

Sunday 15th June 2014

06:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

07:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:30 am Diamond Divers (Rpt)

PG
Mild Violence,
Some Coarse
Language

Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.

08:30 am Megastructures (Rpt)

G

London's Olympic Stadium

In a milestone sporting architecture achievement, the London's Olympic Stadium is the world's first "demountable" Olympic Stadium. How was this incredible stadium designed and built?

09:30 am Focus: What Drives The World's Top Athletes (Rpt)

PG
Some Coarse
Language

Mark Webber & Mick Fanning

FOCUS gives you a behind the scenes look at 12 of the most successful athletes on the planet & delves deep into the athlete conscious to discover their everyday battles, rituals, crisis and torments.

10:00 am Sport Science (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.

11:00 am Reel Action (Rpt)

Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.

11:30 am Rugby: The 2014 Castrol EDGE France Tour (Rpt) CC

REPLAY

Qantas Wallabies V France: Test 2

The Qantas Wallabies take on France for the second test of the Castrol EDGE France Tour. Gordon Bray, Scott Mackinnon, Stirling Mortlock and Matt Burke bring you all the action from Etihad Stadium.

02:00 pm The Indestructibles (Rpt)

PG
Adult Themes

Seven Minutes Under Water

Rod Baird is a passionate kayaker and loves the rapids. However, one kayaking trip leaves him trapped underwater for seven whole minutes, more than the human body can handle. So how did he survive?



SYDNEY PROGRAM GUIDE

Sunday 15th June 2014

03:00 pm **Fit 'n' Flexed** (Rpt)

Hosted by Dayne Hudson, Fit 'N' Flexed cuts through the myths of the fitness industry to bring you the latest in health, fitness & nutrition science.

03:30 pm **American Digger** (Rpt)

PG
Some Coarse
Language

Spoils Of War

On the hunt for Civil War relics, American Savage travels to Middletown, VA hoping to find rare Confederate artefacts that would bring a big payday.

04:00 pm **Adventure Angler**

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm **Golf Getaway**

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm **What's Up Down Under** (Rpt)

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm **I Fish**

ALL NEW EPISODES

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

06:00 pm **M*A*S*H** (Rpt)

PG

Dear Sigmund

Feeling depressed, Sidney Freeman writes to Sigmund Freud about the craziness of the 4077th.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **M*A*S*H** (Rpt)

PG

Mulcahy's War

After failing to communicate with a patient who shot himself, Father Mulcahy decides to experience life on the frontlines.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **Fishing Expedition Amazonia** (Rpt)

PG
Some Coarse
Language

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.



SYDNEY PROGRAM GUIDE

Sunday 15th June 2014

07:30 pm **Extreme Fishing With Robson Green** (Rpt)

PG
Some Coarse Language,
Drug References

Panama

Robson's Panamanian adventure begins in the 164sq ft Lake Gatun in the middle of the Panama Canal; to increase his luck Robson has joined up with world record-holding angler and local legend Ciccio.

08:30 pm **Bondi Rescue** (Rpt)

CC PG
Some Coarse Language,
Drug References,
Nudity

Over the past six years lifeguards on Bondi have caught thieves, treated heart attacks, made drug busts, broken up fights, and even handled a navy bomb that washed ashore. Tune in for the latest.

09:00 pm **Bondi Rescue** (Rpt)

CC PG
Some Coarse Language

Today is the lifeguard challenge, and while Max and Jesse are putting out marker buoys for the race course, things go from bad to worse when Jesse gets a buoy rope caught in the jetski.

09:30 pm **MotoGP 2014**

LIVE

Race 7 Catalunya - Pre Show

Greg Rust and Daryl Beattie bring you all of the latest MotoGP news before we go green in Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

10:00 pm **MotoGP 2014**

LIVE

Race 7 Catalunya

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

11:00 pm **MotoGP 2014**

LIVE

Race 7 Catalunya - Post Show

Our expert commentators Greg Rust and Daryl Beattie bring you all of the latest news and results as they wrap up race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

11:30 pm **48 Hours** (Rpt)

M
Adult Themes

Collision Course

The death in November of 2009 of a young Iraq war vet named Brittney Brashers had Denver homicide detective Troy Bisgard in a quandary, was this death an accident, or was it murder?

12:30 am **Sleeper Cell** (Rpt)

AV15+
Strong Violence,
A Sex Scene,
Some Coarse Language

Al Fatiha

Darwyn Al-Sayeed is a Muslim ex-con who has just been released from prison. He finds his way to an Islamic extremist named Farik, who recruits him to join a terrorist sleeper cell.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nestic, Henri Lubatti



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01:30 am Omnisport

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02:00 am NASCAR Sprint Cup

LIVE

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.



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10:00 am The Biggest Loser USA

NEW EPISODE

Trainers Bob and Dolvett are suspended over water in a wild dunk challenge in which the red and black teams have to use their strength to keep a weight from landing on their trainer.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Proof

Maddy's life is threatened when she finds out a secret about one of the top scientists in Terra Nova; Josh attempts to make a deal to bring Kira back from 2149.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Robert Coleby

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Drug References,
Adult Themes

Lawson and Josh come to blows when Lawson discovers Josh's relationship with Shannon. TR tracks an escaped criminal who Josh believes has been wrongly imprisoned.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

Monday 16th June 2014

02:00 pm **Megafactories** (Rpt)

Extreme Roller Coaster

Take a ride on the adrenaline fuelled tracks of a 60 metre high roller coaster built by an army of master technicians, utilising one of the world's greatest roller coaster factories.

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

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In this high octane episode, a team of well heeled polo professionals face off against three medical emergency despatch riders.

05:00 pm **I Fish** (Rpt)

G

Summer Series

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

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06:00 pm **M*A*S*H** (Rpt)

PG

The Korean Surgeon

Hawkeye feels that a Korean prisoner of war is a fine addition to the 4077th's surgical staff. But do the others agree?

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **M*A*S*H** (Rpt)

PG

Hawkeye Get Your Gun

Hawkeye and Potter must assist a Korean hospital near the frontlines. However, they run into some danger and chaos.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **Scrappers**

PG
Some Coarse
Language

NEW EPISODE

The Stadium Job

Frankie's crew fights to fit long railings in a van until Darren saves the day...almost. Sal calls in Dino and Mimmo on a brick job which turns into a roller-coaster day of triumphs and disasters.



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07:30 pm **Garage Gold**

PG

NEW EPISODE

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.

08:00 pm **Flip Men (Rpt)**

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

08:30 pm **Undercover Boss**

PG

NEW EPISODE

Mood Media

CEO and Chairman of Mood Media faces his fear of heights when he has to climb a tall ladder to install equipment during his undercover mission.

09:30 pm **The Road To Rio**

PG
Mild Coarse
Language

NEW EPISODE

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

10:30 pm **Diamond Divers (Rpt)**

PG
Some Coarse
Language

Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.

11:30 pm **48 Hours (Rpt)**

M
Some Violence,
Adult Themes

Memory Of Murder

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:30 am **Megafactories (Rpt)**

Extreme Roller Coaster

Take a ride on the adrenaline fuelled tracks of a 60 metre high roller coaster built by an army of master technicians, utilising one of the world's greatest roller coaster factories.

01:30 am **Ross Kemp On Gangs (Rpt)**

MA15+
Adult Themes

Bulgaria

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

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The logo for the 'one' network, featuring the word 'one' in white lowercase letters on a green square background.

SYDNEY PROGRAM GUIDE

Monday 16th June 2014

**03:00 am 2014 Tudor United Sportscar
Championship (Rpt)**

Chevrolet Sports Car Classic

Join us on ONE for all the action from the 2014 Tudor United Sportscar Championship. We head to the Detroit Belle Isle circuit where the Chevrolet Sports Car Classic race takes place.

05:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

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Hosted by Dayne Hudson, Fit 'N' Flexed cuts through the myths of the fitness industry to bring you the latest in health, fitness & nutrition science.

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Language

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Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

10:00 am The Biggest Loser USA

NEW EPISODE

Two players visit home with their trainers in tow and their weights alone count at the weigh-in. Elsewhere, the teams compete in an obstacle course.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Vs

As Taylor searches for the "Sixer" mole within Terra Nova, Jim stumbles onto an old murder, for which Taylor is the prime suspect.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Adult Themes

Lawson tries to save Caleb from a life of crime only to discover it's already too late. Meanwhile, Dom's home life explodes when Sandrine's depression threatens to harm their baby.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm Monster Jam (Rpt)

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.



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03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References, Adult Themes	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Shock IT To Me</u> Dr. Erick Zharko and his assistant wire Max and 99 to a Dr. Frankenstein-like apparatus. Zharko figures that a jolt of his specially controlled electricity will shock Max and 99 into a five year sleep. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Reel Action (Rpt)		Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
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06:00 pm	M*A*S*H (Rpt)	PG	<u>The Colonel's Horse</u> While Colonel Potter goes to Tokyo for a break his horse develops colic. Meanwhile, Klinger becomes chronically depressed and Hot Lips gets appendicitis. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H (Rpt)	PG	<u>Exorcism</u> After Potter orders Radar to move a Korean spirit post believed to ward off evil spirits, things mysteriously begin to go wrong. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm	COPS		

Tuesday 17th June 2014

07:30 pm **The Indestructibles**

PG
Some Violence

NEW EPISODE

High-Speed Bike Crash

A professional downhill speed biker crashed while setting a world record at 108mph which caused his bike to split in two. He survived the crash against all odds, but how did he do it?

08:30 pm **COPS: Adults Only (Rpt)**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:00 pm **COPS: Adults Only (Rpt)**

M
Drug References

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09:30 pm **Ross Kemp On Gangs (Rpt)**

MA15+
Some Coarse Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

10:30 pm **48 Hours (Rpt)**

M
Adult Themes

Death At Soho House

In 2010, following the death of fashion designer Sylvie Cachay in New York an investigation leads to the chief suspect being her boyfriend Nicholas Brooks, son of composer Joseph Brooks.

11:30 pm **Terriers (Rpt)**

M
Some Violence,
Sexual References,
Adult Themes

Change Partners

In order to secure a bank loan, Hank must prove that the bank manager's wife is cheating on him. But what he finds is much kinkier than just infidelity.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

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G

London's Olympic Stadium

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04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 12: Buckle Up 200 @ Dover

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 12 is hosted at the Dover International Speedway.

05:00 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 14: Poconos 400 @ Poconos-Highlights

Catch all the non-stop motorsport action highlights from the Pocono Raceway. The thrills and spills of NASCAR racing continues with the 14th race of the 2014 Sprint Cup Series.



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Death Trap

A home's great exterior masks its hazardous interior.

09:30 am Scrappers (Rpt)

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The Stadium Job

Frankie's crew fights to fit long railings in a van until Darren saves the day...almost. Sal calls in Dino and Mimmo on a brick job which turns into a roller-coaster day of triumphs and disasters.

10:00 am The Biggest Loser USA

NEW EPISODE

A temptation-challenge winner reorganises the teams in an unpopular move that creates tension and suspicion among the players.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Now You See Me

Taylor and Mira confront each other in the jungle and both end up working together to battle a prehistoric enemy. Meanwhile Jim gets close to discovering the Sixer mole.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Sexual References,
Nudity

A discussion about Kerry's birthday leads to a bet on who in the team will have sex with her; Leon investigates a series of video store robberies only to be caught in a robbery himself.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser



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04:00 pm	Get Smart (Rpt)	PG	<u>Leadside</u> After Max captures a wheelchair bound criminal mastermind named Leadside, he vows to escape from custody, destroy CONTROL and then kill Maxwell Smart. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS		
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
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06:00 pm	M*A*S*H (Rpt)	PG	<u>Hawk's Nightmare</u> After Hawkeye becomes distressed over the young age of the wounded, he appears to develop some mental problems. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H (Rpt)	PG	<u>The Most Unforgettable Characters</u> Radar gets accepted into the "Famous Las Vegas Writers School" and begins to write his impressions of the camp. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



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Wednesday 18th June 2014

07:00 pm COPS

07:30 pm **White Collar** (Rpt)

PG
Some Violence

SEASON FINAL

In The Wind

Neal and Peter are one heist away from retrieving the evidence box hidden inside the Empire State Building. Meanwhile, Senator Pratt enlists a small army of FBI agents to find the box before Neal.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen

08:30 pm **Burn Notice** (Rpt)

CC M
WS Some Violence,
Some Coarse
Language

Made Man

Sam is thrust into the spotlight as he takes a break from being the "back up guy" and basically runs an op himself, with Michael and Fi watching his back for a change.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless

09:30 pm **The Killing**

MA15+
Sexual References,
Drug References,
Adult Themes

NEW EPISODE

Head Shots

When the police shut down a motel frequented by underage prostitutes, Linden and Holder discover a hidden room where the porn videos were filmed. Meanwhile, Seward becomes motivated to obey orders.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Amy Seimetz, Peter Sarsgaard

Guest Starring: Grace Zabriskie

10:30 pm **Breakout Kings**

AV15+
Some Violence

NEW EPISODE

Freak Show

Lloyd follows up on a clue regarding Damien with detrimental results. Meanwhile, the rest of the team are assigned to find Max Morris, a former circus performer and talented escape artist.

Starring: Laz Alonso, Domenick Lombardozzi, Brooke Nevin, Malcolm Goodwin

11:30 pm **The Glades**

M
Some Violence

SEASON FINAL

Breakout

In the Season 2 finale, ex-con brothers seize Callie's hospital and take hostages. Jim and Callie must work together to capture the men and keep everyone safe.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

12:30 am **Garage Gold** (Rpt)

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04:30 am **Swisse Mark Webber Challenge**
(Rpt)

CC G

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.



SYDNEY PROGRAM GUIDE

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10:00 am The Biggest Loser USA

NEW EPISODE

The 11 remaining players put what they've learned to the test when they all go home for 18 days and are given the chance to gain immunity by losing 5% of their body weight.

12:00 pm Terra Nova (Rpt)

CC M

Within

As the arrival of the 11th Pilgrimage draws closer, Terra Nova braces for war and Lucas steps up his assembly of the mystery device; meanwhile, Skye is reunited with a familiar face.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Dean Geyer, Damian Walshe-Howling

01:00 pm Rush (Rpt)

CC M
WS Some Violence

A bus hijack turns deadly when Lawson is forced to make a fatal decision.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm The Glades (Rpt)

M
Some Violence

Breakout

In the Season 2 finale, ex-con brothers seize Callie's hospital and take hostages. Jim and Callie must work together to capture the men and keep everyone safe.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



SYDNEY PROGRAM GUIDE

Thursday 19th June 2014

03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Greer Window</u> After Max gets shot in the buttocks he finds himself housebound in a wheelchair with nothing to do but kill time spying on his neighbourhood with binoculars. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS		
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H (Rpt)	PG	<u>38 Across</u> Befuddled by a crossword puzzle, Hawkeye persuades his old friend Tippy Brooks, a whiz at puzzles, to come to the camp. He arrives however, thinking it's a medical emergency. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H (Rpt)	PG	<u>Ping Pong</u> Lieutenant Colonel Harold Beckett lies wounded in post-op waiting to get back to the front for five more days of combat duty to get his promotion. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm	COPS		
07:30 pm	Whose Line Is It Anyway?	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady



SYDNEY PROGRAM GUIDE

Thursday 19th June 2014

08:00 pm **Whose Line Is It Anyway?**

PG
Sexual References,
Mild Coarse
Language

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

08:30 pm **Movie: Conquest Of The Planet Of The Apes** (Rpt) (1972)

M
Some Violence

MOVIE

In a futuristic world that has embraced ape slavery, Caesar, the son of the late simians Cornelius and Zira, prepares for a slave revolt against humanity.

Starring: Roddy McDowall, Don Murray, Natalie Trundy, Ricardo Montalban, Hari Rhodes, H.M. Wynant, David Chow

10:25 pm **Fast Forward** (Rpt)

M
Sexual References

Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.

11:25 pm **Blokesworld**

11:55 pm **Fishing Expedition Amazonia** (Rpt)

PG
Some Coarse
Language

NEW EPISODE

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.

12:25 am **Adventure Angler** (Rpt)

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

12:55 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:25 am **Marcos Ambrose Workshop Tour** (Rpt)

G

Marcos Ambrose Workshop Tour

Marcos Ambrose takes you on an exclusive behind the scenes tour of his NASCAR team's workshop.

01:30 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.



SYDNEY PROGRAM GUIDE

Friday 20th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am **NASCAR Nationwide Series Highlights**

Race 13 @ Michigan

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 13 is hosted at the Michigan International Speedway.

09:00 am **NASCAR Sprint Cup Highlights**

Race 15: Quicken Loans 400 @ Michigan-Highlights

Catch all the non-stop motorsport action highlights from the Michigan International Speedway. The thrills and spills of NASCAR racing continues with the 15th race of the 2014 Sprint Cup Series.

10:00 am **The Biggest Loser USA**

NEW EPISODE

The contestants are pushed out of their comfort zones by switching trainers for the week.

12:00 pm **Terra Nova (Rpt)**

CC M
Some Violence

Occupation

The 11th pilgrimage arrives. With the assistance of Lucas and Mira, the Phoenix Group tries to pillage resources from Terra Nova.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Dean Geyer, Les Hill

01:00 pm **Rush (Rpt)**

CC M
WS Some Violence

SEASON FINAL

In the season two finale, the team wait to find out which of them shot an innocent man.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm **Undercover Boss (Rpt)**

PG

Mood Media

CEO and Chairman of Mood Media faces his fear of heights when he has to climb a tall ladder to install equipment during his undercover mission.

03:00 pm **Whose Line Is It Anyway? (Rpt)**

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



SYDNEY PROGRAM GUIDE

Friday 20th June 2014

03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>The Not-So-Great Escape (1)</u> Over a period of 6 months, 20 CONTROL agents have disappeared, and it's Max's job to protect agent Michael Kendall as he gets on a plane. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS		
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H (Rpt)	PG	<u>End Run</u> Billy Tyler, a young sergeant, is brought into camp with a bullet wound in the leg and discovers that his leg needs to be amputated. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H (Rpt)	PG	<u>Hanky Panky</u> Nurse Carrie Donovan receives a "Dear Jane" letter from her husband and practically falls apart. BJ consoles her and they spend the night together. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm	COPS		
07:30 pm	Megastructures		ALL NEW EPISODES <u>Pyrotechnics</u> Australia's Howard and Sons have been making fireworks for almost 100 years. Now the reigns have been handed down and they are breaking the tradition.
08:30 pm	Megastructures (Rpt)	PG Adult Themes	<u>Building Green Beijing</u> A quest to design and build a meeting place for athletes at the Games, the designers of the Olympic Games must come up with a design that reflects green ideas and complements the green themed games.



SYDNEY PROGRAM GUIDE

Friday 20th June 2014

09:30 pm Movie: Mansome (Rpt) (2012)

M
Sexual References,
Some Coarse
Language

MOVIE

A documentary that explores the question: In the age of manscaping, metrosexuals, and grooming products galore - what does it mean to be a man?

