

# ABC ME Week 32 Program Guide

## Sunday, 31 July 2022

6:00am	<b>Camp Lakebottom</b> (Repeat,G)
6:10am	<b>Dennis And Gnasher Unleashed!</b> (Repeat,G)
6:25am	<b>The Legend Of Korra</b> (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:45am	<b>The Deep</b> (CC,AD,Repeat,G)
7:10am	<b>The Penguins Of Madagascar</b> (CC,AD,Repeat,G)
7:35am	<b>The Penguins Of Madagascar</b> (CC,AD,Repeat,G)
7:55am	<b>The Inbestigators</b> (CC,Repeat,G)
8:10am	<b>The Inbestigators</b> (CC,Repeat,G)
8:30am	<b>Little Lunch</b> (CC,Repeat,G)
8:45am	<b>Hardball</b> (CC,Repeat,G)
9:05am	<b>Hardball</b> (CC,Repeat,G)
9:30am	<b>School Of Rock</b> (CC,Repeat,G)
9:55am	<b>School Of Rock</b> (CC,Repeat,G)
10:15am	<b>School Of Rock</b> (CC,Repeat,G)
10:40am	<b>The Next Step</b> (CC,Repeat,G)
11:00am	<b>Amelia Parker</b> (Repeat,G)
11:25am	<b>Secret Life of Boys</b> (CC,Repeat,G)
11:50am	<b>Secret Life of Boys</b> (CC,Repeat,G)

- 12:10pm Mikki vs the World**  
(CC,Repeat,G)
- 12:35pm The Zoo**  
(CC,Repeat,G)
- 12:55pm 72 Cutest Animals**  
(CC,Repeat,G)
- 1:25pm The Wonderful World of Puppies**  
(Repeat,G)
- 2:05pm Horrible Histories**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 2:35pm Operation Ouch!**  
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
- 3:05pm Operation Ouch!**  
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
- 3:35pm Space Nova**  
(Repeat,G)
- 4:00pm Andy And The Band**  
(Repeat,G)
- 4:15pm Kiri and Lou**  
(CC,Repeat,G)
- 4:20pm The Deep**  
(CC,Repeat,G)
- 4:45pm FriendZSpace**  
(Repeat,G)
- 4:55pm Denis And Me**  
(CC,Repeat,G)
- 5:00pm Miraculous: Tales Of Ladybug And Cat Noir**  
(CC,Repeat,G)
- 5:20pm Ultimate Video Skills**  
(G)
- 5:25pm 100 Things To Do Before High School**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 5:50pm The Inbestigators**  
(CC,Repeat,G)
- 6:00pm Malory Towers: The Sneezing Trick**  
(CC,Repeat,G)  
Tensions come to a head between Darrell, Alicia and Sally when a sneezing trick is played on Mam'zelle. Meanwhile, Gwen is alarmed when Matron announces a trunk inspection!

- 6:30pm**      **Fierce Earth: Tsunami**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
The Fierce Earth team investigate the terrifying giant waves of the tsunami. Zoe and Dougal travel to Japan to meet child survivors of the 2011 disaster and test ride the brand new tsunami escape pod.
- 7:00pm**      **Mythbusters "There's Your Problem!": May the Force be With You**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
The MythBusters test myths related to the laws of motion, finding out if a Newton's Cradle can be supersized with wrecking balls; comparing a two-car head-on crash versus a single car crashing into a wall, and more.
- 7:25pm**      **Hey You! What If: You Woke Up As A Lizard Superhero?**  
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
We've had Batman (and Batgirl), Antman, Spiderman, Ninja turtles and Black Panthers. Well stand aside, coz it's time to see what a hybrid human-lizard superhero could do!
- 7:30pm**      **Shaun The Sheep: Bitzer's Basic Training**  
(CC,Repeat,G)  
Bitzer thinks the Farmer is planning to replace him, so Shaun helps to knock his friend into shape.
- 7:35pm**      **Lost in Oz: Saving Cyra**  
(CC,AD,Repeat,G)  
Dorothy and her friends arrive back in Emerald City, where a desperate attempt to save Cyra leads West to seek help from an old foe.
- 8:00pm**      **Kung Fu Panda: Legends Of Awesomeness: Huge**  
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
Self-conscious about his size, Mantis ingests a growth potion that makes him huge. Mantis is initially thrilled with the results, but soon his large size puts the entire village and his friends in grave danger.
- 8:25pm**      **The Legend Of Korra: Civil Wars (Part 1)**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
Book Two - Spirits, Chapter Three: While tensions flare between the Northern and Southern Water Tribes, Korra struggles to remain neutral.

- 8:50pm**      **Spongo, Fuzz and Jalapena: Closing Encounters**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
The final event of the year approaches and to everyone's surprise, Taylor leads the medal tally. No one can recall her victories but she has video evidence. Aghast, our heroes set out to prove she's a fraud!
- 9:00pm**      **The Next Step: What'll I Do**  
(CC,Repeat,G)  
Auditions for the small group dance are held amid personal betrayals and misunderstandings. James apologises to Riley but she cannot bring herself to forgive him.
- 9:25pm**      **Nova Jones**  
(CC,AD,Repeat,G)  
Nova has lost her voice but McLaren ensures that time off won't mean more time on gadgets.
- 10:10pm**      **rage**  
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)  
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 11:10pm**      **ABC ME Programs Resume At 6am**  
ABC ME programs resume at 6am.

