

Sunday 16th March 2014

06:00 am **Alby Mangels Adventure Bound**
(Rpt)

PG
Adult Themes

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

07:00 am **Rugby Classic Matches** (Rpt)

Autumn International 2008: England V Australia

Relive the classic match between England and Australia in the 2008 Autumn International at Twickenham in London.

09:00 am **Sport Science** (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

10:00 am **Mark Webber Tribute**

Mark Webber Tribute

Mark Webber is one of Australia's most popular and famous Formula One drivers. With 9 wins and 42 podium finishes he is also one of only three Australians in history to win a grand prix.

11:00 am **THE 2014 FIA FORMULA ONE
WORLD CHAMPIONSHIP™
SEASON PREVIEW**

CC

LIVE NATIONWIDE

2014 Formula 1 Rolex Australian Grand Prix Season Preview

The countdown to this year's first F1 race is on. Join TEN's expert team, Alan Jones, Greg Rust, Daryl Beattie and Mark Webber LIVE from Melbourne for an exclusive preview of the 2014 season.

12:00 pm **THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™ RACE
DAY**

CC

LIVE NATIONWIDE

The 2014 Formula ONE Rolex Australian Grand Prix Race Day

The big names of Formula 1 go head-to-head in Melbourne chasing the top step of the podium. Alonso, Raikkonen, Button, Hamilton, Ricciardo will chase defending world champ Sebastian Vettel.

04:00 pm **THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™**

CC

LIVE NATIONWIDE

The 2014 Formula ONE Rolex Australian Grand Prix Preview

Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you the latest F1 news, interviews and previews in the final countdown before the lights go green and we go racing at the 2014 F1 Australian Grand Prix.

05:00 pm **THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™**

CC

LIVE NATIONWIDE

The 2014 Formula 1 Rolex Australian Grand Prix

Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.

07:00 pm **THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™**

LIVE NATIONWIDE

The 2014 Formula 1 Rolex Australian Grand Prix Extended Coverage

Our expert commentators wrap up the day's racing action, with the latest news and interviews from the paddock and track.

Sunday 16th March 2014

07:30 pm Hardliners (Rpt)

PG
Some Coarse
Language

Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

08:00 pm Extreme Fishing With Robson Green (Rpt)

PG
Some Coarse
Language

Robson Green's passion for fishing means he's already fished the entire map. But this time he's going further, as he takes it off the map and casts his line at the Ends of the Earth.

09:00 pm COPS

09:30 pm Movie: The Usual Suspects (0)

AV15+
Some Violence,
Some Coarse
Language

MOVIE

A boat has been destroyed, criminals are dead, and the key to this mystery lies with the only survivor and his twisted, convoluted story.

Starring: Stephen Baldwin, Gabriel Byrne, Benicio Del Toro, Kevin Pollack, Chazz Palminteri, Pete Postlethwaite, Giancarlo Esposito, Suzy Amis, Dan Hedaya

Guest Starring: Kevin Spacey

11:50 pm Driven To Extremes (Rpt)

PG

Hottest Road

Driven to Extremes is the ultimate driving challenge, pitting Hollywood actors, Adrien Brody, Tom Hardy & Henry Cavill with motorsport racers, Mika Salo & Neil Hodgson against some of the most hostile places on the planet.

Starring: Adrien Brody, Tom Hardy, Henry Cavill

12:50 am Fight Master MMA (Rpt)

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

01:50 am Ross Kemp: Battle For The Amazon (Rpt)

M
Some Coarse
Language,
Drug References,
Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

02:50 am Trick My Truck (Rpt)

PG

The Mafia does a truck makeover for a husband and wife team that drive a replica of the Vietnam Veteran's Memorial around the country.

03:20 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The logo for the 'one' network, featuring the word 'one' in white lowercase letters on a green square background.

SYDNEY PROGRAM GUIDE

Sunday 16th March 2014

03:30 am NASCAR Sprint Cup

LIVE

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.



SYDNEY PROGRAM GUIDE

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08:00 am 2014 Australian Athletics Tour (Rpt) CC

Sydney Track Classic

Join us for all the action as we bring you the 2014 Sydney Track Classic which forms the second leg of prestigious Australian Athletics Tour.

09:00 am Men's Health Survival Of The Fittest (Rpt) G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

09:30 am Frontiers Of Construction (Rpt) G

Breaking The Waves: U.S. Army Corps Of Engineers

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

10:30 am Megacities (Rpt) PG

London

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

11:30 am MasterChef Australia (Rpt) CC G WS

Thursday - Week 6

As the winning team from the challenge are treated to a reward lunch at Tetsuya's, the losing team must don the dreaded black aprons and send their weakest links into the Elimination Challenge.

12:30 pm MasterChef Australia (Rpt) CC G WS

Friday - Week 6

In a very special MasterClass, two lucky contestants are sent to Kuala Lumpur, Malaysia, for a private cooking lesson with legendary seafood king, Rick Stein.

02:00 pm Psych PG

NEW EPISODE

Cirque Du Soul

Gus' fun day at the circus with Rachel's son Maximus takes a turn for the not so fun.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



SYDNEY PROGRAM GUIDE

Monday 17th March 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
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04:00 pm	Hardliners (Rpt)	PG Some Coarse Language	Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.
04:30 pm	Recruits Paramedics (Rpt)	CC PG Adult Themes	At Central Station a businessman has collapsed to the ground, suffering from a heart attack; also, after 3-months training Jenna, Evan, Rebecca and John say goodbye to their mentors.
05:00 pm	Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Picture This</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Man From Yenta</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



SYDNEY PROGRAM GUIDE

Monday 17th March 2014

07:00 pm	Undercover Boss Australia (Rpt)	CC PG Some Coarse Language	<u>Ymca</u> The CEO of YMCA Nick Cox goes undercover to the South Headland and Gratwick Aquatic Centre. Throughout Nick's journey he meets some very inspiring and touching people.
08:00 pm	American Digger (Rpt)	PG Mild Coarse Language	<u>Buried Bucks In The Bayou</u> American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.
08:30 pm	Movie: Star Trek IV: The Voyage Home (Rpt) (1986)	PG Some Coarse Language	MOVIE To save Earth from an alien probe, Admiral Kirk and his fugitive crew go back in time to 20th century Earth to retrieve the only species who can communicate with the alien, humpback whales. Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Nichelle Nichols, Walter Koenig, Catherine Hicks, Mark Lenard, Robin Curtis, Jane Wyatt
11:00 pm	Movie: Star Trek V: The Final Frontier (1989)	PG Mild Violence, Adult Themes	MOVIE Captain Kirk and his crew must deal with Mr. Spock's half brother who hijacks the Enterprise for an obsessive search for God. Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, David Warner, Laurence Luckinbill
01:15 am	The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
02:15 am	Bellator MMA (Rpt)	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
04:15 am	M*A*S*H (Rpt)	PG	<u>Picture This</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:45 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



SYDNEY PROGRAM GUIDE

Monday 17th March 2014

05:00 am **Sporting Greats** (Rpt)

G

Roger Federer

Roger Federer, considered by most to be the greatest tennis champion in history, holds several men's tennis records and has won seventeen grand slams, including seven at Wimbledon alone.

05:30 am **Football: 500 Great Goals** (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



SYDNEY PROGRAM GUIDE

Tuesday 18th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 22: Adelaide 36ers V Perth Wildcats

Round 22 sees the Adelaide 36ers at home against the Perth Wildcats. Join us for all the action from Adelaide Arena.

08:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 22: Sydney Kings V Adelaide 36ers

Round 22 takes us to the Sydney Entertainment Centre where the Sydney Kings play host to the Adelaide 36ers.

10:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:30 am **American Digger** (Rpt)

PG
Mild Coarse
Language

Buried Bucks In The Bayou

American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.

11:00 am **MasterChef Australia** (Rpt)

CC PG
WS

Sunday - Week 7

The remaining contestants invite 24 very special Qantas guests into the MasterChef restaurant for an 8-course feast based on Neil Perry's first class menu.

12:30 pm **MasterChef Australia** (Rpt)

CC PG
WS

Monday - Week 7

What could make an elimination challenge even more intense? Having culinary legend, Heston Blumenthal, arrive at the MasterChef Kitchen to judge your burger and fries!

02:00 pm **Psych**

PG
Some Violence,
Sexual References

NEW EPISODE

Deez Nups

Lassiter's long wait is finally over, and Marlowe has said "yes" to his proposal for a quick, but mostly tasteful wedding at a casino resort.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

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Starring: Drew Carey, Wayne Brady



SYDNEY PROGRAM GUIDE

Tuesday 18th March 2014

04:00 pm	Get Smart (Rpt)	PG	<u>The Man From Yenta</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Fishing Edge (Rpt)	G	Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.
05:00 pm	Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Who Knew</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Mummy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Python Hunters (Rpt)	PG Mild Coarse Language	<u>Deadly Down Under</u> The hunters continue their Australian mission of handling the most venomous, deadly and majestic animals on the continent. Starring: Shawn Heflick, Greg Graziani, Michael Cole



SYDNEY PROGRAM GUIDE

Tuesday 18th March 2014

08:30 pm	COPS: Adults Only (Rpt)	M Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:00 pm	COPS: Adults Only (Rpt)	M	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:30 pm	Ross Kemp: In Search Of Pirates (Rpt)	M Some Coarse Language	Ross investigates the boom in piracy on the world's oceans, travelling to some of the planet's biggest trouble spots to discover the problems faced by potential targets & those trying to protect them.
10:30 pm	Super Rugby Extra Time	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
11:30 pm	Sleeper Cell (Rpt)	MA15+ Some Violence, Very Coarse Language	<p>NEW EPISODE <u>Intramural</u></p> <p>The cell works out a deal with white supremacists so they can acquire a large amount of explosives. The LAPD then sets up a surveillance on Darwyn after Gayle contacts them.</p> <p>Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti</p>
12:40 am	THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™ (Rpt)	CC	<p>REPLAY <u>The 2014 Formula 1 Rolex Australian Grand Prix</u></p> <p>Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.</p>
02:40 am	The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
03:40 am	Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.
04:40 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	PG	<p><u>Sugar Ray Robinson</u></p> <p>Sugar Ray Robinson is cited as the greatest boxer of all time. His performances in the welterweight and middleweight divisions prompted sportswriters to create "pound for pound" rankings, where they compared fighters regardless of weight.</p>



SYDNEY PROGRAM GUIDE

Tuesday 18th March 2014

05:30 am **Football: 500 Great Goals** (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



SYDNEY PROGRAM GUIDE

Wednesday 19th March 2014

06:00 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

07:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

08:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.

09:00 am Swisse Mark Webber Challenge (Rpt)

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.

10:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:30 am Frontiers Of Construction (Rpt)

G

Big Shots: The Art & Science Of Blasting

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Tuesday - Week 7

Sweet superstar, Darren Purchase, is Melbourne's answer to Adriano Zumbo, and he is now challenging our MasterChef contestants to replicate his own highly technical dessert.

12:00 pm MasterChef Australia (Rpt)

CC G
WS

Wednesday - Week 7

The two teams need to cook a 6-course meal for 50 guests, while creating as little waste as possible. They will need to be creative as well as resourceful to win this challenge.

01:00 pm MasterChef Australia (Rpt)

CC PG
WS Mild Coarse
Language

Thursday - Week 7

The losing team from the challenge, battle it out to save their place in the competition. The contestants only have 15 minutes to complete the dish and they can only use 3 ingredients.

02:00 pm Psych

PG
Some Violence

NEW EPISODE

Right Turn Or Left For Dead

Rather than celebrate after the successful conclusion of his case, Shawn turns unusually introspective. He re-examines every decision made to determine if he could have changed the outcome.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



SYDNEY PROGRAM GUIDE

Wednesday 19th March 2014

03:00 pm	Super Rugby Extra Time (Rpt)	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
04:00 pm	Get Smart (Rpt)	PG	<u>The Mummy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	PG Some Coarse Language	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>That Darn Kid</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Girls From Kaos</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	White Collar (Rpt)	PG Some Violence	<u>Parting Shots</u> The guys suspect fraud when a beautiful widow stands to receive a hefty life-insurance payout. Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen
08:30 pm	Burn Notice	M Some Violence	ALL NEW EPISODES <u>Brothers In Arms</u> Burke once again recruits Michael and his team to break Sonya out of a Russian prison based in Havana. However, Michael's past with the Russians makes it harder than they thought. Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce

Campbell, Sharon Gless, Jack Coleman

Guest Starring: Adrian Pasdar, Alona Tal



SYDNEY PROGRAM GUIDE

Wednesday 19th March 2014

09:30 pm Sons Of Anarchy

AV15+
Some Violence

ALL NEW EPISODES

Stolen Huff

Complications arise as the Sons band together to face a new adversary. Meanwhile, Gemma causes tension everywhere.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Ashley Tisdale

10:30 pm Vegas

M
Some Violence

NEW EPISODE

Hollywood Ending

Lamb, Jack and Katherine take advantage of the phone tap in Savino's office and try to get evidence on how Savino works the skim, making District Attorney Reynolds very nervous.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm Terriers

M
Some Violence

SERIES FINAL

Hail Mary

In the season finale, still reeling from his loss, Hank is out of options and out of time. Meanwhile, Britt is faced with a decision that will change his future.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Python Hunters (Rpt)

PG
Mild Coarse
Language

Deadly Down Under

The hunters continue their Australian mission of handling the most venomous, deadly and majestic animals on the continent.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

02:30 am Hardliners (Rpt)

PG
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That Darn Kid

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



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04:55 am Sporting Greats (Rpt)

PG

Muhammad Ali

Muhammad Ali is considered among the greatest heavyweights in boxing's history. A controversial figure during his early career, Ali is today one of the most recognised sporting figures of the past hundred years.

05:30 am Football: 500 Great Goals (Rpt)

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Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



SYDNEY PROGRAM GUIDE

Thursday 20th March 2014

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Sydney Track Classic

Join us for all the action as we bring you the 2014 Sydney Track Classic which forms the second leg of prestigious Australian Athletics Tour.

07:00 am NASCAR Nationwide Series Highlights

Race 4: Drive To Stop Diabetes 300 @ Bristol

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 4 of full throttle NASCAR excitement is hosted at the Bristol Motor Speedway.

08:00 am NASCAR Sprint Cup Highlights

Race 4: Food City 500 @ Bristol-Highlights

Non-stop motorsport action highlights from the Bristol Motor Speedway. The high octane NASCAR racing continues with the 4th race of the 2014 Sprint Cup Series.

09:00 am THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™ (Rpt) CC

REPLAY

The 2014 Formula 1 Rolex Australian Grand Prix

Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.

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11:30 am MasterChef Australia (Rpt) CC G WS

Friday - Week 7

The final 14 contestants attend MasterClass to learn the fine art of Spotted Dick with custard. Later, three lucky contestants have a private MasterClass with James Privett.

01:00 pm MasterChef Australia (Rpt) CC G WS

Sunday - Week 8

The remaining contestants compete in a Korean inspired Invention Test to be judged by celebrity chef and Korean food aficionado, David Chang.

02:00 pm Psych PG

NEW EPISODE

Juliet Wears The Pantsuit

Shawn is his usual suspicious self about the new person in Juliet's life. Only this time he takes it a step further. He suspects the friend of murder.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



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05:00 pm	Big Fish, Small Boats (Rpt)	G	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>The Moon Is Not Blue</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Smart Fit The Battle Of Jericho</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References, Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Whose Line Is It Anyway?	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady



SYDNEY PROGRAM GUIDE

Thursday 20th March 2014

08:00 pm Whose Line Is It Anyway?	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:30 pm Fast Forward (Rpt)	M Sexual References	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
09:30 pm Ross Noble's Australian Trip (Rpt)	CC M WS Some Coarse Language	Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
10:30 pm The Sketch Show (Rpt)	PG Sexual References, Some Coarse Language	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
11:00 pm Blokesworld (Rpt)	MA15+ Sexual References, Nudity	Benwah chats with Chris Vermeulan; Ado heads to The Bankstown Bike Show, V8 Bikes, Miss Hard N Fast and a stack of killer bikes; Bloke of the week goes to Flat Track master Paul Caslick.
11:30 pm The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
SEASON FINALE		
12:30 am Would You Rather? With Graham Norton (Rpt)	M Sexual References	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Whoopi Goldberg, Janet Varney, Leo Allen and Michael Ian Black.
01:00 am Bellator MMA (Rpt)	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
03:00 am Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.



SYDNEY PROGRAM GUIDE

Thursday 20th March 2014

04:00 am Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:30 am Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:30 am Football: 500 Great Goals (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



SYDNEY PROGRAM GUIDE

Friday 21st March 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 4: Food City 500 @ Bristol-Qualifying

Who will take out the top spot in the qualifying race ahead of Race 4 from the Bristol Motor Speedway?

07:30 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Monday - Week 8

George's mum arrives in the MasterChef Kitchen to put the contestants through their paces. Mary Calombaris is a true Greek master! Her koupes, tzatziki and shamishi will be hard to replicate.

