WTV Week 37 Program Guide

Sunday, 8 September 2024

6:00am rage

(CC,PG)

Keep the party vibe going with wall-to-wall music videos, from new releases to classics and the long-forgotten.

7:00am Weekend Breakfast

(CC)

Ease into your Sunday with an engaging mix of news, updated information, analysis, interviews, politics and weather. Presented by Johanna Nicholson and Fauziah Ibrahim, plus sport with Jared Coote.

9:00am Insiders

(CC)

Start your Sunday morning with the show the politicians rely on to find out what's going on. David Speers presents Australia's must-watch political program, joined by a panel of the best political analysts and commentators.

10:00am Offsiders

(CC)

The show that gets to the heart of the big sporting issues and events of the week. Kelli Underwood and a panel of sportswriters, commentators, coaches, athletes and officials unpack all the action both on and off the field.

10:30am The World This Week

(CC,Repeat)

Andrea Nierhoff brings you a weekly roundup of international news from an Australian perspective as reported by ABC News correspondents covering the Indo Pacific, Europe, North America, the Middle East, India and Indonesia.

11:00am Compass: Alofa

(CC,AD,Repeat)

Explores the trials and tribulations of Samoan ex-pastor Andre Afamasaga, who fought to reconcile his faith, culture and sexual identity.

11:30am Songs of Praise: Greenbelt Is 50

(CC)

Rev. Kate Bottley celebrates the 50th anniversary of Greenbelt Christian Arts Festival, joining 12,000 people gathered for its unique mix of artistry, faith and activism.

12:00pm ABC News At Noon

(CC)

Dan Bourchier presents the latest from ABC News, following today's top stories and coverage of events as they unfold. Plus original reporting, expert analysis and all the updated news, sport, weather and information you need.

12:30pm Landline

(CC)

Hosted by award-winning journalist Pip Courtney, Landline is Australia's only national agricultural television program covering stories from Australia's rural and regional heartland.

1:30pm Gardening Australia

(CC,AD,Repeat)

Tammy meets a foliage fashionista, Sophie refreshes wicking beds, Josh visits a buzzing wildlife garden, Hannah grafts a grapevine, Millie explores a farm growing rare vegetables, and we meet an artist with a meadow garden.

2:25pm Darby And Joan

(CC,AD,Repeat,PG)

When Jack takes a detour to help an old mate recover some stolen guns, he and Joan learn there's more to the robbery than it first appeared... and Joan begins to suspect that there is more to Jack than he's letting on.

3:10pm Nigella At My Table

(CC,Repeat,G)

Nigella Lawson shares another selection of her favourite dishes, including a breakfast of fried bread and tomato hash inspired by her university days.

3:40pm George Clarke's Amazing Spaces

(CC,AD,Repeat,G)

A couple create an off roader from an army lorry and an old caravan, and a man builds a luxury cabin on the family farm.

4:30pm Restoration Australia: Willow Cottage, NSW

(CC,AD,Repeat,PG)

Host Anthony Burke meets Martin Nix who is restoring an 1850s workers cottage in Balmain on Sydney Harbour, all while dealing with a recent family tragedy.

5:30pm Antiques Roadshow: Best of Summer 3

(CC,Repeat,PG)

Fiona Bruce shares some of the best unseen items from recent Roadshows around the UK - from a set of designer jewellery to an ancient strong-box and some engraved glasses.

6:30pm Compass: Yoga

(CC,AD)

Yoga is an ancient Indian spiritual practise and philosophy that has shifted over time. Hugely popular among women, it can be found in nearly every gym across Australia. Is it cultural appropriation or just highly accessible?

7:00pm ABC News

(CC)

7:30pm Return To Paradise

(CC,AD,M,Violence)

*Brand Australian ex-pat DI Mackenzie Clarke leaves London under a cloud of suspicion and New returns to her hometown Dolphin Cove, where her tenacity and esoteric investigation

Series* methods help her solve unsolvable murders.

8:30pm Unforgotten

(CC,AD,M,Adult Themes, Coarse Language, Drug Use)

*Series Human remains are discovered in a newly renovated period property in west London. But is this a murder dating back to the 1930's or has the body been disposed of in more recent

times?

9:15pm The Queen And Us

(CC,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)

The Queen and Us, a substantive, meaningful and fond recollection, celebrates the remarkable life and legacy of Queen Elizabeth II through Australian eyes.

