



SYDNEY PROGRAM GUIDE

Sunday 30th March 2014

06:00 am **Rugby Classic Matches** (Rpt)

Autumn International 2009: England V Australia

Relive the 2009 Autumn International between England and the Wallabies at Twickenham in London.

08:00 am **Sport Science** (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

09:00 am **Escape With ET** (Rpt)

CC

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

10:00 am **Horse Power** (Rpt)

CC G

Horse Power

Horse Power is the story of Scuderia Ferrari's build-up to the 2014 Formula One season.

11:00 am **Xtreme Storm** (Rpt)

PG

Xtreme Storm

With 32 man-made obstacles on a 14 mile course, Xtreme Storm is one of the best, worst and toughest obstacle endurance events that the UK has to offer.

11:30 am **Sporting Greats** (Rpt)

G

Mal Meninga

Mal Meninga was a legendary goal-kicking centre, counted amongst the finest footballers of the 20th century. He retired as the top point scorer in the history of the Australian national team and top point scorer for Queensland.

12:05 pm **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

12:30 pm **Outback Wrangler** (Rpt)

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.

01:00 pm **The Biggest Loser: Challenge Australia - Encore** (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Tensions over the new alliance dubbed the "Awesome Foursome" continues to cause friction in The Biggest Loser house. Some contestants are not happy with the advantage they seem to have in challenges.

02:00 pm **The Biggest Loser: Challenge Australia - Encore** (Rpt)

CC PG
Some Coarse
Language

SPECIAL ENCORE PRESENTATION

Hayley reminds all the contestants that it's the business end of the competition with a big surprise. Challenge Week begins and "The Fridge" makes an unwelcomed return putting everyone on edge.



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03:00 pm **The Biggest Loser: Challenge Australia - Encore** (Rpt)

CC PG
Some Coarse Language

SPECIAL ENCORE PRESENTATION

The contestants are about to be put through the toughest and most fearsome two days The Biggest Loser has ever thrown at them. Who will avoid elimination and who will come out on top?

04:00 pm **Adventure Angler**

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm **Golf Getaway**

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm **What's Up Down Under** (Rpt)

G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm **Temporary Australians** (Rpt)

PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

06:00 pm **M*A*S*H** (Rpt)

PG

Strange Bedfellows

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **2014 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™**

LIVE NATIONWIDE

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

09:00 pm **COPS: Adults Only**

09:30 pm **Movie: Days Of Thunder** (Rpt)
(1990)

CC M
Sexual References,
Some Coarse
Language

MOVIE

Cole Trickle enters the high-pressure world of Nascar racing. He's a hot driver with a hot temper and this attitude gets him into trouble not only with other drivers, but his own support team as well.

Starring: Tom Cruise, Nicole Kidman, Robert Duvall



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11:45 pm 48 Hours (Rpt)

M
Drug References,
Adult Themes

Preacher's Passion

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:45 am Fight Master MMA (Rpt)

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

01:45 am Ross Kemp: In Search Of Pirates (Rpt)

M
Adult Themes

Ross Kemp explores the impact of piracy in Nigeria, where more people are killed in raids than anywhere else in the world.

02:45 am Adventure Angler (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

03:15 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am NASCAR Sprint Cup

LIVE

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.



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08:25 am Sporting Greats (Rpt)

G

Lester Piggott

Lester Piggott had 4,493 career wins, including nine Epsom Derby victories and is one of the most well-known English flat racing jockeys of all time.

09:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

09:30 am Wild Racers (Rpt)

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.

10:00 am Outback Wrangler (Rpt)

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.

10:30 am Temporary Australians (Rpt)

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Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

11:00 am Adventure Angler (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Thursday - Week 10

Every good chef must master the basics, and the Elimination Challenge will surprise our contestants. Rice paper rolls and apple pie should be a piece of cake, right? Think again!



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Monday 31st March 2014

12:30 pm **MasterChef Australia** (Rpt) CC G
WS

Friday - Week 10

Series 1 and 2 favourites, Alvin, Andre and Jimmy join Gary and George in the kitchen for another stellar MasterClass.

02:00 pm **Psych** M

SEASON FINALE

Psych: The Musical Part 2

A deranged playwright who kills critics escapes from lockup, and Shawn and Gus must find him before he murders again. The case, however, takes a musical turn.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm **Whose Line Is It Anyway?** (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt) PG

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Starring: Drew Carey, Wayne Brady

04:00 pm **Alby Mangels Adventure Bound** (Rpt) PG

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

05:00 pm **Big Fish, Small Boats** (Rpt) PG

Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.

05:30 pm **I Fish** (Rpt) G

Summer Series

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm **M*A*S*H** (Rpt) PG

Say No More

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **Get Smart** (Rpt) PG

Man Called Smart (3), A

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



SYDNEY PROGRAM GUIDE

Monday 31st March 2014

07:00 pm COPS (Rpt)

PG

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Generation Astronaut

Generation Astronaut

23 of the bravest and the best from the Axe Apollo Space Academy compete for their chance to live the dreams of a generation and become astronauts.

08:30 pm **Movie: Star Trek: First Contact** (Rpt)
(1996)

PG
Some Violence,
Some Coarse
Language

MOVIE

A group that call themselves the Borg are headed to Earth with a devious plan to alter history. Picard's last encounter with the Borg almost killed him. Now he wants vengeance. But how far will he go?

Starring: Patrick Stewart, Jonathan Frakes, LeVar Burton, Brent Spiner, James Cromwell, Alfre Woodard, Alice Krige, Michael Dorn, Gates McFadden, Marina Sirtis

10:50 pm **2014 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™** (Rpt)

REPLAY

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

01:20 am **The Project Encore** (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

02:20 am **Blokesworld** (Rpt)

02:50 am **The Sketch Show** (Rpt)

PG
Sexual References,
Some Coarse
Language

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

03:20 am **Fight Master MMA** (Rpt)

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

04:20 am **M*A*S*H** (Rpt)

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Say No More

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Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



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04:50 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.



SYDNEY PROGRAM GUIDE

Tuesday 01st April 2014

06:00 am **NASCAR Sprint Cup Highlights**
(Rpt)

Race 5: Auto Club 400 @ Fontana-Highlights

Catch all the motorsport highlights from the Auto Club Speedway. The high octane NASCAR racing continues with the 5th race of the 2014 Sprint Cup Series.

07:00 am **Basketball: NBL Championship**
2013/14

09:00 am **Basketball: NBL Championship**
2013/14

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:15 am **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Sunday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:45 pm **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Monday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

02:00 pm **Megacities** (Rpt)

G

Paris

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

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Starring: Drew Carey, Wayne Brady



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Tuesday 01st April 2014

04:00 pm	Get Smart (Rpt)	PG	<u>Man Called Smart (3), A</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Fishing Edge (Rpt)	G	Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.
05:00 pm	Big Fish, Small Boats (Rpt)	PG	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Give And Take</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Viva Smart</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	2014 Energy Australia Swimming Championships		LIVE NATIONWIDE <u>2014 Energy Australia Swimming Championships - Day 1</u> Exclusive to ONE is the 2014 Energy Australia Swimming Championships. See the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.
09:05 pm	COPS: Adults Only (Rpt)	M	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.



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Tuesday 01st April 2014

09:35 pm	Ross Kemp: In Search Of Pirates (Rpt)	M Adult Themes	Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.
10:30 pm	Super Rugby Extra Time	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
11:30 pm	Sleeper Cell (Rpt)	M Some Violence, Some Coarse Language	SEASON FINALE <u>Youmud Din</u> Judgement Day has arrived and Fariq isn't yet out of surprises, and a surprise diversion proves effective in allowing the cell to escape their surveillance. Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti
12:35 am	The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
01:35 am	Bellator MMA (Rpt)	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
03:35 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:00 am	Basketball: NBL Championship 2013/14		



SYDNEY PROGRAM GUIDE

Wednesday 02nd April 2014

06:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:25 am **2014 Energy Australia Swimming Championships** (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 1

Exclusive to ONE is the 2014 Energy Australia Swimming Championships. See the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.

08:00 am **World Series Sprintcars** (Rpt)

Warrnambool Classic

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

09:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:30 am **Sport Science** (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

10:30 am **Wild Racers** (Rpt)

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.

11:00 am **Tour The World** (Rpt)

CC G

Splendours Of Europe River Cruise

We join a deluxe river cruise down one of Europe's most picturesque waterways – the Danube River. Then we visit stunning Melk Abbey, fabulous Vienna and another of Europe's finest old-world cities - Budapest.

11:30 am **MasterChef Australia** (Rpt)

CC G
WS

Tuesday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:30 pm **MasterChef Australia** (Rpt)

CC G
WS

Wednesday - Week 11

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Wednesday 02nd April 2014

02:00 pm Frontiers Of Construction (Rpt)	G	<u>Against The Sea</u>
		Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
03:00 pm Super Rugby Extra Time (Rpt)	PG	
		Relive all the best bits of the weekend's Super Rugby on Extra Time.
04:00 pm Get Smart (Rpt)	PG	<u>Viva Smart</u>
		Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.
		Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm COPS (Rpt)	PG	
	Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm Big Fish, Small Boats (Rpt)	G	
		Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm I Fish (Rpt)	G	<u>Summer Series</u>
		Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm M*A*S*H (Rpt)	PG	<u>As Time Goes By</u>
		At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.
		Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm Get Smart (Rpt)	PG	<u>Witness For The Persecution</u>
		Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.
		Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm COPS (Rpt)	PG	
	Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm 2014 Energy Australia Swimming Championships		LIVE NATIONWIDE
		<u>2014 Energy Australia Swimming Championships - Day 2</u>
		Day 2 of the 2014 Energy Australia Swimming Championships continues one ONE as the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.



SYDNEY PROGRAM GUIDE

Wednesday 02nd April 2014

09:05 pm **COPS: Adults Only** (Rpt)

M
Some Violence

Back To Broward County

The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:30 pm **Sons Of Anarchy**

AV15+
Strong Violence,
Strong Adult
Themes

ALL NEW EPISODES

Small World

Jax brings a new proposal to the club with serious consequences.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Joel McHale

10:30 pm **Vegas**

M
Some Violence

NEW EPISODE

Past Lives

As Sheriff Lamb and Jack investigate the murder of a Savoy craps dealer, a desperate suspect in the case takes Mia hostage, demanding a ransom for his getaway.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm **The Glades**

M
Some Violence

NEW EPISODE

Old Ghosts

When Detective Samantha Harper, a woman from Jim's past, comes to Florida, Jim and her have to team up before a killer kills again.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

12:30 am **The Project Encore** (Rpt)

CC

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11:30 am **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Thursday - Week 11

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CC G
WS

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PG

Nest Raiders

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02:30 pm	Adventure Angler (Rpt)	G	Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.
03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Witness For The Persecution</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	PG Some Coarse Language	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Pilot</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Spy Who Met Himself</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



SYDNEY PROGRAM GUIDE

Thursday 03rd April 2014

07:00 pm COPS (Rpt)

PG
Drug References,
Adult Themes

Amw Crossover Special Edition Atlanta

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm 2014 Energy Australia Swimming Championships

LIVE NATIONWIDE

2014 Energy Australia Swimming Championships - Day 3

Day 3 of the 2014 Energy Australia Swimming Championships sees the best Australian swimmers hit the pool for last elite event ahead of the 2014 Commonwealth Games.

09:00 pm Whose Line Is It Anyway?

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

09:30 pm Ross Noble's Australian Trip (Rpt)

CC M
WS Sexual References,
Some Coarse
Language

Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.

10:30 pm The Sketch Show (Rpt)

PG
Sexual References,
Some Coarse
Language

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

11:00 pm Blokesworld

11:30 pm The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

12:30 am Hounds (Rpt)

MA15+
Some Coarse
Language,
Adult Themes

Will is a lawyer but his heart isn't in it and he is making mistakes at work. But, one day everything changes. His Dad dies, leaving him a greyhound racing dog, half a house & his estranged half-sister.

Starring: Toby Sharpe, Mick Innes

01:00 am Wild Racers (Rpt)

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.



SYDNEY PROGRAM GUIDE

Thursday 03rd April 2014

01:30 am	Ross Kemp: In Search Of Pirates (Rpt)	M Adult Themes	Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.
02:30 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:00 am	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 am	The Sketch Show (Rpt)	PG Sexual References, Some Coarse Language	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
04:00 am	M*A*S*H (Rpt)	PG	<u>Pilot</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	G	<u>Mark Cavendish</u> Mark Cavendish is widely considered to be the fastest man on two wheels in the world. He has won twenty-five Tour de France stages putting him third on the all-time list and fourth on the all-time list of Grand Tour stage winner.
05:30 am	Football's Greatest Managers (Rpt)	G	<u>Mario Zagallo</u> Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



SYDNEY PROGRAM GUIDE

Friday 04th April 2014

06:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am 2014 Energy Australia Swimming Championships (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 3

Day 3 of the 2014 Energy Australia Swimming Championships sees the best Australian swimmers hit the pool for last elite event ahead of the 2014 Commonwealth Games.

08:00 am Dirty Weekend (Rpt)

G

Dirty Weekend

The inaugural running of what is the world's longest assault course, set in the magnificent grounds of Burghley Estate. In a festival setting, competitors take on a 20 mile route with 20 zones and over 200 obstacles to be tamed.

08:30 am Men's Health Survival Of The Fittest (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014. Men's Health Survival of the Fittest is Britain's biggest adventure running series.

09:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.

10:00 am NASCAR Sprint Cup Highlights

Race 6: Stp Gas Booster 500 @ Martinsville-Highlights

Catch all the highlights from Martinsville Speedway. The high octane NASCAR racing continues with the 6th race of the 2014 Sprint Cup Series.

11:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Sunday - Week 12

The MasterChef contestants must cook for the one and only Dalai Lama! His Holiness has only two requests – the food must be vegetarian and it must come from the heart.

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Monday - Week 12

Pastry chef, Katrina Kanetani, sets the Pressure Test. The bottom three contestants from the previous challenge must cook a fantastic Autumn Dessert platter in order to avoid elimination.



SYDNEY PROGRAM GUIDE

Friday 04th April 2014

01:30 pm **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Tuesday - Week 12

Can a current contestant out-cook a former MasterChef champion? We find out as Eamon Sullivan returns to stand between the winner of the Dalai Lama challenge and that elusive Immunity Pin.

02:00 pm **Sport Science** (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm **Get Smart** (Rpt)

PG

The Spy Who Met Himself

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm **COPS** (Rpt)

PG
Drug References,
Adult Themes

Amw Crossover Special Edition Atlanta

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

05:00 pm **Big Fish, Small Boats** (Rpt)

PG
Some Coarse
Language

SEASON FINALE

Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.

05:30 pm **I Fish** (Rpt)

G

Summer Series

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm **M*A*S*H** (Rpt)

PG

To Market. To Market

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



SYDNEY PROGRAM GUIDE

Friday 04th April 2014

06:30 pm	Get Smart (Rpt)	PG	<u>The Spirit Is Willing</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Adult Themes	<u>Coast To Coast</u> A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	2014 Energy Australia Swimming Championships		LIVE NATIONWIDE <u>2014 Energy Australia Swimming Championships - Day 4</u> It's Day 4 of the 2014 Energy Australia Swimming Championships in Brisbane. Catch the best Australian swimmers in the last elite event ahead of the 2014 Commonwealth Games.
09:05 pm	Megacities (Rpt)	PG	<u>New York City</u> Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:35 pm	Movie: X (2011)	AV15+ Strong Violence, Sex Scenes, Some Coarse Language, Drug Use, Nudity	MOVIE PREMIERE Holly is professional escort looking to get out of the business after one last night on her back. She teams up with new girl Shay, who is just starting on her very first evening as a sex toy for hire. Starring: Viva Bianca, Hanna Mangan Lawrence, Peter Docker, Eamon Farren, Belinda McClory, Anthony Phelan
11:35 pm	The League	MA15+ Sexual References	<u>Our Dinner With Andre</u> Kevin is blackmailed by Ellie's boyfriend, Taco helps Ruxin with his fertility issues, and Pete re-connects with his high school crush Gina Gibiatti. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie
12:05 am	The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
01:00 am	Bellator MMA (Rpt)	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.



