

ABC TV Week 7 Program Guide

Sunday, 11 February 2024

- 6:00am** **rage**
(CC,PG)
Keep the party vibe going with wall-to-wall music videos, from new releases to classics and the long-forgotten.
- 7:00am** **Weekend Breakfast**
(CC)
Ease into your Sunday with an engaging mix of news, updated information, analysis, interviews, politics and weather. Presented by Fauziah Ibrahim and Kathryn Robinson, plus sport with Jared Coote.
- 9:00am** **Insiders**
(CC)
Start your Sunday morning with the show the politicians rely on to find out what's going on. David Speers presents Australia's must-watch political program, joined by a panel of the best political analysts and commentators.
- 10:00am** **Offsiders**
(CC)
The show that gets to the heart of the big sporting issues and events of the week. Kelli Underwood and a panel of sportswriters, commentators, coaches, athletes and officials unpack all the action both on and off the field.
- 10:30am** **The World This Week**
(CC,Repeat)
Beverley O'Connor brings you a weekly roundup of international news from an Australian perspective as reported by ABC News correspondents covering the Indo Pacific, Europe, North America, the Middle East, India and Indonesia.
- 11:00am** **Compass: Psychedelics - Healing The Spirit?**
(CC,AD,Repeat,PG,Adult Themes)
Using psychedelics to treat depression and trauma is now legal in Australia. But it's not without risk. While some report life-changing benefits, others do not, and many scientists fear the move is premature.
- 11:30am** **Songs Of Praise: Richard III**
(CC,Repeat,G)
In a special episode on Richard III, Bill Turnbull reveals evidence of the king's deep Christian faith, after his remains were laid to rest in a special service at Leicester Cathedral.

- 12:00pm ABC News At Noon**
(CC)
Dan Bourchier presents the latest from ABC News, following today's top stories and coverage of events as they unfold. Plus original reporting, expert analysis and all the updated news, sport, weather and information you need.
- 12:30pm Landline**
(CC)
Hosted by award-winning journalist Pip Courtney, Landline is Australia's only national agricultural television program covering stories from Australia's rural and regional heartland. (Return)
- 1:30pm Gardening Australia: Presenters Favourites**
(CC,Repeat,G)
As a part of our 30th Birthday celebrations, we are diving into the archives to revisit our presenters favourite stories from over the years.
- 2:25pm Dream Gardens: Brisbane, QLD**
(CC,Repeat,G)
After tragically losing their wife and mother to cancer, Roberto and his children are hoping that the transformation of their garden will not only bring them healing but also create an everlasting tribute to their loved one.
- 3:00pm Nigella Bites: TV Dinners**
(CC,Repeat,G)
Nigella focuses her attention on creating the perfect TV dinner for those occasions when time is of the essence. Think Chicken With Chorizo and Cannellini Beans, Salt and Pepper Squid and Mozzarella in Carrozza.
- 3:25pm The Cook And The Chef: Late Summer Lunch**
(CC,Repeat,G)
Maggie and Simon show their different approaches to cooking. Maggie cooks a hearty meal for the family, while Simon gives a restaurant touch to his meal.
- 3:55pm Martin Clunes: Islands Of America**
(CC,Repeat,PG)
Martin's travels take him to the San Juan Islands in Washington State, the Channel Islands National Park - known as 'America's Galapagos' - and Avery Island in the Gulf of Mexico.
- 4:40pm Joanna Lumley's Britain**
(CC,AD,Repeat,PG)
After a lifetime of travels that have taken her across the globe, Joanna Lumley is making her most personal journey yet, travelling from Essex to Whitby.
- 5:30pm The ABC Of Julia Gillard**
(CC,Repeat,PG)
An interview series, hosted by David Wenham, in which prominent Australians revisit their pasts through moments drawn from the vast ABC Archives. David chats to Australia's first female Prime Minister, Julia Gillard.

