

MELBOURNE PROGRAMME GUIDE

Sunday 23rd August 2009



06:00 am LIVE: Major League Baseball		SPECIAL EVENT <u>New York Yankees V Boston Red Sox</u> A dash of the baseball titans as the New York Yankees host the Boston Red Sox. These two teams who have dominated the American League East at various stages this season do battle at Yankees Stadium only on ONE.
09:00 am	Athletix: The IAAF Magazine (Rpt)	IAAF Athletics action including news and highlights from the World Championships in Berlin.
09:30 am	Triathlon: ITU World Championship Series Highlights	G <u>Round 6 London - Highlights</u> Highlights of the mens and womens races in the sixth round of the ITU World Championship Series from London.
10:30 am Football: Bundesliga		SPECIAL EVENT
12:30 pm	Omnisport	Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
01:00 pm	I Fish	G Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.
01:30 pm	Grand-Am Rolex Sportscar Series Highlights (Rpt)	G <u>Race 9 Watkins Glen International-Recap</u> The one hour highlights show with all the racing action from the 9th round of the Grand-Am Sportscar series from the Watkins Glen track in New York state.
02:30 pm	ANDRA Pro Series Drag Racing (Rpt)	<u>Andra Pro Series Round 1 - Top Alcohol @ Willowbank Raceway QLD</u> A brand new season in a brand new timeslot as battle begins for the ANDRA Championship for 2009/10.
03:30 pm Major League Baseball (Rpt)		<u>New York Yankees V Boston Red Sox</u> A dash of the baseball titans as the New York Yankees host the Boston Red Sox. These two teams who have dominated the American League East at various stages this season do battle at Yankees Stadium only on ONE.
06:00 pm	Powerboating: Class 1 World Championships (Rpt)	The most spectacular marine motorsport series brings together the latest in million dollar state of the art technology in an array of unforgettable venues from the golden sands of the Arabian Gulf, to Norwegian Fjords and the coasts of southern Europe.
06:30 pm	Tread BMX	Witness the most dangerous stunts performed by the most talented and fearless riders on the planet. Features the wildest leaps, spins and crashes plus some downright hilarious antics that put other extreme action sports to shame!
07:00 pm	Slamball	G Slamball is inspired by the strategies, aesthetics and pacing of video games, where athletes fly higher and hit harder, performing feats that are part basketball, football, hockey and gymnastics.
07:30 pm	LIVE: Sports Tonight: The Weekend Wrap	The best way to end the weekend is Sports Tonight: The Weekend Wrap. Join Rob Canning for extended sports news, results and highlights.
08:30 pm	Motorsport: Australian Off Road Championships	<u>Round 3: Sunraysia 500, Victoria</u> The third round of the Australian Off Road Championship sees the buggies and heavily modified 4WD vehicles take to Sunraysia in Victoria.



MELBOURNE PROGRAMME GUIDE

Sunday 23rd August 2009



09:00 pm LIVE: Formula 1 Pre-Race Show

G **Race 11 European Pre-Race Show**

Previews tonight's LIVE F1 GP from Valencia, Spain where seven time World Champion Michael Schumacher replaced Felipe Massa in a Ferrari as he faces up to the inform Red Bull duo of Mark Webber and Sebastian Vettel.

09:50 pm LIVE: Formula 1 Grand Prix

SPECIAL EVENT

Race 11 European Grand Prix

One of the most awaited Grand Prix events in years as Aussie Mark Webber continues to chase down Jenson Button while in a surprise move Ferrari recall seven time World Champ Michael Schumacher to fill in for an injured Massa at Valencia.

12:00 am Australian Superbike Championship (Rpt)

Eastern Creek

The Australian Superbike action continues only on ONE with all the action from Sydney's Eastern Creek.

01:00 am Omnisport (Rpt)

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

01:30 am Poker: Asia Pacific Tour (Rpt)

PG **Tournament Of Champions Part 2**

(A) A special encore presentation of the grand final of the Asia Pacific Tour - the Tournament of Champions - featuring Joe Hachem, from Star City in Sydney.