SYDNEY PROGRAM GUIDE

Friday 04th April 2014

03:00 am	Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.
04:00 am	M*A*S*H (Rpt)	PG	<u>To Market, To Market</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	G	<u>Babe Ruth</u> Babe Ruth became one of the first five players to be elected into the National Baseball Hall of Fame and is credited with changing baseball itself. The popularity of the game exploded in the 1920s, largely due to his influence.
05:30 am	Football's Greatest Managers (Rpt)	G	<u>Rinus Michels</u> Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.

**one**

SYDNEY PROGRAM GUIDE

Saturday 05th April 2014

06:00 am 2014 Energy Australia Swimming Championships (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 4

It's Day 4 of the 2014 Energy Australia Swimming Championships in Brisbane. Catch the best Australian swimmers in the last elite event ahead of the 2014 Commonwealth Games.

07:35 am NASCAR Sprint Cup Qualifying

Race 6: Stp Gas Booster 500 @ Martinsville-Qualifying

Who will claim pole position in qualifying ahead of race 6 from the Martinsville Speedway?

09:00 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.

01:00 pm World Series Sprintcars

Warrnambool Classic

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) PG

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. Pat deals with mud, beaches and gorgeous lookouts abound in the NSW Nth Coast.

03:00 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Car Torque (Rpt) CC

Car Torque meets the people who are passionate about performance motoring be it on the road, on the track or in the garage. See the love they have for their cars & what really gets their motor running.

04:00 pm Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

04:30 pm Temporary Australians (Rpt) PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

05:00 pm Wild Racers G

The fifth round of The Adventure Racing World Series continues in Africa where the teams will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.



SYDNEY PROGRAM GUIDE

Saturday 05th April 2014

05:30 pm **Megacities** (Rpt)

PG

New York City

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

06:00 pm **Monster Jam**

SEASON PREMIERE

Monster Jam is the perfect sports and entertainment brandmixing racing, showmanship and the ultimate fan experience into one incredible, action packed show.

07:00 pm **Trick My Truck** (Rpt)

PG

Don't miss it as the Chrome Shop Mafia reward Mark for his determination and bravery by turning his truck into his new good luck charm.

07:30 pm **2014 Energy Australia Swimming Championships**

LIVE NATIONWIDE

2014 Energy Australia Swimming Championships - Day 5

Day 5 of the 2014 Energy Australia Swimming Championships has the best Australian swimmers competing in the last elite event ahead of the 2014 Commonwealth Games.

09:30 pm **Bellator MMA**

M
Realistic Violence

NEW EPISODE

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

11:30 pm **Lights Out**

SERIES FINAL

War

Fight night arrives. Does Lights still have what it takes? Will his 5 years away from the ring be too much, especially against an opponent like Reynolds?

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

12:30 am **Blokesworld** (Rpt)

01:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



SYDNEY PROGRAM GUIDE

Saturday 05th April 2014

01:30 am **2014 FORMULA 1® GULF AIR
BAHRAIN GRAND PRIX™**

LIVE NATIONWIDE

2014 Formula 1 Gulf Air Bahrain Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Gulf Air Bahrain Grand Prix from the Bahrain International Circuit.

02:30 am **Omnisport (Rpt)**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am **Ross Kemp: In Search Of Pirates
(Rpt)**

M
Adult Themes

Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.

04:00 am **NASCAR Nationwide Series
Highlights (Rpt)**

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.

05:00 am **NASCAR Sprint Cup Highlights
(Rpt)**

Race 6: Stp Gas Booster 500 @ Martinsville-Highlights

Catch all the highlights from Martinsville Speedway. The high octane NASCAR racing continues with the 6th race of the 2014 Sprint Cup Series.



MELBOURNE PROGRAM GUIDE

Sunday 30th March 2014

06:00 am Rugby Classic Matches (Rpt)

Autumn International 2009: England V Australia

Relive the 2009 Autumn International between England and the Wallabies at Twickenham in London.

08:00 am Sport Science (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

09:00 am Escape With ET (Rpt)

CC

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

10:00 am Horse Power (Rpt)

CC G

Horse Power

Horse Power is the story of Scuderia Ferrari's build-up to the 2014 Formula One season.

11:00 am Xtreme Storm (Rpt)

PG

Xtreme Storm

With 32 man-made obstacles on a 14 mile course, Xtreme Storm is one of the best, worst and toughest obstacle endurance events that the UK has to offer.

11:30 am Sporting Greats (Rpt)

G

Mal Meninga

Mal Meninga was a legendary goal-kicking centre, counted amongst the finest footballers of the 20th century. He retired as the top point scorer in the history of the Australian national team and top point scorer for Queensland.

12:05 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

12:30 pm Outback Wrangler (Rpt)

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.

01:00 pm The Biggest Loser: Challenge Australia - Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Tensions over the new alliance dubbed the "Awesome Foursome" continues to cause friction in The Biggest Loser house. Some contestants are not happy with the advantage they seem to have in challenges.

02:00 pm The Biggest Loser: Challenge Australia - Encore (Rpt)

CC PG
Some Coarse
Language

SPECIAL ENCORE PRESENTATION

Hayley reminds all the contestants that it's the business end of the competition with a big surprise. Challenge Week begins and "The Fridge" makes an unwelcomed return putting everyone on edge.



MELBOURNE PROGRAM GUIDE

Sunday 30th March 2014

03:00 pm **The Biggest Loser: Challenge Australia - Encore** (Rpt)

CC PG
Some Coarse Language

SPECIAL ENCORE PRESENTATION

The contestants are about to be put through the toughest and most fearsome two days The Biggest Loser has ever thrown at them. Who will avoid elimination and who will come out on top?

04:00 pm **Adventure Angler**

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm **Golf Getaway**

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm **What's Up Down Under** (Rpt)

G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm **Temporary Australians** (Rpt)

PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

06:00 pm **M*A*S*H** (Rpt)

PG

Strange Bedfellows

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **2014 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™**

LIVE NATIONWIDE

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

09:00 pm **COPS: Adults Only**

09:30 pm **Movie: Days Of Thunder** (Rpt)
(1990)

CC M
Sexual References,
Some Coarse
Language

MOVIE

Cole Trickle enters the high-pressure world of Nascar racing. He's a hot driver with a hot temper and this attitude gets him into trouble not only with other drivers, but his own support team as well.

Starring: Tom Cruise, Nicole Kidman, Robert Duvall



MELBOURNE PROGRAM GUIDE

Sunday 30th March 2014

11:45 pm 48 Hours (Rpt)

M
Drug References,
Adult Themes

Preacher's Passion

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:45 am Fight Master MMA (Rpt)

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

01:45 am Ross Kemp: In Search Of Pirates (Rpt)

M
Adult Themes

Ross Kemp explores the impact of piracy in Nigeria, where more people are killed in raids than anywhere else in the world.

02:45 am Adventure Angler (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

03:15 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am NASCAR Sprint Cup

LIVE

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.



MELBOURNE PROGRAM GUIDE

Monday 31st March 2014

06:00 am NASCAR Sprint Cup

LIVE

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:25 am Sporting Greats (Rpt)

G

Lester Piggott

Lester Piggott had 4,493 career wins, including nine Epsom Derby victories and is one of the most well-known English flat racing jockeys of all time.

09:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

09:30 am Wild Racers (Rpt)

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.

10:00 am Outback Wrangler (Rpt)

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.

10:30 am Temporary Australians (Rpt)

PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

11:00 am Adventure Angler (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Thursday - Week 10

Every good chef must master the basics, and the Elimination Challenge will surprise our contestants. Rice paper rolls and apple pie should be a piece of cake, right? Think again!

**one**

MELBOURNE PROGRAM GUIDE

Monday 31st March 2014

12:30 pm **MasterChef Australia** (Rpt) CC G
WS

Friday - Week 10

Series 1 and 2 favourites, Alvin, Andre and Jimmy join Gary and George in the kitchen for another stellar MasterClass.

02:00 pm **Psych** M

SEASON FINALE

Psych: The Musical Part 2

A deranged playwright who kills critics escapes from lockup, and Shawn and Gus must find him before he murders again. The case, however, takes a musical turn.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm **Whose Line Is It Anyway?** (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm **Alby Mangels Adventure Bound** (Rpt) PG

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

05:00 pm **Big Fish, Small Boats** (Rpt) PG

Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.

05:30 pm **I Fish** (Rpt) G

Summer Series

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm **M*A*S*H** (Rpt) PG

Say No More

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **Get Smart** (Rpt) PG

Man Called Smart (3), A

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



MELBOURNE PROGRAM GUIDE

Monday 31st March 2014

07:00 pm COPS (Rpt)

PG

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Generation Astronaut

Generation Astronaut

23 of the bravest and the best from the Axe Apollo Space Academy compete for their chance to live the dreams of a generation and become astronauts.

08:30 pm Movie: Star Trek: First Contact (Rpt) (1996)

PG
Some Violence,
Some Coarse
Language

MOVIE

A group that call themselves the Borg are headed to Earth with a devious plan to alter history. Picard's last encounter with the Borg almost killed him. Now he wants vengeance. But how far will he go?

Starring: Patrick Stewart, Jonathan Frakes, LeVar Burton, Brent Spiner, James Cromwell, Alfre Woodard, Alice Krige, Michael Dorn, Gates McFadden, Marina Sirtis

10:50 pm 2014 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™ (Rpt)

REPLAY

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

01:20 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

02:20 am Blokesworld (Rpt)

02:50 am The Sketch Show (Rpt)

PG
Sexual References,
Some Coarse
Language

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

03:20 am Fight Master MMA (Rpt)

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

04:20 am M*A*S*H (Rpt)

PG

Say No More

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



MELBOURNE PROGRAM GUIDE

Monday 31st March 2014

04:50 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.



MELBOURNE PROGRAM GUIDE

Tuesday 01st April 2014

06:00 am **NASCAR Sprint Cup Highlights**
(Rpt)

Race 5: Auto Club 400 @ Fontana-Highlights

Catch all the motorsport highlights from the Auto Club Speedway. The high octane NASCAR racing continues with the 5th race of the 2014 Sprint Cup Series.

07:00 am **Basketball: NBL Championship**
2013/14

09:00 am **Basketball: NBL Championship**
2013/14

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:15 am **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Sunday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:45 pm **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Monday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

02:00 pm **Megacities** (Rpt)

G

Paris

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



MELBOURNE PROGRAM GUIDE

Tuesday 01st April 2014

04:00 pm Get Smart (Rpt)	PG	<p><u>Man Called Smart (3), A</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
04:30 pm Fishing Edge (Rpt)	G	<p>Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.</p>
05:00 pm Big Fish, Small Boats (Rpt)	PG	<p>Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.</p>
05:30 pm I Fish (Rpt)	G	<p><u>Summer Series</u></p> <p>Paul Worsteling brings you great tips and products that will help you lure the big fish.</p>
06:00 pm M*A*S*H (Rpt)	PG	<p><u>Give And Take</u></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>
06:30 pm Get Smart (Rpt)	PG	<p><u>Viva Smart</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
07:00 pm COPS (Rpt)	PG Medical Procedures	<p>A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
07:30 pm 2014 Energy Australia Swimimng Championships		<p>LIVE NATIONWIDE</p> <p><u>2014 Energy Australia Swimimng Championships - Day 1</u></p> <p>Exclusive to ONE is the 2014 Energy Australia Swimming Championships. See the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.</p>
09:05 pm COPS: Adults Only (Rpt)	M	<p>A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>



MELBOURNE PROGRAM GUIDE

Tuesday 01st April 2014

09:35 pm Ross Kemp: In Search Of Pirates (Rpt)	M Adult Themes	Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.
10:30 pm Super Rugby Extra Time	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
11:30 pm Sleeper Cell (Rpt)	M Some Violence, Some Coarse Language	<p>SEASON FINALE <u>Youmud Din</u></p> <p>Judgement Day has arrived and Fariq isn't yet out of surprises, and a surprise diversion proves effective in allowing the cell to escape their surveillance.</p> <p>Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti</p>
12:35 am The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
01:35 am Bellator MMA (Rpt)	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
03:35 am Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:00 am Basketball: NBL Championship 2013/14		



MELBOURNE PROGRAM GUIDE

Wednesday 02nd April 2014

06:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:25 am **2014 Energy Australia Swimming Championships** (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 1

Exclusive to ONE is the 2014 Energy Australia Swimming Championships. See the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.

08:00 am **World Series Sprintcars** (Rpt)

Warrnambool Classic

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

09:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:30 am **Sport Science** (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

10:30 am **Wild Racers** (Rpt)

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.

11:00 am **Tour The World** (Rpt)

CC G

Splendours Of Europe River Cruise

We join a deluxe river cruise down one of Europe's most picturesque waterways – the Danube River. Then we visit stunning Melk Abbey, fabulous Vienna and another of Europe's finest old-world cities - Budapest.

11:30 am **MasterChef Australia** (Rpt)

CC G
WS

Tuesday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:30 pm **MasterChef Australia** (Rpt)

CC G
WS

Wednesday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!



MELBOURNE PROGRAM GUIDE

Wednesday 02nd April 2014

02:00 pm Frontiers Of Construction (Rpt)	G	<p><u>Against The Sea</u></p> <p>Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.</p>
03:00 pm Super Rugby Extra Time (Rpt)	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
04:00 pm Get Smart (Rpt)	PG	<p><u>Viva Smart</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
04:30 pm COPS (Rpt)	PG Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm Big Fish, Small Boats (Rpt)	G	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm I Fish (Rpt)	G	<p><u>Summer Series</u></p> <p>Paul Worsteling brings you great tips and products that will help you lure the big fish.</p>
06:00 pm M*A*S*H (Rpt)	PG	<p><u>As Time Goes By</u></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>
06:30 pm Get Smart (Rpt)	PG	<p><u>Witness For The Persecution</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
07:00 pm COPS (Rpt)	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm 2014 Energy Australia Swimming Championships		<p>LIVE NATIONWIDE</p> <p><u>2014 Energy Australia Swimming Championships - Day 2</u></p> <p>Day 2 of the 2014 Energy Australia Swimming Championships continues one ONE as the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.</p>



MELBOURNE PROGRAM GUIDE

Wednesday 02nd April 2014

09:05 pm COPS: Adults Only (Rpt)

M
Some Violence

Back To Broward County

The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:30 pm Sons Of Anarchy

AV15+
Strong Violence,
Strong Adult
Themes

ALL NEW EPISODES

Small World

Jax brings a new proposal to the club with serious consequences.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Joel McHale

10:30 pm Vegas

M
Some Violence

NEW EPISODE

Past Lives

As Sheriff Lamb and Jack investigate the murder of a Savoy craps dealer, a desperate suspect in the case takes Mia hostage, demanding a ransom for his getaway.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm The Glades

M
Some Violence

NEW EPISODE

Old Ghosts

When Detective Samantha Harper, a woman from Jim's past, comes to Florida, Jim and her have to team up before a killer kills again.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

12:30 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:00 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.



MELBOURNE PROGRAM GUIDE

Thursday 03rd April 2014

06:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:25 am **2014 Energy Australia Swimming Championships** (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 2

Day 2 of the 2014 Energy Australia Swimming Championships continues one ONE as the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.

08:00 am **Golf Getaway** (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

08:30 am **2014 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™** (Rpt)

REPLAY

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Thursday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:30 pm **MasterChef Australia** (Rpt)

CC G
WS

Friday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

02:00 pm **Outback Wrangler** (Rpt)

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.



