

GOLD COAST 2018 COMMONWEALTH GAMES: CHANNEL SEVEN VIEWING GUIDE




CHEAT SHEET	
OFFICIAL TITLE	Gold Coast 2018 Commonwealth Games/ The XXI Commonwealth Games
DATES	4 th April – 15 th April, 2018 11 days of competition
LOCATION	Gold Coast, Australia
TIME ZONE	Australian Eastern Standard Time 1 st Olympic or Commonwealth Games in Australia since Melbourne 2006 Commonwealth Games and Sydney 2000 Olympic Games
BROADCAST	Approx. 327 hours of live & exclusive broadcast television coverage Daily coverage from 0900 AEST to midnight AEST (coverage begins earlier for key events) Two Channels will showcase the best of the Commonwealth Games- primarily Channel 7 and 7TWO
ONLINE	The FREE 7CommGames app is your ticket to the action at the Gold Coast 2018 Commonwealth Games. See it all live, on the go, at work, or cast to the big screen in the lounge room.
LIVE SCHEDULE	Visit Event HQ at 7CommGames.com.au or get the 7CommGames app
SOCIAL MEDIA	#7CommGames @7CommGames

PREDICTED HIGHLIGHTS (AEST)		
Wednesday 4 th April	2000-2230	Opening Ceremony
Thursday 5 th April	0930-1510	Women's and Men's Triathlon
Thursday 5 th April	1900-2135	Track Cycling - Men's and Women's Team Pursuit
Thursday 5 th April	1930-2220	Women's 4x100m Freestyle Relay; Men's 400m Freestyle (Mack Horton)
Thursday 5 th April	2030-2200	Netball - AUS vs Northern Ireland
Friday 6 th April	0900-1345 1600-2100	Women's Artistic Gymnastics - Team Final & Individual Qualification
Friday 6 th April	1500-1600	Women's Beach Volleyball - AUS vs Cyprus
Friday 6 th April	1730-1930	Men's Basketball - AUS vs Canada
Saturday 7 th April	0900-1155 1630-1930	Men's Artistic Gymnastics – Individual All Around Women's Artistic Gymnastics – Individual All Around
Saturday 7 th April	1930-2220	Women's 50m Freestyle (Campbells)
Saturday 7 th April	2100-2300	Men's Basketball – AUS vs NZ
Sunday 8 th April	1400-1800	Preliminaries and Finals- including 100m semi finals and Men's 5000m final
Sunday 8 th April	1930-2230	Men's 100m Freestyle Final (Kyle Chalmers, Cam McEvoy, Jack Cartwright)
Sunday 8 th April	2030-2200	Netball- AUS vs South Africa
Monday 9 th April	1900-2230	Athletics- Men's and Women's 100m Finals
Monday 9 th April	1930-2230	Women's 100m Freestyle Final (Campbells)
Monday 9 th April	2100-2300	Men's Basketball- AUS vs Nigeria
Tuesday 10 th April	1000-1320	Men's Road Cycling Time Trial



	1445-1615	Women's Road Cycling Time Trial
Tuesday 10th April	1900-2230	Athletics- Men's T54 1500m (Kurt Fearnley)
Tuesday 10th April	1930-2230	Swimming- Men's 1500m Freestyle (Mack Horton, Jack McLoughlin)
Wednesday 11th April	1630-1800	Men's Hockey- AUS vs New Zealand
Wednesday 11th April	1700-2030	Rhythmic Gymnastics- Team Final
Wednesday 11th April	1900-2220	Athletics- Women's T35 100m (Isis Holt)
Thursday 12th April	1000-1345	Women's 100m Hurdles Preliminaries (Sally Pearson)
Thursday 12th April	1530-1800	Men's Beach Volleyball Final
Thursday 12th April	1930-2200	Women's Beach Volleyball Final
Friday 13th April	1000-1300	Men's 10m Synchro final
Friday 13th April	1730-1800	Women's Rugby Sevens- AUS vs Wales
Friday 13th April	1900-2215	Women's 100m Hurdles Final (Sally Pearson)
Friday 13th April	2015-2045	Women's Rugby Sevens- AUS vs England
Saturday 14th April	1245-1430	Women's Hockey Final
Saturday 14th April	2030-2305	Women's Basketball Final
Saturday 14th April	2115-2320	Men's Hockey Final
Sunday 15th April	0610-1210	Men's, Women's and T54 Marathon (Kurt Fearnley, Michael Shelley)
Sunday 15th April	1130-1405	Men's Basketball Final
Sunday 15th April	1100-1605	Men's and Women's Rugby Sevens Semi Finals and Finals
Sunday 15th April	1300-1505	Netball Final
Sunday 15th April	2030-2230	Closing Ceremony

