

Sun Feb 21, 2021

06:00	POLLY POCKET				WS	G
	<i>Princess Predicament/Lost and Unfound</i> With her shrinking-powered magic locket around her neck and her friends by her side, Polly Pocket proves there's no adventure too big for "tiny power!" Our pint-sized heroes use their unique point-of-view to help the neighbourhood animals, conquer school assignments, and discover a big world full of fun.					
06:30	BARBIE: DREAMHOUSE ADVENTURES		Repeat		WS	G
	<i>It Snows in Malibu</i> Barbie & friends take the camper out to spend some quality time together. Tammy invites herself to prove to Trey & the Dudes that she can have just as much fun with gal pals.					
07:00	EARTH TO LUNA!		Repeat		WS	G
	<i>The Milky Way/Sweet Sweet Fruit</i> Curious about everything and excited about science, 6-year-old Luna, her brother Jupiter and pet Clyde explore nature to learn about the world.					
07:30	PIRATE EXPRESS	Captioned	Repeat		WS	C
	<i>Booty Camp/ Put Another Captain's Log On The Fire</i> After seeing his son lose an arm wrestle with the deceptively strong Spewey, Poseidon is convinced Newt needs toughening up and Poseidon officially names Newt as Captain of the Pirate Express - there's like an official document and everything!					
08:00	MY LITTLE PONY: FRIENDSHIP IS FOREVER		Repeat		WS	G
	<i>Cakes for the Memories</i> After learning that her friends, as well as herself, are the magical Elements of Harmony, studious unicorn Twilight Sparkle is sent by her mentor, Princess Celestia, to Ponyville to study the magic of friendship with help from her friends. Cons.Advice: Themes, Mild Violence					
08:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G
	<i>The Living Sea</i> Fearless eight-year old guardian True uses wishes from the Wishing Tree to help protect the citizens of the colorful land of the Rainbow Kingdom.					
09:00	RICKY ZOOM		Repeat		WS	G
	<i>Super Awesome Magnet/Time Capsule</i> Little red rescue motorbike Ricky Zoom, along with his loyal and enthusiastic bike buddies Loop, Scootio and DJ, race around the sports track, try new stunts at the park, and zoom into adventures.					
09:30	POKEMON: BW ADVENTURES IN UNOVA				WS	G
	<i>Secrets From Out Of The Fog!</i> Our heroes continue their journey , coming across members of Team Plasma who are using captured Pokemon as test subjects. When N is injured something strange happens.					
10:00	THE TOM & JERRY SHOW		Repeat		WS	G
	<i>Costume Party Smarty/ Catching Some Z's/ You Are What You Eat</i> The iconic cat and mouse rivals are back in THE TOM AND JERRY SHOW, a fresh take on the classic series. Cons.Advice: Animated Violence					

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10:30	BAKUGAN: ARMORED ALLIANCE				WS	PG
	<i>The Eclipse/Follow Haavik!</i> An encounter with Storm and his trick rose leaves Magnus temporarily blinded and unable to brawl. With the help of an unlikely partner, Magnus pursues Storm in an attempt to defeat him and restore his vision. Cons.Advice: Animated Violence, Themes					
11:00	LEGO FRIENDS: GIRLS ON A MISSION		Repeat		WS	G
	<i>Unstoppable Friendship/Emma, P.I.</i> Olive, Andrea, Emma, Mia, and Stephanie are five best friends on a mission, embarking on a series of challenges and adventures in their beautiful Heartlake City.					
11:30	LEGO JURASSIC WORLD - LEGEND OF ISLA NUBLAR		Repeat		WS	PG
	<i>Fish Story!</i> Animal behaviorist Owen Grady and park operations assistant manager Claire Dearing work together in dealing with running Jurassic World. Cons.Advice: Animated Violence, Themes					
12:00	KAIJUDO: RISE OF THE DUEL MASTERS		Repeat		WS	PG
	<i>The Siphon</i> Master Chavez must replenish the Veil, and to do so he must siphon Mana from one of the slumbering Creature Civilization Kings, but the Choten plans to take possession of the Mana once Chavez has extracted it. It's up to the kids to stop him. Cons.Advice: Animated Violence, Themes, Scary Scenes					
12:30	BEYBLADE BURST RISE		Repeat		WS	PG
	<i>Shining Bright! Hyper-Flux!</i> Middle schooler Valt Aoi, with his Beyblade Valtryek, faces off against friends, classmates and rivals on his way to become the world's number one blader. Cons.Advice: Mild Violence					
13:00	POWER RANGERS BEAST MORPHERS		Repeat		WS	PG
	<i>The Blame Game</i> Steel learns the concept of discipline and takes it too far, putting one of the Beast Morphers Rangers in real danger. Cons.Advice: Themes, Mild Violence, Scary Scenes					
13:30	DANCE MOMS		Repeat		WS	PG
	<i>Bye Bye Pittsburgh</i> JoJo and Jess return to fight for a spot on the ALDC; the team prepares for their Hollywood adventure; Holly and Jill are concerned that Nia and Kendall will be forgotten by Abby. Cons.Advice: Themes, Mild Coarse Language					
14:30	DANCE MOMS		Repeat		WS	PG
	<i>Hello Hollywood, Goodbye Abby</i> The ALDC arrives in Los Angeles; a top west coast dance studio declares war on the ALDC; Abby sets up an audition with a casting agent for the girls; Abby suffers a breakdown, causing the mothers to question her abilities as a manager. Cons.Advice: Themes, Mild Coarse Language					



