

# ABC TV Program Guide

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**Sunday, 19 December 2021**

- 6:00am**      **rage**  
(CC,PG)  
Keep the party vibe going with wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 7:00am**      **Weekend Breakfast**  
(CC)  
Ease into your Sunday with an intelligent and engaging mix of news, updated information, in-depth analysis, interviews, politics, sport and weather. Presented by Kirsten Aiken and David Lipson.
- 11:00am**     **Compass: Sacred Space - Grace Karskens**  
(CC,AD,Repeat,G)  
Geraldine Doogue seeks powerful connection with prominent Australians through an investigation of their sacred space and what it means to them. Here historian Grace Karskens introduces her special place.
- 11:30am**     **Songs Of Praise: Christmas In Winchester**  
(CC,Repeat,G)  
Songs of Praise presenters each choose their favourite carol and some are sung by candlelight in Winchester to celebrate Christmas. Sean Fletcher visits the Hospital of St Cross to hear about their tradition.
- 12:00pm**     **ABC News at Noon**  
(CC)  
Miriam Corowa presents the latest from ABC News, following today's top stories and coverage of events as they unfold. Plus original reporting, expert analysis and all the updated news, sport, weather and information you need.
- 12:30pm**     **Landline Summer**  
(CC)  
This summer Pip Courtney and the Landline team look back at some of the best stories from across rural and regional Australia, meeting interesting people and discussing food, produce, livestock, innovation and more.
- 1:00pm**      **Rugged Paradise: The Abrolhos Islands**  
(CC,Repeat)  
60kms off the WA coast in the Indian Ocean, is an archipelago of 122 islands with a dark, rich history dating back 150 years before Captain Cook. The Houtman Abrolhos Islands are isolated, stunning, pristine but dangerous.

- 1:30pm Gardening Australia: Christmas Special**  
(CC,AD,Repeat,G)  
Gardening Australia celebrates the holiday season as Costa Georgiadis visits Jimmy and Jane Barnes at home, Clarence Slockee transforms a boggy spot into a rain garden, and Jerry Coleby-Williams explores fragrant frangipani.
- 2:30pm Nigella's Christmas Table**  
(CC,Repeat,G)  
Nigella decamps to the countryside against a backdrop of crackling log fires and sparkling lights. Nigella shares her tips for relaxed entertaining, bringing new and festive flavours to familiar and traditional fare.
- 3:30pm Magical Land Of Oz: Land**  
(CC,AD,Repeat,G)  
We move from the continent's snow-covered peaks to its ancient rainforests and tropical savannahs, discovering how its animals have learnt to thrive across the continent's harsh and beautiful extremes.
- 4:40pm Everyone's A Critic: Art Gallery Of New South Wales (Part 2)**  
(CC,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)  
Everyday Aussies-turned art critics return to the Art Gallery of New South Wales. J-Maine and Levi, Alexander and Rudo, Juliette and Rick, Harry and Maurice and Maria and Monique cast their eye and opinions over the artwork.
- 5:05pm Art Works**  
(CC,Repeat)Final  
Art Works is dedicated to exploring the full spectrum of the arts in Australia. Hosted by arts broadcaster Namila Benson, Art Works will reset the national artistic conversation featuring a palette of ideas for everyone.
- 5:35pm Antiques Roadshow: Eltham Palace 3**  
(CC,G)  
The Roadshow comes from Eltham Palace, an art deco gem in the leafy suburbs of south London. On a hazy summer's day, the crowds turn out in force bringing their family treasures with them.
- 6:35pm Quentin Blake's Clown**  
(CC,Repeat,G)  
The adventures of a little toy clown who has been thrown away. On Christmas Eve, Clown goes on an exciting journey to find a new home for himself and his friends.
- 7:00pm ABC News Sunday**  
(CC)