**These are predicted highlights only- subject to athlete qualification and progression to finals. Check start lists*



THURSDAY 29th MARCH, 2018

PROGRAM	DESCRIPTION	SYD	MEL	BRI	ADE	PER
Countdown to the Gold Coast	Queen's Baton Relay – Ipswich			1430-1500  1500-1700  1700-1730 		


FRIDAY 30th MARCH, 2018

PROGRAM	DESCRIPTION	SYD	MEL	BRI	ADE	PER
Countdown to the Gold Coast	Queen's Baton Relay – Brisbane Day 1			1000-1700 		
				1700-1730 		




SATURDAY 31st MARCH, 2018

PROGRAM	DESCRIPTION	SYD	MEL	BRI	ADE	PER
Countdown to the Gold Coast	Queen's Baton Relay – Brisbane Day 2			0900-1600  1600-1730 		



















SUNDAY 1st APRIL, 2018

PROGRAM	DESCRIPTION	SYD	MEL	BRI	ADE	PER
Countdown to the Gold Coast	Queen's Baton Relay – Logan Gold Coast			0900-1200  1200-1730 		

MONDAY 2nd APRIL, 2018

PROGRAM	DESCRIPTION	SYD	MEL	BRI	ADE	PER
Countdown to the Gold Coast	Queen's Baton Relay – Gold Coast Suburbs			0900-1430  1430-1700  1700-1730 		
























TUESDAY 3rd APRIL, 2018

PROGRAM	DESCRIPTION	SYD	MEL	BRI	ADE	PER
Countdown to the Gold Coast	Queen's Baton Relay – Gold Coast Beach	0900-1200  1200-1600  1600-1730 	0900-1200  1200-1600  1600-1730 	0900-1700  1700-1730 	0830-1200  1200-1600  1600-1700 	0700-1200  1200-1530 
Front Bar	Mick Molloy, Sam Pang and Andy Maher take an entertaining look at the Gold Coast 2018 Commonwealth Games, whilst celebrating Commonwealth Games Champions from years gone by.	2030-2130 	2030-2130 	2030-2130 	2030-2130 	2030-2130 

WEDNESDAY 4th APRIL, 2018 (DAY 0)

LET THE GAMES BEGIN!

SNAPSHOT: It's been years in the making, now for what's tipped to be one of the biggest celebrations Australia has seen: The Gold Coast 2018 Opening Ceremony! But before the fireworks, catch the closing stages of the Queen's Baton Relay across the screens of Seven.

PROGRAM	DESCRIPTION	SYD	MEL	BRI	ADE	PER
Countdown to the Gold Coast	Queen's Baton Relay – Gold Coast Beach	0900-1400 	0900-1400 	0900-1400 	0830-0900  TWO 0900-1330 	0700-0900  TWO 0900-1200 
Opening Ceremony – Countdown Show	Over 11 days, athletes from 70 Commonwealth Nations and Territories will compete in our backyard. Edwina Bartholomew and Hamish McLachlan preview the Games and count down to the Opening Ceremony.	1900-2000 	1900-2000 	1900-2000 	1830-1930 	1700-1730  1730-1800 
Opening Ceremony	Let the Games Begin! The Gold Coast 2018 Opening Ceremony will dazzle a global audience of around 1.5 billion people. Hosted by Bruce McAvaney, Johanna Griggs, Basil Zempilas and Tamsyn Manou.	2000-2230 	2000-2230 	2000-2230 	1930-2200 	1800-2030 
Opening Ceremony Wrap Show	Relive the highlights of the Gold Coast 2018 Opening Ceremony with Edwina Bartholomew and Hamish McLachlan.	2230-2300 	2230-2300 	2230-2300 	2200-2230 	2030-2100 

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THURSDAY 5th APRIL, 2018 (DAY 1)

FIRST COMMONWEALTH CHAMPIONS CROWNED


























SNAPSHOT: The race is on for the first medals of the Commonwealth Games in Triathlon, plus medal action in Swimming (incl. Women's 4x100m Freestyle, Men's 400m Freestyle), Track Cycling (incl. Team Pursuit), Gymnastics (Men's Team Final), and the Aussie Diamonds get their Netball campaign underway.