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15:30	WHERE THE WILD THINGS ARE	2009	Captioned	Repeat		WS PG
<p><i>Where The Wild Things Are</i></p> <p>Max, who one evening plays around his home making mischief in a wolf costume. As punishment, his mother sends him to bed without supper. In his room, a mysterious, wild forest and sea grows out of his imagination, and Max sails to the land of the Wild Things. The Wild Things are fearsome-looking monsters, but Max proves to be the fiercest, and he is made the king of all wild things.</p> <p>Starring: Catherine Keener, Max Records, James Gandolfini</p> <p>Cons.Advice: Mild Violence</p>						
17:30	ALVIN AND THE CHIPMUNKS	2007	Captioned	Repeat		WS G
<p><i>Alvin And The Chipmunks</i></p> <p>Songwriter Dave has been struggling to gain recognition in the music industry for some time, but he can't manage to get a break. However, things soon start to look up when Dave discovers three singing chipmunks. Realizing that these woodland crooners could be his ticket to the big time, Dave does his best to transform them into the next great pop sensation.</p> <p>Starring: Jason Scott Lee, Cameron Richardson, Jane Lynch</p>						

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19:30	THE MATRIX	1999	Captioned	Repeat		WS	M
	<p><i>The Matrix</i></p> <p>Neo, a computer hacker discovers that all life on Earth may be nothing more than an elaborate facade created by cyber-intelligence. Contacted by Trinity, a beautiful stranger who leads him to this other world, a brutal battle for their lives against a group of viciously intelligent secret agents, begins.</p> <p>Starring: Keanu Reeves, Laurence Fishburne, Hugo Weaving</p> <p>Cons.Advice: Strong Violence, Some Coarse Language</p>						
22:10	MAD MAX: FURY ROAD	2015	Captioned	Repeat		WS	MA
	<p><i>Mad Max: Fury Road</i></p> <p>A woman rebels against a tyrannical ruler in post-apocalyptic wasteland in search for her home with the help of a group of female prisoners, a psychotic worshipper, and a drifter named Max.</p> <p>Starring: Charlize Theron, Tom Hardy, Rosie Huntington-Whiteley</p> <p>Cons.Advice: Strong Violence, Themes</p>						
00:35	LETHAL WEAPON		Captioned	Repeat		WS	MA
	<p><i>Fools Rush In</i></p> <p>Riggs and Murtaugh are drawn into a world of conspiracy theories; Riggs' relationship with Molly evolves; Murtaugh and Trish try to get Harper into a fancy preschool.</p> <p>Starring: Clayne Crawford, Damon Wayans, Kevin Rahm</p> <p>Cons.Advice: Strong Violence</p>						
01:35	LETHAL WEAPON		Captioned	Repeat		WS	MA
	<p><i>Wreck The Halls</i></p> <p>The Murtaugh family heads to Hawaii for Christmas; the vacation is put on hold when Murtaugh and Riggs are called to investigate a homicide; Riggs gets a surprise phone call from a relative just in time for Christmas.</p> <p>Starring: Clayne Crawford, Damon Wayans, Kevin Rahm</p> <p>Cons.Advice: Strong Violence</p>						
02:30	MIKE TYSON MYSTERIES			Repeat		WS	MA
	<p><i>San Juan Puerto Rico Blows, But San Juan Capistrano</i></p> <p>Swallows do not return to San Juan Capistrano.</p> <p>Cons.Advice: Strong Violence, Sexual References</p>						
02:40	DANCE MOMS			Repeat		WS	PG
	<p><i>Bye Bye Pittsburgh</i></p> <p>JoJo and Jess return to fight for a spot on the ALDC; the team prepares for their Hollywood adventure; Holly and Jill are concerned that Nia and Kendall will be forgotten by Abby.</p> <p>Cons.Advice: Themes, Mild Coarse Language</p>						



