

Sunday 03rd February 2019

06:00 am Mass For You At Home CC G

Religious program.

06:30 am Hillsong CC G **ALL NEW EPISODES** 

Religious Program

07:00 am Joesph Prince New Creation CC G Church

**ALL NEW EPISODES** 

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

07:30 am Joel Osteen CC G **ALL NEW EPISODES** 

**The Danger Of Dry Places** 

Religious.

08:00 am Bondi Rescue Red Centre CC G Adventure (Rpt)

**SPECIAL EVENT** 

**Bondi Rescue Red Centre Adventure** 

From Bondi Rescue - Andrew Reid, Corey Oliver & Ryan Clarke; Australia's most famous larrikin lifeguards, head out on another exciting adventure - this time to explore Australia's red centre.

09:00 am Australia By Design: Innovations CC G (Rpt)

Australia by Design: Innovation partners with the Good Design Awards to look at the top design innovations in Australia and ultimately awards the top design innovation in the country for the year.

CC PG 09:30 am Studio 10 Sunday

### **ALL NEW EPISODES**

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



### Sunday 03rd February 2019

12:00 pm The Living Room (Rpt) CC PG

> The Bachelor, Nick Cummins joins The Living Room hosts this week and can Jason Cunningham put his money where his mouth is and give a family realistic tips to save money?

01:00 pm Foodie Adventures With Ash

Pollard (Rpt)

Monaco - Kris Smith

Ash heads to glamorous Monaco this week and discovers it's hidden local secrets. Her dinner guest this week is Kris Smith.

01:30 pm Everyday Gourmet With Justine

Schofield (Rpt)

CC G

CC

CC G

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

02:00 pm To Be Advised

04:30 pm RPM Summer Series

CC G 04:00 pm WhichCar

**ALL NEW EPISODES** 

Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.

**SUMMER SERIES** 

**Summer Series** 

Hosted by TEN Sport's Matt White, RPM will deliver all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

05:00 pm 10 News First CC **ALL NEW EPISODES** 

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

CC G 06:00 pm David Attenborough's Natural Curiosities

**Bad Reputations** 

Sir David Attenborough explores how the gorilla and the vampire bat both gained frightening reputations when first discovered by explorers and scientists.



### Sunday 03rd February 2019

06:30 pm The Sunday Project CC

### **ALL NEW EPISODES**

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

### **ALL NEW EPISODES**

07:30 pm I'm A Celebrity...Get Me Out Of

Here!

CC PG Coarse Language

Through all the tears, fears & gory foods who will survive the jungle? Not only do these celebs have to survive challenges, they'll have to

survive each other!

### **SEASON RETURN**

09:00 pm NCIS CC M

Mature Themes

**Toil And Trouble** 

The secretary of defense shuts down Gibbs' murder investigation and demands that McGee and Torres be arrested for their actions in the

case.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky

Carroll

10:00 pm NCIS (Rpt) CC M

**What Lies Above** 

McGee discovers his apartment has been torn apart by a robber trying to locate an item of great value hidden somewhere by the convicted

criminal who previously owned the unit.

### SPECIAL ENCORE PRESENTATION

11:00 pm The Sunday Project (Rpt) CC

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12:00 am Home Shopping (Rpt) **Home Shopping** 

12:30 am Home Shopping (Rpt) **Home Shopping** 

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CC 04:30 am CBS This Morning

### **ALL NEW EPISODES**

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



### Monday 04th February 2019

06:00 am	The Talk	CC	
			Mature Them

### **ALL NEW EPISODES**

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

### SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

### SPECIAL ENCORE PRESENTATION

A woman from Reese's past introduces herself to Taylor. Meanwhile, Liam spends time with Steffy and baby Kelly, vowing to always be present for them.

### SPECIAL ENCORE PRESENTATION

Hosted by Dr Andrew Rochford and Mark Humphries, Pointless sees three teams compete each night; faced with questions from a range of topics, players must produce the least obvious answers to progress.

### **ALL NEW EPISODES**

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

CC PG

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CC

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Coarse Language, Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression,

child abuse, suicide and various forms of mental illness.

07:00 am Entertainment Tonight (Rpt)

07:30 am The Bold & The Beautiful Encore (Rpt)

08:00 am Pointless (Rpt) CC PG

12:00 pm Dr. Phil

08:30 am Studio 10

01:00 pm To Be Advised



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03:00 pm	Judge Judy	CC PG	ALL NEW EPISODES	
			Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.	
03:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen	
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Here!