AUSSIE HEADLINERS: Olympic Champions Mack Horton and Cate and Bronte Campbell, Emma McKeon (Swimming); Men's and Women's Team Pursuit (Track Cycling); Jake Birtwhistle, Ashleigh Gentle, Charlotte McShane (Triathlon) - *check start lists for all the Aussies and late changes*

AUSSIE TEAM EVENTS: Women's Hockey AUS vs Canada (1630 AEST); Netball AUS vs Northern Ireland (2030 AEST)

INTERNATIONAL WATCH: Alistair and Jonathan Brownlee (Triathlon- England); Adam Peaty (Swimming- England)

MEDAL EVENTS: 19

PROGRAM		SYD	MEL	BRI	ADE	PER
LIVE: Gold Coast 2018 Commonwealth Games – Day 1 (Day Session)	The first Commonwealth Games medals will be decided in Triathlon; Swimming and Track Cycling are underway; plus Women's Hockey (AUS vs Canada). Hosted by Todd Woodbridge, Jim Wilson, Johanna Griggs.	0900-1800 	0900-1800 	0900-1800 	0830-1800 	0700-1800 
		1800-1900 	1800-1900 	1730-1900 	1800-1830 	
	Men's Artistic Gymnastics (Team Final and Individual qualification); highlights from international Netball and Hockey clashes, and the best from around the grounds at the Commonwealth Games.	0800-1900 	0800-1900 	0800-1900 	0730-1830 	0600-1600 
LIVE: Gold Coast 2018 Commonwealth Games – Day 1 (Night Session)	The Ashes on wheels begins with the race for Team Pursuit Track Cycling gold. Australia's relay team and Mack Horton lead the charge at the pool. Hosted by Hamish McLachlan, Mel McLaughlin.	1900-0000 	1900-0000 	1900-0000 	1830-2330 	1800-1830 
						1830-2200 
	The Men's Team Gymnastics medals are decided before the Australian Diamonds take to the Netball court for the first time at the Commonwealth Games against Northern Ireland.	1900-0000 	1900-0000 	1900-0000 	1830-2330 	1600-2200 

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FRIDAY 6th APRIL, 2018 (DAY 2)

RELAY BOYS & SPRINT STARS STEP UP; BEACH VOLLEYBALL ON DEBUT


























SNAPSHOT: Australia's star-studded men's 4x100m freestyle relay team gets its chance to flex some muscle. Track Cycling sprint specialists Matthew Glaetzer and Stephanie Morton go for gold at the Anna Meares Velodrome. The Aussie Opals and Boomers get their basketball campaigns underway, the Diamonds play again, and what's sure to be the Gold Coast's sentimental favourite event- Beach Volleyball- makes its Commonwealth Games debut on Coolangatta Beach.

AUSSIE HEADLINERS: Men's 4x100m Freestyle Relay, Mitch Larkin (Swimming); Matthew Glaetzer, Stephanie Morton (Track Cycling); Taliqua Clancy/ Mariafe Artacho del Solar (Beach Volleyball)- *check start lists for all the Aussies and late changes*

AUSSIE TEAM EVENTS: Men's Basketball AUS vs Canada (1730); Netball AUS vs Barbados (2030); Women's Basketball AUS vs Mozambique (2100)

INTERNATIONAL WATCH: Chad le Clos (Swimming- South Africa)

MEDAL EVENTS: 17

PROGRAM		SYD	MEL	BRI	ADE	PER
LIVE: Gold Coast 2018 Commonwealth Games – Day 2 (Day Session)	Swimming, Track Cycling and Beach Volleyball headline a packed Day 2 of action at the Gold Coast 2018 Commonwealth Games. Hosted by Todd Woodbridge, Jim Wilson, Johanna Griggs.	0900-1800  1800-1900 	0900-1800  1800-1900 	0900-1800  1730-1900 	0830-1800  1800-1830 	0700-1800 
	Women's Artistic Gymnastics (Team Final and Individual qualification); Women's Beach Volleyball (AUS vs Cyprus); Men's Basketball (AUS vs Canada) and the best action from the Commonwealth Games.	0800-1900 	0800-1900 	0800-1900 	0730-1830 	0600-1600 
LIVE: Gold Coast 2018 Commonwealth Games – Day 2 (Night Session)	It's an action-packed night with gold medals in Swimming and Track Cycling, plus Beach Volleyball gets the party started at Coolangatta. Hosted by Hamish McLachlan, Mel McLaughlin.	1900-0000 	1900-0000 	1900-0000 	1830-2330 	1800-1830  1830-2200 
	The Women's Team Gymnastics medals are decided before the Australian Diamonds take to the Netball court against Barbados. The Opals challenge Mozambique in Basketball, plus Beach Volleyball and more.	1900-0000 	1900-0000 	1900-0000 	1830-2330 	1600-2200 

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SATURDAY 7th APRIL, 2018 (DAY 3)

GYMNASTICS ALL-AROUND GOLD AND A TRANS-TASMAN BLOCKBUSTER































SNAPSHOT: The pinnacle of Gymnastics- Men's and Women's Individual All Around; plus the entertaining team Triathlon gold, Para-Triathlon medals, a gold rush at the Velodrome, and Campbell vs Campbell in the pool. The Boomers face off against New Zealand in one of the best grudge matches on the Men's Basketball schedule.