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03:30	THUNDERBIRDS		Repeat			G
	<p><i>Attack of the Alligator</i></p> <p>Follow the adventures of the International Rescue, an organisation created to help those in grave danger in this marionette puppetry classic.</p>					
04:30	POKEMON: BW ADVENTURES IN UNOVA		Repeat		WS	G
	<p><i>Secrets From Out Of The Fog!</i></p> <p>Our heroes continue their journey , coming across members of Team Plasma who are using captured Pokemon as test subjects. When N is injured something strange happens.</p>					
04:50	LEGO FRIENDS: GIRLS ON A MISSION		Repeat		WS	G
	<p><i>Unstoppable Friendship/Emma, P.I.</i></p> <p>Olive, Andrea, Emma, Mia, and Stephanie are five best friends on a mission, embarking on a series of challenges and adventures in their beautiful Heartlake City.</p>					
05:10	LEGO JURASSIC WORLD - LEGEND OF ISLA NUBLAR		Repeat		WS	PG
	<p><i>Fish Story!</i></p> <p>Animal behaviorist Owen Grady and park operations assistant manager Claire Dearing work together in dealing with running Jurassic World.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
05:30	YU-GI-OH! CLASSIC		Repeat		WS	PG
	<p><i>Dungeon Dice Monster Part 2</i></p> <p>Yugi agrees to play a new game in exchange for Joey's freedom.</p> <p>Cons.Advice: Mild Violence</p>					

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06:00	BEYBLADE BURST TURBO		Repeat		WS	PG
	<i>Turbo Clash! Showdown at the Dark Citadel</i> It's time for Valt to prove once and for all who belongs in the top spot as he clashes with Hyde in a Dread Tower showdown. Frustrated by his earlier loss to Hyde, Aiger storms out of the match and runs into Phi. Cons.Advice: Mild Violence					
06:30	BEYBLADE BURST RISE		Repeat		WS	PG
	<i>Spin! Advance! Survive!</i> Middle schooler Valt Aoi, with his Beyblade Valtryek, faces off against friends, classmates and rivals on his way to become the world's number one blader. Cons.Advice: Mild Violence					
07:00	YU-GI-OH! VRAINS		Repeat		WS	PG
	<i>The Ultimate Connection</i> Lightning plans to make a spectacle of Spectre, but Spectre's looking to short circuit that idea! Cons.Advice: Animated Violence, Themes					
07:30	BAKUGAN: ARMORED ALLIANCE		Repeat		WS	PG
	<i>Nightmare/Bad Dan</i> Dan hasn't been sleeping well lately. No "sleep brawling" this time, but he's constantly tossing and turning. It turns out, Dan's dreams have been hijacked by Haavik, who's trying to spread his vision of chaos and destruction to Dan! Cons.Advice: Animated Violence, Themes					
08:00	SPACE NOVA	Captioned			WS	C
	<i>Ghost Station</i> It's 2162 and life is a blast for space adventurer siblings, Jet and Adelaide Nova. After all, what tween wouldn't want to divide their days between living on an international space station and accompanying their parents on awesome interstellar missions!					
08:30	RAINBOW RANGERS		Repeat		WS	G
	<i>The Earth Needs Their Kelp/Iceberg Ahead</i> The Rangers must return balance to an ocean environment; a large iceberg calves, leaving a floe on a collision course for a clan of polar bears.					
09:00	CARE BEARS: UNLOCK THE MAGIC		Repeat		WS	G
	<i>The Last Laugh/Say What?</i> Disappointed when his friends don't laugh at his jokes, Funshine encounters the Laffinpuff, a magical comedian who grants Funshine's wish to make everyone think he's funny.					
09:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G
	<i>Wishing Heart Hollow</i> The Rainbow King needs True's help with a situation involving water and giant plants but his Face Bubble message keeps breaking up.					



