one SYDNEY PROGRAM GUIDE

Sunday 29th July 2018

06:00 am **Home Shopping** (Rpt) G

Home Shopping

06:30 am **Home Shopping** (Rpt) G

Home Shopping

07:00 am **Home Shopping** (Rpt) G

Home Shopping

07:30 am **Home Shopping** (Rpt) G

Home Shopping

08:00 am **2018 Super Rugby**

REPLAY

Semi Final

Relive all the action from the semi finals of the 2018 Super Rugby Championship.

10:00 am **The Indestructibles** (Rpt) PG

Human Marble Run

Tim & Gendle want to create a human 'marble run', where motorcycle riders are enclosed in zorbs before being dropped down a downhill bike park.

10:30 am **Escape Fishing With ET** (Rpt) CC G

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventure.

11:00 am **Fishing Edge** G

ALL NEW EPISODES

With the arrival of a new boat Lee and Rach head to South Coast of NSW to get into some striped marlin action!

11:30 am **Reel Action** (Rpt) CC

Reel Action is all about learning the tips and techniques to land your dream fish. Join Michael Guest as he takes you into the finer details of fishing.

12:00 pm **Hillary: The Man Who Conquered Everest** (Rpt) PG

Everest

The biography of Sir Edmund Hillary. Working with the British, Ed and his team embark on their historic assault on Mount Everest.

Starring: Andrew Munro, Dean O'gorman, Amy Usherwood, Kelson Henderson, Stephen Lovatt

01:00 pm **Epic Meal Empire** (Rpt) PG Coarse Language

Scavenger Hunt

Cheeseburger lasagne, donut casseroles, Jack & Coke cupcakes… does that sound tasty? Join Harley Morenstein and his kitchen crew, as they cook up the most epic, most dude-tastic meal creations you've ever seen!

01:30 pm **Monster Jam** (Rpt) G

Foxborough Racing

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.

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02:30 pm **Fishing Australia** (Rpt) CC G

Australia's favourite angling adventure series, sets out each week to explore the many wild and wonderful fishing destinations which highlight Australia's diverse natural beauty.

03:00 pm **Freddie Flintoff: Lord Of The Fries** (Rpt) PG

Andrew 'Freddie' Flintoff reunites with tree-hugging extreme-cyclist Rob Penn as they hit the road again, touring Britain & Ireland in Fred's very own, eco-friendly, cooking-fat-fuelled mobile chippy.

04:00 pm **Freddie Flintoff: The Gloves Are Off** (Rpt) PG

Join Freddie Flintoff as he undertakes a gruelling four-month training schedule with the very best in the boxing world in preparation for his first professional fight in front of 15,000 spectators.

05:00 pm **What's Up Down Under** (Rpt) CC G

Travel & Lifestyle program celebrating the Australian caravanning and holiday park experience.

ALL NEW EPISODES

05:30 pm **I Fish** CC G

Join one of Australia's finest fishermen, Paul Worsteling as he travels around Australia and the world in search of the ultimate angling experience.

06:00 pm **Hogan's Heroes** (Rpt) G

Will The Blue Baron Strike Again?

Hogan tricks Klink into throwing a party for a German World War I ace so that Hogan can find the location of his headquarters.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary

06:30 pm **Scorpion** (Rpt) CC PG Violence, Mild Coarse Language

Extinction

While Walter and Paige awkwardly navigate their new relationship, Team Scorpion must work with their old nemesis Mark Collins in order to prevent the extinction of mankind.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jadyn Wong, Ari Stidham

Guest Starring: Joshua Leonard

SPECIAL ENCORE PRESENTATION

07:30 pm **Ambulance** (Rpt) CC M Coarse Language, Mature Themes

An insight into the ambulance service, from the highly-pressurised control room to the crews on the streets. This is an honest snapshot of the ambulance services daily dilemmas and pressures.

08:45 pm **Countdown To Murder** (Rpt) M Violence, Mature Themes

The Butcher Boy

In 1987 Roderick Newall murdered his parents in cold blood. Was his brother in on the crime, and had they both concocted the plan to gain from a large inheritance?

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09:45 pm **The Mentalist** — M, Violence, Mature Themes

Redwood

A dazed girl is caught holding the weapon used in the murder of her best friend in a forest, but she can't recall anything. Jane finds a way for her to relive the event to jolt her memory.

Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti

Guest Starring: Bryce Johnson

10:45 pm **The Mentalist** — M, Violence, Mature Themes

Red Handed

The severed hand of a hotel casino owner is found on the California-Nevada state line. While the CBI suspects it's a mob hit, Patrick uses the opportunity to win big at the casino by counting cards.

Starring: Simon Baker, Robin Tunney, Tim Kang, Owain Yeoman, Amanda Righetti

Guest Starring: Andrea Parker, Gregg Henry

11:45 pm **Sports Tonight** (Rpt) — CC

Join Matt White, Laurie Daley and Josh Gibson as they bring you the latest in sports news from around Australia and the world.

12:30 am **CSI: NY** (Rpt) — MA15+, Violence

Trapped

Danny must solve a billionaire's murder while trapped inside a panic room. Meanwhile, a stripper is found dead on a large klieg light after lube wrestling with an aggressive customer at her nightclub.

Starring: Gary Sinise, Melina Kanakaredes, Carmine Giovinazzo, Hill Harper, Eddie Cahill, Anna Belknap

Guest Starring: Wayne Duvall

01:30 am **RPM** (Rpt) — CC

Hosted by TEN Sport's Matt White, RPM will deliver all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

02:30 am **Monster Jam** (Rpt) — G

Foxborough Freestyle

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.

03:30 am **Operation Repo** (Rpt) — PG, Mild Coarse Language

Take a look inside the fast-paced, high-pressure world of car repossession with a team of highly-trained professionals from California's San Fernando Valley.

04:00 am **Operation Repo** (Rpt) — PG, Mild Coarse Language

Take a look inside the fast-paced, high-pressure world of car repossession with a team of highly-trained professionals from California's San Fernando Valley.

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Sunday 29th July 2018

04:30 am The Doctors CC M

A woman admits to cheating on her husband who has Alzheimer's: a tourist goes on a rampage at the airport; basketball saves a man's life; a shocking lip filler video.

05:30 am Whacked Out Sports (Rpt) PG
Violence

For extreme sports enthusiasts, Whacked Out Sports is the ultimate show for an adrenaline rush without the pain! Featuring the most outrageous and jaw-dropping video clips ever to be caught on tape.

