

ABC ME Program Guide

Week 5

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NOTE: Program times may differ in some states if viewing on VAST or Foxtel. More information can be found at [ABC Help](#).

Program Guide

Sunday, 23 January 2022

6:00am	Get Blake! (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:10am	Danger Mouse (CC,Repeat,G)
6:25am	Best Bugs Forever (CC,Repeat,G)
6:35am	Sadie Sparks (Repeat,G)
6:45am	Kuu Kuu Harajuku (Repeat,G)
7:00am	Spongo, Fuzz and Jalapena (CC,Repeat,G)
7:10am	Kung Fu Panda: Legends Of Awesomeness (CC,Repeat,G)
7:35am	The Fairly OddParents (Repeat,G)
7:55am	The Beachbuds (Repeat)
8:10am	The Rubbish World Of Dave Spud (CC,AD)
8:20am	Dragons: Riders Of Berk (CC,Repeat,G)
8:45am	Kong: King Of The Apes (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
9:05am	The Strange Chores (CC,Repeat,G)
9:15am	Dodo (CC,AD,Repeat,G)
9:30am	Kung Fu Panda: Legends Of Awesomeness (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
9:50am	ITCH (CC,Repeat,G)
10:15am	Endlings (CC,AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
10:40am	The Next Step (CC,Repeat,G)

11:00am	So Awkward (CC,Repeat,G)
11:30am	The Athena (Repeat,G)
12:00pm	The Wonderful World of Puppies (Repeat,G)
12:40pm	Get It Together! (Repeat,G)
1:10pm	Get It Together! (Repeat,G)
1:35pm	Get It Together! (Repeat,G)
2:00pm	Get It Together! (Repeat,G)
2:30pm	How To Do Stuff Good (CC,Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
2:45pm	Wow That's Amazing (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
3:10pm	The Crystal Maze (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
4:00pm	Nova Jones (CC,AD)
4:30pm	Detention Adventure (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
4:45pm	Odd Squad (Repeat,G)
5:00pm	Amelia Parker (Repeat,G)
5:25pm	ITCH (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
5:50pm	Total DramaRama (CC,Repeat,G)
6:00pm	Miraculous: Tales Of Ladybug And Cat Noir: Roger Cop (CC,Repeat,G) After Chloe accuses Marinette of stealing her new bracelet, Hawk Moth akumatizes Chloe's friend's policeman father into the tyrannical Rogercop.

- 6:25pm** **Bad Nature**
(CC,G)
Join Marv the Mandrill, Gloria the Puma and a madcap menagerie of misfits as they delve into the disgusting, but truly amazing things that animals do.
- 6:30pm** **Mythbusters Junior: Space Special - Scream/Fire Extinguisher Jet Pack**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
The Junior MythBusters team tackles two extra-terrestrial tall tales, can you use a fire extinguisher as a space jetpack and can you really not hear a scream in space?
- 7:20pm** **Mindful Earth: Restful Rivers Sea and Sky**
(Repeat,G)
Guided mindfulness and stunning natural history footage go hand in hand to produce a series of immersive, relaxing films. With fantails, fish and rays, impala and starlings.
- 7:30pm** **Shaun The Sheep: Cat Got Your Brain**
(CC,Repeat,G)
Two bungling alien scientists transport Pidsley and Shaun aboard their flying saucer. Unfortunately, a foolish error causes the aliens to swap the animals' brains around.
- 7:35pm** **The Strange Chores: Escape the Strange Chores**
(CC,Repeat,G)
Trapped inside Que's video-game diary, Pierce's day just got graphic! One level up, Charlie's held captive as his goblin dungeon master dreams of an extra life. It will take all Pierce's gamer skills to rescue his player two.
- 7:50pm** **Little Big Awesome: Let's Get To That Thing**
(CC,Repeat,G)
Lennon and Gluko take on several activities in an attempt to do 4000 things in one day, but keep getting side-tracked by friends. They learn that helping your friends is more important than any other engagement.
- 8:00pm** **Kung Fu Panda: Legends Of Awesomeness: The Maltese Mantis**
(Repeat,G)
Tigris is forced to babysit a small child who has been separated from his parents.
- 8:25pm** **Slugterra: The Unbeatable Master**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
A mysterious slugslinging master appears for the first time in 20 years. Though old, this slinger is an amazing battler - incredibly fast and the master of an unstoppable slinging technique.

