**Sunday, July 19, 2015**

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| 06:00 AM | **Home Shopping** | ++ |

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| 06:30 AM | **Amazing Facts: Deadly Distractions** Religious program.  | **PG** +AMFA-016+ |

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| 07:00 AM | **Tomorrow's World** Religious program.  | **PG** +TOMW02-017+ |

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| 07:30 AM | **Leading The Way: Rebuilding Our Broken Walls, Part 1** Religious program.  | **PG** +LWAY2-023+ |

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| 08:00 AM | **David Jeremiah: The Two Witnesses** Religious Program. | **PG** +DAJE-095+ |

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| 08:30 AM | **Home Shopping** | ++ |

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| 09:00 AM | **Home Shopping** | ++ |

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| 09:30 AM | **Home And Away Catch-Up (R)** Missed Home and Away this week? Catch up on 7TWO! | **PG (V,A)**+HAWC15-722+ |

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| 11:00 AM | **Animal Airport (R) ’CC’** A consignment of Cheetahs is detained on their way to a Russian zoo and bad memories are stirred for officers when two sea lions pass through the centre. They may have puppy dog eyes but they can give a nasty bite. | **PG** +ANDE-005+ |

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| 11:30 AM | **TBA:**  | ++ |

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| 04:30 PM | **Mighty Ships: Umiak 1 (R) ’CC’** Umiak I is the most powerful, highest- rated ice-breaking bulk carrier in the world. On this winter voyage, we capture every challenge aboard as the crew tackle the problems all on their own. | **G** +MTYS5-006+ |

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| 05:30 PM | **The Border: Cash And Corruption** A brand new season of the series expands to follow not only Customs and Border Protection as they patrol the US-Mexico border, but also local law enforcement charged with keeping things safe in the border towns of South Texas. | **PG** +TBOR7-005+ |

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| 06:30 PM | **Bargain Hunt: Derby 32 (R)** Teams head to Derby to search for antiques and collectables to sell at auction. Then, Tim Wonnacott heads to the Holburne Museum in Bath. | **G** +BHUN32-021+ |

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| 07:30 PM | **Escape To The Country: Powys (R)** Jules Hudson heads to Powys, Mid Wales, to help a self employed couple seek out a more relaxed lifestyle. | **G** +ETTC18-001+ |

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| 08:30 PM | **Escape To The Country: Hampshire NEW EPISODE**Jules Hudson puts the property wheels in motion in Hampshire as he helps a pottery-loving couple find a new country retreat. | **G** +ETTC20-032+ |

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| 09:30 PM | **Fantasy Homes by the Sea: WHITBY NEW EPISODE**Since retiring from the armed forces Steve has dreamt of running a B & B on the North Yorkshire Heritage coast. But is his budget of 350,000 pounds to find his fantasy home by the sea realistic? | **G** +FAHS6-001+ |

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| 10:30 PM | **Best Houses Australia NEW EPISODE**Gary explores a home that oozes character and period architecture, a barn styled home that fits perfectly with its surrounds in the Victorian high country and an apartment development for downsizers. | **G** +BHOZ04-016+ |

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| 11:00 PM | **Mighty Ships: Umiak 1 (R) ’CC’** Umiak I is the most powerful, highest- rated ice-breaking bulk carrier in the world. On this winter voyage, we capture every challenge aboard as the crew tackle the problems all on their own. | **G** +MTYS5-006+ |

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| 12:00 AM | **The Border: Cash And Corruption (R)** A brand new season of the series expands to follow not only Customs and Border Protection as they patrol the US-Mexico border, but also local law enforcement charged with keeping things safe in the border towns of South Texas. | **PG** +TBOR7-005+ |

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| 01:00 AM | **Dr Oz: 6 Days To Your Complete Body Reshape! (R) ’CC’** Get answers to your health questions from Dr Oz and other leading doctors, hospitals, associations and authors. | **PG (S)**+DROZ4-088+ |

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| 02:00 AM | **Bargain Hunt: Derby 32 (R)** Teams head to Derby to search for antiques and collectables to sell at auction. Then, Tim Wonnacott heads to the Holburne Museum in Bath. | **G** +BHUN32-021+ |

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| 03:00 AM | **Escape To The Country: Powys (R)** Jules Hudson heads to Powys, Mid Wales, to help a self employed couple seek out a more relaxed lifestyle. | **G** +ETTC18-001+ |

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| 04:00 AM | **Fantasy Homes by the Sea: WHITBY (R)** Since retiring from the armed forces Steve has dreamt of running a B & B on the North Yorkshire Heritage coast. But is his budget of 350,000 pounds to find his fantasy home by the sea realistic? | **G** +FAHS6-001+ |

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| 05:00 AM | **Best Houses Australia (R)** Gary explores a home that oozes character and period architecture, a barn styled home that fits perfectly with its surrounds in the Victorian high country and an apartment development for downsizers. | **G** +BHOZ04-016+ |

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| 05:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-027+ |

 **Monday, July 20, 2015**

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| 06:00 AM | **Home Shopping**  | ++ |