**Monday, 1 August 2022**

<b>6:00am</b>	<b>Camp Lakebottom</b> (Repeat,G)
<b>6:10am</b>	<b>Dennis And Gnasher Unleashed!</b> (Repeat,G)
<b>6:25am</b>	<b>The Legend Of Korra</b> (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>6:45am</b>	<b>Miraculous: Tales Of Ladybug And Cat Noir</b> (CC,Repeat,G)
<b>7:10am</b>	<b>Miraculous: Tales Of Ladybug And Cat Noir</b> (CC,Repeat,G)
<b>7:30am</b>	<b>Kung Fu Panda: Legends Of Awesomeness</b> (CC,Repeat,G)
<b>7:55am</b>	<b>Total DramaRama</b> (G)
<b>8:05am</b>	<b>The Strange Chores</b> (CC,AD,Repeat,G)
<b>8:15am</b>	<b>The Fairly OddParents</b> (Repeat,G)
<b>8:40am</b>	<b>Odd Squad</b> (Repeat,G)
<b>8:50am</b>	<b>Moka's Fabulous Adventures!</b> (Repeat,G)
<b>9:00am</b>	<b>FriendZSpace</b> (Repeat,G)
<b>9:10am</b>	<b>Endlings</b> (CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>9:35am</b>	<b>Wow That's Amazing</b> (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
<b>10:00am</b>	<b>Numberblocks</b> (CC,Repeat,G)
<b>10:05am</b>	<b>Titch And Ted Do Maths</b> (CC,Repeat,G)
<b>10:35am</b>	<b>Look Kool</b> (CC,Repeat,G)
<b>10:55am</b>	<b>Know It Alls: Science</b> (CC,G)
<b>11:05am</b>	<b>Science Max! Experiments At Large</b> (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
<b>11:25am</b>	<b>Ecomaths</b> (CC,Repeat,G)

<b>11:35am</b>	<b>Eco Eye: Sustainable Solutions</b> (CC,Repeat,G)
<b>12:00pm</b>	<b>Larry the Wonderpup</b> (Repeat,G)
<b>12:15pm</b>	<b>Detention Adventure</b> (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>12:25pm</b>	<b>Hank Zipzer</b> (CC,Repeat,G)
<b>12:50pm</b>	<b>Malory Towers</b> (CC,AD,Repeat,G)
<b>1:15pm</b>	<b>Deadly Pole to Pole</b> (CC,Repeat,G,Do not disturb or try to handle wild animals as they can be dangerous.)
<b>1:45pm</b>	<b>The Brilliant World Of Tom Gates</b> (CC,Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
<b>2:00pm</b>	<b>Art Ninja</b> (Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
<b>2:20pm</b>	<b>Teenage Boss</b> (CC,Repeat,G)
<b>2:50pm</b>	<b>Best Bugs Forever</b> (CC,Repeat,G)
<b>3:00pm</b>	<b>SheZow</b> (CC,Repeat,G)
<b>3:15pm</b>	<b>Almost Naked Animals</b> (CC,Repeat,G)
<b>3:25pm</b>	<b>The Penguins Of Madagascar</b> (CC,AD,Repeat,G)
<b>3:50pm</b>	<b>Mighty Mike</b> (Repeat,G)
<b>4:00pm</b>	<b>The Adventures Of Paddington</b> (CC,AD,Repeat,G)
<b>4:10pm</b>	<b>Shaun The Sheep</b> (CC,Repeat,G)
<b>4:20pm</b>	<b>The Deep</b> (CC,Repeat,G)
<b>4:45pm</b>	<b>FriendZSpace</b> (Repeat,G)
<b>4:55pm</b>	<b>Little Lunch</b> (CC,Repeat,G)
<b>5:10pm</b>	<b>Cloudy With A Chance Of Meatballs</b> (Repeat,G)
<b>5:20pm</b>	<b>Symo And Rose</b> (G)
<b>5:25pm</b>	<b>Space Nova</b> (CC,Repeat,G)

- 5:50pm**      **The Strange Chores**  
(CC,Repeat,G)
- 6:00pm**      **School Of Rock: Kool Thing**  
(CC,Repeat,G)  
Tomkia goes great lengths trying to prove to a new girl that she is cool, eventually lying about knowing a music star.
- 6:25pm**      **BTN Newsbreak**  
(CC)  
Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.
- 6:30pm**      **Operation Ouch!**  
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)  
The doctors show that your breath is just as unique as your fingerprints, and Dr Chris goes behind the scenes of medical drama 'Casualty' to see how they make fake body parts look so realistic.
- 7:00pm**      **Horrible Histories**  
(CC,Repeat,G)  
Meet an annoying French prankster from the Middle Ages, witness bizarre Aztec food on Historical Masterchef, see what happens when Queen Elizabeth I needs the toilet, and learn how not to impress a woman in Victorian times.
- 7:30pm**      **Shaun The Sheep: Chip Off The Old Block**  
(CC,Repeat,G)  
The Farmer has taken up sculpting, but unintentionally drops a huge slab of stone on top of Timmy's teddy!
- 7:35pm**      **Lost in Oz: The Nome King's Belt**  
(CC,AD,Repeat,G)  
Dorothy and her friends must find the Nome King's Belt before Guph can get his hands on this magical artifact and take control of the Fairylands.
- 8:00pm**      **Kung Fu Panda: Legends Of Awesomeness: The Secret Museum of Kung Fu**  
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
With Po and the Furious Five at each other's throats, Shifu takes them all on a disastrous road trip.
- 8:25pm**      **The Legend Of Korra: Civil Wars (Part 2)**  
(CC,Repeat,G)  
Book Two - Spirits, Chapter Four: When Korra's parents are wrongfully arrested, Korra fights for their freedom.

