



SYDNEY PROGRAM GUIDE

Sunday 09th November 2014

06:00 am NASCAR Sprint Cup Highlights
(Rpt)

Race 34: A.A.A Texas 500 @ Texas-Highlights

Catch all the non-stop motorsport action highlights from the T Motor Speedway. The thrills and spills of NASCAR racing conti with the 34th race of the 2014 Sprint Cup Series.

07:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

07:30 am World's Toughest Trucker (Rpt)

PG
Some Coarse
Language

The remaining truckers take part in a three-day challenge of colle 60 ton loads of timber from 3,000 feet up a Canadian mountair and taking them back down the valley.

08:30 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, react and moments that took place in the Sport Science lab.

09:30 am Football's Greatest Teams

Arsenal

Football's Greatest Teams is a sport series showing a review c sixteen greatest teams in the history of world football.

10:00 am Football's Greatest Teams

Benfica

Football's Greatest Teams is a sport series showing a review c sixteen greatest teams in the history of world football.

10:30 am Rugby: Wales Vs Wallabies (Rpt)

REPLAY

Rugby: Wales Vs Wallabies 2014

Join Scott Mackinnon, Gordon Bray, Matt Burke & Stirling Mortloc all the analysis, action and electric atmosphere at the Millen Stadium as the Qantas Wallabies take on Wales.

12:35 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

01:00 pm Black Gold (Rpt)

PG
Some Violence,
Some Coarse
Language

Growing Pains

Brandon keeps his promise to Cheston and gives him a di lesson, but after losing time with a twist off, things don't play o planned and Cheston risks their friendship.

02:00 pm David Attenborough's Africa (Rpt) CC G

Kalahari

In this blockbuster series, Sir David Attenborough reveals Afric you've never seen it before. This is a journey through extraordinarily diverse regions of an amazing continent.



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Sunday 09th November 2014

03:00 pm Temporary Australians

NEW EPISODE

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a week at Bernie's.

03:30 pm Golf Getaway

NEW EPISODE

Golf Getaway is a short, sharp slice of all things golf including course reviews, interviews and tips from the pros and special content on golf equipment.

04:00 pm My Surf TV

G

SERIES PREMIERE

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro remote locations & big wave chargers.

04:30 pm River To Reef

NEW EPISODE

Theo and Robby take us on a fishing, boating and lifestyle journey to destinations we can all enjoy, with a bit of seafood cooking along the way.

05:00 pm What's Up Down Under (Rpt)

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm I Fish

CC

ALL NEW EPISODES

Providing tips and information for the beginner fisherman, through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

06:00 pm COPS (Rpt)

PG
Drug References

Coast To Coast

You won't believe the chases, stings and rescues by police officers on patrol to protect America's troubled streets. With an unmistakable theme song Cops is the show at the forefront of reality TV.

06:30 pm M*A*S*H (Rpt)

PG

Quo Vadis, Captain Chandler

Intelligence officer Colonel Flagg and psychiatrist Sidney Freedman grapple over the fate of a wounded officer Captain Chandler, who claims to be Jesus Christ.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



one

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07:00 pm **M*A*S*H** (Rpt)

PG

Dear Peggy

BJ writes home to his wife Peg about Klinger's escape attempts visit of a formidable chaplain and one of Frank's goof-ups.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Robson Green Extreme Fisherman**

ALL NEW EPISODES

Madagascar

Join Robson as he hunts for the powerful jobfish in Madaga before teaming up with local fishermen to help spear an octopus.

08:30 pm **Gold Coast Cops - Encore** (Rpt)

CC

SPECIAL ENCORE PRESENTATION

As part of their ongoing mission to crack down on the bikies, the assist task force Maxima in executing a search warrant on a former NRL player Anthony Watts, a former Criminal Motorcycle Club member.

09:00 pm **Territory Cops - Encore** (Rpt)

CC PG
Some Coarse
Language,
Drug References

SPECIAL ENCORE PRESENTATION

Detective Sergeant Kenny Bradshaw is running a weeklong operation at Darwin Airport, with hopes that he will put a serious end to the Darwin drug trade.

09:30 pm **Movie: Mean Machine** (Rpt) (2001)

CC

MOVIE

When soccer star Danny Meehan lands in jail for fixing a match the warden tries to force the athlete to train his guards' semi-professional soccer team but he ends up training the prisoners instead.

Starring: Vinnie Jones, David Hemmings, Jason Flemyng, David Kelly, Ralph Brown

11:30 pm **Live: MotoGP 2014**

LIVE

Race 18 Valencia - Pre Show

Greg Rust and Daryl Beattie bring you all of the latest MotoGP news before we go green in race 18 of the 2014 MotoGP from The Circuit de la Comunitat Valenciana, Valencia.

12:00 am **Live: MotoGP 2014**

LIVE

Race 18 Valencia

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from race 18 of the 2014 MotoGP from The Circuit de la Comunitat Valenciana, Valencia.



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Sunday 09th November 2014

01:00 am Live: MotoGP 2014

LIVE

Race 18 Valencia - Post Show

Our expert commentators Greg Rust and Daryl Beattie bring you the latest news and results as they wrap up race 18 of the MotoGP from The Circuito de la Comunitat Valenciana, Valencia.

01:30 am Temporary Australians (Rpt)

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a weeker Bernie's.

02:00 am COPS (Rpt)

PG
Drug References

Coast To Coast

You won't believe the chases, stings and rescues by police office patrol to protect America's troubled streets. With an unmistakable theme song Cops is the show at the forefront of reality TV.

02:30 am Food Hospital (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and GI Consultant Shaw Somers meet patients with varying conditions examine the science behind using food as medicine.

03:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

04:00 am Basketball: NBL Championship
2014/15 (Rpt)

REPLAY

Round 4: Wollongong Hawks V Perth Wildcats

Join us for all the action of Round 4 of the 2014/15 National Basketball League as the Wollongong Hawks take on the Perth Wildcats at their home court WIN Entertainment Centre.



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Monday 10th November 2014

06:00 am NASCAR Sprint Cup

10:30 am Omnisport (Rpt)

11:00 am Megafactories: Laverstoke Mill (Rpt)

12:00 pm Rush (Rpt)

CC M
WS Some Violence

01:00 pm Law & Order: SVU (Rpt)

CC

02:00 pm MasterChef Australia (Rpt)

CC G

03:00 pm MasterChef Australia (Rpt)

CC PG

04:00 pm Get Smart

04:30 pm Shred!

LIVE

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

Learn about the history of Laverstoke Mill, originally one of the largest paper mills in England, and why Bombay Sapphire is moving its entire worldwide production of gin to a dilapidated water mill.

Best mates Lawson and Josh are up against new boss Charlie in their superior Kerry. Meanwhile Stella helps save a journalist whose investigative reporting has put her life in danger.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

Greed

When a woman is hospitalised after being raped and burglarised in her apartment, the detectives investigate and discover that there was no break-in, leading them to investigate a local locksmith.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Dorel Florek, Ice T, Stephanie March, B.D. Wong

Friday - Week 3

It's a mega MasterClass as Gary and Matt Moran teach the top contestants about raw foods, herbs, and oils. Later Gary whips up mushroom gnocchi and his 'Mum's Lamb Stew with Dumplings'.

Sunday - Week 4

The remaining 21 contestants return to the MasterChef kitchen to compete in a biscuit inspired Mystery Box challenge. Later it's Invention Test Mexican style. Cactus anyone?

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-made entrepreneur, and his crew as they solve new and increasingly extreme shredding challenges.



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Monday 10th November 2014

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) PG

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt) G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm **Family Feud** CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm **M*A*S*H** (Rpt) PG

Of Moose And Men

Hawkeye tangles with a tough Army colonel; BJ helps Zale v received a "Dear John" letter; Frank looks endlessly for Kc saboteurs.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

Soldier Of The Month

An epidemic of hemorrhagic fever keeps the 4077 staff very t When Frank contracts the fever he makes a will leaving all his m to his wife and all his clothes to Hot Lips.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Talkin' Bout Your Generation** (Rpt) CC PG
Some Coarse
Language

Sit back and relax with much loved comic Shaun Micallef & his of quiz show GENEral's, Amanda Keller, Charlie Pickering & Thomas.

08:30 pm **Undercover Boss**

ALL NEW EPISODES

Ymca Canada

The National CEO of YMCA Canada works in disguise in his organisation and starts to understand the realities of his workers | and discovers he's also on a very personal journey of discovery.

09:30 pm **Movie: Dinner For Schmucks** (Rpt) CC M
(2010)
Sexual References,
Some Coarse
Language

MOVIE

When he finds out that his work superiors host a dinner celebr the idiocy of their guests, a rising executive questions it when invited.

Starring: Steve Carell, Paul Rudd, Zach Galifianakis, Jemaine Clement, Lucy Punch, Stephanie Szostak, Bruce Greenwood, Da Walliams, Ron Livingston



SYDNEY PROGRAM GUIDE

Monday 10th November 2014

11:50 pm 2014 FORMULA 1® BRAZILIAN GRAND PRIX™ (Rpt) CC

REPLAY

2014 Formula 1 Brazil Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action the 18th race of the 2014 FIA F1 World Championship from Autodromo Jose Carlos Pace in Brazil.

02:20 am The Home Team (Rpt) CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

02:50 am Would You Rather? With Graham Norton (Rpt) M
Sexual References

Would You Rather? is a show featuring a panel of comedians celebrities who answer "would you rather" questions. Guests inc Eugene Mirman, Hannibal Buress, Mo Rocca and Andrea Rosen.

03:20 am Blokesworld (Rpt)

The Blokesworld crew head to USA to check the best in Calif and head to Vegas for the Super Cross. Plus, Isabelle takes ove stage and tries her luck in Blokesworld's Miss Downunder.

03:50 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

04:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 31: O'reilly Auto Parts Challenge @ Texas

Catch the highlights from every race of the 2014 Nationwide S on ONE. Race 31 is hosted at the Texas Motor Speedway.

05:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 34: A.A.A Texas 500 @ Texas-Highlights

Catch all the non-stop motorsport action highlights from the T Motor Speedway. The thrills and spills of NASCAR racing conti with the 34th race of the 2014 Sprint Cup Series.



SYDNEY PROGRAM GUIDE

Tuesday 11th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

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08:00 am Sporting Greats (Rpt)

G

Nadia Comaneci

Nadia Comaneci winner of five Olympic gold medals at the 1976 and the 1980 Olympics and is the first female gymnast to be awarded a perfect score of 10 in an Olympic gymnastic event.

08:35 am Omnisport (Rpt)

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09:00 am Monster Jam (Rpt)

G

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect mix of action and entertainment, action packed viewing.

10:00 am All 4 Adventures (Rpt)

CC

Jase and Simon head to Walsh Point but have to make it across the 'Australia's worst boat ramp' in one piece first. Plus, Jase has a surprise for Simon.

11:00 am World's Toughest Trucker (Rpt)

PG
Some Coarse
Language

The remaining truckers take part in a three-day challenge of collecting 60 ton loads of timber from 3,000 feet up a Canadian mountain and taking them back down the valley.

12:00 pm Rush (Rpt)

CC M
Some Violence,
Drug References

Tactical Response have to protect one of their own. Meanwhile, Sarah starts to risk everything to find a murderer, which soon leads to the case of her team members.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

01:00 pm Law & Order: SVU (Rpt)

CC

Denial

A rape turns into a bizarre murder investigation when the finger of a small child is found in the victim's purse.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Doreen Finkelstein, Ice T, Stephanie March, B.D. Wong



one

SYDNEY PROGRAM GUIDE

Tuesday 11th November 2014

02:00 pm MasterChef Australia (Rpt)

CC PG
Some Coarse
Language

Monday - Week 4

The bottom three contestants from the last challenge arrive a kitchen to face off in a Pressure Test. Later, three lucky contestants attend a very special private Master Class.

03:00 pm MasterChef Australia (Rpt)

CC PG

Tuesday - Week 4

Sake head chef Shaun Presland takes on the winner of the Inve Test in a Raw Food Immunity Challenge. With no cooking, no and no gas bench tops they need to be super creative.

04:00 pm Get Smart (Rpt)

PG

Supersonic Boom

KAOS attacks the CONTROL headquarters with a sonic boom threatens to use it on New York City.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Shred!

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-entrepreneur, and his crew as they solve new and increas extreme shredding challenges.

05:00 pm Extreme Boats' Big Angry Fish (Rpt)

PG

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm I Fish (Rpt)

G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm Family Feud

CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm M*A*S*H (Rpt)

PG

The Gun

A wounded colonel's gun disappears and Hawkeye and BJ pl hunch and bluff Frank who has it, into returning it.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



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Tuesday 11th November 2014

07:00 pm **M*A*S*H** (Rpt)

PG

Mail Call, Again

The mail brings a letter to Frank saying his wife is divorcing him one to Potter telling him he's going to be a grandfather.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Black Gold**

ALL NEW EPISODES

Drilling Lessons

Cheston walks a fine line between loyalty and self preservation \ Brandon lets him down yet again. He must seek out the help of a driller - behind his best friend's back.

08:30 pm **David Attenborough's Africa** (Rpt) CC G

Savannah

To survive here, creatures must be able to deal with unpredic twists and turns – wet turning to dry, famine to feast. But it supports more large mammals here than anywhere else on Earth

09:30 pm **48 Hours**

ALL NEW EPISODES

48 Hours is a popular true-crime series, investigating shocking c and compelling real-life dramas with journalistic integrity and cu edge style.

10:30 pm **Movie: Meet Bill** (Rpt) (2007)

M
Sexual References,
Some Coarse
Language,
Drug Use

MOVIE

A guy fed up with his job and married to a cheating wife reluct mentors a rebellious teen.

Starring: Aaron Eckhart, Jessica Alba, Elizabeth Banks, Timothy Olyphant, Kristen Wiig, Logan Lerman, Jason Sudeikis

12:30 am **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The H- Team will help you navigate your next DIY project or renovation.

01:00 am **Food Hospital** (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and G Consultant Shaw Somers meet patients with varying conditions examine the science behind using food as medicine.

The logo for the 'one' channel, featuring the word 'one' in white lowercase letters on a green square background.

SYDNEY PROGRAM GUIDE

Tuesday 11th November 2014

02:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

02:30 am Basketball: NBL Championship 2014/15 (Rpt)

REPLAY

Round 5: Wollongong Hawks V Sydney Kings

Join us for all the action of Round 5 of the 2014/15 National Basketball League as the Wollongong Hawks take on the Sydney Kings at their home court WIN Entertainment Centre.

04:30 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including course reviews, interviews and tips from the pros and special coverage on golf equipment.

05:00 am Football's Greatest Teams (Rpt)

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Wednesday 12th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

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08:00 am 2014 FORMULA 1® BRAZILIAN GRAND PRIX™ (Rpt) CC

REPLAY

2014 Formula 1 Brazil Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action the 18th race of the 2014 FIA F1 World Championship from Autodromo Jose Carlos Pace in Brazil.

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11:00 am David Attenborough's Africa (Rpt) CC G

Savannah

To survive here, creatures must be able to deal with unpredictable twists and turns – wet turning to dry, famine to feast. But it supports more large mammals here than anywhere else on Earth

12:00 pm Rush (Rpt) CC M
Some Violence,
Drug References

Michael Sandrelli has been a busy man since being fired from Thanks to the squad's head honcho Kerry, he's now undercover his job is to bring down a family of cocaine importers.

Starring: Rodger Corser, Catherine McClements, Jolene Andersc Antony Starr, Callan Mulvey

01:00 pm Law & Order: SVU (Rpt) CC

Competence

A mentally retarded girl is pregnant and the question is, was raped or did she consent, and is she competent enough to keep child?

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, C Florek, Ice T , Stephanie March, B.D. Wong

02:00 pm MasterChef Australia (Rpt) CC PG

Wednesday - Week 4

The contestants split into two teams to cook for a restaurant for discerning diners, all with left over ingredients collected from Sydney restaurants!



one

SYDNEY PROGRAM GUIDE

Wednesday 12th November 2014

03:25 pm **MasterChef Australia** (Rpt) CC PG

Thursday - Week 4

We say goodbye to another contestant after a hard fought pre-elimination challenge. They must 'name that bird' then 'cook that bird'. Quail, duck, chicken and turkey are served up.

04:30 pm **Shred!**

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-made entrepreneur, and his crew as they solve new and increasingly extreme shredding challenges.

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

Extreme Boats' Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch the big fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt) G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm **Family Feud** CC

Grant Denyer hosts one of Australia's most loved game shows - Family Feud! Play along at home as two families try to win big prizes by guessing the most popular responses to a survey of the public.

06:30 pm **M*A*S*H** (Rpt) PG

The Price Of Tomato Juice

Radar gets the help of Hawkeye and BJ to get something Colonel Potter says he's fond of but hard to come by - tomato juice.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

Dear Ma

Radar writes home to his mother; Hawkeye conducts the camp inspection; Colonel Potter gets some shrapnel in his backside.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **World's Toughest Trucker** (Rpt) PG
Some Coarse Language

The truckers arrive in the country of Mongolia, where they find it difficult to deal with the remote and hostile environment and battle with old Russian trucks.



SYDNEY PROGRAM GUIDE

Wednesday 12th November 2014

08:30 pm COPS: Adults Only (Rpt)

M
Adult Themes

More tales on the beat with the show on the forefront of reality Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

09:00 pm COPS: Adults Only (Rpt)

M

A real life drama series that documents the personal and profess lives of the police officers enforcing the troubled streets of Americ

09:30 pm Movie: Enemies Closer (2013)

MOVIE PREMIERE

Deep within a forest on the US-Canadian border, two sworn ene must work together to escape a ruthless drug cartel hell-ber retrieving a drug shipment which went missing there.

Starring: Tom Everett, Jean-Claude Van Damme, Orlando Jones

11:30 pm The Home Team (Rpt)

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The F Team will help you navigate your next DIY project or renovation.

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CC

REPLAY

Round 5: Sydney Kings V Adelaide 36ers

Join us for all the action of Round 5 of the 2014/15 National Basketball League as the Sydney Kings take on the Adelaide 36ers at their home court, Qantas Credit Union Arena, Sydney.

05:25 am Sporting Greats (Rpt)

PG

Sean Fitzpatrick

Sean Fitzpatrick is widely regarded as one of the finest rugby players ever to come out of New Zealand. In 1992 Fitzpatrick was awarded the captaincy of the All Blacks, a position he held until his retirement from Test Rugby in 1997.



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10:30 am My Surf TV (Rpt)

G

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro remote locations & big wave chargers.

11:00 am Black Gold (Rpt)

Drilling Lessons

Cheston walks a fine line between loyalty and self preservation as Brandon lets him down yet again. He must seek out the help of a driller - behind his best friend's back.

12:00 pm Rush (Rpt)

CC M
Some Violence,
Some Coarse
Language

It's a race against time as Kerry fights political red tape, whilst remaining members of TR do anything they can to get one of their team back safely.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

12:55 pm Law & Order: SVU (Rpt)

CC

FINALE

Silence

The death of a young transvestite in a church leads to an investigation into priests and child abuse.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, David Florek, Ice T, Stephanie March, B.D. Wong



one

SYDNEY PROGRAM GUIDE

Thursday 13th November 2014

01:50 pm **MasterChef Australia** (Rpt) CC G

02:55 pm **MasterChef Australia** (Rpt) CC G

04:00 pm **Get Smart** (Rpt) PG

04:30 pm **Shred!**

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

05:30 pm **I Fish** (Rpt) G

06:00 pm **Family Feud** CC

06:30 pm **M*A*S*H** (Rpt) PG

Friday - Week 4

Gary kicks off the MasterClass with mouth-watering BBQ chicker is later joined by special guest chef Jason Jones who teaches contestants how to serve up the perfect Mexican feast.

Sunday - Week 5

19 contestants arrive at the MasterChef Kitchen for a flavour match 'Mystery Box' challenge. With everyone eager to impress the judge one contestant pushes himself too far and burns his hand.

ONE Of Our Olives Is Missing

A country singer accidentally swallows a transmitter disguised as an olive. Max has to protect her from KAOS agents.

Starring: Don Adams, Barbara Feldon, Edward Platt

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-made entrepreneur, and his crew as they solve new and increasingly extreme shredding challenges.

Extreme Boats' Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch the big fish in shallow water, right at your back door step.

Paul Worsteling brings you great tips and products that will help you lure the big fish.

Grant Denyer hosts one of Australia's most loved game shows Family Feud! Play along at home as two families try to win big prizes by guessing the most popular responses to a survey of the public.

Der Tag

Potter decides Frank would be less of a pain if the others were friendlier to him and they oblige, with some startling results.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



one

SYDNEY PROGRAM GUIDE

Thursday 13th November 2014

07:00 pm **M*A*S*H** (Rpt)

PG

Hawkeye

Hawkeye is injured in a jeep accident and realising he has a concussion, he babbles to a Korean family to keep himself awake

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Dads**

ALL NEW EPISODES

Have A Heart...Attack

Eli ignores David's constant complaining, and one of them ends up in the hospital.