Starring: Jason Bateman, Will Arnett, Zach Galifianakis, Paul Rudd, Morgan Spurlock, John Waters, Judd Apatow

11:15 pm The League

MA15+
Sexual References,
Drug Use

NEW EPISODE

Flowers For Taco

Chalupa Batman's first words cause fantasy friction between Kevin and Jenny; Taco is forced to face life without marijuana; Andre has never been pooped on by a bird.

Starring: Nick Kroll, Steve Rannazzisi, Mark Duplass, Paul Scheer, Jon Lajoie

11:45 pm Bellator MMA (Rpt)

M
Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the best fighters in the world battle it out for a shot at the World Championships.

01:25 am Flip Men (Rpt)

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

01:55 am American Digger (Rpt)

PG
Some Coarse
Language

Spoils Of War

On the hunt for Civil War relics, American Savage travels to Middletown, VA hoping to find rare Confederate artefacts that would bring a big payday.

02:25 am Adventure Angler (Rpt)

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

02:55 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:25 am Sporting Greats (Rpt)

G

Sir Garfield Sobers

Sir Garfield Sobers played for the West Indies between 1954 and 1974 and is widely considered one of cricket's greatest all-rounders.

04:00 am Sport Science (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.



SYDNEY PROGRAM GUIDE

Friday 20th June 2014

05:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:30 am The List (Rpt)

The List - Dynamic Drivers

Out of all the drivers in NASCAR's history, who is the best? Here is our list of the ten most dynamic drivers to ever strap themselves into a stock car.



SYDNEY PROGRAM GUIDE

Saturday 21st June 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 15: Quicken Loans 400 @ Michigan-Qualifying

Who will claim pole position in the qualifying ahead of race 15 from the Michigan International Speedway?

07:30 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.

12:00 pm The List (Rpt)

The List - Monumental Moments

12:30 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:00 pm The Road To Rio (Rpt)

PG
Mild Coarse
Language

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) WS G

Kakadu Secrets

Heritage listed and famous around the world, Pat Callinan shares the secrets of Kakadu as the team continue to explore the most amazing and visually stunning places in Australia.

03:00 pm Chasing Altitude

Chasing Altitude

Follow the journey of Mike Allsop who is a man with an extraordinary ambition: to be the first person to run a marathon distance higher than any other human has ever done before.

04:00 pm Fishing Edge

SEASON PREMIERE

Fishing Edge is a down to earth fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.

04:30 pm Reel Action

Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.

05:00 pm Escape With ET (Rpt)

G

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.



SYDNEY PROGRAM GUIDE

Saturday 21st June 2014

06:00 pm **Focus: What Drives The World's Greatest Athletes**

NEW EPISODE

Tim Cahill & Ben Brown

FOCUS gives you a behind the scenes look at 12 of the most successful athletes on the planet & delves deep into the athlete conscious to discover their everyday battles, rituals, crisis & torments.

06:30 pm **Monster Jam**

NEW EPISODE

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.

07:30 pm **Driving Wars (Rpt)**

PG
Mild Coarse
Language

A female team of motoring journalists are up against a trio of computer geeks. The teams must avoid being squashed by a 12 tonne truck in Road from Hell.

08:30 pm **Law & Order: SVU (Rpt)**

CC M

Consent

A rape drug on campus shatters lives when a college student is found unconscious, with evidence of sexual assault and no memory of the night before.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T , Dann Florek, Stephanie March

09:30 pm **2014 FORMULA 1® AUSTRIAN GRAND PRIX™**

LIVE

2014 Formula 1 Austrian Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Austrian Grand Prix from the Spielberg International Circuit in Austria.

11:30 pm **Blokesworld (Rpt)**

12:00 am **48 Hours**

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

01:00 am **Ross Kemp On Gangs (Rpt)**

MA15+
Some Coarse
Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.



SYDNEY PROGRAM GUIDE

Saturday 21st June 2014

02:00 am Fishing Expedition Amazonia (Rpt)

PG
Some Coarse
Language

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.

02:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

04:00 am NASCAR Nationwide Series
Highlights (Rpt)

Race 13 @ Michigan

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 13 is hosted at the Michigan International Speedway.

05:00 am NASCAR Sprint Cup Highlights
(Rpt)

Race 15: Quicken Loans 400 @ Michigan-Highlights

Catch all the non-stop motorsport action highlights from the Michigan International Speedway. The thrills and spills of NASCAR racing continues with the 15th race of the 2014 Sprint Cup Series.



MELBOURNE PROGRAM GUIDE

Sunday 15th June 2014

06:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

07:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:30 am Diamond Divers (Rpt)

PG
Mild Violence,
Some Coarse
Language

Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.

08:30 am Megastructures (Rpt)

G

London's Olympic Stadium

In a milestone sporting architecture achievement, the London's Olympic Stadium is the world's first "demountable" Olympic Stadium. How was this incredible stadium designed and built?

09:30 am Focus: What Drives The World's Top Athletes (Rpt)

PG
Some Coarse
Language

Mark Webber & Mick Fanning

FOCUS gives you a behind the scenes look at 12 of the most successful athletes on the planet & delves deep into the athlete conscious to discover their everyday battles, rituals, crisis and torments.

10:00 am Sport Science (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.

11:00 am Reel Action (Rpt)

Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.

11:30 am Rugby: The 2014 Castrol EDGE France Tour (Rpt)

CC

REPLAY

Qantas Wallabies V France: Test 2

The Qantas Wallabies take on France for the second test of the Castrol EDGE France Tour. Gordon Bray, Scott Mackinnon, Stirling Mortlock and Matt Burke bring you all the action from Etihad Stadium.

02:00 pm The Indestructibles (Rpt)

PG
Adult Themes

Seven Minutes Under Water

Rod Baird is a passionate kayaker and loves the rapids. However, one kayaking trip leaves him trapped underwater for seven whole minutes, more than the human body can handle. So how did he survive?



MELBOURNE PROGRAM GUIDE

Sunday 15th June 2014

03:00 pm **Fit 'n' Flexed** (Rpt)

Hosted by Dayne Hudson, Fit 'N' Flexed cuts through the myths of the fitness industry to bring you the latest in health, fitness & nutrition science.

03:30 pm **American Digger** (Rpt)

PG
Some Coarse
Language

Spoils Of War

On the hunt for Civil War relics, American Savage travels to Middletown, VA hoping to find rare Confederate artefacts that would bring a big payday.

04:00 pm **Adventure Angler**

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm **Golf Getaway**

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm **What's Up Down Under** (Rpt)

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm **I Fish**

ALL NEW EPISODES

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

06:00 pm **M*A*S*H** (Rpt)

PG

Dear Sigmund

Feeling depressed, Sidney Freeman writes to Sigmund Freud about the craziness of the 4077th.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **M*A*S*H** (Rpt)

PG

Mulcahy's War

After failing to communicate with a patient who shot himself, Father Mulcahy decides to experience life on the frontlines.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **Fishing Expedition Amazonia** (Rpt)

PG
Some Coarse
Language

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.



MELBOURNE PROGRAM GUIDE

Sunday 15th June 2014

07:30 pm **Extreme Fishing With Robson Green** (Rpt)

PG
Some Coarse
Language,
Drug References

Panama

Robson's Panamanian adventure begins in the 164sq ft Lake Gatun in the middle of the Panama Canal; to increase his luck Robson has joined up with world record-holding angler and local legend Ciccio.

08:30 pm **Bondi Rescue** (Rpt)

CC PG
Some Coarse
Language,
Drug References,
Nudity

Over the past six years lifeguards on Bondi have caught thieves, treated heart attacks, made drug busts, broken up fights, and even handled a navy bomb that washed ashore. Tune in for the latest.

09:00 pm **Bondi Rescue** (Rpt)

CC PG
Some Coarse
Language

Today is the lifeguard challenge, and while Max and Jesse are putting out marker buoys for the race course, things go from bad to worse when Jesse gets a buoy rope caught in the jetski.

09:30 pm **MotoGP 2014**

LIVE

Race 7 Catalunya - Pre Show

Greg Rust and Daryl Beattie bring you all of the latest MotoGP news before we go green in Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

10:00 pm **MotoGP 2014**

LIVE

Race 7 Catalunya

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

11:00 pm **MotoGP 2014**

LIVE

Race 7 Catalunya - Post Show

Our expert commentators Greg Rust and Daryl Beattie bring you all of the latest news and results as they wrap up race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

11:30 pm **48 Hours** (Rpt)

M
Adult Themes

Collision Course

The death in November of 2009 of a young Iraq war vet named Brittney Brashers had Denver homicide detective Troy Bisgard in a quandary, was this death an accident, or was it murder?

12:30 am **Sleeper Cell** (Rpt)

AV15+
Strong Violence,
A Sex Scene,
Some Coarse
Language

Al Fatiha

Darwyn Al-Sayeed is a Muslim ex-con who has just been released from prison. He finds his way to an Islamic extremist named Farik, who recruits him to join a terrorist sleeper cell.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti



MELBOURNE PROGRAM GUIDE

Sunday 15th June 2014

01:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:00 am NASCAR Sprint Cup

LIVE

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.



MELBOURNE PROGRAM GUIDE

Monday 16th June 2014

06:00 am NASCAR Sprint Cup

06:30 am Omnisport (Rpt)

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Golf Getaway (Rpt)

08:30 am 2014 Australian Athletics Tour (Rpt) CC

09:30 am Omnisport (Rpt)

10:00 am The Biggest Loser USA

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Drug References,
Adult Themes

LIVE

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

NEW EPISODE

Trainers Bob and Dolvett are suspended over water in a wild dunk challenge in which the red and black teams have to use their strength to keep a weight from landing on their trainer.

Proof

Maddy's life is threatened when she finds out a secret about one of the top scientists in Terra Nova; Josh attempts to make a deal to bring Kira back from 2149.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Robert Coleby

Lawson and Josh come to blows when Lawson discovers Josh's relationship with Shannon. TR tracks an escaped criminal who Josh believes has been wrongly imprisoned.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

Monday 16th June 2014

02:00 pm **Megafactories** (Rpt)

Extreme Roller Coaster

Take a ride on the adrenaline fuelled tracks of a 60 metre high roller coaster built by an army of master technicians, utilising one of the world's greatest roller coaster factories.

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm **Driving Wars** (Rpt)

PG

In this high octane episode, a team of well heeled polo professionals face off against three medical emergency despatch riders.

05:00 pm **I Fish** (Rpt)

G

Summer Series

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

05:30 pm **I Fish** (Rpt)

G

Summer Series

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

06:00 pm **M*A*S*H** (Rpt)

PG

The Korean Surgeon

Hawkeye feels that a Korean prisoner of war is a fine addition to the 4077th's surgical staff. But do the others agree?

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **M*A*S*H** (Rpt)

PG

Hawkeye Get Your Gun

Hawkeye and Potter must assist a Korean hospital near the frontlines. However, they run into some danger and chaos.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **Scrappers**

PG
Some Coarse
Language

NEW EPISODE

The Stadium Job

Frankie's crew fights to fit long railings in a van until Darren saves the day...almost. Sal calls in Dino and Mimmo on a brick job which turns into a roller-coaster day of triumphs and disasters.



MELBOURNE PROGRAM GUIDE

Monday 16th June 2014

07:30 pm Garage Gold

PG

NEW EPISODE

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.

08:00 pm Flip Men (Rpt)

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

08:30 pm Undercover Boss

PG

NEW EPISODE

Mood Media

CEO and Chairman of Mood Media faces his fear of heights when he has to climb a tall ladder to install equipment during his undercover mission.

09:30 pm The Road To Rio

PG
Mild Coarse
Language

NEW EPISODE

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

10:30 pm Diamond Divers (Rpt)

PG
Some Coarse
Language

Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.

11:30 pm 48 Hours (Rpt)

M
Some Violence,
Adult Themes

Memory Of Murder

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:30 am Megafactories (Rpt)

Extreme Roller Coaster

Take a ride on the adrenaline fuelled tracks of a 60 metre high roller coaster built by an army of master technicians, utilising one of the world's greatest roller coaster factories.

01:30 am Ross Kemp On Gangs (Rpt)

MA15+
Adult Themes

Bulgaria

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:30 am Omnisport

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MELBOURNE PROGRAM GUIDE

Monday 16th June 2014

**03:00 am 2014 Tudor United Sportscar
Championship (Rpt)**

Chevrolet Sports Car Classic

Join us on ONE for all the action from the 2014 Tudor United Sportscar Championship. We head to the Detroit Belle Isle circuit where the Chevrolet Sports Car Classic race takes place.

05:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.



MELBOURNE PROGRAM GUIDE

Tuesday 17th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Fit 'n' Flexed (Rpt)

Hosted by Dayne Hudson, Fit 'N' Flexed cuts through the myths of the fitness industry to bring you the latest in health, fitness & nutrition science.

08:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:00 am The Road To Rio (Rpt)

PG
Mild Coarse
Language

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

10:00 am The Biggest Loser USA

NEW EPISODE

Two players visit home with their trainers in tow and their weights alone count at the weigh-in. Elsewhere, the teams compete in an obstacle course.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Vs

As Taylor searches for the "Sixer" mole within Terra Nova, Jim stumbles onto an old murder, for which Taylor is the prime suspect.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Adult Themes

Lawson tries to save Caleb from a life of crime only to discover it's already too late. Meanwhile, Dom's home life explodes when Sandrine's depression threatens to harm their baby.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm Monster Jam (Rpt)

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.



MELBOURNE PROGRAM GUIDE

Tuesday 17th June 2014

- 03:00 pm Whose Line Is It Anyway? (Rpt)** PG
An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.
Starring: Drew Carey, Wayne Brady
- 03:30 pm Whose Line Is It Anyway? (Rpt)** PG
Sexual References, Adult Themes
An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.
Starring: Drew Carey, Wayne Brady
- 04:00 pm Get Smart (Rpt)** PG
Shock IT To Me
Dr. Erick Zharko and his assistant wire Max and 99 to a Dr. Frankenstein-like apparatus. Zharko figures that a jolt of his specially controlled electricity will shock Max and 99 into a five year sleep.
Starring: Don Adams, Barbara Feldon, Edward Platt
- 04:30 pm Reel Action (Rpt)**
Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.
- 05:00 pm I Fish (Rpt)** G
Summer Series
Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
- 05:30 pm I Fish (Rpt)** G
Summer Series
Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
- 06:00 pm M*A*S*H (Rpt)** PG
The Colonel's Horse
While Colonel Potter goes to Tokyo for a break his horse develops colic. Meanwhile, Klinger becomes chronically depressed and Hot Lips gets appendicitis.
Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
- 06:30 pm M*A*S*H (Rpt)** PG
Exorcism
After Potter orders Radar to move a Korean spirit post believed to ward off evil spirits, things mysteriously begin to go wrong.
Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
- 07:00 pm COPS**



MELBOURNE PROGRAM GUIDE

Tuesday 17th June 2014

07:30 pm **The Indestructibles**

PG
Some Violence

NEW EPISODE

High-Speed Bike Crash

A professional downhill speed biker crashed while setting a world record at 108mph which caused his bike to split in two. He survived the crash against all odds, but how did he do it?

08:30 pm **COPS: Adults Only (Rpt)**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:00 pm **COPS: Adults Only (Rpt)**

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:30 pm **Ross Kemp On Gangs (Rpt)**

MA15+
Some Coarse
Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

10:30 pm **48 Hours (Rpt)**

M
Adult Themes

Death At Soho House

In 2010, following the death of fashion designer Sylvie Cachay in New York an investigation leads to the chief suspect being her boyfriend Nicholas Brooks, son of composer Joseph Brooks.

11:30 pm **Terriers (Rpt)**

M
Some Violence,
Sexual References,
Adult Themes

Change Partners

In order to secure a bank loan, Hank must prove that the bank manager's wife is cheating on him. But what he finds is much kinkier than just infidelity.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am **Megastructures (Rpt)**

G

London's Olympic Stadium

In a milestone sporting architecture achievement, the London's Olympic Stadium is the world's first "demountable" Olympic Stadium. How was this incredible stadium designed and built?

01:30 am **COPS: Adults Only (Rpt)**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.



MELBOURNE PROGRAM GUIDE

Tuesday 17th June 2014

02:00 am **COPS: Adults Only** (Rpt)

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

02:30 am **Sport Science** (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.

03:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 12: Buckle Up 200 @ Dover

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 12 is hosted at the Dover International Speedway.

05:00 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 14: Poconos 400 @ Poconos-Highlights

Catch all the non-stop motorsport action highlights from the Pocono Raceway. The thrills and spills of NASCAR racing continues with the 14th race of the 2014 Sprint Cup Series.



MELBOURNE PROGRAM GUIDE

Wednesday 18th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

09:00 am Flip Men (Rpt)

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

09:30 am Scrappers (Rpt)

PG
Some Coarse
Language

The Stadium Job

Frankie's crew fights to fit long railings in a van until Darren saves the day...almost. Sal calls in Dino and Mimmo on a brick job which turns into a roller-coaster day of triumphs and disasters.

10:00 am The Biggest Loser USA

NEW EPISODE

A temptation-challenge winner reorganises the teams in an unpopular move that creates tension and suspicion among the players.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Now You See Me

Taylor and Mira confront each other in the jungle and both end up working together to battle a prehistoric enemy. Meanwhile Jim gets close to discovering the Sixer mole.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Sexual References,
Nudity

A discussion about Kerry's birthday leads to a bet on who in the team will have sex with her; Leon investigates a series of video store robberies only to be caught in a robbery himself.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser



MELBOURNE PROGRAM GUIDE

Wednesday 18th June 2014

02:00 pm	Diamond Divers (Rpt)	PG Some Coarse Language	Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.
03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Leadside</u> After Max captures a wheelchair bound criminal mastermind named Leadside, he vows to escape from custody, destroy CONTROL and then kill Maxwell Smart. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS		
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Hawk's Nightmare</u> After Hawkeye becomes distressed over the young age of the wounded, he appears to develop some mental problems. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H (Rpt)	PG	<u>The Most Unforgettable Characters</u> Radar gets accepted into the "Famous Las Vegas Writers School" and begins to write his impressions of the camp. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



MELBOURNE PROGRAM GUIDE

Wednesday 18th June 2014

07:00 pm COPS

07:30 pm White Collar (Rpt)

PG
Some Violence

SEASON FINAL

In The Wind

Neal and Peter are one heist away from retrieving the evidence box hidden inside the Empire State Building. Meanwhile, Senator Pratt enlists a small army of FBI agents to find the box before Neal.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen

08:30 pm Burn Notice (Rpt)

CC M
WS Some Violence,
Some Coarse
Language

Made Man

Sam is thrust into the spotlight as he takes a break from being the "back up guy" and basically runs an op himself, with Michael and Fi watching his back for a change.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless

09:30 pm The Killing

MA15+
Sexual References,
Drug References,
Adult Themes

NEW EPISODE

Head Shots

When the police shut down a motel frequented by underage prostitutes, Linden and Holder discover a hidden room where the porn videos were filmed. Meanwhile, Seward becomes motivated to obey orders.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Amy Seimetz, Peter Sarsgaard

Guest Starring: Grace Zabriskie

10:30 pm Breakout Kings

AV15+
Some Violence

NEW EPISODE

Freak Show

Lloyd follows up on a clue regarding Damien with detrimental results. Meanwhile, the rest of the team are assigned to find Max Morris, a former circus performer and talented escape artist.

