



# SYDNEY PROGRAM GUIDE

Sunday 31st March 2019

<b>06:00 am</b>	<b>Mass For You At Home</b>	CC G	Religious program.
<b>06:30 am</b>	<b>Hillsong</b>	CC G	<b>ALL NEW EPISODES</b> Religious Program
<b>07:00 am</b>	<b>Joseph Prince New Creation Church</b>	CC G	<b>ALL NEW EPISODES</b> Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.
<b>07:30 am</b>	<b>Joel Osteen</b>	CC G	<b>ALL NEW EPISODES</b> <u><b>Scared Into Greatness</b></u> Religious.
<b>08:00 am</b>	<b>All 4 Adventure (Rpt)</b>	CC PG Coarse Language	Follow a couple of modern-day adventurers on rugged expeditions into some of the remotest corners and wildest frontiers of Australia.
<b>09:00 am</b>	<b>XVenture Family Challenge (Rpt)</b>	CC G	XVenture Family Challenge features 16 New Zealand and Australian families competing in fun and testing challenges to win NZ\$25,000.
<b>09:30 am</b>	<b>Studio 10 Sunday</b>	CC PG	<b>ALL NEW EPISODES</b> See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.
<b>12:00 pm</b>	<b>The Living Room (Rpt)</b>	CC PG	Chris takes a walk on the wild side on the Island of Kauai; Miguel makes healthy & traditional Hawaiian Poke; Barry learns the secret art of surfboard shaping; Peter Walsh shares his tips to declutter



# SYDNEY PROGRAM GUIDE

Sunday 31st March 2019

**01:00 pm Everyday Gourmet With Justine Schofield (Rpt)** CC G

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

**01:30 pm Chris & Julia's Sunday Night Takeaway Encore (Rpt)** CC PG

Sexual References,  
Coarse Language,  
May Contain:

## SPECIAL ENCORE PRESENTATION

Whether you're in the studio, on the street or even inside your own home...no one is safe from tv's biggest surprises! Plus, catch a performance by Shannon Noll and Marcia Hines as Guest Announcer.

**03:00 pm XVenture Family Challenge** CC G

## ALL NEW EPISODES

XVenture Family Challenge features 16 New Zealand and Australian families competing in fun and testing challenges to win NZ\$25,000.

**03:30 pm WhichCar** CC PG

## ALL NEW EPISODES

Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.

**04:00 pm RPM** CC

## ALL NEW EPISODES

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

**05:00 pm 10 News First** CC

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

**06:00 pm Bondi Rescue (Rpt)** CC PG  
Violence,  
Coarse Language,  
Mature Themes

Harries and Jake head to North Bondi where they find a man dazed and confused after suffering a brutal attack. And, who will come out on top in one of the hardest lifeguard challenges of all time?



# SYDNEY PROGRAM GUIDE

Sunday 31st March 2019

**06:30 pm The Sunday Project**

CC

## ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

**07:30 pm Chris & Julia's Sunday Night Takeaway**

CC PG  
Sexual References,  
Coarse Language,  
May Contain:

## LIVE

Chris and Julia have called in the big guns to make sure your Sunday nights go off with a bang! Bringing you big entertainment, challenges, surprises, celeb's & outrageous fun for the whole family.

**09:00 pm Hughesy, We Have A Problem**

CC

## ALL NEW EPISODES

Hughesy, We Have a Problem brings together the biggest names in comedy & entertainment for a truly noble cause: to help the people of Australia get over life's infuriating problems.

**10:00 pm NCIS (Rpt)**

CC M

## Twofer

NCIS is called in to investigate when the body of a missing Navy Lieutenant who disappeared a year & a half ago is located by a cemetery grounds crew while they are relocating caskets.

**11:00 pm The Sunday Project (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

**12:00 am Home Shopping (Rpt)**

## Home Shopping

**12:30 am Home Shopping (Rpt)**

## Home Shopping



# SYDNEY PROGRAM GUIDE

## Sunday 31st March 2019

01:00 am Home Shopping (Rpt)

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03:00 am Home Shopping (Rpt)

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03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

### ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Monday 01st April 2019

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am The Bold & The Beautiful Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Reese tries to convince Flo and Zoe to reveal the truth about the baby-switch. Meanwhile, Wyatt assures Sally about his love for her.

