



SYDNEY PROGRAM GUIDE

Sunday 24th February 2019

06:00 am **Mass For You At Home** CC G

Religious program.

06:30 am **Hillsong** CC G

ALL NEW EPISODES

Religious Program

07:00 am **Joseph Prince New Creation Church** CC G

ALL NEW EPISODES

Pastor Joseph Prince is a leading voice in proclaiming the gospel of grace around the world. He is the senior pastor of New Creation Church, a vibrant and fast-growing church in Singapore.

07:30 am **Joel Osteen** CC G

ALL NEW EPISODES

You Are Fully Loaded

Religious.

08:00 am **Escape Fishing With ET (Rpt)** CC G

Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species & interesting spots with his mates.

08:30 am **Foodie Adventures With Ash Pollard (Rpt)** CC G

Fiji - Steve Price

Ash discovers the fresh, vibrant flavours of Fiji, learning from top international and local chefs. Her dinner guest this week is Steve Price.

09:00 am **Places We Go With Jennifer Adams (Rpt)** CC PG

S11ep.3

Places We Go is series about real travel, hosted by real travellers. Jennifer Adams and Clint Bizzell take viewers on a journey to some of most stunning destinations around Australia and the World.

09:30 am **Studio 10 Sunday** CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.



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Sunday 24th February 2019

12:00 pm Luxury Escapes (Rpt) CC PG

Bali/sydney

Luxury Escapes - The World's Best Holidays - showcases Australia's most loved and desired holiday hotspots. We visit some incredible hotels, experiencing beautiful places to eat, drink and explore!

12:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

01:00 pm To Be Advised

02:30 pm To Be Advised

03:30 pm WhichCar CC PG

ALL NEW EPISODES

Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.

04:00 pm RPM CC

ALL NEW EPISODES

Hosted by 10 Sport's Matt White, RPM will deliver all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news. Plus, all the latest sport and weather.

06:00 pm Bondi Rescue (Rpt) **NO
CC**

SPECIAL ENCORE PRESENTATION

The boys & girls in blue are back protecting beachgoers at the unpredictable Bondi Beach. It's been a long hot summer as Sydney swells with more & more people, the lifeguard's job gets harder.



SYDNEY PROGRAM GUIDE

Sunday 24th February 2019

06:30 pm **The Sunday Project**

CC

ALL NEW EPISODES

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

07:30 pm **Chris & Julia's Sunday Night Takeaway**

CC

LIVE

Chris and Julia have called in the big guns to make sure your Sunday nights go off with a bang! Bringing you big entertainment, challenges, surprises, celeb's & outrageous fun for the whole family.

09:00 pm **NCIS**

CC M
Violence,
Mature Themes

SEASON RETURN

She

A malnourished and confused girl is found hiding in a storage unit - the team suspects that she is the daughter of a Navy recruit who disappeared 10 years ago.

Starring: Mark Harmon, David McCallum, Sean Murray, Wilmer Valderrama, Emily Wickersham, Maria Bello

10:00 pm **NCIS (Rpt)**

CC M

Bowl Of Cherries, A

After a vice admiral's laptop is infected with ransomware, he enlists McGee and the NCIS team to track down the hacker before the computer virus eliminates his personal and professional files.

11:00 pm **The Sunday Project (Rpt)**

CC

SPECIAL ENCORE PRESENTATION

Join The Sunday Project Hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Sunday Project...It's news delivered differently.

12:00 am **Home Shopping (Rpt)**

Home Shopping

12:30 am **Home Shopping (Rpt)**

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Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Monday 25th February 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Zoe is taken aback when Reese makes an announcement about their immediate future. Meanwhile, Hope holds Steffy's adopted daughter for the first time.

08:00 am Pointless (Rpt)

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC M
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm To Be Advised

03:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



SYDNEY PROGRAM GUIDE

Monday 25th February 2019

03:30 pm Judge Judy CC PG

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

04:00 pm The Cook's Pantry With Matt Sinclair CC G

ALL NEW EPISODES

Cook's Pantry With Matt Sinclair, The 46

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

04:30 pm The Bold & The Beautiful CC PG

ALL NEW EPISODES

Ridge interrogates Taylor and Steffy. Zoe comes face-to-face with Flo while searching for clues about her father's recent departure.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm Pointless CC PG

ALL NEW EPISODES

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

06:30 pm The Project CC

ALL NEW EPISODES

Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.