MELBOURNE PROGRAM GUIDE

Thursday 03rd April 2014

02:30 pm	Adventure Angler (Rpt)	G	Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.
03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Witness For The Persecution</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	PG Some Coarse Language	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Pilot</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Spy Who Met Himself</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



MELBOURNE PROGRAM GUIDE

Thursday 03rd April 2014

- 07:00 pm COPS (Rpt)** PG
Drug References,
Adult Themes
Amw Crossover Special Edition Atlanta
This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
- 07:30 pm 2014 Energy Australia Swimming Championships**
LIVE NATIONWIDE
2014 Energy Australia Swimming Championships - Day 3
Day 3 of the 2014 Energy Australia Swimming Championships sees the best Australian swimmers hit the pool for last elite event ahead of the 2014 Commonwealth Games.
- 09:00 pm Whose Line Is It Anyway?** PG
Sexual References
An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady
- 09:30 pm Ross Noble's Australian Trip (Rpt)** CC M
WS Sexual References,
Some Coarse
Language
Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
- 10:30 pm The Sketch Show (Rpt)** PG
Sexual References,
Some Coarse
Language
The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
- 11:00 pm Blokesworld**
- 11:30 pm The Project Encore (Rpt)** CC
Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
- 12:30 am Hounds (Rpt)** MA15+
Some Coarse
Language,
Adult Themes
Will is a lawyer but his heart isn't in it and he is making mistakes at work. But, one day everything changes. His Dad dies, leaving him a greyhound racing dog, half a house & his estranged half-sister.

Starring: Toby Sharpe, Mick Innes
- 01:00 am Wild Racers (Rpt)** G
The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.



MELBOURNE PROGRAM GUIDE

Thursday 03rd April 2014

01:30 am	Ross Kemp: In Search Of Pirates (Rpt)	M Adult Themes	Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.
02:30 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:00 am	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 am	The Sketch Show (Rpt)	PG Sexual References, Some Coarse Language	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
04:00 am	M*A*S*H (Rpt)	PG	<u>Pilot</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	G	<u>Mark Cavendish</u> Mark Cavendish is widely considered to be the fastest man on two wheels in the world. He has won twenty-five Tour de France stages putting him third on the all-time list and fourth on the all-time list of Grand Tour stage winner.
05:30 am	Football's Greatest Managers (Rpt)	G	<u>Mario Zagallo</u> Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



MELBOURNE PROGRAM GUIDE

Friday 04th April 2014

06:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am 2014 Energy Australia Swimming Championships (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 3

Day 3 of the 2014 Energy Australia Swimming Championships sees the best Australian swimmers hit the pool for last elite event ahead of the 2014 Commonwealth Games.

08:00 am Dirty Weekend (Rpt)

G

Dirty Weekend

The inaugural running of what is the world's longest assault course, set in the magnificent grounds of Burghley Estate. In a festival setting, competitors take on a 20 mile route with 20 zones and over 200 obstacles to be tamed.

08:30 am Men's Health Survival Of The Fittest (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014. Men's Health Survival of the Fittest is Britain's biggest adventure running series.

09:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.

10:00 am NASCAR Sprint Cup Highlights

Race 6: Stp Gas Booster 500 @ Martinsville-Highlights

Catch all the highlights from Martinsville Speedway. The high octane NASCAR racing continues with the 6th race of the 2014 Sprint Cup Series.

11:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Sunday - Week 12

The MasterChef contestants must cook for the one and only Dalai Lama! His Holiness has only two requests – the food must be vegetarian and it must come from the heart.

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Monday - Week 12

Pastry chef, Katrina Kanetani, sets the Pressure Test. The bottom three contestants from the previous challenge must cook a fantastic Autumn Dessert platter in order to avoid elimination.

Friday 04th April 2014

01:30 pm MasterChef Australia (Rpt)	CC PG WS Some Coarse Language	<p><u>Tuesday - Week 12</u></p> <p>Can a current contestant out-cook a former MasterChef champion? We find out as Eamon Sullivan returns to stand between the winner of the Dalai Lama challenge and that elusive Immunity Pin.</p>
02:00 pm Sport Science (Rpt)	PG Stylised Violence, Some Coarse Language	<p><u>Hardest Hits</u></p> <p>The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.</p>
03:00 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
03:30 pm Whose Line Is It Anyway? (Rpt)	PG	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
04:00 pm Get Smart (Rpt)	PG	<p><u>The Spy Who Met Himself</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
04:30 pm COPS (Rpt)	PG Drug References, Adult Themes	<p><u>Amw Crossover Special Edition Atlanta</u></p> <p>This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
05:00 pm Big Fish, Small Boats (Rpt)	PG Some Coarse Language	<p>SEASON FINALE</p> <p>Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.</p>
05:30 pm I Fish (Rpt)	G	<p><u>Summer Series</u></p> <p>Paul Worsteling brings you great tips and products that will help you lure the big fish.</p>
06:00 pm M*A*S*H (Rpt)	PG	<p><u>To Market. To Market</u></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>

Friday 04th April 2014

06:30 pm Get Smart (Rpt)	PG	<p><u>The Spirit Is Willing</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
07:00 pm COPS (Rpt)	PG Adult Themes	<p><u>Coast To Coast</u></p> <p>A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
07:30 pm 2014 Energy Australia Swimming Championships		<p>LIVE NATIONWIDE</p> <p><u>2014 Energy Australia Swimming Championships - Day 4</u></p> <p>It's Day 4 of the 2014 Energy Australia Swimming Championships in Brisbane. Catch the best Australian swimmers in the last elite event ahead of the 2014 Commonwealth Games.</p>
09:05 pm Megacities (Rpt)	PG	<p><u>New York City</u></p> <p>Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.</p>
09:35 pm Movie: X (2011)	AV15+ Strong Violence, Sex Scenes, Some Coarse Language, Drug Use, Nudity	<p>MOVIE PREMIERE</p> <p>Holly is professional escort looking to get out of the business after one last night on her back. She teams up with new girl Shay, who is just starting on her very first evening as a sex toy for hire.</p> <p>Starring: Viva Bianca, Hanna Mangan Lawrence, Peter Docker, Eamon Farren, Belinda McClory, Anthony Phelan</p>
11:35 pm The League	MA15+ Sexual References	<p><u>Our Dinner With Andre</u></p> <p>Kevin is blackmailed by Ellie's boyfriend, Taco helps Ruxin with his fertility issues, and Pete re-connects with his high school crush Gina Gibiatti.</p> <p>Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie</p>
12:05 am The Project Encore (Rpt)	CC	<p>Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.</p>
01:00 am Bellator MMA (Rpt)	M Realistic Violence	<p>Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.</p>



MELBOURNE PROGRAM GUIDE

Friday 04th April 2014

03:00 am	Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.
04:00 am	M*A*S*H (Rpt)	PG	<u>To Market, To Market</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	G	<u>Babe Ruth</u> Babe Ruth became one of the first five players to be elected into the National Baseball Hall of Fame and is credited with changing baseball itself. The popularity of the game exploded in the 1920s, largely due to his influence.
05:30 am	Football's Greatest Managers (Rpt)	G	<u>Rinus Michels</u> Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



MELBOURNE PROGRAM GUIDE

Saturday 05th April 2014

06:00 am 2014 Energy Australia Swimming Championships (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 4

It's Day 4 of the 2014 Energy Australia Swimming Championships in Brisbane. Catch the best Australian swimmers in the last elite event ahead of the 2014 Commonwealth Games.

07:35 am NASCAR Sprint Cup Qualifying

Race 6: Stp Gas Booster 500 @ Martinsville-Qualifying

Who will claim pole position in qualifying ahead of race 6 from the Martinsville Speedway?

09:00 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.

01:00 pm World Series Sprintcars

Warrnambool Classic

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) PG

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. Pat deals with mud, beaches and gorgeous lookouts abound in the NSW Nth Coast.

03:00 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Car Torque (Rpt) CC

Car Torque meets the people who are passionate about performance motoring be it on the road, on the track or in the garage. See the love they have for their cars & what really gets their motor running.

04:00 pm Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

04:30 pm Temporary Australians (Rpt) PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

05:00 pm Wild Racers G

The fifth round of The Adventure Racing World Series continues in Africa where the teams will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.



MELBOURNE PROGRAM GUIDE

Saturday 05th April 2014

05:30 pm **Megacities** (Rpt)

PG

New York City

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

06:00 pm **Monster Jam**

SEASON PREMIERE

Monster Jam is the perfect sports and entertainment brandmixing racing, showmanship and the ultimate fan experience into one incredible, action packed show.

07:00 pm **Trick My Truck** (Rpt)

PG

Don't miss it as the Chrome Shop Mafia reward Mark for his determination and bravery by turning his truck into his new good luck charm.

07:30 pm **2014 Energy Australia Swimming Championships**

LIVE NATIONWIDE

2014 Energy Australia Swimming Championships - Day 5

Day 5 of the 2014 Energy Australia Swimming Championships has the best Australian swimmers competing in the last elite event ahead of the 2014 Commonwealth Games.

09:30 pm **Bellator MMA**

M
Realistic Violence

NEW EPISODE

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

11:30 pm **Lights Out**

SERIES FINAL

War

Fight night arrives. Does Lights still have what it takes? Will his 5 years away from the ring be too much, especially against an opponent like Reynolds?

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

12:30 am **Blokesworld** (Rpt)

01:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



MELBOURNE PROGRAM GUIDE

Saturday 05th April 2014

01:30 am 2014 FORMULA 1® GULF AIR
BAHRAIN GRAND PRIX™

LIVE NATIONWIDE

2014 Formula 1 Gulf Air Bahrain Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Gulf Air Bahrain Grand Prix from the Bahrain International Circuit.

02:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am **Ross Kemp: In Search Of Pirates**
(Rpt)

M
Adult Themes

Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.

04:00 am **NASCAR Nationwide Series
Highlights** (Rpt)

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.

05:00 am **NASCAR Sprint Cup Highlights**
(Rpt)

Race 6: Stp Gas Booster 500 @ Martinsville-Highlights

Catch all the highlights from Martinsville Speedway. The high octane NASCAR racing continues with the 6th race of the 2014 Sprint Cup Series.



BRISBANE PROGRAM GUIDE

Sunday 30th March 2014

06:00 am Rugby Classic Matches (Rpt)

Autumn International 2009: England V Australia

Relive the 2009 Autumn International between England and the Wallabies at Twickenham in London.

08:00 am Sport Science (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

09:00 am Escape With ET (Rpt)

CC

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

10:00 am Horse Power (Rpt)

CC G

Horse Power

Horse Power is the story of Scuderia Ferrari's build-up to the 2014 Formula One season.

11:00 am Xtreme Storm (Rpt)

PG

Xtreme Storm

With 32 man-made obstacles on a 14 mile course, Xtreme Storm is one of the best, worst and toughest obstacle endurance events that the UK has to offer.

11:30 am Sporting Greats (Rpt)

G

Mal Meninga

Mal Meninga was a legendary goal-kicking centre, counted amongst the finest footballers of the 20th century. He retired as the top point scorer in the history of the Australian national team and top point scorer for Queensland.

12:05 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

12:30 pm Outback Wrangler (Rpt)

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.

01:00 pm The Biggest Loser: Challenge Australia - Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Tensions over the new alliance dubbed the "Awesome Foursome" continues to cause friction in The Biggest Loser house. Some contestants are not happy with the advantage they seem to have in challenges.

02:00 pm The Biggest Loser: Challenge Australia - Encore (Rpt)

CC PG
Some Coarse
Language

SPECIAL ENCORE PRESENTATION

Hayley reminds all the contestants that it's the business end of the competition with a big surprise. Challenge Week begins and "The Fridge" makes an unwelcomed return putting everyone on edge.



BRISBANE PROGRAM GUIDE

Sunday 30th March 2014

03:00 pm The Biggest Loser: Challenge Australia - Encore (Rpt)

CC PG
Some Coarse Language

SPECIAL ENCORE PRESENTATION

The contestants are about to be put through the toughest and most fearsome two days The Biggest Loser has ever thrown at them. Who will avoid elimination and who will come out on top?

04:00 pm Adventure Angler

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm What's Up Down Under (Rpt)

G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm 2014 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™

LIVE NATIONWIDE

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

08:00 pm Extreme Fishing With Robson Green (Rpt)

PG
Mild Coarse Language,
Nudity

Robson Green's passion for fishing means he's already fished the entire map. But this time, he's going further, as he takes it off the map and casts his line at the Ends of the Earth.

09:00 pm COPS: Adults Only

09:30 pm Movie: Days Of Thunder (Rpt) (1990)

CC M
Sexual References,
Some Coarse Language

MOVIE

Cole Trickle enters the high-pressure world of Nascar racing. He's a hot driver with a hot temper and this attitude gets him into trouble not only with other drivers, but his own support team as well.

Starring: Tom Cruise, Nicole Kidman, Robert Duvall



BRISBANE PROGRAM GUIDE

Sunday 30th March 2014

11:45 pm 48 Hours (Rpt)

M
Drug References,
Adult Themes

Preacher's Passion

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:45 am Fight Master MMA (Rpt)

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

01:45 am Ross Kemp: In Search Of Pirates (Rpt)

M
Adult Themes

Ross Kemp explores the impact of piracy in Nigeria, where more people are killed in raids than anywhere else in the world.

02:45 am Adventure Angler (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

03:15 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am NASCAR Sprint Cup

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.



BRISBANE PROGRAM GUIDE

Monday 31st March 2014

06:00 am NASCAR Sprint Cup

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:25 am Sporting Greats (Rpt)

G

Lester Piggott

Lester Piggott had 4,493 career wins, including nine Epsom Derby victories and is one of the most well-known English flat racing jockeys of all time.

09:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

09:30 am Wild Racers (Rpt)

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.

10:00 am Outback Wrangler (Rpt)

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.

10:30 am Temporary Australians (Rpt)

PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

11:00 am Adventure Angler (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Thursday - Week 10

Every good chef must master the basics, and the Elimination Challenge will surprise our contestants. Rice paper rolls and apple pie should be a piece of cake, right? Think again!

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Friday - Week 10

Series 1 and 2 favourites, Alvin, Andre and Jimmy join Gary and George in the kitchen for another stellar MasterClass.



BRISBANE PROGRAM GUIDE

Monday 31st March 2014

02:00 pm Psych

M

SEASON FINALE

Psych: The Musical Part 2

A deranged playwright who kills critics escapes from lockup, and Shawn and Gus must find him before he murders again. The case, however, takes a musical turn.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Alby Mangels Adventure Bound (Rpt)

PG

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

05:00 pm Big Fish, Small Boats (Rpt)

PG

Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.

05:30 pm I Fish (Rpt)

G

Summer Series

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm M*A*S*H (Rpt)

PG

Say No More

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt)

PG

Man Called Smart (3), A

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



BRISBANE PROGRAM GUIDE

Monday 31st March 2014

07:00 pm COPS (Rpt)

PG

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Generation Astronaut

Generation Astronaut

23 of the bravest and the best from the Axe Apollo Space Academy compete for their chance to live the dreams of a generation and become astronauts.

08:30 pm **Movie: Star Trek: First Contact** (Rpt)
(1996)

PG
Some Violence,
Some Coarse
Language

MOVIE

A group that call themselves the Borg are headed to Earth with a devious plan to alter history. Picard's last encounter with the Borg almost killed him. Now he wants vengeance. But how far will he go?

Starring: Patrick Stewart, Jonathan Frakes, LeVar Burton, Brent Spiner, James Cromwell, Alfre Woodard, Alice Krige, Michael Dorn, Gates McFadden, Marina Sirtis

10:50 pm **2014 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™** (Rpt)

REPLAY

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

01:20 am **The Project Encore** (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

02:20 am **Blokesworld** (Rpt)

02:50 am **The Sketch Show** (Rpt)

PG
Sexual References,
Some Coarse
Language

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

03:20 am **Fight Master MMA** (Rpt)

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

04:20 am **M*A*S*H** (Rpt)

PG

Say No More

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

The logo for the 'one' channel, featuring the word 'one' in white lowercase letters on a green square background.

BRISBANE PROGRAM GUIDE

Monday 31st March 2014

04:50 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.



BRISBANE PROGRAM GUIDE

Tuesday 01st April 2014

06:00 am **NASCAR Sprint Cup Highlights**
(Rpt)

Race 5: Auto Club 400 @ Fontana-Highlights

Catch all the motorsport highlights from the Auto Club Speedway. The high octane NASCAR racing continues with the 5th race of the 2014 Sprint Cup Series.

