

ABC TV Week 11 Program Guide

Sunday, 10 March 2024

- 6:00am** **rage**
(CC,PG)
Keep the party vibe going with wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 7:00am** **Weekend Breakfast**
(CC)
Ease into your Sunday with an engaging mix of news, updated information, analysis, interviews, politics and weather. Presented by Johanna Nicholson and Fauziah Ibrahim, plus sport with Jared Coote.
- 9:00am** **Insiders**
(CC)
Will cost of living pressures be brought under control? How will the Middle East conflict shape our security? David Speers brings you political analysis that cuts through the spin, diving into the decisions affecting us all.
- 10:00am** **Offsiders**
(CC)
Kelli Underwood and the panel dissect all the action from the Opening Round of the AFL with four marquee matches played in NSW and Queensland, plus Round 1 of the NRL continues after the Las Vegas opening doubleheader.
- 10:30am** **The World This Week**
(CC,Repeat)
Beverley O'Connor brings you a weekly roundup of international news from an Australian perspective as reported by ABC News correspondents covering the Indo Pacific, Europe, North America, the Middle East, India and Indonesia.
- 11:00am** **Compass: The Rewilders with Gina Chick**
(CC,AD,Repeat,PG)
Wilderness queen Gina Chick, winner of Alone, takes us into the world of rewilding. We meet people discovering ways to reconnect to nature, finding their wild hearts and nourishing their souls. They call it "sacred activism".
- 11:30am** **Songs of Praise: Chatsworth**
(CC,Repeat,G)
Brenda Edwards visits one of England's finest stately homes, Chatsworth House in Derbyshire. She discovers how some of Chatsworth's treasures shed light on our royal and religious history.

- 12:00pm ABC News At Noon**
(CC)
Dan Bourchier presents the latest from ABC News, following today's top stories and coverage of events as they unfold. Plus original reporting, expert analysis and all the updated news, sport, weather and information you need.
- 12:30pm Landline**
(CC)
Hosted by award-winning journalist Pip Courtney, Landline is Australia's only national agricultural television program covering stories from Australia's rural and regional heartland.
- 1:30pm Gardening Australia**
(CC,AD,Repeat)
Hannah visits a permaculture garden; Costa gets waterwise with wicking pots; Jerry celebrates the subtropics; Josh talks to an inspired gardener; plus we meet a collective of beekeepers whose creativity is the bee's knees.
- 2:30pm Dream Gardens: Coffs Harbour, NSW**
(CC,Repeat,PG)
Former city dwellers, Mark and Nicola Ruitenbergh want an industrial style garden. But can an inner-city trend, dominated by waste concrete, be transplanted to a sub-tropical sanctuary in the country?
- 3:00pm Nigella Bites: Feel-Good Food**
(CC,Repeat,G)
Nigella focuses on the kind of healthy food we all need to eat when we wish to purge ourselves of life's impurities. Think Salmon With Greens and Shiitake Mushrooms and Vietnamese Chicken and Mint Salad.
- 3:25pm The Cook And The Chef: Pizza**
(CC,Repeat,G)
Maggie Beer and Simon Bryant trade food secrets and debate the best way to cook seasonal produce. It's food you'll want to cook immediately.
- 3:55pm Grand Designs New Zealand**
(CC,AD,Repeat,G)
When Matthew and Rosemarie Dunning decide to put down some permanent roots in Mangawhai, they throw convention out the window and embrace their son's intriguing concept of a brick house in a sand dune.
- 4:45pm Extraordinary Escapes: Sanetra Sarker**
(CC,AD,Repeat,PG)
Sandi Toksvig is joined by actress Sunetra Sarker. Sunetra's idea of relaxing is hibernating at home on her cosy couch until Sandi shows her the delights of the Norfolk countryside.