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10:00	NINJAGO: MASTERS OF SPINJITZU		Repeat		WS	PG
	<p><i>On A Wish And A Prayer</i></p> <p>The Ninja set course to a dangerous island to find the only thing that can stop Nadakhan. Meanwhile, the Sky Pirates learn about the master plan, and a deep secret of the Ninja is exposed.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
10:30	POKEMON JOURNEYS		Repeat		WS	PG
	<p><i>A Test in Paradise!</i></p> <p>Pokémon Trainer Ash Ketchum has a new plan: see the world! But first, he and his partner Pikachu are headed to the opening of the Cerise Laboratory, a research facility dedicated to uncovering the mysteries of Pokémon in every region.</p> <p>Cons.Advice: Animated Violence</p>					
11:00	DANCE MOMS		Repeat		WS	PG
	<p><i>Chaos at Nationals</i></p> <p>The season comes to a close with nationals and the girls feel the pressure to remain undefeated; Abby opens her new studio the day before a competition, leaving the girls with little time to prepare; tension spirals out of control.</p> <p>Cons.Advice: Themes, Mild Coarse Language</p>					
12:00	ROYAL PAINS				WS	M
	<p><i>Fight or Flight</i></p> <p>Hank treats an old acquaintance and former Wall Street trader who is trying to give up her workaholic lifestyle - but has developed some troubling symptoms.</p> <p>Starring: Mark Feuerstein, Paulo Costanzo, Reshma Shetty</p> <p>Cons.Advice: Mature Themes, Medical Procedures</p>					
13:00	THE MINDY PROJECT				WS	M
	<p><i>The Greatest Date in the World</i></p> <p>Mindy's favourite patient wants to have a baby with her on-again-off-again boyfriend. Mindy disapproves and tries to prevent it, professional boundaries be damned.</p> <p>Starring: Mindy Kaling, Ike Barinholtz, Ed Weeks</p> <p>Cons.Advice: Sexual References, Drug Use</p>					
13:30	THE MINDY PROJECT				WS	M
	<p><i>Under the Texan Sun</i></p> <p>On an unexpected trip to visit Peter in Texas, Mindy tries to use a handsome stranger to soothe her relationship troubles. Meanwhile, Peter keeps a big secret from his wife, Lauren.</p> <p>Starring: Mindy Kaling, Ike Barinholtz, Ed Weeks</p> <p>Cons.Advice: Sexual References, Drug Use</p>					
14:00	SAY YES TO THE DRESS ATLANTA		Repeat		WS	PG
	<p><i>Worth The Weight</i></p> <p>A bride falls in love with a gown over her budget and must convince Lori to let her try it on; one bride tries to lose 20 to 30 pounds to fit into a dress.</p>					



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14:30	SAY YES TO THE DRESS ATLANTA		Repeat		WS	PG
	<p><i>The Battle of the Boobs</i></p> <p>A bride looks for a dress to show off her assets, despite her mother's conservative demands.</p>					
15:00	SOCIAL FABRIC	Captioned	Repeat		WS	PG
	<p><i>Plaid</i></p> <p>Kyle Ng visits Scotland to see how tartan is part of a family's DNA, hangs with a low rider club in California and sees how plaid fabric is a part of tribal identity in Africa.</p> <p>Cons.Advice: Some Coarse Language</p>					
15:30	SOCIAL FABRIC	Captioned	Repeat		WS	PG
	<p><i>Cowboy Boots</i></p> <p>Kyle Ng travels the world to learn how the cowboy boot made its way off the prairie. He visits Texas, where it all began, chills with cowboys in Rome and rocks out with Kenyan heavy metal cowboys.</p> <p>Cons.Advice: Themes, Some Coarse Language</p>					
16:00	THE A-TEAM				WS	PG
	<p><i>The Grey Team</i></p> <p>General Stockwell hires the A-Team to find a young girl who is being hunted by the KGB for top secret documents relating to the 'Star Wars' project.</p> <p>Starring: George Peppard, Mr. T, Dwight Schultz</p> <p>Cons.Advice: Mild Violence</p>					
17:00	KNIGHT RIDER				WS	PG
	<p><i>The Scent Of Roses</i></p> <p>After recovering from a near-fatal bullet, Michael resigns from the Foundation and decides to marry his girlfriend.</p> <p>Starring: David Hasselhoff, Edward Mulhare, Richard Basehart</p> <p>Cons.Advice: Some Violence</p>					



