

MELBOURNE PROGRAMME GUIDE

Sunday 06th September 2009



06:00 am LIVE: NCAA College Football (Cont)		SPECIAL EVENT <u>U.S.C. V San Jose State</u> Two exclusive games a week from the brand new season of NCAA College Football begins on ONE. First up the University of Southern California host San Jose State.
08:30 am AFL Premiership Finals 2009 (Rpt)	CC	<u>Finals Week 1 - Qualifying Final - Teams TBA</u> In the first week of the finals it's an epic clash amongst top 4 rivals with a one week break on offer for the victor. Teams, venue and telecast times subject to change.
10:30 am NASCAR Sprint Cup Qualifying		<u>Race 25: Pep Boys Auto 500 @ Atlanta-Qualifying</u> Marcos Ambrose and Carl Edwards are among the Sprint Cup drivers who gave up last weekend's rest day to do double duty and race in the Grand-Am and Nationwide series, while other drivers used their week off to prepare for Qualifying here in the Atlanta.
12:30 pm Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
01:00 pm I Fish	G	Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.
01:30 pm Beach Volleyball: FIVB World Tour		<u>World Championships - Stavanger</u> Highlights of the Swatch FIVB World Championships from Stavanger in Denmark.
02:00 pm LIVE: Motorsport: Repco Rally Australia 2009 (Also airing on TEN)		SPECIAL EVENT Extensive coverage from the forests of Northern NSW as the world's best rally drivers compete in the final stages of the Repco Rally Australia.
05:00 pm Body & Brain Overhaul (Rpt)		In part three of this new Australian health and fitness series, we test a former AFL footballer, small business mum, general manager and personal trainer to see their physical and mental stamina through a series of challenges.
05:30 pm Netball Test Series 2009		SPECIAL EVENT <u>Australia Vs New Zealand - 1st Test</u> Its the one of the ultimate sporting rivalries. Little has separated the Australian Diamonds and New Zealand Silver Ferns in recent years and here at Sydney's Acer Arena they meet in the first of five tests as the Holden Test Series for 2009 begins
07:30 pm LIVE: Sports Tonight: The Weekend Wrap		The best way to end the weekend is Sports Tonight: The Weekend Wrap. Join Rob Canning for extended sports news, results and highlights.
08:30 pm NASCAR Nationwide Series		<u>Race 26 Degree V12 300 @ Atlanta</u> The 26th race of the 2009 NASCAR Nationwide Series is the Degree V12 300 from Atlanta Motor Speedway.
11:00 pm Moto GP		SPECIAL EVENT <u>Round 13 San Marino</u> In Casey Stoner's absence, Valentino Rossi has blown the field away as he takes a stranglehold on the 2009 World Championship. Last year Rossi claimed his first win in San Marino but this year will it be lucky Round 13 once more?



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12:10 am AFL Premiership Finals 2009 (Rpt)

Finals Week 1 - Elimination Final - Teams TBA

The finals action begins with a sudden death week one clash. Teams, location and telecast times are to be advised.

02:10 am Motorsport: Repco Rally Australia 2009 (Rpt)

Extensive coverage from the forests of Northern NSW as the world's best rally drivers compete in the final stages of the Repco Rally Australia.

05:00 am LIVE: Major League Baseball

SPECIAL EVENT

Colorado Rockies V Arizona Diamondbacks

The Colorado Rockies are fighting hard to stay in the chase for the National League wild card spot through to the Division Series. Today they welcome the Aussie Trent Oeltjen and his Arizona Diamondbacks into the rocky mountains.