10:20pm Fisk: Goddamn Flim-Flam Man

(CC,AD,Repeat,PG)

Helen deals with a nuisance claim and Roz makes Helen attend a staff training session with Lindy Baxter Smythe. Ray is shredding for a reunion and the office acquires a new photocopier.

10:45pm Spicks And Specks: G Flip, Linda Bull, Dilruk Jayasinha & Frank Woodley

(CC,Repeat,PG)

Adam, Myf and Alan are joined by G-Flip, Linda Bull, Frank Woodley and Dilruk Jayasinha to discuss how ads can help you sing, how to drum and play basketball at the same time and how Harry Styles can look like Susan Boyle.

11:35pm Spicks And Specks: Alice Skye, Rhys Nicholson, Josh Teskey & Zoe Coombs Marr

(CC.Repeat.PG)

More music quiz fun with Adam, Myf and Alan. Alice Skye faces off against Josh Teskey in a Substitute masterclass. Rhys Nicholson and Zoe Coombs Marr battle it out on a giant keyboard and Brian Mannix breaks the internet.

12:20am Endeavour: Striker

(CC,AD,Repeat,M,Adult Themes, Violence)

It's the start of 1971. Though wearied from the events of the past year, there's no chance of 'light duties' at the CID - crestfallen and rarely without a scotch in-hand, Endeavour finds himself right back in the thick of it.

1:55am rage

(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)

Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

3:00am Australia Remastered: Desert

(CC,AD,Repeat,G)

Australia is the driest inhabited continent on earth, with 70% of the land mass declared an arid zone. Spanning five million square kilometres, this zone is one of the most exposed areas on the planet.

4:00am Outback Ringer

(CC,AD,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program may contain images and voices of people who have died) Clarry eyes off his cattle quota, determined to make target for his Indigenous clients who dream of building a new life on their ancestral lands at Horse Island.

4:30am Art Works: Arts Week 2023 - Happy Making

(CC,Repeat,G)

From eel skin violins to paper flowers; from self-care compositions to performing with pressure sensitive floors, we meet a range of creatives for some making insights and some how-to inspiration.

5:00am Insiders

(CC,Repeat)

Start your Sunday morning with the show the politicians rely on to find out what's going on. David Speers presents Australia's must-watch political program, joined by a panel of the best political analysts and commentators.

Monday, 9 September 2024

6:00am News Breakfast

(CC)

9:00am ABC News Mornings

(CC)

10:00am Landline

(CC,Repeat)

11:00am Antiques Roadshow

(CC,Repeat,PG)

12:00pm ABC News At Noon

(CC)

12:55pm Australia Remastered: Tasmania

(CC,AD,Repeat,G)

2:00pm Parliament Question Time

(CC)

3:00pm Yakka: Australia At Work

(CC,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following

program contains images and voices of people who have died)

3:55pm Love Your Garden

(CC,Repeat,G)

4:40pm Grand Designs

(CC,Repeat,G)

5:30pm Antiques Roadshow

(CC,Repeat,G)

6:30pm Hard Quiz

(CC,Repeat,PG)

Tom Gleeson is an expert at drawing contestants out of their shells, and with topics as varied as the C-130 Hercules, Little Shop of Horrors, Simone Biles, and World of Warcraft,

there's something for everyone.

7:00pm ABC News

(CC)

7:30pm 7.30

(CC)

Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting public affairs journalism and interviews that hold the powerful to account.

Plus political analysis from Laura Tingle.

8:00pm Australian Story

(CC)

The power of the personal. Compelling stories about real people that illuminate, entertain

and inspire. Presented by Leigh Sales.

8:30pm Four Corners

(CC)

Four Corners is the home of Australian investigative journalism. These fearless and forensic documentaries expose scandals, trigger inquiries, fire debate and confront taboos.

9:15pm Media Watch

(CC)

Australia's leading forum for media analysis and comment, bringing you a brave and fearless critique of the week's journalism, issues and events in the news. Presented by Paul Barry.

9:35pm Q+A

(CC)

Patricia Karvelas leads the conversation as citizens put their questions to local and international politicians and thought leaders. Q+A brings together a range of guests to debate the big issues affecting Australians.

10:40pm ABC Late News

(CC)

Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Jade Barker.

10:55pm The Business

(CC, Repeat)

Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.

