

MELBOURNE PROGRAMME GUIDE

Sunday 02nd August 2009



SPECIAL EVENT	
06:00 am LIVE: NASCAR Nationwide Series	Race 21 U.S. Cellular 250 @ Iowa The NASCAR Nationwide series rolls into Iowa for the 21st race, the U.S Cellular 250.
09:30 am Swimming Finals: FINA World Championships - Rome 2009 (Rpt)	Swimming: Night 7 Finals Finals include Womens 50m Butterfly, Mens 50m Free, Womens 200m Backstroke, Mens 100m Fly and Womens 4x100m Medley Relay. Plus semis of the Womens 50m Breaststroke, Womens 50m Free and Mens 50m Backstroke.
11:40 am Water Polo: FINA World Championships - Rome 2009	Water Polo: Mens Bronze Medal Match It is the business end of the competition as the mens Water Polo tournament reaches its conclusion at the 13th FINA World Swimming Championships.
02:00 pm I Fish	G Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.
02:30 pm Omnisport	Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
03:00 pm Transworld Sport (Rpt)	The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.
SPECIAL EVENT	
04:00 pm Water Polo: FINA World Championships - Rome 2009	Water Polo: Mens Gold Medal Match Who will claim Gold in the Mens Water Polo at Rome 2009?
05:00 pm Swimming Finals: FINA World Championships - Rome 2009 (Rpt)	Swimming: Night 7 Finals Finals include Womens 50m Butterfly, Mens 50m Free, Womens 200m Backstroke, Mens 100m Fly and Womens 4x100m Medley Relay. Plus semis of the Womens 50m Breaststroke, Womens 50m Free and Mens 50m Backstroke.
07:30 pm LIVE: Sports Tonight: The Weekend Wrap	The best way to end the weekend is Sports Tonight: The Weekend Wrap. Join Rob Canning for extended sports news, results and highlights.
SPECIAL EVENT	
08:30 pm Motorsport: Isle Of Man Tourist Trophy	At just under 38 miles, its one of the world's most pictureseque racing circuits. Over six laps see who will conquer the Isle of Man.
09:30 pm Motorsport: Isle Of Man Tourist Trophy	The action continues on ONE with more from the 2009 Isle of Man Tourist Trophy.



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10:30 pm	AFL Premiership Season 2009 (Rpt)	CC	Round 18 - Collingwood V Brisbane Lions A spot in the top four is on the line as the Collingwood Magpies and Brisbane Lions do battle at the MCG.
12:30 am	Omnisport (Rpt)		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
01:00 am	Swimming Heats: FINA World Championships - Rome 2009		Swimming: Day 8 Heats The final day of Heats as competition at the 13th FINA World Championships draws to a close.
02:00 am	LIVE: Swimming Finals: FINA World Championships - Rome 2009		SPECIAL EVENT Swimming: Night 8 Finals The last Gold medals are up for grabs in the pool as the final night of competition at the FINA World Championships includes the Mens 50m Backstroke, Mens 400m IM, Womens 50m Free, Womens 400m IM and Mens 1500m.
04:10 am	Water Polo: FINA World Championships - Rome 2009 (Rpt)		Water Polo: Mens Gold Medal Match Who will claim Gold in the Mens Water Polo at Rome 2009?
05:10 am	Surfing Moment (Rpt)	G	Surfing Moments
05:30 am	Omnisport (Rpt)		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.