MELBOURNE PROGRAMME GUIDE

Monday 07th September 2009



06:00 am LIVE: Major League Baseball (Cont)	SPECIAL EVENT <u>Colorado Rockies V Arizona Diamondbacks</u> The Colorado Rockies are fighting hard to stay in the chase for the National League wild card spot through to the Division Series. Today they welcome the Aussie Trent Oeltjen and his Arizona Diamondbacks into the rocky mountains.
08:00 am Transworld Sport (Rpt)	The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.
09:00 am LIVE: NCAA College Football	SPECIAL EVENT <u>Colorado V Colorado State</u> The College Football action continues on ONE as Week 1 sees a bitter intra-state rivalry as Colorado host Colorado State.
12:00 pm Sports Unlimited	A weekly magazine show focussing on Action Sports, from the alternate to the outright bizarre, played around the globe.
01:00 pm BMX: UCI World Championship Adelaide	
02:00 pm Omnispport	Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
02:30 pm Major League Baseball (Rpt)	<u>Colorado Rockies V Arizona Diamondbacks</u> The Colorado Rockies are fighting hard to stay in the chase for the National League wild card spot through to the Division Series. Today they welcome the Aussie Trent Oeltjen and his Arizona Diamondbacks into the rocky mountains.
05:00 pm This Week In Baseball	In its 32nd year, the weekly magazine show of the MLB brings you profiles, news, highlights and stories beyond the ballpark.
05:30 pm Netball Test Series 2009 (Rpt)	SPECIAL EVENT <u>Australia Vs New Zealand - 1st Test</u> Its the one of the ultimate sporting rivalries. Little has separated the Australian Diamonds and New Zealand Silver Ferns in recent years and here at Sydney's Acer Arena they meet in the first of five tests as the Holden Test Series for 2009 begins
07:30 pm LIVE: One Week At A Time	G Two teams will begin their Mad Monday end of season celebrations, two will have earned a week off and four teams prepare to back up with another big weekend of Semi Final action as September heats up in the AFL. OWAAT brings you all the action.
08:35 pm AFL: NAB Rising Star (Rpt)	CC <u>N.A.B Rising Star Special</u> After 22 rounds of fierce AFL action, we profile the nation's best football talent and award the most prestigious prize for first year players - the NAB Rising Star award.
09:30 pm LIVE: Sports Tonight	For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.



MELBOURNE PROGRAMME GUIDE

Monday 07th September 2009



10:00 pm	Grand-Am Rolex Sportscar Series Highlights	G	SPECIAL EVENT <u>Race 10 Circuit Gilles Villeneuve-Recap</u> Aussie racing star Marcos Ambrose makes his first appearance in the Rolex Grand-Am Sportscar Series with a guest stint behind the wheel with Sprint Cup rival Carl Edwards at the Circuit Gilles Villeneuve in Montreal, Canada.
11:00 pm	Motorsport: British Touring Car Championships		<u>Oulton Park</u> The Fourth Round of the BTCC see Britain's best touring car drivers face off at Oulton Park.
12:00 am	Sports Tonight Late		The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.
12:15 am	One Week At A Time (Rpt)	G	Two teams will begin their Mad Monday end of season celebrations, two will have earned a week off and four teams prepare to back up with another big weekend of Semi Final action as September heats up in the AFL. OWAAT brings you all the action.
01:20 am	AFL Premiership Finals 2009 (Rpt)	CC	<u>Finals Week 1 - Qualifying Final - Teams TBA</u> In the first week of the finals it's an epic clash amongst top 4 rivals with a one week break on offer for the victor. Teams, venue and telecast times subject to change.
03:20 am	Omnisport (Rpt)		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
03:50 am	Poker: European Poker Tour (Rpt)	PG	<u>European Poker Tour: Barcelona Part 2</u>
04:50 am	Triathlon: ITU World Championship Series Highlights (Rpt)	G	<u>Round 3 Highlights</u> ONE presents an action-packed hour of Triathlon with the mens and womens races from the 3rd Round in the 2009 ITU World Championship Series held in Washington.
05:50 am	NFL Moment (Rpt)	G	<u>NFL Moment</u> The big hits and magic moments that make the NFL America's national game.