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| 06:30 AM | **Home Shopping** | ++ |

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| 07:00 AM | **Match It ’CC’ SERIES RETURN**Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI4-001+ |

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| 07:30 AM | **In Your Dreams ’CC’ SEASON FINAL**The fate of the castle hangs in the balance as Hermann closes in to take control! | **C** +INYD2-026+ |

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| 08:00 AM | **Pipsqueaks: Fantastic Vehicles / Human Made Shapes ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ2-058+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-026+ |

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| 09:00 AM | **Home And Away (R) ’CC’** Luke's match making plan is discovered. Shane finds it difficult coming to grips with fatherhood. | **PG** +HAW2-526+ |

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| 09:30 AM | **Shortland Street** A fast-paced medical drama that centres around the lives and loves of the staff and their patients. | **PG** +SST21-187+ |

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| 10:00 AM | **The Martha Stewart Show: New Chinese Cuisine (R)** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-021+ |

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| 11:00 AM | **Escape To The Country: Hampshire (R)** Jules Hudson puts the property wheels in motion in Hampshire as he helps a pottery-loving couple find a new country retreat. | **G** +ETTC20-032+ |

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| 12:00 PM | **Chicago Fire: Pilot / Mon Amour (CHIF-001 + CHIF-002) ’CC’** The members of Firehouse 51 struggle to cope when one of their own dies in a fire. Meanwhile, Casey goes through a separation with Hallie and Wallace Boden must make a crucial decision. | **M (V,A)**+CHIF-701+ |

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| 02:00 PM | **Revenge: Guilt (R) ’CC’** Victoria is overwhelmed with feelings of guilt over a lifetime of bad decisions. Lydia returns with a vendetta against Emily and the Graysons that will soon come back to haunt her. Starring:AMBER VALLETTA,ASHTON HOLMES,JAMES TUPPER,EMILY ALYN LIND,MAX MARTINI | **M (S)**+RVNG-005+ |

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| 03:00 PM | **Drug Bust (R) ’CC’** Drug Bust is a fast paced factual observational series that follows New Zealand's largest police district, Counties Manukau, as they battle against the war on drugs. | **PG (D)**+DRUB-001+ |

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| 03:30 PM | **The Martha Stewart Show: Seasonal Sweet Treats** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-128+ |

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| 04:30 PM | **60 Minute Makeover: York** The team have just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-039+ |

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| 05:30 PM | **Homes Under The Hammer (R)** Martin & Lucy visit a three bedroom house in Derby, a house in Kent and a property in Cumbria. | **G** +HUTH16-005+ |

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| 06:30 PM | **Bargain Hunt: Detling 13** Tim Wonnacott and the teams trot off to Detling fair in Kent where we have two horse-lovers going head to head against a team of in-laws. | **G** +BHUN36-028+ |

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| 07:30 PM | **Cities of the Underworld: Underground Apocalypse: Jerusalem (R)** While most of the world's population consider Jerusalem a holy land, for others it's ground zero for Armageddon. Host Don Wildman heads into the vast underground that ignited these visions. | **PG** +COTW2-001+ |

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| 08:30 PM | **A Touch Of Frost: House Calls (R) ’CC’** Detective Inspector Jack Frost is called in when a face from the past fits the frame for a series of unpleasant assaults on children in Denton. Starring:ARTHUR WHITE,BILL STEWART,BILL RIDDOCH,BRUCE ALEXANDER,CAROLINE ONEIL,CHARLES DEATH,GRANT MASTERS,GWYNETH POWELL,IAN PECK,DAVID MCKAIL,EMER GILLESPIE,DERMOT KEANEY,DAVID GOODERSON,JOHN LYONS,POLLY KEMP,PETER GEDDIS,PETER GUNN,PETER WADDINGTON,MELANIE JESSOP,MILES HOYLE,NIGEL HARRISON,PAUL MORIARTY,NORMAN TYRRELL,VIRGINIA FIOL,TOM RADCLIFFE,SHELAGH FRASER,SHELLEY WILLETTS,SUSANNAH DOYLE | **M (V,A)**+TOF5-002+ |

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| 10:45 PM | **Air Crash Investigations: Caution To The Wind (R) ’CC’** While taking off in a storm, Singapore Airlines Flight 006 crashes at Taipei's Airport. Investigators wonder if fierce winds blew the aircraft off course, but their findings lead to a much darker conclusion. | **PG** +MDAY12-003+ |

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| 12:00 AM | **Bargain Hunt: Detling 13 (R)** Tim Wonnacott and the teams trot off to Detling fair in Kent where we have two horse-lovers going head to head against a team of in-laws. | **G** +BHUN36-028+ |

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| 01:00 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-026+ |

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| 01:30 AM | **Dr Oz: 7 Belly Blasters That Work! (R) ’CC’** Get answers to your health questions from Dr Oz and other leading doctors, hospitals, associations and authors. | **PG** +DROZ4-136+ |

