



SYDNEY PROGRAM GUIDE

Sunday 27th July 2014

06:00 am 2014 FORMULA 1® PIRELLI HUNGARIAN GRAND PRIX™ (Rpt)

REPLAY

2014 Formula 1 Budapest Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Pirelli Hungarian Grand Prix from the Hungaroring International Circuit in Budapest.

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth CC Games

LIVE

Glasgow Early Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

06:30 pm Glasgow Live - 2014 Commonwealth CC Games

LIVE

Glasgow Early Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

07:30 pm Glasgow Live - 2014 Commonwealth CC Games

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SYDNEY PROGRAM GUIDE

Sunday 27th July 2014

09:30 pm Glasgow Live - 2014
Commonwealth Games

CC

LIVE

Glasgow Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

09:55 pm 2014 FORMULA 1® PIRELLI
HUNGARIAN GRAND PRIX™

LIVE

2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.

12:00 am The Pits (Rpt)

CC

Briony Ingerson and V8 driver, Dean Canto, present this motorsport magazine program featuring issues, trends and personalities from all categories of car racing, from Formula 1 to Go Karts.

01:00 am Sleeper Cell (Rpt)

AV15+
Some Violence,
A Sex Scene

Immigrant

Farik attends a meeting with cell leaders in Las Vegas as they finalise a date for their possible attack. Meanwhile, an Afghani boy comes to the warehouse in the hopes of becoming a jihadist.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nestic, Henri Lubatti

02:10 am Garage Gold (Rpt)

G

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.

02:40 am Hook, Line & Sisters (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

03:40 am American Digger (Rpt)

PG
Mild Coarse
Language

Buried Bucks In The Bayou

American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.

04:10 am Flip Men (Rpt)

PG
Some Coarse
Language,
Adult Themes

Polygamist House

Mike and Doug's renovation plans are derailed when they discover a grizzly surprise and their newest home becomes the centre of a police investigation.



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04:40 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 18: Enjoyillinois.Com 300 @ Chicagoland

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 18 is hosted at the Chicagoland Speedway.



SYDNEY PROGRAM GUIDE

Monday 28th July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.



SYDNEY PROGRAM GUIDE

Monday 28th July 2014

08:30 pm **Glasgow Live - 2014 Commonwealth CC Games**

09:30 pm **Have You Been Paying Attention?** CC M
(Rpt)

10:30 pm **2014 FORMULA 1@ PIRELLI HUNGARIAN GRAND PRIX™** (Rpt)

12:35 am **NASCAR Sprint Cup**

05:05 am **Omnisport**

05:30 am **2014 Commonwealth Games - Guide To Glasgow** (Rpt) G

LIVE

Glasgow Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

Hosted by Tom Gleisner, Have You Been Paying Attention? is a fast-paced and irreverent look at the news with five comedians competing to see who can remember the most about the events of the week.

REPLAY

2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.

DELAYED

Race 20: The John Wayne Walding 400 @ Indianapolis

Tune in on ONE for Race 20 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Indianapolis Motor Speedway.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the NZ Rugby Sevens team, Shooting, Lawn Bowls and Cycling.



SYDNEY PROGRAM GUIDE

Tuesday 29th July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

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08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

Tuesday 29th July 2014

08:30 pm Glasgow Live - 2014 Commonwealth Games

CC

LIVE

Glasgow Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

09:30 pm 48 Hours (Rpt)

CC PG
Adult Themes

Father And Son

To some, the death of Uta Von Schwedler appeared to be a suicide. To her son, Pelle Wall, it was murder and he was determined to prove it.

10:30 pm Super Rugby Extra Time

PG

FINALE

Relive all the best bits of the weekend's Super Rugby on Extra Time.

11:30 pm Terriers (Rpt)

M
Adult Themes

Pimp Daddy

While Hank recovers from his injury, Britt teams up with a transvestite hooker to solve the death of her friend.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am Bellator MMA (Rpt)

M
Realistic Violence,
Some Coarse
Language

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

02:20 am Hook, Line & Sisters (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

02:50 am American Digger (Rpt)

PG
Mild Coarse
Language

New World Treasure

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the team's dreams.

03:20 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am Sporting Greats (Rpt)

G

Roger Federer

Roger Federer, considered by most to be the greatest tennis champion in history, holds several men's tennis records and has won seventeen grand slams, including seven at Wimbledon alone.



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Tuesday 29th July 2014

04:00 am Rugby Classic Match (Rpt)

Autumn International 2004: England V Australia

Relive the classic match between England and Australia in the 2004 Autumn International at Twickenham in London.



SYDNEY PROGRAM GUIDE

Wednesday 30th July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 6

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12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 6

Catch all the highlights and replays of Day 6 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 6

Catch all the highlights and replays of Day 6 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.



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Wednesday 30th July 2014

08:30 pm Glasgow Live - 2014
Commonwealth Games

CC

LIVE

Glasgow Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

09:30 pm Glasgow Live - 2014
Commonwealth Games

CC

LIVE

Glasgow Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

10:00 pm Burn Notice (Rpt)

CC M
WS Some Violence

Dead Or Alive

When a policeman friend of Sam's is accused of crimes and then murdered, it is up to Michael to clear his name and find who is responsible. Michael also decides what to do with the flash drive.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless, Coby Bell

Guest Starring: Richard Kind, Raphael Sbarge, Jay Karnes

11:00 pm The Killing

MA15+
Some Violence,
Strong Adult
Themes

ALL NEW EPISODES

Six Minutes

With only 12 hours remaining, Linden attempts to get a stay of execution for Ray Seward after Seward identifies a crucial piece of evidence for her. Holder struggles with personal demons.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Peter Sarsgaard, Nicholas Lea

12:00 am Trollied (Rpt)

M
Some Coarse
Language

Gavin leaves Julie in charge while at a meeting for the day, and Julie jumps at the chance. Andy worries for his job after seeing a butcher he has had problems with in the past.

Starring: Mark Addy, Jane Horrocks, Jason Watkins, Nick Blood, Lorraine Cheshire, Joel Fry, Faye McKeever, Carl Rice, Beverly Rudd, Rita May

12:30 am Flip Men (Rpt)

PG
Some Coarse
Language,
Adult Themes

Bloody Crime Scene

When shoddy workmanship causes a fire, Mike and Doug's latest purchase and the entire investment may go up in flames.

01:00 am The Pits (Rpt)

CC

Briony Ingerson and V8 driver, Dean Canto, present this motorsport magazine program featuring issues, trends and personalities from all categories of car racing, from Formula 1 to Go Karts.

02:00 am 2014 Tudor United Sportscar
Championship

DELAYED

Brickyard Grand Prix

Join us on ONE for the 2014 Tudor United Sportscar Championship Brickyard Grand Prix. We bring you all the action from the Indianapolis Motor Speedway.



SYDNEY PROGRAM GUIDE

Wednesday 30th July 2014

05:00 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:30 am **2014 Commonwealth Games - Guide To Glasgow** (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Australian Swim team, Judo, Netball and Squash.



SYDNEY PROGRAM GUIDE

Thursday 31st July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

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08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 7

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12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 7

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04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 7

Catch all the highlights and replays of Day 7 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

08:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

09:30 pm True Justice: Payback (Rpt)

M
Frequent Violence

Payback

Steven Seagal stars as Kane, who with his team, take down any criminal activity that shows up on their radar and they are not afraid to get their hands dirty using their no holds barred tactics.

Starring: Steven Seagal, Sarah Lind, William Stewart, Meghan Ory,
Warren Christie



SYDNEY PROGRAM GUIDE

Thursday 31st July 2014

10:30 pm **Movie: Mansome** (Rpt) (2012)

M
Sexual References,
Some Coarse
Language

MOVIE

A documentary that explores the question: In the age of manscaping, metrosexuals, and grooming products galore - what does it mean to be a man?

Starring: Jason Bateman, Will Arnett, Zach Galifianakis, Paul Rudd, Morgan Spurlock, John Waters, Judd Apatow

12:15 am **Blokesworld** (Rpt)

MA15+
Sexual References,
Nudity

Happy Happy Pizza

Benwah and Ado finish their two week ride and arrive back in Phnom Penh where they visit the Army training range. Meanwhile, Bailey competes in Blokesworld's Miss Downunder.

12:45 am **NASCAR Sprint Cup Qualifying**

Race 20: The John Wayne Walding 400 @ Indianapolis-Qualifying

Who will claim pole position in the qualifying ahead of race 20 from the Indianapolis Motor Speedway?

02:15 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 20: The John Wayne Walding 400 @ Indianapolis

Tune in on ONE for Race 20 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Indianapolis Motor Speedway.



SYDNEY PROGRAM GUIDE

Friday 01st August 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

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08:00 am Omnisport

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08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 8

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12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 8

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04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 8

Catch all the highlights and replays of Day 8 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.



SYDNEY PROGRAM GUIDE

Friday 01st August 2014

08:30 pm COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:00 pm COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:30 pm **Movie: Days Of Thunder** (Rpt) (1990) CC M
Sexual References,
Some Coarse
Language

MOVIE

Cole Trickle enters the high-pressure world of Nascar racing. He's a hot driver with a hot temper and this attitude gets him into trouble not only with other drivers, but his own support team as well.

Starring: Tom Cruise, Nicole Kidman, Robert Duvall

11:45 pm **2014 FORMULA 1® PIRELLI HUNGARIAN GRAND PRIX™** (Rpt)

REPLAY

2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.

