

# MELBOURNE PROGRAMME GUIDE

Sunday 26th July 2009



06:00 am NASCAR Sprint Cup Qualifying

## **Race 20: Allstate 400 @ Indianapolis-Qualifying**

Grid positions are on the line in Indianapolis, with the Qualifying session for this weekend's Allstate 400 at the Brickyard.

07:30 am AFL Premiership Season 2009 (Rpt)

## **Round 17 - Geelong V Hawthorn**

The Grand Final rematch. Much has changed since the last Saturday in September but as the Hawks fade from finals contention this year, the Geelong Cats will look to keep their winning streak alive and claim some revenge in a blockbuster match at the MCG.

09:30 am LIVE: NASCAR Nationwide Series

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## **SPECIAL EVENT**

### **Race 20 Kroger 200 @ O' Reilly**

Race 20 in the NASCAR Nationwide Series is live from O'Reilly Raceway Park in Indianapolis - and only on ONE.

12:00 pm Transworld Sport (Rpt)

The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.

01:00 pm Beach Volleyball: FIVB World Tour

## **Round 4 Myslowice, Poland**

The FIVB World Tour moves on to Poland as the world's best mens and womens beach volleyballers come to Myslowice.

01:30 pm I Fish

G

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

02:00 pm Omnisport

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

02:30 pm Diving: FINA World Championships - Rome 2009

## **Diving: Mens 10m Synchronised Final**

Matthew Mitcham and Grant Nel lead the Aussie charge in Diving's final event of the FINA World Championships - the 10m Synchronised Diving final for men.

04:00 pm FINA World Championships Highlights

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## **Day 8 Highlights**

Day 8 Highlights from the FINA World Championship include the final night of Diving and the Synchronised Swimming Team Free Final. Plus the Womens Water Polo Quarter Finals begin.

05:00 pm Swimming: Mare Nostrum

## **SPECIAL EVENT**

### **Monte Carlo**

Members of the Australian Dolphins swim team complete their World Championship preparations in picturesque Monte Carlo as they tear up the pool in the final Mare Nostrum event.

07:00 pm Road To Rome (Rpt)

In the final episode before the World Championship swim meet begins, we profile the Aussie swimmers and find out about their preparation before the biggest event since Beijing. Rome 2009 is Exclusive to ONE.



# MELBOURNE PROGRAMME GUIDE

Sunday 26th July 2009



07:30 pm **LIVE: Sports Tonight: The Weekend Wrap**

The best way to end the weekend is Sports Tonight: The Weekend Wrap. Join Rob Canning for extended sports news, results and highlights.

08:30 pm **Marcos Ambrose: Standing Out**

## **SPECIAL EVENT**

### **Marcos Ambrose: Standing Out**

This ONE exclusive documentary follows Marcos Ambrose as he transitions from two-time V8 Supercar champion through to cementing his place in one of the biggest sports in the world - NASCAR. Includes insights from former team boss Ross Stone.

09:00 pm **LIVE: Formula 1 Pre-Race Show**

### **Race 10 Hungarian Pre-Race Show**

A monster night of Motorsport gets under way here on ONE with LIVE F1 from Hungary, followed by LIVE MotoGP at Donington. Then following the Rome World Swimming Championships, we cross the Atlantic for LIVE Sprint Cup with the Allstate 400 at the Brickyard

09:50 pm **LIVE: Formula 1 Grand Prix**

## **SPECIAL EVENT**

### **Race 10 Hungarian Grand Prix**

The chase begins as Mark Webber and Red Bull Racing teammate Sebastian Vettel continue the charge to reign in Jenson Button's early season lead as the F1 action moves into its midsummer stretch across Europe with the Hungarian GP from Budapest.

12:00 am **LIVE: Moto GP**  
*(Also airing on TEN)*

## **SPECIAL EVENT**

### **Round 10 Britain**

The British GP from Donington is the 10th round of the 2009 MotoGP World Championship. Includes highlights of the 250cc and 125cc classes.

01:30 am **Swimming Heats: FINA World Championships - Rome 2009**

### **Swimming: Day 1 Heats**

Highlights from today's Heats session at the Foro Italico in Rome, Italy - in the leadup to the first night of Swimming finals live and exclusively on ONE.