- 8:45pm** **Cloudy With A Chance Of Meatballs: The Kid's Got Moxy**
(Repeat,G)
When Flint's new invention gives Gil some much-needed confidence, the mayor demands a moxy-boost of his own.
- 9:00pm** **Hank Zipzer: The Classroom Catastrophe**
(CC,Repeat,G)
Hank's unique approach to essay writing lands him in hot water; Emily tries to deny that she's a Zipzer to avoid being tarred with the same disruptive brush as her brother.
- 9:25pm** **Degrassi: The Next Generation: The World I Know**
(CC,Repeat,PG)
Not only is it science fair season, it is Alli's birthday! Her enthusiasm is high...until she learns Leo's visitor visa has expired. Maya returns from suspension relieved to be back at Degrassi.
- 9:45pm** **rage**
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 10:45pm** **ABC ME Programs Resume At 6am**

Monday, 24 January 2022

6:00am	Get Blake! (Repeat,G)
6:10am	Danger Mouse (CC,Repeat,G)
6:25am	Best Bugs Forever (CC,Repeat,G)
6:35am	Sadie Sparks (Repeat,G)
6:45am	Kuu Kuu Harajuku (Repeat,G)
7:00am	Spongo, Fuzz and Jalapena (CC,Repeat,G)
7:10am	Kung Fu Panda: Legends Of Awesomeness (CC,Repeat,G)
7:35am	The Fairly OddParents (Repeat,G)
7:55am	The Beachbuds (Repeat)
8:10am	The Rubbish World Of Dave Spud (CC,AD)
8:20am	100 Things To Do Before High School (CC,Repeat,G)
8:45am	100 Things To Do Before High School (CC,Repeat,G)
9:05am	100 Things To Do Before High School (CC,Repeat,G)
9:30am	100 Things To Do Before High School (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
9:55am	100 Things To Do Before High School (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
10:15am	100 Things To Do Before High School (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
10:40am	100 Things To Do Before High School (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
11:05am	100 Things To Do Before High School (CC,Repeat,G)
11:25am	100 Things To Do Before High School (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

11:50am	100 Things To Do Before High School (CC,Repeat,G)
12:10pm	100 Things To Do Before High School (CC,Repeat,G)
12:35pm	100 Things To Do Before High School (CC,Repeat,G)
1:00pm	Miraculous: Tales Of Ladybug And Cat Noir (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
1:20pm	Miraculous: Tales Of Ladybug And Cat Noir (Repeat,G)
1:45pm	Miraculous: Tales Of Ladybug And Cat Noir (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
2:05pm	Miraculous: Tales Of Ladybug And Cat Noir (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
2:30pm	Miraculous: Tales Of Ladybug And Cat Noir (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
2:50pm	Miraculous: Tales Of Ladybug And Cat Noir (Repeat,G)
3:15pm	Miraculous: Tales Of Ladybug And Cat Noir (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
3:35pm	Miraculous: Tales Of Ladybug And Cat Noir (Repeat,G)
4:00pm	Nova Jones (CC,AD)Final
4:30pm	Detention Adventure (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
4:45pm	Odd Squad (Repeat,G)
5:00pm	Amelia Parker (Repeat,G)
5:25pm	ITCH (CC,Repeat,G)
5:50pm	Total DramaRama (CC,Repeat,G)
6:00pm	Miraculous: Tales Of Ladybug And Cat Noir: Horrificator (CC,Repeat,G) When Marinette's class makes a short horror film, the lead actress is akumatized into a slimy monster that feeds off fear.