MELBOURNE PROGRAMME GUIDE

Tuesday 08th September 2009



06:00 am	One Week At A Time (Rpt)	G	Two teams will begin their Mad Monday end of season celebrations, two will have earned a week off and four teams prepare to back up with another big weekend of Semi Final action as September heats up in the AFL. OWAAT brings you all the action.
07:00 am	Netball Test Series 2009 (Rpt)		Australia Vs New Zealand - 1st Test Its the one of the ultimate sporting rivalries. Little has separated the Australian Diamonds and New Zealand Silver Ferns in recent years and here at Sydney's Acer Arena they meet in the first of five tests as the Holden Test Series for 2009 begins
09:00 am	LIVE: Major League Baseball		New York Yankees V Tampa Bay Rays American League East division leaders the New York Yankees have been the form team since the All Star break. Do they have what it takes to end the Tampa Bay Rays wild card hopes as they face the 2008 World Series runners up at Yankee Stadium?
12:00 pm	This Week In Baseball (Rpt)		In its 32nd year, the weekly magazine show of the MLB brings you profiles, news, highlights and stories beyond the ballpark.
12:30 pm	Surfing: Boost Mobile Pro 2008 (Rpt)	G	Boost Mobile Pro '08 Surfing action on ONE as we look back at the big wave action at the Boost Mobile Pro of 2008.
01:30 pm	Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
02:00 pm	NCAA College Football (Rpt)		U.S.C. V San Jose State Two exclusive games a week from the brand new season of NCAA College Football begins on ONE. First up the University of Southern California host San Jose State.
04:30 pm	One Week At A Time (Rpt)	G	Two teams will begin their Mad Monday end of season celebrations, two will have earned a week off and four teams prepare to back up with another big weekend of Semi Final action as September heats up in the AFL. OWAAT brings you all the action.
05:30 pm	AFL Premiership Finals 2009 (Rpt)		Finals Week 1 - Elimination Final - Teams TBA The finals action begins with a sudden death week one clash. Teams, location and telecast times are to be advised.
07:30 pm	Moto GP (Rpt)		Round 13 San Marino In Casey Stoner's absence, Valentino Rossi has blown the field away as he takes a stranglehold on the 2009 World Championship. Last year Rossi claimed his first win in San Marino but this year will it be lucky Round 13 once more?
08:40 pm	Motorsport: Isle Of Man Tourist Trophy		SPECIAL EVENT Senior TT Race The Isle Of Man TT action for 2009 continues with more highlights from a big week of racing action, including the Senior Tourist Trophy race.
09:30 pm	LIVE: Sports Tonight		For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.



MELBOURNE PROGRAMME GUIDE

Tuesday 08th September 2009



10:00 pm	NASCAR Sprint Cup Highlights	G	<u>Race 25: Pep Boys Auto 500 @ Atlanta Highlights</u> Eleven Sprint Cup races remain after Atlanta and shortly the drivers will turn for home with the Chase for the 2009 Championship beginning in New Hampshire.
11:00 pm	NASCAR Nationwide Series Highlights	G	<u>Race 26 Degree V12 300 @ Atlanta Highlights</u> Highlights of the 26th race in the 2009 NASCAR Nationwide Series from Atlanta.
12:00 am	Sports Tonight Late		The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.
12:15 am	Omnisport (Rpt)		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
12:45 am	Body & Brain Overhaul (Rpt)		In part three of this new Australian health and fitness series, we test a former AFL footballer, small business mum, general manager and personal trainer to see their physical and mental stamina through a series of challenges.
01:15 am	Major League Baseball (Rpt)		<u>New York Yankees V Tampa Bay Rays</u> American League East division leaders the New York Yankees have been the form team since the All Star break. Do they have what it takes to end the Tampa Bay Rays wild card hopes as they face the 2008 World Series runners up at Yankee Stadium?
03:45 am	BMX Road Fools (Rpt)		Hop on the bus with 13 of the world's most talented BMX riders as the Road Fools trek across the desert of the Southwestern United States in search of the ultimate riding spots.
04:45 am	Triathlon: ITU World Championship Series Highlights (Rpt)	G	<u>Round 4 Highlights</u> An hour highlights of the mens and womens race from Round 4 of the Austrian leg of the ITU World Championship Series. Exclusive to ONE.
05:45 am	Omnisport (Rpt)		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.