02:00 am **LIVE: Swimming Finals: FINA World Championships - Rome 2009**

## **SPECIAL EVENT**

### **Swimming: Night 1 Finals**

Night 1 of swimming finals includes 400m Mens Freestyle, 400m Womens Freestyle and the 4x100m Mens and Womens Relays. Plus semis in the 100m Womens Butterfly, 200m Womens IM and 100m Mens Breaststroke. Exclusive to ONE.

04:00 am **LIVE: NASCAR Sprint Cup**

## **SPECIAL EVENT**

### **Race 20: Allstate 400 @ Indianapolis-Live**

One of the biggest races in the NASCAR Sprint Cup calendar each year is the Allstate 400 at the Brickyard in Indianapolis. ONE brings you full race coverage.



# MELBOURNE PROGRAMME GUIDE

Monday 27th July 2009



<b>06:00 am</b> LIVE: NASCAR Sprint Cup (Cont)	<b>SPECIAL EVENT</b> <b>Race 20: Allstate 400 @ Indianapolis-Live</b> One of the biggest races in the NASCAR Sprint Cup calendar each year is the Allstate 400 at the Brickyard in Indianapolis. ONE brings you full race coverage.
<b>08:00 am</b> Swimming Finals: FINA World Championships - Rome 2009 (Rpt)	<b>Swimming: Night 1 Finals</b> Night 1 of swimming finals includes 400m Mens Freestyle, 400m Womens Freestyle and the 4x100m Mens and Womens Relays. Plus semis in the 100m Womens Butterfly, 200m Womens IM and 100m Mens Breaststroke. Exclusive to ONE.
<b>10:00 am</b> Sports Unlimited (Rpt)	A weekly magazine show focussing on Action Sports, from the alternate to the outright bizarre, played around the globe.
<b>11:00 am</b> Athletix: IAAF Magazine (Rpt)	The week in Athletics is covered in this one stop half hour - Athletix: The IAAF Magazine on ONE.
<b>11:30 am</b> Australian Rally Championships 2009 (Rpt)	<b>Round 2 Canberra</b> Round 2 Australian Rally Championship action from the forests around the Nation's capital.
<b>12:30 pm</b> NASCAR Sprint Cup (Rpt)	<b>Race 20: Allstate 400 @ Indianapolis-Live</b> One of the biggest races in the NASCAR Sprint Cup calendar each year is the Allstate 400 at the Brickyard in Indianapolis. ONE brings you full race coverage.
<b>04:00 pm</b> Omnisport	Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
<b>04:30 pm</b> Swimming Finals: FINA World Championships - Rome 2009 (Rpt)	<b>Swimming: Night 1 Finals</b> Night 1 of swimming finals includes 400m Mens Freestyle, 400m Womens Freestyle and the 4x100m Mens and Womens Relays. Plus semis in the 100m Womens Butterfly, 200m Womens IM and 100m Mens Breaststroke. Exclusive to ONE.
<b>07:00 pm</b> LIVE: Netball: ANZ Championship Grand Final	<b>SPECIAL EVENT</b> <b>Grand Final</b> An Aussie team, the NSW Swifts, won the inaugural ANZ Championship last year. Tonight, a new champion of Trans Tasman netball will be decided. Will it be the Melbourne Vixens, Adelaide Thunderbirds, or Kiwi contenders the Magic or the Steel? Only on ONE.
<b>09:30 pm</b> LIVE: One Week At A Time	G This week at the special later time due to the ANZ Netball Championship Grand Final: Stephen Quartermain, Robert Walls and Matthew Richardson dissect the week in AFL.
<b>10:35 pm</b> This Week In Baseball	In its 32nd year, the weekly magazine show of the MLB brings you profiles, news, highlights and stories beyond the ballpark.



# MELBOURNE PROGRAMME GUIDE

Monday 27th July 2009



11:00 pm **AFL Premiership Season 2009 (Rpt)**

## **Round 17 - Geelong V Hawthorn**

The Grand Final rematch. Much has changed since the last Saturday in September but as the Hawks fade from finals contention this year, the Geelong Cats will look to keep their winning streak alive and claim some revenge in a blockbuster match at the MCG.

01:00 am **Swimming Heats: FINA World Championships - Rome 2009**

## **Swimming: Day 2 Heats**

Highlights from the Day 2 morning Heats session, before ONE's live coverage of the finals. Exclusive to ONE.

