

Sunday 03rd August 2014

06:00 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Canadian Gymnastics team, Shotput and Triathlon. Also, learn how the medals were designed and created.

06:30 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring England's Lawn Bowls team, the Canadian Diving team, Weightlifting and Cycling.

07:00 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring Para-Sports, Gymnastics and Scotland's Badminton team. Plus, follow the journey of the Queen's Baton Relay.

07:30 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Indian Hockey teams, Boxing, Wrestling and Table Tennis.

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 10

Catch all the highlights and replays of Day 10 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 10

Catch all the highlights and replays of Day 10 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 10

Catch all the highlights and replays of Day 10 from the XX Commonwealth Games in Glasgow, Scotland.

05:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Late Afternoon - Day 11

Cycling: Men and Women's Road Race, Men's Hockey Bronze Medal Match, Badminton Finals & Squash Medal Matches.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 11

Cycling: Men and Women's Road Race, Men's Hockey Bronze Medal Match, Badminton Finals & Squash Medal Matches.



MELBOURNE PROGRAM GUIDE

Sunday 03rd August 2014

06:30 pm Glasgow Live - 2014 Commonwealth Games

CC

LIVE

Glasgow Early Evening - Day 11

Cycling: Men and Women's Road Race, Men's Hockey Bronze Medal Match, Badminton Finals & Squash Medal Matches.

07:30 pm Glasgow Live - 2014 Commonwealth Games

CC

LIVE

Glasgow Early Evening - Day 11

Cycling: Men and Women's Road Race, Men's Hockey Bronze Medal Match, Badminton Finals & Squash Medal Matches.

08:30 pm Glasgow Live - 2014 Commonwealth Games

CC

LIVE

Glasgow Evening - Day 11

Cycling: Men and Women's Road Race, Men's Hockey Bronze Medal Match, Badminton Finals & Squash Medal Matches.

09:30 pm Glasgow Live - 2014 Commonwealth Games

CC

LIVE

Men's Hockey Final

Men's Hockey Gold Medal Match.

11:00 pm 48 Hours (Rpt)

M
Adult Themes

Ryan Ferguson: Life After TEN

Ryan Ferguson is in a Missouri prison serving a 40-year sentence for a murder he says he didn't commit. His accuser now says the testimony that put Ferguson in jail was a lie. But why is Ferguson still behind bars?

12:00 am Sleeper Cell (Rpt)

MA15+
Some Violence,
Very Coarse
Language

Intramural

The cell works out a deal with white supremacists so they can acquire a large amount of explosives. The LAPD then sets up a surveillance on Darwyn after Gayle contacts them.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nestic, Henri Lubatti

01:10 am Flip Men (Rpt)

PG
Some Coarse
Language,
Adult Themes

Bloody Crime Scene

When shoddy workmanship causes a fire, Mike and Doug's latest purchase and the entire investment may go up in flames.

01:40 am Hook, Line & Sisters (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

02:10 am American Digger (Rpt)

PG
Mild Coarse
Language

New World Treasure

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the team's dreams.

02:40 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



MELBOURNE PROGRAM GUIDE

Sunday 03rd August 2014

02:50 am Sporting Greats (Rpt)

G

Usain Bolt

Usain Bolt is widely regarded as the fastest person ever. He is the first man to hold both the 100 metres and 200 metres world records since fully automatic time measurements became mandatory in 1977.

03:25 am Sporting Greats (Rpt)

G

Gary Player

Gary Player is widely regarded as one of the greatest players in the history of golf. He accumulated an impressive nine major championships on the regular tour and six Champions Tour major championship victories all by the age of 29.

04:00 am Rugby Classic Match (Rpt)

Autumn International 2008: England V Australia

Relive the classic match between England and Australia in the 2008 Autumn International at Twickenham in London.