- 6:30pm** **Operation Ouch!**
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
The Doctors choose some of their favourite moments including an experiment to find out what happens when you cough and a life-changing operation that allows someone to hear for the very first time.
- 7:00pm** **Horrible Histories**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Queen Victoria learns her British comforts aren't very British; a Viking warrior won't stop talking in rhyme; and the contestants try to become executioners on The Axe Factor.
- 7:30pm** **Shaun The Sheep: Two's Company**
(CC,Repeat,G)
A bedraggled new sheep lands amongst the flock. After a wash in the sheep dip, the newcomer turns out to be quite attractive and Shaun immediately falls head over hoof for her.
- 7:35pm** **The Strange Chores: Clean the Toilet**
(CC,Repeat,G)
It's major treble when a flushed singing monster gets stuck in the toilet. Charlie's starting to fret, trying to keep it low-key before it can harm anyone, but Helsing's starting to notice that his house is out of sync...
- 7:50pm** **Little Big Awesome: Sorry Mr Sun**
(CC,Repeat,G)
Lennon scares away the sun when he's rude to him, and Gluko is accidentally mean to Cricket. Moon teaches them how to apologise to people.
- 8:00pm** **Kung Fu Panda: Legends Of Awesomeness: The Most Dangerous Po**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Po's visit to a famous war hero goes awry when he finds out the retired general is not very stable.
- 8:25pm** **Slugterra: Deep Water, Dark Water**
(CC,Repeat,G)
Blakk has hired Brutale - a thug as brutal as his name - to build a Deep Water Rig to drill for Dark Water at the bottom of the Cavern Sea.
- 8:45pm** **Cloudy With A Chance Of Meatballs: The New New Girl**
(Repeat,G)
Sam tries to help a new student settle into Swallow Falls, only to discover the townspeople are much nicer to the new girl than they ever were to her.

- 9:00pm** **Hank Zipzer: The Lucky Socks**
(CC,Repeat,G)
Hank finds a pair of socks that seem to magically give him brilliant sporting skills, just a shame they belong to his sister...Stan and Rosa come to blows over their vastly different parenting approaches.
- 9:25pm** **Degrassi: The Next Generation: Better Man**
(CC,Repeat,PG)
Instead of revealing Leo as violent, Alli continues lying. Unsure how long she'll be stuck in the Rubber Room, Maya decides to show her classmates she's not a princess.
- 9:45pm** **rage**
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 10:45pm** **ABC ME Programs Resume At 6am**

Tuesday, 25 January 2022

6:00am	Get Blake! (Repeat,G)
6:10am	Danger Mouse (CC,Repeat,G)
6:25am	Best Bugs Forever (CC,Repeat,G)
6:35am	Sadie Sparks (Repeat,G)
6:45am	Kuu Kuu Harajuku (Repeat,G)
7:00am	Spongo, Fuzz and Jalapena (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:10am	Kung Fu Panda: Legends Of Awesomeness (CC,Repeat,G)
7:35am	The Fairly OddParents (Repeat,G)
7:55am	The Beachbuds (Repeat)
8:10am	The Rubbish World Of Dave Spud (CC,AD)
8:20am	Dragons: Defenders Of Berk (CC,Repeat,G)
8:45am	Dragons: Defenders Of Berk (CC,Repeat,G)
9:10am	Dragons: Defenders Of Berk (CC,Repeat,G)
9:30am	Dragons: Defenders Of Berk (CC,Repeat,G)
9:55am	Dragons: Defenders Of Berk (CC,Repeat,G)
10:20am	Dragons: Defenders Of Berk (CC,Repeat,G)
10:40am	Dragons: Defenders Of Berk (CC,Repeat,G)
11:05am	Dragons: Defenders Of Berk (CC,Repeat,G)
11:30am	Dragons: Defenders Of Berk (CC,Repeat,G)
11:50am	Hank Zipzer (CC,Repeat,G)
12:15pm	Hank Zipzer (CC,Repeat,G)

12:45pm	Hank Zipzer (CC,Repeat,G)
1:10pm	Hank Zipzer (CC,Repeat,G)
1:35pm	Hank Zipzer (CC,Repeat,G)
2:00pm	Hank Zipzer (CC,Repeat,G)
2:25pm	Hank Zipzer (CC,Repeat,G)
2:50pm	Odd Squad The Movie (CC,AD,Repeat,G)
4:00pm	Jandal Burn (CC,Repeat,G)
4:05pm	The Brilliant World Of Tom Gates (CC,Repeat,G)
4:20pm	FriendZSpace (G)
4:30pm	Detention Adventure (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
4:45pm	Odd Squad (Repeat,G)
5:00pm	Amelia Parker (Repeat,G)
5:25pm	ITCH (CC,Repeat,G)
5:50pm	Total DramaRama (CC,Repeat,G)
6:00pm	Miraculous: Tales Of Ladybug And Cat Noir: Dark Cupid (CC,Repeat,G) Cat Noir and Ladybug must put everything else aside to save the day when Kim becomes akumatized as Dark Cupid on Valentine's Day.
6:30pm	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help) Dr Chris and Dr Xand take a look at what happens to your body and why, when you reach puberty. Dr Xand finds out why you sweat more and Dr Chris discovers the real reason teens don't want to get up in the morning.