AUSSIE HEADLINERS: Cate Campbell, Bronte Campbell, Emily Seebohm (Swimming); Matthew Glaetzer, Stephanie Morton (Track Cycling); Bill Chaffey, Emily Tapp (Para Triathlon); Taliqua Clancy/ Mariafe Artacho del Solar (Beach Volleyball) - *check start lists for all the Aussies and late changes*

AUSSIE TEAM EVENTS: Men's Hockey AUS vs South Africa (1630); Men's Basketball AUS vs NZ (2100); Women's Hockey AUS vs Ghana (2130)

INTERNATIONAL WATCH: Max Whitlock (Gymnastics- England); Adam Peaty (Swimming- England); Kylie Masse (Swimming- Canada); Chad le Clos (Swimming- South Africa); India vs Pakistan Hockey (1430-1600)

MEDAL EVENTS: 22

PROGRAM		SYD	MEL	BRI	ADE	PER
LIVE: Gold Coast 2018 Commonwealth Games – Day 3 (Day Session)	Medals in Gymnastics (Men's All-Around), Triathlon (Para and Team), plus Swimming, Track Cycling, and Aussies in Hockey and Beach Volleyball. Hosted by Todd Woodbridge, Jim Wilson, Johanna Griggs.	0900-1800  1800-1900 	0900-1800  1800-1900 	0900-1800  1800-1900 	0830-1800  1800-1830 	0700-1800 
	Para Triathlon medals plus Beach Volleyball, Women's Gymnastics (Individual All-Around), Men's Hockey (India vs Pakistan) and the best around the grounds from the Gold Coast.	0800-1200  1200-1730 	0800-1200  1200-1730 	0800-1200  1200-1730 	0730-1130  1130-1700 	0600-1000  1000-1530 
LIVE: Gold Coast 2018 Commonwealth Games – Day 3 (Night Session)	It's Campbell vs Campbell in the women's 50m Freestyle, and World Record holder Adam Peaty (ENG) races in a hot night at the pool. Hosted by Hamish McLachlan, Mel McLaughlin.	1900-0000 	1900-0000 	1900-0000 	1830-2330 	1800-1830  1830-2200 
	The Women's All Around Gymnastics gold medal and the Aussies chase gold at Anna Meares Velodrome. Then a blockbuster AUS vs NZ Men's Basketball match, and AUS vs Ghana in Women's Hockey.	1730-0000 	1730-0000 	1730-0000 	1730-2230 	1530-2200 

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SUNDAY 8th APRIL, 2018 (DAY 4)

SUPER SUNDAY: ATHLETICS UNDERWAY, MEN'S 100m FREESTYLE FINAL, SHOWDOWNS!


























SNAPSHOT: Head to the pool for one of the most talked about events- the Men's 100m Freestyle final- a great battle between Aussies Kyle Chalmers, Cam McEvoy, Jack Cartwright and the rest of the Commonwealth. The 100m track semi-finals ensure athletics action begins with a bang, plus the Diamonds in an almighty showdown with South Africa (Netball) and the Opals vs Canada (Women's Basketball). With 31 medals on offer, it's a massive day on the Gold Coast.

AUSSIE HEADLINERS: Kyle Chalmers, Jack Cartwright, Cameron McEvoy, Ellie Cole (Swimming); Dane Bird-Smith, Claire Tallent (Athletics- Walks); Melissa Breen, Josh Clarke, Rohan Browning, Trae Williams, David McNeill (Athletics)- *check start lists for all the Aussies and late changes*

AUSSIE TEAM EVENTS: Women's Basketball AUS vs Canada (1830); Netball AUS vs South Africa (2030); Men's Hockey AUS vs Scotland (2130)

INTERNATIONAL WATCH: Joshua Cheptegei (Athletics- Uganda); Elaine Thompson, Yohan Blake (Athletics- Jamaica)

MEDAL EVENTS: 31

PROGRAM		SYD	MEL	BRI	ADE	PER
LIVE: Gold Coast 2018 Commonwealth Games – Day 4 (Day Session)	The first days of Athletics including Men's and Women's 100m semi-finals and the Men's 5000m final; plus Beach Volleyball and Swimming. Hosted by Todd Woodbridge, Jim Wilson, Johanna Griggs.	0900-1800  1800-1900 	0900-1800  1800-1900 	0900-1800  1800-1900 	0830-1800  1800-1830 	0700-1800 
	Dane Bird-Smith and Claire Tallent lead the Aussie charge in the Race Walks. Men's Individual Gymnastics finals, and the best action from the Commonwealth Games.	0700-1900 	0700-1900 	0700-1900 	0630-1830 	0500-1700 
LIVE: Gold Coast 2018 Commonwealth Games – Day 4 (Night Session)	The much-hyped Men's 100m Freestyle Final headlines a big night of Swimming with English 4x200m Freestyle World Champions and Ellie Cole; and Beach Volleyball. With Hamish McLachlan, Mel McLaughlin.	1900-0000 	1900-0000 	1900-0000 	1830-2330 	1800-1830  1830-2200 
	Hold onto your seats! The Opals play Canada in Women's Basketball; and a Netball blockbuster between the Aussie Diamonds and South Africa. Plus Track Cycling medals, Men's Hockey (AUS vs Scotland).	1900-0000 	1900-0000 	1900-0000 	1830-2330 	1700-2200 