**08:00 am Pointless (Rpt)**

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

**12:00 pm Dr. Phil**

CC PG  
Coarse Language,  
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

**01:00 pm Dancing With The Stars Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

The celebrities have made it to the half-way point with performances that have rocked the house. Every week gets better and better. Now, they face the elimination dance off!



# SYDNEY PROGRAM GUIDE

Monday 01st April 2019

**03:00 pm Judge Judy** CC PG

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

**03:30 pm Entertainment Tonight** CC

## ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**04:00 pm Good Chef Bad Chef** CC G

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**04:30 pm The Bold & The Beautiful** CC PG

## ALL NEW EPISODES

Steffy reveals plans for her future to Liam and Hope. Meanwhile, Donna & Justin involve Sally & Wyatt in their match-making plans for Bill & Katie.

**05:00 pm 10 News First** CC

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

**06:00 pm Pointless** CC PG

## ALL NEW EPISODES

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

**06:30 pm The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm Dancing With The Stars** CC PG

## ALL NEW EPISODES

Hosted by Grant Denyer & Amanda Keller, our celebrities are ready to foxtrot, rumba, waltz, shimmy and spin their way to dancing glory – all in the name of charity. Shall we dance?



# SYDNEY PROGRAM GUIDE

Monday 01st April 2019

09:30 pm **The Graham Norton Show (Rpt)** CC M

## SPECIAL ENCORE PRESENTATION

Catch some of the best interviews of the latest series - featuring: Chris Pratt, Dame Judi Dench, Keira Knightley, Sir Ian McKellen, Emily Blunt, Chris Pine & Lady Gaga...just to name a few!

10:30 pm **Hughesy, We Have A Problem Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Hughesy, We Have a Problem brings together the biggest names in comedy & entertainment for a truly noble cause: to help the people of Australia get over life's infuriating problems.

11:30 pm **The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am **The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am **Home Shopping (Rpt)**

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02:00 am **Home Shopping (Rpt)**

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03:00 am **Home Shopping (Rpt)**

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03:30 am **Home Shopping (Rpt)**

**Home Shopping**



# SYDNEY PROGRAM GUIDE

**Monday 01st April 2019**

**04:00 am Home Shopping (Rpt)**

**Home Shopping**

**04:30 am CBS This Morning**

CC

## **ALL NEW EPISODES**

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.





# SYDNEY PROGRAM GUIDE

Tuesday 02nd April 2019

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am The Bold & The Beautiful Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Steffy reveals plans for her future to Liam and Hope. Meanwhile, Donna & Justin involve Sally & Wyatt in their match-making plans for Bill & Katie.

**08:00 am Pointless (Rpt)**

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

**12:00 pm Dr. Phil**

CC PG  
Sexual References,  
Coarse Language,  
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

**01:00 pm Ambulance Australia Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Ambulance Australia follows people in the business of saving lives, going beyond the flashing lights to the heart & soul of heroes.

**02:00 pm Entertainment Tonight**

CC

## ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



# SYDNEY PROGRAM GUIDE

Tuesday 02nd April 2019

**02:30 pm Neighbours Encore (Rpt)** CC PG

**03:00 pm Judge Judy** CC PG

**03:30 pm Everyday Gourmet With Justine Schofield (Rpt)** CC G

**04:00 pm Good Chef Bad Chef** CC G

**04:30 pm The Bold & The Beautiful** CC PG

**05:00 pm 10 News First** CC

**06:00 pm Pointless** CC PG

**06:30 pm The Project** CC

## SPECIAL ENCORE PRESENTATION

### ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

### ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

### ALL NEW EPISODES

Taylor urges Steffy to fight for Liam and their family. Meanwhile, Bill and Katie lunch together at Il Giardino.

### ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

### ALL NEW EPISODES

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

### ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Tuesday 02nd April 2019

07:30 pm **Ambulance Australia**

CC

## ALL NEW EPISODES

Ambulance Australia follows people in the business of saving lives, going beyond the flashing lights to the heart & soul of heroes.