02:00 am **LIVE: Swimming Finals: FINA World Championships - Rome 2009**

## **SPECIAL EVENT**

### **Swimming: Night 2 Finals**

Stephanie Rice goes for Gold in the Womens 200m IM. Finals include the Mens 100m Breaststroke, Womens 100m Butterfly and Mens 50m Butterfly. Tonight's semis include the Mens 100m Backstroke, Womens 100m Breaststroke, Womens 100m Back & Mens 200m Free.

04:00 am **Omnisport (Rpt)**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

04:25 am **Motorsport: Australian Off Road Championships (Rpt)**

The second race in the 2009 Australian Off Road Championship comes from the Finke Desert in the Northern Territory.

04:55 am **One Week At A Time (Rpt)**

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This week at the special later time due to the ANZ Netball Championship Grand Final: Stephen Quartermain, Robert Walls and Matthew Richardson dissect the week in AFL.



# MELBOURNE PROGRAMME GUIDE

Tuesday 28th July 2009



**06:00 am Swimming Finals: FINA World Championships - Rome 2009 (Rpt)**

## **Swimming: Night 2 Finals**

Stephanie Rice goes for Gold in the Womens 200m IM. Finals include the Mens 100m Breaststroke, Womens 100m Butterfly and Mens 50m Butterfly. Tonight's semis include the Mens 100m Backstroke, Womens 100m Breaststroke, Womens 100m Back & Mens 200m Free.

**08:00 am Transworld Sport (Rpt)**

The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.

**09:00 am LIVE: Major League Baseball**

## **SPECIAL EVENT**

### **New York Mets V Colorado Rockies**

The Mets welcome the Colorado Rockies to New York for a midweek baseball showcase at their new home stadium Citi Field.

**12:00 pm Netball: ANZ Championship Grand Final (Rpt)**

### **Grand Final**

An Aussie team, the NSW Swifts, won the inaugural ANZ Championship last year. Tonight, a new champion of Trans Tasman netball will be decided. Will it be the Melbourne Vixens, Adelaide Thunderbirds, or Kiwi contenders the Magic or the Steel? Only on ONE.

**02:30 pm Omnisport**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

**03:00 pm Motorsport: Raceworld (Rpt)**

Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.

**03:55 pm One Week At A Time (Rpt)**

G

This week at the special later time due to the ANZ Netball Championship Grand Final: Stephen Quartermain, Robert Walls and Matthew Richardson dissect the week in AFL.

**05:00 pm Swimming Finals: FINA World Championships - Rome 2009 (Rpt)**

## **Swimming: Night 2 Finals**

Stephanie Rice goes for Gold in the Womens 200m IM. Finals include the Mens 100m Breaststroke, Womens 100m Butterfly and Mens 50m Butterfly. Tonight's semis include the Mens 100m Backstroke, Womens 100m Breaststroke, Womens 100m Back & Mens 200m Free.

**07:15 pm Formula 1 Grand Prix (Rpt)**

## **Race 10 Hungarian Grand Prix**

The chase begins as Mark Webber and Red Bull Racing teammate Sebastian Vettel continue the charge to reign in Jenson Button's early season lead as the F1 action moves into its midsummer stretch across Europe with the Hungarian GP from Budapest.





# MELBOURNE PROGRAMME GUIDE

Tuesday 28th July 2009



09:30 pm Sports Tonight

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.

10:00 pm AFL Premiership Season 2009

CC

**Round 17 - St Kilda V Western Bulldogs (Replay)**

A blockbuster day of AFL continues as top four contenders the St Kilda Saints and Western Bulldogs face off at Etihad Stadium.

12:15 am Motorsport: Silver Fern Rally (Rpt)

G

**Silver Fern Rally 2008**

A New Zealand motorsport institution - as classic cars e in the Silver Fern Rally comes to ONE. Classic and Historic, pre 1992The scenic backdrop of NZs Southern Alps mountain range, and some of the very best rallying roads endurance and reliability

01:05 am Swimming Heats: FINA World Championships - Rome 2009

**Swimming: Day 3 Heats**

Highlights of the Day 3 Heats from the 13th FINA World Championships at the Foro Italico in Rome, Italy.

