


Life Sydney Program Guide

Sun Jan 28, 2024

06:00	ESCAPE TO THE CHATEAU	Captioned	Repeat		WS	G
	An astonishing part of the chateau is revealed for the first time. While Dick is keen to use the space for storage, Angel's vision is to create a celestial-inspired 'sky bar'.					
07:00	GETAWAY	Captioned	Repeat		WS	PG
	<i>Scenic - Bordeaux #2</i> This week on Getaway Poh is back in France enjoying the food, wine and culture of the Bordeaux region.					
07:30	CARIBBEAN LIFE		Repeat		WS	G
	<i>Falling in Love with St. Croix</i> A Michigan woman moves to the island of St. Croix. Looking for high ceilings and a view, she seeks a property that will also have office space to allow her to work remotely.					
08:00	CARIBBEAN LIFE		Repeat		WS	G
	<i>Newlyweds in St. Croix</i> A newlywed couple move to St. Croix. He wants privacy far from other people, but working for the island's National Guard, she wants a home close to the armory.					
08:30	FIXER UPPER		Repeat		WS	PG
	<i>Austin Couple Finds Waco Charm</i> Matt and Samantha Hardy look to move from Austin to Waco, Texas, and purchase their first house together.					
09:30	GOOD BONES		Repeat		WS	PG
	<i>Decaying Duplex Transformed</i> Mina and Karen snag a four bedroom two bathroom duplex for only \$4000. But with one of the worst foundations they've ever seen, combined with unsafe floor joists on the second floor, Mina expects to spend upwards of \$200,000.					
10:30	SLEDGEHAMMER				WS	G
	<i>Smashing Walls in Blog Cabin to Create an Open Floor Plan</i> Jason Cameron brings his sledgehammer to Blog Cabin 2014 to help Chris Grundy transform this property on beautiful Lake Hamilton in Winter Haven, Fla.					
11:00	SLEDGEHAMMER					G
	<i>Giving a 1970s Kitchen a Cool Mid Century Vibe</i> Jon and Maranda move into his grandparents' home which is stuck in the 1970s; Jason Cameron's plan calls for an open kitchen and living area with a kitchen island, a custom hutch and a sofa that belonged to Jon's grandparents.					
11:30	CHRISTINA ON THE COAST		Repeat		WS	PG
	<i>Zen Kitchen Transformation</i> Christina's new Long Beach clients have lived in their 1950s-era home for over a decade, and now they want to overhaul their walled-in kitchen and living room to create an open indoor/outdoor living space.					
12:30	BEACHFRONT BARGAIN HUNT		Repeat		WS	G
	<i>Looking for a Lifestyle Change in Rhode Island</i> A father-daughter duo is following their friends and leaving the city for the beach life along the shores of the Upper Narragansett Bay. They entrust a close friend to help them find their own piece of coastal Rhode Island charm.					

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13:00	BEACHFRONT BARGAIN HUNT		Repeat		WS	G
	<i>Buying a Bargain on Bethany Beach</i> Living miles from the nearest ocean, a family sets out to find a beachside escape on the shores of Delaware. While Bethany Beach is a long drive from their upstate New York home, they hope to create endless possibilities for vacations by the sea.					
13:30	MEXICO LIFE		Repeat		WS	G
	<i>The World is Your Oyster in Huatulco</i> A couple tired of the rat race in Miami is ready for the easy life in Huatulco, Mexico; they're looking for a condo that's centrally located and near restaurants, and she wants an ocean view while he needs outdoor space for his plants.					
14:00	MEXICO LIFE		Repeat		WS	G
	<i>Doing the Research Pays Off in La Paz</i> After researching the best beaches in Mexico, a Utah couple is making the move to La Paz. They're both looking for ocean views, he wants a secluded property at a low price, but she's willing to spend more for a place with a big kitchen and a pool.					
14:30	HOLIDAY HOMES IN THE SUN		Repeat		WS	G
	<i>Lanzarote - Canary Islands</i> Property expert Amanda Lamb, presenter and JLS star JB Gill, and DJ and presenter Sam Pinkham are in Lanzarote in the Canary Islands, competing to find their favourite holiday rental.					
15:30	FIX MY FRANKENHOUSE		Repeat		WS	PG
	<i>Spaciously Confusing</i> After years of long-distance commuting, a couple finally settles down in Rehoboth, Mass., but the layout of their spacious home is confusing; Mike looks to bring cohesion back to the home, while Denese creates a kitchen fit for an actual chef.					
16:30	ESCAPE TO THE CHATEAU	Captioned	Repeat		WS	G
	An astonishing part of the chateau is revealed for the first time. While Dick is keen to use the space for storage, Angel's vision is to create a celestial-inspired 'sky bar'.					
17:30	HOUSE HUNTERS		Repeat		WS	G
	<i>Room to Start a Family in Carolina Beach</i> A young couple is looking for a move-in ready condo near the beach to start a family.					

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18:00	HOUSE HUNTERS		Repeat		WS	G
	<i>New Beginnings on Camano Island, Wash</i> A Seattle couple looks for a peaceful home in Camano Island, Washington.					
18:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>A Family's Wanderlust in Christchurch</i> Seasoned Canadian travelers are ready to introduce their children to new experiences in Christchurch, New Zealand. The couple is looking to share their wanderlust with their kids, but finding a home to fit the entire family's needs will be a challenge.					
19:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>Everything All at Once, in Puerto Morelos, Mexico</i> After a lifetime of frigid winters, an engaged Vermont couple looks to move to Puerto Morelos, Mexico. They're investing their modest savings towards a new home and a wedding, but finding the right place all before the next winter will be a challenge.					
19:30	FIXER UPPER		Repeat			PG
	<i>Looking Old But Feeling New</i> Chip and Joanna show Doug and Lacy three homes in their price point in the expensive Castle Heights neighbourhood of Waco.					
20:30	FLIPPING 101 WITH TAREK EL MOUSSA		Repeat		WS	G
	<i>101 Graduates Take on Studio City</i> Having ended their romantic relationship but remaining business partners, two Flipping 101 graduates are chasing their biggest profit yet with a sizable home in Studio City. Tarek returns to help them keep their project and partnership on the rails.					
21:30	ZOMBIE HOUSE FLIPPING				WS	PG
	<i>Orlando: Campbell House</i> House flipper Justin Stamper and his crew, known as the Robin Hoods of Real Estate, 'steal' foreclosed homes to help return neighbourhoods to their former glory. Cons.Advice: Dangerous Behaviour					
22:30	FLIPPING DOWN SOUTH				WS	PG
	<i>Spooky Basement, Scary Flip</i> Cody and Paul take on a house they call "Spooky Basement". Cons.Advice: Mild Coarse Language					
23:30	HOUSE HUNTERS		Repeat		WS	G
	<i>New Beginnings on Camano Island, Wash</i> A Seattle couple looks for a peaceful home in Camano Island, Washington.					