08:30 pm **NCIS**

CC

## ALL NEW EPISODES

### Silent Service

Director Vance is notified by the Pentagon that the nuclear submarine Gibbs and Bishop are aboard to conduct a murder investigation has gone radio silent.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

09:30 pm **NCIS: Los Angeles**

CC

## SEASON RETURN

### Born To Run

Sydney turns to her sister Nell for help after her high school crush gets mixed up in a Russian plot to steal intelligence from the Department of Defence.

10:30 pm **NCIS: Los Angeles (Rpt)**

CC M  
Frequent Violence

### Venganza

NCIS investigates the murder of a federal prison inmate who was the adopted daughter of a notorious counterfeiter. Callen is summoned by the ATF to discuss Anna's actions during a joint case.

11:30 pm **The Project Encore (Rpt)**

CC

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12:30 am **The Late Show With Stephen Colbert**

CC PG

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Tuesday 02nd April 2019

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04:30 am CBS This Morning

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## ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Wednesday 03rd April 2019

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

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**07:30 am The Bold & The Beautiful Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

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**08:00 am Pointless (Rpt)**

CC PG

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**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

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**12:00 pm Dr. Phil**

CC PG  
Sexual References,  
Coarse Language,  
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

**01:00 pm Chris & Julia's Sunday Night Takeaway Encore (Rpt)**

CC PG  
Sexual References,  
Coarse Language,  
May Contain:

## SPECIAL ENCORE PRESENTATION

Chris and Julia have called in the big guns to make sure your Sunday nights go off with a bang! Bringing you big entertainment, challenges, surprises, celeb's & outrageous fun for the whole family.



# SYDNEY PROGRAM GUIDE

Wednesday 03rd April 2019

<b>02:30 pm</b>	<b>Entertainment Tonight</b>	CC
<b>03:00 pm</b>	<b>Judge Judy</b>	CC PG
<b>03:30 pm</b>	<b>Everyday Gourmet With Justine Schofield (Rpt)</b>	CC G
<b>04:00 pm</b>	<b>Good Chef Bad Chef</b>	CC G
<b>04:30 pm</b>	<b>The Bold &amp; The Beautiful</b>	CC PG
<b>05:00 pm</b>	<b>10 News First</b>	CC
<b>06:00 pm</b>	<b>Pointless</b>	CC PG

## ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

## ALL NEW EPISODES

Thomas Forrester returns with his son Douglas. Meanwhile, Bill feels guilty about the lie he told to Thomas in the hope of reuniting him with Caroline.

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

## ALL NEW EPISODES

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!



# SYDNEY PROGRAM GUIDE

Wednesday 03rd April 2019

06:30 pm **The Project**

CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm **Bondi Rescue**

CC

## ALL NEW EPISODES

### Bondir14/007 & 13/007

It's been a long hot summer and as Bondi swells with beach lovers, the lifeguards feel the pressure with unpredictable events testing the boys and girls in blue.

08:30 pm **Law & Order: SVU**

CC

## ALL NEW EPISODES

### Dearly Beloved

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

09:30 pm **Law & Order: SVU (Rpt)**

CC M  
Strong Adult  
Themes

### Zero Tolerance

After a young girl is inadvertently rescued from a sex trafficker, Olivia must take drastic measures to reunite her with her mother. Meanwhile, Rollins makes a decision about her rocky relationship.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Carl Weathers, George Newbern

10:30 pm **Sports Tonight**

CC

## ALL NEW EPISODES

Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.

11:00 pm **Hawaii Five-0 (Rpt)**

CC M

### He Kaha Lu'u Ke Ala, Mai Ho'okolo Aku (The Trail Leads To A Diving Place; Do Not Follow After)

McGarrett poses as a pilot to investigate the cause of a plane crash that led to the death of a pilot in an air race.