MELBOURNE PROGRAMME GUIDE

Monday 03rd August 2009



06:00 am	LIVE: Major League Baseball	SPECIAL EVENT Teams TBA Live Baseball exclusive to ONE. Teams to be advised.
09:00 am	Swimming Finals: FINA World Championships - Rome 2009 (Rpt)	Swimming: Night 8 Finals The last Gold medals are up for grabs in the pool as the final night of competition at the FINA World Championships includes the Mens 50m Backstroke, Mens 400m IM, Womens 50m Free, Womens 400m IM and Mens 1500m.
11:10 am	Water Polo: FINA World Championships - Rome 2009 (Rpt)	Water Polo: Womens Gold Medal Match The Gold medal decider as the world's two top Womens water polo teams do battle.
12:10 pm	Sports Unlimited (Rpt)	A weekly magazine show focussing on Action Sports, from the alternate to the outright bizarre, played around the globe.
01:05 pm	Australian Rally Championships 2009 (Rpt)	Round 3 Western Australia ONE presents a special look at the third round of Australian Rally Championship from the West Coast.
02:00 pm	Omnisport	Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
02:30 pm	Major League Baseball (Rpt)	Teams TBA Live Baseball exclusive to ONE. Teams to be advised.
05:00 pm	Swimming Finals: FINA World Championships - Rome 2009 (Rpt)	Swimming: Night 8 Finals The last Gold medals are up for grabs in the pool as the final night of competition at the FINA World Championships includes the Mens 50m Backstroke, Mens 400m IM, Womens 50m Free, Womens 400m IM and Mens 1500m.
07:30 pm	LIVE: One Week At A Time	SPECIAL EVENT G One month out from the finals, Stephen Quartermain and Robert Walls analyse the action as we head towards finding the eight teams who will battle it out for the flag.
08:35 pm	Golf: US Open Official Film 2009	SPECIAL EVENT Us Open Official Film 2009 ONE takes you back to Bethpage Black to relive the magic of the 109th US Open, which made history as rain extended normal play across 5 days.
09:30 pm	LIVE: Sports Tonight	For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.
10:00 pm	This Week In Baseball	In its 32nd year, the weekly magazine show of the MLB brings you profiles, news, highlights and stories beyond the ballpark.



MELBOURNE PROGRAMME GUIDE

Monday 03rd August 2009



10:30 pm Tread BMX

Witness the most dangerous stunts performed by the most talented and fearless riders on the planet. Features the wildest leaps, spins and crashes plus some downright hilarious antics that put other extreme action sports to shame!

10:55 pm Boxing: KO TV Classic

PG **Cruiserweights**

11:55 pm One Week At A Time (Rpt)

G

One month out from the finals, Stephen Quartermain and Robert Walls analyse the action as we head towards finding the eight teams who will battle it out for the flag.

01:00 am Sports Tonight Late

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

01:15 am Omnisport (Rpt)

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

01:45 am Poker: Asia Pacific Tour (Rpt)

PG **Asia Pacific Tour**

02:35 am Athletix: IAAF Magazine (Rpt)

The latest instalment of the weekly magazine show of the IAAF - the governing body of world athletics.

03:05 am Major League Baseball (Rpt)

Teams TBA

Live Baseball exclusive to ONE. Teams to be advised.

05:30 am One Week At A Time (Rpt)

G

One month out from the finals, Stephen Quartermain and Robert Walls analyse the action as we head towards finding the eight teams who will battle it out for the flag.



MELBOURNE PROGRAMME GUIDE

Tuesday 04th August 2009



06:00 am	One Week At A Time (Cont) (Rpt)	G	One month out from the finals, Stephen Quartermain and Robert Walls analyse the action as we head towards finding the eight teams who will battle it out for the flag.
06:30 am	AFL Premiership Season 2009 (Rpt)	CC	Round 18 - Collingwood V Brisbane Lions A spot in the top four is on the line as the Collingwood Magpies and Brisbane Lions do battle at the MCG.
08:30 am	This Week In Baseball (Rpt)		In its 32nd year, the weekly magazine show of the MLB brings you profiles, news, highlights and stories beyond the ballpark.
09:00 am	Major League Baseball		Teams TBA Up to 5 Live Baseball games a week, exclusively on ONE. Teams to be advised.
12:00 pm	Motorsport: Australian Off Road Championships (Rpt)	G	The second race in the 2009 Australian Off Road Championship comes from the Finke Desert in the Northern Territory.
12:30 pm	Motorsport: Raceworld		Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.
01:30 pm	K1 Fast Driver (Rpt)	G	K1 Fast Driver Improve your golf game and lower your scores as former Ryder Cup winner Sam Torrance is joined by Dean Wilson at St. Andrews to present the K1 Fast phenomenon - one of the longest legal drivers in golf today.
02:00 pm	Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
02:30 pm	Red Bull Air Race (Rpt)	G	Round 3 Windsor Ontario Complete two hour coverage of the third Red Bull Air Race for 2009 from Ontario, Canada.
04:30 pm	NASCAR Nationwide Series (Rpt)		Race 21 U.S. Cellular 250 @ Iowa The NASCAR Nationwide series rolls into Iowa for the 21st race, the U.S Cellular 250.
07:30 pm	NASCAR Sprint Cup Highlights		Race 21: Sunoco Red Cross Pennsylvania 500 @ Pocono-Highlights Marcos Ambrose introduces an hour of highlights of the 21st race in the Sprint Cup from Pocono.
08:30 pm	Motorsport: Le Mans 24 Hour Official Film 2009 (Rpt)		SPECIAL EVENT 2009 Official Film The 2009 Official Film condenses 24 hours of breath taking motor racing into one unmissable hour. from the unique Le Mans circuit.
09:30 pm	LIVE: Sports Tonight		For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.