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00:00	THE REAL HOUSEWIVES OF ATLANTA		Repeat		WS	MA
	<p><i>No Justice, No Peace</i></p> <p>Porsha's involvement in the Black Lives Matter movement leads her to Louisville, Kentucky, where she risks everything to demand justice for Breonna Taylor. In the wake of the pandemic, Cynthia and Mike are on different pages when it comes to planning their dream wedding. Kandi prepares to send Riley off to college while anticipating fallout for seeking back child support from Riley's estranged dad. After almost a year apart, Kenya comes to a crossroads about whether her marriage is worth saving.</p> <p>Cons.Advice: Themes, Some Coarse Language, Sexual References</p>					
01:00	FLIPPING 101 WITH TAREK EL MOUSSA		Repeat		WS	G
	<p><i>101 Graduates Take on Studio City</i></p> <p>Having ended their romantic relationship but remaining business partners, two Flipping 101 graduates are chasing their biggest profit yet with a sizable home in Studio City. Tarek returns to help them keep their project and partnership on the rails.</p>					
02:00	CARIBBEAN LIFE		Repeat		WS	G
	<p><i>Looking for the Water Trifecta</i></p> <p>With a budget of one million dollars a Texas couple hope to find property on the island of St. John. With a long wish list including beach access, hot tub and pool they may need to put in more money if they can both agree.</p>					
02:30	GETAWAY	Captioned	Repeat		WS	PG
	<p><i>Scenic - Bordeaux #2</i></p> <p>This week on Getaway Poh is back in France enjoying the food, wine and culture of the Bordeaux region.</p>					
03:00	SLEDGEHAMMER		Repeat		WS	G
	<p><i>Smashing Walls in Blog Cabin to Create an Open Floor Plan</i></p> <p>Jason Cameron brings his sledgehammer to Blog Cabin 2014 to help Chris Grundy transform this property on beautiful Lake Hamilton in Winter Haven, Fla.</p>					
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	<p><i>Giving a 1970s Kitchen a Cool Mid Century Vibe</i></p> <p>Jon and Maranda move into his grandparents' home which is stuck in the 1970s; Jason Cameron's plan calls for an open kitchen and living area with a kitchen island, a custom hutch and a sofa that belonged to Jon's grandparents.</p>					
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	<p><i>Falling in Love with St. Croix</i></p> <p>A Michigan woman moves to the island of St. Croix. Looking for high ceilings and a view, she seeks a property that will also have office space to allow her to work remotely.</p>					
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05:00	MY LOTTERY DREAM HOME INTERNATIONAL		Repeat		WS	G
	<p><i>Who Wants to Buy a Dream Home</i></p> <p>Everyone wants to be a millionaire, but not everyone is game enough to go on national television to win it. Laurence Llewelyn-Bowen takes a game-show winner and his fiancée on a tour of future family homes with room for her "boudoir" and his "dudoir."</p>					

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	<i>The Jackpot King</i> A man got the shock of his life when he won millions on the cellphone jackpot app he was playing. Laurence Llewelyn-Bowen helps him and his wife find a special home that's big enough for their kids and grandkids to come and visit -- all at the same time!					

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	<i>Spooky Basement, Scary Flip</i> Cody and Paul take on a house they call "Spooky Basement". Cons.Advice: Mild Coarse Language					
07:00	SLEDGEHAMMER					G
	<i>Smashing a Dark Old Attic Into New Bedrooms and Play Spaces</i> In an attic, Jason creates bedrooms suitable for a princess and an explorer, including an exploration table, a reading nook and a runway for fashion shows.					
07:30	SLEDGEHAMMER					G
	<i>Building a Teak Spa Like Bathroom for a Busy Mom</i> After Brad and Kate take a sledgehammer to their bathroom and bedroom closet, Jason builds a spa-like bathroom with a teak countertop, floor and wall; Jason adds storage with a modular closet unit.					
08:00	FIXER UPPER		Repeat			PG
	<i>Looking Old But Feeling New</i> Chip and Joanna show Doug and Lacy three homes in their price point in the expensive Castle Heights neighbourhood of Waco.					
09:00	ZOMBIE HOUSE FLIPPING		Repeat		WS	PG
	<i>Orlando: Campbell House</i> House flipper Justin Stamper and his crew, known as the Robin Hoods of Real Estate, 'steal' foreclosed homes to help return neighbourhoods to their former glory. Cons.Advice: Dangerous Behaviour					
10:00	HOUSE HUNTERS		Repeat		WS	G
	<i>Long Distance Dilemma in Des Moines</i> A woman relocates to buy a home and begin a new life with her boyfriend in De Moines, Iowa. She's looking for a contemporary condo with modern touches, but he prefers a large single-family house with a finished basement and fenced-in yard for his dog.					
10:30	HOUSE HUNTERS		Repeat		WS	G
	<i>Must Be New in South Carolina</i> A single mother is finally ready to purchase her first home in Columbia, South Carolina; she's looking for a house with four bedrooms and won't settle for anything that isn't new construction.					
11:00	THE GARDEN REVOLUTION		Repeat		WS	G
	Jing spills his best aglaonema care tips for a plant most households love. Trevor shares the hidden benefits of having indoor plants on your health and mind and Rayne demonstrates how to harvest aloe like a professional. Sandy reveals his favourite vibrant plant picks, and Balan teaches us the best way to grow microgreens.					
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15:00	THE BLOCK	Captioned	Repeat		WS	PG
	<i>Terrace Week</i> After 8 gruelling weeks it's time for our Blockheads to confront head on the final piece of the puzzle. It's terrace week and a battle of biblical proportions is sparked.					
16:00	CARIBBEAN LIFE		Repeat		WS	G
	<i>Testing New Waters in Sosua, Dominican Republic</i> Exhausted from work and with a young family, a California couple want a new home in Sosua, Dominican Republic. He wants to put money toward a business on the island, but a spacious home for their family is her first wish.					
16:30	CARIBBEAN LIFE		Repeat		WS	G
	<i>New Adventures and Coco Locos in Samana, Dominican Republic</i> A young professional from Florida is trading the city for laid back vibes in Samana, Dominican Republic. His girlfriend wants a move in ready house in the middle of the action, but he wants a secluded home close to the beach.					
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18:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>Mellowing Out in Chiang Mai</i> A young teacher looking to de-stress from American life decides to move to Thailand after taking a trip with his brother.					
18:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>The Hague With You, All the Way From Melbourne</i> A family is at odds about making another international move for a job opportunity in The Hague, Netherlands. They're moving from Australia, so now they'll struggle to find common ground as their kids wrestle with leaving friends.					
19:00	HOUSE HUNTERS		Repeat		WS	G
	<i>Trading Silicon Valley for San Diego</i> A couple from Silicon Valley looks for a home near family in San Diego; He's looking for something that has wow factor with a resort style backyard, but she is determined to make sure his dreams don't bust their budget.					
19:30	HOUSE HUNTERS				WS	G
	<i>Making Space in Maryland</i> A young, married couple needs more room for their growing family in Maryland.					
20:30	CHRISTINA ON THE COAST		Repeat		WS	PG
	<i>Traditional Meets Modern Kitchen</i> Christina must stick to a strict budget as she helps a young couple with differing, eclectic styles redesign their kitchen. Meanwhile, Christina deals with lots of new changes in her personal life.					
21:30	FLIP OR FLOP		Repeat		WS	G
	<i>Junk Pile Flip</i> In Long Beach, Calif., Tarek and Christina flip a small home that has big problems; what seems like a great home reveals an avalanche of problems, from the front door to the garage; this junk-pile flip is filled to the brim.					
22:30	MEXICO LIFE				WS	G
	<i>Dreams of Pickleball in San Carlos</i> A couple is ready to trade cold Colorado winters for the beautiful and warm San Carlos.					
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	<i>A Fresh Start in Tampa</i> After the recent loss of her fiancé, a woman is looking to make a fresh start and a new home in Tampa; she wants a large, single-family house that's move-in ready, but her best friend thinks she should consider a place she can renovate to save money.					