MELBOURNE PROGRAM GUIDE

Monday 04th August 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 11

Catch all the highlights and replays of Day 11 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 11

Catch all the highlights and replays of Day 11 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 11

Catch all the highlights and replays of Day 11 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm To Be Advised

06:30 pm M*A*S*H (Rpt) PG

Night At Rosies. A

Another typical day in the life of Rosie's bar, complete with AWOL problem drinkers, a bound and gagged Winchester and a gambling scheme.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm M*A*S*H (Rpt) PG

Good-Bye Radar (1)

On leave in Tokyo, Radar is desperately needed back at the crisis-stricken 4077th, but his return is delayed by outside events.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm Garage Gold G

ALL NEW EPISODES

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.

08:00 pm Undercover Boss PG

Boston Market

The Chief Brand Officer of Boston Market goes undercover and struggles with taking orders, managing the busy drive-thru window and is slow when tasked with carving whole roasted chickens.



MELBOURNE PROGRAM GUIDE

Monday 04th August 2014

09:00 pm **An Idiot Abroad** (Rpt)

CC M
Some Coarse
Language,
Nudity

Brazil

Karl Pilkington is sent off to experience Brazil. Christ the Redeemer stands above Rio De Janeiro as one of the wonders of the world. Perhaps Rio's white sandy beaches will stop Karl whinging.

10:00 pm **An Idiot Abroad** (Rpt)

CC M
Some Coarse
Language

Peru

See Karl Pilkington trekking in the Amazon as he visits the seventh wonder of the world. The Englishman follows in the footsteps of those who have experienced Machu Picchu in Peru.

11:00 pm **Hell's Kitchen** (Rpt)

M
Frequent Coarse
Language

As Lovely celebrates escaping elimination again, tension grows between certain chefs. Ramsay decides to test the chefs on teamwork by pairing up chefs that don't like each other.

12:00 am **Hell's Kitchen** (Rpt)

M
Frequent Coarse
Language

For their challenge, both teams are asked to create two appetisers and one entree for a welcome home party for Otis James, a US Marine.

01:00 am **NASCAR Sprint Cup**

DELAYED

Race 21: Gobowling.Com 400 @ Pocono

Tune in on ONE for Race 21 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Pocono Raceway.

05:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



MELBOURNE PROGRAM GUIDE

Tuesday 05th August 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Sporting Greats (Rpt)

G

Jack Nicklaus

Jack Nicklaus is widely regarded as the most accomplished professional golfer of all time, winning a total of 18 career major championships, producing 19 second place and 9 third place finishes over a span of 25 years.

08:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:00 am Python Hunters (Rpt)

PG
Mild Coarse
Language

The Perfect Storm

The Python Hunters get up close to the snake population to investigate Florida's Burmese python invasion.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

10:00 am Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

10:30 am Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

11:00 am Sport Science (Rpt)

PG
Sexual References,
Adult Themes

Best Of Pt 2

Another compilation of some of our most outrageous and amazing experiments. How did a major league pitch manage to hit a bird in flight – and can it happen again?



MELBOURNE PROGRAM GUIDE

Tuesday 05th August 2014

12:00 pm **A Gifted Man** (Rpt)

CC PG
Some Violence,
Adult Themes

In Case Of Exposure

When Michael finds out a patient with a malignant brain tumour committed a horrible crime, he struggles with whether to save the man's life.

Starring: Patrick Wilson, Jennifer Ehle, Julie Benz

01:00 pm **Rush** (Rpt)

CC M
WS Some Violence,
A Sex Scene,
Drug Use

As TR works to bust a notorious gang, Kerry's efforts to save a meth cook and reformed drug addict become personal when she discovers that her son, James, is battling his own addiction.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Callan Mulvey

02:00 pm **The Biggest Loser Australia** (Rpt)

CC PG
Some Coarse
Language

It's a 5 star dinner out for the winners – and an extra special surprise arrival makes the food that much tastier! The competition between the Old Dogs and the Young Pups is on...

03:00 pm **The Biggest Loser Australia** (Rpt)

CC PG
Some Coarse
Language

A special edition of 'Biggest Loser Singles' which will look back on some of the main stories of the week including extra scenes and background stories.