MELBOURNE PROGRAMME GUIDE

Tuesday 04th August 2009



10:00 pm **AFL Premiership Season 2009 (Rpt)**

Round 18 - Geelong V Adelaide

With a month until the finals, the Adelaide Crows test themselves against one of the dominant teams of recent seasons with a visit to Skilled Stadium to face the Geelong Cats.

12:00 am **Sports Tonight Late**

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

12:15 am **UFC Wired (Rpt)**

Mixed Martial Arts comes to ONE as the Ultimate Fighting Championship makes its free to air debut with UFC Wired.

01:15 am **Omnisport (Rpt)**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

01:45 am **Sports Unlimited (Rpt)**

A weekly magazine show focussing on Action Sports, from the alternate to the outright bizarre, played around the globe.

02:40 am **Major League Baseball (Rpt)**

Teams TBA

Up to 5 Live Baseball games a week, exclusively on ONE. Teams to be advised.

05:10 am **Mecum Auto Auction (Rpt)**

The ultimate car show, where you can see lovingly restored muscle, exotic and collector cars go under the hammer and find out what some classic treasures are really worth.



MELBOURNE PROGRAMME GUIDE

Wednesday 05th August 2009



06:00 am	Motorsport: DTM German Touring Cars (Rpt)		Circuit Park Zandvoort One of Europe's finest touring car series continues with the DTM (Deutsche Tourenwagen Masters) on ONE. In the fourth round, the teams and drivers travel to Zandvoort in the Netherlands.
07:00 am	NASCAR Sprint Cup Highlights (Rpt)		Race 21: Sunoco Red Cross Pennsylvania 500 @ Pocono-Highlights Marcos Ambrose introduces an hour of highlights of the 21st race in the Sprint Cup from Pocono.
08:00 am	K1 Fast Driver (Rpt)	G	K1 Fast Driver Improve your golf game and lower your scores as former Ryder Cup winner Sam Torrance is joined by Dean Wilson at St. Andrews to present the K1 Fast phenomenon - one of the longest legal drivers in golf today.
08:30 am	I Fish (Rpt)	G	Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.
09:00 am	Major League Baseball		Teams TBA Up to 5 Live Baseball games a week, exclusively on ONE. Teams to be advised.
12:00 pm	Triathlon: ITU World Championship Series (Rpt)	G	Round 5 Mens From Hamburg The World Championship in Triathlon is up for grabs in this new 8 race format. In the fifth round, the men race in Hamburg, Germany.
02:30 pm	Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
03:00 pm	Athletix: The IAAF Magazine (Rpt)		The latest instalment of the weekly magazine show of the IAAF - the governing body of world athletics.
03:30 pm	Water Polo: FINA World Championships - Rome 2009 (Rpt)		Water Polo: Mens Gold Medal Match Who will claim Gold in the Mens Water Polo at Rome 2009?
04:30 pm	One Week At A Time (Rpt)	G	One month out from the finals, Stephen Quartermain and Robert Walls analyse the action as we head towards finding the eight teams who will battle it out for the flag.
05:30 pm	AFL Premiership Season 2009 (Rpt)	CC	Round 18 - Collingwood V Brisbane Lions A spot in the top four is on the line as the Collingwood Magpies and Brisbane Lions do battle at the MCG.
07:30 pm	High Five	G	An edgy, character driven focus on Action Sports and off the wall pursuits that dominate worldwide youth culture today.
08:00 pm	Next Wave		SPECIAL EVENT Australia's junior surf pros showcase their incredible talents as we follow their journey to be among the nation's greatest junior surfers.