- 7:40pm**      **Death In Paradise: Beyond The Shining Sea (Part Two)**  
(CC,AD,Repeat,M,Violence)  
In the second episode of this two-part special, the Honore police team are left stunned by another murder which is connected to the Tiana case.
- 8:40pm**      **Anthony**  
(CC,M,Adult Themes)  
From BAFTA Award-winning writer Jimmy McGovern, this powerful feature examines the impact of the murder of black teenager Anthony Walker by exploring what may have happened had he not been murdered.
- 10:10pm**     **Doc Martin: Mysterious Ways**  
(CC,Repeat,M,Adult Themes)  
Martin & Louisa face the challenge of living happily together with their baby James Henry after having therapy to save their marriage. Meanwhile wedding bells ring for PC Penhale.
- 10:55pm**     **Harrow: Hic Sunt Dracones**  
(CC,Repeat,M,Adult Themes, Violence)  
A human arm in a dead crocodile leads Harrow and Dass to Far North Queensland, battling crocs and crooks in their pursuit of the truth.
- 11:50pm**     **Talking Heads: Miss Fozzard Finds Her Feet**  
(CC,Repeat,PG)  
Miss Fozzard has a new chiropodist, Mr. Dunderdale, though technically he's retired. Their weekly appointments soon raise the tricky question of who is treating whom.
- 12:30am**     **Silent Witness: Death Maker (Part One)**  
(CC,Repeat,M,Adult Themes, Violence)  
A shocking incident on a suburban street brings back painful memories for Jack. As a member of the victim's family seeks justice of their own, forensic evidence suggests the involvement of a Northern Irish terror group.
- 1:30am**      **rage**  
(MA,Rage Warning - Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex References, Violence)  
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 3:30am**      **Hive: The Woman And The Car**  
(CC,Repeat,M,Adult Themes)  
Thirty-five years after artist Margaret Dodd released This Woman is Not a Car (1982), Kate Blackmore revisits her seminal feminist film in the city and the car that shaped it.

**4:00am****Death In Paradise: Beyond The Shining Sea (Part Two)**

(CC,AD,Repeat,M,Violence)

In the second episode of this two-part special, the Honore police team are left stunned by another murder which is connected to the Tiana case.

**5:00am****Gardening Australia: Sustainable Townhouse & Pretty Perennials**

(CC,AD,Repeat,G)

Jane Edmanson visits a perennial paradise, Clarence Slockee has a native plant for every situation, Tino Carnevale gives a manure masterclass, Millie Ross meets a botanic garden team dedicated to protecting wildlife.

**Monday, 20 December 2021**

|                |   |
|----------------|---|
| <b>6:00am</b>  | <b>News Breakfast</b><br>(CC)   |
| <b>9:00am</b>  | <b>ABC News Mornings</b><br>(CC)  |
| <b>10:00am</b> | <b>The Great Acceleration</b><br>(CC,Repeat,PG) <b>Final</b>  |
| <b>11:05am</b> | <b>The Heights</b><br>(CC,Repeat,PG)  |
| <b>11:30am</b> | <b>The Heights</b><br>(CC,Repeat,PG)  |
| <b>12:00pm</b> | <b>ABC News At Noon</b><br>(CC)   |
| <b>1:00pm</b>  | <b>The Larkins</b><br>(CC,M,Sexual References)  |
| <b>2:00pm</b>  | <b>Glitch</b><br>(CC,Repeat,M,Coarse Language, Violence)  |
| <b>3:00pm</b>  | <b>ABC News Afternoons</b><br>(CC)  |
| <b>4:10pm</b>  | <b>Think Tank</b><br>(CC,Repeat,PG)   |
| <b>5:10pm</b>  | <b>Grand Designs</b><br>(CC,AD,Repeat,PG)   |
| <b>5:55pm</b>  | <b>Julia Zemiro's Home Delivery</b><br>(CC,Repeat,PG)   |
| <b>6:30pm</b>  | <b>Movin' To The Country: Orana, NSW</b><br>(CC,AD,Repeat,G)<br>Craig sets off to Nyngan in the Orana region of central west NSW to meet two former big city lawyers who run a national legal enterprise from home, while also inventing a brand-new species of cow in their lunchtime.   |
| <b>7:00pm</b>  | <b>ABC News</b><br>(CC)   |
| <b>7:30pm</b>  | <b>Outback Ringer</b><br>(CC,AD,Repeat,PG,This program contains animal treatment that may concern some viewers)<br>When Liz chases an aggressive bull, the roles are reversed as she becomes the one that's being hunted. In the high-stress situation the Cooks face-off in an argument. |

