

ABC ME Week 12 Program Guide

Sunday, 13 March 2022

6:00am	Almost Naked Animals (CC,Repeat,G)
6:10am	Sally Bollywood (CC,Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,G)
6:45am	Kuu Kuu Harajuku (Repeat,G)
7:00am	Winston Steinburger And Sir Dudley Ding Dong (CC,Repeat,G)
7:10am	Kung Fu Panda: Legends Of Awesomeness (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:35am	The Penguins Of Madagascar (CC,AD,Repeat,G)
7:55am	FriendZSpace (Repeat,G)
8:10am	The Strange Chores (CC,Repeat,G)
8:20am	Dragons: Defenders Of Berk (CC,Repeat,G)
8:45am	Droners (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
9:05am	The Beachbuds (Repeat,G)
9:20am	The Rubbish World Of Dave Spud (CC,AD,Repeat,G)
9:30am	Born To Spy (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
9:55am	The PM's Daughter (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
10:20am	School Of Rock (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

10:40am	The Next Step (CC,Repeat,G)
11:05am	Still So Awkward (CC,Repeat,G)
11:35am	The Athena (Repeat,G)
12:00pm	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
12:30pm	Horrible Histories (CC,Repeat,G)
1:00pm	Step Up To The Plate (CC,Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
1:30pm	Robot Wars (CC,Repeat,G)
2:30pm	72 Cutest Animals (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
3:00pm	Mindful Earth (Repeat,G)
3:15pm	Larry the Wonderpup (Repeat,G)
3:25pm	Moka's Fabulous Adventures! (Repeat,G)
3:35pm	Lost in Oz (CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
4:00pm	Octonauts (CC,Repeat,G)
4:10pm	Bluey (CC,AD,Repeat,G)
4:20pm	Space Nova (CC,Repeat,G)
4:45pm	Odd Squad (Repeat,G)
5:00pm	100 Things To Do Before High School (CC,Repeat,G)
5:25pm	Mystic (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
5:50pm	Total DramaRama (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

- 6:05pm** **Miraculous: Tales Of Ladybug And Cat Noir: Reflekdoll**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Juleka becomes Reflekta again. But this time, the supervillain isn't alone... and Marinette and Adrien are having trouble with their Miraculous. Will our heroes manage to stop Reflekta and her fearsome ally?
- 6:25pm** **Welcome To Cardboard City: Cardboard City and the Meteors From Outer Space Part 2**
(CC,AD,Repeat,G)
The city panics as they discover a giant meteor is on course to completely annihilate everything and everyone.
- 6:30pm** **Top Jobs For Dogs: Crafty Canines**
(CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
There's a lot of tail-wagging fun whether you're chasing the ball, enjoying the sunshine at a local cafe, guarding a lawn mower or sniffing out the specified scent in drug detection work.
- 7:00pm** **Mythbusters "There's Your Problem!": Accidents Waiting to Happen**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Can falling glass slice you in two? Could a lawn mower propel a stone with fatal force? And could a tissue box on the car shelf kill you in a crash? The MythBusters sort truth from fiction when it comes to unlucky accidents.
- 7:25pm** **Hey You! What If: You Fell Into A Black Hole?**
(Repeat,G)
Given the nearest black hole would take thousands of years to get to, you don't have to worry about falling into one. But we're going to do it anyway and experience a mind-bending ride where space and time get distorted.
- 7:30pm** **Shaun The Sheep: Caught Short Alien**
(Repeat,G)
When Shaun's old friend the Alien drops by for a loo break, Shaun is only too happy to let him use the facilities in the farmhouse. While he's going about his business he leaves Shaun in charge of his intriguing new gadget.
- 7:35pm** **Spirit Riding Free: Lucky and the Unbreakable Spirit**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
A wild horse, Spirit, and a soon-to-be city girl, Lucky, become friends in a frontier town.

