**Sunday, July 31, 2016**

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| 06:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 AM | **The Amazing Race: Not A Well-Rounded Athlete (R) ’CC’** The final four teams arrive in Spain and travel to Rafael Nadal's practice courts for a volleying Roadblock. Also, one team draws blood after getting bullish with a detour. Hosted by Phil Keoghan. | **PG** +AMRC21-010+ |

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| 07:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 09:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 09:30 AM | **Olympians - Off The Record: Boomers Uluru Special (R) ’CC’** The Australian Men’s Basketball Team take an incredibly unique Road to Rio, travelling to the heart of our country, Uluru. They’re on a mission to win an elusive Olympic medal in Rio. | **PG** +OFTR01-017+ |

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| 10:00 AM | **AFL Game Day ’CC’ LIVE**Hamish McLachlan hosts the biggest names in the game for a lively look at all the weekend’s action, footy news and issues. | +GAMD16-019+ |

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| 11:30 AM | **The AFN Fishing Show NEW EPISODE** Nige Webster heads to the Coral Sea with a plan in mind: to help a lure designer test product. Take a look behind the scenes at exactly what it takes to design and produce your own lures.  | **PG** +AFNF04-005+ |

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| 12:00 PM | **Hook Line And Sinker: NZ Wicked Trip'n SERIES RETURN**The boys find adventure in the land of the long white cloud as they come up with a budget savvy way to fish, drive and tour New Zealand’s North Island. | **PG** +HOLS05-001+ |

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| 01:00 PM | **Mudcats: Walk Of Shame (R)** With only three weeks left to prove whose best and one team already out, each of the mudcatters goes into week six with something to prove. | **PG** +MCAT-006+ |

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| 02:00 PM | **Turtleman: Mama Llama Drama (R)** It's the dog days of summer in the backwoods, and Turtleman is gearing up for all-new live action! An Alpaca Farm has a guard llama on the loose and Turtleman is asked to rescue a runaway animal.  | **PG** +CWLM2-001+ |

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| 02:30 PM | **2016 AFL Premiership Season: Pre Game Rnd 19: Fremantle v Sydney ’CC’ LIVE**Memories from intense battles against the Swans at Domain Stadium will be front of mind for the Dockers as they aim to write another chapter in this compelling modern-day rivalry. | +AFLP16-056+ |

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| 03:00 PM | **2016 AFL Premiership Season: Rnd 19: Fremantle v Sydney ’CC’ LIVE**Memories from intense battles against the Swans at Domain Stadium will be front of mind for the Dockers as they aim to write another chapter in this compelling modern-day rivalry. | +AFLG16-161+ |

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| 06:00 PM | **Seinfeld: The Smelly Car (R) ’CC’** A valet's body odor haunts Jerry and Elaine and George discovers some surprising news about Susan. | **PG** +SEIN4-022+ |

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| 06:30 PM | **7mate Sunday Night Movie: Twister (R) ’CC’ (1996)** A trio of storm chasers, also caught in a love triangle, attempt to insert a revolutionary measuring device into the very heart of several extremely violent tornadoes. Starring: ALAN RUCK,BILL PAXTON,CARY ELWES,HELEN HUNT,JAMI GERTZ,LOIS SMITH,JOEY SLOTNICK,JEREMY DAVIES,PHILIP SEYMOUR HOFFMAN,ZACH GRENIER,WENDLE JOSEPHER,TODD FIELD,SCOTT THOMSON,SEAN WHALEN | **PG (A,V,L)**+NBCR8-024+ |

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| 09:00 PM | **7mate Sunday Night Movie: The Rock (R) ’CC’ (1996)** A one-time escaped convict leads Navy SEALs onto Alcatraz to thwart a renegade colonel who is threatening the area with warheads. Starring: GREGORY SPORLEDER,DAVID MORSE,ED HARRIS,JOHN SPENCER,JOHN C. MCGINLEY,NICOLAS CAGE,MICHAEL BIEHN,WILLIAM FORSYTHE,VANESSA MARCIL,SEAN CONNERY | **MA (V,L)**+WDFR13-004+ |

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| 11:55 PM | **7mate Sunday Night Movie: Snatch (R) ’CC’ (2000)** Unscrupulous boxing promoters, violent bookmakers, a Russian gangster, incompetent amateur robbers, and supposedly Jewish jewellers fight to track down a priceless stolen diamond. Starring: BENICIO DEL TORO,BRAD PITT,JASON FLEMYNG,JASON STATHAM,DENNIS FARINA,RADE SHERBEDGIA,VINNIE JONES | **MA (V,L)**+SPF7-005+ |

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| 02:00 AM | **Hook Line And Sinker: NZ Wicked Trip'n (R)** The boys find adventure in the land of the long white cloud as they come up with a budget savvy way to fish, drive and tour New Zealand’s North Island. | **PG** +HOLS05-001+ |

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| 03:00 AM | **Shannon's Legends Of Motorsport: 1973 Doco (R)** Join hosts Bill Woods and Aaron Noonan for a special documentary presentation of the 1973 HardieFerodo 1000 from Mt Panorama. | **PG** +SLOM02-007+ |

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| 04:00 AM | **Shannon's Legends Of Motorsport: George Fury & Gibsons (R)** Join hosts Bill Woods and Aaron Noonan for a discussion with Nissan Motorsport star and former dual Australian Rally Champion George Fury. | **PG** +SLOM02-008+ |