01:50 am **The League** (Rpt) MA15+
Sexual References

Vegas Draft

The League's reigning champion, has pulled out all the stops and hosts the draft in Las Vegas. Jenny wants to be in The League this year, and when one member drops out she throws her hat in the ring.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Jon Lajoie, Steve Rannazzisi

02:20 am **The League** (Rpt) MA15+
Sexual References

Bro-Lo El Cunado

Ruxin's brother in law stops by and irritates everyone, leading the gang to devise a plan to take Matt Forte from his fantasy team.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Jon Lajoie, Steve Rannazzisi

02:50 am COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.



SYDNEY PROGRAM GUIDE

Friday 01st August 2014

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More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

03:50 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Canadian Gymnastics team, Shotput and Triathlon. Also, learn how the medals were designed and created.

04:30 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring England's Lawn Bowls team, the Canadian Diving team, Weightlifting and Cycling.

05:00 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring Para-Sports, Gymnastics and Scotland's Badminton team. Plus, follow the journey of the Queen's Baton Relay.

05:30 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Indian Hockey teams, Boxing, Wrestling and Table Tennis.



SYDNEY PROGRAM GUIDE

Saturday 02nd August 2014

06:00 am 2014 Australian Gymnastics Championships (Rpt)

Catch all of the highlights from the elite men's and women's competition at the 2014 Australian Gymnastics Championships.

07:00 am 2014 Australian Gymnastics Championships (Rpt)

Catch all of the highlights from the elite men's and women's competition at the 2014 Australian Gymnastics Championships.

08:00 am Omnisport (Rpt)

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08:30 am Glasgow Encore - 2014 Commonwealth Games CC

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Catch all the highlights and replays of Day 9 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 9

Catch all the highlights and replays of Day 9 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

08:30 pm Law & Order: SVU (Rpt) CC M Adult Themes

Folly

When some male escorts are assaulted and one is murdered, the police have a tough time finding the bizarre couple whose sexual fantasy has turned violent.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T, Dann Florek, Stephanie March

09:30 pm Law & Order: SVU (Rpt) CC M

Manhunt

When a young woman is abducted, Detective Munch finds the details of the crime to be similar to those of a series of brutal rapes and murders he unsuccessfully investigated the previous year.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T ,
Dann Florek, Stephanie March

Saturday 02nd August 2014

10:30 pm The Killing (Rpt)

MA15+
Some Violence,
Strong Adult
Themes

Six Minutes

With only 12 hours remaining, Linden attempts to get a stay of execution for Ray Seward after Seward identifies a crucial piece of evidence for her. Holder struggles with personal demons.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Peter Sarsgaard, Nicholas Lea

11:30 pm 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:30 am Blokesworld (Rpt)

MA15+
Sexual References,
Nudity

Happy Happy Pizza

Benwah and Ado finish their two week ride and arrive back in Phnom Penh where they visit the Army training range. Meanwhile, Bailey competes in Blokesworld's Miss Downunder.

01:00 am Bellator MMA (Rpt)

M
Realistic Violence,
Some Coarse
Language

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

02:40 am American Digger (Rpt)

PG
Mild Coarse
Language

New World Treasure

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the team's dreams.

03:10 am Hook, Line & Sisters (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

03:40 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am NASCAR Nationwide Series Highlights

Race 19: Indiana 250 @ Indianapolis

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 19 is hosted at the Indianapolis Motor Speedway.

05:00 am NASCAR Sprint Cup Highlights

Race 20: The John Wayne Walding 400 @ Indianapolis-Highlights

Catch all the non-stop motorsport action highlights from the Indianapolis Motor Speedway. The thrills and spills of NASCAR racing continues with the 20th race of the 2014 Sprint Cup Series.



MELBOURNE PROGRAM GUIDE

Sunday 27th July 2014

06:00 am 2014 FORMULA 1® PIRELLI
HUNGARIAN GRAND PRIX™ (Rpt)

REPLAY

2014 Formula 1 Budapest Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Pirelli Hungarian Grand Prix from the Hungaroring International Circuit in Budapest.

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014
Commonwealth Games CC

Glasgow Morning - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014
Commonwealth Games CC

Glasgow Early Afternoon - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014
Commonwealth Games CC

Glasgow Late Afternoon - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth
Games CC

LIVE

Glasgow Early Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

06:30 pm Glasgow Live - 2014 Commonwealth
Games CC

LIVE

Glasgow Early Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

07:30 pm Glasgow Live - 2014 Commonwealth
Games CC

LIVE

Glasgow Early Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

08:30 pm Glasgow Live - 2014 Commonwealth
Games CC

LIVE

Glasgow Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.



MELBOURNE PROGRAM GUIDE

Sunday 27th July 2014

09:30 pm Glasgow Live - 2014
Commonwealth Games

CC

LIVE

Glasgow Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

09:55 pm 2014 FORMULA 1® PIRELLI
HUNGARIAN GRAND PRIX™

LIVE

2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.

12:00 am The Pits (Rpt)

CC

Briony Ingerson and V8 driver, Dean Canto, present this motorsport magazine program featuring issues, trends and personalities from all categories of car racing, from Formula 1 to Go Karts.

01:00 am Sleeper Cell (Rpt)

AV15+
Some Violence,
A Sex Scene

Immigrant

Farik attends a meeting with cell leaders in Las Vegas as they finalise a date for their possible attack. Meanwhile, an Afghani boy comes to the warehouse in the hopes of becoming a jihadist.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti

02:10 am Garage Gold (Rpt)

G

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.

02:40 am Hook, Line & Sisters (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

03:40 am American Digger (Rpt)

PG
Mild Coarse
Language

Buried Bucks In The Bayou

American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.

04:10 am Flip Men (Rpt)

PG
Some Coarse
Language,
Adult Themes

Polygamist House

Mike and Doug's renovation plans are derailed when they discover a grizzly surprise and their newest home becomes the centre of a police investigation.



MELBOURNE PROGRAM GUIDE

Sunday 27th July 2014

04:40 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 18: Enjoyillinois.Com 300 @ Chicagoland

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 18 is hosted at the Chicagoland Speedway.



MELBOURNE PROGRAM GUIDE

Monday 28th July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.



MELBOURNE PROGRAM GUIDE

Monday 28th July 2014

08:30 pm **Glasgow Live - 2014 Commonwealth CC Games**

09:30 pm **Have You Been Paying Attention?** CC M
(Rpt)

10:30 pm **2014 FORMULA 1@ PIRELLI HUNGARIAN GRAND PRIX™** (Rpt)

12:35 am **NASCAR Sprint Cup**

05:05 am **Omnisport**

05:30 am **2014 Commonwealth Games - Guide To Glasgow** (Rpt) G

LIVE

Glasgow Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

Hosted by Tom Gleisner, Have You Been Paying Attention? is a fast-paced and irreverent look at the news with five comedians competing to see who can remember the most about the events of the week.

REPLAY

2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.

DELAYED

Race 20: The John Wayne Walding 400 @ Indianapolis

Tune in on ONE for Race 20 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Indianapolis Motor Speedway.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the NZ Rugby Sevens team, Shooting, Lawn Bowls and Cycling.



MELBOURNE PROGRAM GUIDE

Tuesday 29th July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

Tuesday 29th July 2014

08:30 pm Glasgow Live - 2014 Commonwealth Games

CC

LIVE

Glasgow Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

09:30 pm 48 Hours (Rpt)

CC PG
Adult Themes

Father And Son

To some, the death of Uta Von Schwedler appeared to be a suicide. To her son, Pelle Wall, it was murder and he was determined to prove it.

10:30 pm Super Rugby Extra Time

PG

FINALE

Relive all the best bits of the weekend's Super Rugby on Extra Time.

11:30 pm Terriers (Rpt)

M
Adult Themes

Pimp Daddy

While Hank recovers from his injury, Britt teams up with a transvestite hooker to solve the death of her friend.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am Bellator MMA (Rpt)

M
Realistic Violence,
Some Coarse
Language

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

02:20 am Hook, Line & Sisters (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

02:50 am American Digger (Rpt)

PG
Mild Coarse
Language

New World Treasure

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the team's dreams.

03:20 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am Sporting Greats (Rpt)

G

Roger Federer

Roger Federer, considered by most to be the greatest tennis champion in history, holds several men's tennis records and has won seventeen grand slams, including seven at Wimbledon alone.

The logo for the 'one' network, featuring the word 'one' in white lowercase letters on a green square background.

MELBOURNE PROGRAM GUIDE

Tuesday 29th July 2014

04:00 am Rugby Classic Match (Rpt)

Autumn International 2004: England V Australia

Relive the classic match between England and Australia in the 2004 Autumn International at Twickenham in London.



MELBOURNE PROGRAM GUIDE

Wednesday 30th July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 6

Catch all the highlights and replays of Day 6 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 6

Catch all the highlights and replays of Day 6 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 6

Catch all the highlights and replays of Day 6 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.



