

MELBOURNE PROGRAMME GUIDE

Sunday 19th July 2009



06:00 am Major League Baseball (Cont) (Rpt)

Cincinnati Reds V Milwaukee Brewers

Things are getting very tight in the National League's six team Central division and the Milwaukee Brewers will be keen for a win on the road against the lower placed Cincinnati Reds.

07:00 am Athletix: The IAAF Magazine (Rpt)

The weekly magazine show of the IAAF - the world governing body of athletics.

07:30 am Diving: FINA World Championships - Rome 2009

SPECIAL EVENT

Diving: Womens 10m Final

The first womens diving medals are up for grabs in the 10 metre final from the Foro Italico. Exclusive to ONE.

08:45 am Diving: FINA World Championships - Rome 2009

SPECIAL EVENT

Diving: Mens 3m Synchronised Final

Matthew Mitchum and Grant Nel represent Australia in the 3 metre synchronised diving final.

10:00 am Transworld Sport (Rpt)

The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.

11:00 am LIVE: NASCAR Nationwide Series

G

SPECIAL EVENT

Race 19 Missouri-Illinois Dodge 250 @ Gateway

Race 19 of the Nascar Nationwide Series as the roadshow moves on to the Gateway International Raceway in Madison, Illinois.

02:30 pm LIVE: Netball: ANZ Championship Finals Series
(Also airing on TEN)

SPECIAL EVENT

Finals Series - Preliminary Final

The winner of last week's third versus fourth clash meets the loser of first v second with a place in next week's Grand Final on the line.

04:30 pm I Fish

G

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

05:00 pm Swimming: Mare Nostrum

SPECIAL EVENT

Canet

Rivals face off in Canet on the eve of the World Championships as Libby Trickett meets Sweden's Therese Alshammar and Eamon Sullivan does battle with France's Frederick Bousquet. Plus see Felicity Galvez, Andrew Lauterstein and Christian Sprenger.

07:00 pm Road To Rome

An inside look at the Australian swim team and their preparations for this month's 13th FINA World Swimming Championships from Rome, which is also exclusive to ONE.



MELBOURNE PROGRAMME GUIDE



Sunday 19th July 2009

07:30 pm **LIVE: Sports Tonight: The Weekend Wrap**

The best way to end the weekend is Sports Tonight: The Weekend Wrap. Join Rob Canning for extended sports news, results and highlights.

08:30 pm **Slamball**

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Slamball is inspired by the strategies, aesthetics and pacing of video games, where athletes fly higher and hit harder, performing feats that are part basketball, football, hockey and gymnastics.

09:00 pm **High Five (Rpt)**

G

An edgy, character driven focus on Action Sports and off the wall pursuits that dominate worldwide youth culture today.

09:30 pm **Motorsport: Isle Of Man Tourist Trophy**

Superbike TT Race

Superbike racing action from the world famous Isle of Man TT.

10:30 pm **Motorsport: Le Mans 24 Hour Official Film 2009**

SPECIAL EVENT

2009 Official Film

The 2009 Official Film condenses 24 hours of breath taking motor racing at the unique Le Mans circuit into an unmissable one hour.

11:30 pm **Moto GP**
(Also airing on TEN)

SPECIAL EVENT

Round 9 Germany

Casey Stoner and Jorge Lorenzo continue to chase after Valentino Rossi in one of the tightest and most exciting seasons of world championship MotoGP racing. In Round 9, its the German Grand Prix.

12:40 am **Motorcycle Racing: FIM 250cc Championship**
(Also airing on TEN)

SPECIAL EVENT

Round 9 Germany

The exciting motorcycle racing action continues on ONE with Round 9 of the 250cc World Championship from Germany. Includes highlights of the 125cc.

01:45 am **Diving: FINA World Championships - Rome 2009 (Rpt)**

Diving: Womens 10m Final

The first womens diving medals are up for grabs in the 10 metre final from the Foro Italico. Exclusive to ONE.

03:00 am **Poker: Asia Pacific Tour (Rpt)**

PG

Asia Pacific Tour Part 2

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The Pokerstars continue to battle it out for the Asia Pacific crown.