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	<i>Shattered Flip</i> Tarek and Christina get a lead on a four-bedroom, two-bathroom home in Lakewood, Calif.; their hopes and dreams of a great deal in a good neighbourhood shatter when they discover that the dilapidated house has been vandalised.					
05:00	CARIBBEAN LIFE		Repeat		WS	G
	<i>Testing New Waters in Sosua, Dominican Republic</i> Exhausted from work and with a young family, a California couple want a new home in Sosua, Dominican Republic. He wants to put money toward a business on the island, but a spacious home for their family is her first wish.					
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	<i>The Hague With You, All the Way From Melbourne</i> A family is at odds about making another international move for a job opportunity in The Hague, Netherlands. They're moving from Australia, so now they'll struggle to find common ground as their kids wrestle with leaving friends.					
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08:00	THE GARDEN GURUS	Captioned	Repeat		WS	G
	This week The Garden Gurus look at some fantastic ideas for your autumn tidy up, we find some cute dwarf trees and tell you our secrets to gardening success.					
08:30	THE BLOCK	Captioned	Repeat		WS	PG
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	<p><i>A Fresh Start in Tampa</i></p> <p>After the recent loss of her fiancé, a woman is looking to make a fresh start and a new home in Tampa; she wants a large, single-family house that's move-in ready, but her best friend thinks she should consider a place she can renovate to save money.</p>					
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14:30	MEXICO LIFE		Repeat		WS	G
	<p><i>Making Sweet Music in San Carlos</i></p> <p>A musical couple from Tempe, Arizona, is looking to relocate to San Carlos, Mexico. They don't need a lot of space and want something that's fully furnished and move-in ready, but she prefers a house while he's interested in a low-maintenance condo.</p>					
15:00	THE BLOCK	Captioned	Repeat		WS	PG
	<p><i>Terrace Week</i></p> <p>After chatting with a paint specialist, Jess wants Norm to re paint their whole apartment.</p>					
16:00	CARIBBEAN LIFE		Repeat		WS	G
	<p><i>Finding a New Rhythm in Punta Cana, Dominican Republic</i></p> <p>An airline worker wants to move back to the Caribbean in Punta Cana, Dominican Republic. She's would like a two bedroom condo with a pool for her daughter, plus extra room for the family and a view. She does NOT want a gas stove though.</p>					
16:30	CARIBBEAN LIFE		Repeat		WS	G
	<p><i>Living Among the Flora of Bocas del Toro, Panama</i></p> <p>A Toronto want a Bed and Breakfast in Bocas del Toro, Panama. One has dreams of move-in ready, while the other wants to make sure the purchase doesn't drain their savings.</p>					

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17:00	FLIP OR FLOP		Repeat		WS	G
	<i>Junk Pile Flip</i> In Long Beach, Calif., Tarek and Christina flip a small home that has big problems; what seems like a great home reveals an avalanche of problems, from the front door to the garage; this junk-pile flip is filled to the brim.					
17:30	FLIP OR FLOP		Repeat		WS	G
	<i>Shattered Flip</i> Tarek and Christina get a lead on a four-bedroom, two-bathroom home in Lakewood, Calif.; their hopes and dreams of a great deal in a good neighbourhood shatter when they discover that the dilapidated house has been vandalised.					

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Tue Jan 30, 2024

18:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>Worlds Apart in Bangkok</i> Newlyweds that dated long distance are moving in together for the first time as they follow her job to Bangkok, Thailand; she wants to be near her job in the heart of the city, but he's desperate for some peace and quiet.					
18:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>Easy Transition Versus the German Experience</i> A Texas military family uproots for a job in Kaiserslautern, and while Mom pines for a romantic German home, Dad can't see past the need for efficiency. The family is left at odds over what's more important.					
19:00	HOUSE HUNTERS		Repeat		WS	G
	<i>First-Timers in the Twin Cities</i> A young, engaged couple is looking to purchase their first home in Minneapolis. They're looking for a home that's fully updated and move-in ready, and she wants a place near downtown, but he looks to get more for their money and prefers the suburbs.					
19:30	TWICE THE LIFE FOR HALF THE PRICE				WS	G
	<i>The Auger-Forbes Family Revisit</i> In this Inspirational series, presenter and country girl Kate Humble joins a family who are looking to change their lives in a big way. They're all desperate to leave the rat race behind and radically transform their quality of life.					
20:30	HOLIDAY HOMES IN THE SUN				WS	G
	<i>Mataro - Spain</i> Property expert Amanda Lamb, presenter and JLS star JB Gill, and DJ and presenter Sam Pinkham are in Lanzarote in the Canary Islands, competing to find their favourite holiday rental.					
21:30	FANTASY HOMES BY THE SEA				WS	G
	<i>Jurassic Coast</i> The stressful city life is about to become extinct for one couple as they search for a property with a sea view on the Jurassic Coast. Will the hosts be able to find a beautiful property on Britain's Southwest Coast.					
22:30	WORST HOUSE ON THE STREET				WS	G
	<i>Croydon</i> Brother and sister property developers Scarlett and Stuart Douglas help families transform run-down houses into dream homes. In Croydon, will asbestos threaten Harry and Yimika's terrace transformation?					
23:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>Worlds Apart in Bangkok</i> Newlyweds that dated long distance are moving in together for the first time as they follow her job to Bangkok, Thailand; she wants to be near her job in the heart of the city, but he's desperate for some peace and quiet.					
00:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
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	<i>First-Timers in the Twin Cities</i> A young, engaged couple is looking to purchase their first home in Minneapolis. They're looking for a home that's fully updated and move-in ready, and she wants a place near downtown, but he looks to get more for their money and prefers the suburbs.					