MELBOURNE PROGRAM GUIDE

Wednesday 30th July 2014

08:30 pm Glasgow Live - 2014
Commonwealth Games

CC

LIVE

Glasgow Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

09:30 pm Glasgow Live - 2014
Commonwealth Games

CC

LIVE

Glasgow Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

10:00 pm Burn Notice (Rpt)

CC M
WS Some Violence

Dead Or Alive

When a policeman friend of Sam's is accused of crimes and then murdered, it is up to Michael to clear his name and find who is responsible. Michael also decides what to do with the flash drive.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless, Coby Bell

Guest Starring: Richard Kind, Raphael Sbarge, Jay Karnes

11:00 pm The Killing

MA15+
Some Violence,
Strong Adult
Themes

ALL NEW EPISODES

Six Minutes

With only 12 hours remaining, Linden attempts to get a stay of execution for Ray Seward after Seward identifies a crucial piece of evidence for her. Holder struggles with personal demons.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Peter Sarsgaard, Nicholas Lea

12:00 am Trollied (Rpt)

M
Some Coarse
Language

Gavin leaves Julie in charge while at a meeting for the day, and Julie jumps at the chance. Andy worries for his job after seeing a butcher he has had problems with in the past.

Starring: Mark Addy, Jane Horrocks, Jason Watkins, Nick Blood, Lorraine Cheshire, Joel Fry, Faye McKeever, Carl Rice, Beverly Rudd, Rita May

12:30 am Flip Men (Rpt)

PG
Some Coarse
Language,
Adult Themes

Bloody Crime Scene

When shoddy workmanship causes a fire, Mike and Doug's latest purchase and the entire investment may go up in flames.

01:00 am The Pits (Rpt)

CC

Briony Ingerson and V8 driver, Dean Canto, present this motorsport magazine program featuring issues, trends and personalities from all categories of car racing, from Formula 1 to Go Karts.

02:00 am 2014 Tudor United Sportscar
Championship

DELAYED

Brickyard Grand Prix

Join us on ONE for the 2014 Tudor United Sportscar Championship Brickyard Grand Prix. We bring you all the action from the Indianapolis Motor Speedway.

The logo for the 'one' network, featuring the word 'one' in white lowercase letters on a green square background.

MELBOURNE PROGRAM GUIDE

Wednesday 30th July 2014

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:30 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Australian Swim team, Judo, Netball and Squash.



MELBOURNE PROGRAM GUIDE

Thursday 31st July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 7

Catch all the highlights and replays of Day 7 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 7

Catch all the highlights and replays of Day 7 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 7

Catch all the highlights and replays of Day 7 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

08:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

09:30 pm True Justice: Payback (Rpt)

M
Frequent Violence

Payback

Steven Seagal stars as Kane, who with his team, take down any criminal activity that shows up on their radar and they are not afraid to get their hands dirty using their no holds barred tactics.

Starring: Steven Seagal, Sarah Lind, William Stewart, Meghan Ory,
Warren Christie



MELBOURNE PROGRAM GUIDE

Thursday 31st July 2014

10:30 pm **Movie: Mansome** (Rpt) (2012)

M
Sexual References,
Some Coarse
Language

MOVIE

A documentary that explores the question: In the age of manscaping, metrosexuals, and grooming products galore - what does it mean to be a man?

Starring: Jason Bateman, Will Arnett, Zach Galifianakis, Paul Rudd, Morgan Spurlock, John Waters, Judd Apatow

12:15 am **Blokesworld** (Rpt)

MA15+
Sexual References,
Nudity

Happy Happy Pizza

Benwah and Ado finish their two week ride and arrive back in Phnom Penh where they visit the Army training range. Meanwhile, Bailey competes in Blokesworld's Miss Downunder.

12:45 am **NASCAR Sprint Cup Qualifying**

Race 20: The John Wayne Walding 400 @ Indianapolis-Qualifying

Who will claim pole position in the qualifying ahead of race 20 from the Indianapolis Motor Speedway?

02:15 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 20: The John Wayne Walding 400 @ Indianapolis

Tune in on ONE for Race 20 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Indianapolis Motor Speedway.



MELBOURNE PROGRAM GUIDE

Friday 01st August 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 8

Catch all the highlights and replays of Day 8 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 8

Catch all the highlights and replays of Day 8 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 8

Catch all the highlights and replays of Day 8 from the XX Commonwealth Games in Glasgow, Scotland.

LIVE

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.



MELBOURNE PROGRAM GUIDE

Friday 01st August 2014

08:30 pm COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:00 pm COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:30 pm **Movie: Days Of Thunder** (Rpt) (1990) CC M
Sexual References,
Some Coarse
Language

MOVIE

Cole Trickle enters the high-pressure world of Nascar racing. He's a hot driver with a hot temper and this attitude gets him into trouble not only with other drivers, but his own support team as well.

Starring: Tom Cruise, Nicole Kidman, Robert Duvall

11:45 pm **2014 FORMULA 1® PIRELLI HUNGARIAN GRAND PRIX™** (Rpt)

REPLAY

2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.

01:50 am **The League** (Rpt) MA15+
Sexual References

Vegas Draft

The League's reigning champion, has pulled out all the stops and hosts the draft in Las Vegas. Jenny wants to be in The League this year, and when one member drops out she throws her hat in the ring.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Jon Lajoie, Steve Rannazzisi

02:20 am **The League** (Rpt) MA15+
Sexual References

Bro-Lo El Cunado

Ruxin's brother in law stops by and irritates everyone, leading the gang to devise a plan to take Matt Forte from his fantasy team.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Jon Lajoie, Steve Rannazzisi

02:50 am COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.



MELBOURNE PROGRAM GUIDE

Friday 01st August 2014

03:20 am COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

03:50 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Canadian Gymnastics team, Shotput and Triathlon. Also, learn how the medals were designed and created.

04:30 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring England's Lawn Bowls team, the Canadian Diving team, Weightlifting and Cycling.

05:00 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring Para-Sports, Gymnastics and Scotland's Badminton team. Plus, follow the journey of the Queen's Baton Relay.

05:30 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Indian Hockey teams, Boxing, Wrestling and Table Tennis.



MELBOURNE PROGRAM GUIDE

Saturday 02nd August 2014

06:00 am 2014 Australian Gymnastics Championships (Rpt)

Catch all of the highlights from the elite men's and women's competition at the 2014 Australian Gymnastics Championships.

07:00 am 2014 Australian Gymnastics Championships (Rpt)

Catch all of the highlights from the elite men's and women's competition at the 2014 Australian Gymnastics Championships.

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 9

Catch all the highlights and replays of Day 9 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 9

Catch all the highlights and replays of Day 9 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 9

Catch all the highlights and replays of Day 9 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

08:30 pm Law & Order: SVU (Rpt) CC M Adult Themes

Folly

When some male escorts are assaulted and one is murdered, the police have a tough time finding the bizarre couple whose sexual fantasy has turned violent.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T, Dann Florek, Stephanie March

09:30 pm Law & Order: SVU (Rpt) CC M

Manhunt

When a young woman is abducted, Detective Munch finds the details of the crime to be similar to those of a series of brutal rapes and murders he unsuccessfully investigated the previous year.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T ,
Dann Florek, Stephanie March

Saturday 02nd August 2014

10:30 pm The Killing (Rpt)

MA15+
Some Violence,
Strong Adult
Themes

Six Minutes

With only 12 hours remaining, Linden attempts to get a stay of execution for Ray Seward after Seward identifies a crucial piece of evidence for her. Holder struggles with personal demons.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Peter Sarsgaard, Nicholas Lea

11:30 pm 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:30 am Blokesworld (Rpt)

MA15+
Sexual References,
Nudity

Happy Happy Pizza

Benwah and Ado finish their two week ride and arrive back in Phnom Penh where they visit the Army training range. Meanwhile, Bailey competes in Blokesworld's Miss Downunder.

01:00 am Bellator MMA (Rpt)

M
Realistic Violence,
Some Coarse
Language

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

02:40 am American Digger (Rpt)

PG
Mild Coarse
Language

New World Treasure

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the team's dreams.

03:10 am Hook, Line & Sisters (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

03:40 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am NASCAR Nationwide Series Highlights

Race 19: Indiana 250 @ Indianapolis

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 19 is hosted at the Indianapolis Motor Speedway.

05:00 am NASCAR Sprint Cup Highlights

Race 20: The John Wayne Walding 400 @ Indianapolis-Highlights

Catch all the non-stop motorsport action highlights from the Indianapolis Motor Speedway. The thrills and spills of NASCAR racing continues with the 20th race of the 2014 Sprint Cup Series.



BRISBANE PROGRAM GUIDE

Sunday 27th July 2014

06:00 am 2014 FORMULA 1® PIRELLI
HUNGARIAN GRAND PRIX™ (Rpt)

REPLAY

2014 Formula 1 Budapest Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Pirelli Hungarian Grand Prix from the Hungaroring International Circuit in Budapest.

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014
Commonwealth Games CC

Glasgow Morning - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014
Commonwealth Games CC

Glasgow Early Afternoon - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014
Commonwealth Games CC

Glasgow Late Afternoon - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth
Games CC

LIVE

Glasgow Early Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

06:30 pm Glasgow Live - 2014 Commonwealth
Games CC

LIVE

Glasgow Early Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

07:30 pm Glasgow Live - 2014 Commonwealth
Games CC

LIVE

Glasgow Early Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

08:30 pm Glasgow Live - 2014 Commonwealth
Games CC

LIVE

Glasgow Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.