07:00 am **Basketball: NBL Championship**
2013/14

09:00 am **Basketball: NBL Championship**
2013/14

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:15 am **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Sunday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:45 pm **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Monday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

02:00 pm **Megacities** (Rpt)

G

Paris

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



BRISBANE PROGRAM GUIDE

Tuesday 01st April 2014

04:00 pm	Get Smart (Rpt)	PG	<u>Man Called Smart (3), A</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Fishing Edge (Rpt)	G	Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.
05:00 pm	Big Fish, Small Boats (Rpt)	PG	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Give And Take</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	2014 Energy Australia Swimming Championships		LIVE NATIONWIDE <u>2014 Energy Australia Swimming Championships - Day 1</u> Exclusive to ONE is the 2014 Energy Australia Swimming Championships. See the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.
08:05 pm	Python Hunters (Rpt)	PG	<u>Snake Infested Island</u> Greg, Michael and Shawn are in Guam, where a number of invasive reptiles are devastating the native creatures. Along with biologist James Stanford, the hunters go after brown tree snakes. Starring: Shawn Heflick, Greg Graziani, Michael Cole
09:05 pm	COPS: Adults Only (Rpt)	M	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:35 pm	Ross Kemp: In Search Of Pirates (Rpt)	M Adult Themes	Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.



BRISBANE PROGRAM GUIDE

Tuesday 01st April 2014

10:30 pm Super Rugby Extra Time

PG

Relive all the best bits of the weekend's Super Rugby on Extra Time.

11:30 pm Sleeper Cell (Rpt)

M
Some Violence,
Some Coarse
Language

SEASON FINALE

Youmud Din

Judgement Day has arrived and Fariq isn't yet out of surprises, and a surprise diversion proves effective in allowing the cell to escape their surveillance.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti

12:35 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:35 am Bellator MMA (Rpt)

M
Realistic Violence

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

03:35 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am Basketball: NBL Championship
2013/14



BRISBANE PROGRAM GUIDE

Wednesday 02nd April 2014

06:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:25 am **2014 Energy Australia Swimming Championships** (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 1

Exclusive to ONE is the 2014 Energy Australia Swimming Championships. See the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.

08:00 am **World Series Sprintcars** (Rpt)

Warrnambool Classic

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

09:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:30 am **Sport Science** (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

10:30 am **Wild Racers** (Rpt)

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.

11:00 am **Tour The World** (Rpt)

CC G

Splendours Of Europe River Cruise

We join a deluxe river cruise down one of Europe's most picturesque waterways – the Danube River. Then we visit stunning Melk Abbey, fabulous Vienna and another of Europe's finest old-world cities - Budapest.

11:30 am **MasterChef Australia** (Rpt)

CC G
WS

Tuesday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:30 pm **MasterChef Australia** (Rpt)

CC G
WS

Wednesday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!



BRISBANE PROGRAM GUIDE

Wednesday 02nd April 2014

02:00 pm Frontiers Of Construction (Rpt)	G	<u>Against The Sea</u>
		Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
03:00 pm Super Rugby Extra Time (Rpt)	PG	
		Relive all the best bits of the weekend's Super Rugby on Extra Time.
04:00 pm Get Smart (Rpt)	PG	<u>Viva Smart</u>
		Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.
		Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm COPS (Rpt)	PG Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm Big Fish, Small Boats (Rpt)	G	
		Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm I Fish (Rpt)	G	<u>Summer Series</u>
		Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm M*A*S*H (Rpt)	PG	<u>As Time Goes By</u>
		At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.
		Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm 2014 Energy Australia Swimming Championships		LIVE NATIONWIDE
		<u>2014 Energy Australia Swimming Championships - Day 2</u>
		Day 2 of the 2014 Energy Australia Swimming Championships continues one ONE as the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.
08:05 pm COPS (Rpt)	PG Adult Themes	
		A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
08:30 pm Law & Order: SVU (Rpt)	CC M Strong Adult Themes	<u>The Third Guy</u>
		An elderly woman is found tied up and sexually assaulted in her apartment, and suspicion falls upon the young men that had broken into her home and robbed her.
		Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd
		Guest Starring: Denis O'Hare, J.K. Simmons, Eugene Byrd, Lance Reddick



BRISBANE PROGRAM GUIDE

Wednesday 02nd April 2014

09:30 pm Sons Of Anarchy

AV15+
Strong Violence,
Strong Adult
Themes

ALL NEW EPISODES

Small World

Jax brings a new proposal to the club with serious consequences.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Joel McHale

10:30 pm Vegas

M
Some Violence

NEW EPISODE

Past Lives

As Sheriff Lamb and Jack investigate the murder of a Savoy craps dealer, a desperate suspect in the case takes Mia hostage, demanding a ransom for his getaway.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm The Glades

M
Some Violence

NEW EPISODE

Old Ghosts

When Detective Samantha Harper, a woman from Jim's past, comes to Florida, Jim and her have to team up before a killer kills again.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

12:30 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:00 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.



BRISBANE PROGRAM GUIDE

Thursday 03rd April 2014

06:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:25 am 2014 Energy Australia Swimming Championships (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 2

Day 2 of the 2014 Energy Australia Swimming Championships continues one ONE as the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.

08:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

08:30 am 2014 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™ (Rpt)

REPLAY

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

11:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am MasterChef Australia (Rpt)

CC PG
WS Some Coarse
Language

Thursday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Friday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

02:00 pm Outback Wrangler (Rpt)

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.



BRISBANE PROGRAM GUIDE

Thursday 03rd April 2014

02:30 pm	Adventure Angler (Rpt)	G	Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.
03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Witness For The Persecution</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	PG Some Coarse Language	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Pilot</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	2014 Energy Australia Swimming Championships		<u>LIVE NATIONWIDE</u> <u>2014 Energy Australia Swimming Championships - Day 3</u> Day 3 of the 2014 Energy Australia Swimming Championships sees the best Australian swimmers hit the pool for last elite event ahead of the 2014 Commonwealth Games.



BRISBANE PROGRAM GUIDE

Thursday 03rd April 2014

08:00 pm Whose Line Is It Anyway?	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:30 pm Fast Forward (Rpt)	M	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
09:30 pm Ross Noble's Australian Trip (Rpt)	CC M WS Sexual References, Some Coarse Language	Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
10:30 pm The Sketch Show (Rpt)	PG Sexual References, Some Coarse Language	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
11:00 pm Blokesworld		
11:30 pm The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
12:30 am Hounds (Rpt)	MA15+ Some Coarse Language, Adult Themes	Will is a lawyer but his heart isn't in it and he is making mistakes at work. But, one day everything changes. His Dad dies, leaving him a greyhound racing dog, half a house & his estranged half-sister. Starring: Toby Sharpe, Mick Innes
01:00 am Wild Racers (Rpt)	G	The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.
01:30 am Ross Kemp: In Search Of Pirates (Rpt)	M Adult Themes	Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.
02:30 am Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady



BRISBANE PROGRAM GUIDE

Thursday 03rd April 2014

03:00 am **Whose Line Is It Anyway?** (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 am **The Sketch Show** (Rpt)

PG
Sexual References,
Some Coarse
Language

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

04:00 am **M*A*S*H** (Rpt)

PG

Pilot

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am **Sporting Greats** (Rpt)

G

Mark Cavendish

Mark Cavendish is widely considered to be the fastest man on two wheels in the world. He has won twenty-five Tour de France stages putting him third on the all-time list and fourth on the all-time list of Grand Tour stage winner.

05:30 am **Football's Greatest Managers** (Rpt)

G

Mario Zagallo

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



BRISBANE PROGRAM GUIDE

Friday 04th April 2014

06:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am 2014 Energy Australia Swimming Championships (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 3

Day 3 of the 2014 Energy Australia Swimming Championships sees the best Australian swimmers hit the pool for last elite event ahead of the 2014 Commonwealth Games.

08:00 am Dirty Weekend (Rpt)

G

Dirty Weekend

The inaugural running of what is the world's longest assault course, set in the magnificent grounds of Burghley Estate. In a festival setting, competitors take on a 20 mile route with 20 zones and over 200 obstacles to be tamed.

08:30 am Men's Health Survival Of The Fittest (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014. Men's Health Survival of the Fittest is Britain's biggest adventure running series.

09:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.

10:00 am NASCAR Sprint Cup Highlights

Race 6: Stp Gas Booster 500 @ Martinsville-Highlights

Catch all the highlights from Martinsville Speedway. The high octane NASCAR racing continues with the 6th race of the 2014 Sprint Cup Series.

11:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Sunday - Week 12

The MasterChef contestants must cook for the one and only Dalai Lama! His Holiness has only two requests – the food must be vegetarian and it must come from the heart.

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Monday - Week 12

Pastry chef, Katrina Kanetani, sets the Pressure Test. The bottom three contestants from the previous challenge must cook a fantastic Autumn Dessert platter in order to avoid elimination.



BRISBANE PROGRAM GUIDE

Friday 04th April 2014

01:30 pm **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Tuesday - Week 12

Can a current contestant out-cook a former MasterChef champion? We find out as Eamon Sullivan returns to stand between the winner of the Dalai Lama challenge and that elusive Immunity Pin.

02:00 pm **Sport Science** (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm **Get Smart** (Rpt)

PG

The Spy Who Met Himself

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm **COPS** (Rpt)

PG
Drug References,
Adult Themes

Amw Crossover Special Edition Atlanta

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

05:00 pm **Big Fish, Small Boats** (Rpt)

PG
Some Coarse
Language

SEASON FINALE

Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.

05:30 pm **I Fish** (Rpt)

G

Summer Series

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm **M*A*S*H** (Rpt)

PG

To Market. To Market

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



BRISBANE PROGRAM GUIDE

Friday 04th April 2014

06:30 pm 2014 Energy Australia Swimming Championships

LIVE NATIONWIDE

2014 Energy Australia Swimming Championships - Day 4

It's Day 4 of the 2014 Energy Australia Swimming Championships in Brisbane. Catch the best Australian swimmers in the last elite event ahead of the 2014 Commonwealth Games.

08:05 pm COPS (Rpt)

PG
Adult Themes

Coast To Coast

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

08:35 pm Megacities (Rpt)

PG

Taipei

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

09:05 pm Megacities (Rpt)

PG

New York City

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

09:35 pm Movie: X (2011)

AV15+
Strong Violence,
Sex Scenes,
Some Coarse
Language,
Drug Use,
Nudity

MOVIE PREMIERE

Holly is professional escort looking to get out of the business after one last night on her back. She teams up with new girl Shay, who is just starting on her very first evening as a sex toy for hire.

Starring: Viva Bianca, Hanna Mangan Lawrence, Peter Docker, Eamon Farren, Belinda McClory, Anthony Phelan

11:35 pm The League

MA15+
Sexual References

Our Dinner With Andre

Kevin is blackmailed by Ellie's boyfriend, Taco helps Ruxin with his fertility issues, and Pete re-connects with his high school crush Gina Gibiatti.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie

12:05 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:00 am Bellator MMA (Rpt)

M
Realistic Violence

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

03:00 am Fight Master MMA (Rpt)

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.



BRISBANE PROGRAM GUIDE

Friday 04th April 2014

04:00 am **M*A*S*H** (Rpt)

PG

To Market, To Market

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am **Sporting Greats** (Rpt)

G

Babe Ruth

Babe Ruth became one of the first five players to be elected into the National Baseball Hall of Fame and is credited with changing baseball itself. The popularity of the game exploded in the 1920s, largely due to his influence.

05:30 am **Football's Greatest Managers** (Rpt)

G

Rinus Michels

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



BRISBANE PROGRAM GUIDE

Saturday 05th April 2014

06:00 am 2014 Energy Australia Swimming Championships (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 4

It's Day 4 of the 2014 Energy Australia Swimming Championships in Brisbane. Catch the best Australian swimmers in the last elite event ahead of the 2014 Commonwealth Games.

07:35 am NASCAR Sprint Cup Qualifying

Race 6: Stp Gas Booster 500 @ Martinsville-Qualifying

Who will claim pole position in qualifying ahead of race 6 from the Martinsville Speedway?

09:00 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.

01:00 pm World Series Sprintcars

Warrnambool Classic

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) PG

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. Pat deals with mud, beaches and gorgeous lookouts abound in the NSW Nth Coast.

03:00 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Car Torque (Rpt) CC

Car Torque meets the people who are passionate about performance motoring be it on the road, on the track or in the garage. See the love they have for their cars & what really gets their motor running.

04:00 pm Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

04:30 pm Temporary Australians (Rpt) PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

05:00 pm Wild Racers G

The fifth round of The Adventure Racing World Series continues in Africa where the teams will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.



BRISBANE PROGRAM GUIDE

Saturday 05th April 2014

05:30 pm **Monster Jam**

SEASON PREMIERE

Monster Jam is the perfect sports and entertainment brandmixing racing, showmanship and the ultimate fan experience into one incredible, action packed show.

06:30 pm **2014 Energy Australia Swimming Championships**

LIVE NATIONWIDE

2014 Energy Australia Swimming Championships - Day 5

Day 5 of the 2014 Energy Australia Swimming Championships has the best Australian swimmers competing in the last elite event ahead of the 2014 Commonwealth Games.

08:30 pm **Law & Order: SVU (Rpt)**

CC M
Strong Adult Themes

Misleader

Benson and Stabler investigate the murder of the pregnant daughter-in-law of a prominent religious figure.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd

Guest Starring: Robert Foxworth

09:30 pm **Bellator MMA**

M
Realistic Violence

NEW EPISODE

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

11:30 pm **Lights Out**

SERIES FINAL

War

Fight night arrives. Does Lights still have what it takes? Will his 5 years away from the ring be too much, especially against an opponent like Reynolds?

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

12:30 am **2014 FORMULA 1® GULF AIR BAHRAIN GRAND PRIX™**

LIVE NATIONWIDE

2014 Formula 1 Gulf Air Bahrain Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Gulf Air Bahrain Grand Prix from the Bahrain International Circuit.

02:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



BRISBANE PROGRAM GUIDE

Saturday 05th April 2014

03:00 am **Ross Kemp: In Search Of Pirates**
(Rpt)

M
Adult Themes

Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.

04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.

05:00 am **NASCAR Sprint Cup Highlights**
(Rpt)

Race 6: Stp Gas Booster 500 @ Martinsville-Highlights

Catch all the highlights from Martinsville Speedway. The high octane NASCAR racing continues with the 6th race of the 2014 Sprint Cup Series.

Sunday 30th March 2014

06:00 am **Rugby Classic Matches** (Rpt)

Autumn International 2009: England V Australia

Relive the 2009 Autumn International between England and the Wallabies at Twickenham in London.

08:00 am **Sport Science** (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

09:00 am **Escape With ET** (Rpt)

CC

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

10:00 am **Horse Power** (Rpt)

CC G

Horse Power

Horse Power is the story of Scuderia Ferrari's build-up to the 2014 Formula One season.

11:00 am **Xtreme Storm** (Rpt)

PG

Xtreme Storm

With 32 man-made obstacles on a 14 mile course, Xtreme Storm is one of the best, worst and toughest obstacle endurance events that the UK has to offer.

11:30 am **Sporting Greats** (Rpt)

G

Mal Meninga

Mal Meninga was a legendary goal-kicking centre, counted amongst the finest footballers of the 20th century. He retired as the top point scorer in the history of the Australian national team and top point scorer for Queensland.

12:05 pm **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

12:30 pm **Outback Wrangler** (Rpt)

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.

01:00 pm **The Biggest Loser: Challenge Australia - Encore** (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Tensions over the new alliance dubbed the "Awesome Foursome" continues to cause friction in The Biggest Loser house. Some contestants are not happy with the advantage they seem to have in challenges.

02:00 pm **The Biggest Loser: Challenge Australia - Encore** (Rpt)

CC PG
Some Coarse
Language

SPECIAL ENCORE PRESENTATION

Hayley reminds all the contestants that it's the business end of the competition with a big surprise. Challenge Week begins and "The Fridge" makes an unwelcomed return putting everyone on edge.