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| 02:30 AM | **Dr Oz: 7 Years Younger! The Revolutionary Anti-Aging Plan! (R) ’CC’** Get answers to your health questions from Dr Oz and other leading doctors, hospitals, associations and authors. | **PG** +DROZ4-082+ |

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| 03:30 AM | **The Martha Stewart Show: New Chinese Cuisine (R)** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-021+ |

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| 04:30 AM | **The Martha Stewart Show: Seasonal Sweet Treats (R)** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-128+ |

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| 05:30 AM | **Shortland Street (R)** A fast-paced medical drama that centres around the lives and loves of the staff and their patients. | **PG** +SST21-187+ |

 **Tuesday, July 21, 2015**

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| 06:00 AM | **Home Shopping**  | ++ |

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| 06:30 AM | **Home Shopping** | ++ |

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| 07:00 AM | **Match It ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI4-002+ |

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| 07:30 AM | **Ghosts Of Time: Pirates Ahoy (R) ’CC’** Four teenagers and an eccentric old ghost go on a series of time-travelling adventures in a shape-shifting house. | **C** +GHOT-001+ |

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| 08:00 AM | **Pipsqueaks: Human Safety / Holidays ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ2-059+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-027+ |

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| 09:00 AM | **Home And Away (R) ’CC’** Jack's more of a handful than Pippa and Michael first thought. Shane's cruel joke at Fisher's expense backfires. | **PG** +HAW2-527+ |

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| 09:30 AM | **Shortland Street** A fast-paced medical drama that centres around the lives and loves of the staff and their patients. | **PG** +SST21-188+ |

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| 10:00 AM | **The Martha Stewart Show: The Entertaining Show (R)** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-022+ |

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| 11:00 AM | **Homes Under The Hammer (R)** Martin & Lucy visit a three bedroom house in Derby, a house in Kent and a property in Cumbria. | **G** +HUTH16-005+ |

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| 12:00 PM | **Chicago Fire: Professional Courtesy / One Minute (CHIF-003 + CHIF-004) ’CC’** Casey must decide whether to report the son of a cop over a drunken car accident, Severide learns his injury may never heal and Mills is torn between his family and his job. | **M (V,A,S)**+CHIF-702+ |

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| 02:00 PM | **Royal Pains: Can Of Worms (R) ’CC’** Boris and Hank formulate a plan that will lure Milos to the USA, while HankMed gathers at a political rally for Evan. Meanwhile, Divya helps her neighbour's sick son. | **M** +RLP5-006+ |

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| 03:00 PM | **Drug Bust (R) ’CC’** The Otahuhu Tactical Crime Unit raids a notorious re-offending dealer whose unsuspecting friend crashes the warrant. A young pot smoker refuses to come clean after his concerned parents call the police. | **PG (D)**+DRUB-002+ |

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| 03:30 PM | **The Martha Stewart Show: James Beard Award-Winning Chefs** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-129+ |

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| 04:30 PM | **60 Minute Makeover: New Eltham** The team have just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-040+ |

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| 05:30 PM | **Homes Under The Hammer (R)** Martin & Lucy visit a property in Cornwall, a terraced house in Kent and an ex-holiday home in County Durham. | **G** +HUTH16-006+ |

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| 06:30 PM | **Bargain Hunt: Lincoln 23** Tim Wonnacott and the teams head for the cathedral city of Lincoln. Anita Manning takes charge of the reds while Charlie Ross heads up the blue team. | **G** +BHUN36-029+ |

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| 07:30 PM | **The Vicar Of Dibley: Summer (R) ’CC’** Water restrictions mean that Alice cannot wash her clothes and is forced to wear her Wonder Woman outfit. Starring:LIZ SMITH,JOHN BLUTHAL,ROGER LLOYD-PACK | **PG (S,L)**+TVOD3-004+ |

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| 08:30 PM | **Foyle's War: The White Feather (R) ’CC’** Foyle's investigation into a young girl's act of sabotage near a military camp and a murder nearby forces Detective Milner to confront his prejudices and his allegiance to Foyle. Starring:AMANDA WALKER,ANDRES WILLIAMS,ANTHONY HOWELL,BERNARD KAY,CHARLES DANCE,COLIN TIERNEY,HONEYSUCKLE WEEKS,MAGGIE STEED,MALI HARRIES,LISA ELLIS,ROBERT WOOLTON,RICHARD SYMS,REBECCA CHARLES,REBEKAH MANNING,PATRICK GODFREY,PAUL BROOKE,MICHAEL KITCHEN,MICHAEL SIMKINS,TOBIAS MENZIES | **M (A)**+FOYL-002+ |

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| 10:30 PM | **Wire In The Blood: The Mermaids Singing (R) ’CC’** Until now, the only serial killers Dr Tony Hill had encountered were safely behind bars. This time, two men have been found mutilated and tortured and the killer is on the loose. Starring:BEN PRICE,JAMES HORNE,DOREENE BLACKSTOCK,ELAINE CLAXTON,MARK PENFOLD,KAY WRAGG,PHILIP WHITCHURCH,RICHARD FRAME,NICKY GOLDIE,STEPHEN BENT | **AV (A,L,S,V)**+WIRE-001+ |