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| 05:00 AM | **Shannon's Legends Of Motorsport: Glenn Seton (R)** Join hosts Bill Woods and Aaron Noonan for a discussion with twice Australian Touring Car Champion racing legend Glenn Seton. | +SLOM02-009+ |

**Monday, August 01, 2016**

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| 06:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 AM | **The AFN Fishing Show (R)** Nige Webster heads to the Coral Sea with a plan in mind: to help a lure designer test product. Take a look behind the scenes at exactly what it takes to design and produce your own lures.  | **PG** +AFNF04-005+ |

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| 07:30 AM | **Hook Line And Sinker: NZ Wicked Trip'n (R)** The boys find adventure in the land of the long white cloud as they come up with a budget savvy way to fish, drive and tour New Zealand’s North Island. | **PG** +HOLS05-001+ |

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| 08:30 AM | **Dream Car Garage (R)** This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations.  | **PG** +DCAG-026+ |

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| 09:00 AM | **Combat Dealers: The Russians Are Coming (R)** Military equipment collector Bruce Compton travels the world to view vehicles and memorabilia worth buying and restoring. | **PG** +COMD-002+ |

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| 10:00 AM | **Starsky & Hutch: Cover Girl (R)** A top model believes she has terminal cancer and arranges for a genius hit-man to end her life. She discovers the cancer is in remission so she turns to old flame Hutch to prevent her own death. | **PG (V)**+STAH4-009+ |

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| 11:00 AM | **Olympians - Off The Record: Susie O'Neill (R) ’CC’** She was the poster girl for the Sydney Olympics. But in the race that mattered to her most, Susie O’Neill failed to deliver. How much did that shake Madame Butterfly? | **PG** +OFTR01-001+ |

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| 11:30 AM | **Olympians - Off The Record: Brett Aitken / Scott McGrory (R) ’CC’** After burying his baby son, Scott McGrory faced an ultimatum: ride at the Sydney Olympics, or have nothing. While his cycling partner Brett Aitken had a young daughter desperately ill. | **PG** +OFTR01-002+ |

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| 12:00 PM | **Olympians - Off The Record: Matthew Mitcham (R) ’CC’** Matthew Mitcham loves the limelight, and why wouldn’t he after spending way too much time in the dark? In this tell-all interview Matthew shares his defining moments, and the devastating struggles. | **PG (A,L)**+OFTR01-003+ |

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| 12:30 PM | **T.J Hooker: Nightmare (R)** Stacy suffers an accident-induced state of amnesia and unknowingly falls into the hands of an escaped madman. | **M** +TJHK5-011+ |

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| 01:30 PM | **Hardcore Pawn: Life After Death (R)** American Jewelry is doing much better business since Ashley left, but Les felt that there's something missing - Ashley. | **M** +HPWN4-001+ |

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| 02:00 PM | **Hardcore Pawn: Return Of The Queen (R)** Les talks Ashley into rejoining American Jewelry but Ashley wants the respect she deserves and Seth wants to avoid reigniting the feud that led to her resignation. | **M** +HPWN4-002+ |

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| 02:30 PM | **Hardcore Pawn: Fire Bomb (R)** A man tries to sell a watch and earrings , but learned from Seth that he paid too much for them at the mall. When he refused to strike a deal with Seth and Ashley, Les had a solution. | **M** +HPWN4-003+ |

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| 03:00 PM | **The Neighbors: Larry Bird & The Iron Throne (R) ’CC’** Jackie Joyner-Kersee tries her best to help as Debbie whips herself into a frenzy planning the perfect birthday for little Abby.  | **PG** +NEIG-006+ |

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| 03:30 PM | **Swamp People: Rumble In The Swamp (R)** Swampers take on big risks in trying to fill some high priced tags. One family must maintain an eight foot average in order to fill some expensive tags. | **PG** +SWMP5-010+ |

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| 04:30 PM | **Car Chasers: American Muscle Madness (R)** On a quest for classic cars, Jeff and Perry explore a treasure-laden man cave hidden in an airport hangar. Featuring a ’65 Shelby Cobra, World War II era jeep, and a vintage jet fighter ejection seat. | **PG** +CACH-006+ |

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| 05:30 PM | **American Restoration: Sofa King Cool (R)** When Pawn Stars' Rick Harrison arrives at the shop looking for his son Corey's birthday present, Rick suggests a new couch made from an old car. But hunting for the coolest classic proves difficult. | **PG** +AMER5-017+ |

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| 06:00 PM | **American Pickers: Pint-Sized Picker (R)** Danielle is jealous when the guys take Mike's young nephew on his first pick instead of her. But Rhesa is thrilled, especially when the trio starts exploring Danny Bean's sprawling property. | **PG** +APIC3-001+ |

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| 07:00 PM | **Pawn Stars: Cornering The Colonel (R) ’CC’** The Pawn Stars have an opportunity to buy the iconic suit of Kentucky Fried Chicken founder Colonel Sanders. And later, Corey and Chumlee check out an old arcade punching bag game. | **PG** +PWNS4-004+ |

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| 07:30 PM | **Pawn Stars: Hot Air Buffon / Steaks At Stake (R) ’CC’** The pawn shop heats up after Corey spends big bucks buying a huge 12 passenger hot air balloon, and at the same time breaking one of Rick's golden rules. | **PG** +PWNS2-727+ |