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Tue Jan 30, 2024

01:00	TWICE THE LIFE FOR HALF THE PRICE		Repeat		WS	G
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02:00	HOLIDAY HOMES IN THE SUN		Repeat		WS	G
	<i>Mataro - Spain</i> Property expert Amanda Lamb, presenter and JLS star JB Gill, and DJ and presenter Sam Pinkham are in Lanzarote in the Canary Islands, competing to find their favourite holiday rental.					
03:00	FANTASY HOMES BY THE SEA		Repeat		WS	G
	<i>Jurassic Coast</i> The stressful city life is about to become extinct for one couple as they search for a property with a sea view on the Jurassic Coast. Will the hosts be able to find a beautiful property on Britain's Southwest Coast.					
04:00	MEXICO LIFE		Repeat		WS	G
	<i>Dreams of Pickleball in San Carlos</i> A couple is ready to trade cold Colorado winters for the beautiful and warm San Carlos.					
04:30	MEXICO LIFE		Repeat		WS	G
	<i>Making Sweet Music in San Carlos</i> A musical couple from Tempe, Arizona, is looking to relocate to San Carlos, Mexico. They don't need a lot of space and want something that's fully furnished and move-in ready, but she prefers a house while he's interested in a low-maintenance condo.					
05:00	CARIBBEAN LIFE		Repeat		WS	G
	<i>Finding a New Rhythm in Punta Cana, Dominican Republic</i> An airline worker wants to move back to the Caribbean in Punta Cana, Dominican Republic. She's would like a two bedroom condo with a pool for her daughter, plus extra room for the family and a view. She does NOT want a gas stove though.					
05:30	CARIBBEAN LIFE		Repeat		WS	G
	<i>Living Among the Flora of Bocas del Toro, Panama</i> A Toronto want a Bed and Breakfast in Bocas del Toro, Panama. One has dreams of move-in ready, while the other wants to make sure the purchase doesn't drain their savings.					

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Wed Jan 31, 2024

06:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<p><i>Easy Transition Versus the German Experience</i></p> <p>A Texas military family uproots for a job in Kaiserslautern, and while Mom pines for a romantic German home, Dad can't see past the need for efficiency. The family is left at odds over what's more important.</p>					
06:30	HOUSE HUNTERS		Repeat		WS	G
	<p><i>First-Timers in the Twin Cities</i></p> <p>A young, engaged couple is looking to purchase their first home in Minneapolis. They're looking for a home that's fully updated and move-in ready, and she wants a place near downtown, but he looks to get more for their money and prefers the suburbs.</p>					
07:00	SLEDGEHAMMER					G
	<p><i>Transforming a Cubicle Kitchen Into an Open Rustic Industrial Space</i></p> <p>Jason transforms a cubicle-style kitchen into an open space with rustic and industrial features, using reclaimed lumber and installing solid-surface countertops.</p>					
07:30	SLEDGEHAMMER					G
	<p><i>Building a Basement Pub</i></p> <p>Jessica and Matt take a sledgehammer to the fake brick, deer and wood panelling in their basement; Jason redesigns the basement as an English-style pub with a wood wall treatment, vinyl banquettes and a painted ceiling.</p>					
08:00	THE GARDEN GURUS	Captioned	Repeat		WS	G
	<p>Join The Garden Gurus this week as they show you around a beautiful garden in New Zealand and a take you on tour of the Melbourne International Flower and Garden Show.</p>					
08:30	THE BLOCK	Captioned	Repeat		WS	PG
	<p><i>Terrace Week</i></p> <p>After chatting with a paint specialist, Jess wants Norm to re paint their whole apartment.</p>					
09:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<p><i>Worlds Apart in Bangkok</i></p> <p>Newlyweds that dated long distance are moving in together for the first time as they follow her job to Bangkok, Thailand; she wants to be near her job in the heart of the city, but he's desperate for some peace and quiet.</p>					
10:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
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11:00	CARIBBEAN LIFE		Repeat		WS	G
	<p><i>Finding a New Rhythm in Punta Cana, Dominican Republic</i></p> <p>An airline worker wants to move back to the Caribbean in Punta Cana, Dominican Republic. She's would like a two bedroom condo with a pool for her daughter, plus extra room for the family and a view. She does NOT want a gas stove though.</p>					

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Sydney Program Guide

Wed Jan 31, 2024

11:30	CARIBBEAN LIFE		Repeat		WS	G
	<i>Living Among the Flora of Bocas del Toro, Panama</i> A Toronto want a Bed and Breakfast in Bocas del Toro, Panama. One has dreams of move-in ready, while the other wants to make sure the purchase doesn't drain their savings.					
12:00	WORST HOUSE ON THE STREET		Repeat		WS	G
	<i>Croydon</i> Brother and sister property developers Scarlett and Stuart Douglas help families transform run-down houses into dream homes. In Croydon, will asbestos threaten Harry and Yimika's terrace transformation?					
13:00	FANTASY HOMES BY THE SEA		Repeat		WS	G
	<i>Jurassic Coast</i> The stressful city life is about to become extinct for one couple as they search for a property with a sea view on the Jurassic Coast. Will the hosts be able to find a beautiful property on Britain's Southwest Coast.					
14:00	TWICE THE LIFE FOR HALF THE PRICE		Repeat		WS	G
	<i>The Auger-Forbes Family Revisit</i> In this Inspirational series, presenter and country girl Kate Humble joins a family who are looking to change their lives in a big way. They're all desperate to leave the rat race behind and radically transform their quality of life.					
15:00	THE BLOCK	Captioned	Repeat		WS	PG
	<i>Volkswagen Challenge</i> Blockheads chopper to Phillip Island to race Volkswagens on a world famous grand prix track. While Dan deals with multiple disasters back at the Block.					
16:00	CARIBBEAN LIFE		Repeat		WS	G
	<i>Going Out on a Limb and Getting the Whole Tree in Bocas del Toro, Panama</i> A Florida man wants his wife to finding them a hose similar to one he saw in a movie. She found Bocas del Toro, Panama. Now they're ready to settle down in their own off-grid jungle hideaway with a water view to die for.					
16:30	CARIBBEAN LIFE		Repeat		WS	G
	<i>Cracking a Smile on St. Croix</i> A Michigan couple moves to St. Croix to be closer to the ocean. She wants to find a condo with an ocean view, but he is not really convinced that the additional cost is justified.					
17:00	HOLIDAY HOMES IN THE SUN		Repeat		WS	G
	<i>Mataro - Spain</i> Property expert Amanda Lamb, presenter and JLS star JB Gill, and DJ and presenter Sam Pinkham are in Lanzarote in the Canary Islands, competing to find their favourite holiday rental.					

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Wed Jan 31, 2024

18:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>Wedding Can Wait, On Isla Mujeres</i> An engaged Philadelphia couple decide to buy a vacation home before getting married, but picking the house of their dreams becomes an intense negotiation when one half keeps a closer eye on price than the other.					
18:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>A Family's Future in Frankfurt</i> A job transfer has a family on the move to dad's childhood stomping grounds of Frankfurt, Germany. He wants to give his daughter the same experience he had as a child, but mom wants to keep some semblance of their old lives.					
19:00	HOUSE HUNTERS		Repeat		WS	G
	<i>Agent's Battle in San Antonio</i> Real estate agents are looking to leave their cramped apartment and find a house in San Antonio. She wants a smaller place with character and doesn't mind renovations, but he prefers a more modern, new construction with plenty of room for family.					
19:30	HOME TOWN		Repeat		WS	G
	<i>Wraparound Porch</i> In preparation for future grandchildren, a couple looks for a big, historic home with a wraparound porch and shower room.					
20:30	GOOD BONES		Repeat		WS	PG
	<i>Big House, Big Potential</i> Mina and Karen are excited to be back on Sanders Street to check out an old house they got a bargain on. The house already has great charm and plenty of curb appeal but its large size is intimidating.					
21:30	RESTORED BY THE FORDS		Repeat		WS	G
	<i>Midcentury Meets 21st Century</i> Leanne and Steve take on a dark out-of-date midcentury home in the suburbs of Pittsburgh. The wood panelling is dated, the brick tired and the kitchen a hot mess, but the Fords challenge themselves to preserve the homes character.					
22:30	TBA	Captioned			WS	G
	Information To Follow.					
23:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
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Sydney Program Guide