- 5:30pm** **The ABC Of Wendy Harmer**
(CC,Repeat,PG)
David Wenham sits down with the grande dame of Australian comedy, Wendy Harmer. She's been smashing stereotypes since The Gillies Report and The Big Gig, but how she's healed after childhood trauma is her true success.
- 6:00pm** **Anh's Brush With Fame: Dr Harry Cooper**
(CC,Repeat,PG)
Dr Harry Cooper is Australia's original TV vet and one of our most trusted faces. He built a successful vet practice and then stumbled onto our screens where he's remained ever since. Anh captures his wisdom and passion.
- 6:30pm** **Compass: Gayrabia with Patrick Abboud**
(CC,AD)
They call themselves DAGS or 'Double Agent Gayrabs' and they've dubbed their secret world in Australia 'Gayrabia'. Patrick Abboud goes inside the complex lives of queer Australian Arabs creating their own rules to survive.
- 7:00pm** **ABC News**
(CC)
- 7:30pm** **Death In Paradise**
(CC,AD,PG)
The team join Naomi in Saint Barnabas when her best friend's father is murdered at a wedding. Meanwhile, Marlon tries to prepare for his sergeant exams but is easily distracted.
- 8:30pm** **House Of Gods: Ramadan Sin**
(CC,AD,M,Coarse Language)
Brand New Ramadan sees large donations come into the mosque, solving Isa's immediate cash flow problems. Sheikh Mohammad's plan for a new school struggles to gain Committee approval.
- 9:30pm** **Silent Witness: History Part Five**
(CC,AD,Repeat,M,Adult Themes, Coarse Language)
The death of an investigative journalist throws the spotlight onto Sam Ryan. Nikki begins to realise that the implications of her discoveries will challenge the principles of forensic science.
- 10:25pm** **The War Of The Worlds**
(CC,AD,Repeat,M,Violence)**Final**
Amy plumbs the depths of her memory looking for the key to resist the Martian terror. (Final)
- 11:25pm** **Harrow: Quam Innocentum Damnari**
(CC,AD,Repeat,M,Adult Themes, Violence)
While Harrow investigates a baffling crime involving siblings, James brings danger closer to his half-sister Fern than ever before - and pays a high price.

- 12:15am Significant Others**
(CC,AD,Repeat,MA,Sex Scenes)
Claire flees the family, Ciaran and Hanna deepen their relationships with outsiders caught in the rip of Sarah's disappearance and Den finds a surprise clue.
- 1:10am Sanditon**
(CC,AD,Repeat,PG)**Final**
On the night of the Midsummer Ball, the fate of Sanditon is in the balance when events conspire to leave Charlotte and the Parker family facing down impossible choices. (Final)
- 1:55am rage Vault**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 4:00am Catalyst: Black Hole Hunters**
(CC,Repeat,G,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)
Professor Tamara Davis meets the scientists on a quest to hunt down black holes, the journey has brought us to the cusp of an unprecedented milestone in scientific achievement - to photograph a black hole for the first time.
- 5:00am Insiders**
(CC,Repeat)
Will cost of living pressures be brought under control? How will the Middle East conflict shape our security? David Speers brings you political analysis that cuts through the spin, diving into the decisions affecting us all.

Monday, 11 March 2024

- 6:00am** **News Breakfast**
(CC)
- 9:00am** **ABC News Mornings**
(CC)
- 10:00am** **Landline**
(CC,Repeat)
- 11:00am** **Antiques Roadshow**
(CC,Repeat,G)
- 12:00pm** **ABC News At Noon**
(CC)
- 1:00pm** **Vera**
(CC,AD,Repeat,M,Adult Themes, Violence)
- 2:30pm** **Back Roads**
(CC,AD,Repeat,G)
- 3:00pm** **The Cook And The Chef**
(CC,Repeat,G)
- 3:30pm** **Tenable**
(CC,Repeat,G)
- 4:15pm** **Antiques Roadshow**
(CC,Repeat,G)
- 5:15pm** **Grand Designs**
(CC,Repeat,PG)
- 6:00pm** **Back Roads: Tenterfield, NSW**
(CC,AD,Repeat,G)
Heather travels through time in historic Tenterfield, a town drawing on its past to try and preserve its future. Tenterfield suffered major drought, fires and COVID. Heather meets the characters who are making a difference.
- 6:30pm** **Hard Quiz**
(CC,Repeat,PG)
Tom Gleeson faces an onslaught from experts in Shakespeare's Macbeth, animated sitcom Family Guy, Canadian rock band Rush and disaster movie Armageddon. Who will win the Big Brass Mug?
- 7:00pm** **ABC News**
(CC)
- 7:30pm** **7.30**
(CC)
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting public affairs journalism and interviews that hold the powerful to account. Plus political analysis from Laura Tingle.