04:00 am **Triathlon: ITU World Championship Series Highlights (Rpt)**

G

Round 4 Highlights

An hour highlights of the mens and womens race from Round 4 of the Austrian leg of the ITU World Championship Series. Exclusive to ONE.

05:00 am **LIVE: Grand-Am Rolex Sportscar Series**

SPECIAL EVENT

Race 8 Porsche 250 @ Birmingham

Race 8 in the 2009 Grand-Am Rolex Sportscar Series from Birmingham, Alabama. Includes Leigh Diffey in commentary.



MELBOURNE PROGRAMME GUIDE

Monday 20th July 2009



06:00 am	LIVE: Grand-Am Rolex Sportscar Series (Cont)		SPECIAL EVENT <u>Race 8 Porsche 250 @ Birmingham</u> Race 8 in the 2009 Grand-Am Rolex Sportscar Series from Birmingham, Alabama. Includes Leigh Diffey in commentary.
08:00 am	Diving: FINA World Championships - Rome 2009		SPECIAL EVENT <u>Diving: Womens 1m Final</u> The Womens 1 metre springboard final at the Rome 2009 FINA World Championship is exclusive to ONE.
09:15 am	Diving: FINA World Championships - Rome 2009		SPECIAL EVENT <u>Diving: Womens 10m Synchronised Final</u> ONE takes you to the heights of the 10 metre platform for the beauty and technical prowess of the Womens 10m Synchronised Final.
10:30 am	Road To Rome (Rpt)		An inside look at the Australian swim team and their preparations for this month's 13th FINA World Swimming Championships from Rome, which is also exclusive to ONE.
11:00 am	Netball: ANZ Championship Finals Series (Rpt)		<u>Finals Series - Preliminary Final</u> The winner of last week's third versus fourth clash meets the loser of first v second with a place in next week's Grand Final on the line.
01:00 pm	Sports Unlimited (Rpt)		A weekly magazine show focussing on Action Sports, from the alternate to the outright bizarre, played around the globe.
02:00 pm	Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
02:30 pm	Mecum Auto Auction (Rpt)		The ultimate car show, find out the asking price of some of the most treasured and lovingly restored classic cars.
03:30 pm	Diving: FINA World Championships - Rome 2009 (Rpt)		<u>Diving: Womens 1m Final</u> The Womens 1 metre springboard final at the Rome 2009 FINA World Championship is exclusive to ONE.
04:45 pm	Diving: FINA World Championships - Rome 2009 (Rpt)		<u>Diving: Womens 10m Synchronised Final</u> ONE takes you to the heights of the 10 metre platform for the beauty and technical prowess of the Womens 10m Synchronised Final.
06:00 pm	FINA World Championships Highlights	G	SPECIAL EVENT <u>Day 2 Highlights</u> Day 2 highlights of the Rome World Championships feature the overnight diving action as well as the Team Tech Synchronised Swimming final, the 5km Open Water swimming events and the first preliminary matches in the Womens Water Polo.



MELBOURNE PROGRAMME GUIDE

Monday 20th July 2009



07:00 pm **This Week In Baseball**

In its 32nd year, the weekly magazine show of the MLB brings you profiles, news, highlights and stories beyond the ballpark.

07:30 pm **LIVE: One Week At A Time**

G

The leading AFL news and panel discussion program - first with the big stories and the player's perspective on the big issues in the game.

08:35 pm **Tackling Peace (Rpt)**

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A)

SPECIAL EVENT

Tackling Peace

Narrated by Hugo Weaving, this documentary follows the incredible journey of a rag-tag group of Israeli & Palestinian sportsmen, in their inspiring efforts to demonstrate a fledgling yet ongoing co-operation between the countrymen in the face of conflict.

09:30 pm **LIVE: Sports Tonight**

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.

10:00 pm **Xtreme Paintball: Beyond The Paint**

The world's most outrageous, fun and fearless paintball players face off for cash prizes, respect and glory.

10:30 pm **Tread BMX**

Witness the most dangerous stunts performed by the most talented and fearless riders on the planet. Features the wildest leaps, spins and crashes plus some downright hilarious antics that put other extreme action sports to shame!