- 6:00pm** **Grand Designs Transformations: Belmont and Oatlands**
(CC,AD,Repeat,G)
In Geelong Victoria, Luke and Bree restore a Victorian cottage and add on a massive contemporary extension, while in the historic Tasmanian village of Oatlands, Karen and Luke restore a sandstone Georgian cottage.
- 7:00pm** **ABC News**
(CC)
- 7:30pm** **Muster Dogs**
(CC,AD,PG)**Final**
With the 12 month experiment now complete, the Australian Border Collie siblings reunite to face their final challenge. It's neck and neck but one dog shines brighter than the pack and is crowned Champion Muster Dog. (Final)
- 8:30pm** **Total Control**
(CC,AD)
Determined to reform youth justice, Alex pushes forward with her radical plan in the House of Representatives. Rachel seizes the opportunity for her own advantage.
- 9:30pm** **Silent Witness: History Part One**
(CC,AD,Repeat,M,Adult Themes, Violence)
Sam Ryan recruits the Lyell team to investigate the assassination of the health secretary, but Nikki is unsure whether Sam knows more than she's letting on.
- 10:30pm** **Mystery Road: To Live With The Living**
(CC,AD,Repeat,M,Coarse Language, Violence)
Now in danger, Mary must lean into Jay for help. Jay struggles to keep Mary safe as the threat closes in on both of them. Fran feels betrayed as she digs deeper into Zoe's disappearance.
- 11:30pm** **Harrow: Ut Biberent Quoniam Esse Nollent**
(CC,AD,Repeat,M,Adult Themes, Violence)
As Harrow's attempts to reconnect with his son are frustrated, Fern and James grow closer - while the baffling deaths of two teens sharpen Harrow's concern for his own children.
- 12:20am** **The Trial Of Christine Keeler**
(CC,AD,Repeat,M,Adult Themes, Coarse Language, Sexual References)
The Old Bailey trial of Stephen Ward for living off immoral earnings. Christine and Mandy are witnesses for the prosecution.
- 1:20am** **Sanditon**
(CC,AD,Repeat,PG)
The arrival of Miss Lambe's forbidden love causes Charlotte to question her opinion of Sidney. Meanwhile, Clara witnesses a moment between Esther and Edward.

- 2:10am** **rage Vault**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 4:00am** **Catalyst: Can Seaweed Save The World?**
(CC,Repeat,G)
Professor Tim Flannery investigates how seaweed is helping to save the world - from growing the foods of the future, helping save the reef and even combating climate change.
- 5:00am** **Insiders**
(CC,Repeat)
Start your Sunday morning with the show the politicians rely on to find out what's going on. David Speers presents Australia's must-watch political program, joined by a panel of the best political analysts and commentators.

Monday, 12 February 2024

- 6:00am** **News Breakfast**
(CC)
- 9:00am** **ABC News Mornings**
(CC)
- 10:00am** **Landline**
(CC,Repeat)
- 11:00am** **Antiques Roadshow**
(CC,Repeat,G)
- 12:00pm** **ABC News At Noon**
(CC)
- 1:00pm** **Australia Remastered: Orca**
(CC,AD,Repeat,G)
- 2:00pm** **Parliament Question Time**
(CC)
- 3:00pm** **The Cook And The Chef**
(CC,Repeat,G)
- 3:30pm** **Tenable**
(CC,Repeat,G)
- 4:15pm** **Antiques Roadshow**
(CC,Repeat,G)
- 5:15pm** **Love Your Garden**
(CC,G)
- 6:00pm** **Back Roads: Menindee, NSW**
(CC,AD,Repeat,G)
In January 2019, Menindee made worldwide news when a perfect storm of drought and poor water management caused a mass fish kill of nearly a million fish. Guest presenter Lisa Millar uncovers the town behind the headlines.
- 6:30pm** **Hard Quiz**
(CC,Repeat,PG)
Four contestants vie for the Hard Quiz Big Brass Mug, with their various specialty topics of Billy Idol, The Witcher, Stephen King's IT, and '80s and '90s supermodels put to the test. It's time to play HARD!
- 7:00pm** **ABC News**
(CC)
- 7:30pm** **7.30**
(CC)
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting public affairs journalism and interviews that hold the powerful to account. Plus political analysis from Laura Tingle.

