#### Sun Dec 18, 2022

06:00	JUNGLE BEAT		Repeat		WS	G
	Boom Crack/Tickle Munki/Cliffhanger					
	Lightning strikes while Munki and Trunk are making weird f one of Mama Ostrich's feathers comes loose.	food concoctions; R	ocky the Rhino	is terrifie	ed of thu	under;
06:30	GUS, THE ITSY BITSY KNIGHT		Repeat		WS	G
	Itsy Bitsy Tooth/Victor the Hardy One					
	Gus's friend has lost a milk tooth, so he goes off in search Mommy Queen calls upon Victor the Hardy One.	of the tooth bunny;	when a danger	ous drag	jon is at	large,
07:00	EARTH TO LUNA!		Repeat		WS	G
	Mars Mission/So Cheesy					
	Luna, Jupiter and Clyde investigate the possibility of life on find out how cheese is made.	Mars; Luna, Jupite	r and Clyde tra	nsform ir	nto bact	eria to
07:30	BERRY BEES	Captioned	Repeat		WS	С
	Micro Mayhem/The Winner Loses it All					
	When Paillard win the coveted Regional Cup in basketball, to prevent a suspected attempt to steal the valuable and hi		sent undercov	er at the	presen	tation
08:00	RICKY ZOOM				WS	G
	Loop's New Best Friend / Long Way Around					
	When Ricky and Ashley start spending a lot of time togethe impossible for everyone to get to Toot's school performance					ng it
08:30	SPIDEY AND HIS AMAZING FRIENDS				WS	G
	Sonic Boom Boom/ Mini Golf Goof	·				
	Team Spidey heads underwater to stop Doc Ock from disru Ant-Man and Wasp to stop Green Goblin from ruining the r		sea life. Ghost-	Spider te	eams up	o with
09:00	BAKUGAN: GEOGAN RISING		Repeat		WS	PG
	The Battle Judgement Begins!/Viloch Takes the Lead!					
	The Awesome Brawlers arrive in Auropolis to decide the fa and Pincitaur as the battle begins.	te of Earth and Ves	troia. Viloch an	d Reed o	clash wi	ith Ajit
	Cons.Advice: Animated Violence, Themes					
09:30	POKEMON ULTIMATE JOURNEYS		Repeat		WS	PG
	Reuniting For The First Time!					
	Chloe learns that a Sylveon has been gaining a lot of atten there with Eevee to meet its trainer, Serena. However, Chlo					
	Cons.Advice: Animated Violence					
10:00	POKEMON ULTIMATE JOURNEYS		Repeat		WS	PG
	Radio Lulled The Mischievous Stars!					
	To increase the number of members of Team Rocket all ow the others start a radio program to recruit members.	ver the world at the	behest of Boss	Giovann	ni, Jessi	e and
	Cons.Advice: Animated Violence					

### Sun Dec 18, 2022

10:30	MEGA MAN: FULLY CHARGED		Repeat		WS	PG		
	Make The Cut/Panic In The Lighthouse		-					
	Mega Man goes on a 24/7 heroing spree around the city, forcin	ng Suna, Bert, A	shley and Rus	h to dea	I with C	ut Man.		
	Cons.Advice: Animated Violence, Themes							
11:00	LEGO FRIENDS: GIRLS ON A MISSION		Repeat		WS	G		
	Mearff/Once Upon A Lighthouse	•			•	-		
	When Liz reveals her new pet translation app, a day at the am than the girls expected.	usement pier pr	oves to be mor	e of a ro	ollercoas	ter		
11:30	LEGO CITY ADVENTURES		Repeat		WS	PG		
	Buster/Shirley Keeper					-		
	Firefighter "Buster" Lloyd gets the chance to live out his fantas	y of being a pol	ice officer.					
	Cons.Advice: Mild Violence							
12:00	YU-GI-OH! SEVENS				WS	PG		
	The Battle Royal Begins!							
	The Battle Royal kicks off with an exhibition match between Ro	ba and his #1 fa	n the Preside	ent of Go	ha!			
	Cons.Advice: Animated Violence, Themes							
12:30	BEYBLADE BURST SURGE		Repeat		WS	PG		
	Listen To Your Bey's Voice!							
	While the race for a spot in the Legend Festival tightens, Hyug their Beys.	a and Hikaru bo	oth focus on for	ging cor	nection	s with		
	Cons.Advice: Mild Violence			-				
13:00	POWER RANGERS DINO CHARGE		Repeat		WS	PG		
	A Fool's Hour							
	After Sledge arrives on Earth, the newly formed Ranger team i against the wishes of the other Rangers.	s compromised	when Tyler go	es out o	n his ow	'n,		
	Cons.Advice: Stylised Violence		-		_			
13:30	SURFING AUSTRALIA TV	Captioned	Repeat		WS	PG		
	Showcases Surfing Australia's programs from junior developm	ent through to t	he elite athletes	s in surfi	ng.			
	Cons.Advice: Some Coarse Language							
14:00	FILTHY HOUSE SOS				WS	PG		
	Busy Lee lost control of his cleaning when he started a mental	health network	that takes up a	Imost al	l of his t	ime.		
	Cons.Advice: Themes							

### Sun Dec 18, 2022

15:00	FULL BLOOM		Captioned			WS	PG	
	Painting with Petals							
	The florists go from super-sized to super-s of dodging a miniature arrangement elimin		ne iconic Picass	so portraits on a	an epic s	scale in	hopes	
	Cons.Advice: Mild Coarse Language							
16:00	ED SHEERAN: FULL CIRCLE		Captioned	Repeat		WS	PG	
	Ed Sheeran: Full Circle							
	With unparalleled exclusive access to one prepare for the largest shows of the currer						ey	
	Cons.Advice: Some Coarse Language							
17:00	CASPER	1995	Captioned	Repeat		WS	PG	
	Casper							
	Casper is a kind young ghost who peacefu communicate with Casper and his family,						to	
	Starring: Christina Ricci, Cathy Moriarty, D	Devon Sawa						
	Cons.Advice: Supernatural Themes							

### Sun Dec 18, 2022

19:00	DR SEUSS' THE GRINCH	2018	Captioned	Repeat	V	'S	G		
	Dr Seuss' The Grinch								
	The Grinch grows increasingly annoyed with the he teams up with his dog to ruin the festive spirit			at engulfs the vi	illage of Wh	oville	e. So		
	Starring: Benedict Cumberbatch, Cameron Seel	y, Rashida Jo	nes						
20:40	FAST & FURIOUS PRESENTS: HOBBS & SHAW	2019	Captioned	Repeat	N	'S	М		
	Fast & Furious Presents: Hobbs & Shaw								
	US agent Luke Hobbs and British mercenary De stop a genetically enhanced supervillain.	eckard Shaw a	re forced to put	their rivalry side	e and work to	ogetl	her to		
	Starring: Dwayne Johnson, Jason Statham, Idris	s Elba							
	Cons.Advice: Action Violence, Some Coarse La	nguage							
23:15	DUNCANVILLE		Captioned	Repeat	W	'S	М		
	Free Range Children								
	Jack and Annie realize their children are too dependent to even be left alone and decide to give them more responsibility; tasked with a simple grocery store trip, Duncan and Kimberly somehow wind up in Mexico.								
	Cana Advise: Animated Vielance, Themas								
23:45	Cons.Advice: Animated Violence, Themes								
23:45	DUNCANVILLE		Captioned	Repeat	V	'S	М		
23:45	· · · · · · · · · · · · · · · · · · ·		Captioned	Repeat	W	'S	Μ		
23:45	DUNCANVILLE		ncan's friend, wh						
23:45	DUNCANVILLE Wolf Mother Annie feels underappreciated on Mother's Day a		ncan's friend, wh						
	DUNCANVILLE Wolf Mother Annie feels underappreciated on Mother's Day a her own kids; Jack tries to make amends by find		ncan's friend, wh		re more abo	ut he			
23:45	DUNCANVILLE Wolf Mother Annie feels underappreciated on Mother's Day a her own kids; Jack tries to make amends by find Cons.Advice: Animated Violence	ling a rare flow	ncan's friend, wh ver for Annie.	no seems to car Repeat	re more abo	ut he ′S	er tha PG		
	DUNCANVILLE         Wolf Mother         Annie feels underappreciated on Mother's Day a         her own kids; Jack tries to make amends by find         Cons.Advice: Animated Violence         FILTHY HOUSE SOS	ling a rare flow	ncan's friend, wh ver for Annie.	no seems to car Repeat	re more abo	ut he ′S	er tha PG		
00:10	DUNCANVILLE         Wolf Mother         Annie feels underappreciated on Mother's Day a her own kids; Jack tries to make amends by find         Cons.Advice: Animated Violence         FILTHY HOUSE SOS         Busy Lee lost control of his cleaning when he stated	ling a rare flow	ncan's friend, wh ver for Annie.	no seems to car Repeat	re more abo	ut he /S	er tha PG		
	DUNCANVILLE         Wolf Mother         Annie feels underappreciated on Mother's Day a         her own kids; Jack tries to make amends by find         Cons.Advice: Animated Violence         FILTHY HOUSE SOS         Busy Lee lost control of his cleaning when he state         Cons.Advice: Themes	ling a rare flow	ncan's friend, wh ver for Annie.	no seems to car Repeat that takes up al	re more abo	ut he /S	er tha PG me.		
00:10	DUNCANVILLE         Wolf Mother         Annie feels underappreciated on Mother's Day a her own kids; Jack tries to make amends by find         Cons.Advice: Animated Violence         FILTHY HOUSE SOS         Busy Lee lost control of his cleaning when he state         Cons.Advice: Themes         FULL BLOOM	arted a menta	ncan's friend, where for Annie.	no seems to car Repeat that takes up al Repeat	re more abo	ut he /S /S	er tha PG me. PG		
00:10	DUNCANVILLE         Wolf Mother         Annie feels underappreciated on Mother's Day a         her own kids; Jack tries to make amends by find         Cons.Advice: Animated Violence         FILTHY HOUSE SOS         Busy Lee lost control of his cleaning when he state         Cons.Advice: Themes         FULL BLOOM         Painting with Petals         The florists go from super-sized to super-small a	arted a menta	ncan's friend, where for Annie.	no seems to car Repeat that takes up al Repeat	re more abo	ut he /S /S	PG me. PG		
00:10	DUNCANVILLE         Wolf Mother         Annie feels underappreciated on Mother's Day a her own kids; Jack tries to make amends by find         Cons.Advice: Animated Violence         FILTHY HOUSE SOS         Busy Lee lost control of his cleaning when he state         Cons.Advice: Themes         FULL BLOOM         Painting with Petals         The florists go from super-sized to super-small a of dodging a miniature arrangement elimination	arted a menta	ncan's friend, where for Annie.	no seems to car Repeat that takes up al Repeat	re more abo M most all of h M an epic scale	ut he /S /S e in h	PG PG PG		
00:10	DUNCANVILLE         Wolf Mother         Annie feels underappreciated on Mother's Day a her own kids; Jack tries to make amends by find         Cons.Advice: Animated Violence         FILTHY HOUSE SOS         Busy Lee lost control of his cleaning when he state         Cons.Advice: Themes         FULL BLOOM         Painting with Petals         The florists go from super-sized to super-small a of dodging a miniature arrangement elimination         Cons.Advice: Mild Coarse Language	arted a menta as they reimag round.	ncan's friend, wh ver for Annie. health network Captioned ine iconic Picass	no seems to car Repeat that takes up al Repeat so portraits on a	re more abo	ut he /S /S /S	PG me. PG nope:		
00:10 01:10	DUNCANVILLE         Wolf Mother         Annie feels underappreciated on Mother's Day a her own kids; Jack tries to make amends by find         Cons.Advice: Animated Violence         FILTHY HOUSE SOS         Busy Lee lost control of his cleaning when he state         Cons.Advice: Themes         FULL BLOOM         Painting with Petals         The florists go from super-sized to super-small a of dodging a miniature arrangement elimination         Cons.Advice: Mild Coarse Language         I'VE GOT A TEXT WITH JOSH AND FLEX!         Join Josh Moss and Flex Mami as they discuss	arted a menta as they reimag round.	ncan's friend, wh ver for Annie. health network Captioned ine iconic Picass	no seems to car Repeat that takes up al Repeat so portraits on a	re more abo	ut he /S nis tir /S /S	PG me. PG nope		
00:10	DUNCANVILLE         Wolf Mother         Annie feels underappreciated on Mother's Day a her own kids; Jack tries to make amends by find         Cons.Advice: Animated Violence         FILTHY HOUSE SOS         Busy Lee lost control of his cleaning when he state         Cons.Advice: Themes         FULL BLOOM         Painting with Petals         The florists go from super-sized to super-small a of dodging a miniature arrangement elimination         Cons.Advice: Mild Coarse Language         I'VE GOT A TEXT WITH JOSH AND FLEX!         Join Josh Moss and Flex Mami as they discuss a scenes access and all the latest gossip from the	arted a menta as they reimag round.	ncan's friend, wh ver for Annie. health network Captioned ine iconic Picass	no seems to car Repeat that takes up al Repeat so portraits on a	re more abo	ut he /S nis tir /S /S	PG me. PG TBC		
00:10	DUNCANVILLE         Wolf Mother         Annie feels underappreciated on Mother's Day a her own kids; Jack tries to make amends by find         Cons.Advice: Animated Violence         FILTHY HOUSE SOS         Busy Lee lost control of his cleaning when he state         Cons.Advice: Themes         FULL BLOOM         Painting with Petals         The florists go from super-sized to super-small a of dodging a miniature arrangement elimination         Cons.Advice: Mild Coarse Language         I'VE GOT A TEXT WITH JOSH AND FLEX!         Join Josh Moss and Flex Mami as they discuss scenes access and all the latest gossip from the         MIKE TYSON MYSTERIES	arted a menta as they reimag round. all things Love Love Island \	ncan's friend, wh ver for Annie. health network Captioned ine iconic Picass	no seems to car Repeat that takes up al Repeat so portraits on a	re more abo	ut he /S nis tir /S /S	PG me. PG TBC		