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18:00	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<p><i>Malcolm vs Reese</i></p> <p>Francis forces Malcolm and Reese to compete against each other in order to earn a ticket to a wrestling match. Meanwhile, Dewey is left in charge of Craig's cat, while Craig attends an important convention.</p> <p>Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz</p>					
18:30	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<p><i>Mini-Bike</i></p> <p>The younger boys try to convince Lois to let them have a mini-bike, while Hal attends a father-son weekend at Marlin Academy.</p> <p>Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz</p>					
19:00	THE NANNY	Captioned	Repeat		WS	PG
	<p><i>The Car Show</i></p> <p>Maggie wants a new car but since Maxwell refuses to buy her one, she convinces Fran to enter a beauty pageant to win one for her.</p> <p>Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis</p>					
19:30	RBT	Captioned	Repeat		WS	PG
	<p><i>Green Machine/Brekkie in Bed</i></p> <p>Follow the police units for a unique behind-the-scenes look at RBT patrols testing for alcohol and drug affected drivers.</p> <p>Cons.Advice: Some Coarse Language, Drug References</p>					
20:30	BLACK HAWK DOWN	2002	Captioned	Repeat	WS	MA
	<p><i>Black Hawk Down</i></p> <p>160 elite U.S. soldiers drop into Somalia to capture two top lieutenants of a renegade warlord and find themselves in a desperate battle with a large force of heavily-armed Somalis.</p> <p>Starring: Josh Hartnett, Ewan McGregor, Tom Sizemore</p> <p>Cons.Advice: Strong Violence, Some Coarse Language</p>					
23:20	PARANORMAL CAUGHT ON CAMERA	Captioned	Repeat		WS	M
	<p>A panel of experts analyze footage from some of the world's most eye-opening and terrifying paranormal videos. From poltergeist activity to lights in the sky, these firsthand accounts just might turn skeptics into believers.</p> <p>Cons.Advice: Supernatural Themes</p>					
00:20	QUANTUM LEAP				WS	M
	<p><i>Goodbye Norma Jean</i></p> <p>As the chauffeur of Marilyn Monroe, Sam must save her life and help her to make one final film, <i>The Misfits</i> (1961).</p> <p>Starring: Scott Bakula, Dean Stockwell, Deborah Pratt</p> <p>Cons.Advice: Some Violence, Themes, Sexual References</p>					

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01:15	BROMANS		Repeat		WS	M
	<p>It is the eve of the grand final - the Emperor's Games. Tensions are high as the citizens have one last chance to impress.</p> <p>Cons.Advice: Some Coarse Language</p>					
02:10	DANCE MOMS		Repeat		WS	PG
	<p><i>Chaos at Nationals</i></p> <p>The season comes to a close with nationals and the girls feel the pressure to remain undefeated; Abby opens her new studio the day before a competition, leaving the girls with little time to prepare; tension spirals out of control.</p> <p>Cons.Advice: Themes, Mild Coarse Language</p>					
03:00	BEYBLADE BURST TURBO		Repeat		WS	PG
	<p><i>Turbo Clash! Showdown at the Dark Citadel</i></p> <p>It's time for Valt to prove once and for all who belongs in the top spot as he clashes with Hyde in a Dread Tower showdown. Frustrated by his earlier loss to Hyde, Aiger storms out of the match and runs into Phi.</p> <p>Cons.Advice: Mild Violence</p>					
03:30	NINJAGO: MASTERS OF SPINJITZU		Repeat		WS	PG
	<p><i>On A Wish And A Prayer</i></p> <p>The Ninja set course to a dangerous island to find the only thing that can stop Nadakhan. Meanwhile, the Sky Pirates learn about the master plan, and a deep secret of the Ninja is exposed.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
04:00	POKEMON		Repeat		WS	G
	<p><i>Over The Mountain of Snow!</i></p> <p>A giant snowy mountain stands between our heroes and their next destination. To cross it, they rent two powerful Mamoswine and climb on board!</p> <p>Cons.Advice: Supernatural Themes, Animated Violence</p>					
04:30	POKEMON JOURNEYS		Repeat		WS	PG
	<p><i>A Test in Paradise!</i></p> <p>Pokémon Trainer Ash Ketchum has a new plan: see the world! But first, he and his partner Pikachu are headed to the opening of the Cerise Laboratory, a research facility dedicated to uncovering the mysteries of Pokémon in every region.</p> <p>Cons.Advice: Animated Violence</p>					
04:50	POWER RANGERS SUPER NINJA STEEL		Repeat		WS	PG
	<p><i>Prepare to Fail</i></p> <p>Sarah and the team's overconfidence puts them all at risk.</p> <p>Cons.Advice: Themes, Mild Violence, Scary Scenes</p>					
05:10	BAKUGAN: BATTLE PLANET		Repeat		WS	PG
	<p><i>Too Much/Who Are you?</i></p> <p>The Hide Matrix goes crazy and a simple AO training mission turns into a complicated rampage that brings down Studio D.</p> <p>Cons.Advice: Animated Violence, Themes</p>					