11:00 pm **Boxing: KO TV Classic**

PG

Lost Debuts

KO TV Classics brings you a countdown of 5 top boxing bouts through the ages. Tonight, lost debuts features Antwon Echols v Bernard Hopkins, Alexis Arguello v Rubens Olivares and more.

12:00 am **One Week At A Time (Rpt)**

G

The leading AFL news and panel discussion program - first with the big stories and the player's perspective on the big issues in the game.

01:05 am **Sports Tonight Late**

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

01:20 am **Omnisport (Rpt)**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

01:50 am **Diving: FINA World Championship - Rome 2009 (Rpt)**

Diving: Womens 1m Final

The Womens 1 metre springboard final at the Rome 2009 FINA World Championship is exclusive to ONE.



MELBOURNE PROGRAMME GUIDE

Monday 20th July 2009



03:05 am **FINA World Championships Highlights (Rpt)**

G **Day 2 Highlights**

Day 2 highlights of the Rome World Championships feature the overnight diving action as well as the Team Tech Synchronised Swimming final, the 5km Open Water swimming events and the first preliminary matches in the Womens Water Polo.

04:00 am **Netball: ANZ Championship Finals Series (Rpt)**

Semi Final A

Semi Finals action from the ANZ Championship. This weekend first play second with the chance to go straight through to the Grand Final while third play fourth in sudden death. Teams and times to be determined after the final round is complete.

05:55 am **One Week At A Time (Rpt)**

G

The leading AFL news and panel discussion program - first with the big stories and the player's perspective on the big issues in the game.



MELBOURNE PROGRAMME GUIDE

Tuesday 21st July 2009



06:00 am One Week At A Time (Cont) (Rpt)

G

The leading AFL news and panel discussion program - first with the big stories and the player's perspective on the big issues in the game.

07:00 am AFL Premiership Season 2009 (Rpt)

Round 16 - Geelong V Melbourne

Round 16 action heads to Skilled Stadium in Geelong as the Cats face the Melbourne Demons. Joining the commentary team is Kelli Underwood.

09:00 am Transworld Sport (Rpt)

The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.

10:00 am LIVE: Major League Baseball

SPECIAL EVENT

Texas Rangers V Boston Red Sox

Big time baseball in Texas as the Rangers welcome the American League leaders the Boston Red Sox.

01:00 pm Athletix: The IAAF Magazine (Rpt)

The weekly magazine show of the IAAF - the world governing body of athletics.

01:30 pm I Fish (Rpt)

G

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

02:00 pm Omnisport

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

02:30 pm NASCAR Nationwide Series (Rpt)

G

Race 19 Missouri-Illinois Dodge 250 @ Gateway

Race 19 of the Nascar Nationwide Series as the roadshow moves on to the Gateway International Raceway in Madison, Illinois.

05:45 pm FINA World Championships Highlights

G

SPECIAL EVENT

Day 3 Highlights

Day 3 action features Diving prelims and semi finals, the opening day of the Mens Water Polo and the Synchronised Swimming Solo Tech final.

06:45 pm Motorsport: Australian Off Road Championship (Rpt)

The second race in the 2009 Australian Off Road Championship comes from the Finke Desert in the Northern Territory.

07:15 pm Motorcycle Racing: FIM 250cc Championship (Rpt)

Round 9 Germany

The exciting motorcycle racing action continues on ONE with Round 9 of the 250cc World Championship from Germany. Includes highlights of the 125cc.

08:20 pm Moto GP (Rpt)

SPECIAL EVENT

Round 9 Germany

Casey Stoner and Jorge Lorenzo continue to chase after Valentino Rossi in one of the tightest and most exciting seasons of world championship MotoGP racing. In Round 9, its the German Grand Prix.



MELBOURNE PROGRAMME GUIDE

Tuesday 21st July 2009



09:30 pm **LIVE: Sports Tonight**

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.

10:00 pm **NASCAR Sprint Cup Highlights (Rpt)**

G **Race 19: Lifelock.Com 400 @ Chicagoland-Highlights**

Marcos Ambrose introduces the one hour highlights of Sprint Cup race 19 from Chicago.

11:00 pm **Major League Baseball (Rpt)**

Texas Rangers V Boston Red Sox

Big time baseball in Texas as the Rangers welcome the American League leaders the Boston Red Sox.