- 8:00pm** **Kung Fu Panda: Legends Of Awesomeness: Eternal Chord**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Po's qi is out of balance so Shifu and wise Master Lun attempt to re-harmonise him using the ancient tradition of musical kung fu. Only Po can stop the evil Yaoguai, who are intent on destroying the Eternal Chord.
- 8:25pm** **Teenage Mutant Ninja Turtles: Baxter's Gambit**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Fed up with being humiliated by Fishface and Dogpound and defeated by the Turtles, Baxter Stockman seeks revenge by luring both parties into a deadly labyrinth.
- 8:45pm** **Cloudy With A Chance Of Meatballs: Invent This**
(Repeat,G)
When Tim is celebrated for accidentally inventing a pencil holder, Flint gets jealous and starts to doubt his own skills as an inventor.
- 9:00pm** **So Awkward: A Room Of Her Own**
(CC,Repeat,G)
Lily decides her bedroom needs a more sophisticated make-over and she donates all her old toys to a school auction. Meanwhile in Life Lessons class Martha and Ollie become parents to a 'baby app', which utterly defeats them.
- 9:30pm** **Find Me In Paris: Running The Family**
(CC,Repeat,G)
When a famous choreographer, Armando Castillo, arrives, everyone is on their best behaviour except Max, who seems intent to undermine him.
- 9:55pm** **rage**
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 10:55pm** **ABC ME Programs Resume At 6am**

Monday, 14 March 2022

6:00am	Almost Naked Animals (CC,Repeat,G)
6:10am	Sally Bollywood (CC,Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,G)
6:45am	Kuu Kuu Harajuku (Repeat,G)
7:00am	Winston Steinburger And Sir Dudley Ding Dong (CC,Repeat,G)
7:10am	Kung Fu Panda: Legends Of Awesomeness (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:35am	The Penguins Of Madagascar (CC,AD,Repeat,G)
7:55am	FriendZSpace (Repeat,G)
8:10am	The Strange Chores (CC,Repeat,G)
8:20am	Dogstar (CC,Repeat,G)
8:45am	Tashi (CC,Repeat,G)
9:00am	Kuu Kuu Harajuku (Repeat,G)
9:10am	Mustangs FC (CC,Repeat,G)
9:35am	WAC: World Animal Championships (CC,Repeat,G)
10:00am	Numberblocks (CC,Repeat,G)
10:05am	MathXplosion (CC,Repeat,G)
10:10am	Maddie, The Home And You (CC,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
10:30am	Bushwhacked! Bugs (CC,Repeat,G)
10:35am	Full Proof (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
10:50am	Ecomaths (CC,Repeat,G)

11:00am	Science Max! Experiments At Large (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
11:20am	Chemistry: Challenges And Solutions (CC,Repeat,G)
11:45am	Against All Odds: Inside Statistics (CC,Repeat,G)
12:00pm	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
12:30pm	Horrible Histories (CC,Repeat,G)
1:00pm	Step Up To The Plate (CC,Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
1:30pm	Robot Wars (CC,Repeat,G)
2:30pm	The Brilliant World Of Tom Gates (CC,Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
2:40pm	Detention Adventure (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
2:50pm	Mustangs FC (CC,Repeat,G)
3:15pm	Operation Ouch!: Do Try This At Home (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
3:30pm	The Dengineers (Repeat,G)
4:00pm	Octonauts (CC,Repeat,G)
4:10pm	Bluey (CC,AD,Repeat,G)
4:20pm	Space Nova (CC,Repeat,G)
4:45pm	Odd Squad (Repeat,G)
5:00pm	100 Things To Do Before High School (CC,Repeat,G)
5:25pm	Mystic (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
5:50pm	Total DramaRama (CC,Repeat,G)

- 6:05pm** **Miraculous: Tales Of Ladybug And Cat Noir: Weredad**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Ladybug faces her own father, akumatized into Weredad. The monstrous guard dog-man wants to lock Marinette up to protect her from the outside world!
- 6:25pm** **BTN Newsbreak**
(CC)
Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.
- 6:30pm** **Operation Ouch!**
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
Dr Chris and Dr Xand reveal how salt is the magic ingredient that enables you to sweat in today's lab experiment, and Dr Ronx finds out how gene therapy is helping treat patients with immune disorders.
- 7:00pm** **Horrible Histories**
(CC,Repeat,G)
The Saxon gods form an unlikely team of superheroes; astronaut Neil Armstrong reveals his new weight loss programme; we meet Georgian London's crime-fighting genius, and Rosa Parks sings about her struggle for equality.
- 7:30pm** **Shaun The Sheep: Happy Birthday Timmy**
(CC,Repeat,G)
It's Timmy's birthday and the Flock have thrown a party for him. At first he's delighted by all the attention; but when the Flock become distracted and he's left with no-one to play with, he decides to entertain himself.
- 7:35pm** **Spirit Riding Free: Lucky and the Treacherous Trail**
(Repeat,G)
When Lucky gets wind of an advanced trail ride, she decides to become the best frontier girl anyone has ever seen...overnight.
- 8:00pm** **Kung Fu Panda: Legends Of Awesomeness: Apocalypse Yao**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Po has to help Master Yao after Taotie and Bian Zao steal the Mystic Secrets of Kung Fu right out of the master's head.
- 8:25pm** **Teenage Mutant Ninja Turtles: Enemy Of My Enemy**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
After witnessing the Kraang in action, Karai realises the seriousness of the alien threat and approaches the Turtles to propose an alliance.