02:00 am LIVE: Swimming Finals: FINA World Championships - Rome 2009

## SPECIAL EVENT

**Swimming: Night 3 Finals**

Emily Seebohm goes for Gold in the Womens 100m Backstroke final. Tonight also features finals in the Mens 200m Free, Womens 1500m Free, Mens 100m Back & Womens 100m Breaststroke. Plus semis of Womens 200m Free & Rickard v Sprenger in the 50m Breaststroke.

04:15 am Omnisport (Rpt)

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

04:45 am Surfing Moment (Rpt)

G

**Surfing Moments**

05:00 am Motorsport: Raceworld (Rpt)

Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.



# MELBOURNE PROGRAMME GUIDE

Wednesday 29th July 2009



06:00 am **Swimming Finals: FINA World Championships - Rome 2009 (Rpt)**

## **Swimming: Night 3 Finals**

Emily Seebohm goes for Gold in the Womens 100m Backstroke final. Tonight also features finals in the Mens 200m Free, Womens 1500m Free, Mens 100m Back & Womens 100m Breaststroke. Plus semis of Womens 200m Free & Rickard v Sprenger in the 50m Breaststroke.

08:15 am **AFL Premiership Season 2009 (Rpt)** CC

## **Round 17 - St Kilda V Western Bulldogs (Replay)**

A blockbuster day of AFL continues as top four contenders the St Kilda Saints and Western Bulldogs face off at Etihad Stadium.

10:30 am **NASCAR Nationwide Series Highlights** G

## **Race 20 Kroger 200 @ O' Reilly-Recap**

The one hour race highlights from NASCAR Nationwide's 20th round at O'Reilly Raceway Park.

11:30 am **This Week In Baseball (Rpt)**

In its 32nd year, the weekly magazine show of the MLB brings you profiles, news, highlights and stories beyond the ballpark.

12:00 pm **LIVE: Major League Baseball**

## **SPECIAL EVENT**

### **San Francisco Giants V Pittsburgh Pirates**

National League rivals the Giants and the Pittsburgh Pirates meet in San Francisco as the exclusive MLB matches continue here on ONE.

03:00 pm **Omnisport**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

03:15 pm **Triathlon: ITU World Championship Series** G

## **Round 5 Mens From Hamburg**

The World Championship in Triathlon is up for grabs in this new 8 race format. In the fifth round, the men race in Hamburg, Germany.

05:30 pm **Swimming Finals: FINA World Championships - Rome 2009 (Rpt)**

## **Swimming: Night 3 Finals**

Emily Seebohm goes for Gold in the Womens 100m Backstroke final. Tonight also features finals in the Mens 200m Free, Womens 1500m Free, Mens 100m Back & Womens 100m Breaststroke. Plus semis of Womens 200m Free & Rickard v Sprenger in the 50m Breaststroke.

08:00 pm **Moto GP (Rpt)**

## **Round 10 Britain**

The British GP from Donington is the 10th round of the 2009 MotoGP World Championship. Includes highlights of the 250cc and 125cc classes.

09:30 pm **Sports Tonight**

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.

10:00 pm **Poker**

## **P.C.A Main Event**

A brand new Pokerstar season kicks off with the Caribbean Adventure Main Event. Continues Friday and next week.



# MELBOURNE PROGRAMME GUIDE

Wednesday 29th July 2009



11:00 pm **NASCAR Sprint Cup Highlights**

G **Race 20: Allstate 400 @ Indianapolis-Highlights**

Marcos Ambrose brings you behind the scenes insights from a driver's perspective as he introduces an hour of highlights from the Allstate 400 at the Brickyard.

12:00 am **Surfing: ASP Season**

**Boost Mobile Pro - USA 2006**

The ASP Mens World Championship Tour is the premier mens surfing tour, featuring 10 rounds with the top 45 ranked professional surfers in the world, as well as local wild card entries.

01:00 am **Swimming Heats: FINA World Championships - Rome 2009**

**Swimming: Day 4 Heats**

The big names of Australian swimming Eamon Sullivan, Stephanie Rice, Jessicah Schipper and Emily Seebohm are in action alongside newcomers Leith Brodie, Matthew Target, Christian Sprenger and Tommaso D'Orsogna in Day 4 action from Rome.