### Sun Dec 18, 2022

02:50	MIKE TYSON MYSTERIES		Repeat		WS	MA
	San Juan Puerto Rico Blows, But San Juan Capistrano					
	Swallows do not return to San Juan Capistrano.					
	Cons.Advice: Strong Violence, Sexual References					
03:00	POWER RANGERS DINO CHARGE		Repeat		WS	PG
	A Fool's Hour					
	After Sledge arrives on Earth, the newly formed Ranger team i against the wishes of the other Rangers.	s compromised	when Tyler go	es out o	n his ow	'n,
	Cons.Advice: Stylised Violence					
03:30	BEYBLADE BURST SURGE		Repeat		WS	PG
	Listen To Your Bey's Voice!				-	
	While the race for a spot in the Legend Festival tightens, Hyug their Beys.	a and Hikaru bo	oth focus on for	ging cor	nection	s with
	Cons.Advice: Mild Violence					
04:00	YU-GI-OH! SEVENS		Repeat		WS	PG
	The Battle Royal Begins!				-	
	The Battle Royal kicks off with an exhibition match between Ro	ba and his #1 fa	n the Preside	ent of Go	ha!	
	Cons.Advice: Animated Violence, Themes					
04:30	RICKY ZOOM		Repeat		WS	G
	Loop's New Best Friend / Long Way Around				-	
	When Ricky and Ashley start spending a lot of time together, L impossible for everyone to get to Toot's school performance w					ng it
04:50	LEGO CITY ADVENTURES		Repeat		WS	PG
	Buster/Shirley Keeper					
	Firefighter "Buster" Lloyd gets the chance to live out his fantas	y of being a pol	ce officer.			
	Cons.Advice: Mild Violence					
05:10	LEGO FRIENDS: GIRLS ON A MISSION		Repeat		WS	G
	Mearff/Once Upon A Lighthouse			•		
	When Liz reveals her new pet translation app, a day at the am than the girls expected.	usement pier pr	oves to be mor	e of a ro	ollercoas	ter
05:30	GIGANTOSAURUS		Repeat		WS	G
	Because Triceratops!/Rock Out					
	Tiny performs a triceratops rite of passage; Rocky sets out to p but discovers that everyone needs help sometimes.	prove that he's t	he ultimate tou	gh guy, l	like Giga	anto,

### Mon Dec 19, 2022

06:00	POLLY POCKET		Repeat		WS	G
	Putt-Putt Pet Care/The Great Swim-Posal	•				
	Polly takes the pets she's pet-sitting to the putt-putt course an propose to Grandma during her synchronized swimming perfor- ring.					
06:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G
	Super Duper Dance Party	•				
	True and Bartleby team up to get a dejected DJ back in the gr of the Rainbow King's dance party.	roove after Grize	elda shakes his	confider	nce on tl	ne day
07:00	BAKUGAN: EVOLUTIONS		Repeat		WS	PG
	New Heroes Appear?!/Dan vs. Mr. Magnus					
	Energy from Vestroia seeps into Earth, causing strange phene	omena and Bakı	ugan to rage ou	it with ex	cess er	ergy.
	Cons.Advice: Animated Violence, Themes					
07:30	BEYBLADE BURST RISE		Repeat		WS	PG
	Dragon's Ultimate Awakening!					
	After Arman loses a match, Dante needs to turn things around armoured Eclipse Genesis.	d for the Victorie	s when he battl	es Gwyr	n and his	6
	Cons.Advice: Mild Violence					
08:00	SMASHHDOWN!	Captioned	Repeat		WS	С
	Elimination Quarter Final, Pool A – Lightning Lils vs. Blake the	e Eliminator				
	Our two undefeated players face off for the first time to see w from the Collingwood Magpies Netball superstars!	ho will qualify for	Finals Week!	Plus, sor	me point	ters
08:30	RAINBOW RANGERS		Repeat		WS	G
	The Otter and the Oil/Icebreakers					
	The Rangers help to save an otter from an oil tanker leak, the orcas.	n plug and clear	n the leak; the F	Rangers	save a j	bod of
09:00	GIGANTOSAURUS		Repeat		WS	G
	Giganto Power/Crying Wolfasaurus					
	Rocky wants a tail as powerful as Giganto's, but with great po "crying wolf" lets him avoid doing things he doesn't want to do		t responsibility;	Bill disc	overs th	at
09:30	GUS, THE ITSY BITSY KNIGHT		Repeat		WS	G
	Memory Loss/The Blue Stone					
	Gus gives in to temptation and uses a magic potion designed blue stone at the bottom of the lake, he decides he'll gift it to h		's memories; w	hen Gus	finds a	pretty
10:00	NINJAGO		Repeat		WS	PG
	Shintaro/Into The Dark					
	The ninja are invited to attend the birthday party of Princess V reveals a secret entrance that leads to an underground mine					
	Cons.Advice: Themes, Animated Violence					

#### Mon Dec 19, 2022

10:30	POKEMON JOURNEYS		Repeat		WS	PG
	Sobbing Sobble!					
	Continuing their Galar region trip, Ash and Goh are perplexed the work of a timid Pokémon named Sobble, who becomes in				neir eye	s! It's
	Cons.Advice: Animated Violence					
11:00	THE TOM & JERRY SHOW		Repeat		WS	G
	Gym Rat / A Class of Their Own / Werewolf of Catsylvania					
	Tom & Jerry compete with weights/Tom & Jerry go back to se	chool/A werewolf	terrorizes a villa	ige.		
	Cons.Advice: Animated Violence					
11:30	YU-GI-OH! SEVENS		Repeat			PG
	Construction Chaos					
	Forced to transfer to Goha #6 Elementary, Gavin faces one of	of the Heavy Cav	alry's top genera	ıls!		
	Cons.Advice: Animated Violence, Themes					
12:00	INSIDE PHUKET AIRPORT	Captioned	Repeat		WS	PG
	Crash Landing					
	At Phuket International Airport, the fire brigade train for a full- second breast augmentation procedure.	scale aircraft cra	sh. Elsewhere, E	Ebony a	rrives fo	or her
	Cons.Advice: Mild Coarse Language, Medical Procedures					
13:00	SURFING AUSTRALIA TV	Captioned	Repeat		WS	PG
	Showcases Surfing Australia's programs from junior develop	ment through to t	he elite athletes	in surfin	ng.	
13:30	THE BIONIC WOMAN		Repeat		WS	PG
	Escape to Love					
	The son of an Eastern bloc defector fouls up his own rescue	when he falls in l	ove with Jaime.			
	Starring: Lindsay Wagner, Richard Anderson, Martin E. Broo	ks				
	Cons.Advice: Mild Violence, Themes					
14:30	FULL HOUSE		Repeat		WS	G
	Our Very First Show			-		
	Danny Tanner, a widowed father of three young and rambun madcap best friend. to move in and help him raise the brood.		its his rock'n'roll	brother-	-in-law	and his
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley	Oslen				
15:00	FULL HOUSE		Repeat		WS	G
	Our Very First Night					
	The girls are rockin' when Uncle Jesse is left in charge of the home to find Jesse conducting band practice.	m for the night, b	ut Danny is reeli	ing whei	n he ar	rives
1	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley	Oslen				

### Mon Dec 19, 2022

15:30	EVERYBODY LOVES RAYMOND		Repeat	WS	PG			
	Hackidu							
	Ray screws up a "Hackidu" (a la Pokemon) trade for his daugh	ter.						
	Starring: Ray Romano, Patricia Heaton, Brad Garrett							
16:00	EVERYBODY LOVES RAYMOND		Repeat	WS	PG			
	Debra Makes Something Good		-					
	Debra finally creates a dish that everyone likes.							
	Starring: Ray Romano, Patricia Heaton, Brad Garrett							
16:30	EVERYBODY LOVES RAYMOND		Repeat	WS	PG			
	Marie and Frank's New Friends							
	Ray and Debra devise a plan to push Frank and Marie into making friends.							
	Starring: Ray Romano, Patricia Heaton, Brad Garrett							
17:00	EVERYBODY LOVES RAYMOND		Repeat	WS	PG			
	Alone Time							
	Ray finds it hard to understand why Debra needs her "alone tin	ne."						
	Starring: Ray Romano, Patricia Heaton, Brad Garrett							
17:30	THE NANNY	Captioned	Repeat	WS	PG			
	What the Butler Sang			-				
	Fran discovers that Niles has a beautiful singing voice and con	vinces to auditio	on for Mr Sheffield	's next play.				
	Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis							

### Mon Dec 19, 2022

18:00	3RD ROCK FROM THE SUN			Repeat		WS	PG	
	Nightmare On Dick Street, Part II					-	-	
	Dick's nightmare leads the rest of the family to fear his leave Earth.	s brain is	breaking down,	and they mak	e arrang	ements	to	
	Starring: John Lithgow, Jane Curtin, Kristen Johnston							
	Cons.Advice: Mild Coarse Language, Sexual Reference	ces						
18:30	THAT 70'S SHOW			Repeat		WS	PG	
	Bring It On Home					-	-	
	The Formans discover Jackie has been sleeping at the Fez realises Nina is reluctant to introduce him to her fa		because she ha	as nowhere els	e to go.	Meanwh	nile,	
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Asl	hton Kute	cher					
	Cons.Advice: Some Coarse Language, Sexual Refere	nces, Dr	ug References					
19:00	YOUNG SHELDON		Captioned	Repeat		WS	PG	
	A Lock-In, a Weather Girl and a Disgusting Habit				-		-	
	Sheldon acts as Mary's spy during a youth lock-in at church; Georgie is attracted to an older woman.							
	Starring: Iain Armitage, Zoe Perry, Lance Barber, Jim	Parsons						
	Cons.Advice: Themes, Mild Coarse Language							
19:30	THE WEAKEST LINK USA		Captioned			WS	PG	
	Whose IQ Test Came Back Negative?				-		-	
	Eight strangers test their rapid-fire trivia knowledge. O million if they escape hearing the famous last words, "				to take h	ome up	to \$1	
20:30	LOVE ISLAND AUSTRALIA		Captioned			WS	MA	
	The top four couples meet each other's parents, but w	rill they a	ll get approval f	rom the familie	s?			
	Cons.Advice: Themes, Frequent Coarse Language, Se	exual Re	eferences		-		-	
21:40	FOUR HOLIDAYS 2	2008	Captioned	Repeat		WS	М	
	Four Holidays							
	When upscale, happily unmarried San Francisco coup Christmas morning, their exotic vacation plans go out trudge to not one, not two, but four relative-choked fes adolescent wounds reopened and their very future tog	the wind stivities, i	ow. Out of oblig ncreasingly more	ation - and una	able to es	scape - t		
	Starring: Vince Vaughn, Reese Witherspoon, Sissy Sp	pacek, Jo	on Voight					
	Cons.Advice: Sexual References							
23:30	YOUNG SHELDON		Captioned	Repeat		WS	PG	
	A Lock-In, a Weather Girl and a Disgusting Habit		•		•		-	
	Sheldon acts as Mary's spy during a youth lock-in at c	hurch; G	eorgie is attract	ed to an older	woman.			
	Starring: Iain Armitage, Zoe Perry, Lance Barber, Jim	Parsons						
	Cons.Advice: Themes, Mild Coarse Language							