- 8:00pm Australian Story Summer Series**  
(CC,AD,Repeat)  
Unique and outrageous, Jeanne Little was the comedy dah-ling of daytime television in the '70s and '80s. Four months after her death from Alzheimer's, daughter Katie reveals some intimate family secrets.
- 8:30pm The Royal Edinburgh Military Tattoo: Celebrating 70 Years**  
(CC,G)  
A special look back at the Royal Edinburgh Military Tattoo's rich 70-year history revisiting many of the standout moments.
- 9:45pm Nigella's Cook, Eat, Repeat Christmas Special**  
(CC,AD,Repeat,G)  
In a festive special Nigella brings joy, warmth and sparkle to the season. She indulges in a little kitchen table tourism with mouth-watering food from near and far to brighten up dark days.
- 10:45pm Secrets of Althorp with Charles Spencer**  
(CC,Repeat)  
Charles Spencer, Earl, historian and brother of Princess Diana invites an archaeological dig to Althorp, his historical home, in search of a lost Anglo Saxon village.
- 11:35pm Call The Midwife: Christmas Special**  
(CC,AD,Repeat,PG)  
It's 1963, the nuns and nurses of Nonnatus House face the challenge of the coldest winter in 300 hundred years, as well as having to provide the best possible care for their patients.
- 12:55am EXPOSED: The Case Of Keli Lane: Missing To Murder**  
(CC,Repeat,M,Coarse Language)  
Award winning investigative journalists Caro Meldrum-Hanna and Elise Worthington continue to pry open the police investigation into the mysterious disappearance of Keli Lane's baby Tegan, making surprising discoveries.
- 1:55am rage**  
(MA,Rage Warning - Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex References, Violence)  
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 4:30am Catalyst: Meet The Avatars**  
(CC,Repeat,PG)  
In the series return of Catalyst, Biomedical engineer Dr Jordan Nguyen examines virtual reality & how it could transform the way we learn & travel. He also meets some of the most life-like avatars scientists are creating.

**5:25am****Short Cuts To Glory: Matt Okine vs Food: The Basics**

(CC,Repeat,G)

Jill Dupleix shows Matt how to cook the perfect roast lamb; Mark LaBrooy shows how to master a poached egg; Mitch Orr discusses the ins-and-outs of buying knives; baking guru Katherine Sabbath pimps a cake.

**Tuesday, 21 December 2021**

|                |   |
|----------------|---|
| <b>6:00am</b>  | <b>News Breakfast</b><br>(CC)   |
| <b>9:00am</b>  | <b>ABC News Mornings</b><br>(CC)  |
| <b>10:00am</b> | <b>Antiques Roadshow</b><br>(CC,Repeat,G)   |
| <b>11:00am</b> | <b>The Heights</b><br>(CC,Repeat,PG)  |
| <b>11:30am</b> | <b>The Heights</b><br>(CC,Repeat,PG)  |
| <b>12:00pm</b> | <b>ABC News At Noon</b><br>(CC)   |
| <b>1:00pm</b>  | <b>Us</b><br>(CC,Repeat,M,Coarse Language, Drug Use)  |
| <b>2:00pm</b>  | <b>Glitch</b><br>(CC,Repeat,M,Adult Themes, Coarse Language, Violence) <b>Final</b>   |
| <b>3:00pm</b>  | <b>ABC News Afternoons</b><br>(CC)  |
| <b>4:15pm</b>  | <b>Think Tank</b><br>(CC,Repeat,PG)   |
| <b>5:10pm</b>  | <b>Grand Designs</b><br>(CC,AD,Repeat,G)  |
| <b>6:00pm</b>  | <b>Julia Zemiro's Home Delivery: Maggie Beer</b><br>(CC,Repeat,G)<br>The kitchen Maggie Beer made famous in The Cook and the Chef may be in the heart of the Barossa Valley, but our most beloved foodie meets up with Julia where she grew up in Sydney's Lakemba.                               |
| <b>6:30pm</b>  | <b>Movin' To The Country: South East Tasmania</b><br>(CC,AD,Repeat,G)<br>The team is in south-east Tasmania where Halina checks out the 3 Capes Walk, Craig visits a disused rail tunnel turned mushroom farm and Kristy meets a family creating locally made fashion from superfine merino wool. |
| <b>7:00pm</b>  | <b>ABC News</b><br>(CC)   |