01:30 am **Sports Tonight Late**

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

01:45 am **Omnisport (Rpt)**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

02:15 am **FINA World Championships Highlights (Rpt)**

G **Day 3 Highlights**

Day 3 action features Diving prelims and semi finals, the opening day of the Mens Water Polo and the Synchronised Swimming Solo Tech final.

03:10 am **Motorsport: DTM German Touring Cars (Rpt)**

Norising

The competition heats up between Audi and Mercedes in one of the world's most acclaimed touring car series with the third round from the Norising.

04:05 am **Netball: ANZ Championship Finals Series (Rpt)**

Finals Series - Preliminary Final

The winner of last week's third versus fourth clash meets the loser of first v second with a place in next week's Grand Final on the line.



MELBOURNE PROGRAMME GUIDE

Wednesday 22nd July 2009



06:00 am	Diving: FINA World Championships - Rome 2009		SPECIAL EVENT Diving: Womens 3m Final A strong Australian squad take on the world's best in Rome with the Womens 3 metre springboard diving final.
07:15 am	Diving: FINA World Championships - Rome 2009		SPECIAL EVENT Diving: Mens 10m Final After Matthew Mitcham's Beijing Olympic Gold, Australian mens diving is riding high and in the 10 metre platform final he will be looking to add a World Championship to his gold medal haul.
08:45 am	AFL Premiership Season 2009	CC	Round 16 - Collingwood V Hawthorn A Saturday night blockbuster at a packed MCG as the premiers Hawthorn look to resurrect their finals hopes with a win over the high flying Collingwood Magpies.
11:00 am	NASCAR Sprint Cup Highlights (Rpt)	G	Race 19: Lifelock.Com 400 @ Chicagoland-Highlights Marcos Ambrose introduces the one hour highlights of Sprint Cup race 19 from Chicago.
12:00 pm	LIVE: Major League Baseball		SPECIAL EVENT LA Dodgers V Cincinnati Reds League leaders the LA Dodgers host the Cincinnati Reds at Dodger Stadium in Los Angeles.
03:00 pm	Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
03:30 pm	Motorsport: Isle Of Man Tourist Trophy (Rpt)		Superbike TT Race Superbike racing action from the world famous Isle of Man TT.
04:30 pm	Diving: FINA World Championships - Rome 2009 (Rpt)		Diving: Mens 10m Final After Matthew Mitcham's Beijing Olympic Gold, Australian mens diving is riding high and in the 10 metre platform final he will be looking to add a World Championship to his gold medal haul.
06:00 pm	FINA World Championships Highlights	G	SPECIAL EVENT Day 4 Highlights Day 4 at the Roma 2009 World Championship includes the Synchronised swimming Duet Tech final, Womens Water Polo preliminaries and more diving action, only on ONE.
07:00 pm	Road To Rome		SPECIAL EVENT In the final episode before the World Championship swim meet begins, we profile the Aussie swimmers and find out about their preparation before the biggest event since Beijing. Rome 2009 is Exclusive to ONE.
07:30 pm	Pro Bull Riding		SPECIAL EVENT From the Hunter Valley to the cauldron of the Pro Bull Riding circuit, Aussie Brendon Clark takes on the cowboys of the USA in one of the most spectacular sports on TV.



MELBOURNE PROGRAMME GUIDE

Wednesday 22nd July 2009



08:30 pm **Surfing: ASP Season**

Billabong Pro - South Africa 2006

The ASP Mens World Championship Tour is the premier mens surfing tour, featuring 10 rounds with the top 45 ranked professional surfers in the world, as well as local wild card entries.

09:30 pm **LIVE: Sports Tonight**

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.

10:00 pm **Poker**

Exclusive Pokerstars action continues on ONE every Wednesday and Friday night.

11:00 pm **Diving: FINA World Championships - Rome 2009 (Rpt)**

SPECIAL EVENT

Diving: Womens 3m Final

A strong Australian squad take on the world's best in Rome with the Womens 3 metre springboard diving final.

12:15 am **FINA World Championships Highlights (Rpt)**

G **Day 4 Highlights**

Day 4 at the Roma 2009 World Championship includes the Synchronised swimming Duet Tech final, Womens Water Polo preliminaries and more diving action, only on ONE.