11:10pm Planet America

(CC, Repeat)

Chas and John cut through the spin and explain what's going on in America in the countdown to November's Election. Joe Biden has dropped out of the 2024 race, endorsing Vice President Kamala Harris to take on Donald Trump.

11:40pm You Can't Ask That: Postnatal Depression

(CC, Repeat, M, Adult Themes, Coarse Language)

An emotional You Can't Ask That episode on Postnatal Depression, where eight parents explore the shame, public and family pressure, plus the personal guilt that surrounds this often misunderstood and taboo topic.

12:15am Grand Designs: Peak District

(CC,Repeat,G)

After 15 years of saving and planning, Fred and Saffron Baker start work on their innovative new family home on a 30 degree slope. Kevin McCloud visits the Peak District as they build into the thick Derbyshire limestone.

1:00am Parliament Question Time: House of Representatives

(CC)

Australia's Federal Parliament returns to Canberra for a new sitting fortnight. Coverage of Question Time from the House of Representatives.

2:00am Love Your Garden: Norwich - The Costello Family

(CC,Repeat,G)

Alan and his team come to the aid of the Costello family in Norwich who, having recently moved to a property new to them, are faced with a dishevelled, unruly garden in need of their magic touch.

2:50am rage

(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)

Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

3:35am Catalyst: How To Exercise Better

(CC,Repeat,G,Viewers are advised to seek health advice before planning strenous exercise as seen in the following program.)

What kind of exercise should we be doing, how much do we need & how hard should push ourselves? To help us live happier healthier lives Dr Caroline West & Dr Shalin Naik uncover the latest sport science secrets from the AIS.

4:30am Outback Ringer

(CC,AD,Repeat,PG)

Gail force winds tear across the outback, causing pandemonium for bull-catchers. It's Liz Cook's first-time mustering as a helicopter pilot. But extreme weather causes a mid-flight emergency, and Willie must intervene.

5:00am Art Works: Desert Mob, Dalisa Pigram, Ron Hurley

(CC,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)**Final**Guest host Rowdie Walden is at Desert Mob with Hetti Perkins; we meet Marrugeku's Dalisa Pigram in Broome; Angelina Hurley shares her father Ron's legacy; we follow the Journey Down; and slam poet Laurie May performs. (Final)

5:25am 7.30

(CC,Repeat)

Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting public affairs journalism and interviews that hold the powerful to account. Plus political analysis from Laura Tingle.

Tuesday, 10 September 2024

6:00am News Breakfast

(CC)

9:00am ABC News Mornings

(CC)

10:00am Foreign Correspondent

(CC,AD,Repeat)

10:30am The Pacific

(CC,Repeat)

11:00am Antiques Roadshow

(CC,Repeat,G)

12:00pm ABC News At Noon

(CC)

1:00pm The Newsreader

(CC,AD,Repeat,M,Coarse Language, Drug References,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who

have died)

2:00pm Parliament Question Time

(CC)

3:00pm Yakka: Australia At Work

(CC,Repeat,PG,Adult Themes,Aboriginal and Torres Strait Islander viewers are advised that

the following program contains images and voices of people who have died)

4:00pm Love Your Garden

(CC,Repeat,PG)

4:45pm Grand Designs

(CC,Repeat,G)

5:30pm Antiques Roadshow

(CC,Repeat,G)

6:30pm Hard Quiz

(CC,Repeat,PG)

Tom Gleeson digs up another batch of improbable experts to battle it out for the Big Brass Mug on the topics of classic Star Wars action figures, Hanging Rock, Tomorrow When the

War Began and Goo Goo Dolls.

7:00pm ABC News

(CC)

7:30pm 7.30

(CC)

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Plus political analysis from Laura Tingle.

8:00pm Back Roads: Bass Coast, VIC

(CC,G)

Back Roads visits the wild Bass Coast in Southeast Victoria. Uncovering the coastline's ancient secrets, Heather Ewart discovers why the locals aren't afraid to do things a bit differently and break new ground.

8:30pm The Assembly: Delta Goodrem

(CC)

Hosted by veteran ABC journalist, Leigh Sales, this week The Assembly sees the Autistic journalism students interview Australian music royalty, Delta Goodrem.

9:15pm The Art Of Ageing

(CC)

Approaching a significant milestone birthday, podcaster and author, Yumi Stynes is seeking inspiration for her "next act". Instead of relaxing into old age and resting on her laurels, Yumi craves growth, expansion and wisdom.