MELBOURNE PROGRAMME GUIDE

Wednesday 09th September 2009



06:00 am	AFL Premiership Finals 2009 (Rpt)		Finals Week 1 - Elimination Final - Teams TBA The finals action begins with a sudden death week one clash. Teams, location and telecast times are to be advised.
08:00 am	Transworld Sport (Rpt)		The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.
09:00 am	Athletix: The IAAF Magazine (Rpt)		The most up to date look at world athletics with the latest news and highlights from the week that was.
09:30 am	I Fish (Rpt)	G	Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.
10:00 am	LIVE: Major League Baseball		Chicago White Sox V Oakland Athletics The Chicago White Sox, buoyed by the support of President Barack Obama, need to keep winning as they vie with the Detroit Tigers for top spot of the American League Central division. Today the White Sox welcome the Oakland Athletics to Comiskey Park.
01:00 pm	This Week In Baseball (Rpt)		In its 32nd year, the weekly magazine show of the MLB brings you profiles, news, highlights and stories beyond the ballpark.
01:30 pm	Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
02:00 pm	Triathlon: ITU World Championship Series Highlights (Rpt)	G	Round 5 Hamburg - Highlights With the world's best triathletes about to compete in the Championship final on the Gold Coast, we look back at the highlights of the Hamburg race. The Aussies are doing well in the race to be crowned World Champion in this inaugural ITU Triathlon series.
03:00 pm	Triathlon: ITU World Championship Series Highlights (Rpt)	G	Round 6 London - Highlights Highlights of the mens and womens races in the sixth round of the ITU World Championship Series from the next Olympic course in London.
04:00 pm	Triathlon: ITU World Championship Series Highlights (Rpt)	G	Round 7 Yokohama - Highlights On September 12 and 13, ONE presents Live and Exclusive coverage of the final event in the eight race World Championship series from the Gold Coast. In the meantime we look back at the penultimate round in Yokohama, Japan.
05:00 pm	NCAA College Football - Game Of The Week		
07:30 pm	Body & Brain Overhaul		SPECIAL EVENT Hosted by Nicole Livingstone and featuring former Hawks and Kangaroos AFL player Jonathon Hay, Body and Brain Overhaul gives you unique tips to tailor a fitness regime to your individual needs.
08:00 pm	High Five		An edgy, character driven focus on Action Sports and off the wall pursuits that dominate worldwide youth culture today.



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Wednesday 09th September 2009



08:30 pm Pro Bull Riding

One of the most dramatic and heart stopping events on ONE is Pro Bull Riding. Do you dare to enter the bullring and hold on tight?

09:30 pm LIVE: Sports Tonight

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.

10:00 pm Poker

Latin American Poker Tour: Uruguay (Part 2)

Part 2 of the Uruguay leg of the LAPT.

11:00 pm Netball Test Series 2009
(Also airing on TEN)

SPECIAL EVENT

Australia Vs New Zealand - 2nd Test

Two all star teams featuring the very best of the ANZ Championship do battle as the Aussie Diamonds host the Silver Ferns from NZ in the Second Test of the series from Melbourne's Hisense Arena.

01:00 am AFL Premiership Finals 2009 (Rpt) CC

Finals Week 1 - Qualifying Final - Teams TBA

In the first week of the finals it's an epic clash amongst top 4 rivals with a one week break on offer for the victor. Teams, venue and telecast times subject to change.

03:00 am Omnisport (Rpt)

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

03:30 am Major League Baseball (Rpt)

Chicago White Sox V Oakland Athletics

The Chicago White Sox, buoyed by the support of President Barack Obama, need to keep winning as they vie with the Detroit Tigers for top spot of the American League Central division. Today the White Sox welcome the Oakland Athletics to Comiskey Park.