Wed Jan 31, 2024

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03:30	RESTORED BY THE FORDS		Repeat		WS	G
	<i>Midcentury Mess Makeover</i> In Pittsburgh, PA siblings Leanne and Steve Ford target a dark midcentury home that has been empty for over a decade. They transform this funky house into a sleek oasis with mould remediation, plenty of demo and a bridge build.					
04:00	TBA	Captioned			WS	G
	Information To Follow.					
05:00	CARIBBEAN LIFE		Repeat		WS	G
	<i>Going Out on a Limb and Getting the Whole Tree in Bocas del Toro, Panama</i> A Florida man wants his wife to finding them a hose similar to one he saw in a movie. She found Bocas del Toro, Panama. Now they're ready to settle down in their own off-grid jungle hideaway with a water view to die for.					
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Thu Feb 1, 2024

06:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<p><i>A Family's Future in Frankfurt</i></p> <p>A job transfer has a family on the move to dad's childhood stomping grounds of Frankfurt, Germany. He wants to give his daughter the same experience he had as a child, but mom wants to keep some semblance of their old lives.</p>					
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08:00	THE GARDEN GURUS	Captioned	Repeat		WS	G
	<p>Today The Garden Gurus will show you a garden feed that gets to work immediately for all plants in the garden, and we introduce you to some apples with surprising health benefits.</p>					
08:30	THE BLOCK	Captioned	Repeat		WS	PG
	<p><i>Volkswagen Challenge</i></p> <p>Blockheads chopper to Phillip Island to race Volkswagens on a world famous grand prix track. While Dan deals with multiple disasters back at the Block.</p>					
09:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
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11:00	CARIBBEAN LIFE		Repeat		WS	G
	<p><i>Going Out on a Limb and Getting the Whole Tree in Bocas del Toro, Panama</i></p> <p>A Florida man wants his wife to finding them a hose similar to one he saw in a movie. She found Bocas del Toro, Panama. Now they're ready to settle down in their own off-grid jungle hideaway with a water view to die for.</p>					

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Life Sydney Program Guide

Thu Feb 1, 2024

11:30	GOOD BONES		Repeat		WS	PG
	<i>Big House, Big Potential</i> Mina and Karen are excited to be back on Sanders Street to check out an old house they got a bargain on. The house already has great charm and plenty of curb appeal but its large size is intimidating.					
12:30	TBA	Captioned			WS	G
	Information To Follow.					
13:30	HOME TOWN		Repeat		WS	G
	<i>Wraparound Porch</i> In preparation for future grandchildren, a couple looks for a big, historic home with a wraparound porch and shower room.					
14:30	THE BLOCK	Captioned	Repeat		WS	PG
	<i>Terrace Reveal</i> Terrace week draws to a close and It's the final reveal of our Blockheads apartments. Neale, Shaynna and Darren return to score some amazing terraces.					
16:00	CARIBBEAN LIFE		Repeat		WS	G
	<i>Growing as a Family on St. Thomas</i> Relocating to St. Thomas, a young couple want to enjoy the laid-back lifestyle with kid. They'd like a home with rental potential, but can't decide on move in ready near the beach or a town fixer-upper.					
16:30	CARIBBEAN LIFE		Repeat		WS	G
	<i>A Ferry Ride to a Fairyland House on St. Thomas</i> After heir Hawaii home was destroyed, a couple want to live in the tropical paradise on St. Thomas. She wants to be near the beach, but he wants rental potential to cover the high cost of a home near the water.					
17:00	RESTORED BY THE FORDS		Repeat		WS	G
	<i>Midcentury Meets 21st Century</i> Leanne and Steve take on a dark out-of-date midcentury home in the suburbs of Pittsburgh. The wood panelling is dated, the brick tired and the kitchen a hot mess, but the Fords challenge themselves to preserve the homes character.					
17:30	RESTORED BY THE FORDS		Repeat		WS	G
	<i>Midcentury Mess Makeover</i> In Pittsburgh, PA siblings Leanne and Steve Ford target a dark midcentury home that has been empty for over a decade. They transform this funky house into a sleek oasis with mould remediation, plenty of demo and a bridge build.					

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Thu Feb 1, 2024

18:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<p><i>The Quest for Less Stress in Riviera Nayarit</i></p> <p>A California couple seek a slower pace in Mexico; he's ready to park himself on the beach for a well-deserved break, but his partner wants to garden in his dream jungle home.</p>					
18:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<p><i>A Decades-Long Dream in Akumal, Mexico</i></p> <p>Two decades ago, a pair of Texans bonded as friends over a shared love of Mexico. Now, this couple is ready to fulfill their long-awaited dream, but they can't settle down until they settle their disagreement over what kind of home is best.</p>					
19:00	HOUSE HUNTERS		Repeat		WS	G
	<p><i>Heading to Sonoma Wine Country</i></p> <p>A single, first-time buyer is trading hectic San Francisco for the wine country of Sonoma, California. She's looking for a cottage with enough space for visiting family, but her best friend thinks a manageable townhouse would be a better fit.</p>					
19:30	HOUSE HUNTERS RENOVATION		Repeat		WS	G
	<p><i>A Tall Order for Renovation</i></p> <p>Craig, Monique and their young daughter Sadie are ready to get out of their cramped condo and into a single family home with more space and a yard.</p>					
20:30	FIXER UPPER		Repeat		WS	PG
	<p><i>Historic Home for a New Family</i></p> <p>Chip and Joanna take on a historical project for Courtney and Joey Scrivano, who are ready to upgrade from their modest loft to a house where they can raise their new baby; the 1927 Tudor home is outdated and lacks a true master suite.</p>					
21:30	MY LOTTERY DREAM HOME INTERNATIONAL		Repeat		WS	G
	<p><i>Lady Luck Strikes Twice</i></p> <p>A young dad reaches next-level lucky when he wins two jackpots playing online slots. Living with his mom after being separated, he needs Laurence's help to find a place that's a cross between bachelor pad and family home for his daughters' weekend visits.</p>					
22:30	UNSELLABLE HOUSES		Repeat		WS	G
	<p><i>Love Tub to Shower Power</i></p> <p>A couple entrusts Lyndsay and Leslie with renovating their hugely outdated kitchen and 1990s-era bathroom that features a heart-shaped tub. The twins modernize the farmhouse by using organic upgrades that build off its existing style and secluded charm.</p>					
23:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<p><i>The Quest for Less Stress in Riviera Nayarit</i></p> <p>A California couple seek a slower pace in Mexico; he's ready to park himself on the beach for a well-deserved break, but his partner wants to garden in his dream jungle home.</p>					
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01:00	HOUSE HUNTERS RENOVATION		Repeat		WS	G
	<p><i>A Tall Order for Renovation</i></p> <p>Craig, Monique and their young daughter Sadie are ready to get out of their cramped condo and into a single family home with more space and a yard.</p>					
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	<p><i>Lady Luck Strikes Twice</i></p> <p>A young dad reaches next-level lucky when he wins two jackpots playing online slots. Living with his mom after being separated, he needs Laurence's help to find a place that's a cross between bachelor pad and family home for his daughters' weekend visits.</p>					
02:30	MY LOTTERY DREAM HOME INTERNATIONAL		Repeat		WS	G
	<p><i>Lottery of Love</i></p> <p>After scooping a win in the local Postcode Lottery, a couple's dreams can come true in the lake district. Laurence reveals the quaint charm of Ellesmere, England, and its surrounding villages as he narrows down the couple's very specific wish list.</p>					
03:00	UNSELLABLE HOUSES		Repeat		WS	G
	<p><i>Love Tub to Shower Power</i></p> <p>A couple entrusts Lyndsay and Leslie with renovating their hugely outdated kitchen and 1990s-era bathroom that features a heart-shaped tub. The twins modernize the farmhouse by using organic upgrades that build off its existing style and secluded charm.</p>					
04:00	FIXER UPPER		Repeat		WS	PG
	<p><i>Historic Home for a New Family</i></p> <p>Chip and Joanna take on a historical project for Courtney and Joey Scrivano, who are ready to upgrade from their modest loft to a house where they can raise their new baby; the 1927 Tudor home is outdated and lacks a true master suite.</p>					
05:00	CARIBBEAN LIFE		Repeat		WS	G
	<p><i>Growing as a Family on St. Thomas</i></p> <p>Relocating to St. Thomas, a young couple want to enjoy the laid-back lifestyle with kid. They'd like a home with rental potential, but can't decide on move in ready near the beach or a town fixer-upper.</p>					
05:30	CARIBBEAN LIFE		Repeat		WS	G
	<p><i>A Ferry Ride to a Fairyland House on St. Thomas</i></p> <p>After heir Hawaii home was destroyed, a couple want to live in the tropical paradise on St. Thomas. She wants to be near the beach, but he wants rental potential to cover the high cost of a home near the water.</p>					

