



SYDNEY PROGRAM GUIDE

Sunday 02nd March 2014

06:00 am Rugby Classic Matches (Rpt)

Autumn International 2002: England V Australia

Relive the 2002 Autumn International between England and the Wallabies at Twickenham in London.

08:00 am Megacities (Rpt)

G

Hong Kong

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

08:30 am Megacities (Rpt)

PG
Adult Themes

Mexico City

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

09:00 am Escape With ET

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

SPECIAL ENCORE PRESENTATION

10:00 am The Biggest Loser: Challenge Australia

CC PG

It's last chance training, and for one contestant it becomes too much and they have a meltdown during the session. Meanwhile, someone is called out on the scales for not working hard enough.

11:00 am The Biggest Loser: Challenge Australia

CC PG
Adult Themes

SPECIAL ENCORE PRESENTATION

It's the elimination aftermath and the house seems pleased by the departure of one contestant, but will their decision to keep the other contestant pay off?

12:00 pm The Biggest Loser: Challenge Australia

CC PG
Some Coarse Language

SPECIAL ENCORE PRESENTATION

It's challenge time for both teams. The contestants must move a stack of tyres from the start to finish line via a cage attached to a car. Who will lose the challenge and receive a penalty?

01:00 pm Movie: King Of The Olympics

MOVIE

03:00 pm Sport Science (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers - and what can they break with a single kick?



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Sunday 02nd March 2014

04:00 pm Adventure Angler TV

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm What's Up Down Under

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm Temporary Australians (Rpt)

PG

Dambuster

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

06:00 pm M*A*S*H (Rpt)

PG

Snappier Judgement

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Reel Rock

PG
Some Coarse
Language,
Adult Themes

SERIES PREMIERE

Sketchy Andy

The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

07:00 pm Million Dollar Catch (Rpt)

PG
Some Coarse
Language,
Medical Procedures

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

07:30 pm Extreme Fishing With Robson Green (Rpt)

PG
Some Coarse
Language,
Nudity

Robson Green's passion for fishing means he's already fished the entire map. But this time, he's going further. As he takes it off the map and casts his line at the Ends of the Earth.



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08:30 pm Undercover Boss Australia (Rpt) CC PG

Jbs Australia

Meet Iain, JBS Swift's rock star CEO! Used to living the high life, he's giving up the fancy cars and motorbikes to head to the front line of the meat packing business.

09:30 pm **Movie: No Country For Old Men** (2007) AV15+ Strong Violence

MOVIE

Violence and mayhem ensue after a hunter stumbles upon a drug deal gone wrong and more than two million dollars in cash near the Rio Grande.

Starring: Tommy Lee Jones, Javier Bardem, Josh Brolin, Woody Harrelson, Kelly Macdonald, Garrett Dillahunt, Tess Harper, Barry Corbin, Stephen Root

12:00 am 48 Hours (Rpt) M Adult Themes

Spies, Lies And Secrets

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

01:00 am **Ross Kemp: Back On The Frontline** (Rpt) MA15+ Medical Procedures

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:00 am **Adventure Angler** (Rpt) G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

02:30 am **M*A*S*H** (Rpt) PG

Snappier Judgement

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

03:00 am **Sport Science** (Rpt) PG Sexual References, Mild Coarse Language, Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

04:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



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Sunday 02nd March 2014

04:25 am Sporting Greats (Rpt)

G

Babe Ruth

Babe Ruth became one of the first five players to be elected into the National Baseball Hall of Fame and is credited with changing baseball itself. The popularity of the game exploded in the 1920s, largely due to his influence.

05:00 am Men's Health Survival Of The Fittest (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

05:30 am Football's Greatest Managers (Rpt)

G

Mario Zagallo

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



SYDNEY PROGRAM GUIDE

Monday 03rd March 2014

06:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am **NASCAR Sprint Cup**

LIVE

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

10:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am **Megafactories** (Rpt)

PG

Chevy Volt

Exclusive behind-the-scenes footage from GM's Pre Production Operations factory reveals the secrets behind the electric Chevy Volt.

12:00 pm **MasterChef Australia**

CC G
WS

Sunday - Week 3

The Mystery Box delivers more than one surprise - not only are the contestants faced with an array of unusual food, they must create a dish using ALL of the ingredients!

01:00 pm **MasterChef Australia**

CC G
WS

Monday - Week 3

The bottom three contestants from the Mystery Box challenge must face off in a Pressure Test. They have two hours to recreate their best version of the Cherry Bombe Alaska.

02:00 pm **Psych**

PG
Some Violence

NEW EPISODE

Let's Doo-Wop IT Again

After someone tries to murder the founder of a youth charity, two of Gus' former Blackapella members decide to help him and Shawn with the investigation.

Starring: James Roday, Dule Hill, Corbin Bernsen

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

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Starring: Drew Carey, Wayne Brady



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Monday 03rd March 2014

04:00 pm Alby Mangels Adventure Bound (Rpt)	PG Adult Themes	Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.
05:00 pm Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm M*A*S*H (Rpt)	PG	<u>Twas The Day After Christmas</u> To boost post-yuletide morale on Dec 26, Potter has the officers and enlisted men change places for the day. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm Get Smart (Rpt)	PG	<u>The Decoy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm Undercover Boss Australia (Rpt)	CC PG Some Coarse Language	<u>Staging Connections</u> Tony Chamberlain, Managing Director of Staging Connections, goes undercover in his own firm to work in a variety of roles so he can get to know different employees to find out whether the business is functioning efficiently.
08:00 pm American Digger (Rpt)	PG Some Coarse Language	<u>The Bowels Of Brooklyn</u> American Savage hunts for 19th century privy sites and items lost or tossed into them that are now worth big bucks.
08:30 pm Movie: Flying High II (1982)	CC M WS Sexual References, Nudity	MOVIE A faulty computer causes a passenger space shuttle to head straight for the Sun. Can Ted Striker save the day and get the shuttle back on track again? Starring: Lloyd Bridges, William Shatner, Peter Graves, Robert Hays, Raymond Burr, Rip Torn, Chuck Connors, Chad Everett, Julie Hagerty, Sonny Bono



SYDNEY PROGRAM GUIDE

Monday 03rd March 2014

10:20 pm **Movie: Star Trek: The Motion Picture** (1979) G

MOVIE

When a destructive space entity is spotted approaching Earth, Admiral Kirk resumes command of the Starship Enterprise in order to intercept, examine and hopefully stop it

Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Nichelle Nichols, Walter Koenig, Stephen Collins, Persis Khambatta

01:00 am **Bellator MMA** (Rpt)

03:00 am **Omnisport**

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03:30 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 1: Drive4copd 300 @ Daytona

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 1 of the NASCAR excitement is hosted at the world famous Daytona International Speedway.

04:30 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 1: Daytona 500 - Highlights

Relive all the action of the Sprint Cup season opener with highlights from the Great American Race at the Daytona International Speedway.

05:30 am **Football's Greatest Managers** (Rpt) G

Rinus Michels

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



SYDNEY PROGRAM GUIDE

Tuesday 04th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

08:00 am **Omnisport** (Rpt)

08:30 am **Wild Racers** (Rpt)

PG
Mild Coarse
Language

REPLAY

Round 19: Perth Wildcats V Melbourne Tigers

In round 19 the Perth Wildcats play host to the Melbourne Tigers. Tune in for all the action from Perth Arena.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

09:00 am **Adventure Angler** (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

09:30 am **Million Dollar Catch** (Rpt)

PG
Some Coarse
Language,
Medical Procedures

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

10:00 am **Reel Rock** (Rpt)

PG
Some Coarse
Language,
Adult Themes

Sketchy Andy

The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

10:30 am **Men's Health Survival Of The Fittest** (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia**

CC G
WS

Tuesday - Week 3

With an Immunity Pin up for grabs, guest chef, Colin Fassnidge, better bring his A-game because this season's MasterChef contestants aren't going down without a fight!



SYDNEY PROGRAM GUIDE

Tuesday 04th March 2014

12:00 pm MasterChef Australia

CC G
WS

Wednesday - Week 3

It's boys versus girls in this epic Team Challenge! The two teams head to the Mean Fiddler Pub where they have to cook for 700 hungry revelers.

01:00 pm MasterChef Australia

CC PG
WS Mild Coarse
Language

Thursday - Week 3

All eleven contestants of the losing team face elimination. They must cook off in a Rapid Fire challenge over three rounds.

02:00 pm Psych

PG
Some Violence,
Mild Coarse
Language

NEW EPISODE

Autopsy Turvy

The race is on to clear Woody's name and reputation when a mere mortician finds a mistake in the coroner's autopsy.

Starring: James Roday, Dule Hill, Corbin Bernsen

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Get Smart (Rpt)

PG

The Decoy

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Fishing Edge (Rpt)

G

Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.

05:00 pm Big Angry Fish (Rpt)

PG

Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.



SYDNEY PROGRAM GUIDE

Tuesday 04th March 2014

05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Follies Of The Living - Concerns Of The Dead</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Hoo Done IT</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	CC PG Drug References	<u>Coast To Coast</u> This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Python Hunters (Rpt)	PG	<u>Rattlesnake Roundup</u> Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb. Starring: Shawn Heflick, Greg Graziani, Michael Cole
08:30 pm	COPS (Rpt)	PG Adult Themes	<u>Street Patrol #3 Special Addition</u> The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:00 pm	COPS: Adults Only	M Some Coarse Language, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:30 pm	Ross Kemp: Battle For The Amazon (Rpt)	M Some Coarse Language	Ross Kemp: Battle for the Amazon is a documentary looking into the socio-economic and environmental pressures facing the Amazon regions of Brazil, Ecuador and Peru.
10:30 pm	Super Rugby Extra Time		
11:30 pm	Sleeper Cell (Rpt)	MA15+ Some Violence, A Sex Scene, Some Coarse Language	NEW EPISODE <u>Family</u> Darwyn tries to get close to a chemical plant worker in the hopes of trying to acquire some of the company's product for the cell. Meanwhile, Tommy's estranged mother visits. Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti



SYDNEY PROGRAM GUIDE

Tuesday 04th March 2014

12:40 am	American Digger (Rpt)	PG Some Coarse Language	<u>The Bowels Of Brooklyn</u> American Savage hunts for 19th century privy sites and items lost or tossed into them that are now worth big bucks.
01:10 am	Trick My Truck (Rpt)	PG	The Chrome Shop Mafia are inspired by the love between Kevin and Gail. They are married and work side by side together, but Gail was stricken with cancer and could no longer join Kevin on the road.
01:40 am	Frontiers Of Construction (Rpt)	G	<u>The Shape Of The Future</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
02:40 am	COPS: Adults Only (Rpt)	M Some Coarse Language, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
03:10 am	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:40 am	M*A*S*H (Rpt)	PG	<u>Follies Of The Living - Concerns Of The Dead</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:10 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:25 am	Sporting Greats (Rpt)	G	<u>Carl Lewis</u> Carl Lewis won 10 Olympic medals and 10 World Championship medals for track and field. His career spanned from 1979 when he first achieved a world ranking to 1996 when he last won an Olympic title and subsequently retired.
05:00 am	Golf Getaway (Rpt)		Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.



SYDNEY PROGRAM GUIDE

Tuesday 04th March 2014

05:30 am **Football's Greatest Managers** (Rpt) PG

Giovanni Trapattoni

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



SYDNEY PROGRAM GUIDE

Wednesday 05th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 19: Adelaide 36ers V New Zealand Breakers

In round 19 the Adelaide 36ers play host to the New Zealand Breakers. Join us for all the action from Adelaide Arena.

08:00 am **World Series Sprintcars** (Rpt)

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

09:00 am **Sport Science** (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

10:00 am **Sporting Greats** (Rpt)

PG

Seve Ballesteros

Seve Ballesteros was one of golf's leading figures from the mid-1970s to the mid-1990s. He won more than 90 international tournaments in an illustrious career, including five major championships between 1979 and 1988.

10:35 am **Omnisport** (Rpt)

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11:00 am **Tour The World**

CC G

Tasmanian Spectacular

We're on the road a little closer to home, on a fabulous tour around our very own Tasmania. Explore the splendour of Cradle Mountain National Park, the Gordon Wild River and the Wilderness Railway.

11:30 am **MasterChef Australia**

CC G
WS

Friday - Week 3

Gary and George give the contestants a MasterClass on the art of cooking rabbit. Later, Gary whips up a modern take on the classic Shepherd's Pie.

01:00 pm **MasterChef Australia**

CC G
WS

Sunday - Week 4

Cooking in threes, the contestants are faced with a challenge that fuses the finest elements of both the Mystery Box and Invention Test by creating an outstanding dish using unknown ingredients.

02:00 pm **Psych**

PG
Some Violence

NEW EPISODE

True Grits

A wrongly convicted Southern chef hires Shawn and Gus to find the real thief after the Innocence Project frees him from prison.

Starring: James Roday, Dule Hill, Corbin Bernsen



SYDNEY PROGRAM GUIDE

Wednesday 05th March 2014

03:00 pm Super Rugby Extra Time

04:00 pm Get Smart (Rpt)

PG

Hoo Done IT

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm COPS (Rpt)

CC PG
Drug References

Coast To Coast

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

05:00 pm Big Angry Fish (Rpt)

PG

Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.

05:30 pm I Fish (Rpt)

G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm M*A*S*H (Rpt)

PG

The Birthday Girls

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt)

PG

Rub-A-Dub-Dub.. Three Spies In A Sub

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt)

CC PG
Drug References

Coast To Coast

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm White Collar (Rpt)

PG
Some Violence

Most Wanted

Having found Neal and Mozzie, Peter must help devise a plan to return Neal to the U.S. and avoid being captured by a ruthless bounty hunter.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen



SYDNEY PROGRAM GUIDE

Wednesday 05th March 2014

08:30 pm **Burn Notice**

M
Some Violence

ALL NEW EPISODES

Forget Me Not

Michael comes back to Miami to protect his cover. Meanwhile, Sam, Jesse and Fiona are also trying to hunt down Mystery Man themselves.

Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce Campbell, Sharon Gless, Jack Coleman

Guest Starring: David Fickas

09:30 pm **Sons Of Anarchy**

ALL NEW EPISODES

Authority Vested

Sins from the past resurface for Jax and SAMCRO as the club members go into hiding from Pope and the police.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

10:30 pm **Vegas**

M
Some Violence

NEW EPISODE

Two Of A Kind

Savino, Mia and Tommy have their hands full when a Hollywood producer and his ingénue, Violet, breeze into the Savoy.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm **Terriers**

M
Adult Themes

Sins Of The Past

Hank gets a second shot at the rape case that got him ejected from the police department in a mystery spanning multiple time periods.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am **Megafactories (Rpt)**

PG

Chevy Volt

Exclusive behind-the-scenes footage from GM's Pre Production Operations factory reveals the secrets behind the electric Chevy Volt.

01:30 am **NASCAR Sprint Cup (Rpt)**

REPLAY

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

05:30 am **Football's Greatest Managers (Rpt)**

G

Bill Shankly

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



SYDNEY PROGRAM GUIDE

Thursday 06th March 2014

06:00 am Xtreme Storm (Rpt)

PG

Xtreme Storm

With 32 man-made obstacles on a 14 mile course, Xtreme Storm is one of the best, worst and toughest obstacle endurance events that the UK has to offer.

06:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am Basketball: NBL Championship
2013/14 (Rpt)

REPLAY

Round 20: Wollongong Hawks V Adelaide 36ers

Round 20 takes us to WIN Entertainment Centre where the Wollongong Hawks play host to the Adelaide 36ers.

09:00 am Super Rugby Extra Time

10:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

10:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am MasterChef Australia

CC G
WS

Monday - Week 4

The losing trio from the last challenge compete head-to-head in a high-intensity Pressure Test. Two contestants will stay in the kitchen, one will be going home.

12:00 pm MasterChef Australia

CC PG
WS Mild Coarse
Language

Tuesday - Week 4

The winning trio from the Lucky Dip Invention Test, face off against chef, Adam D'Sylva, from Melbourne restaurant, Coda, in the first team Immunity Challenge.

12:30 pm MasterChef Australia

CC G
WS

Wednesday - Week 4

The task seems simple enough - make enough gelato and sausages for 500 Nippers on Cronulla Beach. But this is MasterChef Australia and nothing is ever as easy as it seems!

02:00 pm Psych

PG
Some Violence

SEASON FINALE

Santabarbaratown

Shawn, Gus and Henry investigate a cold case when the body of Veronica Towne is found 20 years after she disappeared.

Starring: James Roday, Dule Hill, Corbin Bernsen



SYDNEY PROGRAM GUIDE

Thursday 06th March 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Rub-A-Dub-Dub.. Three Spies In A Sub</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	CC PG Drug References	<u>Coast To Coast</u> This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Angry Fish (Rpt)	PG Some Coarse Language	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Blood And Guts</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Greatest Spy On Earth</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



SYDNEY PROGRAM GUIDE

Thursday 06th March 2014

07:00 pm COPS	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:00 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:30 pm Fast Forward (Rpt)	M	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
09:30 pm Ross Noble's Australian Trip (Rpt)	CC M WS Some Coarse Language	Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
10:30 pm The Sketch Show (Rpt)	PG Sexual References, Adult Themes	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
11:00 pm Blokesworld (Rpt)	M Sexual References, Frequent Coarse Language, Nudity	Adam Riemann showcases the Motorex KTM Race Team; Mongrel Racing's Sharky shows off his Triumph; Isla competes in Miss Downunder Melbourne finals.
11:30 pm Would You Rather? With Graham Norton (Rpt)	M	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Scott Adsit, Faith Salie, Alan Cumming and Dave Hill.
12:00 am Wild Racers (Rpt)	PG Mild Coarse Language	The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.



SYDNEY PROGRAM GUIDE

Thursday 06th March 2014

12:30 am	Million Dollar Catch (Rpt)	PG Some Coarse Language, Medical Procedures	Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.
01:00 am	Python Hunters (Rpt)	PG	<u>Rattlesnake Roundup</u> Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb. Starring: Shawn Heflick, Greg Graziani, Michael Cole
02:00 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
02:30 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:00 am	Fast Forward (Rpt)	M	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
04:00 am	M*A*S*H (Rpt)	PG	<u>Blood And Guts</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	G	<u>Gary Player</u> Gary Player is widely regarded as one of the greatest players in the history of golf. He accumulated an impressive nine major championships on the regular tour and six Champions Tour major championship victories all by the age of 29.



SYDNEY PROGRAM GUIDE

Thursday 06th March 2014

05:30 am **Football's Greatest Managers** (Rpt) G

Bob Paisley

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



SYDNEY PROGRAM GUIDE

Friday 07th March 2014

06:00 am **Dirty Weekend** (Rpt)

G

Dirty Weekend

The inaugural running of what is the world's longest assault course, set in the magnificent grounds of Burghley Estate. In a festival setting, competitors take on a 20 mile route with 20 zones and over 200 obstacles to be tamed.

06:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am **Basketball: NBL Championship 2013/14**

REPLAY

Round 20: Sydney Kings V Perth Wildcats

Round 20 takes us to the Sydney Entertainment Centre where the Sydney Kings host the Perth Wildcats.

09:00 am **NASCAR Nationwide Series Highlights**

Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.

10:00 am **NASCAR Sprint Cup Highlights**

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International Raceway.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia**

CC PG
WS Some Coarse
Language

Thursday - Week 4

The losing team from the Sausage Sizzle challenge face off as individuals in a Skills Race Elimination. Contestants must complete four pastry elements and create a beautiful finished dessert.

