S)**+JUSM06-003+ |

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| 13:30 | **Just Shoot Me!: Bye Bye Binnie (R) ’CC’** When Nina's long-time friend passes away, she finds it hard to cope with the loss. At first, she avoids the whole issue. Later, she can't separate herself from Binnie's ashes. | **PG** +JUSM06-004+ |

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| 14:00 | **Just Shoot Me!: Maya Judging Amy (R) ’CC’** Maya's new assistant will stop at nothing to get ahead fast. She goes over Maya's head to get Jack to hire her as the new sex columnist.  | **PG (S)**+JUSM06-005+ |

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| 14:30 | **How I Met Your Mother: The Pineapple Incident (R) ’CC’** When Barney challenges Ted to stop thinking so much and start doing, Ted obliges by getting drunk. | **PG** +HMYM-010+ |

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| 15:00 | **The Simpsons: Springfield Up (R)** A parody of the 'Up Series' of British documentaries, in which a filmmaker follows Homer and his friends from grade school into their 40s. | **PG (S)**+SIMP18-013+ |

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| 15:30 | **The Simpsons: Yokel Chords (R)** In this parody of The Sound of Music, Lisa becomes a tutor for Cletus' seven children, until Krusty tries to exploit them as entertainers. Meanwhile, Bart becomes attached to his psychiatrist. | **PG (V)**+SIMP18-014+ |

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| 16:00 | **Modern Family: A Hard Jay's Night (R) ’CC’** Mitch and Cam reach an impasse over a hand carved cake topper from Cam's dad featuring a manly Cam being gazed upon by an effete-looking Mitch. | **PG** +MOFA05-019+ |

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| 16:30 | **Modern Family: Australia (R) ’CC’** The entire family tags along as Phil fulfills his mom's wish for him to return to his roots and visit the country where he was conceived, Australia. | **PG (S)**+MOFA05-020+ |

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| 17:00 | **Smallville ’CC’** Martha is seriously sickened by meteor dust, and Clark and Jonathan desperately try to help her. But when Clark becomes infected as well, he finds out just how vulnerable he can be. | **PG (H,V,A)**+SMVI02-015+ |

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| 18:00 | **How I Met Your Mother: The Limo (R) ’CC’** Ted rents a limo to take the gang out to sample five New Year's Eve parties in a quest to find the perfect celebration. | **PG** +HMYM-011+ |

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| 18:30 | **The Simpsons: Rome-Old And Juli-Eh (R)** Selma and Grampa fall in love and end up getting married, a marriage both Homer and Patty are against. | **PG** +SIMP18-015+ |

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| 19:00 | **The Simpsons: Homerazzi (R)** Homer becomes a successful Paparazzi, but Springfield's celebrities decide to get their revenge on him. | **PG** +SIMP18-016+ |

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| 19:30 | **Modern Family: Sleeper (R) ’CC’** Phil fails at his one task to stay home and wait for the repairman, forcing him to tell an elaborate lie to hide the truth from Claire, but the stress is more than he can physically handle. | **PG (S)**+MOFA05-021+ |

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| 20:00 | **Modern Family: Message Received (R) ’CC’** Jay, Gloria and Manny challenge each other to step outside their comfort zone and try something new. Mitch and Cam's wedding gets too costly so they resort to selling some prized possessions,  | **PG** +MOFA05-022+ |

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| 20:30 | **Ink Master: Head Games NEW EPISODE**The artists quickly adapt before tattooing an excruciatingly painful spot on the head. | **M (L)**+INKM08-009+ |

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| 21:30 | **Ink Master: Like Sand Through The Hour Glass NEW EPISODE**It's all in the details when the artists create powerful designs for Dodge Chargers while the clock is ticking in the Elimination Tattoo. | **M (L)**+INKM08-010+ |

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| 22:30 | **Ink Master Redemption: Spousal Support NEW EPISODE**Jesse Smith and Clint Cummings return to face unhappy canvases and their bitter significant others. | **M (L)**+INKR02-011+ |

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| 23:00 | **Ink Master Redemption: Nice Guys Finish Last? NEW EPISODE**Customer service gets put to the test when Randy Vollink and Mark Longenecker are confronted by their unhappy canvases. | **M (L)**+INKR02-012+ |

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| 23:30 | **Revolution: Kashmir (R)** Miles leads Charlie and the gang to Monroe's lair in Independence Hall, but their efforts are impeded when they begin to encounter difficulty in separating fantasy from reality. | **MA (V,A)**+REVO01-009+ |

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| 00:30 | **Revolution: Nobody's Fault But Mine (R)** In the gang's quest to rescue Danny, the time has come for Miles and Monroe to meet face to face. Meanwhile, on the verge of reuniting with her brother, Charlie is conflicted by a shocking discovery. | **MA (V,A)**+REVO01-010+ |