- 7:00pm** **Horrible Histories**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
A Victorian teacher is confused by her pupils' bizarre names, the Romans run out of animals to execute, and Queen Victoria advertises her exercise DVD.
- 7:30pm** **Shaun The Sheep: In The Doghouse**
(CC,Repeat,G)
Bitzer's kennel is accidentally destroyed. He hopes the Farmer will replace it with a new deluxe model. When he sees his master's clumsy attempt to build a new kennel, Bitzer is so horrified he packs his bags and leaves home.
- 7:35pm** **The Strange Chores: Host a Monster Hunter Tournament**
(CC,Repeat,G)
Charlie wrestles with being just a chore boy when Que hosts a Monster Hunter Tournament. Entering in disguise, he's ready to lay the smackdown after a pretentious pre-teen participant mocks Pierce, but will his luck run out?
- 7:50pm** **Little Big Awesome: What's the Trouble Bubble**
(CC,Repeat,G)
Lennon and Gluko try to help Little Bubble find his way back to Bubbleland, but end up getting tricked into working in a bubble factory. They escape and get home in time to feed Grandma's evil cats.
- 8:00pm** **Kung Fu Panda: Legends Of Awesomeness: Crane On A Wire**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Po tries to help Crane get his "mojo" back after Crane is humiliated at a charity event.
- 8:25pm** **Slugterra: The Gentleman And The Thief**
(CC,Repeat,G)
Using some stolen Shadow Clan tech, Dana Por is able to slip in and out of any cavern in Slugterra - and rob them blind! She makes the mistake of stealing from Dr Blakk, and the only one who can protect her is Eli.
- 8:45pm** **Cloudy With A Chance Of Meatballs: Stormwave and Thunderhawk**
(Repeat,G)
When Sam decides she wants a cool nickname, she and Flint struggle to jump through the hoops required to earn it.
- 9:00pm** **Hank Zipzer: The Curtain Went Up, My Trousers Fell Down**
(CC,Repeat,G)
Hank's determined to shine in the school play - but then he discovers that he has to learn lines...Stan and Rosa volunteer to help out at the school and find themselves in competition with each other.

9:25pm**Degrassi: The Next Generation: Dig Me Out**

(CC,Repeat,PG)

Drew throws himself into his new job with Mr Hollingsworth and his budding relationship with Zoe. Wanting life to go back to normal after Leo, Alli focuses on her fruit fly science fair experiment.

9:45pm**rage**

(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)

Wall-to-wall music videos, from new releases to classics and the long-forgotten.

10:45pm**ABC ME Programs Resume At 6am**

Wednesday, 26 January 2022

6:00am	Get Blake! (Repeat,G)
6:10am	Danger Mouse (CC,Repeat,G)
6:25am	Best Bugs Forever (CC,Repeat,G)
6:35am	Sadie Sparks (Repeat,G)
6:45am	Kuu Kuu Harajuku (Repeat,G)
7:00am	Spongo, Fuzz and Jalapena (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:10am	Kung Fu Panda: Legends Of Awesomeness (CC,Repeat,G)
7:35am	The Fairly OddParents (Repeat,G)
7:55am	The Beachbuds (Repeat)
8:10am	The Rubbish World Of Dave Spud (CC,AD)
8:20am	The Deep (CC,Repeat,G)
8:45am	The Deep (CC,Repeat,G)
9:10am	The Deep (CC,Repeat,G)
9:30am	The Deep (CC,Repeat,G)
9:55am	The Deep (CC,Repeat,G)
10:15am	The Deep (CC,Repeat,G)
10:40am	The Deep (CC,Repeat,G)
11:00am	The Deep (CC,Repeat,G)
11:25am	The Deep (CC,Repeat,G)
11:45am	The Deep (CC,Repeat,G)
12:10pm	The Deep (CC,Repeat,G)