Starring: Laz Alonso, Domenick Lombardozzi, Brooke Nevin, Malcolm Goodwin

11:30 pm The Glades

M
Some Violence

SEASON FINAL

Breakout

In the Season 2 finale, ex-con brothers seize Callie's hospital and take hostages. Jim and Callie must work together to capture the men and keep everyone safe.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

12:30 am Garage Gold (Rpt)

PG

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.



MELBOURNE PROGRAM GUIDE

Wednesday 18th June 2014

01:00 am **Ross Kemp On Gangs** (Rpt)

MA15+
Some Coarse
Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:00 am **The Indestructibles** (Rpt)

PG
Some Violence

High-Speed Bike Crash

A professional downhill speed biker crashed while setting a world record at 108mph which caused his bike to split in two. He survived the crash against all odds, but how did he do it?

03:00 am **Driving Wars** (Rpt)

PG

In this high octane episode, a team of well heeled polo professionals face off against three medical emergency despatch riders.

04:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:30 am **Swisse Mark Webber Challenge**
(Rpt)

CC G

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.



MELBOURNE PROGRAM GUIDE

Thursday 19th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am MotoGP 2014 (Rpt)

REPLAY

Race 7 Catalunya

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

10:00 am The Biggest Loser USA

NEW EPISODE

The 11 remaining players put what they've learned to the test when they all go home for 18 days and are given the chance to gain immunity by losing 5% of their body weight.

12:00 pm Terra Nova (Rpt)

CC M

Within

As the arrival of the 11th Pilgrimage draws closer, Terra Nova braces for war and Lucas steps up his assembly of the mystery device; meanwhile, Skye is reunited with a familiar face.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Dean Geyer, Damian Walshe-Howling

01:00 pm Rush (Rpt)

CC M
WS Some Violence

A bus hijack turns deadly when Lawson is forced to make a fatal decision.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm The Glades (Rpt)

M
Some Violence

Breakout

In the Season 2 finale, ex-con brothers seize Callie's hospital and take hostages. Jim and Callie must work together to capture the men and keep everyone safe.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



MELBOURNE PROGRAM GUIDE

Thursday 19th June 2014

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm **Get Smart** (Rpt)

PG

Greer Window

After Max gets shot in the buttocks he finds himself housebound in a wheelchair with nothing to do but kill time spying on his neighbourhood with binoculars.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm **COPS**

05:00 pm **I Fish** (Rpt)

G

Summer Series

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

05:30 pm **I Fish** (Rpt)

G

Summer Series

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

06:00 pm **M*A*S*H** (Rpt)

PG

38 Across

Befuddled by a crossword puzzle, Hawkeye persuades his old friend Tippy Brooks, a whiz at puzzles, to come to the camp. He arrives however, thinking it's a medical emergency.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **M*A*S*H** (Rpt)

PG

Ping Pong

Lieutenant Colonel Harold Beckett lies wounded in post-op waiting to get back to the front for five more days of combat duty to get his promotion.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **COPS**

07:30 pm **Whose Line Is It Anyway?**

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



MELBOURNE PROGRAM GUIDE

Thursday 19th June 2014

08:00 pm **Whose Line Is It Anyway?**

PG
Sexual References,
Mild Coarse
Language

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

08:30 pm **Movie: Conquest Of The Planet Of The Apes** (Rpt) (1972)

M
Some Violence

MOVIE

In a futuristic world that has embraced ape slavery, Caesar, the son of the late simians Cornelius and Zira, prepares for a slave revolt against humanity.

Starring: Roddy McDowall, Don Murray, Natalie Trundy, Ricardo Montalban, Hari Rhodes, H.M. Wynant, David Chow

10:25 pm **Fast Forward** (Rpt)

M
Sexual References

Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.

11:25 pm **Blokesworld**

11:55 pm **Fishing Expedition Amazonia** (Rpt)

PG
Some Coarse
Language

NEW EPISODE

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.

12:25 am **Adventure Angler** (Rpt)

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

12:55 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:25 am **Marcos Ambrose Workshop Tour** (Rpt)

G

Marcos Ambrose Workshop Tour

Marcos Ambrose takes you on an exclusive behind the scenes tour of his NASCAR team's workshop.

01:30 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.



MELBOURNE PROGRAM GUIDE

Friday 20th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am **NASCAR Nationwide Series Highlights**

Race 13 @ Michigan

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 13 is hosted at the Michigan International Speedway.

09:00 am **NASCAR Sprint Cup Highlights**

Race 15: Quicken Loans 400 @ Michigan-Highlights

Catch all the non-stop motorsport action highlights from the Michigan International Speedway. The thrills and spills of NASCAR racing continues with the 15th race of the 2014 Sprint Cup Series.

10:00 am **The Biggest Loser USA**

NEW EPISODE

The contestants are pushed out of their comfort zones by switching trainers for the week.

12:00 pm **Terra Nova (Rpt)**

CC M
Some Violence

Occupation

The 11th pilgrimage arrives. With the assistance of Lucas and Mira, the Phoenix Group tries to pillage resources from Terra Nova.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Dean Geyer, Les Hill

01:00 pm **Rush (Rpt)**

CC M
WS Some Violence

SEASON FINAL

In the season two finale, the team wait to find out which of them shot an innocent man.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm **Undercover Boss (Rpt)**

PG

Mood Media

CEO and Chairman of Mood Media faces his fear of heights when he has to climb a tall ladder to install equipment during his undercover mission.

03:00 pm **Whose Line Is It Anyway? (Rpt)**

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



MELBOURNE PROGRAM GUIDE

Friday 20th June 2014

- 03:30 pm Whose Line Is It Anyway? (Rpt)** PG
Sexual References,
Mild Coarse
Language
An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.
Starring: Drew Carey, Wayne Brady
- 04:00 pm Get Smart (Rpt)** PG
The Not-So-Great Escape (1)
Over a period of 6 months, 20 CONTROL agents have disappeared, and it's Max's job to protect agent Michael Kendall as he gets on a plane.
Starring: Don Adams, Barbara Feldon, Edward Platt
- 04:30 pm COPS**
- 05:00 pm I Fish (Rpt)** G
Summer Series
Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
- 05:30 pm I Fish (Rpt)** G
Summer Series
Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
- 06:00 pm M*A*S*H (Rpt)** PG
End Run
Billy Tyler, a young sergeant, is brought into camp with a bullet wound in the leg and discovers that his leg needs to be amputated.
Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
- 06:30 pm M*A*S*H (Rpt)** PG
Hanky Panky
Nurse Carrie Donovan receives a "Dear Jane" letter from her husband and practically falls apart. BJ consoles her and they spend the night together.
Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
- 07:00 pm COPS**
- 07:30 pm Megafactories**
ALL NEW EPISODES
Pyrotechnics
Australia's Howard and Sons have been making fireworks for almost 100 years. Now the reigns have been handed down and they are breaking the tradition.
- 08:30 pm Megastructures (Rpt)** PG
Adult Themes
Building Green Beijing
A quest to design and build a meeting place for athletes at the Games, the designers of the Olympic Games must come up with a design that reflects green ideas and complements the green themed games.



MELBOURNE PROGRAM GUIDE

Friday 20th June 2014

09:30 pm **Movie: Mansome** (Rpt) (2012)

M
Sexual References,
Some Coarse
Language

MOVIE

A documentary that explores the question: In the age of manscaping, metrosexuals, and grooming products galore - what does it mean to be a man?

Starring: Jason Bateman, Will Arnett, Zach Galifianakis, Paul Rudd, Morgan Spurlock, John Waters, Judd Apatow

11:15 pm **The League**

MA15+
Sexual References,
Drug Use

NEW EPISODE

Flowers For Taco

Chalupa Batman's first words cause fantasy friction between Kevin and Jenny; Taco is forced to face life without marijuana; Andre has never been pooped on by a bird.

Starring: Nick Kroll, Steve Rannazzisi, Mark Duplass, Paul Scheer, Jon Lajoie

11:45 pm **Bellator MMA** (Rpt)

M
Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the best fighters in the world battle it out for a shot at the World Championships.

01:25 am **Flip Men** (Rpt)

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

01:55 am **American Digger** (Rpt)

PG
Some Coarse
Language

Spoils Of War

On the hunt for Civil War relics, American Savage travels to Middletown, VA hoping to find rare Confederate artefacts that would bring a big payday.

02:25 am **Adventure Angler** (Rpt)

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

02:55 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:25 am **Sporting Greats** (Rpt)

G

Sir Garfield Sobers

Sir Garfield Sobers played for the West Indies between 1954 and 1974 and is widely considered one of cricket's greatest all-rounders.

04:00 am **Sport Science** (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.



MELBOURNE PROGRAM GUIDE

Friday 20th June 2014

05:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:30 am The List (Rpt)

The List - Dynamic Drivers

Out of all the drivers in NASCAR's history, who is the best? Here is our list of the ten most dynamic drivers to ever strap themselves into a stock car.



MELBOURNE PROGRAM GUIDE

Saturday 21st June 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 15: Quicken Loans 400 @ Michigan-Qualifying

Who will claim pole position in the qualifying ahead of race 15 from the Michigan International Speedway?

07:30 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.

12:00 pm The List (Rpt)

The List - Monumental Moments

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:00 pm The Road To Rio (Rpt)

PG
Mild Coarse
Language

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) WS G

Kakadu Secrets

Heritage listed and famous around the world, Pat Callinan shares the secrets of Kakadu as the team continue to explore the most amazing and visually stunning places in Australia.

03:00 pm Chasing Altitude

Chasing Altitude

Follow the journey of Mike Allsop who is a man with an extraordinary ambition: to be the first person to run a marathon distance higher than any other human has ever done before.

04:00 pm Fishing Edge

SEASON PREMIERE

Fishing Edge is a down to earth fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.

04:30 pm Reel Action

Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.

05:00 pm Escape With ET (Rpt)

G

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.



MELBOURNE PROGRAM GUIDE

Saturday 21st June 2014

06:00 pm **Focus: What Drives The World's Greatest Athletes**

NEW EPISODE

Tim Cahill & Ben Brown

FOCUS gives you a behind the scenes look at 12 of the most successful athletes on the planet & delves deep into the athlete conscious to discover their everyday battles, rituals, crisis & torments.

06:30 pm **Monster Jam**

NEW EPISODE

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.

07:30 pm **Driving Wars (Rpt)**

PG
Mild Coarse
Language

A female team of motoring journalists are up against a trio of computer geeks. The teams must avoid being squashed by a 12 tonne truck in Road from Hell.

08:30 pm **Law & Order: SVU (Rpt)**

CC M

Consent

A rape drug on campus shatters lives when a college student is found unconscious, with evidence of sexual assault and no memory of the night before.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T , Dann Florek, Stephanie March

09:30 pm **2014 FORMULA 1® AUSTRIAN GRAND PRIX™**

LIVE

2014 Formula 1 Austrian Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Austrian Grand Prix from the Spielberg International Circuit in Austria.

11:30 pm **Blokesworld (Rpt)**

12:00 am **48 Hours**

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

01:00 am **Ross Kemp On Gangs (Rpt)**

MA15+
Some Coarse
Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.



MELBOURNE PROGRAM GUIDE

Saturday 21st June 2014

02:00 am Fishing Expedition Amazonia (Rpt)

PG
Some Coarse
Language

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.

02:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

04:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 13 @ Michigan

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 13 is hosted at the Michigan International Speedway.

05:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 15: Quicken Loans 400 @ Michigan-Highlights

Catch all the non-stop motorsport action highlights from the Michigan International Speedway. The thrills and spills of NASCAR racing continues with the 15th race of the 2014 Sprint Cup Series.



BRISBANE PROGRAM GUIDE

Sunday 15th June 2014

06:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

07:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:30 am Diamond Divers (Rpt)

PG
Mild Violence,
Some Coarse
Language

Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.

08:30 am Megastructures (Rpt)

G

London's Olympic Stadium

In a milestone sporting architecture achievement, the London's Olympic Stadium is the world's first "demountable" Olympic Stadium. How was this incredible stadium designed and built?

09:30 am Focus: What Drives The World's Top Athletes (Rpt)

PG
Some Coarse
Language

Mark Webber & Mick Fanning

FOCUS gives you a behind the scenes look at 12 of the most successful athletes on the planet & delves deep into the athlete conscious to discover their everyday battles, rituals, crisis and torments.

10:00 am Sport Science (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.

11:00 am Reel Action (Rpt)

Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.

11:30 am Rugby: The 2014 Castrol EDGE France Tour (Rpt) CC

REPLAY

Qantas Wallabies V France: Test 2

The Qantas Wallabies take on France for the second test of the Castrol EDGE France Tour. Gordon Bray, Scott Mackinnon, Stirling Mortlock and Matt Burke bring you all the action from Etihad Stadium.

02:00 pm The Indestructibles (Rpt)

PG
Adult Themes

Seven Minutes Under Water

Rod Baird is a passionate kayaker and loves the rapids. However, one kayaking trip leaves him trapped underwater for seven whole minutes, more than the human body can handle. So how did he survive?



BRISBANE PROGRAM GUIDE

Sunday 15th June 2014

03:00 pm **Fit 'n' Flexed** (Rpt)

Hosted by Dayne Hudson, Fit 'N' Flexed cuts through the myths of the fitness industry to bring you the latest in health, fitness & nutrition science.

03:30 pm **American Digger** (Rpt)

PG
Some Coarse
Language

Spoils Of War

On the hunt for Civil War relics, American Savage travels to Middletown, VA hoping to find rare Confederate artefacts that would bring a big payday.

04:00 pm **Adventure Angler**

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm **Golf Getaway**

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm **What's Up Down Under** (Rpt)

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm **I Fish**

ALL NEW EPISODES

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

06:00 pm **M*A*S*H** (Rpt)

PG

Dear Sigmund

Feeling depressed, Sidney Freeman writes to Sigmund Freud about the craziness of the 4077th.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **M*A*S*H** (Rpt)

PG

Mulcahy's War

After failing to communicate with a patient who shot himself, Father Mulcahy decides to experience life on the frontlines.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **Fishing Expedition Amazonia** (Rpt)

PG
Some Coarse
Language

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.



BRISBANE PROGRAM GUIDE

Sunday 15th June 2014

07:30 pm **Extreme Fishing With Robson Green** (Rpt)

PG
Some Coarse Language,
Drug References

Panama

Robson's Panamanian adventure begins in the 164sq ft Lake Gatun in the middle of the Panama Canal; to increase his luck Robson has joined up with world record-holding angler and local legend Ciccio.

08:30 pm **Bondi Rescue** (Rpt)

CC PG
Some Coarse Language,
Drug References,
Nudity

Over the past six years lifeguards on Bondi have caught thieves, treated heart attacks, made drug busts, broken up fights, and even handled a navy bomb that washed ashore. Tune in for the latest.

09:00 pm **Bondi Rescue** (Rpt)

CC PG
Some Coarse Language

Today is the lifeguard challenge, and while Max and Jesse are putting out marker buoys for the race course, things go from bad to worse when Jesse gets a buoy rope caught in the jetski.

09:30 pm **MotoGP 2014**

LIVE

Race 7 Catalunya - Pre Show

Greg Rust and Daryl Beattie bring you all of the latest MotoGP news before we go green in Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

10:00 pm **MotoGP 2014**

LIVE

Race 7 Catalunya

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

11:00 pm **MotoGP 2014**

LIVE

Race 7 Catalunya - Post Show

Our expert commentators Greg Rust and Daryl Beattie bring you all of the latest news and results as they wrap up race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

11:30 pm **48 Hours** (Rpt)

M
Adult Themes

Collision Course

The death in November of 2009 of a young Iraq war vet named Brittney Brashers had Denver homicide detective Troy Bisgard in a quandary, was this death an accident, or was it murder?

12:30 am **Sleeper Cell** (Rpt)

AV15+
Strong Violence,
A Sex Scene,
Some Coarse Language

Al Fatiha

Darwyn Al-Sayeed is a Muslim ex-con who has just been released from prison. He finds his way to an Islamic extremist named Farik, who recruits him to join a terrorist sleeper cell.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nestic, Henri Lubatti



BRISBANE PROGRAM GUIDE

Sunday 15th June 2014

01:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:00 am NASCAR Sprint Cup

LIVE

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.



BRISBANE PROGRAM GUIDE

Monday 16th June 2014

06:00 am NASCAR Sprint Cup

LIVE

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.

06:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

08:30 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

09:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:00 am The Biggest Loser USA

NEW EPISODE

Trainers Bob and Dolvett are suspended over water in a wild dunk challenge in which the red and black teams have to use their strength to keep a weight from landing on their trainer.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Proof

Maddy's life is threatened when she finds out a secret about one of the top scientists in Terra Nova; Josh attempts to make a deal to bring Kira back from 2149.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Robert Coleby

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Drug References,
Adult Themes

Lawson and Josh come to blows when Lawson discovers Josh's relationship with Shannon. TR tracks an escaped criminal who Josh believes has been wrongly imprisoned.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser



BRISBANE PROGRAM GUIDE

Monday 16th June 2014

02:00 pm **Megafactories** (Rpt)

Extreme Roller Coaster

Take a ride on the adrenaline fuelled tracks of a 60 metre high roller coaster built by an army of master technicians, utilising one of the world's greatest roller coaster factories.

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm **Driving Wars** (Rpt)

PG

In this high octane episode, a team of well heeled polo professionals face off against three medical emergency despatch riders.

05:00 pm **I Fish** (Rpt)

G

Summer Series

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

05:30 pm **I Fish** (Rpt)

G

Summer Series

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

06:00 pm **M*A*S*H** (Rpt)

PG

The Korean Surgeon

Hawkeye feels that a Korean prisoner of war is a fine addition to the 4077th's surgical staff. But do the others agree?

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **M*A*S*H** (Rpt)

PG

Hawkeye Get Your Gun

Hawkeye and Potter must assist a Korean hospital near the frontlines. However, they run into some danger and chaos.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **Scrappers**

PG
Some Coarse Language

NEW EPISODE

The Stadium Job

Frankie's crew fights to fit long railings in a van until Darren saves the day...almost. Sal calls in Dino and Mimmo on a brick job which turns into a roller-coaster day of triumphs and disasters.



BRISBANE PROGRAM GUIDE

Monday 16th June 2014

07:30 pm **Garage Gold**

PG

NEW EPISODE

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.

08:00 pm **Flip Men (Rpt)**

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

08:30 pm **Undercover Boss**

PG

NEW EPISODE

Mood Media

CEO and Chairman of Mood Media faces his fear of heights when he has to climb a tall ladder to install equipment during his undercover mission.

09:30 pm **The Road To Rio**

PG
Mild Coarse
Language

NEW EPISODE

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

10:30 pm **Diamond Divers (Rpt)**

PG
Some Coarse
Language

Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.

11:30 pm **48 Hours (Rpt)**

M
Some Violence,
Adult Themes

Memory Of Murder

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:30 am **Megafactories (Rpt)**

Extreme Roller Coaster

Take a ride on the adrenaline fuelled tracks of a 60 metre high roller coaster built by an army of master technicians, utilising one of the world's greatest roller coaster factories.