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Thursday 10th September 2009



06:00 am	Body & Brain Overhaul (Rpt)		Hosted by Nicole Livingstone and featuring former Hawks and Kangaroos AFL player Jonathon Hay, Body and Brain Overhaul gives you unique tips to tailor a fitness regime to your individual needs.
06:30 am	Grand-Am Rolex Sportscar Series Highlights (Rpt)	G	<u>Race 10 Circuit Gilles Villeneuve-Recap</u> Aussie racing star Marcos Ambrose makes his first appearance in the Rolex Grand-Am Sportscar Series with a guest stint behind the wheel with Sprint Cup rival Carl Edwards at the Circuit Gilles Villeneuve in Montreal, Canada.
07:30 am	NASCAR Sprint Cup Highlights (Rpt)	G	<u>Race 25: Pep Boys Auto 500 @ Atlanta-Highlights</u> Eleven Sprint Cup races remain after Atlanta and shortly the drivers will turn for home with the Chase for the 2009 Championship beginning in New Hampshire.
08:30 am	NASCAR Nationwide Series Highlights (Rpt)	G	<u>Race 26 Degree V12 300 @ Atlanta-Highlights</u> Highlights of the 26th race in the 2009 NASCAR Nationwide Series from Atlanta.
09:30 am	Motorsport: Raceworld		Raceworld takes race fans behind closed doors with special features on drivers, lifestyles, circuits and race cars, as well as race reports, test sessions, predictions and race reviews.
10:30 am	Australian Superbike Championship (Rpt)		<u>Eastern Creek</u> The Australian Supertbike action continues only on ONE with all the action from Sydney's Eastern Creek.
11:30 am	LIVE: Major League Baseball		<u>Arizona Diamondbacks V Los Angeles Dodgers</u> Aussie outfielder and fan favourite Trent Oeljen and his Arizona Diamondbacks teammates welcome the NL West division leaders the LA Dodgers to Phoenix.
02:30 pm	Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
03:00 pm	Sports Unlimited (Rpt)		A weekly magazine show focussing on Action Sports, from the alternate to the outright bizarre, played around the globe.
04:00 pm	Mecum Auto Auction (Rpt)	G	The fast talking motor action continues on ONE as we see classic and lovingly restored cars go under the auctioneer's hammer.
05:00 pm	Tennis: ATP Champions Tour		The ATP Champions Tour features the living legends of the mens game; McEnroe, Becker, Sampras, Rafter, Ivanisevic, Rios & Krajicek amongst others.
05:30 pm	Netball Test Series 2009 (Rpt)		<u>Australia Vs New Zealand - 2nd Test</u> Two all star teams featuring the very best of the ANZ Championship do battle as the Aussie Diamonds host the Silver Ferns from NZ in the Second Test of the series from Melbourne's Hisense Arena.
07:30 pm	LIVE: Thursday Night Live	PG	SPECIAL EVENT TNL is the only place to get all the team news, latest betting odds, weekend previews and footy finals analysis covering all the major codes every Thursday night. Bill Woods is joined by Luke Darcy, Adam Hawse, Nicole Livingstone and Mark Howard.
09:00 pm	Xtreme Paintball: Beyond The Paint		The world's most outrageous, fun and fearless paintball players face off for cash prizes, respect and glory.



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09:30 pm LIVE: Sports Tonight

For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.

10:00 pm UFC Wired

UFC Wired comes to ONE with a hard-hitting hour hosted by Joe Rogan. Featuring the greatest moments of the Ultimate Fighting Championships as well as a unique perspective on some of the top mixed martial artists from the past and today.

11:00 pm Boxing: KO TV Classic

PG **Greatest Chins**

ONE dares to lead with the chin as we delve back into the KOTV Boxing vault for classic bouts featuring Jake Lamotta, Arturo Gatti and the ultimate fighter Muhammad Ali.

12:00 am Sports Tonight Late

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

12:15 am Omnisport (Rpt)

Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.

12:30 am Red Bull Air Race (Rpt)

Round 4 Budapest

The fourth round of the Red Bull Air Race takes to the skies above Budapest, Hungary including Aussie young gun Matt Hall.