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SYDNEY PROGRAM GUIDE

Monday 30th July 2018

06:00 am **Home Shopping** (Rpt) — G

Home Shopping

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07:30 am **Home Shopping** (Rpt) — G

Home Shopping

08:00 am **Whacked Out Sports** (Rpt) — PG Violence, Dangerous Activity

For extreme sports enthusiasts, Whacked Out Sports is the ultimate show for an adrenaline rush without the pain! Featuring the most outrageous and jaw-dropping video clips ever to be caught on tape.

08:15 am **RPM** (Rpt) — CC

Hosted by TEN Sport's Matt White, RPM will deliver all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

09:15 am **Sports Tonight** (Rpt) — CC

Join Matt White, Laurie Daley and Josh Gibson as they bring you the latest in sports news from around Australia and the world.

10:00 am **Scorpion** (Rpt) — CC — PG Violence, Coarse Language

Going South

A tech billionaire hires the team to rescue his kidnapped daughter. Meanwhile, feelings are hurt when Walter gives an interview and fails to acknowledge the other members of the team.

Starring: Elyes Gabel, Katharine McPhee, Robert Patrick, Ari Stidham, Eddie Kaye Thomas, Jadyn Wong

Guest Starring: Andy Buckley

11:00 am **Hillary: The Man Who Conquered Everest** (Rpt) — PG Coarse Language

Home

The biography of Sir Edmund Hillary. The news of the successful Everest ascent gets out, and Ed is lavished with honours. Restless at home in Auckland, he decides to seek adventure in Antarctica.

Starring: Andrew Munro, Dean O'gorman, Amy Usherwood, Kelson Henderson, Stephen Lovatt, Joel Tobeck

12:00 pm **Pointless** (Rpt) — CC

SPECIAL ENCORE PRESENTATION

Hosted by Dr Andrew Rochford and Mark Humphries, Pointless sees three teams compete each night; faced with questions from a range of topics, players must produce the least obvious answers to progress.

12:30 pm **Hogan's Heroes** (Rpt) — G

Will The Real Colonel Klink Please Stand Up Against The Wall?

Carter, disguised as Klink, is spotted while on his way to a sabotage job. While the team takes out the targeted train, Hogan must concoct an alibi for Klink before the firing squad is assembled.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary

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Monday 30th July 2018

01:00 pm **NCIS** (Rpt)
CC WS M Violence, Strong Adult Themes

The Voyeur's Web

Gibbs and the team investigate the murder of a Marine's wife that appears to have been broadcast over the Internet.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

02:00 pm **NCIS: Los Angeles** (Rpt)
CC WS M

Killshot

When a U.S citizen of North Korean descent is killed, information relating to classified software is thought to be lost. That is until the team uncovers a suspect from Director Vance's past.

Starring: Chris O'Donnell, Ll Cool J , Rocky Carroll, Peter Cambor, Daniela Ruah

Guest Starring: Pauley Perrette

03:00 pm **MacGyver** (Rpt)
PG Mild Violence

Collision Course

MacGyver is forced to drive an experimental race car in a championship competition after the designer, an old college friend, is blinded in a crash caused by sabotage.

Starring: Richard Dean Anderson, Dana Elcar

04:00 pm **Diagnosis Murder** (Rpt)
PG Violence

Murder On Thin Ice

A skater stages an attack on herself to win endorsements, then ices her accomplice - and frames her rival for the killing.

Starring: Dick Van Dyke, Barry Van Dyke, Charlie Schlatter, Victoria Rowell

Guest Starring: Julie Benz

05:00 pm **Star Trek: The Next Generation** (Rpt)
PG

The Price

The Enterprise hosts the negotiations for the rights to a newly discovered, stable wormhole to the Gamma Quadrant, and the crew sets out to determine the stability of the wormhole.

Starring: Patrick Stewart, Jonathan Frakes, Marina Sirtis, Brent Spiner, LeVar Burton, Gates McFadden, Michael Dorn

Guest Starring: Matt McCoy

06:00 pm **Hogan's Heroes**

06:30 pm **Bondi Rescue** (Rpt)
CC PG Mild Coarse Language, Nudity

Reidy was an overweight kid who didn't grow up surfing. Today he's overcome harsh criticism to become a lifeguard; meanwhile, up at the tower a BMX rider has a fractured cheek and broken nose.

07:00 pm **Bondi Rescue** (Rpt)
CC PG

Rips are the hidden danger most beachgoers can't identify. Lifeguards mark them out with dangerous current signs, but often they're ignored. So Terry conducts an experiment with stickers.

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Monday 30th July 2018

07:30 pm **Walker, Texas Ranger** (Rpt)
M
Violence

The Juggernaut

A woman's estranged husband attacks a group of spousal-abuse victims who are taking self-defence lessons from C.D. and Trivette at Alex's cabin.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

08:30 pm **NCIS** (Rpt)
CC WS
M
Drug References

SEASON FINALE

Angel Of Death

When Jenny returns from her European trip, the entire NCIS team are forced to take a Homeland Security polygraph test, and the deepest secrets of each agent are about to be revealed.

Starring: Mark Harmon, Michael Weatherly, Lauren Holly, David McCallum, Sean Murray, Pauley Perrette, Cote De Pablo

Guest Starring: Armand Assante

09:30 pm **NCIS** (Rpt)
CC WS
M
Violence

Bury Your Dead

The NCIS team uncovers a huge secret, as their mission to capture La Grenouille comes to an explosive and deadly conclusion.

Starring: Mark Harmon, Michael Weatherly, Pauley Perrette, David McCallum, Sean Murray, Cote De Pablo, Lauren Holly

Guest Starring: Armand Assante

10:30 pm **2018 FORMULA 1 BUDAPEST GRAND PRIX**

2018 Formula 1 Hungarian Grand Prix

Highlights from the 2018 Formula 1 Hungarian Grand Prix from the Hungaroring Circuit, Budapest.

11:30 pm **Super Rugby Extra Time**

Semi Finals

Relive all the best bits of the weekend's Super Rugby on Extra Time.

12:30 am **Home Shopping** (Rpt)
G

Home Shopping

01:00 am **Home Shopping** (Rpt)
G

Home Shopping

01:30 am **Home Shopping** (Rpt)
G

Home Shopping

02:00 am **Star Trek: The Next Generation** (Rpt)
PG

The Price

The Enterprise hosts the negotiations for the rights to a newly discovered, stable wormhole to the Gamma Quadrant, and the crew sets out to determine the stability of the wormhole.