- 8:45pm**      **SheZow: SheZow Happens**  
(CC,Repeat,G)  
When Guy Hamdon finds a power ring in his auntie's basement, he is transformed into a mighty superhero. However, the ring is only meant to be worn by a girl and Guy becomes the legendary heroine, SheZow!
- 9:00pm**      **The Next Step: Never Enough**  
(CC,Repeat,G)  
James and Riley struggle with their duet. Michelle confronts Eldon for an answer as to why he is avoiding her.
- 9:25pm**      **Nova Jones**  
(CC,AD,Repeat,G)  
Nova can sing and dance, but can't act. However, a little thing like that won't stop her.
- 10:10pm**      **rage**  
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)  
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 11:10pm**      **ABC ME Programs Resume At 6am**  
ABC ME programs resume at 6am.



**Tuesday, 2 August 2022**

<b>6:00am</b>	<b>Camp Lakebottom</b> (Repeat,G)
<b>6:10am</b>	<b>Dennis And Gnasher Unleashed!</b> (Repeat,G)
<b>6:25am</b>	<b>The Legend Of Korra</b> (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>6:45am</b>	<b>Miraculous: Tales Of Ladybug And Cat Noir</b> (CC,Repeat,G)
<b>7:10am</b>	<b>Miraculous: Tales Of Ladybug And Cat Noir</b> (CC,Repeat,G)
<b>7:30am</b>	<b>Kung Fu Panda: Legends Of Awesomeness</b> (CC,Repeat,G)
<b>7:55am</b>	<b>Total DramaRama</b> (PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>8:05am</b>	<b>The Strange Chores</b> (CC,AD,Repeat,G)
<b>8:15am</b>	<b>The Fairly OddParents</b> (Repeat,G)
<b>8:40am</b>	<b>Odd Squad</b> (Repeat,G)
<b>8:50am</b>	<b>Moka's Fabulous Adventures!</b> (Repeat,G)
<b>9:00am</b>	<b>FriendZSpace</b> (Repeat,G)
<b>9:10am</b>	<b>Endlings</b> (CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>9:35am</b>	<b>Wow That's Amazing</b> (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
<b>10:00am</b>	<b>BTN</b> (CC)
<b>10:25am</b>	<b>Maddie's Do You Know?</b> (CC,G)
<b>10:30am</b>	<b>George The Farmer</b> (CC,Repeat,G)
<b>10:40am</b>	<b>What's For Dinner?</b> (CC,Repeat,G)
<b>10:50am</b>	<b>Where in the World?</b> (CC,Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)

<b>11:05am</b>	<b>Fierce Earth</b> (CC,Repeat,G,The action and stunts in this program are performed by professionals. Do not try this at home.)
<b>11:35am</b>	<b>Smart Cities 2.0</b> (CC,G)
<b>12:00pm</b>	<b>Larry the Wonderpup</b> (Repeat,G)
<b>12:15pm</b>	<b>Detention Adventure</b> (CC,Repeat,G)
<b>12:25pm</b>	<b>Hank Zipzer</b> (CC,Repeat,G)
<b>12:50pm</b>	<b>Malory Towers</b> (CC,AD,Repeat,G)
<b>1:15pm</b>	<b>Deadly Pole to Pole</b> (CC,Repeat,G,This program includes animals being killed for food.)
<b>1:45pm</b>	<b>The Brilliant World Of Tom Gates</b> (CC,Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
<b>2:00pm</b>	<b>Art Ninja</b> (Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
<b>2:20pm</b>	<b>Teenage Boss</b> (CC,Repeat,G)
<b>2:50pm</b>	<b>Best Bugs Forever</b> (CC,Repeat,G)
<b>3:00pm</b>	<b>SheZow</b> (CC,Repeat,G)
<b>3:15pm</b>	<b>Almost Naked Animals</b> (CC,Repeat,G)
<b>3:25pm</b>	<b>The Penguins Of Madagascar</b> (CC,AD,Repeat,G)
<b>3:50pm</b>	<b>Mighty Mike</b> (Repeat,G)
<b>4:00pm</b>	<b>The Adventures Of Paddington</b> (CC,AD,Repeat,G)
<b>4:10pm</b>	<b>Shaun The Sheep</b> (CC,Repeat,G)
<b>4:20pm</b>	<b>The Deep</b> (CC,Repeat,G)
<b>4:45pm</b>	<b>FriendZSpace</b> (Repeat,G)
<b>4:55pm</b>	<b>Little Lunch</b> (CC,Repeat,G)
<b>5:10pm</b>	<b>Cloudy With A Chance Of Meatballs</b> (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