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| 01:30 | **Ink Master Redemption: Spousal Support (R)** Jesse Smith and Clint Cummings return to face unhappy canvases and their bitter significant others. | **M (L)**+INKR02-011+ |

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| 02:00 | **Ink Master Redemption: Nice Guys Finish Last? (R)** Customer service gets put to the test when Randy Vollink and Mark Longenecker are confronted by their unhappy canvases. | **M (L)**+INKR02-012+ |

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| 02:30 | **Movie: Time Served (R) (1998)** A woman makes the ultimate sacrifice for her son, when she covers his crime and goes to gaol in his place. Starring:BO HOPKINS,CATHERINE OXENBERG,LARRY MANETTI,LOURDES COLON,JEFF FAHEY,SCOTT SCHUMACHER,LOUISE FLETCHER,JAMES HANDY | **MA (V,N,L)**+WILF-032+ |

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| 04:30 | **Movie: The Falcon In San Francisco (R) (1945)** Six murders mark the trail of a gang of silk thieves, before Falcon catches the killer. Starring:FAY HELM,EDWARD BROPHY,RITA CORDAY,ROBERT ARMSTRONG,MYRNA DELL,TOM CONWAY,SHARYN MOFFET | **PG (V)**+RKO-027+ |

 **Friday 31 January 2020**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC14-011+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC14-012+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **James Robison: Water For Life Special #1** Religious Program. | **PG** +JARO20-023+ |

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| 08:00 | **Giada At Home: Thanksgiving Sides (R)** Giada De Laurentiis celebrates the flavors of fall with elegant Thanksgiving side dishes. Some are family favorites, while others are a fun spin on the traditional. | **PG** +GIHO05-002+ |

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| 08:30 | **Diners, Drive-Ins and Dives: Comfort And Soul (R)** Guy Fieri's hittin' up some joints that'll warm the palate and the soul. | **PG** +DDID18-008+ |

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| 09:00 | **Cake Wars: Alice in Wonderland (R)** Cake Wars goes through the looking glass as four amazing bakers put their skills to the test and take on Alice in Wonderland. The winner's cake will be featured at the 65th Anniversary celebration. | **PG** +CAKW02-013+ |

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| 10:00 | **The Kitchen: Hearty And Healthy (R)** The Kitchen is making flavorful and veggie-packed recipes. Jeff Mauro shares his Chicken Pot Pie with Butternut Squash Gravy and Katie Lee adds her Chicken Alfredo Spaghetti Squash Boats to the menu. | **PG** +TKIT15-011+ |

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| 11:00 | **Chopped: Twins For The Win (R)** Teams of twins face off in this competition, bringing twice the excitement to the kitchen! | **PG** +CHPD29-012+ |

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| 12:00 | **Black-ish: Bow Knows (R)** Dre is selected to run point on a campaign that focuses on "The Talk", which refers to the conversations that Black parents have with their children through the decades. | **PG** +BLKI04-012+ |

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| 12:30 | **Black-ish: Unkept Woman (R)** Dre and Bow's morning routine with the kids is changing now that Bow is taking some time off work. Meanwhile, Junior bonds with Diane now that he is in charge of driving his siblings to school. | **PG** +BLKI04-013+ |

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| 13:00 | **Just Shoot Me!: Finch Chasing Amy (R) ’CC’** Jack's new point system causes Nina and Maya to compete for his approval. Finch and Elliot compete over Amy, each trying to outdo or embarrass the other. | **PG (S)**+JUSM06-006+ |

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| 13:30 | **Just Shoot Me!: The Impossible Dream (R) ’CC’** The competition between Finch and Elliot kicks into high gear when Amy asks them each out for a date on the same weekend. | **PG** +JUSM06-007+ |

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| 14:00 | **Just Shoot Me!: The Haves And The Have-Mores (R) ’CC’** Kevin begins stalking Maya instead of Nina. Jack must tolerate his snobbish business partner's attempts to degrade those less fortunate, namely Elliot. | **PG** +JUSM06-008+ |

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| 14:30 | **How I Met Your Mother: The Limo (R) ’CC’** Ted rents a limo to take the gang out to sample five New Year's Eve parties in a quest to find the perfect celebration. | **PG** +HMYM-011+ |

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| 15:00 | **Modern Family: Sleeper (R) ’CC’** Phil fails at his one task to stay home and wait for the repairman, forcing him to tell an elaborate lie to hide the truth from Claire, but the stress is more than he can physically handle. | **PG (S)**+MOFA05-021+ |