- 8:45pm** **Cloudy With A Chance Of Meatballs: Princess Kitty Mittens**
(Repeat,G)
Flint begs Sam to let him see her most treasured possession, but when Sam relents Flint damages it, and has to find a way to make it up to her.
- 9:00pm** **So Awkward: Never The Bridesmaid, Never The Bride**
(CC,Repeat,G)
Jas is about to be a bridesmaid and Lily organises a fake wedding to help clumsy Jas prepare herself. Meanwhile Mr Salford has been asked to make a presentation and gets Mrs Griggs to help him with his stage fright.
- 9:30pm** **Find Me In Paris: Secrets And Pointes**
(CC,Repeat,G)
While everyone is still reeling from the truth about Max's childhood, Lena pushes Max to confront his father and make peace.
- 9:55pm** **rage**
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 10:55pm** **ABC ME Programs Resume At 6am**

Tuesday, 15 March 2022

6:00am	Almost Naked Animals (CC,Repeat,G)
6:10am	Sally Bollywood (CC,Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,G)
6:45am	Kuu Kuu Harajuku (Repeat,G)
7:00am	Winston Steinburger And Sir Dudley Ding Dong (CC,Repeat,G)
7:10am	Kung Fu Panda: Legends Of Awesomeness (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:35am	The Penguins Of Madagascar (CC,AD,Repeat,G)
7:55am	FriendZSpace (Repeat,G)
8:10am	The Strange Chores (CC,Repeat,G)
8:20am	Dogstar (CC,Repeat,G)
8:45am	Tashi (CC,Repeat,G)
9:00am	Kuu Kuu Harajuku (Repeat,G)
9:10am	Mustangs FC (CC,Repeat,G)
9:35am	WAC: World Animal Championships (CC,Repeat,G)
10:00am	BTN (CC)
10:25am	Koumi's Animated Picture Book (Repeat,G)
10:30am	Barney's Barrier Reef (CC,Repeat,G)
11:00am	Fierce Earth (CC,Repeat,G)
11:30am	199 Little Heroes (CC,Repeat,G)
11:35am	So You Want To Be A Designer? (CC,Repeat,G)

12:00pm	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
12:30pm	Horrible Histories (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
1:00pm	Step Up To The Plate (CC,Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
1:30pm	Robot Wars (CC,Repeat,G)
2:30pm	The Brilliant World Of Tom Gates (CC,Repeat,G)
2:40pm	Detention Adventure (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
2:50pm	Mustangs FC (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
3:15pm	Operation Ouch!: Do Try This At Home (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
3:30pm	The Dengineers (Repeat,G)
4:00pm	Octonauts (CC,Repeat,G)
4:10pm	Bluey (CC,AD,Repeat,G)
4:20pm	Space Nova (CC,Repeat,G)
4:45pm	Odd Squad (Repeat,G)
5:00pm	100 Things To Do Before High School (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
5:25pm	Mystic (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
5:50pm	Total DramaRama (CC,Repeat,G)
6:05pm	Miraculous: Tales Of Ladybug And Cat Noir: Silencer (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.) Ladybug and Cat Noir face Luka, akumatized into Silencer. Ready to raise your voices?