Starring: Seth Green, Giovanni Ribisi, Martin Mull, Peter Riegert, Vanessa Lachey, Brenda Song, Tonita Castro

Guest Starring: Christopher Darga

08:00 pm **Last Man Standing**

CC

ALL NEW EPISODES

Buffalo Bill Day

To celebrate Buffalo Bill Day Sale-anniversary, the Outdoor Man puts on a classic entertainment skit based on a Wild West Show, directed by Mike and starring Ed as Buffalo Bill and Eve as Annie Oakley.

Starring: Tim Allen, Nancy Travis, Molly Ephraim, Alexandra Krosney, Kaitlyn Dever, Hector Elizondo

08:30 pm **Last Man Standing** (Rpt)

CC PG

Tree Of Strife

When the overzealous Mandy gets the chance to meet her idol, C-starring, Kim Kardashian, things don't go exactly as planned, but the outcome is better than she could have ever imagined.

Starring: Tim Allen, Nancy Travis, Hector Elizondo, Alexandra Krosney, Molly Ephraim, Kaitlyn Dever, Christoph Sanders

Guest Starring: Kim Kardashian

09:00 pm **Rob** (Rpt)

PG

Romantic Weekend

Rob plans a romantic weekend at home for him and Maggie. But Rosa kicks Fernando and Hector out, they move in with Rob and begin enjoying the romantic activities he planned for Maggie.

Starring: Rob Schneider, Claudia Bassols, Cheech Marin, Diana Maria Riva, Lupe Ontiveros, Eugenio Derbez, Ricky Rico

09:30 pm **The Thursday Night Sport Show**

LIVE

Join host Mel McLaughlin, funnyman Sam Mac and some of the biggest names in sport for The Thursday Night Sport Show – a new one-stop-shop for all things sport.

10:30 pm **Maxim TV**

NEW EPISODE

Get your weekly dose of women, cars, celebrities, fitness, music, fashion, games and so much more. MAXIM TV is the thing to happen to men since women.

Last Updated 24th Oct 2014 - 16:42

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SYDNEY PROGRAM GUIDE

Thursday 13th November 2014

11:00 pm **Blokesworld**

ALL NEW EPISODES

The team check out San Diego, then head to the Metal Mu Compound to spend the day with Freestyle MX Legend Ji Fitzpatrick as he shows us what's in his shed, gun safe backyard.

11:30 pm **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

12:00 am **Brand X With Russell Brand** (Rpt)

MA15+
Adult Themes

Russell Brand brings you the unvarnished and unfiltered point of on current events, worldwide politics and popular culture. Taking the news of the day like no one else has done before.

Starring: Russell Brand

01:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

01:30 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway



SYDNEY PROGRAM GUIDE

Friday 14th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including course reviews, interviews and tips from the pros and special c on golf equipment.

08:30 am NASCAR Sprint Cup Highlights

Race 35: Race For Heroes 500 @ Phoenix-Highlights

Catch all the non-stop motorsport action highlights from the Phoenix International Raceway. The thrills and spills of NASCAR racing continues with the 35th race of the 2014 Sprint Cup Series.

09:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

10:00 am The Thursday Night Sport Show (Rpt)

Join host Mel McLaughlin, funnyman Sam Mac and some of the biggest names in sport for The Thursday Night Sport Show – a new one-stop-shop for all things sport.

11:00 am Undercover Boss (Rpt)

Ymca Canada

The National CEO of YMCA Canada works in disguise in his organisation and starts to understand the realities of his workers and discovers he's also on a very personal journey of discovery.

12:00 pm Rush (Rpt)

CC M
Some Violence,
Adult Themes

Senior Constable Michael Sandrelli remains in intensive care while TR are left to pick up the pieces; meanwhile, Shannon lets emotional guard down.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

01:00 pm Food Hospital (Rpt)

PG

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions and examine the science behind using food as medicine.



one

SYDNEY PROGRAM GUIDE

Friday 14th November 2014

01:55 pm **MasterChef Australia** (Rpt) CC PG

Monday - Week 5

The contestants arrive in Tasmania for a market stall compet where they are divided into four teams. The teams must run their take away market stall and create their own unique dish.

03:00 pm **MasterChef Australia**

04:00 pm **Get Smart** (Rpt) PG

When Good Fellows Get Together

Join bumbling secret spy Maxwell Smart and his long-suff partner, Agent 99, as they investigate and thwart the sinister dea of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm **Shred!**

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-r entrepreneur, and his crew as they solve new and increas extreme shredding challenges.

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt) G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm **Family Feud** CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm **M*A*S*H** (Rpt) PG

Some 38th Parallels

Frank tries to distinguish himself by selling the camp garbage, bi Hawkeye who finds a use for it: he dumps it on a troublesome Co Coner.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

The Novocaine Mutiny

Frank has Hawkeye up on charges of mutiny for usurping his aut when Potter was away on leave.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



SYDNEY PROGRAM GUIDE

Friday 14th November 2014

07:30 pm **Megafactories: Laverstoke Mill**

ALL NEW EPISODES

Learn about the history of Laverstoke Mill, originally one of the paper mills in England, and why Bombay Sapphire is moving entire worldwide production of gin to a dilapidated water mill.

08:30 pm **COPS: Adults Only (Rpt)**

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

09:00 pm **COPS: Adults Only (Rpt)**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

09:30 pm **Basketball: NBL Championship 2014/15**

LIVE

Round 6: Perth Wildcats V Townsville Crocodiles

Join us for all the action of Round 6 of the 2014/15 Nat Basketball League as the Perth Wildcats take on the Town Crocodiles at their home court Perth Arena.

11:30 pm **Homeland - Encore (Rpt)**

CC

SPECIAL ENCORE PRESENTATION

Redux

Starring: Claire Danes, Mandy Patinkin, Rupert Friend, Laila Robi

12:30 am **The Home Team (Rpt)**

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The H Team will help you navigate your next DIY project or renovation.

01:00 am **The League (Rpt)**

MA15+
Sexual References

Training Camp

Jerry Jones invites the gang to come to the Dallas Cowboys tra camp.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzis Jon Lajoie

01:30 am **Would You Rather? With Graham Norton (Rpt)**

M
Sexual References

Would You Rather? is a show featuring a panel of comedians celebrities who answer "would you rather" questions. Guests inc Stanley Tucci, Jordan Carlos, Scott Adsit and Faith Salie.

The logo for the 'one' channel, featuring the word 'one' in a white, lowercase, sans-serif font inside a solid green square.

SYDNEY PROGRAM GUIDE

Friday 14th November 2014

02:00 am Food Hospital (Rpt)

PG

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

03:30 am NASCAR Nationwide Series Highlights

Race 32: Dav 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 32 is hosted at the Phoenix International Raceway.

04:30 am NASCAR Sprint Cup Qualifying

Race 35: Race For Heroes 500 @ Phoenix-Qualifying

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action at the qualifying round from the Phoenix International Raceway.



SYDNEY PROGRAM GUIDE

Saturday 15th November 2014

06:00 am NASCAR Sprint Cup (Rpt)

10:30 am The List (Rpt)

11:00 am Omnisport (Rpt)

11:30 am Temporary Australians (Rpt)

12:00 pm The Offroad Adventure Show (Rpt) CC

12:30 pm Robson Green Extreme Fisherman (Rpt)

01:30 pm River To Reef (Rpt)

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) G

03:00 pm Food Hospital (Rpt) PG

04:00 pm Fishing Edge

REPLAY

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway.

The List - Monumental Moments

It is capturing the moment that turns a driver to a legend. It is the moment that separates the monumental from the mundane. This is our list of NASCAR's ten most monumental moments.

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

We check out the fun at the National HOG Rally in Cairns. Jojo rediscovers Urals with sidecars and Hirsty spends a week at Bernie's.

Jase and Simon limp on with their crook trailer axle along the River Road and meet an 82 year-old who helped build the road. On the show, Jase has a big surprise for Simon.

Madagascar

Join Robson as he hunts for the powerful jobfish in Madagascar before teaming up with local fishermen to help spear an octopus.

Theo and Robby take us on a fishing, boating and lifestyle journey to destinations we can all enjoy, with a bit of seafood cooking along the way.

Join Pat Callinan as he takes his trusty 4x4 and explores the amazing, visually stunning places in Australia.

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions and examine the science behind using food as medicine.

NEW EPISODE

Fishing Edge is a down to earth fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.



SYDNEY PROGRAM GUIDE

Saturday 15th November 2014

04:30 pm **Adventure Angler** (Rpt)

G

Tasmanian Trout

Join Micah Adams as he travels to exotic destinations and adventures he has getting there. Featuring high adventure sports intense fishing action.

05:00 pm **Places We Go** (Rpt)

CC G

Join Jennifer Adams as she explores some of the most stunning places on the planet and meet the incredible people who live there.

05:30 pm **Big Fish, Small Boats**

ALL NEW EPISODES

Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.

06:00 pm **Get Smart** (Rpt)

PG

Dr. Yes

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister deeds of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

06:30 pm **The Biggest Loser USA**

ALL NEW EPISODES

Get Moving

The contestants are encouraged to "Get Moving" and find themselves pushed to new limits when they are introduced to the new outrageous gyms that each trainer has custom designed.

08:30 pm **Law & Order: SVU** (Rpt)

CC M

Execution

Detective Stabler and Dr Huang question a convicted serial killer death row hours before his execution, with the hope of solving a murder case for the sake of the victim's parents.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, D Florek, Ice T, Stephanie March, B.D. Wong

09:30 pm **Blue Bloods** (Rpt)

CC M
Adult Themes

FINALE

Mother's Day

Unbeknownst to his family, Homeland Security informs Frank the city is on high alert for a terrorist attack in the next 24 hours. The weapon is a biological flu virus with no vaccine.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Jennifer Esposito, Len Cariou, Amy Carlson, Nicholas Turturro, Sami Gayle

Guest Starring: David Ramsey

10:30 pm **Touch** (Rpt)

CC M
Some Violence

Music Of The Spheres

Martin exposes a dishonest parole officer who is forcing his parolee to commit crimes. Jake bonds with another boy who is unable to speak and a Brazilian street musician uses his guitar to find love.

Starring: Kiefer Sutherland, Gugu Mbatha-Raw, David Mazouz

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SYDNEY PROGRAM GUIDE

Saturday 15th November 2014

11:30 pm **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Australian suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

12:00 am **Blokesworld** (Rpt)

The team check out San Diego, then head to the Metal Music Compound to spend the day with Freestyle MX Legend Jim Fitzpatrick as he shows us what's in his shed, gun safe backyard.

12:30 am **48 Hours** (Rpt)

PG
Adult Themes

Loved To Death

Lauren Astley was a popular teen; her ex-boyfriend, Nathaniel F, a football star. They had an intense breakup and she is found dead. Was it a case of breakup violence?

01:30 am **Temporary Australians** (Rpt)

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a week in Bernie's.

02:00 am **Food Hospital** (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

03:00 am **My Surf TV** (Rpt)

G

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro reports from remote locations & big wave chargers.

03:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 32: Dav 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 32 is hosted at the Phoenix International Raceway.

05:00 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 35: Race For Heroes 500 @ Phoenix-Highlights

Catch all the non-stop motorsport action highlights from the Phoenix International Raceway. The thrills and spills of NASCAR racing continues with the 35th race of the 2014 Sprint Cup Series.



MELBOURNE PROGRAM GUIDE

Sunday 09th November 2014

06:00 am NASCAR Sprint Cup Highlights
(Rpt)

Race 34: A.A.A Texas 500 @ Texas-Highlights

Catch all the non-stop motorsport action highlights from the T Motor Speedway. The thrills and spills of NASCAR racing conti with the 34th race of the 2014 Sprint Cup Series.

07:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

07:30 am World's Toughest Trucker (Rpt)

PG
Some Coarse
Language

The remaining truckers take part in a three-day challenge of colle 60 ton loads of timber from 3,000 feet up a Canadian mountair and taking them back down the valley.

08:30 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, react and moments that took place in the Sport Science lab.

09:30 am Football's Greatest Teams

Arsenal

Football's Greatest Teams is a sport series showing a review c sixteen greatest teams in the history of world football.

10:00 am Football's Greatest Teams

Benfica

Football's Greatest Teams is a sport series showing a review c sixteen greatest teams in the history of world football.

10:30 am Rugby: Wales Vs Wallabies (Rpt)

REPLAY

Rugby: Wales Vs Wallabies 2014

Join Scott Mackinnon, Gordon Bray, Matt Burke & Stirling Mortloc all the analysis, action and electric atmosphere at the Millen Stadium as the Qantas Wallabies take on Wales.

12:35 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

01:00 pm Black Gold (Rpt)

PG
Some Violence,
Some Coarse
Language

Growing Pains

Brandon keeps his promise to Cheston and gives him a di lesson, but after losing time with a twist off, things don't play o planned and Cheston risks their friendship.

02:00 pm David Attenborough's Africa (Rpt) CC G

Kalahari

In this blockbuster series, Sir David Attenborough reveals Afric you've never seen it before. This is a journey through extraordinarily diverse regions of an amazing continent.



MELBOURNE PROGRAM GUIDE

Sunday 09th November 2014

03:00 pm Temporary Australians

NEW EPISODE

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a week at Bernie's.

03:30 pm Golf Getaway

NEW EPISODE

Golf Getaway is a short, sharp slice of all things golf including course reviews, interviews and tips from the pros and special content on golf equipment.

04:00 pm My Surf TV

G

SERIES PREMIERE

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro remote locations & big wave chargers.

04:30 pm River To Reef

NEW EPISODE

Theo and Robby take us on a fishing, boating and lifestyle journey to destinations we can all enjoy, with a bit of seafood cooking along the way.

05:00 pm What's Up Down Under (Rpt)

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm I Fish

CC

ALL NEW EPISODES

Providing tips and information for the beginner fisherman, through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

06:00 pm COPS (Rpt)

PG
Drug References

Coast To Coast

You won't believe the chases, stings and rescues by police officers on patrol to protect America's troubled streets. With an unmistakable theme song Cops is the show at the forefront of reality TV.

06:30 pm M*A*S*H (Rpt)

PG

Quo Vadis, Captain Chandler

Intelligence officer Colonel Flagg and psychiatrist Sidney Freedman grapple over the fate of a wounded officer Captain Chandler, who claims to be Jesus Christ.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



one

MELBOURNE PROGRAM GUIDE

Sunday 09th November 2014

07:00 pm **M*A*S*H** (Rpt)

PG

Dear Peggy

BJ writes home to his wife Peg about Klinger's escape attempts visit of a formidable chaplain and one of Frank's goof-ups.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Robson Green Extreme Fisherman**

ALL NEW EPISODES

Madagascar

Join Robson as he hunts for the powerful jobfish in Madaga before teaming up with local fishermen to help spear an octopus.

08:30 pm **Gold Coast Cops - Encore** (Rpt)

CC

SPECIAL ENCORE PRESENTATION

As part of their ongoing mission to crack down on the bikies, the assist task force Maxima in executing a search warrant on a former NRL player Anthony Watts, a former Criminal Motorcycle Club member.

09:00 pm **Territory Cops - Encore** (Rpt)

CC PG
Some Coarse
Language,
Drug References

SPECIAL ENCORE PRESENTATION

Detective Sergeant Kenny Bradshaw is running a weeklong operation at Darwin Airport, with hopes that he will put a serious end to the Darwin drug trade.

09:30 pm **Movie: Mean Machine** (Rpt) (2001)

CC

MOVIE

When soccer star Danny Meehan lands in jail for fixing a match the warden tries to force the athlete to train his guards' semi-professional soccer team but he ends up training the prisoners instead.

Starring: Vinnie Jones, David Hemmings, Jason Flemyng, David Kelly, Ralph Brown

11:30 pm **Live: MotoGP 2014**

LIVE

Race 18 Valencia - Pre Show

Greg Rust and Daryl Beattie bring you all of the latest MotoGP news before we go green in race 18 of the 2014 MotoGP from The Circuit de la Comunitat Valenciana, Valencia.

12:00 am **Live: MotoGP 2014**

LIVE

Race 18 Valencia

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from race 18 of the 2014 MotoGP from The Circuit de la Comunitat Valenciana, Valencia.



MELBOURNE PROGRAM GUIDE

Sunday 09th November 2014

01:00 am Live: MotoGP 2014

LIVE

Race 18 Valencia - Post Show

Our expert commentators Greg Rust and Daryl Beattie bring you the latest news and results as they wrap up race 18 of the MotoGP from The Circuito de la Comunitat Valenciana, Valencia.

01:30 am Temporary Australians (Rpt)

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a weeker Bernie's.

02:00 am COPS (Rpt)

PG
Drug References

Coast To Coast

You won't believe the chases, stings and rescues by police office patrol to protect America's troubled streets. With an unmistakable theme song Cops is the show at the forefront of reality TV.

02:30 am Food Hospital (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and GI Consultant Shaw Somers meet patients with varying conditions examine the science behind using food as medicine.

03:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

04:00 am Basketball: NBL Championship
2014/15 (Rpt)

REPLAY

Round 4: Wollongong Hawks V Perth Wildcats

Join us for all the action of Round 4 of the 2014/15 National Basketball League as the Wollongong Hawks take on the Perth Wildcats at their home court WIN Entertainment Centre.



MELBOURNE PROGRAM GUIDE

Monday 10th November 2014

06:00 am NASCAR Sprint Cup

LIVE

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway

10:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

11:00 am Megafactories: Laverstoke Mill (Rpt)

Learn about the history of Laverstoke Mill, originally one of the largest paper mills in England, and why Bombay Sapphire is moving its entire worldwide production of gin to a dilapidated water mill.

12:00 pm Rush (Rpt)

CC M
WS Some Violence

Best mates Lawson and Josh are up against new boss Charlie in their superior Kerry. Meanwhile Stella helps save a journalist whose investigative reporting has put her life in danger.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

01:00 pm Law & Order: SVU (Rpt)

CC

Greed

When a woman is hospitalised after being raped and burglarised in her apartment, the detectives investigate and discover that there was no break-in, leading them to investigate a local locksmith.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Drea Frenkel, Ice T, Stephanie March, B.D. Wong

02:00 pm MasterChef Australia (Rpt)

CC G

Friday - Week 3

It's a mega MasterClass as Gary and Matt Moran teach the top contestants about raw foods, herbs, and oils. Later Gary whips up mushroom gnocchi and his 'Mum's Lamb Stew with Dumplings'.

03:00 pm MasterChef Australia (Rpt)

CC PG

Sunday - Week 4

The remaining 21 contestants return to the MasterChef kitchen to compete in a biscuit inspired Mystery Box challenge. Later it's Invention Test Mexican style. Cactus anyone?

04:00 pm Get Smart

NEW EPISODE

04:30 pm Shred!

Shred! follows SSI Shredding Systems founder Tom, a self-made entrepreneur, and his crew as they solve new and increasingly extreme shredding challenges.



MELBOURNE PROGRAM GUIDE

Monday 10th November 2014

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) PG

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt) G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm **Family Feud** CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm **M*A*S*H** (Rpt) PG

Of Moose And Men

Hawkeye tangles with a tough Army colonel; BJ helps Zale v received a "Dear John" letter; Frank looks endlessly for Kc saboteurs.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

Soldier Of The Month

An epidemic of hemorrhagic fever keeps the 4077 staff very t When Frank contracts the fever he makes a will leaving all his m to his wife and all his clothes to Hot Lips.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Talkin' Bout Your Generation** (Rpt) CC PG
Some Coarse Language

Sit back and relax with much loved comic Shaun Micallef & his of quiz show GENEral's, Amanda Keller, Charlie Pickering & Thomas.

08:30 pm **Undercover Boss**

ALL NEW EPISODES

Ymca Canada

The National CEO of YMCA Canada works in disguise in his organisation and starts to understand the realities of his workers | and discovers he's also on a very personal journey of discovery.

09:30 pm **Movie: Dinner For Schmucks** (Rpt) CC M
(2010) Sexual References, Some Coarse Language

MOVIE

When he finds out that his work superiors host a dinner celebr the idiocy of their guests, a rising executive questions it when invited.

Starring: Steve Carell, Paul Rudd, Zach Galifianakis, Jemaine Clement, Lucy Punch, Stephanie Szostak, Bruce Greenwood, Da Walliams, Ron Livingston



one

MELBOURNE PROGRAM GUIDE

Monday 10th November 2014

11:50 pm 2014 FORMULA 1® BRAZILIAN
GRAND PRIX™ (Rpt) CC

REPLAY

2014 Formula 1 Brazil Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action the 18th race of the 2014 FIA F1 World Championship from Autodromo Jose Carlos Pace in Brazil.

02:20 am The Home Team (Rpt) CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

02:50 am Would You Rather? With Graham
Norton (Rpt) M
Sexual References

Would You Rather? is a show featuring a panel of comedians celebrities who answer "would you rather" questions. Guests inc Eugene Mirman, Hannibal Buress, Mo Rocca and Andrea Rosen.