02:00 am **LIVE: Swimming Finals: FINA World Championships - Rome 2009**

**SPECIAL EVENT**

**Swimming: Night 4 Finals**

Night 4 finals include the Mens 200m Fly, Womens 200m Free, Mens 50m Breaststroke - the grudge match between Christian Sprenger and Brenton Rickard - and Mens 800m Free. Plus semis of the Mens 100m Free, Womens 50m Back, Mens 200m IM and Womens 200m Fly.

04:00 am **Omnisport (Rpt)**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

04:30 am **Athletix: IAAF Magazine (Rpt)**

The week in Athletics is covered in this one stop half hour - Athletix: The IAAF Magazine on ONE.

05:00 am **Sports Unlimited**

A weekly magazine show focussing on Action Sports, from the alternate to the outright bizarre, played around the globe.





# MELBOURNE PROGRAMME GUIDE

Thursday 30th July 2009



06:00 am **Swimming Finals: FINA World Championships - Rome 2009 (Rpt)**

## **Swimming: Night 4 Finals**

Night 4 finals include the Mens 200m Fly, Womens 200m Free, Mens 50m Breaststroke - the grudge match between Christian Sprenger and Brenton Rickard - and Mens 800m Free. Plus semis of the Mens 100m Free, Womens 50m Back, Mens 200m IM and Womens 200m Fly.

08:00 am **Motorsport: DTM German Touring Cars (Rpt)**

## **Norising**

The competition heats up between Audi and Mercedes in one of the world's most acclaimed touring car series with the third round from the Norising.

09:00 am **LIVE: Major League Baseball**

## **SPECIAL EVENT**

### **Tampa Bay Rays V New York Yankees**

World Series runners up in 2008 the Tampa Bay Rays, welcome the New York Yankees to Florida for midweek MLB only on ONE.

12:00 pm **NASCAR Sprint Cup Highlights (Rpt)**

G

## **Race 20: Allstate 400 @ Indianapolis-Highlights**

Marcos Ambrose brings you behind the scenes insights from a driver's perspective as he introduces an hour of highlights from the Allstate 400 at the Brickyard.

01:00 pm **Transworld Sport**

The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.

02:00 pm **Omnisport**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

02:30 pm **Netball: ANZ Championship Grand Final (Rpt)**

## **Grand Final**

An Aussie team, the NSW Swifts, won the inaugural ANZ Championship last year. Tonight, a new champion of Trans Tasman netball will be decided. Will it be the Melbourne Vixens, Adelaide Thunderbirds, or Kiwi contenders the Magic or the Steel? Only on ONE.

05:00 pm **Swimming Finals: FINA World Championships - Rome 2009 (Rpt)**

## **Swimming: Night 4 Finals**

Night 4 finals include the Mens 200m Fly, Womens 200m Free, Mens 50m Breaststroke - the grudge match between Christian Sprenger and Brenton Rickard - and Mens 800m Free. Plus semis of the Mens 100m Free, Womens 50m Back, Mens 200m IM and Womens 200m Fly.

07:30 pm **LIVE: Thursday Night Live**

PG

Bill Woods presents an action packed 90 minute roundup of the week in sport as well as a light hearted look at the weekend ahead. Includes Luke Darcy and Liz Ellis as well as a preview of the Superboxer action coming up next on ONE.

09:00 pm **LIVE: Superboxer**

## **SPECIAL EVENT**

### **Western Sydney**

The final round in a big month of Superboxer on ONE sees Sam Soliman in action as well as the Australian Super Middleweight Title bout.



# MELBOURNE PROGRAMME GUIDE

Thursday 30th July 2009



11:30 pm **UFC Wired**

UFC Wired is a hard-hitting hour hosted by Joe Rogan. Featuring some of the greatest bouts ever held in the Ultimate Fighting Championships as well as a unique perspective on some of the top mixed martial artists from the past and today.

12:30 am **Marcos Ambrose: Standing Out (Rpt)**

**Marcos Ambrose: Standing Out**

This ONE exclusive documentary follows Marcos Ambrose as he transitions from two-time V8 Supercar champion through to cementing his place in one of the biggest sports in the world - NASCAR. Includes insights from former team boss Ross Stone.

01:00 am **Tread BMX (Rpt)**

Witness the most dangerous stunts performed by the most talented and fearless riders on the planet. Features the wildest leaps, spins and crashes plus some downright hilarious antics that put other extreme action sports to shame!