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| 12:30 AM | **Bargain Hunt: Lincoln 23 (R)** Tim Wonnacott and the teams head for the cathedral city of Lincoln. Anita Manning takes charge of the reds while Charlie Ross heads up the blue team. | **G** +BHUN36-029+ |

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| 01:30 AM | **Dr Oz: All-Natural Appetite Suppressants To Stop Your Hunger! (R) ’CC’** Get answers to your health questions from Dr Oz and other leading doctors, hospitals, associations and authors. | **M (A,S)**+DROZ4-097+ |

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| 02:30 AM | **Dr Oz: America's Wackiest Health Trends Put To The Test! ’CC’** Get answers to your health questions from Dr Oz and other leading doctors, hospitals, associations and authors. | **PG** +DROZ4-151+ |

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| 03:30 AM | **The Martha Stewart Show: The Entertaining Show (R)** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-022+ |

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| 04:30 AM | **The Martha Stewart Show: James Beard Award-Winning Chefs (R)** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-129+ |

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| 05:30 AM | **Shortland Street (R)** A fast-paced medical drama that centres around the lives and loves of the staff and their patients. | **PG** +SST21-188+ |

 **Wednesday, July 22, 2015**

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| 06:00 AM | **Home Shopping**  | ++ |

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| 06:30 AM | **Home Shopping** | ++ |

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| 07:00 AM | **Match It ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI4-003+ |

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| 07:30 AM | **Ghosts Of Time: As Luck Would Have It (R) ’CC’** Four teenagers and an eccentric old ghost go on a series of time-travelling adventures in a shape-shifting house. | **C** +GHOT-002+ |

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| 08:00 AM | **Pipsqueaks: Computers / Clothing Tops ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ2-060+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-028+ |

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| 09:00 AM | **Home And Away (R) ’CC’** Jack's games with Shane are more dangerous than he first thought. Fin's resolve to keep her distance from Haydn begins to crumble. | **PG** +HAW2-528+ |

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| 09:30 AM | **Shortland Street** A fast-paced medical drama that centres around the lives and loves of the staff and their patients. | **PG** +SST21-189+ |

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| 10:00 AM | **The Martha Stewart Show: Halloween Party Ideas With Isaac Mizrahi (R)** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-023+ |

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| 11:00 AM | **Homes Under The Hammer (R)** Martin & Lucy visit a property in Cornwall, a terraced house in Kent and an ex-holiday home in County Durham. | **G** +HUTH16-006+ |

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| 12:00 PM | **Chicago Fire: Hanging On / Rear View Mirror (CHIF-005 + CHIF-006) ’CC’** Casey confronts Dt.Voight, vowing never to back down but pays the price for his decision. Severides recently mended arm begins to fail during a rescue at a construction site. | **M (V,A,S)**+CHIF-703+ |

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| 02:00 PM | **Private Practice: God Laughs (R) ’CC’** The Doctors band together to save Pete's life after he suffers a heart attack, and Addison's mystery man reappears in a most surprising way. Benjamin Bratt joins the cast. Starring:BETSY BRANDT,MICHAEL B. SILVER | **M** +PRPR5-001+ |

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| 03:00 PM | **Drug Bust (R) ’CC’** It's drugs verses guns on the streets of South Auckland after front line police receive a call out about a possible armed offender. | **PG** +DRUB-003+ |

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| 03:30 PM | **The Martha Stewart Show: Authentic Spanish Cooking** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-130+ |

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| 04:30 PM | **60 Minute Makeover: East Croydon** The team have just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-041+ |

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| 05:30 PM | **Homes Under The Hammer** Martin & Lucy visit a house in Cumbria, a property in Cardiff and a property in Devon. | **G** +HUTH16-007+ |

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| 06:30 PM | **Bargain Hunt: Wetherby 18** A team of shepherds take on a team of dog trainers in a quest for bargains at Wetherby Racecourse in West Yorkshire. | **G** +BHUN36-030+ |

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| 07:30 PM | **Rosemary & Thyme: Arabicas & The Early Spider (R)** When Rosemary and Laura set out to create a wild garden at a pop star's Gothic pile, they discover bones belonging to a racehorse. Starring:ABIGAIL CRUTTENDEN,JOE TUCKER,TILLY BLACKWOOD | **PG** +RAT-002+ |

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| 08:30 PM | **Absolute Conviction: Absolute Conviction (R) ’CC’ (1993)** Inspector Morse goes behind bars to investigate the death of an entrepreneur who was imprisoned for stealing from his investors. Starring:DIANA QUICK | **M** +INM2-004+ |

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| 11:00 PM | **Suspects** After a teenaged girl is found naked and severely wounded, Charlie tries to identify the victim and connect her to the case of a recent girl gone missing. | **M (V,L)**+SUPT3-004+ |

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| 12:00 AM | **Bargain Hunt: Wetherby 18 (R)** A team of shepherds take on a team of dog trainers in a quest for bargains at Wetherby Racecourse in West Yorkshire. | **G** +BHUN36-030+ |