CC PG Coarse Language

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### **ALL NEW EPISODES**

09:00 pm Murphy Brown CC PG

Coarse Language

**Happy New Year** 

The gang tries to distract Murphy from worrying about Avery's assignment in Kabul by getting her to attend the special 100th anniversary New Year's Eve celebration at Phil's Bar.

09:30 pm The Graham Norton Show (Rpt)

PG CC Mature Themes

Graham Norton showcases his wickedly cheeky sense of humour in this fast-paced interview show. Guests this week: Rowan Atkinson,

Jamie Lee Curtis, Gary Barlow, Jeff Goldblum, Imelda May.

10:30 pm To Be Advised

11:30 pm The Project Encore (Rpt) CC

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#### 12:30 am The Late Show With Stephen CC PG Colbert

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04:30 am CBS This Morning CC

### **ALL NEW EPISODES**

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



### **Tuesday 05th February 2019**

06:00 am The Talk CC PG Mature Themes

CC

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abuse, suicide and various forms of mental illness.

07:30 am The Bold & The Beautiful Encore

07:00 am Entertainment Tonight (Rpt)

(Rpt)

08:00 am Pointless (Rpt) CC PG

08:30 am Studio 10 CC PG

12:00 pm Dr. Phil CC PG

Mature Themes

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### **ALL NEW EPISODES**

07:30 pm I'm A Celebrity...Get Me Out Of

Here!

10:00 pm NCIS: Los Angeles

CC PG Coarse Language

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### **ALL NEW EPISODES**

09:00 pm Hughesy, We Have A Problem

CC M Sexual References, Coarse Language

Hughesy, We Have a Problem brings together the biggest names in comedy & entertainment for a truly noble cause: to help the people of Australia get over life's infuriating problems.

### **ALL NEW EPISODES**

CC Smokescreen

> The NCIS team partners with the FBI to locate a terrorist cell in Los Angeles believed to be prepping for an imminent attack.

CC M 11:00 pm NCIS: Los Angeles (Rpt)

**All Is Bright** 

The team investigates a ransomware attack that takes out the entire power grid for west L.A. and paralyses the city. Also, as the first holiday season since the death of Sam's wife approaches

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04:30 am CBS This Morning CC

### **ALL NEW EPISODES**

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



### Wednesday 06th February 2019

06:00 am The Talk CC PG

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(Rpt)

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07:30 pm I'm A Celebrity...Get Me Out Of

Here!

09:00 pm Law & Order: SVU

CC PG Coarse Language

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### **ALL NEW EPISODES**

#### Dear Ben

When a serial rapist strikes again after two decades of silence, Stone discovers that his father worked on the case before it went cold, and resolves to uncover the elusive criminal.

Starring: Mariska Hargitay, Ice T, Kelli Giddish, Peter Scanavino,

Philip Winchester

Guest Starring: Jude Ciccolella

10:00 pm Law & Order: SVU (Rpt)

CC M Mature Themes

CC

Send In The Clowns

Nothing is what it seems when a teenage music student disappears during a school trip to New York City and SVU suspect she may have been the victim of a mysterious man in a creepy clown mask.

Starring: Mariska Hargitay, Ice T, Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Will Sasso, Erik Jensen

11:00 pm Hawaii Five-0 (Rpt)

CC M

Frequent Violence

A'ole E 'olelo Mai Ana Ke Ahi Ua Ana IA

A terrifying bushfire emergency ensues when McGarrett and Danny recruit Tani Rey to join the task force after a diabolical hacker releases Hawaii's most dangerous arsonist Jason Duclair from prison.

Starring: Alex O'Loughlin, Scott Caan, Chi McBride, Meaghan Rath, Jorge Garcia, Andrew Lawrence

Guest Starring: Randy Couture, Joey Lawrence

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### Thursday 07th February 2019

07:00 am Entertainment Tonight (Rpt)

07:30 am The Bold & The Beautiful Encore

(Rpt)

08:00 am Pointless (Rpt)

08:30 am Studio 10

12:00 pm Dr. Phil

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01:00 pm To Be Advised

**ALL NEW EPISODES** 

# **SYDNEY PROGRAM GUIDE**

### Thursday 07th February 2019

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Here!

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### **SEASON PREMIERE**

09:00 pm Gogglebox CC M

Sexual References, Coarse Language,

No show is safe in the brand new season of Gogglebox which takes Medical Procedures the audience into the lounge rooms of some of Australia's most

opinionated, outspoken, funny and avid TV viewers.