- 6:25pm** **BTN Newsbreak**
(CC)
Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.
- 6:30pm** **Operation Ouch!**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,This program shows medical procedures. In an emergency ring 000 for help)
Dr Chris and Dr Xand are whipping up blood smoothies in the lab to show the incredible barrier that keeps your brain safe, and they've made a music video to get you moving!
- 7:00pm** **Horrible Histories**
(CC,Repeat,G)
We meet a charming Stuart highwayman; the Captain of the Titanic holds the world's worst safety briefing; famous writer Mary Shelley pitches the movie of her life; and those violent Vikings show their softer side in a song.
- 7:30pm** **Shaun The Sheep: The Genie**
(Repeat,G)
Shaun dreams of a life in the fast lane. When Shirley lands upon something that could make his wish come true he can't believe his luck. The only obstacle that stands in his way is the rest of the Flock.
- 7:35pm** **Spirit Riding Free: Lucky and the Mysterious Map**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
During a camping trip, Jim gives Lucky and the girls a treasure map that sends them on the adventure of a lifetime.
- 8:00pm** **Kung Fu Panda: Legends Of Awesomeness: Crazy Little Ling Called Love**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Shifu's evil ex-girlfriend Mei Ling is back... and back together with Shifu! Dubious Po must find out if she is on the level or just using Shifu for her own criminal gain.
- 8:25pm** **Teenage Mutant Ninja Turtles: Karai's Vendetta**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
While the Turtles are infiltrating an undersea Kraang base, the Foot Clan attempts to capture April, forcing her to fend for herself in a battle of wits against Karai.
- 8:45pm** **Cloudy With A Chance Of Meatballs: Millionaire Monkey**
(Repeat,G)
When Steve wins the Swallow Falls lottery, townspeople line up claiming that they are Steve's best friend, causing Flint to question Steve's true affections.

- 9:00pm** **So Awkward: Fly Me To The Moon**
(CC,Repeat,G)
Jas builds a spaceship for Rob and Ollie as part of a science experiment into how teenage boys can survive being cooped up together. Meanwhile, Cassie and Maxwell study teen relationships using Lily as their subject.
- 9:30pm** **Find Me In Paris: L.O.V.E**
(CC,Repeat,G)
Following a passionate kiss, Lena and Max are both love struck but unsure how to proceed.
- 9:55pm** **rage**
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 10:55pm** **ABC ME Programs Resume At 6am**

Wednesday, 16 March 2022

6:00am	Almost Naked Animals (CC,Repeat,G)
6:10am	Sally Bollywood (CC,Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:45am	Kuu Kuu Harajuku (Repeat,G)
7:00am	Winston Steinburger And Sir Dudley Ding Dong (CC,Repeat,G)
7:10am	Kung Fu Panda: Legends Of Awesomeness (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:35am	The Penguins Of Madagascar (CC,AD,Repeat,G)
7:55am	FriendZSpace (Repeat,G)
8:10am	The Strange Chores (CC,Repeat,G)
8:20am	Dogstar (CC,Repeat,G)
8:45am	Tashi (CC,Repeat,G)
9:00am	Kuu Kuu Harajuku (Repeat,G)
9:10am	Mustangs FC (CC,Repeat,G)
9:35am	WAC: World Animal Championships (CC,Repeat,G)
10:00am	George The Farmer (CC,Repeat,G)
10:05am	Back In Time For Dinner: Education Shorts (CC,Repeat,G)
10:10am	Convict Kids (CC,Repeat,G)
10:15am	Are You Tougher Than Your Ancestors? (CC,Repeat,G)
10:45am	Creating A Nation (CC,Repeat,G)
10:55am	Seeking Refuge (CC,Repeat,G)

11:00am	BTN Specials (CC,Repeat)
11:15am	The French Revolution (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
11:30am	Dates That Made History (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
12:00pm	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
12:30pm	Horrible Histories (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
1:00pm	Step Up To The Plate (CC,Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
1:30pm	Robot Wars (CC,Repeat,G)
2:30pm	The Brilliant World Of Tom Gates (CC,Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
2:40pm	Detention Adventure (CC,Repeat,G)
2:50pm	Mustangs FC (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
3:15pm	Operation Ouch!: Do Try This At Home (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
3:30pm	The Dengineers (Repeat,G)
4:00pm	Octonauts (CC,Repeat,G)
4:10pm	Bluey (CC,AD,Repeat,G)
4:20pm	Space Nova (CC,Repeat,G)
4:45pm	Odd Squad (Repeat,G)
5:00pm	100 Things To Do Before High School (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
5:25pm	Mystic (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