- 5:20pm**      **Symo And Rose**  
(G)
- 5:25pm**      **Space Nova**  
(CC,Repeat,G)
- 5:50pm**      **The Strange Chores**  
(CC,Repeat,G)
- 6:00pm**      **School Of Rock: Love Is a Battlefield**  
(CC,Repeat,G)  
Tomika is inspired by the musical "Hamilton" to create her own hip-hop musical about the Alamo; Freddy is determined to use the play to get closer to Summer.
- 6:25pm**      **BTN Newsbreak**  
(CC)  
Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.
- 6:30pm**      **Operation Ouch!**  
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)  
Dr Chris and Dr Xand show you an awesome trick to amaze your friends with and reveal another way your body heals itself if you get injured. The doctors also look at some of their best bits of Operation Ouch so far.
- 7:00pm**      **Horrible Histories**  
(CC,Repeat,G)  
Medieval knights discover the most disgusting way to attack a castle, the Saxons demonstrate the stupidest way to lose a battle and the kings of England demonstrate how to remember them all, through the power of song.
- 7:30pm**      **Shaun The Sheep: Pig Trouble**  
(CC,Repeat,G)  
When Bitzer injures his foot and can't work, the Farmer chooses the pigs to take over his role!
- 7:35pm**      **Lost in Oz: Escape from the Nome Kingdom**  
(CC,AD,Repeat,G)  
After Guph swaps the populations of Emerald City and the Nome Kingdom, Dorothy and her friends once again have to escape and find their way home.
- 8:00pm**      **Kung Fu Panda: Legends Of Awesomeness: Terror Cotta**  
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
Fung finds an old scroll with instructions for making living terracotta warriors, and soon it's up to Po and the Five to stop his monstrous clay creation.

- 8:25pm**      **The Legend Of Korra: Peace Keepers**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
Book Two - Spirits, Chapter Five: When the President of the United Republic refuses to help Korra, she decides to take matters into her own hands.
- 8:45pm**      **SheZow: Cold Finger**  
(CC,Repeat,G)  
SheZow speaks at SheZow Con where he ends up battling a kooky villain named Cold Finger. Maz becomes the sidekick, 'Meateor Man', and helps SheZow save the day.
- 9:00pm**      **The Next Step: I Hope I Get To It**  
(CC,Repeat,G)  
As the studio grows in popularity it must make space for new members of J-Troupe. Emily asks Hunter to help her with J-Troupe auditions to make Michelle jealous but enjoys herself with Hunter more than she expects.
- 9:25pm**      **Nova Jones**  
(CC,AD,Repeat,G)  
Nova's personality is wiped on live TV. Can her songs help her remember who she is?
- 10:10pm**      **rage**  
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)  
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 11:10pm**      **ABC ME Programs Resume At 6am**  
ABC ME programs resume at 6am.

**Wednesday, 3 August 2022**

<b>6:00am</b>	<b>Camp Lakebottom</b> (Repeat,G)
<b>6:10am</b>	<b>Dennis And Gnasher Unleashed!</b> (Repeat,G)
<b>6:25am</b>	<b>The Legend Of Korra</b> (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>6:45am</b>	<b>Miraculous: Tales Of Ladybug And Cat Noir</b> (CC,Repeat,G)
<b>7:10am</b>	<b>Miraculous: Tales Of Ladybug And Cat Noir</b> (CC,Repeat,G)
<b>7:30am</b>	<b>Kung Fu Panda: Legends Of Awesomeness</b> (CC,Repeat,G)
<b>7:55am</b>	<b>Total DramaRama</b> (PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>8:05am</b>	<b>The Strange Chores</b> (CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>8:15am</b>	<b>The Fairly OddParents</b> (Repeat,G)
<b>8:40am</b>	<b>Odd Squad</b> (Repeat,G)
<b>8:50am</b>	<b>Moka's Fabulous Adventures!</b> (Repeat,G)
<b>9:00am</b>	<b>FriendZSpace</b> (Repeat,G)
<b>9:10am</b>	<b>Endlings</b> (CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>9:35am</b>	<b>Wow That's Amazing</b> (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
<b>10:00am</b>	<b>History Hunters</b> (CC,Repeat,G)
<b>10:25am</b>	<b>Back In Time For Dinner: Education Shorts</b> (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>10:35am</b>	<b>Know It Alls: History</b> (CC,G)

- 10:40am**      **Are You Tougher Than Your Ancestors?**  
(CC,Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
- 11:05am**      **Kids of Courage**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 11:30am**      **Dates That Made History**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 12:00pm**      **Larry the Wonderpup**  
(Repeat,G)
- 12:15pm**      **Detention Adventure**  
(CC,Repeat,PG,This program is rated PG and includes supernatural themes. Parental guidance is recommended for viewers under 15 years.)
- 12:25pm**      **Hank Zipzer**  
(CC,Repeat,G)
- 12:50pm**      **Malory Towers**  
(CC,AD,Repeat,G)
- 1:15pm**      **Deadly Pole to Pole**  
(CC,Repeat,G)
- 1:45pm**      **The Brilliant World Of Tom Gates**  
(CC,Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
- 2:00pm**      **Art Ninja**  
(Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
- 2:20pm**      **Teenage Boss**  
(CC,Repeat,G)
- 2:50pm**      **Best Bugs Forever**  
(CC,Repeat,G)
- 3:00pm**      **SheZow**  
(CC,Repeat,G)
- 3:15pm**      **Almost Naked Animals**  
(CC,Repeat,G)
- 3:25pm**      **The Penguins Of Madagascar**  
(CC,AD,Repeat,G)
- 3:50pm**      **Mighty Mike**  
(Repeat,G)
- 4:00pm**      **The Adventures Of Paddington**  
(CC,AD,Repeat,G)
- 4:10pm**      **Shaun The Sheep**  
(CC,Repeat,G)
- 4:20pm**      **The Deep**  
(CC,Repeat,G)
- 4:45pm**      **FriendZSpace**  
(Repeat,G)

