



SYDNEY PROGRAM GUIDE

Sunday 17th February 2019

06:00 am Mass For You At Home	CC G	Religious program.
06:30 am Hillsong	CC G	ALL NEW EPISODES Religious Program
07:00 am Joesph Prince New Creation Church	CC G	ALL NEW EPISODES Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.
07:30 am Joel Osteen	CC G	ALL NEW EPISODES <u>Serve Your Way Up</u> Religious.
08:00 am Maxing Out (Rpt)	CC PG	<u>Maxing Out</u> We follow celebrities as they take on one of the toughest challenges in their lives. With just 4-months to train, they are to complete an iron distance race; the holy grail of extreme endurance.
09:00 am Places We Go With Jennifer Adams (Rpt)	CC G	<u>S11ep.2</u> Places We Go is series about real travel, hosted by real travellers. Jennifer Adams and Clint Bizzell take viewers on a journey to some of most stunning destinations around Australia and the World.
09:30 am Studio 10 Sunday	CC PG	ALL NEW EPISODES See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.
12:00 pm The Cook's Pantry With Matt Sinclair (Rpt)	CC G	<u>Cook's Pantry With Matt Sinclair, The 39</u> Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.



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12:30 pm **Everyday Gourmet With Justine Schofield (Rpt)** CC G

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

01:00 pm **To Be Advised**

02:30 pm **To Be Advised**

04:00 pm **WhichCar** CC PG

ALL NEW EPISODES

Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.

04:30 pm **RPM Summer Series** CC

SUMMER SERIES

Summer Series

Hosted by TEN Sport's Matt White, RPM will deliver all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

05:00 pm **10 News First** CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm **Bondi Rescue (Rpt)** CC PG
Coarse Language,
Mature Themes

Harrison's life is put on the line when he attempts to save a brother and sister who, in their panic, start to drown the lifeguard that is there to rescue them.

06:30 pm **The Sunday Project** CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.



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07:30 pm I'm A Celebrity...Get Me Out Of Here! **NO CC**

09:00 pm NCIS CC M

10:00 pm NCIS (Rpt) CC M
Violence

11:00 pm The Sunday Project (Rpt) CC

12:00 am Home Shopping (Rpt)

12:30 am Home Shopping (Rpt)

01:00 am Home Shopping (Rpt)

01:30 am Home Shopping (Rpt)

02:00 am Home Shopping (Rpt)

02:30 am Home Shopping (Rpt)

SEASON FINAL

SEASON RETURN

The Last Link

An old family friend pleads with Gibbs to join him on a road trip to search for a missing military ID. Meanwhile, a Navy lieutenant in NCIS protective custody is poisoned by an infamous drug dealer.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

The Wall

When a Marine is murdered at an Honor Flight Network event, a non-profit that arranges for veterans to visit War Memorials for free, the team must rely on an irritable Vietnam veteran for help.

SPECIAL ENCORE PRESENTATION

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Home Shopping

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03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 18th February 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Reese rushes to save Zoe from the thug he owes money to. Meanwhile, Liam feels instantly connected to the infant Steffy is adopting.

08:00 am Pointless (Rpt)

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC PG
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm To Be Advised

02:30 pm Entertainment Tonight

CC

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Monday 18th February 2019

03:00 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

03:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

04:00 pm The Cook's Pantry With Matt Sinclair CC G

ALL NEW EPISODES

Cook's Pantry With Matt Sinclair, The 86

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

04:30 pm The Bold & The Beautiful CC PG

ALL NEW EPISODES

Flo realises the severity of Reese's actions and worries about the consequences. Meanwhile, Liam tells Hope that Steffy is adopting a baby.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm Pointless CC PG

ALL NEW EPISODES

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

06:30 pm The Project CC

ALL NEW EPISODES

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Monday 18th February 2019

07:30 pm **Dancing With The Stars** CC

ALL NEW EPISODES

Hosted by Grant Denyer & Amanda Keller, our celebrities are ready to foxtrot, rumba, waltz, shimmy and spin their way to dancing glory – all in the name of charity. Shall we dance?

09:30 pm **The Graham Norton Show (Rpt)** CC M
Sexual References,
Coarse Language

SPECIAL ENCORE PRESENTATION

Join the cheeky and wickedly quick-witted, Graham Norton as he hosts James McAvoy, John C. Reilly, Westlife, Sarah Paulson, Richard E. Grant, Steve Coogan.

10:30 pm **To Be Advised**

11:30 pm **The Project Encore (Rpt)** CC

SPECIAL ENCORE PRESENTATION

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12:30 am **The Late Show With Stephen Colbert** CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews Jeff Goldblum.