02:30 am Major League Baseball (Rpt)

New York Yankees V Boston Red Sox

A dash of the baseball titans as the New York Yankees host the Boston Red Sox. These two teams who have dominated the American League East at various stages this season do battle at Yankees Stadium only on ONE.

05:00 am Tread BMX (Rpt)

Witness the most dangerous stunts performed by the most talented and fearless riders on the planet. Features the wildest leaps, spins and crashes plus some downright hilarious antics that put other extreme action sports to shame!

05:30 am Powerboating: Class 1 World Championships (Rpt)

The most spectacular marine motorsport series brings together the latest in million dollar state of the art technology in an array of unforgettable venues from the golden sands of the Arabian Gulf, to Norwegian Fjords and the coasts of southern Europe.



MELBOURNE PROGRAMME GUIDE

Monday 24th August 2009



06:00 am	LIVE: Major League Baseball		SPECIAL EVENT <u>Los Angeles Dodgers V Chicago Cubs</u> The League leading LA Dodgers welcome the Chicago Cubs to Dodgers Stadium for a blockbuster Sunday afternoon MLB battle of the big names.
09:00 am	Motorsport: Australian Off Road Championships (Rpt)		<u>Team Profiles</u> After 2 rounds of the 2009 Australian Off Road Championship, we meet the teams and fearless drivers behind the wheel of the heavily modified 4WDs and buggies. Plus we recap the action from the harsh and unforgiving terrain of the WA and NT outback.
09:30 am	Transworld Sport (Rpt)		The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.
10:30 am	Body & Brain Overhaul (Rpt)		Body & Brain Overhaul is a new health & fitness series that shatters conventional thinking on what it takes to achieve and maintain peak performance. We challenge a former AFL footballer, a mum with small business, a managing director and personal trainer
11:00 am	Triathlon: ITU World Championship Series (Rpt)	G	<u>Round 6 Mens From London</u> The sixth of eight rounds in the inaugural Mens ITU World Championship series comes from the next Olympic city of London.
01:30 pm	Powerboating: Class 1 World Championships (Rpt)		The most spectacular marine motorsport series brings together the latest in million dollar state of the art technology in an array of unforgettable venues from the golden sands of the Arabian Gulf, to Norwegian Fjords and the coasts of southern Europe.
02:00 pm	Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
02:30 pm	Australian Rally Championships 2009 (Rpt)	G	<u>Round 5 South Australia</u> Fifth round Australian Rally action from the forests of South Australia.
03:30 pm	Sports Unlimited (Rpt)		A weekly magazine show focussing on Action Sports, from the alternate to the outright bizarre, played around the globe.
04:30 pm	Major League Baseball (Rpt)		<u>Los Angeles Dodgers V Chicago Cubs</u> The League leading LA Dodgers welcome the Chicago Cubs to Dodgers Stadium for a blockbuster Sunday afternoon MLB battle of the big names.
07:00 pm	This Week In Baseball		In its 32nd year, the weekly magazine show of the MLB brings you profiles, news, highlights and stories beyond the ballpark.
07:30 pm	LIVE: One Week At A Time	G	For 21 rounds, the 16 teams of the AFL have taken it one week a time as they seek a place amongst the September action. Now with one round to go, only eight teams will remain to continue the fight for the premiership cup.
08:35 pm	ANDRA Pro Series Drag Racing		SPECIAL EVENT <u>Andra Pro Series Round 1 - Top Doorslammer @ Willowbank Raceway QLD</u> Queensland's Willowbank Raceway hosts Top Doorslammer action in the first round of the new season of the ANDRA Pro Series for 2009/10.



MELBOURNE PROGRAMME GUIDE

Monday 24th August 2009



09:35 pm Sports Tonight

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.

10:05 pm Football: Bundesliga Weekly Highlights

SPECIAL EVENT

11:05 pm Motorsport: British Touring Car Championships

12:05 am Sports Tonight Late

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

12:20 am Omnisport (Rpt)

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

12:50 am One Week At A Time (Rpt)

G

For 21 rounds, the 16 teams of the AFL have taken it one week a time as they seek a place amongst the September action. Now with one round to go, only eight teams will remain to continue the fight for the premiership cup.