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Tuesday - Week 8

Guest chef, Vincent Gadan, is thrown a curve ball in the Immunity Challenge. A sweet treat whiz, will Vincent cope cooking a roast pork? Or will our MasterChef contestant win that illusive pin?

01:00 pm MasterChef Australia (Rpt)

CC PG
WS Mild Coarse
Language

Wednesday - Week 8

The contestants head to the newly-developed Westfield shopping centre food court in Sydney city to compete in another epic team challenge.

02:00 pm Psych

PG
Some Violence

NEW EPISODE

Santa Barbarian Candidate

A surfing accident creates a mayoral vacancy and Shawn decides political office may be his road to legitimacy.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References,
Mild Coarse
Language

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Get Smart (Rpt)

PG

Smart Fit The Battle Of Jericho

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



SYDNEY PROGRAM GUIDE

Friday 21st March 2014

04:30 pm	COPS (Rpt)	PG Drug References, Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	G	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Hey, Look Me Over</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Where-What-How-Who Am I?</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Frontiers Of Construction (Rpt)	G	<u>Mining Ice</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm	Megacities (Rpt)	PG	<u>Mumbai</u> Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:30 pm	Basketball: NBL Championship 2013/14		DELAYED <u>Round 23: Wollongong Hawks V Sydney Kings</u> Round 23 sees the Wollongong Hawks up against the Sydney Kings. Join us at WIN Entertainment Centre for all the action.
11:30 pm	The League	MA15+ Sexual References	NEW EPISODE <u>The Anchor Baby</u> Ruxin believes that Sofia is no longer interested in him. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie



SYDNEY PROGRAM GUIDE

Friday 21st March 2014

12:00 am **The Project Encore** (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:00 am **2014 Tudor United Sportscar Championship**

DELAYED

R2 Mobil 1 Twelve Hours Of Sebring

Join us on ONE as we bring you the 62nd Annual Mobil 1 Twelve Hours of Sebring from the Sebring International Raceway in Florida.



SYDNEY PROGRAM GUIDE

Saturday 22nd March 2014

06:00 am 2014 Tudor United Sportscar Championship

01:00 pm World Series Sprintcars

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) PG

03:00 pm Alby Mangels Adventure Bound (Rpt) PG Adult Themes

04:00 pm Megacities (Rpt) PG

05:00 pm Wild Racers PG

05:30 pm COPS (Rpt) PG Drug References, Adult Themes

06:00 pm M*A*S*H (Rpt) PG

06:30 pm Get Smart (Rpt) PG

DELAYED

R2 Mobil 1 Twelve Hours Of Sebring

Join us on ONE as we bring you the 62nd Annual Mobil 1 Twelve Hours of Sebring from the Sebring International Raceway in Florida.

Wss Lismore

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

Queensland's Scenic Rim

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. The Scenic Rim is a superb 4X4 adventure just one hour from Brisbane.

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

Mumbai

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

Foreign Affairs

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

The Expendable Agent

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



SYDNEY PROGRAM GUIDE

Saturday 22nd March 2014

07:00 pm	Trick My Truck (Rpt)	PG	Gloria wants to repay her husband Wes Adier for all his sacrifices, and the cast of Trick My Truck is happy to take up the challenge.
07:30 pm	Frontiers Of Construction (Rpt)	G	<u>Doing The Dirty Work: Robots For Hire</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm	Law & Order: SVU (Rpt)	CC M Strong Adult Themes	<u>Limitations</u> Faced with the expiration of a statute of limitations, SVU tries to find a rapist involved in three assaults that occurred five years earlier. Can SVU solve the crime in time? Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd Guest Starring: John Doman, Harvey Atkin, Sam Freed, Jenny Bacon, Judith Hawking, John Driver
09:30 pm	Bellator MMA	M Realistic Violence	NEW EPISODE Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
11:30 pm	Lights Out	M Some Violence	NEW EPISODE <u>Sucker Punch</u> Patrick's mother swings into town, causing mixed feelings in the family. Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown
12:30 am	Blokesworld (Rpt)	MA15+ Sexual References, Nudity	Benwah chats with Chris Vermeulan; Ado heads to The Bankstown Bike Show, V8 Bikes, Miss Hard N Fast and a stack of killer bikes; Bloke of the week goes to Flat Track master Paul Caslick.
01:00 am	48 Hours		48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.
02:00 am	Ross Kemp: In Search Of Pirates (Rpt)	M Some Coarse Language	Ross investigates the boom in piracy on the world's oceans, travelling to some of the planet's biggest trouble spots to discover the problems faced by potential targets & those trying to protect them.



SYDNEY PROGRAM GUIDE

Saturday 22nd March 2014

03:00 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

04:00 am MotoGP 2014

LIVE NATIONWIDE

Race 1 Qatar - Qualifying

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from the qualifying in Race 1 of the 2014 MotoGP from the Losail Circuit in Qatar.

05:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



MELBOURNE PROGRAM GUIDE

Sunday 16th March 2014

06:00 am **Alby Mangels Adventure Bound**
(Rpt)

PG
Adult Themes

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

07:00 am **Rugby Classic Matches** (Rpt)

Autumn International 2008: England V Australia

Relive the classic match between England and Australia in the 2008 Autumn International at Twickenham in London.

09:00 am **Sport Science** (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

10:00 am **Mark Webber Tribute**

Mark Webber Tribute

Mark Webber is one of Australia's most popular and famous Formula One drivers. With 9 wins and 42 podium finishes he is also one of only three Australians in history to win a grand prix.

11:00 am **THE 2014 FIA FORMULA ONE
WORLD CHAMPIONSHIP™
SEASON PREVIEW**

CC

LIVE NATIONWIDE

2014 Formula 1 Rolex Australian Grand Prix Season Preview

The countdown to this year's first F1 race is on. Join TEN's expert team, Alan Jones, Greg Rust, Daryl Beattie and Mark Webber LIVE from Melbourne for an exclusive preview of the 2014 season.

12:00 pm **THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™ RACE
DAY**

CC

LIVE NATIONWIDE

The 2014 Formula ONE Rolex Australian Grand Prix Race Day

The big names of Formula 1 go head-to-head in Melbourne chasing the top step of the podium. Alonso, Raikkonen, Button, Hamilton, Ricciardo will chase defending world champ Sebastian Vettel.

04:00 pm **THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™**

CC

LIVE NATIONWIDE

The 2014 Formula ONE Rolex Australian Grand Prix Preview

Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you the latest F1 news, interviews and previews in the final countdown before the lights go green and we go racing at the 2014 F1 Australian Grand Prix.

05:00 pm **THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™**

CC

LIVE NATIONWIDE

The 2014 Formula 1 Rolex Australian Grand Prix

Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.

07:00 pm **THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™**

LIVE NATIONWIDE

The 2014 Formula 1 Rolex Australian Grand Prix Extended Coverage

Our expert commentators wrap up the day's racing action, with the latest news and interviews from the paddock and track.



MELBOURNE PROGRAM GUIDE

Sunday 16th March 2014

07:30 pm **Hardliners** (Rpt)

PG
Some Coarse
Language

Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

08:00 pm **Extreme Fishing With Robson Green** (Rpt)

PG
Some Coarse
Language

Robson Green's passion for fishing means he's already fished the entire map. But this time he's going further, as he takes it off the map and casts his line at the Ends of the Earth.

09:00 pm **COPS**

09:30 pm **Movie: The Usual Suspects** (0)

AV15+
Some Violence,
Some Coarse
Language

MOVIE

A boat has been destroyed, criminals are dead, and the key to this mystery lies with the only survivor and his twisted, convoluted story.

Starring: Stephen Baldwin, Gabriel Byrne, Benicio Del Toro, Kevin Pollack, Chazz Palminteri, Pete Postlethwaite, Giancarlo Esposito, Suzy Amis, Dan Hedaya

Guest Starring: Kevin Spacey

11:50 pm **Driven To Extremes** (Rpt)

PG

Hottest Road

Driven to Extremes is the ultimate driving challenge, pitting Hollywood actors, Adrien Brody, Tom Hardy & Henry Cavill with motorsport racers, Mika Salo & Neil Hodgson against some of the most hostile places on the planet.

Starring: Adrien Brody, Tom Hardy, Henry Cavill

12:50 am **Fight Master MMA** (Rpt)

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

01:50 am **Ross Kemp: Battle For The Amazon** (Rpt)

M
Some Coarse
Language,
Drug References,
Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

02:50 am **Trick My Truck** (Rpt)

PG

The Mafia does a truck makeover for a husband and wife team that drive a replica of the Vietnam Veteran's Memorial around the country.

03:20 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The logo for the 'one' network, featuring the word 'one' in a white, lowercase, sans-serif font inside a solid green square.

MELBOURNE PROGRAM GUIDE

Sunday 16th March 2014

03:30 am NASCAR Sprint Cup

LIVE

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.



MELBOURNE PROGRAM GUIDE

Monday 17th March 2014

06:00 am NASCAR Sprint Cup

LIVE

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.

07:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:00 am 2014 Australian Athletics Tour (Rpt) CC

Sydney Track Classic

Join us for all the action as we bring you the 2014 Sydney Track Classic which forms the second leg of prestigious Australian Athletics Tour.

09:00 am Men's Health Survival Of The Fittest (Rpt) G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

09:30 am Frontiers Of Construction (Rpt) G

Breaking The Waves: U.S. Army Corps Of Engineers

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

10:30 am Megacities (Rpt) PG

London

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

11:30 am MasterChef Australia (Rpt) CC G WS

Thursday - Week 6

As the winning team from the challenge are treated to a reward lunch at Tetsuya's, the losing team must don the dreaded black aprons and send their weakest links into the Elimination Challenge.

12:30 pm MasterChef Australia (Rpt) CC G WS

Friday - Week 6

In a very special MasterClass, two lucky contestants are sent to Kuala Lumpur, Malaysia, for a private cooking lesson with legendary seafood king, Rick Stein.

02:00 pm Psych PG

NEW EPISODE

Cirque Du Soul

Gus' fun day at the circus with Rachel's son Maximus takes a turn for the not so fun.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



MELBOURNE PROGRAM GUIDE

Monday 17th March 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Hardliners (Rpt)	PG Some Coarse Language	Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.
04:30 pm	Recruits Paramedics (Rpt)	CC PG Adult Themes	At Central Station a businessman has collapsed to the ground, suffering from a heart attack; also, after 3-months training Jenna, Evan, Rebecca and John say goodbye to their mentors.
05:00 pm	Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Picture This</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Man From Yenta</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



MELBOURNE PROGRAM GUIDE

Monday 17th March 2014

07:00 pm	Undercover Boss Australia (Rpt)	CC PG Some Coarse Language	<u>Ymca</u> The CEO of YMCA Nick Cox goes undercover to the South Headland and Gratwick Aquatic Centre. Throughout Nick's journey he meets some very inspiring and touching people.
08:00 pm	American Digger (Rpt)	PG Mild Coarse Language	<u>Buried Bucks In The Bayou</u> American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.
08:30 pm	Movie: Star Trek IV: The Voyage Home (Rpt) (1986)	PG Some Coarse Language	MOVIE To save Earth from an alien probe, Admiral Kirk and his fugitive crew go back in time to 20th century Earth to retrieve the only species who can communicate with the alien, humpback whales. Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Nichelle Nichols, Walter Koenig, Catherine Hicks, Mark Lenard, Robin Curtis, Jane Wyatt
11:00 pm	Movie: Star Trek V: The Final Frontier (1989)	PG Mild Violence, Adult Themes	MOVIE Captain Kirk and his crew must deal with Mr. Spock's half brother who hijacks the Enterprise for an obsessive search for God. Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, David Warner, Laurence Luckinbill
01:15 am	The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
02:15 am	Bellator MMA (Rpt)	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
04:15 am	M*A*S*H (Rpt)	PG	<u>Picture This</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:45 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



MELBOURNE PROGRAM GUIDE

Monday 17th March 2014

05:00 am Sporting Greats (Rpt)

G

Roger Federer

Roger Federer, considered by most to be the greatest tennis champion in history, holds several men's tennis records and has won seventeen grand slams, including seven at Wimbledon alone.

05:30 am Football: 500 Great Goals (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



MELBOURNE PROGRAM GUIDE

Tuesday 18th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 22: Adelaide 36ers V Perth Wildcats

Round 22 sees the Adelaide 36ers at home against the Perth Wildcats. Join us for all the action from Adelaide Arena.

08:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 22: Sydney Kings V Adelaide 36ers

Round 22 takes us to the Sydney Entertainment Centre where the Sydney Kings play host to the Adelaide 36ers.

10:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:30 am **American Digger** (Rpt)

PG
Mild Coarse
Language

Buried Bucks In The Bayou

American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.

11:00 am **MasterChef Australia** (Rpt)

CC PG
WS

Sunday - Week 7

The remaining contestants invite 24 very special Qantas guests into the MasterChef restaurant for an 8-course feast based on Neil Perry's first class menu.

12:30 pm **MasterChef Australia** (Rpt)

CC PG
WS

Monday - Week 7

What could make an elimination challenge even more intense? Having culinary legend, Heston Blumenthal, arrive at the MasterChef Kitchen to judge your burger and fries!

02:00 pm **Psych**

PG
Some Violence,
Sexual References

NEW EPISODE

Deez Nups

Lassiter's long wait is finally over, and Marlowe has said "yes" to his proposal for a quick, but mostly tasteful wedding at a casino resort.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



MELBOURNE PROGRAM GUIDE

Tuesday 18th March 2014

04:00 pm	Get Smart (Rpt)	PG	<u>The Man From Yenta</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Fishing Edge (Rpt)	G	Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.
05:00 pm	Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Who Knew</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Mummy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Python Hunters (Rpt)	PG Mild Coarse Language	<u>Deadly Down Under</u> The hunters continue their Australian mission of handling the most venomous, deadly and majestic animals on the continent. Starring: Shawn Heflick, Greg Graziani, Michael Cole



MELBOURNE PROGRAM GUIDE

Tuesday 18th March 2014

08:30 pm	COPS: Adults Only (Rpt)	M Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:00 pm	COPS: Adults Only (Rpt)	M	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:30 pm	Ross Kemp: In Search Of Pirates (Rpt)	M Some Coarse Language	Ross investigates the boom in piracy on the world's oceans, travelling to some of the planet's biggest trouble spots to discover the problems faced by potential targets & those trying to protect them.
10:30 pm	Super Rugby Extra Time	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
11:30 pm	Sleeper Cell (Rpt)	MA15+ Some Violence, Very Coarse Language	NEW EPISODE <u>Intramural</u> The cell works out a deal with white supremacists so they can acquire a large amount of explosives. The LAPD then sets up a surveillance on Darwyn after Gayle contacts them. Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti
12:40 am	THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™ (Rpt)	CC	REPLAY <u>The 2014 Formula 1 Rolex Australian Grand Prix</u> Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.
02:40 am	The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
03:40 am	Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.
04:40 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	PG	<u>Sugar Ray Robinson</u> Sugar Ray Robinson is cited as the greatest boxer of all time. His performances in the welterweight and middleweight divisions prompted sportswriters to create "pound for pound" rankings, where they compared fighters regardless of weight.



MELBOURNE PROGRAM GUIDE

Tuesday 18th March 2014

05:30 am **Football: 500 Great Goals** (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



MELBOURNE PROGRAM GUIDE

Wednesday 19th March 2014

06:00 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

07:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

08:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.

09:00 am Swisse Mark Webber Challenge (Rpt)

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.

10:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:30 am Frontiers Of Construction (Rpt)

G

Big Shots: The Art & Science Of Blasting

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Tuesday - Week 7

Sweet superstar, Darren Purchase, is Melbourne's answer to Adriano Zumbo, and he is now challenging our MasterChef contestants to replicate his own highly technical dessert.

12:00 pm MasterChef Australia (Rpt)

CC G
WS

Wednesday - Week 7

The two teams need to cook a 6-course meal for 50 guests, while creating as little waste as possible. They will need to be creative as well as resourceful to win this challenge.

01:00 pm MasterChef Australia (Rpt)

CC PG
WS Mild Coarse
Language

Thursday - Week 7

The losing team from the challenge, battle it out to save their place in the competition. The contestants only have 15 minutes to complete the dish and they can only use 3 ingredients.