- 4:55pm Little Lunch**  
(CC,Repeat,G)
- 5:10pm Cloudy With A Chance Of Meatballs**  
(Repeat,G)
- 5:20pm Symo And Rose**  
(G)
- 5:25pm Space Nova**  
(CC,Repeat,G)
- 5:50pm The Strange Chores**  
(CC,Repeat,G)
- 6:00pm School Of Rock: Surprise, Surprise**  
(CC,Repeat,G)  
Freddy's decision to reveal his feelings for Summer backfires after his anonymous note leads to a series of misunderstandings.
- 6:25pm BTN Newsbreak**  
(CC)  
Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.
- 6:30pm Operation Ouch!: We're Having a Baby**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.,This program shows medical procedures. In an emergency ring 000 for help)  
The doctors find themselves in a race as they explore the special bones in your feet. Meet the families awaiting the arrival of the first ever Ouch babies, and you won't believe your eyes in today's mindbending trick.
- 7:00pm Horrible Histories**  
(CC,Repeat,G)  
A confused World War I soldier spends his first day in the trenches, William Wallace launches his music career as a rock rebel and the Welsh women of Fishguard defeat a French invasion without even trying.
- 7:30pm Shaun The Sheep: Bitzer From The Black Lagoon**  
(CC,Repeat,G)  
While trying to retrieve his ball, Bitzer falls into a muddy pond. When Shaun sees a big, blobby, shambling 'thing' squelching across the field he's convinced they are being attacked by a swamp monster...run!
- 7:35pm Lost in Oz: We Speak Mirror**  
(CC,AD,Repeat,G)  
Outnumbered and out of magic, Dorothy and her friends must outwit Guph to retrieve the Nome King's Belt and save Emerald City.

- 8:00pm**      **Kung Fu Panda: Legends Of Awesomeness: The Spirit Orbs of Master Ding**  
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
When Po is possessed by the ghost of evil Master Ding, it's up to Tigress to save him before Ding can unleash his powers and enslave the Valley of Peace.
- 8:25pm**      **The Legend Of Korra: The Sting**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
Book Two - Spirits, Chapter Six: When Triad activity threatens to put Future Industries out of business, Mako performs an investigation and discovers a much bigger conspiracy.
- 8:45pm**      **SheZow: Makin' Bank**  
(CC,Repeat,G)  
After SheZow defeats some bank robbers, he takes \$500 and loses his powers. Guy must return the money to get his powers back and destroy the incriminating security footage.
- 9:00pm**      **The Next Step: Anthing You Can Do, I Can Do Better**  
(CC,Repeat,G)  
Michelle and Amanda promote the studio at their school while the others mentor J-troupe. Daniel gives Kate an ultimatum if he doesn't get the solo for Nationals.
- 9:25pm**      **Almost Never: Hot Wings**  
(CC,AD,Repeat,G)  
Coleen offers The Wonderland a management deal, Chloe and Nate decide to meet to discuss their relationship and the Girls Here First Tour is cancelled.
- 10:10pm**      **rage**  
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)  
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 11:10pm**      **ABC ME Programs Resume At 6am**  
ABC ME programs resume at 6am.



**Thursday, 4 August 2022**

<b>6:00am</b>	<b>Camp Lakebottom</b> (Repeat,G)
<b>6:10am</b>	<b>Dennis And Gnasher Unleashed!</b> (Repeat,G)
<b>6:25am</b>	<b>The Legend Of Korra</b> (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>6:45am</b>	<b>Miraculous: Tales Of Ladybug And Cat Noir</b> (CC,Repeat,G)
<b>7:10am</b>	<b>Miraculous: Tales Of Ladybug And Cat Noir</b> (CC,Repeat,G)
<b>7:30am</b>	<b>Kung Fu Panda: Legends Of Awesomeness</b> (CC,Repeat,G)
<b>7:55am</b>	<b>Total DramaRama</b> (G)
<b>8:05am</b>	<b>The Strange Chores</b> (CC,AD,Repeat,G)
<b>8:15am</b>	<b>The Fairly OddParents</b> (Repeat,G)
<b>8:40am</b>	<b>Odd Squad</b> (Repeat,G)
<b>8:50am</b>	<b>Moka's Fabulous Adventures!</b> (Repeat,G)
<b>9:00am</b>	<b>FriendZSpace</b> (Repeat,G)
<b>9:10am</b>	<b>Endlings</b> (CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>9:35am</b>	<b>Wow That's Amazing</b> (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
<b>10:00am</b>	<b>Sally &amp; Possum</b> (CC,Repeat,G)
<b>10:20am</b>	<b>Let's Dance</b> (G)
<b>10:30am</b>	<b>BTN</b> (CC,Repeat)
<b>10:55am</b>	<b>Mindful Earth</b> (Repeat,G)
<b>11:05am</b>	<b>Same But Different</b> (CC,AD,Repeat,G)
<b>11:15am</b>	<b>What's With The Listies?</b> (CC,G)