03:30 pm **M*A*S*H** (Rpt)

PG

The Light That Failed

The 4077th needs light bulbs and in the dimly lit post-op Charles makes an error for which he draws the ultimate wrath of his two surgeon bunkmates.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:00 pm **Get Smart** (Rpt)

PG

House Of Max (2)

Max poses as a wax sculpture of Hitler to spy on a KAOS scientist who brings waxworks to life.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm **Temporary Australians** (Rpt)

PG

Adelaide Toy Run

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

05:00 pm **I Fish** (Rpt)

WS G

Paul Worsteling brings you great tips and products that will help you lure the big fish.



MELBOURNE PROGRAM GUIDE

Tuesday 05th August 2014

06:00 pm To Be Advised

06:30 pm M*A*S*H (Rpt)

PG

Good-Bye Radar (2)

As Radar reluctantly prepares to depart the 4077th, the unit is still without electricity due to a broken generator and the operating room continues to fill up with war wounded as night falls.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm M*A*S*H (Rpt)

PG

Period Of Adjustment

Klinger and BJ both have Radar related woes, causing them to go on a drinking binge. A drunken BJ becomes violent with Hawkeye.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm David Attenborough's The Life Of Mammals (Rpt)

CC G

Meat Eaters

From arctic foxes and leopards to the Siberian tiger, Attenborough learns of the dangers they pose to other animals and the threat they face from man.

08:30 pm David Attenborough's The Life Of Mammals (Rpt)

CC G

The Opportunists

When mammals first appeared, insects were abundant on earth, and mammals made meals of them. In this episode, Sir David Attenborough gives us an insight into the eating habits of these marvellous mammals.

09:30 pm 48 Hours

NEW EPISODE

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

10:30 pm Movie: The Crew (Rpt) (2008)

AV15+
Strong Violence,
Sex Scenes,
Frequent Coarse
Language,
Drug Use

MOVIE

As a major heist approaches and with betrayal all around him, a respected crime boss has to summon all his street nous and killer instinct as he fights for survival.

Starring: Scot Williams, Kenny Doughty, Stephen Graham, Tim Dantay, Rory McCann

01:05 am Bellator MMA (Rpt)

M
Realistic Violence,
Some Coarse
Language

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.



MELBOURNE PROGRAM GUIDE

Tuesday 05th August 2014

02:45 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

**03:00 am 2014 Tudor United Sportscar
Championship (Rpt)**

REPLAY

Brickyard Grand Prix

Join us on ONE for the 2014 Tudor United Sportscar Championship Brickyard Grand Prix. We bring you all the action from the Indianapolis Motor Speedway.



MELBOURNE PROGRAM GUIDE

Wednesday 06th August 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Sporting Greats (Rpt)

PG

Sugar Ray Robinson

Sugar Ray Robinson is cited as the greatest boxer of all time. His performances in the welterweight and middleweight divisions prompted sportswriters to create "pound for pound" rankings, where they compared fighters regardless of weight.

08:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:00 am Python Hunters (Rpt)

PG

The Big Freeze

See how expert snake wranglers are protecting the Florida Everglades from its Burmese python explosion.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

10:00 am Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

10:30 am Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

11:00 am David Attenborough's The Life Of Mammals (Rpt)

CC G

Meat Eaters

From arctic foxes and leopards to the Siberian tiger, Attenborough learns of the dangers they pose to other animals and the threat they face from man.

12:00 pm A Gifted Man (Rpt)

CC PG
Adult Themes

In Case Of Missed Communication

Rita's surprise Thanksgiving reunion with her son is interrupted when he has a motorcycle accident and it's up to Michael to save him. Meanwhile, Dr. Sykora resuscitates a patient with a DNR bracelet.