- 8:00pm Australian Story**
(CC)
The power of the personal. Compelling stories about real people that illuminate, entertain and inspire. Presented by Leigh Sales.
- 8:30pm Four Corners**
(CC)
Four Corners is the home of Australian investigative journalism. These fearless and forensic documentaries expose scandals, trigger inquiries, fire debate and confront taboos.
- 9:15pm Media Watch**
(CC)
Australia's leading forum for media analysis and comment, bringing you a brave and fearless critique of the week's journalism, issues and events in the news. Presented by Paul Barry.
- 9:35pm Q+A**
(CC)
Patricia Karvelas leads the conversation as citizens put their questions to local and international politicians and thought leaders. Q+A brings together a range of guests to debate the big issues affecting Australians.
- 10:35pm ABC Late News**
(CC)
Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Jade Barker.
- 10:50pm The Business**
(CC,Repeat)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 11:10pm The Weekly With Charlie Pickering**
(CC,Repeat)
Back for its 10th Season, The Weekly with Charlie Pickering is the one show on TV that knows the world is far too serious to be taken too seriously. You give us 30 minutes - we'll give you the week.
- 11:40pm Planet America**
(CC,Repeat)
Chas and John break down another big week in the US like only they can, explaining Super Tuesday and looking ahead to President Biden's crucial State of the Union speech on Friday.

- 12:15am** **Grand Designs: County Derry**
(CC,Repeat,PG)
A young farmer & architect come up with a house design the likes of which have never been seen before in his native Northern Ireland. The house is to be built of shipping containers & cantilevered over the top of a stream.
- 1:00am** **Tenable**
(CC,Repeat,G)
Five friends from an amateur dramatic society led by team captain Zara answer Top 10 list questions as they attempt to top the Tower and win a big cash prize.
- 1:50am** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 4:30am** **Catalyst: Staying Younger for Longer: Body**
(CC,Repeat,G)
Ian Henderson, the retired and much loved ABC newsreader, sets out on a quest to find the secret to ageing healthily, and along the way uncovers some amazing new science that could benefit us all.
- 5:30am** **7.30**
(CC,Repeat)
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Tuesday, 12 March 2024

- 6:00am** **News Breakfast**
(CC)
- 9:00am** **ABC News Mornings**
(CC)
- 10:00am** **Foreign Correspondent**
(CC,AD,Repeat)
- 10:30am** **Kurt Fearnley's One Plus One**
(CC,Repeat,This program contains coarse language)
- 11:00am** **Antiques Roadshow**
(CC,Repeat,G)
- 12:00pm** **ABC News At Noon**
(CC)
- 1:00pm** **Call The Midwife**
(CC,AD,Repeat,PG,Adult Themes)
- 2:00pm** **Anh's Brush With Fame**
(CC,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program may contain images and voices of people who have died)
- 2:30pm** **Back Roads**
(CC,AD,Repeat,PG)
- 3:00pm** **The Cook And The Chef**
(CC,Repeat,G)
- 3:25pm** **Tenable**
(CC,Repeat,G)
- 4:15pm** **Antiques Roadshow**
(CC,Repeat,G)
- 5:15pm** **Grand Designs**
(CC,Repeat,PG)
- 6:00pm** **Back Roads: Adelaide River, NT**
(CC,AD,Repeat,PG)
Heather Ewart takes a walk on the wild side of the Top End. In Adelaide River, she joins the Fawcett sisters on a buffalo muster, a rollercoaster ride which has her literally on the edge of her seat.
- 6:30pm** **Hard Quiz: Battle of the Duds**
(CC,Repeat,PG)
Battle of the Duds! Tom Gleeson invites failed former contestants to humiliate themselves all over again. Vying for the dud mug are experts in social media platform TikTok, soccer's A-League, comedy film Mean Girls and teeth.
- 7:00pm** **ABC News**
(CC)

