



SYDNEY PROGRAM GUIDE

Sunday 07th April 2019

06:00 am **Mass For You At Home** CC G

ALL NEW EPISODES

Religious program.

06:30 am **Hillsong** CC G

ALL NEW EPISODES

Religious Program

07:00 am **Joeph Prince New Creation Church** CC G

ALL NEW EPISODES

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

07:30 am **Joel Osteen** CC G

ALL NEW EPISODES

The Power Of Favor

Religious.

08:00 am **The Living Room Encore (Rpt)** CC

SPECIAL ENCORE PRESENTATION

The Living Room's newest recruit, Matt Leacy helps a couple sift through 30 tons of dirt and Miguel's cooking skills are put to the test when asked to prepare a delicious meal using 2-minute noodles.

09:00 am **XVenture Family Challenge (Rpt)** CC G

XVenture Family Challenge features 16 New Zealand and Australian families competing in fun and testing challenges to win NZ\$25,000.

09:30 am **Studio 10 Sunday** CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



SYDNEY PROGRAM GUIDE

Sunday 07th April 2019

12:00 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

12:30 pm The Cook's Pantry With Matt Sinclair (Rpt) CC G

Cook's Pantry With Matt Sinclair, The 18

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

01:00 pm Chris & Julia's Sunday Night Takeaway Encore (Rpt) CC PG
Sexual References,
Coarse Language,
May Contain:

SPECIAL ENCORE PRESENTATION

Chris and Julia have called in the big guns to make sure your Sunday nights go off with a bang! Bringing you big entertainment, challenges, surprises, celeb's & outrageous fun for the whole family.

02:30 pm XVenture Family Challenge CC G

ALL NEW EPISODES

XVenture Family Challenge features 16 New Zealand and Australian families competing in fun and testing challenges to win NZ\$25,000.

03:00 pm WhichCar CC PG

ALL NEW EPISODES

Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.

03:30 pm RPM CC

ALL NEW EPISODES

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

04:00 pm Supercars Highlights

Supercars Tasmania (Sun)

Don't miss the action of the 2019 Supercars Championship from the Tyrepower Tasmania SuperSprint at the Symmons Plains circuit.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Sunday 07th April 2019

06:00 pm **Bondi Rescue**

CC

ALL NEW EPISODES

It's been a long hot summer and as Bondi swells with beach lovers, the lifeguards feel the pressure. This year's unpredictable events are really going to test the boys and girls in blue.

06:30 pm **The Sunday Project**

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm **Chris & Julia's Sunday Night Takeaway**

CC PG
Sexual References,
Coarse Language,
May Contain:

LIVE

Chris and Julia have called in the big guns to make sure your Sunday nights go off with a bang! Bringing you big entertainment, challenges, surprises, celeb's & outrageous fun for the whole family.

09:00 pm **Hughesy, We Have A Problem**

CC

ALL NEW EPISODES

Hughesy, We Have a Problem brings together the biggest names in comedy & entertainment for a truly noble cause: to help the people of Australia get over life's infuriating problems.

10:00 pm **NCIS (Rpt)**

CC M
Violence

Exit Strategy

While on a stakeout with Metro P.D., Torres' partner mysteriously vanishes, with the subsequent investigation leading NCIS to uncover new evidence from a decade-old murder.

11:00 pm **NCIS (Rpt)**

CC M
Violence

Skeleton Crew

In the midst of a storm that has shut down Washington, D.C. and knocked out power, the NCIS team investigates the kidnapping of a sailor, which sends Torres and Bishop out to sea to track evidence.



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Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

01:00 am **Home Shopping (Rpt)**

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01:30 am **Home Shopping (Rpt)**

Home Shopping

02:00 am **Home Shopping (Rpt)**

Home Shopping

02:30 am **Home Shopping (Rpt)**

Home Shopping

03:00 am **Home Shopping (Rpt)**

Home Shopping

03:30 am **Home Shopping (Rpt)**

Home Shopping

04:00 am **Home Shopping (Rpt)**

Home Shopping

04:30 am **CBS This Morning** CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 08th April 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Ridge and Taylor welcome their son home as they say goodbye to their daughter. Meanwhile, Thomas is affected when Hope connects with Douglas.

08:00 am Pointless (Rpt)

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm Dancing With The Stars Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Hosted by Grant Denyer & Amanda Keller, our celebrities are ready to foxtrot, rumba, waltz, shimmy and spin their way to dancing glory – all in the name of charity. Shall we dance?