12:35pm	The Deep (CC,Repeat,G)
12:55pm	The Deep (CC,Repeat,G)
1:20pm	The Deep (CC,Repeat,G)
1:40pm	The Deep (CC,Repeat,G)
2:05pm	The Deep (CC,Repeat,G)
2:25pm	The Deep (CC,Repeat,G)
2:50pm	The Deep (CC,Repeat,G)
3:10pm	The Deep (CC,Repeat,G)
3:35pm	The Deep (CC,Repeat,G)
4:00pm	Jandal Burn (CC,Repeat,G)
4:05pm	The Brilliant World Of Tom Gates (CC,Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
4:20pm	FriendZSpace (G)
4:30pm	Detention Adventure (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
4:45pm	Odd Squad (Repeat,G)
5:00pm	Amelia Parker (Repeat,G)
5:25pm	ITCH (CC,Repeat,G)
5:50pm	Total DramaRama (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:00pm	Miraculous: Tales Of Ladybug And Cat Noir: Ladybug And Cat Noir - Origins Pt 1 (CC,Repeat,G) Each story has its beginning. Discover how Marinette and Adrien, two high school students practically like everyone else, became Ladybug and Cat Noir, and why Hawk Moth is their sworn enemy.

- 6:30pm** **Operation Ouch! Hospital Takeover**
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
The Doctors reveal what makes you flexible as they test the incredible strength of a tendon to the max, and they find out what it's like to be Air Ambulance pilots in Operation Takeover.
- 7:00pm** **Horrible Histories**
(CC,Repeat,G)
Meet an annoying French prankster from the Middle Ages, witness bizarre Aztec food on Historical Masterchef, see what happens when Queen Elizabeth I needs the toilet, and learn how not to impress a woman in Victorian times.
- 7:30pm** **Shaun The Sheep: The Boat**
(CC,Repeat,G)
The Farmer gets Bitzer to help him renovate an old boat, but as soon as his back is turned the sheep and pigs turn the refurbishment into a swashbuckling game of pirates!
- 7:35pm** **The Strange Chores: Swap Back the Body Swap**
(CC,Repeat,G)
Helsing should never have trusted the gang with his mind-swap ray. Now Charlie's a kettle, Pierce is a phone and Snorp has stolen his body! Que better fix this fast before Helsing's boss arrives for her annual inspection!
- 7:50pm** **Little Big Awesome: Bed Follows**
(CC,Repeat,G)
Gluko doesn't want to make his bed, so he and Lennon escape to Freedomtown, where people only half-finish their tasks. Gluko's bed follows them there and saves them.
- 8:00pm** **Kung Fu Panda: Legends Of Awesomeness: Shifu's Back**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
When Shifu throws out his back, Po has to sit in as master of the Jade Palace.
- 8:25pm** **Slugterra: No Exit**
(CC,Repeat,G)
A swarm of Neurotox ghoulish slugs have created a massive toxic cloud that's attacking the residents. The Shane Gang must brave an inescapable maze to locate Blite, the only man who knows enough to help them stop the cloud.
- 8:45pm** **Cloudy With A Chance Of Meatballs: Squirrels Just Want to Have Fun**
(Repeat,G)
Brent offers to rid Flint's lab of a squirrel infestation, but his "help" only makes the problem worse.

- 9:00pm** **Hank Zipzer: Battle Of The Goblins**
(CC,Repeat,G)
Hank's inventiveness destroys his friendship with Frankie; Rosa forms an unnatural bond with her new mobile phone.
- 9:25pm** **Degrassi: The Next Generation: Power To The People**
(CC,Repeat,PG)
Drew tries to focus on the election Town Hall he's running for Mr Hollingsworth, but he's distracted by the antics of his insta-girlfriend Zoe. He has to break up with her.
- 9:45pm** **rage**
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 10:45pm** **ABC ME Programs Resume At 6am**

Thursday, 27 January 2022

6:00am	Get Blake! (Repeat,G)
6:10am	Sally Bollywood (CC,Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:45am	Kuu Kuu Harajuku (Repeat,G)
7:00am	Spongo, Fuzz and Jalapena (CC,Repeat,G)
7:10am	Kung Fu Panda: Legends Of Awesomeness (CC,Repeat,G)
7:35am	The Fairly OddParents (Repeat,G)
7:55am	The Beachbuds (Repeat)
8:10am	The Rubbish World Of Dave Spud (CC,AD)
8:20am	The Penguins Of Madagascar (Repeat,G)
8:45am	The Penguins Of Madagascar (Repeat,G)
9:10am	The Penguins Of Madagascar (Repeat,G)
9:30am	The Penguins Of Madagascar (Repeat,G)
9:55am	The Penguins Of Madagascar (Repeat,G)
10:20am	The Penguins Of Madagascar (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
10:40am	The Penguins Of Madagascar (AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
11:05am	The Penguins Of Madagascar (AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
11:30am	The Penguins Of Madagascar (AD,Repeat,G)
11:50am	The Penguins Of Madagascar (AD,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