- 8:00pm** **Nemesis: The Morrison Years**
(CC)Final
Scott Morrison becomes Australia's surprise 30th Prime Minister and pulls off a "miracle" election win. Soon he's facing trouble. From his family trip to Hawaii to the pandemic response, its recent history brought to life.
- 9:30pm** **Media Watch**
(CC)
Australia's leading forum for media analysis and comment, bringing you a brave and fearless critique of the week's journalism, issues and events in the news. Presented by Paul Barry.
- 9:50pm** **Nemesis: Behind The Scenes**
(CC)
Leigh Sales and Mark Willacy delve into the making of Nemesis. Dozens of interviews, hours of exclusive footage, and some of the most candid comments yet on a tumultuous nine years of Liberal leadership.
- 10:15pm** **You Can't Ask That: Ex-Prisoners**
(CC,Repeat,M,Adult Themes, Coarse Language)
Insightful, irreverent, moving and unpredictable, this episode sets the record straight about what it's really like to go into prison and come out the other side.
- 10:35pm** **ABC Late News**
(CC)
Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Jade Barker.
- 10:50pm** **The Business**
(CC,Repeat)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 11:05pm** **The Weekly With Charlie Pickering**
(CC,Repeat)
Returning for its 10th Season, The Weekly with Charlie Pickering is the one show on TV that knows the world is far too serious to be taken too seriously. You give us thirty minutes - We'll give you the week.
- 11:40pm** **Planet America**
(CC,Repeat)
Are we headed for a repeat of the 2020 Election between Trump and Biden in 2024? Wars in Gaza and Ukraine, the economy, unemployment, the border, abortion, law and order, healthcare and legal disputes could decide the result.

- 12:10am Love Your Garden**
(CC,Repeat,G)
This week Alan Titchmarsh and the garden makeover team are in Dorset creating an exciting garden for a young family coping with a terminal illness.
- 1:00am Tenable**
(CC,Repeat,G)
Quiz hosted by Warwick Davis in which a team of five, from a Soup Distribution Company led by team captain David answers questions about top 10 lists from the realms of pop culture and general knowledge.
- 1:45am Why Are You Like This: I Love Gay**
(CC,AD,Repeat,MA,Coarse Language, Sexual References)
Mia loses her job and goes on the hunt to find a new one, despite having little motivation to actually work. Austin supports Penny's acts of protest as she strives to be the ultimate ally at her all-male tech startup.
- 2:10am Why Are You Like This: The Pressures of Late Capitalism**
(CC,AD,Repeat,MA,Coarse Language, Sexual References)
Penny is confronted with the harsh reality of the world when she visits the office of a misogynistic client. Mia enlists a very reluctant Austin to help her tackle a jammy situation with her mooncup.
- 2:35am Why Are You Like This: D*ck or P*ssy of Colour**
(CC,AD,Repeat,M,Coarse Language, Sexual References)
After another bad date with a white guy, Mia decolonises her p*ssy. Penny tries to become best friends with Mia's other best friends, and Austin starts to spiral.
- 3:00am rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 4:30am Catalyst: Closing In: The Hunt For Alien Life**
(CC,Repeat,G)
Will we soon find evidence of alien life? Scientists are currently in the throes of an unprecedented search for ET - and an answer to this long-pondered question may come sooner than you think.
- 5:30am 7.30**
(CC,Repeat)
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting public affairs journalism and interviews that hold the powerful to account. Plus political analysis from Laura Tingle.