02:00 pm Psych

PG
Some Violence

NEW EPISODE

Right Turn Or Left For Dead

Rather than celebrate after the successful conclusion of his case, Shawn turns unusually introspective. He re-examines every decision made to determine if he could have changed the outcome.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



MELBOURNE PROGRAM GUIDE

Wednesday 19th March 2014

03:00 pm	Super Rugby Extra Time (Rpt)	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
04:00 pm	Get Smart (Rpt)	PG	<u>The Mummy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	PG Some Coarse Language	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>That Darn Kid</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Girls From Kaos</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	White Collar (Rpt)	PG Some Violence	<u>Parting Shots</u> The guys suspect fraud when a beautiful widow stands to receive a hefty life-insurance payout. Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen
08:30 pm	Burn Notice	M Some Violence	ALL NEW EPISODES <u>Brothers In Arms</u> Burke once again recruits Michael and his team to break Sonya out of a Russian prison based in Havana. However, Michael's past with the Russians makes it harder than they thought. Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce

Campbell, Sharon Gless, Jack Coleman

Guest Starring: Adrian Pasdar, Alona Tal



MELBOURNE PROGRAM GUIDE

Wednesday 19th March 2014

09:30 pm Sons Of Anarchy

AV15+
Some Violence

ALL NEW EPISODES

Stolen Huff

Complications arise as the Sons band together to face a new adversary. Meanwhile, Gemma causes tension everywhere.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Ashley Tisdale

10:30 pm Vegas

M
Some Violence

NEW EPISODE

Hollywood Ending

Lamb, Jack and Katherine take advantage of the phone tap in Savino's office and try to get evidence on how Savino works the skim, making District Attorney Reynolds very nervous.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm Terriers

M
Some Violence

SERIES FINAL

Hail Mary

In the season finale, still reeling from his loss, Hank is out of options and out of time. Meanwhile, Britt is faced with a decision that will change his future.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Python Hunters (Rpt)

PG
Mild Coarse
Language

Deadly Down Under

The hunters continue their Australian mission of handling the most venomous, deadly and majestic animals on the continent.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

02:30 am Hardliners (Rpt)

PG
Some Coarse
Language

Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

03:00 am M*A*S*H (Rpt)

PG

That Darn Kid

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



MELBOURNE PROGRAM GUIDE

Wednesday 19th March 2014

03:30 am Alby Mangels Adventure Bound (Rpt)

PG
Mild Coarse
Language

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt)

PG

Muhammad Ali

Muhammad Ali is considered among the greatest heavyweights in boxing's history. A controversial figure during his early career, Ali is today one of the most recognised sporting figures of the past hundred years.

05:30 am Football: 500 Great Goals (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



MELBOURNE PROGRAM GUIDE

Thursday 20th March 2014

06:00 am 2014 Australian Athletics Tour (Rpt) CC

Sydney Track Classic

Join us for all the action as we bring you the 2014 Sydney Track Classic which forms the second leg of prestigious Australian Athletics Tour.

07:00 am NASCAR Nationwide Series Highlights

Race 4: Drive To Stop Diabetes 300 @ Bristol

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 4 of full throttle NASCAR excitement is hosted at the Bristol Motor Speedway.

08:00 am NASCAR Sprint Cup Highlights

Race 4: Food City 500 @ Bristol-Highlights

Non-stop motorsport action highlights from the Bristol Motor Speedway. The high octane NASCAR racing continues with the 4th race of the 2014 Sprint Cup Series.

09:00 am THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™ (Rpt) CC

REPLAY

The 2014 Formula 1 Rolex Australian Grand Prix

Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.

11:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am MasterChef Australia (Rpt) CC G WS

Friday - Week 7

The final 14 contestants attend MasterClass to learn the fine art of Spotted Dick with custard. Later, three lucky contestants have a private MasterClass with James Privett.

01:00 pm MasterChef Australia (Rpt) CC G WS

Sunday - Week 8

The remaining contestants compete in a Korean inspired Invention Test to be judged by celebrity chef and Korean food aficionado, David Chang.

02:00 pm Psych PG

NEW EPISODE

Juliet Wears The Pantsuit

Shawn is his usual suspicious self about the new person in Juliet's life. Only this time he takes it a step further. He suspects the friend of murder.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



MELBOURNE PROGRAM GUIDE

Thursday 20th March 2014

03:30 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>The Girls From Kaos</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	G	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>The Moon Is Not Blue</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Smart Fit The Battle Of Jericho</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References, Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Whose Line Is It Anyway?	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady



MELBOURNE PROGRAM GUIDE

Thursday 20th March 2014

08:00 pm Whose Line Is It Anyway?	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:30 pm Fast Forward (Rpt)	M Sexual References	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
09:30 pm Ross Noble's Australian Trip (Rpt)	CC M WS Some Coarse Language	Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
10:30 pm The Sketch Show (Rpt)	PG Sexual References, Some Coarse Language	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
11:00 pm Blokesworld (Rpt)	MA15+ Sexual References, Nudity	Benwah chats with Chris Vermeulan; Ado heads to The Bankstown Bike Show, V8 Bikes, Miss Hard N Fast and a stack of killer bikes; Bloke of the week goes to Flat Track master Paul Caslick.
11:30 pm The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
SEASON FINALE		
12:30 am Would You Rather? With Graham Norton (Rpt)	M Sexual References	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Whoopi Goldberg, Janet Varney, Leo Allen and Michael Ian Black.
01:00 am Bellator MMA (Rpt)	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
03:00 am Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.



MELBOURNE PROGRAM GUIDE

Thursday 20th March 2014

04:00 am	Whose Line Is It Anyway? (Rpt)	PG	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
04:30 am	Whose Line Is It Anyway? (Rpt)	PG	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
05:00 am	Omnisport		<p>Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.</p>
05:30 am	Football: 500 Great Goals (Rpt)	G	<p>Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.</p>



MELBOURNE PROGRAM GUIDE

Friday 21st March 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 4: Food City 500 @ Bristol-Qualifying

Who will take out the top spot in the qualifying race ahead of Race 4 from the Bristol Motor Speedway?

07:30 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Monday - Week 8

George's mum arrives in the MasterChef Kitchen to put the contestants through their paces. Mary Calombaris is a true Greek master! Her koupes, tzatziki and shamishi will be hard to replicate.

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Tuesday - Week 8

Guest chef, Vincent Gadan, is thrown a curve ball in the Immunity Challenge. A sweet treat whiz, will Vincent cope cooking a roast pork? Or will our MasterChef contestant win that illusive pin?

01:00 pm MasterChef Australia (Rpt)

CC PG
WS Mild Coarse
Language

Wednesday - Week 8

The contestants head to the newly-developed Westfield shopping centre food court in Sydney city to compete in another epic team challenge.

02:00 pm Psych

PG
Some Violence

NEW EPISODE

Santa Barbarian Candidate

A surfing accident creates a mayoral vacancy and Shawn decides political office may be his road to legitimacy.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References,
Mild Coarse
Language

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Get Smart (Rpt)

PG

Smart Fit The Battle Of Jericho

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



MELBOURNE PROGRAM GUIDE

Friday 21st March 2014

04:30 pm	COPS (Rpt)	PG Drug References, Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	G	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Hey, Look Me Over</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Where-What-How-Who Am I?</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS	PG Drug References, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Frontiers Of Construction (Rpt)	G	<u>Mining Ice</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm	Megacities (Rpt)	PG	<u>Mumbai</u> Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:30 pm	Basketball: NBL Championship 2013/14		DELAYED <u>Round 23: Wollongong Hawks V Sydney Kings</u> Round 23 sees the Wollongong Hawks up against the Sydney Kings. Join us at WIN Entertainment Centre for all the action.
11:30 pm	The League	MA15+ Sexual References	NEW EPISODE <u>The Anchor Baby</u> Ruxin believes that Sofia is no longer interested in him. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie



MELBOURNE PROGRAM GUIDE

Friday 21st March 2014

12:00 am **The Project Encore** (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:00 am **2014 Tudor United Sportscar
Championship**

DELAYED

R2 Mobil 1 Twelve Hours Of Sebring

Join us on ONE as we bring you the 62nd Annual Mobil 1 Twelve Hours of Sebring from the Sebring International Raceway in Florida.



MELBOURNE PROGRAM GUIDE

Saturday 22nd March 2014

06:00 am 2014 Tudor United Sportscar Championship

01:00 pm World Series Sprintcars

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) PG

03:00 pm Alby Mangels Adventure Bound (Rpt) PG
Adult Themes

04:00 pm Megacities (Rpt) PG

05:00 pm Wild Racers PG

05:30 pm COPS (Rpt) PG
Drug References,
Adult Themes

06:00 pm M*A*S*H (Rpt) PG

06:30 pm Get Smart (Rpt) PG

DELAYED

R2 Mobil 1 Twelve Hours Of Sebring

Join us on ONE as we bring you the 62nd Annual Mobil 1 Twelve Hours of Sebring from the Sebring International Raceway in Florida.

Wss Lismore

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

Queensland's Scenic Rim

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. The Scenic Rim is a superb 4X4 adventure just one hour from Brisbane.

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

Mumbai

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

Foreign Affairs

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

The Expendable Agent

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



MELBOURNE PROGRAM GUIDE

Saturday 22nd March 2014

07:00 pm Trick My Truck (Rpt)	PG	Gloria wants to repay her husband Wes Adier for all his sacrifices, and the cast of Trick My Truck is happy to take up the challenge.
07:30 pm Frontiers Of Construction (Rpt)	G	<p><u>Doing The Dirty Work: Robots For Hire</u></p> <p>Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.</p>
08:30 pm Law & Order: SVU (Rpt)	CC M Strong Adult Themes	<p><u>Limitations</u></p> <p>Faced with the expiration of a statute of limitations, SVU tries to find a rapist involved in three assaults that occurred five years earlier. Can SVU solve the crime in time?</p> <p>Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd</p> <p>Guest Starring: John Doman, Harvey Atkin, Sam Freed, Jenny Bacon, Judith Hawking, John Driver</p>
09:30 pm Bellator MMA	M Realistic Violence	<p>NEW EPISODE</p> <p>Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.</p>
11:30 pm Lights Out	M Some Violence	<p>NEW EPISODE</p> <p><u>Sucker Punch</u></p> <p>Patrick's mother swings into town, causing mixed feelings in the family.</p> <p>Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown</p>
12:30 am Blokesworld (Rpt)	MA15+ Sexual References, Nudity	<p>Benwah chats with Chris Vermeulan; Ado heads to The Bankstown Bike Show, V8 Bikes, Miss Hard N Fast and a stack of killer bikes; Bloke of the week goes to Flat Track master Paul Caslick.</p>
01:00 am 48 Hours		<p>48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.</p>
02:00 am Ross Kemp: In Search Of Pirates (Rpt)	M Some Coarse Language	<p>Ross investigates the boom in piracy on the world's oceans, travelling to some of the planet's biggest trouble spots to discover the problems faced by potential targets & those trying to protect them.</p>



MELBOURNE PROGRAM GUIDE

Saturday 22nd March 2014

03:00 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

04:00 am MotoGP 2014

LIVE NATIONWIDE

Race 1 Qatar - Qualifying

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from the qualifying in Race 1 of the 2014 MotoGP from the Losail Circuit in Qatar.

05:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



BRISBANE PROGRAM GUIDE

Sunday 16th March 2014

06:00 am Rugby Classic Matches (Rpt)

Autumn International 2008: England V Australia

Relive the classic match between England and Australia in the 2008 Autumn International at Twickenham in London.

08:00 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

09:00 am Mark Webber Tribute

Mark Webber Tribute

Mark Webber is one of Australia's most popular and famous Formula One drivers. With 9 wins and 42 podium finishes he is also one of only three Australians in history to win a grand prix.

10:00 am THE 2014 FIA FORMULA ONE
WORLD CHAMPIONSHIP™
SEASON PREVIEW CC

LIVE NATIONWIDE

2014 Formula 1 Rolex Australian Grand Prix Season Preview

The countdown to this year's first F1 race is on. Join TEN's expert team, Alan Jones, Greg Rust, Daryl Beattie and Mark Webber LIVE from Melbourne for an exclusive preview of the 2014 season.

11:00 am THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™ RACE
DAY CC

LIVE NATIONWIDE

The 2014 Formula ONE Rolex Australian Grand Prix Race Day

The big names of Formula 1 go head-to-head in Melbourne chasing the top step of the podium. Alonso, Raikkonen, Button, Hamilton, Ricciardo will chase defending world champ Sebastian Vettel.

03:00 pm THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™ CC

LIVE NATIONWIDE

The 2014 Formula ONE Rolex Australian Grand Prix Preview

Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you the latest F1 news, interviews and previews in the final countdown before the lights go green and we go racing at the 2014 F1 Australian Grand Prix.

04:00 pm THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™ CC

LIVE NATIONWIDE

The 2014 Formula 1 Rolex Australian Grand Prix

Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.

06:00 pm THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™

LIVE NATIONWIDE

The 2014 Formula 1 Rolex Australian Grand Prix Extended Coverage

Our expert commentators wrap up the day's racing action, with the latest news and interviews from the paddock and track.

06:30 pm Get Smart (Rpt)

PG

Smart Fell On Alabama

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



BRISBANE PROGRAM GUIDE

Sunday 16th March 2014

07:00 pm **Million Dollar Catch** (Rpt)

PG
Some Coarse
Language

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

07:30 pm **Hardliners** (Rpt)

PG
Some Coarse
Language

Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

08:00 pm **Extreme Fishing With Robson Green** (Rpt)

PG
Some Coarse
Language

Robson Green's passion for fishing means he's already fished the entire map. But this time he's going further, as he takes it off the map and casts his line at the Ends of the Earth.

09:00 pm **COPS**

09:30 pm **Movie: The Usual Suspects** (0)

AV15+
Some Violence,
Some Coarse
Language

MOVIE

A boat has been destroyed, criminals are dead, and the key to this mystery lies with the only survivor and his twisted, convoluted story.

Starring: Stephen Baldwin, Gabriel Byrne, Benicio Del Toro, Kevin Pollack, Chazz Palminteri, Pete Postlethwaite, Giancarlo Esposito, Suzy Amis, Dan Hedaya

Guest Starring: Kevin Spacey

11:50 pm **Driven To Extremes** (Rpt)

PG

Hottest Road

Driven to Extremes is the ultimate driving challenge, pitting Hollywood actors, Adrien Brody, Tom Hardy & Henry Cavill with motorsport racers, Mika Salo & Neil Hodgson against some of the most hostile places on the planet.

Starring: Adrien Brody, Tom Hardy, Henry Cavill

12:50 am **Fight Master MMA** (Rpt)

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

01:50 am **Ross Kemp: Battle For The Amazon** (Rpt)

M
Some Coarse
Language,
Drug References,
Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

02:50 am **Trick My Truck** (Rpt)

PG

The Mafia does a truck makeover for a husband and wife team that drive a replica of the Vietnam Veteran's Memorial around the country.

The logo for the 'one' channel, featuring the word 'one' in white lowercase letters on a green square background.

BRISBANE PROGRAM GUIDE

Sunday 16th March 2014

03:20 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am NASCAR Sprint Cup

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.



BRISBANE PROGRAM GUIDE

Monday 17th March 2014

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Race 4: Food City 500 @ Bristol

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07:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:00 am 2014 Australian Athletics Tour (Rpt) CC

Sydney Track Classic

Join us for all the action as we bring you the 2014 Sydney Track Classic which forms the second leg of prestigious Australian Athletics Tour.

09:00 am Men's Health Survival Of The Fittest (Rpt) G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

09:30 am Frontiers Of Construction (Rpt) G

Breaking The Waves: U.S. Army Corps Of Engineers

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

10:30 am Megacities (Rpt) PG

London

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

11:30 am MasterChef Australia (Rpt) CC G WS

Thursday - Week 6

As the winning team from the challenge are treated to a reward lunch at Tetsuya's, the losing team must don the dreaded black aprons and send their weakest links into the Elimination Challenge.

12:30 pm MasterChef Australia (Rpt) CC G WS

Friday - Week 6

In a very special MasterClass, two lucky contestants are sent to Kuala Lumpur, Malaysia, for a private cooking lesson with legendary seafood king, Rick Stein.

02:00 pm Psych PG

NEW EPISODE

Cirque Du Soul

Gus' fun day at the circus with Rachel's son Maximus takes a turn for the not so fun.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



BRISBANE PROGRAM GUIDE

Monday 17th March 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
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04:00 pm	Hardliners (Rpt)	PG Some Coarse Language	Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.
04:30 pm	Recruits Paramedics (Rpt)	CC PG Adult Themes	At Central Station a businessman has collapsed to the ground, suffering from a heart attack; also, after 3-months training Jenna, Evan, Rebecca and John say goodbye to their mentors.
05:00 pm	Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Picture This</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Man From Yenta</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



BRISBANE PROGRAM GUIDE

Monday 17th March 2014

07:00 pm Undercover Boss Australia (Rpt)	CC PG Some Coarse Language	<u>Ymca</u> The CEO of YMCA Nick Cox goes undercover to the South Headland and Gratwick Aquatic Centre. Throughout Nick's journey he meets some very inspiring and touching people.
08:00 pm American Digger (Rpt)	PG Mild Coarse Language	<u>Buried Bucks In The Bayou</u> American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.
08:30 pm Movie: Star Trek IV: The Voyage Home (Rpt) (1986)	PG Some Coarse Language	MOVIE To save Earth from an alien probe, Admiral Kirk and his fugitive crew go back in time to 20th century Earth to retrieve the only species who can communicate with the alien, humpback whales. Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Nichelle Nichols, Walter Koenig, Catherine Hicks, Mark Lenard, Robin Curtis, Jane Wyatt
11:00 pm Movie: Star Trek V: The Final Frontier (1989)	PG Mild Violence, Adult Themes	MOVIE Captain Kirk and his crew must deal with Mr. Spock's half brother who hijacks the Enterprise for an obsessive search for God. Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, David Warner, Laurence Luckinbill
01:15 am The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
02:15 am Bellator MMA (Rpt)	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
04:15 am M*A*S*H (Rpt)	PG	<u>Picture This</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:45 am Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



BRISBANE PROGRAM GUIDE

Monday 17th March 2014

05:00 am **Sporting Greats** (Rpt)

G

Roger Federer

Roger Federer, considered by most to be the greatest tennis champion in history, holds several men's tennis records and has won seventeen grand slams, including seven at Wimbledon alone.