01:55 am AFL Premiership Season 2009 (Rpt) CC

Round 21 - Richmond V Hawthorn (Replay)

Join commentary team Stephen Quartermain, Anthony Hudson, Robert Walls, Mark Howard for all the action for Round 21 from the MCG.

04:10 am First Ascent (Rpt)

PG

First Ascent

(L)

The highly acclaimed, Award-winning Mountain Climbing film shot on locations as diverse as Thailand, the Himalayas, British Columbia and Hollywood.

05:05 am King Lines (Rpt)

PG

King Lines

Action film making at its death-defying best with rock climbing challenges from Mallorca and the Mediterranean Sea.



MELBOURNE PROGRAMME GUIDE

Tuesday 25th August 2009



06:00 am	One Week At A Time (Rpt)	G	For 21 rounds, the 16 teams of the AFL have taken it one week a time as they seek a place amongst the September action. Now with one round to go, only eight teams will remain to continue the fight for the premiership cup.
07:00 am	NASCAR Nationwide Series (Rpt)		<u>Race 24 Ford City 250 @ Bristol</u> The 24th race in the 2009 NASCAR Nationwide Series comes from Bristol as ONE presents exclusive coverage of the Food City 250.
09:30 am	I Fish (Rpt)	G	Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.
10:00 am	Netball: ANZ Championship Finals Series (Rpt)		<u>Major Semi Final: Melbourne Vixens V Waikato-Bay Of Plenty Magic</u> The two outstanding teams of the 2009 ANZ Championship, the Melbourne Vixens and Waikato-Bay of Plenty Magic, are dominated by national rep team players. Now on the eve of the Diamonds v Silver Ferns Test series we look back at their semi final clash.
12:00 pm	LIVE: Major League Baseball		SPECIAL EVENT <u>Seattle Mariners V Oakland Athletics</u> Will Aussie pitcher Ryan Rowland-Smith feature for the Seattle Mariners as they welcome the Oakland Athletics to the rainy city?
03:00 pm	This Week In Baseball (Rpt)		In its 32nd year, the weekly magazine show of the MLB brings you profiles, news, highlights and stories beyond the ballpark.
03:30 pm	Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
04:00 pm	One Week At A Time (Rpt)	G	For 21 rounds, the 16 teams of the AFL have taken it one week a time as they seek a place amongst the September action. Now with one round to go, only eight teams will remain to continue the fight for the premiership cup.
05:00 pm	AFL Premiership Season 2009 (Rpt)	CC	<u>Round 21 - Richmond V Hawthorn (Replay)</u> Join commentary team Stephen Quartermain, Anthony Hudson, Robert Walls, Mark Howard for all the action for Round 21 from the MCG.
07:15 pm	Formula 1 Grand Prix (Rpt)		<u>Race 11 European Grand Prix</u> One of the most awaited Grand Prix events in years as Aussie Mark Webber continues to chase down Jenson Button while in a surprise move Ferrari recall seven time World Champ Michael Schumacher to fill in for an injured Massa at Valencia.
09:30 pm	LIVE: Sports Tonight		For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.
10:00 pm	NASCAR Sprint Cup Highlights	G	SPECIAL EVENT <u>Race 24: Sharpie 500 @ Bristol-Highlights</u> Bristol, Tennessee is home to the Sharpie 500 as Marcos Ambrose tries to maintain his top 20 spot in his debut season in Sprint Cup as he chases leaders Tony Stewart and Jimmy Johnson.



MELBOURNE PROGRAMME GUIDE

Tuesday 25th August 2009



11:00 pm NASCAR Nationwide Series Highlights

G Race 24 Ford City 250 @ Bristol-Recap

NASCAR Nationwide highlights from the Ford City 250 at Bristol as Kyle Busch continues to fend off the pack in spectacular stock car racing action only on ONE.

12:00 am Sports Tonight Late

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

12:15 am Omnisport (Rpt)

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

12:45 am Major League Baseball (Rpt)

Seattle Mariners V Oakland Athletics

Will Aussie pitcher Ryan Rowland-Smith feature for the Seattle Mariners as they welcome the Oakland Athletics to the rainy city?