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| 08:30 PM | **The Big Bang Theory: The Hofstadter Insufficiency (R) ’CC’** Sheldon and Penny bond in Leonard's absence, but it's Sheldon's feelings that are crushed when Leonard returns from the North Sea. | **PG** +BBTH07-001+ |

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| 09:00 PM | **The Big Bang Theory: The Deception Variation (R) ’CC’** Raj gets consoled about his ex-girlfriend and Howard's relationship with his mother causes an unusual threat to his masculinity. | **PG** +BBTH07-002+ |

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| 09:30 PM | **The Big Bang Theory: The Scavenger Vortex (R) ’CC’** The entire gang competes in a cutthroat scavenger hunt. | **PG** +BBTH07-003+ |

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| 10:00 PM | **Family Guy: Halloween On Spooner Street / Baby You Knock Me Out (R) ’CC’** Peter and Joe team up to execute a series of painful and humiliating Halloween pranks on unsuspecting family, friends, and neighbours. | **M (S)**+FGUY10-703+ |

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| 11:00 PM | **American Dad: Mine Struggle NEW EPISODE**Mine Struggle Stan discovers a salt mine in the backyard. | **M (A)**+ADAD12-018+ |

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| 11:30 PM | **Rude Tube: Crazy Cats (R)** From the outrageously wacky to the downright rude, see many viral videos, right here on Rude Tube. | **M** +RDTB5-013+ |

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| 12:00 AM | **Talking Footy NEW EPISODE**Three-time premiership superstar Tim Watson and arguably the greatest player of all time Wayne Carey sit alongside host and Bulldogs champion Luke Darcy to dissect the week's AFL news and issues. | +TFOO16-019+ |

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| 01:00 AM | **Sport Special: Gold Coast Airport Marathon 2016 (R)** The Gold Coast Airport Marathon course runs next to the Gold Coast’s surf beaches and has a reputation as one of the flattest and fastest courses in the world.  | +NFFI32-001+ |

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| 02:00 AM | **Mark Berg's Fishing Addiction: Albany Island, Far North Queensland (R)** This episode takes IT worker Steve away from his nine-to-five desk job and throws him into a fishing paradise on a tropical island in far north Queensland. | **PG** +MBFA3-003+ |

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| 03:00 AM | **Swamp People: Rumble In The Swamp (R)** Swampers take on big risks in trying to fill some high priced tags. One family must maintain an eight foot average in order to fill some expensive tags. | **PG** +SWMP5-010+ |

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| 04:00 AM | **Swamp People: Beast Of The Lake (R)** Swampers go on personal quests to settle scores. One team goes after a legendary gator they have hunted for years. A second hunter goes after a ruthless cannibal gator. | **PG** +SWMP5-011+ |

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| 05:00 AM | **Dream Car Garage (R)** This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations.  | **G** +DCAG-067+ |

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| 05:30 AM | **Dream Car Garage (R)** This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations.  | **G** +DCAG-068+ |

**Tuesday, August 02, 2016**

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| 06:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 AM | **Fishing Western Australia (R)** Join the team as we set off in search of adventure and amazing fishing experiences off the coast of Western Australia. | **G** +FWA13-004+ |

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| 07:30 AM | **Mark Berg's Fishing Addiction: Albany Island, Far North Queensland (R)** This episode takes IT worker Steve away from his nine-to-five desk job and throws him into a fishing paradise on a tropical island in far north Queensland. | **PG** +MBFA3-003+ |

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| 08:30 AM | **Dream Car Garage (R)** This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations.  | **PG** +DCAG-027+ |

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| 09:00 AM | **Combat Dealers: Hollywoods Calling (R)** Military equipment collector Bruce Compton travels the world to view vehicles and memorabilia worth buying and restoring. | **PG** +COMD-003+ |

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| 10:00 AM | **Starsky & Hutch: Starsky's Brother (R)** Starsky's little brother, a smalltime hustler, arrives in town to visit Starsky. He's approached by the mob and realises he needs Starsky's help.  | **PG (D,V)**+STAH4-010+ |

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| 11:00 AM | **Olympians - Off The Record: Jeff Fenech (R) ’CC’** In candid interviews with Bruce McAvaney, 12 Australian Olympians reveal what happens when there are no personal bests left to chase and what, if anything, replaces the euphoria of elite sport. | **PG** +OFTR01-004+ |

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| 11:30 AM | **Olympians - Off The Record: Anna Meares (R) ’CC’** We know she is tough - she came back from a broken neck. She has won more world titles than any other female cyclist. What we don’t know, is what drives Anna Meares towards one last ride in Rio? | **PG** +OFTR01-005+ |

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| 12:00 PM | **Olympians - Off The Record: Thomas Bach IOC (R) ’CC’** In candid interviews with Bruce McAvaney, 12 Australian Olympians reveal what happens when there are no personal bests left to chase and what, if anything, replaces the euphoria of elite sport. | **PG** +OFTR01-006+ |

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| 12:30 PM | **T.J Hooker: Shootout (R)** Hooker, Corrigan and Stacy go undercover as bank employees to catch a group of cold-blooded murdering thieves. | **M** +TJHK5-012+ |

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| 01:30 PM | **Hardcore Pawn: Les Walks Out (R)** Les leaves to attend a business meeting, and leaves it up to Seth and Ashley to take care of American Jewelry. | **M** +HPWN4-004+ |