01:30 am **Ross Kemp On Gangs (Rpt)**

MA15+
Adult Themes

Bulgaria

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



one

BRISBANE PROGRAM GUIDE

Monday 16th June 2014

03:00 am 2014 Tudor United Sportscar
Championship (Rpt)

Chevrolet Sports Car Classic

Join us on ONE for all the action from the 2014 Tudor United Sportscar Championship. We head to the Detroit Belle Isle circuit where the Chevrolet Sports Car Classic race takes place.

05:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.



BRISBANE PROGRAM GUIDE

Tuesday 17th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Fit 'n' Flexed (Rpt)

Hosted by Dayne Hudson, Fit 'N' Flexed cuts through the myths of the fitness industry to bring you the latest in health, fitness & nutrition science.

08:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:00 am The Road To Rio (Rpt)

PG
Mild Coarse
Language

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

10:00 am The Biggest Loser USA

NEW EPISODE

Two players visit home with their trainers in tow and their weights alone count at the weigh-in. Elsewhere, the teams compete in an obstacle course.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Vs

As Taylor searches for the "Sixer" mole within Terra Nova, Jim stumbles onto an old murder, for which Taylor is the prime suspect.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Adult Themes

Lawson tries to save Caleb from a life of crime only to discover it's already too late. Meanwhile, Dom's home life explodes when Sandrine's depression threatens to harm their baby.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm Monster Jam (Rpt)

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.



BRISBANE PROGRAM GUIDE

Tuesday 17th June 2014

- 03:00 pm Whose Line Is It Anyway? (Rpt)** PG
An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.
Starring: Drew Carey, Wayne Brady
- 03:30 pm Whose Line Is It Anyway? (Rpt)** PG
Sexual References, Adult Themes
An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.
Starring: Drew Carey, Wayne Brady
- 04:00 pm Get Smart (Rpt)** PG
Shock IT To Me
Dr. Erick Zharko and his assistant wire Max and 99 to a Dr. Frankenstein-like apparatus. Zharko figures that a jolt of his specially controlled electricity will shock Max and 99 into a five year sleep.
Starring: Don Adams, Barbara Feldon, Edward Platt
- 04:30 pm Reel Action (Rpt)**
Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.
- 05:00 pm I Fish (Rpt)** G
Summer Series
Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
- 05:30 pm I Fish (Rpt)** G
Summer Series
Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
- 06:00 pm M*A*S*H (Rpt)** PG
The Colonel's Horse
While Colonel Potter goes to Tokyo for a break his horse develops colic. Meanwhile, Klinger becomes chronically depressed and Hot Lips gets appendicitis.
Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
- 06:30 pm M*A*S*H (Rpt)** PG
Exorcism
After Potter orders Radar to move a Korean spirit post believed to ward off evil spirits, things mysteriously begin to go wrong.
Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
- 07:00 pm COPS**

Tuesday 17th June 2014

07:30 pm **The Indestructibles**

PG
Some Violence

NEW EPISODE

High-Speed Bike Crash

A professional downhill speed biker crashed while setting a world record at 108mph which caused his bike to split in two. He survived the crash against all odds, but how did he do it?

08:30 pm **COPS: Adults Only (Rpt)**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:00 pm **COPS: Adults Only (Rpt)**

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:30 pm **Ross Kemp On Gangs (Rpt)**

MA15+
Some Coarse Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

10:30 pm **48 Hours (Rpt)**

M
Adult Themes

Death At Soho House

In 2010, following the death of fashion designer Sylvie Cachay in New York an investigation leads to the chief suspect being her boyfriend Nicholas Brooks, son of composer Joseph Brooks.

11:30 pm **Terriers (Rpt)**

M
Some Violence,
Sexual References,
Adult Themes

Change Partners

In order to secure a bank loan, Hank must prove that the bank manager's wife is cheating on him. But what he finds is much kinkier than just infidelity.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am **Megastructures (Rpt)**

G

London's Olympic Stadium

In a milestone sporting architecture achievement, the London's Olympic Stadium is the world's first "demountable" Olympic Stadium. How was this incredible stadium designed and built?

01:30 am **COPS: Adults Only (Rpt)**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.



BRISBANE PROGRAM GUIDE

Tuesday 17th June 2014

02:00 am **COPS: Adults Only** (Rpt)

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

02:30 am **Sport Science** (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.

03:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 12: Buckle Up 200 @ Dover

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 12 is hosted at the Dover International Speedway.

05:00 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 14: Poconos 400 @ Poconos-Highlights

Catch all the non-stop motorsport action highlights from the Pocono Raceway. The thrills and spills of NASCAR racing continues with the 14th race of the 2014 Sprint Cup Series.



BRISBANE PROGRAM GUIDE

Wednesday 18th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

09:00 am Flip Men (Rpt)

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

09:30 am Scrappers (Rpt)

PG
Some Coarse
Language

The Stadium Job

Frankie's crew fights to fit long railings in a van until Darren saves the day...almost. Sal calls in Dino and Mimmo on a brick job which turns into a roller-coaster day of triumphs and disasters.

10:00 am The Biggest Loser USA

NEW EPISODE

A temptation-challenge winner reorganises the teams in an unpopular move that creates tension and suspicion among the players.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Now You See Me

Taylor and Mira confront each other in the jungle and both end up working together to battle a prehistoric enemy. Meanwhile Jim gets close to discovering the Sixer mole.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Sexual References,
Nudity

A discussion about Kerry's birthday leads to a bet on who in the team will have sex with her; Leon investigates a series of video store robberies only to be caught in a robbery himself.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser



BRISBANE PROGRAM GUIDE

Wednesday 18th June 2014

02:00 pm	Diamond Divers (Rpt)	PG Some Coarse Language	Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.
03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Leadside</u> After Max captures a wheelchair bound criminal mastermind named Leadside, he vows to escape from custody, destroy CONTROL and then kill Maxwell Smart. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS		
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Hawk's Nightmare</u> After Hawkeye becomes distressed over the young age of the wounded, he appears to develop some mental problems. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H (Rpt)	PG	<u>The Most Unforgettable Characters</u> Radar gets accepted into the "Famous Las Vegas Writers School" and begins to write his impressions of the camp. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



BRISBANE PROGRAM GUIDE

Wednesday 18th June 2014

07:00 pm COPS

07:30 pm White Collar (Rpt)

PG
Some Violence

SEASON FINAL

In The Wind

Neal and Peter are one heist away from retrieving the evidence box hidden inside the Empire State Building. Meanwhile, Senator Pratt enlists a small army of FBI agents to find the box before Neal.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen

08:30 pm Burn Notice (Rpt)

CC M
WS Some Violence,
Some Coarse
Language

Made Man

Sam is thrust into the spotlight as he takes a break from being the "back up guy" and basically runs an op himself, with Michael and Fi watching his back for a change.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless

09:30 pm The Killing

MA15+
Sexual References,
Drug References,
Adult Themes

NEW EPISODE

Head Shots

When the police shut down a motel frequented by underage prostitutes, Linden and Holder discover a hidden room where the porn videos were filmed. Meanwhile, Seward becomes motivated to obey orders.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Amy Seimetz, Peter Sarsgaard

Guest Starring: Grace Zabriskie

10:30 pm Breakout Kings

AV15+
Some Violence

NEW EPISODE

Freak Show

Lloyd follows up on a clue regarding Damien with detrimental results. Meanwhile, the rest of the team are assigned to find Max Morris, a former circus performer and talented escape artist.

Starring: Laz Alonso, Domenick Lombardozzi, Brooke Nevin, Malcolm Goodwin

11:30 pm The Glades

M
Some Violence

SEASON FINAL

Breakout

In the Season 2 finale, ex-con brothers seize Callie's hospital and take hostages. Jim and Callie must work together to capture the men and keep everyone safe.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

12:30 am Garage Gold (Rpt)

PG

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.



BRISBANE PROGRAM GUIDE

Wednesday 18th June 2014

01:00 am **Ross Kemp On Gangs** (Rpt)

MA15+
Some Coarse
Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:00 am **The Indestructibles** (Rpt)

PG
Some Violence

High-Speed Bike Crash

A professional downhill speed biker crashed while setting a world record at 108mph which caused his bike to split in two. He survived the crash against all odds, but how did he do it?

03:00 am **Driving Wars** (Rpt)

PG

In this high octane episode, a team of well heeled polo professionals face off against three medical emergency despatch riders.

04:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:30 am **Swisse Mark Webber Challenge**
(Rpt)

CC G

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.



BRISBANE PROGRAM GUIDE

Thursday 19th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am MotoGP 2014 (Rpt)

REPLAY

Race 7 Catalunya

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

10:00 am The Biggest Loser USA

NEW EPISODE

The 11 remaining players put what they've learned to the test when they all go home for 18 days and are given the chance to gain immunity by losing 5% of their body weight.

12:00 pm Terra Nova (Rpt)

CC M

Within

As the arrival of the 11th Pilgrimage draws closer, Terra Nova braces for war and Lucas steps up his assembly of the mystery device; meanwhile, Skye is reunited with a familiar face.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Dean Geyer, Damian Walshe-Howling

01:00 pm Rush (Rpt)

CC M
WS Some Violence

A bus hijack turns deadly when Lawson is forced to make a fatal decision.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm The Glades (Rpt)

M
Some Violence

Breakout

In the Season 2 finale, ex-con brothers seize Callie's hospital and take hostages. Jim and Callie must work together to capture the men and keep everyone safe.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



BRISBANE PROGRAM GUIDE

Thursday 19th June 2014

03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Greer Window</u> After Max gets shot in the buttocks he finds himself housebound in a wheelchair with nothing to do but kill time spying on his neighbourhood with binoculars. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS		
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H (Rpt)	PG	<u>38 Across</u> Befuddled by a crossword puzzle, Hawkeye persuades his old friend Tippy Brooks, a whiz at puzzles, to come to the camp. He arrives however, thinking it's a medical emergency. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H (Rpt)	PG	<u>Ping Pong</u> Lieutenant Colonel Harold Beckett lies wounded in post-op waiting to get back to the front for five more days of combat duty to get his promotion. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm	COPS		
07:30 pm	Whose Line Is It Anyway?	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady



BRISBANE PROGRAM GUIDE

Thursday 19th June 2014

08:00 pm **Whose Line Is It Anyway?**

PG
Sexual References,
Mild Coarse
Language

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

08:30 pm **Movie: Conquest Of The Planet Of The Apes (Rpt) (1972)**

M
Some Violence

MOVIE

In a futuristic world that has embraced ape slavery, Caesar, the son of the late simians Cornelius and Zira, prepares for a slave revolt against humanity.

Starring: Roddy McDowall, Don Murray, Natalie Trundy, Ricardo Montalban, Hari Rhodes, H.M. Wynant, David Chow

10:25 pm **Fast Forward (Rpt)**

M
Sexual References

Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.

11:25 pm **Blokesworld**

11:55 pm **Fishing Expedition Amazonia (Rpt)**

PG
Some Coarse
Language

NEW EPISODE

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.

12:25 am **Adventure Angler (Rpt)**

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

12:55 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:25 am **Marcos Ambrose Workshop Tour (Rpt)**

G

Marcos Ambrose Workshop Tour

Marcos Ambrose takes you on an exclusive behind the scenes tour of his NASCAR team's workshop.

01:30 am **NASCAR Sprint Cup (Rpt)**

REPLAY

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.



BRISBANE PROGRAM GUIDE

Friday 20th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am **NASCAR Nationwide Series Highlights**

Race 13 @ Michigan

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 13 is hosted at the Michigan International Speedway.

09:00 am **NASCAR Sprint Cup Highlights**

Race 15: Quicken Loans 400 @ Michigan-Highlights

Catch all the non-stop motorsport action highlights from the Michigan International Speedway. The thrills and spills of NASCAR racing continues with the 15th race of the 2014 Sprint Cup Series.

10:00 am **The Biggest Loser USA**

NEW EPISODE

The contestants are pushed out of their comfort zones by switching trainers for the week.

12:00 pm **Terra Nova (Rpt)**

CC M
Some Violence

Occupation

The 11th pilgrimage arrives. With the assistance of Lucas and Mira, the Phoenix Group tries to pillage resources from Terra Nova.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Dean Geyer, Les Hill

01:00 pm **Rush (Rpt)**

CC M
WS Some Violence

SEASON FINAL

In the season two finale, the team wait to find out which of them shot an innocent man.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm **Undercover Boss (Rpt)**

PG

Mood Media

CEO and Chairman of Mood Media faces his fear of heights when he has to climb a tall ladder to install equipment during his undercover mission.

03:00 pm **Whose Line Is It Anyway? (Rpt)**

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



BRISBANE PROGRAM GUIDE

Friday 20th June 2014

03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>The Not-So-Great Escape (1)</u> Over a period of 6 months, 20 CONTROL agents have disappeared, and it's Max's job to protect agent Michael Kendall as he gets on a plane. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS		
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H (Rpt)	PG	<u>End Run</u> Billy Tyler, a young sergeant, is brought into camp with a bullet wound in the leg and discovers that his leg needs to be amputated. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H (Rpt)	PG	<u>Hanky Panky</u> Nurse Carrie Donovan receives a "Dear Jane" letter from her husband and practically falls apart. BJ consoles her and they spend the night together. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm	COPS		
07:30 pm	Megastructures		ALL NEW EPISODES <u>Pyrotechnics</u> Australia's Howard and Sons have been making fireworks for almost 100 years. Now the reigns have been handed down and they are breaking the tradition.
08:30 pm	Megastructures (Rpt)	PG Adult Themes	<u>Building Green Beijing</u> A quest to design and build a meeting place for athletes at the Games, the designers of the Olympic Games must come up with a design that reflects green ideas and complements the green themed games.



BRISBANE PROGRAM GUIDE

Friday 20th June 2014

09:30 pm Movie: Mansome (Rpt) (2012)

M
Sexual References,
Some Coarse
Language

MOVIE

A documentary that explores the question: In the age of manscaping, metrosexuals, and grooming products galore - what does it mean to be a man?

Starring: Jason Bateman, Will Arnett, Zach Galifianakis, Paul Rudd, Morgan Spurlock, John Waters, Judd Apatow

11:15 pm The League

MA15+
Sexual References,
Drug Use

NEW EPISODE

Flowers For Taco

Chalupa Batman's first words cause fantasy friction between Kevin and Jenny; Taco is forced to face life without marijuana; Andre has never been pooped on by a bird.

Starring: Nick Kroll, Steve Rannazzisi, Mark Duplass, Paul Scheer, Jon Lajoie

11:45 pm Bellator MMA (Rpt)

M
Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the best fighters in the world battle it out for a shot at the World Championships.

01:25 am Flip Men (Rpt)

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

01:55 am American Digger (Rpt)

PG
Some Coarse
Language

Spoils Of War

On the hunt for Civil War relics, American Savage travels to Middletown, VA hoping to find rare Confederate artefacts that would bring a big payday.

02:25 am Adventure Angler (Rpt)

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

02:55 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:25 am Sporting Greats (Rpt)

G

Sir Garfield Sobers

Sir Garfield Sobers played for the West Indies between 1954 and 1974 and is widely considered one of cricket's greatest all-rounders.

04:00 am Sport Science (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.



BRISBANE PROGRAM GUIDE

Friday 20th June 2014

05:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:30 am The List (Rpt)

The List - Dynamic Drivers

Out of all the drivers in NASCAR's history, who is the best? Here is our list of the ten most dynamic drivers to ever strap themselves into a stock car.



BRISBANE PROGRAM GUIDE

Saturday 21st June 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 15: Quicken Loans 400 @ Michigan-Qualifying

Who will claim pole position in the qualifying ahead of race 15 from the Michigan International Speedway?

07:30 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.

12:00 pm The List (Rpt)

The List - Monumental Moments

12:30 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:00 pm The Road To Rio (Rpt)

PG
Mild Coarse
Language

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) WS G

Kakadu Secrets

Heritage listed and famous around the world, Pat Callinan shares the secrets of Kakadu as the team continue to explore the most amazing and visually stunning places in Australia.

03:00 pm Chasing Altitude

Chasing Altitude

Follow the journey of Mike Allsop who is a man with an extraordinary ambition: to be the first person to run a marathon distance higher than any other human has ever done before.

04:00 pm Fishing Edge

SEASON PREMIERE

Fishing Edge is a down to earth fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.

04:30 pm Reel Action

Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.

05:00 pm Escape With ET (Rpt)

G

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.



BRISBANE PROGRAM GUIDE

Saturday 21st June 2014

06:00 pm **Focus: What Drives The World's Greatest Athletes**

NEW EPISODE

Tim Cahill & Ben Brown

FOCUS gives you a behind the scenes look at 12 of the most successful athletes on the planet & delves deep into the athlete conscious to discover their everyday battles, rituals, crisis & torments.

06:30 pm **Monster Jam**

NEW EPISODE

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.

07:30 pm **Driving Wars (Rpt)**

PG
Mild Coarse
Language

A female team of motoring journalists are up against a trio of computer geeks. The teams must avoid being squashed by a 12 tonne truck in Road from Hell.

08:30 pm **Law & Order: SVU (Rpt)**

CC M

Consent

A rape drug on campus shatters lives when a college student is found unconscious, with evidence of sexual assault and no memory of the night before.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T , Dann Florek, Stephanie March

09:30 pm **2014 FORMULA 1® AUSTRIAN GRAND PRIX™**

LIVE

2014 Formula 1 Austrian Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Austrian Grand Prix from the Spielberg International Circuit in Austria.

11:30 pm **Blokesworld (Rpt)**

12:00 am **48 Hours**

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

01:00 am **Ross Kemp On Gangs (Rpt)**

MA15+
Some Coarse
Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.



BRISBANE PROGRAM GUIDE

Saturday 21st June 2014

02:00 am Fishing Expedition Amazonia (Rpt)

PG
Some Coarse
Language

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.

02:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

04:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 13 @ Michigan

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 13 is hosted at the Michigan International Speedway.

05:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 15: Quicken Loans 400 @ Michigan-Highlights

Catch all the non-stop motorsport action highlights from the Michigan International Speedway. The thrills and spills of NASCAR racing continues with the 15th race of the 2014 Sprint Cup Series.



ADELAIDE PROGRAM GUIDE

Sunday 15th June 2014

06:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

07:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:30 am Diamond Divers (Rpt)

PG
Mild Violence,
Some Coarse
Language

Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.

08:30 am Megastructures (Rpt)

G

London's Olympic Stadium

In a milestone sporting architecture achievement, the London's Olympic Stadium is the world's first "demountable" Olympic Stadium. How was this incredible stadium designed and built?

09:30 am Focus: What Drives The World's Top Athletes (Rpt)

PG
Some Coarse
Language

Mark Webber & Mick Fanning

FOCUS gives you a behind the scenes look at 12 of the most successful athletes on the planet & delves deep into the athlete conscious to discover their everyday battles, rituals, crisis and torments.

10:00 am Sport Science (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.

11:00 am Reel Action (Rpt)

Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.

11:30 am Rugby: The 2014 Castrol EDGE France Tour (Rpt) CC

REPLAY

Qantas Wallabies V France: Test 2

The Qantas Wallabies take on France for the second test of the Castrol EDGE France Tour. Gordon Bray, Scott Mackinnon, Stirling Mortlock and Matt Burke bring you all the action from Etihad Stadium.