07:30 pm Dancing With The Stars CC PG

ALL NEW EPISODES

Hosted by Grant Denyer & Amanda Keller, our celebrities are ready to foxtrot, rumba, waltz, shimmy and spin their way to dancing glory – all in the name of charity. Shall we dance?



SYDNEY PROGRAM GUIDE

Monday 25th February 2019

09:30 pm **The Graham Norton Show (Rpt)** CC

SPECIAL ENCORE PRESENTATION

Join the cheeky and wickedly quick-witted, Graham Norton as he hosts Laura Linney, Saoirse Ronan, Timothee Chalamet, Stephen Mangan & The 1975.

10:30 pm **To Be Advised**

SPECIAL ENCORE PRESENTATION

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11:30 pm **The Project Encore (Rpt)** CC

ALL NEW EPISODES

12:30 am **The Late Show With Stephen Colbert** CC PG

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:30 am **Home Shopping (Rpt)**

[Home Shopping](#)

02:00 am **Home Shopping (Rpt)**

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[Home Shopping](#)

03:30 am **Home Shopping (Rpt)**

[Home Shopping](#)

04:00 am **Home Shopping (Rpt)**

[Home Shopping](#)

04:30 am **CBS This Morning** CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Tuesday 26th February 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Ridge interrogates Taylor and Steffy. Zoe comes face-to-face with Flo while searching for clues about her father's recent departure.

08:00 am Pointless (Rpt)

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

08:30 am Studio 10

CC PG

ALL NEW EPISODES

Get more out of your mornings with Sarah Harris, Joe Hildebrand, Angela Bishop, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott - 8.30am weekdays on 10.

12:00 pm Dr. Phil

CC M
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm Ambulance Australia (Rpt)

CC M
Mature Themes

A poisoned toddler, a workplace accident & a pregnant woman in a car accident. Ambulance follows people in the business of saving lives, going beyond the flashing lights to the heart & soul of heroes.

02:00 pm Entertainment Tonight

CC

ALL NEW EPISODES

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.



SYDNEY PROGRAM GUIDE

Tuesday 26th February 2019

02:30 pm Neighbours Encore (Rpt) CC PG

03:00 pm Judge Judy CC PG

03:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

04:00 pm The Cook's Pantry With Matt Sinclair (Rpt) CC G

04:30 pm The Bold & The Beautiful CC PG

05:00 pm 10 News First CC

06:00 pm Pointless CC PG

06:30 pm The Project CC

SPECIAL ENCORE PRESENTATION

ALL NEW EPISODES

Welcome to the court room of Judge Judith Sheindlin, the cases are real, the people are real and the rulings are final.

Hosted by popular series one MasterChef contestant, Justine Schofield, EG presents can-do cooking ideas as well as tips, tricks and insights into making us all more confident in the kitchen

Cook's Pantry With Matt Sinclair, The 10

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

ALL NEW EPISODES

Zoe pressures Flo with questions. Meanwhile, Brooke pays a surprise visit to Steffy and questions Taylor's connection to her baby's birth mother.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

ALL NEW EPISODES

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

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Tuesday 26th February 2019

07:30 pm Ambulance Australia (Rpt) CC

SEASON RETURN

Ambulance Australia follows people in the business of saving lives, going beyond the flashing lights to the heart & soul of heroes.

08:30 pm Hughesy, We Have A Problem CC M
Nudity

ALL NEW EPISODES

Charlie Pickering, Em Rusciano, Dave O'Neil & Denise Scott have their problem-solving hats on as they join Hughesy at the desk. Plus, Jess Rowe stops by to get some advice.

09:30 pm NCIS: Los Angeles (Rpt) CC M
Frequent Violence

Liabilities

Callen and Sam pull Jennifer Kim from witness protection to help the team find an underground spy with an arsenal of bomb materials.