05:30 am **Football: 500 Great Goals** (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



BRISBANE PROGRAM GUIDE

Tuesday 18th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 22: Adelaide 36ers V Perth Wildcats

Round 22 sees the Adelaide 36ers at home against the Perth Wildcats. Join us for all the action from Adelaide Arena.

08:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 22: Sydney Kings V Adelaide 36ers

Round 22 takes us to the Sydney Entertainment Centre where the Sydney Kings play host to the Adelaide 36ers.

10:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:30 am **American Digger** (Rpt)

PG
Mild Coarse
Language

Buried Bucks In The Bayou

American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.

11:00 am **MasterChef Australia** (Rpt)

CC PG
WS

Sunday - Week 7

The remaining contestants invite 24 very special Qantas guests into the MasterChef restaurant for an 8-course feast based on Neil Perry's first class menu.

12:30 pm **MasterChef Australia** (Rpt)

CC PG
WS

Monday - Week 7

What could make an elimination challenge even more intense? Having culinary legend, Heston Blumenthal, arrive at the MasterChef Kitchen to judge your burger and fries!

02:00 pm **Psych**

PG
Some Violence,
Sexual References

NEW EPISODE

Deez Nups

Lassiter's long wait is finally over, and Marlowe has said "yes" to his proposal for a quick, but mostly tasteful wedding at a casino resort.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

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An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



BRISBANE PROGRAM GUIDE

Tuesday 18th March 2014

04:00 pm	Get Smart (Rpt)	PG	<u>The Man From Yenta</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Fishing Edge (Rpt)	G	Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.
05:00 pm	Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Who Knew</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Mummy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Python Hunters (Rpt)	PG Mild Coarse Language	<u>Deadly Down Under</u> The hunters continue their Australian mission of handling the most venomous, deadly and majestic animals on the continent. Starring: Shawn Heflick, Greg Graziani, Michael Cole



BRISBANE PROGRAM GUIDE

Tuesday 18th March 2014

08:30 pm COPS: Adults Only (Rpt)	M Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:00 pm COPS: Adults Only (Rpt)	M	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:30 pm Ross Kemp: In Search Of Pirates (Rpt)	M Some Coarse Language	Ross investigates the boom in piracy on the world's oceans, travelling to some of the planet's biggest trouble spots to discover the problems faced by potential targets & those trying to protect them.
10:30 pm Super Rugby Extra Time	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
11:30 pm Sleeper Cell (Rpt)	MA15+ Some Violence, Very Coarse Language	<p>NEW EPISODE</p> <p><u>Intramural</u></p> <p>The cell works out a deal with white supremacists so they can acquire a large amount of explosives. The LAPD then sets up a surveillance on Darwyn after Gayle contacts them.</p> <p>Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti</p>
12:40 am THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™ (Rpt)	CC	<p>REPLAY</p> <p><u>The 2014 Formula 1 Rolex Australian Grand Prix</u></p> <p>Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.</p>
02:40 am The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
03:40 am Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.
04:40 am Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am Sporting Greats (Rpt)	PG	<p><u>Sugar Ray Robinson</u></p> <p>Sugar Ray Robinson is cited as the greatest boxer of all time. His performances in the welterweight and middleweight divisions prompted sportswriters to create "pound for pound" rankings, where they compared fighters regardless of weight.</p>



BRISBANE PROGRAM GUIDE

Tuesday 18th March 2014

05:30 am Football: 500 Great Goals (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



BRISBANE PROGRAM GUIDE

Wednesday 19th March 2014

06:00 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

07:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

08:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.

09:00 am Swisse Mark Webber Challenge (Rpt)

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.

10:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:30 am Frontiers Of Construction (Rpt)

G

Big Shots: The Art & Science Of Blasting

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Tuesday - Week 7

Sweet superstar, Darren Purchase, is Melbourne's answer to Adriano Zumbo, and he is now challenging our MasterChef contestants to replicate his own highly technical dessert.

12:00 pm MasterChef Australia (Rpt)

CC G
WS

Wednesday - Week 7

The two teams need to cook a 6-course meal for 50 guests, while creating as little waste as possible. They will need to be creative as well as resourceful to win this challenge.

01:00 pm MasterChef Australia (Rpt)

CC PG
WS Mild Coarse
Language

Thursday - Week 7

The losing team from the challenge, battle it out to save their place in the competition. The contestants only have 15 minutes to complete the dish and they can only use 3 ingredients.

02:00 pm Psych

PG
Some Violence

NEW EPISODE

Right Turn Or Left For Dead

Rather than celebrate after the successful conclusion of his case, Shawn turns unusually introspective. He re-examines every decision made to determine if he could have changed the outcome.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



BRISBANE PROGRAM GUIDE

Wednesday 19th March 2014

03:00 pm	Super Rugby Extra Time (Rpt)	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
04:00 pm	Get Smart (Rpt)	PG	<u>The Mummy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	PG Some Coarse Language	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>That Darn Kid</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Girls From Kaos</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	White Collar (Rpt)	PG Some Violence	<u>Parting Shots</u> The guys suspect fraud when a beautiful widow stands to receive a hefty life-insurance payout. Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen
08:30 pm	Burn Notice	M Some Violence	ALL NEW EPISODES <u>Brothers In Arms</u> Burke once again recruits Michael and his team to break Sonya out of a Russian prison based in Havana. However, Michael's past with the Russians makes it harder than they thought. Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce

Campbell, Sharon Gless, Jack Coleman

Guest Starring: Adrian Pasdar, Alona Tal



BRISBANE PROGRAM GUIDE

Wednesday 19th March 2014

09:30 pm Sons Of Anarchy

AV15+
Some Violence

ALL NEW EPISODES

Stolen Huff

Complications arise as the Sons band together to face a new adversary. Meanwhile, Gemma causes tension everywhere.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Ashley Tisdale

10:30 pm Vegas

M
Some Violence

NEW EPISODE

Hollywood Ending

Lamb, Jack and Katherine take advantage of the phone tap in Savino's office and try to get evidence on how Savino works the skim, making District Attorney Reynolds very nervous.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm Terriers

M
Some Violence

SERIES FINAL

Hail Mary

In the season finale, still reeling from his loss, Hank is out of options and out of time. Meanwhile, Britt is faced with a decision that will change his future.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Python Hunters (Rpt)

PG
Mild Coarse
Language

Deadly Down Under

The hunters continue their Australian mission of handling the most venomous, deadly and majestic animals on the continent.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

02:30 am Hardliners (Rpt)

PG
Some Coarse
Language

Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

03:00 am M*A*S*H (Rpt)

PG

That Darn Kid

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



BRISBANE PROGRAM GUIDE

Wednesday 19th March 2014

03:30 am Alby Mangels Adventure Bound (Rpt)

PG
Mild Coarse
Language

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

04:30 am Omnisport

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04:55 am Sporting Greats (Rpt)

PG

Muhammad Ali

Muhammad Ali is considered among the greatest heavyweights in boxing's history. A controversial figure during his early career, Ali is today one of the most recognised sporting figures of the past hundred years.

05:30 am Football: 500 Great Goals (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



BRISBANE PROGRAM GUIDE

Thursday 20th March 2014

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Sydney Track Classic

Join us for all the action as we bring you the 2014 Sydney Track Classic which forms the second leg of prestigious Australian Athletics Tour.

07:00 am NASCAR Nationwide Series Highlights

Race 4: Drive To Stop Diabetes 300 @ Bristol

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 4 of full throttle NASCAR excitement is hosted at the Bristol Motor Speedway.

08:00 am NASCAR Sprint Cup Highlights

Race 4: Food City 500 @ Bristol-Highlights

Non-stop motorsport action highlights from the Bristol Motor Speedway. The high octane NASCAR racing continues with the 4th race of the 2014 Sprint Cup Series.

09:00 am THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™ (Rpt) CC

REPLAY

The 2014 Formula 1 Rolex Australian Grand Prix

Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.

11:00 am Omnisport (Rpt)

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11:30 am MasterChef Australia (Rpt) CC G WS

Friday - Week 7

The final 14 contestants attend MasterClass to learn the fine art of Spotted Dick with custard. Later, three lucky contestants have a private MasterClass with James Privett.

01:00 pm MasterChef Australia (Rpt) CC G WS

Sunday - Week 8

The remaining contestants compete in a Korean inspired Invention Test to be judged by celebrity chef and Korean food aficionado, David Chang.

02:00 pm Psych PG

NEW EPISODE

Juliet Wears The Pantsuit

Shawn is his usual suspicious self about the new person in Juliet's life. Only this time he takes it a step further. He suspects the friend of murder.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



BRISBANE PROGRAM GUIDE

Thursday 20th March 2014

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05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>The Moon Is Not Blue</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Smart Fit The Battle Of Jericho</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References, Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Whose Line Is It Anyway?	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady



BRISBANE PROGRAM GUIDE

Thursday 20th March 2014

08:00 pm Whose Line Is It Anyway?	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:30 pm Fast Forward (Rpt)	M Sexual References	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
09:30 pm Ross Noble's Australian Trip (Rpt)	CC M WS Some Coarse Language	Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
10:30 pm The Sketch Show (Rpt)	PG Sexual References, Some Coarse Language	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
11:00 pm Blokesworld (Rpt)	MA15+ Sexual References, Nudity	Benwah chats with Chris Vermeulan; Ado heads to The Bankstown Bike Show, V8 Bikes, Miss Hard N Fast and a stack of killer bikes; Bloke of the week goes to Flat Track master Paul Caslick.
11:30 pm The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
SEASON FINALE		
12:30 am Would You Rather? With Graham Norton (Rpt)	M Sexual References	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Whoopi Goldberg, Janet Varney, Leo Allen and Michael Ian Black.
01:00 am Bellator MMA (Rpt)	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
03:00 am Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.



BRISBANE PROGRAM GUIDE

Thursday 20th March 2014

04:00 am Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:30 am Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:30 am Football: 500 Great Goals (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



BRISBANE PROGRAM GUIDE

Friday 21st March 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 4: Food City 500 @ Bristol-Qualifying

Who will take out the top spot in the qualifying race ahead of Race 4 from the Bristol Motor Speedway?

07:30 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Monday - Week 8

George's mum arrives in the MasterChef Kitchen to put the contestants through their paces. Mary Calombaris is a true Greek master! Her koupes, tzatziki and shamishi will be hard to replicate.

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Tuesday - Week 8

Guest chef, Vincent Gadan, is thrown a curve ball in the Immunity Challenge. A sweet treat whiz, will Vincent cope cooking a roast pork? Or will our MasterChef contestant win that illusive pin?

01:00 pm MasterChef Australia (Rpt)

CC PG
WS Mild Coarse
Language

Wednesday - Week 8

The contestants head to the newly-developed Westfield shopping centre food court in Sydney city to compete in another epic team challenge.

02:00 pm Psych

PG
Some Violence

NEW EPISODE

Santa Barbarian Candidate

A surfing accident creates a mayoral vacancy and Shawn decides political office may be his road to legitimacy.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References,
Mild Coarse
Language

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Get Smart (Rpt)

PG

Smart Fit The Battle Of Jericho

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



BRISBANE PROGRAM GUIDE

Friday 21st March 2014

04:30 pm COPS (Rpt)	PG Drug References, Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm Big Fish, Small Boats (Rpt)	G	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm M*A*S*H (Rpt)	PG	<u>Hey, Look Me Over</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm Get Smart (Rpt)	PG	<u>Where-What-How-Who Am I?</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm COPS	PG Drug References, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm Frontiers Of Construction (Rpt)	G	<u>Mining Ice</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm Megacities (Rpt)	PG	<u>Mumbai</u> Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:30 pm Basketball: NBL Championship 2013/14		DELAYED <u>Round 23: Wollongong Hawks V Sydney Kings</u> Round 23 sees the Wollongong Hawks up against the Sydney Kings. Join us at WIN Entertainment Centre for all the action.
11:30 pm The League	MA15+ Sexual References	NEW EPISODE <u>The Anchor Baby</u> Ruxin believes that Sofia is no longer interested in him. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie



BRISBANE PROGRAM GUIDE

Friday 21st March 2014

12:00 am **The Project Encore** (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:00 am **2014 Tudor United Sportscar
Championship**

DELAYED

R2 Mobil 1 Twelve Hours Of Sebring

Join us on ONE as we bring you the 62nd Annual Mobil 1 Twelve Hours of Sebring from the Sebring International Raceway in Florida.



BRISBANE PROGRAM GUIDE

Saturday 22nd March 2014

06:00 am 2014 Tudor United Sportscar Championship

01:00 pm World Series Sprintcars

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) PG

03:00 pm Alby Mangels Adventure Bound (Rpt) PG
Adult Themes

04:00 pm Megacities (Rpt) PG

05:00 pm Wild Racers PG

05:30 pm COPS (Rpt) PG
Drug References,
Adult Themes

06:00 pm M*A*S*H (Rpt) PG

06:30 pm Get Smart (Rpt) PG

DELAYED

R2 Mobil 1 Twelve Hours Of Sebring

Join us on ONE as we bring you the 62nd Annual Mobil 1 Twelve Hours of Sebring from the Sebring International Raceway in Florida.

Wss Lismore

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

Queensland's Scenic Rim

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. The Scenic Rim is a superb 4X4 adventure just one hour from Brisbane.

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

Mumbai

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

Foreign Affairs

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

The Expendable Agent

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



BRISBANE PROGRAM GUIDE

Saturday 22nd March 2014

07:00 pm Trick My Truck (Rpt)	PG	Gloria wants to repay her husband Wes Adier for all his sacrifices, and the cast of Trick My Truck is happy to take up the challenge.
07:30 pm Frontiers Of Construction (Rpt)	G	<p><u>Doing The Dirty Work: Robots For Hire</u></p> <p>Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.</p>
08:30 pm Law & Order: SVU (Rpt)	CC M Strong Adult Themes	<p><u>Limitations</u></p> <p>Faced with the expiration of a statute of limitations, SVU tries to find a rapist involved in three assaults that occurred five years earlier. Can SVU solve the crime in time?</p> <p>Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd</p> <p>Guest Starring: John Doman, Harvey Atkin, Sam Freed, Jenny Bacon, Judith Hawking, John Driver</p>
09:30 pm Bellator MMA	M Realistic Violence	<p>NEW EPISODE</p> <p>Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.</p>
11:30 pm Lights Out	M Some Violence	<p>NEW EPISODE</p> <p><u>Sucker Punch</u></p> <p>Patrick's mother swings into town, causing mixed feelings in the family.</p> <p>Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown</p>
12:30 am Blokesworld (Rpt)	MA15+ Sexual References, Nudity	<p>Benwah chats with Chris Vermeulan; Ado heads to The Bankstown Bike Show, V8 Bikes, Miss Hard N Fast and a stack of killer bikes; Bloke of the week goes to Flat Track master Paul Caslick.</p>
01:00 am 48 Hours		<p>48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.</p>
02:00 am Ross Kemp: In Search Of Pirates (Rpt)	M Some Coarse Language	<p>Ross investigates the boom in piracy on the world's oceans, travelling to some of the planet's biggest trouble spots to discover the problems faced by potential targets & those trying to protect them.</p>



BRISBANE PROGRAM GUIDE

Saturday 22nd March 2014

03:00 am MotoGP 2014

LIVE NATIONWIDE

Race 1 Qatar - Qualifying

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from the qualifying in Race 1 of the 2014 MotoGP from the Losail Circuit in Qatar.

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:00 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.



ADELAIDE PROGRAM GUIDE

Sunday 16th March 2014

06:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am Rugby Classic Matches (Rpt)

Autumn International 2008: England V Australia

Relive the classic match between England and Australia in the 2008 Autumn International at Twickenham in London.

08:30 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

09:30 am Mark Webber Tribute

Mark Webber Tribute

Mark Webber is one of Australia's most popular and famous Formula One drivers. With 9 wins and 42 podium finishes he is also one of only three Australians in history to win a grand prix.

10:30 am THE 2014 FIA FORMULA ONE WORLD CHAMPIONSHIP™ SEASON PREVIEW CC

LIVE NATIONWIDE

2014 Formula 1 Rolex Australian Grand Prix Season Preview

The countdown to this year's first F1 race is on. Join TEN's expert team, Alan Jones, Greg Rust, Daryl Beattie and Mark Webber LIVE from Melbourne for an exclusive preview of the 2014 season.

11:30 am THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™ RACE DAY CC

LIVE NATIONWIDE

The 2014 Formula ONE Rolex Australian Grand Prix Race Day

The big names of Formula 1 go head-to-head in Melbourne chasing the top step of the podium. Alonso, Raikkonen, Button, Hamilton, Ricciardo will chase defending world champ Sebastian Vettel.