02:30 am Major League Baseball (Rpt)

Arizona Diamondbacks V Los Angeles Dodgers

Aussie outfielder and fan favourite Trent Oeltjen and his Arizona Diamondbacks teammates welcome the NL West division leaders the LA Dodgers to Phoenix.

05:00 am LIVE: Major League Baseball

SPECIAL EVENT

Colorado Rockies V Cincinnati Reds

The Colorado Rockies are on rocky ground as they battle to stay alive and progress through to the Division Series, pinning their hopes on winning the National League wild card spot as they face the Cincinnati Reds.



MELBOURNE PROGRAMME GUIDE

Friday 11th September 2009



06:00 am LIVE: Major League Baseball (Cont)	SPECIAL EVENT <u>Colorado Rockies V Cincinnati Reds</u> The Colorado Rockies are on rocky ground as they battle to stay alive and progress through to the Division Series, pinning their hopes on winning the National League wild card spot as they face the Cincinnati Reds.
08:00 am Netball Test Series 2009 (Rpt)	<u>Australia Vs New Zealand - 2nd Test</u> Two all star teams featuring the very best of the ANZ Championship do battle as the Aussie Diamonds host the Silver Ferns from NZ in the Second Test of the series from Melbourne's Hisense Arena.
10:00 am Athletix: The IAAF Magazine	The latest instalment of the official weekly magazine program of the IAAF - world athletics' governing body.
10:30 am LIVE: National Football League	SPECIAL EVENT <u>Week 1 - Pittsburgh Steelers V Tennessee Titans</u> A new season of NFL kicks off with the traditional Thursday Night Football opener featuring Superbowl XLIII champions the Pittsburgh Steelers, led by quarterback Ben Roethlisberger, against the AFC's top seed in 2008 the Tennessee Titans.
02:00 pm Omnisport	Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
02:30 pm Transworld Sport	The world's most acclaimed weekly sports magazine show, bringing you the big highlights and profiles of the stars behind the results. Plus the wacky and unexpected elements from the World of Sport.
03:30 pm Major League Baseball (Rpt)	<u>Colorado Rockies V Cincinnati Reds</u> The Colorado Rockies are on rocky ground as they battle to stay alive and progress through to the Division Series, pinning their hopes on winning the National League wild card spot as they face the Cincinnati Reds.
06:00 pm National Football League (Rpt)	<u>Week 1 - Pittsburgh Steelers V Tennessee Titans</u> A new season of NFL kicks off with the traditional Thursday Night Football opener featuring Superbowl XLIII champions the Pittsburgh Steelers, led by quarterback Ben Roethlisberger, against the AFC's top seed in 2008 the Tennessee Titans.
08:30 pm Australian Superbike Championship	<u>Mallala, South Australia</u> The Australian Superbike action continues to roar as the bikes take to the Mallala track in South Australia for the latest round.
09:30 pm LIVE: Sports Tonight	For over 16 years Sports Tonight has been Australia's most trusted name in nightly sports news. Now in a new, more convenient later timeslot join host Brad McEwan for all today's news and highlights.
10:00 pm Poker	<u>Latin American Poker Tour: Uruguay (Part 3)</u> The Pokerstars continue their odyssey through Latin America as they chase the cash in part 3 from Uruguay.
11:00 pm BMX Road Fools	Hop on the bus with 13 of the world's most talented BMX riders as the Road Fools trek across the desert of the Southwestern United States in search of the ultimate riding spots.



MELBOURNE PROGRAMME GUIDE

Friday 11th September 2009



12:00 am	Xtreme Paintball: Beyond The Paint (Rpt)		The world's most outrageous, fun and fearless paintball players face off for cash prizes, respect and glory.
12:30 am	Sports Tonight Late		The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.
01:00 am	NCAA College Football - Game Of The Week		
03:30 am	Omnisport (Rpt)		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
04:00 am	LIVE: NASCAR Sprint Cup Happy Hour		<u>Race 26: Chevy Rock & Roll 400 @ Richmond-Happy Hour</u> Final Practice at the Richmond Racetrack as Sprint Cup drivers test their race settings for the final race before the Chase for the Championship begins.
05:30 am	Triathlon: ITU World Championship Series Highlights (Rpt)	G	<u>Round 6 London - Highlights</u> Highlights of the mens and womens races in the sixth round of the ITU World Championship Series from the next Olympic course in London.