Starring: Alex O'Loughlin, Scott Caan, Chi McBride, Meaghan Rath, Jorge Garcia, Beulah Koale

Guest Starring: Danay Garcia



# SYDNEY PROGRAM GUIDE

Wednesday 03rd April 2019

**12:00 am The Project Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.

**01:00 am The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

**02:00 am Home Shopping (Rpt)**

**Home Shopping**

**02:30 am Home Shopping (Rpt)**

**Home Shopping**

**03:00 am Home Shopping (Rpt)**

**Home Shopping**

**03:30 am Home Shopping (Rpt)**

**Home Shopping**

**04:00 am Home Shopping (Rpt)**

**Home Shopping**

**04:30 am CBS This Morning** CC

## ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.





# SYDNEY PROGRAM GUIDE

Thursday 04th April 2019

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am The Bold & The Beautiful Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

Thomas Forrester returns with his son Douglas. Meanwhile, Bill feels guilty about the lie he told to Thomas in the hope of reuniting him with Caroline.

**08:00 am Pointless (Rpt)**

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

**12:00 pm Dr. Phil**

CC PG  
Coarse Language,  
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

**01:00 pm Bondi Vet (Rpt)**

CC PG

Chris has to deal with a cranky old saltwater croc with serious dental problems. Plus, Tim & his team are on edge as they prepare to capture six-and-a-half-metre-long python.



# SYDNEY PROGRAM GUIDE

Thursday 04th April 2019

02:00 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	The Cook's Pantry With Matt Sinclair (Rpt)	CC G
04:00 pm	Good Chef Bad Chef	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Pointless	CC PG

## ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## SPECIAL ENCORE PRESENTATION

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

### Cook's Pantry With Matt Sinclair, The 23

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

## ALL NEW EPISODES

The Spencers, Forresters and Logans honour one of their own. Meanwhile, Taylor and Thomas observe an emotional bond form between Hope and Douglas.

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

## ALL NEW EPISODES

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!



# SYDNEY PROGRAM GUIDE

Thursday 04th April 2019

06:30 pm **The Project** CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm **2018 Montreal Comedy Festival** CC

## ALL NEW EPISODES

### 2018 Montreal Comedy Festival, Just For Laughs #1

The festival returns for another year of laughs, guffaws and applause, featuring stand up from some of the most famous comedians around the world.

08:30 pm **Gogglebox** CC

## ALL NEW EPISODES

No show is safe in the brand new season of Gogglebox which takes the audience into the lounge rooms of some of Australia's most opinionated, outspoken, funny and avid TV viewers.

09:30 pm **Hughesy, We Have A Problem Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Hughesy, We Have a Problem brings together the biggest names in comedy & entertainment for a truly noble cause: to help the people of Australia get over life's infuriating problems.

10:30 pm **Blue Bloods** CC

## ALL NEW EPISODES

### Common Enemies

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray, Len Cariou, Sami Gayle

11:30 pm **The Project Encore (Rpt)** CC

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# SYDNEY PROGRAM GUIDE

Thursday 04th April 2019

12:30 am **The Late Show With Stephen Colbert** CC PG

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01:30 am **Home Shopping (Rpt)**

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03:30 am **Home Shopping (Rpt)**

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04:00 am **Home Shopping (Rpt)**

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04:30 am **CBS This Morning** CC

## ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



# SYDNEY PROGRAM GUIDE

Friday 05th April 2019

**06:00 am The Talk**

CC PG  
Mature Themes

## ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

**07:00 am Entertainment Tonight (Rpt)**

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## SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

**07:30 am The Bold & The Beautiful Encore (Rpt)**

CC PG

## SPECIAL ENCORE PRESENTATION

The Spencers, Forresters and Logans honour one of their own. Meanwhile, Taylor and Thomas observe an emotional bond form between Hope and Douglas.

**08:00 am Pointless (Rpt)**

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

**08:30 am Studio 10**

CC PG

## ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

**12:00 pm Dr. Phil**

CC M  
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

**01:00 pm The Living Room Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

They're back and ready for action! Barry helps a family find some breathing space, Chris is in Tahiti and Miguel teams up with Kristan Tiddballs to create some mouth-watering treats.