03:30 pm THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™ CC

LIVE NATIONWIDE

The 2014 Formula ONE Rolex Australian Grand Prix Preview

Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you the latest F1 news, interviews and previews in the final countdown before the lights go green and we go racing at the 2014 F1 Australian Grand Prix.

04:30 pm THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™ CC

LIVE NATIONWIDE

The 2014 Formula 1 Rolex Australian Grand Prix

Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.

06:30 pm THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™

LIVE NATIONWIDE

The 2014 Formula 1 Rolex Australian Grand Prix Extended Coverage

Our expert commentators wrap up the day's racing action, with the latest news and interviews from the paddock and track.

Sunday 16th March 2014

07:00 pm Million Dollar Catch (Rpt)	PG Some Coarse Language	Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.
07:30 pm Hardliners (Rpt)	PG Some Coarse Language	Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.
08:00 pm Extreme Fishing With Robson Green (Rpt)	PG Some Coarse Language	Robson Green's passion for fishing means he's already fished the entire map. But this time he's going further, as he takes it off the map and casts his line at the Ends of the Earth.
09:00 pm COPS		
09:30 pm Movie: The Usual Suspects (0)	AV15+ Some Violence, Some Coarse Language	<p>MOVIE</p> <p>A boat has been destroyed, criminals are dead, and the key to this mystery lies with the only survivor and his twisted, convoluted story.</p> <p>Starring: Stephen Baldwin, Gabriel Byrne, Benicio Del Toro, Kevin Pollack, Chazz Palminteri, Pete Postlethwaite, Giancarlo Esposito, Suzy Amis, Dan Hedaya</p> <p>Guest Starring: Kevin Spacey</p>
11:50 pm Driven To Extremes (Rpt)	PG	<p>Hottest Road</p> <p>Driven to Extremes is the ultimate driving challenge, pitting Hollywood actors, Adrien Brody, Tom Hardy & Henry Cavill with motorsport racers, Mika Salo & Neil Hodgson against some of the most hostile places on the planet.</p> <p>Starring: Adrien Brody, Tom Hardy, Henry Cavill</p>
12:50 am Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.
01:50 am Ross Kemp: Battle For The Amazon (Rpt)	M Some Coarse Language, Drug References, Adult Themes	Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.
02:50 am Trick My Truck (Rpt)	PG	The Mafia does a truck makeover for a husband and wife team that drive a replica of the Vietnam Veteran's Memorial around the country.

The logo for the ONE television network, featuring the word "one" in a white, lowercase, sans-serif font inside a solid green square.

ADELAIDE PROGRAM GUIDE

Sunday 16th March 2014

03:20 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am NASCAR Sprint Cup

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.



ADELAIDE PROGRAM GUIDE

Monday 17th March 2014

06:00 am NASCAR Sprint Cup

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.

07:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:00 am 2014 Australian Athletics Tour (Rpt) CC

Sydney Track Classic

Join us for all the action as we bring you the 2014 Sydney Track Classic which forms the second leg of prestigious Australian Athletics Tour.

09:00 am Men's Health Survival Of The Fittest (Rpt) G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

09:30 am Frontiers Of Construction (Rpt) G

Breaking The Waves: U.S. Army Corps Of Engineers

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

10:30 am Megacities (Rpt) PG

London

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

11:30 am MasterChef Australia (Rpt) CC G
WS

Thursday - Week 6

As the winning team from the challenge are treated to a reward lunch at Tetsuya's, the losing team must don the dreaded black aprons and send their weakest links into the Elimination Challenge.

12:30 pm MasterChef Australia (Rpt) CC G
WS

Friday - Week 6

In a very special MasterClass, two lucky contestants are sent to Kuala Lumpur, Malaysia, for a private cooking lesson with legendary seafood king, Rick Stein.

02:00 pm Psych PG

NEW EPISODE

Cirque Du Soul

Gus' fun day at the circus with Rachel's son Maximus takes a turn for the not so fun.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



ADELAIDE PROGRAM GUIDE

Monday 17th March 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Hardliners (Rpt)	PG Some Coarse Language	Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.
04:30 pm	Recruits Paramedics (Rpt)	CC PG Adult Themes	At Central Station a businessman has collapsed to the ground, suffering from a heart attack; also, after 3-months training Jenna, Evan, Rebecca and John say goodbye to their mentors.
05:00 pm	Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Picture This</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Man From Yenta</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



ADELAIDE PROGRAM GUIDE

Monday 17th March 2014

07:00 pm Undercover Boss Australia (Rpt)	CC PG Some Coarse Language	<u>Ymca</u> The CEO of YMCA Nick Cox goes undercover to the South Headland and Gratwick Aquatic Centre. Throughout Nick's journey he meets some very inspiring and touching people.
08:00 pm American Digger (Rpt)	PG Mild Coarse Language	<u>Buried Bucks In The Bayou</u> American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.
08:30 pm Movie: Star Trek IV: The Voyage Home (Rpt) (1986)	PG Some Coarse Language	MOVIE To save Earth from an alien probe, Admiral Kirk and his fugitive crew go back in time to 20th century Earth to retrieve the only species who can communicate with the alien, humpback whales. Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Nichelle Nichols, Walter Koenig, Catherine Hicks, Mark Lenard, Robin Curtis, Jane Wyatt
11:00 pm Movie: Star Trek V: The Final Frontier (1989)	PG Mild Violence, Adult Themes	MOVIE Captain Kirk and his crew must deal with Mr. Spock's half brother who hijacks the Enterprise for an obsessive search for God. Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, David Warner, Laurence Luckinbill
01:15 am The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
02:15 am Bellator MMA (Rpt)	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
04:15 am M*A*S*H (Rpt)	PG	<u>Picture This</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:45 am Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



ADELAIDE PROGRAM GUIDE

Monday 17th March 2014

05:00 am Sporting Greats (Rpt)

G

Roger Federer

Roger Federer, considered by most to be the greatest tennis champion in history, holds several men's tennis records and has won seventeen grand slams, including seven at Wimbledon alone.

05:30 am Football: 500 Great Goals (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



ADELAIDE PROGRAM GUIDE

Tuesday 18th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 22: Adelaide 36ers V Perth Wildcats

Round 22 sees the Adelaide 36ers at home against the Perth Wildcats. Join us for all the action from Adelaide Arena.

08:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 22: Sydney Kings V Adelaide 36ers

Round 22 takes us to the Sydney Entertainment Centre where the Sydney Kings play host to the Adelaide 36ers.

10:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:30 am **American Digger** (Rpt)

PG
Mild Coarse
Language

Buried Bucks In The Bayou

American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.

11:00 am **MasterChef Australia** (Rpt)

CC PG
WS

Sunday - Week 7

The remaining contestants invite 24 very special Qantas guests into the MasterChef restaurant for an 8-course feast based on Neil Perry's first class menu.

12:30 pm **MasterChef Australia** (Rpt)

CC PG
WS

Monday - Week 7

What could make an elimination challenge even more intense? Having culinary legend, Heston Blumenthal, arrive at the MasterChef Kitchen to judge your burger and fries!

02:00 pm **Psych**

PG
Some Violence,
Sexual References

NEW EPISODE

Deez Nups

Lassiter's long wait is finally over, and Marlowe has said "yes" to his proposal for a quick, but mostly tasteful wedding at a casino resort.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

Tuesday 18th March 2014

04:00 pm Get Smart (Rpt)	PG	<p><u>The Man From Yenta</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
04:30 pm Fishing Edge (Rpt)	G	<p>Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.</p>
05:00 pm Big Angry Fish (Rpt)	G	<p>Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.</p>
05:30 pm I Fish (Rpt)	G	<p>Paul Worsteling brings you great tips and products that will help you lure the big fish.</p>
06:00 pm M*A*S*H (Rpt)	PG	<p><u>Who Knew</u></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>
06:30 pm Get Smart (Rpt)	PG	<p><u>The Mummy</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
07:00 pm COPS (Rpt)	PG Drug References	<p>A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
07:30 pm Python Hunters (Rpt)	PG Mild Coarse Language	<p><u>Deadly Down Under</u></p> <p>The hunters continue their Australian mission of handling the most venomous, deadly and majestic animals on the continent.</p> <p>Starring: Shawn Heflick, Greg Graziani, Michael Cole</p>



ADELAIDE PROGRAM GUIDE

Tuesday 18th March 2014

08:30 pm COPS: Adults Only (Rpt)	M Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:00 pm COPS: Adults Only (Rpt)	M	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:30 pm Ross Kemp: In Search Of Pirates (Rpt)	M Some Coarse Language	Ross investigates the boom in piracy on the world's oceans, travelling to some of the planet's biggest trouble spots to discover the problems faced by potential targets & those trying to protect them.
10:30 pm Super Rugby Extra Time	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
11:30 pm Sleeper Cell (Rpt)	MA15+ Some Violence, Very Coarse Language	<p>NEW EPISODE <u>Intramural</u></p> <p>The cell works out a deal with white supremacists so they can acquire a large amount of explosives. The LAPD then sets up a surveillance on Darwyn after Gayle contacts them.</p> <p>Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti</p>
12:40 am THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™ (Rpt)	CC	<p>REPLAY <u>The 2014 Formula 1 Rolex Australian Grand Prix</u></p> <p>Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.</p>
02:40 am The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
03:40 am Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.
04:40 am Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am Sporting Greats (Rpt)	PG	<p><u>Sugar Ray Robinson</u></p> <p>Sugar Ray Robinson is cited as the greatest boxer of all time. His performances in the welterweight and middleweight divisions prompted sportswriters to create "pound for pound" rankings, where they compared fighters regardless of weight.</p>



ADELAIDE PROGRAM GUIDE

Tuesday 18th March 2014

05:30 am Football: 500 Great Goals (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



ADELAIDE PROGRAM GUIDE

Wednesday 19th March 2014

06:00 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

07:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

08:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.

09:00 am Swisse Mark Webber Challenge (Rpt)

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.

10:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:30 am Frontiers Of Construction (Rpt)

G

Big Shots: The Art & Science Of Blasting

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Tuesday - Week 7

Sweet superstar, Darren Purchase, is Melbourne's answer to Adriano Zumbo, and he is now challenging our MasterChef contestants to replicate his own highly technical dessert.

12:00 pm MasterChef Australia (Rpt)

CC G
WS

Wednesday - Week 7

The two teams need to cook a 6-course meal for 50 guests, while creating as little waste as possible. They will need to be creative as well as resourceful to win this challenge.

01:00 pm MasterChef Australia (Rpt)

CC PG
WS Mild Coarse
Language

Thursday - Week 7

The losing team from the challenge, battle it out to save their place in the competition. The contestants only have 15 minutes to complete the dish and they can only use 3 ingredients.

02:00 pm Psych

PG
Some Violence

NEW EPISODE

Right Turn Or Left For Dead

Rather than celebrate after the successful conclusion of his case, Shawn turns unusually introspective. He re-examines every decision made to determine if he could have changed the outcome.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



ADELAIDE PROGRAM GUIDE

Wednesday 19th March 2014

03:00 pm	Super Rugby Extra Time (Rpt)	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
04:00 pm	Get Smart (Rpt)	PG	<u>The Mummy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	PG Some Coarse Language	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>That Darn Kid</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Girls From Kaos</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	White Collar (Rpt)	PG Some Violence	<u>Parting Shots</u> The guys suspect fraud when a beautiful widow stands to receive a hefty life-insurance payout. Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen
08:30 pm	Burn Notice	M Some Violence	ALL NEW EPISODES <u>Brothers In Arms</u> Burke once again recruits Michael and his team to break Sonya out of a Russian prison based in Havana. However, Michael's past with the Russians makes it harder than they thought. Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce

Campbell, Sharon Gless, Jack Coleman

Guest Starring: Adrian Pasdar, Alona Tal



ADELAIDE PROGRAM GUIDE

Wednesday 19th March 2014

09:30 pm Sons Of Anarchy

AV15+
Some Violence

ALL NEW EPISODES

Stolen Huff

Complications arise as the Sons band together to face a new adversary. Meanwhile, Gemma causes tension everywhere.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Ashley Tisdale

10:30 pm Vegas

M
Some Violence

NEW EPISODE

Hollywood Ending

Lamb, Jack and Katherine take advantage of the phone tap in Savino's office and try to get evidence on how Savino works the skim, making District Attorney Reynolds very nervous.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm Terriers

M
Some Violence

SERIES FINAL

Hail Mary

In the season finale, still reeling from his loss, Hank is out of options and out of time. Meanwhile, Britt is faced with a decision that will change his future.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Python Hunters (Rpt)

PG
Mild Coarse
Language

Deadly Down Under

The hunters continue their Australian mission of handling the most venomous, deadly and majestic animals on the continent.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

02:30 am Hardliners (Rpt)

PG
Some Coarse
Language

Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

03:00 am M*A*S*H (Rpt)

PG

That Darn Kid

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



ADELAIDE PROGRAM GUIDE

Wednesday 19th March 2014

03:30 am Alby Mangels Adventure Bound (Rpt)

PG
Mild Coarse
Language

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt)

PG

Muhammad Ali

Muhammad Ali is considered among the greatest heavyweights in boxing's history. A controversial figure during his early career, Ali is today one of the most recognised sporting figures of the past hundred years.

05:30 am Football: 500 Great Goals (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



ADELAIDE PROGRAM GUIDE

Thursday 20th March 2014

06:00 am 2014 Australian Athletics Tour (Rpt) CC

Sydney Track Classic

Join us for all the action as we bring you the 2014 Sydney Track Classic which forms the second leg of prestigious Australian Athletics Tour.

07:00 am NASCAR Nationwide Series Highlights

Race 4: Drive To Stop Diabetes 300 @ Bristol

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 4 of full throttle NASCAR excitement is hosted at the Bristol Motor Speedway.

08:00 am NASCAR Sprint Cup Highlights

Race 4: Food City 500 @ Bristol-Highlights

Non-stop motorsport action highlights from the Bristol Motor Speedway. The high octane NASCAR racing continues with the 4th race of the 2014 Sprint Cup Series.

09:00 am THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™ (Rpt) CC

REPLAY

The 2014 Formula 1 Rolex Australian Grand Prix

Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.

11:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am MasterChef Australia (Rpt) CC G WS

Friday - Week 7

The final 14 contestants attend MasterClass to learn the fine art of Spotted Dick with custard. Later, three lucky contestants have a private MasterClass with James Privett.

01:00 pm MasterChef Australia (Rpt) CC G WS

Sunday - Week 8

The remaining contestants compete in a Korean inspired Invention Test to be judged by celebrity chef and Korean food aficionado, David Chang.

02:00 pm Psych PG

NEW EPISODE

Juliet Wears The Pantsuit

Shawn is his usual suspicious self about the new person in Juliet's life. Only this time he takes it a step further. He suspects the friend of murder.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



ADELAIDE PROGRAM GUIDE

Thursday 20th March 2014

03:30 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>The Girls From Kaos</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	G	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>The Moon Is Not Blue</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Smart Fit The Battle Of Jericho</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References, Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Whose Line Is It Anyway?	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady

Thursday 20th March 2014

- | | | |
|------------------------------------------------------------|--------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08:00 pm Whose Line Is It Anyway? | PG
Sexual References | An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady |
| 08:30 pm Fast Forward (Rpt) | M
Sexual References | Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments. |
| 09:30 pm Ross Noble's Australian Trip (Rpt) | CC M
WS Some Coarse Language | Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs. |
| 10:30 pm The Sketch Show (Rpt) | PG
Sexual References,
Some Coarse Language | The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour. |
| 11:00 pm Blokesworld (Rpt) | MA15+
Sexual References,
Nudity | Benwah chats with Chris Vermeulan; Ado heads to The Bankstown Bike Show, V8 Bikes, Miss Hard N Fast and a stack of killer bikes; Bloke of the week goes to Flat Track master Paul Caslick. |
| 11:30 pm The Project Encore (Rpt) | CC | Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics. |
| SEASON FINALE | | |
| 12:30 am Would You Rather? With Graham Norton (Rpt) | M
Sexual References | Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Whoopi Goldberg, Janet Varney, Leo Allen and Michael Ian Black. |
| 01:00 am Bellator MMA (Rpt) | M
Realistic Violence | Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world. |
| 03:00 am Fight Master MMA (Rpt) | M
Realistic Violence | MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament. |



ADELAIDE PROGRAM GUIDE

Thursday 20th March 2014

04:00 am Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:30 am Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:30 am Football: 500 Great Goals (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



ADELAIDE PROGRAM GUIDE

Friday 21st March 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 4: Food City 500 @ Bristol-Qualifying

Who will take out the top spot in the qualifying race ahead of Race 4 from the Bristol Motor Speedway?

07:30 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Monday - Week 8

George's mum arrives in the MasterChef Kitchen to put the contestants through their paces. Mary Calombaris is a true Greek master! Her koupes, tzatziki and shamishi will be hard to replicate.

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Tuesday - Week 8

Guest chef, Vincent Gadan, is thrown a curve ball in the Immunity Challenge. A sweet treat whiz, will Vincent cope cooking a roast pork? Or will our MasterChef contestant win that illusive pin?