01:30 am **Swimming Heats: FINA World Championships - Rome 2009**

**Swimming: Day 5 Heats**

Libby Trickett and Marieke Guehrer hit the pool in Rome as the World Swimming Championships pass the midway point of competition. Highlights of today's Heats before tonight's Finals live and only on ONE.

02:00 am **LIVE: Swimming Finals: FINA World Championships - Rome 2009**

**SPECIAL EVENT**

**Swimming: Night 5 Finals**

A big night of Finals includes Eamon Sullivan in the Mens 100m Free, Jess Schipper in the Womens 200m Fly plus Sprenger v Rickard in the Mens 200m Breaststroke. Tonight also features semis of the Womens 100m Free, Mens 200m Back and Womens 4x200m Free.

04:30 am **Omnisport (Rpt)**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

05:00 am **Mecum Auto Auction (Rpt)**

The ultimate car show, find out the asking price of some of the most treasured and lovingly restored classic cars.



# MELBOURNE PROGRAMME GUIDE

Friday 31st July 2009



**06:00 am Swimming Finals: FINA World Championships - Rome 2009 (Rpt)**

## **Swimming: Night 5 Finals**

A big night of Finals includes Eamon Sullivan in the Mens 100m Free, Jess Schipper in the Womens 200m Fly plus Sprenger v Rickard in the Mens 200m Breaststroke. Tonight also features semis of the Womens 100m Free, Mens 200m Back and Womens 4x200m Free.

**08:30 am Motorsport: Raceworld**

Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.

**09:30 am This Week In Baseball (Rpt)**

In its 32nd year, the weekly magazine show of the MLB brings you profiles, news, highlights and stories beyond the ballpark.

**10:00 am LIVE: Major League Baseball**

## **SPECIAL EVENT**

### **St Louis Cardinals V Los Angeles Dodgers**

The Busch Stadium in St Louis, home of the All Star game, features another star studded match as the league leading LA Dodgers come to face the Cardinals.

**01:00 pm Grand-Am Rolex Sportscar Series Highlights**

G **Race 8 Porsche 250 @ Birmingham-Recap**

Highlights of the 8th race in the 2009 Grand-Am Rolex Sportscar Series from Birmingham, Alabama.

**02:00 pm Omnisport**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

**02:30 pm I Fish (Rpt)**

G

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

**03:00 pm Athletix: The IAAF Magazine**

The latest instalment of the weekly magazine show of the IAAF - the governing body of world athletics.

**03:30 pm Triathlon: ITU World Championship Series**

G **Round 5 Womens From Hamburg**

Olympic medallists Emma Snowsill and Emma Moffatt continue the Aussie charge in Triathlon at the ITU World Championships. Round 5 comes from Hamburg, Germany.

**06:00 pm Swimming Finals: FINA World Championships - Rome 2009 (Rpt)**

## **Swimming: Night 5 Finals**

A big night of Finals includes Eamon Sullivan in the Mens 100m Free, Jess Schipper in the Womens 200m Fly plus Sprenger v Rickard in the Mens 200m Breaststroke. Tonight also features semis of the Womens 100m Free, Mens 200m Back and Womens 4x200m Free.

**08:30 pm Motorsport: DTM - German Touring Cars**

## **Circuit Park Zandvoort**

One of Europe's finest touring car series as the DTM (Deutsche Tourenwagen Masters, aka German Touring Cars) travel to Zandvoort in the Netherlands for the 4th Round.



# MELBOURNE PROGRAMME GUIDE

Friday 31st July 2009



09:30 pm **LIVE: Sports Tonight**

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.

10:00 pm **Poker**

**P.C.A Main Event Part 2**

The second of four episodes from this brand new Pokerstars Caribbean Adventure tournament - the Main Event.

11:00 pm **NASCAR Nationwide Series Highlights (Rpt)**

G **Race 20 Kroger 200 @ O' Reilly-Recap**

The one hour race highlights from NASCAR Nationwide's 20th round at O'Reilly Raceway Park.

12:00 am **Boxing: KO TV Classics**

PG **Olympians (Part 1)**

Joe Frazier v Buster Mathis, plus Floyd Patterson and also Roy Jones Junior in action as KOTV Classics looks at ultimate boxing Olympians.

01:00 am **Swimming Heats: FINA World Championships - Rome 2009**

**Swimming: Day 6 Heats**

Highlights from Day 6 Heats at the 13th FINA World Championships.