### Mon Dec 19, 2022

00:00	SATISFACTION			WS	MA			
	Through Revelation							
	Neil and Grace are forced to address Anika's future as well a	s their own.						
	Starring: Matt Passmore, Stephanie Szostak, Blair Redford							
	Cons.Advice: Strong Adult Themes, Strong Sex Scenes							
01:00	BELOW DECK MEDITERRANEAN		Repeat	WS	М			
	One Million Percent							
	Adam rises to the occasion with his crew meals, and on the f 'Daddy's Girls' come on board. Hannah and Conrad deal with shocking admission to Kasey.							
	Cons.Advice: Some Coarse Language, Sexual References							
01:50	MIKE TYSON MYSTERIES		Repeat	WS	MA			
	The Christmas Episode							
	The team attempts to bring holiday cheer to someone who has given up on life.							
	Cons.Advice: Strong Violence, Adult Themes, Some Coarse	Language						
02:00	FULL HOUSE		Repeat	WS	G			
	Our Very First Show							
	Danny Tanner, a widowed father of three young and rambunctious girls, recruits his rock'n'roll brother-in-law and h madcap best friend. to move in and help him raise the brood.							
			its his rock'n'rol	l brother-in-lav	v and h			
		0	its his rock'n'rol	l brother-in-lav	v and h			
02:30	madcap best friend. to move in and help him raise the brood	0	its his rock'n'rol Repeat	l brother-in-lav				
02:30	madcap best friend. to move in and help him raise the brood Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley	0						
02:30	madcap best friend. to move in and help him raise the brood Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley FULL HOUSE	Oslen	Repeat	WS	G			
02:30	madcap best friend. to move in and help him raise the brood Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley FULL HOUSE <i>Our Very First Night</i> The girls are rockin' when Uncle Jesse is left in charge of the	Oslen	Repeat	WS	G			
02:30	<ul> <li>madcap best friend. to move in and help him raise the brood Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley</li> <li>FULL HOUSE</li> <li>Our Very First Night</li> <li>The girls are rockin' when Uncle Jesse is left in charge of the home to find Jesse conducting band practice.</li> </ul>	Oslen	Repeat	WS	G			
	madcap best friend. to move in and help him raise the brood         Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley         FULL HOUSE         Our Very First Night         The girls are rockin' when Uncle Jesse is left in charge of the home to find Jesse conducting band practice.         Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley	Oslen	Repeat ut Danny is ree	ling when he a	G			
	madcap best friend. to move in and help him raise the brood         Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley         FULL HOUSE         Our Very First Night         The girls are rockin' when Uncle Jesse is left in charge of the home to find Jesse conducting band practice.         Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley         BAKUGAN: EVOLUTIONS	Oslen m for the night, b Oslen	Repeat ut Danny is ree Repeat	ling when he a	G arrives PG			
	<ul> <li>madcap best friend. to move in and help him raise the brood Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley</li> <li>FULL HOUSE</li> <li><i>Our Very First Night</i></li> <li>The girls are rockin' when Uncle Jesse is left in charge of the home to find Jesse conducting band practice.</li> <li>Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley</li> <li>BAKUGAN: EVOLUTIONS</li> <li><i>New Heroes Appear?!/Dan vs. Mr. Magnus</i></li> </ul>	Oslen m for the night, b Oslen	Repeat ut Danny is ree Repeat	ling when he a	G arrives PG			
03:00	<ul> <li>madcap best friend. to move in and help him raise the brood Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley</li> <li>FULL HOUSE</li> <li><i>Our Very First Night</i></li> <li>The girls are rockin' when Uncle Jesse is left in charge of the home to find Jesse conducting band practice.</li> <li>Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley</li> <li>BAKUGAN: EVOLUTIONS</li> <li><i>New Heroes Appear?!/Dan vs. Mr. Magnus</i></li> <li>Energy from Vestroia seeps into Earth, causing strange phere</li> </ul>	Oslen m for the night, b Oslen	Repeat ut Danny is ree Repeat	ling when he a	G arrives PG energy.			
	<ul> <li>madcap best friend. to move in and help him raise the brood Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley</li> <li>FULL HOUSE</li> <li><i>Our Very First Night</i></li> <li>The girls are rockin' when Uncle Jesse is left in charge of the home to find Jesse conducting band practice.</li> <li>Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley</li> <li>BAKUGAN: EVOLUTIONS</li> <li><i>New Heroes Appear?!/Dan vs. Mr. Magnus</i></li> <li>Energy from Vestroia seeps into Earth, causing strange pher Cons.Advice: Animated Violence, Themes</li> </ul>	Oslen m for the night, b Oslen	Repeat ut Danny is ree Repeat	ling when he a	G arrives PG energy.			
03:00	madcap best friend. to move in and help him raise the brood         Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley         FULL HOUSE         Our Very First Night         The girls are rockin' when Uncle Jesse is left in charge of the home to find Jesse conducting band practice.         Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley         BAKUGAN: EVOLUTIONS         New Heroes Appear?!/Dan vs. Mr. Magnus         Energy from Vestroia seeps into Earth, causing strange pher         Cons.Advice: Animated Violence, Themes         NINJAGO	Oslen m for the night, b Oslen omena and Baku vania in the King	Repeat ut Danny is ree Repeat igan to rage ou Repeat	Iing when he a	G arrives PG energy.			

### Mon Dec 19, 2022

04:00	TAKE TWO		Repeat		WS	G
	Home Shopping programme.					
04:30	TAKE TWO		Repeat		WS	G
	Home Shopping programme.					
05:00	POKEMON JOURNEYS		Repeat		WS	PG
	Sobbing Sobble! Continuing their Galar region trip, Ash and Goh are perplexed the work of a timid Pokémon named Sobble, who becomes inv Cons.Advice: Animated Violence				neir eye	s! It's
05:30	YU-GI-OH! SEVENS		Repeat			PG
	Construction Chaos					
	Forced to transfer to Goha #6 Elementary, Gavin faces one of	the Heavy Cava	alry's top genera	als!		
	Cons.Advice: Animated Violence, Themes					

#### Tue Dec 20, 2022

06:00	POLLY POCKET		Repeat	WS	G			
	Double Trouble/The Crow Must Go On							
	Polly babysits for Lila's twin 4-year-old sisters; It's Shani's deb good luck trinket so that the show can go on without a hitch.	out theater perfor	mance, Polly m	ust recover Sh	ani's			
06:30	TRUE AND THE RAINBOW KINGDOM		Repeat	WS	G			
	Frookie Sitting							
	True and Bartleby get more than they bargained for when they Frookie while Grizelda's away.	y agree to castle	-sit for the Raint	bow King and v	vatch			
07:00	BAKUGAN: EVOLUTIONS		Repeat	WS	PG			
	The Mysterious Marauder/Suspicious Hackett							
	Energy from Vestroia seeps into Earth, causing strange pheno	omena and Baku	igan to rage out	with excess er	nergy.			
	Cons.Advice: Animated Violence, Themes							
07:30	BEYBLADE BURST RISE		Repeat	WS	PG			
	Rising Ferocity! Tag Battle!	•						
	After winning their first match, the Victories enter the tag battles and face Hell; Dante is eager for a rematch.							
	Cons.Advice: Mild Violence							
08:00	SMASHHDOWN!	Captioned	Repeat	WS	С			
	Match Day 1, Pool B – Sparky vs. Ando	•						
	Gets ready for some speccies, because it's all about Aussie R Lions AFLW players, plus an epic bungee battle and a crazy fi			from the Brisb	ane			
08:30	RAINBOW RANGERS		Repeat	WS	G			
	Monkey Business/Lost Panda Cub							
	Rosie, Lavender and Pepper journey to the Amazon to save a marmoset that Preston Paxton has captured as a pet for his daughter Patty; the Rangers help a lost panda cub get home.							
					is a pet			
09:00			Repeat	WS	G G			
09:00	for his daughter Patty; the Rangers help a lost panda cub get		I		-			
09:00	for his daughter Patty; the Rangers help a lost panda cub get GIGANTOSAURUS	home.	Repeat	WS	G			
09:00	for his daughter Patty; the Rangers help a lost panda cub get GIGANTOSAURUS The Five Friends/A Tiny Favor The dinos have a falling out; after Archie saves Tiny, the little	home.	Repeat	WS	G			
	for his daughter Patty; the Rangers help a lost panda cub get GIGANTOSAURUS The Five Friends/A Tiny Favor The dinos have a falling out; after Archie saves Tiny, the little Code.	home.	Repeat the favour and I	WS honour the Tric	G			
	for his daughter Patty; the Rangers help a lost panda cub get         GIGANTOSAURUS         The Five Friends/A Tiny Favor         The dinos have a falling out; after Archie saves Tiny, the little Code.         GUS, THE ITSY BITSY KNIGHT	home. dino must repay	Repeat the favour and I Repeat	WS honour the Tric	G ceratops G			
	for his daughter Patty; the Rangers help a lost panda cub get         GIGANTOSAURUS         The Five Friends/A Tiny Favor         The dinos have a falling out; after Archie saves Tiny, the little Code.         GUS, THE ITSY BITSY KNIGHT         Magic Iris!/E-Pip         To protect his dog during dangerous missions, Gus asks Thiba	home. dino must repay	Repeat the favour and I Repeat	WS honour the Tric	G ceratops G			
09:30	for his daughter Patty; the Rangers help a lost panda cub get         GIGANTOSAURUS         The Five Friends/A Tiny Favor         The dinos have a falling out; after Archie saves Tiny, the little Code.         GUS, THE ITSY BITSY KNIGHT         Magic Iris!/E-Pip         To protect his dog during dangerous missions, Gus asks Thib: is handy and obedient at first but soon develops a logic that is	home. dino must repay	Repeat the favour and l Repeat	WS honour the Tric WS ilou; Loupi, the	G ceratop: G robot,			
09:30	for his daughter Patty; the Rangers help a lost panda cub get         GIGANTOSAURUS         The Five Friends/A Tiny Favor         The dinos have a falling out; after Archie saves Tiny, the little Code.         GUS, THE ITSY BITSY KNIGHT         Magic Iris!/E-Pip         To protect his dog during dangerous missions, Gus asks Thiba is handy and obedient at first but soon develops a logic that is         NINJAGO	home. dino must repay aut to create a ro too dangerous. w prisoners alert	Repeat the favour and l Repeat obot replica of P Repeat s the Skull Sorc	WS honour the Tric WS ilou; Loupi, the WS erer; In order t	G ceratops G robot, PG			

### Tue Dec 20, 2022

10:30	POKEMON JOURNEYS		Repeat		WS	PG		
	There's A New Kid In Town!			•				
	A terrified Pidove flees at rapid speed, crashing into Chloe's window with a thud! Then, to Chloe and her family's surprise, Yamper drags the injured Pidove inside!							
	Cons.Advice: Animated Violence							
11:00	THE TOM & JERRY SHOW		Repeat		WS	G		
	Scrunch Time / The Maltese Pigeon / Loch Ness Mess							
	Tom is obsessed with the a ball/Tom seeks the missing Pigeon/Jerry saves the village from a monster.							
	Cons.Advice: Animated Violence				-			
11:30	YU-GI-OH! SEVENS		Repeat		WS	PG		
	Pressure Points	-			-			
	Seatbastian feels the pressure when he battles against a massage duelist who looks to knead out a victory!							
	Cons.Advice: Animated Violence, Themes							
12:00	INSIDE PHUKET AIRPORT	Captioned	Repeat		WS	PG		
	Brooklyn to Bali							
	A large group of party goers arrives at the airport having flown in from Brooklyn. A trio of British holidaymakers arrive in Phuket, unfortunately they should be in Bali. Whoops.							
	Cons.Advice: Mild Coarse Language							
13:00	THE BIONIC WOMAN		Repeat		WS	PG		
	Мах							
	The bionic dog is kidnapped by foreign agents while Jaime lies	s helpless in a h	ospital bed.					
	Starring: Lindsay Wagner, Richard Anderson, Martin E. Brook	S						
	Cons.Advice: Mild Violence, Themes							
14:00	FULL HOUSE		Repeat		WS	G		
	The First Day Of School							
	Stephanie's reluctance to attend her first day of school evaporates when Joey and Jesse show up in her kindergarten class.							
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley C	Dslen						
14:30	FULL HOUSE		Repeat		WS	G		
	Sea Cruise							
	Danny's all-male fishing trip turns into a love-boat cruise comp	lete with a fema	le captain and	an all-gi	rl rock b	and.		
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley Oslen							

### Tue Dec 20, 2022

15:00	THE NANNY	Captioned	Repeat		WS	PG			
	What the Butler Sang								
	Fran discovers that Niles has a beautiful singing voice and co	nvinces to auditio	on for Mr Sheffi	eld's next	t play.				
	Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane,	, Daniel Davis							
15:30	3RD ROCK FROM THE SUN		Repeat		WS	PG			
	Nightmare On Dick Street, Part II								
	Dick's nightmare leads the rest of the family to fear his brain is breaking down, and they make arrangements to leave Earth.								
	Starring: John Lithgow, Jane Curtin, Kristen Johnston								
	Cons.Advice: Mild Coarse Language, Sexual References								
16:00	THAT 70'S SHOW		Repeat		WS	PG			
	Bring It On Home								
	The Formans discover Jackie has been sleeping at their place because she has nowhere else to go. Meanwhile, Fez realises Nina is reluctant to introduce him to her family.								
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher								
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Ku	tcher							
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Ku Cons.Advice: Some Coarse Language, Sexual References, D								
16:30			Repeat		WS	PG			
16:30	Cons.Advice: Some Coarse Language, Sexual References, D		Repeat		WS	PG			
16:30	Cons.Advice: Some Coarse Language, Sexual References, D EVERYBODY LOVES RAYMOND		Repeat		WS	PG			
16:30	Cons.Advice: Some Coarse Language, Sexual References, D EVERYBODY LOVES RAYMOND Someone's Cranky		Repeat		WS	PG			
16:30	Cons.Advice: Some Coarse Language, Sexual References, D EVERYBODY LOVES RAYMOND Someone's Cranky Robert is driving everyone crazy with his nasty behavior.		Repeat		WS	PG			
	Cons.Advice: Some Coarse Language, Sexual References, D         EVERYBODY LOVES RAYMOND         Someone's Cranky         Robert is driving everyone crazy with his nasty behavior.         Starring: Ray Romano, Patricia Heaton, Brad Garrett		·						
	Cons.Advice: Some Coarse Language, Sexual References, D EVERYBODY LOVES RAYMOND Someone's Cranky Robert is driving everyone crazy with his nasty behavior. Starring: Ray Romano, Patricia Heaton, Brad Garrett EVERYBODY LOVES RAYMOND	Prug References	Repeat						
	Cons.Advice: Some Coarse Language, Sexual References, D         EVERYBODY LOVES RAYMOND         Someone's Cranky         Robert is driving everyone crazy with his nasty behavior.         Starring: Ray Romano, Patricia Heaton, Brad Garrett         EVERYBODY LOVES RAYMOND         Bad Moon Rising	Prug References	Repeat						
	Cons.Advice: Some Coarse Language, Sexual References, D EVERYBODY LOVES RAYMOND Someone's Cranky Robert is driving everyone crazy with his nasty behavior. Starring: Ray Romano, Patricia Heaton, Brad Garrett EVERYBODY LOVES RAYMOND Bad Moon Rising Ray's attempts to alleviate Debra's PMS moodiness only mak	Prug References	Repeat						
17:00	Cons.Advice: Some Coarse Language, Sexual References, D EVERYBODY LOVES RAYMOND Someone's Cranky Robert is driving everyone crazy with his nasty behavior. Starring: Ray Romano, Patricia Heaton, Brad Garrett EVERYBODY LOVES RAYMOND Bad Moon Rising Ray's attempts to alleviate Debra's PMS moodiness only mak Starring: Ray Romano, Patricia Heaton, Brad Garrett	Prug References	Repeat		WS	PG			
17:00	Cons.Advice: Some Coarse Language, Sexual References, D EVERYBODY LOVES RAYMOND Someone's Cranky Robert is driving everyone crazy with his nasty behavior. Starring: Ray Romano, Patricia Heaton, Brad Garrett EVERYBODY LOVES RAYMOND Bad Moon Rising Ray's attempts to alleviate Debra's PMS moodiness only mak Starring: Ray Romano, Patricia Heaton, Brad Garrett THE NANNY	Prug References	Repeat		WS	PG			