12:15pm	Dragons: Race To The Edge (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
12:35pm	Dragons: Race To The Edge (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
1:00pm	Dragons: Race To The Edge (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
1:25pm	Dragons: Race To The Edge (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
1:45pm	Dragons: Race To The Edge (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
2:10pm	Dragons: Race To The Edge (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
2:30pm	Dragons: Race To The Edge (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
2:55pm	Dragons: Race To The Edge (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
3:15pm	Dragons: Race To The Edge (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
3:35pm	Dragons: Race To The Edge (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
4:00pm	Jandal Burn (CC,Repeat,G)
4:05pm	The Brilliant World Of Tom Gates (CC,Repeat,G)
4:20pm	FriendZSpace (G)
4:30pm	Detention Adventure (CC,Repeat,G)
4:45pm	Odd Squad (Repeat,G)
5:00pm	Amelia Parker (Repeat,G)Final
5:25pm	ITCH (CC,Repeat,G)
5:50pm	Total DramaRama (CC,Repeat,G)

- 6:00pm** **Miraculous: Tales Of Ladybug And Cat Noir: Stoneheart**
(CC,Repeat,G)
Marinette no longer wants to be Ladybug. But Paris, Cat Noir and her best friend Alya are in danger - Ladybug is the only one who can save them.
- 6:30pm** **Operation Ouch! Hospital Takeover**
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
The Doctors reveal how your eardrum works to enable you to hear and they find out how tough it is to be Hospital Radio Hosts. Dr Chris discovers what it takes for anesthetists to keep you safe and pain-free during operations.
- 7:00pm** **Horrible Histories**
(CC,Repeat,G)
Medieval knights discover the most disgusting way to attack a castle, the Saxons demonstrate the stupidest way to lose a battle and the kings of England demonstrate how to remember them all, through the power of song.
- 7:30pm** **Shaun The Sheep: What's Up Dog?**
(CC,Repeat,G)
A wayward balloonist lands in the sheep field. Shaun and his friends are intrigued by the hot air balloon and inadvertently take to the skies.
- 7:35pm** **The Strange Chores: Tame the Wild Wild Pest**
(CC,Repeat,G)
The gang's bugging out when Snorp grows gigantic - with them on his back! Discovering a wild west town of Flea-ple and a rogue monster itching to destroy them, Charlie must choose if he's gonna flee or cowboy-up and fight!
- 7:50pm** **Little Big Awesome: Gotta get a Gimmick**
(CC,Repeat,G)
Lennon and Gluko struggle to find 'gimmicks' in order to seem cool to others. They end up realising they don't need a gimmick at all - they can just be themselves.
- 8:00pm** **Kung Fu Panda: Legends Of Awesomeness: The Midnight Stranger**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
When kung fu is outlawed, Po turns to donning a mask to fight crime.
- 8:25pm** **Slugterra: The Hard Part**
(CC,Repeat,G)
Eli and Kord have been trying to create a fusion shot: two slugs shot at exactly the same time that can merge their powers! But they'll need to modify Eli's blaster to handle it.

- 8:45pm** **Cloudy With A Chance Of Meatballs: Sardine the Movie**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Flint and Sam enter Brent's dreams to determine the source of Brent's sudden fear of sardines.
- 9:00pm** **Hank Zipzer: Haunted Hank**
(CC,Repeat,G)
Hank and the gang decide to teach McKelty a spooky lesson. Despite Rosa's enthusiasm for Halloween, Stan refuses to get into the spooky spirit.
- 9:25pm** **Degrassi: The Next Generation: No Surprises**
(CC,Repeat,PG)
While Mr Hollingsworth is in mayoral campaign mode - he needs Miles to behave. Miles tries hard to regain his father's trust but when he discovers a shocking secret about his dad, he faces a huge moral dilemma.
- 9:45pm** **rage: Guest Programmer**
(Repeat,PG,Some of the music clips in this show may not be appropriate for everyone watching ABC ME. If you're under fifteen you should check with an adult before watching this next show.)
Wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 10:45pm** **ABC ME Programs Resume At 6am**