- 7:30pm**      **Outback Ringer**  
(CC,AD,Repeat,PG,This program contains animal treatment that may concern some viewers)  
Clarry Shadforth has a nightmare start to the season when his herd of 400 feral bulls escape from their holding yards. Can he and son Francis track and recapture them to avoid a crippling loss?
- 8:00pm**      **Anh's Brush With Fame: Layne Beachley**  
(CC,Repeat,PG)  
World Champion Surfer Layne Beachley has overcome many emotional and physical battles in her unrelenting quest for success, love and contentment. How will Anh portray such a complex and driven figure?
- 8:30pm**      **Christmas In Australia With Christine Anu**  
(CC)  
Celebrate Christmas with Christine Anu as she explores how Australia's melting pot of traditions, cultures and faiths not only sparks festive joy, but rejoices in the kindness and resilience of Australians.
- 9:30pm**      **The Day Will And Kate Got Married**  
(CC,Repeat,PG)  
Will and Kate's big day ushered in a new era for the monarchy as their fairytale romance brought together the country, and the world. This intimate documentary allows viewers to relive all the ritual and pageantry.
- 10:35pm**     **Joanna Lumley's Unseen Adventures**  
(CC,AD,Repeat,PG)  
Much-loved travelling companion Joanna Lumley shares previously unseen travelling adventures, revealing a treasure trove of unseen stories, insights into how her travel programs are made and why she loves to make them.
- 11:25pm**     **Christmas Sounds Better This Year**  
(CC,Repeat,G)  
Every Christmas the same old songs are played so we got some talented people to compose new ones. In this heart-warming musical adventure we celebrate the Australian Christmas spirit at its very best.
- 12:25am**     **Ho Ho Ho! Telling Christmas Tales**  
(CC,Repeat,PG,The following program is rated PG. (or G) And a special warning to parents of small children, the concept of Santa Claus is not taken at all seriously in this program.)  
Here comes Christmas! Does the thought bring a smile to your dial or make you run for the hills? Join some high-profile Australians for their take on an Aussie Christmas.

**1:15am****rage**

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**3:25am****My Mother's Lost Children**

(CC,Repeat,M,Coarse Language)

An eccentric Jewish Australian family is thrown into turmoil when two stolen children reappear after 40 years. Spanning five countries, this is the story of filmmaker Danny Ben-Moshe's extraordinary family saga.

**4:30am****Catalyst: Can Seaweed Save The World?**

(CC,Repeat,G)

Professor Tim Flannery investigates how seaweed is helping to save the world – from growing the foods of the future, helping save the reef and even combating climate change.

**5:25am****Short Cuts To Glory: Matt Okine vs Food: Fit And Healthy**

(CC,Repeat,G)

Matt Okine visits food legend Neil Perry who creates a super quick and easy pan-fried fish; the 'Godfather' of modern Italian cuisine Stefano Manfredi makes minestrone; Alice Zaslavsky roasts vegies.