03:15 am Superboxer (Rpt)

A.I.S. Canberra

Former rugby league star John Hopoate headlines a massive night of free to air boxing in the Superboxer series. Fresh from his world title defeat, he headlines the card with an Australian Super heavyweight title on the line at the AIS in Canberra.



MELBOURNE PROGRAMME GUIDE

Wednesday 26th August 2009



06:00 am	Red Bull Air Race (Rpt)		Round 4 Budapest The fourth round of the Red Bull Air Race takes to the skies above Budapest, Hungary including Aussie young gun Matt Hall.
08:00 am	NASCAR Sprint Cup Highlights (Rpt)	G	Race 24: Sharpie 500 @ Bristol-Highlights Bristol, Tennessee is home to the Sharpie 500 as Marcos Ambrose tries to maintain his top 20 spot in his debut season in Sprint Cup as he chases leaders Tony Stewart and Jimmy Johnson.
09:00 am	Motorsport: Raceworld (Rpt)		Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.
10:00 am	Netball: ANZ Championship Finals Series (Rpt)		Minor Semi Final: Adelaide Thunderbirds V Southern Steel Relive the sudden death finals netball action from Adelaide as the third placed Thunderbirds face NZ's Southern Steel in the Minor Semi Final of this year's ANZ Championship. Players in action will feature in September's Aus v NZ Test series.
12:00 pm	Athletix: The IAAF Magazine (Rpt)		IAAF Athletics action including news and highlights from the World Championships in Berlin.
12:30 pm	Transworld Sport (Rpt)		The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.
01:30 pm	Tread BMX (Rpt)		Witness the most dangerous stunts performed by the most talented and fearless riders on the planet. Features the wildest leaps, spins and crashes plus some downright hilarious antics that put other extreme action sports to shame!
02:00 pm	Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
02:30 pm	The Sun Herald City2Surf 2009 (Rpt)		Athletics: City2surf 2009 This iconic Australian event sees more than 70,000 competitors run the 14km from Sydney's Hyde Park to Bondi Beach.
04:00 pm	Powerboating: Class 1 World Championships (Rpt)	G	The most spectacular marine motorsport series brings together the latest in million dollar state of the art technology in an array of unforgettable venues from the golden sands of the Arabian Gulf, to Norwegian Fjords and the coasts of southern Europe.
04:30 pm	Omnisport (Rpt)		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
05:00 pm	Triathlon: ITU World Championship Series	G	SPECIAL EVENT Round 7 Mens Form Yokohama On the eve of the season ending Championship event on the Gold Coast, the world's best male triathletes battle it out on the streets and in the waters of Yokohama, Japan in the penultimate round of the 2009 ITU World Championship Series.



MELBOURNE PROGRAMME GUIDE

Wednesday 26th August 2009



SPECIAL EVENT	
07:30 pm Body & Brain Overhaul	This new Australian health and fitness series sees a former AFL footballer, a small business mum, a general manager and a personal trainer test their physical and mental fitness in a series of challenges that will change their lives forever.
08:00 pm High Five	An edgy, character driven focus on Action Sports and off the wall pursuits that dominate worldwide youth culture today.
08:30 pm Pro Bull Riding	Its no bull that this is the roughest and toughest family viewing on television as an Aussie is among the cowboys who dare to climb aboard and face the challenge of America's Pro Bull Riding.
09:30 pm LIVE: Sports Tonight	For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.
10:00 pm Poker	The Pokerstars action continues exclusive to ONE every Wednesday and Friday night.
11:00 pm Surfing: ASP Season	<u>Rip Curl Pipeline Masters - Hawaii 2006</u> The ASP Mens World Championship Tour is the premier mens surfing tour, featuring 10 rounds with the top 45 ranked professional surfers in the world, as well as local wild card entries.
12:00 am Sports Tonight Late	The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.
12:20 am Omnisport (Rpt)	Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
12:50 am AFL Premiership Season 2009 (Rpt)	<u>Round 21 - Carlton V Melbourne</u> Join commentary team Tim Lane, Michael Christian, Luke Darcy and Andrew Maher for all the action for Round 21 from Etihad Stadium.
02:50 am Triathlon: ITU World Championship Series (Rpt)	G <u>Round 7 Mens Form Yokohama</u> On the eve of the season ending Championship event on the Gold Coast, the world's best male triathletes battle it out on the streets and in the waters of Yokohama, Japan in the penultimate round of the 2009 ITU World Championship Series.
05:20 am Surfing Moment (Rpt)	G <u>Surfing Moments</u>
SPECIAL EVENT	
05:30 am LIVE: Major League Baseball	<u>Los Angeles Angels V Detroit Tigers</u> Midweek MLB from LA as the AL West leaders the Los Angeles Angels host the top of the AL Central, Detroit Tigers.