01:15 am **Sports Tonight Late**

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

01:35 am **Omnisport (Rpt)**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

02:05 am **Sports Unlimited (Rpt)**

A weekly magazine show focussing on Action Sports, from the alternate to the outright bizarre, played around the globe.

03:00 am **Major League Baseball (Rpt)**

LA Dodgers V Cincinnati Reds

League leaders the LA Dodgers host the Cincinnati Reds at Dodger Stadium in Los Angeles.

05:30 am **LIVE: Major League Baseball**

SPECIAL EVENT

San Diego Padres V Florida Marlins

The San Diego Padres host the Florida Marlins in Wednesday afternoon Major League Baseball from the USA, exclusive to ONE.



MELBOURNE PROGRAMME GUIDE

Thursday 23rd July 2009



SPECIAL EVENT

06:00 am LIVE: Major League Baseball (Cont)

San Diego Padres V Florida Marlins

The San Diego Padres host the Florida Marlins in Wednesday afternoon Major League Baseball from the USA, exclusive to ONE.

08:30 am Netball: ANZ Championship Finals Series (Rpt)

Semi Final A

Semi Finals action from the ANZ Championship. This weekend first play second with the chance to go straight through to the Grand Final while third play fourth in sudden death. Teams and times to be determined after the final round is complete.

10:30 am Netball: ANZ Championship Finals Series (Rpt)

Finals Series - Preliminary Final

The winner of last week's third versus fourth clash meets the loser of first v second with a place in next week's Grand Final on the line.

12:30 pm Swimming: Mare Nostrum (Rpt)

Canet

Rivals face off in Canet on the eve of the World Championships as Libby Trickett meets Sweden's Therese Alshammar and Eamon Sullivan does battle with France's Frederick Bousquet. Plus see Felicity Galvez, Andrew Lauterstein and Christian Sprenger.

02:30 pm Road To Rome (Rpt)

In the final episode before the World Championship swim meet begins, we profile the Aussie swimmers and find out about their preparation before the biggest event since Beijing. Rome 2009 is Exclusive to ONE.

03:00 pm Omnisport

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

03:30 pm This Week In Baseball (Rpt)

In its 32nd year, the weekly magazine show of the MLB brings you profiles, news, highlights and stories beyond the ballpark.

04:00 pm Major League Baseball (Rpt)

San Diego Padres V Florida Marlins

The San Diego Padres host the Florida Marlins in Wednesday afternoon Major League Baseball from the USA, exclusive to ONE.

06:30 pm FINA World Championships Highlights

G Day 5 Highlights

Overnight highlights from the FINA World Championships featuring the Womens 10km open water swimming, the final of the Free Combination Synchronised Swimming final, plus Diving 3 metre prelims and semis and Mens Water Polo.

07:30 pm LIVE: Thursday Night Live

PG

Bill Woods, Luke Darcy, Mark Howard and Liz Ellis look at the lighter side of the week in sport, as well as previewing the teams and the footy action this weekend. Plus a special guest will go One on One with an in depth interview with Bill Woods.



MELBOURNE PROGRAMME GUIDE

Thursday 23rd July 2009



09:00 pm LIVE: Superboxer		SPECIAL EVENT <u>A.I.S. Canberra</u> Former rugby league star John Hopoate headlines the third massive night of free to air boxing in the Superboxer series. Fresh from his world title defeat, he headlines the card with an Australian Superheavyweight title on the line at the AIS in Canberra.
11:30 pm NASCAR Nationwide Series Highlights	G	<u>Race 19 Missouri-Illinois Dodge 250 @ Gateway-Recap</u> Highlights of the 19th NASCAR Nationwide Series race at the Gateway, Illinois.
12:30 am Transworld Sport		The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.
01:30 am Sports Tonight Late		The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.
01:50 am Omnisport (Rpt)		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
02:20 am FINA World Championships Highlights (Rpt)	G	<u>Day 5 Highlights</u> Overnight highlights from the FINA World Championships featuring the Womens 10km open water swimming, the final of the Free Combination Synchronised Swimming final, plus Diving 3 metre prelims and semis and Mens Water Polo.
03:20 am Grand-Am Rolex Sportscar Series (Rpt)		<u>Race 8 Porsche 250 @ Birmingham</u> Race 8 in the 2009 Grand-Am Rolex Sportscar Series from Birmingham, Alabama. Includes Leigh Diffey in commentary.
05:55 am Surfing Moment (Rpt)	G	<u>Surfing Moments</u>