02:00 pm The Indestructibles (Rpt)

PG
Adult Themes

Seven Minutes Under Water

Rod Baird is a passionate kayaker and loves the rapids. However, one kayaking trip leaves him trapped underwater for seven whole minutes, more than the human body can handle. So how did he survive?



ADELAIDE PROGRAM GUIDE

Sunday 15th June 2014

03:00 pm **Fit 'n' Flexed** (Rpt)

Hosted by Dayne Hudson, Fit 'N' Flexed cuts through the myths of the fitness industry to bring you the latest in health, fitness & nutrition science.

03:30 pm **American Digger** (Rpt)

PG
Some Coarse
Language

Spoils Of War

On the hunt for Civil War relics, American Savage travels to Middletown, VA hoping to find rare Confederate artefacts that would bring a big payday.

04:00 pm **Adventure Angler**

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm **Golf Getaway**

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm **What's Up Down Under** (Rpt)

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm **I Fish**

ALL NEW EPISODES

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

06:00 pm **M*A*S*H** (Rpt)

PG

Dear Sigmund

Feeling depressed, Sidney Freeman writes to Sigmund Freud about the craziness of the 4077th.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **M*A*S*H** (Rpt)

PG

Mulcahy's War

After failing to communicate with a patient who shot himself, Father Mulcahy decides to experience life on the frontlines.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **Fishing Expedition Amazonia** (Rpt)

PG
Some Coarse
Language

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.



ADELAIDE PROGRAM GUIDE

Sunday 15th June 2014

07:30 pm **Extreme Fishing With Robson Green** (Rpt)

PG
Some Coarse Language,
Drug References

Panama

Robson's Panamanian adventure begins in the 164sq ft Lake Gatun in the middle of the Panama Canal; to increase his luck Robson has joined up with world record-holding angler and local legend Ciccio.

08:30 pm **Bondi Rescue** (Rpt)

CC PG
Some Coarse Language,
Drug References,
Nudity

Over the past six years lifeguards on Bondi have caught thieves, treated heart attacks, made drug busts, broken up fights, and even handled a navy bomb that washed ashore. Tune in for the latest.

09:00 pm **MotoGP 2014**

LIVE

Race 7 Catalunya - Pre Show

Greg Rust and Daryl Beattie bring you all of the latest MotoGP news before we go green in Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

09:30 pm **MotoGP 2014**

LIVE

Race 7 Catalunya

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

10:30 pm **MotoGP 2014**

LIVE

Race 7 Catalunya - Post Show

Our expert commentators Greg Rust and Daryl Beattie bring you all of the latest news and results as they wrap up race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

11:00 pm **48 Hours** (Rpt)

M
Adult Themes

Collision Course

The death in November of 2009 of a young Iraq war vet named Brittney Brashers had Denver homicide detective Troy Bisgard in a quandary, was this death an accident, or was it murder?

12:00 am **Sleeper Cell** (Rpt)

AV15+
Strong Violence,
A Sex Scene,
Some Coarse Language

Al Fatiha

Darwyn Al-Sayeed is a Muslim ex-con who has just been released from prison. He finds his way to an Islamic extremist named Farik, who recruits him to join a terrorist sleeper cell.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nestic, Henri Lubatti

01:00 am **Flip Men** (Rpt)

PG
Some Coarse Language

Mike Fights Doug

It's Flip Man versus Flip Man when Doug ignores Mike and overpays for a property with a mysterious dungeon.



ADELAIDE PROGRAM GUIDE

Sunday 15th June 2014

01:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:00 am NASCAR Sprint Cup

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.



ADELAIDE PROGRAM GUIDE

Monday 16th June 2014

06:00 am NASCAR Sprint Cup

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.

06:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

08:30 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

09:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:00 am The Biggest Loser USA

NEW EPISODE

Trainers Bob and Dolvett are suspended over water in a wild dunk challenge in which the red and black teams have to use their strength to keep a weight from landing on their trainer.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Proof

Maddy's life is threatened when she finds out a secret about one of the top scientists in Terra Nova; Josh attempts to make a deal to bring Kira back from 2149.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Robert Coleby

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Drug References,
Adult Themes

Lawson and Josh come to blows when Lawson discovers Josh's relationship with Shannon. TR tracks an escaped criminal who Josh believes has been wrongly imprisoned.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

Monday 16th June 2014

02:00 pm **Megafactories** (Rpt)

Extreme Roller Coaster

Take a ride on the adrenaline fuelled tracks of a 60 metre high roller coaster built by an army of master technicians, utilising one of the world's greatest roller coaster factories.

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm **Driving Wars** (Rpt)

PG

In this high octane episode, a team of well heeled polo professionals face off against three medical emergency despatch riders.

05:00 pm **I Fish** (Rpt)

G

Summer Series

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

05:30 pm **I Fish** (Rpt)

G

Summer Series

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

06:00 pm **M*A*S*H** (Rpt)

PG

The Korean Surgeon

Hawkeye feels that a Korean prisoner of war is a fine addition to the 4077th's surgical staff. But do the others agree?

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **M*A*S*H** (Rpt)

PG

Hawkeye Get Your Gun

Hawkeye and Potter must assist a Korean hospital near the frontlines. However, they run into some danger and chaos.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **Scrappers**

PG
Some Coarse
Language

NEW EPISODE

The Stadium Job

Frankie's crew fights to fit long railings in a van until Darren saves the day...almost. Sal calls in Dino and Mimmo on a brick job which turns into a roller-coaster day of triumphs and disasters.



ADELAIDE PROGRAM GUIDE

Monday 16th June 2014

07:30 pm **Garage Gold**

PG

NEW EPISODE

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.

08:00 pm **Flip Men (Rpt)**

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

08:30 pm **Undercover Boss**

PG

NEW EPISODE

Mood Media

CEO and Chairman of Mood Media faces his fear of heights when he has to climb a tall ladder to install equipment during his undercover mission.

09:30 pm **The Road To Rio**

PG
Mild Coarse
Language

NEW EPISODE

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

10:30 pm **Diamond Divers (Rpt)**

PG
Some Coarse
Language

Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.

11:30 pm **48 Hours (Rpt)**

M
Some Violence,
Adult Themes

Memory Of Murder

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:30 am **Megafactories (Rpt)**

Extreme Roller Coaster

Take a ride on the adrenaline fuelled tracks of a 60 metre high roller coaster built by an army of master technicians, utilising one of the world's greatest roller coaster factories.

01:30 am **Ross Kemp On Gangs (Rpt)**

MA15+
Adult Themes

Bulgaria

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The logo for the 'one' network, featuring the word 'one' in white lowercase letters on a green square background.

ADELAIDE PROGRAM GUIDE

Monday 16th June 2014

**03:00 am 2014 Tudor United Sportscar
Championship (Rpt)**

Chevrolet Sports Car Classic

Join us on ONE for all the action from the 2014 Tudor United Sportscar Championship. We head to the Detroit Belle Isle circuit where the Chevrolet Sports Car Classic race takes place.

05:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.



ADELAIDE PROGRAM GUIDE

Tuesday 17th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Fit 'n' Flexed (Rpt)

Hosted by Dayne Hudson, Fit 'N' Flexed cuts through the myths of the fitness industry to bring you the latest in health, fitness & nutrition science.

08:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:00 am The Road To Rio (Rpt)

PG
Mild Coarse
Language

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

10:00 am The Biggest Loser USA

NEW EPISODE

Two players visit home with their trainers in tow and their weights alone count at the weigh-in. Elsewhere, the teams compete in an obstacle course.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Vs

As Taylor searches for the "Sixer" mole within Terra Nova, Jim stumbles onto an old murder, for which Taylor is the prime suspect.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Adult Themes

Lawson tries to save Caleb from a life of crime only to discover it's already too late. Meanwhile, Dom's home life explodes when Sandrine's depression threatens to harm their baby.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm Monster Jam (Rpt)

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.



ADELAIDE PROGRAM GUIDE

Tuesday 17th June 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References, Adult Themes	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Shock IT To Me</u> Dr. Erick Zharko and his assistant wire Max and 99 to a Dr. Frankenstein-like apparatus. Zharko figures that a jolt of his specially controlled electricity will shock Max and 99 into a five year sleep. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Reel Action (Rpt)		Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H (Rpt)	PG	<u>The Colonel's Horse</u> While Colonel Potter goes to Tokyo for a break his horse develops colic. Meanwhile, Klinger becomes chronically depressed and Hot Lips gets appendicitis. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H (Rpt)	PG	<u>Exorcism</u> After Potter orders Radar to move a Korean spirit post believed to ward off evil spirits, things mysteriously begin to go wrong. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm	COPS		

Tuesday 17th June 2014

07:30 pm **The Indestructibles**

PG
Some Violence

NEW EPISODE

High-Speed Bike Crash

A professional downhill speed biker crashed while setting a world record at 108mph which caused his bike to split in two. He survived the crash against all odds, but how did he do it?

08:30 pm **COPS: Adults Only (Rpt)**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:00 pm **COPS: Adults Only (Rpt)**

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:30 pm **Ross Kemp On Gangs (Rpt)**

MA15+
Some Coarse Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

10:30 pm **48 Hours (Rpt)**

M
Adult Themes

Death At Soho House

In 2010, following the death of fashion designer Sylvie Cachay in New York an investigation leads to the chief suspect being her boyfriend Nicholas Brooks, son of composer Joseph Brooks.

11:30 pm **Terriers (Rpt)**

M
Some Violence,
Sexual References,
Adult Themes

Change Partners

In order to secure a bank loan, Hank must prove that the bank manager's wife is cheating on him. But what he finds is much kinkier than just infidelity.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am **Megastructures (Rpt)**

G

London's Olympic Stadium

In a milestone sporting architecture achievement, the London's Olympic Stadium is the world's first "demountable" Olympic Stadium. How was this incredible stadium designed and built?

01:30 am **COPS: Adults Only (Rpt)**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.



ADELAIDE PROGRAM GUIDE

Tuesday 17th June 2014

02:00 am **COPS: Adults Only** (Rpt)

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

02:30 am **Sport Science** (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.

03:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 12: Buckle Up 200 @ Dover

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 12 is hosted at the Dover International Speedway.

05:00 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 14: Poconos 400 @ Poconos-Highlights

Catch all the non-stop motorsport action highlights from the Pocono Raceway. The thrills and spills of NASCAR racing continues with the 14th race of the 2014 Sprint Cup Series.



ADELAIDE PROGRAM GUIDE

Wednesday 18th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

09:00 am Flip Men (Rpt)

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

09:30 am Scrappers (Rpt)

PG
Some Coarse
Language

The Stadium Job

Frankie's crew fights to fit long railings in a van until Darren saves the day...almost. Sal calls in Dino and Mimmo on a brick job which turns into a roller-coaster day of triumphs and disasters.

10:00 am The Biggest Loser USA

NEW EPISODE

A temptation-challenge winner reorganises the teams in an unpopular move that creates tension and suspicion among the players.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Now You See Me

Taylor and Mira confront each other in the jungle and both end up working together to battle a prehistoric enemy. Meanwhile Jim gets close to discovering the Sixer mole.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Sexual References,
Nudity

A discussion about Kerry's birthday leads to a bet on who in the team will have sex with her; Leon investigates a series of video store robberies only to be caught in a robbery himself.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser



ADELAIDE PROGRAM GUIDE

Wednesday 18th June 2014

02:00 pm	Diamond Divers (Rpt)	PG Some Coarse Language	Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.
03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Leadside</u> After Max captures a wheelchair bound criminal mastermind named Leadside, he vows to escape from custody, destroy CONTROL and then kill Maxwell Smart. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS		
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Hawk's Nightmare</u> After Hawkeye becomes distressed over the young age of the wounded, he appears to develop some mental problems. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H (Rpt)	PG	<u>The Most Unforgettable Characters</u> Radar gets accepted into the "Famous Las Vegas Writers School" and begins to write his impressions of the camp. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



ADELAIDE PROGRAM GUIDE

Wednesday 18th June 2014

07:00 pm COPS

07:30 pm White Collar (Rpt)

PG
Some Violence

SEASON FINAL

In The Wind

Neal and Peter are one heist away from retrieving the evidence box hidden inside the Empire State Building. Meanwhile, Senator Pratt enlists a small army of FBI agents to find the box before Neal.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen

08:30 pm Burn Notice (Rpt)

CC M
WS Some Violence,
Some Coarse
Language

Made Man

Sam is thrust into the spotlight as he takes a break from being the "back up guy" and basically runs an op himself, with Michael and Fi watching his back for a change.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless

09:30 pm The Killing

MA15+
Sexual References,
Drug References,
Adult Themes

NEW EPISODE

Head Shots

When the police shut down a motel frequented by underage prostitutes, Linden and Holder discover a hidden room where the porn videos were filmed. Meanwhile, Seward becomes motivated to obey orders.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Amy Seimetz, Peter Sarsgaard

Guest Starring: Grace Zabriskie

10:30 pm Breakout Kings

AV15+
Some Violence

NEW EPISODE

Freak Show

Lloyd follows up on a clue regarding Damien with detrimental results. Meanwhile, the rest of the team are assigned to find Max Morris, a former circus performer and talented escape artist.

Starring: Laz Alonso, Domenick Lombardozzi, Brooke Nevin, Malcolm Goodwin

11:30 pm The Glades

M
Some Violence

SEASON FINAL

Breakout

In the Season 2 finale, ex-con brothers seize Callie's hospital and take hostages. Jim and Callie must work together to capture the men and keep everyone safe.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

12:30 am Garage Gold (Rpt)

PG

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.



ADELAIDE PROGRAM GUIDE

Wednesday 18th June 2014

01:00 am **Ross Kemp On Gangs** (Rpt)

MA15+
Some Coarse
Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:00 am **The Indestructibles** (Rpt)

PG
Some Violence

High-Speed Bike Crash

A professional downhill speed biker crashed while setting a world record at 108mph which caused his bike to split in two. He survived the crash against all odds, but how did he do it?

03:00 am **Driving Wars** (Rpt)

PG

In this high octane episode, a team of well heeled polo professionals face off against three medical emergency despatch riders.

04:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:30 am **Swisse Mark Webber Challenge**
(Rpt)

CC G

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.



ADELAIDE PROGRAM GUIDE

Thursday 19th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am MotoGP 2014 (Rpt)

REPLAY

Race 7 Catalunya

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

10:00 am The Biggest Loser USA

NEW EPISODE

The 11 remaining players put what they've learned to the test when they all go home for 18 days and are given the chance to gain immunity by losing 5% of their body weight.

12:00 pm Terra Nova (Rpt)

CC M

Within

As the arrival of the 11th Pilgrimage draws closer, Terra Nova braces for war and Lucas steps up his assembly of the mystery device; meanwhile, Skye is reunited with a familiar face.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Dean Geyer, Damian Walshe-Howling

01:00 pm Rush (Rpt)

CC M
WS Some Violence

A bus hijack turns deadly when Lawson is forced to make a fatal decision.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm The Glades (Rpt)

M
Some Violence

Breakout

In the Season 2 finale, ex-con brothers seize Callie's hospital and take hostages. Jim and Callie must work together to capture the men and keep everyone safe.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



ADELAIDE PROGRAM GUIDE

Thursday 19th June 2014

03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Greer Window</u> After Max gets shot in the buttocks he finds himself housebound in a wheelchair with nothing to do but kill time spying on his neighbourhood with binoculars. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS		
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H (Rpt)	PG	<u>38 Across</u> Befuddled by a crossword puzzle, Hawkeye persuades his old friend Tippy Brooks, a whiz at puzzles, to come to the camp. He arrives however, thinking it's a medical emergency. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H (Rpt)	PG	<u>Ping Pong</u> Lieutenant Colonel Harold Beckett lies wounded in post-op waiting to get back to the front for five more days of combat duty to get his promotion. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm	COPS		
07:30 pm	Whose Line Is It Anyway?	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady



ADELAIDE PROGRAM GUIDE

Thursday 19th June 2014

08:00 pm **Whose Line Is It Anyway?**

PG
Sexual References,
Mild Coarse
Language

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

08:30 pm **Movie: Conquest Of The Planet Of The Apes** (Rpt) (1972)

M
Some Violence

MOVIE

In a futuristic world that has embraced ape slavery, Caesar, the son of the late simians Cornelius and Zira, prepares for a slave revolt against humanity.

Starring: Roddy McDowall, Don Murray, Natalie Trundy, Ricardo Montalban, Hari Rhodes, H.M. Wynant, David Chow

10:25 pm **Fast Forward** (Rpt)

M
Sexual References

Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.

11:25 pm **Blokesworld**

11:55 pm **Fishing Expedition Amazonia** (Rpt)

PG
Some Coarse
Language

NEW EPISODE

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.

12:25 am **Adventure Angler** (Rpt)

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

12:55 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:25 am **Marcos Ambrose Workshop Tour** (Rpt)

G

Marcos Ambrose Workshop Tour

Marcos Ambrose takes you on an exclusive behind the scenes tour of his NASCAR team's workshop.

01:30 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.



ADELAIDE PROGRAM GUIDE

Friday 20th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am **NASCAR Nationwide Series Highlights**

Race 13 @ Michigan

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 13 is hosted at the Michigan International Speedway.

09:00 am **NASCAR Sprint Cup Highlights**

Race 15: Quicken Loans 400 @ Michigan-Highlights

Catch all the non-stop motorsport action highlights from the Michigan International Speedway. The thrills and spills of NASCAR racing continues with the 15th race of the 2014 Sprint Cup Series.

10:00 am **The Biggest Loser USA**

NEW EPISODE

The contestants are pushed out of their comfort zones by switching trainers for the week.

12:00 pm **Terra Nova (Rpt)**

CC M
Some Violence

Occupation

The 11th pilgrimage arrives. With the assistance of Lucas and Mira, the Phoenix Group tries to pillage resources from Terra Nova.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Dean Geyer, Les Hill

01:00 pm **Rush (Rpt)**

CC M
WS Some Violence

SEASON FINAL

In the season two finale, the team wait to find out which of them shot an innocent man.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm **Undercover Boss (Rpt)**

PG

Mood Media

CEO and Chairman of Mood Media faces his fear of heights when he has to climb a tall ladder to install equipment during his undercover mission.

03:00 pm **Whose Line Is It Anyway? (Rpt)**

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



ADELAIDE PROGRAM GUIDE

Friday 20th June 2014

03:30 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm Get Smart (Rpt)	PG	<u>The Not-So-Great Escape (1)</u> Over a period of 6 months, 20 CONTROL agents have disappeared, and it's Max's job to protect agent Michael Kendall as he gets on a plane. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm COPS		
05:00 pm I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm M*A*S*H (Rpt)	PG	<u>End Run</u> Billy Tyler, a young sergeant, is brought into camp with a bullet wound in the leg and discovers that his leg needs to be amputated. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm M*A*S*H (Rpt)	PG	<u>Hanky Panky</u> Nurse Carrie Donovan receives a "Dear Jane" letter from her husband and practically falls apart. BJ consoles her and they spend the night together. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm COPS		
07:30 pm Megastructures		<u>ALL NEW EPISODES</u> <u>Pyrotechnics</u> Australia's Howard and Sons have been making fireworks for almost 100 years. Now the reigns have been handed down and they are breaking the tradition.
08:30 pm Megastructures (Rpt)	PG Adult Themes	<u>Building Green Beijing</u> A quest to design and build a meeting place for athletes at the Games, the designers of the Olympic Games must come up with a design that reflects green ideas and complements the green themed games.