### Tue Dec 20, 2022

18:00	3RD ROCK FROM THE SUN		Repeat	WS	PG				
	Fun With Dick and Janet, Part I								
	The Big Giant Head sends his niece to act as Dick's wife in an effort to distract him from Dr Albright.								
	Starring: John Lithgow, Jane Curtin, Kristen Johnston								
	Cons.Advice: Mild Coarse Language, Sexual References								
8:30	THAT 70'S SHOW		Repeat	WS	PG				
	No Quarter								
	Eric must return Donna's engagement ring after he receives a collection notice. Jackie moves in with Donna and Kelso gets a job at the hotel kitchen.								
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher								
	Cons.Advice: Some Coarse Language, Sexual References,	Drug References							
9:00	YOUNG SHELDON	Captioned	Repeat	WS	PG				
	A Pink Cadillac and a Glorious Tribal Dance								
	Sheldon attends his first comic book convention; Mary tries selling make-up.								
	Starring: Iain Armitage, Zoe Perry, Lance Barber, Jim Parsons								
9:30									
9:30	BOTCHED	Captioned	Repeat	WS	М				
19:30	BOTCHED Sticky Nipples and Paparazzi Nightmares	Captioned	Repeat	WS	М				
19:30		· ·			1				
9:30	Sticky Nipples and Paparazzi Nightmares A mother of two has no choice but to duct tape up her breas	s; a young nurse			1				
	Sticky Nipples and Paparazzi Nightmares A mother of two has no choice but to duct tape up her breas D-list celebrity wants to get an A-List nose.	s; a young nurse			1				
	Sticky Nipples and Paparazzi Nightmares A mother of two has no choice but to duct tape up her breas D-list celebrity wants to get an A-List nose. Cons.Advice: Nudity, Medical Procedures, Sexual Reference	s; a young nurse s Captioned		ged by nasa	I file;				
	Sticky Nipples and Paparazzi Nightmares A mother of two has no choice but to duct tape up her breas D-list celebrity wants to get an A-List nose. Cons.Advice: Nudity, Medical Procedures, Sexual Reference LOVE ISLAND AUSTRALIA	s; a young nurse s Captioned ign supreme?		ged by nasa	ıl file;				
20:30	Sticky Nipples and Paparazzi Nightmares         A mother of two has no choice but to duct tape up her breas         D-list celebrity wants to get an A-List nose.         Cons.Advice: Nudity, Medical Procedures, Sexual Reference         LOVE ISLAND AUSTRALIA         The Love Island Australia Grand Finale. Which couple will reference	s; a young nurse s Captioned ign supreme?		ged by nasa	I file;				
19:30 20:30 21:45	Sticky Nipples and Paparazzi Nightmares         A mother of two has no choice but to duct tape up her breas         D-list celebrity wants to get an A-List nose.         Cons.Advice: Nudity, Medical Procedures, Sexual Reference         LOVE ISLAND AUSTRALIA         The Love Island Australia Grand Finale. Which couple will reference         Cons.Advice: Themes, Some Coarse Language, Sexual Reference	s; a young nurse s Captioned ign supreme? erences		ged by nasa	Il file;				
20:30	Sticky Nipples and Paparazzi Nightmares         A mother of two has no choice but to duct tape up her breas         D-list celebrity wants to get an A-List nose.         Cons.Advice: Nudity, Medical Procedures, Sexual Reference         LOVE ISLAND AUSTRALIA         The Love Island Australia Grand Finale. Which couple will re         Cons.Advice: Themes, Some Coarse Language, Sexual Refer         NIGHT SCHOOL       2018	s; a young nurse s Captioned ign supreme? erences Captioned	had her nose rava	ged by nasa WS WS	M				
20:30	Sticky Nipples and Paparazzi Nightmares         A mother of two has no choice but to duct tape up her breas:         D-list celebrity wants to get an A-List nose.         Cons.Advice: Nudity, Medical Procedures, Sexual Reference         LOVE ISLAND AUSTRALIA         The Love Island Australia Grand Finale. Which couple will reference         Cons.Advice: Themes, Some Coarse Language, Sexual Reference         NIGHT SCHOOL       2018         Night School       A group of high school dropouts are forced to attend night school	s; a young nurse s Captioned ign supreme? erences Captioned	had her nose rava	ged by nasa WS WS	M				
20:30	Sticky Nipples and Paparazzi Nightmares         A mother of two has no choice but to duct tape up her breas         D-list celebrity wants to get an A-List nose.         Cons.Advice: Nudity, Medical Procedures, Sexual Reference         LOVE ISLAND AUSTRALIA         The Love Island Australia Grand Finale. Which couple will re         Cons.Advice: Themes, Some Coarse Language, Sexual Reference         NIGHT SCHOOL       2018         Night School       A group of high school dropouts are forced to attend night school.	s; a young nurse s Captioned ign supreme? erences Captioned	had her nose rava	ged by nasa WS WS	M M				
20:30	Sticky Nipples and Paparazzi Nightmares         A mother of two has no choice but to duct tape up her breas:         D-list celebrity wants to get an A-List nose.         Cons.Advice: Nudity, Medical Procedures, Sexual Reference         LOVE ISLAND AUSTRALIA         The Love Island Australia Grand Finale. Which couple will reference         Cons.Advice: Themes, Some Coarse Language, Sexual Reference         NIGHT SCHOOL       2018         Night School       A group of high school dropouts are forced to attend night schoil.         Starring: Kevin Hart, Tiffany Haddish, Rob Riggle	s; a young nurse s Captioned ign supreme? erences Captioned	had her nose rava	ged by nasa WS WS	M M				
20:30 21:45	Sticky Nipples and Paparazzi Nightmares         A mother of two has no choice but to duct tape up her breas         D-list celebrity wants to get an A-List nose.         Cons.Advice: Nudity, Medical Procedures, Sexual Reference         LOVE ISLAND AUSTRALIA         The Love Island Australia Grand Finale. Which couple will re         Cons.Advice: Themes, Some Coarse Language, Sexual Reference         NIGHT SCHOOL       2018         Night School       A group of high school dropouts are forced to attend night school.         Starring: Kevin Hart, Tiffany Haddish, Rob Riggle         Cons.Advice: Adult Humour, Some Coarse Language	s; a young nurse s Captioned ign supreme? erences Captioned	had her nose rava	ged by nasa WS WS	M M ïnish				
20:30 21:45	Sticky Nipples and Paparazzi Nightmares         A mother of two has no choice but to duct tape up her breas:         D-list celebrity wants to get an A-List nose.         Cons.Advice: Nudity, Medical Procedures, Sexual Reference         LOVE ISLAND AUSTRALIA         The Love Island Australia Grand Finale. Which couple will recons.Advice: Themes, Some Coarse Language, Sexual Reference         NIGHT SCHOOL       2018         Night School       A group of high school dropouts are forced to attend night school.         Starring: Kevin Hart, Tiffany Haddish, Rob Riggle       Cons.Advice: Adult Humour, Some Coarse Language         SATISFACTION       SATISFACTION	s; a young nurse s Captioned ign supreme? erences Captioned hool in hope that	had her nose rava	ged by nasa WS WS	M inish				
20:30	Sticky Nipples and Paparazzi Nightmares         A mother of two has no choice but to duct tape up her breas:         D-list celebrity wants to get an A-List nose.         Cons.Advice: Nudity, Medical Procedures, Sexual Reference         LOVE ISLAND AUSTRALIA         The Love Island Australia Grand Finale. Which couple will reference         Cons.Advice: Themes, Some Coarse Language, Sexual Reference         NIGHT SCHOOL       2018         Night School         A group of high school dropouts are forced to attend night school.         Starring: Kevin Hart, Tiffany Haddish, Rob Riggle         Cons.Advice: Adult Humour, Some Coarse Language         SATISFACTION        Through Resolution	s; a young nurse s Captioned ign supreme? erences Captioned hool in hope that	had her nose rava	ged by nasa WS WS	M inish				

### Tue Dec 20, 2022

01:00	BELOW DECK MEDITERRANEAN		Repeat		WS	М			
	Definitely Not Prague								
	The Talisman crew pulls out all the stops to end the season on a high note, as Hannah picks a fight with Joao and Brooke, causing the mild-mannered Brooke to fight back. Adam delivers a final dinner that leaves the guests speechless.								
	Cons.Advice: Some Coarse Language, Sexual References								
01:50	MIKE TYSON MYSTERIES		Repeat		WS	MA			
	The Monahans and MacGoverns								
	Star-crossed young lovers from feuding families ask the team for help.								
	Cons.Advice: Adult Themes, Sexual References, Some Coarse Language								
02:00	FULL HOUSE		Repeat		WS	G			
	The First Day Of School								
	Stephanie's reluctance to attend her first day of school evaporates when Joey and Jesse show up in her kindergarten class.								
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley Oslen								
)2:30			<b>6</b>		14/0	~			
02:30	FULL HOUSE		Repeat		WS	G			
02:30	Sea Cruise		Repeat		VVS	G			
UZ:3U		lete with a fema		an all-gir					
U2:30	Sea Cruise			an all-gir					
02:30	Sea Cruise Danny's all-male fishing trip turns into a love-boat cruise comp			an all-gir					
	Sea Cruise Danny's all-male fishing trip turns into a love-boat cruise comp Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley C		le captain and a	an all-gir	l rock b	and.			
	Sea Cruise Danny's all-male fishing trip turns into a love-boat cruise comp Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley C BAKUGAN: EVOLUTIONS	Dslen	le captain and a		l rock b	and. PG			
	Sea Cruise         Danny's all-male fishing trip turns into a love-boat cruise comp         Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley C         BAKUGAN: EVOLUTIONS         The Mysterious Marauder/Suspicious Hackett	Dslen	le captain and a		l rock b	and. PG			
	Sea Cruise         Danny's all-male fishing trip turns into a love-boat cruise comp         Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley C         BAKUGAN: EVOLUTIONS         The Mysterious Marauder/Suspicious Hackett         Energy from Vestroia seeps into Earth, causing strange pheno	Dslen	le captain and a		l rock b	and. PG			
03:00	Sea Cruise         Danny's all-male fishing trip turns into a love-boat cruise comp         Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley C         BAKUGAN: EVOLUTIONS         The Mysterious Marauder/Suspicious Hackett         Energy from Vestroia seeps into Earth, causing strange pheno         Cons.Advice: Animated Violence, Themes	Dslen	le captain and a Repeat		1 rock b WS cess er	and. PG hergy.			
03:00	Sea Cruise         Danny's all-male fishing trip turns into a love-boat cruise comp         Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley C         BAKUGAN: EVOLUTIONS         The Mysterious Marauder/Suspicious Hackett         Energy from Vestroia seeps into Earth, causing strange pheno         Cons.Advice: Animated Violence, Themes         NINJAGO	Dslen mena and Baku	le captain and a Repeat Igan to rage our Repeat	t with ex	I rock b WS cess er WS order to	PG PG PG PG			
03:00	Sea Cruise         Danny's all-male fishing trip turns into a love-boat cruise comp         Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley O         BAKUGAN: EVOLUTIONS         The Mysterious Marauder/Suspicious Hackett         Energy from Vestroia seeps into Earth, causing strange pheno         Cons.Advice: Animated Violence, Themes         NINJAGO         The Worst Rescue Ever/The Two Blades         The ninja attempt to rescue Cole, but the bickering of his fellow         escape the Skull Sorcerer's chain-gang, the ninja must convince	Dslen mena and Baku	le captain and a Repeat Igan to rage our Repeat	t with ex	I rock b WS cess er WS order to	PG PG PG PG			
03:00	Sea Cruise         Danny's all-male fishing trip turns into a love-boat cruise comp         Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley C         BAKUGAN: EVOLUTIONS         The Mysterious Marauder/Suspicious Hackett         Energy from Vestroia seeps into Earth, causing strange pheno         Cons.Advice: Animated Violence, Themes         NINJAGO         The Worst Rescue Ever/The Two Blades         The ninja attempt to rescue Cole, but the bickering of his fellow escape the Skull Sorcerer's chain-gang, the ninja must convince and work together.	Dslen mena and Baku	le captain and a Repeat Igan to rage our Repeat	t with ex	I rock b WS cess er WS order to	PG PG PG PG			
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### Tue Dec 20, 2022

05:00	POKEMON JOURNEYS		Repeat		WS	PG		
	There's A New Kid In Town!							
	A terrified Pidove flees at rapid speed, crashing into Chloe's window with a thud! Then, to Chloe and her family's surprise, Yamper drags the injured Pidove inside!							
	Cons.Advice: Animated Violence							
05:30	YU-GI-OH! SEVENS		Repeat		WS	PG		
	Pressure Points							
Seatbastian feels the pressure when he battles against a massage duelist who looks to knead out a v								
	Cons.Advice: Animated Violence, Themes							