MELBOURNE PROGRAMME GUIDE

Saturday 12th September 2009



06:00 am	Triathlon: ITU World Championship Series Highlights (Cont) (Rpt)	G	<u>Round 6 London - Highlights</u> Highlights of the mens and womens races in the sixth round of the ITU World Championship Series from the next Olympic course in London.
06:30 am	Triathlon: ITU World Championship Series Highlights (Rpt)	G	<u>Round 7 Yokohama - Highlights</u> On September 12 and 13, ONE presents Live and Exclusive coverage of the final event in the eight race World Championship series from the Gold Coast. In the meantime we look back at the penultimate round in Yokohama, Japan.
07:30 am	LIVE: NASCAR Sprint Cup Qualifying		<u>Race 26: Chevy Rock & Roll 400 @ Richmond-Qualifying</u> Sprint Cup Qualifying LIVE from Richmond as the teams and drivers vie for pole position ahead of the Chevy Rock & Roll 400.
09:00 am	LIVE: NASCAR Nationwide Series		SPECIAL EVENT <u>Race 27 Virginia 529 College Savings 250 @ Richmond</u> The NASCAR Nationwide Series takes over the Richmond racetrack as the battle for the 2009 Championship rolls on.
12:00 pm	Mecum Auto Auction	G	
01:00 pm	Motorsport: British Touring Car Championships (Rpt)		<u>Oulton Park</u> The Fourth Round of the BTCC see Britain's best touring car drivers face off at Oulton Park.
02:00 pm	Omnisport		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
02:30 pm	LIVE: Triathlon: ITU World Championship Series	G	<u>Round 8 Mens From Gold Coast</u>
05:30 pm	Body & Brain Overhaul (Rpt)		Hosted by Nicole Livingstone and featuring former Hawks and Kangaroos AFL player Jonathon Hay, Body and Brain Overhaul gives you unique tips to tailor a fitness regime to your individual needs.
06:00 pm	Before The Game	CC PG	Join Dave Hughes, Mick Molloy, Andrew Maher, Sam Lane and Lehmo for all the footy action giving you the full low-down of all the weekend's games.
07:00 pm	AFL Premiership Finals 2009	CC	<u>Finals Week 2 - Semi Final - Teams TBA</u> Week 2 Finals action with a sudden death semi final. Teams and telecast details to be advised.
10:30 pm	Formula 1 Qualifying		SPECIAL EVENT <u>Race 13 Italian Qualifying</u> Formula 1 Qualifying action ahead of the Italian Grand Prix. Can Jenson Button return to form and resurrect his World Championship hopes or is the Mark Webber-Sebastian Vettel roadtrain, powered by Red Bull Racing, becoming an irresistible force?
11:45 pm	LIVE: Football: Bundesliga		
01:45 am	Omnisport (Rpt)		Hot off the satellite, your daily dose of international sports news and highlights from a European perspective.
02:00 am	LIVE: NCAA College Football		<u>Wake Forest V Stanford</u> Week 2 of the College Football season sees Wake Forest host Stanford in a ONE exclusive event.
05:00 am	Beach Volleyball: FIVB World Tour (Rpt)		<u>World Championships - Stavanger</u> Highlights of the Swatch FIVB World Championships from Stavanger in Denmark.



MELBOURNE PROGRAMME GUIDE

Saturday 12th September 2009



05:30 am LIVE: NCAA College Football

SPECIAL EVENT

Oklahoma State V Houston

Oklahoma State host Houston in Saturday afternoon College Football action direct from the States and only on ONE.