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05:30	YU-GI-OH! CLASSIC		Repeat		WS	PG
<p><i>Dungeon Dice Monster Part 3</i></p> <p>Yugi uses his gaming skills against Duke, but his position soon becomes hopeless.</p> <p>Cons.Advice: Mild Violence</p>						

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06:00	BEYBLADE BURST TURBO		Repeat		WS	PG
	<i>Rebirth! Turbo Achilles</i> Aiger might have hit rock bottom, but that means the only way to go is up! With a little help from Shu Kurenai, he returns home to forge his new Bey: Turbo Achilles! Cons.Advice: Mild Violence					
06:30	BEYBLADE BURST RISE		Repeat		WS	PG
	<i>The Final Stage! Facing Aiger!</i> Middle schooler Valt Aoi, with his Beyblade Valtryek, faces off against friends, classmates and rivals on his way to become the world's number one blader. Cons.Advice: Mild Violence					
07:00	YU-GI-OH! VRAINS		Repeat		WS	PG
	<i>A Breezy Battle</i> Windy's out to blow away all of Soulburner and Flame's life points - extinguishing them forever! Cons.Advice: Animated Violence, Themes					
07:30	BAKUGAN: ARMORED ALLIANCE		Repeat		WS	PG
	<i>Dusk Industries Under Attack/Taking Dan Back</i> "Bad Dan" has his taken his rampage to Dusk Industries and this time he has help spreading the chaos and destruction, he's joined by Sophie, McQ, Everett, Storm and Haavik! The Awesome Brawlers are quickly on the scene try to bring an end to the show of destruction. Cons.Advice: Animated Violence, Themes					
08:00	SPACE NOVA	Captioned			WS	C
	<i>The Jump</i> It's 2162 and life is a blast for space adventurer siblings, Jet and Adelaide Nova. After all, what tween wouldn't want to divide their days between living on an international space station and accompanying their parents on awesome interstellar missions!					
08:30	RAINBOW RANGERS		Repeat		WS	G
	<i>Backyard Bird Feeder/If You Can't Stand the Heat</i> A backyard feeder is too close to a glass window, and the Rangers need to find another way to safely feed the birds; when the Rangers act to save animals from a forest fire, they jump the gun and accidentally put out a controlled burn.					
09:00	CARE BEARS: UNLOCK THE MAGIC		Repeat		WS	G
	<i>The Big Freeze/Return to Care-A-Lot</i> The Bears investigate the mysterious transformation of a tropical valley into a winter wonderland of snow. To return it to its natural state, Funshine must follow Dibble's example and give up something he wanted for himself.					
09:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G
	<i>The Kittyinati</i> Lead by a message mouse, Bartleby goes to the Black Tabby Dojo for ninja training so that he can earn his Red Tabby Belt.					

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10:00	NINJAGO: MASTERS OF SPINJITZU		Repeat		WS	PG
	<p><i>My Dinner With Nadakhan</i></p> <p>Held captive on Misfortune's Keep, Jay is tested as Azad does everything in his power to break his will to say his final wish. Meanwhile, the marooned Ninja attempt to escape the island.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
10:30	POKEMON JOURNEYS		Repeat		WS	PG
	<p><i>Best Friend... Worst Nightmare!</i></p> <p>Pokémon Trainer Ash Ketchum has a new plan: see the world! But first, he and his partner Pikachu are headed to the opening of the Cerise Laboratory, a research facility dedicated to uncovering the mysteries of Pokémon in every region.</p> <p>Cons.Advice: Animated Violence</p>					
11:00	DANCE MOMS		Repeat		WS	PG
	<p><i>City of Angels</i></p> <p>Abby and the mothers discuss what went wrong at Nationals and some of the most shocking moments in Los Angeles; the mothers are divided on hot button issues; Abby drops a bombshell.</p> <p>Cons.Advice: Themes, Mild Coarse Language</p>					
12:00	ROYAL PAINS				WS	M
	<p><i>Listen to the Music</i></p> <p>Hank goes in search of answers when he discovers information suggesting a patient has been misdiagnosed. Meanwhile, Divya and Raj take dance lessons in preparation for their wedding.</p> <p>Starring: Mark Feuerstein, Paulo Costanzo, Reshma Shetty</p> <p>Cons.Advice: Mature Themes, Medical Procedures</p>					
13:00	THE MINDY PROJECT				WS	M
	<p><i>Princeton Charming</i></p> <p>Mindy, Morgan, and Jody head to Mindy's alma mater for a presentation, but things get complicated when Jody's new girlfriend decides to come along.</p> <p>Starring: Mindy Kaling, Ike Barinholtz, Ed Weeks</p> <p>Cons.Advice: Sexual References, Drug Use</p>					
13:30	THE MINDY PROJECT				WS	M
	<p><i>There's No Crying in Softball</i></p> <p>Mindy has Saturday plans with her new boyfriend, but when she's forced to play in a hospital-wide softball tournament, she struggles to keep her romantic life separate from her work life.</p> <p>Starring: Mindy Kaling, Ike Barinholtz, Ed Weeks</p> <p>Cons.Advice: Sexual References, Drug Use</p>					
14:00	SAY YES TO THE DRESS ATLANTA		Repeat		WS	PG
	<p><i>Blushing Brides</i></p> <p>A bride searches for a gown with colour; one bride looks for a princess dress to honour her late mother; a special request that is close to the heart.</p>					