MELBOURNE PROGRAMME GUIDE

Thursday 27th August 2009



06:00 am	LIVE: Major League Baseball (Cont)		SPECIAL EVENT <u>Los Angeles Angels V Detroit Tigers</u> Midweek MLB from LA as the AL West leaders the Los Angeles Angels host the top of the AL Central, Detroit Tigers.
08:30 am	This Week In Baseball (Rpt)		In its 32nd year, the weekly magazine show of the MLB brings you profiles, news, highlights and stories beyond the ballpark.
09:00 am	Golf: WGC Bridgestone Invitational Highlights		<u>W.G.C Bridgestone Invitational Highlights</u> An hour of highlights which recapture the magic and spectacular shots at Firestone, Ohio as the world's best battle for the WGC Bridgestone Invitational.
10:00 am	Netball: ANZ Championship Finals Series (Rpt)		<u>Preliminary Final - Magic V Thunderbirds</u> There are Silver Ferns aplenty in the Magic side as they have home court advantage in Hamilton for the Preliminary Final clash against the Adelaide Thunderbirds. Relive the 09 Finals as the Aussies prepare for September's Test series against New Zealand.
12:00 pm	Mecum Auto Auction (Rpt)	G	Fast talking motor action as classic and restored cars go under the hammer.
01:00 pm	Sports Unlimited (Rpt)		A weekly magazine show focussing on Action Sports, from the alternate to the outright bizarre, played around the globe.
02:00 pm	Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
02:30 pm	Body & Brain Overhaul (Rpt)		This new Australian health and fitness series sees a former AFL footballer, a small business mum, a general manager and a personal trainer test their physical and mental fitness in a series of challenges that will change their lives forever.
03:00 pm	Patagonia Sur		<u>Patagonia Sur</u> In the shadow of the Andes, take a jet boating expedition through Chile and Argentina as a team of adventurers retrace the steps of John Hamilton and Sir Edmund Hillary. Narrated by Ron Wilson.
04:30 pm	Omnisport (Rpt)		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
05:00 pm	Major League Baseball (Rpt)		<u>Los Angeles Angels V Detroit Tigers</u> Midweek MLB from LA as the AL West leaders the Los Angeles Angels host the top of the AL Central, Detroit Tigers.
07:30 pm	LIVE: Thursday Night Live	PG	SPECIAL EVENT Bill Woods leads a panel including Luke Darcy, Liz Ellis and Mark Howard as they discuss the week in sport and preview the big issues as we head towards finals in the big Aussie football codes as well as the funny side of the sporting world.
09:00 pm	Xtreme Paintball: Beyond The Paint		The world's most outrageous, fun and fearless paintball players face off for cash prizes, respect and glory.



MELBOURNE PROGRAMME GUIDE

Thursday 27th August 2009



09:30 pm Sports Tonight

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.

10:00 pm UFC Wired

UFC Wired comes to ONE with a hard-hitting hour hosted by Joe Rogan. Featuring the greatest moments of the Ultimate Fighting Championships as well as a unique perspective on some of the top mixed martial artists from the past and today.

11:00 pm Boxing: KO TV Classic

PG **Grudge Matches (Part 2)**

History's biggest grudge matches continue with another visit to the KOTV Boxing vault as ONE's Combat Thursday continues featuring Rocky Marchiano, Roy Jones Jr and Jeff Harding.