MELBOURNE PROGRAMME GUIDE

Friday 24th July 2009



06:00 am **Athletix: The IAAF Magazine**

The week in Athletics is covered in this one stop half hour - Athletix: The IAAF Magazine on ONE.

06:30 am **Triathlon: ITU World Championship Series Highlights (Rpt)**

G **Round 4 Highlights**

An hour highlights of the mens and womens race from Round 4 of the Austrian leg of the ITU World Championship Series. Exclusive to ONE.

07:30 am **Diving: FINA World Championships - Rome 2009**

SPECIAL EVENT

Diving: Mens 3m Final

After taking Beijing Olympic Gold in the 10 metre platform, can Matthew Mitcham add to his personal haul with a World Championship in the 3 metre springboard?

09:00 am **LIVE: Major League Baseball**

SPECIAL EVENT

New York Yankees V Oakland Athletics

Exclusive coverage from Yankee Stadium as one of the most famous sporting teams in the world - the New York Yankees, host the Oakland Athletics.

12:00 pm **This Week In Baseball (Rpt)**

In its 32nd year, the weekly magazine show of the MLB brings you profiles, news, highlights and stories beyond the ballpark.

12:30 pm **Motorsport: Raceworld**

Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.

01:30 pm **NASCAR Nationwide Series Highlights (Rpt)**

G **Race 19 Missouri-Illinois Dodge 250 @ Gateway-Recap**

Highlights of the 19th NASCAR Nationwide Series race at the Gateway, Illinois.

02:30 pm **NASCAR Sprint Cup Highlights (Rpt)**

G **Race 19: Lifelock.Com 400 @ Chicagoland-Highlights**

Marcos Ambrose introduces the one hour highlights of Sprint Cup race 19 from Chicago.

03:30 pm **Omnisport**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

04:00 pm **Mecum Auto Auction (Rpt)**

The ultimate car show, find out the asking price of some of the most treasured and lovingly restored classic cars.

05:00 pm **Transworld Sport (Rpt)**

The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.

06:00 pm **FINA World Championships Highlights**

G **Day 6 Highlights**

The Womens preliminaries come to an end in the Water Polo with an all out battle for quarter final positions. Diving and Synchronised Swimming also continues.



MELBOURNE PROGRAMME GUIDE

Friday 24th July 2009



07:00 pm **Diving: FINA World Championships - Rome 2009 (Rpt)**

Diving: Mens 3m Final

After taking Beijing Olympic Gold in the 10 metre platform, can Matthew Mitcham add to his personal haul with a World Championship in the 3 metre springboard?

08:30 pm **Motorsport: Isle Of Man Tourist Trophy (Rpt)**

Superbike TT Race

Superbike racing action from the world famous Isle of Man TT.

09:30 pm **LIVE: Sports Tonight**

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.

10:00 pm **Poker**

Exclusive Pokerstars action continues on ONE every Wednesday and Friday night.

11:00 pm **Poker**

Who will be The Poker Star? Find out as Joe Hachem guides a crew of up and coming poker players in a series of challenges - beginning soon only on ONE.

12:00 am **UFC**

01:00 am **Sports Tonight Late**

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

01:30 am **Omnisport (Rpt)**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

02:00 am **Major League Baseball (Rpt)**

New York Yankees V Oakland Athletics

Exclusive coverage from Yankee Stadium as one of the most famous sporting teams in the world - the New York Yankees, host the Oakland Athletics.

04:30 am **FINA World Championship Highlights (Rpt)**

G **Day 6 Highlights**

The Womens preliminaries come to an end in the Water Polo with an all out battle for quarter final positions. Diving and Synchronised Swimming also continues.