MELBOURNE PROGRAMME GUIDE

Wednesday 05th August 2009



08:30 pm Pro Bull Riding

Dare to enter the bullring as Aussie cowboys compete among the best of the US in Pro Bull Riding.

09:30 pm LIVE: Sports Tonight

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.

10:00 pm Poker

P.C.A Main Event Part 3

The Caribbean Adventure continues with the third part of the PCA Main Event.

10:55 pm Surfing: ASP Season

Quiksilver Pro - France 2006

The ASP Mens World Championship Tour is the premier mens surfing tour, featuring 10 rounds with the top 45 ranked professional surfers in the world, as well as local wild card entries.

11:55 pm Sports Tonight Late

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

12:10 am UFC Wired (Rpt)

UFC Wired is a hard-hitting hour hosted by Joe Rogan. Featuring some of the greatest bouts ever held in the Ultimate Fighting Championships as well as a unique perspective on some of the top mixed martial artists from the past and today.

01:10 am Omnisport (Rpt)

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

01:35 am Major League Baseball (Rpt)

Teams TBA

Up to 5 Live Baseball games a week, exclusively on ONE. Teams to be advised.

04:00 am LIVE: Major League Baseball

SPECIAL EVENT

Teams TBA

Up to 5 Live Baseball games a week, exclusively on ONE. Teams to be advised.



MELBOURNE PROGRAMME GUIDE

Thursday 06th August 2009



SPECIAL EVENT	
06:00 am LIVE: Major League Baseball (Cont)	Teams TBA Up to 5 Live Baseball games a week, exclusively on ONE. Teams to be advised.
07:00 am AFL Premiership Season 2009 (Rpt)	Round 18 - Geelong V Adelaide With a month until the finals, the Adelaide Crows test themselves against one of the dominant teams of recent seasons with a visit to Skilled Stadium to face the Geelong Cats.
09:00 am Motorsport: FIA GT Round 1 (Rpt)	G Silverstone, United Kingdom Highlights of the first round of the 2009 FIA GT series from England's historic Silverstone circuit.
10:00 am Motorsport: FIA GT Round 2 (Rpt)	G Adria, Italy Round 2 of the FIA GT series comes from Adria in Italy.
11:00 am Motorsport: FIA GT Round 3 (Rpt)	Oschersleben, Germany
12:00 pm Triathlon: ITU World Championship Series (Rpt)	G Round 5 Womens From Hamburg Olympic medallists Emma Snowsill and Emma Moffatt continue the Aussie charge in Triathlon at the ITU World Championships. Round 5 comes from Hamburg, Germany.
02:30 pm Omnisport	Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
03:00 pm K1 Fast Driver (Rpt)	G K1 Fast Driver Improve your golf game and lower your scores as former Ryder Cup winner Sam Torrance is joined by Dean Wilson at St. Andrews to present the K1 Fast phenomenon - one of the longest legal drivers in golf today.
03:30 pm Major League Baseball (Rpt)	Teams TBA Up to 5 Live Baseball games a week, exclusively on ONE. Teams to be advised.
06:00 pm Omnisport (Rpt)	Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
06:30 pm Transworld Sport	The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.
SPECIAL EVENT	
07:30 pm LIVE: Thursday Night Live	PG Bill Woods is joined by Luke Darcy, Liz Ellis, Mark Howard and Adam Hawse for a fun and entertaining look at the week in sport - from the wacky to the wonderful.
09:00 pm Xtreme Paintball: Beyond The Paint	The world's most outrageous, fun and fearless paintball players face off for cash prizes, respect and glory.



MELBOURNE PROGRAMME GUIDE

Thursday 06th August 2009



09:30 pm **LIVE: Sports Tonight**

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.

10:00 pm **UFC Wired**

SPECIAL EVENT

UFC Wired is a hard-hitting hour hosted by Joe Rogan. Featuring some of the greatest bouts ever held in the Ultimate Fighting Championships as well as a unique perspective on some of the top mixed martial artists from the past and today.

11:00 pm **NASCAR Nationwide Series Highlights**

G **Race 21 U.S Cellular 250 @ Iowa-Recap**

Highlights of the NASCAR Nationwide round from Iowa Speedway.