### Wed Dec 21, 2022

06:00	POLLY POCKET		Repeat		WS	G			
	The Big Ball/Long Lost Friend								
	Big is the person of honor for the Bigowski Ball; When P long-lost pet!	Polly discovers a tiny pa	arrot, she learn	s that it's	Grand	ma's			
06:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G			
	Zappy Cling								
	After mishandling Zee's powerful Zingy Zapper, an increasingly bulky Bartleby can't seem to stop objects from sticking to him.								
07:00	BAKUGAN: EVOLUTIONS		Repeat		WS	PG			
	The Bakuganist is Back/Trox Evolution!								
	Energy from Vestroia seeps into Earth, causing strange	phenomena and Baku	igan to rage out	t with ex	cess en	ergy.			
	Cons.Advice: Animated Violence, Themes								
07:30	BEYBLADE BURST RISE		Repeat		WS	PG			
	The Greatest Tag Battle Ever!								
	With the Victories only one loss away from total defeat, it's time for Dante and Delta to combine their forces and rise up.								
	Cons.Advice: Mild Violence								
08:00	SMASHHDOWN!	Captioned	Repeat		WS	С			
	Match Day 2, Pool B – Barny vs. Lucky Michael								
	Tighten those racquet strings because it's tennis day here inside SMASHHDOWN Stadium! Nick visits some junior champs for some pointers, plus our players clash in a classic match of Ping Pong Pow!								
08:30	RAINBOW RANGERS		Repeat		WS	G			
	A Whale of a Problem/Bee Like Lavender								
	The Rangers rescue a beached whale who has been tormented by sonar waves. The Rangers have to stop a bee colony from collapse.								
09:00	GIGANTOSAURUS		Repeat		WS	G			
	Coco Bill/Brothers and Sisters								
	When Rugo tries to collect all of the coconuts in Cretacia, Bill sets out to get them back; Tiny and Totor discover they have a lot in common.								
09:30	GUS, THE ITSY BITSY KNIGHT		Repeat		WS	G			
	Dragon Permit - Part 1 & 2								
	Gus can finally attempt to pass his dragon licence, but in order to do so, he must first tame a dragon. Despite his efforts, his Valiant proves to be unpredictable, so Sacréemoche brings Merlin's gargoyle back to life.								
10:00	NINJAGO		Repeat		WS	PG			
	Queen of the Munce/Trial By Mino								
	Having become separated from the others, Nya, Jay and named Murt; Stumbling upon a group of Geckels, Kai an								
	Cons.Advice: Themes, Animated Violence								

#### Wed Dec 21, 2022

10:30	POKEMON JOURNEYS		Repeat		WS	PG		
	Betrayed, Bothere, And Beleagured!			•				
	Ash and Riolu are training hard for the World Coronation Seriesperhaps a bit too hard, as Pikachu ends up feeling lonely and jealous.							
	Cons.Advice: Animated Violence		_		-			
11:00	THE TOM & JERRY SHOW		Repeat		WS	G		
	Mice From Mars / The Great Catsby / Yeti, Set, Go							
	Mice force Tom to change/Tom competes with his cousin/Tom inadvertently sets a Yeti loose.							
	Cons.Advice: Animated Violence							
11:30	YU-GI-OH! SEVENS		Repeat		WS	PG		
	Demolition Duel							
	When a member of the Heavy Cavalry tries to demolish Yuga's lab, his friends step in to stop it!							
	Cons.Advice: Animated Violence, Themes							
12:00	INSIDE PHUKET AIRPORT	Captioned			WS	PG		
	Bags In, Out, Found?!							
	Elaine and Darren have flown in from London to meet a huge group of family and friends. Screening officer Pao explains about the prohibited items list, including the giant durian fruit.							
	Cons.Advice: Some Coarse Language							
13:00	THE BIONIC WOMAN		Repeat		WS	PG		
	Over-the-Hill Spy							
	To catch an elderly Soviet spy, OSI must reactivate an agent i	made bitter by fo	orced retiremen	ıt.				
	Starring: Lindsay Wagner, Richard Anderson, Martin E. Brook	S						
	Cons.Advice: Mild Violence, Themes							
14:00	FULL HOUSE		Repeat		WS	G		
	Daddy's Home	•		•				
	Danny has to fly off to work minutes before Stephanie makes her ballet debut as a flying swan.							
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley (	Dslen						
14:30	FULL HOUSE		Repeat		WS	G		
	The Return Of Grandma	1						
	A frantic search for Jesse's missing pet turtle leads to the Tan time for an untimely visit from the guy's mothers.	ner "family" turn	ing the house ι	upside de	own, jus	t in		
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley (	Dslen						

### Wed Dec 21, 2022

15:00	THE NANNY	Captioned	Repeat		WS	PG					
	A Kiss Is Just A Kiss										
	Fran encourages Maggie to enter Billy Ray Cyrus's kissing contest but Fran wins by accident.										
	Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane,	Daniel Davis									
15:30	3RD ROCK FROM THE SUN		Repeat		WS	PG					
	Fun With Dick and Janet, Part I										
	The Big Giant Head sends his niece to act as Dick's wife in an effort to distract him from Dr Albright.										
	Starring: John Lithgow, Jane Curtin, Kristen Johnston										
	Cons.Advice: Mild Coarse Language, Sexual References										
16:00	THAT 70'S SHOW		Repeat		WS	PG					
	No Quarter										
	Eric must return Donna's engagement ring after he receives a collection notice. Jackie moves in with Donna and Kelso gets a job at the hotel kitchen.										
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher										
	Cons.Advice: Some Coarse Language, Sexual References, D	rug References									
16:30	EVERYBODY LOVES RAYMOND		Repeat		WS	PG					
	Confronting the Attacker										
	After losing his nerve, Robert quits the police force.										
	Starring: Ray Romano, Patricia Heaton, Brad Garrett										
17:00			Repeat		WS	PG					
	EVERYBODY LOVES RAYMOND		Персаг	Robert's Divorce							
			Repeat								
			Repear	I	<u> </u>	-					
	Robert's Divorce		Repeat	1	I	-					
17:30	Robert's Divorce The Barones reminisce about the demise of Robert's marriage	captioned	Repeat		WS	PG					
17:30	Robert's Divorce The Barones reminisce about the demise of Robert's marriage Starring: Ray Romano, Patricia Heaton, Brad Garrett	1	·		WS	PG					
17:30	Robert's Divorce The Barones reminisce about the demise of Robert's marriage Starring: Ray Romano, Patricia Heaton, Brad Garrett THE NANNY	Captioned	Repeat		WS	PG					

#### Wed Dec 21, 2022

18:00	3RD ROCK FROM THE SUN		Repeat		WS	PG			
	Fun With Dick and Janet, Part II								
	Dick tries to keep his wife Janet a secret from Mary, and Tommy confesses to vandalising the field which Officer Don suspects of being an alien landing site.								
	Starring: John Lithgow, Jane Curtin, Kristen Johnston								
	Cons.Advice: Mild Coarse Language, Sexual References								
18:30	THAT 70'S SHOW		Repeat		WS	PG			
	Trampled Under Foot								
	Kitty invites a creepy teenager over to be part of Eric's circle of friends. Meanwhile the gang sees Fez's bedroom for the first time.								
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher								
	Cons.Advice: Some Coarse Language, Sexual References, D	rug References							
19:00	YOUNG SHELDON	Captioned	Repeat		WS	PG			
	A Lot of Band-Aids and the Cooper Surrender								
	Sheldon makes friends with his dorm neighbors. Also, George Sr. learns his job is in jeopardy.								
	Starring: Iain Armitage, Zoe Perry, Lance Barber, Jim Parsons								
	Cons.Advice: Mild Coarse Language								
19:30	DECK THE HALLS 2006	Captioned	Repeat		WS	PG			
	Deck The Halls								
	Mathew Broderick plays a Christmas mad suburban dad who neighbourhood. His world is turned upside down when his new that he hopes it can be seen from outer space!								
	Starring: Danny De Vito, Matthew Broderick, Kristine David								
	Cons.Advice: Sexual References, Adult Themes, Mild Coarse	Language							
21:20	DADDY'S HOME 2 2017	Captioned	Repeat		WS	PG			
	Daddy's Home 2			•					
	Having finally gotten used to each other's existence, Brad and Dusty must now deal with their intrusive fathers during the holidays.								
	Starring: Will Ferrell, Mark Wahlberg, Mel Gibson								
	Cons.Advice: Adult Humour, Sexual References, Some Coarse Language								
23:20	TELENOVELA				WS	PG			
	Split Personalties								
	Mimi's husband, Martin, returns from prison a seemingly bette from getting back together with him by distracting her with a gi out."								
	Starring: Eva Longoria, Jencarlos Canela, Diana Maria Riva								
	Cons.Advice: Sexual References	Cons.Advice: Sexual References							

### Wed Dec 21, 2022

23:50	YOUNG SHELDON	Captioned	Repeat	WS	PG				
	A Lot of Band-Aids and the Cooper Surrender								
	Sheldon makes friends with his dorm neighbors. Also, George Sr. learns his job is in jeopardy.								
	Starring: Iain Armitage, Zoe Perry, Lance Barber, Jim Parsons								
	Cons.Advice: Mild Coarse Language								
00:15	SATISFACTION			WS	MA				
	Through Release								
	Neil and Grace confront their infidelities from the past six months while Adriana schemes to keep Neil and Grace apart for good.								
	Starring: Matt Passmore, Stephanie Szostak, Blair Redford								
	Cons.Advice: Strong Adult Themes, Sex Scenes, Drug Use								
01:10	KEEPING UP WITH THE KARDASHIANS		Repeat	WS	М				
	Birthdays And Bad News - Part 1								
	Khloe invites her ex to True's first birthday party, but an uncomfortable confrontation in front of family and friends leaves her questioning her decision.								
	Cons.Advice: Mature Themes, Some Coarse Language, Sexual References								
)2:00	FULL HOUSE		Repeat	WS	G				
	Daddy's Home								
	Danny has to fly off to work minutes before Stephanie makes her ballet debut as a flying swan.								
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley C	Oslen							
02:30	FULL HOUSE		Repeat	WS	G				
	The Return Of Grandma								
	A frantic search for Jesse's missing pet turtle leads to the Tanner "family" turning the house upside down, just in time for an untimely visit from the guy's mothers.								
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley C	Oslen							
03:00	BAKUGAN: EVOLUTIONS		Repeat	WS	PG				
	The Bakuganist is Back/Trox Evolution!								
	Energy from Vestroia seeps into Earth, causing strange pheno	mena and Baku	igan to rage out	with excess er	nergy				
	Cons.Advice: Animated Violence, Themes								
3:30	NINJAGO		Repeat	WS	PG				
	Queen of the Munce/Trial By Mino	•							
	Having become separated from the others, Nya, Jay and Lloyd are led back to the Munce "Home-Cave" by a Muno named Murt; Stumbling upon a group of Geckels, Kai and Zane are accused of working for the Skull Sorcerer.								
	named Murt; Stumbling upon a group of Geckels, Kai and Zan	e are accused c	f working for the	Skull Sorcere	r.				

### Wed Dec 21, 2022

04:00	TV SHOP - HOME SHOPPING				WS	G		
	Home shopping programme.							
04:30	TV SHOP - HOME SHOPPING				WS	G		
	Home shopping programme.							
05:00	POKEMON JOURNEYS		Repeat		WS	PG		
	Betrayed, Bothere, And Beleagured!							
	Ash and Riolu are training hard for the World Coronation Seriesperhaps a bit too hard, as Pikachu ends up feeling lonely and jealous.							
	Cons.Advice: Animated Violence							
05:30	YU-GI-OH! SEVENS		Repeat		WS	PG		
	Demolition Duel							
	Demonition Duer							
	When a member of the Heavy Cavalry tries to demolish Yuga's	s lab, his friends	step in to stop	it!				

### Thu Dec 22, 2022

06:00	POLLY POCKET		Repeat		WS	G		
	The Unicorn Queen/Kingdom Keys							
	A flat tire puts Polly's family vacation with her friends on paus Rainbow Funland breaks down, Polly and her pals use tiny p			ice; Whe	en a ride	at		
06:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G		
	Zip Zap Zooooom!			•				
	Grizelda is determined to win the kingdom's first Great Rainbow Rally, but her self-centred driving throws the rest of the racers off course.							
07:00	BAKUGAN: EVOLUTIONS		Repeat		WS	PG		
	A New Power—Nano-Gear/Who's The Real Culprit?!							
	Dan tracks down Magnus to see if he's the one who's been secretly teaching bad brawlers; Dan tells the other Awesome Brawlers that some bad brawlers are secretly learning Elemental battling techniques from someone at the Academy.							
	Cons.Advice: Animated Violence, Themes							
07:30	BEYBLADE BURST RISE		Repeat		WS	PG		
	Rising Friendship! Master Dragon!							
	The Victories and Inferno are tied going into the final round; win or lose, it all comes down to this.							
	Cons.Advice: Mild Violence							
08:00	SMASHHDOWN!	Captioned	Repeat		WS	С		
	Match Day 3, Pool B – Barny vs. Sparky	•			•			
	Our players are poolside today because it's all about water-s some junior experts, plus a splashdown challenge to remem			into wat	er polo	with		
08:30	RAINBOW RANGERS		Repeat		WS	G		
	The Earth Needs Their Kelp/Iceberg Ahead							
	The Rangers must return balance to an ocean environment; course for a clan of polar bears.	a large iceberg ca	alves, leaving a	floe on	a collisio	on		
09:00	GIGANTOSAURUS		Repeat		WS	G		
	The Floating Stone/The Light In the Storm			-				
	Mazu and Rocky must work together to save Tiny and Bill from Terminonator; Bill and Marsh are separated from their friends in a storm and must face their fears to get home.							
09:30	LEGO FRIENDS HOLIDAY SPECIAL		Repeat		WS	G		
	LEGO Friends Holiday Special				-			
	After getting into a disagreement at the ice rink, our five frien to tackle some last-minute Holiday activities. When the storm themselves reunited and trapped in Andrea's old, spooky ho and the holiday spirit	n worsens, and th	ings don't go as	s planne	d, they f	ind		
10:00	NINJAGO		Repeat		WS	PG		
	The Skull Sorcerer/The Real Fall	•			•			
	Cole escapes a nest of Dire-Bats only to find himself face to face with a giant spider; Princess Vania attempts to catch the falling Master Wu and Cole, but their combined weight tears her wings loose, plunging the group into the mountain.							
	mountain.	0	5	5				