Tuesday, 13 February 2024

- 6:00am** **News Breakfast**
(CC)
- 9:00am** **ABC News Mornings**
(CC)
- 10:00am** **Project Wild**
(CC,Repeat,G)
- 10:30am** **Courtney Act's One Plus One**
(CC,Repeat,This program contains coarse language)
- 11:00am** **Antiques Roadshow**
(CC,Repeat,G)
- 12:00pm** **ABC News At Noon**
(CC)
- 1:00pm** **Call The Midwife**
(CC,AD,Repeat,PG,Adult Themes)
- 2:00pm** **Parliament Question Time**
(CC)
- 3:00pm** **The Cook And The Chef**
(CC,Repeat,G)
- 3:25pm** **Tenable**
(CC,Repeat,G)
- 4:10pm** **Antiques Roadshow**
(CC,Repeat,G)
- 5:10pm** **Love Your Garden**
(CC,G)
- 6:00pm** **Back Roads: Show Town, Qld**
(CC,AD,Repeat,G)
Heather joins a cavalcade of showmen and their little town on wheels on an 800 km run through far north Queensland. It's a journey that will bust every preconceived idea of what the travelling carnival life is like.
- 6:30pm** **Hard Quiz**
(CC,Repeat,PG)
Tom Gleeson returns with his Big Brass Mug to test the mettle of average Aussies with eccentric interests such as the LA Dodgers baseball team, Project Mercury space program, Lawrence of Arabia and '60s comedy Get Smart!
- 7:00pm** **ABC News**
(CC)
- 7:30pm** **7.30**
(CC)
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting public affairs journalism and interviews that hold the powerful to account. Plus political analysis from Laura Tingle.

- 8:00pm** **Back Roads: Wheatbelt Animal Carers, WA**
(CC)
Back Roads sets out to discover the wildlife carers of Western Australia's Northern Wheatbelt. Presenter Heather Ewart meets the fascinating people who have dedicated their lives to helping animals.
- 8:35pm** **McCartney 3, 2, 1: The Long and Winding Road**
(CC,G)Final
Paul McCartney and Rick Rubin discuss McCartney's songwriting evolution, his creative partnership with John Lennon, and his development as a solo artist. (Final)
- 9:00pm** **Earth: Atmosphere**
(CC,AD,G)
In this episode, we reveal the violent birth of our atmosphere - from the cold void of space to life-sustaining bubble.
- 10:00pm** **You Can't Ask That: Models**
(CC,Repeat,M,Adult Themes, Coarse Language)
From the pitfalls of 'pretty privilege', to teenage exploitation, unrealistic beauty standards, and mental health issues, eight models share the unvarnished truth about one of the most desired & least understood professions.
- 10:35pm** **ABC Late News**
(CC)
Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Jade Barker.
- 10:50pm** **The Business**
(CC,Repeat)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 11:05pm** **Nemesis: The Morrison Years**
(CC,Repeat)Final
Scott Morrison becomes Australia's surprise 30th Prime Minister and pulls off a "miracle" election win. Soon he's facing trouble. From his family trip to Hawaii to the pandemic response, its recent history brought to life.
- 12:40am** **Media Watch**
(CC,Repeat)
Australia's leading forum for media analysis and comment, bringing you a brave and fearless critique of the week's journalism, issues and events in the news. Presented by Paul Barry.

- 12:55am** **Love Your Garden**
(CC,Repeat,G)
In a special episode of Love Your Garden, Alan Titchmarsh and his team transform a blank outside space at Keech hospice in Luton into a state of the art wildlife garden.
- 1:45am** **Tenable**
(CC,Repeat,G)
A team of family and friends led by team captain Maggie take on the Tenable Tower as they attempt to win 125,000 pounds whilst answering Top 10 list questions.
- 2:30am** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 4:30am** **Catalyst: Heartbeat: The Miracle Inside You**
(CC,Repeat,PG,This program depicts surgical procedures)
Heart surgeon Dr Nikki Stamp takes us into the amazing world of our hearts - revealing how they function, how can we look after them and shows us the latest science she uses to help fix them when they go wrong.
- 5:30am** **7.30**
(CC,Repeat)
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Wednesday, 14 February 2024