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| 02:00 PM | **Hardcore Pawn: Les Loses It (R)** A man tries to sell a series of poorly stuffed animals, leading to an unusual threat by the man against Les. A woman goes into a tirade when Ashley determines the earrings she was pawning. | **M** +HPWN4-005+ |

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| 02:30 PM | **Hardcore Pawn: Blood Lines (R)** Hardcore Pawn takes viewers behind the scenes at American pawn shop located in Detroit. As customers bring in everything from alligators to prosthetic limbs, each pawn ticket has a story.  | **M** +HPWN4-006+ |

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| 03:00 PM | **The Neighbors: 50 Shades Of Green (R) ’CC’** Marty and Debbie find out all the facts of alien love when Zabvronian mating season coincides with their wedding anniversary.  | **PG** +NEIG-007+ |

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| 03:30 PM | **Swamp People: Beast Of The Lake (R)** Swampers go on personal quests to settle scores. One team goes after a legendary gator they have hunted for years. A second hunter goes after a ruthless cannibal gator. | **PG** +SWMP5-011+ |

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| 04:30 PM | **Car Chasers: Auction Fever (R)** With a huge auto auction looming, it’s all hands on deck as the team races to ready as much inventory as possible for the block. | **PG** +CACH-007+ |

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| 05:30 PM | **American Restoration: Gone To Pieces (R)** When Rick's favorite customer Big Mike comes in with a 1964 Ducati motorcycle the search is on for rare parts. Then, Tim from Pinball Hall of Fame needs Rick's help on a 1960s Gatling gun arcade game. | **PG** +AMER5-018+ |

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| 06:00 PM | **American Pickers: A Banner Pick (R)** While picking in Pennsylvania, Danielle sends the guys to Bushkill Park. A century-old amusement park that's seen much better days. | **PG** +APIC3-002+ |

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| 07:00 PM | **Pawn Stars: Gone With The Schwinn (R) ’CC’** The Pawn Stars are brushed with Vegas royalty when they are presented with a huge truckload of personal tapes from Rat Pack legend Sammy Davis Jr. | **PG** +PWNS4-005+ |

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| 07:30 PM | **Highway Patrol: Sandwich Pursuit (R) ’CC’** A Sergeant is checking number plates when a bike with personalised plates comes up as unregistered. He attempts to pull over the bike but the rider tries to get away resulting in a long highway pursuit. | **PG** +HWYP4-007+ |

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| 08:00 PM | **Highway Patrol: Inches From Death (R) ’CC’** Senior Constable Dean Pickering is called to a nasty crash where two kids have stolen a car, with their reckless driving leading them to wrap the car around a tree. | **PG** +HWYP4-009+ |

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| 08:30 PM | **Outback Truckers SEASON FINAL**Steve Grahame hits the mud with a broken down body and Sludge’s mountain mission takes a downhill slide. | **PG** +MUTR04-013+ |

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| 09:30 PM | **Ice Road Truckers: Ice Road Rage NEW EPISODE**Hugh and Rick roll deeper into the Canadian outback, while a dangerous overflow may leave Alex stranded in the wilderness. Dave's training run with Tony reaches the boiling point. | **M** +ICER05-002+ |

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| 10:30 PM | **Ice Road Truckers: Lost On The Ice FIRST TIME ON 7MATE**After the storm clears, most of the truckers are ready to roll--all except Rick, who is on the verge of quitting and looks to Hugh for advice.  | **M** +ICER02-006+ |

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| 11:30 PM | **Counting Cars: Psychedelic Cycle (R)** The shop has its hands full with a custom psychedelic bike, and Danny's infamous friend, Davey Deals, orders a barbeque grill like no one has ever seen. | **M** +CCAR02-014+ |

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| 12:00 AM | **Eagle Vision ’CC’ NEW EPISODE**A look at all the action behind the scenes at the West Coast Eagles Football Club. | +EAGV06-018+ |

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| 12:30 AM | **The Crows Show ’CC’ NEW EPISODE**The Crows Show features exclusive behind the scenes vision, as well as insights from players, coaches and staff. | +CROW16-019+ |

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| 01:00 AM | **Harley Davidson TV (R)** H-Dtv is Australia's only dedicated Harley-Davidson TV series. A lifestyle show like no other, it features entertaining and original Harley-Davidson content. | **PG** +HDTV02-010+ |

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| 01:30 AM | **Counting Cars: Psychedelic Cycle (R)** The shop has its hands full with a custom psychedelic bike, and Danny's infamous friend, Davey Deals, orders a barbeque grill like no one has ever seen. | **M** +CCAR02-014+ |

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| 02:00 AM | **Mark Berg's Fishing Addiction: The Kimberley's - Part 1 (R)** A dream comes true for Corey, as we surprise him at his work in a produce factory in rural Queensland with an incredible fishing trip to The Kimberley's for some mind blowing Sailfish action. | **PG** +MBFA3-004+ |

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| 03:00 AM | **Swamp People: Way Of The Swamp (R)** Swampers are in danger of losing their businesses until family and friends come to their aid. One hunter gets some needed help from their spouse and a friend. | **PG** +SWMP5-012+ |

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| 04:00 AM | **Speed With Guy Martin: World's Fastest HPA** Guy Martin is on a mission to do the seemingly impossible – fly using muscle power alone. Watch as he tries to build a plane with no engine that he can cycle into the air.  | **PG** +GUYS-003+ |