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| 01:00 AM | **Dr Oz: Angelina Jolie's Double Mastectomy: The Life-Changing ’CC’** Get answers to your health questions from Dr Oz and other leading doctors, hospitals, associations and authors. | **M (A)**+DROZ4-135+ |

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| 02:00 AM | **Home Shopping**  | ++ |

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| 02:30 AM | **Home Shopping** | ++ |

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| 03:00 AM | **Sons And Daughters (R) ’CC’** Wayne's need for alcohol is having some disturbing consequences. Alison takes matters into her own hands. | **PG** +SAD-648+ |

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| 03:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-122+ |

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| 04:00 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-028+ |

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| 04:30 AM | **The Martha Stewart Show: Authentic Spanish Cooking (R)** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-130+ |

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| 05:30 AM | **Shortland Street (R)** A fast-paced medical drama that centres around the lives and loves of the staff and their patients. | **PG** +SST21-189+ |

 **Thursday, July 23, 2015**

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| 06:00 AM | **Home Shopping**  | ++ |

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| 06:30 AM | **Home Shopping** | ++ |

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| 07:00 AM | **Match It ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI4-004+ |

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| 07:30 AM | **Ghosts Of Time: Work Like An Egyptian (R) ’CC’** The kids and Theo find themselves in Ancient Egypt where they try to return a pen, which they discover belongs to a girl, Amunet, who wants to become a scribe. | **C** +GHOT-003+ |

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| 08:00 AM | **Pipsqueaks: What Is Beautiful / Rocks ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ2-061+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-029+ |

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| 09:00 AM | **Home And Away (R) ’CC’** Sarah saves Angel from being caught by the police. Tug's attempt to prove his new found maturing to Alf comes seriously unstuck. | **PG** +HAW2-529+ |

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| 09:30 AM | **Shortland Street** A fast-paced medical drama that centres around the lives and loves of the staff and their patients. | **PG** +SST21-190+ |

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| 10:00 AM | **The Martha Stewart Show: Entertaining For Breakfast (R)** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-024+ |

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| 11:00 AM | **Homes Under The Hammer (R)** Martin & Lucy visit a house in Cumbria, a property in Cardiff and a property in Devon. | **G** +HUTH16-007+ |

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| 12:00 PM | **Chicago Fire: Two Families / Leaving The Station (CHIF-007 + CHIF-008) ’CC’** As the squad is ordered to take a drug test after being exposed to a meth lab, Severide stalls, not wanting his injury to be discovered. Then, the Squad are try to help the victom of a gang shooting. | **M (V,A,S)**+CHIF-704+ |

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| 02:00 PM | **Private Practice: Breaking The Rules (R) ’CC’** When the Oceanside Doctors interview candidates for Naomi's position, Addison's team can't understand the hesitation to hire Jake Reilly. Starring:GREG GILBERT,ROBERT WESTON | **M** +PRPR5-002+ |

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| 03:00 PM | **Drug Bust (R) ’CC’** Go over the picket fence and through the front door on major drug busts in New Zealand. | **PG** +DRUB-010+ |

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| 03:30 PM | **The Martha Stewart Show: The Earth Day Show** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-131+ |

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| 04:30 PM | **60 Minute Makeover: South Mimms** The team have just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-042+ |

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| 05:30 PM | **Homes Under The Hammer (R)** Martin & Lucy visit a three bed cottage in Yorkshire, a three storey terrace in Mid Glamorgan and a maisonette in Devon. | **G** +HUTH16-008+ |

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| 06:30 PM | **Bargain Hunt: Detling 14** Teams are let loose in Detling with 300 pounds and a mission: to grab three bargains in an hour to take to auction. Tim Wonnacott takes a trip to Canterbury to discuss the art of Thomas Sidney Cooper. | **G** +BHUN36-031+ |

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| 07:30 PM | **Doc Martin: Haemophobia (R) ’CC’** An influx of tourists to Portwenn annoys Martin, and his efforts to point out the dangers of sunbathing prove unpopular. Starring:FELICITY MONTAGU,KURTIS OBRIEN,JEFF RAWLE,JOE ABSOLOM,SIMON GREENALL | **PG** +DOCM-006+ |

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| 08:30 PM | **Lewis: Down Among The Fearful (R) ’CC’** Lewis investigates when a psychology researcher is found dead in the offices of a psychic. But the case takes an unexpected twist when they learn he was moonlighting as a clairvoyant. Starring:ADAM WADSWORTH,BEATIE EDNEY,CAROL HARVEY,CATHERINE STEADMAN,CLARE HOLMAN,DOMINIC MAFHAM,EDWIN THOMAS,MARTY CRUIKSHANK,NEIL STUKE,TUPPENCE MIDDLETON,SUZETTE LLEWELLYN,TALLULAH FOX | **M (A)**+LEWS7-001+ |

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| 10:30 PM | **Mr Selfridge (R) ’CC’** Both Lois and Henri spot the threat of an ascendant Ellen Love and when Lasy Mae reveals to Rose the truth about Ellen and Harry's partnership - it spurs her to do something for herself. | **M** +MRSE-003+ |