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MONDAY 9th APRIL, 2018 (DAY 5)

THE 100M FINALS: HOW FAST CAN THEY GO?

























SNAPSHOT: It's a sports fan's dream: the fastest men and women on the track over 100m compete for gold; while over at the Optus Aquatic Centre, the Campbell sisters chase 100m freestyle revenge over Penny Oleksiak- the Canadian who stole gold at the Rio Olympic Games. In arguably the biggest day of the Games for Australia, there are mouth-watering showdowns against Nigeria in Men's Basketball, New Zealand in Women's Hockey, Fiji in Netball, England in Women's Basketball and Trinidad and Tobago in Men's Beach Volleyball.

AUSSIE HEADLINERS: Cate Campbell, Bronte Campbell (Swimming); Damon Kelly (Weightlifting) - *check start lists for all the Aussies and late changes*

AUSSIE TEAM EVENTS: Netball AUS vs Fiji (1500); Women's Basketball AUS vs England (1730); Men's Basketball AUS vs Nigeria (2100); Women's Hockey AUS vs New Zealand (2130)

INTERNATIONAL WATCH: Elaine Thompson, Yohan Blake (Athletics- Jamaica); Penny Oleksiak (Swimming- Canada)

MEDAL EVENTS: 33

PROGRAM		SYD	MEL	BRI	ADE	PER
LIVE: Gold Coast 2018 Commonwealth Games – Day 5 (Day Session)	An action-packed morning with Swimming, Athletics, Beach Volleyball and the Men's Artistic Gymnastics Individual Apparatus Finals. Hosted by Todd Woodbridge, Jim Wilson, Johanna Griggs.	0900-1800  1800-1900 	0900-1800  1800-1900 	0900-1800  1730-1900 	0830-1800  1800-1830 	0700-1800 
	Catch the Shooting finals, Australia's Netball match against Fiji, the Opals vs England in Women's Basketball, and the best action from the Gold Coast 2018 Commonwealth Games.	0800-1900 	0800-1900 	0800-1900 	0730-1830 	0600-1700 
LIVE: Gold Coast 2018 Commonwealth Games – Day 5 (Night Session)	A night not for the faint-hearted. Catch the men's and women's 100m athletics finals, and the Campbell sisters chasing 100m freestyle glory in one of the best nights at the Commonwealth Games.	1900-0000 	1900-0000 	1900-0000 	1830-2330 	1800-1830 
	There are too many showdowns to handle- Australia plays England in Women's Basketball, Trinidad and Tobago in Men's Beach Volleyball, Nigeria in Men's Basketball, and New Zealand in Women's Hockey.	1900-0000 	1900-0000 	1900-0000 	1830-2330 	1700-2200 

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TUESDAY 10th APRIL, 2018 (DAY 6)

A SCENIC RIDE FOR GOLD; FINAL NIGHT OF SWIMMING; KURT'S LAST DASH

























SNAPSHOT: Take a ride around the Gold Coast as the Aussies chase gold in the Road Cycling Time Trial. Tuesday marks Kurt Fearnley's last track event at the Commonwealth Games (he still has the Marathon to come); and the last day of Swimming- with the Men's 50m Freestyle showdown; and an event latched into the Australian psyche- the Men's 1500m Freestyle with Aussies Mack Horton and Jack McLoughlin.

AUSSIE HEADLINERS: Alexander Edmondson, Mathew Hayman, Katrin Garfoot, Cam Meyer (Road Cycling); Kurt Fearnley, Madi de Rozario (Athletics); Mack Horton, Cam McEvoy (Swimming); *check start lists for all the Aussies and late changes*

AUSSIE TEAM EVENTS: Men's Hockey AUS vs Canada (1630); Women's Hockey AUS vs Scotland (2130)

INTERNATIONAL WATCH: Caster Semenya (Athletics- South Africa)