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| 05:00 AM | **Dream Car Garage (R)** This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations.  | **G** +DCAG-069+ |

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| 05:30 AM | **Dream Car Garage (R)** This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations.  | **G** +DCAG-070+ |

**Wednesday, August 03, 2016**

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| 06:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 AM | **Fishing Western Australia (R)** Join the team as we set off in search of adventure and amazing fishing experiences off the coast of Western Australia. | **G** +FWA13-005+ |

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| 07:30 AM | **Mark Berg's Fishing Addiction: The Kimberley's - Part 1 (R)** A dream comes true for Corey, as we surprise him at his work in a produce factory in rural Queensland with an incredible fishing trip to The Kimberley's for some mind blowing Sailfish action. | **PG** +MBFA3-004+ |

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| 08:30 AM | **Dream Car Garage (R)** This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations.  | **G** +DCAG-028+ |

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| 09:00 AM | **Combat Dealers: The D-Day Parachute Jump (R)** Military equipment collector Bruce Compton travels the world to view vehicles and memorabilia worth buying and restoring. | **PG** +COMD-004+ |

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| 10:00 AM | **Starsky & Hutch: Dandruff (R)** Starsky and Hutch work undercover in a beauty salon in order to set a trap for an international jewel thief. | **PG (V)**+STAH4-011+ |

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| 11:00 AM | **Olympians - Off The Record: Steve Hooker (R) ’CC’** He thrilled us in the field, now 2008 Olympic pole vault champion Steve Hooker takes Bruce McAvaney through his masterful career.  | +OFTR01-007+ |

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| 11:30 AM | **Olympians - Off The Record: Cadel Evans (R) ’CC’** In a candid interview with Bruce McAvaney, Cadel takes us on an Off the Record journey- from riding his first bike through the Northern Territory, to winning the Tour De France. | +OFTR01-008+ |

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| 12:00 PM | **Olympians - Off The Record: Geoff Huegill (R) ’CC’** If it weren’t for childhood tragedy, how different would Geoff Huegill’s life have been? The comeback king goes Off the Record to talk about the pool, the comebacks, and everything in between. | +OFTR01-009+ |

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| 12:30 PM | **Olympians - Off The Record: Chantelle Newbery (R) ’CC’** Chantelle Newbery reached dizzying heights as Australia’s first female diving gold medallist; before life began to turn against her. Chantelle sits down with Bruce McAvaney in a revealing episode. | +OFTR01-010+ |

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| 01:00 PM | **T.J Hooker: Murder By Law (R)** Hooker and his team track down a serial killer who seems to have a pattern to the crimes: all of his victims are female attorneys. | **M** +TJHK5-013+ |

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| 02:00 PM | **Hardcore Pawn: Turf Wars (R)** A man tries to redeem his brother's pawn using false identification, while another tries to sell a skeletal foot of his great grandfather, which was amputated during World War I. | **M** +HPWN4-007+ |

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| 02:30 PM | **Hardcore Pawn: All In The Family (R)** Ashley and Seth continue to bicker over themselves as they try to complete their transactions, leading Les to the end of his rope. | **M** +HPWN4-008+ |

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| 03:00 PM | **The Neighbors: Thanksgiving Is For The Bird-Kersees (R) ’CC’** Debbie wants her family's first Thanksgiving at their new home to be different from Thanksgivings past.  | **PG** +NEIG-008+ |

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| 03:30 PM | **Swamp People: Way Of The Swamp (R)** Swampers are in danger of losing their businesses until family and friends come to their aid. One hunter gets some needed help from their spouse and a friend. | **PG** +SWMP5-012+ |

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| 04:30 PM | **Car Chasers: California Dreamin (R)** Jeff and Meg consider setting up shop in Southern California to tackle a bigger marketplace and take Flat 12 to the next level. | **PG** +CACH-008+ |

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| 05:30 PM | **American Restoration: Star Wreck (R)** When a star-shaped 1970s Carl's Jr. sign arrives in need of a facelift, Rick and his team aim for a restore that's out of this world. Later, Ron returns from a monster picking trip with a huge haul. | **PG** +AMER5-019+ |

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| 06:00 PM | **American Pickers: Danielle Goes Picking (R)** After years of begging the guys to let her go on a pick, Danielle finally gets her chance, and the three head off to visit a major collector with a barn full of hidden treasures. | **PG** +APIC3-003+ |

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| 07:00 PM | **Pawn Stars: Phoning It In (R) ’CC’** The Pawn Stars have a chance to purchase a rare piece of American political history-a collection of personal letters from Kennedy brothers John, Bobby, and Teddy. | **PG** +PWNS4-006+ |

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| 07:30 PM | **Beverly Hills Pawn: Beverly Hills Biker / Dragons And DiMaggio NEW EPISODE**Yossi and Aria try to sell a vintage MV Agusta America Motorcycle. Then, a "butler" of Hugh Hefner's enters with a surprisingly valuable set that belonged to Mr. Joe DiMaggio himself! | **PG** +BEHP02-727+ |

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| 08:30 PM | **Storage Wars: Get Him To The Mayan / Fu Dog Day Afternoon (R)** Jarrod and Brandi uncover rare depression era art. Then, Dave wins a furniture unit that points him in the direction of Chinatown. | **PG** +STOW02-732+ |

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| 09:30 PM | **Baggage Battles: Miami (R)** The buyers are in Miami to bid on world-class luggage, where Mark aggressively bids on bags of jewelry hoping to strike gold. | **PG** +BAGB-001+ |