12:30 pm **MasterChef Australia**

CC G
WS

Friday - Week 4

Gary makes a hearty veal osso bucco with cannellini beans and George teaches the contestants how to cook snapper en papillote with special guests: Donna Hay and Romeo Baudouin.

02:00 pm **Psych**

PG
Some Violence

SEASON PREMIERE

Santabarbaratown 2

Following the aftermath of the shooting, Shawn vows to catch the shooter and anyone who helped in the heinous plot.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



SYDNEY PROGRAM GUIDE

Friday 07th March 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>The Greatest Spy On Earth</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Angry Fish (Rpt)	PG	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Holy Mess. A</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Island Of The Darned</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



SYDNEY PROGRAM GUIDE

Friday 07th March 2014

07:00 pm	COPS	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Frontiers Of Construction (Rpt)	G	Top TEN Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm	Megacities (Rpt)	PG	Las Vegas Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:30 pm	Basketball: NBL Championship 2013/14		LIVE Round 21: Perth Wildcats V Townsville Crocodiles In Round 21 we take you to Perth Arena where the Peth Wildcats take on the Townsville Crocodiles.
11:30 pm	The League	MA15+ Sexual References	NEW EPISODE Tailgate Andre's plan to take the guys tailgating is thwarted when their high school nemesis Frank "The Body" Gibiatti and his gang have the same idea. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie
12:00 am	Bellator MMA (Rpt)		
02:00 am	The Sketch Show (Rpt)	PG Sexual References, Adult Themes	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
02:30 am	Would You Rather? With Graham Norton (Rpt)	M	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Scott Adsit, Faith Salie, Alan Cumming and Dave Hill.
03:00 am	M*A*S*H (Rpt)	PG	Holy Mess, A At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



SYDNEY PROGRAM GUIDE

Friday 07th March 2014

03:30 am Sport Science (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt)

G

Eddy Merckx

Eddy Merckx is considered to be the greatest pro-cyclist in history. He won the Tour de France and the Giro d'Italia five times and the Vuelta a España once. He also won all of professional cycling's classic "monument" races at least twice.

05:30 am Football's Greatest Managers (Rpt)

PG

Sir Alex Ferguson

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



SYDNEY PROGRAM GUIDE

Saturday 08th March 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 2: Phoenix - Qualifying

Who will take out the top spot in the qualifying race ahead of Race 2 from the Phoenix International Raceway?

07:00 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

11:00 am Sporting Greats (Rpt)

PG

Joe Frazier

Joe Frazier, according to The International Boxing Research Organisation, rates among the ten greatest heavyweights of all time. He is an inductee of both the International Boxing Hall of Fame and the World Boxing Hall of Fame.

11:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

12:00 pm Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

12:30 pm Temporary Australians (Rpt)

PG

Dambuster

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

01:00 pm World Series Sprintcars

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

02:00 pm Pat Callinan's 4x4 Adventures

PG

Victorian High Country

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. In this episode, Pat gets into trouble on a steep and slippery Victorian mountain.

03:00 pm Alby Mangels Adventure Bound (Rpt)

PG
Adult Themes

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

04:00 pm Megacities (Rpt)

PG

Las Vegas

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.



SYDNEY PROGRAM GUIDE

Saturday 08th March 2014

05:00 pm Wild Racers

PG

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

05:30 pm Reel Rock (Rpt)

PG
Some Coarse
Language,
Adult Themes

Sketchy Andy

The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

06:00 pm M*A*S*H (Rpt)

PG

Tooth Shall Set Free

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt)

PG

Bronzefinger

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm Trick My Truck (Rpt)

PG

Matthew Graves is the sole provider for 6 children. Trick My Truck transform Graves' overworked Peterbilt into an iconic monster truck befitting of a family named Graves.

07:30 pm Frontiers Of Construction (Rpt)

G

Virtual Engineering

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

08:30 pm Law & Order: SVU (Rpt)

CC M
Strong Adult
Themes

Russian Love Poem

Benson and Stabler investigate the murder of a multi-millionaire. They begin with his long list of male and female lovers and continue to a pair of Russian escorts, one of whom turns up dead.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd, Dean Winters

Guest Starring: Olek Krupa, Nadine Stenovitch, Melissa Sagemiller, Allison Munn, Deborah Rush

09:30 pm Bellator MMA

NEW EPISODE



SYDNEY PROGRAM GUIDE

Saturday 08th March 2014

12:30 am Lights Out

M
Some Violence

NEW EPISODE

Cut Men

Lights' health and career are jeopardised when Reynolds refuses to postpone the fight.

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

01:30 am 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

02:30 am Blokesworld (Rpt)

M
Sexual References,
Frequent Coarse
Language,
Nudity

Adam Riemann showcases the Motorex KTM Race Team; Mongrel Racing's Sharky shows off his Triumph; Isla competes in Miss Downunder Melbourne finals.

03:00 am Ross Kemp: Battle For The Amazon (Rpt)

M
Some Coarse
Language

Ross Kemp: Battle for the Amazon is a documentary looking into the socio-economic and environmental pressures facing the Amazon regions of Brazil, Ecuador and Peru.

04:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:25 am Sporting Greats (Rpt)

G

Sergey Bubka

Sergey Bubka represented the Soviet Union in pole vaulting and was repeatedly voted the world's best athlete. In 2012 was one of 24 athletes inducted as inaugural members of the International Association of Athletics.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.



MELBOURNE PROGRAM GUIDE

Sunday 02nd March 2014

06:00 am Rugby Classic Matches (Rpt)

Autumn International 2002: England V Australia

Relive the 2002 Autumn International between England and the Wallabies at Twickenham in London.

08:00 am Megacities (Rpt)

G

Hong Kong

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

08:30 am Megacities (Rpt)

PG
Adult Themes

Mexico City

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

09:00 am Escape With ET

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

SPECIAL ENCORE PRESENTATION

10:00 am The Biggest Loser: Challenge Australia

CC PG

It's last chance training, and for one contestant it becomes too much and they have a meltdown during the session. Meanwhile, someone is called out on the scales for not working hard enough.

11:00 am The Biggest Loser: Challenge Australia

CC PG
Adult Themes

SPECIAL ENCORE PRESENTATION

It's the elimination aftermath and the house seems pleased by the departure of one contestant, but will their decision to keep the other contestant pay off?

12:00 pm The Biggest Loser: Challenge Australia

CC PG
Some Coarse Language

SPECIAL ENCORE PRESENTATION

It's challenge time for both teams. The contestants must move a stack of tyres from the start to finish line via a cage attached to a car. Who will lose the challenge and receive a penalty?

01:00 pm Movie: King Of The Olympics

MOVIE

03:00 pm Sport Science (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers - and what can they break with a single kick?



MELBOURNE PROGRAM GUIDE

Sunday 02nd March 2014

04:00 pm Adventure Angler TV

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm What's Up Down Under

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm Temporary Australians (Rpt)

PG

Dambuster

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

06:00 pm M*A*S*H (Rpt)

PG

Snappier Judgement

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Reel Rock

PG
Some Coarse
Language,
Adult Themes

SERIES PREMIERE

Sketchy Andy

The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

07:00 pm Million Dollar Catch (Rpt)

PG
Some Coarse
Language,
Medical Procedures

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

07:30 pm Extreme Fishing With Robson Green (Rpt)

PG
Some Coarse
Language,
Nudity

Robson Green's passion for fishing means he's already fished the entire map. But this time, he's going further. As he takes it off the map and casts his line at the Ends of the Earth.



MELBOURNE PROGRAM GUIDE

Sunday 02nd March 2014

08:30 pm Undercover Boss Australia (Rpt) CC PG

Jbs Australia

Meet Iain, JBS Swift's rock star CEO! Used to living the high life, he's giving up the fancy cars and motorbikes to head to the front line of the meat packing business.

09:30 pm **Movie: No Country For Old Men** (2007) AV15+ Strong Violence

MOVIE

Violence and mayhem ensue after a hunter stumbles upon a drug deal gone wrong and more than two million dollars in cash near the Rio Grande.

Starring: Tommy Lee Jones, Javier Bardem, Josh Brolin, Woody Harrelson, Kelly Macdonald, Garrett Dillahunt, Tess Harper, Barry Corbin, Stephen Root

12:00 am 48 Hours (Rpt) M Adult Themes

Spies, Lies And Secrets

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

01:00 am **Ross Kemp: Back On The Frontline** (Rpt) MA15+ Medical Procedures

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:00 am **Adventure Angler** (Rpt) G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

02:30 am **M*A*S*H** (Rpt) PG

Snappier Judgement

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

03:00 am **Sport Science** (Rpt) PG Sexual References, Mild Coarse Language, Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

04:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



MELBOURNE PROGRAM GUIDE

Sunday 02nd March 2014

04:25 am Sporting Greats (Rpt)

G

Babe Ruth

Babe Ruth became one of the first five players to be elected into the National Baseball Hall of Fame and is credited with changing baseball itself. The popularity of the game exploded in the 1920s, largely due to his influence.

05:00 am Men's Health Survival Of The Fittest (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

05:30 am Football's Greatest Managers (Rpt)

G

Mario Zagallo

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



MELBOURNE PROGRAM GUIDE

Monday 03rd March 2014

06:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am **NASCAR Sprint Cup**

LIVE

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

10:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am **Megafactories** (Rpt)

PG

Chevy Volt

Exclusive behind-the-scenes footage from GM's Pre Production Operations factory reveals the secrets behind the electric Chevy Volt.

12:00 pm **MasterChef Australia**

CC G
WS

Sunday - Week 3

The Mystery Box delivers more than one surprise - not only are the contestants faced with an array of unusual food, they must create a dish using ALL of the ingredients!

01:00 pm **MasterChef Australia**

CC G
WS

Monday - Week 3

The bottom three contestants from the Mystery Box challenge must face off in a Pressure Test. They have two hours to recreate their best version of the Cherry Bombe Alaska.

02:00 pm **Psych**

PG
Some Violence

NEW EPISODE

Let's Doo-Wop IT Again

After someone tries to murder the founder of a youth charity, two of Gus' former Blackapella members decide to help him and Shawn with the investigation.

Starring: James Roday, Dule Hill, Corbin Bernsen

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



MELBOURNE PROGRAM GUIDE

Monday 03rd March 2014

04:00 pm Alby Mangels Adventure Bound (Rpt)	PG Adult Themes	Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.
05:00 pm Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm M*A*S*H (Rpt)	PG	<u>Twas The Day After Christmas</u> To boost post-yuletide morale on Dec 26, Potter has the officers and enlisted men change places for the day. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm Get Smart (Rpt)	PG	<u>The Decoy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm Undercover Boss Australia (Rpt)	CC PG Some Coarse Language	<u>Staging Connections</u> Tony Chamberlain, Managing Director of Staging Connections, goes undercover in his own firm to work in a variety of roles so he can get to know different employees to find out whether the business is functioning efficiently.
08:00 pm American Digger (Rpt)	PG Some Coarse Language	<u>The Bowels Of Brooklyn</u> American Savage hunts for 19th century privy sites and items lost or tossed into them that are now worth big bucks.
08:30 pm Movie: Flying High II (1982)	CC M WS Sexual References, Nudity	MOVIE A faulty computer causes a passenger space shuttle to head straight for the Sun. Can Ted Striker save the day and get the shuttle back on track again? Starring: Lloyd Bridges, William Shatner, Peter Graves, Robert Hays, Raymond Burr, Rip Torn, Chuck Connors, Chad Everett, Julie Hagerty, Sonny Bono



MELBOURNE PROGRAM GUIDE

Monday 03rd March 2014

10:20 pm **Movie: Star Trek: The Motion Picture** (1979) G

MOVIE

When a destructive space entity is spotted approaching Earth, Admiral Kirk resumes command of the Starship Enterprise in order to intercept, examine and hopefully stop it

Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Nichelle Nichols, Walter Koenig, Stephen Collins, Persis Khambatta

01:00 am **Bellator MMA** (Rpt)

03:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 1: Drive4copd 300 @ Daytona

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 1 of the NASCAR excitement is hosted at the world famous Daytona International Speedway.

04:30 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 1: Daytona 500 - Highlights

Relive all the action of the Sprint Cup season opener with highlights from the Great American Race at the Daytona International Speedway.

05:30 am **Football's Greatest Managers** (Rpt) G

Rinus Michels

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



MELBOURNE PROGRAM GUIDE

Tuesday 04th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

08:00 am **Omnisport** (Rpt)

08:30 am **Wild Racers** (Rpt)

PG
Mild Coarse
Language

REPLAY

Round 19: Perth Wildcats V Melbourne Tigers

In round 19 the Perth Wildcats play host to the Melbourne Tigers. Tune in for all the action from Perth Arena.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

09:00 am **Adventure Angler** (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

09:30 am **Million Dollar Catch** (Rpt)

PG
Some Coarse
Language,
Medical Procedures

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

10:00 am **Reel Rock** (Rpt)

PG
Some Coarse
Language,
Adult Themes

Sketchy Andy

The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

10:30 am **Men's Health Survival Of The Fittest** (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia**

CC G
WS

Tuesday - Week 3

With an Immunity Pin up for grabs, guest chef, Colin Fassnidge, better bring his A-game because this season's MasterChef contestants aren't going down without a fight!



MELBOURNE PROGRAM GUIDE

Tuesday 04th March 2014

12:00 pm MasterChef Australia

CC G
WS

01:00 pm MasterChef Australia

CC PG
WS Mild Coarse
Language

02:00 pm Psych

PG
Some Violence,
Mild Coarse
Language

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

03:30 pm Whose Line Is It Anyway? (Rpt)

PG

04:00 pm Get Smart (Rpt)

PG

04:30 pm Fishing Edge (Rpt)

G

05:00 pm Big Angry Fish (Rpt)

PG

Wednesday - Week 3

It's boys versus girls in this epic Team Challenge! The two teams head to the Mean Fiddler Pub where they have to cook for 700 hungry revelers.

Thursday - Week 3

All eleven contestants of the losing team face elimination. They must cook off in a Rapid Fire challenge over three rounds.

NEW EPISODE

Autopsy Turvy

The race is on to clear Woody's name and reputation when a mere mortician finds a mistake in the coroner's autopsy.

Starring: James Roday, Dule Hill, Corbin Bernsen

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

The Decoy

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.

Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.



MELBOURNE PROGRAM GUIDE

Tuesday 04th March 2014

- 05:30 pm I Fish (Rpt)** G
Paul Worsteling brings you great tips and products that will help you lure the big fish.
- 06:00 pm M*A*S*H (Rpt)** PG
Follies Of The Living - Concerns Of The Dead
At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.
Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
- 06:30 pm Get Smart (Rpt)** PG
Hoo Done IT
Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.
Starring: Don Adams, Barbara Feldon, Edward Platt
- 07:00 pm COPS (Rpt)** CC PG
Drug References
Coast To Coast
This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
- 07:30 pm Python Hunters (Rpt)** PG
Rattlesnake Roundup
Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb.
Starring: Shawn Heflick, Greg Graziani, Michael Cole
- 08:30 pm COPS (Rpt)** PG
Adult Themes
Street Patrol #3 Special Addition
The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.
- 09:00 pm COPS: Adults Only** M
Some Coarse Language,
Adult Themes
A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
- 09:30 pm Ross Kemp: Battle For The Amazon (Rpt)** M
Some Coarse Language
Ross Kemp: Battle for the Amazon is a documentary looking into the socio-economic and environmental pressures facing the Amazon regions of Brazil, Ecuador and Peru.
- 10:30 pm Super Rugby Extra Time**
- 11:30 pm Sleeper Cell (Rpt)** MA15+
Some Violence,
A Sex Scene,
Some Coarse Language
NEW EPISODE
Family
Darwyn tries to get close to a chemical plant worker in the hopes of trying to acquire some of the company's product for the cell. Meanwhile, Tommy's estranged mother visits.
Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti



MELBOURNE PROGRAM GUIDE

Tuesday 04th March 2014

12:40 am	American Digger (Rpt)	PG Some Coarse Language	<u>The Bowels Of Brooklyn</u> American Savage hunts for 19th century privy sites and items lost or tossed into them that are now worth big bucks.
01:10 am	Trick My Truck (Rpt)	PG	The Chrome Shop Mafia are inspired by the love between Kevin and Gail. They are married and work side by side together, but Gail was stricken with cancer and could no longer join Kevin on the road.
01:40 am	Frontiers Of Construction (Rpt)	G	<u>The Shape Of The Future</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
02:40 am	COPS: Adults Only (Rpt)	M Some Coarse Language, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
03:10 am	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:40 am	M*A*S*H (Rpt)	PG	<u>Follies Of The Living - Concerns Of The Dead</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:10 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:25 am	Sporting Greats (Rpt)	G	<u>Carl Lewis</u> Carl Lewis won 10 Olympic medals and 10 World Championship medals for track and field. His career spanned from 1979 when he first achieved a world ranking to 1996 when he last won an Olympic title and subsequently retired.
05:00 am	Golf Getaway (Rpt)		Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.



one

MELBOURNE PROGRAM GUIDE

Tuesday 04th March 2014

05:30 am Football's Greatest Managers (Rpt)

PG

Giovanni Trapattoni

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



MELBOURNE PROGRAM GUIDE

Wednesday 05th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 19: Adelaide 36ers V New Zealand Breakers

In round 19 the Adelaide 36ers play host to the New Zealand Breakers. Join us for all the action from Adelaide Arena.

08:00 am **World Series Sprintcars** (Rpt)

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

09:00 am **Sport Science** (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

10:00 am **Sporting Greats** (Rpt)

PG

Seve Ballesteros

Seve Ballesteros was one of golf's leading figures from the mid-1970s to the mid-1990s. He won more than 90 international tournaments in an illustrious career, including five major championships between 1979 and 1988.

10:35 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am **Tour The World**

CC G

Tasmanian Spectacular

We're on the road a little closer to home, on a fabulous tour around our very own Tasmania. Explore the splendour of Cradle Mountain National Park, the Gordon Wild River and the Wilderness Railway.

11:30 am **MasterChef Australia**

CC G
WS

Friday - Week 3

Gary and George give the contestants a MasterClass on the art of cooking rabbit. Later, Gary whips up a modern take on the classic Shepherd's Pie.

01:00 pm **MasterChef Australia**

CC G
WS

Sunday - Week 4

Cooking in threes, the contestants are faced with a challenge that fuses the finest elements of both the Mystery Box and Invention Test by creating an outstanding dish using unknown ingredients.

02:00 pm **Psych**

PG
Some Violence

NEW EPISODE

True Grits

A wrongly convicted Southern chef hires Shawn and Gus to find the real thief after the Innocence Project frees him from prison.

Starring: James Roday, Dule Hill, Corbin Bernsen



MELBOURNE PROGRAM GUIDE

Wednesday 05th March 2014

03:00 pm Super Rugby Extra Time

04:00 pm Get Smart (Rpt)

PG

Hoo Done IT

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm COPS (Rpt)

CC PG
Drug References

Coast To Coast

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

05:00 pm Big Angry Fish (Rpt)

PG

Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.

05:30 pm I Fish (Rpt)

G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm M*A*S*H (Rpt)

PG

The Birthday Girls

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt)

PG

Rub-A-Dub-Dub.. Three Spies In A Sub

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt)

CC PG
Drug References

Coast To Coast

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm White Collar (Rpt)

PG
Some Violence

Most Wanted

Having found Neal and Mozzie, Peter must help devise a plan to return Neal to the U.S. and avoid being captured by a ruthless bounty hunter.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen



MELBOURNE PROGRAM GUIDE

Wednesday 05th March 2014

08:30 pm Burn Notice

M
Some Violence

ALL NEW EPISODES

Forget Me Not

Michael comes back to Miami to protect his cover. Meanwhile, Sam, Jesse and Fiona are also trying to hunt down Mystery Man themselves.

Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce Campbell, Sharon Gless, Jack Coleman

Guest Starring: David Fickas

09:30 pm Sons Of Anarchy

ALL NEW EPISODES

Authority Vested

Sins from the past resurface for Jax and SAMCRO as the club members go into hiding from Pope and the police.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

10:30 pm Vegas

M
Some Violence

NEW EPISODE

Two Of A Kind

Savino, Mia and Tommy have their hands full when a Hollywood producer and his ingénue, Violet, breeze into the Savoy.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm Terriers

M
Adult Themes

Sins Of The Past

Hank gets a second shot at the rape case that got him ejected from the police department in a mystery spanning multiple time periods.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am Megafactories (Rpt)

PG

Chevy Volt

Exclusive behind-the-scenes footage from GM's Pre Production Operations factory reveals the secrets behind the electric Chevy Volt.

01:30 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

05:30 am Football's Greatest Managers (Rpt)

G

Bill Shankly

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



MELBOURNE PROGRAM GUIDE

Thursday 06th March 2014

06:00 am Xtreme Storm (Rpt)

PG

Xtreme Storm

With 32 man-made obstacles on a 14 mile course, Xtreme Storm is one of the best, worst and toughest obstacle endurance events that the UK has to offer.

06:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am Basketball: NBL Championship
2013/14 (Rpt)

REPLAY

Round 20: Wollongong Hawks V Adelaide 36ers

Round 20 takes us to WIN Entertainment Centre where the Wollongong Hawks play host to the Adelaide 36ers.

09:00 am Super Rugby Extra Time

10:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

10:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am MasterChef Australia

CC G
WS

Monday - Week 4

The losing trio from the last challenge compete head-to-head in a high-intensity Pressure Test. Two contestants will stay in the kitchen, one will be going home.

12:00 pm MasterChef Australia

CC PG
WS Mild Coarse
Language

Tuesday - Week 4

The winning trio from the Lucky Dip Invention Test, face off against chef, Adam D'Sylva, from Melbourne restaurant, Coda, in the first team Immunity Challenge.

12:30 pm MasterChef Australia

CC G
WS

Wednesday - Week 4

The task seems simple enough - make enough gelato and sausages for 500 Nippers on Cronulla Beach. But this is MasterChef Australia and nothing is ever as easy as it seems!

02:00 pm Psych

PG
Some Violence

SEASON FINALE

Santabarbaratown

Shawn, Gus and Henry investigate a cold case when the body of Veronica Towne is found 20 years after she disappeared.

Starring: James Roday, Dule Hill, Corbin Bernsen

Thursday 06th March 2014

03:00 pm Whose Line Is It Anyway? (Rpt)	PG	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
03:30 pm Whose Line Is It Anyway? (Rpt)	PG	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
04:00 pm Get Smart (Rpt)	PG	<p><u>Rub-A-Dub-Dub.. Three Spies In A Sub</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
04:30 pm COPS (Rpt)	CC PG Drug References	<p><u>Coast To Coast</u></p> <p>This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
05:00 pm Big Angry Fish (Rpt)	PG Some Coarse Language	<p>Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.</p>
05:30 pm I Fish (Rpt)	G	<p>Paul Worsteling brings you great tips and products that will help you lure the big fish.</p>
06:00 pm M*A*S*H (Rpt)	PG	<p><u>Blood And Guts</u></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>
06:30 pm Get Smart (Rpt)	PG	<p><u>The Greatest Spy On Earth</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>



MELBOURNE PROGRAM GUIDE

Thursday 06th March 2014

07:00 pm COPS	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:00 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:30 pm Fast Forward (Rpt)	M	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
09:30 pm Ross Noble's Australian Trip (Rpt)	CC M WS Some Coarse Language	Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
10:30 pm The Sketch Show (Rpt)	PG Sexual References, Adult Themes	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
11:00 pm Blokesworld (Rpt)	M Sexual References, Frequent Coarse Language, Nudity	Adam Riemann showcases the Motorex KTM Race Team; Mongrel Racing's Sharky shows off his Triumph; Isla competes in Miss Downunder Melbourne finals.
11:30 pm Would You Rather? With Graham Norton (Rpt)	M	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Scott Adsit, Faith Salie, Alan Cumming and Dave Hill.
12:00 am Wild Racers (Rpt)	PG Mild Coarse Language	The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.



MELBOURNE PROGRAM GUIDE

Thursday 06th March 2014

12:30 am	Million Dollar Catch (Rpt)	PG Some Coarse Language, Medical Procedures	Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.
01:00 am	Python Hunters (Rpt)	PG	<u>Rattlesnake Roundup</u> Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb. Starring: Shawn Heflick, Greg Graziani, Michael Cole
02:00 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
02:30 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:00 am	Fast Forward (Rpt)	M	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
04:00 am	M*A*S*H (Rpt)	PG	<u>Blood And Guts</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	G	<u>Gary Player</u> Gary Player is widely regarded as one of the greatest players in the history of golf. He accumulated an impressive nine major championships on the regular tour and six Champions Tour major championship victories all by the age of 29.



MELBOURNE PROGRAM GUIDE

Thursday 06th March 2014

05:30 am **Football's Greatest Managers** (Rpt) G

Bob Paisley

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



MELBOURNE PROGRAM GUIDE

Friday 07th March 2014

06:00 am **Dirty Weekend** (Rpt)

G

Dirty Weekend

The inaugural running of what is the world's longest assault course, set in the magnificent grounds of Burghley Estate. In a festival setting, competitors take on a 20 mile route with 20 zones and over 200 obstacles to be tamed.

06:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am **Basketball: NBL Championship 2013/14**

REPLAY

Round 20: Sydney Kings V Perth Wildcats

Round 20 takes us to the Sydney Entertainment Centre where the Sydney Kings host the Perth Wildcats.

09:00 am **NASCAR Nationwide Series Highlights**

Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.

10:00 am **NASCAR Sprint Cup Highlights**

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International Raceway.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia**

CC PG
WS Some Coarse
Language

Thursday - Week 4

The losing team from the Sausage Sizzle challenge face off as individuals in a Skills Race Elimination. Contestants must complete four pastry elements and create a beautiful finished dessert.

12:30 pm **MasterChef Australia**

CC G
WS

Friday - Week 4

Gary makes a hearty veal osso bucco with cannellini beans and George teaches the contestants how to cook snapper en papillote with special guests: Donna Hay and Romeo Baudouin.

02:00 pm **Psych**

PG
Some Violence

SEASON PREMIERE

Santabarbaratown 2

Following the aftermath of the shooting, Shawn vows to catch the shooter and anyone who helped in the heinous plot.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

Friday 07th March 2014

- | | | |
|---|---|---|
| <p>03:00 pm Whose Line Is It Anyway? (Rpt)</p> | <p>PG
Sexual References,
Mild Coarse
Language</p> | <p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p> |
| <p>03:30 pm Whose Line Is It Anyway? (Rpt)</p> | <p>PG
Sexual References</p> | <p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p> |
| <p>04:00 pm Get Smart (Rpt)</p> | <p>PG</p> | <p><u>The Greatest Spy On Earth</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p> |
| <p>04:30 pm COPS (Rpt)</p> | <p>PG
Adult Themes</p> | <p>A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p> |
| <p>05:00 pm Big Angry Fish (Rpt)</p> | <p>PG</p> | <p>Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.</p> |
| <p>05:30 pm I Fish (Rpt)</p> | <p>G</p> | <p>Paul Worsteling brings you great tips and products that will help you lure the big fish.</p> |
| <p>06:00 pm M*A*S*H (Rpt)</p> | <p>PG</p> | <p><u>Holy Mess. A</u></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p> |
| <p>06:30 pm Get Smart (Rpt)</p> | <p>PG</p> | <p><u>Island Of The Darned</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p> |



MELBOURNE PROGRAM GUIDE

Friday 07th March 2014

07:00 pm	COPS	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Frontiers Of Construction (Rpt)	G	Top TEN Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm	Megacities (Rpt)	PG	Las Vegas Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:30 pm	Basketball: NBL Championship 2013/14		LIVE Round 21: Perth Wildcats V Townsville Crocodiles In Round 21 we take you to Perth Arena where the Peth Wildcats take on the Townsville Crocodiles.
11:30 pm	The League	MA15+ Sexual References	NEW EPISODE Tailgate Andre's plan to take the guys tailgating is thwarted when their high school nemesis Frank "The Body" Gibiatti and his gang have the same idea. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie
12:00 am	Bellator MMA (Rpt)		
02:00 am	The Sketch Show (Rpt)	PG Sexual References, Adult Themes	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
02:30 am	Would You Rather? With Graham Norton (Rpt)	M	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Scott Adsit, Faith Salie, Alan Cumming and Dave Hill.
03:00 am	M*A*S*H (Rpt)	PG	Holy Mess, A At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



MELBOURNE PROGRAM GUIDE

Friday 07th March 2014

03:30 am Sport Science (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt)

G

Eddy Merckx

Eddy Merckx is considered to be the greatest pro-cyclist in history. He won the Tour de France and the Giro d'Italia five times and the Vuelta a España once. He also won all of professional cycling's classic "monument" races at least twice.

05:30 am Football's Greatest Managers (Rpt)

PG

Sir Alex Ferguson

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



MELBOURNE PROGRAM GUIDE

Saturday 08th March 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 2: Phoenix - Qualifying

Who will take out the top spot in the qualifying race ahead of Race 2 from the Phoenix International Raceway?

07:00 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

11:00 am Sporting Greats (Rpt)

PG

Joe Frazier

Joe Frazier, according to The International Boxing Research Organisation, rates among the ten greatest heavyweights of all time. He is an inductee of both the International Boxing Hall of Fame and the World Boxing Hall of Fame.

11:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

12:00 pm Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

12:30 pm Temporary Australians (Rpt)

PG

Dambuster

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

01:00 pm World Series Sprintcars

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

02:00 pm Pat Callinan's 4x4 Adventures

PG

Victorian High Country

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. In this episode, Pat gets into trouble on a steep and slippery Victorian mountain.

03:00 pm Alby Mangels Adventure Bound (Rpt)

PG
Adult Themes

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

04:00 pm Megacities (Rpt)

PG

Las Vegas

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.



MELBOURNE PROGRAM GUIDE

Saturday 08th March 2014

05:00 pm	Wild Racers	PG	The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.
05:30 pm	Reel Rock (Rpt)	PG Some Coarse Language, Adult Themes	<u>Sketchy Andy</u> The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Tooth Shall Set Free</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Bronzefinger</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	Trick My Truck (Rpt)	PG	Matthew Graves is the sole provider for 6 children. Trick My Truck transform Graves' overworked Peterbilt into an iconic monster truck befitting of a family named Graves.
07:30 pm	Frontiers Of Construction (Rpt)	G	<u>Virtual Engineering</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm	Law & Order: SVU (Rpt)	CC M Strong Adult Themes	<u>Russian Love Poem</u> Benson and Stabler investigate the murder of a multi-millionaire. They begin with his long list of male and female lovers and continue to a pair of Russian escorts, one of whom turns up dead. Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd, Dean Winters Guest Starring: Olek Krupa, Nadine Stenovitch, Melissa Sagemiller, Allison Munn, Deborah Rush
09:30 pm	Bellator MMA		NEW EPISODE



MELBOURNE PROGRAM GUIDE

Saturday 08th March 2014

12:30 am Lights Out

M
Some Violence

NEW EPISODE

Cut Men

Lights' health and career are jeopardised when Reynolds refuses to postpone the fight.

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

01:30 am 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

02:30 am Blokesworld (Rpt)

M
Sexual References,
Frequent Coarse
Language,
Nudity

Adam Riemann showcases the Motorex KTM Race Team; Mongrel Racing's Sharky shows off his Triumph; Isla competes in Miss Downunder Melbourne finals.

03:00 am Ross Kemp: Battle For The Amazon (Rpt)

M
Some Coarse
Language

Ross Kemp: Battle for the Amazon is a documentary looking into the socio-economic and environmental pressures facing the Amazon regions of Brazil, Ecuador and Peru.

04:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:25 am Sporting Greats (Rpt)

G

Sergey Bubka

Sergey Bubka represented the Soviet Union in pole vaulting and was repeatedly voted the world's best athlete. In 2012 was one of 24 athletes inducted as inaugural members of the International Association of Athletics.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.



BRISBANE PROGRAM GUIDE

Sunday 02nd March 2014

06:00 am Rugby Classic Matches (Rpt)

Autumn International 2002: England V Australia

Relive the 2002 Autumn International between England and the Wallabies at Twickenham in London.

08:00 am Megacities (Rpt)

G

Hong Kong

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

08:30 am Megacities (Rpt)

PG
Adult Themes

Mexico City

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

09:00 am Escape With ET

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

SPECIAL ENCORE PRESENTATION

10:00 am The Biggest Loser: Challenge Australia

CC PG

It's last chance training, and for one contestant it becomes too much and they have a meltdown during the session. Meanwhile, someone is called out on the scales for not working hard enough.

11:00 am The Biggest Loser: Challenge Australia

CC PG
Adult Themes

SPECIAL ENCORE PRESENTATION

It's the elimination aftermath and the house seems pleased by the departure of one contestant, but will their decision to keep the other contestant pay off?

12:00 pm The Biggest Loser: Challenge Australia

CC PG
Some Coarse Language

SPECIAL ENCORE PRESENTATION

It's challenge time for both teams. The contestants must move a stack of tyres from the start to finish line via a cage attached to a car. Who will lose the challenge and receive a penalty?

01:00 pm Movie: King Of The Olympics

MOVIE

03:00 pm Sport Science (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers - and what can they break with a single kick?



BRISBANE PROGRAM GUIDE

Sunday 02nd March 2014

04:00 pm Adventure Angler TV G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm What's Up Down Under CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm Temporary Australians (Rpt) PG

Dambuster

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

06:00 pm M*A*S*H (Rpt) PG

Snappier Judgement

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Reel Rock PG
Some Coarse Language, Adult Themes

SERIES PREMIERE

Sketchy Andy

The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

07:00 pm Million Dollar Catch (Rpt) PG
Some Coarse Language, Medical Procedures

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

07:30 pm Extreme Fishing With Robson Green (Rpt) PG
Some Coarse Language, Nudity

Robson Green's passion for fishing means he's already fished the entire map. But this time, he's going further. As he takes it off the map and casts his line at the Ends of the Earth.



BRISBANE PROGRAM GUIDE

Sunday 02nd March 2014

08:30 pm Undercover Boss Australia (Rpt) CC PG

Jbs Australia

Meet Iain, JBS Swift's rock star CEO! Used to living the high life, he's giving up the fancy cars and motorbikes to head to the front line of the meat packing business.

09:30 pm **Movie: No Country For Old Men** (2007) AV15+ Strong Violence

MOVIE

Violence and mayhem ensue after a hunter stumbles upon a drug deal gone wrong and more than two million dollars in cash near the Rio Grande.

Starring: Tommy Lee Jones, Javier Bardem, Josh Brolin, Woody Harrelson, Kelly Macdonald, Garrett Dillahunt, Tess Harper, Barry Corbin, Stephen Root

12:00 am 48 Hours (Rpt) M Adult Themes

Spies, Lies And Secrets

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

01:00 am **Ross Kemp: Back On The Frontline** (Rpt) MA15+ Medical Procedures

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:00 am **Adventure Angler** (Rpt) G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

02:30 am **M*A*S*H** (Rpt) PG

Snappier Judgement

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

03:00 am **Sport Science** (Rpt) PG Sexual References, Mild Coarse Language, Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

04:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



BRISBANE PROGRAM GUIDE

Sunday 02nd March 2014

04:25 am	Sporting Greats (Rpt)	G	<u>Babe Ruth</u> Babe Ruth became one of the first five players to be elected into the National Baseball Hall of Fame and is credited with changing baseball itself. The popularity of the game exploded in the 1920s, largely due to his influence.
05:00 am	Men's Health Survival Of The Fittest (Rpt)	G	<u>Men's Health Survival Of The Fittest</u> Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.
05:30 am	Football's Greatest Managers (Rpt)	G	<u>Mario Zagallo</u> Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



BRISBANE PROGRAM GUIDE

Monday 03rd March 2014

06:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am **NASCAR Sprint Cup**

DELAYED

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

10:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am **Megafactories** (Rpt)

PG

Chevy Volt

Exclusive behind-the-scenes footage from GM's Pre Production Operations factory reveals the secrets behind the electric Chevy Volt.

12:00 pm **MasterChef Australia**

CC G
WS

Sunday - Week 3

The Mystery Box delivers more than one surprise - not only are the contestants faced with an array of unusual food, they must create a dish using ALL of the ingredients!

01:00 pm **MasterChef Australia**

CC G
WS

Monday - Week 3

The bottom three contestants from the Mystery Box challenge must face off in a Pressure Test. They have two hours to recreate their best version of the Cherry Bombe Alaska.

02:00 pm **Psych**

PG
Some Violence

NEW EPISODE

Let's Doo-Wop IT Again

After someone tries to murder the founder of a youth charity, two of Gus' former Blackapella members decide to help him and Shawn with the investigation.

Starring: James Roday, Dule Hill, Corbin Bernsen

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



BRISBANE PROGRAM GUIDE

Monday 03rd March 2014

04:00 pm Alby Mangels Adventure Bound (Rpt)	PG Adult Themes	Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.
05:00 pm Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm M*A*S*H (Rpt)	PG	<u>Twas The Day After Christmas</u> To boost post-yuletide morale on Dec 26, Potter has the officers and enlisted men change places for the day. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm Get Smart (Rpt)	PG	<u>The Decoy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm Undercover Boss Australia (Rpt)	CC PG Some Coarse Language	<u>Staging Connections</u> Tony Chamberlain, Managing Director of Staging Connections, goes undercover in his own firm to work in a variety of roles so he can get to know different employees to find out whether the business is functioning efficiently.
08:00 pm American Digger (Rpt)	PG Some Coarse Language	<u>The Bowels Of Brooklyn</u> American Savage hunts for 19th century privy sites and items lost or tossed into them that are now worth big bucks.
08:30 pm Movie: Flying High II (1982)	CC M WS Sexual References, Nudity	MOVIE A faulty computer causes a passenger space shuttle to head straight for the Sun. Can Ted Striker save the day and get the shuttle back on track again? Starring: Lloyd Bridges, William Shatner, Peter Graves, Robert Hays, Raymond Burr, Rip Torn, Chuck Connors, Chad Everett, Julie Hagerty, Sonny Bono



BRISBANE PROGRAM GUIDE

Monday 03rd March 2014

10:20 pm **Movie: Star Trek: The Motion Picture** (1979) G

MOVIE

When a destructive space entity is spotted approaching Earth, Admiral Kirk resumes command of the Starship Enterprise in order to intercept, examine and hopefully stop it

Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Nichelle Nichols, Walter Koenig, Stephen Collins, Persis Khambatta

01:00 am **Bellator MMA** (Rpt)

03:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 1: Drive4copd 300 @ Daytona

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 1 of the NASCAR excitement is hosted at the world famous Daytona International Speedway.

04:30 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 1: Daytona 500 - Highlights

Relive all the action of the Sprint Cup season opener with highlights from the Great American Race at the Daytona International Speedway.