ADELAIDE PROGRAM GUIDE

Sunday 30th March 2014

**03:00 pm The Biggest Loser: Challenge
Australia - Encore (Rpt)**

CC PG
Some Coarse
Language

SPECIAL ENCORE PRESENTATION

The contestants are about to be put through the toughest and most fearsome two days The Biggest Loser has ever thrown at them. Who will avoid elimination and who will come out on top?

04:00 pm Adventure Angler

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm What's Up Down Under (Rpt)

G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm Temporary Australians (Rpt)

PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

**06:00 pm 2014 FORMULA 1® PETRONAS
MALAYSIA GRAND PRIX™**

LIVE NATIONWIDE

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

08:30 pm COPS: Adults Only (Rpt)

M

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:00 pm COPS: Adults Only

MOVIE

**09:30 pm Movie: Days Of Thunder (Rpt)
(1990)**

CC M
Sexual References,
Some Coarse
Language

Cole Trickle enters the high-pressure world of Nascar racing. He's a hot driver with a hot temper and this attitude gets him into trouble not only with other drivers, but his own support team as well.

Starring: Tom Cruise, Nicole Kidman, Robert Duvall



ADELAIDE PROGRAM GUIDE

Sunday 30th March 2014

11:45 pm 48 Hours (Rpt)

M
Drug References,
Adult Themes

Preacher's Passion

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:45 am Fight Master MMA (Rpt)

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

01:45 am Ross Kemp: In Search Of Pirates (Rpt)

M
Adult Themes

Ross Kemp explores the impact of piracy in Nigeria, where more people are killed in raids than anywhere else in the world.

02:45 am Adventure Angler (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

03:15 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am NASCAR Sprint Cup

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.



ADELAIDE PROGRAM GUIDE

Monday 31st March 2014

06:00 am NASCAR Sprint Cup

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:25 am Sporting Greats (Rpt)

G

Lester Piggott

Lester Piggott had 4,493 career wins, including nine Epsom Derby victories and is one of the most well-known English flat racing jockeys of all time.

09:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

09:30 am Wild Racers (Rpt)

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.

10:00 am Outback Wrangler (Rpt)

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.

10:30 am Temporary Australians (Rpt)

PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

11:00 am Adventure Angler (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Thursday - Week 10

Every good chef must master the basics, and the Elimination Challenge will surprise our contestants. Rice paper rolls and apple pie should be a piece of cake, right? Think again!

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Friday - Week 10

Series 1 and 2 favourites, Alvin, Andre and Jimmy join Gary and George in the kitchen for another stellar MasterClass.



ADELAIDE PROGRAM GUIDE

Monday 31st March 2014

02:00 pm Psych

M

SEASON FINALE

Psych: The Musical Part 2

A deranged playwright who kills critics escapes from lockup, and Shawn and Gus must find him before he murders again. The case, however, takes a musical turn.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Alby Mangels Adventure Bound (Rpt)

PG

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

05:00 pm Big Fish, Small Boats (Rpt)

PG

Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.

05:30 pm I Fish (Rpt)

G

Summer Series

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm M*A*S*H (Rpt)

PG

Say No More

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt)

PG

Man Called Smart (3), A

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



ADELAIDE PROGRAM GUIDE

Monday 31st March 2014

07:00 pm COPS (Rpt)

PG

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Generation Astronaut

Generation Astronaut

23 of the bravest and the best from the Axe Apollo Space Academy compete for their chance to live the dreams of a generation and become astronauts.

08:30 pm Movie: Star Trek: First Contact (Rpt) (1996)

PG
Some Violence,
Some Coarse
Language

MOVIE

A group that call themselves the Borg are headed to Earth with a devious plan to alter history. Picard's last encounter with the Borg almost killed him. Now he wants vengeance. But how far will he go?

Starring: Patrick Stewart, Jonathan Frakes, LeVar Burton, Brent Spiner, James Cromwell, Alfie Woodard, Alice Krige, Michael Dorn, Gates McFadden, Marina Sirtis

10:50 pm 2014 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™ (Rpt)

REPLAY

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

01:20 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

02:20 am Blokesworld (Rpt)

02:50 am The Sketch Show (Rpt)

PG
Sexual References,
Some Coarse
Language

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

03:20 am Fight Master MMA (Rpt)

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

04:20 am M*A*S*H (Rpt)

PG

Say No More

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



ADELAIDE PROGRAM GUIDE

Monday 31st March 2014

04:50 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.



ADELAIDE PROGRAM GUIDE

Tuesday 01st April 2014

06:00 am **NASCAR Sprint Cup Highlights**
(Rpt)

Race 5: Auto Club 400 @ Fontana-Highlights

Catch all the motorsport highlights from the Auto Club Speedway. The high octane NASCAR racing continues with the 5th race of the 2014 Sprint Cup Series.

07:00 am **Basketball: NBL Championship**
2013/14

09:00 am **Basketball: NBL Championship**
2013/14

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:15 am **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Sunday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:45 pm **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Monday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

02:00 pm **Megacities** (Rpt)

G

Paris

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



ADELAIDE PROGRAM GUIDE

Tuesday 01st April 2014

04:00 pm Get Smart (Rpt)	PG	<p><u>Man Called Smart (3), A</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
04:30 pm Fishing Edge (Rpt)	G	<p>Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.</p>
05:00 pm Big Fish, Small Boats (Rpt)	PG	<p>Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.</p>
05:30 pm I Fish (Rpt)	G	<p><u>Summer Series</u></p> <p>Paul Worsteling brings you great tips and products that will help you lure the big fish.</p>
06:00 pm M*A*S*H (Rpt)	PG	<p><u>Give And Take</u></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>
06:30 pm Get Smart (Rpt)	PG	<p><u>Viva Smart</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
07:00 pm 2014 Energy Australia Swimming Championships		<p>LIVE NATIONWIDE</p> <p><u>2014 Energy Australia Swimming Championships - Day 1</u></p> <p>Exclusive to ONE is the 2014 Energy Australia Swimming Championships. See the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.</p>
08:35 pm COPS: Adults Only (Rpt)	M Some Violence	<p>A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
09:05 pm COPS: Adults Only (Rpt)	M	<p>A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>



ADELAIDE PROGRAM GUIDE

Tuesday 01st April 2014

09:35 pm Ross Kemp: In Search Of Pirates (Rpt)	M Adult Themes	Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.
10:30 pm Super Rugby Extra Time	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
11:30 pm Sleeper Cell (Rpt)	M Some Violence, Some Coarse Language	<p>SEASON FINALE <u>Youmud Din</u></p> <p>Judgement Day has arrived and Fariq isn't yet out of surprises, and a surprise diversion proves effective in allowing the cell to escape their surveillance.</p> <p>Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti</p>
12:35 am The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
01:35 am Bellator MMA (Rpt)	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
03:35 am Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:00 am Basketball: NBL Championship 2013/14		



ADELAIDE PROGRAM GUIDE

Wednesday 02nd April 2014

06:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:25 am 2014 Energy Australia Swimming Championships (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 1

Exclusive to ONE is the 2014 Energy Australia Swimming Championships. See the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.

08:00 am World Series Sprintcars (Rpt)

Warrnambool Classic

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

09:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:30 am Sport Science (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

10:30 am Wild Racers (Rpt)

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.

11:00 am Tour The World (Rpt)

CC G

Splendours Of Europe River Cruise

We join a deluxe river cruise down one of Europe's most picturesque waterways – the Danube River. Then we visit stunning Melk Abbey, fabulous Vienna and another of Europe's finest old-world cities - Budapest.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Tuesday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Wednesday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!



ADELAIDE PROGRAM GUIDE

Wednesday 02nd April 2014

02:00 pm	Frontiers Of Construction (Rpt)	G	<u>Against The Sea</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
03:00 pm	Super Rugby Extra Time (Rpt)	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
04:00 pm	Get Smart (Rpt)	PG	<u>Viva Smart</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	PG Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	G	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>As Time Goes By</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>Witness For The Persecution</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	2014 Energy Australia Swimming Championships		LIVE NATIONWIDE <u>2014 Energy Australia Swimming Championships - Day 2</u> Day 2 of the 2014 Energy Australia Swimming Championships continues one ONE as the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.



ADELAIDE PROGRAM GUIDE

Wednesday 02nd April 2014

08:35 pm **Law & Order: SVU** (Rpt)

CC M
Strong Adult
Themes

The Third Guy

An elderly woman is found tied up and sexually assaulted in her apartment, and suspicion falls upon the young men that had broken into her home and robbed her.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd

Guest Starring: Denis O'Hare, J.K. Simmons, Eugene Byrd, Lance Reddick

09:30 pm **Sons Of Anarchy**

AV15+
Strong Violence,
Strong Adult
Themes

ALL NEW EPISODES

Small World

Jax brings a new proposal to the club with serious consequences.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Joel McHale

10:30 pm **Vegas**

M
Some Violence

NEW EPISODE

Past Lives

As Sheriff Lamb and Jack investigate the murder of a Savoy craps dealer, a desperate suspect in the case takes Mia hostage, demanding a ransom for his getaway.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm **The Glades**

M
Some Violence

NEW EPISODE

Old Ghosts

When Detective Samantha Harper, a woman from Jim's past, comes to Florida, Jim and her have to team up before a killer kills again.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

12:30 am **The Project Encore** (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:00 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.



ADELAIDE PROGRAM GUIDE

Thursday 03rd April 2014

06:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:25 am **2014 Energy Australia Swimming Championships** (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 2

Day 2 of the 2014 Energy Australia Swimming Championships continues one ONE as the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.

08:00 am **Golf Getaway** (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

08:30 am **2014 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™** (Rpt)

REPLAY

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Thursday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:30 pm **MasterChef Australia** (Rpt)

CC G
WS

Friday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

02:00 pm **Outback Wrangler** (Rpt)

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.



ADELAIDE PROGRAM GUIDE

Thursday 03rd April 2014

02:30 pm	Adventure Angler (Rpt)	G	Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.
03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Witness For The Persecution</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS (Rpt)	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats (Rpt)	PG Some Coarse Language	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Pilot</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Spy Who Met Himself</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



ADELAIDE PROGRAM GUIDE

Thursday 03rd April 2014

07:00 pm 2014 Energy Australia Swimming Championships

LIVE NATIONWIDE

2014 Energy Australia Swimming Championships - Day 3

Day 3 of the 2014 Energy Australia Swimming Championships sees the best Australian swimmers hit the pool for last elite event ahead of the 2014 Commonwealth Games.

08:30 pm Fast Forward (Rpt)

M

Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.

09:30 pm Ross Noble's Australian Trip (Rpt)

CC M

WS Sexual References,
Some Coarse
Language

Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.

10:30 pm The Sketch Show (Rpt)

PG

Sexual References,
Some Coarse
Language

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

11:00 pm Blokesworld

11:30 pm The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

12:30 am Hounds (Rpt)

MA15+

Some Coarse
Language,
Adult Themes

Will is a lawyer but his heart isn't in it and he is making mistakes at work. But, one day everything changes. His Dad dies, leaving him a greyhound racing dog, half a house & his estranged half-sister.

Starring: Toby Sharpe, Mick Innes

01:00 am Wild Racers (Rpt)

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.

01:30 am Ross Kemp: In Search Of Pirates (Rpt)

M

Adult Themes

Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.

02:30 am Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



ADELAIDE PROGRAM GUIDE

Thursday 03rd April 2014

03:00 am	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 am	The Sketch Show (Rpt)	PG Sexual References, Some Coarse Language	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
04:00 am	M*A*S*H (Rpt)	PG	<u>Pilot</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	G	<u>Mark Cavendish</u> Mark Cavendish is widely considered to be the fastest man on two wheels in the world. He has won twenty-five Tour de France stages putting him third on the all-time list and fourth on the all-time list of Grand Tour stage winner.
05:30 am	Football's Greatest Managers (Rpt)	G	<u>Mario Zagallo</u> Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



ADELAIDE PROGRAM GUIDE

Friday 04th April 2014

06:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am 2014 Energy Australia Swimming Championships (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 3

Day 3 of the 2014 Energy Australia Swimming Championships sees the best Australian swimmers hit the pool for last elite event ahead of the 2014 Commonwealth Games.

08:00 am Dirty Weekend (Rpt)

G

Dirty Weekend

The inaugural running of what is the world's longest assault course, set in the magnificent grounds of Burghley Estate. In a festival setting, competitors take on a 20 mile route with 20 zones and over 200 obstacles to be tamed.

08:30 am Men's Health Survival Of The Fittest (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014. Men's Health Survival of the Fittest is Britain's biggest adventure running series.

09:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.

10:00 am NASCAR Sprint Cup Highlights

Race 6: Stp Gas Booster 500 @ Martinsville-Highlights

Catch all the highlights from Martinsville Speedway. The high octane NASCAR racing continues with the 6th race of the 2014 Sprint Cup Series.

11:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Sunday - Week 12

The MasterChef contestants must cook for the one and only Dalai Lama! His Holiness has only two requests – the food must be vegetarian and it must come from the heart.

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Monday - Week 12

Pastry chef, Katrina Kanetani, sets the Pressure Test. The bottom three contestants from the previous challenge must cook a fantastic Autumn Dessert platter in order to avoid elimination.

Friday 04th April 2014

01:30 pm MasterChef Australia (Rpt)	CC PG WS Some Coarse Language	<p><u>Tuesday - Week 12</u></p> <p>Can a current contestant out-cook a former MasterChef champion? We find out as Eamon Sullivan returns to stand between the winner of the Dalai Lama challenge and that elusive Immunity Pin.</p>
02:00 pm Sport Science (Rpt)	PG Stylised Violence, Some Coarse Language	<p><u>Hardest Hits</u></p> <p>The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.</p>
03:00 pm Whose Line Is It Anyway?	PG Sexual References	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
03:30 pm Whose Line Is It Anyway? (Rpt)	PG	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
04:00 pm Get Smart (Rpt)	PG	<p><u>The Spy Who Met Himself</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
04:30 pm COPS (Rpt)	PG Drug References, Adult Themes	<p><u>Amw Crossover Special Edition Atlanta</u></p> <p>This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
05:00 pm Big Fish, Small Boats (Rpt)	PG Some Coarse Language	<p>SEASON FINALE</p> <p>Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.</p>
05:30 pm I Fish (Rpt)	G	<p><u>Summer Series</u></p> <p>Paul Worsteling brings you great tips and products that will help you lure the big fish.</p>
06:00 pm M*A*S*H (Rpt)	PG	<p><u>To Market. To Market</u></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>



ADELAIDE PROGRAM GUIDE

Friday 04th April 2014

06:30 pm **Get Smart** (Rpt)

PG

The Spirit Is Willing

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm **2014 Energy Australia Swimming Championships**

LIVE NATIONWIDE

2014 Energy Australia Swimming Championships - Day 4

It's Day 4 of the 2014 Energy Australia Swimming Championships in Brisbane. Catch the best Australian swimmers in the last elite event ahead of the 2014 Commonwealth Games.

08:35 pm **Megacities** (Rpt)

PG

Taipei

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

09:05 pm **Megacities** (Rpt)

PG

New York City

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

09:35 pm **Movie: X** (2011)

AV15+
Strong Violence,
Sex Scenes,
Some Coarse
Language,
Drug Use,
Nudity

MOVIE PREMIERE

Holly is professional escort looking to get out of the business after one last night on her back. She teams up with new girl Shay, who is just starting on her very first evening as a sex toy for hire.

Starring: Viva Bianca, Hanna Mangan Lawrence, Peter Docker, Eamon Farren, Belinda McClory, Anthony Phelan

11:35 pm **The League**

MA15+
Sexual References

Our Dinner With Andre

Kevin is blackmailed by Ellie's boyfriend, Taco helps Ruxin with his fertility issues, and Pete re-connects with his high school crush Gina Gibiatti.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie

12:05 am **The Project Encore** (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:00 am **Bellator MMA** (Rpt)

M
Realistic Violence

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.



ADELAIDE PROGRAM GUIDE

Friday 04th April 2014

03:00 am	Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.
04:00 am	M*A*S*H (Rpt)	PG	<u>To Market, To Market</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	G	<u>Babe Ruth</u> Babe Ruth became one of the first five players to be elected into the National Baseball Hall of Fame and is credited with changing baseball itself. The popularity of the game exploded in the 1920s, largely due to his influence.
05:30 am	Football's Greatest Managers (Rpt)	G	<u>Rinus Michels</u> Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.