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| 10:00 PM | **Hardcore Pawn: Oh Yes He Did (R)** Seth's secret plan to sell Pontiac is in full motion, but when it hits a snag, Ashley is pulled into the fray. | **M** +HPWN7-013+ |

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| 10:30 PM | **Hardcore Pawn: Frisky Business / Short Staffed (R)** After a devastating betrayal by their head of security, the Golds must crack down to protect themselves and their business. Then, Seth's security crackdown rubs the redeem girls the wrong way. | **M (L)**+HPWN9-719+ |

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| 11:30 PM | **Hardcore Pawn: Monster Deals (R)** Seth and Ashley battle it out to see who can bring in more new customers to the store. Ashley's idea really blows up, but Seth has a secret plan in the works. | **M** +HPWN9-003+ |

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| 12:00 AM | **The Neighbors: Halloween-Ween (R) ’CC’** Since arriving on Earth, the aliens - led by the Bird-Kersees - have viewed Halloween as a threat and have set up a barrier at the gates of Hidden Hills.  | **PG** +NEIG-005+ |

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| 12:30 AM | **The Neighbors: Larry Bird & The Iron Throne (R) ’CC’** Jackie Joyner-Kersee tries her best to help as Debbie whips herself into a frenzy planning the perfect birthday for little Abby.  | **PG** +NEIG-006+ |

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| 01:00 AM | **Jail (R)** Get unprecedented access to life inside the walls of America's jails. | **M** +JAIL5-010+ |

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| 01:50 AM | **Rio 2016 Olympic Games: Women's Football Preliminations - Overnight ’CC’ LIVE**The women’s first-round preliminaries feature Australia taking on Canada. The Matildas play London 2012 bronze medallists, Canada. | +OLY316-001+ |

**Thursday, August 04, 2016**

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| 06:00 AM | **Rio 2016 Olympic Games: Women's Football Preliminations - Morning ’CC’ LIVE**The women’s first-round preliminaries feature Brazil taking on China and Zimbabwe facing Germany. | +OLY316-002+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Women's Football Preliminations - Day ’CC’ LIVE**The women’s first-round preliminaries feature USA against New Zealand and France against Colombia. | +OLY316-003+ |

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| 01:00 PM | **Olympians - Off The Record: Nova Peris (R) ’CC’** We know the name Nova Peris, but how much do we really know about this extraordinary Australian who has been a pioneer on the hockey pitch, the athletics track and in Australian Parliament? | +OFTR01-011+ |

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| 01:30 PM | **Olympians - Off The Record: Luc Longley (R) ’CC’** In this episode, basketballer Luc Longley goes Off the Record with Bruce McAvaney to share his best moments, from winning three NBA championships to playing for the Australian Boomers. | **PG** +OFTR01-012+ |

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| 02:00 PM | **Olympians - Off The Record: Cate & Bronte Campbell (R) ’CC’** In this extraordinary interview for Olympians: Off the Record, Cate and Bronte Campbell reveal a heartrending layer of the Campbell family story, and what motivates them for Rio 2016. | **PG** +OFTR01-013+ |

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| 02:30 PM | **Hardcore Pawn: New Hire. Now Fire! (R)** Ashley hires a woman to work at the jewellery counter without consulting with Seth or Les. Ashley's management skills are tested after questionable transactions by the new hire are made known. | **M** +HPWN4-010+ |

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| 03:00 PM | **The Neighbors: Merry Crap-Mas (R) ’CC’** The Weavers ask the Bird-Kersees to hide the multitude of Christmas gifts they've purchased for Amber, Max and Abby. | **PG** +NEIG-009+ |

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| 03:30 PM | **Swamp People: Blood Brothers (R)** With the season winding down, Swampers look to tag out certain properties before it's too late. One team must travel through huge lochs in search of deeper waters. | **PG** +SWMP5-014+ |

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| 04:30 PM | **Rio 2016 Olympic Games: Matildas Match Replay - Canada v Australia ’CC’** The Matildas play London 2012 bronze medallists, Canada. | +OLY316-004+ |

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| 06:30 PM | **American Restoration: Thin Tin Tin (R)** Rick gets a visit from Grammy-winning singer Jason Mraz, bringing in a sign to be restored in honor of his late grandfather. Later, the crew converts a classic gas pump into a kick-ass "keg-erator". | **PG** +AMER5-020+ |

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| 07:00 PM | **Pawn Stars: Peeping Pawn (R) ’CC’** The Pawn Stars are presented with a supremely rare 1776 penny made by War legend Paul Revere. Then, Rick has an opportunity to buy a hand grenade made by a top-secret American spy program. | **PG** +PWNS4-007+ |

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| 07:30 PM | **Car Crash TV (R) ’CC’** In this episode, we see what happens when the thermometer drops below zero and the drivers of the world are faced with snow problems.  | **PG** +CARC-007+ |

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| 08:00 PM | **World's Craziest Fools (R)** Mr T takes a look at some of the craziest clips from around the world. Watch as tyres, alcohol, and people's general stupidity lead to some very funny accidents. | **PG** +WOCF-002+ |

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| 08:30 PM | **BBQ Pitmasters NEW EPISODE**The pressure's on as teams compete in one of the most difficult cook-offs of the year - the Murphysboro Barbecue Cook-off.  | **PG** +BBQP01-003+ |