05:30 am **Football's Greatest Managers** (Rpt) G

Rinus Michels

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



BRISBANE PROGRAM GUIDE

Tuesday 04th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

08:00 am **Omnisport** (Rpt)

08:30 am **Wild Racers** (Rpt)

PG
Mild Coarse
Language

REPLAY

Round 19: Perth Wildcats V Melbourne Tigers

In round 19 the Perth Wildcats play host to the Melbourne Tigers. Tune in for all the action from Perth Arena.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

09:00 am **Adventure Angler** (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

09:30 am **Million Dollar Catch** (Rpt)

PG
Some Coarse
Language,
Medical Procedures

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

10:00 am **Reel Rock** (Rpt)

PG
Some Coarse
Language,
Adult Themes

Sketchy Andy

The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

10:30 am **Men's Health Survival Of The Fittest** (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia**

CC G
WS

Tuesday - Week 3

With an Immunity Pin up for grabs, guest chef, Colin Fassnidge, better bring his A-game because this season's MasterChef contestants aren't going down without a fight!



BRISBANE PROGRAM GUIDE

Tuesday 04th March 2014

12:00 pm MasterChef Australia

CC G
WS

Wednesday - Week 3

It's boys versus girls in this epic Team Challenge! The two teams head to the Mean Fiddler Pub where they have to cook for 700 hungry revelers.

01:00 pm MasterChef Australia

CC PG
WS Mild Coarse
Language

Thursday - Week 3

All eleven contestants of the losing team face elimination. They must cook off in a Rapid Fire challenge over three rounds.

02:00 pm Psych

PG
Some Violence,
Mild Coarse
Language

NEW EPISODE

Autopsy Turvy

The race is on to clear Woody's name and reputation when a mere mortician finds a mistake in the coroner's autopsy.

Starring: James Roday, Dule Hill, Corbin Bernsen

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Get Smart (Rpt)

PG

The Decoy

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Fishing Edge (Rpt)

G

Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.

05:00 pm Big Angry Fish (Rpt)

PG

Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.



BRISBANE PROGRAM GUIDE

Tuesday 04th March 2014

05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<p data-bbox="810 488 1299 519"><u>Follies Of The Living - Concerns Of The Dead</u></p> <p data-bbox="810 528 1517 580">At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p data-bbox="810 602 1406 629">Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>
06:30 pm	Get Smart (Rpt)	PG	<p data-bbox="810 730 943 761"><u>Hoo Done IT</u></p> <p data-bbox="810 770 1517 848">Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p data-bbox="810 871 1331 898">Starring: Don Adams, Barbara Feldon, Edward Platt</p>
07:00 pm	COPS (Rpt)	CC PG Drug References	<p data-bbox="810 976 979 1008"><u>Coast To Coast</u></p> <p data-bbox="810 1016 1517 1066">This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
07:30 pm	Python Hunters (Rpt)	PG	<p data-bbox="810 1111 1043 1142"><u>Rattlesnake Roundup</u></p> <p data-bbox="810 1151 1517 1229">Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb.</p> <p data-bbox="810 1252 1342 1279">Starring: Shawn Heflick, Greg Graziani, Michael Cole</p>
08:30 pm	COPS (Rpt)	PG Adult Themes	<p data-bbox="810 1357 1161 1388"><u>Street Patrol #3 Special Addition</u></p> <p data-bbox="810 1397 1517 1469">The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
09:00 pm	COPS: Adults Only	M Some Coarse Language, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:30 pm	Ross Kemp: Battle For The Amazon (Rpt)	M Some Coarse Language	Ross Kemp: Battle for the Amazon is a documentary looking into the socio-economic and environmental pressures facing the Amazon regions of Brazil, Ecuador and Peru.
10:30 pm	Super Rugby Extra Time		
11:30 pm	Sleeper Cell (Rpt)	MA15+ Some Violence, A Sex Scene, Some Coarse Language	<p data-bbox="810 1897 1023 1928">NEW EPISODE</p> <p data-bbox="810 1937 884 1968"><u>Family</u></p> <p data-bbox="810 1977 1517 2056">Darwyn tries to get close to a chemical plant worker in the hopes of trying to acquire some of the company's product for the cell. Meanwhile, Tommy's estranged mother visits.</p> <p data-bbox="810 2078 1490 2119">Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti</p>



BRISBANE PROGRAM GUIDE

Tuesday 04th March 2014

12:40 am	American Digger (Rpt)	PG Some Coarse Language	<u>The Bowels Of Brooklyn</u> American Savage hunts for 19th century privy sites and items lost or tossed into them that are now worth big bucks.
01:10 am	Trick My Truck (Rpt)	PG	The Chrome Shop Mafia are inspired by the love between Kevin and Gail. They are married and work side by side together, but Gail was stricken with cancer and could no longer join Kevin on the road.
01:40 am	Frontiers Of Construction (Rpt)	G	<u>The Shape Of The Future</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
02:40 am	COPS: Adults Only (Rpt)	M Some Coarse Language, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
03:10 am	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:40 am	M*A*S*H (Rpt)	PG	<u>Follies Of The Living - Concerns Of The Dead</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:10 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:25 am	Sporting Greats (Rpt)	G	<u>Carl Lewis</u> Carl Lewis won 10 Olympic medals and 10 World Championship medals for track and field. His career spanned from 1979 when he first achieved a world ranking to 1996 when he last won an Olympic title and subsequently retired.
05:00 am	Golf Getaway (Rpt)		Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

The logo for the 'one' network, featuring the word 'one' in white lowercase letters on a green square background.

BRISBANE PROGRAM GUIDE

Tuesday 04th March 2014

05:30 am Football's Greatest Managers (Rpt)

PG

Giovanni Trapattoni

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



BRISBANE PROGRAM GUIDE

Wednesday 05th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 19: Adelaide 36ers V New Zealand Breakers

In round 19 the Adelaide 36ers play host to the New Zealand Breakers. Join us for all the action from Adelaide Arena.

08:00 am **World Series Sprintcars** (Rpt)

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

09:00 am **Sport Science** (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

10:00 am **Sporting Greats** (Rpt)

PG

Seve Ballesteros

Seve Ballesteros was one of golf's leading figures from the mid-1970s to the mid-1990s. He won more than 90 international tournaments in an illustrious career, including five major championships between 1979 and 1988.

10:35 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am **Tour The World**

CC G

Tasmanian Spectacular

We're on the road a little closer to home, on a fabulous tour around our very own Tasmania. Explore the splendour of Cradle Mountain National Park, the Gordon Wild River and the Wilderness Railway.

11:30 am **MasterChef Australia**

CC G
WS

Friday - Week 3

Gary and George give the contestants a MasterClass on the art of cooking rabbit. Later, Gary whips up a modern take on the classic Shepherd's Pie.

01:00 pm **MasterChef Australia**

CC G
WS

Sunday - Week 4

Cooking in threes, the contestants are faced with a challenge that fuses the finest elements of both the Mystery Box and Invention Test by creating an outstanding dish using unknown ingredients.

02:00 pm **Psych**

PG
Some Violence

NEW EPISODE

True Grits

A wrongly convicted Southern chef hires Shawn and Gus to find the real thief after the Innocence Project frees him from prison.

Starring: James Roday, Dule Hill, Corbin Bernsen



BRISBANE PROGRAM GUIDE

Wednesday 05th March 2014

03:00 pm Super Rugby Extra Time

04:00 pm Get Smart (Rpt)

PG

Hoo Done IT

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm COPS (Rpt)

CC PG
Drug References

Coast To Coast

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

05:00 pm Big Angry Fish (Rpt)

PG

Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.

05:30 pm I Fish (Rpt)

G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm M*A*S*H (Rpt)

PG

The Birthday Girls

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt)

PG

Rub-A-Dub-Dub.. Three Spies In A Sub

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt)

CC PG
Drug References

Coast To Coast

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm White Collar (Rpt)

PG
Some Violence

Most Wanted

Having found Neal and Mozzie, Peter must help devise a plan to return Neal to the U.S. and avoid being captured by a ruthless bounty hunter.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen



BRISBANE PROGRAM GUIDE

Wednesday 05th March 2014

08:30 pm **Burn Notice**

M
Some Violence

ALL NEW EPISODES

Forget Me Not

Michael comes back to Miami to protect his cover. Meanwhile, Sam, Jesse and Fiona are also trying to hunt down Mystery Man themselves.

Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce Campbell, Sharon Gless, Jack Coleman

Guest Starring: David Fickas

09:30 pm **Sons Of Anarchy**

ALL NEW EPISODES

Authority Vested

Sins from the past resurface for Jax and SAMCRO as the club members go into hiding from Pope and the police.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

10:30 pm **Vegas**

M
Some Violence

NEW EPISODE

Two Of A Kind

Savino, Mia and Tommy have their hands full when a Hollywood producer and his ingénue, Violet, breeze into the Savoy.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm **Terriers**

M
Adult Themes

Sins Of The Past

Hank gets a second shot at the rape case that got him ejected from the police department in a mystery spanning multiple time periods.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am **Megafactories (Rpt)**

PG

Chevy Volt

Exclusive behind-the-scenes footage from GM's Pre Production Operations factory reveals the secrets behind the electric Chevy Volt.

01:30 am **NASCAR Sprint Cup (Rpt)**

REPLAY

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

05:30 am **Football's Greatest Managers (Rpt)**

G

Bill Shankly

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



BRISBANE PROGRAM GUIDE

Thursday 06th March 2014

06:00 am Xtreme Storm (Rpt)

PG

Xtreme Storm

With 32 man-made obstacles on a 14 mile course, Xtreme Storm is one of the best, worst and toughest obstacle endurance events that the UK has to offer.

06:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am Basketball: NBL Championship
2013/14 (Rpt)

REPLAY

Round 20: Wollongong Hawks V Adelaide 36ers

Round 20 takes us to WIN Entertainment Centre where the Wollongong Hawks play host to the Adelaide 36ers.

09:00 am Super Rugby Extra Time

10:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

10:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am MasterChef Australia

CC G
WS

Monday - Week 4

The losing trio from the last challenge compete head-to-head in a high-intensity Pressure Test. Two contestants will stay in the kitchen, one will be going home.

12:00 pm MasterChef Australia

CC PG
WS Mild Coarse
Language

Tuesday - Week 4

The winning trio from the Lucky Dip Invention Test, face off against chef, Adam D'Sylva, from Melbourne restaurant, Coda, in the first team Immunity Challenge.

12:30 pm MasterChef Australia

CC G
WS

Wednesday - Week 4

The task seems simple enough - make enough gelato and sausages for 500 Nippers on Cronulla Beach. But this is MasterChef Australia and nothing is ever as easy as it seems!

02:00 pm Psych

PG
Some Violence

SEASON FINALE

Santabarbaratown

Shawn, Gus and Henry investigate a cold case when the body of Veronica Towne is found 20 years after she disappeared.

Starring: James Roday, Dule Hill, Corbin Bernsen



BRISBANE PROGRAM GUIDE

Thursday 06th March 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Rub-A-Dub-Dub.. Three Spies In A Sub</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	CC PG Drug References	<u>Coast To Coast</u> This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Angry Fish (Rpt)	PG Some Coarse Language	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Blood And Guts</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Greatest Spy On Earth</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



BRISBANE PROGRAM GUIDE

Thursday 06th March 2014

07:00 pm COPS	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:00 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:30 pm Fast Forward (Rpt)	M	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
09:30 pm Ross Noble's Australian Trip (Rpt)	CC M WS Some Coarse Language	Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
10:30 pm The Sketch Show (Rpt)	PG Sexual References, Adult Themes	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
11:00 pm Blokesworld (Rpt)	M Sexual References, Frequent Coarse Language, Nudity	Adam Riemann showcases the Motorex KTM Race Team; Mongrel Racing's Sharky shows off his Triumph; Isla competes in Miss Downunder Melbourne finals.
11:30 pm Would You Rather? With Graham Norton (Rpt)	M	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Scott Adsit, Faith Salie, Alan Cumming and Dave Hill.
12:00 am Wild Racers (Rpt)	PG Mild Coarse Language	The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.



BRISBANE PROGRAM GUIDE

Thursday 06th March 2014

12:30 am	Million Dollar Catch (Rpt)	PG Some Coarse Language, Medical Procedures	Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.
01:00 am	Python Hunters (Rpt)	PG	<u>Rattlesnake Roundup</u> Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb. Starring: Shawn Heflick, Greg Graziani, Michael Cole
02:00 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
02:30 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:00 am	Fast Forward (Rpt)	M	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
04:00 am	M*A*S*H (Rpt)	PG	<u>Blood And Guts</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	G	<u>Gary Player</u> Gary Player is widely regarded as one of the greatest players in the history of golf. He accumulated an impressive nine major championships on the regular tour and six Champions Tour major championship victories all by the age of 29.



BRISBANE PROGRAM GUIDE

Thursday 06th March 2014

05:30 am **Football's Greatest Managers** (Rpt) G

Bob Paisley

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



BRISBANE PROGRAM GUIDE

Friday 07th March 2014

06:00 am **Dirty Weekend** (Rpt)

G

Dirty Weekend

The inaugural running of what is the world's longest assault course, set in the magnificent grounds of Burghley Estate. In a festival setting, competitors take on a 20 mile route with 20 zones and over 200 obstacles to be tamed.

06:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am **Basketball: NBL Championship 2013/14**

REPLAY

Round 20: Sydney Kings V Perth Wildcats

Round 20 takes us to the Sydney Entertainment Centre where the Sydney Kings host the Perth Wildcats.

09:00 am **NASCAR Nationwide Series Highlights**

Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.

10:00 am **NASCAR Sprint Cup Highlights**

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International Raceway.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia**

CC PG
WS Some Coarse
Language

Thursday - Week 4

The losing team from the Sausage Sizzle challenge face off as individuals in a Skills Race Elimination. Contestants must complete four pastry elements and create a beautiful finished dessert.

12:30 pm **MasterChef Australia**

CC G
WS

Friday - Week 4

Gary makes a hearty veal osso bucco with cannellini beans and George teaches the contestants how to cook snapper en papillote with special guests: Donna Hay and Romeo Baudouin.

02:00 pm **Psych**

PG
Some Violence

SEASON PREMIERE

Santabarbaratown 2

Following the aftermath of the shooting, Shawn vows to catch the shooter and anyone who helped in the heinous plot.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

Friday 07th March 2014

- | | | |
|---|---|---|
| <p>03:00 pm Whose Line Is It Anyway? (Rpt)</p> | <p>PG
Sexual References,
Mild Coarse
Language</p> | <p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p> |
| <p>03:30 pm Whose Line Is It Anyway? (Rpt)</p> | <p>PG
Sexual References</p> | <p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p> |
| <p>04:00 pm Get Smart (Rpt)</p> | <p>PG</p> | <p><u>The Greatest Spy On Earth</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p> |
| <p>04:30 pm COPS (Rpt)</p> | <p>PG
Adult Themes</p> | <p>A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p> |
| <p>05:00 pm Big Angry Fish (Rpt)</p> | <p>PG</p> | <p>Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.</p> |
| <p>05:30 pm I Fish (Rpt)</p> | <p>G</p> | <p>Paul Worsteling brings you great tips and products that will help you lure the big fish.</p> |
| <p>06:00 pm M*A*S*H (Rpt)</p> | <p>PG</p> | <p><u>Holy Mess. A</u></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p> |
| <p>06:30 pm Get Smart (Rpt)</p> | <p>PG</p> | <p><u>Island Of The Darned</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p> |



BRISBANE PROGRAM GUIDE

Friday 07th March 2014

07:00 pm	COPS	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Frontiers Of Construction (Rpt)	G	Top TEN Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm	Megacities (Rpt)	PG	Las Vegas Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:30 pm	Basketball: NBL Championship 2013/14		DELAYED Round 21: Perth Wildcats V Townsville Crocodiles In Round 21 we take you to Perth Arena where the Peth Wildcats take on the Townsville Crocodiles.
11:30 pm	The League	MA15+ Sexual References	NEW EPISODE Tailgate Andre's plan to take the guys tailgating is thwarted when their high school nemesis Frank "The Body" Gibiatti and his gang have the same idea. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie
12:00 am	Bellator MMA (Rpt)		
02:00 am	The Sketch Show (Rpt)	PG Sexual References, Adult Themes	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
02:30 am	Would You Rather? With Graham Norton (Rpt)	M	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Scott Adsit, Faith Salie, Alan Cumming and Dave Hill.
03:00 am	M*A*S*H (Rpt)	PG	Holy Mess, A At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



BRISBANE PROGRAM GUIDE

Friday 07th March 2014

03:30 am Sport Science (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt)

G

Eddy Merckx

Eddy Merckx is considered to be the greatest pro-cyclist in history. He won the Tour de France and the Giro d'Italia five times and the Vuelta a España once. He also won all of professional cycling's classic "monument" races at least twice.

05:30 am Football's Greatest Managers (Rpt)

PG

Sir Alex Ferguson

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



BRISBANE PROGRAM GUIDE

Saturday 08th March 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 2: Phoenix - Qualifying

Who will take out the top spot in the qualifying race ahead of Race 2 from the Phoenix International Raceway?

07:00 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

11:00 am Sporting Greats (Rpt)

PG

Joe Frazier

Joe Frazier, according to The International Boxing Research Organisation, rates among the ten greatest heavyweights of all time. He is an inductee of both the International Boxing Hall of Fame and the World Boxing Hall of Fame.

11:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

12:00 pm Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

12:30 pm Temporary Australians (Rpt)

PG

Dambuster

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

01:00 pm World Series Sprintcars

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

02:00 pm Pat Callinan's 4x4 Adventures

PG

Victorian High Country

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. In this episode, Pat gets into trouble on a steep and slippery Victorian mountain.

03:00 pm Alby Mangels Adventure Bound (Rpt)

PG
Adult Themes

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

04:00 pm Megacities (Rpt)

PG

Las Vegas

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.



BRISBANE PROGRAM GUIDE

Saturday 08th March 2014

05:00 pm Wild Racers

PG

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

05:30 pm Reel Rock (Rpt)

PG
Some Coarse
Language,
Adult Themes

Sketchy Andy

The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

06:00 pm M*A*S*H (Rpt)

PG

Tooth Shall Set Free

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt)

PG

Bronzefinger

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm Trick My Truck (Rpt)

PG

Matthew Graves is the sole provider for 6 children. Trick My Truck transform Graves' overworked Peterbilt into an iconic monster truck befitting of a family named Graves.

07:30 pm Frontiers Of Construction (Rpt)

G

Virtual Engineering

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

08:30 pm Law & Order: SVU (Rpt)

CC M
Strong Adult
Themes

Russian Love Poem

Benson and Stabler investigate the murder of a multi-millionaire. They begin with his long list of male and female lovers and continue to a pair of Russian escorts, one of whom turns up dead.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd, Dean Winters

Guest Starring: Olek Krupa, Nadine Stenovitch, Melissa Sagemiller, Allison Munn, Deborah Rush

09:30 pm Bellator MMA

NEW EPISODE



BRISBANE PROGRAM GUIDE

Saturday 08th March 2014

12:30 am Lights Out

M
Some Violence

NEW EPISODE

Cut Men

Lights' health and career are jeopardised when Reynolds refuses to postpone the fight.

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

01:30 am 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

02:30 am Blokesworld (Rpt)

M
Sexual References,
Frequent Coarse
Language,
Nudity

Adam Riemann showcases the Motorex KTM Race Team; Mongrel Racing's Sharky shows off his Triumph; Isla competes in Miss Downunder Melbourne finals.