Friday, 28 January 2022

6:00am	Get Blake! (Repeat,G)
6:10am	Sally Bollywood (CC,Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,G)
6:45am	Kuu Kuu Harajuku (Repeat,G)
7:00am	Spongo, Fuzz and Jalapena (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:10am	Kung Fu Panda: Legends Of Awesomeness (CC,Repeat,G)
7:35am	The Fairly OddParents (Repeat,G)
7:55am	The Beachbuds (Repeat)
8:10am	The Rubbish World Of Dave Spud (CC,AD)
8:20am	Hardball (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
8:45am	Hardball (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
9:15am	Hardball (CC,Repeat,G)
9:40am	Hardball (CC,Repeat,G)
10:05am	Hardball (CC,Repeat,G)
10:30am	Hardball (CC,Repeat,G)
10:55am	Hardball (CC,Repeat,G)
11:20am	Summer's Day (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
11:45am	Space Nova (Repeat,G)
12:10pm	Space Nova (Repeat,G)

12:30pm	Space Nova (Repeat,G)
12:55pm	Space Nova (Repeat,G)
1:20pm	Space Nova (Repeat,G)
1:45pm	Space Nova (Repeat,G)
2:10pm	Space Nova (Repeat,G)
2:30pm	Space Nova (Repeat,G)
2:55pm	Space Nova (Repeat,G)
3:20pm	Space Nova (Repeat,G)
3:45pm	How To Do Stuff Good (Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
4:00pm	Jandal Burn (CC,Repeat,G)
4:05pm	The Brilliant World Of Tom Gates (CC,Repeat,G)
4:20pm	FriendZSpace (G)
4:30pm	Detention Adventure (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
4:45pm	Odd Squad (Repeat,G)
5:00pm	First Day (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
5:25pm	ITCH (CC,Repeat,G)
5:50pm	Total DramaRama (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:00pm	Miraculous: Tales Of Ladybug And Cat Noir: The Mime (CC,Repeat,G) When Fred Haprele's stand-in tricks him into missing his next performance, he is akumatized into the Mime.

- 6:30pm** **Operation Ouch! Hospital Takeover**
(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
The Doctors reveal how important cartilage is to your body with the help of a suit of armour, and they find out what it takes to be a hospital porter. Dr Chris meets Nala the dog to see how she helps patients in hospital.
- 7:00pm** **Ballerina**
(CC,Repeat,G)
An orphan girl dreams of becoming a ballerina and flees her rural Brittany for Paris, where she passes for someone else and accedes to the position of pupil at the Grand Opera house.
- 8:25pm** **Slugterra: What Lies Beneath**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
When Eli and the Shane Gang find themselves trapped in the Deep Caverns underneath Slugterra they discover a whole new type of danger threatening to escape.
- 8:45pm** **Log Horizon: Laglanda Forest**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
The Round Table meet with delegates from Eastal and try to feel out their motives. Meanwhile, Minori and her group of young adventurers take on their first dungeon.
- 9:15pm** **Dragon Ball Super: Showdown On King Kai's World! Goku Vs Beerus The Destroyer!**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
Goku faces off against Beerus in a hard-hitting battle despite King Kai's best efforts to keep them separate. But is Goku's strongest form enough to take on the God of Destruction?
- 9:35pm** **Dragon Ball Super: Don't Anger The Destroyer! A Heart-Pounding Birthday Party**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
An uninvited guest appears at Bulma's party! Beerus crashes the party and Vegeta is stunned after memories of the God's visit to his home planet plague him. He does the only thing he can - ensure Beerus has a good time!
- 10:00pm** **Voltron: Legendary Defender: Know Your Enemy**
(Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
The Lions form Voltron and head toward Earth, but must rethink their strategy after receiving a message from Sam.

10:25pm

ABC ME Programs Resume At 6am

Saturday, 29 January 2022

6:00am	Get Blake! (Repeat,G)
6:10am	Sally Bollywood (CC,Repeat,G)
6:25am	The Legend Of Korra (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:45am	Kuu Kuu Harajuku (Repeat,G)
7:00am	Spongo, Fuzz and Jalapena (CC,Repeat,G)
7:10am	Kung Fu Panda: Legends Of Awesomeness (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
7:35am	The Fairly OddParents (Repeat,G)
7:55am	The Beachbuds (Repeat)
8:10am	The Rubbish World Of Dave Spud (CC,AD)
8:20am	Dragons: Riders Of Berk (CC,Repeat,G)
8:45am	Kong: King Of The Apes (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
9:05am	Operation Ouch! The Life Fix (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
9:35am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,G)
9:55am	Holly Hobbie (Repeat,G)
10:20am	Ace My Space (CC,Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
10:45am	Red Dirt Riders (Repeat,G)
11:00am	Log Horizon (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
11:30am	Dragon Ball Super (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)