**one**

ADELAIDE PROGRAM GUIDE

Saturday 05th April 2014

06:00 am 2014 Energy Australia Swimming Championships (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 4

It's Day 4 of the 2014 Energy Australia Swimming Championships in Brisbane. Catch the best Australian swimmers in the last elite event ahead of the 2014 Commonwealth Games.

07:35 am NASCAR Sprint Cup Qualifying

Race 6: Stp Gas Booster 500 @ Martinsville-Qualifying

Who will claim pole position in qualifying ahead of race 6 from the Martinsville Speedway?

09:00 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.

01:00 pm World Series Sprintcars

Warrnambool Classic

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) PG

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. Pat deals with mud, beaches and gorgeous lookouts abound in the NSW Nth Coast.

03:00 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Car Torque (Rpt) CC

Car Torque meets the people who are passionate about performance motoring be it on the road, on the track or in the garage. See the love they have for their cars & what really gets their motor running.

04:00 pm Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

04:30 pm Temporary Australians (Rpt) PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

05:00 pm Wild Racers G

The fifth round of The Adventure Racing World Series continues in Africa where the teams will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.



one

ADELAIDE PROGRAM GUIDE

Saturday 05th April 2014

05:30 pm **Megacities** (Rpt)

PG

New York City

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

06:00 pm **Monster Jam**

SEASON PREMIERE

Monster Jam is the perfect sports and entertainment brandmixing racing, showmanship and the ultimate fan experience into one incredible, action packed show.

07:00 pm **2014 Energy Australia Swimming Championships**

LIVE NATIONWIDE

2014 Energy Australia Swimming Championships - Day 5

Day 5 of the 2014 Energy Australia Swimming Championships has the best Australian swimmers competing in the last elite event ahead of the 2014 Commonwealth Games.

09:00 pm **COPS: Adults Only** (Rpt)

M
Drug References

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:30 pm **Bellator MMA**

M
Realistic Violence

NEW EPISODE

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

11:30 pm **Lights Out**

SERIES FINAL

War

Fight night arrives. Does Lights still have what it takes? Will his 5 years away from the ring be too much, especially against an opponent like Reynolds?

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

12:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:00 am **2014 FORMULA 1® GULF AIR
BAHRAIN GRAND PRIX™**

LIVE NATIONWIDE

2014 Formula 1 Gulf Air Bahrain Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Gulf Air Bahrain Grand Prix from the Bahrain International Circuit.



ADELAIDE PROGRAM GUIDE

Saturday 05th April 2014

02:00 am **Blokesworld** (Rpt)

02:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am **Ross Kemp: In Search Of Pirates**
(Rpt)

M
Adult Themes

Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.

04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.

05:00 am **NASCAR Sprint Cup Highlights**
(Rpt)

Race 6: Stp Gas Booster 500 @ Martinsville-Highlights

Catch all the highlights from Martinsville Speedway. The high octane NASCAR racing continues with the 6th race of the 2014 Sprint Cup Series.



PERTH PROGRAM GUIDE

Sunday 30th March 2014

06:00 am Rugby Classic Matches (Rpt)

Autumn International 2009: England V Australia

Relive the 2009 Autumn International between England and the Wallabies at Twickenham in London.

08:00 am Sport Science (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

09:00 am Escape With ET (Rpt)

CC

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

10:00 am Horse Power (Rpt)

CC G

Horse Power

Horse Power is the story of Scuderia Ferrari's build-up to the 2014 Formula One season.

11:00 am The Biggest Loser: Challenge Australia - Encore (Rpt)

CC PG

SPECIAL ENCORE PRESENTATION

Tensions over the new alliance dubbed the "Awesome Foursome" continues to cause friction in The Biggest Loser house. Some contestants are not happy with the advantage they seem to have in challenges.

12:00 pm The Biggest Loser: Challenge Australia - Encore (Rpt)

CC PG
Some Coarse
Language

SPECIAL ENCORE PRESENTATION

Hayley reminds all the contestants that it's the business end of the competition with a big surprise. Challenge Week begins and "The Fridge" makes an unwelcomed return putting everyone on edge.

01:00 pm The Biggest Loser: Challenge Australia - Encore (Rpt)

CC PG
Some Coarse
Language

SPECIAL ENCORE PRESENTATION

The contestants are about to be put through the toughest and most fearsome two days The Biggest Loser has ever thrown at them. Who will avoid elimination and who will come out on top?

02:00 pm Adventure Angler

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

02:30 pm Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.



PERTH PROGRAM GUIDE

Sunday 30th March 2014

03:00 pm **What's Up Down Under** (Rpt) G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

03:30 pm **2014 FORMULA 1@ PETRONAS MALAYSIA GRAND PRIX™**

LIVE NATIONWIDE

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

06:00 pm **M*A*S*H** (Rpt) PG

Strange Bedfellows

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **Frontiers Of Construction** (Rpt) G

Against The Sea

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

07:30 pm **COPS** (Rpt) PG
Drug References,
Adult Themes

Bad Girls #11 Special Edition

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

08:00 pm **Extreme Fishing With Robson Green** (Rpt) PG
Mild Coarse
Language,
Nudity

Robson Green's passion for fishing means he's already fished the entire map. But this time, he's going further, as he takes it off the map and casts his line at the Ends of the Earth.

09:00 pm **COPS: Adults Only**

MOVIE

09:30 pm **Movie: Days Of Thunder** (Rpt) (1990) CC M
Sexual References,
Some Coarse
Language

Cole Trickle enters the high-pressure world of Nascar racing. He's a hot driver with a hot temper and this attitude gets him into trouble not only with other drivers, but his own support team as well.

Starring: Tom Cruise, Nicole Kidman, Robert Duvall

11:45 pm **48 Hours** (Rpt) M
Drug References,
Adult Themes

Preacher's Passion

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.



PERTH PROGRAM GUIDE

Sunday 30th March 2014

12:45 am Fight Master MMA (Rpt)

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

01:45 am Ross Kemp: In Search Of Pirates (Rpt)

M
Adult Themes

Ross Kemp explores the impact of piracy in Nigeria, where more people are killed in raids than anywhere else in the world.

02:45 am Adventure Angler (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

03:15 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am NASCAR Sprint Cup

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.



PERTH PROGRAM GUIDE

Monday 31st March 2014

06:00 am NASCAR Sprint Cup

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:25 am Sporting Greats (Rpt)

G

Lester Piggott

Lester Piggott had 4,493 career wins, including nine Epsom Derby victories and is one of the most well-known English flat racing jockeys of all time.

09:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

09:30 am Wild Racers (Rpt)

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.

10:00 am Outback Wrangler (Rpt)

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.

10:30 am Temporary Australians (Rpt)

PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

11:00 am Adventure Angler (Rpt)

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Thursday - Week 10

Every good chef must master the basics, and the Elimination Challenge will surprise our contestants. Rice paper rolls and apple pie should be a piece of cake, right? Think again!

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Friday - Week 10

Series 1 and 2 favourites, Alvin, Andre and Jimmy join Gary and George in the kitchen for another stellar MasterClass.



PERTH PROGRAM GUIDE

Monday 31st March 2014

02:00 pm Psych

M

SEASON FINALE

Psych: The Musical Part 2

A deranged playwright who kills critics escapes from lockup, and Shawn and Gus must find him before he murders again. The case, however, takes a musical turn.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway?

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Alby Mangels Adventure Bound (Rpt)

PG

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

05:00 pm Big Fish, Small Boats (Rpt)

PG

Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.

05:30 pm I Fish (Rpt)

G

Summer Series

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm M*A*S*H (Rpt)

PG

Say No More

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt)

PG

Man Called Smart (3), A

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



PERTH PROGRAM GUIDE

Monday 31st March 2014

07:00 pm COPS (Rpt) PG

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Generation Astronaut

Generation Astronaut

23 of the bravest and the best from the Axe Apollo Space Academy compete for their chance to live the dreams of a generation and become astronauts.

08:30 pm **Movie: Star Trek: First Contact** (Rpt) (1996) PG
Some Violence,
Some Coarse
Language

MOVIE

A group that call themselves the Borg are headed to Earth with a devious plan to alter history. Picard's last encounter with the Borg almost killed him. Now he wants vengeance. But how far will he go?

Starring: Patrick Stewart, Jonathan Frakes, LeVar Burton, Brent Spiner, James Cromwell, Alfre Woodard, Alice Krige, Michael Dorn, Gates McFadden, Marina Sirtis

10:50 pm 2014 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™ (Rpt)

REPLAY

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

01:20 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

02:20 am Blokesworld (Rpt)

02:50 am The Sketch Show (Rpt) PG
Sexual References,
Some Coarse
Language

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

03:20 am Fight Master MMA (Rpt) M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

04:20 am M*A*S*H (Rpt) PG

Say No More

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



PERTH PROGRAM GUIDE

Monday 31st March 2014

04:50 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.



PERTH PROGRAM GUIDE

Tuesday 01st April 2014

06:00 am **NASCAR Sprint Cup Highlights**
(Rpt)

Race 5: Auto Club 400 @ Fontana-Highlights

Catch all the motorsport highlights from the Auto Club Speedway. The high octane NASCAR racing continues with the 5th race of the 2014 Sprint Cup Series.

07:00 am **Basketball: NBL Championship**
2013/14

09:00 am **Basketball: NBL Championship**
2013/14

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:15 am **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Sunday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:45 pm **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Monday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

02:00 pm **Megacities** (Rpt)

G

Paris

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

03:00 pm **Whose Line Is It Anyway?**

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



PERTH PROGRAM GUIDE

Tuesday 01st April 2014

04:00 pm	Get Smart (Rpt)	PG	<u>Man Called Smart (3), A</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	2014 Energy Australia Swimming Championships		<u>LIVE NATIONWIDE</u> <u>2014 Energy Australia Swimming Championships - Day 1</u> Exclusive to ONE is the 2014 Energy Australia Swimming Championships. See the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.
06:05 pm	M*A*S*H (Rpt)	PG	<u>Give And Take</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:35 pm	Get Smart (Rpt)	PG	<u>Viva Smart</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:05 pm	COPS (Rpt)	PG Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:35 pm	Python Hunters (Rpt)	PG	<u>Snake Infested Island</u> Greg, Michael and Shawn are in Guam, where a number of invasive reptiles are devastating the native creatures. Along with biologist James Stanford, the hunters go after brown tree snakes. Starring: Shawn Heflick, Greg Graziani, Michael Cole
08:35 pm	COPS: Adults Only (Rpt)	M Some Violence	<u>Back To Broward County</u> The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:05 pm	COPS: Adults Only	M	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:35 pm	Ross Kemp: In Search Of Pirates (Rpt)	M Adult Themes	Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.



PERTH PROGRAM GUIDE

Tuesday 01st April 2014

10:30 pm Super Rugby Extra Time

PG

Relive all the best bits of the weekend's Super Rugby on Extra Time.

11:30 pm Sleeper Cell (Rpt)

M
Some Violence,
Some Coarse
Language

SEASON FINALE

Youmud Din

Judgement Day has arrived and Fariq isn't yet out of surprises, and a surprise diversion proves effective in allowing the cell to escape their surveillance.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti

12:35 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:35 am Bellator MMA (Rpt)

M
Realistic Violence

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

03:35 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am Basketball: NBL Championship
2013/14



PERTH PROGRAM GUIDE

Wednesday 02nd April 2014

06:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:25 am **2014 Energy Australia Swimming Championships** (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 1

Exclusive to ONE is the 2014 Energy Australia Swimming Championships. See the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.

08:00 am **World Series Sprintcars** (Rpt)

Warrnambool Classic

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

09:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:30 am **Sport Science** (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

10:30 am **Wild Racers** (Rpt)

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.

11:00 am **Tour The World** (Rpt)

CC G

Splendours Of Europe River Cruise

We join a deluxe river cruise down one of Europe's most picturesque waterways – the Danube River. Then we visit stunning Melk Abbey, fabulous Vienna and another of Europe's finest old-world cities - Budapest.

11:30 am **MasterChef Australia** (Rpt)

CC G
WS

Tuesday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:30 pm **MasterChef Australia** (Rpt)

CC G
WS

Wednesday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!



PERTH PROGRAM GUIDE

Wednesday 02nd April 2014

02:00 pm	Alby Mangels Adventure Bound (Rpt)	PG Adult Themes	Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.
03:00 pm	Super Rugby Extra Time (Rpt)	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
04:00 pm	Get Smart (Rpt)	PG	<u>Viva Smart</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	2014 Energy Australia Swimming Championships		LIVE NATIONWIDE <u>2014 Energy Australia Swimming Championships - Day 2</u> Day 2 of the 2014 Energy Australia Swimming Championships continues on ONE as the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.
06:05 pm	I Fish (Rpt)	G	<u>Summer Series</u> Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:30 pm	M*A*S*H (Rpt)	PG	<u>As Time Goes By</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm	Get Smart (Rpt)	PG	<u>Witness For The Persecution</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:30 pm	COPS (Rpt)	PG Some Coarse Language, Drug References	<u>Coast To Coast</u> This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
08:00 pm	COPS (Rpt)	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.



PERTH PROGRAM GUIDE

Wednesday 02nd April 2014

08:30 pm **Law & Order: SVU** (Rpt)

CC M
Strong Adult
Themes

The Third Guy

An elderly woman is found tied up and sexually assaulted in her apartment, and suspicion falls upon the young men that had broken into her home and robbed her.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd

Guest Starring: Denis O'Hare, J.K. Simmons, Eugene Byrd, Lance Reddick

09:30 pm **Sons Of Anarchy**

AV15+
Strong Violence,
Strong Adult
Themes

ALL NEW EPISODES

Small World

Jax brings a new proposal to the club with serious consequences.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Joel McHale

10:30 pm **Vegas**

M
Some Violence

NEW EPISODE

Past Lives

As Sheriff Lamb and Jack investigate the murder of a Savoy craps dealer, a desperate suspect in the case takes Mia hostage, demanding a ransom for his getaway.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm **The Glades**

M
Some Violence

NEW EPISODE

Old Ghosts

When Detective Samantha Harper, a woman from Jim's past, comes to Florida, Jim and her have to team up before a killer kills again.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

12:30 am **The Project Encore** (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:00 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.



PERTH PROGRAM GUIDE

Thursday 03rd April 2014

06:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:25 am **2014 Energy Australia Swimming Championships** (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 2

Day 2 of the 2014 Energy Australia Swimming Championships continues one ONE as the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.

08:00 am **Golf Getaway** (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

08:30 am **2014 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™** (Rpt)

REPLAY

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

11:00 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am **MasterChef Australia** (Rpt)

CC PG
WS Some Coarse
Language

Thursday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:30 pm **MasterChef Australia** (Rpt)

CC G
WS

Friday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

02:00 pm **Outback Wrangler** (Rpt)

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.