Starring: Patrick Stewart, Jonathan Frakes, Marina Sirtis, Brent Spiner, LeVar Burton, Gates McFadden, Michael Dorn

Guest Starring: Matt McCoy

03:00 am **MacGyver** (Rpt)
PG
Mild Violence

Collision Course

MacGyver is forced to drive an experimental race car in a championship competition after the designer, an old college friend, is blinded in a crash caused by sabotage.

Starring: Richard Dean Anderson, Dana Elcar

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Monday 30th July 2018

04:00 am **Diagnosis Murder** (Rpt) PG Violence

Murder On Thin Ice

A skater stages an attack on herself to win endorsements, then ices her accomplice - and frames her rival for the killing.

Starring: Dick Van Dyke, Barry Van Dyke, Charlie Schlatter, Victoria Rowell

Guest Starring: Julie Benz

05:00 am **The Doctors** CC M

An email claims that a kiss can dislodge an item stuck in a child's nose; an article states that a pineapple plant can help people stop snoring; anti-bloat tea.

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Tuesday 31st July 2018

06:00 am **Home Shopping** (Rpt) — G

Home Shopping

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Home Shopping

07:00 am **Home Shopping** (Rpt) — G

Home Shopping

07:30 am **Home Shopping** (Rpt) — G

Home Shopping

08:00 am **Super Rugby Extra Time** (Rpt)

Semi Finals

Relive all the best bits of the weekend's Super Rugby on Extra Time.

09:00 am **Cheers** (Rpt) — PG

Mr. Otis Regrets

Sam makes Rebecca jealous in many strange ways by telling her that he scored with Robin's other girl friend, and Woody is flabbergasted when a girl answers his ad for a roommate.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

09:30 am **Cheers** (Rpt) — PG

Cry Hard (1)

Rebecca impresses Sam and the boys when she shows them Robin's fancy apartment.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

10:00 am **Scorpion** (Rpt) — CC — PG Violence, Coarse Language

Once Bitten, Twice Die

When a conflict in Eastern Europe threatens to escalate, Team Scorpion is called on to help facilitate secret peace talks to prevent World War III.

Starring: Elyes Gabel, Katharine McPhee, Robert Patrick, Ari Stidham, Eddie Kaye Thomas, Jadyn Wong

11:00 am **Bondi Rescue** (Rpt) — CC — PG Mild Coarse Language, Nudity

Reidy was an overweight kid who didn't grow up surfing. Today he's overcome harsh criticism to become a lifeguard; meanwhile, up at the tower a BMX rider has a fractured cheek and broken nose.

11:30 am **Bondi Rescue** (Rpt) — CC — PG

Rips are the hidden danger most beachgoers can’t identify. Lifeguards mark them out with dangerous current signs, but often they’re ignored. So Terry conducts an experiment with stickers.

12:00 pm **Pointless** (Rpt) — CC

SPECIAL ENCORE PRESENTATION

Hosted by Dr Andrew Rochford and Mark Humphries, Pointless sees three teams compete each night; faced with questions from a range of topics, players must produce the least obvious answers to progress.

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Tuesday 31st July 2018

12:30 pm **Hogan's Heroes** (Rpt) — G

Man In A Box

Hogan is hot on the trail of capturing LeBeau, but not too quickly since he has a mission to complete.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary

01:00 pm **NCIS** (Rpt) — CC WS — M Mature Themes

Honor Code

Gibbs and the team investigate when a 6-year-old boy informs NCIS his father has been kidnapped.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

02:00 pm **NCIS: Los Angeles** (Rpt) — CC WS — M Violence, Mature Themes

Keepin' IT Real

After the NCIS team discover the body of a marine who had been living a double life, they look for a motive to his murder.

Starring: Chris O'Donnell, LI Cool J , Rocky Carroll, Peter Cambor, Daniela Ruah

03:00 pm **Super Rugby Extra Time** (Rpt)

Semi Finals

Relive all the best bits of the weekend's Super Rugby on Extra Time.

04:00 pm **Diagnosis Murder** (Rpt) — PG Violence, Mature Themes

Model Murder, A

Dr. Sloan and Steve investigate a private eye's murder in the not-so-pretty world of modelling.

Starring: Dick Van Dyke, Barry Van Dyke, Charlie Schlatter, Victoria Rowell

Guest Starring: Lesley-Anne Down

05:00 pm **Star Trek: The Next Generation** (Rpt) — PG Sexual References

The Vengeance Factor

The Enterprise crew tries to mend the relationship between a race known as the Acamarians and a faction known as the Gatherers.

Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, Gates McFadden, Marina Sirtis, Wil Wheaton

Guest Starring: Nancy Parsons

06:00 pm **Hogan's Heroes**

06:30 pm **Bondi Rescue** (Rpt) — CC — PG Coarse Language

Lifeguard ‘Harries’ plans to propose to girlfriend Emily high above Bondi in a chopper, and needs the team to make a huge ‘Marry Me’ sign in the sand.

07:00 pm **Bondi Rescue** (Rpt) — CC — PG Coarse Language, Mature Themes

A surfing collision results in a deep water spinal rescue, and surf rage breaking out on the shore. Lifeguards must work out who’s at fault; later, a man is rescued with no pants.

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07:30 pm **Walker, Texas Ranger** (Rpt)
M
Violence

El Coyote, Pt 1

Walker works with Jesse Rodriguez to break up the Mexican slave trading in Texas. Can Walker track down the leaders of the operation and close it down?

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

08:30 pm **CSI: Miami**
M
Violence,
Mature Themes

Complications

An anaesthesiologist who may have been responsible for the death of one of his plastic surgery patients is found hanged in his own apartment but the investigation points to murder, not suicide.

Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Rory Cochrane, Sofia Milos

Guest Starring: Kristy Swanson, Jason O'Mara, Leonard Roberts

09:30 pm **CSI: NY**
M
Violence

Wasted

A famous Russian model falls dead on a runway during a fashion show. The mystery deepens when another model is murdered. Back at HQ, a terminally ill man confesses that he has just killed his doctor.