- 6:00am** **News Breakfast**
(CC)
- 9:00am** **ABC News Mornings**
(CC)
- 10:00am** **Nemesis**
(CC,Repeat)Final
- 11:30am** **Media Watch**
(CC,Repeat)
- 12:00pm** **ABC News At Noon**
(CC)
- 12:30pm** **National Press Club Address**
(CC)
- 2:00pm** **Parliament Question Time**
(CC)
- 3:00pm** **The Cook And The Chef**
(CC,Repeat,G)
- 3:25pm** **Tenable**
(CC,Repeat,G)
- 4:15pm** **Antiques Roadshow**
(CC,Repeat,G)
- 5:10pm** **Love Your Garden**
(CC,G)
- 6:00pm** **Back Roads: Jabiru, NT**
(CC,AD,Repeat,G)
Join award-winning journalist and Murawari-Gomeroi man Allan Clarke as he uncovers the small community of Jabiru. Buried deep in Kakadu National Park, it is one of the most extraordinary places on the planet.
- 6:30pm** **Hard Quiz**
(CC,Repeat,PG)
Tom Gleeson faces down a bunch of boffins battling for the Big Brass Mug. Will a fan of Phil Collins, High School Musical, or famed architect Frank Lloyd Wright win? Or will it be added to a collection of Telecom Phonecards?
- 7:00pm** **ABC News**
(CC)
- 7:30pm** **7.30**
(CC)
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting public affairs journalism and interviews that hold the powerful to account. Plus political analysis from Laura Tingle.

- 8:00pm** **Hard Quiz**
(CC,PG)
Four contestants vie for the Hard Quiz Big Brass Mug! Which topic will triumph: Rod Stewart, The Sopranos, or Bunnings... or will cholera wipe them out? Play along at home!
- 8:30pm** **The Weekly With Charlie Pickering**
(CC)
Returning for its 10th Season, The Weekly with Charlie Pickering is the one show on TV that knows the world is far too serious to be taken too seriously. You give us thirty minutes - We'll give you the week.
- 9:00pm** **This Is Going To Hurt**
(CC,M,Adult Themes, Coarse Language)
Still reeling from his mistake, Adam becomes increasingly difficult to be around. While he clashes with a colleague over a patient, he tries to make amends at home.
- 9:45pm** **Planet America**
(CC)
Are we headed for a repeat of the 2020 Election between Trump and Biden in 2024? Wars in Gaza and Ukraine, the economy, unemployment, the border, abortion, law and order, healthcare and legal disputes could decide the result.
- 10:20pm** **TBA**
- 11:00pm** **ABC Late News**
(CC)
Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Jade Barker.
- 11:15pm** **The Business**
(CC,Repeat)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Kirsten Aiken.
- 11:35pm** **Rosehaven**
(CC,AD,Repeat,PG)
It's a time of change in Rosehaven and while Daniel seems to be managing it best, it might be Emma, despite her playful misadventures, who offers the most grown up advice.

- 12:00am** **Rosehaven**
(CC,AD,Repeat,PG)
As best friends who live, work and eat together, Emma and Daniel's relationship is put to the test. Are they spending TOO much time together? They host a dinner party to audition for a third person to join their dream team.
- 12:25am** **Love Your Garden**
(CC,Repeat,G)
Alan Titchmarsh and his team travel around Britain carrying out surprise garden transformations for the richly deserving. This horticultural hit combines advice and inspirational hints and tips for all.
- 1:15am** **Tenable**
(CC,Repeat,G)
A team of five running club friends led by team captain Martin attempt to top the Tenable Tower to win a big cash prize.
- 2:00am** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 4:30am** **Catalyst: How To Exercise Better**
(CC,Repeat,G,Viewers are advised to seek health advice before planning strenuous exercise as seen in the following program.)
What kind of exercise should we be doing, how much do we need & how hard should push ourselves? To help us live happier healthier lives Dr Caroline West & Dr Shalin Naik uncover the latest sport science secrets from the AIS.
- 5:30am** **7.30**
(CC,Repeat)
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Thursday, 15 February 2024