01:30 am **Home Shopping (Rpt)**

Home Shopping

02:00 am **Home Shopping (Rpt)**

Home Shopping

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Home Shopping

03:00 am **Home Shopping (Rpt)**

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03:30 am **Home Shopping (Rpt)**

Home Shopping



SYDNEY PROGRAM GUIDE

Monday 18th February 2019

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 19th February 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Flo realises the severity of Reese's actions and worries about the consequences. Meanwhile, Liam tells Hope that Steffy is adopting a baby.

08:00 am Pointless (Rpt)

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

08:30 am Studio 10

CC PG

ALL NEW EPISODES

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12:00 pm Dr. Phil

CC PG
Sexual References,
Coarse Language

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm Ambulance Australia (Rpt)

CC M
Mature Themes

A poisoned toddler, a workplace accident & a pregnant woman in a car accident. Ambulance follows people in the business of saving lives, going beyond the flashing lights to the heart & soul of heroes.

02:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



SYDNEY PROGRAM GUIDE

Tuesday 19th February 2019

02:30 pm Neighbours Encore (Rpt) CC PG

03:00 pm Judge Judy CC PG

03:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

04:00 pm The Cook's Pantry With Matt Sinclair CC G

04:30 pm The Bold & The Beautiful CC PG

05:00 pm 10 News First CC

06:00 pm Pointless CC PG

06:30 pm The Project CC

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

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ALL NEW EPISODES

Cook's Pantry With Matt Sinclair, The 87

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

ALL NEW EPISODES

Ridge is emotional about the addition to his family. Meanwhile, Hope demands answers from the doctor about what transpired on Catalina Island.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

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<p>07:30 pm Ambulance Australia</p>	<p>CC</p>	<p>SEASON RETURN</p> <p>Ambulance Australia follows people in the business of saving lives, going beyond the flashing lights to the heart & soul of heroes.</p>
<p>08:30 pm Hughesy, We Have A Problem</p>	<p>CC M Sexual References, Nudity</p>	<p>ALL NEW EPISODES</p> <p>Hughesy, We Have A Problem brings together the biggest names in comedy & entertainment for a truly noble cause: to help the people of Australia get over life's infuriating problems.</p>
<p>09:30 pm NCIS: Los Angeles (Rpt)</p>	<p>CC M Frequent Violence, Mature Themes</p>	<p><u>Goodbye, Vietnam</u></p> <p>NCIS joins Hetty's team from the Vietnam War in a dangerous rescue mission to save Hetty from her captors in Vietnam. Mosley calls in Nell's sister to assist the team in LA.</p>
<p>10:30 pm NCIS: Los Angeles (Rpt)</p>	<p>CC M Frequent Violence</p>	<p><u>Liabilities</u></p> <p>Callen and Sam pull Jennifer Kim from witness protection to help the team find an underground spy with an arsenal of bomb materials.</p>
<p>11:30 pm The Project Encore (Rpt)</p>	<p>CC</p>	<p>SPECIAL ENCORE PRESENTATION</p> <p>Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.</p>
<p>12:30 am The Late Show With Stephen Colbert</p>	<p>CC PG</p>	<p>ALL NEW EPISODES</p> <p>Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.</p>
<p>01:30 am Home Shopping (Rpt)</p>		<p><u>Home Shopping</u></p>
<p>02:00 am Home Shopping (Rpt)</p>		<p><u>Home Shopping</u></p>



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Tuesday 19th February 2019

02:30 am Home Shopping (Rpt)

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03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 20th February 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

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07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Ridge is emotional about the addition to his family. Meanwhile, Hope demands answers from the doctor about what transpired on Catalina Island.

08:00 am Pointless (Rpt)

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

08:30 am Studio 10

CC PG

ALL NEW EPISODES

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12:00 pm Dr. Phil

CC PG
Mature Themes

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01:00 pm To Be Advised

02:00 pm Entertainment Tonight

CC

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SYDNEY PROGRAM GUIDE

Wednesday 20th February 2019

02:30 pm Neighbours Encore (Rpt) CC PG

03:00 pm Judge Judy CC PG

03:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

04:00 pm The Cook's Pantry With Matt Sinclair CC G

04:30 pm The Bold & The Beautiful CC PG

05:00 pm 10 News First CC

06:00 pm Pointless CC PG

06:30 pm The Project CC

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

ALL NEW EPISODES

Cook's Pantry With Matt Sinclair, The 88

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

ALL NEW EPISODES

Brooke and Ridge are suspicious of Steffy's quick adoption. Meanwhile, Reese pleads for his daughter's safety when he pays the money owed.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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07:30 pm **Changing Rooms** CC

ALL NEW EPISODES

Hosted by Natalie Bassingthwaight, Changing Rooms transforms the lives of everyday people on a budget. Will courageous and bold design choices pay off big time, or will they fail spectacularly?