### **ALL NEW EPISODES**

10:00 pm Blue Bloods CC M

Violence

**Ripple Effect** 

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray, Len Cariou, Sami Gayle

11:00 pm Blue Bloods (Rpt)

CC M Violence **Brushed Off** 

When a famous basketball player is found dead in his apartment of an apparent drug overdose, Danny looks into ties to old friends in a local gang.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez, Len Cariou, Sami Gayle

Guest Starring: Mimi Rogers, Stacy Keach

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### Friday 08th February 2019

07:00 am Entertainment Tonight (Rpt)

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(Rpt)

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08:30 am Studio 10

12:00 pm Dr. Phil

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04:00 pm. The Cookie Ponton With Mett	00.0	ALL NEW EPISODES
04:00 pm The Cook's Pantry With Matt Sinclair	CC G	Cook's Pantry With Matt Sinclair, The 80  Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.
04:30 pm The Bold & The Beautiful	CC PG	ALL NEW EPISODES
- 1.00 <b>-</b> 1.10 - 2.00 - 1.10 - 2.00 - 1.10	22.0	Watching Bill and Katie together reminds Thorne of his connection to Darla. Meanwhile, Liam and Hope struggle with the enormity of their loss.
05:00 pm 10 News First	CC	ALL NEW EPISODES
·		Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.
06:00 pm Pointless	CC PG	ALL NEW EPISODES
•		Hosted by Dr Androw Bookford and Mark Humphrica, Bointless ages

Hosted by Dr Andrew Rochford and Mark Humphries, Pointless sees three teams compete each night; faced with questions from a range of topics, players must produce the least obvious answers to progress.



### Friday 08th February 2019

CC 06:30 pm The Project

### **ALL NEW EPISODES**

Join the Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.

### **SEASON PREMIERE**

07:30 pm Show Me The Movie! CC

> Hosted by Rove McManus, team captain Brooke Satchwell will make her Show Me The Movie! debut alongside Nikki Osbourne & Dave Thornton and Joel Creasey will be flanked by Tiriel Mora & Kate

McCartney.

CC M 08:30 pm The Graham Norton Show

Coarse Language

Join the cheeky and wickedly quick-witted, Graham Norton as he hosts Keira Knightley, Guy Pearce, Catherine Tate, Olivia Colman, Nicholas Hoult and Rita Ora.

09:30 pm To Be Advised

10:30 pm Montreal Comedy Festival (Rpt)

CC M Sexual References, Coarse Language

2017 Montreal Comedy Festival, Just For Laughs #2

Tommy Little presents the 2017 Montreal Comedy Festival featuring live stand up from Danny Bhoy, Katherine Ryan, Steve Martin, Tommy

Tiernan and many more.

CC 11:30 pm The Project Encore (Rpt)

SPECIAL ENCORE PRESENTATION

Join the Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The

Project...It's news delivered differently.

CC PG 12:30 am The Late Show With Stephen Colbert

#### **ALL NEW EPISODES**

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

# 10

# **SYDNEY PROGRAM GUIDE**

### Friday 08th February 2019

01:30 am Home Shopping (Rpt)	Home Shopping
02:00 am Home Shopping (Rpt)	Home Shopping
02:30 am Home Shopping (Rpt)	Home Shopping
03:00 am Home Shopping (Rpt)	Home Shopping
03:30 am Home Shopping (Rpt)	Home Shopping
04:00 am Home Shopping (Rpt)	Home Shopping
04:30 am Home Shopping (Rpt)	Home Shopping
05:00 am Home Shopping (Rpt)	Home Shopping
05:30 am Home Shopping (Rpt)	Home Shopping