- 7:30pm** **7.30**
(CC)
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting public affairs journalism and interviews that hold the powerful to account. Plus political analysis from Laura Tingle.
- 8:00pm** **Back Roads: East Arnhem Land, NT (Part 2)**
(CC,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)
Rae Johnston continues her journey to East Arnhem Land and two very remote communities we rarely see - Gapuwiyak and Galiwin'ku - where the Yolngu people's lives are deeply connected to their culture, the land and each other.
- 8:30pm** **Better Date Than Never**
(CC,AD,G)
Allycia gets ready for her first ever date, hoping to meet True Love's Prince. Kento is thrilled to make a connection with someone new. Charles maximises his chances of finding love by attending a speed dating event.
- 9:00pm** **Whale With Steve Backshall: Ocean Voyagers**
(CC,AD,PG)
Migratory whales travel thousands of miles a year to reach special places where they feed, breed and raise their young. Steve meets those who face the longest journeys of all to uncover where they go and why it's worth it.
- 9:55pm** **You Can't Ask That: Cheaters**
(CC,AD,Repeat,M,Adult Themes, Coarse Language)
70 percent of Australian marriages will experience an affair, according to Sexual Health Australia - but not all will be found out. This group bravely take a seat to face some harsh questions sent in from the public.
- 10:30pm** **ABC Late News**
(CC)
Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Jade Barker.
- 10:45pm** **The Business**
(CC,Repeat)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 11:05pm** **Four Corners**
(CC,Repeat)
Four Corners is the home of Australian investigative journalism. These fearless and forensic documentaries expose scandals, trigger inquiries, fire debate and confront taboos.

- 11:50pm Q+A**
(CC,Repeat)
Patricia Karvelas leads the conversation as citizens put their questions to local and international politicians and thought leaders. Q+A brings together a range of guests to debate the big issues affecting Australians.
- 12:50am Media Watch**
(CC,Repeat)
Australia's leading forum for media analysis and comment, bringing you a brave and fearless critique of the week's journalism, issues and events in the news. Presented by Paul Barry.
- 1:10am Grand Designs: South East London**
(CC,Repeat,PG)
A creative couple decide to build an 'urban shed' in an old milk yard tucked away behind some flats and shops in their beloved South East London. #GrandDesigns
- 1:55am Tenable**
(CC,Repeat,G)
Work mates led by team captain Henry take on the Tenable Tower as they attempt to win 125,000 pounds. Can they land a Perfect 10 and take home the cash?
- 2:45am rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 4:30am Catalyst: Staying Younger for Longer: Brain**
(CC,Repeat,G)
Dr Sarah McKay uncovers the revolutionary new science that promises to keep your brain healthy into old age - and uncovers the drugs that hope to defeat many of the diseases of ageing.
- 5:30am 7.30**
(CC,Repeat)
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Wednesday, 13 March 2024

- 6:00am** **News Breakfast**
(CC)
- 9:00am** **ABC News Mornings**
(CC)
- 10:00am** **Four Corners**
(CC,AD,Repeat)
- 10:55am** **Antiques Roadshow**
(CC,Repeat,G)
- 12:00pm** **ABC News At Noon**
(CC)
- 12:30pm** **National Press Club Address**
(CC)
- 1:35pm** **Media Watch**
(CC,Repeat)
- 2:00pm** **Anh's Brush With Fame**
(CC,Repeat,PG,This program contains content that may concern some viewers.)
- 2:30pm** **Back Roads**
(CC,AD,Repeat,G,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)
- 3:00pm** **The Cook And The Chef**
(CC,Repeat,G)
- 3:25pm** **Tenable**
(CC,Repeat,G)
- 4:15pm** **Antiques Roadshow**
(CC,Repeat,G)
- 5:15pm** **Grand Designs**
(CC,Repeat,G)
- 6:00pm** **Back Roads: Central Highlands, Tas**
(CC,Repeat,G)
Guest presenter Lisa Millar heads to the 'land of a thousand lakes' in the wild beating heart of Tassie. The Central Highlands is a harsh, beautiful and isolated place regarded as one of the world's best fly-fishing spots.
- 6:30pm** **Hard Quiz**
(CC,Repeat,PG)
Tom Gleeson has a fistful of questions for anyone who dares covet his Big Brass Mug. Lining up are experts on the global financial crisis, jazz legend Miles Davis, irreverent stunt team Jackass and comedians Hamish & Andy.
- 7:00pm** **ABC News**
(CC)