<b>11:20am</b>	<b>You Can't Ask That In The Classroom</b> (CC,Repeat,G)
<b>11:30am</b>	<b>Move It Mob Style</b> (CC,Repeat,G)
<b>12:00pm</b>	<b>Larry the Wonderpup</b> (Repeat,G)
<b>12:15pm</b>	<b>Detention Adventure</b> (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>12:25pm</b>	<b>Hank Zipzer</b> (CC,Repeat,G)
<b>12:50pm</b>	<b>Malory Towers</b> (CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>1:15pm</b>	<b>Deadly Pole to Pole</b> (CC,Repeat,G,Do not disturb or try to handle wild animals as they can be dangerous.)
<b>1:45pm</b>	<b>The Brilliant World Of Tom Gates</b> (CC,Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
<b>2:00pm</b>	<b>Art Ninja</b> (Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
<b>2:20pm</b>	<b>Teenage Boss</b> (CC,Repeat,G)
<b>2:50pm</b>	<b>Best Bugs Forever</b> (CC,Repeat,G)
<b>3:00pm</b>	<b>SheZow</b> (CC,Repeat,G)
<b>3:15pm</b>	<b>Almost Naked Animals</b> (CC,Repeat,G)
<b>3:25pm</b>	<b>The Penguins Of Madagascar</b> (CC,AD,Repeat,G)
<b>3:50pm</b>	<b>Mighty Mike</b> (Repeat,G)
<b>4:00pm</b>	<b>The Adventures Of Paddington</b> (CC,AD,Repeat,G)
<b>4:10pm</b>	<b>Shaun The Sheep</b> (CC,Repeat,G)
<b>4:20pm</b>	<b>The Deep</b> (CC,Repeat,G)
<b>4:45pm</b>	<b>FriendZSpace</b> (Repeat,G)
<b>4:55pm</b>	<b>Little Lunch</b> (CC,Repeat,G)
<b>5:10pm</b>	<b>Cloudy With A Chance Of Meatballs</b> (Repeat,G)

- 5:20pm**      **Symo And Rose**  
(G)
- 5:25pm**      **Space Nova**  
(CC,Repeat,G)
- 5:50pm**      **The Strange Chores**  
(CC,Repeat,G)
- 6:00pm**      **School Of Rock: Don't Know What You Got ('Til it's Gone)**  
(CC,Repeat,G)  
The band's instruments get stolen, so they hold a rummage sale to raise money to replace them. When Tomika sells a sentimental item belonging to Summer, she has to remember why it was so important to repair their friendship.
- 6:25pm**      **BTN Newsbreak**  
(CC)  
Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.
- 6:30pm**      **Operation Ouch!: Doctors Face Off!**  
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)  
Dr Xand invents a facial recognition system to keep Dr Chris out of the lab, there's a brand new quiz putting the doctors on the spot in Ouchology, and find out how to lift your mood in Mindboosters.
- 7:00pm**      **Horrible Histories**  
(CC,Repeat,G)  
An unusual Stuart highwayman doesn't always steal cash, a modern detective struggles to solve a series of murders in Emperor Caligula's house and King George IV meets his dead relatives.
- 7:30pm**      **Shaun The Sheep: Zebra Ducks Of The Serengeti**  
(CC,Repeat,G)  
After getting covered in soot, two hapless ducks are mistaken for a pair of rare African zebra ducks.
- 7:35pm**      **Dragons: Riders Of Berk: How To Start A Dragon Academy**  
(CC,Repeat,G)  
Hiccup is given the responsibility to integrate dragons into the village of Berk and must contend with his rowdy friends, unruly dragons and an upset village elder.
- 8:00pm**      **Kung Fu Panda: Legends Of Awesomeness: Five is Enough**  
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
Master Chao visits the valley to oversee a tournament. Shifu is convinced that Po and Master Chao want to replace him. Shifu's old enemy, Pai Mei, arrives in the middle of the tournament and threatens to destroy Shifu.

- 8:25pm**      **The Legend Of Korra: Beginnings (Part 1)**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
Book Two - Spirits, Chapter Seven: Korra learns about the epic and mythic origins of the first Avatar.
- 8:45pm**      **SheZow: Super Sidekick**  
(CC,Repeat,G)  
The friendship between SheZow and Maz is at stake after Maz's new sidekick identity 'Shaverine' defeats a giant hairy monster.
- 9:00pm**      **The Next Step: Time To Move On**  
(CC,Repeat,G)  
Riley struggles to move on from James while still working on their duet. Emily and Hunter get to know each other better when they get locked in the costume closet together.
- 9:25pm**      **Almost Never: The Stadium Show**  
(CC,AD,Repeat,G)  
The boys, still undecided about Coleen's offer, give AJ one more chance to prove he's the best choice of manager whilst Harry develops a crush on Dan's new waitress.
- 10:10pm**      **rage: Guest Programmer**  
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)  
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 11:10pm**      **ABC ME Programs Resume At 6am**  
ABC ME programs resume at 6am.

**Friday, 5 August 2022**

<b>6:00am</b>	<b>Camp Lakebottom</b> (Repeat,G)
<b>6:10am</b>	<b>Dennis And Gnasher Unleashed!</b> (Repeat,G)
<b>6:25am</b>	<b>The Legend Of Korra</b> (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>6:45am</b>	<b>Miraculous: Tales Of Ladybug And Cat Noir</b> (CC,Repeat,G)
<b>7:10am</b>	<b>Miraculous: Tales Of Ladybug And Cat Noir</b> (CC,Repeat,G)
<b>7:30am</b>	<b>Kung Fu Panda: Legends Of Awesomeness</b> (CC,Repeat,G)
<b>7:55am</b>	<b>Total DramaRama</b> (G)
<b>8:05am</b>	<b>The Strange Chores</b> (CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>8:15am</b>	<b>The Fairly OddParents</b> (Repeat,G)
<b>8:40am</b>	<b>Odd Squad</b> (Repeat,G)
<b>8:50am</b>	<b>Moka's Fabulous Adventures!</b> (Repeat,G)
<b>9:00am</b>	<b>FriendZSpace</b> (Repeat,G)
<b>9:10am</b>	<b>Endlings</b> (CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>9:35am</b>	<b>Wow That's Amazing</b> (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
<b>10:00am</b>	<b>Wallykazam!</b> (Repeat,G)
<b>10:25am</b>	<b>Alphablocks</b> (CC,G)
<b>10:30am</b>	<b>Big Words Small Stories</b> (Repeat,G)
<b>10:35am</b>	<b>Rhymes And Songs</b> (CC,Repeat,G)
<b>10:50am</b>	<b>Know It Alls: Visual Art</b> (CC,G)
<b>11:00am</b>	<b>Your Paintings</b> (CC,Repeat,G)