Starring: Patrick Wilson, Jennifer Ehle, Julie Benz



MELBOURNE PROGRAM GUIDE

Wednesday 06th August 2014

01:00 pm	Rush (Rpt)	CC M WS	On her first day as a Sergeant, Shannon's bubble is quickly burst when TR 2 is stolen by a juvenile delinquent with more than a few tricks up his sleeve. Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Callan Mulvey
02:00 pm	The Biggest Loser Australia (Rpt)	CC PG	It's the day we all dread – the weekly Weigh In and the dreaded Last Chance Training. The muscles ache just thinking about it but every calorie counts at this stage in the competition.
03:00 pm	The Biggest Loser Australia (Rpt)	CC PG Mild Coarse Language	It's the end of road for one of the contestants as they face Elimination. Emotions run high as the remaining contestants get confronted by life sized images of their former selves.
04:00 pm	Get Smart (Rpt)	PG	<u>Rebecca Of Funny-Folk Farm</u> Max drops a courier package from a plane and it lands on the roof of a mansion. In an effort to retrieve the package, Max and 99 have to infiltrate the house and deal with the kooky inhabitants. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Temporary Australians (Rpt)	PG	<u>Melbourne Expo</u> Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.
05:00 pm	I Fish (Rpt)	WS G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	To Be Advised		
06:30 pm	M*A*S*H (Rpt)	PG	<u>Nurse Doctor</u> A beautiful and ambitious young nurse, Harris, who plans to become a doctor when she leaves the Army, finds herself in a misunderstanding with Father Mulcahy. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm	M*A*S*H (Rpt)	PG	<u>Private Finance</u> A South Korean woman misinterprets Klinger's motives when he tries to aid her daughter financially. Meanwhile, Hawkeye wrestles with his conscience over a promise made to a dying soldier. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



MELBOURNE PROGRAM GUIDE

Wednesday 06th August 2014

07:30 pm **White Collar**

PG
Some Violence

ALL NEW EPISODES

Ice Breaker

Neal and Peter go undercover as the support crew of a rising Russian figure skater in order to get closer to a Russian mobster and a passport forgery ring.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen, Marsha Thomason, Sharif Atkins, Willie Garson, Natalie Morales II

08:30 pm **Crisis**

M
Some Violence

SERIES PREMIERE

Pilot

On a field trip, the students of Ballard High school are kidnapped. Now, their most powerful parents must take decisions of their own for safe return of their children.

Starring: Gillian Anderson, Halston Sage, Dermot Mulroney, Max Martini, Michael Beach, James Lafferty, Rachael Taylor

09:30 pm **Burn Notice (Rpt)**

CC M
WS Some Violence

Out Of The Fire

Michael's enemy Brennen and Michael's former friend Larry team up to pressure Michael into killing some government agents.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless, Coby Bell

Guest Starring: Tim Matheson, Jay Karnes

10:30 pm **The Killing**

M
Some Violence,
Adult Themes

ALL NEW EPISODES

From Up Here

While Sarah tries to find calm from the after effects of the hanging, the detectives are assigned another unsettling case. Lyric finds herself lured back to her old way of life.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Amy Seimetz

11:30 pm **Trollied (Rpt)**

M
Very Coarse
Language

Kieran gets jealous when Katie starts flirting with a shop fitter and Julie tries to help Gavin move on from his wife's death.

Starring: Mark Addy, Jane Horrocks, Jason Watkins, Nick Blood, Lorraine Cheshire, Joel Fry, Faye McKeever, Carl Rice, Beverly Rudd, Rita May

12:00 am **Flip Men (Rpt)**

PG
Mild Coarse
Language

The Bet

After an argument, Mike and Doug each attempt to flip a house on their own. But Mike quickly finds himself in over his head with hundreds of thousands of dollars and his ego on the line.

12:30 am **Garage Gold (Rpt)**

G

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.