03:00 am Ross Kemp: Battle For The Amazon (Rpt)

M
Some Coarse
Language

Ross Kemp: Battle for the Amazon is a documentary looking into the socio-economic and environmental pressures facing the Amazon regions of Brazil, Ecuador and Peru.

04:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:25 am Sporting Greats (Rpt)

G

Sergey Bubka

Sergey Bubka represented the Soviet Union in pole vaulting and was repeatedly voted the world's best athlete. In 2012 was one of 24 athletes inducted as inaugural members of the International Association of Athletics.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.



ADELAIDE PROGRAM GUIDE

Sunday 02nd March 2014

06:00 am Rugby Classic Matches (Rpt)

Autumn International 2002: England V Australia

Relive the 2002 Autumn International between England and the Wallabies at Twickenham in London.

08:00 am Megacities (Rpt)

G

Hong Kong

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

08:30 am Megacities (Rpt)

PG
Adult Themes

Mexico City

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

09:00 am Escape With ET

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

SPECIAL ENCORE PRESENTATION

10:00 am The Biggest Loser: Challenge Australia

CC PG

It's last chance training, and for one contestant it becomes too much and they have a meltdown during the session. Meanwhile, someone is called out on the scales for not working hard enough.

SPECIAL ENCORE PRESENTATION

11:00 am The Biggest Loser: Challenge Australia

CC PG
Adult Themes

It's the elimination aftermath and the house seems pleased by the departure of one contestant, but will their decision to keep the other contestant pay off?

SPECIAL ENCORE PRESENTATION

12:00 pm The Biggest Loser: Challenge Australia

CC PG
Some Coarse Language

It's challenge time for both teams. The contestants must move a stack of tyres from the start to finish line via a cage attached to a car. Who will lose the challenge and receive a penalty?

MOVIE

01:00 pm Movie: King Of The Olympics

03:00 pm Sport Science (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers - and what can they break with a single kick?



ADELAIDE PROGRAM GUIDE

Sunday 02nd March 2014

04:00 pm	Adventure Angler TV	G	Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.
04:30 pm	Golf Getaway		Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.
05:00 pm	What's Up Down Under	CC G	What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.
05:30 pm	Temporary Australians (Rpt)	PG	<u>Dambuster</u> Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Snappier Judgement</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Reel Rock	PG Some Coarse Language, Adult Themes	SERIES PREMIERE <u>Sketchy Andy</u> The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.
07:00 pm	Million Dollar Catch (Rpt)	PG Some Coarse Language, Medical Procedures	Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.
07:30 pm	Extreme Fishing With Robson Green (Rpt)	PG Some Coarse Language, Nudity	Robson Green's passion for fishing means he's already fished the entire map. But this time, he's going further. As he takes it off the map and casts his line at the Ends of the Earth.



ADELAIDE PROGRAM GUIDE

Sunday 02nd March 2014

08:30 pm Undercover Boss Australia (Rpt) CC PG

Jbs Australia

Meet Iain, JBS Swift's rock star CEO! Used to living the high life, he's giving up the fancy cars and motorbikes to head to the front line of the meat packing business.

09:30 pm **Movie: No Country For Old Men** (2007) AV15+ Strong Violence

MOVIE

Violence and mayhem ensue after a hunter stumbles upon a drug deal gone wrong and more than two million dollars in cash near the Rio Grande.

Starring: Tommy Lee Jones, Javier Bardem, Josh Brolin, Woody Harrelson, Kelly Macdonald, Garrett Dillahunt, Tess Harper, Barry Corbin, Stephen Root

12:00 am 48 Hours (Rpt) M Adult Themes

Spies, Lies And Secrets

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

01:00 am **Ross Kemp: Back On The Frontline** (Rpt) MA15+ Medical Procedures

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:00 am **Adventure Angler** (Rpt) G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

02:30 am **M*A*S*H** (Rpt) PG

Snappier Judgement

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

03:00 am **Sport Science** (Rpt) PG Sexual References, Mild Coarse Language, Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

04:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



ADELAIDE PROGRAM GUIDE

Sunday 02nd March 2014

04:25 am Sporting Greats (Rpt)

G

Babe Ruth

Babe Ruth became one of the first five players to be elected into the National Baseball Hall of Fame and is credited with changing baseball itself. The popularity of the game exploded in the 1920s, largely due to his influence.

05:00 am Men's Health Survival Of The Fittest (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

05:30 am Football's Greatest Managers (Rpt)

G

Mario Zagallo

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



ADELAIDE PROGRAM GUIDE

Monday 03rd March 2014

06:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am **NASCAR Sprint Cup**

DELAYED

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

10:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am **Megafactories** (Rpt)

PG

Chevy Volt

Exclusive behind-the-scenes footage from GM's Pre Production Operations factory reveals the secrets behind the electric Chevy Volt.

12:00 pm **MasterChef Australia**

CC G
WS

Sunday - Week 3

The Mystery Box delivers more than one surprise - not only are the contestants faced with an array of unusual food, they must create a dish using ALL of the ingredients!

01:00 pm **MasterChef Australia**

CC G
WS

Monday - Week 3

The bottom three contestants from the Mystery Box challenge must face off in a Pressure Test. They have two hours to recreate their best version of the Cherry Bombe Alaska.

02:00 pm **Psych**

PG
Some Violence

NEW EPISODE

Let's Doo-Wop IT Again

After someone tries to murder the founder of a youth charity, two of Gus' former Blackapella members decide to help him and Shawn with the investigation.

Starring: James Roday, Dule Hill, Corbin Bernsen

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



ADELAIDE PROGRAM GUIDE

Monday 03rd March 2014

04:00 pm Alby Mangels Adventure Bound (Rpt)	PG Adult Themes	Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.
05:00 pm Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm M*A*S*H (Rpt)	PG	<u>Twas The Day After Christmas</u> To boost post-yuletide morale on Dec 26, Potter has the officers and enlisted men change places for the day. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm Get Smart (Rpt)	PG	<u>The Decoy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm Undercover Boss Australia (Rpt)	CC PG Some Coarse Language	<u>Staging Connections</u> Tony Chamberlain, Managing Director of Staging Connections, goes undercover in his own firm to work in a variety of roles so he can get to know different employees to find out whether the business is functioning efficiently.
08:00 pm American Digger (Rpt)	PG Some Coarse Language	<u>The Bowels Of Brooklyn</u> American Savage hunts for 19th century privy sites and items lost or tossed into them that are now worth big bucks.
08:30 pm Movie: Flying High II (1982)	CC M WS Sexual References, Nudity	MOVIE A faulty computer causes a passenger space shuttle to head straight for the Sun. Can Ted Striker save the day and get the shuttle back on track again? Starring: Lloyd Bridges, William Shatner, Peter Graves, Robert Hays, Raymond Burr, Rip Torn, Chuck Connors, Chad Everett, Julie Hagerty, Sonny Bono



ADELAIDE PROGRAM GUIDE

Monday 03rd March 2014

10:20 pm **Movie: Star Trek: The Motion Picture** (1979) G

MOVIE

When a destructive space entity is spotted approaching Earth, Admiral Kirk resumes command of the Starship Enterprise in order to intercept, examine and hopefully stop it

Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Nichelle Nichols, Walter Koenig, Stephen Collins, Persis Khambatta

01:00 am **Bellator MMA** (Rpt)

03:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 1: Drive4copd 300 @ Daytona

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 1 of the NASCAR excitement is hosted at the world famous Daytona International Speedway.

04:30 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 1: Daytona 500 - Highlights

Relive all the action of the Sprint Cup season opener with highlights from the Great American Race at the Daytona International Speedway.

05:30 am **Football's Greatest Managers** (Rpt) G

Rinus Michels

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



ADELAIDE PROGRAM GUIDE

Tuesday 04th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

08:00 am **Omnisport** (Rpt)

08:30 am **Wild Racers** (Rpt)

PG
Mild Coarse
Language

REPLAY

Round 19: Perth Wildcats V Melbourne Tigers

In round 19 the Perth Wildcats play host to the Melbourne Tigers. Tune in for all the action from Perth Arena.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

09:00 am **Adventure Angler** (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

09:30 am **Million Dollar Catch** (Rpt)

PG
Some Coarse
Language,
Medical Procedures

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

10:00 am **Reel Rock** (Rpt)

PG
Some Coarse
Language,
Adult Themes

Sketchy Andy

The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

10:30 am **Men's Health Survival Of The Fittest** (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia**

CC G
WS

Tuesday - Week 3

With an Immunity Pin up for grabs, guest chef, Colin Fassnidge, better bring his A-game because this season's MasterChef contestants aren't going down without a fight!



ADELAIDE PROGRAM GUIDE

Tuesday 04th March 2014

12:00 pm MasterChef Australia

CC G
WS

Wednesday - Week 3

It's boys versus girls in this epic Team Challenge! The two teams head to the Mean Fiddler Pub where they have to cook for 700 hungry revelers.

01:00 pm MasterChef Australia

CC PG
WS Mild Coarse
Language

Thursday - Week 3

All eleven contestants of the losing team face elimination. They must cook off in a Rapid Fire challenge over three rounds.

02:00 pm Psych

PG
Some Violence,
Mild Coarse
Language

NEW EPISODE

Autopsy Turvy

The race is on to clear Woody's name and reputation when a mere mortician finds a mistake in the coroner's autopsy.

Starring: James Roday, Dule Hill, Corbin Bernsen

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Get Smart (Rpt)

PG

The Decoy

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Fishing Edge (Rpt)

G

Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.

05:00 pm Big Angry Fish (Rpt)

PG

Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.



ADELAIDE PROGRAM GUIDE

Tuesday 04th March 2014

- 05:30 pm I Fish (Rpt)** G
Paul Worsteling brings you great tips and products that will help you lure the big fish.
- 06:00 pm M*A*S*H (Rpt)** PG
Follies Of The Living - Concerns Of The Dead
At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.
Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
- 06:30 pm Get Smart (Rpt)** PG
Hoo Done IT
Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.
Starring: Don Adams, Barbara Feldon, Edward Platt
- 07:00 pm COPS (Rpt)** CC PG
Drug References
Coast To Coast
This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
- 07:30 pm Python Hunters (Rpt)** PG
Rattlesnake Roundup
Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb.
Starring: Shawn Heflick, Greg Graziani, Michael Cole
- 08:30 pm COPS (Rpt)** PG
Adult Themes
Street Patrol #3 Special Addition
The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.
- 09:00 pm COPS: Adults Only** M
Some Coarse Language, Adult Themes
A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
- 09:30 pm Ross Kemp: Battle For The Amazon (Rpt)** M
Some Coarse Language
Ross Kemp: Battle for the Amazon is a documentary looking into the socio-economic and environmental pressures facing the Amazon regions of Brazil, Ecuador and Peru.
- 10:30 pm Super Rugby Extra Time**
- 11:30 pm Sleeper Cell (Rpt)** MA15+
Some Violence, A Sex Scene, Some Coarse Language
NEW EPISODE
Family
Darwyn tries to get close to a chemical plant worker in the hopes of trying to acquire some of the company's product for the cell. Meanwhile, Tommy's estranged mother visits.
Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti

Tuesday 04th March 2014

12:40 am American Digger (Rpt)	PG Some Coarse Language	<p><u>The Bowels Of Brooklyn</u></p> <p>American Savage hunts for 19th century privy sites and items lost or tossed into them that are now worth big bucks.</p>
01:10 am Trick My Truck (Rpt)	PG	<p>The Chrome Shop Mafia are inspired by the love between Kevin and Gail. They are married and work side by side together, but Gail was stricken with cancer and could no longer join Kevin on the road.</p>
01:40 am Frontiers Of Construction (Rpt)	G	<p><u>The Shape Of The Future</u></p> <p>Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.</p>
02:40 am COPS: Adults Only (Rpt)	M Some Coarse Language, Adult Themes	<p>A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
03:10 am Whose Line Is It Anyway? (Rpt)	PG Sexual References	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
03:40 am M*A*S*H (Rpt)	PG	<p><u>Follies Of The Living - Concerns Of The Dead</u></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>
04:10 am Omnisport		<p>Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.</p>
04:25 am Sporting Greats (Rpt)	G	<p><u>Carl Lewis</u></p> <p>Carl Lewis won 10 Olympic medals and 10 World Championship medals for track and field. His career spanned from 1979 when he first achieved a world ranking to 1996 when he last won an Olympic title and subsequently retired.</p>
05:00 am Golf Getaway (Rpt)		<p>Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.</p>

The logo for the 'one' network, featuring the word 'one' in white lowercase letters on a green square background.

ADELAIDE PROGRAM GUIDE

Tuesday 04th March 2014

05:30 am Football's Greatest Managers (Rpt)

PG

Giovanni Trapattoni

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



ADELAIDE PROGRAM GUIDE

Wednesday 05th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 19: Adelaide 36ers V New Zealand Breakers

In round 19 the Adelaide 36ers play host to the New Zealand Breakers. Join us for all the action from Adelaide Arena.

08:00 am **World Series Sprintcars** (Rpt)

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

09:00 am **Sport Science** (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

10:00 am **Sporting Greats** (Rpt)

PG

Seve Ballesteros

Seve Ballesteros was one of golf's leading figures from the mid-1970s to the mid-1990s. He won more than 90 international tournaments in an illustrious career, including five major championships between 1979 and 1988.

10:35 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am **Tour The World**

CC G

Tasmanian Spectacular

We're on the road a little closer to home, on a fabulous tour around our very own Tasmania. Explore the splendour of Cradle Mountain National Park, the Gordon Wild River and the Wilderness Railway.

11:30 am **MasterChef Australia**

CC G
WS

Friday - Week 3

Gary and George give the contestants a MasterClass on the art of cooking rabbit. Later, Gary whips up a modern take on the classic Shepherd's Pie.

01:00 pm **MasterChef Australia**

CC G
WS

Sunday - Week 4

Cooking in threes, the contestants are faced with a challenge that fuses the finest elements of both the Mystery Box and Invention Test by creating an outstanding dish using unknown ingredients.

02:00 pm **Psych**

PG
Some Violence

NEW EPISODE

True Grits

A wrongly convicted Southern chef hires Shawn and Gus to find the real thief after the Innocence Project frees him from prison.

Starring: James Roday, Dule Hill, Corbin Bernsen



ADELAIDE PROGRAM GUIDE

Wednesday 05th March 2014

03:00 pm Super Rugby Extra Time

04:00 pm Get Smart (Rpt)

PG

Hoo Done IT

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm COPS (Rpt)

CC PG
Drug References

Coast To Coast

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

05:00 pm Big Angry Fish (Rpt)

PG

Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.

05:30 pm I Fish (Rpt)

G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm M*A*S*H (Rpt)

PG

The Birthday Girls

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt)

PG

Rub-A-Dub-Dub.. Three Spies In A Sub

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt)

CC PG
Drug References

Coast To Coast

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm White Collar (Rpt)

PG
Some Violence

Most Wanted

Having found Neal and Mozzie, Peter must help devise a plan to return Neal to the U.S. and avoid being captured by a ruthless bounty hunter.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen



ADELAIDE PROGRAM GUIDE

Wednesday 05th March 2014

08:30 pm Burn Notice

M
Some Violence

ALL NEW EPISODES

Forget Me Not

Michael comes back to Miami to protect his cover. Meanwhile, Sam, Jesse and Fiona are also trying to hunt down Mystery Man themselves.

Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce Campbell, Sharon Gless, Jack Coleman

Guest Starring: David Fickas

09:30 pm Sons Of Anarchy

ALL NEW EPISODES

Authority Vested

Sins from the past resurface for Jax and SAMCRO as the club members go into hiding from Pope and the police.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

10:30 pm Vegas

M
Some Violence

NEW EPISODE

Two Of A Kind

Savino, Mia and Tommy have their hands full when a Hollywood producer and his ingénue, Violet, breeze into the Savoy.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm Terriers

M
Adult Themes

Sins Of The Past

Hank gets a second shot at the rape case that got him ejected from the police department in a mystery spanning multiple time periods.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am Megafactories (Rpt)

PG

Chevy Volt

Exclusive behind-the-scenes footage from GM's Pre Production Operations factory reveals the secrets behind the electric Chevy Volt.

01:30 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

05:30 am Football's Greatest Managers (Rpt)

G

Bill Shankly

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



ADELAIDE PROGRAM GUIDE

Thursday 06th March 2014

06:00 am Xtreme Storm (Rpt)

PG

Xtreme Storm

With 32 man-made obstacles on a 14 mile course, Xtreme Storm is one of the best, worst and toughest obstacle endurance events that the UK has to offer.

06:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am Basketball: NBL Championship
2013/14 (Rpt)

REPLAY

Round 20: Wollongong Hawks V Adelaide 36ers

Round 20 takes us to WIN Entertainment Centre where the Wollongong Hawks play host to the Adelaide 36ers.

09:00 am Super Rugby Extra Time

10:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

10:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am MasterChef Australia

CC G
WS

Monday - Week 4

The losing trio from the last challenge compete head-to-head in a high-intensity Pressure Test. Two contestants will stay in the kitchen, one will be going home.

12:00 pm MasterChef Australia

CC PG
WS Mild Coarse
Language

Tuesday - Week 4

The winning trio from the Lucky Dip Invention Test, face off against chef, Adam D'Sylva, from Melbourne restaurant, Coda, in the first team Immunity Challenge.

12:30 pm MasterChef Australia

CC G
WS

Wednesday - Week 4

The task seems simple enough - make enough gelato and sausages for 500 Nippers on Cronulla Beach. But this is MasterChef Australia and nothing is ever as easy as it seems!

02:00 pm Psych

PG
Some Violence

SEASON FINALE

Santabarbaratown

Shawn, Gus and Henry investigate a cold case when the body of Veronica Towne is found 20 years after she disappeared.

Starring: James Roday, Dule Hill, Corbin Bernsen



ADELAIDE PROGRAM GUIDE

Thursday 06th March 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Rub-A-Dub-Dub.. Three Spies In A Sub</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	CC PG Drug References	<u>Coast To Coast</u> This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Angry Fish (Rpt)	PG Some Coarse Language	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Blood And Guts</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Greatest Spy On Earth</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



ADELAIDE PROGRAM GUIDE

Thursday 06th March 2014

07:00 pm COPS	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:00 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:30 pm Fast Forward (Rpt)	M	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
09:30 pm Ross Noble's Australian Trip (Rpt)	CC M WS Some Coarse Language	Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
10:30 pm The Sketch Show (Rpt)	PG Sexual References, Adult Themes	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
11:00 pm Blokesworld (Rpt)	M Sexual References, Frequent Coarse Language, Nudity	Adam Riemann showcases the Motorex KTM Race Team; Mongrel Racing's Sharky shows off his Triumph; Isla competes in Miss Downunder Melbourne finals.
11:30 pm Would You Rather? With Graham Norton (Rpt)	M	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Scott Adsit, Faith Salie, Alan Cumming and Dave Hill.
12:00 am Wild Racers (Rpt)	PG Mild Coarse Language	The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.



ADELAIDE PROGRAM GUIDE

Thursday 06th March 2014

12:30 am	Million Dollar Catch (Rpt)	PG Some Coarse Language, Medical Procedures	Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.
01:00 am	Python Hunters (Rpt)	PG	<u>Rattlesnake Roundup</u> Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb. Starring: Shawn Heflick, Greg Graziani, Michael Cole
02:00 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
02:30 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:00 am	Fast Forward (Rpt)	M	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
04:00 am	M*A*S*H (Rpt)	PG	<u>Blood And Guts</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	G	<u>Gary Player</u> Gary Player is widely regarded as one of the greatest players in the history of golf. He accumulated an impressive nine major championships on the regular tour and six Champions Tour major championship victories all by the age of 29.