**Wednesday, 22 December 2021**

|                |   |
|----------------|---|
| <b>6:00am</b>  | <b>News Breakfast</b><br>(CC)   |
| <b>9:00am</b>  | <b>ABC News Mornings</b><br>(CC)  |
| <b>10:00am</b> | <b>Christmas At St Paul's</b><br>(CC,Repeat,G)  |
| <b>11:05am</b> | <b>The Heights</b><br>(CC,Repeat,PG)  |
| <b>11:30am</b> | <b>The Heights</b><br>(CC,Repeat,PG)  |
| <b>12:00pm</b> | <b>ABC News At Noon</b><br>(CC)   |
| <b>1:00pm</b>  | <b>The Cook And The Chef: Christmas Special</b><br>(CC,Repeat,G)  |
| <b>1:25pm</b>  | <b>Anthony</b><br>(CC,Repeat,M,Adult Themes)  |
| <b>3:00pm</b>  | <b>ABC News Afternoons</b><br>(CC)  |
| <b>4:00pm</b>  | <b>Think Tank</b><br>(CC,Repeat,PG)   |
| <b>5:00pm</b>  | <b>Worzel Gummidge</b><br>(CC,AD,Repeat,PG)   |
| <b>6:00pm</b>  | <b>Sammy J: Full Credit to Christmas</b><br>(CC,Repeat)<br>It's been another year of political scandals, pandemic restrictions, and interstate rivalries. Sammy J looks back on the sketches that touched a nation or, at the very least, made them chuckle for three minutes every week.   |
| <b>7:00pm</b>  | <b>ABC News</b><br>(CC)   |
| <b>7:30pm</b>  | <b>Outback Ringer</b><br>(CC,AD,Repeat,PG,This program contains animal treatment that may concern some viewers,Aboriginal and Torres Strait Islander viewers are advised that the following program may contain images and voices of people who have died)<br>Lach and his team set a frenetic pace to hit a catch target of 88 feral bulls. But when 21-year-old Charlie rolls his quad bike and becomes trapped, quotas are the last thing on the team's minds. |
| <b>8:00pm</b>  | <b>Hard Quiz Battle of The Has Beens</b><br>(CC)<br>Tom quizzes four people he believes have left their best days behind them. Tim Rogers, Rhonda Burchmore, Tony Armstrong and Ann-Maree Biggar in Battle of The Has Beens.  |

- 8:30pm**      **The Yearly With Charlie Pickering 2021**  
(CC)  
The Weekly team is back to wrap up the year in style and if 2021 felt a bit like 2020, let Charlie and a cavalcade of guest stars lead you through a riotous game of spot the difference! Now with added earthquake.
- 9:30pm**      **QI: Rejoice!**  
(CC,PG,Sexual References)  
Sandi and Alan are joined by Chris McCausland, Justin Moorhouse and Holly Walsh for a festive special.
- 10:05pm**     **Would I Lie To You At Christmas**  
(CC,Repeat,PG)  
Rob Brydon is in the host's chair for a festive edition of the award-winning comedy panel show. Joining team captains Lee Mack and David Mitchell are Lily Allen, Noddy Holder, James Acaster and Sian Gibson.
- 10:35pm**     **A Berry Royal Christmas**  
(CC,Repeat,G)  
Beloved chef Mary Berry gets to know the Duke and Duchess of Cambridge. Mary's task is to create and prepare recipes to serve at a party William and Kate are throwing to thank those who give up their Christmas to help others.
- 11:35pm**     **Father Brown: The Skylark Scandal**  
(CC,Repeat,M,Adult Themes, Violence)  
The Kembleford Ramblers annual outing takes a tragic turn when the local Lord is found strangled.
- 12:20am**     **Silent Witness: Death Maker (Part One)**  
(CC,Repeat,M,Adult Themes, Violence)  
A shocking incident on a suburban street brings back painful memories for Jack. As a member of the victim's family seeks justice of their own, forensic evidence suggests the involvement of a Northern Irish terror group.
- 1:20am**      **rage**  
(MA,Rage Warning – Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex References, Violence)  
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

- 3:30am Gardening Australia: Christmas Family Special**  
(CC,Repeat,G)  
In a one hour special Costa and the Gardening Australia presenters get together to celebrate the festive season, with Christmas lunch at the beautiful Werribee Mansion in Victoria.
- 4:30am Catalyst: Closing In: The Hunt For Alien Life**  
(CC,Repeat,G)  
Will we soon find evidence of alien life? Scientists are currently in the throes of an unprecedented search for ET – and an answer to this long-pondered question may come sooner than you think.
- 5:30am Short Cuts To Glory: Matt Okine vs Food: Home Takeaway**  
(CC,Repeat,G)  
Takeaway is great but it can be expensive. Celebrated chef Christine Manfield makes a simple veggie curry from scratch. We make a homemade stir fry, burgers, plus tips to best store delicious leftovers.