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| 09:30 PM | **Grilled: Going Whole Hog NEW EPISODE**Four killer grillers in Charlottesville, VA battle it out to earn the $10,000 prize. Jim, Corey, Rex, and Richard go hog wild by using local ingredients. | **PG** +AGRD01-003+ |

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| 10:30 PM | **Man Finds Food: Shaken, Not Stirred (R)** Adam goes to Milwaukee to unearth some (grilled) cheesy secrets in Brew City. He slips into a spy-themed bar to try out their off-menu "Spyburger," and dines in a hidden after-hours ramen den. | **PG** +MAFF-003+ |

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| 11:00 PM | **Chow Masters: Awesome Austin Tacos (R)** Chef Sam DeMarco and Hollywood director Frank Coraci seek out the 3 tastiest and creative unsung tacos in Austin topped with everything from wasabi slaw to fried chicken. | **PG** +CHOW-003+ |

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| 11:30 PM | **Operation Repo: Quieres Pelear / Real Housewives / Eye Of The Tiger (R)** Operation Repo looks inside the fast paced, high-pressure world of repossession with a team of highly-trained professionals from California's San Fernando Valley. | **M** +REPO6-014+ |

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| 12:00 AM | **The Neighbors: 50 Shades Of Green (R) ’CC’** Marty and Debbie find out all the facts of alien love when Zabvronian mating season coincides with their wedding anniversary.  | **PG** +NEIG-007+ |

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| 12:30 AM | **The Neighbors: Thanksgiving Is For The Bird-Kersees (R) ’CC’** Debbie wants her family's first Thanksgiving at their new home to be different from Thanksgivings past.  | **PG** +NEIG-008+ |

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| 01:00 AM | **Jail (R)** Get unprecedented access to life inside the walls of America's jails. | **M** +JAIL5-011+ |

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| 01:50 AM | **Rio 2016 Olympic Games: Men's Football Preliminations - Overnight ’CC’ LIVE**The men’s first round preliminaries feature Iraq against Denmark and Honduras against Algeria. | +OLY316-005+ |

**Friday, August 05, 2016**

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| 06:00 AM | **Rio 2016 Olympic Games: Men's Football Preliminations - Morning ’CC’ LIVE**The men’s first round preliminaries feature Brazil against South Africa and Portugal against Argentina. | +OLY316-006+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Men's Football Preliminations - Day ’CC’ LIVE**The men’s first round preliminaries feature Sweden against Colombia and Fiji agaisnt Korea. | +OLY316-007+ |

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| 01:00 PM | **Rio 2016 Olympic Games: Men's Football Preliminations - Afternoon ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring the men's football preliminations. | +OLY316-008+ |

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| 03:00 PM | **Olympians - Off The Record: Paralympians - Dylan Alcott & Ellie Cole (R) ’CC’** Dylan Alcott and Ellie Coleen, two enigmatic young Australians, share their story with Bruce McAvaney in a special episode of Paralympians: Off the Record. | **PG** +OFTR01-014+ |

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| 03:30 PM | **Olympians - Off The Record: Jess Fox (R) ’CC’** Jessica Fox’s run to Rio will be an entirely different story- one that she shares with Bruce McAvaney in this episode of Olympians: Off the Record. | +OFTR01-015+ |

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| 04:00 PM | **Olympians - Off The Record: Lauren Jackson (R) ’CC’** Lauren Jackson takes stock on her illustrious basketball career in a raw and emotional interview with Jackson led the Opals to Olympic medals from 2000 to 2012, but injury extinguished the Rio dream. | **PG** +OFTR01-016+ |

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| 04:30 PM | **Olympians - Off The Record: Boomers Uluru Special (R) ’CC’** The Australian Men’s Basketball Team takes an incredibly unique Road to Rio, travelling to the heart of our country, Uluru. They’re on a mission to win an elusive Olympic medal in Rio. | **PG** +OFTR01-017+ |

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| 05:00 PM | **Swamp People: Outer Limits (R)** Swampers push into the outer limits of their territories to fill tags. One team hangs maggot-ridden bait on his property line to coax neighboring gators to his lines. | **PG** +SWMP5-013+ |

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| 06:00 PM | **American Pickers: What's In The Box? (R)** Mike and Frank visit a New York collector who's filled a train station with vintage cars, but it doesn't look good until Mike finds a mysterious Italian trunk that been opened in 50 years... | **PG** +APIC3-004+ |

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| 07:00 PM | **2016 AFL Premiership Season: Pre Game Rnd 20: Richmond v Collingwood ’CC’ LIVE**Showdowns between these two big Victorian clubs always produce plenty of fallout and talking points, particularly when the prime time Friday night timeslot at the MCG provides the battleground. | +AFLP16-057+ |

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| 07:30 PM | **2016 AFL Premiership Season: Rnd 20: Richmond v Collingwood ’CC’ LIVE**Showdowns between these two big Victorian clubs always produce plenty of fallout and talking points, particularly when the prime time Friday night timeslot at the MCG provides the battleground. | +AFLG16-163+ |

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| 11:00 PM | **Friday Front Bar ’CC’ NEW EPISODE**Enjoy the lighter side of the footy at the Friday Front Bar with Mick Molloy, Sam Pang and Andy Maher. | **M** +FBAR01-015+ |