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Fri Feb 2, 2024

06:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<p><i>A Decades-Long Dream in Akumal, Mexico</i></p> <p>Two decades ago, a pair of Texans bonded as friends over a shared love of Mexico. Now, this couple is ready to fulfill their long-awaited dream, but they can't settle down until they settle their disagreement over what kind of home is best.</p>					
06:30	HOUSE HUNTERS		Repeat		WS	G
	<p><i>Heading to Sonoma Wine Country</i></p> <p>A single, first-time buyer is trading hectic San Francisco for the wine country of Sonoma, California. She's looking for a cottage with enough space for visiting family, but her best friend thinks a manageable townhouse would be a better fit.</p>					
07:00	GETAWAY	Captioned	Repeat		WS	PG
	<p><i>Scenic - Bordeaux #2</i></p> <p>This week on Getaway Poh is back in France enjoying the food, wine and culture of the Bordeaux region.</p>					
07:30	THE GARDEN REVOLUTION		Repeat		WS	G
	<p>Jing spills his best aglaonema care tips for a plant most households love. Trevor shares the hidden benefits of having indoor plants on your health and mind and Rayne demonstrates how to harvest aloe like a professional. Sandy reveals his favourite vibrant plant picks, and Balan teaches us the best way to grow microgreens.</p>					
08:00	THE BLOCK	Captioned	Repeat		WS	PG
	<p><i>Terrace Reveal</i></p> <p>Terrace week draws to a close and It's the final reveal of our Blockheads apartments. Neale, Shaynna and Darren return to score some amazing terraces.</p>					
09:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<p><i>The Quest for Less Stress in Riviera Nayarit</i></p> <p>A California couple seek a slower pace in Mexico; he's ready to park himself on the beach for a well-deserved break, but his partner wants to garden in his dream jungle home.</p>					
10:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<p><i>A Decades-Long Dream in Akumal, Mexico</i></p> <p>Two decades ago, a pair of Texans bonded as friends over a shared love of Mexico. Now, this couple is ready to fulfill their long-awaited dream, but they can't settle down until they settle their disagreement over what kind of home is best.</p>					
10:30	HELLO SA	Captioned	Repeat		WS	PG
	<p><i>Our Faves</i></p> <p>We revisit some of our favourites of 2023.</p>					
11:00	CARIBBEAN LIFE		Repeat		WS	G
	<p><i>Growing as a Family on St. Thomas</i></p> <p>Relocating to St. Thomas, a young couple want to enjoy the laid-back lifestyle with kid. They'd like a home with rental potential, but can't decide on move in ready near the beach or a town fixer-upper.</p>					
11:30	CARIBBEAN LIFE		Repeat		WS	G
	<p><i>A Ferry Ride to a Fairyland House on St. Thomas</i></p> <p>After heir Hawaii home was destroyed, a couple want to live in the tropical paradise on St. Thomas. She wants to be near the beach, but he wants rental potential to cover the high cost of a home near the water.</p>					

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Fri Feb 2, 2024

12:00	HOUSE HUNTERS RENOVATION		Repeat		WS	G
	<p><i>A Tall Order for Renovation</i></p> <p>Craig, Monique and their young daughter Sadie are ready to get out of their cramped condo and into a single family home with more space and a yard.</p>					
13:00	UNSELLABLE HOUSES		Repeat		WS	G
	<p><i>Love Tub to Shower Power</i></p> <p>A couple entrusts Lyndsay and Leslie with renovating their hugely outdated kitchen and 1990s-era bathroom that features a heart-shaped tub. The twins modernize the farmhouse by using organic upgrades that build off its existing style and secluded charm.</p>					
14:00	MY LOTTERY DREAM HOME INTERNATIONAL		Repeat		WS	G
	<p><i>Lady Luck Strikes Twice</i></p> <p>A young dad reaches next-level lucky when he wins two jackpots playing online slots. Living with his mom after being separated, he needs Laurence's help to find a place that's a cross between bachelor pad and family home for his daughters' weekend visits.</p>					
14:30	MY LOTTERY DREAM HOME INTERNATIONAL		Repeat		WS	G
	<p><i>Lottery of Love</i></p> <p>After scooping a win in the local Postcode Lottery, a couple's dreams can come true in the lake district. Laurence reveals the quaint charm of Ellesmere, England, and its surrounding villages as he narrows down the couple's very specific wish list.</p>					
15:00	THE BLOCK	Captioned	Repeat		WS	PG
	<p><i>Challenge Apartment Week One</i></p> <p>Our five teams begin week one of the Challenge apartment. The rooms are allocated and No one wants the dreaded hallway, but someone has to do it.</p>					
16:00	CARIBBEAN LIFE		Repeat		WS	G
	<p><i>Moving Out of Your Comfort Zone in Roatan, Honduras</i></p> <p>After spending vacations in the Caribbean for years, a family decides to move to Roatan, Honduras. They love the weather, beaches and outdoor activities, but to make this a reality, a home with rental income is a priority.</p>					
16:30	CARIBBEAN LIFE		Repeat		WS	G
	<p><i>Classic Cocktails and New Adventures on the Beaches of Roatan</i></p> <p>A couple leaving the cold behind for warm weather Roatan, want to find a house to accommodate family that wants to visit, and would like potential for rental income. He will consider building, but she wants something move in ready.</p>					
17:00	FIXER UPPER		Repeat		WS	PG
	<p><i>Historic Home for a New Family</i></p> <p>Chip and Joanna take on a historical project for Courtney and Joey Scrivano, who are ready to upgrade from their modest loft to a house where they can raise their new baby; the 1927 Tudor home is outdated and lacks a true master suite.</p>					