- 6:00am News Breakfast**
(CC)
- 9:00am ABC News Mornings**
(CC)
- 10:00am Muster Dogs**
(CC,AD,Repeat,PG)**Final**
- 11:00am Antiques Roadshow**
(CC,Repeat,G)
- 12:00pm ABC News At Noon**
(CC)
- 1:00pm Earth**
(CC,AD,Repeat,G)
- 2:00pm Parliament Question Time**
(CC)
- 3:00pm The Cook And The Chef**
(CC,Repeat,G)
- 3:25pm Tenable**
(CC,Repeat,G)
- 4:10pm Antiques Roadshow**
(CC,Repeat,G)
- 5:10pm Love Your Garden**
(CC,PG)
- 6:00pm Back Roads: Nullarbor, SA (Part 1) The Endless Horizon**
(CC,AD,Repeat,G)
Back Roads takes you to some of the widest open spaces on Earth. Join Heather Ewart on the first of a two part journey across the Nullarbor Plain, discovering why people are drawn to this remote landscape and why they stay.
- 6:25pm Hard Quiz**
(CC,Repeat,PG)
Tom Gleeson has hard questions on revolutionary Leon Trotsky, film franchise 'The Fast and the Furious', fun fruit, bananas, and that ball of burning gas, the sun.
- 7:00pm ABC News**
(CC)
- 7:30pm 7.30**
(CC)
Sarah Ferguson presents Australia's premier daily current affairs program, delivering agenda-setting public affairs journalism and interviews that hold the powerful to account. Plus political analysis from Laura Tingle.

- 8:00pm** **Grand Designs Transformations: St Kilda and Blackwall**
(CC,AD)
In two challenging transformations, a Melbourne couple turn a drab duplex into a spacious Miami-inspired home, while a NSW couple on a shoe-string budget create a tiny guest pavilion for visiting family and friends.
- 9:00pm** **Martin Clunes: Islands Of America**
(CC,PG)
Next stop on Martin's island journey is the colourful Caribbean island of Puerto Rico, America's third largest island, and the only one where Spanish is the main language.
- 9:50pm** **Fake Or Fortune?: Sisley**
(CC,Repeat,G)
Americans Kim and Chuck believe their landscape painting is by one of the founders of impressionism, Alfred Sisley. Can the team help them build a case and prove its authenticity?
- 10:50pm** **ABC Late News**
(CC)
Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Herlyn Kaur.
- 11:05pm** **The Business**
(CC,Repeat)
Australia's leading daily business and finance show, bringing you up to date on market moves, economic trends and the forces affecting consumers, employees and business owners big and small. Presented by Alicia Barry.
- 11:20pm** **This Is Going To Hurt**
(CC,Repeat,M,Adult Themes, Coarse Language)
Still reeling from his mistake, Adam becomes increasingly difficult to be around. While he clashes with a colleague over a patient, he tries to make amends at home.
- 12:10am** **Keeping Faith**
(CC,AD,Repeat,M,Adult Themes, Coarse Language)**Final**
Rose's revenge steps up a gear and sees Faith having to fight for all that's dear to her. Will she be able to save the day or does Rose have more guts than Faith gives her credit for?
(Final)
- 1:10am** **Love Your Garden**
(CC,Repeat,PG)
Alan Titchmarsh and his team travel around Britain carrying out surprise garden transformations for the richly deserving. This horticultural hit combines advice and inspirational hints and tips for all.

- 1:55am Tenable**
(CC,Repeat,G)
A team of five from Bristol led by team captain Adora tackle Top 10 list questions for the chance to win 125,000 pounds. Will they have what it takes to head home with the cash?
- 2:45am rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 4:30am Catalyst: Gut Revolution (Part 1) Melissa's Story**
(CC,Repeat,PG)
Is your mood influencing your gastrointestinal health or is it the other way around? Can a nutritional intervention provide help to sufferers of irritable bowel syndrome where modern medicine has little to offer?
- 5:30am 7.30**
(CC,Repeat)
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Friday, 16 February 2024