MELBOURNE PROGRAM GUIDE

Wednesday 06th August 2014

01:00 am	Hook, Line & Sisters (Rpt)	PG Some Coarse Language	Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.
01:30 am	American Digger (Rpt)	PG Some Coarse Language	<u>The Bowels Of Brooklyn</u> American Savage hunts for 19th century privy sites and items lost or tossed into them that are now worth big bucks.
02:00 am	Python Hunters (Rpt)	PG Mild Coarse Language	<u>The Perfect Storm</u> The Python Hunters get up close to the snake population to investigate Florida's Burmese python invasion. Starring: Shawn Heflick, Greg Graziani, Michael Cole
03:00 am	Temporary Australians (Rpt)	PG	<u>Adelaide Toy Run</u> Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.
03:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:00 am	NASCAR Nationwide Series Highlights (Rpt)		<u>Race 19: Lilly Diabetes 250 @ Indianapolis</u> Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 19 is hosted at the Indianapolis Motor Speedway.
05:00 am	NASCAR Sprint Cup Highlights (Rpt)		<u>Race 20: The John Wayne Walding 400 @ Indianapolis-Highlights</u> Catch all the non-stop motorsport action highlights from the Indianapolis Motor Speedway. The thrills and spills of NASCAR racing continues with the 20th race of the 2014 Sprint Cup Series.



MELBOURNE PROGRAM GUIDE

Thursday 07th August 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am **Men's Health Survival Of The Fittest** G
(Rpt)

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

08:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:00 am **Python Hunters** (Rpt) PG
Mild Coarse
Language

Everglades Under Siege

See how the American alligator, the apex predator of the Everglades, will prey on pythons of any age or size. By studying their environment, the team hopes to better understand the impact.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

10:00 am **Whose Line Is It Anyway?** (Rpt) PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

10:30 am **Whose Line Is It Anyway?** (Rpt) PG
Sexual References,
Mild Coarse
Language

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

11:00 am **David Attenborough's The Life Of Mammals** (Rpt) CC G

The Opportunists

When mammals first appeared, insects were abundant on earth, and mammals made meals of them. In this episode, Sir David Attenborough gives us an insight into the eating habits of these marvellous mammals.



MELBOURNE PROGRAM GUIDE

Thursday 07th August 2014

12:00 pm **A Gifted Man** (Rpt)

CC M
Adult Themes

In Case Of Abnormal Rhythm

Michael and Kate are forced to work together to try and save a patient with a deadly virus. Meanwhile, Michael treats a nervous bride-to-be who is experiencing headaches.

Starring: Patrick Wilson, Jennifer Ehle, Julie Benz

01:00 pm **Rush** (Rpt)

WS

TR 2 find themselves in a bizarre hostage situation when they must negotiate the return of a man's most prized possession from his enraged partner.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Callan Mulvey

02:00 pm **The Biggest Loser Australia** (Rpt)

CC PG

Someone gets a trip home – and it's a welcome for a King or Queen. Back at Camp, there's a falling out and someone threatens to leave! Can one of the contestants be convinced to stay?

03:00 pm **The Biggest Loser Australia** (Rpt)

CC PG

With every breakdown, there's a break through. Michelle goes a few rounds in the boxing ring with one of the contestants and is amazed at how strong they have become...both physically and emotionally.

04:00 pm **Get Smart** (Rpt)

PG

The Mess Of Adrian Listenger

While attending the funeral of the latest Control Agent who was mysteriously killed, Max, 99 and The Chief are shocked to find a carved Headstone with Max's name on it.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm **Temporary Australians** (Rpt)

PG

Dambuster

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

05:00 pm **I Fish** (Rpt)

WS G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm **To Be Advised**

06:30 pm **M*A*S*H** (Rpt)

PG

Mr. And Mrs. Who?

Charles returns to the 4077th after a trip to Tokyo with an uncharacteristic hangover and the uneasy feeling of a romantic entanglement.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



MELBOURNE PROGRAM GUIDE

Thursday 07th August 2014

07:00 pm M*A*S*H (Rpt)

PG

The Yalu Brick Road

Hawkeye and BJ lose their way while rushing urgently needed antibiotics to the 4077th, which is wracked with low-mileage.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:30 pm Enlisted

PG

ALL NEW EPISODES

Paint CART 5000 Vs. The Mondo Spider

Pete tries to get the troops excited about painting duty by suggesting they use his tricked-out golf cart, "Paint Cart 5000".