12:00 am Sports Tonight Late

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

12:20 am Omnisport (Rpt)

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

12:50 am AFL Premiership Season - Best Of 2009 (Rpt)

Round 5 - ANZAC Day - Essendon V Collingwood

As the finals near, ONE revisits the biggest matches of 2009 and no other regular season match is as big or as meaningful as the traditional ANZAC Day clash between Essendon and Collingwood.

02:50 am Major League Baseball (Rpt)

Los Angeles Angels V Detroit Tigers

Midweek MLB from LA as the AL West leaders the Los Angeles Angels host the top of the AL Central, Detroit Tigers.

05:20 am Surfing Moment (Rpt)

G **Surfing Moments**

05:30 am Netball: ANZ Championship Grand Final (Rpt)

Grand Final: Melbourne Vixens V Adelaide Thunderbirds

After three and a half months of outstanding netball action, the ANZ Championship season came down to one match against two Aussie teams at Melbourne's Hisense Arena. In the lead up to the Test Series v NZ, see the Vixens take on the Tbirds for the title



MELBOURNE PROGRAMME GUIDE

Friday 28th August 2009



06:00 am	Netball: ANZ Championship Grand Final (Cont) (Rpt)		Grand Final: Melbourne Vixens V Adelaide Thunderbirds After three and a half months of outstanding netball action, the ANZ Championship season came down to one match against two Aussie teams at Melbourne's Hisense Arena. In the lead up to the Test Series v NZ, see the Vixens take on the Tbirds for the title
08:30 am	Sports Unlimited (Rpt)		A weekly magazine show focussing on Action Sports, from the alternate to the outright bizarre, played around the globe.
09:30 am	Grand-Am Rolex Sportscar Series Highlights (Rpt)	G	Race 9 Watkins Glen International-Recap The one hour highlights show with all the racing action from the 9th round of the Grand-Am Sportscar series from the Watkins Glen track in New York state.
10:30 am	Motorsport: Raceworld		Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.
11:30 am	Australian Superbike Championship (Rpt)		Eastern Creek The Australian Superbike action continues only on ONE with all the action from Sydney's Eastern Creek.
12:30 pm	Beach Volleyball: FIVB World Tour		Mid-Season Review Reviews the season to date in the new FIVB World Tour Beach Volleyball series.
01:00 pm	Transworld Sport		The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.
02:00 pm	Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
02:30 pm	AFL Premiership Season - Best Of 2009 (Rpt)	CC	Round 3 - Carlton V Essendon It was a blockbuster Round 3 Saturday Night Football clash at the MCG and as the finals near, ONE continues to relive the season's best matches as the League's two most successful Premiership teams - the Carlton Blues face the Essendon Bombers.
04:30 pm	Omnisport (Rpt)		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
05:00 pm	Athletix: The IAAF Magazine		The latest world athletics action as Athletix reviews the week in the world of the IAAF.
05:30 pm	Triathlon: ITU World Championship Series	G	SPECIAL EVENT Round 7 Womens From Yokohama In the final round before the Grand Finale event on the Gold Coast, Australia's Emma Moffatt has a commanding lead and is hoping to lead the world's best female triathletes home from Yokohama to her home town event.
08:00 pm	Motorsport: Australian Off Road Championships (Rpt)		Round 3: Sunraysia 500, Victoria The third round of the Australian Off Road Championship sees the buggies and heavily modified 4WD vehicles take to Sunraysia in Victoria.
08:30 pm	Motorsport: DTM German Touring Cars		Nurburgring The world famous Nurburgring provides some of the most spectacular and keenly fought motor racing action as the DTM moves in with Round 6 of the German Touring Cars.



MELBOURNE PROGRAMME GUIDE

Friday 28th August 2009



09:30 pm LIVE: Sports Tonight

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.

10:00 pm Poker

While enjoying your Friday night poker fix its time to consider who will be The Poker Star? Joe Hachem leads the search in the world's biggest Poker reality series, coming to ONE this September.

11:00 pm BMX Road Fools

Hop on the bus with 13 of the world's most talented BMX riders as the Road Fools trek across the desert of the Southwestern United States in search of the ultimate riding spots.