- 5:50pm Total DramaRama**
(CC,Repeat,G)
- 6:05pm Miraculous: Tales Of Ladybug And Cat Noir: Oni-Chan**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Ladybug and Cat Noir face Kagami, now Oni-Chan. Jealous of Lila, she wants to keep her away from Adrien... for good!
- 6:25pm BTN Newsbreak**
(CC)
Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.
- 6:30pm Operation Ouch!**
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
The doctors reveal the incredible bit of body kit that keeps you balanced - your vestibular system, and find out what makes Team GB hockey star Shona McCallin superfast in today's 'Brilliant Bodies'.
- 7:00pm Horrible Histories**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Horsepower is tested to the max on Stone Age Top Gear; Dickens sings about his life and books; the Greek philosophers host weird dinner parties on 'Come Dine With Me'; and Vlad the Impaler reveals his horrible new plan.
- 7:30pm Shaun The Sheep: 3DTV**
(Repeat,G)
The Farmer is very excited by his new purchase. He calls on Bitzer to set up his new TV while he readies himself to watch life in 3D. To his surprise, it's more 3D than he could ever have imagined!
- 7:35pm Spirit Riding Free: Lucky and the Competition Conundrum**
(Repeat,G)
When Lucky and Pru find themselves on opposing teams for a school fundraiser, their competitive streaks emerge and their friendship is tested.
- 8:00pm Kung Fu Panda: Legends Of Awesomeness: The Real Dragon Warrior**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Po and Monkey discover a small village and meet an impostor claiming to be the Dragon Warrior. Po is determined to expose the fraud but could end up doing more harm than good.

- 8:25pm** **Teenage Mutant Ninja Turtles: The Pulverizer Returns**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
When Shredder schemes to create a fearsome army of mutants, the Turtles have no choice but to rely on the help of the newest recruit to the Foot Clan: The Pulverizer!
- 8:45pm** **Cloudy With A Chance Of Meatballs: Baby Brent Sitter**
(Repeat,G)
Flint and Sam babysit so they can buy a new board game, but when Brent hires them as his babysitter, they have to decide whether the humiliation is worth the reward.
- 9:00pm** **So Awkward: Hormone Horror**
(CC,Repeat,G)
Martha and Lily are feeling teenage hormonal. Jas feels left out and fakes it, pretending to be moody and hormonal too. Ms Parfitt runs a street dance class to help the teens and Mrs Griggs insists on joining in!
- 9:30pm** **Find Me In Paris: They Know**
(CC,Repeat,G)
On a class trip to the museum, Lena gets the shock of her life, when she comes face-to-face with the Grisky family portrait.
- 9:55pm** **rage**
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 10:55pm** **ABC ME Programs Resume At 6am**

Thursday, 17 March 2022

6:00am	Almost Naked Animals (CC,Repeat,G)
6:10am	Sally Bollywood (CC,Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,G)
6:45am	Kuu Kuu Harajuku (Repeat,G)
7:00am	Winston Steinburger And Sir Dudley Ding Dong (CC,Repeat,G)
7:10am	Kung Fu Panda: Legends Of Awesomeness (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:35am	The Penguins Of Madagascar (CC,AD,Repeat,G)
7:55am	FriendZSpace (Repeat,G)
8:10am	The Strange Chores (CC,Repeat,G)
8:20am	Dogstar (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
8:45am	Tashi (CC,Repeat,G)
9:00am	Kuu Kuu Harajuku (Repeat,G)
9:10am	Mustangs FC (CC,Repeat,G)
9:35am	WAC: World Animal Championships (CC,Repeat,G)
10:00am	My Little Songs (CC,Repeat,G)
10:05am	Sally & Possum (CC,Repeat,G)
10:15am	What It's Like (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
10:30am	BTN (CC,Repeat)
10:55am	Mikki vs the World (CC,Repeat,G)
11:15am	I Can't Go To School Today (CC,Repeat,G)