ADELAIDE PROGRAM GUIDE

Friday 20th June 2014

09:30 pm **Movie: Mansome** (Rpt) (2012)

M
Sexual References,
Some Coarse
Language

MOVIE

A documentary that explores the question: In the age of manscaping, metrosexuals, and grooming products galore - what does it mean to be a man?

Starring: Jason Bateman, Will Arnett, Zach Galifianakis, Paul Rudd, Morgan Spurlock, John Waters, Judd Apatow

11:15 pm **The League**

MA15+
Sexual References,
Drug Use

NEW EPISODE

Flowers For Taco

Chalupa Batman's first words cause fantasy friction between Kevin and Jenny; Taco is forced to face life without marijuana; Andre has never been pooped on by a bird.

Starring: Nick Kroll, Steve Rannazzisi, Mark Duplass, Paul Scheer, Jon Lajoie

11:45 pm **Bellator MMA** (Rpt)

M
Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the best fighters in the world battle it out for a shot at the World Championships.

01:25 am **Flip Men** (Rpt)

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

01:55 am **American Digger** (Rpt)

PG
Some Coarse
Language

Spoils Of War

On the hunt for Civil War relics, American Savage travels to Middletown, VA hoping to find rare Confederate artefacts that would bring a big payday.

02:25 am **Adventure Angler** (Rpt)

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

02:55 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:25 am **Sporting Greats** (Rpt)

G

Sir Garfield Sobers

Sir Garfield Sobers played for the West Indies between 1954 and 1974 and is widely considered one of cricket's greatest all-rounders.

04:00 am **Sport Science** (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.

The logo for the 'one' channel, featuring the word 'one' in white lowercase letters on a green square background.

ADELAIDE PROGRAM GUIDE

Friday 20th June 2014

05:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:30 am The List (Rpt)

The List - Dynamic Drivers

Out of all the drivers in NASCAR's history, who is the best? Here is our list of the ten most dynamic drivers to ever strap themselves into a stock car.



ADELAIDE PROGRAM GUIDE

Saturday 21st June 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 15: Quicken Loans 400 @ Michigan-Qualifying

Who will claim pole position in the qualifying ahead of race 15 from the Michigan International Speedway?

07:30 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.

12:00 pm The List (Rpt)

The List - Monumental Moments

12:30 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:00 pm The Road To Rio (Rpt)

PG
Mild Coarse
Language

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) WS G

Kakadu Secrets

Heritage listed and famous around the world, Pat Callinan shares the secrets of Kakadu as the team continue to explore the most amazing and visually stunning places in Australia.

03:00 pm Chasing Altitude

Chasing Altitude

Follow the journey of Mike Allsop who is a man with an extraordinary ambition: to be the first person to run a marathon distance higher than any other human has ever done before.

04:00 pm Fishing Edge

SEASON PREMIERE

Fishing Edge is a down to earth fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.

04:30 pm Reel Action

Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.

05:00 pm Escape With ET (Rpt)

G

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.



ADELAIDE PROGRAM GUIDE

Saturday 21st June 2014

06:00 pm **Focus: What Drives The World's Greatest Athletes**

NEW EPISODE

Tim Cahill & Ben Brown

FOCUS gives you a behind the scenes look at 12 of the most successful athletes on the planet & delves deep into the athlete conscious to discover their everyday battles, rituals, crisis & torments.

06:30 pm **Monster Jam**

NEW EPISODE

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.

07:30 pm **Driving Wars (Rpt)**

PG
Mild Coarse
Language

A female team of motoring journalists are up against a trio of computer geeks. The teams must avoid being squashed by a 12 tonne truck in Road from Hell.

08:30 pm **Bondi Rescue (Rpt)**

CC PG
Some Coarse
Language

Today is the lifeguard challenge, and while Max and Jesse are putting out marker buoys for the race course, things go from bad to worse when Jesse gets a buoy rope caught in the jetski.

09:00 pm **2014 FORMULA 1® AUSTRIAN GRAND PRIX™**

LIVE

2014 Formula 1 Austrian Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Austrian Grand Prix from the Spielberg International Circuit in Austria.

11:00 pm **Blokesworld (Rpt)**

11:30 pm **48 Hours**

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:30 am **Ross Kemp On Gangs (Rpt)**

MA15+
Some Coarse
Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

01:30 am **Fishing Expedition Amazonia (Rpt)**

PG
Some Coarse
Language

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.



one

ADELAIDE PROGRAM GUIDE

Saturday 21st June 2014

02:00 am Football's Greatest Managers (Rpt) G

Bob Paisley

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.

02:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

04:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 13 @ Michigan

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 13 is hosted at the Michigan International Speedway.

05:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 15: Quicken Loans 400 @ Michigan-Highlights

Catch all the non-stop motorsport action highlights from the Michigan International Speedway. The thrills and spills of NASCAR racing continues with the 15th race of the 2014 Sprint Cup Series.



PERTH PROGRAM GUIDE

Sunday 15th June 2014

06:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

07:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:30 am Diamond Divers (Rpt)

PG
Mild Violence,
Some Coarse
Language

Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.

08:30 am Megastructures (Rpt)

G

London's Olympic Stadium

In a milestone sporting architecture achievement, the London's Olympic Stadium is the world's first "demountable" Olympic Stadium. How was this incredible stadium designed and built?

09:30 am Focus: What Drives The World's Top Athletes (Rpt)

PG
Some Coarse
Language

Mark Webber & Mick Fanning

FOCUS gives you a behind the scenes look at 12 of the most successful athletes on the planet & delves deep into the athlete conscious to discover their everyday battles, rituals, crisis and torments.

10:00 am Sport Science (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.

11:00 am Reel Action (Rpt)

Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.

11:30 am Rugby: The 2014 Castrol EDGE France Tour (Rpt) CC

REPLAY

Qantas Wallabies V France: Test 2

The Qantas Wallabies take on France for the second test of the Castrol EDGE France Tour. Gordon Bray, Scott Mackinnon, Stirling Mortlock and Matt Burke bring you all the action from Etihad Stadium.

02:00 pm The Indestructibles (Rpt)

PG
Adult Themes

Seven Minutes Under Water

Rod Baird is a passionate kayaker and loves the rapids. However, one kayaking trip leaves him trapped underwater for seven whole minutes, more than the human body can handle. So how did he survive?



PERTH PROGRAM GUIDE

Sunday 15th June 2014

03:00 pm **Fit 'n' Flexed** (Rpt)

Hosted by Dayne Hudson, Fit 'N' Flexed cuts through the myths of the fitness industry to bring you the latest in health, fitness & nutrition science.

03:30 pm **American Digger** (Rpt)

PG
Some Coarse
Language

Spoils Of War

On the hunt for Civil War relics, American Savage travels to Middletown, VA hoping to find rare Confederate artefacts that would bring a big payday.

04:00 pm **Adventure Angler**

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm **Golf Getaway**

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm **What's Up Down Under** (Rpt)

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm **I Fish**

ALL NEW EPISODES

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

06:00 pm **M*A*S*H** (Rpt)

PG

Dear Sigmund

Feeling depressed, Sidney Freeman writes to Sigmund Freud about the craziness of the 4077th.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **M*A*S*H** (Rpt)

PG

Mulcahy's War

After failing to communicate with a patient who shot himself, Father Mulcahy decides to experience life on the frontlines.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **Fishing Expedition Amazonia** (Rpt)

PG
Some Coarse
Language

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.



PERTH PROGRAM GUIDE

Sunday 15th June 2014

07:30 pm MotoGP 2014

LIVE

Race 7 Catalunya - Pre Show

Greg Rust and Daryl Beattie bring you all of the latest MotoGP news before we go green in Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

08:00 pm MotoGP 2014

LIVE

Race 7 Catalunya

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

09:00 pm MotoGP 2014

LIVE

Race 7 Catalunya - Post Show

Our expert commentators Greg Rust and Daryl Beattie bring you all of the latest news and results as they wrap up race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

09:30 pm **Movie: The Peacemaker** (Rpt) (1997) CC

MOVIE

A US Army colonel and a civilian woman supervising him must track down stolen Russian nuclear weapons before they're used by terrorists.

Starring: George Clooney, Nicole Kidman, Randall Batinkoff, Jim Haynie, Armin Mueller-Stahl, Marcel Iures, Gary Wertz

12:05 am **Sleeper Cell** (Rpt)

AV15+
Strong Violence,
A Sex Scene,
Some Coarse
Language

Al Fatiha

Darwyn Al-Sayeed is a Muslim ex-con who has just been released from prison. He finds his way to an Islamic extremist named Farik, who recruits him to join a terrorist sleeper cell.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti

01:05 am **Flip Men** (Rpt)

PG
Some Coarse
Language

Mike Fights Doug

It's Flip Man versus Flip Man when Doug ignores Mike and overpays for a property with a mysterious dungeon.

01:35 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:00 am **NASCAR Sprint Cup**

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.



PERTH PROGRAM GUIDE

Monday 16th June 2014

06:00 am NASCAR Sprint Cup

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.

06:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

08:30 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

09:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:00 am The Biggest Loser USA

NEW EPISODE

Trainers Bob and Dolvett are suspended over water in a wild dunk challenge in which the red and black teams have to use their strength to keep a weight from landing on their trainer.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Proof

Maddy's life is threatened when she finds out a secret about one of the top scientists in Terra Nova; Josh attempts to make a deal to bring Kira back from 2149.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Robert Coleby

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Drug References,
Adult Themes

Lawson and Josh come to blows when Lawson discovers Josh's relationship with Shannon. TR tracks an escaped criminal who Josh believes has been wrongly imprisoned.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser



PERTH PROGRAM GUIDE

Monday 16th June 2014

02:00 pm **Megafactories** (Rpt)

Extreme Roller Coaster

Take a ride on the adrenaline fuelled tracks of a 60 metre high roller coaster built by an army of master technicians, utilising one of the world's greatest roller coaster factories.

03:00 pm **Whose Line Is It Anyway?** (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway?** (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm **Driving Wars** (Rpt)

PG

In this high octane episode, a team of well heeled polo professionals face off against three medical emergency despatch riders.

05:00 pm **I Fish** (Rpt)

G

Summer Series

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

05:30 pm **I Fish** (Rpt)

G

Summer Series

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

06:00 pm **M*A*S*H** (Rpt)

PG

The Korean Surgeon

Hawkeye feels that a Korean prisoner of war is a fine addition to the 4077th's surgical staff. But do the others agree?

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **M*A*S*H** (Rpt)

PG

Hawkeye Get Your Gun

Hawkeye and Potter must assist a Korean hospital near the frontlines. However, they run into some danger and chaos.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **Scrappers**

PG
Some Coarse
Language

NEW EPISODE

The Stadium Job

Frankie's crew fights to fit long railings in a van until Darren saves the day...almost. Sal calls in Dino and Mimmo on a brick job which turns into a roller-coaster day of triumphs and disasters.



PERTH PROGRAM GUIDE

Monday 16th June 2014

07:30 pm **Garage Gold**

PG

NEW EPISODE

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.

08:00 pm **Flip Men (Rpt)**

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

08:30 pm **Undercover Boss**

PG

NEW EPISODE

Mood Media

CEO and Chairman of Mood Media faces his fear of heights when he has to climb a tall ladder to install equipment during his undercover mission.

09:30 pm **The Road To Rio**

PG
Mild Coarse
Language

NEW EPISODE

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

10:30 pm **Diamond Divers (Rpt)**

PG
Some Coarse
Language

Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.

11:30 pm **48 Hours (Rpt)**

M
Some Violence,
Adult Themes

Memory Of Murder

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:30 am **Megafactories (Rpt)**

Extreme Roller Coaster

Take a ride on the adrenaline fuelled tracks of a 60 metre high roller coaster built by an army of master technicians, utilising one of the world's greatest roller coaster factories.

01:30 am **Ross Kemp On Gangs (Rpt)**

MA15+
Adult Themes

Bulgaria

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The logo for the 'one' channel, featuring the word 'one' in white lowercase letters on a green square background.

PERTH PROGRAM GUIDE

Monday 16th June 2014

**03:00 am 2014 Tudor United Sportscar
Championship (Rpt)**

Chevrolet Sports Car Classic

Join us on ONE for all the action from the 2014 Tudor United Sportscar Championship. We head to the Detroit Belle Isle circuit where the Chevrolet Sports Car Classic race takes place.

05:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.



PERTH PROGRAM GUIDE

Tuesday 17th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Fit 'n' Flexed (Rpt)

Hosted by Dayne Hudson, Fit 'N' Flexed cuts through the myths of the fitness industry to bring you the latest in health, fitness & nutrition science.

08:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:00 am The Road To Rio (Rpt)

PG
Mild Coarse
Language

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

10:00 am The Biggest Loser USA

NEW EPISODE

Two players visit home with their trainers in tow and their weights alone count at the weigh-in. Elsewhere, the teams compete in an obstacle course.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Vs

As Taylor searches for the "Sixer" mole within Terra Nova, Jim stumbles onto an old murder, for which Taylor is the prime suspect.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Adult Themes

Lawson tries to save Caleb from a life of crime only to discover it's already too late. Meanwhile, Dom's home life explodes when Sandrine's depression threatens to harm their baby.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm Monster Jam (Rpt)

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.



PERTH PROGRAM GUIDE

Tuesday 17th June 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References, Adult Themes	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Shock IT To Me</u> Dr. Erick Zharko and his assistant wire Max and 99 to a Dr. Frankenstein-like apparatus. Zharko figures that a jolt of his specially controlled electricity will shock Max and 99 into a five year sleep. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Reel Action (Rpt)		Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H (Rpt)	PG	<u>The Colonel's Horse</u> While Colonel Potter goes to Tokyo for a break his horse develops colic. Meanwhile, Klinger becomes chronically depressed and Hot Lips gets appendicitis. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H (Rpt)	PG	<u>Exorcism</u> After Potter orders Radar to move a Korean spirit post believed to ward off evil spirits, things mysteriously begin to go wrong. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm	COPS		



PERTH PROGRAM GUIDE

Tuesday 17th June 2014

07:30 pm **The Indestructibles**

PG
Some Violence

NEW EPISODE

High-Speed Bike Crash

A professional downhill speed biker crashed while setting a world record at 108mph which caused his bike to split in two. He survived the crash against all odds, but how did he do it?

08:30 pm **COPS: Adults Only**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:00 pm **COPS: Adults Only (Rpt)**

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:30 pm **Ross Kemp On Gangs (Rpt)**

MA15+
Some Coarse
Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

10:30 pm **48 Hours (Rpt)**

M
Adult Themes

Death At Soho House

In 2010, following the death of fashion designer Sylvie Cachay in New York an investigation leads to the chief suspect being her boyfriend Nicholas Brooks, son of composer Joseph Brooks.

11:30 pm **Terriers (Rpt)**

M
Some Violence,
Sexual References,
Adult Themes

Change Partners

In order to secure a bank loan, Hank must prove that the bank manager's wife is cheating on him. But what he finds is much kinkier than just infidelity.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am **Megastructures (Rpt)**

G

London's Olympic Stadium

In a milestone sporting architecture achievement, the London's Olympic Stadium is the world's first "demountable" Olympic Stadium. How was this incredible stadium designed and built?

01:30 am **COPS: Adults Only (Rpt)**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.



PERTH PROGRAM GUIDE

Tuesday 17th June 2014

02:00 am **COPS: Adults Only** (Rpt)

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

02:30 am **Sport Science** (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.

03:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 12: Buckle Up 200 @ Dover

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 12 is hosted at the Dover International Speedway.

05:00 am **NASCAR Sprint Cup Highlights** (Rpt)

Race 14: Poconos 400 @ Poconos-Highlights

Catch all the non-stop motorsport action highlights from the Pocono Raceway. The thrills and spills of NASCAR racing continues with the 14th race of the 2014 Sprint Cup Series.



PERTH PROGRAM GUIDE

Wednesday 18th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

09:00 am Flip Men (Rpt)

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

09:30 am Scrappers (Rpt)

PG
Some Coarse
Language

The Stadium Job

Frankie's crew fights to fit long railings in a van until Darren saves the day...almost. Sal calls in Dino and Mimmo on a brick job which turns into a roller-coaster day of triumphs and disasters.

10:00 am The Biggest Loser USA

NEW EPISODE

A temptation-challenge winner reorganises the teams in an unpopular move that creates tension and suspicion among the players.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Now You See Me

Taylor and Mira confront each other in the jungle and both end up working together to battle a prehistoric enemy. Meanwhile Jim gets close to discovering the Sixer mole.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Sexual References,
Nudity

A discussion about Kerry's birthday leads to a bet on who in the team will have sex with her; Leon investigates a series of video store robberies only to be caught in a robbery himself.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser



PERTH PROGRAM GUIDE

Wednesday 18th June 2014

02:00 pm	Diamond Divers (Rpt)	PG Some Coarse Language	Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.
03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Leadside</u> After Max captures a wheelchair bound criminal mastermind named Leadside, he vows to escape from custody, destroy CONTROL and then kill Maxwell Smart. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS		
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H (Rpt)	PG	<u>Hawk's Nightmare</u> After Hawkeye becomes distressed over the young age of the wounded, he appears to develop some mental problems. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H (Rpt)	PG	<u>The Most Unforgettable Characters</u> Radar gets accepted into the "Famous Las Vegas Writers School" and begins to write his impressions of the camp. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



PERTH PROGRAM GUIDE

Wednesday 18th June 2014

07:00 pm COPS

07:30 pm White Collar (Rpt)

PG
Some Violence

SEASON FINAL

In The Wind

Neal and Peter are one heist away from retrieving the evidence box hidden inside the Empire State Building. Meanwhile, Senator Pratt enlists a small army of FBI agents to find the box before Neal.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen

08:30 pm Burn Notice (Rpt)

CC M
WS Some Violence,
Some Coarse
Language

Made Man

Sam is thrust into the spotlight as he takes a break from being the "back up guy" and basically runs an op himself, with Michael and Fi watching his back for a change.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless

09:30 pm The Killing

MA15+
Sexual References,
Drug References,
Adult Themes

NEW EPISODE

Head Shots

When the police shut down a motel frequented by underage prostitutes, Linden and Holder discover a hidden room where the porn videos were filmed. Meanwhile, Seward becomes motivated to obey orders.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Amy Seimetz, Peter Sarsgaard

Guest Starring: Grace Zabriskie

10:30 pm Breakout Kings

AV15+
Some Violence

NEW EPISODE

Freak Show

Lloyd follows up on a clue regarding Damien with detrimental results. Meanwhile, the rest of the team are assigned to find Max Morris, a former circus performer and talented escape artist.

Starring: Laz Alonso, Domenick Lombardozzi, Brooke Nevin, Malcolm Goodwin

11:30 pm The Glades

M
Some Violence

SEASON FINAL

Breakout

In the Season 2 finale, ex-con brothers seize Callie's hospital and take hostages. Jim and Callie must work together to capture the men and keep everyone safe.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

12:30 am Garage Gold (Rpt)

PG

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.