Starring: Gary Sinise, Melina Kanakaredes, Carmine Giovinazzo, Hill Harper, Eddie Cahill, Anna Belknap, Robert Joy, A.J. Buckley

Guest Starring: Kelly Overton, Will McCormack, Katie A. Keane, Mark Steines

10:30 pm **Instinct** (Rpt)
CC
M
Violence

SPECIAL ENCORE PRESENTATION

Blast From The Past

Dylan & Lizzie have trouble identifying a motive or connection when several people blow themselves up using suicide bombs; Julian is concerned that Dylan could be exposing himself to past enemies.

Starring: Alan Cumming, Bojana Novakovic

11:30 pm **Countdown To Murder** (Rpt)
M
Violence,
Mature Themes

The Butcher Boy

In 1987 Roderick Newall murdered his parents in cold blood. Was his brother in on the crime, and had they both concocted the plan to gain from a large inheritance?

12:30 am **Home Shopping** (Rpt)
G

Home Shopping

01:00 am **Home Shopping** (Rpt)
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02:00 am **Star Trek: The Next Generation** (Rpt)
PG
Sexual References

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The Enterprise crew tries to mend the relationship between a race known as the Acamarians and a faction known as the Gatherers.

Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, Gates McFadden, Marina Sirtis, Wil Wheaton

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Tuesday 31st July 2018

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M
Violence

El Coyote, Pt 1

Walker works with Jesse Rodriguez to break up the Mexican slave trading in Texas. Can Walker track down the leaders of the operation and close it down?

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

04:00 am **Diagnosis Murder** (Rpt)

PG
Violence,
Mature Themes

Model Murder, A

Dr. Sloan and Steve investigate a private eye's murder in the not-so-pretty world of modelling.

Starring: Dick Van Dyke, Barry Van Dyke, Charlie Schlatter, Victoria Rowell

Guest Starring: Lesley-Anne Down

05:00 am **The Doctors** CC M

A woman's rare and aggressive brain stroke recovery; big feet; passing gas; an ER doctor's plan to combat the opioid epidemic; foods for a better brain; the perfect bedtime story.

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SYDNEY PROGRAM GUIDE

Wednesday 01st August 2018

06:00 am **Home Shopping** (Rpt) — G

Home Shopping

06:30 am **Home Shopping** (Rpt) — G

Home Shopping

07:00 am **Home Shopping** (Rpt) — G

Home Shopping

07:30 am **Home Shopping** (Rpt) — G

Home Shopping

08:00 am **Freddie Flintoff: The Gloves Are Off** (Rpt) — PG

Join Freddie Flintoff as he undertakes a gruelling four-month training schedule with the very best in the boxing world in preparation for his first professional fight in front of 15,000 spectators.

09:00 am **Cheers** (Rpt) — PG

Cry Harder (2)

Rebecca and Sam both have mixed emotions as they face the fact that Robin Colcord is arrested for insider trading based on information supplied by the once and future owner of Cheers.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

09:30 am **Cheers** (Rpt) — PG

Love Is A Really, Really, Perfectly Okay Thing

As Robin walks into the bar office, what he sees is Rebecca in a state of undress and Sam's shirt button stuck in her blouse's zipper.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

10:00 am **Scorpion** (Rpt) — CC — PG Coarse Language

Young Hearts Spark Fire

While on a mission to save lost hikers, Team Scorpion's helicopter crashes, igniting a massive wildfire that quickly closes in on them. Sylvester must help their injured pilot make it to safer ground.

Starring: Elyes Gabel, Katharine McPhee, Robert Patrick, Ari Stidham, Eddie Kaye Thomas, Jadyn Wong

Guest Starring: Scott Macdonald

11:00 am **Bondi Rescue** (Rpt) — CC — PG Coarse Language

Lifeguard ‘Harries’ plans to propose to girlfriend Emily high above Bondi in a chopper, and needs the team to make a huge ‘Marry Me’ sign in the sand.

11:30 am **Bondi Rescue** (Rpt) — CC — PG Coarse Language, Mature Themes

A surfing collision results in a deep water spinal rescue, and surf rage breaking out on the shore. Lifeguards must work out who’s at fault; later, a man is rescued with no pants.

12:00 pm **Pointless** (Rpt) — CC

SPECIAL ENCORE PRESENTATION

Hosted by Dr Andrew Rochford and Mark Humphries, Pointless sees three teams compete each night; faced with questions from a range of topics, players must produce the least obvious answers to progress.

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Wednesday 01st August 2018

12:30 pm **Hogan's Heroes** (Rpt) — G

The Missing Klink

Hogan wants to kidnap Burkhalter and trade him for a captured underground agent and instead finds out that Klink is his hostage.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary

01:00 pm **NCIS** (Rpt) — CC WS — M

Under Covers

When the bodies of two assassins are delivered to NCIS from overseas, Tony and Ziva assume their identities undercover and engage in a sexy rendezvous at a luxury hotel in order to find their target.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

02:00 pm **NCIS: Los Angeles** (Rpt) — CC WS — M Violence

Pushback

Following the murder of a Russian woman, the NCIS team uncover evidence that answers why Callen was shot six months ago.

Starring: Chris O'Donnell, Ll Cool J , Rocky Carroll, Peter Cambor, Daniela Ruah

03:00 pm **MacGyver** (Rpt) — PG Mild Violence

The Survivors

MacGyver and Pete go into the wilderness to hone their survival skills. They discover a crashed DEA plane and have to deal with the deadly drug smugglers responsible for sabotaging it.

Starring: Richard Dean Anderson, Dana Elcar

04:00 pm **Diagnosis Murder** (Rpt) — PG Violence, Mild Coarse Language

Murder Can Be Murder

A cardiologist and two business partners plot a deadly insurance scam.

Starring: Dick Van Dyke, Barry Van Dyke, Charlie Schlatter, Victoria Rowell

Guest Starring: Alan Rachins

05:00 pm **Star Trek: The Next Generation** (Rpt) — PG Mature Themes

The Defector

When a Romulan officer defects to the Federation with a warning of an impending invasion, Capt. Picard struggles to decide if he is to be believed.

Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden, Marina Sirtis

Guest Starring: Andreas Katsulas, James Sloyan

06:00 pm **Hogan's Heroes**

06:30 pm **Bondi Rescue** (Rpt) — CC — PG Coarse Language, Nudity

An 18 year old man breaks his leg while out in the surf. Meanwhile, Maxi uses a mobile phone tracking device to locate a thief.