**Thursday, 23 December 2021**

|         |  |
|---------|--|
| 6:00am  | <b>News Breakfast</b><br>(CC)  |
| 9:00am  | <b>ABC News Mornings</b><br>(CC)   |
| 10:00am | <b>Nigella's Cook, Eat, Repeat Christmas Special</b><br>(CC,AD,Repeat,G)   |
| 11:05am | <b>The Heights</b><br>(CC,Repeat,PG)   |
| 11:30am | <b>The Heights</b><br>(CC,Repeat,PG)   |
| 12:00pm | <b>ABC News At Noon</b><br>(CC)  |
| 1:00pm  | <b>Maggie Beer's Christmas Feast</b><br>(CC,Repeat,G)  |
| 1:30pm  | <b>QI</b><br>(CC,Repeat,PG,Sexual References)  |
| 2:00pm  | <b>Would I Lie To You At Christmas</b><br>(CC,Repeat,PG)   |
| 2:30pm  | <b>Christmas With Poh</b><br>(CC,Repeat,G)   |
| 3:00pm  | <b>ABC News Afternoons</b><br>(CC)   |
| 4:00pm  | <b>Think Tank</b><br>(CC,Repeat,PG)  |
| 4:55pm  | <b>Worzel Gummidge</b><br>(CC,AD,Repeat,PG)  |
| 5:55pm  | <b>Julia Zemiro's Home Delivery</b><br>(CC,Repeat,G)   |
| 6:30pm  | <b>Movin' To The Country: North Central Victoria</b><br>(CC,AD,Repeat,G)<br>Kristy, Halina and Craig visit North Central Victoria and meet a refugee from Wall St, a mother/daughter team doing fun things with rose petals, and a group of migrant women creating new lives for themselves. |
| 7:00pm  | <b>ABC News</b><br>(CC)  |

- 7:30pm**      **Outback Ringer**  
(CC,AD,Repeat,PG,This program contains animal treatment that may concern some viewers)  
Kurt Hammar has built a \$40M empire over three decades of bull catching. At the Katherine show, Kurt flexes his muscle with some of the most famed bull catchers in the Outback.
- 8:00pm**      **Barrie Cassidy's One Plus One: Melissa Leong**  
(CC)  
Melissa Leong is a very private person with a very public job. She tells Barrie about feeling different, growing up with depression, and why she didn't immediately say yes when offered the chance to be a judge on Masterchef.
- 8:30pm**      **Joanna Lumley's Unseen Adventures**  
(CC,AD,Repeat,M,Coarse Language)  
Joanna Lumley travels the length of India, before taking us back to Uzbekistan, where she reveals some gory tales of the country's history and discovers the secrets of gem-making.
- 9:20pm**      **That Christmas**  
(CC,Repeat,PG)  
Eleven poignant, funny and powerful stories about Christmas like no other, told by the people who lived through them. Some of the storytellers are familiar faces, some are new.
- 10:20pm**      **Lucy Worsley's Christmas Carol Odyssey**  
(CC,AD,Repeat,G)  
Historian Lucy Worsley uncovers the surprising history of our most beloved Christmas carols. Were they invented to lure locals out of the pub? Why did Silent Night spread round the world so fast?
- 11:20pm**      **Call The Midwife: Christmas Special**  
(CC,Repeat,PG)  
As Poplar prepares for Christmas, the nuns elect a new mother superior and help care for a group of Chinese orphans. Trixie returns with her troubles behind her while Valerie leads the baby ballet Christmas performance.
- 12:50am**      **Jill Bilcock: The Art Of Film Editing**  
(CC,Repeat,M,Coarse Language, Violence)  
Focuses on the life of Jill Bilcock, one of the world's leading film artists and Academy award nominated film editor. Features commentary from Cate Blanchett, Baz Luhrmann and Rachel Griffiths.

- 1:20am**      **rage**  
(MA,Rage Warning - Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex References, Violence)  
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 3:30am**      **Gardening Australia: Christmas Family Special 2018**  
(CC,Repeat,G)  
It's Christmas and we're excited about family time, holiday projects and getting the garden summer-ready! Costa and Millie build a cubby hideaway, Sophie pots up a succulent frame, Josh makes seed bomb bonbons.
- 4:30am**      **Catalyst: Heartbeat: The Miracle Inside You**  
(CC,Repeat,PG,This program depicts surgical procedures)  
Heart surgeon Dr Nikki Stamp takes us into the amazing world of our hearts - revealing how they function, how can we look after them and shows us the latest science she uses to help fix them when they go wrong.
- 5:25am**      **Short Cuts To Glory: Matt Okine vs Food: Feed An Army**  
(CC,Repeat,G)  
Dinner parties can send you into a meltdown even before guests arrive. Matt prepares a stress-free meal with Miguel Maestre's paella, Adriano Zumbo's chocolate brownies and Bridgette Hafner's beef stew.