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14:30	SAY YES TO THE DRESS ATLANTA		Repeat		WS	PG
	<p><i>The Big Picture</i></p> <p>A bride has purchased two dresses to fit her fiancé's specific requests but is unimpressed with both; one bride's pushy mother is getting in the way of her dream dress vision.</p>					
15:00	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<p><i>Malcolm vs Reese</i></p> <p>Francis forces Malcolm and Reese to compete against each other in order to earn a ticket to a wrestling match. Meanwhile, Dewey is left in charge of Craig's cat, while Craig attends an important convention.</p> <p>Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz</p>					
15:30	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<p><i>Mini-Bike</i></p> <p>The younger boys try to convince Lois to let them have a mini-bike, while Hal attends a father-son weekend at Marlin Academy.</p> <p>Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz</p>					
16:00	THE A-TEAM				WS	PG
	<p><i>Without Reservations</i></p> <p>The Face and Murdock are taken hostage when they stumble on a gang of would-be assassins in an Italian restaurant.</p> <p>Starring: George Peppard, Mr. T, Dwight Schultz</p> <p>Cons.Advice: Mild Violence</p>					
17:00	KNIGHT RIDER				WS	PG
	<p><i>Killer K.I.T.T</i></p> <p>An imposter replaces K.I.T.T.'s computer unit, giving control of the car to an electronics genius with a grudge against the Foundation.</p> <p>Starring: David Hasselhoff, Edward Mulhare, Richard Basehart</p> <p>Cons.Advice: Some Violence</p>					



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18:00	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<p><i>Carnival</i></p> <p>Malcolm, Reese, Dewey and Stevie sneak out to a county fair, only to find themselves locked inside after hours, with a drunk, belligerent guard.</p> <p>Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz</p>					
18:30	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<p><i>Evacuation</i></p> <p>Hal is inadvertently responsible for a toxic chemical spill that forces a neighbourhood evacuation, while Malcolm deals with being grounded under difficult circumstances; and Francis suffers through a date with a geek.</p> <p>Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz</p>					
19:00	THE NANNY	Captioned	Repeat		WS	PG
	<p><i>Hurricane Fran</i></p> <p>Fran decides to spend her holiday away with Val, but this time just the two of them. Their holiday is ruined after a hurricane and she returns home early.</p> <p>Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis</p>					
19:30	SAFE HOUSE	2012	Captioned		WS	M
	<p><i>Safe House</i></p> <p>Matt, a CIA agent, is tasked with looking after a criminal, locked in a safe house. But when the safe house is attacked, Matt escapes with the criminal in tow.</p> <p>Starring: Denzel Washington, Ryan Reynolds, Robert PATRICK</p> <p>Cons.Advice: Some Violence, Some Coarse Language</p>					
21:45	FARGO	1996	Captioned	Repeat	WS	MA
	<p><i>Fargo</i></p> <p>An inept car-salesmen plans to kidnap his wife as a way of scamming \$80,000 off his rich father-in-law. He however doesn't count on the incompetence of the hired kidnapers or the tenacity of the local police chief.</p> <p>Starring: William H Macy, Steve Buscemi, Frances McDormand</p> <p>Cons.Advice: Some Coarse Language, Some Violence</p>					
23:45	THE NANNY	Captioned	Repeat		WS	PG
	<p><i>Hurricane Fran</i></p> <p>Fran decides to spend her holiday away with Val, but this time just the two of them. Their holiday is ruined after a hurricane and she returns home early.</p> <p>Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis</p>					
00:15	QUANTUM LEAP				WS	M
	<p><i>The Beast Within</i></p> <p>As a Vietnam veteran, Sam is mistaken for Bigfoot in rural Washington state.</p> <p>Starring: Scott Bakula, Dean Stockwell, Deborah Pratt</p> <p>Cons.Advice: Some Violence, Themes, Sexual References</p>					