MEDAL EVENTS: 26

PROGRAM		SYD	MEL	BRI	ADE	PER
LIVE: Gold Coast 2018 Commonwealth Games – Day 6 (Day Session)	Athletics, the final morning of Swimming, Beach Volleyball quarterfinals, Women's Road Cycling Time Trial, and Men's Hockey (AUS vs Canada). Hosted by Todd Woodbridge, Jim Wilson, Johanna Griggs.	0900-1800  1800-1900 	0900-1800  1800-1900 	0900-1800  1730-1900 	0830-1800  1800-1830 	0700-1800 
	Come on a scenic race for gold with the men's Road Cycling Time Trial, Shooting finals from Brisbane, and the best action from the Gold Coast 2018 Commonwealth Games.	0800-1900 	0800-1900 	0800-1900 	0730-1800 	0600-1700 
LIVE: Gold Coast 2018 Commonwealth Games – Day 6 (Night Session)	Athletics with Kurt Fearnley (T54 1500m), Men's 400m, Women's 1500m, and the last night of Swimming- with Men's 50m Freestyle, Men's 1500m and Medley Relays. With Hamish McLachlan and Mel McLaughlin.	1900-0000 	1900-0000 	1900-0000 	1830-2330 	1800-1830 
	The action at the sand heats up with the Beach Volleyball quarterfinals. Australia plays Scotland in Women's Hockey, and plenty more from the Gold Coast 2018 Commonwealth Games.	1900-0000 	1900-0000 	1900-0000 	1800-2330 	1700-2200 

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WEDNESDAY 11th APRIL, 2018 (DAY 7)

THE LIGHTNING HOLT

























SNAPSHOT: World Record holding teenager, Isis Holt, chases Commonwealth glory on an athletics night filled with Aussie medal hopes in the field- Fabrice Lapierre (Men's Long Jump), Kathryn Mitchell/ Kelsey-Lee Roberts (Javelin) and Brandon Starc (Men's High Jump). A green and gold face-off takes place on the Netball court between the Diamonds and Jamaica, and the Aussie Kookaburras have a vital Men's Hockey stoush with New Zealand.

AUSSIE HEADLINERS: Fabrice Lapierre, Isis Holt, Genevieve LaCaze, Kathryn Mitchell, Brandon Starc (Athletics); Anabelle Smith/ Maddison Keeney (Diving); James Willett (Shooting)- *check start lists for all the Aussies and late changes*

AUSSIE TEAM EVENTS: Men's Hockey AUS vs New Zealand (1630); Netball AUS vs Jamaica (2100)

INTERNATIONAL WATCH: Caster Semenya (Athletics- South Africa); Luvo Manyonga (Athletics- South Africa); Shaunae Miller-Uibo (Athletics- Bahamas)

MEDAL EVENTS: 15

PROGRAM		SYD	MEL	BRI	ADE	PER
LIVE: Gold Coast 2018 Commonwealth Games – Day 7 (Day Session)	Rhythmic Gymnastics, Diving medals, Men's Beach Volleyball semi-finals, and a fierce clash between Australia and New Zealand in Men's Hockey. Hosted by Todd Woodbridge, Jim Wilson, Johanna Griggs.	0900-1800  1800-1900 	0900-1800  1800-1900 	0900-1800  1730-1900 	0830-1800  1800-1830 	0700-1800 
	Medals in Shooting and Rhythmic Gymnastics, and the best action from the Gold Coast 2018 Commonwealth Games.	0800-1900 	0800-1900 	0800-1900 	0730-1800 	0600-1700 
LIVE: Gold Coast 2018 Commonwealth Games – Day 7 (Night Session)	A star-studded night at the track with World Record holding teenager, Isis Holt, and Aussie medal hopes in the field events, plus Diving medals. Hosted by Hamish McLachlan and Mel McLaughlin.	1900-0000 	1900-0000 	1900-0000 	1830-2330 	1800-1830 
	An almighty Netball clash between Australia and Jamaica, Women's Beach Volleyball semi-finals, Rhythmic Gymnastics medals and plenty more from the Gold Coast 2018 Commonwealth Games.	1900-0000 	1900-0000 	1900-0000 	1800-2330 	1700-2200 

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THURSDAY 12th APRIL, 2018 (DAY 8)

BEACH GOLD AND SALLY PEARSON'S FIRST RACE































SNAPSHOT: Gold Coast 2018 poster girl Sally Pearson finally hits the track in the 100m hurdles, Melissa Wu dives for gold at her fourth Commonwealth Games, the men's and women's Beach Volleyball gold medal matches, Rhythmic Gymnastics gold and Women's Hockey semi-finals light up the Gold Coast.