### Saturday 09th February 2019

06:00 am	Australia By Design: Landscapes (Rpt)	CC G	Best Of The Best  Australia by Design: Landscapes partners with the Australian Institute of Landscape Architects to look at the best landscape designs in Australia.
06:30 am	WhichCar (Rpt)	CC G	Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.
07:00 am	RPM (Rpt)	CC	<u>Summer Series</u> Hosted by TEN Sport's Matt White, RPM will deliver all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.
07:30 am	Escape Fishing With ET (Rpt)	CC G	Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventure.
08:00 am	iFish Summer Series	CC G	ALL NEW EPISODES <u>Summer Series</u> Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.
09:00 am	My Market Kitchen (Rpt)	CC G	Best friends Emma Dean and Lynton Tapp collaborate in the My Market Kitchen studio to create their fresh, modern Australian cuisine.
09:30 am	Studio 10 Saturday	CC PG	ALL NEW EPISODES  See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.
12:00 pm	Luxury Escapes (Rpt)	CC PG	NSW Coast/treehouse Villas  Luxury Escapes - The World's Best Holidays - showcases Australia's most loved and desired holiday hotspots. We visit some incredible hotels, experiencing beautiful places to eat, drink and explore!
12:30 pm	The 48 Hour Destination (Rpt)	CC G	Abu Dhabi  Join Flight Centre consultant, Greer on her adventures In 48 hours, she'll travel to a destination, taking in the scenery, enjoying exciting activities, food and meeting the locals.



### Saturday 09th February 2019

01:00 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G	Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen
01:30 pm	The Cook's Pantry With Matt Sinclair (Rpt)	CC G	Cook's Pantry With Matt Sinclair, The 9  Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.
02:00 pm	Renovation King (Rpt)	CC G	Make An Entrance
			Every home is a castle, whether it's taken a few knocks, desperately in need of expansion or crying out for a little TLC. Barry Du Bois is the man with a plan to turn the humblest place into a palace.
02:30 pm	The Home Team (Rpt)	CC G	Tune in and get inspired to do that job you've been putting off for too long The Home Team are your team of dedicated DIY'ers. Learn affordable ways to make your home stylish, cozy and sustainable.
03:00 pm	The Living Room (Rpt)	CC PG	Secret hoardersit's time to come clean! Turn that huge stash into a wad of cash. Plus, roll into summer with a DIY beach buggy.
			ALL NEW EPISODES
04:00 pm	What's Up Down Under	CC G	Travel & Lifestyle program celebrating the Australian caravanning and holiday park experience.
04:30 pm	Jamie's 15 Minute Meals (Rpt)	CC G	
			Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food.
			Starring: Jamie Oliver
05:00 pm	10 News First	CC	ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.



### Saturday 09th February 2019

06:00 pm David Attenborough's Natural Curiosities

CC G

**Shocking Senses** 

Sir David Attenborough shines the spotlight on nature's most amazing lifeforms, as he presents aquatic animal species and plants which make shockingly efficient use of self-generated electricity.

06:30 pm David Attenborough's Natural Curiosities

CC G

Life On Ice

David Attenborough explores the remarkable adaptations of Emperor Penguins and Marsh Frogs that have evolved to survive the coldest and most challenging of conditions on Earth.

### **ALL NEW EPISODES**

07:00 pm I'm A Celebrity Saturday Schoolies CC

PG Coarse Language

Our Jungle Celebrities are ripped from the camp to the classroom to compete in a series of random and ridiculous challenges set by their teacher, Mr Scott Tweedie.

### **MOVIE**

08:00 pm Shrek The Third (Rpt) (2007)

09:45 pm NCIS: New Orleans

CC PG Mild Violence

When his new father-in-law, King Harold falls ill, Shrek becomes the likely heir to the land of Far, Far Away. But not wanting to give up his beloved swamp, Shrek tries to find a replacement king.

Voices: Mike Myers, Eddie Murphy, Cameron Diaz, Antonio Banderas, Julie Andrews, John Cleese, Rupert Everett, Eric Idle, Justin Timberlake

### **ALL NEW EPISODES**

### **Desperate Navy Wives**

While under cover, Gregorio joins a social club for military wives after one of the members is contacted by an ex-boyfriend who is on the FBI's most wanted list.

10:45 pm NCIS: New Orleans (Rpt)

CC M Violence

CC

**Ties That Bind** 

A petty officer's murder leads the team to a night club where Pride's mother used to perform. Lasalle must return home to Alabama after receiving an unexpected call from his family.

### Saturday 09th February 2019

11:45 pm Elementary (Rpt)	CC M	Sand Trap
	Strong Violence	Halasaa aaal

Holmes and Watson search for the killer of a woman found encased in cement; Watson takes a giant leap forward regarding her interest in

adoption.

12:30 am Home Shopping (Rpt) **Home Shopping** 

01:00 am Home Shopping (Rpt) **Home Shopping** 

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04:00 am Home Shopping (Rpt) **Home Shopping** 

04:30 am Home Shopping (Rpt) **Home Shopping** 

**ALL NEW EPISODES** 

05:00 am Hour Of Power With Bobby Schuller G

Religious program.