- 7:30pm** **7.30**
(CC)
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- 8:00pm** **Hard Quiz**
(CC,PG)
Brand New Tom Gleeson and his Big Brass Mug are besieged by another four contestants with eclectic expert subjects: Cronulla Sharks fan Matt, Mulan lover Jessica, Doja Cat stan Elle, and Brad, who's really into vintage roller skates.
- 8:30pm** **The Weekly With Charlie Pickering**
(CC)
Back for its 10th Season, The Weekly with Charlie Pickering is the one show on TV that knows the world is far too serious to be taken too seriously. You give us 30 minutes - we'll give you the week.
- 9:05pm** **This Is Going To Hurt**
(CC,AD,MA,Adult Themes, Sex Scenes)
Heartbroken Adam does his first shift at a posh private hospital and finds that it's not all it's cracked up to be. Shruti has a challenging night shift on the NHS Ward.
- 9:50pm** **Planet America**
(CC)
Will President Biden unite the country after his State of the Union Address, or will his likely Presidential rival Donald Trump sew division and dissatisfaction in the wake of two wars, a border crisis and the cost of living?
- 10:20pm** **Adam Hills: The Last Leg**
(CC,Repeat)
Fast-tracked from the UK, join Adam Hills, Josh Widdicombe and Alex Brooker plus special guests for an entertaining, off-beat look at the big events of the past week.
- 11:00pm** **ABC Late News**
(CC)
Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Jade Barker.
- 11:15pm** **The Business**
(CC,Repeat)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.

- 11:35pm** **Rosehaven**
(CC,Repeat,PG)
It's back to work at McCallum Real Estate - thinking of ways to attract new clients and fixing problems around the town.
- 12:00am** **Rosehaven**
(CC,Repeat,PG)
Emma has a new magic eight ball, Daniel has a health scare which leads to a confronting situation with his ex, Grace and together they try to solve a problem with an overbearing landlord.
- 12:30am** **Grand Designs: Norwich**
(CC,Repeat,G)
A single mum wants to build a home shaped like two enormous periscopes in Norwich, but a limited budget and tight planning restrictions start to take their toll.
- 1:20am** **Tenable**
(CC,Repeat,G)
A team of five in the hospitality industry led by team captain Debs work mates attempt to top the Tenable Tower to win a big cash prize.
- 2:05am** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 4:30am** **Catalyst: Should I Risk It?**
(CC,Repeat,PG)
Lily Serna finds out how maths can help us all become smarter with the risks we take in life. And she discovers that far from taking too many risks, many of us are playing it too safe.
- 5:30am** **7.30**
(CC,Repeat)
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Thursday, 14 March 2024

6:00am	News Breakfast (CC)
9:00am	ABC News Mornings (CC)
10:00am	Australian Story (CC,AD,Repeat)
10:30am	Compass (CC,AD,Repeat)
11:00am	Antiques Roadshow (CC,Repeat,G)
12:00pm	ABC News At Noon (CC)
1:00pm	Whale With Steve Backshall (CC,AD,Repeat,PG)
2:00pm	Anh's Brush With Fame (CC,Repeat,PG)
2:30pm	Back Roads (CC,AD,Repeat,G)
3:00pm	The Cook And The Chef (CC,Repeat,G)
3:25pm	Tenable (CC,Repeat,G)
4:15pm	Antiques Roadshow (CC,Repeat,G)
5:15pm	Grand Designs (CC,Repeat,G)
6:00pm	Back Roads: The Mallee, Vic (CC,AD,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died) Heather Ewart discovers the Mallee spirit, where locals know how to roll up their sleeves and get things done. The Mallee people know the importance of investing in their children and the future to have a vibrant community.
6:30pm	Hard Quiz (CC,Repeat,PG) Hard Quiz: it's the quiz show so big that OTHER quiz show hosts turn up in the questions! Vying for Tom's Big Brass Mug are experts in the Phantom, Love Actually, Republican China, and...Eddie McGuire!
7:00pm	ABC News (CC)