SYDNEY PROGRAM GUIDE

Monday 08th April 2019

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Entertainment Tonight CC

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

04:00 pm Good Chef Bad Chef CC G

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

04:30 pm The Bold & The Beautiful CC PG

ALL NEW EPISODES

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm Pointless CC PG

ALL NEW EPISODES

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Dancing With The Stars CC PG

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SYDNEY PROGRAM GUIDE

Monday 08th April 2019

09:30 pm The Graham Norton Show Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Graham Norton goes behind the scenes of his talk show to reveal the secrets of telling a good story. Features insight from Rob Brydon and Miriam Margolyes.

10:30 pm Hughesy, We Have A Problem Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Hughesy, We Have a Problem brings together the biggest names in comedy & entertainment for a truly noble cause: to help the people of Australia get over life's infuriating problems.

11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

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SYDNEY PROGRAM GUIDE

Monday 08th April 2019

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 09th April 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

08:00 am Pointless (Rpt)

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil (Rpt)

CC PG
Coarse Language,
Drug Use,
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm Bondi Vet (Rpt)

PG
Medical Procedures

SPECIAL ENCORE PRESENTATION

Dr Chris Brown performs an extraordinary transformation on a cormorant bird that is missing half its top beak. Plus, Dr Lisa Chimes takes time out to host the annual Dog Lovers Show in Sydney.



SYDNEY PROGRAM GUIDE

Tuesday 09th April 2019

02:00 pm	Entertainment Tonight	CC
02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G
04:00 pm	Good Chef Bad Chef	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Pointless	CC PG

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

ALL NEW EPISODES

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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Tuesday 09th April 2019

06:30 pm **The Project**

CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect and digest the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm **To Be Advised**

09:00 pm **NCIS**

CC

ALL NEW EPISODES

Mona Lisa

Torres relies on his team's investigative skills after he wakes up on a dilapidated fishing boat, covered in blood and unable to remember the last 12 hours.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

10:00 pm **NCIS: Los Angeles (Rpt)**

CC M
Violence

Line In The Sand, A

After Sam is shot during a firefight with the cartel, a suspect is interrogated and reveals new information on the whereabouts of Spencer Williams, the man who kidnapped Mosley's son five years ago.

11:00 pm **The Project Encore (Rpt)**

CC

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12:00 am **The Late Show With Stephen Colbert**

CC PG

ALL NEW EPISODES

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01:00 am **Home Shopping (Rpt)**

Home Shopping



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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 10th April 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

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07:00 am Entertainment Tonight (Rpt)

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07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

08:00 am Pointless (Rpt)

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

08:30 am Studio 10

CC PG

ALL NEW EPISODES

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12:00 pm Dr. Phil (Rpt)

CC PG
Coarse Language,
Mature Themes

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01:00 pm To Be Advised

02:30 pm Entertainment Tonight

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03:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

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04:30 pm The Bold & The Beautiful CC PG

ALL NEW EPISODES

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm Pointless CC PG

ALL NEW EPISODES

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06:30 pm The Project CC

ALL NEW EPISODES

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07:30 pm To Be Advised



SYDNEY PROGRAM GUIDE

Wednesday 10th April 2019

09:00 pm To Be Advised

10:00 pm To Be Advised

11:00 pm Sports Tonight CC

ALL NEW EPISODES

Scott Mackinnon, Roz Kelly and Ant Sharwood present the latest sports news, views and highlights in a fun and engaging format.

11:30 pm The Project Encore (Rpt) CC

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Wednesday 10th April 2019

04:30 am CBS This Morning

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SYDNEY PROGRAM GUIDE

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Mature Themes

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07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

08:00 am Pointless (Rpt)

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

08:30 am Studio 10

CC PG

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12:00 pm Dr. Phil (Rpt)

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Coarse Language,
Mature Themes

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01:00 pm To Be Advised

02:30 pm Entertainment Tonight

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ALL NEW EPISODES

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06:00 pm Pointless CC PG

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07:30 pm To Be Advised



SYDNEY PROGRAM GUIDE

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09:00 pm **Gogglebox**

CC

ALL NEW EPISODES

No show is safe in the brand new season of Gogglebox which takes the audience into the lounge rooms of some of Australia's most opinionated, outspoken, funny and avid TV viewers.

10:00 pm **Blue Bloods**

CC

ALL NEW EPISODES

Strange Bedfellows

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray, Len Cariou, Sami Gayle

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01:00 pm The Living Room Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

The Living Room's newest recruit, Matt Leacy helps a couple sift through 30 tons of dirt and Miguel's cooking skills are put to the test when asked to prepare a delicious meal using 2-minute noodles.