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Fri Feb 2, 2024

18:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>Harmony on a Honduran Island</i> A married couple looks to trade in their busy Charlotte, N.C., life for a more relaxed existence in Roatan, Honduras.					
18:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>Peace, Love and Art in Pai, Thailand</i> An illustrator and a writer are ditching their day jobs in Melbourne, Australia, to move to Thailand and start a creative business together. They want space and undisturbed privacy to work, but Pai's options in their price range are limited					
19:00	HOUSE HUNTERS		Repeat		WS	G
	<i>Compromising Cousins in New Jersey</i> Two cousins are pooling their money to buy their first home together in New Jersey. They're looking for at least two bedrooms with their own private bathrooms, but one wants a single-family home while the other insists on a low-maintenance townhouse.					
19:30	ISLAND OF BRYAN				WS	PG
	<i>Set in Stone</i> Cons.Advice: Some Coarse Language					
20:30	HOUSES WITH HISTORY		Repeat		WS	G
	<i>The One on the Cranberry Bog</i> Mike, Jen and Rich must decide if they are going to take on a 1735 Cape Cod with an "off-center" chimney and a stormy history or an 1830s Colonial home that is rumored to be the Old John Carver Inn.					
21:30	RESTORED		Repeat		WS	G
	<i>1927 English Cottage</i> A young family purchases a 1920s English cottage in Redlands, Calif., as their forever home; however, there is something funky with the living room, and they can't figure out what; Brett solves the mystery, removing all the 1970s additions.					
22:30	RENOVATION 911				WS	PG
	<i>Garage Fires and Faulty Furnaces</i> Following emergency restoration experts and sisters, Kirsten Meehan and Lindsey Uselding, as they rescue homes in Minneapolis that have recently experienced unexpected and tragic property disasters.					
23:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>Harmony on a Honduran Island</i> A married couple looks to trade in their busy Charlotte, N.C., life for a more relaxed existence in Roatan, Honduras.					
00:00	THE REAL HOUSEWIVES OF DURBAN				WS	M
	<i>Betrayal At The Palace</i> Annie confronts LaConco about her lies and the mystery man. Cons.Advice: Some Coarse Language, Sexual References					

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Sydney Program Guide

Fri Feb 2, 2024

01:00	THE WEEKEND WORKSHOP				WS	G
	<i>Passion Projects, Pizza And Wine</i> Kate builds a pizza oven from scratch using clay from her own soil. And, Max dreams up a plan to create an outdoor hot tub made from a Land Rover.					
02:00	RENOVATION 911		Repeat		WS	PG
	<i>Garage Fires and Faulty Furnaces</i> Following emergency restoration experts and sisters, Kirsten Meehan and Lindsey Uselding, as they rescue homes in Minneapolis that have recently experienced unexpected and tragic property disasters.					
03:00	RESTORED		Repeat		WS	G
	<i>1927 English Cottage</i> A young family purchases a 1920s English cottage in Redlands, Calif., as their forever home; however, there is something funky with the living room, and they can't figure out what; Brett solves the mystery, removing all the 1970s additions.					
04:00	GETAWAY	Captioned	Repeat		WS	PG
	<i>Scenic - Bordeaux #2</i> This week on Getaway Poh is back in France enjoying the food, wine and culture of the Bordeaux region.					
04:30	HELLO SA	Captioned	Repeat		WS	PG
	<i>Our Faves</i> We revisit some of our favourites of 2023.					
05:00	CARIBBEAN LIFE		Repeat		WS	G
	<i>Moving Out of Your Comfort Zone in Roatan, Honduras</i> After spending vacations in the Caribbean for years, a family decides to move to Roatan, Honduras. They love the weather, beaches and outdoor activities, but to make this a reality, a home with rental income is a priority.					
05:30	CARIBBEAN LIFE		Repeat		WS	G
	<i>Classic Cocktails and New Adventures on the Beaches of Roatan</i> A couple leaving the cold behind for warm weather Roatan, want to find a house to accommodate family that wants to visit, and would like potential for rental income. He will consider building, but she wants something move in ready.					

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Sat Feb 3, 2024

06:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>Peace, Love and Art in Pai, Thailand</i> An illustrator and a writer are ditching their day jobs in Melbourne, Australia, to move to Thailand and start a creative business together. They want space and undisturbed privacy to work, but Pai's options in their price range are limited					
06:30	HOUSE HUNTERS		Repeat		WS	G
	<i>Compromising Cousins in New Jersey</i> Two cousins are pooling their money to buy their first home together in New Jersey. They're looking for at least two bedrooms with their own private bathrooms, but one wants a single-family home while the other insists on a low-maintenance townhouse.					
07:00	ISLAND OF BRYAN		Repeat		WS	PG
	<i>Set in Stone</i> Cons.Advice: Some Coarse Language					
08:00	THE GARDEN GURUS	Captioned	Repeat		WS	G
	Today The Garden Gurus show you a fantastic and beautiful way to heat your outdoor area, take you to a unique rooftop garden and join the team as they teach you why autumn is the best time of the year to be in the garden.					
08:30	THE BLOCK	Captioned	Repeat		WS	PG
	<i>Challenge Apartment Week One</i> Our five teams begin week one of the Challenge apartment. The rooms are allocated and No one wants the dreaded hallway, but someone has to do it.					
09:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>Harmony on a Honduran Island</i> A married couple looks to trade in their busy Charlotte, N.C., life for a more relaxed existence in Roatan, Honduras.					
10:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>Peace, Love and Art in Pai, Thailand</i> An illustrator and a writer are ditching their day jobs in Melbourne, Australia, to move to Thailand and start a creative business together. They want space and undisturbed privacy to work, but Pai's options in their price range are limited					
10:30	HOUSE HUNTERS		Repeat		WS	G
	<i>Compromising Cousins in New Jersey</i> Two cousins are pooling their money to buy their first home together in New Jersey. They're looking for at least two bedrooms with their own private bathrooms, but one wants a single-family home while the other insists on a low-maintenance townhouse.					
11:00	THE GARDEN REVOLUTION		Repeat		WS	G
	Jing spills his best aglaonema care tips for a plant most households love. Trevor shares the hidden benefits of having indoor plants on your health and mind and Rayne demonstrates how to harvest aloe like a professional. Sandy reveals his favourite vibrant plant picks, and Balan teaches us the best way to grow microgreens.					