BRISBANE PROGRAM GUIDE

Sunday 27th July 2014

09:30 pm Glasgow Live - 2014
Commonwealth Games

CC

LIVE

Glasgow Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

09:55 pm 2014 FORMULA 1® PIRELLI
HUNGARIAN GRAND PRIX™

LIVE

2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.

12:00 am The Pits (Rpt)

CC

Briony Ingerson and V8 driver, Dean Canto, present this motorsport magazine program featuring issues, trends and personalities from all categories of car racing, from Formula 1 to Go Karts.

01:00 am Sleeper Cell (Rpt)

AV15+
Some Violence,
A Sex Scene

Immigrant

Farik attends a meeting with cell leaders in Las Vegas as they finalise a date for their possible attack. Meanwhile, an Afghani boy comes to the warehouse in the hopes of becoming a jihadist.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti

02:10 am Garage Gold (Rpt)

G

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.

02:40 am Hook, Line & Sisters (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

03:40 am American Digger (Rpt)

PG
Mild Coarse
Language

Buried Bucks In The Bayou

American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.

04:10 am Flip Men (Rpt)

PG
Some Coarse
Language,
Adult Themes

Polygamist House

Mike and Doug's renovation plans are derailed when they discover a grizzly surprise and their newest home becomes the centre of a police investigation.



BRISBANE PROGRAM GUIDE

Sunday 27th July 2014

04:40 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 18: Enjoyillinois.Com 300 @ Chicagoland

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 18 is hosted at the Chicagoland Speedway.



BRISBANE PROGRAM GUIDE

Monday 28th July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.



BRISBANE PROGRAM GUIDE

Monday 28th July 2014

08:30 pm **Glasgow Live - 2014 Commonwealth CC Games**

09:30 pm **Have You Been Paying Attention?** CC M
(Rpt)

10:30 pm **2014 FORMULA 1@ PIRELLI HUNGARIAN GRAND PRIX™** (Rpt)

12:35 am **NASCAR Sprint Cup**

05:05 am **Omnisport**

05:30 am **2014 Commonwealth Games - Guide To Glasgow** (Rpt) G

LIVE

Glasgow Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

Hosted by Tom Gleisner, Have You Been Paying Attention? is a fast-paced and irreverent look at the news with five comedians competing to see who can remember the most about the events of the week.

REPLAY

2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.

DELAYED

Race 20: The John Wayne Walding 400 @ Indianapolis

Tune in on ONE for Race 20 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Indianapolis Motor Speedway.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the NZ Rugby Sevens team, Shooting, Lawn Bowls and Cycling.



BRISBANE PROGRAM GUIDE

Tuesday 29th July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

Tuesday 29th July 2014

08:30 pm Glasgow Live - 2014 Commonwealth Games

CC

LIVE

Glasgow Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

09:30 pm 48 Hours (Rpt)

CC PG
Adult Themes

Father And Son

To some, the death of Uta Von Schwedler appeared to be a suicide. To her son, Pelle Wall, it was murder and he was determined to prove it.

10:30 pm Super Rugby Extra Time

PG

FINALE

Relive all the best bits of the weekend's Super Rugby on Extra Time.

11:30 pm Terriers (Rpt)

M
Adult Themes

Pimp Daddy

While Hank recovers from his injury, Britt teams up with a transvestite hooker to solve the death of her friend.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am Bellator MMA (Rpt)

M
Realistic Violence,
Some Coarse
Language

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

02:20 am Hook, Line & Sisters (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

02:50 am American Digger (Rpt)

PG
Mild Coarse
Language

New World Treasure

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the team's dreams.

03:20 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am Sporting Greats (Rpt)

G

Roger Federer

Roger Federer, considered by most to be the greatest tennis champion in history, holds several men's tennis records and has won seventeen grand slams, including seven at Wimbledon alone.

The logo for the 'one' network, featuring the word 'one' in a white, lowercase, sans-serif font inside a solid green square.

BRISBANE PROGRAM GUIDE

Tuesday 29th July 2014

04:00 am Rugby Classic Match (Rpt)

Autumn International 2004: England V Australia

Relive the classic match between England and Australia in the 2004 Autumn International at Twickenham in London.



BRISBANE PROGRAM GUIDE

Wednesday 30th July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 6

Catch all the highlights and replays of Day 6 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 6

Catch all the highlights and replays of Day 6 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 6

Catch all the highlights and replays of Day 6 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.



BRISBANE PROGRAM GUIDE

Wednesday 30th July 2014

08:30 pm Glasgow Live - 2014 Commonwealth Games

CC

LIVE

Glasgow Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

09:30 pm Glasgow Live - 2014 Commonwealth Games

CC

LIVE

Glasgow Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

10:00 pm Burn Notice (Rpt)

CC M
WS Some Violence

Dead Or Alive

When a policeman friend of Sam's is accused of crimes and then murdered, it is up to Michael to clear his name and find who is responsible. Michael also decides what to do with the flash drive.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless, Coby Bell

Guest Starring: Richard Kind, Raphael Sbarge, Jay Karnes

11:00 pm The Killing

MA15+
Some Violence,
Strong Adult
Themes

ALL NEW EPISODES

Six Minutes

With only 12 hours remaining, Linden attempts to get a stay of execution for Ray Seward after Seward identifies a crucial piece of evidence for her. Holder struggles with personal demons.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Peter Sarsgaard, Nicholas Lea

12:00 am Trollied (Rpt)

M
Some Coarse
Language

Gavin leaves Julie in charge while at a meeting for the day, and Julie jumps at the chance. Andy worries for his job after seeing a butcher he has had problems with in the past.

Starring: Mark Addy, Jane Horrocks, Jason Watkins, Nick Blood, Lorraine Cheshire, Joel Fry, Faye McKeever, Carl Rice, Beverly Rudd, Rita May

12:30 am Flip Men (Rpt)

PG
Some Coarse
Language,
Adult Themes

Bloody Crime Scene

When shoddy workmanship causes a fire, Mike and Doug's latest purchase and the entire investment may go up in flames.

01:00 am The Pits (Rpt)

CC

Briony Ingerson and V8 driver, Dean Canto, present this motorsport magazine program featuring issues, trends and personalities from all categories of car racing, from Formula 1 to Go Karts.

02:00 am 2014 Tudor United Sportscar Championship

DELAYED

Brickyard Grand Prix

Join us on ONE for the 2014 Tudor United Sportscar Championship Brickyard Grand Prix. We bring you all the action from the Indianapolis Motor Speedway.

The logo for 'one' is displayed in white lowercase letters on a green square background.

BRISBANE PROGRAM GUIDE

Wednesday 30th July 2014

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:30 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Australian Swim team, Judo, Netball and Squash.



BRISBANE PROGRAM GUIDE

Thursday 31st July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 7

Catch all the highlights and replays of Day 7 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 7

Catch all the highlights and replays of Day 7 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 7

Catch all the highlights and replays of Day 7 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

08:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

09:30 pm True Justice: Payback (Rpt)

M
Frequent Violence

Payback

Steven Seagal stars as Kane, who with his team, take down any criminal activity that shows up on their radar and they are not afraid to get their hands dirty using their no holds barred tactics.

Starring: Steven Seagal, Sarah Lind, William Stewart, Meghan Ory,
Warren Christie



BRISBANE PROGRAM GUIDE

Thursday 31st July 2014

10:30 pm **Movie: Mansome** (Rpt) (2012)

M
Sexual References,
Some Coarse
Language

MOVIE

A documentary that explores the question: In the age of manscaping, metrosexuals, and grooming products galore - what does it mean to be a man?

Starring: Jason Bateman, Will Arnett, Zach Galifianakis, Paul Rudd, Morgan Spurlock, John Waters, Judd Apatow

12:15 am **Blokesworld** (Rpt)

MA15+
Sexual References,
Nudity

Happy Happy Pizza

Benwah and Ado finish their two week ride and arrive back in Phnom Penh where they visit the Army training range. Meanwhile, Bailey competes in Blokesworld's Miss Downunder.

12:45 am **NASCAR Sprint Cup Qualifying**

Race 20: The John Wayne Walding 400 @ Indianapolis-Qualifying

Who will claim pole position in the qualifying ahead of race 20 from the Indianapolis Motor Speedway?

02:15 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 20: The John Wayne Walding 400 @ Indianapolis

Tune in on ONE for Race 20 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Indianapolis Motor Speedway.



BRISBANE PROGRAM GUIDE

Friday 01st August 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 8

Catch all the highlights and replays of Day 8 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 8

Catch all the highlights and replays of Day 8 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 8

Catch all the highlights and replays of Day 8 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.



BRISBANE PROGRAM GUIDE

Friday 01st August 2014

08:30 pm COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:00 pm COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:30 pm **Movie: Days Of Thunder** (Rpt) (1990) CC M
Sexual References,
Some Coarse
Language

MOVIE

Cole Trickle enters the high-pressure world of Nascar racing. He's a hot driver with a hot temper and this attitude gets him into trouble not only with other drivers, but his own support team as well.

Starring: Tom Cruise, Nicole Kidman, Robert Duvall

11:45 pm **2014 FORMULA 1® PIRELLI HUNGARIAN GRAND PRIX™** (Rpt)

REPLAY

2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.