**Friday, 24 December 2021**

|         |  |
|---------|--|
| 6:00am  | <b>News Breakfast</b><br>(CC)  |
| 9:00am  | <b>ABC News Mornings</b><br>(CC)   |
| 10:00am | <b>Gardening Australia</b><br>(CC,AD,Repeat,G)   |
| 11:05am | <b>The Heights</b><br>(CC,Repeat,PG)   |
| 11:30am | <b>The Heights</b><br>(CC,Repeat,PG)   |
| 12:00pm | <b>ABC News At Noon</b><br>(CC)  |
| 1:00pm  | <b>Barrie Cassidy's One Plus One</b><br>(CC,Repeat)  |
| 1:30pm  | <b>Call The Midwife: Christmas Special</b><br>(CC,AD,Repeat,PG)  |
| 3:00pm  | <b>ABC News Afternoons</b><br>(CC)   |
| 4:00pm  | <b>Think Tank</b><br>(CC,Repeat,PG)  |
| 4:55pm  | <b>Worzel Gummidge</b><br>(CC,Repeat,PG)Final  |
| 5:55pm  | <b>Julia Zemiro's Home Delivery</b><br>(CC,Repeat,G)   |
| 6:30pm  | <b>Shaun The Sheep: The Flight Before Christmas</b><br>(CC,G)<br>It's Christmas Eve at Mossy Bottom Farm when a farmhouse raid to get bigger stockings inadvertently leads to Timmy going missing off the farm. Can Shaun get Timmy back before he becomes someone else's favourite present?                                 |
| 7:00pm  | <b>ABC News</b><br>(CC)  |
| 7:30pm  | <b>Outback Ringer</b><br>(CC,AD,Repeat,PG,This program contains animal treatment that may concern some viewers)<br>The Cooks have one day to catch the 16 bulls they need to fill their first order. Lach's teammate, Scanner, is horned by a bull. With his manhood on the line, it's a nervous trip to the medical centre. |

- 8:00pm**      **Would I Lie To You?: At Christmas**  
(CC,Repeat,PG)  
Rob Brydon is in the host's chair for a very special Christmas episode, including guests Jo Brand, Joe Swash, Joe Lycett and Ruth Madeley join Lee Mack and David Mitchell to sort the festive facts from the fibs.
- 8:30pm**      **Midsomer Murders: Death Of The Small Coppers**  
(CC,AD,Repeat,M,Violence)  
When a butterfly collector and founding member of an elite IQ society is found murdered, pinned to a wall, DCI Barnaby and DS Winter are thrust into a crime that impacts not only on their community but internationally.
- 10:00pm**      **Talking Heads: The Shrine**  
(CC,PG)Final  
Lorna visits the spot where Clifford's motorbike crashed, hoping for some closure. But one day she finds someone else has left some flowers on the shrine.
- 10:30pm**      **QI: Quizmas**  
(CC,Repeat,PG)  
Sandi Toksvig hosts a festive edition, joined by regular panellist Alan Davies and guests Johnny Vegas, Sara Pascoe and Josh Widdicombe. Among the topics discussed are how big Dumbo's ears would have to be in order to fly.
- 11:00pm**      **Sammy J: Full Credit to Christmas**  
(CC,Repeat)  
It's been another year of political scandals, pandemic restrictions, and interstate rivalries. Sammy J looks back on the sketches that touched a nation or, at the very least, made them chuckle for three minutes every week.
- 12:00am**      **rage**  
(MA,Rage Warning - Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex References, Violence)  
Your weekend begins with an all-night music video marathon. Rage brings you new music, emerging and independent Australian artists, plus classic hits, party favourites and songs you've never heard but will fall in love with.
- 5:00am**      **rage**  
(CC,PG)  
Keep the party vibe going as the sun comes up with continuous music videos, from new releases to classics and the songs we've long forgotten.