9:50pm Anh's Brush With Fame: Kamahl

(CC,PG)

As a young migrant plagued by self-doubt, Kamahl put his sense of inferiority aside to make his name in showbusiness, going on to sell millions of records around the world. How will Anh interpret his charm and gentle wisdom?

10:20pm ABC Late News

(CC)

Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Jade Barker.

10:35pm The Business

(CC,Repeat)

Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.

10:50pm Four Corners

(CC,Repeat)

Four Corners is the home of Australian investigative journalism. These fearless and forensic documentaries expose scandals, trigger inquiries, fire debate and confront taboos.

11:40pm Q+A

(CC,Repeat)

Patricia Karvelas leads the conversation as citizens put their questions to local and international politicians and thought leaders. Q+A brings together a range of guests to debate the big issues affecting Australians.

12:45am Media Watch

(CC,Repeat)

Australia's leading forum for media analysis and comment, bringing you a brave and fearless critique of the week's journalism, issues and events in the news. Presented by Paul Barry.

1:00am Parliament Question Time: Senate

(CC)

The parliamentary sitting week continues with coverage of Question Time from the Senate.

2:05am Grand Designs: East London

(CC,Repeat,G)

Joe and Lina take on the London property market, as they build their own home on a tiny 38 square metre plot. They'll need to cleverly maximise the space, but the project soon runs months behind schedule and over budget.

2:55am Love Your Garden: South Yorkshire - Bluebell Wood

(CC,Repeat,PG)

Alan and his team find themselves at Bluebell Wood Children's Hospice in South Yorkshire with a plan to transform the surrounding grounds to a garden of peace and tranquility. (Final)

3:50am Catalyst: Gut Revolution (Part 1) Melissa's Story

(CC,Repeat,PG)

Is your mood influencing your gastrointestinal health or is it the other way around? Can a nutritional intervention provide help to sufferers of irritable bowel syndrome where modern medicine has little to offer?

4:50am Outback Ringer

(CC,AD,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)**Final**As the wet season looms, feral bull catchers race to make bank. A booming year has Clarry eyeing off retirement, but as light fades on the season, this ringer can't resist one more roll of the dice. (Final)

5:30am 7.30

(CC, Repeat)

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Wednesday, 11 September 2024

6:00am News Breakfast

(CC)

9:00am ABC News Mornings

(CC)

10:00am Four Corners

(CC,AD,Repeat)

10:45am Q+A

(CC,Repeat)

12:00pm ABC News At Noon

(CC)

12:30pm National Press Club Address

(CC)

1:35pm Media Watch

(CC,Repeat)

2:00pm Parliament Question Time

(CC)

3:00pm Yakka: Australia At Work

(CC,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following

program contains images and voices of people who have died)

3:55pm Love Your Garden

(CC,Repeat,G)

4:45pm Grand Designs

(CC,Repeat,G)

5:30pm Antiques Roadshow

(CC,Repeat,G)

6:30pm Hard Quiz

(CC,Repeat,PG)

Hard Quiz brings together four contestants with four expert topics and puts them all under Tom Gleeson's merciless microscope. Topics include: the First Persian Empire, the Wiggles,

TV show Scrubs, and Guinness.

7:00pm ABC News

(CC)

7:30pm 7.30

(CC)

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8:00pm Shaun Micallef's Eve of Destruction

(CC,PG)

Shaun interviews Richard Nixon in this exclusive and very special episode. Given Nixon has been dead since 1994, the conversation is a little one-sided.

8:35pm Guy Montgomery's Guy Mont Spelling Bee

(CC,PG)

Tom Ballard, Luke McGregor, Nikki Britton and the carryover winner spell magic courtesy of Aaron the Magnificent and choose their own adventure through the latest Guy Montgomery novel.

9:25pm Planet America: Debate Special - Harris v Trump

(CC)

Kamala Harris faces off with Donald Trump on the Debate stage in the first Presidential Debate between these two candidates before November's election. Chas and John break down the key moments, talking points and any gaffes.

9:55pm Would I Lie To You?: Craig Chales, Amy Gledhill, Shazia Mirza & Jeremy Vine

(CC,Repeat,G)

Rob Brydon is back as host, with Lee Mack and David Mitchell returning as the lightning-quick team captains. Sorting the fact from the fiction this week are guests Craig Chales, Amy Gledhill, Shazia Mirza and Jeremy Vine.

10:25pm ABC Late News

(CC)

Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Jade Barker.