Starring: Geoff Stults, Chris Lowell, Parker Young, Angelique Cabral

08:00 pm Dads

PG

Sexual References

ALL NEW EPISODES

Dad Abuse

Eli and Warner mistakenly trigger an investigation of elder abuse, causing their dads to be placed in a foster care home.

Starring: Seth Green, Giovanni Ribisi, Martin Mull, Peter Riegert, Vanessa Lachey, Brenda Song, Tonita Castro

Guest Starring: Dave Foley

08:30 pm **Movie: True Justice: Brotherhood**
(Rpt)

M

Some Violence,
Adult Themes

MOVIE

Brotherhood

Steven Seagal stars as Kane, who with his team, take down any criminal activity that shows up on their radar and are not afraid to get their hands dirty using their no holds barred tactics.

Starring: Steven Seagal, Sarah Lind, William Stewart, Meghan Ory, Warren Christie

10:30 pm Die On Your Feet

SERIES PREMIERE

All new Australian comedy drama series - the story of five stand-up comedians who never stop performing, on or off stage. Starring Adam Hills.

11:05 pm **Brand X With Russell Brand** (Rpt)

MA15+

Sexual References,
Strong Adult
Themes

Russell Brand brings you the unvarnished and unfiltered point of view on current events, worldwide politics and popular culture. Taking on the news of the day like no one else has done before.

Starring: Russell Brand

11:35 pm **Brand X With Russell Brand** (Rpt)

MA15+

Sexual References

Russell Brand brings you the unvarnished and unfiltered point of view on current events, worldwide politics and popular culture. Taking on the news of the day like no one else has done before.

Starring: Russell Brand



MELBOURNE PROGRAM GUIDE

Thursday 07th August 2014

12:05 am Sport Science (Rpt)

PG
Sexual References,
Adult Themes

Best Of Pt 2

Another compilation of some of our most outrageous and amazing experiments. How did a major league pitch manage to hit a bird in flight – and can it happen again?

01:05 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:30 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 21: Gobowling.Com 400 @ Pocono

Tune in on ONE for Race 21 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Pocono Raceway.



MELBOURNE PROGRAM GUIDE

Friday 08th August 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am NASCAR Nationwide Series Highlights

Race 20: U.S Cellular 250 @ Iowa

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 20 is hosted at the Iowa Speedway.

09:00 am NASCAR Sprint Cup Highlights

Race 21: Gobowling.Com 400 @ Pocono-Highlights

Catch all the non-stop motorsport action highlights from the Pocono Raceway. The thrills and spills of NASCAR racing continues with the 21st race of the 2014 Sprint Cup Series.

10:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:30 am Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

11:00 am Undercover Boss (Rpt)

PG

Boston Market

The Chief Brand Officer of Boston Market goes undercover and struggles with taking orders, managing the busy drive-thru window and is slow when tasked with carving whole roasted chickens.

12:00 pm A Gifted Man (Rpt)

PG
Medical Procedures

In Case Of A Bolt From The Blue

While tending to patients at the clinic during a blizzard, Michael shows signs of a severe condition that requires immediate surgery.

Starring: Patrick Wilson, Jennifer Ehle, Julie Benz

01:00 pm Rush (Rpt)

WS

A cyber hacker manages to take down communications, businesses and banks across the city, bringing Josh and Tash together as they race against time to save the life of a badly injured woman.

Starring: Rodger Corser, Catherine McClements, Jolene Anderson, Callan Mulvey



MELBOURNE PROGRAM GUIDE

Friday 08th August 2014

02:00 pm **The Biggest Loser Australia** (Rpt) CC G

A chance to catch up with the most recently eliminated contestant to find out how their journey is continuing on the outside. Ex-contestant Sammy Fisher is on hand to give them a mini-makeover.

02:30 pm **The Biggest Loser Australia** (Rpt) CC PG
Some Coarse Language

The challenge to be The Biggest Loser's Ultimate Athlete comes down to two close friends... but will it come between their friendship? Meanwhile one of our favourite couples falls below the yellow line.