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07:30 pm	The Living Room	CC
08:30 pm	The Graham Norton Show	CC
09:30 pm	Hughesy, We Have A Problem Encore (Rpt)	CC
10:30 pm	To Be Advised	
12:00 am	The Project Encore (Rpt)	CC
01:00 am	The Late Show With Stephen Colbert	CC PG

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Join the hilarious and cheeky Graham Norton as he hosts Sally Field, Bill Pullman and The Lumineers.

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SYDNEY PROGRAM GUIDE

Saturday 13th April 2019

06:00 am XVenture Family Challenge (Rpt) CC G

XVenture Family Challenge features 16 New Zealand and Australian families competing in fun and testing challenges to win NZ\$25,000.

06:30 am Australian Fishing Championships (Rpt) G

Welcome to the Australian Fishing Championships, where the best anglers in Australia go head-to-head. AFC is hosted across the Mackay and Whitsundays region in northern Queensland.

07:00 am Escape Fishing With ET (Rpt) CC

Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species & interesting spots with his mates.

07:30 am RPM (Rpt) CC

Hosted by 10 Sport's Matt White, RPM delivers all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

08:00 am WhichCar (Rpt) CC PG

Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.

08:30 am My Market Kitchen (Rpt) CC G

Best friends Emma Dean and Lynton Tapp collaborate in the My Market Kitchen studio to create their fresh, modern Australian cuisine.

09:00 am Good Chef Bad Chef (Rpt) CC G

Hosts Adrian Richardson and Rosie Mansfield present a daily cooking series showing both the healthy and indulgent ways to cook and eat.

ALL NEW EPISODES

09:30 am Studio 10 Saturday CC PG

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.

SPECIAL ENCORE PRESENTATION

12:00 pm The Living Room Encore (Rpt) CC



SYDNEY PROGRAM GUIDE

Saturday 13th April 2019

01:00 pm **Everyday Gourmet With Justine Schofield** (Rpt) CC G

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

01:30 pm **Healthy Homes** (Rpt) CC G

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

02:00 pm **Buy To Build** CC

ALL NEW EPISODES

The latest ideas and inspirations in home, garden and lifestyle with Walt and Dani.

02:30 pm **The Home Team** (Rpt) CC G

Tune in and get inspired to do that job you've been putting off for too long... The Home Team are your team of dedicated DIY'ers. Learn affordable ways to make your home stylish, cozy and sustainable.

03:00 pm **The Cook's Pantry With Matt Sinclair** (Rpt) CC G

Cook's Pantry With Matt Sinclair, The 28

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

03:30 pm **What's Up Down Under** CC G

ALL NEW EPISODES

Travel and Lifestyle, Celebrating the Australian pastime of caravanning, camping and holiday parks.

04:00 pm **Bondi Vet** (Rpt) CC PG

Dr. Chris attempts to catch fast moving sea turtles for an important research project. Meanwhile, Dr. Lisa helps a puppy with an upset tummy and Tim rescues a baby Echidna.

05:00 pm **10 News First** CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



SYDNEY PROGRAM GUIDE

Saturday 13th April 2019

06:00 pm Jamie's Quick & Easy Food (Rpt) CC G

Cooking comes alive as Jamie whips up delicious lamb kofta hotbreads, gnarly peanut chicken, pappa al pomodoro soup, crispy skin lemon sole, yummy peach & almond alaska and honey berry filo smash.

Starring: Jamie Oliver

07:00 pm Bondi Rescue (Rpt) CC

It's been a long hot summer and as Bondi swells with beach lovers, the lifeguards feel the pressure. This year's unpredictable events are really going to test the boys and girls in blue.

07:30 pm One Born Every Minute CC M
Mild Coarse Language

ALL NEW EPISODES

Sunny and Shay fell in love on a Bollywood film set but Shay's mum didn't approve of their relationship. Now the couple are expecting their first child - with Sunny's mother in the supporting role.

08:30 pm To Be Advised

09:30 pm Ambulance (Rpt) CC M
Coarse Language, Strong Adult Themes

An insight into the ambulance service, from the highly-pressurised control room to the crews on the streets. This is an honest snapshot of the ambulance services daily dilemmas and pressures.

10:45 pm NCIS: New Orleans CC

ALL NEW EPISODES

In Plain Sight

The NCIS team investigates the murder of Patton's friend, a former Navy SEAL gunned down in a drive-by shooting while Patton watched.

Starring: Scott Bakula, Lucas Black, C C H Pounder, Daryl Mitchell, Rob Kerkovich, Vanessa Ferlito

11:30 pm Supercars Highlights (Rpt)

Supercars Phillip Island (Sat)

Highlights of 2019 Supercars Championship from the Phillip Island SuperSprint, Victoria.



SYDNEY PROGRAM GUIDE

Saturday 13th April 2019

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power With Bobby Schuller G

ALL NEW EPISODES

Religious program.