#### Thu Dec 22, 2022

10:30	POKEMON JOURNEYS		Repeat		WS	PG			
	The Cuteness Quotient!								
	Parker calls Chloe with a problem concerning his friend Jinny: Jinny's other friends are making fun of her Feebas, saying it's not cute.								
	Cons.Advice: Animated Violence								
11:00	THE TOM & JERRY SHOW		Repeat		WS	G			
	What About Blob? / Mouse Party / Ghoul's Gold								
	Tom turns into a Blob monster/Jerry wants to have a party/Tom serves an evil pirate.								
	Cons.Advice: Animated Violence								
11:30	YU-GI-OH! SEVENS		Repeat		WS	PG			
	Sibling Showdown								
	It's a battle between brother and sister as Rayne and Rino have a family face-off!								
	Cons.Advice: Animated Violence, Themes								
12:00	INSIDE PHUKET AIRPORT	Captioned			WS	PG			
	Fire & Fitness								
	The airport's fire brigade must not only train to respond to fires, but also for aircraft ditching in the sea. Steve and Kris return to their spiritual fitness home in Chalong, Phuket.								
	Cons.Advice: Themes								
13:00	THE BIONIC WOMAN		Repeat		WS	PG			
	All for One								
	Jaime meets a computer whiz while under cover in college to	learn who has b	een stealing fro	om OSI.					
	Starring: Lindsay Wagner, Richard Anderson, Martin E. Brook	S							
	Cons.Advice: Mild Violence, Themes								
14:00	FULL HOUSE		Repeat		WS	G			
	Knock Yourself Out	•		•					
	Danny's tryout for a career as a boxing announcer isn't exactly a knockout, meanwhile, the boys tend to baby Michelle who's down for the count with a cold.								
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley	Oslen							
14:30	FULL HOUSE		Repeat		WS	G			
	Jesse's Girl								
	Jesse's dream girl turns into a nightmare when she dumps hir	n for Joey.							
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley Oslen								

### Thu Dec 22, 2022

	THE NANNY	Captioned	Repeat	WS	PG					
	Strange Bedfellows									
	Fran is having problems with what her role would be after	the kids have grown	up.							
	Starring: Fran Drescher, Charles Shaughnessy, Lauren La	ane, Daniel Davis								
15:30	3RD ROCK FROM THE SUN		Repeat	WS	PG					
	Fun With Dick and Janet, Part II									
	Dick tries to keep his wife Janet a secret from Mary, and Tommy confesses to vandalising the field which Officer Don suspects of being an alien landing site.									
	Starring: John Lithgow, Jane Curtin, Kristen Johnston									
	Cons.Advice: Mild Coarse Language, Sexual References									
16:00	THAT 70'S SHOW		Repeat	WS	PG					
	Trampled Under Foot	Trampled Under Foot								
	Kitty invites a creepy teenager over to be part of Eric's circle of friends. Meanwhile the gang sees Fez's bedroom fo the first time.									
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher									
	Cons.Advice: Some Coarse Language, Sexual References, Drug References									
	Cons.Advice: Some Coarse Language, Sexual Reference	s, Drug References								
16:30	Cons.Advice: Some Coarse Language, Sexual Reference: EVERYBODY LOVES RAYMOND	s, Drug References	Repeat	WS	PG					
16:30		s, Drug References	Repeat	WS	PG					
16:30	EVERYBODY LOVES RAYMOND									
16:30	EVERYBODY LOVES RAYMOND <i>Italy: Part 1</i> The family goes to Italy, but Ray gets a cold and becomes									
16:30	EVERYBODY LOVES RAYMOND <i>Italy: Part 1</i> The family goes to Italy, but Ray gets a cold and becomes first he has to get past her father.									
	EVERYBODY LOVES RAYMOND <i>Italy: Part 1</i> The family goes to Italy, but Ray gets a cold and becomes first he has to get past her father. Starring: Ray Romano, Patricia Heaton, Brad Garrett		ert finds the woma	n of his drea	I ms. But					
	EVERYBODY LOVES RAYMOND <i>Italy: Part 1</i> The family goes to Italy, but Ray gets a cold and becomes first he has to get past her father. Starring: Ray Romano, Patricia Heaton, Brad Garrett EVERYBODY LOVES RAYMOND	miserable and Robe	ert finds the woman	n of his drea	I ms. But					
	EVERYBODY LOVES RAYMOND <i>Italy: Part 1</i> The family goes to Italy, but Ray gets a cold and becomes first he has to get past her father. Starring: Ray Romano, Patricia Heaton, Brad Garrett EVERYBODY LOVES RAYMOND <i>Italy: Part 2</i>	miserable and Robe	ert finds the woman	n of his drea	I ms. But					
	EVERYBODY LOVES RAYMOND         Italy: Part 1         The family goes to Italy, but Ray gets a cold and becomes first he has to get past her father.         Starring: Ray Romano, Patricia Heaton, Brad Garrett         EVERYBODY LOVES RAYMOND         Italy: Part 2         Ray starts to appreciate Italy and Robert must avoid Stefa	miserable and Robe	ert finds the woman	n of his drea	I ms. But					
17:00	EVERYBODY LOVES RAYMOND         Italy: Part 1         The family goes to Italy, but Ray gets a cold and becomes first he has to get past her father.         Starring: Ray Romano, Patricia Heaton, Brad Garrett         EVERYBODY LOVES RAYMOND         Italy: Part 2         Ray starts to appreciate Italy and Robert must avoid Stefa Starring: Ray Romano, Patricia Heaton, Brad Garrett	nia's father if he wish	Repeat	n of his drea WS w.	PG					
17:00	EVERYBODY LOVES RAYMOND         Italy: Part 1         The family goes to Italy, but Ray gets a cold and becomes first he has to get past her father.         Starring: Ray Romano, Patricia Heaton, Brad Garrett         EVERYBODY LOVES RAYMOND         Italy: Part 2         Ray starts to appreciate Italy and Robert must avoid Stefa Starring: Ray Romano, Patricia Heaton, Brad Garrett         THE NANNY	nia's father if he wish	Repeat Repeat Repeat Repeat	n of his drea WS w.	PG					

### Thu Dec 22, 2022

18:00	3RD ROCK FROM THE SUN		Repeat	WS	PG				
	Tricky Dick								
	Dick and Mary find their office relationship strained by the brea	aking-off of their	engagement, an	d Sally jilts Do	on.				
	Starring: John Lithgow, Jane Curtin, Kristen Johnston								
	Cons.Advice: Mild Coarse Language, Sexual References								
18:30	THAT 70'S SHOW		Repeat	WS	PG				
	You Shook Me								
	Hyde and Kelso ogle sexy nurses at a convention.								
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher								
	Cons.Advice: Some Coarse Language, Sexual References, D	rug References							
9:00	YOUNG SHELDON	Captioned	Repeat	WS	PG				
	A Free Scratcher and Feminine Wiles								
	Sheldon butts heads with Dr. Lee, a new scientist in the lab. Also, Mary is given a lotto ticket.								
	Starring: Iain Armitage, Zoe Perry, Lance Barber, Jim Parsons	5							
	Cons.Advice: Mild Coarse Language								
9:30									
19:30	POLAR EXPRESS 2004	Captioned	Repeat	WS	G				
19:30	POLAR EXPRESS     2004       Polar Express	Captioned	Repeat	WS	G				
19:30		s takes an extrao	rdinary train ride	e to the North	Pole, ł				
19:30	Polar Express When a boy who begins to doubt the existence of Santa Claus	s takes an extrao	rdinary train ride	e to the North	Pole, ł				
	Polar Express When a boy who begins to doubt the existence of Santa Claus embarks on a journey of self-discovery that shows him that the	s takes an extrao	rdinary train ride	e to the North	Pole, ł				
19:30 21:30	Polar Express When a boy who begins to doubt the existence of Santa Claus embarks on a journey of self-discovery that shows him that the Starring: Tom Hanks, Chris Coppola, Michael Jeter	s takes an extrao e wonder of life n	rdinary train ride ever fades for th	e to the North hose who belie	Pole, ł eve.				
	Polar Express         When a boy who begins to doubt the existence of Santa Claus         embarks on a journey of self-discovery that shows him that the         Starring: Tom Hanks, Chris Coppola, Michael Jeter         FRED CLAUS       2007	s takes an extrao e wonder of life n Captioned saintly Santa Cla	rdinary train ride ever fades for th Repeat	e to the North hose who belie WS	Pole, r eve. PG				
	Polar Express         When a boy who begins to doubt the existence of Santa Claus         embarks on a journey of self-discovery that shows him that the         Starring: Tom Hanks, Chris Coppola, Michael Jeter         FRED CLAUS       2007         Fred Claus         The joy and happiness of the holiday season is ruined for the second s	s takes an extract wonder of life n Captioned saintly Santa Cla rith him at the No	rdinary train ride lever fades for th Repeat lus when his cra rth Pole.	e to the North hose who belie WS nky older brot	Pole, ł eve. PG her,				
	Polar Express         When a boy who begins to doubt the existence of Santa Claus         embarks on a journey of self-discovery that shows him that the         Starring: Tom Hanks, Chris Coppola, Michael Jeter         FRED CLAUS       2007         Fred Claus         The joy and happiness of the holiday season is ruined for the second start of the	s takes an extrao e wonder of life n Captioned saintly Santa Cla ith him at the No Miranda Richard	rdinary train ride lever fades for th Repeat lus when his cra rth Pole.	e to the North hose who belie WS nky older brot	Pole, I eve. PG her,				
21:30	Polar Express         When a boy who begins to doubt the existence of Santa Claus         embarks on a journey of self-discovery that shows him that the         Starring: Tom Hanks, Chris Coppola, Michael Jeter         FRED CLAUS       2007         Fred Claus         The joy and happiness of the holiday season is ruined for the series         Fred a repo man with a sizable rap sheet comes to stay w         Starring: Vince Vaughn, Paul Giamatti, John Michael Higgins,	s takes an extrao e wonder of life n Captioned saintly Santa Cla ith him at the No Miranda Richard	rdinary train ride lever fades for th Repeat lus when his cra rth Pole.	e to the North hose who belie WS nky older brot	Pole, I eve. PG her,				
	Polar Express         When a boy who begins to doubt the existence of Santa Claus embarks on a journey of self-discovery that shows him that the Starring: Tom Hanks, Chris Coppola, Michael Jeter         FRED CLAUS       2007         Fred Claus       2007         The joy and happiness of the holiday season is ruined for the Fred a repo man with a sizable rap sheet comes to stay w Starring: Vince Vaughn, Paul Giamatti, John Michael Higgins, Cons.Advice: Adult Themes, Mild Violence, Mild Coarse Lang	s takes an extract e wonder of life n Captioned saintly Santa Cla ith him at the No Miranda Richarc uage	rdinary train ride lever fades for th Repeat lus when his cra rth Pole. Ison, Rachel We	e to the North hose who belie WS nky older brot eisz, Kathy Ba	Pole, I eve. PG her, tes				
21:30	Polar Express         When a boy who begins to doubt the existence of Santa Claus embarks on a journey of self-discovery that shows him that the Starring: Tom Hanks, Chris Coppola, Michael Jeter         FRED CLAUS       2007         Fred Claus       2007         The joy and happiness of the holiday season is ruined for the season is ruined for the season is ruined for the second season is ruined for the second season.         Starring: Vince Vaughn, Paul Giamatti, John Michael Higgins, Cons.Advice: Adult Themes, Mild Violence, Mild Coarse Lange         YOUNG SHELDON	s takes an extrao e wonder of life n Captioned saintly Santa Cla rith him at the No Miranda Richard uage Captioned	rdinary train ride lever fades for th Repeat uus when his cra orth Pole. Ison, Rachel We Repeat	e to the North hose who belie WS nky older brot eisz, Kathy Ba	Pole, I eve. PG her, tes				
21:30	Polar Express         When a boy who begins to doubt the existence of Santa Claus embarks on a journey of self-discovery that shows him that the Starring: Tom Hanks, Chris Coppola, Michael Jeter         FRED CLAUS       2007         Fred Claus       2007         The joy and happiness of the holiday season is ruined for the series of the region of the series of the	s takes an extract e wonder of life n Captioned saintly Santa Cla ith him at the No Miranda Richarc uage Captioned	rdinary train ride lever fades for th Repeat uus when his cra orth Pole. Ison, Rachel We Repeat	e to the North hose who belie WS nky older brot eisz, Kathy Ba	Pole, I eve. PG her, tes				

### Thu Dec 22, 2022

00:10	DASH DOLLS		Repeat		WS	М		
	Momma Drama							
	After a tough break-up, Malika questions why she never winds conservative mother comes to town and is challenged by their				severely	/		
	Cons.Advice: Some Coarse Language, Sexual References							
01:10	KEEPING UP WITH THE KARDASHIANS		Repeat		WS	М		
	Birthdays And Bad News - Part 2							
	After an uncomfortable confrontation with her ex at True's first birthday, Khloe must figure out how to coexist with her ex; Kim accuses Kourtney of copying her style; Kim searches for answers regarding a frightening medical diagnosis.							
	Cons.Advice: Mature Themes, Some Coarse Language, Sexu	al References						
02:00	FULL HOUSE		Repeat		WS	G		
	Knock Yourself Out							
	Danny's tryout for a career as a boxing announcer isn't exactly a knockout, meanwhile, the boys tend to baby Michelle who's down for the count with a cold.							
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley	Oslen						
02:30	FULL HOUSE		Repeat		WS	G		
	Jesse's Girl							
	Jesse's dream girl turns into a nightmare when she dumps him for Joey.							
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley	Oslen						
03:00	BAKUGAN: EVOLUTIONS		Repeat		WS	PG		
	A New Power—Nano-Gear/Who's The Real Culprit?!							
	Dan tracks down Magnus to see if he's the one who's been secretly teaching bad brawlers; Dan tells the other Awesome Brawlers that some bad brawlers are secretly learning Elemental battling techniques from someone at the Academy.							
	Cons.Advice: Animated Violence, Themes							
03:30	NINJAGO		Repeat		WS	PG		
	The Skull Sorcerer/The Real Fall							
	Cole escapes a nest of Dire-Bats only to find himself face to face with a giant spider; Princess Vania attempts to catch the falling Master Wu and Cole, but their combined weight tears her wings loose, plunging the group into the mountain.							
	Cons.Advice: Themes, Animated Violence							
04:00	TV SHOP - HOME SHOPPING		Repeat		WS	G		
	Home shopping programme.	•	•		•			
04:30	TV SHOP - HOME SHOPPING		Repeat		WS	G		
	Home shopping programme.		•	•	-	•		