03:30 pm **Garage Gold** (Rpt) G

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.

04:00 pm **Get Smart** (Rpt) PG

Witness For The Execution

Max is assigned to protect Kaos Agent Dietrich. Dietrich has turned informant and will give testimony on the inner workings of Kaos that would put an end to Kaos.

Starring: Don Adams, Barbara Feldon, Edward Platt

Guest Starring: William Schallert

04:30 pm **Temporary Australians** (Rpt) PG
Mild Coarse Language,
Adult Themes

Wall To Wall Ride

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

05:00 pm **I Fish** (Rpt) WS G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm **To Be Advised**

06:30 pm **M*A*S*H** (Rpt) PG

Life Time

Hawkeye and BJ race against the clock to save a soldier from paralysis. Meanwhile, BJ harvesting an aorta from a dead soldier doesn't sit well with the soldier's friend.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **M*A*S*H** (Rpt) PG

Dear Uncle Abdul

Klinger discovers that his duties as company clerk include catering to the eccentric whims of the 4077th officers. Which leaves him little time to do much else.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



MELBOURNE PROGRAM GUIDE

Friday 08th August 2014

07:30 pm	Megafactories	G	ALL NEW EPISODES <u>Swiss Army Knife</u> Used by everyone from boy scouts to presidents, the Swiss Army Knife may be the most ingenious multipurpose tool ever invented – with an equally ingenious process for its production.
08:30 pm	COPS: Adults Only (Rpt)	M	<u>Mardi Gras - Special Edition Part 1 Of 2</u> More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.
09:00 pm	COPS: Adults Only (Rpt)	M	<u>Mardi Gras - Special Edition Part 2 Of 2</u> More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.
09:30 pm	Movie: Finish Line (2008)	AV15+ Some Violence, Sexual References	MOVIE PREMIERE A race-car driver gets entangled with a wealthy importer who smuggles illegal arms. Starring: Sam Page, Scott Baio, Taylor Cole, Dan Lauria, John Enos III, Ian Reed Kesler
11:30 pm	The League (Rpt)	MA15+ Sexual References	<u>The White Knuckler</u> Andre brings in a new partner to expand his practice, Ruxin uses a sick kid in the hopes of meeting NFL star Josh Cribbs, and Pete deals with the complications of dating Kevin's ex-girlfriend. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Jon Lajoie, Steve Rannazzisi
12:00 am	The League (Rpt)	MA15+ Sexual References	<u>The Kluneberg</u> Jenny and the guys reconnect with their old friend Russell. Everyone tries to get Rafi out of the League and Andre buys an expensive painting. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Jon Lajoie, Steve Rannazzisi
12:30 am	Bellator MMA (Rpt)	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.



MELBOURNE PROGRAM GUIDE

Friday 08th August 2014

03:45 am	COPS: Adults Only (Rpt)	M	<u>Mardi Gras - Special Edition Part 1 Of 2</u> More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.
04:15 am	COPS: Adults Only (Rpt)	M	<u>Mardi Gras - Special Edition Part 2 Of 2</u> More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.
04:45 am	Python Hunters (Rpt)	PG	<u>The Big Freeze</u> See how expert snake wranglers are protecting the Florida Everglades from its Burmese python explosion. Starring: Shawn Heflick, Greg Graziani, Michael Cole
05:45 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



MELBOURNE PROGRAM GUIDE

Saturday 09th August 2014

06:00 am **The List** (Rpt)

The List - Frantic Finishes

In NASCAR the only road to victory lane runs through the finish line. The drivers of NASCAR have given us many a thrilling finish. Here is our list of the top 10 finishes of all time.

06:30 am **NASCAR Sprint Cup Qualifying**

Race 21: Gobowling.Com 400 @ Pocono-Qualifying

Who will claim pole position in the qualifying ahead of race 21 from the Pocono Raceway?