12:00 am **Sports Tonight Late**

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

12:20 am **Omnisport (Rpt)**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

12:50 am **Grand-Am Rolex Sportscar Series Highlights (Rpt)**

G **Race 8 Porsche 250 @ Birmingham-Recap**

Highlights of the 8th race in the 2009 Grand-Am Rolex Sportscar Series from Birmingham, Alabama.

01:50 am **Water Polo: FINA World Championships - Rome 2009 (Rpt)**

Water Polo: Womens Gold Medal Match

The Gold medal decider as the world's two top Womens water polo teams do battle.

02:50 am **Tread BMX (Rpt)**

Witness the most dangerous stunts performed by the most talented and fearless riders on the planet. Features the wildest leaps, spins and crashes plus some downright hilarious antics that put other extreme action sports to shame!

03:20 am **Surfing Moment (Rpt)**

G **Surfing Moments**

03:30 am **Spirit Of Golf (Rpt)**

G **Trevor Immelman**

Golfer Trevor Immelman features in this episode of Spirit of Golf.

04:00 am **LIVE: Golf: WGC Bridgestone Invitational**

SPECIAL EVENT

Wgc Bridgestone Invitational Round 1

The opening round of one of the biggest Golf tournaments of the year as the World Golf Championships continue with the Bridgestone Invitational from Firestone Country Club in Akron, Ohio. Can Stuart Appleby go one better than his 2nd place in 2008?



MELBOURNE PROGRAMME GUIDE

Friday 07th August 2009



SPECIAL EVENT

06:00 am LIVE: Golf: WGC Bridgestone Invitational (Cont)

Wgc Bridgestone Invitational Round 1

The opening round of one of the biggest Golf tournaments of the year as the World Golf Championships continue with the Bridgestone Invitational from Firestone Country Club in Akron, Ohio. Can Stuart Appleby go one better than his 2nd place in 2008?

08:00 am Athletix: The IAAF Magazine

08:30 am Motorsport: Raceworld (Rpt)

Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.

09:30 am NASCAR Sprint Cup Highlights (Rpt)

Race 21: Sunoco Red Cross Pennsylvania 500 @ Pocono-Highlights

Marcos Ambrose introduces an hour of highlights of the 21st race in the Sprint Cup from Pocono.

10:30 am NASCAR Nationwide Series Highlights (Rpt)

G Race 21 U.S Cellular 250 @ Iowa-Recap

Highlights of the NASCAR Nationwide round from Iowa Speedway.

11:30 am K1 Fast Driver (Rpt)

G K1 Fast Driver

Improve your golf game and lower your scores as former Ryder Cup winner Sam Torrance is joined by Dean Wilson at St. Andrews to present the K1 Fast phenomenon - one of the longest legal drivers in golf today.

12:00 pm Major League Baseball

Teams TBA

Up to 5 Live Baseball games a week, exclusively on ONE. Teams to be advised.

03:00 pm Omnisport

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

03:30 pm Triathlon: ITU World Championship Series Highlights

G Round 5 Highlights

Highlights of the Hamburg round as the World Championship is on the line in the inaugural ITU Triathlon series.

04:30 pm Golf: WGC Bridgestone Invitational (Rpt)

Wgc Bridgestone Invitational Round 1

The opening round of one of the biggest Golf tournaments of the year as the World Golf Championships continue with the Bridgestone Invitational from Firestone Country Club in Akron, Ohio. Can Stuart Appleby go one better than his 2nd place in 2008?

08:30 pm Motorsport: FIA GT Round 4

Spa, Belgium

The 4th round of the FIA GT in 2009 comes from Spa in Belgium.

09:30 pm LIVE: Sports Tonight

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.



MELBOURNE PROGRAMME GUIDE

Friday 07th August 2009



10:00 pm Poker

P.C.A Main Event Part 4

The conclusion of the PCA Main Event as the Caribbean Poker Adventure continues on ONE.

11:00 pm Boxing: KO TV Classic

PG **Best Boxing Alias**

KOTV Boxing classic continue exclusively on ONE. This week we count down five of the best boxing aliases.

12:00 am Marcos Ambrose: Standing Out (Rpt)

Marcos Ambrose: Standing Out

This ONE exclusive documentary follows Marcos Ambrose as he transitions from two-time V8 Supercar champion through to cementing his place in one of the biggest sports in the world - NASCAR. Includes insights from former team boss Ross Stone.