01:00 pm MasterChef Australia (Rpt)

CC PG
WS Mild Coarse
Language

Wednesday - Week 8

The contestants head to the newly-developed Westfield shopping centre food court in Sydney city to compete in another epic team challenge.

02:00 pm Psych

PG
Some Violence

NEW EPISODE

Santa Barbarian Candidate

A surfing accident creates a mayoral vacancy and Shawn decides political office may be his road to legitimacy.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References,
Mild Coarse
Language

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Get Smart (Rpt)

PG

Smart Fit The Battle Of Jericho

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



ADELAIDE PROGRAM GUIDE

Friday 21st March 2014

04:30 pm	COPS (Rpt)	PG Drug References, Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	G	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Hey, Look Me Over</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Where-What-How-Who Am I?</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Frontiers Of Construction (Rpt)	G	<u>Mining Ice</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm	Megacities (Rpt)	PG	<u>Mumbai</u> Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:30 pm	Basketball: NBL Championship 2013/14		DELAYED <u>Round 23: Wollongong Hawks V Sydney Kings</u> Round 23 sees the Wollongong Hawks up against the Sydney Kings. Join us at WIN Entertainment Centre for all the action.
11:30 pm	The League	MA15+ Sexual References	NEW EPISODE <u>The Anchor Baby</u> Ruxin believes that Sofia is no longer interested in him. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie



ADELAIDE PROGRAM GUIDE

Friday 21st March 2014

12:00 am **The Project Encore** (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:00 am **2014 Tudor United Sportscar Championship**

DELAYED

R2 Mobil 1 Twelve Hours Of Sebring

Join us on ONE as we bring you the 62nd Annual Mobil 1 Twelve Hours of Sebring from the Sebring International Racway in Florida.



ADELAIDE PROGRAM GUIDE

Saturday 22nd March 2014

06:00 am 2014 Tudor United Sportscar Championship

01:00 pm World Series Sprintcars

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) PG

03:00 pm Alby Mangels Adventure Bound (Rpt) PG Adult Themes

04:00 pm Megacities (Rpt) PG

05:00 pm Wild Racers PG

05:30 pm COPS (Rpt) PG Drug References, Adult Themes

06:00 pm M*A*S*H (Rpt) PG

06:30 pm Get Smart (Rpt) PG

DELAYED

R2 Mobil 1 Twelve Hours Of Sebring

Join us on ONE as we bring you the 62nd Annual Mobil 1 Twelve Hours of Sebring from the Sebring International Raceway in Florida.

Wss Lismore

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

Queensland's Scenic Rim

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. The Scenic Rim is a superb 4X4 adventure just one hour from Brisbane.

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

Mumbai

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

Foreign Affairs

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

The Expendable Agent

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



ADELAIDE PROGRAM GUIDE

Saturday 22nd March 2014

07:00 pm Trick My Truck (Rpt)	PG	Gloria wants to repay her husband Wes Adier for all his sacrifices, and the cast of Trick My Truck is happy to take up the challenge.
07:30 pm Frontiers Of Construction (Rpt)	G	<p><u>Doing The Dirty Work: Robots For Hire</u></p> <p>Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.</p>
08:30 pm Law & Order: SVU (Rpt)	CC M Strong Adult Themes	<p><u>Limitations</u></p> <p>Faced with the expiration of a statute of limitations, SVU tries to find a rapist involved in three assaults that occurred five years earlier. Can SVU solve the crime in time?</p> <p>Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd</p> <p>Guest Starring: John Doman, Harvey Atkin, Sam Freed, Jenny Bacon, Judith Hawking, John Driver</p>
09:30 pm Bellator MMA	M Realistic Violence	<p>NEW EPISODE</p> <p>Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.</p>
11:30 pm Lights Out	M Some Violence	<p>NEW EPISODE</p> <p><u>Sucker Punch</u></p> <p>Patrick's mother swings into town, causing mixed feelings in the family.</p> <p>Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown</p>
12:30 am Blokesworld (Rpt)	MA15+ Sexual References, Nudity	<p>Benwah chats with Chris Vermeulan; Ado heads to The Bankstown Bike Show, V8 Bikes, Miss Hard N Fast and a stack of killer bikes; Bloke of the week goes to Flat Track master Paul Caslick.</p>
01:00 am 48 Hours		<p>48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.</p>
02:00 am Ross Kemp: In Search Of Pirates (Rpt)	M Some Coarse Language	<p>Ross investigates the boom in piracy on the world's oceans, travelling to some of the planet's biggest trouble spots to discover the problems faced by potential targets & those trying to protect them.</p>



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ADELAIDE PROGRAM GUIDE

Saturday 22nd March 2014

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am MotoGP 2014

LIVE NATIONWIDE

Race 1 Qatar - Qualifying

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from the qualifying in Race 1 of the 2014 MotoGP from the Losail Circuit in Qatar.

05:00 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.



PERTH PROGRAM GUIDE

Sunday 16th March 2014

06:00 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

07:00 am Mark Webber Tribute

Mark Webber Tribute

Mark Webber is one of Australia's most popular and famous Formula One drivers. With 9 wins and 42 podium finishes he is also one of only three Australians in history to win a grand prix.

08:00 am THE 2014 FIA FORMULA ONE
WORLD CHAMPIONSHIP™
SEASON PREVIEW CC

LIVE NATIONWIDE

2014 Formula 1 Rolex Australian Grand Prix Season Preview

The countdown to this year's first F1 race is on. Join TEN's expert team, Alan Jones, Greg Rust, Daryl Beattie and Mark Webber LIVE from Melbourne for an exclusive preview of the 2014 season.

09:00 am THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™ RACE
DAY CC

LIVE NATIONWIDE

The 2014 Formula ONE Rolex Australian Grand Prix Race Day

The big names of Formula 1 go head-to-head in Melbourne chasing the top step of the podium. Alonso, Raikkonen, Button, Hamilton, Ricciardo will chase defending world champ Sebastian Vettel.

01:00 pm THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™ CC

LIVE NATIONWIDE

The 2014 Formula ONE Rolex Australian Grand Prix Preview

Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you the latest F1 news, interviews and previews in the final countdown before the lights go green and we go racing at the 2014 F1 Australian Grand Prix.

02:00 pm THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™ CC

LIVE NATIONWIDE

The 2014 Formula 1 Rolex Australian Grand Prix

Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.

04:00 pm THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™

LIVE NATIONWIDE

The 2014 Formula 1 Rolex Australian Grand Prix Extended Coverage

Our expert commentators wrap up the day's racing action, with the latest news and interviews from the paddock and track.

04:30 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



PERTH PROGRAM GUIDE

Sunday 16th March 2014

05:00 pm Megacities (Rpt)	PG	<u>London</u> Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
06:00 pm M*A*S*H (Rpt)	PG	<u>Letters</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm Get Smart (Rpt)	PG	<u>Smart Fell On Alabama</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm Million Dollar Catch (Rpt)	PG Some Coarse Language	Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.
07:30 pm Hardliners (Rpt)	PG Some Coarse Language	Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.
08:00 pm Extreme Fishing With Robson Green (Rpt)	PG Some Coarse Language	Robson Green's passion for fishing means he's already fished the entire map. But this time he's going further, as he takes it off the map and casts his line at the Ends of the Earth.
09:00 pm COPS		
09:30 pm Movie: The Usual Suspects (0)	AV15+ Some Violence, Some Coarse Language	MOVIE A boat has been destroyed, criminals are dead, and the key to this mystery lies with the only survivor and his twisted, convoluted story. Starring: Stephen Baldwin, Gabriel Byrne, Benicio Del Toro, Kevin Pollack, Chazz Palminteri, Pete Postlethwaite, Giancarlo Esposito, Suzy Amis, Dan Hedaya Guest Starring: Kevin Spacey



PERTH PROGRAM GUIDE

Sunday 16th March 2014

11:50 pm	Driven To Extremes (Rpt)	PG	<u>Hottest Road</u> Driven to Extremes is the ultimate driving challenge, pitting Hollywood actors, Adrien Brody, Tom Hardy & Henry Cavill with motorsport racers, Mika Salo & Neil Hodgson against some of the most hostile places on the planet. Starring: Adrien Brody, Tom Hardy, Henry Cavill
12:50 am	Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.
01:50 am	Ross Kemp: Battle For The Amazon (Rpt)	M Some Coarse Language, Drug References, Adult Themes	Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.
02:50 am	Trick My Truck (Rpt)	PG	The Mafia does a truck makeover for a husband and wife team that drive a replica of the Vietnam Veteran's Memorial around the country.
03:20 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
03:30 am	NASCAR Sprint Cup		<u>Race 4: Food City 500 @ Bristol</u> Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.



PERTH PROGRAM GUIDE

Monday 17th March 2014

06:00 am NASCAR Sprint Cup

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.

07:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:00 am 2014 Australian Athletics Tour (Rpt) CC

Sydney Track Classic

Join us for all the action as we bring you the 2014 Sydney Track Classic which forms the second leg of prestigious Australian Athletics Tour.

09:00 am Men's Health Survival Of The Fittest (Rpt) G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

09:30 am Frontiers Of Construction (Rpt) G

Breaking The Waves: U.S. Army Corps Of Engineers

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

10:30 am Megacities (Rpt) PG

London

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

11:30 am MasterChef Australia (Rpt) CC G WS

Thursday - Week 6

As the winning team from the challenge are treated to a reward lunch at Tetsuya's, the losing team must don the dreaded black aprons and send their weakest links into the Elimination Challenge.

12:30 pm MasterChef Australia (Rpt) CC G WS

Friday - Week 6

In a very special MasterClass, two lucky contestants are sent to Kuala Lumpur, Malaysia, for a private cooking lesson with legendary seafood king, Rick Stein.

02:00 pm Psych PG

NEW EPISODE

Cirque Du Soul

Gus' fun day at the circus with Rachel's son Maximus takes a turn for the not so fun.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



PERTH PROGRAM GUIDE

Monday 17th March 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
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04:00 pm	Hardliners (Rpt)	PG Some Coarse Language	Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.
04:30 pm	Recruits Paramedics (Rpt)	CC PG Adult Themes	At Central Station a businessman has collapsed to the ground, suffering from a heart attack; also, after 3-months training Jenna, Evan, Rebecca and John say goodbye to their mentors.
05:00 pm	Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Picture This</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Man From Yenta</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



PERTH PROGRAM GUIDE

Monday 17th March 2014

07:00 pm **Undercover Boss Australia** (Rpt) CC PG
Some Coarse Language

Ymca

The CEO of YMCA Nick Cox goes undercover to the South Headland and Gratwick Aquatic Centre. Throughout Nick's journey he meets some very inspiring and touching people.

08:00 pm **American Digger** (Rpt) PG
Mild Coarse Language

Buried Bucks In The Bayou

American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.

08:30 pm **Movie: Star Trek IV: The Voyage Home** (Rpt) (1986) PG
Some Coarse Language

MOVIE

To save Earth from an alien probe, Admiral Kirk and his fugitive crew go back in time to 20th century Earth to retrieve the only species who can communicate with the alien, humpback whales.

Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Nichelle Nichols, Walter Koenig, Catherine Hicks, Mark Lenard, Robin Curtis, Jane Wyatt

11:00 pm **Movie: Star Trek V: The Final Frontier** (1989) PG
Mild Violence, Adult Themes

MOVIE

Captain Kirk and his crew must deal with Mr. Spock's half brother who hijacks the Enterprise for an obsessive search for God.

Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, David Warner, Laurence Luckinbill

01:15 am **The Project Encore** (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

02:15 am **Bellator MMA** (Rpt) M
Realistic Violence

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

04:15 am **M*A*S*H** (Rpt) PG

Picture This

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:45 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



PERTH PROGRAM GUIDE

Monday 17th March 2014

05:00 am **Sporting Greats** (Rpt)

G

Roger Federer

Roger Federer, considered by most to be the greatest tennis champion in history, holds several men's tennis records and has won seventeen grand slams, including seven at Wimbledon alone.

05:30 am **Football: 500 Great Goals** (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



PERTH PROGRAM GUIDE

Tuesday 18th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 22: Adelaide 36ers V Perth Wildcats

Round 22 sees the Adelaide 36ers at home against the Perth Wildcats. Join us for all the action from Adelaide Arena.

08:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 22: Sydney Kings V Adelaide 36ers

Round 22 takes us to the Sydney Entertainment Centre where the Sydney Kings play host to the Adelaide 36ers.

10:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:30 am **American Digger** (Rpt)

PG
Mild Coarse
Language

Buried Bucks In The Bayou

American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.

11:00 am **MasterChef Australia** (Rpt)

CC PG
WS

Sunday - Week 7

The remaining contestants invite 24 very special Qantas guests into the MasterChef restaurant for an 8-course feast based on Neil Perry's first class menu.

12:30 pm **MasterChef Australia** (Rpt)

CC PG
WS

Monday - Week 7

What could make an elimination challenge even more intense? Having culinary legend, Heston Blumenthal, arrive at the MasterChef Kitchen to judge your burger and fries!

02:00 pm **Psych**

PG
Some Violence,
Sexual References

NEW EPISODE

Deez Nups

Lassiter's long wait is finally over, and Marlowe has said "yes" to his proposal for a quick, but mostly tasteful wedding at a casino resort.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

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An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



PERTH PROGRAM GUIDE

Tuesday 18th March 2014

04:00 pm	Get Smart (Rpt)	PG	<u>The Man From Yenta</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Fishing Edge (Rpt)	G	Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.
05:00 pm	Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Who Knew</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Mummy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Python Hunters (Rpt)	PG Mild Coarse Language	<u>Deadly Down Under</u> The hunters continue their Australian mission of handling the most venomous, deadly and majestic animals on the continent. Starring: Shawn Heflick, Greg Graziani, Michael Cole



PERTH PROGRAM GUIDE

Tuesday 18th March 2014

08:30 pm COPS: Adults Only (Rpt)	M Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:00 pm COPS: Adults Only (Rpt)	M	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:30 pm Ross Kemp: In Search Of Pirates (Rpt)	M Some Coarse Language	Ross investigates the boom in piracy on the world's oceans, travelling to some of the planet's biggest trouble spots to discover the problems faced by potential targets & those trying to protect them.
10:30 pm Super Rugby Extra Time	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
11:30 pm Sleeper Cell (Rpt)	MA15+ Some Violence, Very Coarse Language	<p>NEW EPISODE</p> <p><u>Intramural</u></p> <p>The cell works out a deal with white supremacists so they can acquire a large amount of explosives. The LAPD then sets up a surveillance on Darwyn after Gayle contacts them.</p> <p>Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti</p>
12:40 am THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™ (Rpt)	CC	<p>REPLAY</p> <p><u>The 2014 Formula 1 Rolex Australian Grand Prix</u></p> <p>Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.</p>
02:40 am The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
03:40 am Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.
04:40 am Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am Sporting Greats (Rpt)	PG	<p><u>Sugar Ray Robinson</u></p> <p>Sugar Ray Robinson is cited as the greatest boxer of all time. His performances in the welterweight and middleweight divisions prompted sportswriters to create "pound for pound" rankings, where they compared fighters regardless of weight.</p>



PERTH PROGRAM GUIDE

Tuesday 18th March 2014

05:30 am **Football: 500 Great Goals** (Rpt) G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



PERTH PROGRAM GUIDE

Wednesday 19th March 2014

06:00 am Sport Science (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

07:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

08:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.

09:00 am Swisse Mark Webber Challenge (Rpt)

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.

10:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:30 am Frontiers Of Construction (Rpt)

G

Big Shots: The Art & Science Of Blasting

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Tuesday - Week 7

Sweet superstar, Darren Purchase, is Melbourne's answer to Adriano Zumbo, and he is now challenging our MasterChef contestants to replicate his own highly technical dessert.

12:00 pm MasterChef Australia (Rpt)

CC G
WS

Wednesday - Week 7

The two teams need to cook a 6-course meal for 50 guests, while creating as little waste as possible. They will need to be creative as well as resourceful to win this challenge.

01:00 pm MasterChef Australia (Rpt)

CC PG
WS Mild Coarse
Language

Thursday - Week 7

The losing team from the challenge, battle it out to save their place in the competition. The contestants only have 15 minutes to complete the dish and they can only use 3 ingredients.