**Saturday, 25 December 2021**

- 6:00am**      **rage**  
(CC,PG)  
Your weekend starts here as rage counts down the hottest music videos of the week, with the latest chart toppers and brand new hit predictions.
- 9:00am**      **ABC News Summer**  
(CC)  
Stay in touch with the latest news across the summer with the day's top stories, breaking news and up-to-the minute information from Australia's most trusted source of independent news. Presented by Casey Briggs.
- 9:30am**      **The Pope's Christmas Mass 2021**  
(CC,G)  
Pope Francis delivers the annual Christmas Mass from the Vatican.
- 11:30am**     **Maggie Beer's Christmas Feast**  
(CC,Repeat,G)  
Maggie invites some special guests to the ultimate Australian Christmas feast under the gum trees in the beautiful surroundings of her own property in the Barossa Valley.
- 12:00pm**    **ABC News Summer**  
(CC)  
Stay in touch with the latest news across the summer with the day's top stories, breaking news and up-to-the minute information from Australia's most trusted source of independent news. Presented by Casey Briggs.
- 12:30pm**    **A Berry Royal Christmas**  
(CC,Repeat,G)  
Beloved chef Mary Berry gets to know the Duke and Duchess of Cambridge. Mary's task is to create and prepare recipes to serve at a party William and Kate are throwing to thank those who give up their Christmas to help others.
- 1:30pm**      **Lucy Worsley's Christmas Carol Odyssey**  
(CC,AD,Repeat,G)  
Historian Lucy Worsley uncovers the surprising history of our most beloved Christmas carols. Were they invented to lure locals out of the pub? Why did Silent Night spread round the world so fast?
- 2:30pm**      **Would I Lie To You?: At Christmas**  
(CC,Repeat,PG)  
Rob Brydon is in the host's chair for a very special Christmas episode, including guests Jo Brand, Joe Swash, Joe Lycett and Ruth Madeley join Lee Mack and David Mitchell to sort the festive facts from the fibs.

- 3:00pm**      **Hard Quiz Battle of The Has Beens**  
(CC,Repeat)  
Tom quizzes four people he believes have left their best days behind them. Tim Rogers, Rhonda Burchmore, Tony Armstrong and Ann-Maree Biggar in Battle of The Has Beens.
- 3:30pm**      **Christmas In Australia With Christine Anu**  
(CC,Repeat)  
Celebrate Christmas with Christine Anu as she explores how Australia's melting pot of traditions, cultures and faiths not only sparks festive joy, but rejoices in the kindness and resilience of Australians.
- 4:30pm**      **Midsomer Murders: The Christmas Haunting**  
(CC,Repeat,PG)  
DCI Barnaby and new sidekick DS Charlie Nelson investigate the case of a man stabbed with a sword during a party at a 'haunted' manor.
- 6:00pm**      **The Penguin King With David Attenborough**  
(CC,Repeat,G)  
The Penguin King's story is often comical, sometimes tragic, and ultimately triumphant: a rite of passage set on one of the earth's last great wildernesses.
- 7:00pm**      **ABC News on Christmas Day**  
(CC)  
A special national edition of ABC News at 7PM on Christmas Day, bringing you the day's top stories and the latest news from across Australia and around the globe. Presented by Dan Bourchier.
- 7:30pm**      **TBA**
- 7:40pm**      **TBA**
- 9:40pm**      **Call The Midwife**  
(CC,Repeat,PG)  
It's Spring time, and with extra help needed in Poplar, Mother Mildred decides to send Sister Frances and Sister Hilda to Nonnatus House, where they will live and work.
- 10:40pm**      **Father Brown: The Honourable Thief**  
(CC,Repeat,PG)  
When Lady Felicia's home comes under threat, Father Brown is forced to seek help from an unlikely ally. (Final)

**11:25pm****rage Guest Programmer**

(MA,Rage Warning – Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex References, Violence)

Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. Guest programmers curate an all-night playlist of their all-time favourite clips.

**5:00am****rage**

(CC,PG)

Keep the party vibe going as the sun comes up with continuous music videos, from new releases to classics and the songs we've long forgotten.