10:40pm The Business

(CC,Repeat)

Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.

11:00pm Interview With The Vampire: I Could Not Prevent It

(CC,AD,Repeat,MA,Violence)

Louis and Claudia are put on trial and are confronted by a star witness.

11:45pm Fifteen-Love

(CC,AD,Repeat,M,Adult Themes, Coarse Language, Violence)Final

Renee steps out onto Centre Court for the quarter finals of The Championships, but can her friendship with Justine survive? She must come to terms with what Glenn did to her and make a final attempt to bring him to justice.

12:45am Grand Designs: Herefordshire II

(CC,Repeat,G)

Ed and Rowena Waghorn continue to build a handcrafted, five bedroom house on an eight acre smallholding in Herefordshire, 10 years in the making. Progress on the build was slow as Ed decided to do most of the work himself.

1:35am Parliament Question Time: Senate

(CC)

The parliamentary sitting week continues with coverage of Question Time from the Senate.

2:35am Killing Eve: I Have A Thing About Bathrooms

(CC, Repeat, MA, Adult Themes, Violence)

Having survived a terrifying close call with Villanelle, Eve now has the mole ensconced in a safe house and is buzzing. They have an exciting opportunity to glean information and crack this thing open.

3:20am Love Your Garden: Hurst Green - The Dean Family

(CC,Repeat,G)

Alan comes to the rescue of a fellow gardener and his family in Hurst Green as they bravely cope with a life-threatening illness. Can the team transform this challenging patch into a dream garden?

4:05am rage

(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)

Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

4:30am Gardening Australia

(CC,Repeat,G)

Costa visits a farm in the middle of Sydney; Jane explores the garden of Dame Nellie Melba; we meet indigenous author & historian Bruce Pascoe; Millie tackles a challenging courtyard; Tino shares his recipe for soil success.

5:30am 7.30

(CC,Repeat)

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Thursday, 12 September 2024

6:00am News Breakfast

(CC)

9:00am ABC News Mornings

(CC)

10:00am Australian Story

(CC,AD,Repeat)

10:30am Compass

(CC,AD,Repeat)

11:00am Antiques Roadshow

(CC,Repeat,G)

12:00pm ABC News At Noon

(CC)

1:00pm The Assembly

(CC, Repeat)

2:00pm Parliament Question Time

(CC)

3:00pm Yakka: Australia At Work

(CC, Repeat, PG, Aboriginal and Torres Strait Islander viewers are advised that the following

program contains images and voices of people who have died)Final

3:55pm Love Your Garden

(CC,Repeat,G)

4:40pm Grand Designs

(CC,AD,Repeat,PG)

5:30pm Antiques Roadshow

(CC,Repeat,G)

6:30pm Hard Quiz

(CC,Repeat,PG)

Four brave contestants put themselves under the Hard Quiz spotlight for a chance to win Tom Gleeson's Big Brass Mug. The expert's topics: Kosciuszko National Park, the violin,

Nelson Mandela, and Sailor Moon.

7:00pm ABC News

(CC)

7:30pm 7.30

(CC)

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8:00pm Foreign Correspondent

(CC)

We are your passport to the world. Our stories, told through the ABC's network of foreign correspondents, will take you to incredible places where you'll meet the people and see the forces shaping our world.

8:30pm Return To Paradise

(CC,AD,Repeat,M,Violence)

Australian ex-pat DI Mackenzie Clarke leaves London under a cloud of suspicion and returns to her hometown Dolphin Cove, where her tenacity and esoteric investigation methods help her solve unsolvable murders.

9:30pm George Clarke's Amazing Spaces

(CC,AD,G)

A derelict water pumping station is turned into a luxury holiday home, a man builds a futuristic micro camper and George visits a Danish tree house.

10:20pm ABC Late News

(CC)

Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Jade Barker.

10:35pm The Business

(CC,Repeat)

Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Alicia Barry.

10:50pm The Art Of Ageing

(CC,Repeat)

Approaching a significant milestone birthday, podcaster and author, Yumi Stynes is seeking inspiration for her "next act". Instead of relaxing into old age and resting on her laurels, Yumi craves growth, expansion and wisdom.

11:20pm Grand Designs: Aylesbury Vale

(CC,AD,Repeat,PG)

Young Spanish architect Jaime and his wife Mimi Fernandez embark on an epic mission to convert a crumbling mini castle in Buckinghamshire into a family home.