08:00 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 21: Gobowling.Com 400 @ Pocono

Tune in on ONE for Race 21 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Pocono Raceway.

12:30 pm **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:00 pm **Sport Science** (Rpt)

PG
Sexual References,
Adult Themes

Best Of Pt 2

Another compilation of some of our most outrageous and amazing experiments. How did a major league pitch manage to hit a bird in flight – and can it happen again?

02:00 pm **Pat Callinan's 4x4 Adventures** (Rpt) WS G

Beginners Guide To 4x4 Adventures: Corner Country

Join Pat Callinan on the ideal trek for the beginner embarking on their first remote 4WD adventure. Visit the junction of Queensland, South Australia and New South Wales: the iconic Corner Country.

03:00 pm **The Shark Tracker** CC

The Shark Tracker

04:00 pm **Fishing Edge**

Fishing Edge is a down to earth fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.

04:30 pm **Reel Action**

Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.

05:00 pm **Escape With ET** (Rpt) CC G

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

06:00 pm **Get Smart** (Rpt) PG

How Green Was My Valet

Max and 99 pose as a valet and a maid at the Bulmanian Embassy in order to recover a stolen sample of rocket fuel.

Starring: Don Adams, Barbara Feldon, Edward Platt

Guest Starring: Jonathan Harris



MELBOURNE PROGRAM GUIDE

Saturday 09th August 2014

06:30 pm **Monster Jam** (Rpt)

G

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.

07:30 pm **Scrappers**

PG
Mild Coarse
Language

ALL NEW EPISODES

Don Scrapperleoni

Strapped for wedding cash, Darren asks for Frankie's blessing to scrap a car, but the job turns into a demolition derby.

08:00 pm **Scrappers**

PG
Mild Coarse
Language

SEASON FINALE

Darren Gets Married

Frankie needs cash to finally get a scrapyard - but when Posa tries to collect a debt from Sal, it escalates into all-out war.

08:30 pm **Law & Order: SVU** (Rpt)

CC M

Parasites

When the remains of a young woman are found buried in an apartment courtyard, the detectives discover that the dead woman was brought to the United States for an arranged marriage.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T , Dann Florek, Stephanie March

Guest Starring: Mili Avital

09:30 pm **Law & Order: SVU** (Rpt)

CC M

Pique

When the head of personnel at a software company is found raped and stabbed to death, Detectives Benson and Stabler suspect that a fired employee may have sought a violent revenge.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T , Dann Florek, Stephanie March

10:30 pm **The Killing** (Rpt)

M
Some Violence,
Adult Themes

From Up Here

While Sarah tries to find calm from the after effects of the hanging, the detectives are assigned another unsettling case. Lyric finds herself lured back to her old way of life.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Amy Seimetz

11:30 pm **48 Hours** (Rpt)

M
Adult Themes

The Sweetheart Murders

When two teenagers are murdered it begins a 32-year search for justice and eight years of reporting by "48 Hours". Now, Troy Roberts has the latest in the investigation.

12:30 am **Bellator MMA** (Rpt)

M
Realistic Violence

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.



MELBOURNE PROGRAM GUIDE

Saturday 09th August 2014

02:05 am **Flip Men** (Rpt)

PG
Mild Coarse
Language

The Bet

After an argument, Mike and Doug each attempt to flip a house on their own. But Mike quickly finds himself in over his head with hundreds of thousands of dollars and his ego on the line.

02:35 am **American Digger** (Rpt)

PG
Some Coarse
Language

The Bowels Of Brooklyn

American Savage hunts for 19th century privy sites and items lost or tossed into them that are now worth big bucks.

03:05 am **Hook, Line & Sisters** (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

03:35 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 20: U.S Cellular 250 @ Iowa

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 20 is hosted at the Iowa Speedway.

05:00 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 21: Gobowling.Com 400 @ Pocono-Highlights

Catch all the non-stop motorsport action highlights from the Pocono Raceway. The thrills and spills of NASCAR racing continues with the 21st race of the 2014 Sprint Cup Series.