### Thu Dec 22, 2022

05:00	POKEMON JOURNEYS		Repeat		WS	PG			
	The Cuteness Quotient!								
	Parker calls Chloe with a problem concerning his friend Jinny: Jinny's other friends are making fun of her Feebas, saying it's not cute.								
	Cons.Advice: Animated Violence								
05:30	YU-GI-OH! SEVENS		Repeat		WS	PG			
	Sibling Showdown		-						
	It's a battle between brother and sister as Rayne and Rino have a family face-off!								
	Cons.Advice: Animated Violence, Themes								

### Fri Dec 23, 2022

06:00	POLLY POCKET		Repeat		WS	G				
	Slumber Polly/Magic is in the Heart									
	While on a scavenger hunt, Polly and her crew discover that someone familiar is behind all the problems at Rainbow Funland. Ahead of the opening of Rainbow Funland's new ride, Polly and her pals must reunite the amusement park's creators.									
06:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G				
	A Royal Stink									
	It's up to True to rid the kingdom of a horrible smell when the Rainbow King goes away on family business and makes her Queen for a Day.									
07:00	BAKUGAN: EVOLUTIONS		Repeat		WS	PG				
	Fautus's Secret Revealed/Clash! Dan vs. Athena									
	Energy from Vestroia seeps into Earth, causing strange phenomena and Bakugan to rage out with excess energy.									
	Cons.Advice: Animated Violence, Themes									
07:30	BEYBLADE BURST SURGE		Repeat		WS	PG				
	The Blading Revolution!									
	The Hizashi brothers, Hyuga and Hikaru, are surging onto the scene, and they are ready to join a new Blading revolution!									
	Cons.Advice: Mild Violence									
08:00	SMASHHDOWN!	Captioned	Repeat		WS	С				
	Match Day 4, Pool B – Ando vs. Lucky Michael									
	It's all about rugby league as our players look to put on the big hits inside the stadium today! Glenda and Andy get some tips from some junior legends, plus a high-octane Up for Grabs challenge!									
08:30	RAINBOW RANGERS		Repeat		WS	G				
	Backyard Bird Feeder/If You Can't Stand the Heat									
	A backyard feeder is too close to a glass window, and the Rangers need to find another way to safely feed the birds; when the Rangers act to save animals from a forest fire, they jump the gun and accidentally put out a controlled burn.									
09:00	GIGANTOSAURUS		Repeat		WS	G				
	The Shortest Day/Mazu's Comet	•		•	-					
	Tiny throws a party and tries to deliver on the outrageous promises she made; when Mazu wants to see a once-in-a- lifetime comet, everyone else's needs threaten to get in the way.									
09:30	SPIDEY AND HIS AMAZING FRIENDS		Repeat		WS	G				
	A Very Spidey Christmas/Gobby on Ice									
	When Doc Ock becomes determined to steal everyone's Christmas presents, it threatens to put a damper on an important holiday event.									
10:00	NINJAGO		Repeat		WS	PG				
	Dungeon Party!/Dungeon Crawl									
	Cole awakens from a dream to find himself surrounded by Maa adventures; Cole leads the Lowly and Princess Vania and Wu Rock-Bottom.									
	Cons.Advice: Themes, Animated Violence									

#### Fri Dec 23, 2022

10:30	POKEMON JOURNEYS		Repeat	Τ	WS	PG		
	Time After Time!							
	Goh's family is vacationing in Azalea Town for the first time in he remembers a boy named Horace.	three years! Bu	t when Goh thi	nks abou	it the las	st time,		
	Cons.Advice: Animated Violence							
11:00	THE TOM & JERRY SHOW		Repeat		WS	G		
	Maust / Cat-astrophic Failure / Cat-A-Combs							
	Tom is tricked by a magician/Tom trains Tyke to behave more like a cat/Tom finds a magic cloak.							
	Cons.Advice: Animated Violence							
11:30	YU-GI-OH! SEVENS		Repeat		WS	PG		
	Coocoo Duel							
	Luke goes coocoo when he has to duel against a pigeon!							
	Cons.Advice: Animated Violence, Themes							
12:00	INSIDE PHUKET AIRPORT	Captioned		Τ	WS	PG		
	Tara Trainees!							
	The all-singing, all-dancing trainees have finished their course and say goodbye to Phuket. Slav is in town to take part in the world bartending championships competition.							
	Cons.Advice: Themes							
13:00	THE BIONIC WOMAN		Repeat		WS	PG		
	The Pyramid			-				
	Jaime is trapped beneath a Southern California pyramid with	an alien predictir	ng the destructi	on of Ea	ırth.			
	Starring: Lindsay Wagner, Richard Anderson, Martin E. Brook	S						
	Cons.Advice: Mild Violence, Themes							
14:00	FULL HOUSE		Repeat		WS	G		
	The Miracle Of Thanksgiving							
	It's a turkey of a day when everyone teams up to prepare the Thanksgiving feast - and the results are exactly worth gobbling about							
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley Oslen							
14:30	FULL HOUSE		Repeat		WS	G		
	Joey's Place				-	_		
	Joey feels expendable when he starts getting ready for a two he's gone before he leaves.	week comedy to	our and the fam	ily starts	acting I	ikes		
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley	Oslen						

#### Fri Dec 23, 2022

15:00	THE NANNY	Captioned	Repeat		WS	PG			
	The Chatterbox								
	Maggie is invited to her first sweet sixteen party so Fran takes	her to a beauty	parlour.						
	Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane,	Daniel Davis							
15:30	3RD ROCK FROM THE SUN		Repeat		WS	PG			
	Tricky Dick								
	Dick and Mary find their office relationship strained by the breaking-off of their engagement, and Sally jilts Don.								
	Starring: John Lithgow, Jane Curtin, Kristen Johnston								
	Cons.Advice: Mild Coarse Language, Sexual References								
6:00	THAT 70'S SHOW		Repeat		WS	PG			
	You Shook Me								
	Hyde and Kelso ogle sexy nurses at a convention.								
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher								
	Cons.Advice: Some Coarse Language, Sexual References, Drug References								
16:30	EVERYBODY LOVES RAYMOND		Repeat		WS	PG			
	The Wallpaper								
	Ray kicks his parents out of his house.								
	Starring: Ray Romano, Patricia Heaton, Brad Garrett								
17:00	EVERYBODY LOVES RAYMOND		Repeat		WS	PG			
	Christmas Present	•							
	Ray buys Debra an elaborate Christmas gift.								
	Starring: Ray Romano, Patricia Heaton, Brad Garrett								
17:30	THE NANNY	Captioned	Repeat		WS	PG			
	Fran Gets Mugged								
	Fran is mugged in Central Park and the thief takes Mr Sheffield	d's ancient Shak	espeare docur	nent.					
	Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane,	Daniel Davis							

### Fri Dec 23, 2022

18:00	ANTZ	1998	Captioned	Repeat		WS	PG			
	Antz									
	A rather neurotic ant tries to break from his totalitarian society while trying to win the affection of the princess he loves.									
	Starring: Woody Allen, Sharon Stone,	Gene Hackman								
	Cons.Advice: Mild Violence									
19:30	RICHIE RICH	1994	Captioned	Repeat		WS	PG			
	Richie Rich									
	Based on the classic Harvey Comics of friends, must invade the Rich manor to				ig with th	ne help o	of his			
	Starring: Macaulay Culkin, John Larroquette, Edward Herrmann, Jonathon Hyde, Christine Ebbersole									
	Cons.Advice: Mild Violence									
21:30	KINDERGARTEN COP	1990	Captioned	Repeat		WS	М			
	Kindergarten Cop									
	A tough cop must pose as a kindergar the key to putting him behind bars.	A tough cop must pose as a kindergarten teacher in order to locate a dangerous criminal's ex-wife, who may hold								
	Starring: Arnold Schwarzenegger, Pen	elope Ann Miller, Richar	d Tyson							
	Cons.Advice: Some Violence									
23:45	TELENOVELA					WS	PG			
	Caught in the Act									
		Ana discovers that Xavi has a serious girlfriend, Kelly. Xavi asks Ana for dating help and she happily agrees to "fix" all the things about him that bugged her when they were married. A pregnancy plotline on the show gets Rodrigo's								
	Starring: Eva Longoria, Jencarlos Can	ela, Diana Maria Riva								
	Cons.Advice: Themes, Mild Coarse La	inguage								
00:15	QUEER EYE FOR THE STRAIGHT G	UY				WS	М			
	Meet the Folks: Alan Corey						<u>.</u>			
	The boys get to grips with Alan, a sweep arents.	et guy who needs to sma	arten up his act	before meeting	g his girlf	riend Ka	atie's			
	Cons.Advice: Sexual References									
01:10	QUEER EYE FOR THE STRAIGHT G	UY				WS	М			
	Steven Smith									
	Steven is a rock music expert who dre been overpowered by his girlfriend Jac				a apartn	nent tha	ťs			
	Cons.Advice: Sexual References									

### Fri Dec 23, 2022

02:00	FULL HOUSE		Repeat		WS	G			
	The Miracle Of Thanksgiving								
	It's a turkey of a day when everyone teams up to prepare the gobbling about.	Thanksgiving fea	ast - and the res	sults are	exactly	worth			
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley	Oslen							
02:30	FULL HOUSE		Repeat		WS	G			
	Joey's Place								
	Joey feels expendable when he starts getting ready for a two week comedy tour and the family starts acting likes he's gone before he leaves.								
	Starring: Bob Saget, John Stamos, Mary-Kate Oslen, Ashley Oslen								
03:00	BAKUGAN: EVOLUTIONS		Repeat		WS	PG			
	Fautus's Secret Revealed/Clash! Dan vs. Athena								
	Energy from Vestroia seeps into Earth, causing strange phenomena and Bakugan to rage out with excess energy.								
	Cons.Advice: Animated Violence, Themes								
03:30		1			14/0	PG			
03:30	NINJAGO		Repeat		WS	РG			
03:30	NINJAGO Dungeon Party!/Dungeon Crawl		Repeat		ws	FG			
03:30			ss Vania, and a		d group	of			
03:30	Dungeon Party!/Dungeon Crawl Cole awakens from a dream to find himself surrounded by M adventures; Cole leads the Lowly and Princess Vania and W		ss Vania, and a		d group	of			
03:30	Dungeon Party!/Dungeon Crawl Cole awakens from a dream to find himself surrounded by M adventures; Cole leads the Lowly and Princess Vania and W Rock-Bottom.		ss Vania, and a		d group	of			
	Dungeon Party!/Dungeon Crawl Cole awakens from a dream to find himself surrounded by M adventures; Cole leads the Lowly and Princess Vania and W Rock-Bottom. Cons.Advice: Themes, Animated Violence		ss Vania, and a uitless efforts to		d group ay out	of of			
	Dungeon Party!/Dungeon Crawl         Cole awakens from a dream to find himself surrounded by M         adventures; Cole leads the Lowly and Princess Vania and W         Rock-Bottom.         Cons.Advice: Themes, Animated Violence         TV SHOP - HOME SHOPPING		ss Vania, and a uitless efforts to		d group ay out	of of			
04:00	Dungeon Party!/Dungeon Crawl         Cole awakens from a dream to find himself surrounded by M adventures; Cole leads the Lowly and Princess Vania and W Rock-Bottom.         Cons.Advice: Themes, Animated Violence         TV SHOP - HOME SHOPPING         Home shopping programme.		ss Vania, and a uitless efforts to Repeat		d group ray out WS	of of G			
04:00	Dungeon Party!/Dungeon Crawl         Cole awakens from a dream to find himself surrounded by M         adventures; Cole leads the Lowly and Princess Vania and W         Rock-Bottom.         Cons.Advice: Themes, Animated Violence         TV SHOP - HOME SHOPPING         Home shopping programme.         TV SHOP - HOME SHOPPING		ss Vania, and a uitless efforts to Repeat		d group ray out WS	of of G			
04:00 04:30	Dungeon Party!/Dungeon Crawl         Cole awakens from a dream to find himself surrounded by M         adventures; Cole leads the Lowly and Princess Vania and W         Rock-Bottom.         Cons.Advice: Themes, Animated Violence         TV SHOP - HOME SHOPPING         Home shopping programme.         TV SHOP - HOME SHOPPING         Home shopping programme.		ss Vania, and a uitless efforts to Repeat Repeat		d group ray out WS WS	of of G G			
04:00 04:30	Dungeon Party!/Dungeon Crawl         Cole awakens from a dream to find himself surrounded by M         adventures; Cole leads the Lowly and Princess Vania and W         Rock-Bottom.         Cons.Advice: Themes, Animated Violence         TV SHOP - HOME SHOPPING         Home shopping programme.         TV SHOP - HOME SHOPPING         Home shopping programme.         POKEMON JOURNEYS	u in a series of fro	ss Vania, and a uitless efforts to Repeat Repeat	find a w	l group ay out WS WS	of of G PG			
04:00 04:30	Dungeon Party!/Dungeon Crawl         Cole awakens from a dream to find himself surrounded by M         adventures; Cole leads the Lowly and Princess Vania and W         Rock-Bottom.         Cons.Advice: Themes, Animated Violence         TV SHOP - HOME SHOPPING         Home shopping programme.         TV SHOP - HOME SHOPPING         Home shopping programme.         POKEMON JOURNEYS         Time After Time!         Goh's family is vacationing in Azalea Town for the first time in	u in a series of fro	ss Vania, and a uitless efforts to Repeat Repeat	find a w	l group ay out WS WS	of of G PG			
04:00 04:30	Dungeon Party!/Dungeon Crawl         Cole awakens from a dream to find himself surrounded by M         adventures; Cole leads the Lowly and Princess Vania and W         Rock-Bottom.         Cons.Advice: Themes, Animated Violence         TV SHOP - HOME SHOPPING         Home shopping programme.         TV SHOP - HOME SHOPPING         Home shopping programme.         POKEMON JOURNEYS         Time After Time!         Goh's family is vacationing in Azalea Town for the first time in he remembers a boy named Horace.	u in a series of fro	ss Vania, and a uitless efforts to Repeat Repeat	find a w	l group ay out WS WS	of of G G PG			
04:00 04:30 05:00	Dungeon Party!/Dungeon Crawl         Cole awakens from a dream to find himself surrounded by M         adventures; Cole leads the Lowly and Princess Vania and W         Rock-Bottom.         Cons.Advice: Themes, Animated Violence         TV SHOP - HOME SHOPPING         Home shopping programme.         TV SHOP - HOME SHOPPING         Home shopping programme.         POKEMON JOURNEYS         Time After Time!         Goh's family is vacationing in Azalea Town for the first time in he remembers a boy named Horace.         Cons.Advice: Animated Violence	u in a series of fro	ss Vania, and a uitless efforts to Repeat Repeat	find a w	WS WS	of of G PG st time			
04:00 04:30 05:00	Dungeon Party!/Dungeon Crawl         Cole awakens from a dream to find himself surrounded by M         adventures; Cole leads the Lowly and Princess Vania and W         Rock-Bottom.         Cons.Advice: Themes, Animated Violence         TV SHOP - HOME SHOPPING         Home shopping programme.         TV SHOP - HOME SHOPPING         Home shopping programme.         POKEMON JOURNEYS         Time After Time!         Goh's family is vacationing in Azalea Town for the first time in he remembers a boy named Horace.         Cons.Advice: Animated Violence         YU-GI-OH! SEVENS	u in a series of fro	ss Vania, and a uitless efforts to Repeat Repeat	find a w	WS WS	of of G PG st time			