PERTH PROGRAM GUIDE

Thursday 03rd April 2014

02:30 pm	Adventure Angler (Rpt)	G	Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.
03:00 pm	Whose Line Is It Anyway?	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Witness For The Persecution</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	2014 Energy Australia Swimming Championships		<u>LIVE NATIONWIDE</u> <u>2014 Energy Australia Swimming Championships - Day 3</u> Day 3 of the 2014 Energy Australia Swimming Championships sees the best Australian swimmers hit the pool for last elite event ahead of the 2014 Commonwealth Games.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Pilot</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	<u>The Spy Who Met Himself</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



PERTH PROGRAM GUIDE

Thursday 03rd April 2014

07:00 pm	COPS (Rpt)	PG Drug References, Adult Themes	<u>Amw Crossover Special Edition Atlanta</u> This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:00 pm	Whose Line Is It Anyway?	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
08:30 pm	Fast Forward (Rpt)	M	Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
09:30 pm	Ross Noble's Australian Trip (Rpt)	CC M WS Sexual References, Some Coarse Language	Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
10:30 pm	The Sketch Show (Rpt)	PG Sexual References, Some Coarse Language	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
11:00 pm	Blokesworld		
11:30 pm	The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
12:30 am	Hounds (Rpt)	MA15+ Some Coarse Language, Adult Themes	Will is a lawyer but his heart isn't in it and he is making mistakes at work. But, one day everything changes. His Dad dies, leaving him a greyhound racing dog, half a house & his estranged half-sister. Starring: Toby Sharpe, Mick Innes



PERTH PROGRAM GUIDE

Thursday 03rd April 2014

01:00 am	Wild Racers (Rpt)	G	The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.
01:30 am	Ross Kemp: In Search Of Pirates (Rpt)	M Adult Themes	Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.
02:30 am	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:00 am	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 am	The Sketch Show (Rpt)	PG Sexual References, Some Coarse Language	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
04:00 am	M*A*S*H (Rpt)	PG	<u>Pilot</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	G	<u>Mark Cavendish</u> Mark Cavendish is widely considered to be the fastest man on two wheels in the world. He has won twenty-five Tour de France stages putting him third on the all-time list and fourth on the all-time list of Grand Tour stage winner.



PERTH PROGRAM GUIDE

Thursday 03rd April 2014

05:30 am **Football's Greatest Managers** (Rpt) G

Mario Zagallo

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



PERTH PROGRAM GUIDE

Friday 04th April 2014

06:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am 2014 Energy Australia Swimming Championships (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 3

Day 3 of the 2014 Energy Australia Swimming Championships sees the best Australian swimmers hit the pool for last elite event ahead of the 2014 Commonwealth Games.

08:00 am Dirty Weekend (Rpt)

G

Dirty Weekend

The inaugural running of what is the world's longest assault course, set in the magnificent grounds of Burghley Estate. In a festival setting, competitors take on a 20 mile route with 20 zones and over 200 obstacles to be tamed.

08:30 am Men's Health Survival Of The Fittest (Rpt)

G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014. Men's Health Survival of the Fittest is Britain's biggest adventure running series.

09:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.

10:00 am NASCAR Sprint Cup Highlights

Race 6: Stp Gas Booster 500 @ Martinsville-Highlights

Catch all the highlights from Martinsville Speedway. The high octane NASCAR racing continues with the 6th race of the 2014 Sprint Cup Series.

11:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am MasterChef Australia (Rpt)

CC G
WS

Sunday - Week 12

The MasterChef contestants must cook for the one and only Dalai Lama! His Holiness has only two requests – the food must be vegetarian and it must come from the heart.

12:30 pm MasterChef Australia (Rpt)

CC G
WS

Monday - Week 12

Pastry chef, Katrina Kanetani, sets the Pressure Test. The bottom three contestants from the previous challenge must cook a fantastic Autumn Dessert platter in order to avoid elimination.

Friday 04th April 2014

01:30 pm MasterChef Australia (Rpt)	CC PG WS Some Coarse Language	<p><u>Tuesday - Week 12</u></p> <p>Can a current contestant out-cook a former MasterChef champion? We find out as Eamon Sullivan returns to stand between the winner of the Dalai Lama challenge and that elusive Immunity Pin.</p>
02:00 pm Sport Science (Rpt)	PG Stylised Violence, Some Coarse Language	<p><u>Hardest Hits</u></p> <p>The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.</p>
03:00 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
03:30 pm Whose Line Is It Anyway? (Rpt)	PG	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
04:00 pm Get Smart (Rpt)	PG	<p><u>The Spy Who Met Himself</u></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
04:30 pm 2014 Energy Australia Swimming Championships		<p><u>LIVE NATIONWIDE</u></p> <p><u>2014 Energy Australia Swimming Championships - Day 4</u></p> <p>It's Day 4 of the 2014 Energy Australia Swimming Championships in Brisbane. Catch the best Australian swimmers in the last elite event ahead of the 2014 Commonwealth Games.</p>
06:05 pm M*A*S*H (Rpt)	PG	<p><u>To Market, To Market</u></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>



PERTH PROGRAM GUIDE

Friday 04th April 2014

06:35 pm	Get Smart (Rpt)	PG	<u>The Spirit Is Willing</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:05 pm	COPS (Rpt)	PG Adult Themes	<u>Coast To Coast</u> A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:35 pm	Frontiers Of Construction (Rpt)	G	<u>Cities At Sea</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
08:35 pm	Megacities (Rpt)	PG	<u>Taipei</u> Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:05 pm	Megacities (Rpt)	PG	<u>New York City</u> Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.
09:35 pm	Movie: X (2011)	AV15+ Strong Violence, Sex Scenes, Some Coarse Language, Drug Use, Nudity	MOVIE PREMIERE Holly is professional escort looking to get out of the business after one last night on her back. She teams up with new girl Shay, who is just starting on her very first evening as a sex toy for hire. Starring: Viva Bianca, Hanna Mangan Lawrence, Peter Docker, Eamon Farren, Belinda McClory, Anthony Phelan
11:35 pm	The League	MA15+ Sexual References	<u>Our Dinner With Andre</u> Kevin is blackmailed by Ellie's boyfriend, Taco helps Ruxin with his fertility issues, and Pete re-connects with his high school crush Gina Gibiatti. Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie
12:05 am	The Project Encore (Rpt)	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.



PERTH PROGRAM GUIDE

Friday 04th April 2014

01:00 am	Bellator MMA (Rpt)	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
03:00 am	Fight Master MMA (Rpt)	M Realistic Violence	MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.
04:00 am	M*A*S*H (Rpt)	PG	<u>To Market, To Market</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats (Rpt)	G	<u>Babe Ruth</u> Babe Ruth became one of the first five players to be elected into the National Baseball Hall of Fame and is credited with changing baseball itself. The popularity of the game exploded in the 1920s, largely due to his influence.
05:30 am	Football's Greatest Managers (Rpt)	G	<u>Rinus Michels</u> Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



PERTH PROGRAM GUIDE

Saturday 05th April 2014

06:00 am 2014 Energy Australia Swimming Championships (Rpt)

REPLAY

2014 Energy Australia Swimming Championships - Day 4

It's Day 4 of the 2014 Energy Australia Swimming Championships in Brisbane. Catch the best Australian swimmers in the last elite event ahead of the 2014 Commonwealth Games.

07:35 am NASCAR Sprint Cup Qualifying

Race 6: Stp Gas Booster 500 @ Martinsville-Qualifying

Who will claim pole position in qualifying ahead of race 6 from the Martinsville Speedway?

09:00 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.

01:00 pm World Series Sprintcars

Warrnambool Classic

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) PG

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. Pat deals with mud, beaches and gorgeous lookouts abound in the NSW Nth Coast.

03:00 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Car Torque (Rpt) CC

Car Torque meets the people who are passionate about performance motoring be it on the road, on the track or in the garage. See the love they have for their cars & what really gets their motor running.

04:00 pm Wild Racers G

The fifth round of The Adventure Racing World Series continues in Africa where the teams will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.

04:30 pm 2014 Energy Australia Swimming Championships

LIVE NATIONWIDE

2014 Energy Australia Swimming Championships - Day 5

Day 5 of the 2014 Energy Australia Swimming Championships has the best Australian swimmers competing in the last elite event ahead of the 2014 Commonwealth Games.



PERTH PROGRAM GUIDE

Saturday 05th April 2014

06:30 pm **Monster Jam**

SEASON PREMIERE

Monster Jam is the perfect sports and entertainment brandmixing racing, showmanship and the ultimate fan experience into one incredible, action packed show.

07:30 pm **Trick My Truck** (Rpt)

PG

Don't miss it as the Chrome Shop Mafia reward Mark for his determination and bravery by turning his truck into his new good luck charm.

08:00 pm **COPS** (Rpt)

PG
Adult Themes

Stupid Behaviour #1 Special Edition

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

08:30 pm **Law & Order: SVU** (Rpt)

CC M
Strong Adult
Themes

Misleader

Benson and Stabler investigate the murder of the pregnant daughter-in-law of a prominent religious figure.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd

Guest Starring: Robert Foxworth

09:30 pm **Law & Order: SVU** (Rpt)

CC M
Strong Adult
Themes

Chat Room

A teenager's report of being raped by someone she met in a chat room leads the detectives into the middle of a child porn ring.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd

Guest Starring: Isabel Gillies, Paz de la Huerta, Ellen Muth

10:30 pm **2014 FORMULA 1® GULF AIR
BAHRAIN GRAND PRIX™**

LIVE NATIONWIDE

2014 Formula 1 Gulf Air Bahrain Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Gulf Air Bahrain Grand Prix from the Bahrain International Circuit.

12:30 am **Lights Out**

SERIES FINAL

War

Fight night arrives. Does Lights still have what it takes? Will his 5 years away from the ring be too much, especially against an opponent like Reynolds?

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

01:30 am **Blokesworld** (Rpt)

02:00 am **Temporary Australians** (Rpt)

PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they

handle the bad image.



PERTH PROGRAM GUIDE

Saturday 05th April 2014

02:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am **Ross Kemp: In Search Of Pirates**
(Rpt)

M
Adult Themes

Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.

04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.

05:00 am **NASCAR Sprint Cup Highlights**
(Rpt)

Race 6: Stp Gas Booster 500 @ Martinsville-Highlights

Catch all the highlights from Martinsville Speedway. The high octane NASCAR racing continues with the 6th race of the 2014 Sprint Cup Series.



TASMANIA PROGRAM GUIDE

Sunday 30th March 2014

06:00 am Rugby Classic Matches

Autumn International 2009: England V Australia

Relive the 2009 Autumn International between England and the Wallabies at Twickenham in London.

08:00 am Sport Science (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

09:00 am Escape With ET

CC

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

10:00 am Horse Power

CC G

Horse Power

Horse Power is the story of Scuderia Ferrari's build-up to the 2014 Formula One season.

11:00 am Xtreme Storm

PG

Xtreme Storm

With 32 man-made obstacles on a 14 mile course, Xtreme Storm is one of the best, worst and toughest obstacle endurance events that the UK has to offer.

11:30 am Sporting Greats

G

Mal Meninga

Mal Meninga was a legendary goal-kicking centre, counted amongst the finest footballers of the 20th century. He retired as the top point scorer in the history of the Australian national team and top point scorer for Queensland.

12:05 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

12:30 pm Outback Wrangler

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.

01:00 pm The Biggest Loser: Challenge Australia - Encore

CC PG

SPECIAL ENCORE PRESENTATION

Tensions over the new alliance dubbed the "Awesome Foursome" continues to cause friction in The Biggest Loser house. Some contestants are not happy with the advantage they seem to have in challenges.

02:00 pm The Biggest Loser: Challenge Australia - Encore

CC PG
Some Coarse
Language

SPECIAL ENCORE PRESENTATION

Hayley reminds all the contestants that it's the business end of the competition with a big surprise. Challenge Week begins and "The Fridge" makes an unwelcomed return putting everyone on edge.



one

TASMANIA PROGRAM GUIDE

Sunday 30th March 2014

03:00 pm **The Biggest Loser: Challenge
Australia - Encore**

CC PG
Some Coarse
Language

SPECIAL ENCORE PRESENTATION

The contestants are about to be put through the toughest and most fearsome two days The Biggest Loser has ever thrown at them. Who will avoid elimination and who will come out on top?

04:00 pm **Adventure Angler**

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm **Golf Getaway**

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm **What's Up Down Under**

G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm **Temporary Australians**

PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

06:00 pm **M*A*S*H**

PG

Strange Bedfellows

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **2014 FORMULA 1® PETRONAS
MALAYSIA GRAND PRIX™**

LIVE NATIONWIDE

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

09:00 pm **COPS: Adults Only**

09:30 pm **Movie: Days Of Thunder (1990)**

CC M
Sexual References,
Some Coarse
Language

MOVIE

Cole Trickle enters the high-pressure world of Nascar racing. He's a hot driver with a hot temper and this attitude gets him into trouble not only with other drivers, but his own support team as well.

Starring: Tom Cruise, Nicole Kidman, Robert Duvall



TASMANIA PROGRAM GUIDE

Sunday 30th March 2014

11:45 pm 48 Hours

M
Drug References,
Adult Themes

Preacher's Passion

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:45 am Fight Master MMA

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

01:45 am Ross Kemp: In Search Of Pirates

M
Adult Themes

Ross Kemp explores the impact of piracy in Nigeria, where more people are killed in raids than anywhere else in the world.

02:45 am Adventure Angler

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

03:15 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am NASCAR Sprint Cup

LIVE

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.



TASMANIA PROGRAM GUIDE

Monday 31st March 2014

06:00 am NASCAR Sprint Cup

LIVE

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.

08:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:25 am Sporting Greats

G

Lester Piggott

Lester Piggott had 4,493 career wins, including nine Epsom Derby victories and is one of the most well-known English flat racing jockeys of all time.

09:00 am Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

09:30 am Wild Racers

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.

10:00 am Outback Wrangler

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.

10:30 am Temporary Australians

PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

11:00 am Adventure Angler

G

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

11:30 am MasterChef Australia

CC G
WS

Thursday - Week 10

Every good chef must master the basics, and the Elimination Challenge will surprise our contestants. Rice paper rolls and apple pie should be a piece of cake, right? Think again!



TASMANIA PROGRAM GUIDE

Monday 31st March 2014

12:30 pm MasterChef Australia

CC G
WS

Friday - Week 10

Series 1 and 2 favourites, Alvin, Andre and Jimmy join Gary and George in the kitchen for another stellar MasterClass.

02:00 pm Psych

M

SEASON FINALE

Psych: The Musical Part 2

A deranged playwright who kills critics escapes from lockup, and Shawn and Gus must find him before he murders again. The case, however, takes a musical turn.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway?

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway?

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Alby Mangels Adventure Bound

PG

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

05:00 pm Big Fish, Small Boats

PG

Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.

05:30 pm I Fish

G

Summer Series

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm M*A*S*H

PG

Say No More

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart

PG

Man Called Smart (3), A

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



TASMANIA PROGRAM GUIDE

Monday 31st March 2014

07:00 pm COPS

PG

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Generation Astronaut

Generation Astronaut

23 of the bravest and the best from the Axe Apollo Space Academy compete for their chance to live the dreams of a generation and become astronauts.

08:30 pm **Movie: Star Trek: First Contact**
(1996)

PG
Some Violence,
Some Coarse
Language

MOVIE

A group that call themselves the Borg are headed to Earth with a devious plan to alter history. Picard's last encounter with the Borg almost killed him. Now he wants vengeance. But how far will he go?

Starring: Patrick Stewart, Jonathan Frakes, LeVar Burton, Brent Spiner, James Cromwell, Alfre Woodard, Alice Krige, Michael Dorn, Gates McFadden, Marina Sirtis

10:50 pm **2014 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™**

REPLAY

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

01:20 am The Project Encore

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

02:20 am Blokesworld

02:50 am The Sketch Show

PG
Sexual References,
Some Coarse
Language

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

03:20 am Fight Master MMA

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

04:20 am M*A*S*H

PG

Say No More

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



TASMANIA PROGRAM GUIDE

Monday 31st March 2014

04:50 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:00 am NASCAR Nationwide Series Highlights

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.



TASMANIA PROGRAM GUIDE

Tuesday 01st April 2014

06:00 am NASCAR Sprint Cup Highlights

Race 5: Auto Club 400 @ Fontana-Highlights

Catch all the motorsport highlights from the Auto Club Speedway. The high octane NASCAR racing continues with the 5th race of the 2014 Sprint Cup Series.

07:00 am Basketball: NBL Championship 2013/14

09:00 am Basketball: NBL Championship 2013/14

11:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:15 am MasterChef Australia

CC PG
WS Some Coarse Language

Sunday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:45 pm MasterChef Australia

CC PG
WS Some Coarse Language

Monday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

02:00 pm Megacities

G

Paris

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

03:00 pm Whose Line Is It Anyway?

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway?