ADELAIDE PROGRAM GUIDE

Thursday 06th March 2014

05:30 am **Football's Greatest Managers** (Rpt) G

Bob Paisley

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



ADELAIDE PROGRAM GUIDE

Friday 07th March 2014

06:00 am **Dirty Weekend** (Rpt)

G

Dirty Weekend

The inaugural running of what is the world's longest assault course, set in the magnificent grounds of Burghley Estate. In a festival setting, competitors take on a 20 mile route with 20 zones and over 200 obstacles to be tamed.

06:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am **Basketball: NBL Championship 2013/14**

REPLAY

Round 20: Sydney Kings V Perth Wildcats

Round 20 takes us to the Sydney Entertainment Centre where the Sydney Kings host the Perth Wildcats.

09:00 am **NASCAR Nationwide Series Highlights**

Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.

10:00 am **NASCAR Sprint Cup Highlights**

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International Raceway.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia**

CC PG
WS Some Coarse
Language

Thursday - Week 4

The losing team from the Sausage Sizzle challenge face off as individuals in a Skills Race Elimination. Contestants must complete four pastry elements and create a beautiful finished dessert.

12:30 pm **MasterChef Australia**

CC G
WS

Friday - Week 4

Gary makes a hearty veal osso bucco with cannellini beans and George teaches the contestants how to cook snapper en papillote with special guests: Donna Hay and Romeo Baudouin.

02:00 pm **Psych**

PG
Some Violence

SEASON PREMIERE

Santabarbatown 2

Following the aftermath of the shooting, Shawn vows to catch the shooter and anyone who helped in the heinous plot.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

Friday 07th March 2014

03:00 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm Get Smart (Rpt)	PG	<u>The Greatest Spy On Earth</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm COPS (Rpt)	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm Big Angry Fish (Rpt)	PG	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm M*A*S*H (Rpt)	PG	<u>Holy Mess. A</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm Get Smart (Rpt)	PG	<u>Island Of The Darned</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



ADELAIDE PROGRAM GUIDE

Friday 07th March 2014

07:00 pm	COPS	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Frontiers Of Construction (Rpt)	G	Top TEN Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm	Megacities (Rpt)	PG	Las Vegas Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:30 pm	Basketball: NBL Championship 2013/14		DELAYED Round 21: Perth Wildcats V Townsville Crocodiles In Round 21 we take you to Perth Arena where the Peth Wildcats take on the Townsville Crocodiles.
11:30 pm	The League	MA15+ Sexual References	NEW EPISODE Tailgate Andre's plan to take the guys tailgating is thwarted when their high school nemesis Frank "The Body" Gibiatti and his gang have the same idea. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie
12:00 am	Bellator MMA (Rpt)		
02:00 am	The Sketch Show (Rpt)	PG Sexual References, Adult Themes	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
02:30 am	Would You Rather? With Graham Norton (Rpt)	M	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Scott Adsit, Faith Salie, Alan Cumming and Dave Hill.
03:00 am	M*A*S*H (Rpt)	PG	Holy Mess, A At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



ADELAIDE PROGRAM GUIDE

Friday 07th March 2014

03:30 am Sport Science (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt)

G

Eddy Merckx

Eddy Merckx is considered to be the greatest pro-cyclist in history. He won the Tour de France and the Giro d'Italia five times and the Vuelta a España once. He also won all of professional cycling's classic "monument" races at least twice.

05:30 am Football's Greatest Managers (Rpt)

PG

Sir Alex Ferguson

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



ADELAIDE PROGRAM GUIDE

Saturday 08th March 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 2: Phoenix - Qualifying

Who will take out the top spot in the qualifying race ahead of Race 2 from the Phoenix International Raceway?

07:00 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

11:00 am Sporting Greats (Rpt)

PG

Joe Frazier

Joe Frazier, according to The International Boxing Research Organisation, rates among the ten greatest heavyweights of all time. He is an inductee of both the International Boxing Hall of Fame and the World Boxing Hall of Fame.

11:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

12:00 pm Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

12:30 pm Temporary Australians (Rpt)

PG

Dambuster

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

01:00 pm World Series Sprintcars

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

02:00 pm Pat Callinan's 4x4 Adventures

PG

Victorian High Country

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. In this episode, Pat gets into trouble on a steep and slippery Victorian mountain.

03:00 pm Alby Mangels Adventure Bound (Rpt)

PG
Adult Themes

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

04:00 pm Megacities (Rpt)

PG

Las Vegas

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.



ADELAIDE PROGRAM GUIDE

Saturday 08th March 2014

05:00 pm Wild Racers

PG

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

05:30 pm Reel Rock (Rpt)

PG
Some Coarse
Language,
Adult Themes

Sketchy Andy

The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

06:00 pm M*A*S*H (Rpt)

PG

Tooth Shall Set Free

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt)

PG

Bronzefinger

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm Trick My Truck (Rpt)

PG

Matthew Graves is the sole provider for 6 children. Trick My Truck transform Graves' overworked Peterbilt into an iconic monster truck befitting of a family named Graves.

07:30 pm Frontiers Of Construction (Rpt)

G

Virtual Engineering

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

08:30 pm Law & Order: SVU (Rpt)

CC M
Strong Adult
Themes

Russian Love Poem

Benson and Stabler investigate the murder of a multi-millionaire. They begin with his long list of male and female lovers and continue to a pair of Russian escorts, one of whom turns up dead.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd, Dean Winters

Guest Starring: Olek Krupa, Nadine Stenovitch, Melissa Sagemiller, Allison Munn, Deborah Rush

09:30 pm Bellator MMA

NEW EPISODE



ADELAIDE PROGRAM GUIDE

Saturday 08th March 2014

12:30 am Lights Out

M
Some Violence

NEW EPISODE

Cut Men

Lights' health and career are jeopardised when Reynolds refuses to postpone the fight.

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

01:30 am 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

02:30 am Blokesworld (Rpt)

M
Sexual References,
Frequent Coarse
Language,
Nudity

Adam Riemann showcases the Motorex KTM Race Team; Mongrel Racing's Sharky shows off his Triumph; Isla competes in Miss Downunder Melbourne finals.

03:00 am Ross Kemp: Battle For The Amazon (Rpt)

M
Some Coarse
Language

Ross Kemp: Battle for the Amazon is a documentary looking into the socio-economic and environmental pressures facing the Amazon regions of Brazil, Ecuador and Peru.

04:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:25 am Sporting Greats (Rpt)

G

Sergey Bubka

Sergey Bubka represented the Soviet Union in pole vaulting and was repeatedly voted the world's best athlete. In 2012 was one of 24 athletes inducted as inaugural members of the International Association of Athletics.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.



PERTH PROGRAM GUIDE

Sunday 02nd March 2014

06:00 am Rugby Classic Matches (Rpt)

Autumn International 2002: England V Australia

Relive the 2002 Autumn International between England and the Wallabies at Twickenham in London.

08:00 am Megacities (Rpt)

G

Hong Kong

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

08:30 am Megacities (Rpt)

PG
Adult Themes

Mexico City

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

09:00 am Escape With ET

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

SPECIAL ENCORE PRESENTATION

10:00 am The Biggest Loser: Challenge Australia

CC PG

It's last chance training, and for one contestant it becomes too much and they have a meltdown during the session. Meanwhile, someone is called out on the scales for not working hard enough.

SPECIAL ENCORE PRESENTATION

11:00 am The Biggest Loser: Challenge Australia

CC PG
Adult Themes

It's the elimination aftermath and the house seems pleased by the departure of one contestant, but will their decision to keep the other contestant pay off?

SPECIAL ENCORE PRESENTATION

12:00 pm The Biggest Loser: Challenge Australia

CC PG
Some Coarse Language

It's challenge time for both teams. The contestants must move a stack of tyres from the start to finish line via a cage attached to a car. Who will lose the challenge and receive a penalty?

MOVIE

01:00 pm Movie: King Of The Olympics

03:00 pm Sport Science (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers - and what can they break with a single kick?



PERTH PROGRAM GUIDE

Sunday 02nd March 2014

04:00 pm Adventure Angler TV G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm What's Up Down Under CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm Temporary Australians (Rpt) PG

Dambuster

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

06:00 pm M*A*S*H (Rpt) PG

Snappier Judgement

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Reel Rock PG
Some Coarse Language,
Adult Themes

SERIES PREMIERE

Sketchy Andy

The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

07:00 pm Million Dollar Catch (Rpt) PG
Some Coarse Language,
Medical Procedures

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

07:30 pm Extreme Fishing With Robson Green (Rpt) PG
Some Coarse Language,
Nudity

Robson Green's passion for fishing means he's already fished the entire map. But this time, he's going further. As he takes it off the map and casts his line at the Ends of the Earth.



PERTH PROGRAM GUIDE

Sunday 02nd March 2014

08:30 pm Undercover Boss Australia (Rpt) CC PG

Jbs Australia

Meet Iain, JBS Swift's rock star CEO! Used to living the high life, he's giving up the fancy cars and motorbikes to head to the front line of the meat packing business.

09:30 pm **Movie: No Country For Old Men** (2007) AV15+ Strong Violence

MOVIE

Violence and mayhem ensue after a hunter stumbles upon a drug deal gone wrong and more than two million dollars in cash near the Rio Grande.

Starring: Tommy Lee Jones, Javier Bardem, Josh Brolin, Woody Harrelson, Kelly Macdonald, Garrett Dillahunt, Tess Harper, Barry Corbin, Stephen Root

12:00 am 48 Hours (Rpt) M Adult Themes

Spies, Lies And Secrets

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

01:00 am **Ross Kemp: Back On The Frontline** (Rpt) MA15+ Medical Procedures

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:00 am **Adventure Angler** (Rpt) G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

02:30 am **M*A*S*H** (Rpt) PG

Snappier Judgement

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

03:00 am **Sport Science** (Rpt) PG Sexual References, Mild Coarse Language, Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

04:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



PERTH PROGRAM GUIDE

Sunday 02nd March 2014

04:25 am Sporting Greats (Rpt)

G

Babe Ruth

Babe Ruth became one of the first five players to be elected into the National Baseball Hall of Fame and is credited with changing baseball itself. The popularity of the game exploded in the 1920s, largely due to his influence.

05:00 am Men's Health Survival Of The Fittest (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

05:30 am Football's Greatest Managers (Rpt)

G

Mario Zagallo

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



PERTH PROGRAM GUIDE

Monday 03rd March 2014

06:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am **NASCAR Sprint Cup**

DELAYED

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

10:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am **Megafactories** (Rpt)

PG

Chevy Volt

Exclusive behind-the-scenes footage from GM's Pre Production Operations factory reveals the secrets behind the electric Chevy Volt.

12:00 pm **MasterChef Australia**

CC G
WS

Sunday - Week 3

The Mystery Box delivers more than one surprise - not only are the contestants faced with an array of unusual food, they must create a dish using ALL of the ingredients!

01:00 pm **MasterChef Australia**

CC G
WS

Monday - Week 3

The bottom three contestants from the Mystery Box challenge must face off in a Pressure Test. They have two hours to recreate their best version of the Cherry Bombe Alaska.

02:00 pm **Psych**

PG
Some Violence

NEW EPISODE

Let's Doo-Wop IT Again

After someone tries to murder the founder of a youth charity, two of Gus' former Blackapella members decide to help him and Shawn with the investigation.

Starring: James Roday, Dule Hill, Corbin Bernsen

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



PERTH PROGRAM GUIDE

Monday 03rd March 2014

04:00 pm Alby Mangels Adventure Bound (Rpt)	PG Adult Themes	Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.
05:00 pm Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm M*A*S*H (Rpt)	PG	<u>Twas The Day After Christmas</u> To boost post-yuletide morale on Dec 26, Potter has the officers and enlisted men change places for the day. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm Get Smart (Rpt)	PG	<u>The Decoy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm Undercover Boss Australia (Rpt)	CC PG Some Coarse Language	<u>Staging Connections</u> Tony Chamberlain, Managing Director of Staging Connections, goes undercover in his own firm to work in a variety of roles so he can get to know different employees to find out whether the business is functioning efficiently.
08:00 pm American Digger (Rpt)	PG Some Coarse Language	<u>The Bowels Of Brooklyn</u> American Savage hunts for 19th century privy sites and items lost or tossed into them that are now worth big bucks.
08:30 pm Movie: Flying High II (1982)	CC M WS Sexual References, Nudity	MOVIE A faulty computer causes a passenger space shuttle to head straight for the Sun. Can Ted Striker save the day and get the shuttle back on track again? Starring: Lloyd Bridges, William Shatner, Peter Graves, Robert Hays, Raymond Burr, Rip Torn, Chuck Connors, Chad Everett, Julie Hagerty, Sonny Bono



PERTH PROGRAM GUIDE

Monday 03rd March 2014

10:20 pm **Movie: Star Trek: The Motion Picture** (1979) G

MOVIE

When a destructive space entity is spotted approaching Earth, Admiral Kirk resumes command of the Starship Enterprise in order to intercept, examine and hopefully stop it

Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Nichelle Nichols, Walter Koenig, Stephen Collins, Persis Khambatta

01:00 am **Bellator MMA** (Rpt)

03:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 1: Drive4copd 300 @ Daytona

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 1 of the NASCAR excitement is hosted at the world famous Daytona International Speedway.

04:30 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 1: Daytona 500 - Highlights

Relive all the action of the Sprint Cup season opener with highlights from the Great American Race at the Daytona International Speedway.

05:30 am **Football's Greatest Managers** (Rpt) G

Rinus Michels

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



PERTH PROGRAM GUIDE

Tuesday 04th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

08:00 am **Omnisport** (Rpt)

08:30 am **Wild Racers** (Rpt)

PG
Mild Coarse
Language

REPLAY

Round 19: Perth Wildcats V Melbourne Tigers

In round 19 the Perth Wildcats play host to the Melbourne Tigers. Tune in for all the action from Perth Arena.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

09:00 am **Adventure Angler** (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

09:30 am **Million Dollar Catch** (Rpt)

PG
Some Coarse
Language,
Medical Procedures

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

10:00 am **Reel Rock** (Rpt)

PG
Some Coarse
Language,
Adult Themes

Sketchy Andy

The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

10:30 am **Men's Health Survival Of The Fittest** (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia**

CC G
WS

Tuesday - Week 3

With an Immunity Pin up for grabs, guest chef, Colin Fassnidge, better bring his A-game because this season's MasterChef contestants aren't going down without a fight!



PERTH PROGRAM GUIDE

Tuesday 04th March 2014

12:00 pm MasterChef Australia

CC G
WS

Wednesday - Week 3

It's boys versus girls in this epic Team Challenge! The two teams head to the Mean Fiddler Pub where they have to cook for 700 hungry revelers.

01:00 pm MasterChef Australia

CC PG
WS Mild Coarse
Language

Thursday - Week 3

All eleven contestants of the losing team face elimination. They must cook off in a Rapid Fire challenge over three rounds.

02:00 pm Psych

PG
Some Violence,
Mild Coarse
Language

NEW EPISODE

Autopsy Turvy

The race is on to clear Woody's name and reputation when a mere mortician finds a mistake in the coroner's autopsy.

Starring: James Roday, Dule Hill, Corbin Bernsen

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway?

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Get Smart (Rpt)

PG

The Decoy

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Fishing Edge (Rpt)

G

Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.

05:00 pm Big Angry Fish (Rpt)

PG

Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.



PERTH PROGRAM GUIDE

Tuesday 04th March 2014

05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Follies Of The Living - Concerns Of The Dead</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Hoo Done IT</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	CC PG Drug References	<u>Coast To Coast</u> This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Python Hunters (Rpt)	PG	<u>Rattlesnake Roundup</u> Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb. Starring: Shawn Heflick, Greg Graziani, Michael Cole
08:30 pm	COPS (Rpt)	PG Adult Themes	<u>Street Patrol #3 Special Addition</u> The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:00 pm	COPS: Adults Only	M Some Coarse Language, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:30 pm	Ross Kemp: Battle For The Amazon (Rpt)	M Some Coarse Language	Ross Kemp: Battle for the Amazon is a documentary looking into the socio-economic and environmental pressures facing the Amazon regions of Brazil, Ecuador and Peru.
10:30 pm	Super Rugby Extra Time		
11:30 pm	Sleeper Cell (Rpt)	MA15+ Some Violence, A Sex Scene, Some Coarse Language	NEW EPISODE <u>Family</u> Darwyn tries to get close to a chemical plant worker in the hopes of trying to acquire some of the company's product for the cell. Meanwhile, Tommy's estranged mother visits. Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti



PERTH PROGRAM GUIDE

Tuesday 04th March 2014

12:40 am	American Digger (Rpt)	PG Some Coarse Language	<u>The Bowels Of Brooklyn</u> American Savage hunts for 19th century privy sites and items lost or tossed into them that are now worth big bucks.
01:10 am	Trick My Truck (Rpt)	PG	The Chrome Shop Mafia are inspired by the love between Kevin and Gail. They are married and work side by side together, but Gail was stricken with cancer and could no longer join Kevin on the road.
01:40 am	Frontiers Of Construction (Rpt)	G	<u>The Shape Of The Future</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
02:40 am	COPS: Adults Only (Rpt)	M Some Coarse Language, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
03:10 am	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:40 am	M*A*S*H (Rpt)	PG	<u>Follies Of The Living - Concerns Of The Dead</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:10 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:25 am	Sporting Greats (Rpt)	G	<u>Carl Lewis</u> Carl Lewis won 10 Olympic medals and 10 World Championship medals for track and field. His career spanned from 1979 when he first achieved a world ranking to 1996 when he last won an Olympic title and subsequently retired.
05:00 am	Golf Getaway (Rpt)		Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

The logo for the 'one' network, featuring the word 'one' in white lowercase letters on a green square background.

PERTH PROGRAM GUIDE

Tuesday 04th March 2014

05:30 am Football's Greatest Managers (Rpt)

PG

Giovanni Trapattoni

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



PERTH PROGRAM GUIDE

Wednesday 05th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 19: Adelaide 36ers V New Zealand Breakers

In round 19 the Adelaide 36ers play host to the New Zealand Breakers. Join us for all the action from Adelaide Arena.

08:00 am **World Series Sprintcars** (Rpt)

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

09:00 am **Sport Science** (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

10:00 am **Sporting Greats** (Rpt)

PG

Seve Ballesteros

Seve Ballesteros was one of golf's leading figures from the mid-1970s to the mid-1990s. He won more than 90 international tournaments in an illustrious career, including five major championships between 1979 and 1988.

10:35 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am **Tour The World**

CC G

Tasmanian Spectacular

We're on the road a little closer to home, on a fabulous tour around our very own Tasmania. Explore the splendour of Cradle Mountain National Park, the Gordon Wild River and the Wilderness Railway.

11:30 am **MasterChef Australia**

CC G
WS

Friday - Week 3

Gary and George give the contestants a MasterClass on the art of cooking rabbit. Later, Gary whips up a modern take on the classic Shepherd's Pie.

01:00 pm **MasterChef Australia**

CC G
WS

Sunday - Week 4

Cooking in threes, the contestants are faced with a challenge that fuses the finest elements of both the Mystery Box and Invention Test by creating an outstanding dish using unknown ingredients.