11:20am	My Life (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,The action and stunts in this program are performed by professionals. Do not try this at home.)
11:45am	Ethics Matters (CC,Repeat,G)
12:00pm	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
12:30pm	Horrible Histories (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
1:00pm	Step Up To The Plate (CC,Repeat,G)
1:30pm	Robot Wars (CC,Repeat,G)
2:30pm	The Brilliant World Of Tom Gates (CC,Repeat,G)
2:40pm	Detention Adventure (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
2:50pm	The PM's Daughter (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
3:15pm	Operation Ouch!: Do Try This At Home (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
3:30pm	The Dengineers (Repeat,G)
4:00pm	Octonauts (CC,Repeat,G)
4:10pm	Bluey (CC,AD,Repeat,G)
4:20pm	Space Nova (CC,Repeat,G)
4:45pm	Odd Squad (Repeat,G)
5:00pm	100 Things To Do Before High School (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
5:25pm	Mystic (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
5:50pm	Total DramaRama (CC,Repeat,G)

- 6:05pm** **Miraculous: Tales Of Ladybug And Cat Noir: Miraculer**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Ladybug and her team face Sabrina, now Miraculer.
- 6:25pm** **BTN Newsbreak**
(CC)
Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.
- 6:30pm** **Operation Ouch!**
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
Dr Chris and Dr Xand reveal how your brain controls your body in today's lab experiment, and Dr Ronx finds out how learning pet first aid can help save your furry friends.
- 7:00pm** **Horrible Histories**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
We meet the rather eccentric Georgian philosopher Jeremy Bentham; super-rich Roman politician Crassus raps about his 'blinging' lifestyle; and Johannes Gutenberg goes head-to-head with some monks on The Historical Apprentice.
- 7:30pm** **Shaun The Sheep: The Smelly Farmer**
(Repeat,G)
The Farmer's personal hygiene leaves much to be desired. Shaun, Bitzer and the Flock decide action is needed - and set about giving the Farmer a full service wash.
- 7:35pm** **Spirit Riding Free: Lucky and the Appaloosa Adventure**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Lucky, Spirit and Turo team up to help save an abused horse.
- 8:00pm** **Kung Fu Panda: Legends Of Awesomeness: The First Five**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
When Po throws a party and invites the First Furious Five to attend, everyone is shocked to learn that Shifu may not be the courageous hero that they thought he was.
- 8:25pm** **Teenage Mutant Ninja Turtles: Parasitica**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
After Leonardo, Raphael, and Donatello fall under the control of a parasitic Wasp, Michelangelo must fight his brothers to save them.

- 8:45pm** **Cloudy With A Chance Of Meatballs: Spoiler Orb**
(Repeat,G)
Flint modifies Sam's weather-predicting orb to predict the future, but knowing their future isn't as fun as they thought it would be.
- 9:00pm** **So Awkward: Ultimate Bucket**
(CC,Repeat,G)
Martha and Ollie exclude Cassie and Maxwell from the maths quiz team. Alfie attempts to complete his 'bucket list' before it's too late and Lily is fed up when Rob has to attend a History Catch Up Club.
- 9:30pm** **Find Me In Paris: Spinning Lies**
(CC,Repeat,G)
The pressure is on as the biggest performance of the year quickly approaches, but Lena is distracted with learning the truth about her family.
- 9:55pm** **rage: Guest Programmer**
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 10:55pm** **ABC ME Programs Resume At 6am**

Friday, 18 March 2022

6:00am	Almost Naked Animals (CC,Repeat,G)
6:10am	Sally Bollywood (CC,Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:45am	Kuu Kuu Harajuku (Repeat,G)
7:00am	Winston Steinburger And Sir Dudley Ding Dong (CC,Repeat,G)
7:10am	Kung Fu Panda: Legends Of Awesomeness (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:35am	The Penguins Of Madagascar (CC,AD,Repeat,G)
7:55am	FriendZSpace (Repeat,G)
8:10am	The Strange Chores (CC,Repeat,G)
8:20am	Dogstar (CC,Repeat,G)
8:45am	Tashi (CC,Repeat,G)
9:00am	Kuu Kuu Harajuku (Repeat,G)
9:10am	Mustangs FC (CC,Repeat,G)
9:35am	WAC: World Animal Championships (CC,Repeat,G)
10:00am	Grandpa Honeyant Storytime (CC,Repeat,G)
10:05am	Big Words Small Stories (Repeat,G)
10:10am	House Of Sound (CC,Repeat,G)
10:20am	Art With Mati And Dada (CC,Repeat,G)
10:25am	Art Blast (CC,Repeat,G)
10:30am	Bringing Books to Life (CC,Repeat,G)