11:55am	Dragon Ball Super (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
12:15pm	Voltron: Legendary Defender (Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
12:40pm	Teenage Boss (CC,Repeat,G)
1:10pm	Teenage Boss (CC,Repeat,G)
1:40pm	Teenage Boss (CC,Repeat,G)
2:10pm	Teenage Boss (CC,Repeat,G)
2:40pm	Teenage Boss (CC,Repeat,G)
3:05pm	Teenage Boss (CC,Repeat,G)
3:35pm	Thunderbirds Are Go (Repeat,G)
4:00pm	Jandal Burn (CC,Repeat,G)
4:05pm	The Brilliant World Of Tom Gates (CC,Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)
4:20pm	FriendZSpace
4:30pm	Detention Adventure (CC,Repeat,G)
4:45pm	Odd Squad (Repeat,G)
5:00pm	First Day (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
5:25pm	ITCH (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
5:50pm	Total DramaRama (CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
6:00pm	Miraculous: Tales Of Ladybug And Cat Noir: Princess Fragrance (CC,Repeat,G) Princess Fragrance causes mayhem with her magic perfume; when Marinette realises Tikki is missing, she loses the ability to transform.

- 6:25pm** **Bad Nature**
(CC,G)
Join Marv the Mandrill, Gloria the Puma and a madcap menagerie of misfits as they delve into the disgusting, but truly amazing things that animals do.
- 6:30pm** **Mythbusters Junior: Paper Shred/Electric Mayo**
(CC,Repeat,PG,This program is rated PG, parental guidance is recommended for viewers under fifteen years.)
The MythBusters find out if a paper shredder plus canned air is a recipe for disaster, and they tackle an age-old kitchen condiment conundrum.
- 7:20pm** **Mindful Earth: Serene Ocean**
(Repeat,G)
Guided mindfulness and stunning natural history footage go hand in hand to produce a series of immersive, relaxing films. With coral, sealions, whales and jellyfish.
- 7:30pm** **Shaun The Sheep: Cock-A-Doodle Shaun**
(CC,Repeat,G)
The cockerel is missing and there's no one to wake up the farm. When Shaun discovers the cockerel has been snatched by the greedy fox, he sets off with Bitzer on a daring rescue mission.
- 7:35pm** **The Strange Chores: Clean the Car**
(CC,Repeat,G)
After denting Helsing's car, Que and Pierce rocket away from the consequences - all the way into space! Meanwhile Charlie is left behind to run distraction and must face the final frontier: Helsing's big book on 'Growing Up'.
- 7:50pm** **Little Big Awesome: Space Kittens for Now**
(CC,Repeat,G)
Lennon and Gluko try to make new friends. In doing so, they help Mr Sprinkles learn to bond with his kitten friends, who he learns are really space kittens.
- 8:00pm** **Kung Fu Panda: Legends Of Awesomeness: The Po Who Cried Ghost**
(Repeat,PG,This program is rated PG and includes supernatural themes. Parental guidance is recommended for younger viewers.)
Po's worst childhood fears come true when he comes face to face with hopping ghosts!
- 8:25pm** **Slugterra: The Return**
(CC,Repeat,G)
Armed with his powerful new weapon the Gatling Blaster, Blakk's unstoppable battle train threatens to run roughshod over all of Slugterra - unless Eli can master his new Double Barrel Blaster.

- 8:45pm** **Cloudy With A Chance Of Meatballs: The Boy Who Cried Robot**
(Repeat,G)
Flint suspects that Shelbourne may be a robot, but the mayor does his best to make sure no one in town believes him.
- 9:00pm** **Hank Zipzer: The War Of The Words**
(CC,Repeat,G)
The Zipzer family join forces to beat McKelty and his dad at the student-parent debating competition - it's just a shame for the kids that they're paired with the wrong parent...
- 9:25pm** **Degrassi: The Next Generation: Basket Case**
(CC,Repeat,PG)
Now that Dallas knows the truth about Alli's situation, he can't stand to watch her struggle through her physical rehabilitation. Clare is very anxious about the amount of time she's thinking about Drew.
- 9:45pm** **ABC ME Programs Resume At 6am**