<b>11:10am</b>	<b>Smart Secrets Of Great Paintings</b> (CC,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>11:35am</b>	<b>Fall In Love With Music</b> (CC,Repeat,G)
<b>12:00pm</b>	<b>Larry the Wonderpup</b> (Repeat,G)
<b>12:15pm</b>	<b>Detention Adventure</b> (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
<b>12:25pm</b>	<b>Hank Zipzer</b> (CC,Repeat,G)
<b>12:50pm</b>	<b>Malory Towers</b> (CC,AD,Repeat,G)
<b>1:15pm</b>	<b>Deadly Pole to Pole</b> (CC,Repeat,G,This program includes animals being killed for food.)
<b>1:45pm</b>	<b>The Brilliant World Of Tom Gates</b> (CC,Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
<b>2:00pm</b>	<b>Art Ninja</b> (Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
<b>2:20pm</b>	<b>Teenage Boss</b> (CC,Repeat,G)
<b>2:50pm</b>	<b>Best Bugs Forever</b> (CC,Repeat,G)
<b>3:00pm</b>	<b>SheZow</b> (CC,Repeat,G)
<b>3:15pm</b>	<b>Almost Naked Animals</b> (CC,Repeat,G)
<b>3:25pm</b>	<b>The Penguins Of Madagascar</b> (CC,AD,Repeat,G)
<b>3:50pm</b>	<b>Mighty Mike</b> (Repeat,G)
<b>4:00pm</b>	<b>The Adventures Of Paddington</b> (CC,AD,Repeat,G)
<b>4:10pm</b>	<b>Shaun The Sheep</b> (CC,Repeat,G)
<b>4:20pm</b>	<b>The Deep</b> (CC,Repeat,G)
<b>4:45pm</b>	<b>FriendZSpace</b> (Repeat,G)
<b>4:55pm</b>	<b>Little Lunch</b> (CC,Repeat,G)
<b>5:10pm</b>	<b>Cloudy With A Chance Of Meatballs</b> (Repeat,G)

- 5:20pm**      **Symo And Rose**  
(G)
- 5:25pm**      **Space Nova**  
(CC,Repeat,G)
- 5:50pm**      **The Strange Chores**  
(CC,Repeat,G)
- 6:00pm**      **School Of Rock: Jingle Bell Rock**  
(CC,Repeat,G)  
While Tomika and Summer try to get Kale into the school's Holiday pageant, Zack, Lawrence, and Dewey try to recreate Freddy's Christmas traditions because he is spending the holidays without his mum for the first time.
- 6:25pm**      **BTN Newsbreak**  
(CC)  
Find out what's going on in the world with a news bulletin designed for children, featuring stories that are relevant and easy to understand.
- 6:30pm**      **Operation Ouch!: There's a Lizard in the Lab!**  
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)  
There's a lizard in the lab! And it shares an amazing piece of body kit with you. Catch up with our Ouch Babies as each family goes for an ultrasound scan, and meet today's body popping Brilliant Body.
- 7:00pm**      **Horrible Histories**  
(CC,Repeat,G)  
A Welsh prince from the Middle Ages has a very stupid death, King Louis XVI and Marie Antoinette go on Historical Wife Swap with some starving French peasants and Queen Cleopatra sings about her femme fatale reputation.
- 7:30pm**      **Shaun The Sheep: Whistleblower**  
(CC,Repeat,G)  
Bitzer loses his precious whistle and tests out the farmer's trumpet as a replacement.
- 7:35pm**      **Dragons: Riders Of Berk: Viking For Hire**  
(CC,Repeat,G)  
Now that dragon-killing is no longer necessary, Hiccup tries to find a new job for Gobber the Blacksmith, but the task proves harder than expected.
- 8:00pm**      **Kung Fu Panda: Legends Of Awesomeness: A Thousand and Twenty Questions**  
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
Master Yao returns to the Jade Palace and announces that he's offering the Valley of Peace a one-day 'Wonder and Wisdom Exchange'. Anyone who brings him a new wonder will be allowed to ask him a single question.

- 8:25pm**      **The Legend Of Korra: Beginnings (Part 2)**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
Book Two - Spirits, Chapter Eight: Korra delves deeper into the Avatar's past and realises what she must do in order to restore balance between the physical and spirit worlds.
- 8:50pm**      **Log Horizon: Kanami, Go East!**  
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
Kanami's whereabouts after The Apocalypse are revealed. As she makes her way east to Japan, a more sinister game is being played behind the scenes, with Nureha as the unwilling puppet.
- 9:15pm**      **Dragon Ball Super: Feelings That Transcend Time: Trunks and Mai**  
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
Bulma gets to work repairing the old time machine that she's kept. Meanwhile, Future Trunks recalls his experiences with Mai. But two questions remain: why does Black have a time ring? And what's the extent of his power?
- 9:45pm**      **Sailor Moon Crystal: Act 9: Serenity - Princess**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
While trying to protect Sailor Moon, Tuxedo Mask loses consciousness. Out of sorrow, Sailor Moon awakens as Princess Serenity.
- 10:10pm**      **K-On!: Advisor!**  
(CC,Repeat,G)  
When Tsumugi's application to reserve the hall for the light music club is rejected due to it not officially being a club, it becomes apparent Ritsu had forgotten to fill out the required form.
- 10:35pm**      **K-On!: School Festival!**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
On the day of the school festival, Mio wants to practice for the club's live event, but everyone else is helping with their classes' other stands.
- 11:00pm**      **ABC ME Programs Resume At 6am**  
ABC ME programs resume at 6am.