03:20 am Blokesworld (Rpt)

The Blokesworld crew head to USA to check the best in Calif and head to Vegas for the Super Cross. Plus, Isabelle takes ove stage and tries her luck in Blokesworld's Miss Downunder.

03:50 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

04:00 am NASCAR Nationwide Series
Highlights (Rpt)

Race 31: O'reilly Auto Parts Challenge @ Texas

Catch the highlights from every race of the 2014 Nationwide S on ONE. Race 31 is hosted at the Texas Motor Speedway.

05:00 am NASCAR Sprint Cup Highlights
(Rpt)

Race 34: A.A.A Texas 500 @ Texas-Highlights

Catch all the non-stop motorsport action highlights from the T Motor Speedway. The thrills and spills of NASCAR racing conti with the 34th race of the 2014 Sprint Cup Series.



MELBOURNE PROGRAM GUIDE

Tuesday 11th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Sporting Greats (Rpt)

G

Nadia Comaneci

Nadia Comaneci winner of five Olympic gold medals at the 1976 and the 1980 Olympics and is the first female gymnast to be awarded a perfect score of 10 in an Olympic gymnastic event.

08:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

09:00 am Monster Jam (Rpt)

G

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect mix of speed and entertainment, action packed viewing.

10:00 am All 4 Adventures (Rpt)

CC

Jase and Simon head to Walsh Point but have to make it across the 'Australia's worst boat ramp' in one piece first. Plus, Jase has a surprise for Simon.

11:00 am World's Toughest Trucker (Rpt)

PG
Some Coarse
Language

The remaining truckers take part in a three-day challenge of collecting 60 ton loads of timber from 3,000 feet up a Canadian mountain and taking them back down the valley.

12:00 pm Rush (Rpt)

CC M
Some Violence,
Drug References

Tactical Response have to protect one of their own. Meanwhile, Sarah starts to risk everything to find a murderer, which soon leads to the case of her team members.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

01:00 pm Law & Order: SVU (Rpt)

CC

Denial

A rape turns into a bizarre murder investigation when the finger of a small child is found in the victim's purse.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Drea Frazier Florek, Ice T, Stephanie March, B.D. Wong



MELBOURNE PROGRAM GUIDE

Tuesday 11th November 2014

02:00 pm MasterChef Australia (Rpt)

CC PG
Some Coarse
Language

Monday - Week 4

The bottom three contestants from the last challenge arrive a kitchen to face off in a Pressure Test. Later, three lucky contestants attend a very special private Master Class.

03:00 pm MasterChef Australia (Rpt)

CC PG

Tuesday - Week 4

Sake head chef Shaun Presland takes on the winner of the Inve Test in a Raw Food Immunity Challenge. With no cooking, no and no gas bench tops they need to be super creative.

04:00 pm Get Smart (Rpt)

PG

Supersonic Boom

KAOS attacks the CONTROL headquarters with a sonic boom threatens to use it on New York City.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Shred!

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-entrepreneur, and his crew as they solve new and increas extreme shredding challenges.

05:00 pm Extreme Boats' Big Angry Fish (Rpt)

PG

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm I Fish (Rpt)

G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm Family Feud

CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm M*A*S*H (Rpt)

PG

The Gun

A wounded colonel's gun disappears and Hawkeye and BJ pl hunch and bluff Frank who has it, into returning it.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



one

MELBOURNE PROGRAM GUIDE

Tuesday 11th November 2014

07:00 pm **M*A*S*H** (Rpt)

PG

Mail Call, Again

The mail brings a letter to Frank saying his wife is divorcing him one to Potter telling him he's going to be a grandfather.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Black Gold**

ALL NEW EPISODES

Drilling Lessons

Cheston walks a fine line between loyalty and self preservation \ Brandon lets him down yet again. He must seek out the help of a driller - behind his best friend's back.

08:30 pm **David Attenborough's Africa** (Rpt) CC G

Savannah

To survive here, creatures must be able to deal with unpredictable twists and turns – wet turning to dry, famine to feast. But it supports more large mammals here than anywhere else on Earth

09:30 pm **48 Hours**

ALL NEW EPISODES

48 Hours is a popular true-crime series, investigating shocking and compelling real-life dramas with journalistic integrity and cut edge style.

10:30 pm **Movie: Meet Bill** (Rpt) (2007)

M
Sexual References,
Some Coarse
Language,
Drug Use

MOVIE

A guy fed up with his job and married to a cheating wife reluctantly mentors a rebellious teen.

Starring: Aaron Eckhart, Jessica Alba, Elizabeth Banks, Timothy Olyphant, Kristen Wiig, Logan Lerman, Jason Sudeikis

12:30 am **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Australian suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

01:00 am **Food Hospital** (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

The logo for the 'one' channel, featuring the word 'one' in a white, lowercase, sans-serif font inside a green square.

MELBOURNE PROGRAM GUIDE

Tuesday 11th November 2014

02:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

02:30 am Basketball: NBL Championship 2014/15 (Rpt)

REPLAY

Round 5: Wollongong Hawks V Sydney Kings

Join us for all the action of Round 5 of the 2014/15 National Basketball League as the Wollongong Hawks take on the Sydney Kings at their home court WIN Entertainment Centre.

04:30 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including course reviews, interviews and tips from the pros and special coverage on golf equipment.

05:00 am Football's Greatest Teams (Rpt)

Arsenal

Football's Greatest Teams is a sport series showing a review of sixteen greatest teams in the history of world football.

05:30 am Football's Greatest Teams (Rpt)

Benfica

Football's Greatest Teams is a sport series showing a review of sixteen greatest teams in the history of world football.



MELBOURNE PROGRAM GUIDE

Wednesday 12th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am 2014 FORMULA 1® BRAZILIAN
GRAND PRIX™ (Rpt) CC

REPLAY

2014 Formula 1 Brazil Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action the 18th race of the 2014 FIA F1 World Championship from Autodromo Jose Carlos Pace in Brazil.

10:30 am Omnisport (Rpt)

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11:00 am David Attenborough's Africa (Rpt) CC G

Savannah

To survive here, creatures must be able to deal with unpredictable twists and turns – wet turning to dry, famine to feast. But it supports more large mammals here than anywhere else on Earth.

12:00 pm Rush (Rpt) CC M
Some Violence,
Drug References

Michael Sandrelli has been a busy man since being fired from Thanks to the squad's head honcho Kerry, he's now undercover his job is to bring down a family of cocaine importers.

Starring: Rodger Corser, Catherine McClements, Jolene Andersc
Antony Starr, Callan Mulvey

01:00 pm Law & Order: SVU (Rpt) CC

Competence

A mentally retarded girl is pregnant and the question is, was raped or did she consent, and is she competent enough to keep child?

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, C
Florek, Ice T, Stephanie March, B.D. Wong

02:00 pm MasterChef Australia (Rpt) CC PG

Wednesday - Week 4

The contestants split into two teams to cook for a restaurant for discerning diners, all with left over ingredients collected from Sydney restaurants!



MELBOURNE PROGRAM GUIDE

Wednesday 12th November 2014

03:25 pm **MasterChef Australia** (Rpt) CC PG

Thursday - Week 4

We say goodbye to another contestant after a hard fought pre-elimination challenge. They must 'name that bird' then 'cook that bird'. Quail, duck, chicken and turkey are served up.

04:30 pm **Shred!**

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-made entrepreneur, and his crew as they solve new and increasingly extreme shredding challenges.

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

Extreme Boats' Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch the big fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt) G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm **Family Feud** CC

Grant Denyer hosts one of Australia's most loved game shows - Family Feud! Play along at home as two families try to win big prizes by guessing the most popular responses to a survey of the public.

06:30 pm **M*A*S*H** (Rpt) PG

The Price Of Tomato Juice

Radar gets the help of Hawkeye and BJ to get something Colonel Potter says he's fond of but hard to come by - tomato juice.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

Dear Ma

Radar writes home to his mother; Hawkeye conducts the camp inspection; Colonel Potter gets some shrapnel in his backside.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **World's Toughest Trucker** (Rpt) PG
Some Coarse Language

The truckers arrive in the country of Mongolia, where they find it difficult to deal with the remote and hostile environment and battle with old Russian trucks.



MELBOURNE PROGRAM GUIDE

Wednesday 12th November 2014

08:30 pm COPS: Adults Only (Rpt)

M
Adult Themes

More tales on the beat with the show on the forefront of reality Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

09:00 pm COPS: Adults Only (Rpt)

M

A real life drama series that documents the personal and profess lives of the police officers enforcing the troubled streets of Americ

09:30 pm Movie: Enemies Closer (2013)

MOVIE PREMIERE

Deep within a forest on the US-Canadian border, two sworn ene must work together to escape a ruthless drug cartel hell-ber retrieving a drug shipment which went missing there.

Starring: Tom Everett, Jean-Claude Van Damme, Orlando Jones

11:30 pm The Home Team (Rpt)

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The H Team will help you navigate your next DIY project or renovation.

12:00 am M*A*S*H (Rpt)

PG

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12:30 am M*A*S*H (Rpt)

PG

Dear Ma

Radar writes home to his mother; Hawkeye conducts the camp inspection; Colonel Potter gets some shrapnel in his backside.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

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MELBOURNE PROGRAM GUIDE

Wednesday 12th November 2014

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PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and General Practitioner Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

03:25 am Basketball: NBL Championship 2014/15 (Rpt)

CC

REPLAY

Round 5: Sydney Kings V Adelaide 36ers

Join us for all the action of Round 5 of the 2014/15 National Basketball League as the Sydney Kings take on the Adelaide 36ers at their home court, Qantas Credit Union Arena, Sydney.

05:25 am Sporting Greats (Rpt)

PG

Sean Fitzpatrick

Sean Fitzpatrick is widely regarded as one of the finest rugby players ever to come out of New Zealand. In 1992 Fitzpatrick was awarded the captaincy of the All Blacks, a position he held until his retirement from Test Rugby in 1997.



MELBOURNE PROGRAM GUIDE

Thursday 13th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am MotoGP 2014 (Rpt)

REPLAY

Race 18 Valencia

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from race 18 of the 2014 MotoGP from The Circuit de la Comunitat Valenciana, Valencia.

10:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

10:30 am My Surf TV (Rpt)

G

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro remote locations & big wave chargers.

11:00 am Black Gold (Rpt)

Drilling Lessons

Cheston walks a fine line between loyalty and self preservation and Brandon lets him down yet again. He must seek out the help of a driller - behind his best friend's back.

12:00 pm Rush (Rpt)

CC M
Some Violence,
Some Coarse
Language

It's a race against time as Kerry fights political red tape, whilst remaining members of TR do anything they can to get one of their team back safely.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

12:55 pm Law & Order: SVU (Rpt)

CC

FINALE

Silence

The death of a young transvestite in a church leads to an investigation into priests and child abuse.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, David Florek, Ice T, Stephanie March, B.D. Wong



one

MELBOURNE PROGRAM GUIDE

Thursday 13th November 2014

01:50 pm **MasterChef Australia** (Rpt) CC G

02:55 pm **MasterChef Australia** (Rpt) CC G

04:00 pm **Get Smart** (Rpt) PG

04:30 pm **Shred!**

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

05:30 pm **I Fish** (Rpt) G

06:00 pm **Family Feud** CC

06:30 pm **M*A*S*H** (Rpt) PG

Friday - Week 4

Gary kicks off the MasterClass with mouth-watering BBQ chicker is later joined by special guest chef Jason Jones who teaches contestants how to serve up the perfect Mexican feast.

Sunday - Week 5

19 contestants arrive at the MasterChef Kitchen for a flavour match 'Mystery Box' challenge. With everyone eager to impress the judge one contestant pushes himself too far and burns his hand.

ONE Of Our Olives Is Missing

A country singer accidentally swallows a transmitter disguised as an olive. Max has to protect her from KAOS agents.

Starring: Don Adams, Barbara Feldon, Edward Platt

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-made entrepreneur, and his crew as they solve new and increasingly extreme shredding challenges.

Extreme Boats' Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch the big fish in shallow water, right at your back door step.

Paul Worsteling brings you great tips and products that will help you lure the big fish.

Grant Denyer hosts one of Australia's most loved game shows Family Feud! Play along at home as two families try to win big prizes by guessing the most popular responses to a survey of the public.

Der Tag

Potter decides Frank would be less of a pain if the others were friendlier to him and they oblige, with some startling results.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



one

MELBOURNE PROGRAM GUIDE

Thursday 13th November 2014

07:00 pm **M*A*S*H** (Rpt)

PG

Hawkeye

Hawkeye is injured in a jeep accident and realising he has a concussion, he babbles to a Korean family to keep himself awake

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Dads**

ALL NEW EPISODES

Have A Heart...Attack

Eli ignores David's constant complaining, and one of them ends up in the hospital.

Starring: Seth Green, Giovanni Ribisi, Martin Mull, Peter Riegert, Vanessa Lachey, Brenda Song, Tonita Castro

Guest Starring: Christopher Darga

08:00 pm **Last Man Standing**

CC

ALL NEW EPISODES

Buffalo Bill Day

To celebrate Buffalo Bill Day Sale-abration, the Outdoor Man puts on a classic entertainment skit based on a Wild West Show, directed by Mike and starring Ed as Buffalo Bill and Eve as Annie Oakley.

Starring: Tim Allen, Nancy Travis, Molly Ephraim, Alexandra Krosney, Kaitlyn Dever, Hector Elizondo

08:30 pm **Last Man Standing** (Rpt)

CC PG

Tree Of Strife

When the overzealous Mandy gets the chance to meet her idol, Celine Dion, starring, Kim Kardashian, things don't go exactly as planned, but the outcome is better than she could have ever imagined.

Starring: Tim Allen, Nancy Travis, Hector Elizondo, Alexandra Krosney, Molly Ephraim, Kaitlyn Dever, Christoph Sanders

Guest Starring: Kim Kardashian

09:00 pm **Rob** (Rpt)

PG

Romantic Weekend

Rob plans a romantic weekend at home for him and Maggie. But Rosa kicks Fernando and Hector out, they move in with Rob and begin enjoying the romantic activities he planned for Maggie.

Starring: Rob Schneider, Claudia Bassols, Cheech Marin, Diana Maria Riva, Lupe Ontiveros, Eugenio Derbez, Ricky Rico

09:30 pm **The Thursday Night Sport Show**

LIVE

Join host Mel McLaughlin, funnyman Sam Mac and some of the biggest names in sport for The Thursday Night Sport Show – a new one-stop-shop for all things sport.

10:30 pm **Maxim TV**

NEW EPISODE

Get your weekly dose of women, cars, celebrities, fitness, music, fashion, games and so much more. MAXIM TV is the thing to happen to men since women.

Last Updated 24th Oct 2014 - 16:42

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MELBOURNE PROGRAM GUIDE

Thursday 13th November 2014

11:00 pm **Blokesworld**

ALL NEW EPISODES

The team check out San Diego, then head to the Metal Mu Compound to spend the day with Freestyle MX Legend Ji Fitzpatrick as he shows us what's in his shed, gun safe backyard.

11:30 pm **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

12:00 am **Brand X With Russell Brand** (Rpt)

MA15+
Adult Themes

Russell Brand brings you the unvarnished and unfiltered point of on current events, worldwide politics and popular culture. Taking the news of the day like no one else has done before.

Starring: Russell Brand

01:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

01:30 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway



MELBOURNE PROGRAM GUIDE

Friday 14th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including course reviews, interviews and tips from the pros and special c on golf equipment.

08:30 am NASCAR Sprint Cup Highlights

Race 35: Race For Heroes 500 @ Phoenix-Highlights

Catch all the non-stop motorsport action highlights from the Phoenix International Raceway. The thrills and spills of NASCAR racing continues with the 35th race of the 2014 Sprint Cup Series.

09:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

10:00 am The Thursday Night Sport Show (Rpt)

Join host Mel McLaughlin, funnyman Sam Mac and some of the biggest names in sport for The Thursday Night Sport Show – a new one-stop-shop for all things sport.

11:00 am Undercover Boss (Rpt)

Ymca Canada

The National CEO of YMCA Canada works in disguise in his organisation and starts to understand the realities of his workers and discovers he's also on a very personal journey of discovery.

12:00 pm Rush (Rpt)

CC M
Some Violence,
Adult Themes

Senior Constable Michael Sandrelli remains in intensive care while TR are left to pick up the pieces; meanwhile, Shannon lets emotional guard down.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

01:00 pm Food Hospital (Rpt)

PG

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions and examine the science behind using food as medicine.



one

MELBOURNE PROGRAM GUIDE

Friday 14th November 2014

01:55 pm **MasterChef Australia** (Rpt) CC PG

Monday - Week 5

The contestants arrive in Tasmania for a market stall compet where they are divided into four teams. The teams must run their take away market stall and create their own unique dish.

03:00 pm **MasterChef Australia**

04:00 pm **Get Smart** (Rpt) PG

When Good Fellows Get Together

Join bumbling secret spy Maxwell Smart and his long-suff partner, Agent 99, as they investigate and thwart the sinister dea of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm **Shred!**

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-r entrepreneur, and his crew as they solve new and increas extreme shredding challenges.

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt) G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm **Family Feud** CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm **M*A*S*H** (Rpt) PG

Some 38th Parallels

Frank tries to distinguish himself by selling the camp garbage, bi Hawkeye who finds a use for it: he dumps it on a troublesome Co Coner.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

The Novocaine Mutiny

Frank has Hawkeye up on charges of mutiny for usurping his aut when Potter was away on leave.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



MELBOURNE PROGRAM GUIDE

Friday 14th November 2014

07:30 pm **Megafactories: Laverstoke Mill**

ALL NEW EPISODES

Learn about the history of Laverstoke Mill, originally one of the paper mills in England, and why Bombay Sapphire is moving entire worldwide production of gin to a dilapidated water mill.

08:30 pm **COPS: Adults Only (Rpt)**

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

09:00 pm **COPS: Adults Only (Rpt)**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

09:30 pm **Basketball: NBL Championship 2014/15**

LIVE

Round 6: Perth Wildcats V Townsville Crocodiles

Join us for all the action of Round 6 of the 2014/15 Nat Basketball League as the Perth Wildcats take on the Town Crocodiles at their home court Perth Arena.

11:30 pm **Homeland - Encore (Rpt)**

CC

SPECIAL ENCORE PRESENTATION

Redux

Starring: Claire Danes, Mandy Patinkin, Rupert Friend, Laila Robi

12:30 am **The Home Team (Rpt)**

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The H Team will help you navigate your next DIY project or renovation.

01:00 am **The League (Rpt)**

MA15+
Sexual References

Training Camp

Jerry Jones invites the gang to come to the Dallas Cowboys tra camp.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzis Jon Lajoie

01:30 am **Would You Rather? With Graham Norton (Rpt)**

M
Sexual References

Would You Rather? is a show featuring a panel of comedians celebrities who answer "would you rather" questions. Guests inc Stanley Tucci, Jordan Carlos, Scott Adsit and Faith Salie.

The logo for the 'one' channel, featuring the word 'one' in a white, lowercase, sans-serif font inside a green square.

MELBOURNE PROGRAM GUIDE

Friday 14th November 2014

02:00 am Food Hospital (Rpt)

PG

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and General Practitioner Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

03:30 am NASCAR Nationwide Series Highlights

Race 32: Dav 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 32 is hosted at the Phoenix International Raceway.

04:30 am NASCAR Sprint Cup Qualifying

Race 35: Race For Heroes 500 @ Phoenix-Qualifying

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action at the qualifying round from the Phoenix International Raceway.



MELBOURNE PROGRAM GUIDE

Saturday 15th November 2014

06:00 am **NASCAR Sprint Cup** (Rpt)

10:30 am **The List** (Rpt)

11:00 am **Omnisport** (Rpt)

11:30 am **Temporary Australians** (Rpt)

12:00 pm **The Offroad Adventure Show** (Rpt) CC

12:30 pm **Robson Green Extreme Fisherman**
(Rpt)

01:30 pm **River To Reef** (Rpt)

02:00 pm **Pat Callinan's 4x4 Adventures** (Rpt) G

03:00 pm **Food Hospital** (Rpt) PG

04:00 pm **Fishing Edge**

REPLAY

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway.

The List - Monumental Moments

It is capturing the moment that turns a driver to a legend. It is the moment that separates the monumental from the mundane. This is our list of NASCAR's ten most monumental moments.

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a major sports event, no matter where in the world the event is held.

We check out the fun at the National HOG Rally in Cairns. Jojo rediscovers Urals with sidecars and Hirsty spends a week at Bernie's.

Jase and Simon limp on with their crook trailer axle along the River Road and meet an 82 year-old who helped build the road. On the show, Jase has a big surprise for Simon.

Madagascar

Join Robson as he hunts for the powerful jobfish in Madagascar before teaming up with local fishermen to help spear an octopus.