# SYDNEY PROGRAM GUIDE

Friday 05th April 2019

02:00 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	The Cook's Pantry With Matt Sinclair (Rpt)	CC G
04:00 pm	Good Chef Bad Chef	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Pointless	CC PG

## ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

## SPECIAL ENCORE PRESENTATION

## ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

### Cook's Pantry With Matt Sinclair, The 38

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

## ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

## ALL NEW EPISODES

Ridge and Taylor welcome their son home as they say goodbye to their daughter. Meanwhile, Thomas is affected when Hope connects with Douglas.

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

## ALL NEW EPISODES

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!



# SYDNEY PROGRAM GUIDE

Friday 05th April 2019

**06:30 pm The Project**

CC

## ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.

**07:30 pm The Living Room**

CC

## ALL NEW EPISODES

The Living Room's newest recruit, Matt Leacy helps a couple sift through 30 tons of dirt and Miguel's cooking skills are put to the test when asked to prepare a delicious meal using 2-minute noodles.

**08:30 pm The Graham Norton Show (Rpt)**

CC

## ALL NEW EPISODES

Graham Norton goes behind the scenes of his talk show to reveal the secrets of telling a good story. Features insight from Rob Brydon and Miriam Margolyes.

**09:30 pm Hughesy, We Have A Problem Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Hughesy, We Have a Problem brings together the biggest names in comedy & entertainment for a truly noble cause: to help the people of Australia get over life's infuriating problems.

**10:30 pm My Big Fat Greek Wedding (Rpt) (2002)**

CC PG  
Mild Coarse  
Language,  
Mature Themes

## MOVIE

30 year old Toula is still not married, which means as a nice Greek girl she's a failure. Then she meets the ultimate man - tall and handsome but definitely not Greek, and her family are not amused.

Starring: Nia Vardalos, John Corbett, Michael Constantine, Lainie Kazan, Gia Carides

**12:30 am The Project Encore (Rpt)**

CC

## SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.



# SYDNEY PROGRAM GUIDE

Friday 05th April 2019

01:30 am **The Late Show With Stephen Colbert** CC PG

## ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

02:30 am **Home Shopping (Rpt)**

**Home Shopping**

03:00 am **Home Shopping (Rpt)**

**Home Shopping**

03:30 am **Home Shopping (Rpt)**

**Home Shopping**

04:00 am **Home Shopping (Rpt)**

**Home Shopping**

04:30 am **Home Shopping (Rpt)**

**Home Shopping**

05:00 am **Home Shopping (Rpt)**

**Home Shopping**

05:30 am **Home Shopping (Rpt)**

**Home Shopping**





# SYDNEY PROGRAM GUIDE

Saturday 06th April 2019

06:00 am	48 Hour Destination (Rpt)	CC G	<p><b>Hawaii</b></p> <p>Join Flight Centre consultant, Greer on her adventures... In 48 hours, she'll travel to a destination, taking in the scenery, enjoying exciting activities, food and meeting the locals.</p>
06:30 am	Luxury Escapes (Rpt)	CC G	<p><b>Thailand- Khao Lak And Broome</b></p> <p>Join Sophie Falkiner and Shane Jolley as they discover the tropical havens and natural beauty of Khao Lak in Thailand and Broome in Western Australia.</p>
07:00 am	XVenture Family Challenge (Rpt)	CC G	<p>XVenture Family Challenge features 16 New Zealand and Australian families competing in fun and testing challenges to win NZ\$25,000.</p>
07:30 am	Escape Fishing With ET (Rpt)	CC G	<p>Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species &amp; interesting spots with his mates.</p>
08:00 am	RPM (Rpt)	CC	<p>Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.</p>
09:00 am	WhichCar (Rpt)	CC PG	<p>Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.</p>
09:30 am	Studio 10 Saturday	CC PG	<p><b>ALL NEW EPISODES</b></p> <p>See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity &amp; current affairs, you never know what will happen next.</p>
12:00 pm	The Living Room Encore (Rpt)	CC	<p><b>SPECIAL ENCORE PRESENTATION</b></p> <p>The Living Room's newest recruit, Matt Leacy helps a couple sift through 30 tons of dirt and Miguel's cooking skills are put to the test when asked to prepare a delicious meal using 2-minute noodles.</p>



# SYDNEY PROGRAM GUIDE

Saturday 06th April 2019

**01:00 pm** **Everyday Gourmet With Justine Schofield** (Rpt) CC G

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

**01:30 pm** **Healthy Homes** (Rpt) CC G

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

**02:00 pm** **Buy To Build** CC

## ALL NEW EPISODES

The latest ideas and inspirations in home, garden and lifestyle with Walt and Dani.