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| 11:30 PM | **Bargain Hunt: Detling 14 (R)** Teams are let loose in Detling with 300 pounds and a mission: to grab three bargains in an hour to take to auction. Tim Wonnacott takes a trip to Canterbury to discuss the art of Thomas Sidney Cooper. | **G** +BHUN36-031+ |

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| 12:30 AM | **Dr Oz: Breaking Health News: Is Sunscreen Dangerous? ’CC’** Get answers to your health questions from Dr Oz and other leading doctors, hospitals, associations and authors. | **PG (A)**+DROZ4-144+ |

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| 01:30 AM | **Dr Oz: Are We Headed For An Antibiotic Apocalypse? (R) ’CC’** Get answers to your health questions from Dr Oz and other leading doctors, hospitals, associations and authors. | **PG** +DROZ4-116+ |

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| 02:30 AM | **Animal Airport (R) ’CC’** Four cheetahs are detained on their way from South Africa to Russia and an illegal bulldog is brought into the UK without the correct vaccinations. | **PG** +ANDE-002+ |

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| 03:00 AM | **The Martha Stewart Show: Entertaining For Breakfast (R)** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-024+ |

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| 04:00 AM | **The Martha Stewart Show: The Earth Day Show (R)** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-131+ |

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| 05:00 AM | **Shortland Street (R)** A fast-paced medical drama that centres around the lives and loves of the staff and their patients. | **PG** +SST21-190+ |

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| 05:30 AM | **Home Shopping**  | ++ |

 **Friday, July 24, 2015**

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| 06:00 AM | **Home Shopping**  | ++ |

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| 06:30 AM | **Home Shopping** | ++ |

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| 07:00 AM | **Match It ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI4-005+ |

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| 07:30 AM | **Ghosts Of Time: Ghost Writer (R) ’CC’** Four teenagers and an eccentric old ghost go on a series of time-travelling adventures in a shape-shifting house. | **C** +GHOT-004+ |

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| 08:00 AM | **Pipsqueaks: Eyes Are Amazing / Slow ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ2-062+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-030+ |

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| 09:00 AM | **Home And Away (R) ’CC’** Luke discovers the reason why Tug found it difficult to cope at school. Haydn and Fin rekindle their passion. | **PG** +HAW2-530+ |

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| 09:30 AM | **Shortland Street** A fast-paced medical drama that centres around the lives and loves of the staff and their patients. | **PG** +SST21-191+ |

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| 10:00 AM | **The Martha Stewart Show: Cocktail Hour With Chef Daniel Boulud (R)** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-025+ |

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| 11:00 AM | **Homes Under The Hammer (R)** Martin & Lucy visit a three bed cottage in Yorkshire, a three storey terrace in Mid Glamorgan and a maisonette in Devon. | **G** +HUTH16-008+ |

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| 12:00 PM | **Chicago Fire: It Ain't Easy / Merry Christmas, Etc. (CHIF-009 + CHIF-010) ’CC’** After Jose, is injured in a terrible fire, he is forced to leave. Then, after putting out a fire im an upscale townhouse, some of the firefighters are accused of stealing a diamond necklace. | **M (V,A,S)**+CHIF-705+ |

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| 02:00 PM | **Dr Oz: 5 Energy Boosters That Work For Every Type Of Energy Slump! (R) ’CC’** Get answers to your health questions from Dr Oz and other leading doctors, hospitals, associations and authors. | **PG** +DROZ4-085+ |

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| 03:00 PM | **Drug Bust (R) ’CC’** The Waitemata Serious Crime Enforcement team mounts a search and destroy mission of illegal cannabis crops north of Auckland. The Manuerewa Tactical Crime Unit find a large marijuana-growing operation. | **PG** +DRUB-004+ |

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| 03:30 PM | **The Martha Stewart Show: Flavorful Recipes With Chef April Bloomfield** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-132+ |

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| 04:30 PM | **60 Minute Makeover: Bexley** The team have just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-043+ |

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| 05:30 PM | **Homes Under The Hammer (R)** Martin & Lucy visit a property in Lancashire, a bungalow in Kent and a first floor London flat. | **G** +HUTH16-009+ |

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| 06:30 PM | **Bargain Hunt: Sawbridgeworth 1** Teams search for bargains in the antiques centres of Sawbridgeworth in Hertfordshire. Meanwhile, Tim Wonnacott uncovers a Victorian pencil case. | **G** +BHUN37-001+ |

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| 07:30 PM | **Better Homes and Gardens (R) ’CC’** This week, Joh and Pete Colquhoun visit an amazingly designed beach house in Avoca, NSW. Tara and Adam make the perfect floor to ceiling creative space. Fast Ed makes a breakfast casserole.  | **G** +BHAG21-025+ |

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| 08:30 PM | **Escape To The Country: Monmouthshire** Nicki Chapman travels to Monmouthshire to help a couple return to their Welsh roots. Then, Nicki heads to Chepstow Castle and meets some of the committed members of its restoration team. | **G** +ETTC20-033+ |