AUSSIE HEADLINERS: Sally Pearson, Brooke Stratton, Dani Stevens (Athletics); Melissa Wu (Diving)- *check start lists for all the Aussies and late changes*

TEAM EVENTS: Men's Beach Volleyball finals (1530-1800); Women's Hockey semi-finals (1900-2300); Women's Beach Volleyball finals (1930-2200)

INTERNATIONAL WATCH: Elaine Thompson, Yohan Blake (Athletics- Jamaica)

MEDAL EVENTS: 24

PROGRAM		SYD	MEL	BRI	ADE	PER
LIVE: Gold Coast 2018 Commonwealth Games – Day 8 (Day Session)	It's show time for Sally Pearson in the 100m hurdles, plus Diving, Rhythmic Gymnastics medals, and the Men's Beach Volleyball medal matches. Hosted by Todd Woodbridge, Jim Wilson, Johanna Griggs.	0900-1800  1800-1900 	0900-1800  1800-1900 	0900-1800  1730-1900 	0830-1800  1800-1830 	0700-1800 
	Netball, Hockey, and the thrill-seeking medals in Mountain Bike. and the best action from the Gold Coast 2018 Commonwealth Games.	0800-1900 	0800-1900 	0800-1900 	0730-1830 	0600-1700 
LIVE: Gold Coast 2018 Commonwealth Games – Day 8 (Night Session)	Aussie medal chances Brooke Stratton (Long Jump) and Dani Stevens (Discus) lead the Aussie Athletics charge, the Men's 200m final, and medals in Diving. Hosted by Hamish McLachlan and Mel McLaughlin.	1900-2300 	1900-2300 	1900-2300 	1830-2230 	1800-1830  1830-2100 
	Women's Hockey semi-finals, Women's Beach Volleyball medal matches and more from the Gold Coast 2018 Commonwealth Games.	1900-0000 	1900-0000 	1900-0000 	1830-2330 	1700-2200 
The Front Bar	Mick Molloy, Sam Pang and Andy Maher take an entertaining look at the Gold Coast 2018 Commonwealth Games, whilst celebrating Commonwealth Champions from years gone by.	2300-0000 	2300-0000 	2300-0000 	2230-0330 	2100-2200 

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FRIDAY 13th APRIL, 2018 (DAY 9)

SALLY PEARSON GOES FOR GOLD ON FRIDAY 13th

























SNAPSHOT: Defending Commonwealth Champion Sally Pearson chases gold in the 100m Hurdles final. Australia's gold medal winning Rugby Sevens team launches its pursuit for the inaugural Women's Sevens Commonwealth crown, and Olympic Champion Catherine Skinner targets Shooting gold. The Men's Hockey and Women's Basketball teams enter the semi-final stage.

AUSSIE HEADLINERS: Sally Pearson (Athletics); Catherine Skinner, Laetisha Scanlan (Shooting)- *check start lists for all the Aussies and late changes*

AUSSIE TEAM EVENTS: Women's Rugby Sevens AUS vs Wales (1735 AEST), AUS vs England (2015); Women's Basketball semi-finals (1830-2300); Men's Hockey semi-finals (1930-2330)

INTERNATIONAL WATCH: Caster Semenya (Athletics- South Africa); Valerie Adams (Athletics- New Zealand)

MEDAL EVENTS: 27

PROGRAM		SYD	MEL	BRI	ADE	PER
LIVE: Gold Coast 2018 Commonwealth Games – Day 9 (Day Session)	Athletics- including the Aussies in the Relays, Diving- including the Men's 10m Synchro Final, Rhythmic Gymnastics, Hockey and Rugby Sevens. Hosted by Todd Woodbridge, Jim Wilson, Johanna Griggs.	0900-1800 	0900-1800 	0900-1800 	0830-1800 	0700-1800 
	Hockey, Mountain Bike medals, Rugby Sevens, and the best action from the Gold Coast 2018 Commonwealth Games.	1800-1900 	1800-1900 	1730-1900 	1800-1830 	
LIVE: Gold Coast 2018 Commonwealth Games – Day 9 (Night Session)	Sally Pearson is out to defend her 100m Hurdles crown in a big night of Athletics, Diving medals and Men's Hockey semi-finals. Hosted by Hamish McLachlan and Mel McLaughlin.	0800-1900 	0800-1900 	0800-1900 	0730-1830 	0600-1700 
		1900-0000 	1900-0000 	1900-0000 	1830-2330 	1800-1830 
	Women's Rugby Sevens- including Australia vs England, Lawn Bowls Medals, and the Women's Basketball semi-finals at the Gold Coast 2018 Commonwealth Games.	1830-2200 	1900-0000 	1900-0000 	1900-0000 	1830-2330 

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SATURDAY 14th APRIL, 2018 (DAY 10)

FINALS FEVER HITS ON SUPER SATURDAY































SNAPSHOT: It's the biggest day of the Games with 44 medals on offer; and it is crunch time across the fields and courts of the Gold Coast Commonwealth Games, with medals decided in Men's and Women's Hockey and Women's Basketball. The tightly fought Netball semi-finals and Men's Basketball semi-finals take place, and the Aussie Sevens climb towards the podium. The Men's Cycling Road Race, Athletics Relays, and Men's 10m Diving final are other highlights for Super Saturday.