12:00 am Sports Tonight Late

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

12:30 am Omnisport (Rpt)

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

01:00 am Triathlon: ITU World Championship Series (Rpt)

G **Round 7 Womens From Yokohama**

In the final round before the Grand Finale event on the Gold Coast, Australia's Emma Moffatt has a commanding lead and is hoping to lead the world's best female triathletes home from Yokohama to her home town event.

03:30 am NASCAR Nationwide Series (Rpt)

Race 24 Ford City 250 @ Bristol

The 24th race in the 2009 NASCAR Nationwide Series comes from Bristol as ONE presents exclusive coverage of the Food City 250.



MELBOURNE PROGRAMME GUIDE

Saturday 29th August 2009



06:00 am	Red Bull Air Race (Rpt)		Round 4 Budapest The fourth round of the Red Bull Air Race takes to the skies above Budapest, Hungary including Aussie young gun Matt Hall.
08:00 am	Triathlon: ITU World Championship Series Highlights	G	Round 7 Highlights On October 12 and 13, ONE presents Live and Exclusive coverage of the final event in the eight race World Championship series. The Gold Coast hosts the big event and Aussie Emma Moffatt has a handy lead after Yokohama.
09:00 am	LIVE: Major League Baseball		SPECIAL EVENT New York Yankees V Chicago White Sox The White Sox will have the White House on their side as Obama's Chicago White Sox visit league leaders the New York Yankees in a spectacular Friday Night baseball epic.
12:00 pm	Athletix: The IAAF Magazine (Rpt)		The latest world athletics action as Athletix reviews the week in the world of the IAAF.
12:30 pm	Powerboating: Class 1 World Championships (Rpt)	G	The most spectacular marine motorsport series brings together the latest in million dollar state of the art technology in an array of unforgettable venues from the golden sands of the Arabian Gulf, to Norwegian Fjords and the coasts of southern Europe.
01:00 pm	Mecum Auto Auction	G	The fast talking motor action continues on ONE as we see classic and lovingly restored cars go under the auctioneer's hammer.
02:00 pm	Motorsport: British Touring Car Championships		
03:00 pm	AFL Premiership Season 2009 (Also airing on TEN)		SPECIAL EVENT Round 22 - Hawthorn V Essendon The final round of the season and the reigning premiers have survival on the line as they face the Essendon Bombers at the MCG to secure a piece of September action. 14 other teams will be barracking for the Bombers to knock out the threat of the Hawks.
06:00 pm	Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
06:30 pm	Before The Game	CC PG	Join Dave Hughes, Mick Molloy, Andrew Maher, Sam Lane and Lehmo for all the footy action giving you the full low-down of all the weekend's games.
07:30 pm	LIVE: AFL Premiership Season 2009 (Also airing on TEN)	CC	SPECIAL EVENT Round 22 - Port Adelaide V North Melbourne The Port Power welcome the Kangaroos to AAMI Stadium as they fight to secure their spot in September with a final round home win.
11:00 pm	Formula 1 Qualifying		SPECIAL EVENT Race 12 Belgian Qualifying Straight after the final round AFL action ONE takes you to Belgium for the F1 GP Qualifying - will Schumacher threaten Webber and Button or will Lewis Hamilton continue his charge back to the top?
12:20 am	UFC Wired (Rpt)		UFC Wired comes to ONE with a hard-hitting hour hosted by Joe Rogan. Featuring the greatest moments of the Ultimate Fighting Championships as well as a unique perspective on some of the top mixed martial artists from the past and today.



MELBOURNE PROGRAMME GUIDE

Saturday 29th August 2009



01:15 am Surfing Moment (Rpt)

G Surfing Short Moment 5 Min

01:20 am Football: Bundesliga Weekly Highlights

02:00 am Football: Bundesliga

SPECIAL EVENT

04:00 am **LIVE: Grand-Am Rolex Sportscar Series**

SPECIAL EVENT

Race 10 Circuit Gilles Villeneuve, Montreal

A massive weekend of exclusive motorsport from Montreal, Canada begins on ONE as the Grand-Am Rolex Sportscar Series takes to the Circuit Gilles Villeneuve for the tenth round of the 2009 season.