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| 09:30 PM | **Escape To The Country: Herefordshire (R)** Nicki Chapman is in Herefordshire property shopping with a couple who dream of owning a period black and white cottage with bags of curb appeal. | **G** +ETTC18-002+ |

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| 10:30 PM | **Homes Under The Hammer (R)** Martin & Lucy visit a property in Lancashire, a bungalow in Kent and a first floor London flat. | **G** +HUTH16-009+ |

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| 11:30 PM | **Best Houses Australia (R)** Gary explores a home that oozes character and period architecture, a barn styled home that fits perfectly with its surrounds in the Victorian high country and an apartment development for downsizers. | **G** +BHOZ04-016+ |

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| 12:00 AM | **Bargain Hunt: Sawbridgeworth 1 (R)** Teams search for bargains in the antiques centres of Sawbridgeworth in Hertfordshire. Meanwhile, Tim Wonnacott uncovers a Victorian pencil case. | **G** +BHUN37-001+ |

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| 01:00 AM | **Dr Oz: Are You Addicted To Wheat? (R) ’CC’** Get answers to your health questions from Dr Oz and other leading doctors, hospitals, associations and authors. | **PG** +DROZ4-060+ |

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| 02:00 AM | **Escape To The Country: Herefordshire (R)** Nicki Chapman is in Herefordshire property shopping with a couple who dream of owning a period black and white cottage with bags of curb appeal. | **G** +ETTC18-002+ |

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| 03:00 AM | **The Martha Stewart Show: Cocktail Hour With Chef Daniel Boulud (R)** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-025+ |

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| 04:00 AM | **The Martha Stewart Show: Flavorful Recipes With Chef April Bloomfield (R)** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-132+ |

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| 05:00 AM | **Shortland Street (R)** A fast-paced medical drama that centres around the lives and loves of the staff and their patients. | **PG** +SST21-191+ |

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| 05:30 AM | **Home Shopping**  | ++ |

 **Saturday, July 25, 2015**

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| 06:00 AM | **Home Shopping**  | ++ |

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| 06:30 AM | **Home Shopping** | ++ |

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| 07:00 AM | **Saturday Disney ’CC’** Great fun and entertainment including your favourite Disney shows.  | **G** +7SDC15-730+ |

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| 09:00 AM | **Jessie: Evil Times Two (R) ’CC’** Nanny Agatha's twin sister, Angela, is in town and Jessie suspects she is trying to steal her job and also catch Tony's eye. Meanwhile, Emma is bummed about a giant zit she has on her nose. | **G** +JESI-019+ |

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| 09:30 AM | **Shake It Up: Fire It Up (R) ’CC’** Best friends CeCe Jones and Raquel 'Rocky' Blue's dreams of becoming professional dancers are realised they become background dancers on the most popular teen dance show, "Shake it Up, Chicago!".  | **G** +SIUP3-001+ |

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| 10:00 AM | **Home Shopping**  | ++ |

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| 10:30 AM | **Home Shopping** | ++ |

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| 11:00 AM | **SA Life Favourites ’CC’** Kelly takes a look around The West Terrace Cemetry, one of Australia's oldest where you can join a night tour and hear stories of murder, mystery and mayhem. Briony visits a new place in the Flinders. | **G** +SALFA-013+ |

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| 11:30 AM | **Great South East ’CC’** Explore leisure and recreation in South East Queensland.  | **G** +GSE-981+ |

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| 12:00 PM | **Creek To Coast ’CC’** Queensland's ultimate outdoor adventure show, featuring the very latest in camping, cruising, fishing and four-wheel-driving. Hosted by Paul Burt  | **G** +7CTC-675+ |

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| 12:30 PM | **Sydney Weekender (R) ’CC’** Mike visits Hill End. Feliciy catches up with 7 news anchor Mark Ferguson, and finds out what he gets up to on the weekend. Karen finds two of Sydney’s best cafes hidden away in Petersham. | **G** +7SW22-023+ |

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| 01:00 PM | **Queensland Weekender ’CC’** Dean Miller and his team cover the length and breadth of Queensland with great suggestions for weekends, short breaks and holidays.  | **G** +7QW-590+ |

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| 01:30 PM | **WA Weekender ’CC’** WA Weekender showcases the best of WA and is packed full of ideas to fit every weekend. Be inspired by fascinating stories with everything from helpful hints to finding out where to go for family fun! | **PG** +WAWE2-024+ |

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| 02:00 PM | **Melbourne Weekender ’CC’** Join Cameron Ling and the team as they show you the latest dining experiences, events and family fun the city has to offer. Plus, see the great weekend escapes you can enjoy across Victoria.  | **G** +MELW15-004+ |

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| 02:30 PM | **Intolerant Cooks** Join witty food intolerants Tracy Bartram and Richard Barassi as they create delicious recipes using fresh regional produce for those with food sensitivities. | **G** +INTC01-004+ |