Theo and Robby take us on a fishing, boating and lifestyle journey to destinations we can all enjoy, with a bit of seafood cooking along the way.

Join Pat Callinan as he takes his trusty 4x4 and explores the amazing, visually stunning places in Australia.

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions and examine the science behind using food as medicine.

NEW EPISODE

Fishing Edge is a down to earth fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.



MELBOURNE PROGRAM GUIDE

Saturday 15th November 2014

04:30 pm **Adventure Angler** (Rpt)

G

Tasmanian Trout

Join Micah Adams as he travels to exotic destinations and adventures he has getting there. Featuring high adventure sports intense fishing action.

05:00 pm **Places We Go** (Rpt)

CC G

Join Jennifer Adams as she explores some of the most stunning places on the planet and meet the incredible people who live there.

05:30 pm **Big Fish, Small Boats**

ALL NEW EPISODES

Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.

06:00 pm **Get Smart** (Rpt)

PG

Dr. Yes

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister deeds of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

06:30 pm **The Biggest Loser USA**

ALL NEW EPISODES

Get Moving

The contestants are encouraged to "Get Moving" and find themselves pushed to new limits when they are introduced to the new outrageous gyms that each trainer has custom designed.

08:30 pm **Law & Order: SVU** (Rpt)

CC M

Execution

Detective Stabler and Dr Huang question a convicted serial killer death row hours before his execution, with the hope of solving a murder case for the sake of the victim's parents.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, D Florek, Ice T, Stephanie March, B.D. Wong

09:30 pm **Blue Bloods** (Rpt)

CC M
Adult Themes

FINALE

Mother's Day

Unbeknownst to his family, Homeland Security informs Frank the city is on high alert for a terrorist attack in the next 24 hours. The weapon is a biological flu virus with no vaccine.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Jennifer Esposito, Len Cariou, Amy Carlson, Nicholas Turturro, Sami Gayle

Guest Starring: David Ramsey

10:30 pm **Touch** (Rpt)

CC M
Some Violence

Music Of The Spheres

Martin exposes a dishonest parole officer who is forcing his parolee to commit crimes. Jake bonds with another boy who is unable to speak and a Brazilian street musician uses his guitar to find love.

Starring: Kiefer Sutherland, Gugu Mbatha-Raw, David Mazouz

Last Updated 24th Oct 2014 - 16:42

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MELBOURNE PROGRAM GUIDE

Saturday 15th November 2014

11:30 pm **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Australian suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

12:00 am **Blokesworld** (Rpt)

The team check out San Diego, then head to the Metal Music Compound to spend the day with Freestyle MX Legend Jim Fitzpatrick as he shows us what's in his shed, gun safe backyard.

12:30 am **48 Hours** (Rpt)

PG
Adult Themes

Loved To Death

Lauren Astley was a popular teen; her ex-boyfriend, Nathaniel F, a football star. They had an intense breakup and she is found dead. Was it a case of breakup violence?

01:30 am **Temporary Australians** (Rpt)

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a week in Bernie's.

02:00 am **Food Hospital** (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

03:00 am **My Surf TV** (Rpt)

G

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro reports from remote locations & big wave chargers.

03:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 32: Dav 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 32 is hosted at the Phoenix International Raceway.

05:00 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 35: Race For Heroes 500 @ Phoenix-Highlights

Catch all the non-stop motorsport action highlights from the Phoenix International Raceway. The thrills and spills of NASCAR racing continues with the 35th race of the 2014 Sprint Cup Series.



BRISBANE PROGRAM GUIDE

Sunday 09th November 2014

06:00 am NASCAR Sprint Cup Highlights
(Rpt)

Race 34: A.A.A Texas 500 @ Texas-Highlights

Catch all the non-stop motorsport action highlights from the T Motor Speedway. The thrills and spills of NASCAR racing conti with the 34th race of the 2014 Sprint Cup Series.

07:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

07:30 am World's Toughest Trucker (Rpt)

PG
Some Coarse
Language

The remaining truckers take part in a three-day challenge of colle 60 ton loads of timber from 3,000 feet up a Canadian mountair and taking them back down the valley.

08:30 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, react and moments that took place in the Sport Science lab.

09:30 am Football's Greatest Teams

Arsenal

Football's Greatest Teams is a sport series showing a review c sixteen greatest teams in the history of world football.

10:00 am Football's Greatest Teams

Benfica

Football's Greatest Teams is a sport series showing a review c sixteen greatest teams in the history of world football.

10:30 am Rugby: Wales Vs Wallabies (Rpt)

REPLAY

Rugby: Wales Vs Wallabies 2014

Join Scott Mackinnon, Gordon Bray, Matt Burke & Stirling Mortloc all the analysis, action and electric atmosphere at the Millen Stadium as the Qantas Wallabies take on Wales.

12:35 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

01:00 pm Black Gold (Rpt)

PG
Some Violence,
Some Coarse
Language

Growing Pains

Brandon keeps his promise to Cheston and gives him a di lesson, but after losing time with a twist off, things don't play o planned and Cheston risks their friendship.

02:00 pm David Attenborough's Africa (Rpt) CC G

Kalahari

In this blockbuster series, Sir David Attenborough reveals Afric you've never seen it before. This is a journey through extraordinarily diverse regions of an amazing continent.



BRISBANE PROGRAM GUIDE

Sunday 09th November 2014

03:00 pm Temporary Australians

NEW EPISODE

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a week at Bernie's.

03:30 pm Golf Getaway

NEW EPISODE

Golf Getaway is a short, sharp slice of all things golf including course reviews, interviews and tips from the pros and special content on golf equipment.

04:00 pm My Surf TV

G

SERIES PREMIERE

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro remote locations & big wave chargers.

04:30 pm River To Reef

NEW EPISODE

Theo and Robby take us on a fishing, boating and lifestyle journey to destinations we can all enjoy, with a bit of seafood cooking along the way.

05:00 pm What's Up Down Under (Rpt)

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm I Fish

CC

ALL NEW EPISODES

Providing tips and information for the beginner fisherman, through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

06:00 pm COPS (Rpt)

PG
Drug References

Coast To Coast

You won't believe the chases, stings and rescues by police officers on patrol to protect America's troubled streets. With an unmistakable theme song Cops is the show at the forefront of reality TV.

06:30 pm M*A*S*H (Rpt)

PG

Quo Vadis, Captain Chandler

Intelligence officer Colonel Flagg and psychiatrist Sidney Freedman grapple over the fate of a wounded officer Captain Chandler, who claims to be Jesus Christ.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



one

BRISBANE PROGRAM GUIDE

Sunday 09th November 2014

07:00 pm **M*A*S*H** (Rpt)

PG

Dear Peggy

BJ writes home to his wife Peg about Klinger's escape attempts visit of a formidable chaplain and one of Frank's goof-ups.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Robson Green Extreme Fisherman**

ALL NEW EPISODES

Madagascar

Join Robson as he hunts for the powerful jobfish in Madaga before teaming up with local fishermen to help spear an octopus.

08:30 pm **Movie: Mean Machine** (Rpt) (2001) CC

MOVIE

When soccer star Danny Meehan lands in jail for fixing a match warden tries to force the athlete to train his guards' semi-profess soccer team but he ends up training the prisoners instead.

Starring: Vinnie Jones, David Hemmings, Jason Flemyng, David Ikin, Ralph Brown

10:30 pm **Live: MotoGP 2014**

LIVE

Race 18 Valencia - Pre Show

Greg Rust and Daryl Beattie bring you all of the latest MotoGP news before we go green in race 18 of the 2014 MotoGP from The Circuito de la Comunitat Valenciana, Valencia.

11:00 pm **Live: MotoGP 2014**

LIVE

Race 18 Valencia

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from race 18 of the 2014 MotoGP from The Circuito de la Comunitat Valenciana, Valencia.

12:00 am **Live: MotoGP 2014**

LIVE

Race 18 Valencia - Post Show

Our expert commentators Greg Rust and Daryl Beattie bring you the latest news and results as they wrap up race 18 of the 2014 MotoGP from The Circuito de la Comunitat Valenciana, Valencia.

12:30 am **Gold Coast Cops - Encore** (Rpt) CC

SPECIAL ENCORE PRESENTATION

As part of their ongoing mission to crack down on the bikies, the assist task force Maxima in executing a search warrant on a former NRL player Anthony Watts, a former Criminal Motorcycle Club member.



BRISBANE PROGRAM GUIDE

Sunday 09th November 2014

01:00 am Territory Cops - Encore (Rpt)

CC PG
Some Coarse
Language,
Drug References

SPECIAL ENCORE PRESENTATION

Detective Sergeant Kenny Bradshaw is running a weeklong operation at Darwin Airport, with hopes that he will put a serious in the Darwin drug trade.

01:30 am Temporary Australians (Rpt)

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a weeker Bernie's.

02:00 am COPS (Rpt)

PG
Drug References

Coast To Coast

You won't believe the chases, stings and rescues by police office patrol to protect America's troubled streets. With an unmistakable theme song Cops is the show at the forefront of reality TV.

02:30 am Food Hospital (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and General Consultant Shaw Somers meet patients with varying conditions examine the science behind using food as medicine.

03:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

04:00 am Basketball: NBL Championship 2014/15 (Rpt)

REPLAY

Round 4: Wollongong Hawks V Perth Wildcats

Join us for all the action of Round 4 of the 2014/15 National Basketball League as the Wollongong Hawks take on the Perth Wildcats at their home court WIN Entertainment Centre.



BRISBANE PROGRAM GUIDE

Monday 10th November 2014

06:00 am NASCAR Sprint Cup

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway

10:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

11:00 am Megafactories: Laverstoke Mill (Rpt)

Learn about the history of Laverstoke Mill, originally one of the largest paper mills in England, and why Bombay Sapphire is moving entire worldwide production of gin to a dilapidated water mill.

12:00 pm Rush (Rpt)

CC M
WS Some Violence

Best mates Lawson and Josh are up against new boss Charlie their superior Kerry. Meanwhile Stella helps save a journalist whose investigative reporting has put her life in danger.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

01:00 pm Law & Order: SVU (Rpt)

CC

Greed

When a woman is hospitalised after being raped and burglarised her apartment, the detectives investigate and discover that there was no break-in, leading them to investigate a local locksmith.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Dorel Florek, Ice T, Stephanie March, B.D. Wong

02:00 pm MasterChef Australia (Rpt)

CC G

Friday - Week 3

It's a mega MasterClass as Gary and Matt Moran teach the contestants about raw foods, herbs, and oils. Later Gary whips mushroom gnocchi and his 'Mum's Lamb Stew with Dumplings'.

03:00 pm MasterChef Australia (Rpt)

CC PG

Sunday - Week 4

The remaining 21 contestants return to the MasterChef kitchen to compete in a biscuit inspired Mystery Box challenge. Later it's Invention Test Mexican style. Cactus anyone?

04:00 pm Get Smart

04:30 pm Shred!

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-made entrepreneur, and his crew as they solve new and increasingly extreme shredding challenges.



BRISBANE PROGRAM GUIDE

Monday 10th November 2014

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) PG

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt) G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm **Family Feud** CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm **M*A*S*H** (Rpt) PG

Of Moose And Men

Hawkeye tangles with a tough Army colonel; BJ helps Zale v received a "Dear John" letter; Frank looks endlessly for Kc saboteurs.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

Soldier Of The Month

An epidemic of hemorrhagic fever keeps the 4077 staff very t When Frank contracts the fever he makes a will leaving all his m to his wife and all his clothes to Hot Lips.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Talkin' Bout Your Generation** (Rpt) CC PG
Some Coarse Language

Sit back and relax with much loved comic Shaun Micallef & his of quiz show GENEralS, Amanda Keller, Charlie Pickering & Thomas.

08:30 pm **Undercover Boss**

ALL NEW EPISODES

Ymca Canada

The National CEO of YMCA Canada works in disguise in his organisation and starts to understand the realities of his workers | and discovers he's also on a very personal journey of discovery.

09:30 pm **Movie: Dinner For Schmucks** (Rpt) CC M
(2010) Sexual References, Some Coarse Language

MOVIE

When he finds out that his work superiors host a dinner celebr the idiocy of their guests, a rising executive questions it when invited.

Starring: Steve Carell, Paul Rudd, Zach Galifianakis, Jemaine Clement, Lucy Punch, Stephanie Szostak, Bruce Greenwood, Da Walliams, Ron Livingston



BRISBANE PROGRAM GUIDE

Monday 10th November 2014

11:50 pm **2014 FORMULA 1® BRAZILIAN GRAND PRIX™** (Rpt) CC

REPLAY

2014 Formula 1 Brazil Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action the 18th race of the 2014 FIA F1 World Championship from Autodromo Jose Carlos Pace in Brazil.

02:20 am **The Home Team** (Rpt) CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

02:50 am **Would You Rather? With Graham Norton** (Rpt) M
Sexual References

Would You Rather? is a show featuring a panel of comedians celebrities who answer "would you rather" questions. Guests inc Eugene Mirman, Hannibal Buress, Mo Rocca and Andrea Rosen.

03:20 am **Blokesworld** (Rpt)

The Blokesworld crew head to USA to check the best in Calif and head to Vegas for the Super Cross. Plus, Isabelle takes ove stage and tries her luck in Blokesworld's Miss Downunder.

03:50 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 31: O'reilly Auto Parts Challenge @ Texas

Catch the highlights from every race of the 2014 Nationwide S on ONE. Race 31 is hosted at the Texas Motor Speedway.

05:00 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 34: A.A.A Texas 500 @ Texas-Highlights

Catch all the non-stop motorsport action highlights from the T Motor Speedway. The thrills and spills of NASCAR racing conti with the 34th race of the 2014 Sprint Cup Series.



BRISBANE PROGRAM GUIDE

Tuesday 11th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Sporting Greats (Rpt) G

Nadia Comaneci

Nadia Comaneci winner of five Olympic gold medals at the 1976 and the 1980 Olympics and is the first female gymnast to be awarded a perfect score of 10 in an Olympic gymnastic event.

08:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

09:00 am Monster Jam (Rpt) G

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect mix of stunts and entertainment, action packed viewing.

10:00 am All 4 Adventures (Rpt) CC

Jase and Simon head to Walsh Point but have to make it across the 'Australia's worst boat ramp' in one piece first. Plus, Jase has a surprise for Simon.

11:00 am World's Toughest Trucker (Rpt) PG
Some Coarse Language

The remaining truckers take part in a three-day challenge of collecting 60 ton loads of timber from 3,000 feet up a Canadian mountain and taking them back down the valley.

12:00 pm Rush (Rpt) CC M
Some Violence, Drug References

Tactical Response have to protect one of their own. Meanwhile, Sarah starts to risk everything to find a murderer, which soon leads to the case of her team members.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

01:00 pm Law & Order: SVU (Rpt) CC

Denial

A rape turns into a bizarre murder investigation when the finger of a small child is found in the victim's purse.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Doree L. Florence, Ice T, Stephanie March, B.D. Wong



BRISBANE PROGRAM GUIDE

Tuesday 11th November 2014

02:00 pm MasterChef Australia (Rpt)

CC PG
Some Coarse
Language

Monday - Week 4

The bottom three contestants from the last challenge arrive a kitchen to face off in a Pressure Test. Later, three lucky contestants attend a very special private Master Class.

03:00 pm MasterChef Australia (Rpt)

CC PG

Tuesday - Week 4

Sake head chef Shaun Presland takes on the winner of the Inve Test in a Raw Food Immunity Challenge. With no cooking, no and no gas bench tops they need to be super creative.

04:00 pm Get Smart (Rpt)

PG

Supersonic Boom

KAOS attacks the CONTROL headquarters with a sonic boom threatens to use it on New York City.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Shred!

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-entrepreneur, and his crew as they solve new and increas extreme shredding challenges.

05:00 pm Extreme Boats' Big Angry Fish (Rpt)

PG

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm I Fish (Rpt)

G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm Family Feud

CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm M*A*S*H (Rpt)

PG

The Gun

A wounded colonel's gun disappears and Hawkeye and BJ pl hunch and bluff Frank who has it, into returning it.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



BRISBANE PROGRAM GUIDE

Tuesday 11th November 2014

07:00 pm **M*A*S*H** (Rpt)

PG

Mail Call, Again

The mail brings a letter to Frank saying his wife is divorcing him one to Potter telling him he's going to be a grandfather.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Black Gold**

ALL NEW EPISODES

Drilling Lessons

Cheston walks a fine line between loyalty and self preservation \ Brandon lets him down yet again. He must seek out the help of a driller - behind his best friend's back.

08:30 pm **David Attenborough's Africa** (Rpt) CC G

Savannah

To survive here, creatures must be able to deal with unpredictable twists and turns – wet turning to dry, famine to feast. But it supports more large mammals here than anywhere else on Earth

09:30 pm **48 Hours**

ALL NEW EPISODES

48 Hours is a popular true-crime series, investigating shocking and compelling real-life dramas with journalistic integrity and cut edge style.

10:30 pm **Movie: Meet Bill** (Rpt) (2007)

M
Sexual References,
Some Coarse
Language,
Drug Use

MOVIE

A guy fed up with his job and married to a cheating wife reluctantly mentors a rebellious teen.

Starring: Aaron Eckhart, Jessica Alba, Elizabeth Banks, Timothy Olyphant, Kristen Wiig, Logan Lerman, Jason Sudeikis

12:30 am **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Australian suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

01:00 am **Food Hospital** (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

The logo for the 'one' channel, featuring the word 'one' in white lowercase letters on a green square background.

BRISBANE PROGRAM GUIDE

Tuesday 11th November 2014

02:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

02:30 am Basketball: NBL Championship 2014/15 (Rpt)

REPLAY

Round 5: Wollongong Hawks V Sydney Kings

Join us for all the action of Round 5 of the 2014/15 National Basketball League as the Wollongong Hawks take on the Sydney Kings at their home court WIN Entertainment Centre.

04:30 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including course reviews, interviews and tips from the pros and special coverage on golf equipment.

05:00 am Football's Greatest Teams (Rpt)

Arsenal

Football's Greatest Teams is a sport series showing a review of sixteen greatest teams in the history of world football.

05:30 am Football's Greatest Teams (Rpt)

Benfica

Football's Greatest Teams is a sport series showing a review of sixteen greatest teams in the history of world football.



BRISBANE PROGRAM GUIDE

Wednesday 12th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am 2014 FORMULA 1® BRAZILIAN
GRAND PRIX™ (Rpt) CC

REPLAY

2014 Formula 1 Brazil Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action the 18th race of the 2014 FIA F1 World Championship from Autodromo Jose Carlos Pace in Brazil.

10:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

11:00 am David Attenborough's Africa (Rpt) CC G

Savannah

To survive here, creatures must be able to deal with unpredictable twists and turns – wet turning to dry, famine to feast. But it supports more large mammals here than anywhere else on Earth

12:00 pm Rush (Rpt) CC M
Some Violence,
Drug References

Michael Sandrelli has been a busy man since being fired from Thanks to the squad's head honcho Kerry, he's now undercover his job is to bring down a family of cocaine importers.

Starring: Rodger Corser, Catherine McClements, Jolene Andersc
Antony Starr, Callan Mulvey

01:00 pm Law & Order: SVU (Rpt) CC

Competence

A mentally retarded girl is pregnant and the question is, was raped or did she consent, and is she competent enough to keep child?

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, C
Florek, Ice T, Stephanie March, B.D. Wong

02:00 pm MasterChef Australia (Rpt) CC PG

Wednesday - Week 4

The contestants split into two teams to cook for a restaurant for discerning diners, all with left over ingredients collected from Sydney restaurants!



one

BRISBANE PROGRAM GUIDE

Wednesday 12th November 2014

03:25 pm **MasterChef Australia** (Rpt) CC PG

Thursday - Week 4

We say goodbye to another contestant after a hard fought pe elimination challenge. They must 'name that bird' then 'cook that Quail, duck, chicken and turkey are served up.

04:30 pm **Shred!**

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-r entrepreneur, and his crew as they solve new and increas extreme shredding challenges.

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt) G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm **Family Feud** CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm **M*A*S*H** (Rpt) PG

The Price Of Tomato Juice

Radar gets the help of Hawkeye and BJ to get something Co Potter says he's fond of but hard to come by - tomato juice.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

Dear Ma

Radar writes home to his mother; Hawkeye conducts the camp inspection; Colonel Potter gets some shrapnel in his backside.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **World's Toughest Trucker** (Rpt) PG
Some Coarse
Language

The truckers arrive in the country of Mongolia, where they find it to deal with the remote and hostile environment and battle with old Russian trucks.



BRISBANE PROGRAM GUIDE

Wednesday 12th November 2014

08:30 pm COPS: Adults Only (Rpt)

M
Adult Themes

More tales on the beat with the show on the forefront of reality Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

09:00 pm COPS: Adults Only

M

A real life drama series that documents the personal and profess lives of the police officers enforcing the troubled streets of Americ

09:30 pm Movie: Enemies Closer (2013)

MOVIE PREMIERE

Deep within a forest on the US-Canadian border, two sworn ene must work together to escape a ruthless drug cartel hell-ber retrieving a drug shipment which went missing there.