10:30 pm NCIS: Los Angeles (Rpt) CC M
Violence

Warrior Of Peace

Callen's father is apprehended as part of an exchange for two American photographers being held hostage in Iran.

11:30 pm The Project Encore (Rpt) CC

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12:30 am The Late Show With Stephen Colbert CC PG

ALL NEW EPISODES

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01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

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Home Shopping



SYDNEY PROGRAM GUIDE

Tuesday 26th February 2019

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Wednesday 27th February 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Zoe pressures Flo with questions. Meanwhile, Brooke pays a surprise visit to Steffy and questions Taylor's connection to her baby's birth mother.

08:00 am Pointless (Rpt)

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

08:30 am Studio 10

CC PG

ALL NEW EPISODES

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12:00 pm Dr. Phil

CC M
Mature Themes

Join Dr. Phil as he takes aim at the critical issues of our time, including bullying, drug addiction, domestic violence, depression, child abuse, suicide and various forms of mental illness.

01:00 pm To Be Advised

02:30 pm Entertainment Tonight

CC

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03:00 pm Judge Judy CC PG

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03:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

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04:00 pm The Cook's Pantry With Matt Sinclair (Rpt) CC G

Cook's Pantry With Matt Sinclair, The 13

Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

04:30 pm The Bold & The Beautiful CC PG

ALL NEW EPISODES

Liam finally breaks down to Hope. Meanwhile, Wyatt and Sally query Steffy after noting a resemblance between Kelly and the new baby.

05:00 pm 10 News First CC

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

06:00 pm Pointless CC PG

ALL NEW EPISODES

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

06:30 pm The Project CC

ALL NEW EPISODES

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Wednesday 27th February 2019

07:30 pm **Bondi Rescue**

**NO
CC**

08:00 pm **Bondi Rescue (Rpt)**

CC PG
Violence,
Coarse Language,
Mature Themes

ALL NEW EPISODES

The lifeguards take the beach buggy into the streets as they chase down an aggressive beachgoer wielding a knife.

08:30 pm **Law & Order: SVU**

CC

ALL NEW EPISODES

Brothel

Fin teams up with an old colleague to track down the proprietor of a pop-up brothel.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

09:30 pm **Law & Order: SVU (Rpt)**

CC M
Sexual References,
Drug References,
Mature Themes

Guardian

Fin investigates a man's claim that his sister was gang raped, but all is not as it seems.

Starring: Mariska Hargitay, Ice T , Kelli Giddish, Peter Scanavino, Philip Winchester

Guest Starring: George Wallace, Amanda Warren

10:30 pm **Hawaii Five-0 (Rpt)**

CC M
Frequent Violence

Kau Pahi Ko'kua Kau Pu Ko'u Po'o (Your Knife, My Back, My Gun, Your Head)

Five-0 enlists the help of an old friend when the boss of a major crime family is murdered, triggering revenge killings across the island.

Starring: Alex O'Loughlin, Scott Caan, Chi McBride, Meaghan Rath, Jorge Garcia

Guest Starring: Chris Vance, Steven Brand

11:30 pm **The Project Encore (Rpt)**

CC

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12:30 am **The Late Show With Stephen Colbert**

CC PG

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02:00 am Home Shopping (Rpt)

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04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am CBS This Morning

CC

ALL NEW EPISODES

Gayle King, Norah O'Donnell, John Dickerson & Bianna Golodryga cover breaking news, politics, health, money, lifestyle and pop culture.



SYDNEY PROGRAM GUIDE

Thursday 28th February 2019

06:00 am The Talk

CC PG
Mature Themes

ALL NEW EPISODES

CBS's Daytime Emmy Award-winning talk show The Talk hosted by Sara Gilbert, Sharon Osbourne, Sheryl Underwood and Eve discuss current events, pop culture and the trending topics of the day.

07:00 am Entertainment Tonight (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Nancy O'Dell and Kevin Frazier bring us the latest celebrity news events, exclusive interviews and behind-the-scenes first looks.

07:30 am The Bold & The Beautiful Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Liam finally breaks down to Hope. Meanwhile, Wyatt and Sally query Steffy after noting a resemblance between Kelly and the new baby.