12:10am Killing Eve: Take Me To The Hole!

(CC,Repeat,MA,Violence)

Eve and Carolyn are in Moscow to talk to a jailed female assassin who knows about Villanelle's organisation. Villanelle is smuggled into the same jail - it's a grim and brutal place, where even she isn't safe.

12:55am Parliament Question Time: House of Representatives

(CC)

The parliamentary sitting week concludes with coverage of Question Time from the House of Representatives. The House resumes on Monday 8 October, while the Senate will return next week.

1:55am Love Your Garden: Cambridge - The Sola Family

(CC,Repeat,G)

Alan and his team transform the garden of a young mother whose son requires round the clock care; putting some holiday sun into her uninspiring garden and bringing the beach to Cambridgeshire.

2:40am rage

(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)

Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

3:35am Catalyst: Gut Revolution (Part 2) Garry's Story

(CC,Repeat,PG,This program is not dietary advice, for guidance please consult a medical professional.)

Garry has tried to lose weight, but could his gut bacteria be keeping him fat? Nutrition scientist Dr Joanna McMillan explores controversial science suggesting gut bacteria might be affecting our appetites and mood.

4:30am Gardening Australia

(CC,Repeat,G)

Costa and Sophie look at a project growing a new food crop in Darwin; Millie meets the landscape architect behind a wetland habitat garden; Josh looks at native plants for problem spots; Jerry propagates warm-season herbs.

5:30am 7.30

(CC,Repeat)

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Friday, 13 September 2024

6:00am News Breakfast

(CC)

9:00am ABC News Mornings

(CC)

10:00am Planet America

(CC,Repeat)

10:30am That Pacific Sports Show

(CC,Repeat)

11:00am Antiques Roadshow

(CC,Repeat,G)

12:00pm ABC News At Noon

(CC)

1:00pm Van der Valk

(CC,AD,Repeat,M,Violence)

2:20pm Guy Montgomery's Guy Mont Spelling Bee

(CC,Repeat,PG)

3:05pm Spicks And Specks

(CC,Repeat,PG)

3:55pm Love Your Garden

(CC,Repeat,G)

4:40pm Grand Designs

(CC,AD,Repeat,PG)

5:30pm Antiques Roadshow

(CC,Repeat,G)

6:30pm Hard Quiz

(CC,Repeat,PG)

Tom Gleeson's Hard Quiz has something for everyone. The four expert topics are Mad Max,

The House of Windsor, Bjork, and Social Psychology. It's time to play... HARD.

7:00pm ABC News

(CC)

7:30pm Gardening Australia

(CC,AD)

Inspiring, entertaining and full of practical advice, join Costa Georgiadis and the team as they unearth gardening ideas, meet avid gardeners and look at some of the most inspiring gardens from across the country.

8:30pm Van der Valk

(CC,AD,M,Adult themes, drug references, violence)Final

Van Der Valk investigates a series of murders that draw them into a cryptic puzzle which could not only unlock a potentially life-saving medical breakthrough but also have a major impact on the health of one of the team.

9:50pm Shaun Micallef's Eve of Destruction

(CC,Repeat,PG)

Shaun interviews Richard Nixon in this exclusive and very special episode. Given Nixon has been dead since 1994, the conversation is a little one-sided.

10:30pm Guy Montgomery's Guy Mont Spelling Bee

(CC,Repeat,PG)

Tom Ballard, Luke McGregor, Nikki Britton and the carryover winner spell magic courtesy of Aaron the Magnificent and choose their own adventure through the latest Guy Montgomery novel.

11:15pm ABC Late News

(CC)

Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Craig Smart.

11:30pm Grand Designs: Padstow

(CC,AD,Repeat,M,Coarse Language)

Harry and Briony Anscombe embark on a radical mission to build a giant five-bedroom house inspired by an American Modernist house Harry saw in the cult 80s film Ferris Bueller's Day Off.

12:20am Love Your Garden: Morden - The Nwosu Family

(CC,Repeat,G)

Alan and his team come to the aid of a mum who has to care for her seriously ill son while coping with her own illness, and turn her tiny city garden into the ultimate outdoor room.

1:05am rage New Music

(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)

Your weekend begins with an all-night music video marathon. rage brings you New Releases showcasing the latest in buzzed-about and boundary-pushing music videos.

5:00am rage

(PG)

Keep the party vibe going as the sun comes up with continuous music videos, from new releases to classics and the songs we've long forgotten.