05:25 am **Diving: FINA World Championships - Rome 2009 (Rpt)**

Diving: Mens 3m Final

After taking Beijing Olympic Gold in the 10 metre platform, can Matthew Mitcham add to his personal haul with a World Championship in the 3 metre springboard?



MELBOURNE PROGRAMME GUIDE

Saturday 25th July 2009



06:00 am **Diving: FINA World Championships - Rome 2009 (Cont) (Rpt)**

Diving: Mens 3m Final

After taking Beijing Olympic Gold in the 10 metre platform, can Matthew Mitcham add to his personal haul with a World Championship in the 3 metre springboard?

06:45 am **Road To Rome (Rpt)**

In the final episode before the World Championship swim meet begins, we profile the Aussie swimmers and find out about their preparation before the biggest event since Beijing. Rome 2009 is Exclusive to ONE.

07:15 am **Diving: FINA World Championships - Rome 2009**

SPECIAL EVENT

Diving: Womens 3m Synchronised Final

The 3 metre springboard final for synchronised diving exclusive to ONE.

08:30 am **Athletix: The IAAF Magazine (Rpt)**

The week in Athletics is covered in this one stop half hour - Athletix: The IAAF Magazine on ONE.

09:00 am **LIVE: Major League Baseball**

SPECIAL EVENT

Boston Red Sox V Baltimore Orioles

The Baltimore Orioles face a tough task as they face the leader in their American League East division the Boston Red Sox at the world famous Fenway Park.

12:00 pm **Mecum Auto Auction**

The ultimate car show, find out the asking price of some of the most treasured and lovingly restored classic cars.

01:00 pm **Sports Unlimited (Rpt)**

A weekly magazine show focussing on Action Sports, from the alternate to the outright bizarre, played around the globe.

02:00 pm **Mark Webber Pure Tasmania Challenge (Rpt)**

G **Mark Webber Challenge (2008)**

Australian Formula 1 Race Driver Mark Webber is joined by athletes, celebrities and friends for a race with a difference across Tasmania.

03:00 pm **AFL Premiership Season 2009 (Also airing on TEN)**

SPECIAL EVENT

Round 17 - Geelong V Hawthorn

The Grand Final rematch. Much has changed since the last Saturday in September but as the Hawks fade from finals contention this year, the Geelong Cats will look to keep their winning streak alive and claim some revenge in a blockbuster match at the MCG.

06:00 pm **Omnisport**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

06:30 pm **FINA World Championships Highlights**

G **Day 7 Highlights**

Includes the final preliminary games in the Mens Water Polo, the Free Duet Synchronised Swimming finals and Matthew Mitcham in the preliminaries for the 10 metre synchronised diving alongside diving partner Grant Nel. Plus the Womens 25km Open Water swim.



MELBOURNE PROGRAMME GUIDE

Saturday 25th July 2009



07:30 pm	AFL Premiership Season 2009 <i>(Also airing on TEN)</i>	CC	SPECIAL EVENT Round 17 - St Kilda V Western Bulldogs A blockbuster day of AFL continues as top four contenders the St Kilda Saints and Western Bulldogs face off at Etihad Stadium.
11:00 pm	Formula 1 Qualifying		SPECIAL EVENT Round 10 Hungarian Gp Qualifying The 10th Round of the F1 GP for 2009 comes from the Hungaroring near Budapest, Hungary.
12:20 am	Superboxer (Rpt)		A.I.S. Canberra Former rugby league star John Hopoate headlines the third massive night of free to air boxing in the Superboxer series. Fresh from his world title defeat, he headlines the card with an Australian Superheavyweight title on the line at the AIS in Canberra.
02:45 am	Omnisport (Rpt)		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
03:00 am	Diving: FINA World Championships - Rome 2009 (Rpt)		Diving: Womens 3m Synchronised Final The 3 metre springboard final for synchronised diving exclusive to ONE.
04:15 am	FINA World Championships Highlights (Rpt)	G	Day 7 Highlights Includes the final preliminary games in the Mens Water Polo, the Free Duet Synchronised Swimming finals and Matthew Mitcham in the preliminaries for the 10 metre synchronised diving alongside diving partner Grant Nel. Plus the Womens 25km Open Water swim.
05:10 am	Motorsport: Raceworld (Rpt)		Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.