09:00 pm **Law & Order: SVU** CC

ALL NEW EPISODES

Part 33

As Stone prosecutes the case of a woman who killed her abusive husband, Benson and the Special Victims Unit wrestle with the duty of testifying against her.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

10:00 pm **Law & Order: SVU (Rpt)** CC M
Violence,
Mature Themes

The Book Of Esther

Rollins races to rescue a girl being held captive by her father, a religious zealot who keeps his malnourished children under strict control awaiting the apocalypse.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: Ray McKinnon

11:00 pm **The Project Encore (Rpt)** CC

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12:00 am **The Late Show With Stephen Colbert** CC PG

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01:00 am **Home Shopping (Rpt)**

Home Shopping



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Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

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Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 21st February 2019

06:00 am The Talk CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt) CC

SPECIAL ENCORE PRESENTATION

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07:30 am The Bold & The Beautiful Encore (Rpt) CC PG

SPECIAL ENCORE PRESENTATION

Brooke and Ridge are suspicious of Steffy's quick adoption. Meanwhile, Reese pleads for his daughter's safety when he pays the money owed.

08:00 am Pointless (Rpt) CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

08:30 am Studio 10 CC PG

ALL NEW EPISODES

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12:00 pm Dr. Phil CC PG
Coarse Language,
Mature Themes

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03:00 pm Judge Judy CC PG

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04:00 pm The Cook's Pantry With Matt Sinclair CC G

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04:30 pm The Bold & The Beautiful CC PG

ALL NEW EPISODES

Brooke worries that Hope encouraged Liam to spend time with Steffy and the baby. Meanwhile, Reese shares his future plans with Flo.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm Pointless CC PG

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06:30 pm The Project CC

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Thursday 21st February 2019

07:30 pm Changing Rooms CC

ALL NEW EPISODES

Changing Rooms - making life bigger, brighter and bolder. With a little know-how and a splash of confidence, two couples swap homes and make over 3 rooms on a \$20,000 budget.

08:30 pm Gogglebox CC

ALL NEW EPISODES

No show is safe in the brand new season of Gogglebox which takes the audience into the lounge rooms of some of Australia's most opinionated, outspoken, funny and avid TV viewers.

09:30 pm Blue Bloods CC M
Violence,
Mature Themes

ALL NEW EPISODES

My Brothers Keeper

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray, Len Cariou, Sami Gayle

10:30 pm Blue Bloods (Rpt) CC MA15+
Strong Violence

Common Ground

Things get personal for Danny when he works to protect a nurse from her violent ex-boyfriend. Frank investigates the death of a prison inmate, and Jamie and Eddie help deliver an illegal alien's baby.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez, Len Cariou, Sami Gayle

Guest Starring: Jessie Mueller

11:30 pm The Project Encore (Rpt) CC

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04:30 am CBS This Morning

CC

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SYDNEY PROGRAM GUIDE

Friday 22nd February 2019

06:00 am **The Talk**

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am **Entertainment Tonight (Rpt)**

CC

SPECIAL ENCORE PRESENTATION

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07:30 am **The Bold & The Beautiful Encore (Rpt)**

CC PG

SPECIAL ENCORE PRESENTATION

Brooke worries that Hope encouraged Liam to spend time with Steffy and the baby. Meanwhile, Reese shares his future plans with Flo.

08:00 am **Pointless (Rpt)**

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

08:30 am **Studio 10**

CC PG

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02:00 pm **Entertainment Tonight**

CC

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Friday 22nd February 2019

02:30 pm	Neighbours Encore (Rpt)	CC PG
03:00 pm	Judge Judy	CC PG
03:30 pm	Everyday Gourmet With Justine Schofield (Rpt)	CC G
04:00 pm	The Cook's Pantry With Matt Sinclair	CC G
04:30 pm	The Bold & The Beautiful	CC PG
05:00 pm	10 News First	CC
06:00 pm	Pointless	CC PG
06:30 pm	The Project	CC

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Cook's Pantry With Matt Sinclair, The 90

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

ALL NEW EPISODES

Zoe is taken aback when Reese makes an announcement about their immediate future. Meanwhile, Hope holds Steffy's adopted daughter for the first time.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.



SYDNEY PROGRAM GUIDE

Friday 22nd February 2019

07:30 pm Show Me The Movie! CC

ALL NEW EPISODES

Hosted by Rove McManus and captained by Brooke Satchwell & Joel Creasey, two teams will battle it out in funny, irreverent and entertaining ways, testing their knowledge of the big screen.