Starring: Tom Everett, Jean-Claude Van Damme, Orlando Jones

11:30 pm The Home Team (Rpt)

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The H Team will help you navigate your next DIY project or renovation.

12:00 am M*A*S*H (Rpt)

PG

The Price Of Tomato Juice

Radar gets the help of Hawkeye and BJ to get something Co Potter says he's fond of but hard to come by - tomato juice.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

12:30 am M*A*S*H (Rpt)

PG

Dear Ma

Radar writes home to his mother; Hawkeye conducts the camp inspection; Colonel Potter gets some shrapnel in his backside.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

01:00 am COPS: Adults Only (Rpt)

M
Adult Themes

More tales on the beat with the show on the forefront of reality Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

01:30 am COPS: Adults Only (Rpt)

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A real life drama series that documents the personal and profess lives of the police officers enforcing the troubled streets of Americ



BRISBANE PROGRAM GUIDE

Wednesday 12th November 2014

02:00 am Food Hospital (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and General Practitioner Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

03:25 am Basketball: NBL Championship 2014/15 (Rpt)

CC

REPLAY

Round 5: Sydney Kings V Adelaide 36ers

Join us for all the action of Round 5 of the 2014/15 National Basketball League as the Sydney Kings take on the Adelaide 36ers at their home court, Qantas Credit Union Arena, Sydney.

05:25 am Sporting Greats (Rpt)

PG

Sean Fitzpatrick

Sean Fitzpatrick is widely regarded as one of the finest rugby players ever to come out of New Zealand. In 1992 Fitzpatrick was awarded the captaincy of the All Blacks, a position he held until his retirement from Test Rugby in 1997.



BRISBANE PROGRAM GUIDE

Thursday 13th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am MotoGP 2014 (Rpt)

REPLAY

Race 18 Valencia

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from race 18 of the 2014 MotoGP from The Circuit de la Comunitat Valenciana, Valencia.

10:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

10:30 am My Surf TV (Rpt)

G

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro remote locations & big wave chargers.

11:00 am Black Gold (Rpt)

Drilling Lessons

Cheston walks a fine line between loyalty and self preservation and Brandon lets him down yet again. He must seek out the help of a driller - behind his best friend's back.

12:00 pm Rush (Rpt)

CC M
Some Violence,
Some Coarse
Language

It's a race against time as Kerry fights political red tape, whilst remaining members of TR do anything they can to get one of their team back safely.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

12:55 pm Law & Order: SVU (Rpt)

CC

FINALE

Silence

The death of a young transvestite in a church leads to investigation into priests and child abuse.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, D. Florek, Ice T, Stephanie March, B.D. Wong



one

BRISBANE PROGRAM GUIDE

Thursday 13th November 2014

01:50 pm **MasterChef Australia** (Rpt) CC G

02:55 pm **MasterChef Australia** (Rpt) CC G

04:00 pm **Get Smart** (Rpt) PG

04:30 pm **Shred!**

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

05:30 pm **I Fish** (Rpt) G

06:00 pm **Family Feud** CC

06:30 pm **M*A*S*H** (Rpt) PG

Friday - Week 4

Gary kicks off the MasterClass with mouth-watering BBQ chicker is later joined by special guest chef Jason Jones who teaches contestants how to serve up the perfect Mexican feast.

Sunday - Week 5

19 contestants arrive at the MasterChef Kitchen for a flavour match 'Mystery Box' challenge. With everyone eager to impress the judge one contestant pushes himself too far and burns his hand.

ONE Of Our Olives Is Missing

A country singer accidentally swallows a transmitter disguised as an olive. Max has to protect her from KAOS agents.

Starring: Don Adams, Barbara Feldon, Edward Platt

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-made entrepreneur, and his crew as they solve new and increasingly extreme shredding challenges.

Extreme Boats' Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch the big fish in shallow water, right at your back door step.

Paul Worsteling brings you great tips and products that will help you lure the big fish.

Grant Denyer hosts one of Australia's most loved game shows Family Feud! Play along at home as two families try to win big prizes by guessing the most popular responses to a survey of the public.

Der Tag

Potter decides Frank would be less of a pain if the others were friendlier to him and they oblige, with some startling results.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



one

BRISBANE PROGRAM GUIDE

Thursday 13th November 2014

07:00 pm **M*A*S*H** (Rpt)

PG

Hawkeye

Hawkeye is injured in a jeep accident and realising he has a concussion, he babbles to a Korean family to keep himself awake

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Dads**

ALL NEW EPISODES

Have A Heart...Attack

Eli ignores David's constant complaining, and one of them ends up in the hospital.

Starring: Seth Green, Giovanni Ribisi, Martin Mull, Peter Riegert, Vanessa Lachey, Brenda Song, Tonita Castro

Guest Starring: Christopher Darga

08:00 pm **Last Man Standing**

CC

ALL NEW EPISODES

Buffalo Bill Day

To celebrate Buffalo Bill Day Sale-anniversary, the Outdoor Man puts on a classic entertainment skit based on a Wild West Show, directed by Mike and starring Ed as Buffalo Bill and Eve as Annie Oakley.

Starring: Tim Allen, Nancy Travis, Molly Ephraim, Alexandra Kroskoff, Kaitlyn Dever, Hector Elizondo

08:30 pm **Last Man Standing** (Rpt)

CC PG

Tree Of Strife

When the overzealous Mandy gets the chance to meet her idol, Celine Dion, starring Kim Kardashian, things don't go exactly as planned, but the outcome is better than she could have ever imagined.

Starring: Tim Allen, Nancy Travis, Hector Elizondo, Alexandra Kroskoff, Molly Ephraim, Kaitlyn Dever, Christoph Sanders

Guest Starring: Kim Kardashian

09:00 pm **Rob** (Rpt)

PG

Romantic Weekend

Rob plans a romantic weekend at home for him and Maggie. But Rosa kicks Fernando and Hector out, they move in with Rob and begin enjoying the romantic activities he planned for Maggie.

Starring: Rob Schneider, Claudia Bassols, Cheech Marin, Diana Maria Riva, Lupe Ontiveros, Eugenio Derbez, Ricky Rico

09:30 pm **The Thursday Night Sport Show**

Join host Mel McLaughlin, funnyman Sam Mac and some of the biggest names in sport for The Thursday Night Sport Show – a new one-stop-shop for all things sport.

10:30 pm **Maxim TV**

NEW EPISODE

Get your weekly dose of women, cars, celebrities, fitness, mc music, fashion, games and so much more. MAXIM TV is the thing to happen to men since women.

Last Updated 24th Oct 2014 - 16:42

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BRISBANE PROGRAM GUIDE

Thursday 13th November 2014

11:00 pm **Blokesworld**

ALL NEW EPISODES

The team check out San Diego, then head to the Metal Mu Compound to spend the day with Freestyle MX Legend Ji Fitzpatrick as he shows us what's in his shed, gun safe backyard.

11:30 pm **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

12:00 am **Brand X With Russell Brand** (Rpt)

MA15+
Adult Themes

Russell Brand brings you the unvarnished and unfiltered point of on current events, worldwide politics and popular culture. Taking the news of the day like no one else has done before.

Starring: Russell Brand

01:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

01:30 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway



BRISBANE PROGRAM GUIDE

Friday 14th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including course reviews, interviews and tips from the pros and special c on golf equipment.

08:30 am NASCAR Sprint Cup Highlights

Race 35: Race For Heroes 500 @ Phoenix-Highlights

Catch all the non-stop motorsport action highlights from the Phoenix International Raceway. The thrills and spills of NASCAR racing continues with the 35th race of the 2014 Sprint Cup Series.

09:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

10:00 am The Thursday Night Sport Show (Rpt)

Join host Mel McLaughlin, funnyman Sam Mac and some of the biggest names in sport for The Thursday Night Sport Show – a new one-stop-shop for all things sport.

11:00 am Undercover Boss (Rpt)

Ymca Canada

The National CEO of YMCA Canada works in disguise in his organisation and starts to understand the realities of his workers and discovers he's also on a very personal journey of discovery.

12:00 pm Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions and moments that took place in the Sport Science lab.

01:00 pm Food Hospital (Rpt)

PG

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions and examine the science behind using food as medicine.



BRISBANE PROGRAM GUIDE

Friday 14th November 2014

01:55 pm **MasterChef Australia** (Rpt) CC PG

Monday - Week 5

The contestants arrive in Tasmania for a market stall compet where they are divided into four teams. The teams must run their take away market stall and create their own unique dish.

03:00 pm **MasterChef Australia**

04:00 pm **Get Smart** (Rpt) PG

When Good Fellows Get Together

Join bumbling secret spy Maxwell Smart and his long-suff partner, Agent 99, as they investigate and thwart the sinister dea of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm **Shred!**

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-r entrepreneur, and his crew as they solve new and increas extreme shredding challenges.

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt) G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm **Family Feud** CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm **M*A*S*H** (Rpt) PG

Some 38th Parallels

Frank tries to distinguish himself by selling the camp garbage, bi Hawkeye who finds a use for it: he dumps it on a troublesome Co Coner.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

The Novocaine Mutiny

Frank has Hawkeye up on charges of mutiny for usurping his aut when Potter was away on leave.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



BRISBANE PROGRAM GUIDE

Friday 14th November 2014

07:30 pm **Megafactories: Laverstoke Mill**

ALL NEW EPISODES

Learn about the history of Laverstoke Mill, originally one of the la paper mills in England, and why Bombay Sapphire is moving entire worldwide production of gin to a dilapidated water mill.

08:30 pm **COPS: Adults Only (Rpt)**

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

09:00 pm **COPS: Adults Only (Rpt)**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

09:30 pm **Basketball: NBL Championship 2014/15**

Round 6: Perth Wildcats V Townsville Crocodiles

Join us for all the action of Round 6 of the 2014/15 Nat Basketball League as the Perth Wildcats take on the Town Crocodiles at their home court Perth Arena.

11:30 pm **Homeland - Encore (Rpt)**

CC

SPECIAL ENCORE PRESENTATION

Redux

Starring: Claire Danes, Mandy Patinkin, Rupert Friend, Laila Robi

12:30 am **The Home Team (Rpt)**

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The H Team will help you navigate your next DIY project or renovation.

01:00 am **The League (Rpt)**

MA15+
Sexual References

Training Camp

Jerry Jones invites the gang to come to the Dallas Cowboys tra camp.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzis Jon Lajoie

01:30 am **Would You Rather? With Graham Norton (Rpt)**

M
Sexual References

Would You Rather? is a show featuring a panel of comedians celebrities who answer "would you rather" questions. Guests inc Stanley Tucci, Jordan Carlos, Scott Adsit and Faith Salie.

The logo for the 'one' channel, featuring the word 'one' in a white, lowercase, sans-serif font inside a green square.

BRISBANE PROGRAM GUIDE

Friday 14th November 2014

02:00 am Food Hospital (Rpt)

PG

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions and examine the science behind using food as medicine.

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

03:30 am NASCAR Nationwide Series Highlights

Race 32: Dav 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 32 is hosted at the Phoenix International Raceway.

04:30 am NASCAR Sprint Cup Qualifying

Race 35: Race For Heroes 500 @ Phoenix-Qualifying

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action at the qualifying round from the Phoenix International Raceway.



BRISBANE PROGRAM GUIDE

Saturday 15th November 2014

06:00 am NASCAR Sprint Cup (Rpt)

10:30 am The List (Rpt)

11:00 am Omnisport (Rpt)

11:30 am Temporary Australians (Rpt)

12:00 pm The Offroad Adventure Show (Rpt) CC

12:30 pm Robson Green Extreme Fisherman (Rpt)

01:30 pm River To Reef (Rpt)

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) G

03:00 pm Food Hospital (Rpt) PG

04:00 pm Fishing Edge

REPLAY

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway.

The List - Monumental Moments

It is capturing the moment that turns a driver to a legend. It is the moment that separates the monumental from the mundane. This is our list of NASCAR's ten most monumental moments.

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a major sports event, no matter where in the world the event is held.

We check out the fun at the National HOG Rally in Cairns. Jojo rediscovers Urals with sidecars and Hirsty spends a week at Bernie's.

Jase and Simon limp on with their crook trailer axle along the River Road and meet an 82 year-old who helped build the road. On the show, Jase has a big surprise for Simon.

Madagascar

Join Robson as he hunts for the powerful jobfish in Madagascar before teaming up with local fishermen to help spear an octopus.

Theo and Robby take us on a fishing, boating and lifestyle journey to destinations we can all enjoy, with a bit of seafood cooking along the way.

Join Pat Callinan as he takes his trusty 4x4 and explores the amazing, visually stunning places in Australia.

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions and examine the science behind using food as medicine.

NEW EPISODE

Fishing Edge is a down to earth fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.



BRISBANE PROGRAM GUIDE

Saturday 15th November 2014

04:30 pm **Adventure Angler** (Rpt)

G

Tasmanian Trout

Join Micah Adams as he travels to exotic destinations and adventures he has getting there. Featuring high adventure sports intense fishing action.

05:00 pm **Places We Go** (Rpt)

CC G

Join Jennifer Adams as she explores some of the most stunning places on the planet and meet the incredible people who live there.

05:30 pm **Big Fish, Small Boats**

ALL NEW EPISODES

Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.

06:00 pm **Get Smart** (Rpt)

PG

Dr. Yes

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister deeds of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

06:30 pm **The Biggest Loser USA**

ALL NEW EPISODES

Get Moving

The contestants are encouraged to "Get Moving" and find themselves pushed to new limits when they are introduced to the new outrageous gyms that each trainer has custom designed.

08:30 pm **Law & Order: SVU** (Rpt)

CC M

Execution

Detective Stabler and Dr Huang question a convicted serial killer hours before his execution, with the hope of solving a murder case for the sake of the victim's parents.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, D. Florek, Ice T, Stephanie March, B.D. Wong

09:30 pm **Blue Bloods** (Rpt)

CC M
Adult Themes

FINALE

Mother's Day

Unbeknownst to his family, Homeland Security informs Frank that the city is on high alert for a terrorist attack in the next 24 hours. The weapon is a biological flu virus with no vaccine.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Jennifer Esposito, Len Cariou, Amy Carlson, Nicholas Turturro, Sami Gayle

Guest Starring: David Ramsey

10:30 pm **Touch** (Rpt)

CC M
Some Violence

Music Of The Spheres

Martin exposes a dishonest parole officer who is forcing his parolee to commit crimes. Jake bonds with another boy who is unable to speak and a Brazilian street musician uses his guitar to find love.

Starring: Kiefer Sutherland, Gugu Mbatha-Raw, David Mazouz

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BRISBANE PROGRAM GUIDE

Saturday 15th November 2014

11:30 pm **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Australian suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

12:00 am **Blokesworld** (Rpt)

The team check out San Diego, then head to the Metal Music Compound to spend the day with Freestyle MX Legend Jim Fitzpatrick as he shows us what's in his shed, gun safe backyard.

12:30 am **48 Hours** (Rpt)

PG
Adult Themes

Loved To Death

Lauren Astley was a popular teen; her ex-boyfriend, Nathaniel F, a football star. They had an intense breakup and she is found dead. Was it a case of breakup violence?

01:30 am **Temporary Australians** (Rpt)

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a week in Bernie's.

02:00 am **Food Hospital** (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

03:00 am **My Surf TV** (Rpt)

G

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro reports from remote locations & big wave chargers.

03:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 32: Dav 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 32 is hosted at the Phoenix International Raceway.

05:00 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 35: Race For Heroes 500 @ Phoenix-Highlights

Catch all the non-stop motorsport action highlights from the Phoenix International Raceway. The thrills and spills of NASCAR racing continues with the 35th race of the 2014 Sprint Cup Series.



ADELAIDE PROGRAM GUIDE

Sunday 09th November 2014

06:00 am NASCAR Sprint Cup Highlights
(Rpt)

Race 34: A.A.A Texas 500 @ Texas-Highlights

Catch all the non-stop motorsport action highlights from the T Motor Speedway. The thrills and spills of NASCAR racing conti with the 34th race of the 2014 Sprint Cup Series.

07:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

07:30 am World's Toughest Trucker (Rpt)

PG
Some Coarse
Language

The remaining truckers take part in a three-day challenge of colle 60 ton loads of timber from 3,000 feet up a Canadian mountair and taking them back down the valley.

08:30 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, react and moments that took place in the Sport Science lab.

09:30 am Football's Greatest Teams

Arsenal

Football's Greatest Teams is a sport series showing a review c sixteen greatest teams in the history of world football.

10:00 am Football's Greatest Teams

Benfica

Football's Greatest Teams is a sport series showing a review c sixteen greatest teams in the history of world football.

10:30 am Rugby: Wales Vs Wallabies (Rpt)

REPLAY

Rugby: Wales Vs Wallabies 2014

Join Scott Mackinnon, Gordon Bray, Matt Burke & Stirling Mortloc all the analysis, action and electric atmosphere at the Millen Stadium as the Qantas Wallabies take on Wales.

12:35 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

01:00 pm Black Gold (Rpt)

PG
Some Violence,
Some Coarse
Language

Growing Pains

Brandon keeps his promise to Cheston and gives him a di lesson, but after losing time with a twist off, things don't play o planned and Cheston risks their friendship.

02:00 pm David Attenborough's Africa (Rpt) CC G

Kalahari

In this blockbuster series, Sir David Attenborough reveals Afric you've never seen it before. This is a journey through extraordinarily diverse regions of an amazing continent.



ADELAIDE PROGRAM GUIDE

Sunday 09th November 2014

03:00 pm Temporary Australians

NEW EPISODE

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a week at Bernie's.

03:30 pm Golf Getaway

NEW EPISODE

Golf Getaway is a short, sharp slice of all things golf including course reviews, interviews and tips from the pros and special content on golf equipment.

04:00 pm My Surf TV

G

SERIES PREMIERE

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro remote locations & big wave chargers.

04:30 pm River To Reef

NEW EPISODE

Theo and Robby take us on a fishing, boating and lifestyle journey to destinations we can all enjoy, with a bit of seafood cooking along the way.

05:00 pm What's Up Down Under (Rpt)

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm I Fish

CC

ALL NEW EPISODES

Providing tips and information for the beginner fisherman, through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

06:00 pm COPS (Rpt)

PG
Drug References

Coast To Coast

You won't believe the chases, stings and rescues by police officers on patrol to protect America's troubled streets. With an unmistakable theme song Cops is the show at the forefront of reality TV.

06:30 pm M*A*S*H (Rpt)

PG

Quo Vadis, Captain Chandler

Intelligence officer Colonel Flagg and psychiatrist Sidney Freedman grapple over the fate of a wounded officer Captain Chandler, who claims to be Jesus Christ.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



ADELAIDE PROGRAM GUIDE

Sunday 09th November 2014

07:00 pm **M*A*S*H** (Rpt)

PG

Dear Peggy

BJ writes home to his wife Peg about Klinger's escape attempts visit of a formidable chaplain and one of Frank's goof-ups.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Robson Green Extreme Fisherman**

ALL NEW EPISODES

Madagascar

Join Robson as he hunts for the powerful jobfish in Madaga before teaming up with local fishermen to help spear an octopus.

08:30 pm **Gold Coast Cops - Encore** (Rpt)

CC

SPECIAL ENCORE PRESENTATION

As part of their ongoing mission to crack down on the bikies, the assist task force Maxima in executing a search warrant on a former NRL player Anthony Watts, a former Criminal Motorcycle Club member.

09:00 pm **Movie: Mean Machine** (Rpt) (2001)

CC

MOVIE

When soccer star Danny Meehan lands in jail for fixing a match warden tries to force the athlete to train his guards' semi-professional soccer team but he ends up training the prisoners instead.

Starring: Vinnie Jones, David Hemmings, Jason Flemyng, David Ikin, Ralph Brown

11:00 pm **Live: MotoGP 2014**

LIVE

Race 18 Valencia - Pre Show

Greg Rust and Daryl Beattie bring you all of the latest MotoGP news before we go green in race 18 of the 2014 MotoGP from The Circuit de la Comunitat Valenciana, Valencia.

11:30 pm **Live: MotoGP 2014**

LIVE

Race 18 Valencia

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from race 18 of the 2014 MotoGP from The Circuit de la Comunitat Valenciana, Valencia.

12:30 am **Live: MotoGP 2014**

LIVE

Race 18 Valencia - Post Show

Our expert commentators Greg Rust and Daryl Beattie bring you the latest news and results as they wrap up race 18 of the MotoGP from The Circuito de la Comunitat Valenciana, Valencia.



ADELAIDE PROGRAM GUIDE

Sunday 09th November 2014

01:00 am Territory Cops - Encore (Rpt)

CC PG
Some Coarse
Language,
Drug References

SPECIAL ENCORE PRESENTATION

Detective Sergeant Kenny Bradshaw is running a weeklong operation at Darwin Airport, with hopes that he will put a serious in the Darwin drug trade.