- 7:30pm** **7.30**
(CC)
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting public affairs journalism and interviews that hold the powerful to account. Plus political analysis from Laura Tingle.
- 8:00pm** **Foreign Correspondent**
(CC)
Brand New This season we travel to the conflict zones of Israel and Ukraine, meet people living the dream on an Italian island and investigate multi-million-dollar crime gangs in Europe. Plus reporting from Indonesia, India and the US.
- 8:30pm** **Grand Designs New Zealand**
(CC,AD,PG)
Eternal globetrotter Tessa Kingsbury's dream is to convert an old Dunedin Sunday school into her forever home, but it comes with a twist - she's incorporating a glasshouse into the heart of it.
- 9:20pm** **Antiques Roadshow: Royal Botanic Gardens Edinburgh 1**
(CC,Repeat,G)
A visit to the Royal Botanic Garden Edinburgh includes a priceless football cup.
- 10:20pm** **Dream Gardens: Strath Creek, VIC**
(CC,Repeat,G)
Stewart & Sandra lost their home & garden in the devastating 2009 Black Saturday bushfires. Now it's time to start again with a spectacular new garden designed by one of Australia's most well-known designers, Paul Bangay.
- 10:50pm** **ABC Late News**
(CC)
Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Jade Barker.
- 11:05pm** **The Business**
(CC,Repeat)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Alicia Barry.
- 11:25pm** **This Is Going To Hurt**
(CC,AD,Repeat,MA,Adult Themes, Sex Scenes)
Heartbroken Adam does his first shift at a posh private hospital and finds that it's not all it's cracked up to be. Shruti has a challenging night shift on the NHS Ward.

- 12:10am** **Grand Designs: Buckinghamshire**
(CC,Repeat,G)
Kevin McCloud meets a couple who want to build the UK's first amphibious house of its kind on an island on the Thames. #GrandDesigns
- 1:00am** **Tenable**
(CC,Repeat,G)
A family of five led by team captain Dan answer Top 10 list questions as they attempt to win a big cash prize. Can they take home the money?
- 1:45am** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 4:00am** **Catalyst: Face Surgeons: Inside the Craniofacial Unit**
(CC,Repeat,M,Adult Themes,This program depicts surgical procedures)
For six weeks, Catalyst was given unprecedented access to an incredible unit that performs some of the most complex and specialised craniofacial surgery in the world to help rebuild people's faces and lives.
- 5:00am** **Poh's Kitchen: Duck & Wasabi With Neil Perry**
(CC,Repeat,G)
Poh goes off to the country in search of the perfect duck for her guest Neil Perry. In the kitchen, Poh uses taro to make a steamed cake while Neil uses taro flour to make a crust for his duck which is steamed and deep-fried.
- 5:30am** **7.30**
(CC,Repeat)
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Friday, 15 March 2024

6:00am	News Breakfast (CC)
9:00am	ABC News Mornings (CC)
10:00am	Planet America (CC,Repeat)
10:30am	That Pacific Sports Show (CC,Repeat)
11:00am	Antiques Roadshow (CC,Repeat,G)
12:00pm	ABC News At Noon (CC)
1:00pm	Silent Witness (CC,AD,Repeat,M,Adult Themes)
2:00pm	House Of Gods (CC,AD,Repeat,M,Coarse Language)
3:00pm	The Cook And The Chef (CC,Repeat,G)
3:25pm	Tenable (CC,Repeat,G)
4:15pm	Antiques Roadshow (CC,Repeat,G)
5:10pm	Grand Designs (CC,Repeat,G)
6:00pm	Back Roads: Cloncurry, Qld (CC,AD,Repeat,G) Guest presenter Kristy O'Brien heads to north-west Queensland and big cattle country. A community that pulls together in tough times, they know how to look out for their mates and getting back on the horse is a way of life.
6:30pm	Hard Quiz (CC,Repeat,PG) It's another classic Hard Quiz line-up as experts on flags, Bruce Springsteen, stage musical Hamilton and Japanese artist Hokusai fight it out. Only one will prove worthy of Tom Gleeson's Big Brass Mug.
7:00pm	ABC News (CC)
7:30pm	Gardening Australia (CC,AD) Sophie visits a welcoming bower-come-garden; Josh rejuvenates declining potted herbs; Jane investigates novel crops; Millie tours a collaborative garden; Jerry perfects seed bed preparation; Tammy explores ancient cycads.