12:30 am Sports Tonight Late

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

01:00 am Omnisport (Rpt)

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

01:30 am Major League Baseball (Rpt)

Teams TBA

Up to 5 Live Baseball games a week, exclusively on ONE. Teams to be advised.

04:00 am LIVE: Golf: WGC Bridgestone Invitational

SPECIAL EVENT

W.G.C Bridgestone Invitational Round 2

Second round action Live from the Firestone Country Club in Akron, Ohio as ONE's exclusive coverage of the WGC Bridgestone Invitational continues.



MELBOURNE PROGRAMME GUIDE

Saturday 08th August 2009



06:00 am	LIVE: Golf: WGC Bridgestone Invitational (Cont)		SPECIAL EVENT <u>W.G.C Bridgestone Invitational Round 2</u> Second round action Live from the Firestone Country Club in Akron, Ohio as ONE's exclusive coverage of the WGC Bridgestone Invitational continues.
08:00 am	Spirit Of Golf		Stories from beyond the clubhouse as the ONE brings you the Spirit of Golf.
08:30 am	NASCAR Sprint Cup Qualifying		<u>Race 22: Heluva Good! Sour Cream Dips @ Watkins Glen-Qualifying</u> Qualifying from Watkins Glen as the NASCAR Sprint Cup continues.
10:00 am	LIVE: Grand-Am Rolex Sports car Series		SPECIAL EVENT <u>Race 9 Watkins Glen International</u> Grand-Am Sports car racing continues live on ONE with the 9th race of the season from Watkins Glen.
12:00 pm	Mecum Auto Auction		Classic cars go under the hammer as we see if you can put a price on hard work, passion and attention to lovingly restored vehicles.
12:55 pm	Snowboarding Moment (Rpt)	G	<u>Snowboarding Moment</u> Snowboarding
01:05 pm	Sports Unlimited (Rpt)		A weekly magazine show focussing on Action Sports, from the alternate to the outright bizarre, played around the globe.
02:00 pm	LIVE: AFL Premiership Season 2009 <i>(Also airing on TEN)</i>		SPECIAL EVENT <u>Round 19 - Hawthorn V St Kilda</u> Round 19 AFL action LIVE from Aurora Stadium in Tasmania as reigning premiers the Hawthorn Hawks look to salvage a place in September against this season's frontrunners the St Kilda Saints.
05:00 pm	LIVE: Swimming: Australian Short Course Championships		SPECIAL EVENT <u>Aus Short Course Championships Day 1 Finals</u> The LIVE sports action from Tasmania continues as Hobart plays host to the first day of competition at the Australian Short Course Championships. Which members of the Dolphins team will be able to back up their efforts after the World Championships?
07:30 pm	LIVE: AFL Premiership Season 2009 <i>(Also airing on TEN)</i>	CC	SPECIAL EVENT <u>Round 19 - Adelaide V Collingwood</u> A top four berth is on the line as the Adelaide Crows host the Collingwood Magpies less than 4 weeks out from the finals.
11:00 pm	UFC Wired (Rpt)		UFC Wired is a hard-hitting hour hosted by Joe Rogan. Featuring some of the greatest bouts ever held in the Ultimate Fighting Championships as well as a unique perspective on some of the top mixed martial artists from the past and today.



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Saturday 08th August 2009



12:00 am **First Ascent (Rpt)**

PG **First Ascent**

(L) The highly acclaimed, Award-winning Mountain Climbing film shot on locations as diverse as Thailand, the Himalayas, British Columbia and Hollywood.

01:00 am **King Lines (Rpt)**

M **King Lines**

Action film making at its death-defying best with rock climbing challenges from Mallorca and the Mediterranean Sea.

02:00 am **LIVE: Golf: WGC Bridgestone Invitational**

SPECIAL EVENT

W.G.C Bridgestone Invitational Round 3

Morning play gets underway in the 3rd Round of the WGC Bridgestone Invitational.

03:30 am **Omnisport**

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

04:00 am **LIVE: Golf: WGC Bridgestone Invitational**

SPECIAL EVENT

W.G.C Bridgestone Invitational Round 3

The Third Round continues on ONE from Firestone Country Club, Ohio. Australian Stuart Appleby was runner up to Vijay Singh last year and will be going all out to go one better in 2009.