08:00 am Pointless (Rpt)

CC PG

Hosted by Mark Humphries & Dr Andrew Rochford, this is the game where the least obvious answer wins!

08:30 am Studio 10

CC PG

ALL NEW EPISODES

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12:00 pm Dr. Phil

CC PG
Mature Themes

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01:00 pm To Be Advised

02:00 pm Entertainment Tonight

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02:30 pm Neighbours (Rpt) CC PG

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04:00 pm The Cook's Pantry With Matt Sinclair (Rpt) CC G

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Matt Sinclair is joined in the kitchen by ex MasterChef Australia favourites, Michael Weldon and Courtney Roulston, all cooking fabulous dishes, all with different styles.

ALL NEW EPISODES

Doubting Flo's story, Zoe pays her another visit, with explosive results. Meanwhile, Hope asks Liam to take her to Steffy's to visit the baby.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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07:30 pm **Show Me The Movie!**

CC

ALL NEW EPISODES

Hosted by Rove McManus and captained by Brooke Satchwell & Joel Creasey, two teams will battle it out in funny, irreverent and entertaining ways, testing their knowledge of the big screen.

08:30 pm **Gogglebox**

CC

ALL NEW EPISODES

No show is safe in the brand new season of Gogglebox which takes the audience into the lounge rooms of some of Australia's most opinionated, outspoken, funny and avid TV viewers.

09:30 pm **Blue Bloods**

CC M
Violence

ALL NEW EPISODES

Blues

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Marisa Ramirez, Vanessa Ray, Len Cariou, Sami Gayle

10:30 pm **Blue Bloods (Rpt)**

CC M
Violence

Pick Your Poison

Eddie's judgment is clouded by her past when she arrests a loathed college acquaintance, while Frank is hesitant to mar the spotless record of a member of the force who tested positive for marijuana.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Vanessa Ray, Marisa Ramirez, Len Cariou, Sami Gayle

Guest Starring: Lorraine Bracco, Charles Malik Whitfield, Anthony 'treach' Criss

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SYDNEY PROGRAM GUIDE

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CC PG

Mature Themes

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CC PG

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08:00 am Pointless (Rpt)

CC PG

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03:00 pm Judge Judy CC PG

03:30 pm Everyday Gourmet With Justine Schofield (Rpt) CC G

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ALL NEW EPISODES

Zoe apologises to Flo before demanding more answers about her connection to Reese. Meanwhile, Steffy worries that Hope is getting too close to Phoebe.

ALL NEW EPISODES

Comprehensive coverage of local, national and international news presented by Sandra Sully - including sport presented by Matt Burke and the latest weather from Tim Bailey.

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SYDNEY PROGRAM GUIDE

Friday 01st March 2019

07:30 pm Changing Rooms

CC

ALL NEW EPISODES

Hosted by Natalie Bassingthwaighe, Changing Rooms transforms the lives of everyday people on a budget. Will courageous and bold design choices pay off big time, or will they fail spectacularly?

09:00 pm The Graham Norton Show

CC

ALL NEW EPISODES

Join the hilarious and cheeky Graham Norton as he hosts Dame Judi Dench, Sir Kenneth Branagh, Anthony Joshua, Greg Davies, Noomi Rapace & Claire Richards.

10:00 pm To Be Advised

11:00 pm The Project Encore (Rpt)

CC

SPECIAL ENCORE PRESENTATION

Join the Project hosts and our guest panellists as they dissect, digest and reconstitute the daily news, events and hottest topics...The Project...It's news delivered differently.

12:00 am The Late Show With Stephen Colbert

CC PG

ALL NEW EPISODES

Tune in to see The Late Show With Stephen Colbert just hours after the US broadcast as he interviews the hottest stars, brilliant minds & talented artists.