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| 03:00 PM | **Dog Squad (R) ’CC’** A detection dog nabs a prison visitor with suspect goods and a beagle finds illegal goods in a tourist's luggage. | **PG (D)**+STFC-001+ |

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| 03:30 PM | **Neighbours at War: Gum Tree (R)** A Papakura family threatened with eviction turn on the neighbour who wants them out and trendy apartment residents are furious at an elderly man living rough in his cars outside their flats. | **PG (A)**+NATW-009+ |

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| 04:00 PM | **Animal Airport (R) ’CC’** A consignment of Cheetahs is detained on their way to a Russian zoo and bad memories are stirred for officers when two sea lions pass through the centre. They may have puppy dog eyes but they can give a nasty bite. | **PG** +ANDE-005+ |

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| 04:30 PM | **Dog Patrol: Dog Patrol S4: Ep 4 (R) ’CC’** A Police dog battles the sulphur and steam in Rotorua while tracking a runaway driver, a breakfast confession from a prison visitor and a large scale Hawkes Bay Timber Mill call in the drug dogs. | **PG** +STFC4-004+ |

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| 05:00 PM | **Homes Under The Hammer (R)** Martin & Lucy visit a property in Bootle, Liverpool, a mid-terrace in Twickenham, London and a house in Sunderland. | **G** +HUTH16-010+ |

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| 06:00 PM | **Motorway Patrol (R) ’CC’** Officers encounter double trouble with two reckless drunks out of control, there's holiday chaos as a helicopter plunges from the sky and a comic speedster gets a surprise. | +MOTP4-001+ |

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| 06:30 PM | **Castle: Murder Most Fowl (R) ’CC’** When Castle and Beckett discover the violent abduction of a young boy, they must unravel the culprit's motives to save innocent lives. Starring:CARMEN ARGENZIANO,EVER CARRADINE,KEN BAUMANN,JOHN PYPER FERGUSON,RICK HEARST | +CSTL3-008+ |

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| 07:30 PM | **Castle: Close Encounters Of The Murderous Kind (R) ’CC’** When a prominent astrophysicist is found dead in her car, the victim of explosive decompression, Castle is led to theorise that her death was the result of an alien abduction. Starring:JEANETTE BROX,LANCE HENRICKSON,KARL T. WRIGHT | +CSTL3-009+ |

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| 08:30 PM | **Bridget Jones: The Edge Of Reason: Bridget Jones: The Edge Of Reason (R) ’CC’ (2004)** Not that Bridget's counting, but it's been 6 weeks, 4 days, and 7 hours with flawless boyfriend, Mark Darcy. But when Daniel Cleaver returns can Bridget find a way to make true love last forever? Starring:ALEX JENNINGS,COLIN FIRTH,JACINDA BARRETT,JAMES CALLIS,GEMMA JONES,HUGH GRANT,DAVID VERREY,DONALD DOUGLAS,MARK TANDY,LUCY ROBINSON,JIM BROADBENT,RENEE ZELLWEGER,SALLY PHILLIPS,SHIRLEY HENDERSON | **M (D,L,S)**+NBCR4-006+ |

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| 10:50 PM | **Body Of Proof: Hunting Party (R) ’CC’** When a wealthy tycoon's much younger new wife, Julie, is shot at a family deer-hunting outing, a number of suspects from the family arise. Meanwhile, Megan and Kate's relationship grows chillier. | **M** +BDYP2-002+ |

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| 12:00 AM | **Homes Under The Hammer (R)** Martin & Lucy visit a property in Bootle, Liverpool, a mid-terrace in Twickenham, London and a house in Sunderland. | **G** +HUTH16-010+ |

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| 01:00 AM | **Dr Oz: Are Your Silver Fillings Making You Sick? (R) ’CC’** Get answers to your health questions from Dr Oz and other leading doctors, hospitals, associations and authors. | **PG** +DROZ4-123+ |

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| 02:00 AM | **Guardians Of The Wild: Guardians Of The Wild (R) (1993)** Greg Grainger meets people from around the world who have a special rapport with endangered species of wildlife and offer real hope for the long-term survival of wildlife. Starring:GREG GRAINGER | **G** +AMS-659+ |

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| 03:00 AM | **The Martha Stewart Show: Martha's American Food** Join Martha Stewart for an hour of cooking tips, celebrity interviews, and inspiring and affordable homemade ideas for good living. | **G** +MSDS7-133+ |

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| 04:00 AM | **Inside Ireland: Inside Ireland (R) ’CC’ (2001)** AFL legend, Robert Dipierdomenico follows the All Australian AFL side as they tackle the Gaelic footballers on their own turf. Starring:ANDREW MCLEOD,JAMES HIRD,JIM STYNES,ROBERT DIPIERDOMENICO,TRENT CROAD,SHANE WOEWODIN | **G** +AMS2-064+ |

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| 05:00 AM | **Dr Oz: Counterfeit Foods: Buyer Beware! (R) ’CC’** Get answers to your health questions from Dr Oz and other leading doctors, hospitals, associations and authors. | **PG** +DROZ4-103+ |