02:00 pm **Psych**

PG
Some Violence

NEW EPISODE

True Grits

A wrongly convicted Southern chef hires Shawn and Gus to find the real thief after the Innocence Project frees him from prison.

Starring: James Roday, Dule Hill, Corbin Bernsen



PERTH PROGRAM GUIDE

Wednesday 05th March 2014

03:00 pm Super Rugby Extra Time

04:00 pm Get Smart (Rpt)

PG

Hoo Done IT

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm COPS (Rpt)

CC PG
Drug References

Coast To Coast

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

05:00 pm Big Angry Fish (Rpt)

PG

Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.

05:30 pm I Fish (Rpt)

G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm M*A*S*H (Rpt)

PG

The Birthday Girls

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt)

PG

Rub-A-Dub-Dub.. Three Spies In A Sub

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt)

CC PG
Drug References

Coast To Coast

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm White Collar (Rpt)

PG
Some Violence

Most Wanted

Having found Neal and Mozzie, Peter must help devise a plan to return Neal to the U.S. and avoid being captured by a ruthless bounty hunter.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen



PERTH PROGRAM GUIDE

Wednesday 05th March 2014

08:30 pm Burn Notice

M
Some Violence

ALL NEW EPISODES

Forget Me Not

Michael comes back to Miami to protect his cover. Meanwhile, Sam, Jesse and Fiona are also trying to hunt down Mystery Man themselves.

Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce Campbell, Sharon Gless, Jack Coleman

Guest Starring: David Fickas

09:30 pm Sons Of Anarchy

ALL NEW EPISODES

Authority Vested

Sins from the past resurface for Jax and SAMCRO as the club members go into hiding from Pope and the police.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

10:30 pm Vegas

M
Some Violence

NEW EPISODE

Two Of A Kind

Savino, Mia and Tommy have their hands full when a Hollywood producer and his ingénue, Violet, breeze into the Savoy.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm Terriers

M
Adult Themes

Sins Of The Past

Hank gets a second shot at the rape case that got him ejected from the police department in a mystery spanning multiple time periods.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am Megafactories (Rpt)

PG

Chevy Volt

Exclusive behind-the-scenes footage from GM's Pre Production Operations factory reveals the secrets behind the electric Chevy Volt.

01:30 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

05:30 am Football's Greatest Managers (Rpt)

G

Bill Shankly

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



PERTH PROGRAM GUIDE

Thursday 06th March 2014

06:00 am Xtreme Storm (Rpt)

PG

Xtreme Storm

With 32 man-made obstacles on a 14 mile course, Xtreme Storm is one of the best, worst and toughest obstacle endurance events that the UK has to offer.

06:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am Basketball: NBL Championship
2013/14 (Rpt)

REPLAY

Round 20: Wollongong Hawks V Adelaide 36ers

Round 20 takes us to WIN Entertainment Centre where the Wollongong Hawks play host to the Adelaide 36ers.

09:00 am Super Rugby Extra Time

10:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

10:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am MasterChef Australia

CC G
WS

Monday - Week 4

The losing trio from the last challenge compete head-to-head in a high-intensity Pressure Test. Two contestants will stay in the kitchen, one will be going home.

12:00 pm MasterChef Australia

CC PG
WS Mild Coarse
Language

Tuesday - Week 4

The winning trio from the Lucky Dip Invention Test, face off against chef, Adam D'Sylva, from Melbourne restaurant, Coda, in the first team Immunity Challenge.

12:30 pm MasterChef Australia

CC G
WS

Wednesday - Week 4

The task seems simple enough - make enough gelato and sausages for 500 Nippers on Cronulla Beach. But this is MasterChef Australia and nothing is ever as easy as it seems!

02:00 pm Psych

PG
Some Violence

SEASON FINALE

Santabarbaratown

Shawn, Gus and Henry investigate a cold case when the body of Veronica Towne is found 20 years after she disappeared.

Starring: James Roday, Dule Hill, Corbin Bernsen



PERTH PROGRAM GUIDE

Thursday 06th March 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Rub-A-Dub-Dub.. Three Spies In A Sub</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	CC PG Drug References	<u>Coast To Coast</u> This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Angry Fish (Rpt)	PG Some Coarse Language	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Blood And Guts</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Greatest Spy On Earth</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



PERTH PROGRAM GUIDE

Thursday 06th March 2014

07:00 pm COPS	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:00 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:30 pm Fast Forward (Rpt)	M	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
09:30 pm Ross Noble's Australian Trip (Rpt)	CC M WS Some Coarse Language	Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
10:30 pm The Sketch Show (Rpt)	PG Sexual References, Adult Themes	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
11:00 pm Blokesworld (Rpt)	M Sexual References, Frequent Coarse Language, Nudity	Adam Riemann showcases the Motorex KTM Race Team; Mongrel Racing's Sharky shows off his Triumph; Isla competes in Miss Downunder Melbourne finals.
11:30 pm Would You Rather? With Graham Norton (Rpt)	M	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Scott Adsit, Faith Salie, Alan Cumming and Dave Hill.
12:00 am Wild Racers (Rpt)	PG Mild Coarse Language	The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.



PERTH PROGRAM GUIDE

Thursday 06th March 2014

12:30 am	Million Dollar Catch (Rpt)	PG Some Coarse Language, Medical Procedures	Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.
01:00 am	Python Hunters (Rpt)	PG	<u>Rattlesnake Roundup</u> Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb. Starring: Shawn Heflick, Greg Graziani, Michael Cole
02:00 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
02:30 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:00 am	Fast Forward (Rpt)	M	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
04:00 am	M*A*S*H (Rpt)	PG	<u>Blood And Guts</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	G	<u>Gary Player</u> Gary Player is widely regarded as one of the greatest players in the history of golf. He accumulated an impressive nine major championships on the regular tour and six Champions Tour major championship victories all by the age of 29.



PERTH PROGRAM GUIDE

Thursday 06th March 2014

05:30 am **Football's Greatest Managers** (Rpt) G

Bob Paisley

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



PERTH PROGRAM GUIDE

Friday 07th March 2014

06:00 am **Dirty Weekend** (Rpt)

G

Dirty Weekend

The inaugural running of what is the world's longest assault course, set in the magnificent grounds of Burghley Estate. In a festival setting, competitors take on a 20 mile route with 20 zones and over 200 obstacles to be tamed.

06:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am **Basketball: NBL Championship 2013/14**

REPLAY

Round 20: Sydney Kings V Perth Wildcats

Round 20 takes us to the Sydney Entertainment Centre where the Sydney Kings host the Perth Wildcats.

09:00 am **NASCAR Nationwide Series Highlights**

Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.

10:00 am **NASCAR Sprint Cup Highlights**

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International Raceway.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia**

CC PG
WS Some Coarse
Language

Thursday - Week 4

The losing team from the Sausage Sizzle challenge face off as individuals in a Skills Race Elimination. Contestants must complete four pastry elements and create a beautiful finished dessert.

12:30 pm **MasterChef Australia**

CC G
WS

Friday - Week 4

Gary makes a hearty veal osso bucco with cannellini beans and George teaches the contestants how to cook snapper en papillote with special guests: Donna Hay and Romeo Baudouin.

02:00 pm **Psych**

PG
Some Violence

SEASON PREMIERE

Santabaratown 2

Following the aftermath of the shooting, Shawn vows to catch the shooter and anyone who helped in the heinous plot.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

Friday 07th March 2014

03:00 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm Get Smart (Rpt)	PG	<u>The Greatest Spy On Earth</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm COPS (Rpt)	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm Big Angry Fish (Rpt)	PG	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm M*A*S*H (Rpt)	PG	<u>Holy Mess. A</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm Get Smart (Rpt)	PG	<u>Island Of The Darned</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



PERTH PROGRAM GUIDE

Friday 07th March 2014

07:00 pm	COPS	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Frontiers Of Construction (Rpt)	G	Top TEN Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm	Megacities (Rpt)	PG	Las Vegas Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:30 pm	Basketball: NBL Championship 2013/14		DELAYED Round 21: Perth Wildcats V Townsville Crocodiles In Round 21 we take you to Perth Arena where the Peth Wildcats take on the Townsville Crocodiles.
11:30 pm	The League	MA15+ Sexual References	NEW EPISODE Tailgate Andre's plan to take the guys tailgating is thwarted when their high school nemesis Frank "The Body" Gibiatti and his gang have the same idea. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie
12:00 am	Bellator MMA (Rpt)		
02:00 am	The Sketch Show (Rpt)	PG Sexual References, Adult Themes	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
02:30 am	Would You Rather? With Graham Norton (Rpt)	M	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Scott Adsit, Faith Salie, Alan Cumming and Dave Hill.
03:00 am	M*A*S*H (Rpt)	PG	Holy Mess, A At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



PERTH PROGRAM GUIDE

Friday 07th March 2014

03:30 am Sport Science (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt)

G

Eddy Merckx

Eddy Merckx is considered to be the greatest pro-cyclist in history. He won the Tour de France and the Giro d'Italia five times and the Vuelta a España once. He also won all of professional cycling's classic "monument" races at least twice.

05:30 am Football's Greatest Managers (Rpt)

PG

Sir Alex Ferguson

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



PERTH PROGRAM GUIDE

Saturday 08th March 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 2: Phoenix - Qualifying

Who will take out the top spot in the qualifying race ahead of Race 2 from the Phoenix International Raceway?

07:00 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

11:00 am Sporting Greats (Rpt)

PG

Joe Frazier

Joe Frazier, according to The International Boxing Research Organisation, rates among the ten greatest heavyweights of all time. He is an inductee of both the International Boxing Hall of Fame and the World Boxing Hall of Fame.

11:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

12:00 pm Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

12:30 pm Temporary Australians (Rpt)

PG

Dambuster

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

01:00 pm World Series Sprintcars

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

02:00 pm Pat Callinan's 4x4 Adventures

PG

Victorian High Country

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. In this episode, Pat gets into trouble on a steep and slippery Victorian mountain.

03:00 pm Alby Mangels Adventure Bound (Rpt)

PG
Adult Themes

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

04:00 pm Megacities (Rpt)

PG

Las Vegas

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.



PERTH PROGRAM GUIDE

Saturday 08th March 2014

05:00 pm	Wild Racers	PG	The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.
05:30 pm	Reel Rock (Rpt)	PG Some Coarse Language, Adult Themes	<u>Sketchy Andy</u> The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Tooth Shall Set Free</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Bronzefinger</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	Trick My Truck (Rpt)	PG	Matthew Graves is the sole provider for 6 children. Trick My Truck transform Graves' overworked Peterbilt into an iconic monster truck befitting of a family named Graves.
07:30 pm	Frontiers Of Construction (Rpt)	G	<u>Virtual Engineering</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm	Law & Order: SVU (Rpt)	CC M Strong Adult Themes	<u>Russian Love Poem</u> Benson and Stabler investigate the murder of a multi-millionaire. They begin with his long list of male and female lovers and continue to a pair of Russian escorts, one of whom turns up dead. Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd, Dean Winters Guest Starring: Olek Krupa, Nadine Stenovitch, Melissa Sagemiller, Allison Munn, Deborah Rush
09:30 pm	Bellator MMA		NEW EPISODE



PERTH PROGRAM GUIDE

Saturday 08th March 2014

12:30 am Lights Out

M
Some Violence

NEW EPISODE

Cut Men

Lights' health and career are jeopardised when Reynolds refuses to postpone the fight.

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

01:30 am 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

02:30 am Blokesworld (Rpt)

M
Sexual References,
Frequent Coarse
Language,
Nudity

Adam Riemann showcases the Motorex KTM Race Team; Mongrel Racing's Sharky shows off his Triumph; Isla competes in Miss Downunder Melbourne finals.

03:00 am Ross Kemp: Battle For The Amazon (Rpt)

M
Some Coarse
Language

Ross Kemp: Battle for the Amazon is a documentary looking into the socio-economic and environmental pressures facing the Amazon regions of Brazil, Ecuador and Peru.

04:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:25 am Sporting Greats (Rpt)

G

Sergey Bubka

Sergey Bubka represented the Soviet Union in pole vaulting and was repeatedly voted the world's best athlete. In 2012 was one of 24 athletes inducted as inaugural members of the International Association of Athletics.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.



TASMANIA PROGRAM GUIDE

Sunday 02nd March 2014

06:00 am Rugby Classic Matches (Rpt)

Autumn International 2002: England V Australia

Relive the 2002 Autumn International between England and the Wallabies at Twickenham in London.

08:00 am Megacities (Rpt)

G

Hong Kong

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

08:30 am Megacities (Rpt)

PG
Adult Themes

Mexico City

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

09:00 am Escape With ET

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

SPECIAL ENCORE PRESENTATION

10:00 am The Biggest Loser: Challenge Australia

CC PG

It's last chance training, and for one contestant it becomes too much and they have a meltdown during the session. Meanwhile, someone is called out on the scales for not working hard enough.

SPECIAL ENCORE PRESENTATION

11:00 am The Biggest Loser: Challenge Australia

CC PG
Adult Themes

It's the elimination aftermath and the house seems pleased by the departure of one contestant, but will their decision to keep the other contestant pay off?

SPECIAL ENCORE PRESENTATION

12:00 pm The Biggest Loser: Challenge Australia

CC PG
Some Coarse Language

It's challenge time for both teams. The contestants must move a stack of tyres from the start to finish line via a cage attached to a car. Who will lose the challenge and receive a penalty?

MOVIE

01:00 pm Movie: King Of The Olympics

03:00 pm Sport Science (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers - and what can they break with a single kick?



TASMANIA PROGRAM GUIDE

Sunday 02nd March 2014

04:00 pm	Adventure Angler TV	G	Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.
04:30 pm	Golf Getaway		Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.
05:00 pm	What's Up Down Under	CC G	What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.
05:30 pm	Temporary Australians (Rpt)	PG	<u>Dambuster</u> Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Snappier Judgement</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Reel Rock	PG Some Coarse Language, Adult Themes	SERIES PREMIERE <u>Sketchy Andy</u> The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.
07:00 pm	Million Dollar Catch (Rpt)	PG Some Coarse Language, Medical Procedures	Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.
07:30 pm	Extreme Fishing With Robson Green (Rpt)	PG Some Coarse Language, Nudity	Robson Green's passion for fishing means he's already fished the entire map. But this time, he's going further. As he takes it off the map and casts his line at the Ends of the Earth.



TASMANIA PROGRAM GUIDE

Sunday 02nd March 2014

08:30 pm Undercover Boss Australia (Rpt) CC PG

Jbs Australia

Meet Iain, JBS Swift's rock star CEO! Used to living the high life, he's giving up the fancy cars and motorbikes to head to the front line of the meat packing business.

09:30 pm **Movie: No Country For Old Men**
(2007)

AV15+
Strong Violence

MOVIE

Violence and mayhem ensue after a hunter stumbles upon a drug deal gone wrong and more than two million dollars in cash near the Rio Grande.

Starring: Tommy Lee Jones, Javier Bardem, Josh Brolin, Woody Harrelson, Kelly Macdonald, Garrett Dillahunt, Tess Harper, Barry Corbin, Stephen Root

12:00 am 48 Hours (Rpt)

M
Adult Themes

Spies, Lies And Secrets

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

01:00 am **Ross Kemp: Back On The Frontline**
(Rpt)

MA15+
Medical Procedures

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:00 am **Adventure Angler** (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

02:30 am **M*A*S*H** (Rpt)

PG

Snappier Judgement

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

03:00 am **Sport Science** (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

04:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



TASMANIA PROGRAM GUIDE

Sunday 02nd March 2014

04:25 am	Sporting Greats (Rpt)	G	<u>Babe Ruth</u> Babe Ruth became one of the first five players to be elected into the National Baseball Hall of Fame and is credited with changing baseball itself. The popularity of the game exploded in the 1920s, largely due to his influence.
05:00 am	Men's Health Survival Of The Fittest (Rpt)	G	<u>Men's Health Survival Of The Fittest</u> Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.
05:30 am	Football's Greatest Managers (Rpt)	G	<u>Mario Zagallo</u> Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



TASMANIA PROGRAM GUIDE

Monday 03rd March 2014

06:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am **NASCAR Sprint Cup**

LIVE

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

10:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am **Megafactories** (Rpt)

PG

Chevy Volt

Exclusive behind-the-scenes footage from GM's Pre Production Operations factory reveals the secrets behind the electric Chevy Volt.

12:00 pm **MasterChef Australia**

CC G
WS

Sunday - Week 3

The Mystery Box delivers more than one surprise - not only are the contestants faced with an array of unusual food, they must create a dish using ALL of the ingredients!

01:00 pm **MasterChef Australia**

CC G
WS

Monday - Week 3

The bottom three contestants from the Mystery Box challenge must face off in a Pressure Test. They have two hours to recreate their best version of the Cherry Bombe Alaska.

02:00 pm **Psych**

PG
Some Violence

NEW EPISODE

Let's Doo-Wop IT Again

After someone tries to murder the founder of a youth charity, two of Gus' former Blackapella members decide to help him and Shawn with the investigation.

Starring: James Roday, Dule Hill, Corbin Bernsen

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



TASMANIA PROGRAM GUIDE

Monday 03rd March 2014

04:00 pm Alby Mangels Adventure Bound (Rpt)	PG Adult Themes	Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.
05:00 pm Big Angry Fish (Rpt)	G	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm M*A*S*H (Rpt)	PG	<u>Twas The Day After Christmas</u> To boost post-yuletide morale on Dec 26, Potter has the officers and enlisted men change places for the day. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm Get Smart (Rpt)	PG	<u>The Decoy</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm Undercover Boss Australia (Rpt)	CC PG Some Coarse Language	<u>Staging Connections</u> Tony Chamberlain, Managing Director of Staging Connections, goes undercover in his own firm to work in a variety of roles so he can get to know different employees to find out whether the business is functioning efficiently.
08:00 pm American Digger (Rpt)	PG Some Coarse Language	<u>The Bowels Of Brooklyn</u> American Savage hunts for 19th century privy sites and items lost or tossed into them that are now worth big bucks.
08:30 pm Movie: Flying High II (1982)	CC M WS Sexual References, Nudity	MOVIE A faulty computer causes a passenger space shuttle to head straight for the Sun. Can Ted Striker save the day and get the shuttle back on track again? Starring: Lloyd Bridges, William Shatner, Peter Graves, Robert Hays, Raymond Burr, Rip Torn, Chuck Connors, Chad Everett, Julie Hagerty, Sonny Bono



TASMANIA PROGRAM GUIDE

Monday 03rd March 2014

10:20 pm **Movie: Star Trek: The Motion Picture** (1979) G

MOVIE

When a destructive space entity is spotted approaching Earth, Admiral Kirk resumes command of the Starship Enterprise in order to intercept, examine and hopefully stop it

Starring: William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Nichelle Nichols, Walter Koenig, Stephen Collins, Persis Khambatta

01:00 am **Bellator MMA** (Rpt)

03:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 1: Drive4copd 300 @ Daytona

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 1 of the NASCAR excitement is hosted at the world famous Daytona International Speedway.

04:30 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 1: Daytona 500 - Highlights

Relive all the action of the Sprint Cup season opener with highlights from the Great American Race at the Daytona International Speedway.