6:00am	News Breakfast (CC)
9:00am	ABC News Mornings (CC)
10:00am	Planet America (CC,Repeat)
10:30am	The Cook And The Chef (CC,Repeat,G)
11:00am	Fake Or Fortune? (CC,Repeat,G)
12:00pm	ABC News At Noon (CC)
1:00pm	Silent Witness (CC,AD,Repeat,M,Adult Themes)
2:00pm	Total Control (CC,AD,Repeat)
3:00pm	The Cook And The Chef (CC,Repeat,G)
3:25pm	Tenable (CC,Repeat,G)
4:15pm	Antiques Roadshow (CC,Repeat,G)
5:15pm	Love Your Garden (CC,G)
6:00pm	Back Roads: Nullarbor, SA (Part 2) Turning Back Time (CC,AD,Repeat,G) Heather Ewart resumes her Nullarbor Plain odyssey, this time from the South Australian border travelling west across Western Australia. It is a very special tale of time travel, outer space and underground secrets.
6:30pm	Hard Quiz (CC,Repeat,PG) What fascinating facts will emerge as Tom Gleeson dangles the Big Brass Mug in front of experts in rock icons Deep Purple, Britain's Isle of Wight, Spielberg's E.T. the Extra-Terrestrial and the Super Netball League?
7:00pm	ABC News (CC)
7:30pm	Gardening Australia (CC,AD) Inspiring, entertaining and full of practical advice, join Costa Georgiadis and the team as they unearth gardening ideas, meet avid gardeners and look at some of the most inspiring gardens from across the country.

- 8:30pm** **Midsomer Murders: The Devil's Work**
(CC,M,Adult Themes, Violence)
**Series* Ancient families like the Shirewells thrive on tradition, but when the eldest son throws a
*Return** bomb into five centuries of history, long-buried resentments resurface.
- 10:00pm** **Hard Quiz**
(CC,Repeat,PG)
Four contestants vie for the Hard Quiz Big Brass Mug! Which topic will triumph: Rod Stewart, The Sopranos, or Bunnings... or will cholera wipe them out? Play along at home!
- 10:30pm** **The Weekly With Charlie Pickering**
(CC,Repeat)
Returning for its 10th Season, The Weekly with Charlie Pickering is the one show on TV that knows the world is far too serious to be taken too seriously. You give us thirty minutes - We'll give you the week.
- 11:00pm** **ABC Late News**
(CC)
Follow the story with the latest on the day's events, explaining what's happening and why it matters. ABC News has reporters across Australia and around the globe uncovering what you need to know. Presented by Herlyn Kaur.
- 11:20pm** **Love Your Garden**
(CC,Repeat,G)
Alan Titchmarsh and his team travel around Britain carrying out surprise garden transformations for the richly deserving. This horticultural hit combines advice and inspirational hints and tips for all.
- 12:10am** **Tenable**
(CC,Repeat,G)
Five contestants calling themselves 'The Rowley Polys' led by team captain Craig answer questions about top 10 lists from the realms of pop culture and general knowledge.
- 12:55am** **Innocent**
(CC,AD,Repeat,M,Adult Themes, Coarse Language)
As Sally and Sam grow closer, the police investigation turns to Gary Walker, but what is his connection? Meanwhile, Bethany's link to Matthew comes to light as Karen admits a damning secret.
- 1:40am** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Your weekend begins with an all-night music video marathon. Rage brings you new music, emerging and independent Australian artists, plus classic hits, party favourites and songs you've never heard but will fall in love with.

5:00am

rage

(PG)

Keep the party vibe going as the sun comes up with continuous music videos, from new releases to classics and the songs we've long forgotten.