**Saturday, 6 August 2022**

- 6:00am**      **Camp Lakebottom**  
(Repeat,G)
- 6:10am**      **Dennis And Gnasher Unleashed!**  
(Repeat,G)
- 6:25am**      **The Legend Of Korra**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 6:45am**      **The Deep**  
(CC,AD,Repeat,G)
- 7:10am**      **The Penguins Of Madagascar**  
(CC,AD,Repeat,G)
- 7:35am**      **The Penguins Of Madagascar**  
(CC,AD,Repeat,G)
- 7:55am**      **The Inbestigators**  
(CC,Repeat,G)
- 8:10am**      **The Inbestigators**  
(CC,Repeat,G)
- 8:30am**      **The Dengineers**  
(G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
- 8:55am**      **Good Game Spawn Point**  
(CC)
- 9:00am**      **Miraculous: Tales Of Ladybug And Cat Noir**  
(CC,Repeat,G)
- 9:45am**      **Teenage Mutant Ninja Turtles**  
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 10:10am**     **Slugterra**  
(CC,Repeat,G)
- 10:30am**     **Kong: King Of The Apes**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 10:50am**     **Oddbods**  
(Repeat,G)
- 11:00am**     **Log Horizon**  
(PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 11:25am**     **Dragon Ball Super**  
(PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 11:45am**     **Sailor Moon Crystal**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

- 12:10pm**      **Ballerina**  
(CC,Repeat,G)
- 1:40pm**      **Dounia**  
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 2:05pm**      **Horrible Histories**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
- 2:35pm**      **Operation Ouch!**  
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
- 3:05pm**      **Operation Ouch!**  
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
- 3:35pm**      **Space Nova**  
(Repeat,G)
- 4:00pm**      **Andy And The Band**  
(Repeat,G)
- 4:15pm**      **Kiri and Lou**  
(CC,Repeat,G)
- 4:20pm**      **The Deep**  
(CC,Repeat,G)
- 4:45pm**      **FriendZSpace**  
(Repeat,G)
- 4:55pm**      **Denis And Me**  
(CC,Repeat,G)
- 5:00pm**      **Miraculous: Tales Of Ladybug And Cat Noir**  
(CC,Repeat,G)
- 5:20pm**      **Ultimate Video Skills**  
(G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
- 5:25pm**      **100 Things To Do Before High School**  
(CC,Repeat,G)
- 5:50pm**      **The Inbestigators**  
(CC,Repeat,G)
- 6:00pm**      **Malory Towers: The School Trip**  
(CC,Repeat,G)  
Gwen resorts to drastic measures to hide her stolen bounty, whilst Darrell and Sally make a discovery that could lead them to Lady Jane's treasure!
- 6:30pm**      **Fierce Earth: Earthquakes**  
(CC,Repeat,G)  
The Fierce Earth team explore the phenomenon of the earthquake. Clare and Mike train with one of the top international rescue teams; Leo takes on a dangerous cliff climb with a very special partner.

- 7:00pm Mythbusters "There's Your Problem!": Knock Your Shocks Off**  
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
The MythBusters delve into the little known world of shockwaves, testing if an underwater explosion can be survived by diving deep; if an explosive wave can be surfed; and more.
- 7:25pm Hey You! What If: You Could Fly Like A Bird?**  
(Repeat,G)  
If a human wants to fly like a bird then they have 3 options: flap their arms 10,000 times a second, build a pair of massive wings or, fly to Titan - a moon around Saturn where gravity is low and the atmosphere is thick.
- 7:30pm Shaun The Sheep: The Big Chase**  
(CC,Repeat,G)  
When Timmy drives off on the farmer's brand new quad bike, Shaun, Bitzer and the flock have to give chase by any means available!
- 7:35pm Dragons: Riders Of Berk: Animal House**  
(CC,Repeat,G)  
As an approaching storm threatens Berk, Hiccup must work fast to make peace between the food-providing farm animals and the dragons.
- 8:00pm Kung Fu Panda: Legends Of Awesomeness: Bride of Po**  
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)  
Po saves a girl from some bandits, only to learn that she's engaged to be married to the Dragon Warrior.
- 8:25pm The Legend Of Korra: The Guide**  
(CC,Repeat,G)  
Book Two - Spirits, Chapter Nine: Korra seeks Tenzin's help to enter the Spirit World for the first time.
- 8:45pm SheZow: Glameddon**  
(CC,Repeat,G)  
After being reunited with his former sidekick Tara, SheZow is challenged to battle her mano a mano in an event called Glameddon to see who is the toughest super-heroine.
- 9:00pm The Next Step: The Truth Comes Out**  
(CC,Repeat,G)  
Michelle finds out about the dance battle and Hunter gets a chance at the Nationals solo spot. Phoebe challenges select A-Troupers and J-Troupers to create a song and a dance in 24 hours.

**9:25pm****Almost Never: Managers**

(CC,AD,Repeat,G)

The boys meet some potential managers including scary Jordan and then AJ ruins a dinner with Coleen's friend Ivan. Meanwhile Chloe, feeling side-lined re-engages with Luke and Cooper.

**9:55pm****ABC ME Programs Resume At 6am**

ABC ME programs resume at 6am.