01:30 am Temporary Australians (Rpt)

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a weeker Bernie's.

02:00 am COPS (Rpt)

PG
Drug References

Coast To Coast

You won't believe the chases, stings and rescues by police office patrol to protect America's troubled streets. With an unmistakable theme song Cops is the show at the forefront of reality TV.

02:30 am Food Hospital (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and General Practitioner Consultant Shaw Somers meet patients with varying conditions examine the science behind using food as medicine.

03:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

04:00 am Basketball: NBL Championship 2014/15 (Rpt)

REPLAY

Round 4: Wollongong Hawks V Perth Wildcats

Join us for all the action of Round 4 of the 2014/15 National Basketball League as the Wollongong Hawks take on the Perth Wildcats at their home court WIN Entertainment Centre.



ADELAIDE PROGRAM GUIDE

Monday 10th November 2014

06:00 am NASCAR Sprint Cup

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway

10:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

11:00 am Megafactories: Laverstoke Mill (Rpt)

Learn about the history of Laverstoke Mill, originally one of the largest paper mills in England, and why Bombay Sapphire is moving entire worldwide production of gin to a dilapidated water mill.

12:00 pm Rush (Rpt)

CC M
WS Some Violence

Best mates Lawson and Josh are up against new boss Charlie their superior Kerry. Meanwhile Stella helps save a journalist whose investigative reporting has put her life in danger.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

01:00 pm Law & Order: SVU (Rpt)

CC

Greed

When a woman is hospitalised after being raped and burglarised in her apartment, the detectives investigate and discover that there was no break-in, leading them to investigate a local locksmith.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Doree Finkelstein, Ice T, Stephanie March, B.D. Wong

02:00 pm MasterChef Australia (Rpt)

CC G

Friday - Week 3

It's a mega MasterClass as Gary and Matt Moran teach the contestants about raw foods, herbs, and oils. Later Gary whips mushroom gnocchi and his 'Mum's Lamb Stew with Dumplings'.

03:00 pm MasterChef Australia (Rpt)

CC PG

Sunday - Week 4

The remaining 21 contestants return to the MasterChef kitchen to compete in a biscuit inspired Mystery Box challenge. Later it's Invention Test Mexican style. Cactus anyone?

04:00 pm Get Smart

04:30 pm Shred!

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-made entrepreneur, and his crew as they solve new and increasingly extreme shredding challenges.



ADELAIDE PROGRAM GUIDE

Monday 10th November 2014

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) PG

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt) G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm **Family Feud** CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm **M*A*S*H** (Rpt) PG

Of Moose And Men

Hawkeye tangles with a tough Army colonel; BJ helps Zale v received a "Dear John" letter; Frank looks endlessly for Kc saboteurs.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

Soldier Of The Month

An epidemic of hemorrhagic fever keeps the 4077 staff very t When Frank contracts the fever he makes a will leaving all his m to his wife and all his clothes to Hot Lips.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Talkin' Bout Your Generation** (Rpt) CC PG
Some Coarse
Language

Sit back and relax with much loved comic Shaun Micallef & his of quiz show GENEralS, Amanda Keller, Charlie Pickering & Thomas.

08:30 pm **Undercover Boss**

ALL NEW EPISODES

Ymca Canada

The National CEO of YMCA Canada works in disguise in his organisation and starts to understand the realities of his workers | and discovers he's also on a very personal journey of discovery.

09:30 pm **Movie: Dinner For Schmucks** (Rpt) CC M
(2010)
Sexual References,
Some Coarse
Language

MOVIE

When he finds out that his work superiors host a dinner celebr the idiocy of their guests, a rising executive questions it when invited.

Starring: Steve Carell, Paul Rudd, Zach Galifianakis, Jemaine Clement, Lucy Punch, Stephanie Szostak, Bruce Greenwood, Da Walliams, Ron Livingston



one

ADELAIDE PROGRAM GUIDE

Monday 10th November 2014

11:50 pm 2014 FORMULA 1® BRAZILIAN
GRAND PRIX™ (Rpt) CC

REPLAY

2014 Formula 1 Brazil Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action the 18th race of the 2014 FIA F1 World Championship from Autodromo Jose Carlos Pace in Brazil.

02:20 am The Home Team (Rpt) CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

02:50 am Would You Rather? With Graham
Norton (Rpt) M
Sexual References

Would You Rather? is a show featuring a panel of comedians celebrities who answer "would you rather" questions. Guests inc Eugene Mirman, Hannibal Buress, Mo Rocca and Andrea Rosen.

03:20 am Blokesworld (Rpt)

The Blokesworld crew head to USA to check the best in Calif and head to Vegas for the Super Cross. Plus, Isabelle takes ove stage and tries her luck in Blokesworld's Miss Downunder.

03:50 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

04:00 am NASCAR Nationwide Series
Highlights (Rpt)

Race 31: O'reilly Auto Parts Challenge @ Texas

Catch the highlights from every race of the 2014 Nationwide S on ONE. Race 31 is hosted at the Texas Motor Speedway.

05:00 am NASCAR Sprint Cup Highlights
(Rpt)

Race 34: A.A.A Texas 500 @ Texas-Highlights

Catch all the non-stop motorsport action highlights from the T Motor Speedway. The thrills and spills of NASCAR racing conti with the 34th race of the 2014 Sprint Cup Series.



ADELAIDE PROGRAM GUIDE

Tuesday 11th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Sporting Greats (Rpt) G

Nadia Comaneci

Nadia Comaneci winner of five Olympic gold medals at the 1976 and the 1980 Olympics and is the first female gymnast to be awarded a perfect score of 10 in an Olympic gymnastic event.

08:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

09:00 am Monster Jam (Rpt) G

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect mix of action and entertainment, action packed viewing.

10:00 am All 4 Adventures (Rpt) CC

Jase and Simon head to Walsh Point but have to make it across the 'Australia's worst boat ramp' in one piece first. Plus, Jase has a surprise for Simon.

11:00 am World's Toughest Trucker (Rpt) PG
Some Coarse Language

The remaining truckers take part in a three-day challenge of collecting 60 ton loads of timber from 3,000 feet up a Canadian mountain and taking them back down the valley.

12:00 pm Rush (Rpt) CC M
Some Violence, Drug References

Tactical Response have to protect one of their own. Meanwhile, Sarah starts to risk everything to find a murderer, which soon leads to the case of her team members.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

01:00 pm Law & Order: SVU (Rpt) CC

Denial

A rape turns into a bizarre murder investigation when the finger of a small child is found in the victim's purse.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Drea Frazier Florek, Ice T, Stephanie March, B.D. Wong



ADELAIDE PROGRAM GUIDE

Tuesday 11th November 2014

02:00 pm MasterChef Australia (Rpt)

CC PG
Some Coarse
Language

Monday - Week 4

The bottom three contestants from the last challenge arrive a kitchen to face off in a Pressure Test. Later, three lucky contestants attend a very special private Master Class.

03:00 pm MasterChef Australia (Rpt)

CC PG

Tuesday - Week 4

Sake head chef Shaun Presland takes on the winner of the Inve Test in a Raw Food Immunity Challenge. With no cooking, no and no gas bench tops they need to be super creative.

04:00 pm Get Smart (Rpt)

PG

Supersonic Boom

KAOS attacks the CONTROL headquarters with a sonic boom threatens to use it on New York City.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Shred!

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-entrepreneur, and his crew as they solve new and increas extreme shredding challenges.

05:00 pm Extreme Boats' Big Angry Fish (Rpt)

PG

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm I Fish (Rpt)

G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm Family Feud

CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm M*A*S*H (Rpt)

PG

The Gun

A wounded colonel's gun disappears and Hawkeye and BJ pl hunch and bluff Frank who has it, into returning it.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



ADELAIDE PROGRAM GUIDE

Tuesday 11th November 2014

07:00 pm **M*A*S*H** (Rpt)

PG

Mail Call, Again

The mail brings a letter to Frank saying his wife is divorcing him one to Potter telling him he's going to be a grandfather.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Black Gold**

ALL NEW EPISODES

Drilling Lessons

Cheston walks a fine line between loyalty and self preservation \ Brandon lets him down yet again. He must seek out the help of a driller - behind his best friend's back.

08:30 pm **David Attenborough's Africa** (Rpt) CC G

Savannah

To survive here, creatures must be able to deal with unpredic twists and turns – wet turning to dry, famine to feast. But it supports more large mammals here than anywhere else on Earth

09:30 pm **48 Hours**

ALL NEW EPISODES

48 Hours is a popular true-crime series, investigating shocking c and compelling real-life dramas with journalistic integrity and cu edge style.

10:30 pm **Movie: Meet Bill** (Rpt) (2007)

M
Sexual References,
Some Coarse
Language,
Drug Use

MOVIE

A guy fed up with his job and married to a cheating wife reluct mentors a rebellious teen.

Starring: Aaron Eckhart, Jessica Alba, Elizabeth Banks, Timothy Olyphant, Kristen Wiig, Logan Lerman, Jason Sudeikis

12:30 am **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The H Team will help you navigate your next DIY project or renovation.

01:00 am **Food Hospital** (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and G Consultant Shaw Somers meet patients with varying conditions examine the science behind using food as medicine.

The logo for the 'one' channel, featuring the word 'one' in white lowercase letters on a green square background.

ADELAIDE PROGRAM GUIDE

Tuesday 11th November 2014

02:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

02:30 am Basketball: NBL Championship 2014/15 (Rpt)

REPLAY

Round 5: Wollongong Hawks V Sydney Kings

Join us for all the action of Round 5 of the 2014/15 National Basketball League as the Wollongong Hawks take on the Sydney Kings at their home court WIN Entertainment Centre.

04:30 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including course reviews, interviews and tips from the pros and special coverage on golf equipment.

05:00 am Football's Greatest Teams (Rpt)

Arsenal

Football's Greatest Teams is a sport series showing a review of sixteen greatest teams in the history of world football.

05:30 am Football's Greatest Teams (Rpt)

Benfica

Football's Greatest Teams is a sport series showing a review of sixteen greatest teams in the history of world football.



ADELAIDE PROGRAM GUIDE

Wednesday 12th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am 2014 FORMULA 1® BRAZILIAN
GRAND PRIX™ (Rpt) CC

REPLAY

2014 Formula 1 Brazil Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action the 18th race of the 2014 FIA F1 World Championship from Autodromo Jose Carlos Pace in Brazil.

10:30 am Omnisport (Rpt)

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11:00 am David Attenborough's Africa (Rpt) CC G

Savannah

To survive here, creatures must be able to deal with unpredictable twists and turns – wet turning to dry, famine to feast. But it supports more large mammals here than anywhere else on Earth

12:00 pm Rush (Rpt) CC M
Some Violence,
Drug References

Michael Sandrelli has been a busy man since being fired from Thanks to the squad's head honcho Kerry, he's now undercover his job is to bring down a family of cocaine importers.

Starring: Rodger Corser, Catherine McClements, Jolene Andersc Antony Starr, Callan Mulvey

01:00 pm Law & Order: SVU (Rpt) CC

Competence

A mentally retarded girl is pregnant and the question is, was raped or did she consent, and is she competent enough to keep child?

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, C Florek, Ice T, Stephanie March, B.D. Wong

02:00 pm MasterChef Australia (Rpt) CC PG

Wednesday - Week 4

The contestants split into two teams to cook for a restaurant for discerning diners, all with left over ingredients collected from Sydney restaurants!



ADELAIDE PROGRAM GUIDE

Wednesday 12th November 2014

03:25 pm **MasterChef Australia** (Rpt) CC PG

Thursday - Week 4

We say goodbye to another contestant after a hard fought pe elimination challenge. They must 'name that bird' then 'cook that Quail, duck, chicken and turkey are served up.

04:30 pm **Shred!**

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-r entrepreneur, and his crew as they solve new and increas extreme shredding challenges.

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt) G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm **Family Feud** CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm **M*A*S*H** (Rpt) PG

The Price Of Tomato Juice

Radar gets the help of Hawkeye and BJ to get something Co Potter says he's fond of but hard to come by - tomato juice.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

Dear Ma

Radar writes home to his mother; Hawkeye conducts the camp inspection; Colonel Potter gets some shrapnel in his backside.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **World's Toughest Trucker** (Rpt) PG
Some Coarse
Language

The truckers arrive in the country of Mongolia, where they find it to deal with the remote and hostile environment and battle with old Russian trucks.



ADELAIDE PROGRAM GUIDE

Wednesday 12th November 2014

08:30 pm COPS: Adults Only (Rpt)

M
Adult Themes

More tales on the beat with the show on the forefront of reality Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

09:00 pm COPS: Adults Only (Rpt)

M

A real life drama series that documents the personal and profess lives of the police officers enforcing the troubled streets of Americ

09:30 pm Movie: Enemies Closer (2013)

MOVIE PREMIERE

Deep within a forest on the US-Canadian border, two sworn ene must work together to escape a ruthless drug cartel hell-ber retrieving a drug shipment which went missing there.

Starring: Tom Everett, Jean-Claude Van Damme, Orlando Jones

11:30 pm The Home Team (Rpt)

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The F Team will help you navigate your next DIY project or renovation.

12:00 am M*A*S*H (Rpt)

PG

The Price Of Tomato Juice

Radar gets the help of Hawkeye and BJ to get something Co Potter says he's fond of but hard to come by - tomato juice.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

12:30 am M*A*S*H (Rpt)

PG

Dear Ma

Radar writes home to his mother; Hawkeye conducts the camp inspection; Colonel Potter gets some shrapnel in his backside.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

01:00 am COPS: Adults Only (Rpt)

M
Adult Themes

More tales on the beat with the show on the forefront of reality Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

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ADELAIDE PROGRAM GUIDE

Wednesday 12th November 2014

02:00 am Food Hospital (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and General Practitioner Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

03:25 am Basketball: NBL Championship 2014/15 (Rpt)

CC

REPLAY

Round 5: Sydney Kings V Adelaide 36ers

Join us for all the action of Round 5 of the 2014/15 National Basketball League as the Sydney Kings take on the Adelaide 36ers at their home court, Qantas Credit Union Arena, Sydney.

05:25 am Sporting Greats (Rpt)

PG

Sean Fitzpatrick

Sean Fitzpatrick is widely regarded as one of the finest rugby players ever to come out of New Zealand. In 1992 Fitzpatrick was awarded the captaincy of the All Blacks, a position he held until his retirement from Test Rugby in 1997.



ADELAIDE PROGRAM GUIDE

Thursday 13th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am MotoGP 2014 (Rpt)

REPLAY

Race 18 Valencia

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from race 18 of the 2014 MotoGP from The Circuit de la Comunitat Valenciana, Valencia.

10:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

10:30 am My Surf TV (Rpt)

G

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro remote locations & big wave chargers.

11:00 am Black Gold (Rpt)

Drilling Lessons

Cheston walks a fine line between loyalty and self preservation and Brandon lets him down yet again. He must seek out the help of a driller - behind his best friend's back.

12:00 pm Rush (Rpt)

CC M
Some Violence,
Some Coarse
Language

It's a race against time as Kerry fights political red tape, whilst remaining members of TR do anything they can to get one of team back safely.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

12:55 pm Law & Order: SVU (Rpt)

CC

FINALE

Silence

The death of a young transvestite in a church leads to investigation into priests and child abuse.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, D Florek, Ice T, Stephanie March, B.D. Wong



one

ADELAIDE PROGRAM GUIDE

Thursday 13th November 2014

01:50 pm **MasterChef Australia** (Rpt) CC G

02:55 pm **MasterChef Australia** (Rpt) CC G

04:00 pm **Get Smart** (Rpt) PG

04:30 pm **Shred!**

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

05:30 pm **I Fish** (Rpt) G

06:00 pm **Family Feud** CC

06:30 pm **M*A*S*H** (Rpt) PG

Friday - Week 4

Gary kicks off the MasterClass with mouth-watering BBQ chicker is later joined by special guest chef Jason Jones who teaches contestants how to serve up the perfect Mexican feast.

Sunday - Week 5

19 contestants arrive at the MasterChef Kitchen for a flavour match 'Mystery Box' challenge. With everyone eager to impress the judge one contestant pushes himself too far and burns his hand.

ONE Of Our Olives Is Missing

A country singer accidentally swallows a transmitter disguised as an olive. Max has to protect her from KAOS agents.

Starring: Don Adams, Barbara Feldon, Edward Platt

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-made entrepreneur, and his crew as they solve new and increasingly extreme shredding challenges.

Extreme Boats' Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch the big fish in shallow water, right at your back door step.

Paul Worsteling brings you great tips and products that will help you lure the big fish.

Grant Denyer hosts one of Australia's most loved game shows Family Feud! Play along at home as two families try to win big prizes by guessing the most popular responses to a survey of the public.

Der Tag

Potter decides Frank would be less of a pain if the others were friendlier to him and they oblige, with some startling results.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



one

ADELAIDE PROGRAM GUIDE

Thursday 13th November 2014

07:00 pm M*A*S*H (Rpt)

PG

Hawkeye

Hawkeye is injured in a jeep accident and realising he has a concussion, he babbles to a Korean family to keep himself awake

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm Dads

ALL NEW EPISODES

Have A Heart...Attack

Eli ignores David's constant complaining, and one of them ends up in the hospital.

Starring: Seth Green, Giovanni Ribisi, Martin Mull, Peter Riegert, Vanessa Lachey, Brenda Song, Tonita Castro

Guest Starring: Christopher Darga

08:00 pm Last Man Standing

CC

ALL NEW EPISODES

Buffalo Bill Day

To celebrate Buffalo Bill Day Sale-anniversary, the Outdoor Man puts on a classic entertainment skit based on a Wild West Show, directed by Mike and starring Ed as Buffalo Bill and Eve as Annie Oakley.

Starring: Tim Allen, Nancy Travis, Molly Ephraim, Alexandra Kroszkowska, Kaitlyn Dever, Hector Elizondo

08:30 pm To Be Advised

09:00 pm Rob (Rpt)

PG

Romantic Weekend

Rob plans a romantic weekend at home for him and Maggie. But Rosa kicks Fernando and Hector out, they move in with Rob and begin enjoying the romantic activities he planned for Maggie.

Starring: Rob Schneider, Claudia Bassols, Cheech Marin, Diana Maria Riva, Lupe Ontiveros, Eugenio Derbez, Ricky Rico

09:30 pm The Thursday Night Sport Show

Join host Mel McLaughlin, funnyman Sam Mac and some of the biggest names in sport for The Thursday Night Sport Show – a new one-stop-shop for all things sport.

10:30 pm Maxim TV

NEW EPISODE

Get your weekly dose of women, cars, celebrities, fitness, music, fashion, games and so much more. MAXIM TV is the thing to happen to men since women.



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ADELAIDE PROGRAM GUIDE

Thursday 13th November 2014

11:00 pm **Blokesworld**

ALL NEW EPISODES

The team check out San Diego, then head to the Metal Mu Compound to spend the day with Freestyle MX Legend Ji Fitzpatrick as he shows us what's in his shed, gun safe backyard.

11:30 pm **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

12:00 am **Brand X With Russell Brand** (Rpt)

MA15+
Adult Themes

Russell Brand brings you the unvarnished and unfiltered point of on current events, worldwide politics and popular culture. Taking the news of the day like no one else has done before.

Starring: Russell Brand

01:00 am **Omnisport**

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01:30 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway



ADELAIDE PROGRAM GUIDE

Friday 14th November 2014

06:00 am Home Shopping

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Race 35: Race For Heroes 500 @ Phoenix-Highlights

Catch all the non-stop motorsport action highlights from the Phoenix International Raceway. The thrills and spills of NASCAR racing continues with the 35th race of the 2014 Sprint Cup Series.

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Join host Mel McLaughlin, funnyman Sam Mac and some of the biggest names in sport for The Thursday Night Sport Show – a new one-stop-shop for all things sport.

11:00 am Undercover Boss (Rpt)

Ymca Canada

The National CEO of YMCA Canada works in disguise in his organisation and starts to understand the realities of his workers and discovers he's also on a very personal journey of discovery.

12:00 pm Rush (Rpt)

CC M
Some Violence,
Adult Themes

Senior Constable Michael Sandrelli remains in intensive care while TR are left to pick up the pieces; meanwhile, Shannon lets emotional guard down.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

01:00 pm Food Hospital (Rpt)

PG

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions and examine the science behind using food as medicine.

one

ADELAIDE PROGRAM GUIDE

Friday 14th November 2014

01:55 pm **MasterChef Australia** (Rpt) CC PG

Monday - Week 5

The contestants arrive in Tasmania for a market stall compet where they are divided into four teams. The teams must run their take away market stall and create their own unique dish.

03:00 pm **MasterChef Australia**

04:00 pm **Get Smart** (Rpt) PG

When Good Fellows Get Together

Join bumbling secret spy Maxwell Smart and his long-suff partner, Agent 99, as they investigate and thwart the sinister dea of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm **Shred!**

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-r entrepreneur, and his crew as they solve new and increas extreme shredding challenges.