05:30 am **Football's Greatest Managers** (Rpt) G

Rinus Michels

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



TASMANIA PROGRAM GUIDE

Tuesday 04th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

08:00 am **Omnisport** (Rpt)

08:30 am **Wild Racers** (Rpt)

PG
Mild Coarse
Language

REPLAY

Round 19: Perth Wildcats V Melbourne Tigers

In round 19 the Perth Wildcats play host to the Melbourne Tigers. Tune in for all the action from Perth Arena.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

09:00 am **Adventure Angler** (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

09:30 am **Million Dollar Catch** (Rpt)

PG
Some Coarse
Language,
Medical Procedures

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

10:00 am **Reel Rock** (Rpt)

PG
Some Coarse
Language,
Adult Themes

Sketchy Andy

The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

10:30 am **Men's Health Survival Of The Fittest** (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014, Men's Health Survival of the Fittest is Britain's biggest adventure running series.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia**

CC G
WS

Tuesday - Week 3

With an Immunity Pin up for grabs, guest chef, Colin Fassnidge, better bring his A-game because this season's MasterChef contestants aren't going down without a fight!



TASMANIA PROGRAM GUIDE

Tuesday 04th March 2014

12:00 pm MasterChef Australia

CC G
WS

Wednesday - Week 3

It's boys versus girls in this epic Team Challenge! The two teams head to the Mean Fiddler Pub where they have to cook for 700 hungry revelers.

01:00 pm MasterChef Australia

CC PG
WS Mild Coarse
Language

Thursday - Week 3

All eleven contestants of the losing team face elimination. They must cook off in a Rapid Fire challenge over three rounds.

02:00 pm Psych

PG
Some Violence,
Mild Coarse
Language

NEW EPISODE

Autopsy Turvy

The race is on to clear Woody's name and reputation when a mere mortician finds a mistake in the coroner's autopsy.

Starring: James Roday, Dule Hill, Corbin Bernsen

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Get Smart (Rpt)

PG

The Decoy

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Fishing Edge (Rpt)

G

Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.

05:00 pm Big Angry Fish (Rpt)

PG

Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.



TASMANIA PROGRAM GUIDE

Tuesday 04th March 2014

05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<p data-bbox="810 488 1299 519"><u>Follies Of The Living - Concerns Of The Dead</u></p> <p data-bbox="810 528 1516 582">At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p data-bbox="810 602 1406 629">Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>
06:30 pm	Get Smart (Rpt)	PG	<p data-bbox="810 730 943 761"><u>Hoo Done IT</u></p> <p data-bbox="810 770 1516 846">Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p data-bbox="810 871 1331 898">Starring: Don Adams, Barbara Feldon, Edward Platt</p>
07:00 pm	COPS (Rpt)	CC PG Drug References	<p data-bbox="810 976 979 1008"><u>Coast To Coast</u></p> <p data-bbox="810 1016 1516 1066">This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
07:30 pm	Python Hunters (Rpt)	PG	<p data-bbox="810 1111 1043 1142"><u>Rattlesnake Roundup</u></p> <p data-bbox="810 1151 1516 1227">Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb.</p> <p data-bbox="810 1247 1342 1272">Starring: Shawn Heflick, Greg Graziani, Michael Cole</p>
08:30 pm	COPS (Rpt)	PG Adult Themes	<p data-bbox="810 1350 1161 1382"><u>Street Patrol #3 Special Addition</u></p> <p data-bbox="810 1391 1516 1462">The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
09:00 pm	COPS: Adults Only	M Some Coarse Language, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:30 pm	Ross Kemp: Battle For The Amazon (Rpt)	M Some Coarse Language	Ross Kemp: Battle for the Amazon is a documentary looking into the socio-economic and environmental pressures facing the Amazon regions of Brazil, Ecuador and Peru.
10:30 pm	Super Rugby Extra Time		
11:30 pm	Sleeper Cell (Rpt)	MA15+ Some Violence, A Sex Scene, Some Coarse Language	<p data-bbox="810 1897 1023 1928">NEW EPISODE</p> <p data-bbox="810 1937 884 1968"><u>Family</u></p> <p data-bbox="810 1977 1516 2054">Darwyn tries to get close to a chemical plant worker in the hopes of trying to acquire some of the company's product for the cell. Meanwhile, Tommy's estranged mother visits.</p> <p data-bbox="810 2074 1490 2119">Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti</p>



TASMANIA PROGRAM GUIDE

Tuesday 04th March 2014

12:40 am	American Digger (Rpt)	PG Some Coarse Language	<u>The Bowels Of Brooklyn</u> American Savage hunts for 19th century privy sites and items lost or tossed into them that are now worth big bucks.
01:10 am	Trick My Truck (Rpt)	PG	The Chrome Shop Mafia are inspired by the love between Kevin and Gail. They are married and work side by side together, but Gail was stricken with cancer and could no longer join Kevin on the road.
01:40 am	Frontiers Of Construction (Rpt)	G	<u>The Shape Of The Future</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
02:40 am	COPS: Adults Only (Rpt)	M Some Coarse Language, Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
03:10 am	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:40 am	M*A*S*H (Rpt)	PG	<u>Follies Of The Living - Concerns Of The Dead</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:10 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:25 am	Sporting Greats (Rpt)	G	<u>Carl Lewis</u> Carl Lewis won 10 Olympic medals and 10 World Championship medals for track and field. His career spanned from 1979 when he first achieved a world ranking to 1996 when he last won an Olympic title and subsequently retired.
05:00 am	Golf Getaway (Rpt)		Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

The logo for 'one' is displayed in white lowercase letters on a green square background.

TASMANIA PROGRAM GUIDE

Tuesday 04th March 2014

05:30 am Football's Greatest Managers (Rpt)

PG

Giovanni Trapattoni

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



TASMANIA PROGRAM GUIDE

Wednesday 05th March 2014

06:00 am **Basketball: NBL Championship 2013/14** (Rpt)

REPLAY

Round 19: Adelaide 36ers V New Zealand Breakers

In round 19 the Adelaide 36ers play host to the New Zealand Breakers. Join us for all the action from Adelaide Arena.

08:00 am **World Series Sprintcars** (Rpt)

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

09:00 am **Sport Science** (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

10:00 am **Sporting Greats** (Rpt)

PG

Seve Ballesteros

Seve Ballesteros was one of golf's leading figures from the mid-1970s to the mid-1990s. He won more than 90 international tournaments in an illustrious career, including five major championships between 1979 and 1988.

10:35 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am **Tour The World**

CC G

Tasmanian Spectacular

We're on the road a little closer to home, on a fabulous tour around our very own Tasmania. Explore the splendour of Cradle Mountain National Park, the Gordon Wild River and the Wilderness Railway.

11:30 am **MasterChef Australia**

CC G
WS

Friday - Week 3

Gary and George give the contestants a MasterClass on the art of cooking rabbit. Later, Gary whips up a modern take on the classic Shepherd's Pie.

01:00 pm **MasterChef Australia**

CC G
WS

Sunday - Week 4

Cooking in threes, the contestants are faced with a challenge that fuses the finest elements of both the Mystery Box and Invention Test by creating an outstanding dish using unknown ingredients.

02:00 pm **Psych**

PG
Some Violence

NEW EPISODE

True Grits

A wrongly convicted Southern chef hires Shawn and Gus to find the real thief after the Innocence Project frees him from prison.

Starring: James Roday, Dule Hill, Corbin Bernsen



TASMANIA PROGRAM GUIDE

Wednesday 05th March 2014

03:00 pm Super Rugby Extra Time

04:00 pm Get Smart (Rpt)

PG

Hoo Done IT

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm COPS (Rpt)

CC PG
Drug References

Coast To Coast

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

05:00 pm Big Angry Fish (Rpt)

PG

Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.

05:30 pm I Fish (Rpt)

G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm M*A*S*H (Rpt)

PG

The Birthday Girls

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt)

PG

Rub-A-Dub-Dub.. Three Spies In A Sub

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt)

CC PG
Drug References

Coast To Coast

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm White Collar (Rpt)

PG
Some Violence

Most Wanted

Having found Neal and Mozzie, Peter must help devise a plan to return Neal to the U.S. and avoid being captured by a ruthless bounty hunter.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen



TASMANIA PROGRAM GUIDE

Wednesday 05th March 2014

08:30 pm **Burn Notice**

M
Some Violence

ALL NEW EPISODES

Forget Me Not

Michael comes back to Miami to protect his cover. Meanwhile, Sam, Jesse and Fiona are also trying to hunt down Mystery Man themselves.

Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce Campbell, Sharon Gless, Jack Coleman

Guest Starring: David Fickas

09:30 pm **Sons Of Anarchy**

ALL NEW EPISODES

Authority Vested

Sins from the past resurface for Jax and SAMCRO as the club members go into hiding from Pope and the police.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

10:30 pm **Vegas**

M
Some Violence

NEW EPISODE

Two Of A Kind

Savino, Mia and Tommy have their hands full when a Hollywood producer and his ingénue, Violet, breeze into the Savoy.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm **Terriers**

M
Adult Themes

Sins Of The Past

Hank gets a second shot at the rape case that got him ejected from the police department in a mystery spanning multiple time periods.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am **Megafactories** (Rpt)

PG

Chevy Volt

Exclusive behind-the-scenes footage from GM's Pre Production Operations factory reveals the secrets behind the electric Chevy Volt.

01:30 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

05:30 am **Football's Greatest Managers** (Rpt)

G

Bill Shankly

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



TASMANIA PROGRAM GUIDE

Thursday 06th March 2014

06:00 am Xtreme Storm (Rpt)

PG

Xtreme Storm

With 32 man-made obstacles on a 14 mile course, Xtreme Storm is one of the best, worst and toughest obstacle endurance events that the UK has to offer.

06:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am Basketball: NBL Championship 2013/14 (Rpt)

REPLAY

Round 20: Wollongong Hawks V Adelaide 36ers

Round 20 takes us to WIN Entertainment Centre where the Wollongong Hawks play host to the Adelaide 36ers.

09:00 am Super Rugby Extra Time

10:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

10:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:00 am MasterChef Australia

CC G
WS

Monday - Week 4

The losing trio from the last challenge compete head-to-head in a high-intensity Pressure Test. Two contestants will stay in the kitchen, one will be going home.

12:00 pm MasterChef Australia

CC PG
WS Mild Coarse
Language

Tuesday - Week 4

The winning trio from the Lucky Dip Invention Test, face off against chef, Adam D'Sylva, from Melbourne restaurant, Coda, in the first team Immunity Challenge.

12:30 pm MasterChef Australia

CC G
WS

Wednesday - Week 4

The task seems simple enough - make enough gelato and sausages for 500 Nippers on Cronulla Beach. But this is MasterChef Australia and nothing is ever as easy as it seems!

02:00 pm Psych

PG
Some Violence

SEASON FINALE

Santabarbaratown

Shawn, Gus and Henry investigate a cold case when the body of Veronica Towne is found 20 years after she disappeared.

Starring: James Roday, Dule Hill, Corbin Bernsen



TASMANIA PROGRAM GUIDE

Thursday 06th March 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Rub-A-Dub-Dub.. Three Spies In A Sub</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	CC PG Drug References	<u>Coast To Coast</u> This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Angry Fish (Rpt)	PG Some Coarse Language	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Blood And Guts</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Greatest Spy On Earth</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



TASMANIA PROGRAM GUIDE

Thursday 06th March 2014

07:00 pm COPS	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:00 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:30 pm Fast Forward (Rpt)	M	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
09:30 pm Ross Noble's Australian Trip (Rpt)	CC M WS Some Coarse Language	Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
10:30 pm The Sketch Show (Rpt)	PG Sexual References, Adult Themes	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
11:00 pm Blokesworld (Rpt)	M Sexual References, Frequent Coarse Language, Nudity	Adam Riemann showcases the Motorex KTM Race Team; Mongrel Racing's Sharky shows off his Triumph; Isla competes in Miss Downunder Melbourne finals.
11:30 pm Would You Rather? With Graham Norton (Rpt)	M	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Scott Adsit, Faith Salie, Alan Cumming and Dave Hill.
12:00 am Wild Racers (Rpt)	PG Mild Coarse Language	The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With it's extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.



TASMANIA PROGRAM GUIDE

Thursday 06th March 2014

12:30 am	Million Dollar Catch (Rpt)	PG Some Coarse Language, Medical Procedures	Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.
01:00 am	Python Hunters (Rpt)	PG	<u>Rattlesnake Roundup</u> Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb. Starring: Shawn Heflick, Greg Graziani, Michael Cole
02:00 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
02:30 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:00 am	Fast Forward (Rpt)	M	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
04:00 am	M*A*S*H (Rpt)	PG	<u>Blood And Guts</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	G	<u>Gary Player</u> Gary Player is widely regarded as one of the greatest players in the history of golf. He accumulated an impressive nine major championships on the regular tour and six Champions Tour major championship victories all by the age of 29.



TASMANIA PROGRAM GUIDE

Thursday 06th March 2014

05:30 am **Football's Greatest Managers** (Rpt) G

Bob Paisley

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



TASMANIA PROGRAM GUIDE

Friday 07th March 2014

06:00 am **Dirty Weekend** (Rpt)

G

Dirty Weekend

The inaugural running of what is the world's longest assault course, set in the magnificent grounds of Burghley Estate. In a festival setting, competitors take on a 20 mile route with 20 zones and over 200 obstacles to be tamed.

06:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am **Basketball: NBL Championship 2013/14**

REPLAY

Round 20: Sydney Kings V Perth Wildcats

Round 20 takes us to the Sydney Entertainment Centre where the Sydney Kings host the Perth Wildcats.

09:00 am **NASCAR Nationwide Series Highlights**

Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.

10:00 am **NASCAR Sprint Cup Highlights**

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International Raceway.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia**

CC PG
WS Some Coarse
Language

Thursday - Week 4

The losing team from the Sausage Sizzle challenge face off as individuals in a Skills Race Elimination. Contestants must complete four pastry elements and create a beautiful finished dessert.

12:30 pm **MasterChef Australia**

CC G
WS

Friday - Week 4

Gary makes a hearty veal osso bucco with cannellini beans and George teaches the contestants how to cook snapper en papillote with special guests: Donna Hay and Romeo Baudouin.

02:00 pm **Psych**

PG
Some Violence

SEASON PREMIERE

Santabarbaratown 2

Following the aftermath of the shooting, Shawn vows to catch the shooter and anyone who helped in the heinous plot.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

Friday 07th March 2014

03:00 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm Get Smart (Rpt)	PG	<u>The Greatest Spy On Earth</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm COPS (Rpt)	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm Big Angry Fish (Rpt)	PG	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm M*A*S*H (Rpt)	PG	<u>Holy Mess. A</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm Get Smart (Rpt)	PG	<u>Island Of The Darned</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



TASMANIA PROGRAM GUIDE

Friday 07th March 2014

07:00 pm	COPS	PG Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Frontiers Of Construction (Rpt)	G	<u>Top TEN</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm	Megacities (Rpt)	PG	<u>Las Vegas</u> Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:30 pm	Basketball: NBL Championship 2013/14		LIVE <u>Round 21: Perth Wildcats V Townsville Crocodiles</u> In Round 21 we take you to Perth Arena where the Peth Wildcats take on the Townsville Crocodiles.
11:30 pm	The League	MA15+ Sexual References	NEW EPISODE <u>Tailgate</u> Andre's plan to take the guys tailgating is thwarted when their high school nemesis Frank "The Body" Gibiatti and his gang have the same idea. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie
12:00 am	Bellator MMA (Rpt)		
02:00 am	The Sketch Show (Rpt)	PG Sexual References, Adult Themes	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
02:30 am	Would You Rather? With Graham Norton (Rpt)	M	Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Scott Adsit, Faith Salie, Alan Cumming and Dave Hill.
03:00 am	M*A*S*H (Rpt)	PG	<u>Holy Mess, A</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



TASMANIA PROGRAM GUIDE

Friday 07th March 2014

03:30 am Sport Science (Rpt)

PG
Sexual References,
Mild Coarse
Language,
Adult Themes

Ultimate Nut Jobs

Kicking for power is featured in 3 sports: American football, soccer, and mixed martial arts. Which sport produces the hardest kickers – and what can they break with a single kick?

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt)

G

Eddy Merckx

Eddy Merckx is considered to be the greatest pro-cyclist in history. He won the Tour de France and the Giro d'Italia five times and the Vuelta a España once. He also won all of professional cycling's classic "monument" races at least twice.

05:30 am Football's Greatest Managers (Rpt)

PG

Sir Alex Ferguson

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



TASMANIA PROGRAM GUIDE

Saturday 08th March 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 2: Phoenix - Qualifying

Who will take out the top spot in the qualifying race ahead of Race 2 from the Phoenix International Raceway?

07:00 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 2: The Profit On CNBC 500 @ Phoenix

Round 2 of the 2014 NASCAR Sprint Cup will be held at the Phoenix International Raceway in Avondale. Arizona.

11:00 am Sporting Greats (Rpt)

PG

Joe Frazier

Joe Frazier, according to The International Boxing Research Organisation, rates among the ten greatest heavyweights of all time. He is an inductee of both the International Boxing Hall of Fame and the World Boxing Hall of Fame.

11:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

12:00 pm Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

12:30 pm Temporary Australians (Rpt)

PG

Dambuster

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

01:00 pm World Series Sprintcars

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

02:00 pm Pat Callinan's 4x4 Adventures

PG

Victorian High Country

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. In this episode, Pat gets into trouble on a steep and slippery Victorian mountain.

03:00 pm Alby Mangels Adventure Bound (Rpt)

PG
Adult Themes

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

04:00 pm Megacities (Rpt)

PG

Las Vegas

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.



TASMANIA PROGRAM GUIDE

Saturday 08th March 2014

05:00 pm	Wild Racers	PG	The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.
05:30 pm	Reel Rock (Rpt)	PG Some Coarse Language, Adult Themes	<u>Sketchy Andy</u> The wildest places on the planet and the athletes who live for the challenge. Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Tooth Shall Set Free</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Bronzefinger</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	Trick My Truck (Rpt)	PG	Matthew Graves is the sole provider for 6 children. Trick My Truck transform Graves' overworked Peterbilt into an iconic monster truck befitting of a family named Graves.
07:30 pm	Frontiers Of Construction (Rpt)	G	<u>Virtual Engineering</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:30 pm	Law & Order: SVU (Rpt)	CC M Strong Adult Themes	<u>Russian Love Poem</u> Benson and Stabler investigate the murder of a multi-millionaire. They begin with his long list of male and female lovers and continue to a pair of Russian escorts, one of whom turns up dead. Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd, Dean Winters Guest Starring: Olek Krupa, Nadine Stenovitch, Melissa Sagemiller, Allison Munn, Deborah Rush
09:30 pm	Bellator MMA		NEW EPISODE



TASMANIA PROGRAM GUIDE

Saturday 08th March 2014

12:30 am Lights Out

M
Some Violence

NEW EPISODE

Cut Men

Lights' health and career are jeopardised when Reynolds refuses to postpone the fight.

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

01:30 am 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

02:30 am Blokesworld (Rpt)

M
Sexual References,
Frequent Coarse
Language,
Nudity

Adam Riemann showcases the Motorex KTM Race Team; Mongrel Racing's Sharky shows off his Triumph; Isla competes in Miss Downunder Melbourne finals.

03:00 am Ross Kemp: Battle For The Amazon (Rpt)

M
Some Coarse
Language

Ross Kemp: Battle for the Amazon is a documentary looking into the socio-economic and environmental pressures facing the Amazon regions of Brazil, Ecuador and Peru.

04:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:25 am Sporting Greats (Rpt)

G

Sergey Bubka

Sergey Bubka represented the Soviet Union in pole vaulting and was repeatedly voted the world's best athlete. In 2012 was one of 24 athletes inducted as inaugural members of the International Association of Athletics.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.