Saturday, 14 September 2024

6:00am rage Charts

(CC,PG)

Your weekend starts here as rage counts down the hottest music videos of the week, with the latest chart toppers and brand new hit predictions.

7:00am Weekend Breakfast

(CC)

Start your weekend informed and up-to-date. Johanna Nicholson and Fauziah Ibrahim bring you the latest news, interviews, politics, culture, weather and global affairs. Plus sport with Jared Coote.

9:00am rage

(CC,PG)

Keep the party vibe going every Saturday morning with wall-to-wall music videos, from classic hits and long-forgotten tracks from the rage vault, to the latest new releases and special features.

10:30am rage Guest Programmer

(CC,PG)

Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. Guest Programmers curate a playlist of their all-time favourite clips.

12:00pm ABC News At Noon

(CC)

Dan Bourchier presents the latest from ABC News, following today's top stories and coverage of events as they unfold. Plus original reporting, expert analysis and all the updated news, sport, weather and information you need.

12:30pm Unforgotten

(CC,AD,Repeat,M,Adult Themes, Coarse Language, Drug Use)

Human remains are discovered in a newly renovated period property in west London. But is this a murder dating back to the 1930's or has the body been disposed of in more recent times?

1:15pm Sister Boniface Mysteries: Stage Fright

(CC,AD,Repeat,M,Violence)

Sister Boniface uncovers a case of life imitating art when a local Amateur Dramatics performer literally dies on stage.

2:00pm Shaun Micallef's Eve of Destruction

(CC,Repeat,PG)

Shaun interviews Richard Nixon in this exclusive and very special episode. Given Nixon has been dead since 1994, the conversation is a little one-sided.

2:35pm Becoming Frida Kahlo: Love and Loss

(CC, Repeat, PG, Adult Themes, Nudity)

Frida and Diego travel to San Francisco, where he has an important mural commission. Frida's style stirs much excitement, and she is determined to succeed in her own right in the face of Diego's affairs.

3:55pm David Attenborough's Micro Monsters: Courtship

(CC,Repeat,PG)

Life is all about making the next generation. Bugs must choose the best mate, and they have many ways to seduce a prospective partner.

4:45pm The Assembly: Delta Goodrem

(CC, Repeat)

Hosted by veteran ABC journalist, Leigh Sales, this week The Assembly sees the Autistic journalism students interview Australian music royalty, Delta Goodrem.

5:30pm Landline

(CC)

A tasty sampler of stories from the land - covering food, agriculture, crops, climate, business and innovation - as we meet the fascinating people who make our rural and regional communities unique. Presented by Pip Courtney.

6:00pm Australian Story

(CC,AD,Repeat)

The power of the personal. Compelling stories about real people that illuminate, entertain and inspire. Presented by Leigh Sales.

6:30pm Back Roads: Bass Coast, VIC

(CC,Repeat,G)

Back Roads visits the wild Bass Coast in Southeast Victoria. Uncovering the coastline's ancient secrets, Heather Ewart discovers why the locals aren't afraid to do things a bit differently and break new ground.

7:00pm ABC News

(CC)

7:30pm Sister Boniface Mysteries: The Good Samaritan

(CC,AD,PG,Adult Themes)Final

Sam's career is in jeopardy when serial killer 'The Good Samaritan' resurfaces in Great Slaughter. (Season Final)

8:15pm Vera: The Crow Trap

(CC,AD,Repeat,M,Adult Themes, Violence)

A woman is murdered in the remote Northumbrian countryside leading DCI Vera Stanhope back to a place from her past. Shadowy liaisons, conflicting sympathies & past injustices emerge as Vera closes in on the murderer.

9:45pm Return To Paradise

(CC,AD,Repeat,M,Violence)

Australian ex-pat DI Mackenzie Clarke leaves London under a cloud of suspicion and returns to her hometown Dolphin Cove, where her tenacity and esoteric investigation methods help her solve unsolvable murders.

10:45pm The Queen And Us

(CC,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)

The Queen and Us, a substantive, meaningful and fond recollection, celebrates the remarkable life and legacy of Queen Elizabeth II through Australian eyes.

11:45pm rage Guest Programmer

(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)

Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. Guest programmers curate an all-night playlist of their all-time favourite clips.

5:00am rage

(PG)

Keep the party vibe going as the sun comes up with continuous music videos, from new releases to classics and the songs we've long forgotten.