02:00 am **LIVE: Swimming Finals: FINA World Championships - Rome 2009**

**SPECIAL EVENT**

**Swimming: Night 6 Finals**

Libby Trickett goes for Gold in the Womens 100m Free and backs up in the semis of the 50m Fly. Plus finals of the Mens 200m Backstroke and Mens & Womens 200m Breaststroke, as well as the big men in the Mens 50m Free semis. Then Mens 4x200m Free final.

04:15 am **Water Polo: FINA World Championships - Rome 2009**

**Water Polo: Womens Playoffs 5th To 8th**

Playoff matches in the Womens Water Polo tournament as the world's top teams vie for 5th and 7th placed rankings.



# MELBOURNE PROGRAMME GUIDE

Saturday 01st August 2009



06:00 am **Water Polo: FINA World Championships - Rome 2009 (Cont)**

**Water Polo: Womens Playoffs 5th To 8th**

Playoff matches in the Womens Water Polo tournament as the world's top teams vie for 5th and 7th placed rankings.

06:55 am **Water Polo: FINA World Championships - Rome 2009**

**Water Polo: Womens Bronze Medal Match**

The Bronze medal playoff in the Womens Water Polo at the FINA World Championships in Rome.

09:00 am **FINA World Swimming Championships - Finals Night 6 Replay (Rpt)**

**Swimming: Night 6 Finals**

Libby Trickett goes for Gold in the Womens 100m Free and backs up in the semis of the 50m Fly. Plus finals of the Mens 200m Backstroke and Mens & Womens 200m Breaststroke, as well as the big men in the Mens 50m Free semis. Then Mens 4x200m Free final.

11:30 am **NASCAR Sprint Cup Qualifying**

**Race 21: Pennsylvania 500 @ Pocono-Qualifying**

Sprint Cup Qualifying from Pocono, exclusive to ONE.

01:00 pm **Mecum Auto Auction**

The ultimate car show, where you can see lovingly restored muscle, exotic and collector cars go under the hammer and find out what some classic treasures are really worth.

02:00 pm **Water Polo: FINA World Championships - Rome 2009**

**Water Polo: Womens Gold Medal Match**

The Gold medal decider as the world's two top Womens water polo teams do battle.

03:00 pm **AFL Premiership Season 2009**  
*(Also airing on TEN)*

**SPECIAL EVENT**

**Round 18 - Geelong V Adelaide**

With a month until the finals, the Adelaide Crows test themselves against one of the dominant teams of recent seasons with a visit to Skilled Stadium to face the Geelong Cats.

06:00 pm **Omnisport**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

06:30 pm **Before The Game**

CC PG

Join Dave Hughes, Mick Molloy, Andrew Maher, Sam Lane and Lehmo for all the footy action giving you the full low-down of all the weekend's games.

07:30 pm **AFL Premiership Season 2009**  
*(Also airing on TEN)*

CC

**SPECIAL EVENT**

**Round 18 - Collingwood V Brisbane Lions**

A spot in the top four is on the line as the Collingwood Magpies and Brisbane Lions do battle at the MCG.

11:00 pm **Superboxer (Rpt)**

**Western Sydney**

The final round in a big month of Superboxer on ONE sees Sam Soliman in action as well as the Australian Super Middleweight Title bout.

01:30 am **Swimming Heats: FINA World Championships - Rome 2009**

**Swimming: Day 7 Heats**

Highlights of the second last morning heats session at the 13th FINA World Championship.

02:00 am **LIVE: Swimming Finals: FINA World Championships - Rome 2009**

**SPECIAL EVENT**

**Swimming: Night 7 Finals**

Finals include Womens 50m Butterfly, Mens 50m Free, Womens 200m Backstroke, Mens 100m Fly and Womens 4x100m Medley Relay. Plus semis of the Womens 50m Breaststroke, Womens 50m Free and Mens 50m Backstroke.





# MELBOURNE PROGRAMME GUIDE

Saturday 01st August 2009



**04:10 am Water Polo: FINA World Swimming  
Championship - Rome 2009**

**Water Polo: Mens Playoffs 5th To 8th**

The Mens Water Polo tournament at Rome 2009 ends with the 5th v 6th and 7th v 8th playoffs.