01:50 am **The League** (Rpt) MA15+
Sexual References

Vegas Draft

The League's reigning champion, has pulled out all the stops and hosts the draft in Las Vegas. Jenny wants to be in The League this year, and when one member drops out she throws her hat in the ring.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Jon Lajoie, Steve Rannazzisi

02:20 am **The League** (Rpt) MA15+
Sexual References

Bro-Lo El Cunado

Ruxin's brother in law stops by and irritates everyone, leading the gang to devise a plan to take Matt Forte from his fantasy team.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Jon Lajoie, Steve Rannazzisi

02:50 am COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.



BRISBANE PROGRAM GUIDE

Friday 01st August 2014

03:20 am COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

03:50 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Canadian Gymnastics team, Shotput and Triathlon. Also, learn how the medals were designed and created.

04:30 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring England's Lawn Bowls team, the Canadian Diving team, Weightlifting and Cycling.

05:00 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring Para-Sports, Gymnastics and Scotland's Badminton team. Plus, follow the journey of the Queen's Baton Relay.

05:30 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Indian Hockey teams, Boxing, Wrestling and Table Tennis.



BRISBANE PROGRAM GUIDE

Saturday 02nd August 2014

06:00 am 2014 Australian Gymnastics Championships (Rpt)

Catch all of the highlights from the elite men's and women's competition at the 2014 Australian Gymnastics Championships.

07:00 am 2014 Australian Gymnastics Championships (Rpt)

Catch all of the highlights from the elite men's and women's competition at the 2014 Australian Gymnastics Championships.

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 9

Catch all the highlights and replays of Day 9 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 9

Catch all the highlights and replays of Day 9 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 9

Catch all the highlights and replays of Day 9 from the XX Commonwealth Games in Glasgow, Scotland.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

08:30 pm Law & Order: SVU (Rpt) CC M Adult Themes

Folly

When some male escorts are assaulted and one is murdered, the police have a tough time finding the bizarre couple whose sexual fantasy has turned violent.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T, Dann Florek, Stephanie March

09:30 pm Law & Order: SVU (Rpt) CC M

Manhunt

When a young woman is abducted, Detective Munch finds the details of the crime to be similar to those of a series of brutal rapes and murders he unsuccessfully investigated the previous year.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T ,
Dann Florek, Stephanie March

Saturday 02nd August 2014

10:30 pm The Killing (Rpt)

MA15+
Some Violence,
Strong Adult
Themes

Six Minutes

With only 12 hours remaining, Linden attempts to get a stay of execution for Ray Seward after Seward identifies a crucial piece of evidence for her. Holder struggles with personal demons.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Peter Sarsgaard, Nicholas Lea

11:30 pm 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:30 am Blokesworld (Rpt)

MA15+
Sexual References,
Nudity

Happy Happy Pizza

Benwah and Ado finish their two week ride and arrive back in Phnom Penh where they visit the Army training range. Meanwhile, Bailey competes in Blokesworld's Miss Downunder.

01:00 am Bellator MMA (Rpt)

M
Realistic Violence,
Some Coarse
Language

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

02:40 am American Digger (Rpt)

PG
Mild Coarse
Language

New World Treasure

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the team's dreams.

03:10 am Hook, Line & Sisters (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

03:40 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am NASCAR Nationwide Series Highlights

Race 19: Indiana 250 @ Indianapolis

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 19 is hosted at the Indianapolis Motor Speedway.

05:00 am NASCAR Sprint Cup Highlights

Race 20: The John Wayne Walding 400 @ Indianapolis-Highlights

Catch all the non-stop motorsport action highlights from the Indianapolis Motor Speedway. The thrills and spills of NASCAR racing continues with the 20th race of the 2014 Sprint Cup Series.



ADELAIDE PROGRAM GUIDE

Sunday 27th July 2014

06:00 am 2014 FORMULA 1® PIRELLI HUNGARIAN GRAND PRIX™ (Rpt)

REPLAY

2014 Formula 1 Budapest Grand Prix - Qualifying

Join Greg Rust and Alan Jones as they bring you all the qualifying action of the 2014 Formula 1 Pirelli Hungarian Grand Prix from the Hungaroring International Circuit in Budapest.

08:00 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

05:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Late Afternoon - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

08:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.



ADELAIDE PROGRAM GUIDE

Sunday 27th July 2014

09:25 pm 2014 FORMULA 1® PIRELLI
HUNGARIAN GRAND PRIX™

LIVE

2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.

11:30 pm **The Pits** (Rpt)

CC

Briony Ingerson and V8 driver, Dean Canto, present this motorsport magazine program featuring issues, trends and personalities from all categories of car racing, from Formula 1 to Go Karts.

12:30 am **M*A*S*H** (Rpt)

PG

Dear Sis

Father Mulcahy writes a pre-Christmas letter to his sister, who is a nun. He recounts his frustrations at not being more effective at the 4077th.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

01:00 am **Sleeper Cell** (Rpt)

AV15+
Some Violence,
A Sex Scene

Immigrant

Farik attends a meeting with cell leaders in Las Vegas as they finalise a date for their possible attack. Meanwhile, an Afghani boy comes to the warehouse in the hopes of becoming a jihadist.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nestic, Henri Lubatti

02:10 am **Garage Gold** (Rpt)

G

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.

02:40 am **Hook, Line & Sisters** (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

03:40 am **American Digger** (Rpt)

PG
Mild Coarse
Language

Buried Bucks In The Bayou

American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.

04:10 am **Flip Men** (Rpt)

PG
Some Coarse
Language,
Adult Themes

Polygamist House

Mike and Doug's renovation plans are derailed when they discover a grizzly surprise and their newest home becomes the centre of a police investigation.



ADELAIDE PROGRAM GUIDE

Sunday 27th July 2014

04:40 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:00 am NASCAR Nationwide Series Highlights (Rpt)

Race 18: Enjoyillinois.Com 300 @ Chicagoland

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 18 is hosted at the Chicagoland Speedway.



ADELAIDE PROGRAM GUIDE

Monday 28th July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

05:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Late Afternoon - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.



ADELAIDE PROGRAM GUIDE

Monday 28th July 2014

08:30 pm Glasgow Live - 2014 Commonwealth CC Games

09:00 pm Glasgow Live - 2014 Commonwealth CC Games

09:30 pm Have You Been Paying Attention? CC M (Rpt)

10:30 pm 2014 FORMULA 1@ PIRELLI HUNGARIAN GRAND PRIX™ (Rpt)

12:35 am NASCAR Sprint Cup

05:05 am Omnisport

05:30 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

LIVE

Glasgow Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

LIVE

Glasgow Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

Hosted by Tom Gleisner, Have You Been Paying Attention? is a fast-paced and irreverent look at the news with five comedians competing to see who can remember the most about the events of the week.

REPLAY

2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.

DELAYED

Race 20: The John Wayne Walding 400 @ Indianapolis

Tune in on ONE for Race 20 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Indianapolis Motor Speedway.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the NZ Rugby Sevens team, Shooting, Lawn Bowls and Cycling.



ADELAIDE PROGRAM GUIDE

Tuesday 29th July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am **Glasgow Encore - 2014 Commonwealth Games** CC

Glasgow Morning - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm **Glasgow Encore - 2014 Commonwealth Games** CC

Glasgow Early Afternoon - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm **Glasgow Encore - 2014 Commonwealth Games** CC

Glasgow Late Afternoon - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

05:30 pm **Glasgow Live - 2014 Commonwealth Games** CC

LIVE

Glasgow Late Afternoon - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

06:00 pm **Glasgow Live - 2014 Commonwealth Games** CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

06:30 pm **Glasgow Live - 2014 Commonwealth Games** CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

07:30 pm **Glasgow Live - 2014 Commonwealth Games** CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.



ADELAIDE PROGRAM GUIDE

Tuesday 29th July 2014

08:30 pm Glasgow Live - 2014 Commonwealth Games

CC

LIVE

Glasgow Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

09:00 pm Glasgow Live - 2014 Commonwealth Games

CC

LIVE

Glasgow Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

09:30 pm 48 Hours (Rpt)

CC PG
Adult Themes

Father And Son

To some, the death of Uta Von Schwedler appeared to be a suicide. To her son, Pelle Wall, it was murder and he was determined to prove it.

10:30 pm Super Rugby Extra Time

PG

FINALE

Relive all the best bits of the weekend's Super Rugby on Extra Time.

11:30 pm Terriers (Rpt)

M
Adult Themes

Pimp Daddy

While Hank recovers from his injury, Britt teams up with a transvestite hooker to solve the death of her friend.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am Bellator MMA (Rpt)

M
Realistic Violence,
Some Coarse
Language

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

02:20 am Hook, Line & Sisters (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

02:50 am American Digger (Rpt)

PG
Mild Coarse
Language

New World Treasure

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the team's dreams.

03:20 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The logo for 'one' is displayed in white lowercase letters on a green square background.

ADELAIDE PROGRAM GUIDE

Tuesday 29th July 2014

03:30 am **Sporting Greats** (Rpt)

G

Roger Federer

Roger Federer, considered by most to be the greatest tennis champion in history, holds several men's tennis records and has won seventeen grand slams, including seven at Wimbledon alone.

04:00 am **Rugby Classic Match** (Rpt)

Autumn International 2004: England V Australia

Relive the classic match between England and Australia in the 2004 Autumn International at Twickenham in London.



ADELAIDE PROGRAM GUIDE

Wednesday 30th July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 6

Catch all the highlights and replays of Day 6 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 6

Catch all the highlights and replays of Day 6 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 6

Catch all the highlights and replays of Day 6 from the XX Commonwealth Games in Glasgow, Scotland.

05:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Late Afternoon - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.



ADELAIDE PROGRAM GUIDE

Wednesday 30th July 2014

08:30 pm Glasgow Live - 2014 Commonwealth Games

CC

LIVE

Glasgow Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

09:30 pm Glasgow Live - 2014 Commonwealth Games

CC

LIVE

Glasgow Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

10:00 pm Burn Notice (Rpt)

CC M
WS Some Violence

Dead Or Alive

When a policeman friend of Sam's is accused of crimes and then murdered, it is up to Michael to clear his name and find who is responsible. Michael also decides what to do with the flash drive.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless, Coby Bell

Guest Starring: Richard Kind, Raphael Sbarge, Jay Karnes

11:00 pm The Killing

MA15+
Some Violence,
Strong Adult
Themes

ALL NEW EPISODES

Six Minutes

With only 12 hours remaining, Linden attempts to get a stay of execution for Ray Seward after Seward identifies a crucial piece of evidence for her. Holder struggles with personal demons.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Peter Sarsgaard, Nicholas Lea

12:00 am Trollied (Rpt)

M
Some Coarse
Language

Gavin leaves Julie in charge while at a meeting for the day, and Julie jumps at the chance. Andy worries for his job after seeing a butcher he has had problems with in the past.

Starring: Mark Addy, Jane Horrocks, Jason Watkins, Nick Blood, Lorraine Cheshire, Joel Fry, Faye McKeever, Carl Rice, Beverly Rudd, Rita May

12:30 am Flip Men (Rpt)

PG
Some Coarse
Language,
Adult Themes

Bloody Crime Scene

When shoddy workmanship causes a fire, Mike and Doug's latest purchase and the entire investment may go up in flames.

01:00 am The Pits (Rpt)

CC

Briony Ingerson and V8 driver, Dean Canto, present this motorsport magazine program featuring issues, trends and personalities from all categories of car racing, from Formula 1 to Go Karts.

02:00 am 2014 Tudor United Sportscar Championship

DELAYED

Brickyard Grand Prix

Join us on ONE for the 2014 Tudor United Sportscar Championship Brickyard Grand Prix. We bring you all the action from the Indianapolis Motor Speedway.

The logo for the 'one' channel, featuring the word 'one' in white lowercase letters on a green square background.

ADELAIDE PROGRAM GUIDE

Wednesday 30th July 2014

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:30 am 2014 Commonwealth Games - Guide To Glasgow (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Australian Swim team, Judo, Netball and Squash.



ADELAIDE PROGRAM GUIDE

Thursday 31st July 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am **Glasgow Encore - 2014 Commonwealth Games** CC

Glasgow Morning - Day 7

Catch all the highlights and replays of Day 7 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm **Glasgow Encore - 2014 Commonwealth Games** CC

Glasgow Early Afternoon - Day 7

Catch all the highlights and replays of Day 7 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm **Glasgow Encore - 2014 Commonwealth Games** CC

Glasgow Late Afternoon - Day 7

Catch all the highlights and replays of Day 7 from the XX Commonwealth Games in Glasgow, Scotland.

05:30 pm **Glasgow Live - 2014 Commonwealth Games** CC

LIVE

Glasgow Late Afternoon - Day 8

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

06:00 pm **Glasgow Live - 2014 Commonwealth Games** CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

06:30 pm **Glasgow Live - 2014 Commonwealth Games** CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

07:30 pm **Glasgow Live - 2014 Commonwealth Games** CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

08:30 pm **Glasgow Live - 2014 Commonwealth Games** CC

LIVE

Glasgow Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

09:00 pm **Glasgow Live - 2014 Commonwealth Games** CC

LIVE

Glasgow Evening - Day 8

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.



ADELAIDE PROGRAM GUIDE

Thursday 31st July 2014

09:30 pm True Justice: Payback (Rpt)

M
Frequent Violence

Payback

Steven Seagal stars as Kane, who with his team, take down any criminal activity that shows up on their radar and they are not afraid to get their hands dirty using their no holds barred tactics.

Starring: Steven Seagal, Sarah Lind, William Stewart, Meghan Ory, Warren Christie

10:30 pm Movie: Mansome (Rpt) (2012)

M
Sexual References,
Some Coarse
Language

MOVIE

A documentary that explores the question: In the age of manscaping, metrosexuals, and grooming products galore - what does it mean to be a man?

Starring: Jason Bateman, Will Arnett, Zach Galifianakis, Paul Rudd, Morgan Spurlock, John Waters, Judd Apatow

12:15 am Blokesworld (Rpt)

MA15+
Sexual References,
Nudity

Happy Happy Pizza

Benwah and Ado finish their two week ride and arrive back in Phnom Penh where they visit the Army training range. Meanwhile, Bailey competes in Blokesworld's Miss Downunder.

12:45 am NASCAR Sprint Cup Qualifying

Race 20: The John Wayne Walding 400 @ Indianapolis-Qualifying

Who will claim pole position in the qualifying ahead of race 20 from the Indianapolis Motor Speedway?

02:15 am NASCAR Sprint Cup (Rpt)

REPLAY

Race 20: The John Wayne Walding 400 @ Indianapolis

Tune in on ONE for Race 20 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Indianapolis Motor Speedway.



ADELAIDE PROGRAM GUIDE

Friday 01st August 2014

06:00 am Home Shopping

06:30 am Home Shopping

07:00 am Home Shopping

07:30 am Home Shopping

08:00 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 8

Catch all the highlights and replays of Day 8 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 8

Catch all the highlights and replays of Day 8 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 8

Catch all the highlights and replays of Day 8 from the XX Commonwealth Games in Glasgow, Scotland.

05:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Late Afternoon - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.



ADELAIDE PROGRAM GUIDE

Friday 01st August 2014

08:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE Glasgow Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.

08:30 pm COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:00 pm COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:30 pm Movie: Days Of Thunder (Rpt) (1990) CC M
Sexual References,
Some Coarse
Language

MOVIE

Cole Trickle enters the high-pressure world of Nascar racing. He's a hot driver with a hot temper and this attitude gets him into trouble not only with other drivers, but his own support team as well.

Starring: Tom Cruise, Nicole Kidman, Robert Duvall

11:45 pm 2014 FORMULA 1® PIRELLI HUNGARIAN GRAND PRIX™ (Rpt)

REPLAY 2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.

01:50 am The League (Rpt) MA15+
Sexual References

Vegas Draft

The League's reigning champion, has pulled out all the stops and hosts the draft in Las Vegas. Jenny wants to be in The League this year, and when one member drops out she throws her hat in the ring.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Jon Lajoie, Steve Rannazzisi

02:20 am The League (Rpt) MA15+
Sexual References

Bro-Lo El Cunado

Ruxin's brother in law stops by and irritates everyone, leading the gang to devise a plan to take Matt Forte from his fantasy team.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Jon Lajoie, Steve Rannazzisi



ADELAIDE PROGRAM GUIDE

Friday 01st August 2014

02:50 am	COPS: Adults Only (Rpt)	M	More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.
03:20 am	COPS: Adults Only (Rpt)	M	More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.
03:50 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
04:00 am	2014 Commonwealth Games - Guide To Glasgow (Rpt)	G	A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Canadian Gymnastics team, Shotput and Triathlon. Also, learn how the medals were designed and created.
04:30 am	2014 Commonwealth Games - Guide To Glasgow (Rpt)	G	A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring England's Lawn Bowls team, the Canadian Diving team, Weightlifting and Cycling.
05:00 am	2014 Commonwealth Games - Guide To Glasgow (Rpt)	G	A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring Para-Sports, Gymnastics and Scotland's Badminton team. Plus, follow the journey of the Queen's Baton Relay.
05:30 am	2014 Commonwealth Games - Guide To Glasgow (Rpt)	G	A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Indian Hockey teams, Boxing, Wrestling and Table Tennis.



ADELAIDE PROGRAM GUIDE

Saturday 02nd August 2014

06:00 am 2014 Australian Gymnastics Championships (Rpt)

Catch all of the highlights from the elite men's and women's competition at the 2014 Australian Gymnastics Championships.

07:00 am 2014 Australian Gymnastics Championships (Rpt)

Catch all of the highlights from the elite men's and women's competition at the 2014 Australian Gymnastics Championships.

08:00 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 9

Catch all the highlights and replays of Day 9 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 9

Catch all the highlights and replays of Day 9 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Late Afternoon - Day 9

Catch all the highlights and replays of Day 9 from the XX Commonwealth Games in Glasgow, Scotland.

05:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Late Afternoon - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

08:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

08:30 pm Law & Order: SVU (Rpt) CC M Adult Themes

Folly

When some male escorts are assaulted and one is murdered, the police have a tough time finding the bizarre couple whose sexual fantasy has turned violent.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T ,

Saturday 02nd August 2014

09:30 pm Law & Order: SVU (Rpt)	CC M	<p><u>Manhunt</u></p> <p>When a young woman is abducted, Detective Munch finds the details of the crime to be similar to those of a series of brutal rapes and murders he unsuccessfully investigated the previous year.</p> <p>Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T , Dann Florek, Stephanie March</p>
10:30 pm The Killing (Rpt)	MA15+ Some Violence, Strong Adult Themes	<p><u>Six Minutes</u></p> <p>With only 12 hours remaining, Linden attempts to get a stay of execution for Ray Seward after Seward identifies a crucial piece of evidence for her. Holder struggles with personal demons.</p> <p>Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Peter Sarsgaard, Nicholas Lea</p>
11:30 pm 48 Hours		<p>48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.</p>
12:30 am Blokesworld (Rpt)	MA15+ Sexual References, Nudity	<p><u>Happy Happy Pizza</u></p> <p>Benwah and Ado finish their two week ride and arrive back in Phnom Penh where they visit the Army training range. Meanwhile, Bailey competes in Blokesworld's Miss Downunder.</p>
01:00 am Bellator MMA (Rpt)	M Realistic Violence, Some Coarse Language	<p>Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.</p>
02:40 am American Digger (Rpt)	PG Mild Coarse Language	<p><u>New World Treasure</u></p> <p>American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the team's dreams.</p>
03:10 am Hook, Line & Sisters (Rpt)	PG Some Coarse Language	<p>Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.</p>
03:40 am Omnisport		<p>Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.</p>
04:00 am NASCAR Nationwide Series Highlights		<p><u>Race 19: Indiana 250 @ Indianapolis</u></p> <p>Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 19 is hosted at the Indianapolis Motor Speedway.</p>

The logo for the 'one' network, featuring the word 'one' in a white, lowercase, sans-serif font inside a solid green square.

ADELAIDE PROGRAM GUIDE

Saturday 02nd August 2014

05:00 am NASCAR Sprint Cup Highlights

Race 20: The John Wayne Walding 400 @ Indianapolis-Highlights

Catch all the non-stop motorsport action highlights from the Indianapolis Motor Speedway. The thrills and spills of NASCAR racing continues with the 20th race of the 2014 Sprint Cup Series.



PERTH PROGRAM GUIDE

Sunday 27th July 2014

06:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Morning - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

09:00 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 3

Catch all the highlights and replays of Day 3 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Late Afternoon - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Evening - Day 4

Women's Hockey: Australia v Scotland, Marathon, Swimming Heats: Women's 100m Freestyle, Women's 200m Backstroke, Men's 50m Breaststroke & Men's 100m Butterfly & Netball: Australia v Barbados.

07:55 pm 2014 FORMULA 1® PIRELLI HUNGARIAN GRAND PRIX™

LIVE

2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.



PERTH PROGRAM GUIDE

Sunday 27th July 2014

10:00 pm **Movie: 2:22** (Rpt) (2008)

AV15+
Strong Violence,
A Sex Scene

MOVIE

On a snowy night a tight crew of four criminals plan to pull off a routine heist. When things go horribly wrong, friendship, loyalty & trust are pushed to the limit.

Starring: Mick Rossi, Robert Miano, Aaron Gallagher, Jorge A. Jimenez, Peter Dobson, Bruce Kirby

12:20 am **The Pits** (Rpt)

CC

Briony Ingerson and V8 driver, Dean Canto, present this motorsport magazine program featuring issues, trends and personalities from all categories of car racing, from Formula 1 to Go Karts.

01:20 am **Sleeper Cell** (Rpt)

AV15+
Some Violence,
A Sex Scene

Immigrant

Farik attends a meeting with cell leaders in Las Vegas as they finalise a date for their possible attack. Meanwhile, an Afghani boy comes to the warehouse in the hopes of becoming a jihadist.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nestic, Henri Lubatti

02:30 am **Garage Gold** (Rpt)

G

Follow Kraig Bantle and his family-owned business Garage Brothers, which offers to clean out any garage or basement for free, however they get to keep and sell any valuables they find.

03:00 am **Hook, Line & Sisters** (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

04:00 am **American Digger** (Rpt)

PG
Mild Coarse
Language

Buried Bucks In The Bayou

American Savage is bayou bound, seeking priceless artefacts hidden for centuries until being churned up by massive hurricanes.

04:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:00 am **NASCAR Nationwide Series Highlights** (Rpt)

Race 18: Enjoyillinois.Com 300 @ Chicagoland

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 18 is hosted at the Chicagoland Speedway.



PERTH PROGRAM GUIDE

Monday 28th July 2014

06:00 am Home Shopping

06:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Morning - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

09:00 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 4

Catch all the highlights and replays of Day 4 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Late Afternoon - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.

08:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Evening - Day 5

Men's Hockey: Australia v South Africa, Athletics Heats: Men's Decathlon, High Jump & 400m, Swimming Heats: Men's 50m Freestyle, Women's 50m Backstroke, Men's 200m Backstroke & Women's 200m Butterfly.



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PERTH PROGRAM GUIDE

Monday 28th July 2014

09:30 pm **Have You Been Paying Attention?** CC M
(Rpt)

Hosted by Tom Gleisner, *Have You Been Paying Attention?* is a fast-paced and irreverent look at the news with five comedians competing to see who can remember the most about the events of the week.

10:30 pm **2014 FORMULA 1@ PIRELLI
HUNGARIAN GRAND PRIX™** (Rpt)

REPLAY

2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.

12:35 am **NASCAR Sprint Cup**

DELAYED

Race 20: The John Wayne Walding 400 @ Indianapolis

Tune in on ONE for Race 20 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Indianapolis Motor Speedway.

05:05 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:30 am **2014 Commonwealth Games - Guide
To Glasgow** (Rpt) G

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the NZ Rugby Sevens team, Shooting, Lawn Bowls and Cycling.



PERTH PROGRAM GUIDE

Tuesday 29th July 2014

06:00 am Home Shopping

06:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Morning - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

09:00 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 5

Catch all the highlights and replays of Day 5 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Late Afternoon - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.

08:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Evening - Day 6

Athletics: Men's Decathlon, Women's Heptathlon, Men's 110m Hurdles, Men's Long Jump, Swimming Heats: Women's 400m Freestyle, Men's 200m IM, Men's 200m IM, Gymnastics: Artistic Finals, Shooting & Cycling.



PERTH PROGRAM GUIDE

Tuesday 29th July 2014

09:30 pm 48 Hours (Rpt)

CC PG
Adult Themes

Father And Son

To some, the death of Uta Von Schwedler appeared to be a suicide. To her son, Pelle Wall, it was murder and he was determined to prove it.

10:30 pm Super Rugby Extra Time

PG

FINALE

Relive all the best bits of the weekend's Super Rugby on Extra Time.

11:30 pm Terriers (Rpt)

M
Adult Themes

Pimp Daddy

While Hank recovers from his injury, Britt teams up with a transvestite hooker to solve the death of her friend.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am Bellator MMA (Rpt)

M
Realistic Violence,
Some Coarse
Language

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

02:20 am Hook, Line & Sisters (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

02:50 am American Digger (Rpt)

PG
Mild Coarse
Language

New World Treasure

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the team's dreams.

03:20 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am Sporting Greats (Rpt)

G

Roger Federer

Roger Federer, considered by most to be the greatest tennis champion in history, holds several men's tennis records and has won seventeen grand slams, including seven at Wimbledon alone.

04:00 am Rugby Classic Match (Rpt)

Autumn International 2004: England V Australia

Relive the classic match between England and Australia in the 2004 Autumn International at Twickenham in London.



PERTH PROGRAM GUIDE

Wednesday 30th July 2014

06:00 am Home Shopping

06:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Morning - Day 6

Catch all the highlights and replays of Day 6 from the XX Commonwealth Games in Glasgow, Scotland.

09:00 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 6

Catch all the highlights and replays of Day 6 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 6

Catch all the highlights and replays of Day 6 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Late Afternoon - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

08:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.



PERTH PROGRAM GUIDE

Wednesday 30th July 2014

09:00 pm Glasgow Live - 2014 Commonwealth Games

CC

LIVE

Glasgow Evening - Day 7

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

10:00 pm Burn Notice (Rpt)

CC M
WS Some Violence

Dead Or Alive

When a policeman friend of Sam's is accused of crimes and then murdered, it is up to Michael to clear his name and find who is responsible. Michael also decides what to do with the flash drive.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless, Coby Bell

Guest Starring: Richard Kind, Raphael Sbarge, Jay Karnes

11:00 pm The Killing

MA15+
Some Violence,
Strong Adult
Themes

ALL NEW EPISODES

Six Minutes

With only 12 hours remaining, Linden attempts to get a stay of execution for Ray Seward after Seward identifies a crucial piece of evidence for her. Holder struggles with personal demons.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Peter Sarsgaard, Nicholas Lea

12:00 am Trollied (Rpt)

M
Some Coarse
Language

Gavin leaves Julie in charge while at a meeting for the day, and Julie jumps at the chance. Andy worries for his job after seeing a butcher he has had problems with in the past.

Starring: Mark Addy, Jane Horrocks, Jason Watkins, Nick Blood, Lorraine Cheshire, Joel Fry, Faye McKeever, Carl Rice, Beverly Rudd, Rita May

12:30 am Flip Men (Rpt)

PG
Some Coarse
Language,
Adult Themes

Bloody Crime Scene

When shoddy workmanship causes a fire, Mike and Doug's latest purchase and the entire investment may go up in flames.

01:00 am The Pits (Rpt)

CC

Briony Ingerson and V8 driver, Dean Canto, present this motorsport magazine program featuring issues, trends and personalities from all categories of car racing, from Formula 1 to Go Karts.