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Wednesday 01st August 2018

07:00 pm **Bondi Rescue** (Rpt)
CC PG
Coarse Language, Nudity

Trainee lifeguard and Bra Boy member Jesse Pollock fractures his spine when he is dumped by a huge wave; meanwhile Jake rescues a beginner surfer being smashed against cliffs.

07:30 pm **Walker, Texas Ranger** (Rpt)
M
Violence

El Coyote, Pt 2

Walker works with Jesse Rodriguez to break up the Mexican slave trading in Texas. Can Walker track down the leaders of the operation and close it down?

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

08:30 pm **NCIS: Los Angeles** (Rpt)
CC WS M
Violence, Mature Themes

Little Angels

A videotape revealing a Naval Commander's daughter being buried alive sparks an urgent investigation and thrusts the NCIS team into a race against the clock to save the girl before time runs out.

Starring: Chris O'Donnell, LI Cool J , Rocky Carroll, Peter Cambor, Daniela Ruah

09:30 pm **NCIS: Los Angeles** (Rpt)
CC WS M

Standoff

After a downtown Navy Recruitment Centre is held hostage, Callen mediates with his ex-partner to uncover information about a hijacked shipment of missiles.

Starring: Chris O'Donnell, LI Cool J , Rocky Carroll, Peter Cambor, Daniela Ruah

SPECIAL ENCORE PRESENTATION

10:30 pm **Shark Tank** (Rpt)
CC PG
Coarse Language

Shark Tank brings together five superstars of business willing to put their own money on the line to invest in new products and ideas. What will be presented to the tank this week?

11:30 pm **CSI: Miami**
M
Violence

Witness To Murder

A diamond broker is murdered after his car is hit by another vehicle and he gets out to confront the driver. Meanwhile, the body of a teenage girl is lost during its transportation to the crime lab.

Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Rory Cochrane, Sofia Milos

Guest Starring: Brad Beyer, Rick Worthy

12:30 am **Home Shopping** (Rpt)
G

Home Shopping

01:00 am **Home Shopping** (Rpt)
G

Home Shopping

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SYDNEY PROGRAM GUIDE

Wednesday 01st August 2018

01:30 am **Home Shopping** (Rpt) — G

Home Shopping

02:00 am **Star Trek: The Next Generation** (Rpt) — PG, Mature Themes

The Defector

When a Romulan officer defects to the Federation with a warning of an impending invasion, Capt. Picard struggles to decide if he is to be believed.

Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden, Marina Sirtis

Guest Starring: Andreas Katsulas, James Sloyan

03:00 am **Walker, Texas Ranger** (Rpt) — M, Violence

El Coyote, Pt 2

Walker works with Jesse Rodriguez to break up the Mexican slave trading in Texas. Can Walker track down the leaders of the operation and close it down?

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

04:00 am **Diagnosis Murder** (Rpt) — PG, Violence, Mild Coarse Language

Murder Can Be Murder

A cardiologist and two business partners plot a deadly insurance scam.

Starring: Dick Van Dyke, Barry Van Dyke, Charlie Schlatter, Victoria Rowell

Guest Starring: Alan Rachins

05:00 am **The Doctors** — CC, M

A NYC gym that encourages nude workouts; going off a vegetarian diet; brushing the teeth with charcoal; a brush to eliminate cellulite; pickle juice to cure a hangover; working out while sick.

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SYDNEY PROGRAM GUIDE

Thursday 02nd August 2018

06:00 am	**Home Shopping** (Rpt)		G	**Home Shopping**
06:30 am	**Home Shopping** (Rpt)		G	**Home Shopping**
07:00 am	**Home Shopping** (Rpt)		G	**Home Shopping**
07:30 am	**Home Shopping** (Rpt)		G	**Home Shopping**
08:00 am	**MacGyver** (Rpt)		PG Mild Violence	**The Survivors** MacGyver and Pete go into the wilderness to hone their survival skills. They discover a crashed DEA plane and have to deal with the deadly drug smugglers responsible for sabotaging it. Starring: Richard Dean Anderson, Dana Elcar
09:00 am	**Cheers** (Rpt)		PG	**Cheers Fouls Out** Frasier and Lilith are having a domestic spat, and Lilith is withholding sex. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
09:30 am	**Cheers** (Rpt)		PG	**Rebecca Redux** Sam is facing crises at work: his cash flow is minimal and he's having troubles with all the new technical gizmos installed by Rebecca, like the computer and fax machine. Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer
10:00 am	**Scorpion** (Rpt)	CC	PG Violence, Coarse Language	**Crossroads** To protect a key witness who is en route to testifying against a deadly drug cartel, Team Scorpion takes her on the run, with the cartel hot on their heels. Starring: Elyes Gabel, Katharine McPhee, Robert Patrick, Ari Stidham, Eddie Kaye Thomas, Jadyn Wong Guest Starring: Ginger Gonzaga
11:00 am	**Bondi Rescue** (Rpt)	CC	PG Coarse Language, Nudity	An 18 year old man breaks his leg while out in the surf. Meanwhile, Maxi uses a mobile phone tracking device to locate a thief.
11:30 am	**Bondi Rescue** (Rpt)	CC	PG Coarse Language, Nudity	Trainee lifeguard and Bra Boy member Jesse Pollock fractures his spine when he is dumped by a huge wave; meanwhile Jake rescues a beginner surfer being smashed against cliffs.

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SYDNEY PROGRAM GUIDE

Thursday 02nd August 2018

12:00 pm **Pointless** (Rpt) CC

SPECIAL ENCORE PRESENTATION

Hosted by Dr Andrew Rochford and Mark Humphries, Pointless sees three teams compete each night; faced with questions from a range of topics, players must produce the least obvious answers to progress.

12:30 pm **Hogan's Heroes** (Rpt) G

Who Stole My Copy Of Mein Kampf?

Hogan plans to eliminate a beautiful Allied defector who is giving Klink an award.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary

01:00 pm **NCIS** (Rpt) CC WS M

Frame-Up

The NCIS team rallies to clear Tony's name when he is accused of murder.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

02:00 pm **NCIS: Los Angeles** (Rpt) CC WS M

Ambush

While Hetty's away at Senate hearings, the team investigate the murder of a Marine and make a surprising discovery.

Starring: Chris O'Donnell, Ll Cool J , Rocky Carroll, Peter Cambor, Daniela Ruah

03:00 pm **MacGyver** (Rpt) PG Mild Violence

Deadly Dreams

An escaped killer who MacGyver is searching for is actually the pawn of a mastermind criminal who is still locked up and planning revenge on the female detective who incarcerated him.