AUSSIE HEADLINERS: Ryan Gregson (Athletics); Alexander Edmondson, Mathew Hayman, Katrin Garfoot, Cam Meyer (Road Cycling); Domonic Bedgood, Matthew Barnard (Diving)- *check start lists for all the Aussies and late changes*

TEAM EVENTS: Women's Hockey medal matches (1030-1430); Women's Basketball medal matches (1800-2245); Men's Hockey medal matches (1900-2300); Men's Basketball semi-finals (1000-1430); Netball semi-finals (1500-1900); Rugby Sevens Men's AUS vs Samoa (0930), Men's AUS vs Jamaica (1310), Women's AUS vs Fiji (1920)/ Men's vs England (2005)

INTERNATIONAL WATCH: Mark Cavendish (Road Cycling- Isle of Mann); Tom Daley (Diving- England)

MEDAL EVENTS: 44

PROGRAM		SYD	MEL	BRI	ADE	PER
LIVE: Gold Coast 2018 Commonwealth Games – Day 10 (Day Session)	Netball and Men's Basketball semi-finals, Diving-including Men's 10m, and medals in Athletics, Rhythmic Gymnastics and the Men's Road Race. Hosted by Todd Woodbridge, Jim Wilson, Johanna Griggs.	0900-1800  1800-1900 	0900-1800  1800-1900 	0900-1800  1800-1900 	0830-1800  1800-1830 	0700-1800 
	The Women's Cycling Road Race, Women's Hockey semi-finals, Men's Rugby Sevens including AUS vs Samoa and AUS vs Jamaica, and the best action from the Gold Coast 2018 Commonwealth Games.	0730-1200  1200-1730 	0730-1200  1200-1730 	0730-1200  1200-1730 	0700-1130  1130-1700 	0530-1000  1000-1530 
LIVE: Gold Coast 2018 Commonwealth Games – Day 10 (Night Session)	Women's Basketball gold is up for grabs, the Men's Hockey medal matches, and Diving medals (Men's 10m, Women's 3m). Hosted by Hamish McLachlan and Mel McLaughlin.	1900-0000 	1900-0000 	1900-0000 	1830-2330 	1800-1830  1830-2200 
	The fiercely contested Netball semi-finals, Women's Basketball bronze medal match, and Rugby Sevens including AUS vs Fiji and AUS vs England at the Gold Coast 2018 Commonwealth Games.	1730-0000 	1730-0000 	1730-0000 	1730-2330 	1600-2200 

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SUNDAY 15th APRIL, 2018 (DAY 11)

THE FINAL COUNTDOWN
















SNAPSHOT: Before what promises to be a Closing Ceremony for the ages, some of the most anticipated gold medals will be won. To kick off the day, Australia's Marathon hopes rest with defending Champion, Michael Shelley, 2014 bronze medallist, Jess Trengove, para star Madison de Rozario, and the one and only Kurt Fearnley- in his final race at a multisport event. Expect fireworks in the gold medal showdowns in Netball, Men's Basketball and Rugby Sevens.

AUSSIE HEADLINERS: Kurt Fearnley, Michael Shelley, Jess Trengove, Madison de Rozario - *check start lists for all the Aussies and late changes*

INTERNATIONAL WATCH: Lee Chong Wei (Badminton- Malaysia); Feng Tianwei (Table Tennis- Singapore)

TEAM EVENTS: Netball medal matches (1100-1505); Men's Basketball medal matches (0900-1345); Rugby Sevens semi-finals (1100-1230) and medal matches (1355-1500)

MEDAL EVENTS: 17

PROGRAM		SYD	MEL	BRI	ADE	PER
LIVE: Gold Coast 2018 Commonwealth Games – Day 11 (Day Session)	The Commonwealth Games Netball finals, Men's Basketball medal matches, and Rugby Sevens finals series. Hosted by Todd Woodbridge, Jim Wilson, Johanna Griggs.	0900-1800 	0900-1800 	0900-1800 	0830-1730 	0700-1600 
	The Marathon events with Aussie hopes on defending Champion, Michael Shelley, Jess Trengove, Madison de Rozario, and Kurt Fearnley in his swansong. Badminton, Squash and Table Tennis medals.	0600-1800 	0600-1800 	0600-1800 	0530-1730 	0400-1600 
Closing Ceremony	The Gold Coast throws one last party in honour of The XXI Commonwealth Games. Reflect on an extraordinary 11 days of competition. Hosted by Johanna Griggs and Basil Zempilas.	2030-2230 	2030-2230 	2030-2230 	2000-2200 	1830-2030 

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