02:00 am 2014 Tudor United Sportscar Championship

DELAYED

Brickyard Grand Prix

Join us on ONE for the 2014 Tudor United Sportscar Championship Brickyard Grand Prix. We bring you all the action from the Indianapolis Motor Speedway.

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



PERTH PROGRAM GUIDE

Wednesday 30th July 2014

05:30 am 2014 Commonwealth Games - Guide G
To Glasgow (Rpt)

A preview of the featured sports and athletes taking part in the 20th Commonwealth Games in Glasgow, Scotland. Featuring the Australian Swim team, Judo, Netball and Squash.



PERTH PROGRAM GUIDE

Thursday 31st July 2014

06:00 am Home Shopping

06:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Morning - Day 7

Catch all the highlights and replays of Day 7 from the XX Commonwealth Games in Glasgow, Scotland.

09:00 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 7

Catch all the highlights and replays of Day 7 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 7

Catch all the highlights and replays of Day 7 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Late Afternoon - Day 8

Netball: Australia v South Africa, Athletics Heats: Men's 200m, Women's Long Jump, Men's Discus, Women's High Jump, Men's 400m Hurdles & Women's Heptathlon & Diving: Men's 1m Springboard & Women's 10m.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

08:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Evening - Day 8

Cycling: Women's Time Trial, Diving: Men's 3m Springboard Preliminary & Women's 10m Platform Preliminary and Lawn Bowls: Triples Medal Matches.

09:30 pm True Justice: Payback (Rpt) M Frequent Violence

Payback

Steven Seagal stars as Kane, who with his team, take down any criminal activity that shows up on their radar and they are not afraid to get their hands dirty using their no holds barred tactics.

Starring: Steven Seagal, Sarah Lind, William Stewart, Meghan Ory, Warren Christie

10:30 pm Movie: Mansome (Rpt) (2012) M Sexual References,

MOVIE

Some Coarse
Language

A documentary that explores the question: In the age of manscaping, metrosexuals, and grooming products galore - what does it mean to be a man?

Starring: Jason Bateman, Will Arnett, Zach Galifianakis, Paul Rudd, Morgan Spurlock, John Waters, Judd Apatow



PERTH PROGRAM GUIDE

Thursday 31st July 2014

12:15 am **Blokesworld** (Rpt)

MA15+
Sexual References,
Nudity

Happy Happy Pizza

Benwah and Ado finish their two week ride and arrive back in Phnom Penh where they visit the Army training range. Meanwhile, Bailey competes in Blokesworld's Miss Downunder.

12:45 am **NASCAR Sprint Cup Qualifying**

Race 20: The John Wayne Walding 400 @ Indianapolis-Qualifying

Who will claim pole position in the qualifying ahead of race 20 from the Indianapolis Motor Speedway?

02:15 am **NASCAR Sprint Cup** (Rpt)

REPLAY

Race 20: The John Wayne Walding 400 @ Indianapolis

Tune in on ONE for Race 20 of the 2014 NASCAR Sprint Cup. Catch all the high speed action from the Indianapolis Motor Speedway.



PERTH PROGRAM GUIDE

Friday 01st August 2014

06:00 am Home Shopping

06:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Morning - Day 8

Catch all the highlights and replays of Day 8 from the XX Commonwealth Games in Glasgow, Scotland.

09:00 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 8

Catch all the highlights and replays of Day 8 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 8

Catch all the highlights and replays of Day 8 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Late Afternoon - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 9

Lawn Bowls: Women's Pairs Medal Matches, Diving Final: Men's 3m Synchronised featuring Matthew Mitcham, Women's Hockey: Semi Finals, Table Tennis Semi Finals, Squash Quarter and Semi Finals.

08:30 pm COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:00 pm COPS: Adults Only (Rpt) M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.



PERTH PROGRAM GUIDE

Friday 01st August 2014

09:30 pm **Movie: Days Of Thunder** (Rpt) (1990) CC M
Sexual References,
Some Coarse
Language

MOVIE

Cole Trickle enters the high-pressure world of Nascar racing. He's a hot driver with a hot temper and this attitude gets him into trouble not only with other drivers, but his own support team as well.

Starring: Tom Cruise, Nicole Kidman, Robert Duvall

11:45 pm **2014 FORMULA 1@ PIRELLI HUNGARIAN GRAND PRIX™** (Rpt)

REPLAY

2014 Formula 1 Budapest Grand Prix

Join Greg Rust and Alan Jones as they bring you all the action from the eleventh race of the 2014 FIA F1 World Championship from the Hungaroring International Circuit in Budapest.

01:50 am **The League** (Rpt)

MA15+
Sexual References

Vegas Draft

The League's reigning champion, has pulled out all the stops and hosts the draft in Las Vegas. Jenny wants to be in The League this year, and when one member drops out she throws her hat in the ring.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Jon Lajoie, Steve Rannazzisi

02:20 am **The League** (Rpt)

MA15+
Sexual References

Bro-Lo El Cunado

Ruxin's brother in law stops by and irritates everyone, leading the gang to devise a plan to take Matt Forte from his fantasy team.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Jon Lajoie, Steve Rannazzisi

02:50 am **COPS: Adults Only** (Rpt)

M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

03:20 am **COPS: Adults Only** (Rpt)

M

More tales on the beat with the show on the forefront of reality TV. Cops goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

03:50 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



PERTH PROGRAM GUIDE

Friday 01st August 2014

04:00 am 2014 Australian Gymnastics Championships (Rpt)

Catch all of the highlights from the elite men's and women's competition at the 2014 Australian Gymnastics Championships.

05:00 am 2014 Australian Gymnastics Championships (Rpt)

Catch all of the highlights from the elite men's and women's competition at the 2014 Australian Gymnastics Championships.



PERTH PROGRAM GUIDE

Saturday 02nd August 2014

06:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Morning - Day 9

Catch all the highlights and replays of Day 9 from the XX Commonwealth Games in Glasgow, Scotland.

09:00 am Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Morning - Day 9

Catch all the highlights and replays of Day 9 from the XX Commonwealth Games in Glasgow, Scotland.

12:00 pm Glasgow Encore - 2014 Commonwealth Games CC

Glasgow Early Afternoon - Day 9

Catch all the highlights and replays of Day 9 from the XX Commonwealth Games in Glasgow, Scotland.

04:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Late Afternoon - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

06:00 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

06:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

07:30 pm Glasgow Live - 2014 Commonwealth Games CC

LIVE

Glasgow Early Evening - Day 10

Diving: Women's 3m Preliminary & Men's 10m Preliminary featuring Matthew Mitcham & Dominic Bedggood, Badminton Semi Finals & Table Tennis Semi Finals.

08:30 pm Law & Order: SVU (Rpt) CC M Adult Themes

Folly

When some male escorts are assaulted and one is murdered, the police have a tough time finding the bizarre couple whose sexual fantasy has turned violent.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T, Dann Florek, Stephanie March

09:30 pm Law & Order: SVU (Rpt) CC M

Manhunt

When a young woman is abducted, Detective Munch finds the details of the crime to be similar to those of a series of brutal rapes and murders he unsuccessfully investigated the previous year.

Starring: Mariska Hargitay, Christopher Meloni, Richard Belzer, Ice T, Dann Florek, Stephanie March



PERTH PROGRAM GUIDE

Saturday 02nd August 2014

10:30 pm **The Killing** (Rpt)

MA15+
Some Violence,
Strong Adult
Themes

Six Minutes

With only 12 hours remaining, Linden attempts to get a stay of execution for Ray Seward after Seward identifies a crucial piece of evidence for her. Holder struggles with personal demons.

Starring: Mireille Enos, Joel Kinnaman, Elias Koteas, Hugh Dillon, Peter Sarsgaard, Nicholas Lea

11:30 pm **48 Hours**

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

12:30 am **Blokesworld** (Rpt)

MA15+
Sexual References,
Nudity

Happy Happy Pizza

Benwah and Ado finish their two week ride and arrive back in Phnom Penh where they visit the Army training range. Meanwhile, Bailey competes in Blokesworld's Miss Downunder.

01:00 am **Bellator MMA** (Rpt)

M
Realistic Violence,
Some Coarse
Language

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

02:40 am **American Digger** (Rpt)

PG
Mild Coarse
Language

New World Treasure

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the team's dreams.

03:10 am **Hook, Line & Sisters** (Rpt)

PG
Some Coarse
Language

Hook, Line and Sisters follows the unusual lives of the Andersons, a family with two sisters who only have three months out of the year to brave the Alaskan wilds to catch the big fish for a big pay day.

03:40 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am **NASCAR Nationwide Series Highlights**

Race 19: Indiana 250 @ Indianapolis

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Race 19 is hosted at the Indianapolis Motor Speedway.

05:00 am **NASCAR Sprint Cup Highlights**

Race 20: The John Wayne Walding 400 @ Indianapolis-Highlights

Catch all the non-stop motorsport action highlights from the Indianapolis Motor Speedway. The thrills and spills of NASCAR racing continues with the 20th race of the 2014 Sprint Cup Series.



TASMANIA PROGRAM GUIDE

Thursday 31st July 2014

12:45 am NASCAR Sprint Cup Qualifying

Race 20: The John Wayne Walding 400 @ Indianapolis-Qualifying

Who will claim pole position in the qualifying ahead of race 20 from the Indianapolis Motor Speedway?