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| 11:30 PM | **Olympians - Off The Record: Boomers Uluru Special (R) ’CC’** The Australian Men’s Basketball Team take an incredibly unique Road to Rio, travelling to the heart of our country, Uluru. They’re on a mission to win an elusive Olympic medal in Rio. | **PG** +OFTR01-017+ |

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| 12:00 AM | **Locked Up Abroad: Highway to Hell NEW EPISODE**When Thomas Hamill's military truck is attacked by insurgents in war-torn Iraq, he knows he could be killed at any moment. Will he find a way to survive captivity and make it home alive? | **M (A,V)**+BANG7-007+ |

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| 01:10 AM | **Locked Up Abroad: Mexico Money Machine (R)** Jeremy Khinoo is caught buying illegal prescription drugs in Mexico with fake cash. During his incarceration, he not only becomes addicted to heroin, but nearly loses his life. | **MA (D,V)**+BANG6-004+ |

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| 02:30 AM | **Sound FX: Best Of: 2012 Ravens** The Baltimore Ravens capped off an incredible season, an astounding playoff run, and a stellar career for the legendary Ray Lewis, with an emotional win in the 2012-2013 Super Bowl. | +SFXB-035+ |

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| 03:00 AM | **Fifth Gear (R)** An exciting and informative motoring magazine programme. | **PG** +FGR22-016+ |

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| 04:00 AM | **Swamp People: Outer Limits (R)** Swampers push into the outer limits of their territories to fill tags. One team hangs maggot-ridden bait on his property line to coax neighboring gators to his lines. | **PG** +SWMP5-013+ |

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| 05:00 AM | **Dream Car Garage (R)** This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations.  | **G** +DCAG-071+ |

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| 05:30 AM | **Dream Car Garage (R)** This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations.  | **G** +DCAG-072+ |

**Saturday, August 06, 2016**

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| 06:00 AM | **Night Thunder: Boxing Day Bonanza (R)** Boxing Day means Speedway and at Perth Motorplex it’s the next huge round of the AHG Sprintcar Series. | +PERS02-005+ |

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| 07:00 AM | **Zoom (R)** Aaron Pitt and the team at Zoom explore things that drive, fly and float. From new cars to classics, boats to planes, enthusiast clubs to people just crazy about their machine. | **PG** +ZOOM06-004+ |

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| 07:30 AM | **Harley Davidson TV (R)** H-Dtv is Australia's only dedicated Harley-Davidson TV series. A lifestyle show like no other, it features entertaining and original Harley-Davidson content. | **PG** +HDTV02-010+ |

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| 08:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 09:00 AM | **Zoom** Aaron Pitt and the team at Zoom explore things that drive, fly and float. From new cars to classics, boats to planes, enthusiast clubs to people just crazy about their machine.  | **PG** +ZOOM06-005+ |

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| 09:30 AM | **Harley Davidson TV** H-Dtv is Australia's only dedicated Harley-Davidson TV series. A lifestyle show like no other, it features entertaining and original Harley-Davidson content. | **PG** +HDTV02-011+ |

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| 10:00 AM | **Dream Car Garage (R)** This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations.  | **PG** +DCAG-038+ |

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| 10:30 AM | **Fifth Gear (R)** An exciting and informative motoring magazine programme. | **PG** +FGR22-016+ |

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| 11:30 AM | **Car Chasers: Lights, Cameras, Cars (R)** A major buyer with deep pockets hits up Flat 12 looking to score American muscle cars. With hundreds of thousands of dollars on the line, Jeff must work his magic to reel in a juicy payday. | **PG** +CACH-004+ |

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| 12:30 PM | **Car Chasers: Hot Rods & Hot Models (R)** Jeff, Meg and Perry head to Vegas for SEMA, the world's largest automotive trade show. While there, they roll the dice on a pristine ’65 Malibu with a six figure asking price and two sweet hot rods. | **PG** +CACH-005+ |

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| 01:30 PM | **2016 AFL Premiership Season: Rnd 20: Sydney v Port Adelaide ’CC’ LIVE**Securing a top two position is vital to Sydney's premiership aspirations and so they cannot afford any slip-ups, but the Power are desperate to break a four-game losing streak against the Swans. | +AFLG16-164+ |

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| 04:30 PM | **2016 AFL Premiership Season: Rnd 20: Gold Coast v GWS LIVE**The Giants have gone past their fellow expansion club in terms of progression to a premiership, but the Suns want to prove a point and an upset would do exactly that. | +AFLG16-166+ |

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| 07:30 PM | **The Big Bang Theory: The Re-Entry Minimization (R) ’CC’** When Howard returns from space, he doesn't get the hero's welcome he expected. Meanwhile, Game Night turns into a battle of the sexes. | **PG (S)**+BBTH06-004+ |

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| 08:00 PM | **7mate Friday Night Movie: Rat Race (R) (2001)** A rich and eccentric casino owner, in a clever way to draw in cash, has bettors gamble on who of six teams will find two million dollars cash stashed away in a locker somewhere. Starring: AMY SMART,CUBA GOODING JR.,DEAN CAIN,JOHN CLEESE,JON LOVITZ,ROWAN ATKINSON,WHOOPI GOLDBERG,SETH GREEN | **PG (A,S,V)**+PRR26-016+ |

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| 10:15 PM | **Rio 2016 Olympic Games: Day 1 - Evening ’CC’ LIVE**Live Olympic action from the Games of the XXXI Olympiad in Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY316-601+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 1 - Overnight ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY316-101+ |