- 8:30pm** **Happy Valley**
(CC,AD,M,Adult Themes, Coarse Language, Violence)
Season Premiere When Catherine discovers the remains of a gangland murder victim in a drained reservoir, it sparks a chain of events that bizarrely leads her straight back to Tommy Lee Royce.
- 9:35pm** **Hard Quiz**
(CC,Repeat,PG)
Tom Gleeson and his Big Brass Mug are besieged by another four contestants with eclectic expert subjects: Cronulla Sharks fan Matt, Mulan lover Jessica, Doja Cat stan Elle, and Brad, who's really into vintage roller skates.
- 10:05pm** **The Weekly With Charlie Pickering**
(CC,Repeat)
Back for its 10th Season, The Weekly with Charlie Pickering is the one show on TV that knows the world is far too serious to be taken too seriously. You give us 30 minutes - we'll give you the week.
- 10:35pm** **QI: 'T' Animals**
(CC,Repeat,M,Sexual References)
Sandi Toksvig takes a look at animals that begin with the letter 'T' with Hannah Waddingham, Desiree Burch, Jason Manford, and Alan Davies.
- 11:05pm** **ABC Late News**
(CC)
Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Jade Barker.
- 11:20pm** **Grand Designs: West Sussex**
(CC,Repeat,G)
Kevin McCloud meets Clinton Dall from Sussex who's willing to spend whatever it takes to build one of the largest homes ever featured on Grand Designs. #GrandDesigns
- 12:10am** **Tenable**
(CC,Repeat,G)
A rounders team from East Yorkshire led by team captain Rachel attempt to top the Tenable tower and win a big cash prize by answering Top 10 list questions.
- 1:00am** **Belgravia**
(CC,AD,Repeat,PG)
Susan isn't shy about exploiting the Trenchard's new social circle and John sets out to discover the truth about Charles.
- 1:45am** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Your weekend begins with an all-night music video marathon. Rage brings you new music, emerging and independent Australian artists, plus classic hits, party favourites and songs you've never heard but will fall in love with.

- 5:00am** **rage**
(PG)
Keep the party vibe going as the sun comes up with continuous music videos, from new releases to classics and the songs we've long forgotten.
- Tasmania**
- 7:00pm** **ABC News**
(CC)
A special extended 35 minute edition of ABC News Tasmania every Friday during the election campaign. Guy Stayner brings you today's news, plus interviews and reporting as Tasmanians go to the polls on Saturday 23 March.
- 7:35pm** **Gardening Australia**
(CC,AD)
Sophie visits a welcoming bower-come-garden; Josh rejuvenates declining potted herbs; Jane investigates novel crops; Millie tours a collaborative garden; Jerry perfects seed bed preparation; Tammy explores ancient cycads.
- 8:35pm** **Happy Valley**
(CC,AD,M,Adult Themes, Coarse Language, Violence)
When Catherine discovers the remains of a gangland murder victim in a drained reservoir, it sparks a chain of events that bizarrely leads her straight back to Tommy Lee Royce.
- 9:40pm** **Hard Quiz**
(CC,Repeat,PG)
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Sandi Toksvig takes a look at animals that begin with the letter 'T' with Hannah Waddingham, Desiree Burch, Jason Manford, and Alan Davies.
- 11:10pm** **ABC Late News**
(CC)
Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Jade Barker.

11:25pm Grand Designs: West Sussex

(CC,Repeat,G)

Kevin McCloud meets Clinton Dall from Sussex who's willing to spend whatever it takes to build one of the largest homes ever featured on Grand Designs. #GrandDesigns

12:15am Tenable

(CC,Repeat,G)

A rounders team from East Yorkshire led by team captain Rachel attempt to top the Tenable tower and win a big cash prize by answering Top 10 list questions.

1:05am Belgravia

(CC,AD,Repeat,PG)

Susan isn't shy about exploiting the Trenchard's new social circle and John sets out to discover the truth about Charles.

1:50am rage

(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)

Your weekend begins with an all-night music video marathon. Rage brings you new music, emerging and independent Australian artists, plus classic hits, party favourites and songs you've never heard but will fall in love with.