08:30 pm The Graham Norton Show CC

Join the cheeky and wickedly quick-witted, Graham Norton as he hosts Laura Linney, Saoirse Ronan, Timothee Chalamet, Stephen Mangan & The 1975.

09:30 pm To Be Advised

10:30 pm To Be Advised

11:30 pm The Project Encore (Rpt) CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.

12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping



SYDNEY PROGRAM GUIDE

Friday 22nd February 2019

03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
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SYDNEY PROGRAM GUIDE

Saturday 23rd February 2019

06:00 am What's Up Down Under (Rpt)	CC G	Travel & Lifestyle program celebrating the Australian caravanning and holiday park experience.
06:30 am WhichCar (Rpt)	CC PG	Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.
07:00 am RPM (Rpt)	CC	Summer Series Hosted by TEN Sport's Matt White, RPM will deliver all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.
07:30 am Escape Fishing With ET (Rpt)	CC G	Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species & interesting spots with his mates.
08:00 am iFish Summer Series	CC G	ALL NEW EPISODES Summer Series Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.
09:00 am Healthy Homes (Rpt)	CC G	Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.
09:30 am Studio 10 Saturday	CC PG	ALL NEW EPISODES See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.
12:00 pm Luxury Escapes (Rpt)	CC G	New Zealand & Maldives Sophie experiences the stunning Pigeon Bay region in New Zealand's South Island, while Shane discovers the crystal clear waters, blue lagoons and extensive reefs of the spectacular Maldives.



SYDNEY PROGRAM GUIDE

Saturday 23rd February 2019

12:30 pm The 48 Hour Destination (Rpt)	CC G	<u>Buenos Aires</u> Join Flight Centre consultant, Greer on her adventures... In 48 hours, she'll travel to a destination, taking in the scenery, enjoying exciting activities, food and meeting the locals.
01:00 pm Everyday Gourmet With Justine Schofield (Rpt)	CC G	Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen
01:30 pm The Cook's Pantry With Matt Sinclair (Rpt)	CC G	<u>Cook's Pantry With Matt Sinclair, The 12</u> Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.
02:00 pm Renovation King (Rpt)	CC G	<u>Hip Hop Kitchen</u> Every home is a castle, whether it's taken a few knocks, desperately in need of expansion or crying out for a little TLC. Barry Du Bois is the man with a plan to turn the humblest place into a palace.
02:30 pm The Home Team (Rpt)	CC G	Tune in and get inspired to do that job you've been putting off for too long... The Home Team are your team of dedicated DIY'ers. Learn affordable ways to make your home stylish, cozy and sustainable.
03:00 pm The Living Room (Rpt)	CC PG	Barry revamps a rundown veranda, Chris visits some Brumbies in the snowy Mountains, Miguel tastes the best ingredients Mudgee has to offer & Amanda sits down with comedian & actor Eddie Izzard.
04:00 pm What's Up Down Under	CC G	ALL NEW EPISODES Travel & Lifestyle program celebrating the Australian caravanning and holiday park experience.
04:30 pm Jamie's 15 Minute Meals (Rpt)	CC G	<u>Spiced Chicken / Felafel Wraps</u> Jamie Oliver sets out to create a whole new selection of meals that can be completed in just 15 minutes, and push the concept of fast, nutritious, everyday food. Starring: Jamie Oliver



SYDNEY PROGRAM GUIDE

Saturday 23rd February 2019

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm To Be Advised

07:30 pm To Be Advised

08:30 pm To Be Advised

09:30 pm NCIS: New Orleans CC M
Violence

ALL NEW EPISODES

Conspiracy Theories

Pride and the team reunite with conspiracy journalist Oliver Crane after the source for his latest story is murdered.

10:30 pm NCIS Encore (Rpt) CC M

SPECIAL ENCORE PRESENTATION

The Last Link

An old family friend pleads with Gibbs to join him on a road trip to search for a missing military ID. Meanwhile, a Navy lieutenant in NCIS protective custody is poisoned by an infamous drug dealer.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello, Brian Dietzen, Rocky Carroll

11:30 pm Elementary (Rpt) CC M
Violence

The Adventure Of Ersatz Sobekneferu

Sherlock and his father attempt to repair their relationship upon learning of a death within their family; Holmes and Watson search for a killer who tried to mummify his victim.

12:30 am Home Shopping (Rpt)

Home Shopping

01:00 am Home Shopping (Rpt)

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05:00 am	Hour Of Power With Bobby Schuller	G	ALL NEW EPISODES
			<u>Hour Of Power 23</u>
			Religious program.