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Sat Feb 3, 2024

11:30	GETAWAY	Captioned	Repeat		WS	PG
	<p><i>Scenic - Bordeaux #2</i></p> <p>This week on Getaway Poh is back in France enjoying the food, wine and culture of the Bordeaux region.</p>					
12:00	CARIBBEAN LIFE		Repeat		WS	G
	<p><i>Moving Out of Your Comfort Zone in Roatan, Honduras</i></p> <p>After spending vacations in the Caribbean for years, a family decides to move to Roatan, Honduras. They love the weather, beaches and outdoor activities, but to make this a reality, a home with rental income is a priority.</p>					
12:30	CARIBBEAN LIFE		Repeat		WS	G
	<p><i>Classic Cocktails and New Adventures on the Beaches of Roatan</i></p> <p>A couple leaving the cold behind for warm weather Roatan, want to find a house to accommodate family that wants to visit, and would like potential for rental income. He will consider building, but she wants something move in ready.</p>					
13:00	MY LOTTERY DREAM HOME INTERNATIONAL		Repeat		WS	G
	<p><i>Lady Luck Strikes Twice</i></p> <p>A young dad reaches next-level lucky when he wins two jackpots playing online slots. Living with his mom after being separated, he needs Laurence's help to find a place that's a cross between bachelor pad and family home for his daughters' weekend visits.</p>					
13:30	HOUSES WITH HISTORY		Repeat		WS	G
	<p><i>The One on the Cranberry Bog</i></p> <p>Mike, Jen and Rich must decide if they are going to take on a 1735 Cape Cod with an "off-center" chimney and a stormy history or an 1830s Colonial home that is rumored to be the Old John Carver Inn.</p>					
14:30	RENOVATION 911		Repeat		WS	PG
	<p><i>Garage Fires and Faulty Furnaces</i></p> <p>Following emergency restoration experts and sisters, Kirsten Meehan and Lindsey Uselding, as they rescue homes in Minneapolis that have recently experienced unexpected and tragic property disasters.</p>					
15:30	FANTASY HOMES BY THE SEA		Repeat		WS	G
	<p><i>Jurassic Coast</i></p> <p>The stressful city life is about to become extinct for one couple as they search for a property with a sea view on the Jurassic Coast. Will the hosts be able to find a beautiful property on Britain's Southwest Coast.</p>					
16:30	ISLAND OF BRYAN		Repeat		WS	PG
	<p><i>Set in Stone</i></p> <p>Cons.Advice: Some Coarse Language</p>					
17:30	RESTORED		Repeat		WS	G
	<p><i>1927 English Cottage</i></p> <p>A young family purchases a 1920s English cottage in Redlands, Calif., as their forever home; however, there is something funky with the living room, and they can't figure out what; Brett solves the mystery, removing all the 1970s additions.</p>					

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18:30	HOLIDAY HOMES IN THE SUN		Repeat		WS	G
	<i>Mataro - Spain</i> Property expert Amanda Lamb, presenter and JLS star JB Gill, and DJ and presenter Sam Pinkham are in Lanzarote in the Canary Islands, competing to find their favourite holiday rental.					
19:30	ESCAPE TO THE CHATEAU	Captioned	Repeat		WS	G
	Upon discovering it's not just the roof in major need of renovation, Dick and Angel question how to go about rendering the entire chateau.					
20:30	HOUSE HUNTERS				WS	G
	<i>Waffle Time on Emerald Isle</i> High school sweethearts move their waffle business to Emerald Isle, North Carolina.					
21:30	HOUSE HUNTERS INTERNATIONAL				WS	G
	<i>Coming Home to the Hague</i> After two decades in Brooklyn, an empty nester looks to return home to spend more time with family in the Hague, Netherlands. She's still helping her children financially, so finding a place on a fixed budget will require open-mindedness and creativity.					
22:30	BEACHFRONT BARGAIN HUNT		Repeat		WS	G
	<i>The Artist's Way Along The Bay</i> A professional artist couple looks to fulfill their dream of finding a home along the pristine shores of Barnegat Bay, New Jersey. With inventory decreasing along the coast, they're eager to find the perfect beach house to welcome peace and inspiration.					
23:30	THE WEEKEND WORKSHOP		Repeat		WS	G
	<i>Passion Projects, Pizza And Wine</i> Kate builds a pizza oven from scratch using clay from her own soil. And, Max dreams up a plan to create an outdoor hot tub made from a Land Rover.					
00:30	HOUSE HUNTERS		Repeat		WS	G
	<i>Waffle Time on Emerald Isle</i> High school sweethearts move their waffle business to Emerald Isle, North Carolina.					
01:00	SUMMER HOUSE				WS	MA
	<i>Couples Retreat</i> With Stravy's return, the house is abuzz about Lindsay's chaotic relationship. Meanwhile, Hannah and Danielle dial up their phone relationships to the next level with in-person visits from their love interests. Luke is blindsided by information about Hannah and Des before the summer. And while everyone parties on a boat to kick off the weekend, Paige starts questioning the direction of her relationship with Perry. Cons.Advice: Mature Themes, Some Coarse Language, Sexual References					
02:00	BEACHFRONT BARGAIN HUNT		Repeat		WS	G
	<i>The Artist's Way Along The Bay</i> A professional artist couple looks to fulfill their dream of finding a home along the pristine shores of Barnegat Bay, New Jersey. With inventory decreasing along the coast, they're eager to find the perfect beach house to welcome peace and inspiration.					

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Sydney Program Guide

Sat Feb 3, 2024

02:30	BEACHFRONT BARGAIN HUNT		Repeat		WS	G
	<i>Cruising for a Gulf Shores Getaway</i> After discovering the pristine and exciting Alabama beach community of Gulf Shores, an Atlanta family has their hearts set on finding their own vacation pad. They'll have to contend with a hot market to land the perfect retreat that maximizes family time.					
03:00	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>Coming Home to the Hague</i> After two decades in Brooklyn, an empty nester looks to return home to spend more time with family in the Hague, Netherlands. She's still helping her children financially, so finding a place on a fixed budget will require open-mindedness and creativity.					
03:30	HOUSE HUNTERS INTERNATIONAL		Repeat		WS	G
	<i>An Apprehensive Adventurer in Tokyo</i> A lawyer used to predictability in Washington, DC, takes a leap into the unknown and accepts a research fellowship in Tokyo. He's emerged in a vastly different culture, and finding a place in a small and expensive real estate market will be a challenge.					
04:00	THE WEEKEND WORKSHOP		Repeat		WS	G
	<i>Passion Projects, Pizza And Wine</i> Kate builds a pizza oven from scratch using clay from her own soil. And, Max dreams up a plan to create an outdoor hot tub made from a Land Rover.					
05:00	HOUSES WITH HISTORY		Repeat		WS	G
	<i>The One on the Cranberry Bog</i> Mike, Jen and Rich must decide if they are going to take on a 1735 Cape Cod with an "off-center" chimney and a stormy history or an 1830s Colonial home that is rumored to be the Old John Carver Inn.					

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