Saturday, 16 March 2024

- 6:00am** **rage**
(CC,PG)
Your weekend starts here as rage counts down the hottest music videos of the week, with the latest chart toppers and brand new hit predictions.
- 7:00am** **Weekend Breakfast**
(CC)
Start your weekend informed and up-to-date. Johanna Nicholson and Fauziah Ibrahim bring you the latest news, interviews, politics, culture, weather and global affairs. Plus sport with Jared Coote.
- 9:00am** **rage**
(CC,PG)
Keep the party vibe going every Saturday morning with wall-to-wall music videos, from classic hits and long-forgotten tracks from the rage vault, to the latest new releases and special features.
- 10:30am** **rage Guest Programmer**
(CC,PG)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. Guest Programmers curate a playlist of their all-time favourite clips.
- 12:00pm** **ABC News At Noon**
(CC)
Dan Bouchier presents the latest from ABC News, following today's top stories and coverage of events as they unfold. Plus original reporting, expert analysis and all the updated news, sport, weather and information you need.
- 12:30pm** **Death In Paradise**
(CC,AD,Repeat,PG)
The team join Naomi in Saint Barnabas when her best friend's father is murdered at a wedding. Meanwhile, Marlon tries to prepare for his sergeant exams but is easily distracted.
- 1:25pm** **Life After Life**
(CC,AD,Repeat,M,Adult Themes, Sex Scenes)
The story of Ursula Todd, a woman in the first half of the 20th century, who experiences an endless cycle of birth, death, and rebirth.
- 2:20pm** **Spicks And Specks**
(CC,Repeat,PG)
Join Adam Hills, Myf Warhurst and Alan Brough for your favourite music quiz show. There'll be new games, fantastic live music and, as always, you can play along with all your old favourites.

- 2:50pm** **Better Date Than Never**
(CC,AD,Repeat,G)
Allycia gets ready for her first ever date, hoping to meet True Love's Prince. Kento is thrilled to make a connection with someone new. Charles maximises his chances of finding love by attending a speed dating event.
- 3:20pm** **Julia Zemiro's Home Delivery: Dave Faulkner**
(CC,Repeat,G)
Dave Faulkner, lead singer and songwriter of much-loved band the Hoodoo Gurus, goes back to Western Australia to show Julia some of the pivotal locations of his childhood, and chat about his musical beginnings.
- 3:45pm** **Extraordinary Escapes: Sanetra Sarker**
(CC,AD,Repeat,PG)
Sandi Toksvig is joined by actress Sunetra Sarker. Sunetra's idea of relaxing is hibernating at home on her cosy couch until Sandi shows her the delights of the Norfolk countryside.
- 4:35pm** **Universe With Brian Cox: Island of Light: The Milky Way**
(CC,Repeat,G)
Professor Brian Cox continues his epic exploration of the cosmos by exploring the faint band of light that sweeps across the night sky - our own galaxy, the Milky Way.
- 5:30pm** **Landline**
(CC,Repeat)
A tasty sampler of stories from the land - covering food, agriculture, crops, climate, business and innovation - as we meet the fascinating people who make our rural and regional communities unique. Presented by Pip Courtney.
- 6:00pm** **Australian Story**
(CC,AD,Repeat)
The power of the personal. Compelling stories about real people that illuminate, entertain and inspire. Presented by Leigh Sales.
- 6:30pm** **Back Roads: East Arnhem Land, NT (Part 2)**
(CC,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)
Rae Johnston continues her journey to East Arnhem Land and two very remote communities we rarely see - Gapuwiyak and Galiwin'ku - where the Yolngu people's lives are deeply connected to their culture, the land and each other.
- 7:00pm** **ABC News**
(CC)
- 7:30pm** **Life After Life**
(CC)
Ursula visits a psychiatrist to help with her dark thoughts and disturbing dreams; a memorable birthday has shocking repercussions; help comes from an unexpected place.

- 8:30pm** **Endeavour: Prelude**
(CC,AD,Repeat,M,Adult Themes, Violence)
A grisly discovery in a College garden raises suspicion amongst a celebrated Oxford orchestra, but when a second tragedy hits, this time within their ranks, Endeavour discovers a story the ensemble would sooner forget.
- 10:00pm** **House Of Gods: Ramadan Sin**
(CC,AD,Repeat,M,Coarse Language)
Ramadan sees large donations come into the mosque, solving Isa's immediate cash flow problems. Sheikh Mohammad's plan for a new school struggles to gain Committee approval.
- 11:00pm** **Happy Valley**
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