10:35am	Fall In Love With Music (CC,Repeat,G)
11:00am	Shakespeare Uncovered (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
11:55am	This Place: Artist Series (Repeat,G)
12:00pm	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
12:30pm	Horrible Histories (CC,Repeat,G)
1:00pm	Step Up To The Plate (CC,Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
1:30pm	Robot Wars (CC,Repeat,G)
2:30pm	The Brilliant World Of Tom Gates (CC,Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
2:40pm	Detention Adventure (CC,Repeat,G)
2:50pm	The PM's Daughter (CC,Repeat,G)
3:15pm	Operation Ouch!: Do Try This At Home (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
3:30pm	The Dengineers (Repeat,G)
4:00pm	Octonauts (CC,Repeat,G)
4:10pm	Bluey (CC,AD,Repeat,G)
4:20pm	Space Nova (CC,Repeat,G)
4:45pm	Odd Squad (Repeat,G)
5:00pm	100 Things To Do Before High School (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
5:25pm	Mystic (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
5:50pm	Total DramaRama (CC,Repeat,G)

- 6:05pm** **Miraculous: Tales Of Ladybug And Cat Noir: Oblivio**
(CC,Repeat,G)
Ladybug and Cat Noir face the mysterious Oblivio.
- 6:25pm** **BTN Newsbreak**
(CC)
Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.
- 6:30pm** **Operation Ouch!**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,This program shows medical procedures. In an emergency ring 000 for help)
Join the doctors for a journey around the human body as they look at their favourite bits from your head to your toes.
- 7:00pm** **Here Comes The Grump**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
An evil wizard presides over the entire world and has banished all happiness, smiling and laughter. Terry, a normal boy, teams up with a princess to put a stop to the wizard's reign and return happiness to the world.
- 8:25pm** **Good Game Spawn Point**
(CC,Repeat)
Good Game Spawn Point is Australia's only videogame show for younger gamers. Gem, Rad, and Jax review the hottest new games, answer your toughest gaming questions, and celebrate all the fun news from the world of gaming.
- 8:50pm** **Log Horizon: Chasing After Them**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
As Crusty leads the Vanguard into the heart of the goblin horde, a different battle rages near Choushi, where Minori and her party fight off a monster swell near the river that threatens to destroy Shiroe's strategy.
- 9:20pm** **Dragon Ball Super: Despair Redux! The Return Of The Evil Emperor, Frieza!**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
The members of the Frieza Force have slowly been gathering to seek revenge for their fallen leader. While Goku and Vegeta train, Sorbet and his men head to Earth in search of the Dragon Balls and a way to bring back Frieza!

9:40pm

Dragon Ball Super: A Warning From Jaco! Frieza And 1,000 Soldiers Close In

(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

Frieza plans his revenge against Goku and Earth, but when he learns how strong Goku has become, he begins training. After four months, he's finally ready to attack.

10:05pm

Voltron: Legendary Defender: The Prisoner's Dilemma

(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

After taking out an enemy military base, the Paladins, offer to make peace by answering a Galra distress call, only to discover a powerful enemy from Keith's past.

10:30pm

ABC ME Programs Resume At 6am

Saturday, 19 March 2022

6:00am	Almost Naked Animals (CC,Repeat,G)
6:10am	Sally Bollywood (CC,Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:45am	Kuu Kuu Harajuku (Repeat,G)
7:00am	Winston Steinburger And Sir Dudley Ding Dong (CC,Repeat,G)
7:10am	Kung Fu Panda: Legends Of Awesomeness (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:35am	The Penguins Of Madagascar (CC,AD,Repeat,G)
7:55am	FriendZSpace (Repeat,G)
8:10am	The Strange Chores (CC,Repeat,G)
8:20am	Dragons: Defenders Of Berk (CC,Repeat,G)
8:45am	K-POP! Academy (G)
9:05am	Good Game Spawn Point (CC)
9:30am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,G)
9:55am	All-Round Champion (CC,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
10:45am	Little Big Awesome (CC,Repeat,G)
11:00am	Log Horizon (CC,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
11:25am	Dragon Ball Super (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
11:50am	Dragon Ball Super (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