PERTH PROGRAM GUIDE

Wednesday 18th June 2014

01:00 am **Ross Kemp On Gangs** (Rpt)

MA15+
Some Coarse
Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:00 am **The Indestructibles** (Rpt)

PG
Some Violence

High-Speed Bike Crash

A professional downhill speed biker crashed while setting a world record at 108mph which caused his bike to split in two. He survived the crash against all odds, but how did he do it?

03:00 am **Driving Wars** (Rpt)

PG

In this high octane episode, a team of well heeled polo professionals face off against three medical emergency despatch riders.

04:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:30 am **Swisse Mark Webber Challenge**
(Rpt)

CC G

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.



PERTH PROGRAM GUIDE

Thursday 19th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am MotoGP 2014 (Rpt)

REPLAY

Race 7 Catalunya

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

10:00 am The Biggest Loser USA

NEW EPISODE

The 11 remaining players put what they've learned to the test when they all go home for 18 days and are given the chance to gain immunity by losing 5% of their body weight.

12:00 pm Terra Nova (Rpt)

CC M

Within

As the arrival of the 11th Pilgrimage draws closer, Terra Nova braces for war and Lucas steps up his assembly of the mystery device; meanwhile, Skye is reunited with a familiar face.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Dean Geyer, Damian Walshe-Howling

01:00 pm Rush (Rpt)

CC M
WS Some Violence

A bus hijack turns deadly when Lawson is forced to make a fatal decision.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm The Glades (Rpt)

M
Some Violence

Breakout

In the Season 2 finale, ex-con brothers seize Callie's hospital and take hostages. Jim and Callie must work together to capture the men and keep everyone safe.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



PERTH PROGRAM GUIDE

Thursday 19th June 2014

03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	<u>Greer Window</u> After Max gets shot in the buttocks he finds himself housebound in a wheelchair with nothing to do but kill time spying on his neighbourhood with binoculars. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS		
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H (Rpt)	PG	<u>38 Across</u> Befuddled by a crossword puzzle, Hawkeye persuades his old friend Tippy Brooks, a whiz at puzzles, to come to the camp. He arrives however, thinking it's a medical emergency. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H (Rpt)	PG	<u>Ping Pong</u> Lieutenant Colonel Harold Beckett lies wounded in post-op waiting to get back to the front for five more days of combat duty to get his promotion. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm	COPS		
07:30 pm	Whose Line Is It Anyway?	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady



PERTH PROGRAM GUIDE

Thursday 19th June 2014

08:00 pm **Whose Line Is It Anyway?**

PG
Sexual References,
Mild Coarse
Language

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

08:30 pm **Movie: Conquest Of The Planet Of The Apes (Rpt) (1972)**

M
Some Violence

MOVIE

In a futuristic world that has embraced ape slavery, Caesar, the son of the late simians Cornelius and Zira, prepares for a slave revolt against humanity.

Starring: Roddy McDowall, Don Murray, Natalie Trundy, Ricardo Montalban, Hari Rhodes, H.M. Wynant, David Chow

10:25 pm **Fast Forward (Rpt)**

M
Sexual References

Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.

11:25 pm **Blokesworld**

11:55 pm **Fishing Expedition Amazonia (Rpt)**

PG
Some Coarse
Language

NEW EPISODE

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.

12:25 am **Adventure Angler (Rpt)**

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

12:55 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:25 am **Marcos Ambrose Workshop Tour (Rpt)**

G

Marcos Ambrose Workshop Tour

Marcos Ambrose takes you on an exclusive behind the scenes tour of his NASCAR team's workshop.

01:30 am **NASCAR Sprint Cup (Rpt)**

REPLAY

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.



PERTH PROGRAM GUIDE

Friday 20th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am NASCAR Nationwide Series Highlights

Race 13 @ Michigan

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 13 is hosted at the Michigan International Speedway.

09:00 am NASCAR Sprint Cup Highlights

Race 15: Quicken Loans 400 @ Michigan-Highlights

Catch all the non-stop motorsport action highlights from the Michigan International Speedway. The thrills and spills of NASCAR racing continues with the 15th race of the 2014 Sprint Cup Series.

10:00 am The Biggest Loser USA

NEW EPISODE

The contestants are pushed out of their comfort zones by switching trainers for the week.

12:00 pm Terra Nova (Rpt)

CC M
Some Violence

Occupation

The 11th pilgrimage arrives. With the assistance of Lucas and Mira, the Phoenix Group tries to pillage resources from Terra Nova.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Dean Geyer, Les Hill

01:00 pm Rush (Rpt)

CC M
WS Some Violence

SEASON FINAL

In the season two finale, the team wait to find out which of them shot an innocent man.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm Undercover Boss (Rpt)

PG

Mood Media

CEO and Chairman of Mood Media faces his fear of heights when he has to climb a tall ladder to install equipment during his undercover mission.

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

Friday 20th June 2014

03:30 pm Whose Line Is It Anyway? (Rpt)	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm Get Smart (Rpt)	PG	<u>The Not-So-Great Escape (1)</u> Over a period of 6 months, 20 CONTROL agents have disappeared, and it's Max's job to protect agent Michael Kendall as he gets on a plane. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm COPS		
05:00 pm I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm M*A*S*H (Rpt)	PG	<u>End Run</u> Billy Tyler, a young sergeant, is brought into camp with a bullet wound in the leg and discovers that his leg needs to be amputated. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm M*A*S*H (Rpt)	PG	<u>Hanky Panky</u> Nurse Carrie Donovan receives a "Dear Jane" letter from her husband and practically falls apart. BJ consoles her and they spend the night together. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm COPS		
07:30 pm Megastructures		<u>ALL NEW EPISODES</u> <u>Pyrotechnics</u> Australia's Howard and Sons have been making fireworks for almost 100 years. Now the reigns have been handed down and they are breaking the tradition.
08:30 pm Megastructures (Rpt)	PG Adult Themes	<u>Building Green Beijing</u> A quest to design and build a meeting place for athletes at the Games, the designers of the Olympic Games must come up with a design that reflects green ideas and complements the green themed games.



PERTH PROGRAM GUIDE

Friday 20th June 2014

09:30 pm **Movie: Mansome** (Rpt) (2012)

M
Sexual References,
Some Coarse
Language

MOVIE

A documentary that explores the question: In the age of manscaping, metrosexuals, and grooming products galore - what does it mean to be a man?

Starring: Jason Bateman, Will Arnett, Zach Galifianakis, Paul Rudd, Morgan Spurlock, John Waters, Judd Apatow

11:15 pm **The League**

MA15+
Sexual References,
Drug Use

NEW EPISODE

Flowers For Taco

Chalupa Batman's first words cause fantasy friction between Kevin and Jenny; Taco is forced to face life without marijuana; Andre has never been pooped on by a bird.

Starring: Nick Kroll, Steve Rannazzisi, Mark Duplass, Paul Scheer, Jon Lajoie

11:45 pm **Bellator MMA** (Rpt)

M
Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the best fighters in the world battle it out for a shot at the World Championships.

01:25 am **Flip Men** (Rpt)

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

01:55 am **American Digger** (Rpt)

PG
Some Coarse
Language

Spoils Of War

On the hunt for Civil War relics, American Savage travels to Middletown, VA hoping to find rare Confederate artefacts that would bring a big payday.

02:25 am **Adventure Angler** (Rpt)

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

02:55 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:25 am **Sporting Greats** (Rpt)

G

Sir Garfield Sobers

Sir Garfield Sobers played for the West Indies between 1954 and 1974 and is widely considered one of cricket's greatest all-rounders.

04:00 am **Sport Science** (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.

The logo for the 'one' network, featuring the word 'one' in a white, lowercase, sans-serif font inside a solid green square.

PERTH PROGRAM GUIDE

Friday 20th June 2014

05:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:30 am The List (Rpt)

The List - Dynamic Drivers

Out of all the drivers in NASCAR's history, who is the best? Here is our list of the ten most dynamic drivers to ever strap themselves into a stock car.



PERTH PROGRAM GUIDE

Saturday 21st June 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 15: Quicken Loans 400 @ Michigan-Qualifying

Who will claim pole position in the qualifying ahead of race 15 from the Michigan International Speedway?

07:30 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.

12:00 pm The List (Rpt)

The List - Monumental Moments

12:30 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:00 pm The Road To Rio (Rpt)

PG
Mild Coarse
Language

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

02:00 pm Pat Callinan's 4x4 Adventures (Rpt) WS G

Kakadu Secrets

Heritage listed and famous around the world, Pat Callinan shares the secrets of Kakadu as the team continue to explore the most amazing and visually stunning places in Australia.

03:00 pm Chasing Altitude

Chasing Altitude

Follow the journey of Mike Allsop who is a man with an extraordinary ambition: to be the first person to run a marathon distance higher than any other human has ever done before.

04:00 pm Fishing Edge

SEASON PREMIERE

Fishing Edge is a down to earth fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.

04:30 pm Reel Action

Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.

05:00 pm Escape With ET (Rpt)

G

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.



PERTH PROGRAM GUIDE

Saturday 21st June 2014

06:00 pm **Focus: What Drives The World's Greatest Athletes**

NEW EPISODE

Tim Cahill & Ben Brown

FOCUS gives you a behind the scenes look at 12 of the most successful athletes on the planet & delves deep into the athlete conscious to discover their everyday battles, rituals, crisis & torments.

06:30 pm **Monster Jam**

NEW EPISODE

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.

07:30 pm **2014 FORMULA 1® AUSTRIAN GRAND PRIX™**

LIVE

2014 Formula 1 Austrian Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Austrian Grand Prix from the Spielberg International Circuit in Austria.

09:30 pm **Law & Order: SVU (Rpt)**

CC M
Strong Adult Themes

Sophomore Jinx

Benson & Stabler investigate a female student's murder at a local college. When they develop a suspect on the basketball team, the college blocks their investigation. Guest Starrings: Angie Harmon

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Dann Florek, Michelle Hurd, Dean Winters, Isabel Gillies

Guest Starring: Angie Harmon, Reverend Al Sharpton, Lothaire Bluteau, Lauren Stamile

10:30 pm **Law & Order: SVU (Rpt)**

CC M

Consent

A rape drug on campus shatters lives when a college student is found unconscious, with evidence of sexual assault and no memory of the night before.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T , Dann Florek, Stephanie March

11:30 pm **Blokesworld (Rpt)**

12:00 am **48 Hours**

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

01:00 am **Ross Kemp On Gangs (Rpt)**

MA15+
Some Coarse Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.



PERTH PROGRAM GUIDE

Saturday 21st June 2014

02:00 am Fishing Expedition Amazonia (Rpt)

PG
Some Coarse
Language

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.

02:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am 2014 Australian Athletics Tour (Rpt) CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

04:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 13 @ Michigan

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 13 is hosted at the Michigan International Speedway.

05:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 15: Quicken Loans 400 @ Michigan-Highlights

Catch all the non-stop motorsport action highlights from the Michigan International Speedway. The thrills and spills of NASCAR racing continues with the 15th race of the 2014 Sprint Cup Series.



TASMANIA PROGRAM GUIDE

Sunday 15th June 2014

06:00 am 2014 Australian Athletics Tour CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

07:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:30 am Diamond Divers

PG
Mild Violence,
Some Coarse
Language

Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.

08:30 am Megastructures

G

London's Olympic Stadium

In a milestone sporting architecture achievement, the London's Olympic Stadium is the world's first "demountable" Olympic Stadium. How was this incredible stadium designed and built?

09:30 am Focus: What Drives The World's Top Athletes

PG
Some Coarse
Language

Mark Webber & Mick Fanning

FOCUS gives you a behind the scenes look at 12 of the most successful athletes on the planet & delves deep into the athlete conscious to discover their everyday battles, rituals, crisis and torments.

10:00 am Sport Science (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.

11:00 am Reel Action

Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.

11:30 am Rugby: The 2014 Castrol EDGE France Tour CC

REPLAY

Qantas Wallabies V France: Test 2

The Qantas Wallabies take on France for the second test of the Castrol EDGE France Tour. Gordon Bray, Scott Mackinnon, Stirling Mortlock and Matt Burke bring you all the action from Etihad Stadium.

02:00 pm The Indestructibles

PG
Adult Themes

Seven Minutes Under Water

Rod Baird is a passionate kayaker and loves the rapids. However, one kayaking trip leaves him trapped underwater for seven whole minutes, more than the human body can handle. So how did he survive?



TASMANIA PROGRAM GUIDE

Sunday 15th June 2014

03:00 pm Fit 'n' Flexed

Hosted by Dayne Hudson, Fit 'N' Flexed cuts through the myths of the fitness industry to bring you the latest in health, fitness & nutrition science.

03:30 pm American Digger

PG
Some Coarse
Language

Spoils Of War

On the hunt for Civil War relics, American Savage travels to Middletown, VA hoping to find rare Confederate artefacts that would bring a big payday.

04:00 pm Adventure Angler

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:00 pm What's Up Down Under

CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm I Fish

ALL NEW EPISODES

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

06:00 pm M*A*S*H

PG

Dear Sigmund

Feeling depressed, Sidney Freeman writes to Sigmund Freud about the craziness of the 4077th.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm M*A*S*H

PG

Mulcahy's War

After failing to communicate with a patient who shot himself, Father Mulcahy decides to experience life on the frontlines.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm Fishing Expedition Amazonia

PG
Some Coarse
Language

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.



TASMANIA PROGRAM GUIDE

Sunday 15th June 2014

07:30 pm **Extreme Fishing With Robson Green**

PG
Some Coarse Language,
Drug References

Panama

Robson's Panamanian adventure begins in the 164sq ft Lake Gatun in the middle of the Panama Canal; to increase his luck Robson has joined up with world record-holding angler and local legend Ciccio.

08:30 pm **Bondi Rescue**

CC PG
Some Coarse Language,
Drug References,
Nudity

Over the past six years lifeguards on Bondi have caught thieves, treated heart attacks, made drug busts, broken up fights, and even handled a navy bomb that washed ashore. Tune in for the latest.

09:00 pm **Bondi Rescue**

CC PG
Some Coarse Language

Today is the lifeguard challenge, and while Max and Jesse are putting out marker buoys for the race course, things go from bad to worse when Jesse gets a buoy rope caught in the jetski.

09:30 pm **MotoGP 2014**

LIVE

Race 7 Catalunya - Pre Show

Greg Rust and Daryl Beattie bring you all of the latest MotoGP news before we go green in Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

10:00 pm **MotoGP 2014**

LIVE

Race 7 Catalunya

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

11:00 pm **MotoGP 2014**

LIVE

Race 7 Catalunya - Post Show

Our expert commentators Greg Rust and Daryl Beattie bring you all of the latest news and results as they wrap up race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

11:30 pm **48 Hours**

M
Adult Themes

Collision Course

The death in November of 2009 of a young Iraq war vet named Brittney Brashers had Denver homicide detective Troy Bisgard in a quandary, was this death an accident, or was it murder?

12:30 am **Sleeper Cell (Rpt)**

AV15+
Strong Violence,
A Sex Scene,
Some Coarse Language

Al Fatiha

Darwyn Al-Sayeed is a Muslim ex-con who has just been released from prison. He finds his way to an Islamic extremist named Farik, who recruits him to join a terrorist sleeper cell.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nestic, Henri Lubatti



TASMANIA PROGRAM GUIDE

Sunday 15th June 2014

01:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:00 am NASCAR Sprint Cup

LIVE

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.



TASMANIA PROGRAM GUIDE

Monday 16th June 2014

06:00 am NASCAR Sprint Cup

LIVE

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.

06:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

08:30 am 2014 Australian Athletics Tour CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

09:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:00 am The Biggest Loser USA

NEW EPISODE

Trainers Bob and Dolvett are suspended over water in a wild dunk challenge in which the red and black teams have to use their strength to keep a weight from landing on their trainer.

12:00 pm Terra Nova CC M
Some Violence

Proof

Maddy's life is threatened when she finds out a secret about one of the top scientists in Terra Nova; Josh attempts to make a deal to bring Kira back from 2149.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Robert Coleby

01:00 pm Rush (Rpt) CC M
WS Some Violence,
Drug References,
Adult Themes

Lawson and Josh come to blows when Lawson discovers Josh's relationship with Shannon. TR tracks an escaped criminal who Josh believes has been wrongly imprisoned.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser



TASMANIA PROGRAM GUIDE

Monday 16th June 2014

02:00 pm **Megafactories**

Extreme Roller Coaster

Take a ride on the adrenaline fuelled tracks of a 60 metre high roller coaster built by an army of master technicians, utilising one of the world's greatest roller coaster factories.

03:00 pm **Whose Line Is It Anyway?**

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm **Whose Line Is It Anyway? (Rpt)**

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 pm **Driving Wars**

PG

In this high octane episode, a team of well heeled polo professionals face off against three medical emergency despatch riders.

05:00 pm **I Fish (Rpt)**

G

Summer Series

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

05:30 pm **I Fish (Rpt)**

G

Summer Series

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

06:00 pm **M*A*S*H**

PG

The Korean Surgeon

Hawkeye feels that a Korean prisoner of war is a fine addition to the 4077th's surgical staff. But do the others agree?

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm **M*A*S*H**

PG

Hawkeye Get Your Gun

Hawkeye and Potter must assist a Korean hospital near the frontlines. However, they run into some danger and chaos.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

07:00 pm **Scrappers**

PG
Some Coarse
Language

NEW EPISODE

The Stadium Job

Frankie's crew fights to fit long railings in a van until Darren saves the day...almost. Sal calls in Dino and Mimmo on a brick job which turns into a roller-coaster day of triumphs and disasters.



TASMANIA PROGRAM GUIDE

Monday 16th June 2014

07:30 pm Garage Gold

PG

NEW EPISODE

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.

08:00 pm Flip Men

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

08:30 pm Undercover Boss

PG

NEW EPISODE

Mood Media

CEO and Chairman of Mood Media faces his fear of heights when he has to climb a tall ladder to install equipment during his undercover mission.

09:30 pm The Road To Rio

PG
Mild Coarse
Language

NEW EPISODE

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

10:30 pm Diamond Divers

PG
Some Coarse
Language

Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.

11:30 pm 48 Hours

M
Some Violence,
Adult Themes

Memory Of Murder

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:30 am Megafactories

Extreme Roller Coaster

Take a ride on the adrenaline fuelled tracks of a 60 metre high roller coaster built by an army of master technicians, utilising one of the world's greatest roller coaster factories.

01:30 am Ross Kemp On Gangs

MA15+
Adult Themes

Bulgaria

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



TASMANIA PROGRAM GUIDE

Monday 16th June 2014

03:00 am 2014 Tudor United Sportscar
Championship

Chevrolet Sports Car Classic

Join us on ONE for all the action from the 2014 Tudor United Sportscar Championship. We head to the Detroit Belle Isle circuit where the Chevrolet Sports Car Classic race takes place.

05:00 am 2014 Australian Athletics Tour CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.



TASMANIA PROGRAM GUIDE

Tuesday 17th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Fit 'n' Flexed

Hosted by Dayne Hudson, Fit 'N' Flexed cuts through the myths of the fitness industry to bring you the latest in health, fitness & nutrition science.

08:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:00 am The Road To Rio

PG
Mild Coarse
Language

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

10:00 am The Biggest Loser USA

NEW EPISODE

Two players visit home with their trainers in tow and their weights alone count at the weigh-in. Elsewhere, the teams compete in an obstacle course.

12:00 pm Terra Nova

CC M
Some Violence

Vs

As Taylor searches for the "Sixer" mole within Terra Nova, Jim stumbles onto an old murder, for which Taylor is the prime suspect.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Adult Themes

Lawson tries to save Caleb from a life of crime only to discover it's already too late. Meanwhile, Dom's home life explodes when Sandrine's depression threatens to harm their baby.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm Monster Jam

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.



TASMANIA PROGRAM GUIDE

Tuesday 17th June 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway?	PG Sexual References, Adult Themes	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart	PG	<u>Shock IT To Me</u> Dr. Erick Zharko and his assistant wire Max and 99 to a Dr. Frankenstein-like apparatus. Zharko figures that a jolt of his specially controlled electricity will shock Max and 99 into a five year sleep. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Reel Action		Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H	PG	<u>The Colonel's Horse</u> While Colonel Potter goes to Tokyo for a break his horse develops colic. Meanwhile, Klinger becomes chronically depressed and Hot Lips gets appendicitis. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H	PG	<u>Exorcism</u> After Potter orders Radar to move a Korean spirit post believed to ward off evil spirits, things mysteriously begin to go wrong. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm	COPS		



TASMANIA PROGRAM GUIDE

Tuesday 17th June 2014

07:30 pm **The Indestructibles**

PG
Some Violence

NEW EPISODE

High-Speed Bike Crash

A professional downhill speed biker crashed while setting a world record at 108mph which caused his bike to split in two. He survived the crash against all odds, but how did he do it?

08:30 pm **COPS: Adults Only**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:00 pm **COPS: Adults Only**

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:30 pm **Ross Kemp On Gangs**

MA15+
Some Coarse
Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

10:30 pm **48 Hours**

M
Adult Themes

Death At Soho House

In 2010, following the death of fashion designer Sylvie Cachay in New York an investigation leads to the chief suspect being her boyfriend Nicholas Brooks, son of composer Joseph Brooks.

11:30 pm **Terriers**

M
Some Violence,
Sexual References,
Adult Themes

Change Partners

In order to secure a bank loan, Hank must prove that the bank manager's wife is cheating on him. But what he finds is much kinkier than just infidelity.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am **Megastructures**

G

London's Olympic Stadium

In a milestone sporting architecture achievement, the London's Olympic Stadium is the world's first "demountable" Olympic Stadium. How was this incredible stadium designed and built?

01:30 am **COPS: Adults Only**

M
Adult Themes

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.



TASMANIA PROGRAM GUIDE

Tuesday 17th June 2014

02:00 am COPS: Adults Only

M
Drug References

Coast To Coast

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

02:30 am Sport Science (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.

03:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am NASCAR Nationwide Series
Highlights

Race 12: Buckle Up 200 @ Dover

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 12 is hosted at the Dover International Speedway.

05:00 am NASCAR Sprint Cup Highlights

Race 14: Poconos 400 @ Poconos-Highlights

Catch all the non-stop motorsport action highlights from the Pocono Raceway. The thrills and spills of NASCAR racing continues with the 14th race of the 2014 Sprint Cup Series.



TASMANIA PROGRAM GUIDE

Wednesday 18th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

09:00 am Flip Men

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

09:30 am Scrappers

PG
Some Coarse
Language

The Stadium Job

Frankie's crew fights to fit long railings in a van until Darren saves the day...almost. Sal calls in Dino and Mimmo on a brick job which turns into a roller-coaster day of triumphs and disasters.

10:00 am The Biggest Loser USA

NEW EPISODE

A temptation-challenge winner reorganises the teams in an unpopular move that creates tension and suspicion among the players.

12:00 pm Terra Nova

CC M
Some Violence

Now You See Me

Taylor and Mira confront each other in the jungle and both end up working together to battle a prehistoric enemy. Meanwhile Jim gets close to discovering the Sixer mole.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

01:00 pm Rush (Rpt)

CC M
WS Some Violence,
Sexual References,
Nudity

A discussion about Kerry's birthday leads to a bet on who in the team will have sex with her; Leon investigates a series of video store robberies only to be caught in a robbery himself.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser



TASMANIA PROGRAM GUIDE

Wednesday 18th June 2014

02:00 pm	Diamond Divers	PG Some Coarse Language	Diamond Divers features a crew of rugged divers and sailors from Washington who travel to South Africa in search of underwater treasure.
03:00 pm	Whose Line Is It Anyway?	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart	PG	<u>Leadside</u> After Max captures a wheelchair bound criminal mastermind named Leadside, he vows to escape from custody, destroy CONTROL and then kill Maxwell Smart. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS		
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H	PG	<u>Hawk's Nightmare</u> After Hawkeye becomes distressed over the young age of the wounded, he appears to develop some mental problems. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H	PG	<u>The Most Unforgettable Characters</u> Radar gets accepted into the "Famous Las Vegas Writers School" and begins to write his impressions of the camp. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



TASMANIA PROGRAM GUIDE

Wednesday 18th June 2014

07:00 pm COPS

07:30 pm White Collar

PG
Some Violence

SEASON FINAL

In The Wind

Neal and Peter are one heist away from retrieving the evidence box hidden inside the Empire State Building. Meanwhile, Senator Pratt enlists a small army of FBI agents to find the box before Neal.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen

08:30 pm Burn Notice (Rpt)

CC M
WS Some Violence,
Some Coarse
Language

Made Man

Sam is thrust into the spotlight as he takes a break from being the "back up guy" and basically runs an op himself, with Michael and Fi watching his back for a change.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless

09:30 pm The Killing

MA15+
Sexual References,
Drug References,
Adult Themes

NEW EPISODE

Head Shots

When the police shut down a motel frequented by underage prostitutes, Linden and Holder discover a hidden room where the porn videos were filmed. Meanwhile, Seward becomes motivated to obey orders.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Amy Seimetz, Peter Sarsgaard

Guest Starring: Grace Zabriskie

10:30 pm Breakout Kings

AV15+
Some Violence

NEW EPISODE

Freak Show

Lloyd follows up on a clue regarding Damien with detrimental results. Meanwhile, the rest of the team are assigned to find Max Morris, a former circus performer and talented escape artist.

Starring: Laz Alonso, Domenick Lombardozzi, Brooke Nevin, Malcolm Goodwin

11:30 pm The Glades

M
Some Violence

SEASON FINAL

Breakout

In the Season 2 finale, ex-con brothers seize Callie's hospital and take hostages. Jim and Callie must work together to capture the men and keep everyone safe.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

12:30 am Garage Gold

PG

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.



TASMANIA PROGRAM GUIDE

Wednesday 18th June 2014

01:00 am **Ross Kemp On Gangs**

MA15+
Some Coarse
Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.

02:00 am **The Indestructibles**

PG
Some Violence

High-Speed Bike Crash

A professional downhill speed biker crashed while setting a world record at 108mph which caused his bike to split in two. He survived the crash against all odds, but how did he do it?

03:00 am **Driving Wars**

PG

In this high octane episode, a team of well heeled polo professionals face off against three medical emergency despatch riders.

04:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:30 am **Swisse Mark Webber Challenge**

CC G

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.



TASMANIA PROGRAM GUIDE

Thursday 19th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am MotoGP 2014

REPLAY

Race 7 Catalunya

Join Greg Rust and Daryl Beattie as they bring you all of the latest news and results from Race 7 of the 2014 MotoGP from the Circuit de Barcelona-Catalunya.

10:00 am The Biggest Loser USA

NEW EPISODE

The 11 remaining players put what they've learned to the test when they all go home for 18 days and are given the chance to gain immunity by losing 5% of their body weight.

12:00 pm Terra Nova

CC M

Within

As the arrival of the 11th Pilgrimage draws closer, Terra Nova braces for war and Lucas steps up his assembly of the mystery device; meanwhile, Skye is reunited with a familiar face.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Dean Geyer, Damian Walshe-Howling

01:00 pm Rush (Rpt)

CC M
WS Some Violence

A bus hijack turns deadly when Lawson is forced to make a fatal decision.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm The Glades

M
Some Violence

Breakout

In the Season 2 finale, ex-con brothers seize Callie's hospital and take hostages. Jim and Callie must work together to capture the men and keep everyone safe.

Starring: Matt Passmore, Kiele Sanchez, Carlos Gomez, Michelle Hurd, Jordan Wall

03:00 pm Whose Line Is It Anyway? (Rpt)

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



TASMANIA PROGRAM GUIDE

Thursday 19th June 2014

03:30 pm	Whose Line Is It Anyway?	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart	PG	<u>Greer Window</u> After Max gets shot in the buttocks he finds himself housebound in a wheelchair with nothing to do but kill time spying on his neighbourhood with binoculars. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS		
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H	PG	<u>38 Across</u> Befuddled by a crossword puzzle, Hawkeye persuades his old friend Tippy Brooks, a whiz at puzzles, to come to the camp. He arrives however, thinking it's a medical emergency. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H	PG	<u>Ping Pong</u> Lieutenant Colonel Harold Beckett lies wounded in post-op waiting to get back to the front for five more days of combat duty to get his promotion. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm	COPS		
07:30 pm	Whose Line Is It Anyway?	PG Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady



TASMANIA PROGRAM GUIDE

Thursday 19th June 2014

08:00 pm **Whose Line Is It Anyway?**

PG
Sexual References,
Mild Coarse
Language

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

08:30 pm **Movie: Conquest Of The Planet Of The Apes (Rpt) (1972)**

M
Some Violence

MOVIE

In a futuristic world that has embraced ape slavery, Caesar, the son of the late simians Cornelius and Zira, prepares for a slave revolt against humanity.

Starring: Roddy McDowall, Don Murray, Natalie Trundy, Ricardo Montalban, Hari Rhodes, H.M. Wynant, David Chow

10:25 pm **Fast Forward**

M
Sexual References

Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.

11:25 pm **Blokesworld**

11:55 pm **Fishing Expedition Amazonia**

PG
Some Coarse
Language

NEW EPISODE

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.

12:25 am **Adventure Angler**

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

12:55 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:25 am **Marcos Ambrose Workshop Tour**

G

Marcos Ambrose Workshop Tour

Marcos Ambrose takes you on an exclusive behind the scenes tour of his NASCAR team's workshop.

01:30 am **NASCAR Sprint Cup**

REPLAY

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.



TASMANIA PROGRAM GUIDE

Friday 20th June 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am **NASCAR Nationwide Series Highlights**

Race 13 @ Michigan

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 13 is hosted at the Michigan International Speedway.

09:00 am **NASCAR Sprint Cup Highlights**

Race 15: Quicken Loans 400 @ Michigan-Highlights

Catch all the non-stop motorsport action highlights from the Michigan International Speedway. The thrills and spills of NASCAR racing continues with the 15th race of the 2014 Sprint Cup Series.

10:00 am **The Biggest Loser USA**

NEW EPISODE

The contestants are pushed out of their comfort zones by switching trainers for the week.

12:00 pm **Terra Nova**

CC M
Some Violence

Occupation

The 11th pilgrimage arrives. With the assistance of Lucas and Mira, the Phoenix Group tries to pillage resources from Terra Nova.

Starring: Jason O'Mara, Shelley Conn, Stephen Lang

Guest Starring: Dean Geyer, Les Hill

01:00 pm **Rush (Rpt)**

CC M
WS Some Violence

SEASON FINAL

In the season two finale, the team wait to find out which of them shot an innocent man.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

02:00 pm **Undercover Boss**

PG

Mood Media

CEO and Chairman of Mood Media faces his fear of heights when he has to climb a tall ladder to install equipment during his undercover mission.

03:00 pm **Whose Line Is It Anyway?**

PG
Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



TASMANIA PROGRAM GUIDE

Friday 20th June 2014

03:30 pm	Whose Line Is It Anyway?	PG Sexual References, Mild Coarse Language	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart	PG	<u>The Not-So-Great Escape (1)</u> Over a period of 6 months, 20 CONTROL agents have disappeared, and it's Max's job to protect agent Michael Kendall as he gets on a plane. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	COPS		
05:00 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
05:30 pm	I Fish (Rpt)	G	<u>Summer Series</u> Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	M*A*S*H	PG	<u>End Run</u> Billy Tyler, a young sergeant, is brought into camp with a bullet wound in the leg and discovers that his leg needs to be amputated. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	M*A*S*H	PG	<u>Hanky Panky</u> Nurse Carrie Donovan receives a "Dear Jane" letter from her husband and practically falls apart. BJ consoles her and they spend the night together. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
07:00 pm	COPS		
07:30 pm	Megastructures		ALL NEW EPISODES <u>Pyrotechnics</u> Australia's Howard and Sons have been making fireworks for almost 100 years. Now the reigns have been handed down and they are breaking the tradition.
08:30 pm	Megastructures	PG Adult Themes	<u>Building Green Beijing</u> A quest to design and build a meeting place for athletes at the Games, the designers of the Olympic Games must come up with a design that reflects green ideas and complements the green themed games.



TASMANIA PROGRAM GUIDE

Friday 20th June 2014

09:30 pm **Movie: Mansome** (2012)

M
Sexual References,
Some Coarse
Language

MOVIE

A documentary that explores the question: In the age of manscaping, metrosexuals, and grooming products galore - what does it mean to be a man?

Starring: Jason Bateman, Will Arnett, Zach Galifianakis, Paul Rudd, Morgan Spurlock, John Waters, Judd Apatow

11:15 pm **The League**

MA15+
Sexual References,
Drug Use

NEW EPISODE

Flowers For Taco

Chalupa Batman's first words cause fantasy friction between Kevin and Jenny; Taco is forced to face life without marijuana; Andre has never been pooped on by a bird.

Starring: Nick Kroll, Steve Rannazzisi, Mark Duplass, Paul Scheer, Jon Lajoie

11:45 pm **Bellator MMA**

M
Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the best fighters in the world battle it out for a shot at the World Championships.

01:25 am **Flip Men**

PG
Some Coarse
Language

Death Trap

A home's great exterior masks its hazardous interior.

01:55 am **American Digger**

PG
Some Coarse
Language

Spoils Of War

On the hunt for Civil War relics, American Savage travels to Middletown, VA hoping to find rare Confederate artefacts that would bring a big payday.

02:25 am **Adventure Angler**

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

02:55 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:25 am **Sporting Greats**

G

Sir Garfield Sobers

Sir Garfield Sobers played for the West Indies between 1954 and 1974 and is widely considered one of cricket's greatest all-rounders.

04:00 am **Sport Science** (Rpt)

PG
Some Coarse
Language

X-Factor

When it's game time, and the whistle blows, there are things an athlete can no longer control. We break down everything from the role of officiating in sports, to the ultimate element: gravity.



TASMANIA PROGRAM GUIDE

Friday 20th June 2014

05:00 am Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

05:30 am The List

The List - Dynamic Drivers

Out of all the drivers in NASCAR's history, who is the best? Here is our list of the ten most dynamic drivers to ever strap themselves into a stock car.



TASMANIA PROGRAM GUIDE

Saturday 21st June 2014

06:00 am NASCAR Sprint Cup Qualifying

Race 15: Quicken Loans 400 @ Michigan-Qualifying

Who will claim pole position in the qualifying ahead of race 15 from the Michigan International Speedway?

07:30 am NASCAR Sprint Cup

REPLAY

Race 15: Quicken Loans 400 @ Michigan

Tune in on ONE for Race 15 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Michigan International Speedway.

12:00 pm The List

The List - Monumental Moments

12:30 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:00 pm The Road To Rio

PG
Mild Coarse
Language

Argentina

Mark Watson and Henning Wehn drive through South America ahead of the FIFA World Cup in Brazil. Meet the people and cultures that the world will come to know so well when the tournament kicks off.

02:00 pm Pat Callinan's 4x4 Adventures

WS G

Kakadu Secrets

Heritage listed and famous around the world, Pat Callinan shares the secrets of Kakadu as the team continue to explore the most amazing and visually stunning places in Australia.

03:00 pm Chasing Altitude

Chasing Altitude

Follow the journey of Mike Allsop who is a man with an extraordinary ambition: to be the first person to run a marathon distance higher than any other human has ever done before.

04:00 pm Fishing Edge

SEASON PREMIERE

Fishing Edge is a down to earth fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.

04:30 pm Reel Action

Hosted by Michael Guest, 'Reel Action' is a fishing show, providing heaps of tips and tricks to help you catch bigger fish.

05:00 pm Escape With ET

G

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.



TASMANIA PROGRAM GUIDE

Saturday 21st June 2014

06:00 pm **Focus: What Drives The World's Greatest Athletes**

NEW EPISODE

Tim Cahill & Ben Brown

FOCUS gives you a behind the scenes look at 12 of the most successful athletes on the planet & delves deep into the athlete conscious to discover their everyday battles, rituals, crisis & torments.

06:30 pm **Monster Jam**

NEW EPISODE

Monster Jam features the biggest performers on four wheels: Monster Jam trucks! The 3 metre tall, 5 ton machines are the perfect sports and entertainment, action packed viewing.

07:30 pm **Driving Wars**

PG
Mild Coarse
Language

A female team of motoring journalists are up against a trio of computer geeks. The teams must avoid being squashed by a 12 tonne truck in Road from Hell.

08:30 pm **Law & Order: SVU (Rpt)**

CC M

Consent

A rape drug on campus shatters lives when a college student is found unconscious, with evidence of sexual assault and no memory of the night before.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T , Dann Florek, Stephanie March

09:30 pm **2014 FORMULA 1® AUSTRIAN GRAND PRIX™**

LIVE

2014 Formula 1 Austrian Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Austrian Grand Prix from the Spielberg International Circuit in Austria.

11:30 pm **Blokesworld**

12:00 am **48 Hours**

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

01:00 am **Ross Kemp On Gangs**

MA15+
Some Coarse
Language,
Adult Themes

Belize

Ross Kemp journeys into the underbelly of some of the world's most notorious gangs. From South Africa to El Salvador, Ross goes beyond the gangster's local haunts and finds out what makes them tick.



TASMANIA PROGRAM GUIDE

Saturday 21st June 2014

02:00 am Fishing Expedition Amazonia

PG
Some Coarse
Language

Close encounters with alligators, piranha, bats - all this and more, as extreme adventure angler, Steve Townson, takes on some of Brazil's most ferocious predatory freshwater fish.

02:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am 2014 Australian Athletics Tour

CC

National Titles

Join us for all the action of the 92nd Australian Athletics Championships & Commonwealth Games Selection Trials, which is the most important event for all Australian athletes.

04:00 am NASCAR Nationwide Series
Highlights

Race 13 @ Michigan

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 13 is hosted at the Michigan International Speedway.

05:00 am NASCAR Sprint Cup Highlights

Race 15: Quicken Loans 400 @ Michigan-Highlights

Catch all the non-stop motorsport action highlights from the Michigan International Speedway. The thrills and spills of NASCAR racing continues with the 15th race of the 2014 Sprint Cup Series.