Starring: Richard Dean Anderson, Dana Elcar

04:00 pm **Diagnosis Murder** (Rpt) PG Violence, Mature Themes

An Explosive Murder

A terrorist bombing ignites an undercover investigation involving an ambitious cop.

Starring: Dick Van Dyke, Barry Van Dyke, Charlie Schlatter, Victoria Rowell

Guest Starring: Tracey Gold

05:00 pm **Star Trek: The Next Generation** (Rpt) PG Mild Violence

The Hunted

A planet applying to join the Federation enlists the help of the Enterprise, to help recapture a genetically enhanced military prisoner who has escaped.

Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Marina Sirtis

Guest Starring: James Cromwell

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SYDNEY PROGRAM GUIDE

Thursday 02nd August 2018

06:00 pm **Hogan's Heroes**

06:30 pm **Bondi Rescue** (Rpt) CC PG
Coarse Language

2.5milion people visit Bondi every year, with as many as 40,000 hitting the sand in a single day. Standing guard over this ever-changing cast of colourful characters is the Bondi Lifeguard team.

07:00 pm **Bondi Rescue** (Rpt) CC PG
Coarse Language, Mature Themes

Santa comes to Bondi and he's brought the South Pole with him. It is the wettest Christmas day in seventy two years. Meanwhile, a seizure on the sand turns pear-shaped.

07:30 pm **Walker, Texas Ranger** (Rpt) M
Violence

The Avenger

The brother of an illegal arms dealer killed by Walker gets revenge by making him fight deadly martial artists.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

08:30 pm **COPS: Adults Only** (Rpt) PG
Coarse Language, Drug References

Street Arrests Special Edition - Ocp005

Cops is the show that pioneered its own style of reality television. We take you on patrol with the law enforcement agents protecting America and serving law-abiding citizens.

09:00 pm **Movie: Missing In Action** (Rpt) (1984) M
Violence

MOVIE

Chuck Norris is Col. James Braddock, a man who believes that the war isn't over until the last man comes home and he launches a rescue mission deep in the Vietnam jungle to free American POWs.

Starring: Chuck Norris, M. Emmet Walsh, Lenore Kasdorf, James Hong

11:05 pm **Instinct** (Rpt) CC M
Violence

SPECIAL ENCORE PRESENTATION

Live

Dylan & Lizzie investigate the murder of a film student whose death was broadcast for the world to see. Andy & Dylan realize that parenting is tougher than they thought when they agree to babysit.

Starring: Alan Cumming, Bojana Novakovic

12:00 am **Home Shopping** (Rpt) G

Home Shopping

12:30 am **Home Shopping** (Rpt) G

Home Shopping

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SYDNEY PROGRAM GUIDE

Thursday 02nd August 2018

01:00 am **Home Shopping** (Rpt) — G

Home Shopping

01:30 am **Home Shopping** (Rpt) — G

Home Shopping

02:00 am **Star Trek: The Next Generation** (Rpt) — PG, Mild Violence

The Hunted

A planet applying to join the Federation enlists the help of the Enterprise, to help recapture a genetically enhanced military prisoner who has escaped.

Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Marina Sirtis

Guest Starring: James Cromwell

03:00 am **Cheers** (Rpt) — PG

Cheers Fouls Out

Frasier and Lilith are having a domestic spat, and Lilith is withholding sex.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

03:30 am **Cheers** (Rpt) — PG

Rebecca Redux

Sam is facing crises at work: his cash flow is minimal and he's having troubles with all the new technical gizmos installed by Rebecca, like the computer and fax machine.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

04:00 am **Diagnosis Murder** (Rpt) — PG, Violence, Mature Themes

An Explosive Murder

A terrorist bombing ignites an undercover investigation involving an ambitious cop.

Starring: Dick Van Dyke, Barry Van Dyke, Charlie Schlatter, Victoria Rowell

Guest Starring: Tracey Gold

05:00 am **The Doctors** — CC M

Thwarting flirting at the gym; possible shellfish danger; Meghan Markle's complexion secret; microblading danger; increasing strength without increasing workouts.

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SYDNEY PROGRAM GUIDE

Friday 03rd August 2018

06:00 am **Home Shopping** (Rpt) — G

Home Shopping

06:30 am **Home Shopping** (Rpt) — G

Home Shopping

07:00 am **Home Shopping** (Rpt) — G

Home Shopping

07:30 am **Home Shopping** (Rpt) — G

Home Shopping

08:00 am **2018 FORMULA 1 BUDAPEST GRAND PRIX** (Rpt)

2018 Formula 1 Hungarian Grand Prix

Highlights from the 2018 Formula 1 Hungarian Grand Prix from the Hungaroring Circuit, Budapest.

09:00 am **Cheers** (Rpt) — PG

Where Nobody Knows Your Name

It's an Indian summer of the heatwave variety in Boston. Carla is concerned since she's conceived all of her children during Indian summers.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

09:30 am **Cheers** (Rpt) — PG

Ma Always Liked You Best

A public works crew is doing some construction at the top of the bar stairwell, which is causing a slow-down in bar business.

Starring: Ted Danson, Shelley Long, Kirstie Alley, Nicholas Colasanto, Rhea Perlman, John Ratzenberger, George Wendt, Woody Harrelson, Kelsey Grammer

10:00 am **Scorpion** (Rpt) — CC PG

Cliffhanger

Walter learns Cabe's secret regarding the Baghdad mission and it threatens to tear Team Scorpion apart. Meanwhile, Ralph puts his life in danger to help the team as they try to stop a chemical attack.

Starring: Elyes Gabel, Katharine McPhee, Robert Patrick, Ari Stidham, Eddie Kaye Thomas, Jadyn Wong

Guest Starring: Vedette Lim, Andy Buckley

11:00 am **Hogan's Heroes** (Rpt) — G

Who Stole My Copy Of Mein Kampf?

Hogan plans to eliminate a beautiful Allied defector who is giving Klink an award.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary

11:30 am **Bondi Rescue** (Rpt) — CC PG Coarse Language

2.5milion people visit Bondi every year, with as many as 40,000 hitting the sand in a single day. Standing guard over this ever-changing cast of colourful characters is the Bondi Lifeguard team.