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| 15:30 | **Modern Family: Message Received (R) ’CC’** Jay, Gloria and Manny challenge each other to step outside their comfort zone and try something new. Mitch and Cam's wedding gets too costly so they resort to selling some prized possessions,  | **PG** +MOFA05-022+ |

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| 16:00 | **The Simpsons: Rome-Old And Juli-Eh (R)** Selma and Grampa fall in love and end up getting married, a marriage both Homer and Patty are against. | **PG** +SIMP18-015+ |

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| 16:30 | **The Simpsons: Homerazzi (R)** Homer becomes a successful Paparazzi, but Springfield's celebrities decide to get their revenge on him. | **PG** +SIMP18-016+ |

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| 17:00 | **Movie: Super Buddies (R) ’CC’ (2013)** An ordinary day at Fernfield Farms turns extraordinary when a group of puppies discover mysterious rings that grant them each a unique super power. Starring:JOHN RATZENBERGER,JONATHAN MORGAN HEIT,MICHAEL TEIGEN,TREY LONEY,SAM ADLER,DARIEN PROVOST,HARLEY GRAHAM | **G** +WDFC55-002+ |

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| 18:45 | **Movie: Tom And Jerry - The Movie (R) (1993)** After they are left homeless when their families move away without them, Tom and Jerry take to the streets, where they team up with an orphan girl and have madcap adventures. Starring:ANNDI MCAFEE,DANA HILL,RICHARD KIND,TONY JAY,CHARLOTTE RAE | **G** +WBFF03-117+ |

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| 20:30 | **Movie: How To Be Single (R) ’CC’ (2016)** A group of young adults navigate love and relationships in New York City. Starring:DAMON WAYANS, JR.,LESLIE MANN,ALISON BRIE,REBEL WILSON,DAKOTA JOHNSON | **M (O,L,S)**+WBFR07-004+ |

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| 22:45 | **Movie: The Campaign (R) ’CC’ (2012)** An incumbent congressman embroiled in personal scandal faces a no-holds-barred challenge from a naive newcomer funded by two unscrupulous billionaire lobbyist brothers. Starring:JASON SUDEIKIS,JOHN LITHGOW,KATHERINE LANASA,SARAH BAKER,ZACH GALIFIANAKIS,WILL FERRELL,DYLAN MCDERMOTT | **MA (L,S)**+WBFF02-014+ |

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| 00:30 | **Movie: Parachute Battalion (R) (1941)** When three men enlist in the Paratroopers, their training is followed and captures their personal dramas and romantic rivalry. Starring:BUDDY EBSEN,HARRY CAREY,EDMOND OBRIEN,ROBERT PRESTON,PAUL KELLY,NANCY KELLY | **PG (V)**+RKO-079+ |

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| 02:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 02:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:00 | **Movie: The Falcon's Adventure (R) (1946)** The Falcon uncovers a vicious plot to steal a formula for making synthetic diamonds. Starring:CAROL FORMAN,IAN WOLFE,EDWARD S. BROPHY,MADGE MEREDITH,ROBERT WARWICK,MYRNA DELL,TOM CONWAY,STEVE BRODIE | **PG (V)**+RKO-032+ |

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| 04:15 | **Movie: My Life With Caroline (R) (1941)** A comedy about a man who discovers his wife is in love with someone else. Starring:ANNA LEE,REGINALD GARDINER,CHARLES WINNINGER,GILBERT ROLAND,RONALD COLMAN | **G** +RKO-075+ |

 **Saturday 01 February 2020**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC14-013+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts the educational and entertaining game show where schools compete to win cash and prizes. | **G** +IAC14-014+ |

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| 07:00 | **Sally Bollywood - Super Detective: Ring My Bell / Catch Me If You Can (R) ’CC’** Sally is a super-sleuth who runs a detective agency for the under-12s with her best friend, Doowee. | **G** +SBSD2-012+ |

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| 07:30 | **Sally Bollywood - Super Detective: Too Many Cooks / Ripped Off Rap (R) ’CC’** Sally is a super-sleuth who runs a detective agency for the under-12s with her best friend, Doowee. | **G** +SBSD2-013+ |

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| 08:00 | **Taco Trip: Las Vegas (R)** Aaron searches for the tastiest tacos Las Vegas has to offer and finds 'KoMex', which features a fusion of Korean and Mexican flavours. | **PG** +TACO02-004+ |

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| 08:30 | **Taco Trip: Austin (R)** Aaron discovers Texas flavors stuffed in a taco, when he travels to Austin. | **PG** +TACO02-005+ |

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| 09:00 | **Taco Trip: Atlanta (R)** A trip to Atlanta includes a restaurant that offers a fusion of Mexican and Southern cooking. | **PG** +TACO02-006+ |