02:00 pm Psych

PG
Some Violence

NEW EPISODE

Right Turn Or Left For Dead

Rather than celebrate after the successful conclusion of his case, Shawn turns unusually introspective. He re-examines every decision made to determine if he could have changed the outcome.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



PERTH PROGRAM GUIDE

Wednesday 19th March 2014

03:00 pm	Super Rugby Extra Time (Rpt)	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
04:00 pm	Get Smart (Rpt)	PG	<u>The Mummy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	PG Some Coarse Language	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>That Darn Kid</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Girls From Kaos</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	White Collar (Rpt)	PG Some Violence	<u>Parting Shots</u> The guys suspect fraud when a beautiful widow stands to receive a hefty life-insurance payout. Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen
08:30 pm	Burn Notice	M Some Violence	ALL NEW EPISODES <u>Brothers In Arms</u> Burke once again recruits Michael and his team to break Sonya out of a Russian prison based in Havana. However, Michael's past with the Russians makes it harder than they thought. Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce

Campbell, Sharon Gless, Jack Coleman

Guest Starring: Adrian Pasdar, Alona Tal



PERTH PROGRAM GUIDE

Wednesday 19th March 2014

09:30 pm Sons Of Anarchy

AV15+
Some Violence

ALL NEW EPISODES

Stolen Huff

Complications arise as the Sons band together to face a new adversary. Meanwhile, Gemma causes tension everywhere.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Ashley Tisdale

10:30 pm Vegas

M
Some Violence

NEW EPISODE

Hollywood Ending

Lamb, Jack and Katherine take advantage of the phone tap in Savino's office and try to get evidence on how Savino works the skim, making District Attorney Reynolds very nervous.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm Terriers

M
Some Violence

SERIES FINAL

Hail Mary

In the season finale, still reeling from his loss, Hank is out of options and out of time. Meanwhile, Britt is faced with a decision that will change his future.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Python Hunters (Rpt)

PG
Mild Coarse
Language

Deadly Down Under

The hunters continue their Australian mission of handling the most venomous, deadly and majestic animals on the continent.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

02:30 am Hardliners (Rpt)

PG
Some Coarse
Language

Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

03:00 am M*A*S*H (Rpt)

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That Darn Kid

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



PERTH PROGRAM GUIDE

Wednesday 19th March 2014

03:30 am Alby Mangels Adventure Bound (Rpt)

PG
Mild Coarse
Language

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt)

PG

Muhammad Ali

Muhammad Ali is considered among the greatest heavyweights in boxing's history. A controversial figure during his early career, Ali is today one of the most recognised sporting figures of the past hundred years.

05:30 am Football: 500 Great Goals (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



PERTH PROGRAM GUIDE

Thursday 20th March 2014

06:00 am 2014 Australian Athletics Tour (Rpt) CC

Sydney Track Classic

Join us for all the action as we bring you the 2014 Sydney Track Classic which forms the second leg of prestigious Australian Athletics Tour.

07:00 am NASCAR Nationwide Series Highlights

Race 4: Drive To Stop Diabetes 300 @ Bristol

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 4 of full throttle NASCAR excitement is hosted at the Bristol Motor Speedway.

08:00 am NASCAR Sprint Cup Highlights

Race 4: Food City 500 @ Bristol-Highlights

Non-stop motorsport action highlights from the Bristol Motor Speedway. The high octane NASCAR racing continues with the 4th race of the 2014 Sprint Cup Series.

09:00 am THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™ (Rpt) CC

REPLAY

The 2014 Formula 1 Rolex Australian Grand Prix

Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.

11:00 am Omnisport (Rpt)

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11:30 am MasterChef Australia (Rpt) CC G WS

Friday - Week 7

The final 14 contestants attend MasterClass to learn the fine art of Spotted Dick with custard. Later, three lucky contestants have a private MasterClass with James Privett.

01:00 pm MasterChef Australia (Rpt) CC G WS

Sunday - Week 8

The remaining contestants compete in a Korean inspired Invention Test to be judged by celebrity chef and Korean food aficionado, David Chang.

02:00 pm Psych PG

NEW EPISODE

Juliet Wears The Pantsuit

Shawn is his usual suspicious self about the new person in Juliet's life. Only this time he takes it a step further. He suspects the friend of murder.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



PERTH PROGRAM GUIDE

Thursday 20th March 2014

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05:00 pm	Big Fish, Small Boats (Rpt)	G	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>The Moon Is Not Blue</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Smart Fit The Battle Of Jericho</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References, Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Whose Line Is It Anyway?	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady



PERTH PROGRAM GUIDE

Thursday 20th March 2014

08:00 pm Whose Line Is It Anyway?	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:30 pm Fast Forward (Rpt)	M Sexual References	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
09:30 pm Ross Noble's Australian Trip (Rpt)	CC M WS Some Coarse Language	Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
10:30 pm The Sketch Show (Rpt)	PG Sexual References, Some Coarse Language	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
11:00 pm Blokesworld (Rpt)	MA15+ Sexual References, Nudity	Benwah chats with Chris Vermeulan; Ado heads to The Bankstown Bike Show, V8 Bikes, Miss Hard N Fast and a stack of killer bikes; Bloke of the week goes to Flat Track master Paul Caslick.
11:30 pm The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
SEASON FINALE		
12:30 am Would You Rather? With Graham Norton (Rpt)	M Sexual References	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Whoopi Goldberg, Janet Varney, Leo Allen and Michael Ian Black.
01:00 am Bellator MMA (Rpt)	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
03:00 am Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.



PERTH PROGRAM GUIDE

Thursday 20th March 2014

04:00 am	Whose Line Is It Anyway? (Rpt)	PG	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
04:30 am	Whose Line Is It Anyway? (Rpt)	PG	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
05:00 am	Omnisport		<p>Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.</p>
05:30 am	Football: 500 Great Goals (Rpt)	G	<p>Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.</p>



PERTH PROGRAM GUIDE

Friday 21st March 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 4: Food City 500 @ Bristol-Qualifying

Who will take out the top spot in the qualifying race ahead of Race 4 from the Bristol Motor Speedway?

07:30 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Monday - Week 8

George's mum arrives in the MasterChef Kitchen to put the contestants through their paces. Mary Calombaris is a true Greek master! Her koupes, tzatziki and shamishi will be hard to replicate.

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Tuesday - Week 8

Guest chef, Vincent Gadan, is thrown a curve ball in the Immunity Challenge. A sweet treat whiz, will Vincent cope cooking a roast pork? Or will our MasterChef contestant win that illusive pin?

01:00 pm MasterChef Australia (Rpt)

CC PG
WS Mild Coarse
Language

Wednesday - Week 8

The contestants head to the newly-developed Westfield shopping centre food court in Sydney city to compete in another epic team challenge.

02:00 pm Psych

PG
Some Violence

NEW EPISODE

Santa Barbarian Candidate

A surfing accident creates a mayoral vacancy and Shawn decides political office may be his road to legitimacy.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References,
Mild Coarse
Language

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Get Smart (Rpt)

PG

Smart Fit The Battle Of Jericho

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



PERTH PROGRAM GUIDE

Friday 21st March 2014

04:30 pm COPS (Rpt)	PG Drug References, Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm Big Fish, Small Boats (Rpt)	G	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm M*A*S*H (Rpt)	PG	<u>Hey, Look Me Over</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm Get Smart (Rpt)	PG	<u>Where-What-How-Who Am I?</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm COPS	PG Drug References, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm Frontiers Of Construction (Rpt)	G	<u>Mining Ice</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm Megacities (Rpt)	PG	<u>Mumbai</u> Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:30 pm Basketball: NBL Championship 2013/14		DELAYED <u>Round 23: Wollongong Hawks V Sydney Kings</u> Round 23 sees the Wollongong Hawks up against the Sydney Kings. Join us at WIN Entertainment Centre for all the action.
11:30 pm The League	MA15+ Sexual References	NEW EPISODE <u>The Anchor Baby</u> Ruxin believes that Sofia is no longer interested in him. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie



PERTH PROGRAM GUIDE

Friday 21st March 2014

12:00 am **The Project Encore** (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:00 am **2014 Tudor United Sportscar
Championship**

DELAYED

R2 Mobil 1 Twelve Hours Of Sebring

Join us on ONE as we bring you the 62nd Annual Mobil 1 Twelve Hours of Sebring from the Sebring International Raceway in Florida.



PERTH PROGRAM GUIDE

Saturday 22nd March 2014

06:00 am 2014 Tudor United Sportscar Championship

01:00 pm World Series Sprintcars

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) PG

03:00 pm Alby Mangels Adventure Bound (Rpt) PG
Adult Themes

04:00 pm Megacities (Rpt) PG

05:00 pm Wild Racers PG

05:30 pm COPS (Rpt) PG
Drug References,
Adult Themes

06:00 pm M*A*S*H (Rpt) PG

06:30 pm Get Smart (Rpt) PG

DELAYED

R2 Mobil 1 Twelve Hours Of Sebring

Join us on ONE as we bring you the 62nd Annual Mobil 1 Twelve Hours of Sebring from the Sebring International Raceway in Florida.

Wss Lismore

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

Queensland's Scenic Rim

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. The Scenic Rim is a superb 4X4 adventure just one hour from Brisbane.

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

Mumbai

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

Foreign Affairs

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

The Expendable Agent

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

Saturday 22nd March 2014

07:00 pm Trick My Truck (Rpt)	PG	Gloria wants to repay her husband Wes Adier for all his sacrifices, and the cast of Trick My Truck is happy to take up the challenge.
07:30 pm Frontiers Of Construction (Rpt)	G	<p><u>Doing The Dirty Work: Robots For Hire</u></p> <p>Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.</p>
08:30 pm Law & Order: SVU (Rpt)	CC M Strong Adult Themes	<p><u>Limitations</u></p> <p>Faced with the expiration of a statute of limitations, SVU tries to find a rapist involved in three assaults that occurred five years earlier. Can SVU solve the crime in time?</p> <p>Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd</p> <p>Guest Starring: John Doman, Harvey Atkin, Sam Freed, Jenny Bacon, Judith Hawking, John Driver</p>
09:30 pm Bellator MMA	M Realistic Violence	<p>NEW EPISODE</p> <p>Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.</p>
11:30 pm Lights Out	M Some Violence	<p>NEW EPISODE</p> <p><u>Sucker Punch</u></p> <p>Patrick's mother swings into town, causing mixed feelings in the family.</p> <p>Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown</p>
12:30 am Blokesworld (Rpt)	MA15+ Sexual References, Nudity	<p>Benwah chats with Chris Vermeulan; Ado heads to The Bankstown Bike Show, V8 Bikes, Miss Hard N Fast and a stack of killer bikes; Bloke of the week goes to Flat Track master Paul Caslick.</p>
01:00 am MotoGP 2014		<p>LIVE NATIONWIDE</p> <p><u>Race 1 Qatar - Qualifying</u></p> <p>Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from the qualifying in Race 1 of the 2014 MotoGP from the Losail Circuit in Qatar.</p>
02:30 am 48 Hours		<p>48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.</p>



PERTH PROGRAM GUIDE

Saturday 22nd March 2014

03:30 am **Ross Kemp: In Search Of Pirates**
(Rpt)

M
Some Coarse
Language

Ross investigates the boom in piracy on the world's oceans, travelling to some of the planet's biggest trouble spots to discover the problems faced by potential targets & those trying to protect them.

04:30 am **Sport Science** (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

05:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



TASMANIA PROGRAM GUIDE

Sunday 16th March 2014

06:00 am Alby Mangels Adventure Bound

PG
Adult Themes

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

07:00 am Rugby Classic Matches

Autumn International 2008: England V Australia

Relive the classic match between England and Australia in the 2008 Autumn International at Twickenham in London.

09:00 am Sport Science

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

10:00 am Mark Webber Tribute

Mark Webber Tribute

Mark Webber is one of Australia's most popular and famous Formula One drivers. With 9 wins and 42 podium finishes he is also one of only three Australians in history to win a grand prix.

11:00 am THE 2014 FIA FORMULA ONE
WORLD CHAMPIONSHIP™
SEASON PREVIEW

CC

LIVE NATIONWIDE

2014 Formula 1 Rolex Australian Grand Prix Season Preview

The countdown to this year's first F1 race is on. Join TEN's expert team, Alan Jones, Greg Rust, Daryl Beattie and Mark Webber LIVE from Melbourne for an exclusive preview of the 2014 season.

12:00 pm THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™ RACE
DAY

CC

LIVE NATIONWIDE

The 2014 Formula ONE Rolex Australian Grand Prix Race Day

The big names of Formula 1 go head-to-head in Melbourne chasing the top step of the podium. Alonso, Raikkonen, Button, Hamilton, Ricciardo will chase defending world champ Sebastian Vettel.

04:00 pm THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™

CC

LIVE NATIONWIDE

The 2014 Formula ONE Rolex Australian Grand Prix Preview

Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you the latest F1 news, interviews and previews in the final countdown before the lights go green and we go racing at the 2014 F1 Australian Grand Prix.

05:00 pm THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™

CC

LIVE NATIONWIDE

The 2014 Formula 1 Rolex Australian Grand Prix

Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.

07:00 pm THE 2014 FORMULA 1® ROLEX
AUSTRALIAN GRAND PRIX™

LIVE NATIONWIDE

The 2014 Formula 1 Rolex Australian Grand Prix Extended Coverage

Our expert commentators wrap up the day's racing action, with the latest news and interviews from the paddock and track.

Sunday 16th March 2014

07:30 pm **Hardliners**

PG
Some Coarse
Language

Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

08:00 pm **Extreme Fishing With Robson Green**

PG
Some Coarse
Language

Robson Green's passion for fishing means he's already fished the entire map. But this time he's going further, as he takes it off the map and casts his line at the Ends of the Earth.

09:00 pm **COPS**

09:30 pm **Movie: The Usual Suspects (0)**

AV15+
Some Violence,
Some Coarse
Language

MOVIE

A boat has been destroyed, criminals are dead, and the key to this mystery lies with the only survivor and his twisted, convoluted story.

Starring: Stephen Baldwin, Gabriel Byrne, Benicio Del Toro, Kevin Pollack, Chazz Palminteri, Pete Postlethwaite, Giancarlo Esposito, Suzy Amis, Dan Hedaya

Guest Starring: Kevin Spacey

11:50 pm **Driven To Extremes**

PG

Hottest Road

Driven to Extremes is the ultimate driving challenge, pitting Hollywood actors, Adrien Brody, Tom Hardy & Henry Cavill with motorsport racers, Mika Salo & Neil Hodgson against some of the most hostile places on the planet.

Starring: Adrien Brody, Tom Hardy, Henry Cavill

12:50 am **Fight Master MMA**

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

01:50 am **Ross Kemp: Battle For The Amazon**

M
Some Coarse
Language,
Drug References,
Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

02:50 am **Trick My Truck**

PG

The Mafia does a truck makeover for a husband and wife team that drive a replica of the Vietnam Veteran's Memorial around the country.

03:20 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



TASMANIA PROGRAM GUIDE

Sunday 16th March 2014

03:30 am NASCAR Sprint Cup

LIVE

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.



TASMANIA PROGRAM GUIDE

Monday 17th March 2014

06:00 am NASCAR Sprint Cup

LIVE

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.

07:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:00 am 2014 Australian Athletics Tour CC

Sydney Track Classic

Join us for all the action as we bring you the 2014 Sydney Track Classic which forms the second leg of prestigious Australian Athletics Tour.

09:00 am Men's Health Survival Of The Fittest G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

09:30 am Frontiers Of Construction G

Breaking The Waves: U.S. Army Corps Of Engineers

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

10:30 am Megacities PG

London

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

11:30 am MasterChef Australia CC G WS

Thursday - Week 6

As the winning team from the challenge are treated to a reward lunch at Tetsuya's, the losing team must don the dreaded black aprons and send their weakest links into the Elimination Challenge.

12:30 pm MasterChef Australia CC G WS

Friday - Week 6

In a very special MasterClass, two lucky contestants are sent to Kuala Lumpur, Malaysia, for a private cooking lesson with legendary seafood king, Rick Stein.

02:00 pm Psych PG

NEW EPISODE

Cirque Du Soul

Gus' fun day at the circus with Rachel's son Maximus takes a turn for the not so fun.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



TASMANIA PROGRAM GUIDE

Monday 17th March 2014

- | | | | |
|----------|---------------------------|-------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 03:00 pm | Whose Line Is It Anyway? | PG | <p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p> |
| 03:30 pm | Whose Line Is It Anyway? | PG | <p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p> |
| 04:00 pm | Hardliners | PG
Some Coarse
Language | <p>Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.</p> |
| 04:30 pm | Recruits Paramedics (Rpt) | CC PG
Adult Themes | <p>At Central Station a businessman has collapsed to the ground, suffering from a heart attack; also, after 3-months training Jenna, Evan, Rebecca and John say goodbye to their mentors.</p> |
| 05:00 pm | Big Angry Fish | G | <p>Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.</p> |
| 05:30 pm | I Fish | G | <p>Paul Worsteling brings you great tips and products that will help you lure the big fish.</p> |
| 06:00 pm | M*A*S*H | PG | <p><u>Picture This</u></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p> |
| 06:30 pm | Get Smart | PG | <p><u>The Man From Yenta</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p> |



TASMANIA PROGRAM GUIDE

Monday 17th March 2014

07:00 pm Undercover Boss Australia (Rpt)	CC PG Some Coarse Language	<u>Ymca</u> The CEO of YMCA Nick Cox goes undercover to the South Headland and Gratwick Aquatic Centre. Throughout Nick's journey he meets some very inspiring and touching people.
08:00 pm American Digger	PG Mild Coarse Language	<u>Buried Bucks In The Bayou</u> American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.
08:30 pm Movie: Star Trek IV: The Voyage Home (Rpt) (1986)	PG Some Coarse Language	MOVIE To save Earth from an alien probe, Admiral Kirk and his fugitive crew go back in time to 20th century Earth to retrieve the only species who can communicate with the alien, humpback whales. Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Nichelle Nichols, Walter Koenig, Catherine Hicks, Mark Lenard, Robin Curtis, Jane Wyatt
11:00 pm Movie: Star Trek V: The Final Frontier (1989)	PG Mild Violence, Adult Themes	MOVIE Captain Kirk and his crew must deal with Mr. Spock's half brother who hijacks the Enterprise for an obsessive search for God. Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, David Warner, Laurence Luckinbill
01:15 am The Project Encore	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
02:15 am Bellator MMA	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
04:15 am M*A*S*H	PG	<u>Picture This</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:45 am Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



TASMANIA PROGRAM GUIDE

Monday 17th March 2014

05:00 am Sporting Greats

G

Roger Federer

Roger Federer, considered by most to be the greatest tennis champion in history, holds several men's tennis records and has won seventeen grand slams, including seven at Wimbledon alone.