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SYDNEY PROGRAM GUIDE

Friday 03rd August 2018

12:00 pm **Pointless** (Rpt) — CC

SPECIAL ENCORE PRESENTATION

Hosted by Dr Andrew Rochford and Mark Humphries, Pointless sees three teams compete each night; faced with questions from a range of topics, players must produce the least obvious answers to progress.

12:30 pm **Hogan's Heroes** (Rpt) — G

Operation Hannibal

The heroes enlist the daughter of a German general to get to photograph his secret plans.

Starring: Bob Crane, Werner Klemperer, John Banner, Robert Clary

01:00 pm **NCIS** (Rpt) — CC WS — M Violence

Probie (Aka: The Second Man)

While on duty, McGee kills a man who is later discovered to be an undercover police officer. When Jenny decides to approve the investigation on McGee, the NCIS team is forced to prove that McGee is not guilty.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

02:00 pm **NCIS: Los Angeles** (Rpt) — CC WS — M

Random On Purpose

Forensic scientist Abby Sciuto joins the Los Angeles NCIS team when a local murder case resembles the pattern for a serial killer she has been tracking.

Starring: Chris O'Donnell, Ll Cool J , Rocky Carroll, Peter Cambor, Daniela Ruah

03:00 pm **MacGyver** (Rpt) — PG Mild Violence

Ma Dalton

When Jack gets an anonymous package of mementos of his father, he wants some answers, and the search is on for his mother, who's been missing since his youth.

Starring: Richard Dean Anderson, Dana Elcar

04:00 pm **Diagnosis Murder** (Rpt) — PG Mature Themes

Murder By The Busload

Dr. Sloan finds a murder victim among the trauma patients from a major bus accident.

Starring: Dick Van Dyke, Barry Van Dyke, Charlie Schlatter, Victoria Rowell

05:00 pm **Star Trek: The Next Generation** (Rpt) — PG Violence, Mature Themes

The Highground

A group of terrorists that are demanding freedom on their planet decide to kidnap Dr. Crusher whilst she is delivering crucial medical supplies to a planet ravaged by civil war.

Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden, Marina Sirtis, Wil Wheaton

Guest Starring: Kerrie Keane

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SYDNEY PROGRAM GUIDE

Friday 03rd August 2018

06:00 pm Hogan's Heroes

06:30 pm MacGyver (Rpt)
PG
Mild Violence

The TEN Percent Solution

Can MacGyver blast his way out of a Nazi gas chamber with a tube, his trusty Swiss army knife and a light bulb?

Starring: Richard Dean Anderson, Dana Elcar

07:30 pm Walker, Texas Ranger (Rpt)
M
Violence

Behind The Badge

Trivette is shadowed by a television camera and interviewer while he attempts to capture an FBI fugitive. Walker has the mayor's nephew shadowing him to see what a Ranger's life is like.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

08:30 pm Walker, Texas Ranger (Rpt)
M
Violence

Blackout

Walker wakes up in a hotel room with a gun in his hand and a dead man on the floor but Walker can't remember a thing, not even his own name.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

09:30 pm Walker, Texas Ranger (Rpt)
M
Violence

Deadline

When the Texas State Legislature is pondering budget cuts, Sen. Hughes suggests disbanding the Texas Rangers, but he is unaware of a deadly plot against his daughter.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

10:30 pm Walker, Texas Ranger (Rpt)
M
Violence

Siege

Walker will need to put his fishing plans on ice as drug dealers in the area track down his cabin looking for trouble.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

11:30 pm NCIS: Los Angeles (Rpt)
CC WS
M
Violence, Mature Themes

Little Angels

A videotape revealing a Naval Commander's daughter being buried alive sparks an urgent investigation and thrusts the NCIS team into a race against the clock to save the girl before time runs out.

Starring: Chris O'Donnell, Ll Cool J , Rocky Carroll, Peter Cambor, Daniela Ruah

12:30 am Home Shopping (Rpt)
G

Home Shopping

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SYDNEY PROGRAM GUIDE

Friday 03rd August 2018

01:00 am **Home Shopping** (Rpt) G

Home Shopping

01:30 am **Home Shopping** (Rpt) G

Home Shopping

02:00 am **Walker, Texas Ranger** (Rpt) M Violence

Blackout

Walker wakes up in a hotel room with a gun in his hand and a dead man on the floor but Walker can't remember a thing, not even his own name.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

03:00 am **Walker, Texas Ranger** (Rpt) M Violence

Deadline

When the Texas State Legislature is pondering budget cuts, Sen. Hughes suggests disbanding the Texas Rangers, but he is unaware of a deadly plot against his daughter.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

04:00 am **Walker, Texas Ranger** (Rpt) M Violence

Siege

Walker will need to put his fishing plans on ice as drug dealers in the area track down his cabin looking for trouble.

Starring: Chuck Norris, Clarence Gilyard Jr, Sheree J Wilson

05:00 am **The Doctors** CC M

Earlobe procedure; testicular infection; possible orgasm danger; coughing hard enough to break a rib; child's cheek lesion; severe reaction to shoes; preventing hair dryer burnout.

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SYDNEY PROGRAM GUIDE

Saturday 04th August 2018

06:00 am **Home Shopping** (Rpt) G

Home Shopping

06:30 am **Home Shopping** (Rpt) G

Home Shopping

07:00 am **Home Shopping** (Rpt) G

Home Shopping

07:30 am **Home Shopping** (Rpt) G

Home Shopping

08:00 am **MasterChef Australia**

SPECIAL ENCORE PRESENTATION

09:30 am **MasterChef Australia**

SPECIAL ENCORE PRESENTATION

11:00 am **Industry Leaders With Janine Allis**

NEW EPISODE

Janine Allis meets real people with Real Passion, who through dedication and hard work became Industry Leaders. Be inspired by their stories of how they came to be leaders in their industry.

11:30 am **Fishing Edge** (Rpt) G

With the arrival of a new boat Lee and Rach head to South Coast of NSW to get into some striped marlin action!

12:00 pm **Australia By Design: Architecture** (Rpt) CC G

W.A.

In this week's episode of Australia By Design: Architecture, we look at the top ten architectural statements for the year in Western Australia.

12:30 pm **Diagnosis Murder** (Rpt) PG Mature Themes

Murder By The Busload

Dr. Sloan finds a murder victim among the trauma patients from a major bus accident.