#### Sat Dec 24, 2022

06:00	JUNGLE BEAT		Repeat		WS	G		
	Boing Boing/Static/Wild Flower							
	Munki and Trunk discover a mysterious flower with glowing pink sap; when racing through the grass, Munki and Trunk get charged with static electricity; Munki sees how much Trunk loves her flower, and wants a flower of his own to look after.							
06:30	GUS, THE ITSY BITSY KNIGHT		Repeat		WS	G		
	The Golden Bucket/So Lucky!		-		_			
	The Shadow Knight accidentally finds a magic bucket that tur decorated with magic symbols, which is actually a lucky char		to gold; Gus find	ds a sma	all rock			
07:00	EARTH TO LUNA!		Repeat		WS	G		
	Tears Tears Tears/Walking On A Cloud							
	Luna, Jupiter and Clyde pretend to be tears in order to explore the different reasons humans produce tears and why we cry; Luna, Jupiter and Clyde make believe they are ducks in order to explore what clouds are made from and if they can be walked on.							
07:30	BERRY BEES	Captioned	Repeat		WS	С		
	Xmas 2.0							
	Evil tech genius Tara Bytes is planning to kidnap Santa so she can replace him as Tara Claus.							
08:00	RICKY ZOOM				WS	G		
	Ricky Slows Down / Motorbikes on the Moon							
	Ricky isn't feeling well and has a rattly engine. Maxwell tells him he's got a case of the Wobbly Wozzles! / Scootio leads the buddies in an attempt to fly in a rocket as it's a dream of hers to build one.							
08:30	SPIDEY AND HIS AMAZING FRIENDS				WS	G		
	Li'l Hulk/ Surprise Party Surprise							
	Team Spidey has its hands full when Gobby's device turns Hulk into a baby; Spidey and Spin plan a birthday surprise for Ghost-Spider, but a stream of villains get in the way.							
09:00	BAKUGAN: GEOGAN RISING		Repeat		WS	PG		
	The Battle of Aquilia/The Aquilla Artifact							
	Shun and Sharktar go head-to-head with old rival McQ in the Aquos realm. Dan and Drago scramble to find crucial artifacts before their battle.							
	Cons.Advice: Animated Violence, Themes							
09:30	MEGA MAN: FULLY CHARGED		Repeat		WS	PG		
	The Gauntlet Part 1/The Gauntlet Part 2							
	Lord Obsidian unites the Robot Masters against Mega Man a As Dr. Light and Suna turn the Robot Masters against each o archnemesis, Lord Obsidian.					nouse.		
	Cons.Advice: Animated Violence, Themes							
10:00	NINJAGO: CRYSTALIZED				WS	PG		
	Quittin' Time!/Return To The Ice Emperor		-					
	Master Wu takes shelter with an unlikely resistance while Nya with a plan to find help. Pixal the broken Zane to Borg Tower shows an old adversary what it means to be a hero.							
	Cons.Advice: Themes, Animated Violence							
L								

#### Sat Dec 24, 2022

10:30	LEGO FRIENDS: GIRLS ON A MISSION		Repeat		WS	G			
	No Horsing Around/Zobo 2.0								
	The girls use all of their talents to help save Barney from being forced out of the Police force and help Officer Laura keep her partner.								
11:00	SPACE NOVA	Captioned	Repeat		WS	С			
	The Goldilocks Zone								
	After learning the direction the Tychon took on the day Sol was discovered as a baby, the Novas take Sol on a mission to a planet inhabited entirely by megaflora.								
11:30	POWER PLAYERS		Repeat		WS	PG			
	Grin And Bear It/Green With Envy								
	Princess SugarSalt confuses Axel's new dental crown for an actual crown; when Uncle Andrew gets interviewed, an envious Galileo stages a play in the park.								
	Cons.Advice: Mild Violence								
12:00	YU-GI-OH! SEVENS				WS	PG			
	Treasure Trackers								
	After 66 million years, the Duel Dinosaur Club has gone extinct! Could Yuga be next?!								
	Cons.Advice: Animated Violence, Themes								
12:30	BEYBLADE BURST SURGE		Repeat		WS	PG			
	Illusory Dragon! Marage Fafnir!								
	While the race for a spot in the Legend Festival tightens, Hyuga and Hikaru both focus on forging connections with their Beys.								
	Cons.Advice: Mild Violence			-	-	-			
13:00	POWER RANGERS DINO CHARGE		Repeat		WS	PG			
	Return Of The Caveman								
	Chase tries to help Koda adapt to modern day technology after he struggles to learn how to ride their new high tech Dino Cycles, but when they are caged in a cave by one of Sledge's monsters, Koda must rely on his caveman instincts to escape and save his friend.								
	Cons.Advice: Stylised Violence								
13:30	POWER RANGERS DINO SUPER CHARGE		Repeat		WS	PG			
	Here Comes Heximas								
	When the Power Rangers receive mysterious Secret Santa gifts, they uncover an evil plot to ruin Christmas.								
	Cons.Advice: Stylised Violence								
14:00	LEGO CITY ADVENTURES		Repeat		WS	PG			
	Police Navidad/Evil Layers								
	Officer Duke DeTain patrols without a partner on Christmas E	ve.							
	Cons.Advice: Mild Violence								

### Sat Dec 24, 2022

14:30	INSIDE PHUKET AIRPORT		Captioned	Repeat		WS	PG		
	Bags In, Out, Found?!								
	Elaine and Darren have flown in from London to meet a huge group of family and friends. Screening officer Pao explains about the prohibited items list, including the giant durian fruit. Cons.Advice: Some Coarse Language								
15:30	INSIDE PHUKET AIRPORT		Captioned	Repeat		WS	PG		
	Fire & Fitness								
	The airport's fire brigade must not only train to respond to fires, but also for aircraft ditching in the sea. Steve and Kris return to their spiritual fitness home in Chalong, Phuket.								
	Cons.Advice: Themes								
16:30	TRANSFORMERS: CYBERVERSE			Repeat		WS	PG		
	Teletraan-X								
	Windblade and Bumblebee trace an Autobot signal and find themselves lured into a trap set by Slipstream and her Seekers.								
	Cons.Advice: Animated Violence								
16:45	THE NANNY: OY TO THE WORLD			Repeat		WS	PG		
	The Nanny: Oy to the World								
	An animated Christmas fantasy in which Fran and Brighton are magically whisked to the North Pole, where they must protect Christmas against the wrath of ice princess "C.C. the Abominable Babcock."								
	Starring: Fran Drescher, Charles Shaughnessy, Daniel Davis								
	Starring: Fran Drescher, Charles Shaughnessy	, Daniel Davis							
17:15	CAPTAIN UNDERPANTS	2017	Captioned	Repeat		WS	G		
17:15			Captioned	Repeat		WS	G		
17:15	CAPTAIN UNDERPANTS	2017 rge and Harold I	hypnotize their p	principal into th	inking he		G		

### Sat Dec 24, 2022

19:00	SHREK FOREVER AFTER	2010	Captioned	Repeat		WS	PG		
	Shrek Forever After								
	Shrek signs a deal with Rumpelstiltskin to get his roar back, but turns his world upside down in the process. Donkey can't remember his best friend and Fiona is now a warrior princess. Together, they have just 24 hours to reverse the contract.								
	Starring: Mike Myers, Cameron Diaz, Eddie	Murphy							
	Cons.Advice: Adult Themes, Mild Violence								
20:50	OCCUPATION RAINFALL	2020	Captioned			WS	М		
	Occupation Rainfall				-		-		
	Two years after aliens land on Earth, survive casualties continue to grow.	Two years after aliens land on Earth, survivors from Sydney, Australia, fight in a desperate war as the number of casualties continue to grow.							
	Starring: Dan Ewing, Temuera Morrison								
	Cons.Advice: Sci-fi Violence, Some Coarse	Language							
23:20	PARANORMAL CAUGHT ON CAMERA		Captioned	Repeat		WS	М		
	A Ghost Attack Draws Blood & More						-		
	A paranormal investigator explores an abandoned hospital, a baby's innocent play beckons a powerful entity and a reptile hunter spots a snake-like object in the sky.								
	Cons.Advice: Supernatural Themes, Some	Coarse Language							
00:20	MANIFEST		Captioned	Repeat		WS	М		
	S.N.A.F.U.								
	Michaela and Ben try to make sense of their newest calling - the sound of a beating heart; Ben goes to risky lengths to investigate the whereabouts of 11 missing Flight 828 passengers.								
	Starring: Melissa Roxburgh, Josh Dallas, Athena Karkanis								
	Cons.Advice: Supernatural Themes, Some Violence								
01:15	MANIFEST		Captioned	Repeat		WS	MA		
	Point of No Return								
	Ben finds himself working with an unexpected partner to search for the missing Flight 828 passengers; Michaela fears for the lives of her loved ones after she has a mysterious calling; Cal's first day back at school overwhelms him.								
	Starring: Melissa Roxburgh, Josh Dallas, Athena Karkanis								
	Cons.Advice: Adult Themes, Some Violence								
02:10	INSIDE PHUKET AIRPORT		Captioned	Repeat		WS	PG		
	Bags In, Out, Found?!								
	Elaine and Darren have flown in from Londo explains about the prohibited items list, inclu			and friends. Sci	reening o	officer P	ao		
	Cons.Advice: Some Coarse Language								

#### Sat Dec 24, 2022

03:00	POWER RANGERS DINO CHARGE		Repeat		WS	PG		
	Return Of The Caveman							
	Chase tries to help Koda adapt to modern day technology after he struggles to learn how to ride their new high tech Dino Cycles, but when they are caged in a cave by one of Sledge's monsters, Koda must rely on his caveman instincts to escape and save his friend.							
	Cons.Advice: Stylised Violence							
03:30	BEYBLADE BURST SURGE		Repeat		WS	PG		
	Illusory Dragon! Marage Fafnir!							
	While the race for a spot in the Legend Festival tightens, Hyuga and Hikaru both focus on forging connections with their Beys.							
	Cons.Advice: Mild Violence							
04:00	YU-GI-OH! SEVENS		Repeat		WS	PG		
	Treasure Trackers							
	After 66 million years, the Duel Dinosaur Club has gone extinct! Could Yuga be next?!							
	Cons.Advice: Animated Violence, Themes							
04:30	RICKY ZOOM		Repeat		WS	G		
	Ricky Slows Down / Motorbikes on the Moon							
	Ricky isn't feeling well and has a rattly engine. Maxwell tells him he's got a case of the Wobbly Wozzles! / Scootio leads the buddies in an attempt to fly in a rocket as it's a dream of hers to build one.							
04:50	NINJAGO: CRYSTALIZED		Repeat		WS	PG		
	Quittin' Time!/Return To The Ice Emperor							
	Master Wu takes shelter with an unlikely resistance while Nya and Jay escape the wreckage of the Destiny's Bounty with a plan to find help. Pixal the broken Zane to Borg Tower for repairs with the help of an unlikely allies, and Lloyd shows an old adversary what it means to be a hero.							
	Cons.Advice: Themes, Animated Violence							
05:10	LEGO FRIENDS: GIRLS ON A MISSION		Repeat		WS	G		
	No Horsing Around/Zobo 2.0							
	The girls use all of their talents to help save Barney from being forced out of the Police force and help Officer Laura keep her partner.							
05:30	GIGANTOSAURUS		Repeat		WS	G		
	Air Archie/The Imitator							
	Mazu makes Archie his very own pair of wings to help him take flight; Marsh mimics Rocky's moves, while Rocky copies Giganto.							