01:00 am Home Shopping (Rpt)

Home Shopping

01:30 am Home Shopping (Rpt)

Home Shopping

02:00 am Home Shopping (Rpt)

Home Shopping

02:30 am Home Shopping (Rpt)

Home Shopping



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Friday 01st March 2019

03:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
03:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
04:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:00 am	Home Shopping (Rpt)	<u>Home Shopping</u>
05:30 am	Home Shopping (Rpt)	<u>Home Shopping</u>



SYDNEY PROGRAM GUIDE

Saturday 02nd March 2019

06:00 am What's Up Down Under (Rpt) CC G

Travel & Lifestyle program celebrating the Australian caravanning and holiday park experience.

06:30 am RPM (Rpt) CC

Hosted by 10 Sport's Matt White, RPM will deliver all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

07:30 am Escape Fishing With ET (Rpt) CC G

Join Andrew 'ET' Ettingshausen, as he escapes the city for adventure around Australia and the Pacific, hunting out the most exciting species & interesting spots with his mates.

08:00 am iFish Summer Series CC G

ALL NEW EPISODES

Summer Series

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

09:00 am Healthy Homes (Rpt) CC G

Home, garden, lifestyle or build - Walt Collins and Dani Wales have got it covered. From a room make-over to the latest idea, innovation, power tool, pool, building or construction.

09:30 am Studio 10 Saturday CC PG

ALL NEW EPISODES

See what all the fuss is about with Sarah, Joe, Angela, Kerri-Anne Kennerley, Denise Drysdale and Denise Scott. From hot topics, celebrity & current affairs, you never know what will happen next.

12:00 pm All 4 Adventure (Rpt) CC PG
Mild Coarse
Language,
Mature Themes

Follow a couple of modern-day adventurers on rugged expeditions into some of the remotest corners and wildest frontiers of Australia.

01:00 pm Whichcar (Rpt) CC PG

Jump into the passenger seat and ride with the WhichCar team as we travel Australia and the world in search of automotive adventures and inspiration.

01:30 pm Supercars Adelaide 500 CC

LIVE

Supercars- Adelaide 500 Day 2

Get revved up and ready for day 2 of the 2019 Supercars at the Adelaide 500. Don't miss a minute of the action on 10, the home of Motorsport! Track coverage from 1:00pm AEDT.



SYDNEY PROGRAM GUIDE

Saturday 02nd March 2019

07:30 pm **Changing Rooms**

CC

ALL NEW EPISODES

Changing Rooms - making life bigger, brighter and bolder. With a little know-how and a splash of confidence, two couples swap homes and make over 3 rooms on a \$20,000 budget.

08:30 pm **To Be Advised**

09:30 pm **NCIS: New Orleans**

CC

ALL NEW EPISODES

Crab Mentality

The team investigate murders tied to a construction company that creates an experimental chemical that strengthens sea walls. Meanwhile, evidence from Hannah's mission in Oman is used against her.

Starring: Scott Bakula, Lucas Black, C C H Pounder, Daryl Mitchell, Rob Kerkovich, Vanessa Ferlito

10:30 pm **NCIS: New Orleans (Rpt)**

CC M
Strong Violence

Empathy

A congressional aide disappears after a hit man saves her from two men posing as NCIS agents; LaSalle struggles with life-altering decisions regarding his brother's future.

11:30 pm **Elementary (Rpt)**

CC M
Violence

You've Come A Long Way, Baby

Holmes engages an old foe to protect his father after he learns Morland is in danger; Holmes and Watson search for a killer connected to the tobacco industry.

12:30 am **Home Shopping (Rpt)**

Home Shopping

01:00 am **Home Shopping (Rpt)**

Home Shopping

01:30 am **Home Shopping (Rpt)**

Home Shopping

02:00 am **Home Shopping (Rpt)**

Home Shopping



SYDNEY PROGRAM GUIDE

Saturday 02nd March 2019

02:30 am Home Shopping (Rpt)

Home Shopping

03:00 am Home Shopping (Rpt)

Home Shopping

03:30 am Home Shopping (Rpt)

Home Shopping

04:00 am Home Shopping (Rpt)

Home Shopping

04:30 am Home Shopping (Rpt)

Home Shopping

05:00 am Hour Of Power With Bobby Schuller G

ALL NEW EPISODES

Hour Of Power 24

Religious program.