Starring: Dick Van Dyke, Barry Van Dyke, Charlie Schlatter, Victoria Rowell

01:30 pm **Star Trek: The Next Generation** (Rpt) PG Violence, Mature Themes

The Highground

A group of terrorists that are demanding freedom on their planet decide to kidnap Dr. Crusher whilst she is delivering crucial medical supplies to a planet ravaged by civil war.

Starring: Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn, LeVar Burton, Gates McFadden, Marina Sirtis, Wil Wheaton

Guest Starring: Kerrie Keane

02:30 pm **Operation Repo** (Rpt) PG Mild Coarse Language

Take a look inside the fast-paced, high-pressure world of car repossession with a team of highly-trained professionals from California's San Fernando Valley.

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SYDNEY PROGRAM GUIDE

Saturday 04th August 2018

03:00 pm Camper Trailer Lifestyle

ALL NEW EPISODES

Join Macca & his mates as they enjoy the rewarding lifestyle that comes with owning a camper trailer. Learn tips, tricks & techniques so you can make the most of your camper or buy one of your own.

03:30 pm Epic Meal Empire (Rpt)

PG
Mild Coarse Language

Pig Trouble In Little Tokyo

The Epic Meal Empire tries to knock out some sumo wrestlers with a super high calorie stew.

04:00 pm Reel Action CC

ALL NEW EPISODES

Reel Action is all about learning the tips and techniques to land your dream fish. Join Michael Guest as he takes you into the finer details of fishing.

04:30 pm The Indestructibles (Rpt)

PG

Abandoned Bmx

This week we want to go big on a BMX. Back flips, rail rides, massive ramps and bomb drops as Tim & Gendle are given just three days and $1000 to turn a derelict factory into BMX bike heaven.

05:00 pm Freddie Flintoff: Lord Of The Fries (Rpt)

PG

Andrew 'Freddie' Flintoff reunites with tree-hugging extreme-cyclist Rob Penn as they hit the road again, touring Britain & Ireland in Fred's very own, eco-friendly, cooking-fat-fuelled mobile chippy.

06:00 pm All 4 Adventure (Rpt) CC

PG
Coarse Language

Jase and Simon return for another action-packed series as they set out to retrace the steps of early explorers deep into the desolate heartland of this vast continent.

07:00 pm Scorpion (Rpt) CC

PG
Violence, Coarse Language

Super Fun Guys

The team goes undercover on the set of a superhero movie in Kazakhstan to dismantle a nuclear missile being sold by terrorists.

Starring: Elyes Gabel, Robert Patrick, Katharine McPhee, Eddie Kaye Thomas, Jadyn Wong, Ari Stidham, Peri Gilpin, Kevin Weisman

08:00 pm MacGyver

ALL NEW EPISODES

M
Violence

Benjamin Franklin + Grey Duffle

As Mac and the team investigate the suspicious death of Dawn's CIA supervisor, the evidence leads to a dirty CIA agent and a massive counterfeiting ring.

Starring: Lucas Till, George Eads, Tristin Mays

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SYDNEY PROGRAM GUIDE

Saturday 04th August 2018

09:00 pm **Hawaii Five-O** (Rpt)
CC M Violence, Mature Themes

Ka Luhi (The Burden)

Five-0 investigates the 10-year-old cold case of a missing teen when a boy suffering from PTSD undergoes hypnosis and realises he may have witnessed her murder.

Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Grace Park, Masi Oka, Chi McBride

Guest Starring: Missy Peregrym

10:00 pm **Hawaii Five-O** (Rpt)
CC M Violence, Medical Procedures

Ka'ili Aku (Snatchback)

Five-0 races to Mexico where Chin puts his life on the line to rescue his niece Sara from kidnappers.

Starring: Alex O'Loughlin, Scott Caan, Daniel Dae Kim, Grace Park, Masi Oka, Jorge Garcia, Chi McBride

Guest Starring: Manny Perez

11:00 pm **NCIS** (Rpt)
CC WS M Drug References

Angel Of Death

When Jenny returns from her European trip, the entire NCIS team are forced to take a Homeland Security polygraph test, and the deepest secrets of each agent are about to be revealed.

Starring: Mark Harmon, Michael Weatherly, Lauren Holly, David McCallum, Sean Murray, Pauley Perrette, Cote De Pablo

Guest Starring: Armand Assante

12:00 am **CSI: Miami** (Rpt)
M Violence, Mature Themes

Complications

An anaesthesiologist who may have been responsible for the death of one of his plastic surgery patients is found hanged in his own apartment but the investigation points to murder, not suicide.

Starring: David Caruso, Emily Procter, Adam Rodriguez, Khandi Alexander, Rory Cochrane, Sofia Milos

Guest Starring: Kristy Swanson, Jason O'Mara, Leonard Roberts

01:00 am **RPM** (Rpt)
CC

Hosted by TEN Sport's Matt White, RPM will deliver all the latest in race previews and reviews, as well as feature stories covering Formula One, MotoGP, Supercars and all things motorsport.

02:00 am **2018 FORMULA 1 BUDAPEST GRAND PRIX** (Rpt)

2018 Formula 1 Hungarian Grand Prix

Highlights from the 2018 Formula 1 Hungarian Grand Prix from the Hungaroring Circuit, Budapest.

03:00 am **Hillary: The Man Who Conquered Everest** (Rpt)
PG Coarse Language

Home

The biography of Sir Edmund Hillary. The news of the successful Everest ascent gets out, and Ed is lavished with honours. Restless at home in Auckland, he decides to seek adventure in Antarctica.

Starring: Andrew Munro, Dean O'gorman, Amy Usherwood, Kelson Henderson, Stephen Lovatt, Joel Tobeck

04:00 am **Operation Repo** (Rpt)
PG Mild Coarse Language

Take a look inside the fast-paced, high-pressure world of car repossession with a team of highly-trained professionals from

California's San Fernando Valley.

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SYDNEY PROGRAM GUIDE

Saturday 04th August 2018

04:30 am **The Doctors** CC M
Medical Procedures

A mother who lost her son in the tragic Las Vegas shooting reaches out for help from a psychic medium; whether protein smoothies can be toxic; cursing around a baby.

05:30 am **Whacked Out Sports** (Rpt) PG
Violence

For extreme sports enthusiasts, Whacked Out Sports is the ultimate show for an adrenaline rush without the pain! Featuring the most outrageous and jaw-dropping video clips ever to be caught on tape.

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