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt) G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm **Family Feud** CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm **M*A*S*H** (Rpt) PG

Some 38th Parallels

Frank tries to distinguish himself by selling the camp garbage, bi Hawkeye who finds a use for it: he dumps it on a troublesome Co Coner.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

The Novocaine Mutiny

Frank has Hawkeye up on charges of mutiny for usurping his aut when Potter was away on leave.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



ADELAIDE PROGRAM GUIDE

Friday 14th November 2014

07:30 pm **Megafactories: Laverstoke Mill**

ALL NEW EPISODES

Learn about the history of Laverstoke Mill, originally one of the last paper mills in England, and why Bombay Sapphire is moving its entire worldwide production of gin to a dilapidated water mill.

08:30 pm **COPS: Adults Only (Rpt)**

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality. Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

09:00 pm **COPS: Adults Only (Rpt)**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality. Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

09:30 pm **Basketball: NBL Championship 2014/15**

Round 6: Perth Wildcats V Townsville Crocodiles

Join us for all the action of Round 6 of the 2014/15 Nat Basketball League as the Perth Wildcats take on the Townsville Crocodiles at their home court Perth Arena.

11:30 pm **Homeland - Encore (Rpt)**

CC

SPECIAL ENCORE PRESENTATION

Redux

Starring: Claire Danes, Mandy Patinkin, Rupert Friend, Laila Robi

12:30 am **The Home Team (Rpt)**

CC

Join the experts as they renovate and restore a typical Australian suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

01:00 am **The League (Rpt)**

MA15+
Sexual References

Training Camp

Jerry Jones invites the gang to come to the Dallas Cowboys training camp.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie

01:30 am **Would You Rather? With Graham Norton (Rpt)**

M
Sexual References

Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include Stanley Tucci, Jordan Carlos, Scott Adsit and Faith Salie.

The logo for the 'one' channel, featuring the word 'one' in a white, lowercase, sans-serif font inside a solid green square.

ADELAIDE PROGRAM GUIDE

Friday 14th November 2014

02:00 am Food Hospital (Rpt)

PG

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and General Practitioner Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

03:30 am NASCAR Nationwide Series Highlights

Race 32: Dav 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 32 is hosted at the Phoenix International Raceway.

04:30 am NASCAR Sprint Cup Qualifying

Race 35: Race For Heroes 500 @ Phoenix-Qualifying

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action at the qualifying round from the Phoenix International Raceway.



ADELAIDE PROGRAM GUIDE

Saturday 15th November 2014

06:00 am NASCAR Sprint Cup (Rpt)

10:30 am The List (Rpt)

11:00 am Omnisport (Rpt)

11:30 am Temporary Australians (Rpt)

12:00 pm The Offroad Adventure Show (Rpt) CC

12:30 pm Robson Green Extreme Fisherman (Rpt)

01:30 pm River To Reef (Rpt)

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) G

03:00 pm Food Hospital (Rpt) PG

04:00 pm Fishing Edge

REPLAY

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway.

The List - Monumental Moments

It is capturing the moment that turns a driver to a legend. It is the moment that separates the monumental from the mundane. This is our list of NASCAR's ten most monumental moments.

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

We check out the fun at the National HOG Rally in Cairns. Jojo rediscovers Urals with sidecars and Hirsty spends a week at Bernie's.

Jase and Simon limp on with their crook trailer axle along the River Road and meet an 82 year-old who helped build the road. On the show, Jase has a big surprise for Simon.

Madagascar

Join Robson as he hunts for the powerful jobfish in Madagascar before teaming up with local fishermen to help spear an octopus.

Theo and Robby take us on a fishing, boating and lifestyle journey to some of the best fishing destinations we can all enjoy, with a bit of seafood cooking along the way.

Join Pat Callinan as he takes his trusty 4x4 and explores the amazing, visually stunning places in Australia.

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions and examine the science behind using food as medicine.

NEW EPISODE

Fishing Edge is a down to earth fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.



ADELAIDE PROGRAM GUIDE

Saturday 15th November 2014

04:30 pm **Adventure Angler** (Rpt)

G

Tasmanian Trout

Join Micah Adams as he travels to exotic destinations and adventures he has getting there. Featuring high adventure sports intense fishing action.

05:00 pm **Places We Go** (Rpt)

CC G

Join Jennifer Adams as she explores some of the most stunning places on the planet and meet the incredible people who live there.

05:30 pm **Big Fish, Small Boats**

ALL NEW EPISODES

Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.

06:00 pm **Get Smart** (Rpt)

PG

Dr. Yes

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister deeds of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

06:30 pm **The Biggest Loser USA**

ALL NEW EPISODES

Get Moving

The contestants are encouraged to "Get Moving" and find themselves pushed to new limits when they are introduced to the new outrageous gyms that each trainer has custom designed.

08:30 pm **Law & Order: SVU** (Rpt)

CC M

Execution

Detective Stabler and Dr Huang question a convicted serial killer hours before his execution, with the hope of solving a murder case for the sake of the victim's parents.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, D. Florek, Ice T, Stephanie March, B.D. Wong

09:30 pm **Blue Bloods** (Rpt)

CC M
Adult Themes

FINALE

Mother's Day

Unbeknownst to his family, Homeland Security informs Frank the city is on high alert for a terrorist attack in the next 24 hours. The weapon is a biological flu virus with no vaccine.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Jennifer Esposito, Len Cariou, Amy Carlson, Nicholas Turturro, Sami Gayle

Guest Starring: David Ramsey

10:30 pm **Touch** (Rpt)

CC M
Some Violence

Music Of The Spheres

Martin exposes a dishonest parole officer who is forcing his parolee to commit crimes. Jake bonds with another boy who is unable to speak and a Brazilian street musician uses his guitar to find love.

Starring: Kiefer Sutherland, Gugu Mbatha-Raw, David Mazouz

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ADELAIDE PROGRAM GUIDE

Saturday 15th November 2014

11:30 pm **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Australian suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

12:00 am **Blokesworld** (Rpt)

The team check out San Diego, then head to the Metal Music Compound to spend the day with Freestyle MX Legend Jim Fitzpatrick as he shows us what's in his shed, gun safe backyard.

12:30 am **48 Hours** (Rpt)

PG
Adult Themes

Loved To Death

Lauren Astley was a popular teen; her ex-boyfriend, Nathaniel F, a football star. They had an intense breakup and she is found dead. Was it a case of breakup violence?

01:30 am **Temporary Australians** (Rpt)

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a week in Bernie's.

02:00 am **Food Hospital** (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

03:00 am **My Surf TV** (Rpt)

G

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro reports from remote locations & big wave chargers.

03:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 32: Dav 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 32 is hosted at the Phoenix International Raceway.

05:00 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 35: Race For Heroes 500 @ Phoenix-Highlights

Catch all the non-stop motorsport action highlights from the Phoenix International Raceway. The thrills and spills of NASCAR racing continues with the 35th race of the 2014 Sprint Cup Series.



PERTH PROGRAM GUIDE

Sunday 09th November 2014

06:00 am NASCAR Sprint Cup Highlights
(Rpt)

Race 34: A.A.A Texas 500 @ Texas-Highlights

Catch all the non-stop motorsport action highlights from the T Motor Speedway. The thrills and spills of NASCAR racing conti with the 34th race of the 2014 Sprint Cup Series.

07:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

07:30 am World's Toughest Trucker (Rpt)

PG
Some Coarse
Language

The remaining truckers take part in a three-day challenge of colle 60 ton loads of timber from 3,000 feet up a Canadian mountair and taking them back down the valley.

08:30 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, react and moments that took place in the Sport Science lab.

09:30 am Football's Greatest Teams

Arsenal

Football's Greatest Teams is a sport series showing a review c sixteen greatest teams in the history of world football.

10:00 am Football's Greatest Teams

Benfica

Football's Greatest Teams is a sport series showing a review c sixteen greatest teams in the history of world football.

10:30 am Rugby: Wales Vs Wallabies (Rpt)

REPLAY

Rugby: Wales Vs Wallabies 2014

Join Scott Mackinnon, Gordon Bray, Matt Burke & Stirling Mortloc all the analysis, action and electric atmosphere at the Millen Stadium as the Qantas Wallabies take on Wales.

12:35 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

01:00 pm Black Gold (Rpt)

PG
Some Violence,
Some Coarse
Language

Growing Pains

Brandon keeps his promise to Cheston and gives him a di lesson, but after losing time with a twist off, things don't play o planned and Cheston risks their friendship.

02:00 pm David Attenborough's Africa (Rpt) CC G

Kalahari

In this blockbuster series, Sir David Attenborough reveals Afric you've never seen it before. This is a journey through extraordinarily diverse regions of an amazing continent.



PERTH PROGRAM GUIDE

Sunday 09th November 2014

03:00 pm Temporary Australians

NEW EPISODE

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a week at Bernie's.

03:30 pm Golf Getaway

NEW EPISODE

Golf Getaway is a short, sharp slice of all things golf including course reviews, interviews and tips from the pros and special content on golf equipment.

04:00 pm My Surf TV

G

SERIES PREMIERE

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro remote locations & big wave chargers.

04:30 pm River To Reef

NEW EPISODE

Theo and Robby take us on a fishing, boating and lifestyle journey to destinations we can all enjoy, with a bit of seafood cooking along the way.

05:00 pm What's Up Down Under (Rpt)

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm I Fish

CC

ALL NEW EPISODES

Providing tips and information for the beginner fisherman, through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

06:00 pm COPS (Rpt)

PG
Drug References

Coast To Coast

You won't believe the chases, stings and rescues by police officers on patrol to protect America's troubled streets. With an unmistakable theme song Cops is the show at the forefront of reality TV.

06:30 pm M*A*S*H (Rpt)

PG

Quo Vadis, Captain Chandler

Intelligence officer Colonel Flagg and psychiatrist Sidney Freedman grapple over the fate of a wounded officer Captain Chandler, who claims to be Jesus Christ.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



one

PERTH PROGRAM GUIDE

Sunday 09th November 2014

07:00 pm **M*A*S*H** (Rpt)

PG

Dear Peggy

BJ writes home to his wife Peg about Klinger's escape attempts and a visit of a formidable chaplain and one of Frank's goof-ups.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Robson Green Extreme Fisherman**

ALL NEW EPISODES

Madagascar

Join Robson as he hunts for the powerful jobfish in Madagascar before teaming up with local fishermen to help spear an octopus.

08:30 pm **Live: MotoGP 2014**

LIVE

Race 18 Valencia - Pre Show

Greg Rust and Daryl Beattie bring you all of the latest MotoGP news before we go green in race 18 of the 2014 MotoGP from The Circuito de la Comunitat Valenciana, Valencia.

09:00 pm **Live: MotoGP 2014**

LIVE

Race 18 Valencia

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from race 18 of the 2014 MotoGP from The Circuito de la Comunitat Valenciana, Valencia.

10:00 pm **Live: MotoGP 2014**

LIVE

Race 18 Valencia - Post Show

Our expert commentators Greg Rust and Daryl Beattie bring you the latest news and results as they wrap up race 18 of the 2014 MotoGP from The Circuito de la Comunitat Valenciana, Valencia.

10:30 pm **Gold Coast Cops - Encore** (Rpt)

CC

SPECIAL ENCORE PRESENTATION

As part of their ongoing mission to crack down on the bikies, the assist task force Maxima in executing a search warrant on a former NRL player Anthony Watts, a former Criminal Motorcycle Club member.

11:00 pm **Territory Cops - Encore** (Rpt)

CC PG
Some Coarse
Language,
Drug References

SPECIAL ENCORE PRESENTATION

Detective Sergeant Kenny Bradshaw is running a weeklong operation at Darwin Airport, with hopes that he will put a serious end to the Darwin drug trade.



PERTH PROGRAM GUIDE

Sunday 09th November 2014

11:30 pm **Movie: Mean Machine** (Rpt) (2001) CC

MOVIE

When soccer star Danny Meehan lands in jail for fixing a match warden tries to force the athlete to train his guards' semi-professional soccer team but he ends up training the prisoners instead.

Starring: Vinnie Jones, David Hemmings, Jason Flemyng, David Kelly, Ralph Brown

01:30 am **Temporary Australians** (Rpt)

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a week at Bernie's.

02:00 am **COPS** (Rpt)

PG
Drug References

Coast To Coast

You won't believe the chases, stings and rescues by police off on patrol to protect America's troubled streets. With an unmistakable theme song Cops is the show at the forefront of reality TV.

02:30 am **Food Hospital** (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions and examine the science behind using food as medicine.

03:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

04:00 am **Basketball: NBL Championship 2014/15** (Rpt)

REPLAY

Round 4: Wollongong Hawks V Perth Wildcats

Join us for all the action of Round 4 of the 2014/15 National Basketball League as the Wollongong Hawks take on the Perth Wildcats at their home court WIN Entertainment Centre.



PERTH PROGRAM GUIDE

Monday 10th November 2014

06:00 am NASCAR Sprint Cup

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway

10:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

11:00 am Megafactories: Laverstoke Mill (Rpt)

Learn about the history of Laverstoke Mill, originally one of the largest paper mills in England, and why Bombay Sapphire is moving entire worldwide production of gin to a dilapidated water mill.

12:00 pm Rush (Rpt)

CC M
WS Some Violence

Best mates Lawson and Josh are up against new boss Charlie and their superior Kerry. Meanwhile Stella helps save a journalist whose investigative reporting has put her life in danger.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

01:00 pm Law & Order: SVU (Rpt)

CC

Greed

When a woman is hospitalised after being raped and burglarised in her apartment, the detectives investigate and discover that there was no break-in, leading them to investigate a local locksmith.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Dorel Florek, Ice T, Stephanie March, B.D. Wong

02:00 pm MasterChef Australia (Rpt)

CC G

Friday - Week 3

It's a mega MasterClass as Gary and Matt Moran teach the contestants about raw foods, herbs, and oils. Later Gary whips mushroom gnocchi and his 'Mum's Lamb Stew with Dumplings'.

03:00 pm MasterChef Australia (Rpt)

CC PG

Sunday - Week 4

The remaining 21 contestants return to the MasterChef kitchen to compete in a biscuit inspired Mystery Box challenge. Later it's Invention Test Mexican style. Cactus anyone?

04:00 pm Get Smart

04:30 pm Shred!

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-made entrepreneur, and his crew as they solve new and increasingly extreme shredding challenges.



PERTH PROGRAM GUIDE

Monday 10th November 2014

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) PG

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt) G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm **Family Feud** CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm **M*A*S*H** (Rpt) PG

Of Moose And Men

Hawkeye tangles with a tough Army colonel; BJ helps Zale v received a "Dear John" letter; Frank looks endlessly for Kc saboteurs.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

Soldier Of The Month

An epidemic of hemorrhagic fever keeps the 4077 staff very t When Frank contracts the fever he makes a will leaving all his m to his wife and all his clothes to Hot Lips.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Talkin' Bout Your Generation** (Rpt) CC PG
Some Coarse Language

Sit back and relax with much loved comic Shaun Micallef & his of quiz show GENEral's, Amanda Keller, Charlie Pickering & Thomas.

08:30 pm **Undercover Boss**

ALL NEW EPISODES

Ymca Canada

The National CEO of YMCA Canada works in disguise in his organisation and starts to understand the realities of his workers | and discovers he's also on a very personal journey of discovery.

09:30 pm **Movie: Dinner For Schmucks** (Rpt) CC M
(2010) Sexual References, Some Coarse Language

MOVIE

When he finds out that his work superiors host a dinner celebr the idiocy of their guests, a rising executive questions it when invited.

Starring: Steve Carell, Paul Rudd, Zach Galifianakis, Jemaine Clement, Lucy Punch, Stephanie Szostak, Bruce Greenwood, Da Walliams, Ron Livingston



PERTH PROGRAM GUIDE

Monday 10th November 2014

11:50 pm 2014 FORMULA 1® BRAZILIAN GRAND PRIX™ (Rpt) CC

REPLAY

2014 Formula 1 Brazil Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action the 18th race of the 2014 FIA F1 World Championship from Autodromo Jose Carlos Pace in Brazil.

02:20 am The Home Team (Rpt) CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

02:50 am Would You Rather? With Graham Norton (Rpt) M
Sexual References

Would You Rather? is a show featuring a panel of comedians celebrities who answer "would you rather" questions. Guests inc Eugene Mirman, Hannibal Buress, Mo Rocca and Andrea Rosen.

03:20 am Blokesworld (Rpt)

The Blokesworld crew head to USA to check the best in Calif and head to Vegas for the Super Cross. Plus, Isabelle takes ove stage and tries her luck in Blokesworld's Miss Downunder.

03:50 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive rou of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

04:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 31: O'reilly Auto Parts Challenge @ Texas

Catch the highlights from every race of the 2014 Nationwide S on ONE. Race 31 is hosted at the Texas Motor Speedway.

05:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 34: A.A.A Texas 500 @ Texas-Highlights

Catch all the non-stop motorsport action highlights from the T Motor Speedway. The thrills and spills of NASCAR racing conti with the 34th race of the 2014 Sprint Cup Series.



PERTH PROGRAM GUIDE

Tuesday 11th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Sporting Greats (Rpt)

G

Nadia Comaneci

Nadia Comaneci winner of five Olympic gold medals at the 1976 and the 1980 Olympics and is the first female gymnast to be awarded a perfect score of 10 in an Olympic gymnastic event.

08:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

09:00 am Monster Jam (Rpt)

G

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect mix of action and entertainment, action packed viewing.

10:00 am All 4 Adventures (Rpt)

CC

Jase and Simon head to Walsh Point but have to make it across the 'Australia's worst boat ramp' in one piece first. Plus, Jase has a surprise for Simon.

11:00 am World's Toughest Trucker (Rpt)

PG
Some Coarse
Language

The remaining truckers take part in a three-day challenge of collecting 60 ton loads of timber from 3,000 feet up a Canadian mountain and taking them back down the valley.

12:00 pm Rush (Rpt)

CC M
Some Violence,
Drug References

Tactical Response have to protect one of their own. Meanwhile, Sarah starts to risk everything to find a murderer, which soon leads to the case of her team members.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

01:00 pm Law & Order: SVU (Rpt)

CC

Denial

A rape turns into a bizarre murder investigation when the finger of a small child is found in the victim's purse.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Dorel Florek, Ice T, Stephanie March, B.D. Wong



PERTH PROGRAM GUIDE

Tuesday 11th November 2014

02:00 pm **MasterChef Australia** (Rpt)

CC PG
Some Coarse
Language

Monday - Week 4

The bottom three contestants from the last challenge arrive a kitchen to face off in a Pressure Test. Later, three lucky contestants attend a very special private Master Class.

03:00 pm **MasterChef Australia** (Rpt)

CC PG

Tuesday - Week 4

Sake head chef Shaun Presland takes on the winner of the Inve Test in a Raw Food Immunity Challenge. With no cooking, no and no gas bench tops they need to be super creative.

04:00 pm **Get Smart** (Rpt)

PG

Supersonic Boom

KAOS attacks the CONTROL headquarters with a sonic boom threatens to use it on New York City.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm **Shred!**

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-entrepreneur, and his crew as they solve new and increas extreme shredding challenges.

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt)

PG

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt)

G

Paul Worsteling brings you great tips and products that will help lure the big fish.

06:00 pm **Family Feud**

CC

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

06:30 pm **M*A*S*H** (Rpt)

PG

The Gun

A wounded colonel's gun disappears and Hawkeye and BJ pl hunch and bluff Frank who has it, into returning it.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



PERTH PROGRAM GUIDE

Tuesday 11th November 2014

07:00 pm **M*A*S*H** (Rpt)

PG

Mail Call, Again

The mail brings a letter to Frank saying his wife is divorcing him one to Potter telling him he's going to be a grandfather.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Black Gold**

ALL NEW EPISODES

Drilling Lessons

Cheston walks a fine line between loyalty and self preservation \ Brandon lets him down yet again. He must seek out the help of a driller - behind his best friend's back.

08:30 pm **David Attenborough's Africa** (Rpt) CC G

Savannah

To survive here, creatures must be able to deal with unpredictable twists and turns – wet turning to dry, famine to feast. But it supports more large mammals here than anywhere else on Earth

09:30 pm **48 Hours**

ALL NEW EPISODES

48 Hours is a popular true-crime series, investigating shocking and compelling real-life dramas with journalistic integrity and cut edge style.

10:30 pm **Movie: Meet Bill** (Rpt) (2007)

M
Sexual References,
Some Coarse
Language,
Drug Use

MOVIE

A guy fed up with his job and married to a cheating wife reluctantly mentors a rebellious teen.

Starring: Aaron Eckhart, Jessica Alba, Elizabeth Banks, Timothy Olyphant, Kristen Wiig, Logan Lerman, Jason Sudeikis

12:30 am **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Australian suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

01:00 am **Food Hospital** (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

The logo for the 'one' channel, featuring the word 'one' in white lowercase letters on a green square background.