Saturday, 17 February 2024

- 6:00am** **rage**
(CC,PG)
Your weekend starts here as rage counts down the hottest music videos of the week, with the latest chart toppers and brand new hit predictions.
- 7:00am** **Weekend Breakfast**
(CC)
Start your weekend informed and up-to-date. Fauziah Ibrahim and Kathryn Robinson bring you the latest news, interviews, politics, culture, weather and global affairs. Plus sport with Jared Coote.
- 9:00am** **rage**
(CC,PG)
Keep the party vibe going every Saturday morning with wall-to-wall music videos, from classic hits and long-forgotten tracks from the rage vault, to the latest new releases and special features.
- 10:30am** **rage Guest Programmer**
(CC,PG)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. Guest Programmers curate a playlist of their all-time favourite clips.
- 12:00pm** **ABC News At Noon**
(CC)
Dan Bourchier presents the latest from ABC News, following today's top stories and coverage of events as they unfold. Plus original reporting, expert analysis and all the updated news, sport, weather and information you need.
- 12:30pm** **Keeping Faith**
(CC,AD,Repeat,M,Adult Themes, Coarse Language)**Final**
Rose's revenge steps up a gear and sees Faith having to fight for all that's dear to her. Will she be able to save the day or does Rose have more guts than Faith gives her credit for?
(Final)
- 1:30pm** **Darby And Joan**
(CC,AD,Repeat,PG)
Jack must face his past mistakes when he's asked to help a young woman, a professional athlete, navigate a sports doping scandal.
- 2:15pm** **Spicks And Specks**
(CC,Repeat,PG)
Join Adam Hills, Myf Warhurst and Alan Brough for your favourite music quiz show. There'll be new games, fantastic live music and, as always, you can play along with all your old favourites.

- 2:45pm** **McCartney 3, 2, 1: The Long and Winding Road**
(CC,Repeat,G)**Final**
Paul McCartney and Rick Rubin discuss McCartney's songwriting evolution, his creative partnership with John Lennon, and his development as a solo artist. (Final)
- 3:15pm** **Extraordinary Escapes: Sarah Millican**
(CC,AD,Repeat,PG)
Comedian and author, Sarah Millican, takes a break from her tour to join Sandi in Devon where Sandi hopes to teach her friend the art of rest and relaxation.
- 4:00pm** **Grand Designs Transformations: St Kilda and Blackwall**
(CC,AD,Repeat)
In two challenging transformations, a Melbourne couple turn a drab duplex into a spacious Miami-inspired home, while a NSW couple on a shoe-string budget create a tiny guest pavilion for visiting family and friends.
- 5:00pm** **Landline**
(CC,Repeat)
A tasty sample of stories from the land - covering food, agriculture, crops, climate, business and innovation. We meet fascinating people who make our rural and regional communities unique. Presented by Pip Courtney. (Return)
- 5:30pm** **Muster Dogs**
(CC,AD,Repeat,PG)**Final**
With the 12 month experiment now complete, the Australian Border Collie siblings reunite to face their final challenge. It's neck and neck but one dog shines brighter than the pack and is crowned Champion Muster Dog. (Final)
- 6:30pm** **Back Roads: Wheatbelt Animal Carers, WA**
(CC,Repeat)
Back Roads sets out to discover the wildlife carers of Western Australia's Northern Wheatbelt. Presenter Heather Ewart meets the fascinating people who have dedicated their lives to helping animals.
- 7:00pm** **ABC News**
(CC)
- 7:30pm** **Darby And Joan**
(CC,AD,PG)
Jack and Joan's search for a missing boy is complicated by the shock arrival of Joan's daughter Rebecca.
- 8:15pm** **Endeavour: Striker**
(CC,AD,Repeat,M,Adult Themes, Violence)
It's the start of 1971. Though wearied from the events of the past year, there's no chance of 'light duties' at the CID - crestfallen and rarely without a scotch in-hand, Endeavour finds himself right back in the thick of it.

- 9:45pm** **Total Control**
(CC,AD,Repeat)
Determined to reform youth justice, Alex pushes forward with her radical plan in the House of Representatives. Rachel seizes the opportunity for her own advantage.
- 10:45pm** **Midsomer Murders: The Devil's Work**
(CC,Repeat,M,Adult Themes, Violence)
Ancient families like the Shirewells thrive on tradition, but when the eldest son throws a bomb into five centuries of history, long-buried resentments resurface.
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(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
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