- 12:15pm** **Voltron: Legendary Defender**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 12:35pm** **Horrible Histories**
(CC,Repeat,G)
- 1:05pm** **Step Up To The Plate**
(CC,Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
- 1:35pm** **Robot Wars**
(CC,Repeat,G)
- 2:35pm** **72 Cutest Animals**
(CC,Repeat,G)
- 3:00pm** **Mindful Earth**
(Repeat,G)
- 3:15pm** **Thunderbirds Are Go**
(Repeat,G)
- 3:35pm** **Lost in Oz**
(CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 4:00pm** **Octonauts**
(CC,Repeat,G)
- 4:10pm** **Bluey**
(CC,AD,Repeat,G)
- 4:20pm** **Space Nova**
(CC,Repeat,G)
- 4:45pm** **Odd Squad**
(Repeat,G)
- 5:00pm** **100 Things To Do Before High School**
(CC,Repeat,G)
- 5:25pm** **Mystic**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 5:50pm** **Total DramaRama**
(CC,Repeat,G)
- 6:05pm** **Miraculous: Tales Of Ladybug And Cat Noir: Desperada**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Jagged Stone's guitarist Vivica gets akumatized into Desperada. Armed with her evil guitar, she wants to punish Jagged Stone for firing her. Ladybug and Cat Noir had better be ready to rock on!

- 6:25pm** **Welcome To Cardboard City: Cardboard City and the Meteors From Outer Space Part 3**
(CC,AD,Repeat,G)
The team scramble to help but unfortunately their bumbling antics make things a lot, lot worse.
- 6:30pm** **Top Jobs For Dogs: My Best Friend**
(CC,AD,Repeat,G)
From sniffing out rats in the name of conservation to nurturing stroke victims and helping prisoners reintegrate into society, the range of top jobs for dogs is seemingly limitless.
- 7:00pm** **Mythbusters “There’s Your Problem!”: Fire**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
The MythBusters light up fire related myths, finding out who wins in a battle of flamethrower versus ice crystal gun; if wine bottles can cause a truck fire; and if a cannon packed with sawdust could produce a fireball?
- 7:25pm** **Hey You! What If: The Earth Was Flat?**
(Repeat,G)
In this episode we flatten the earth like a pancake to find out just how bonkers a flat earth would be. Gravity would be completely different with everything pulled towards the centre.
- 7:30pm** **Shaun The Sheep: DIY**
(Repeat,G)
When the Farmer pops out for more supplies, Bitzer is left in charge of decorating and calls on the Flock for help. He soon realises this may be a terrible mistake as they have their own way of doing things...
- 7:35pm** **Spirit Riding Free: Lucky and the Not-So-Secret-Surprise**
(Repeat,G)
Lucky enlists Abigail, Turo, Snips and their horses to help plan a surprise birthday party for Pru – that goes disastrously wrong!
- 8:00pm** **Kung Fu Panda: Legends Of Awesomeness: Youth in Re-volt**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
After Bian Zao steals magical powers, he snubs his villain father Taotie and instead teams up with the vicious Tong Fo and the Croc Bandits. Will Po and Taotie knock some sense into Bian Zao before he destroys the village?

- 8:25pm** **Teenage Mutant Ninja Turtles: Operation: Break out**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Donatello breaks into a secret Kraang detention centre in order to rescue Kirby O'Neil. But when he discovers they are trapped inside with a deadly mutant prisoner, he realises that breaking in was the easy part.
- 8:45pm** **Cloudy With A Chance Of Meatballs: The Pandas Are Coming**
(CC,Repeat,G)
Mayor Shelbourne brings a panda to Swallow Falls, but when the town falls under the panda's spell it's up to Flint and Sam to find out what's really going on.
- 9:00pm** **So Awkward: Anger Management**
(CC,Repeat,G)
Lily and Rob have an argument - well, Lily does. Rob's so easy-going he simply can't get angry. This makes Lily even more upset, but he's so chilled out it's like he doesn't care!
- 9:30pm** **Find Me In Paris: Dance 'Till You Drop**
(CC,Repeat,G)
When the BLOK gets an invitation to a competition, members balk and ask how they can do the BLOK challenge and rehearse for the year-end showcase?
- 9:55pm** **ABC ME Programs Resume At 6am**