PERTH PROGRAM GUIDE

Tuesday 11th November 2014

02:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

02:30 am Basketball: NBL Championship 2014/15 (Rpt)

REPLAY

Round 5: Wollongong Hawks V Sydney Kings

Join us for all the action of Round 5 of the 2014/15 National Basketball League as the Wollongong Hawks take on the Sydney Kings at their home court WIN Entertainment Centre.

04:30 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including course reviews, interviews and tips from the pros and special coverage on golf equipment.

05:00 am Football's Greatest Teams (Rpt)

Arsenal

Football's Greatest Teams is a sport series showing a review of sixteen greatest teams in the history of world football.

05:30 am Football's Greatest Teams (Rpt)

Benfica

Football's Greatest Teams is a sport series showing a review of sixteen greatest teams in the history of world football.



PERTH PROGRAM GUIDE

Wednesday 12th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am 2014 FORMULA 1® BRAZILIAN
GRAND PRIX™ (Rpt) CC

REPLAY

2014 Formula 1 Brazil Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action the 18th race of the 2014 FIA F1 World Championship from Autodromo Jose Carlos Pace in Brazil.

10:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

11:00 am David Attenborough's Africa (Rpt) CC G

Savannah

To survive here, creatures must be able to deal with unpredictable twists and turns – wet turning to dry, famine to feast. But it supports more large mammals here than anywhere else on Earth

12:00 pm Rush (Rpt) CC M
Some Violence,
Drug References

Michael Sandrelli has been a busy man since being fired from Thanks to the squad's head honcho Kerry, he's now undercover his job is to bring down a family of cocaine importers.

Starring: Rodger Corser, Catherine McClements, Jolene Andersc Antony Starr, Callan Mulvey

01:00 pm Law & Order: SVU (Rpt) CC

Competence

A mentally retarded girl is pregnant and the question is, was raped or did she consent, and is she competent enough to keep child?

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, C Florek, Ice T, Stephanie March, B.D. Wong

02:00 pm MasterChef Australia (Rpt) CC PG

Wednesday - Week 4

The contestants split into two teams to cook for a restaurant for discerning diners, all with left over ingredients collected from Sydney restaurants!



PERTH PROGRAM GUIDE

Wednesday 12th November 2014

03:25 pm **MasterChef Australia** (Rpt) CC PG

Thursday - Week 4

We say goodbye to another contestant after a hard fought pre-elimination challenge. They must 'name that bird' then 'cook that bird'. Quail, duck, chicken and turkey are served up.

04:30 pm **Shred!**

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-made entrepreneur, and his crew as they solve new and increasingly extreme shredding challenges.

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

Extreme Boats' Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch the big fish in shallow water, right at your back door step.

05:30 pm **I Fish** (Rpt) G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm **Family Feud** CC

Grant Denyer hosts one of Australia's most loved game shows - Family Feud! Play along at home as two families try to win big prizes by guessing the most popular responses to a survey of the public.

06:30 pm **M*A*S*H** (Rpt) PG

The Price Of Tomato Juice

Radar gets the help of Hawkeye and BJ to get something Colonel Potter says he's fond of but hard to come by - tomato juice.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

Dear Ma

Radar writes home to his mother; Hawkeye conducts the camp inspection; Colonel Potter gets some shrapnel in his backside.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **World's Toughest Trucker** (Rpt) PG
Some Coarse Language

The truckers arrive in the country of Mongolia, where they find it difficult to deal with the remote and hostile environment and battle with old Russian trucks.



PERTH PROGRAM GUIDE

Wednesday 12th November 2014

08:30 pm COPS: Adults Only (Rpt)

M
Adult Themes

More tales on the beat with the show on the forefront of reality Cops goes on patrol with the law enforcement agents prote America's troubled streets and serving their law-abiding citizens.

09:00 pm COPS: Adults Only (Rpt)

M

A real life drama series that documents the personal and profess lives of the police officers enforcing the troubled streets of Americ

09:30 pm Movie: Enemies Closer (2013)

MOVIE PREMIERE

Deep within a forest on the US-Canadian border, two sworn ene must work together to escape a ruthless drug cartel hell-ber retrieving a drug shipment which went missing there.

Starring: Tom Everett, Jean-Claude Van Damme, Orlando Jones

11:30 pm The Home Team (Rpt)

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The H Team will help you navigate your next DIY project or renovation.

12:00 am M*A*S*H (Rpt)

PG

The Price Of Tomato Juice

Radar gets the help of Hawkeye and BJ to get something Co Potter says he's fond of but hard to come by - tomato juice.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

12:30 am M*A*S*H (Rpt)

PG

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Radar writes home to his mother; Hawkeye conducts the camp inspection; Colonel Potter gets some shrapnel in his backside.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

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PERTH PROGRAM GUIDE

Wednesday 12th November 2014

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PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and General Practitioner Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

03:25 am Basketball: NBL Championship 2014/15 (Rpt)

CC

REPLAY

Round 5: Sydney Kings V Adelaide 36ers

Join us for all the action of Round 5 of the 2014/15 National Basketball League as the Sydney Kings take on the Adelaide 36ers at their home court, Qantas Credit Union Arena, Sydney.

05:25 am Sporting Greats (Rpt)

PG

Sean Fitzpatrick

Sean Fitzpatrick is widely regarded as one of the finest rugby players ever to come out of New Zealand. In 1992 Fitzpatrick was awarded the captaincy of the All Blacks, a position he held until his retirement from Test Rugby in 1997.



one

PERTH PROGRAM GUIDE

Thursday 13th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am MotoGP 2014 (Rpt)

REPLAY

Race 18 Valencia

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from race 18 of the 2014 MotoGP from The Circuit de la Comunitat Valenciana, Valencia.

10:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

10:30 am My Surf TV (Rpt)

G

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro remote locations & big wave chargers.

11:00 am Black Gold (Rpt)

Drilling Lessons

Cheston walks a fine line between loyalty and self preservation as Brandon lets him down yet again. He must seek out the help of a driller - behind his best friend's back.

12:00 pm Rush (Rpt)

CC M
Some Violence,
Some Coarse
Language

It's a race against time as Kerry fights political red tape, while remaining members of TR do anything they can to get one of team back safely.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

12:55 pm Law & Order: SVU (Rpt)

CC

FINALE

Silence

The death of a young transvestite in a church leads to investigation into priests and child abuse.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, D Florek, Ice T, Stephanie March, B.D. Wong



PERTH PROGRAM GUIDE

Thursday 13th November 2014

01:50 pm **MasterChef Australia** (Rpt) CC G

02:55 pm **MasterChef Australia** (Rpt) CC G

04:00 pm **Get Smart** (Rpt) PG

04:30 pm **Shred!**

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

05:30 pm **I Fish** (Rpt) G

06:00 pm **Family Feud** CC

06:30 pm **M*A*S*H** (Rpt) PG

Friday - Week 4

Gary kicks off the MasterClass with mouth-watering BBQ chicker is later joined by special guest chef Jason Jones who teaches contestants how to serve up the perfect Mexican feast.

Sunday - Week 5

19 contestants arrive at the MasterChef Kitchen for a flavour match 'Mystery Box' challenge. With everyone eager to impress the judge one contestant pushes himself too far and burns his hand.

ONE Of Our Olives Is Missing

A country singer accidentally swallows a transmitter disguised as an olive. Max has to protect her from KAOS agents.

Starring: Don Adams, Barbara Feldon, Edward Platt

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-made entrepreneur, and his crew as they solve new and increasingly extreme shredding challenges.

Extreme Boats' Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch the big fish in shallow water, right at your back door step.

Paul Worsteling brings you great tips and products that will help you lure the big fish.

Grant Denyer hosts one of Australia's most loved game shows Family Feud! Play along at home as two families try to win big prizes by guessing the most popular responses to a survey of the public.

Der Tag

Potter decides Frank would be less of a pain if the others were friendlier to him and they oblige, with some startling results.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



one

PERTH PROGRAM GUIDE

Thursday 13th November 2014

07:00 pm **M*A*S*H** (Rpt)

PG

Hawkeye

Hawkeye is injured in a jeep accident and realising he has a concussion, he babbles to a Korean family to keep himself awake

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm **Dads**

ALL NEW EPISODES

Have A Heart...Attack

Eli ignores David's constant complaining, and one of them ends up in the hospital.

Starring: Seth Green, Giovanni Ribisi, Martin Mull, Peter Riegert, Vanessa Lachey, Brenda Song, Tonita Castro

Guest Starring: Christopher Darga

08:00 pm **Last Man Standing**

CC

ALL NEW EPISODES

Buffalo Bill Day

To celebrate Buffalo Bill Day Sale-anniversary, the Outdoor Man puts on a classic entertainment skit based on a Wild West Show, directed by Mike and starring Ed as Buffalo Bill and Eve as Annie Oakley.

Starring: Tim Allen, Nancy Travis, Molly Ephraim, Alexandra Kroszkowska, Kaitlyn Dever, Hector Elizondo

08:30 pm **To Be Advised**

09:00 pm **Rob** (Rpt)

PG

Romantic Weekend

Rob plans a romantic weekend at home for him and Maggie. But Rosa kicks Fernando and Hector out, they move in with Rob and begin enjoying the romantic activities he planned for Maggie.

Starring: Rob Schneider, Claudia Bassols, Cheech Marin, Diana Maria Riva, Lupe Ontiveros, Eugenio Derbez, Ricky Rico

09:30 pm **The Thursday Night Sport Show**

Join host Mel McLaughlin, funnyman Sam Mac and some of the biggest names in sport for The Thursday Night Sport Show – a new one-stop-shop for all things sport.

10:30 pm **Maxim TV**

NEW EPISODE

Get your weekly dose of women, cars, celebrities, fitness, music, fashion, games and so much more. MAXIM TV is the thing to happen to men since women.

The logo for the 'one' television network, featuring the word 'one' in a white, lowercase, sans-serif font inside a solid green square.

PERTH PROGRAM GUIDE

Thursday 13th November 2014

11:00 pm **Blokesworld**

ALL NEW EPISODES

The team check out San Diego, then head to the Metal Mu Compound to spend the day with Freestyle MX Legend Ji Fitzpatrick as he shows us what's in his shed, gun safe backyard.

11:30 pm **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Austr suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

12:00 am **Brand X With Russell Brand** (Rpt)

MA15+
Adult Themes

Russell Brand brings you the unvarnished and unfiltered point of on current events, worldwide politics and popular culture. Taking the news of the day like no one else has done before.

Starring: Russell Brand

01:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

01:30 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway



PERTH PROGRAM GUIDE

Friday 14th November 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including course reviews, interviews and tips from the pros and special c on golf equipment.

08:30 am NASCAR Sprint Cup Highlights

Race 35: Race For Heroes 500 @ Phoenix-Highlights

Catch all the non-stop motorsport action highlights from the Phoenix International Raceway. The thrills and spills of NASCAR racing continues with the 35th race of the 2014 Sprint Cup Series.

09:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive round of sports news and highlights from the past 24 hours. Covering a major sports, no matter where in the world the event is held.

10:00 am The Thursday Night Sport Show (Rpt)

Join host Mel McLaughlin, funnyman Sam Mac and some of the biggest names in sport for The Thursday Night Sport Show – a new one-stop-shop for all things sport.

11:00 am Undercover Boss (Rpt)

Ymca Canada

The National CEO of YMCA Canada works in disguise in his organisation and starts to understand the realities of his workers and discovers he's also on a very personal journey of discovery.

12:00 pm Rush (Rpt)

CC M
Some Violence,
Adult Themes

Senior Constable Michael Sandrelli remains in intensive care while TR are left to pick up the pieces; meanwhile, Shannon lets emotional guard down.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Antony Starr, Callan Mulvey

01:00 pm Food Hospital (Rpt)

PG

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions and examine the science behind using food as medicine.



one

PERTH PROGRAM GUIDE

Friday 14th November 2014

01:55 pm **MasterChef Australia** (Rpt) CC PG

03:00 pm **MasterChef Australia**

04:00 pm **Get Smart** (Rpt) PG

04:30 pm **Shred!**

05:00 pm **Extreme Boats' Big Angry Fish** (Rpt) G

05:30 pm **I Fish** (Rpt) G

06:00 pm **Family Feud** CC

06:30 pm **M*A*S*H** (Rpt) PG

07:00 pm **M*A*S*H** (Rpt) PG

Monday - Week 5

The contestants arrive in Tasmania for a market stall compet where they are divided into four teams. The teams must run their take away market stall and create their own unique dish.

When Good Fellows Get Together

Join bumbling secret spy Maxwell Smart and his long-suff partner, Agent 99, as they investigate and thwart the sinister dea of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

NEW EPISODE

Shred! follows SSI Shredding Systems founder Tom, a self-r entrepreneur, and his crew as they solve new and increas extreme shredding challenges.

Extreme Boats' Big Angry Fish is all about teaching you knowledge and techniques to head out on the water and catch tr fish in shallow water, right at your back door step.

Paul Worsteling brings you great tips and products that will help lure the big fish.

Grant Denyer hosts one of Australia's most loved game sh Family Feud! Play along at home as two families try to win big p by guessing the most popular responses to a survey of the public

Some 38th Parallels

Frank tries to distinguish himself by selling the camp garbage, bi Hawkeye who finds a use for it: he dumps it on a troublesome Co Coner.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

The Novocaine Mutiny

Frank has Hawkeye up on charges of mutiny for usurping his aut when Potter was away on leave.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



PERTH PROGRAM GUIDE

Friday 14th November 2014

07:30 pm **Megafactories: Laverstoke Mill**

ALL NEW EPISODES

Learn about the history of Laverstoke Mill, originally one of the last paper mills in England, and why Bombay Sapphire is moving its entire worldwide production of gin to a dilapidated water mill.

08:30 pm **COPS: Adults Only (Rpt)**

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:00 pm **COPS: Adults Only (Rpt)**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:30 pm **Basketball: NBL Championship 2014/15**

Round 6: Perth Wildcats V Townsville Crocodiles

Join us for all the action of Round 6 of the 2014/15 Nat Basketball League as the Perth Wildcats take on the Townsville Crocodiles at their home court Perth Arena.

11:30 pm **Homeland - Encore (Rpt)**

CC

SPECIAL ENCORE PRESENTATION

Redux

Starring: Claire Danes, Mandy Patinkin, Rupert Friend, Laila Robins

12:30 am **The Home Team (Rpt)**

CC

Join the experts as they renovate and restore a typical Australian suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

01:00 am **The League (Rpt)**

MA15+
Sexual References

Training Camp

Jerry Jones invites the gang to come to the Dallas Cowboys training camp.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie

01:30 am **Would You Rather? With Graham Norton (Rpt)**

M
Sexual References

Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include Stanley Tucci, Jordan Carlos, Scott Adsit and Faith Salie.

The logo for the 'one' channel, featuring the word 'one' in a white, lowercase, sans-serif font inside a solid green square.

PERTH PROGRAM GUIDE

Friday 14th November 2014

02:00 am Food Hospital (Rpt)

PG

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gynaecologist Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

03:30 am NASCAR Nationwide Series Highlights

Race 32: Dav 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 32 is hosted at the Phoenix International Raceway.

04:30 am NASCAR Sprint Cup Qualifying

Race 35: Race For Heroes 500 @ Phoenix-Qualifying

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action at the qualifying round from the Phoenix International Raceway.



PERTH PROGRAM GUIDE

Saturday 15th November 2014

06:00 am NASCAR Sprint Cup (Rpt)

10:30 am The List (Rpt)

11:00 am Omnisport (Rpt)

11:30 am Temporary Australians (Rpt)

12:00 pm The Offroad Adventure Show (Rpt) CC

12:30 pm Robson Green Extreme Fisherman (Rpt)

01:30 pm River To Reef (Rpt)

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) G

03:00 pm Food Hospital (Rpt) PG

04:00 pm Fishing Edge

REPLAY

Race 35: Race For Heroes 500 @ Phoenix

Tune in on ONE for race 35 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Phoenix International Raceway.

The List - Monumental Moments

It is capturing the moment that turns a driver to a legend. It is the moment that separates the monumental from the mundane. This is our list of NASCAR's ten most monumental moments.

Hot off the satellite, Omnisport brings you a comprehensive round-up of sports news and highlights from the past 24 hours. Covering a wide range of major sports, no matter where in the world the event is held.

We check out the fun at the National HOG Rally in Cairns. Jojo rediscovers Urals with sidecars and Hirsty spends a week at Bernie's.

Jase and Simon limp on with their crook trailer axle along the River Road and meet an 82 year-old who helped build the road. On the show, Jase has a big surprise for Simon.

Madagascar

Join Robson as he hunts for the powerful jobfish in Madagascar before teaming up with local fishermen to help spear an octopus.

Theo and Robby take us on a fishing, boating and lifestyle journey to some of the best fishing destinations we can all enjoy, with a bit of seafood cooking along the way.

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia.

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions and examine the science behind using food as medicine.

NEW EPISODE

Fishing Edge is a down to earth fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.



PERTH PROGRAM GUIDE

Saturday 15th November 2014

04:30 pm **Adventure Angler** (Rpt)

G

Tasmanian Trout

Join Micah Adams as he travels to exotic destinations and adventures he has getting there. Featuring high adventure sports intense fishing action.

05:00 pm **Places We Go** (Rpt)

CC G

Join Jennifer Adams as she explores some of the most stunning places on the planet and meet the incredible people who live there.

05:30 pm **Big Fish, Small Boats**

ALL NEW EPISODES

Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.

06:00 pm **Get Smart** (Rpt)

PG

Dr. Yes

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister deeds of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

06:30 pm **The Biggest Loser USA**

ALL NEW EPISODES

Get Moving

The contestants are encouraged to "Get Moving" and find themselves pushed to new limits when they are introduced to the new outrageous gyms that each trainer has custom designed.

08:30 pm **Law & Order: SVU** (Rpt)

CC M

Execution

Detective Stabler and Dr Huang question a convicted serial killer death row hours before his execution, with the hope of solving a murder case for the sake of the victim's parents.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, D Florek, Ice T, Stephanie March, B.D. Wong

09:30 pm **Blue Bloods** (Rpt)

CC M
Adult Themes

FINALE

Mother's Day

Unbeknownst to his family, Homeland Security informs Frank the city is on high alert for a terrorist attack in the next 24 hours. The weapon is a biological flu virus with no vaccine.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Jennifer Esposito, Len Cariou, Amy Carlson, Nicholas Turturro, Sami Gayle

Guest Starring: David Ramsey

10:30 pm **Touch** (Rpt)

CC M
Some Violence

Music Of The Spheres

Martin exposes a dishonest parole officer who is forcing his parolee to commit crimes. Jake bonds with another boy who is unable to speak and a Brazilian street musician uses his guitar to find love.

Starring: Kiefer Sutherland, Gugu Mbatha-Raw, David Mazouz

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PERTH PROGRAM GUIDE

Saturday 15th November 2014

11:30 pm **The Home Team** (Rpt)

CC

Join the experts as they renovate and restore a typical Australian suburban home. With DIY tips, design and landscaping, The Home Team will help you navigate your next DIY project or renovation.

12:00 am **Blokesworld** (Rpt)

The team check out San Diego, then head to the Metal Music Compound to spend the day with Freestyle MX Legend Jim Fitzpatrick as he shows us what's in his shed, gun safe backyard.

12:30 am **48 Hours** (Rpt)

PG
Adult Themes

Loved To Death

Lauren Astley was a popular teen; her ex-boyfriend, Nathaniel F, a football star. They had an intense breakup and she is found dead. Was it a case of breakup violence?

01:30 am **Temporary Australians** (Rpt)

We check out the fun at the National HOG Rally in Cairns. Jo rediscovers Urals with sidecars and Hirsty spends a week in Bernie's.

02:00 am **Food Hospital** (Rpt)

PG
Medical Procedures

Food Hospital GP Gio Miletto, Dietitian Lucy Jones and Gastroenterologist Consultant Shaw Somers meet patients with varying conditions to examine the science behind using food as medicine.

03:00 am **My Surf TV** (Rpt)

G

Presented by Professional Surfer, Ellie-Jean Coffey, Surfing's leading website comes to television with inside stories, exclusive pro remote locations & big wave chargers.

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04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 32: Dav 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 32 is hosted at the Phoenix International Raceway.

05:00 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 35: Race For Heroes 500 @ Phoenix-Highlights

Catch all the non-stop motorsport action highlights from the Phoenix International Raceway. The thrills and spills of NASCAR racing continues with the 35th race of the 2014 Sprint Cup Series.

The logo for 'one' is displayed in white lowercase letters on a green square background.

TASMANIA PROGRAM GUIDE

Sunday 09th November 2014

06:00 am NASCAR Sprint Cup Highlights

Race 34: A.A.A Texas 500 @ Texas-Highlights

Catch all the non-stop motorsport action highlights from the T Motor Speedway. The thrills and spills of NASCAR racing conti with the 34th race of the 2014 Sprint Cup Series.