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



TASMANIA PROGRAM GUIDE

Tuesday 01st April 2014

04:00 pm	Get Smart	PG	<u>Man Called Smart (3), A</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Fishing Edge	G	Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.
05:00 pm	Big Fish, Small Boats	PG	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish	G	<u>Summer Series</u> Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H	PG	<u>Give And Take</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart	PG	<u>Viva Smart</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS	PG Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	2014 Energy Australia Swimming Championships		LIVE NATIONWIDE <u>2014 Energy Australia Swimming Championships - Day 1</u> Exclusive to ONE is the 2014 Energy Australia Swimming Championships. See the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.
09:05 pm	COPS: Adults Only	M	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.



TASMANIA PROGRAM GUIDE

Tuesday 01st April 2014

09:35 pm	Ross Kemp: In Search Of Pirates	M Adult Themes	Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.
10:30 pm	Super Rugby Extra Time	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
11:30 pm	Sleeper Cell (Rpt)	M Some Violence, Some Coarse Language	SEASON FINALE <u>Youmud Din</u> Judgement Day has arrived and Fariq isn't yet out of surprises, and a surprise diversion proves effective in allowing the cell to escape their surveillance. Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti
12:35 am	The Project Encore	CC	Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.
01:35 am	Bellator MMA	M Realistic Violence	Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.
03:35 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:00 am	Basketball: NBL Championship 2013/14		



TASMANIA PROGRAM GUIDE

Wednesday 02nd April 2014

06:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:25 am 2014 Energy Australia Swimming Championships

REPLAY

2014 Energy Australia Swimming Championships - Day 1

Exclusive to ONE is the 2014 Energy Australia Swimming Championships. See the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.

08:00 am World Series Sprintcars

Warrnambool Classic

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

09:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:30 am Sport Science (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

10:30 am Wild Racers

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.

11:00 am Tour The World

CC G

Splendours Of Europe River Cruise

We join a deluxe river cruise down one of Europe's most picturesque waterways – the Danube River. Then we visit stunning Melk Abbey, fabulous Vienna and another of Europe's finest old-world cities - Budapest.

11:30 am MasterChef Australia

CC G
WS

Tuesday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:30 pm MasterChef Australia

CC G
WS

Wednesday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!



TASMANIA PROGRAM GUIDE

Wednesday 02nd April 2014

02:00 pm	Frontiers Of Construction	G	<u>Against The Sea</u> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
03:00 pm	Super Rugby Extra Time	PG	Relive all the best bits of the weekend's Super Rugby on Extra Time.
04:00 pm	Get Smart	PG	<u>Viva Smart</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS	PG Medical Procedures	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats	G	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish	G	<u>Summer Series</u> Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H	PG	<u>As Time Goes By</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart	PG	<u>Witness For The Persecution</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	2014 Energy Australia Swimming Championships		LIVE NATIONWIDE <u>2014 Energy Australia Swimming Championships - Day 2</u> Day 2 of the 2014 Energy Australia Swimming Championships continues one ONE as the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.



TASMANIA PROGRAM GUIDE

Wednesday 02nd April 2014

09:05 pm COPS: Adults Only

M
Some Violence

Back To Broward County

The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:30 pm Sons Of Anarchy

AV15+
Strong Violence,
Strong Adult
Themes

ALL NEW EPISODES

Small World

Jax brings a new proposal to the club with serious consequences.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Joel McHale

10:30 pm Vegas

M
Some Violence

NEW EPISODE

Past Lives

As Sheriff Lamb and Jack investigate the murder of a Savoy craps dealer, a desperate suspect in the case takes Mia hostage, demanding a ransom for his getaway.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm The Glades

M
Some Violence

NEW EPISODE

Old Ghosts

When Detective Samantha Harper, a woman from Jim's past, comes to Florida, Jim and her have to team up before a killer kills again.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

12:30 am The Project Encore

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:00 am NASCAR Sprint Cup

REPLAY

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.



TASMANIA PROGRAM GUIDE

Thursday 03rd April 2014

06:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:25 am 2014 Energy Australia Swimming Championships

REPLAY

2014 Energy Australia Swimming Championships - Day 2

Day 2 of the 2014 Energy Australia Swimming Championships continues on ONE as the best Australian swimmers battle it out in the last elite event ahead of the 2014 Commonwealth Games.

08:00 am Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

08:30 am 2014 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™

REPLAY

2014 Formula 1 Petronas Malaysia Grand Prix

Greg Rust and Alan Jones bring you all the action from the second race of the 2014 FIA Formula One World Championship from the Sepang International Circuit in Malaysia.

11:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am MasterChef Australia

CC PG
WS Some Coarse Language

Thursday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

12:30 pm MasterChef Australia

CC G
WS

Friday - Week 11

The contestants head to the Big Apple, the City That Never Sleeps, the culinary heartland that is New York! Don't miss a second as the top 8 cook up a storm in the world's most famous city!

02:00 pm Outback Wrangler

PG

Nest Raiders

Relocating crocs in the Northern Territory during the rainy season, Matt Wright sets traps to catch and fly rogue salties from his helicopter. But one mistake could bring them down in croc territory.



TASMANIA PROGRAM GUIDE

Thursday 03rd April 2014

02:30 pm	Adventure Angler	G	Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.
03:00 pm	Whose Line Is It Anyway?	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart	PG	<u>Witness For The Persecution</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS	PG Adult Themes	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
05:00 pm	Big Fish, Small Boats	PG Some Coarse Language	Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.
05:30 pm	I Fish	G	<u>Summer Series</u> Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H	PG	<u>Pilot</u> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart	PG	<u>The Spy Who Met Himself</u> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt



TASMANIA PROGRAM GUIDE

Thursday 03rd April 2014

07:00 pm COPS

PG
Drug References,
Adult Themes

Amw Crossover Special Edition Atlanta

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm 2014 Energy Australia Swimming Championships

LIVE NATIONWIDE

2014 Energy Australia Swimming Championships - Day 3

Day 3 of the 2014 Energy Australia Swimming Championships sees the best Australian swimmers hit the pool for last elite event ahead of the 2014 Commonwealth Games.

09:00 pm Whose Line Is It Anyway?

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

09:30 pm Ross Noble's Australian Trip (Rpt)

CC M
WS Sexual References,
Some Coarse
Language

Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.

10:30 pm The Sketch Show

PG
Sexual References,
Some Coarse
Language

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

11:00 pm Blokesworld

11:30 pm The Project Encore

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

12:30 am Hounds

MA15+
Some Coarse
Language,
Adult Themes

Will is a lawyer but his heart isn't in it and he is making mistakes at work. But, one day everything changes. His Dad dies, leaving him a greyhound racing dog, half a house & his estranged half-sister.

Starring: Toby Sharpe, Mick Innes

01:00 am Wild Racers

G

The fifth round of The Adventure Racing World Series sees the teams in Africa where they will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.



TASMANIA PROGRAM GUIDE

Thursday 03rd April 2014

01:30 am	Ross Kemp: In Search Of Pirates	M Adult Themes	Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.
02:30 am	Whose Line Is It Anyway?	PG	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
03:00 am	Whose Line Is It Anyway? (Rpt)	PG Sexual References	<p>An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.</p> <p>Starring: Drew Carey, Wayne Brady</p>
03:30 am	The Sketch Show	PG Sexual References, Some Coarse Language	The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.
04:00 am	M*A*S*H	PG	<p><u>Pilot</u></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>
04:30 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:55 am	Sporting Greats	G	<p><u>Mark Cavendish</u></p> <p>Mark Cavendish is widely considered to be the fastest man on two wheels in the world. He has won twenty-five Tour de France stages putting him third on the all-time list and fourth on the all-time list of Grand Tour stage winner.</p>
05:30 am	Football's Greatest Managers	G	<p><u>Mario Zagallo</u></p> <p>Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.</p>



TASMANIA PROGRAM GUIDE

Friday 04th April 2014

06:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am 2014 Energy Australia Swimming Championships

REPLAY

2014 Energy Australia Swimming Championships - Day 3

Day 3 of the 2014 Energy Australia Swimming Championships sees the best Australian swimmers hit the pool for last elite event ahead of the 2014 Commonwealth Games.

08:00 am Dirty Weekend G

Dirty Weekend

The inaugural running of what is the world's longest assault course, set in the magnificent grounds of Burghley Estate. In a festival setting, competitors take on a 20 mile route with 20 zones and over 200 obstacles to be tamed.

08:30 am Men's Health Survival Of The Fittest G

Men's Health Survival Of The Fittest

Survival of the Fittest is packing a colossal 10 kilometre urban assault course in each host city for 2014. Men's Health Survival of the Fittest is Britain's biggest adventure running series.

09:00 am NASCAR Nationwide Series Highlights

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.

10:00 am NASCAR Sprint Cup Highlights

Race 6: Stp Gas Booster 500 @ Martinsville-Highlights

Catch all the highlights from Martinsville Speedway. The high octane NASCAR racing continues with the 6th race of the 2014 Sprint Cup Series.

11:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am MasterChef Australia CC G WS

Sunday - Week 12

The MasterChef contestants must cook for the one and only Dalai Lama! His Holiness has only two requests – the food must be vegetarian and it must come from the heart.

12:30 pm MasterChef Australia CC G WS

Monday - Week 12

Pastry chef, Katrina Kanetani, sets the Pressure Test. The bottom three contestants from the previous challenge must cook a fantastic Autumn Dessert platter in order to avoid elimination.



TASMANIA PROGRAM GUIDE

Friday 04th April 2014

01:30 pm MasterChef Australia

CC PG
WS Some Coarse
Language

Tuesday - Week 12

Can a current contestant out-cook a former MasterChef champion? We find out as Eamon Sullivan returns to stand between the winner of the Dalai Lama challenge and that elusive Immunity Pin.

02:00 pm Sport Science (Rpt)

PG
Stylised Violence,
Some Coarse
Language

Hardest Hits

The age-old debate: who hits harder? Hardest? In this episode of Sport Science we literally go head to head and inside some of the greatest collisions in the world of sports.

03:00 pm Whose Line Is It Anyway?

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway?

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm Get Smart

PG

The Spy Who Met Himself

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm COPS

PG
Drug References,
Adult Themes

Amw Crossover Special Edition Atlanta

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

05:00 pm Big Fish, Small Boats

PG
Some Coarse
Language

SEASON FINALE

Big Fish, Small Boats is the fishing show that brings wild fishing adventures into the lounge rooms of fishermen around Australia.

05:30 pm I Fish

G

Summer Series

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm M*A*S*H

PG

To Market. To Market

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



TASMANIA PROGRAM GUIDE

Friday 04th April 2014

06:30 pm **Get Smart**

PG

The Spirit Is Willing

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm **COPS**

PG
Adult Themes

Coast To Coast

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm **2014 Energy Australia Swimming Championships**

LIVE NATIONWIDE

2014 Energy Australia Swimming Championships - Day 4

It's Day 4 of the 2014 Energy Australia Swimming Championships in Brisbane. Catch the best Australian swimmers in the last elite event ahead of the 2014 Commonwealth Games.

09:05 pm **Megacities**

PG

New York City

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

09:35 pm **Movie: X (2011)**

AV15+
Strong Violence,
Sex Scenes,
Some Coarse
Language,
Drug Use,
Nudity

MOVIE PREMIERE

Holly is professional escort looking to get out of the business after one last night on her back. She teams up with new girl Shay, who is just starting on her very first evening as a sex toy for hire.

Starring: Viva Bianca, Hanna Mangan Lawrence, Peter Docker, Eamon Farren, Belinda McClory, Anthony Phelan

11:35 pm **The League**

MA15+
Sexual References

Our Dinner With Andre

Kevin is blackmailed by Ellie's boyfriend, Taco helps Ruxin with his fertility issues, and Pete re-connects with his high school crush Gina Gibiatti.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie

12:05 am **The Project Encore**

CC

Join Charlie Pickering, Carrie Bickmore & our guest panellist as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:00 am **Bellator MMA**

M
Realistic Violence

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.



TASMANIA PROGRAM GUIDE

Friday 04th April 2014

03:00 am **Fight Master MMA**

M
Realistic Violence

MMA trainers Randy Couture, Frank Shamrock, Greg Jackson and Joe Warren will judge 32 amateur fighters who will be competing for a spot in Bellator's welterweight tournament.

04:00 am **M*A*S*H**

PG

To Market, To Market

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am **Sporting Greats**

G

Babe Ruth

Babe Ruth became one of the first five players to be elected into the National Baseball Hall of Fame and is credited with changing baseball itself. The popularity of the game exploded in the 1920s, largely due to his influence.

05:30 am **Football's Greatest Managers**

G

Rinus Michels

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



TASMANIA PROGRAM GUIDE

Saturday 05th April 2014

06:00 am 2014 Energy Australia Swimming Championships

REPLAY

2014 Energy Australia Swimming Championships - Day 4

It's Day 4 of the 2014 Energy Australia Swimming Championships in Brisbane. Catch the best Australian swimmers in the last elite event ahead of the 2014 Commonwealth Games.

07:35 am NASCAR Sprint Cup Qualifying

Race 6: Stp Gas Booster 500 @ Martinsville-Qualifying

Who will claim pole position in qualifying ahead of race 6 from the Martinsville Speedway?

09:00 am NASCAR Sprint Cup

REPLAY

Race 6: Stp Gas Booster 500 @ Martinsville

Join us on ONE for Race 6 of the 2014 NASCAR Sprint Cup. We bring you all the action from the Martinsville Speedway in Virginia, USA.

01:00 pm World Series Sprintcars

Warrnambool Classic

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

02:00 pm Pat Callinan's 4x4 Adventures PG

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia. Pat deals with mud, beaches and gorgeous lookouts abound in the NSW Nth Coast.

03:00 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Car Torque CC

Car Torque meets the people who are passionate about performance motoring be it on the road, on the track or in the garage. See the love they have for their cars & what really gets their motor running.

04:00 pm Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

04:30 pm Temporary Australians PG

Adelaide Hills

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

05:00 pm Wild Racers G

The fifth round of The Adventure Racing World Series continues in Africa where the teams will be challenged by the extreme terrain, natural hazards and countless hours of trekking without trails in the African countryside.



TASMANIA PROGRAM GUIDE

Saturday 05th April 2014

05:30 pm **Megacities**

PG

New York City

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

06:00 pm **Monster Jam**

SEASON PREMIERE

Monster Jam is the perfect sports and entertainment brandmixing racing, showmanship and the ultimate fan experience into one incredible, action packed show.

07:00 pm **Trick My Truck**

PG

Don't miss it as the Chrome Shop Mafia reward Mark for his determination and bravery by turning his truck into his new good luck charm.

07:30 pm **2014 Energy Australia Swimming Championships**

LIVE NATIONWIDE

2014 Energy Australia Swimming Championships - Day 5

Day 5 of the 2014 Energy Australia Swimming Championships has the best Australian swimmers competing in the last elite event ahead of the 2014 Commonwealth Games.

09:30 pm **Bellator MMA**

M
Realistic Violence

NEW EPISODE

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

11:30 pm **Lights Out**

SERIES FINAL

War

Fight night arrives. Does Lights still have what it takes? Will his 5 years away from the ring be too much, especially against an opponent like Reynolds?

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

12:30 am **Blokesworld**

01:00 am **Omnisport**

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TASMANIA PROGRAM GUIDE

Saturday 05th April 2014

01:30 am 2014 FORMULA 1® GULF AIR
BAHRAIN GRAND PRIX™

LIVE NATIONWIDE

2014 Formula 1 Gulf Air Bahrain Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Gulf Air Bahrain Grand Prix from the Bahrain International Circuit.

02:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am Ross Kemp: In Search Of Pirates

M
Adult Themes

Ross Kemp visits south-east Asia as he concludes his exploration of the increasing risk of piracy on the world's oceans.

04:00 am NASCAR Nationwide Series
Highlights

Race 5: March Auto Club Race @ Fontana

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 5 of full throttle NASCAR excitement is hosted at the Auto Club Speedway.

05:00 am NASCAR Sprint Cup Highlights

Race 6: Stp Gas Booster 500 @ Martinsville-Highlights

Catch all the highlights from Martinsville Speedway. The high octane NASCAR racing continues with the 6th race of the 2014 Sprint Cup Series.