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| 09:30 | **Ridiculous Cakes: This Cake Rocks! (R)** Alton Brown narrates this sweet reality show in which talented cake designers are tasked with creating unique and unbelievable cakes for their clients. | **PG** +RICA01-001+ |

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| 10:00 | **Kid's Baking Championships (R)** In the final challenge, the three remaining kid bakers battle it out for the title of Kids Baking Champion while making spring break-themed cakes. Which baker will emerge the winner? | **G** +KBAC02-008+ |

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| 11:00 | **Chopped: Naan The Wiser (R)** A serious time management issue in the first-round featuring naan and blood sausages gets one of the competitors in trouble as the last seconds tick away. | **PG** +CHPD29-013+ |

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| 12:00 | **Movie: Tom And Jerry - The Movie (R) (1993)** After they are left homeless when their families move away without them, Tom and Jerry take to the streets, where they team up with an orphan girl and have madcap adventures. Starring:ANNDI MCAFEE,CHARLOTTE RAE,DANA HILL,RICHARD KIND,TONY JAY | **G** +WBFF03-117+ |

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| 13:45 | **Just Shoot Me!: Nina Van Mom (R) ’CC’** Nina reveals she had a child when she was younger and that child, who is now a woman, has come looking for her. | **PG** +JUSM06-010+ |

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| 14:15 | **Just Shoot Me!: Nina Van Grandma (R) ’CC’** It skips a generation. Nina's newly discovered granddaughter shares much in common with her, in fact, too much. | **PG** +JUSM06-011+ |

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| 14:45 | **One Tree Hill: With Arms Outstretched (R)** After fighting with his father and Haley, Nathan succumbs to the pressure and takes amphetamines to help him play basketball better. However, he isn't prepared for the destruction it does. | **PG (D,L,S,A)**+ONTH01-009+ |

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| 15:45 | **One Tree Hill: You Gotta Go There To Come Back (R)** Lucas and Peyton try to redefine their friendship after Lucas chooses to be with her best friend, Brooke, who is unaware that Lucas and Peyton briefly dated. Dan invites Deb to a getaway weekend. | **PG (D,S,A)**+ONTH01-010+ |

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| 16:45 | **Movie: Battle Of The Year (R) (2013)** A legendary break-dancing crew returns to its roots in order to reclaim the world championship. Starring:LAZ ALONSO,JOSH HOLLOWAY,JOSH PECK | **PG (V,L)**+SPCF07-001+ |

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| 19:00 | **Movie: Wreck-It Ralph (R) ’CC’ (2012)** Video game villain, Wreck-It Ralph, longs to be the beloved Good Guy and sets out to fulfill his dream, but his quest soon brings havoc to the whole arcade where he lives. Starring:ALAN TUDYK,JANE LYNCH,JACK MCBRAYER,ED ONEILL,JOHN C. REILLY,MINDY KALING,SARAH SILVERMAN | **PG (V)**+WDF52-004+ |

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| 21:00 | **Movie: The 40 Year Old Virgin (R) ’CC’ (2005)** Andy Stitzer has gone 40 years without "doing it." Now his pals are making it their mission to help him score... fast! Starring:CATHERINE KEENER,JANE LYNCH,ELIZABETH BANKS,LESLIE MANN,LOUDON WAINWRIGHT,JONAH HILL,ROMANY MALCO,PAUL RUDD,STEVE CARELL,SETH ROGEN | **MA (S,L)**+NBCR7-008+ |

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| 23:30 | **Bar Hunters: Diving In (R)** First-time bar owners open new pubs with the help of a restaurant-industry expert. | **M** +BARH01-001+ |

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| 00:00 | **Movie: Yellow Canary (R) (1943)** A socialite suspected of being a Nazi sympathiser is really a British spy. Starring:ALBERT LIEVEN,ANNA NEAGLE,MARGARET RUTHERFORD,RICHARD GREENE,VALENTINE DYALL | **PG (V)**+RKO-124+ |

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| 01:50 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 02:20 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 02:50 | **Movie: Count The Hours (R) (1953)** When a farm worker and his wife are accused of murder, the husband confesses in the desperate hope of saving his wife. Starring:ADELE MARA,TERESA WRIGHT,MACDONALD CAREY,DELORES MORAN | **PG (V)**+RKO-017+ |

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| 04:30 | **Movie: Having Wonderful Time (R) (1938)** A light-hearted comedy about a young New York girl who falls in love at a summer camp. Starring:GINGER ROGERS,EVE ARDEN,LUCILLE BALL,RED SKELTON,PEGGY CONKLIN,LEE BOWMAN,DOUGLAS FAIRBANKS JR | **G** +RKO-049+ |