05:30 am Football: 500 Great Goals

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



TASMANIA PROGRAM GUIDE

Tuesday 18th March 2014

06:00 am Basketball: NBL Championship 2013/14

REPLAY

Round 22: Adelaide 36ers V Perth Wildcats

Round 22 sees the Adelaide 36ers at home against the Perth Wildcats. Join us for all the action from Adelaide Arena.

08:00 am Basketball: NBL Championship 2013/14

REPLAY

Round 22: Sydney Kings V Adelaide 36ers

Round 22 takes us to the Sydney Entertainment Centre where the Sydney Kings play host to the Adelaide 36ers.

10:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:30 am American Digger

PG
Mild Coarse
Language

Buried Bucks In The Bayou

American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.

11:00 am MasterChef Australia

CC PG
WS

Sunday - Week 7

The remaining contestants invite 24 very special Qantas guests into the MasterChef restaurant for an 8-course feast based on Neil Perry's first class menu.

12:30 pm MasterChef Australia

CC PG
WS

Monday - Week 7

What could make an elimination challenge even more intense? Having culinary legend, Heston Blumenthal, arrive at the MasterChef Kitchen to judge your burger and fries!

02:00 pm Psych

PG
Some Violence,
Sexual References

NEW EPISODE

Deez Nups

Lassiter's long wait is finally over, and Marlowe has said "yes" to his proposal for a quick, but mostly tasteful wedding at a casino resort.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway?

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway?

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



TASMANIA PROGRAM GUIDE

Tuesday 18th March 2014

04:00 pm	Get Smart	PG	<u>The Man From Yenta</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Fishing Edge	G	Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.
05:00 pm	Big Angry Fish	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H	PG	<u>Who Knew</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart	PG	<u>The Mummy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Python Hunters	PG Mild Coarse Language	<u>Deadly Down Under</u> The hunters continue their Australian mission of handling the most venomous, deadly and majestic animals on the continent. Starring: Shawn Heflick, Greg Graziani, Michael Cole



TASMANIA PROGRAM GUIDE

Tuesday 18th March 2014

08:30 pm COPS: Adults Only	M Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
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09:00 pm COPS: Adults Only	M	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
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09:30 pm Ross Kemp: In Search Of Pirates	M Some Coarse Language	Ross investigates the boom in piracy on the world's oceans, travelling to some of the planet's biggest trouble spots to discover the problems faced by potential targets & those trying to protect them.
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10:30 pm Super Rugby Extra Time	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
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11:30 pm Sleeper Cell (Rpt)	MA15+ Some Violence, Very Coarse Language	<p>NEW EPISODE <u>Intramural</u></p> <p>The cell works out a deal with white supremacists so they can acquire a large amount of explosives. The LAPD then sets up a surveillance on Darwyn after Gayle contacts them.</p> <p>Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti</p>
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12:40 am THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™	CC	<p>REPLAY <u>The 2014 Formula 1 Rolex Australian Grand Prix</u></p> <p>Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.</p>
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02:40 am The Project Encore	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
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03:40 am Fight Master MMA	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.
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04:40 am Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
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04:55 am Sporting Greats	PG	<p><u>Sugar Ray Robinson</u></p> <p>Sugar Ray Robinson is cited as the greatest boxer of all time. His performances in the welterweight and middleweight divisions prompted sportswriters to create "pound for pound" rankings, where they compared fighters regardless of weight.</p>
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TASMANIA PROGRAM GUIDE

Tuesday 18th March 2014

05:30 am Football: 500 Great Goals

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



TASMANIA PROGRAM GUIDE

Wednesday 19th March 2014

06:00 am Sport Science

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

07:00 am NASCAR Nationwide Series Highlights

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

08:00 am NASCAR Sprint Cup Highlights

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.

09:00 am Swisse Mark Webber Challenge

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.

10:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:30 am Frontiers Of Construction

G

Big Shots: The Art & Science Of Blasting

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

11:30 am MasterChef Australia

CC G
WS

Tuesday - Week 7

Sweet superstar, Darren Purchase, is Melbourne's answer to Adriano Zumbo, and he is now challenging our MasterChef contestants to replicate his own highly technical dessert.

12:00 pm MasterChef Australia

CC G
WS

Wednesday - Week 7

The two teams need to cook a 6-course meal for 50 guests, while creating as little waste as possible. They will need to be creative as well as resourceful to win this challenge.

01:00 pm MasterChef Australia

CC PG
WS Mild Coarse
Language

Thursday - Week 7

The losing team from the challenge, battle it out to save their place in the competition. The contestants only have 15 minutes to complete the dish and they can only use 3 ingredients.

02:00 pm Psych

PG
Some Violence

NEW EPISODE

Right Turn Or Left For Dead

Rather than celebrate after the successful conclusion of his case, Shawn turns unusually introspective. He re-examines every decision made to determine if he could have changed the outcome.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



TASMANIA PROGRAM GUIDE

Wednesday 19th March 2014

03:00 pm	Super Rugby Extra Time	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
04:00 pm	Get Smart	PG	<u>The Mummy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats	PG Some Coarse Language	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H	PG	<u>That Darn Kid</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart	PG	<u>The Girls From Kaos</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	White Collar	PG Some Violence	<u>Parting Shots</u> The guys suspect fraud when a beautiful widow stands to receive a hefty life-insurance payout. Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen
08:30 pm	Burn Notice	M Some Violence	ALL NEW EPISODES <u>Brothers In Arms</u> Burke once again recruits Michael and his team to break Sonya out of a Russian prison based in Havana. However, Michael's past with the Russians makes it harder than they thought. Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce

Campbell, Sharon Gless, Jack Coleman

Guest Starring: Adrian Pasdar, Alona Tal



TASMANIA PROGRAM GUIDE

Wednesday 19th March 2014

09:30 pm Sons Of Anarchy

AV15+
Some Violence

ALL NEW EPISODES

Stolen Huff

Complications arise as the Sons band together to face a new adversary. Meanwhile, Gemma causes tension everywhere.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Ashley Tisdale

10:30 pm Vegas

M
Some Violence

NEW EPISODE

Hollywood Ending

Lamb, Jack and Katherine take advantage of the phone tap in Savino's office and try to get evidence on how Savino works the skim, making District Attorney Reynolds very nervous.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm Terriers

M
Some Violence

SERIES FINAL

Hail Mary

In the season finale, still reeling from his loss, Hank is out of options and out of time. Meanwhile, Britt is faced with a decision that will change his future.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am The Project Encore

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Python Hunters

PG
Mild Coarse
Language

Deadly Down Under

The hunters continue their Australian mission of handling the most venomous, deadly and majestic animals on the continent.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

02:30 am Hardliners

PG
Some Coarse
Language

Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

03:00 am M*A*S*H

PG

That Darn Kid

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



TASMANIA PROGRAM GUIDE

Wednesday 19th March 2014

03:30 am Alby Mangels Adventure Bound

PG
Mild Coarse
Language

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats

PG

Muhammad Ali

Muhammad Ali is considered among the greatest heavyweights in boxing's history. A controversial figure during his early career, Ali is today one of the most recognised sporting figures of the past hundred years.

05:30 am Football: 500 Great Goals

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



TASMANIA PROGRAM GUIDE

Thursday 20th March 2014

06:00 am 2014 Australian Athletics Tour CC

Sydney Track Classic

Join us for all the action as we bring you the 2014 Sydney Track Classic which forms the second leg of prestigious Australian Athletics Tour.

07:00 am NASCAR Nationwide Series Highlights

Race 4: Drive To Stop Diabetes 300 @ Bristol

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 4 of full throttle NASCAR excitement is hosted at the Bristol Motor Speedway.

08:00 am NASCAR Sprint Cup Highlights

Race 4: Food City 500 @ Bristol-Highlights

Non-stop motorsport action highlights from the Bristol Motor Speedway. The high octane NASCAR racing continues with the 4th race of the 2014 Sprint Cup Series.

09:00 am THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™ CC

REPLAY

The 2014 Formula 1 Rolex Australian Grand Prix

Join us for the first race of the 2014 Formula One World Championship season. Greg Rust, Daryl Beattie, Alan Jones and Mark Webber bring you all the action from Albert Park in Melbourne.

11:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am MasterChef Australia CC G WS

Friday - Week 7

The final 14 contestants attend MasterClass to learn the fine art of Spotted Dick with custard. Later, three lucky contestants have a private MasterClass with James Privett.

01:00 pm MasterChef Australia CC G WS

Sunday - Week 8

The remaining contestants compete in a Korean inspired Invention Test to be judged by celebrity chef and Korean food aficionado, David Chang.

02:00 pm Psych PG

NEW EPISODE

Juliet Wears The Pantsuit

Shawn is his usual suspicious self about the new person in Juliet's life. Only this time he takes it a step further. He suspects the friend of murder.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



TASMANIA PROGRAM GUIDE

Thursday 20th March 2014

03:30 pm	Whose Line Is It Anyway?	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart	PG	<u>The Girls From Kaos</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats	G	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H	PG	<u>The Moon Is Not Blue</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart	PG	<u>Smart Fit The Battle Of Jericho</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS	PG Drug References, Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Whose Line Is It Anyway?	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady



TASMANIA PROGRAM GUIDE

Thursday 20th March 2014

08:00 pm Whose Line Is It Anyway?	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:30 pm Fast Forward	M Sexual References	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
09:30 pm Ross Noble's Australian Trip (Rpt)	CC M WS Some Coarse Language	Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
10:30 pm The Sketch Show	PG Sexual References, Some Coarse Language	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
11:00 pm Blokesworld	MA15+ Sexual References, Nudity	Benwah chats with Chris Vermeulan; Ado heads to The Bankstown Bike Show, V8 Bikes, Miss Hard N Fast and a stack of killer bikes; Bloke of the week goes to Flat Track master Paul Caslick.
11:30 pm The Project Encore	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
SEASON FINALE		
12:30 am Would You Rather? With Graham Norton	M Sexual References	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Whoopi Goldberg, Janet Varney, Leo Allen and Michael Ian Black.
01:00 am Bellator MMA	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
03:00 am Fight Master MMA	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.



TASMANIA PROGRAM GUIDE

Thursday 20th March 2014

04:00 am	Whose Line Is It Anyway?	PG	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
04:30 am	Whose Line Is It Anyway?	PG	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
05:00 am	Omnisport		<p>Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.</p>
05:30 am	Football: 500 Great Goals	G	<p>Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.</p>



TASMANIA PROGRAM GUIDE

Friday 21st March 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 4: Food City 500 @ Bristol-Qualifying

Who will take out the top spot in the qualifying race ahead of Race 4 from the Bristol Motor Speedway?

07:30 am NASCAR Sprint Cup

REPLAY

Race 4: Food City 500 @ Bristol

Join us on ONE for all the action of Race 4 of the 2014 NASCAR Sprint Cup, the Food City 500 at the Bristol Motor Speedway.

11:30 am MasterChef Australia

CC G
WS

Monday - Week 8

George's mum arrives in the MasterChef Kitchen to put the contestants through their paces. Mary Calombaris is a true Greek master! Her koupes, tzatziki and shamishi will be hard to replicate.

12:30 pm MasterChef Australia

CC G
WS

Tuesday - Week 8

Guest chef, Vincent Gadan, is thrown a curve ball in the Immunity Challenge. A sweet treat whiz, will Vincent cope cooking a roast pork? Or will our MasterChef contestant win that illusive pin?

01:00 pm MasterChef Australia

CC PG
WS Mild Coarse
Language

Wednesday - Week 8

The contestants head to the newly-developed Westfield shopping centre food court in Sydney city to compete in another epic team challenge.

02:00 pm Psych

PG
Some Violence

NEW EPISODE

Santa Barbarian Candidate

A surfing accident creates a mayoral vacancy and Shawn decides political office may be his road to legitimacy.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway?

PG
Sexual References,
Mild Coarse
Language

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway?

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Get Smart

PG

Smart Fit The Battle Of Jericho

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



TASMANIA PROGRAM GUIDE

Friday 21st March 2014

04:30 pm	COPS	PG Drug References, Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats	G	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H	PG	<u>Hey, Look Me Over</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart	PG	<u>Where-What-How-Who Am I?</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS	PG Drug References, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Frontiers Of Construction	G	<u>Mining Ice</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm	Megacities	PG	<u>Mumbai</u> Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:30 pm	Basketball: NBL Championship 2013/14		DELAYED <u>Round 23: Wollongong Hawks V Sydney Kings</u> Round 23 sees the Wollongong Hawks up against the Sydney Kings. Join us at WIN Entertainment Centre for all the action.
11:30 pm	The League	MA15+ Sexual References	NEW EPISODE <u>The Anchor Baby</u> Ruxin believes that Sofia is no longer interested in him. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie



TASMANIA PROGRAM GUIDE

Friday 21st March 2014

12:00 am **The Project Encore**

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:00 am **2014 Tudor United Sportscar
Championship**

DELAYED

R2 Mobil 1 Twelve Hours Of Sebring

Join us on ONE as we bring you the 62nd Annual Mobil 1 Twelve Hours of Sebring from the Sebring International Raceway in Florida.



TASMANIA PROGRAM GUIDE

Saturday 22nd March 2014

06:00 am 2014 Tudor United Sportscar Championship

01:00 pm World Series Sprintcars

02:00 pm Pat Callinan's 4x4 Adventures

03:00 pm Alby Mangels Adventure Bound

04:00 pm Megacities

05:00 pm Wild Racers

05:30 pm COPS

06:00 pm M*A*S*H

06:30 pm Get Smart

PG

PG
Adult Themes

PG

PG

PG
Drug References,
Adult Themes

PG

PG

DELAYED

R2 Mobil 1 Twelve Hours Of Sebring

Join us on ONE as we bring you the 62nd Annual Mobil 1 Twelve Hours of Sebring from the Sebring International Raceway in Florida.

Wss Lismore

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

Queensland's Scenic Rim

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. The Scenic Rim is a superb 4X4 adventure just one hour from Brisbane.

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

Mumbai

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

Foreign Affairs

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

The Expendable Agent

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



TASMANIA PROGRAM GUIDE

Saturday 22nd March 2014

07:00 pm Trick My Truck	PG	Gloria wants to repay her husband Wes Adier for all his sacrifices, and the cast of Trick My Truck is happy to take up the challenge.
07:30 pm Frontiers Of Construction	G	<p><u>Doing The Dirty Work: Robots For Hire</u></p> <p>Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.</p>
08:30 pm Law & Order: SVU (Rpt)	CC M Strong Adult Themes	<p><u>Limitations</u></p> <p>Faced with the expiration of a statute of limitations, SVU tries to find a rapist involved in three assaults that occurred five years earlier. Can SVU solve the crime in time?</p> <p>Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd</p> <p>Guest Starring: John Doman, Harvey Atkin, Sam Freed, Jenny Bacon, Judith Hawking, John Driver</p>
09:30 pm Bellator MMA	M Realistic Violence	<p>NEW EPISODE</p> <p>Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.</p>
11:30 pm Lights Out	M Some Violence	<p>NEW EPISODE</p> <p><u>Sucker Punch</u></p> <p>Patrick's mother swings into town, causing mixed feelings in the family.</p> <p>Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown</p>
12:30 am Blokesworld	MA15+ Sexual References, Nudity	<p>Benwah chats with Chris Vermeulan; Ado heads to The Bankstown Bike Show, V8 Bikes, Miss Hard N Fast and a stack of killer bikes; Bloke of the week goes to Flat Track master Paul Caslick.</p>
01:00 am 48 Hours		<p>48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.</p>
02:00 am Ross Kemp: In Search Of Pirates	M Some Coarse Language	<p>Ross investigates the boom in piracy on the world's oceans, travelling to some of the planet's biggest trouble spots to discover the problems faced by potential targets & those trying to protect them.</p>



TASMANIA PROGRAM GUIDE

Saturday 22nd March 2014

03:00 am Sport Science

PG
Mild Coarse
Language,
Adult Themes

Best Of Part 1

Take a look back at some of the most memorable clips, reactions, and moments that took place in the Sport Science lab.

04:00 am MotoGP 2014

LIVE NATIONWIDE

Race 1 Qatar - Qualifying

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from the qualifying in Race 1 of the 2014 MotoGP from the Losail Circuit in Qatar.

05:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.