**02:30 pm** **The Home Team** (Rpt) CC G

Tune in and get inspired to do that job you've been putting off for too long... The Home Team are your team of dedicated DIY'ers. Learn affordable ways to make your home stylish, cozy and sustainable.

**03:00 pm** **Good Chef Bad Chef** (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

**03:30 pm** **The Cook's Pantry With Matt Sinclair** (Rpt) CC G

## **Cook's Pantry With Matt Sinclair, The 40**

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

**04:00 pm** **Bondi Vet** (Rpt)

Will Dr. Chris be able to help Hugo the redneck wallaby who has developed a worrying lump on his ear? Steve is forced to operate on 5 month old bulldog Bryan's throat & Tim tries to tame some sheep.

**05:00 pm** **10 News First** CC

## ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



# SYDNEY PROGRAM GUIDE

Saturday 06th April 2019

**06:00 pm David Attenborough's Madagascar** CC G  
(Rpt)

## Land Of Heat And Dust

While the east of Madagascar is cloaked in soaking rainforest, the west and south is the opposite. The animals of the dry southern lands are stranger and more mysterious than any others on the island.

Voices: David Attenborough

**07:00 pm Bondi Rescue** CC

It's been a long hot summer and as Bondi swells with beach lovers, the lifeguards feel the pressure. This year's unpredictable events are really going to test the boys and girls in blue.

**07:30 pm One Born Every Minute** CC M  
Mature Themes

## ALL NEW EPISODES

Young doctors Nikoletta and Andreas are expecting their first baby. Can Andreas put his medical training to one side and concentrate on his fatherly responsibilities during labour?

**08:30 pm Ambulance Australia Encore (Rpt)** CC

## SPECIAL ENCORE PRESENTATION

Ambulance Australia follows people in the business of saving lives, going beyond the flashing lights to the heart & soul of heroes.

**09:30 pm Ambulance (Rpt)** CC M  
Coarse Language,  
Drug References,  
Mature Themes

An insight into the ambulance service, from the highly-pressurised control room to the crews on the streets. This is an honest snapshot of the ambulance services daily dilemmas and pressures.

**10:45 pm NCIS: New Orleans** CC

## ALL NEW EPISODES

### Reckoning

After a re-shuffling of assignments, Pride is no longer Special Agent in charge of the South East and returns to the New Orleans NCIS office during the investigation of a missing petty officer.

Starring: Scott Bakula, Lucas Black, C C H Pounder, Daryl Mitchell, Rob Kerkovich, Vanessa Ferlito



# SYDNEY PROGRAM GUIDE

Saturday 06th April 2019

**11:30 pm Supercars Highlights (Rpt)**

**Supercars Tasmania (Sat)**

Highlights of 2019 Supercars Championship from the Tyrepower Tasmania SuperSprint at the Symmons Plains circuit.

**12:30 am Home Shopping (Rpt)**

**Home Shopping**

**01:00 am Home Shopping (Rpt)**

**Home Shopping**

**01:30 am Home Shopping (Rpt)**

**Home Shopping**

**02:00 am Home Shopping** CC

**Home Shopping**

**02:30 am Home Shopping (Rpt)**

**Home Shopping**

**03:00 am Home Shopping (Rpt)**

**Home Shopping**

**03:30 am Home Shopping (Rpt)**

**Home Shopping**

**04:00 am Home Shopping (Rpt)**

**Home Shopping**

**04:30 am Home Shopping (Rpt)**

**Home Shopping**

**05:00 am Hour Of Power With Bobby Schuller** G

**ALL NEW EPISODES**

Religious program.