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01:10	URBEX: ENTER AT YOUR OWN RISK	Captioned	Repeat		WS	M
	<i>Unloved</i> Documentary series about urban explorers who explore areas above, around and below the world's most famous cities. Cons.Advice: Dangerous Behaviour, Some Coarse Language, Themes					
02:10	DANCE MOMS		Repeat		WS	PG
	<i>City of Angels</i> Abby and the mothers discuss what went wrong at Nationals and some of the most shocking moments in Los Angeles; the mothers are divided on hot button issues; Abby drops a bombshell. Cons.Advice: Themes, Mild Coarse Language					
03:00	BEYBLADE BURST TURBO		Repeat		WS	PG
	<i>Rebirth! Turbo Achilles</i> Aiger might have hit rock bottom, but that means the only way to go is up! With a little help from Shu Kurenai, he returns home to forge his new Bey: Turbo Achilles! Cons.Advice: Mild Violence					
03:30	NINJAGO: MASTERS OF SPINJITZU		Repeat		WS	PG
	<i>My Dinner With Nadakhan</i> Held captive on Misfortune's Keep, Jay is tested as Azad does everything in his power to break his will to say his final wish. Meanwhile, the marooned Ninja attempt to escape the island. Cons.Advice: Animated Violence, Themes					
04:00	POKEMON		Repeat		WS	G
	<i>Adventures in Running Errands!</i> Our heroes have stopped at a busy Pokémon Center to get out of the rain when the power goes out! Cons.Advice: Supernatural Themes, Animated Violence					
04:30	POKEMON JOURNEYS		Repeat		WS	PG
	<i>Best Friend... Worst Nightmare!</i> Pokémon Trainer Ash Ketchum has a new plan: see the world! But first, he and his partner Pikachu are headed to the opening of the Cerise Laboratory, a research facility dedicated to uncovering the mysteries of Pokémon in every region. Cons.Advice: Animated Violence					
04:50	POWER RANGERS SUPER NINJA STEEL		Repeat		WS	PG
	<i>Sheriff Skyfire</i> A Space Sheriff is tricked into attacking the Rangers and Hayley learns an important lesson about respecting school rules. Cons.Advice: Themes, Mild Violence, Scary Scenes					



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05:10	BAKUGAN: BATTLE PLANET		Repeat		WS	PG
<p><i>Happy/One Way or Another</i></p> <p>The AO expect a fight in Brakistan, but soon discover that old enemies Lord Brakken, Magnus, and Nillious are unnaturally happy to see them.</p> <p>Cons.Advice: Animated Violence, Themes</p>						
05:30	YU-GI-OH! CLASSIC		Repeat			PG
<p><i>Dungeon Dice Monster Part 4 End Game</i></p> <p>Yugi rescues Joey from Duke.</p> <p>Cons.Advice: Mild Violence</p>						

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06:00	BEYBLADE BURST TURBO		Repeat		WS	PG
	<p><i>Aiger's Rematch! Unbreakable Bond!</i></p> <p>An old friend of Valt's arrives in town: the one-and-only Master of the Wind, Kit Lopez! With Aiger struggling to perfect his Turbo Awakening, Kit helps him come up with a Plan B to take Hyde down.</p> <p>Cons.Advice: Mild Violence</p>					
06:30	BEYBLADE BURST RISE		Repeat		WS	PG
	<p><i>Shining Bright! Hyper-Flux!</i></p> <p>Middle schooler Valt Aoi, with his Beyblade Valtryek, faces off against friends, classmates and rivals on his way to become the world's number one blader.</p> <p>Cons.Advice: Mild Violence</p>					
07:00	YU-GI-OH! VRAINS		Repeat		WS	PG
	<p><i>Awakened Memories</i></p> <p>The Shepherd is on the hunt for Ignis – and he has Aqua in his sights!</p> <p>Cons.Advice: Animated Violence, Supernatural Themes</p>					
07:30	BAKUGAN: ARMORED ALLIANCE		Repeat		WS	PG
	<p><i>Who's The Fake?!/ Trouble Busters 2!</i></p> <p>"Bad Dan" with Haavik's crew and their fusion Bakugan continue the rampage at Dusk Industries. The Awesome Brawlers, with some help from Magnus, are determined to an end to this show of destruction and get their friend back!</p> <p>Cons.Advice: Animated Violence, Themes</p>					
08:00	SPACE NOVA	Captioned			WS	C
	<p><i>Finally An Alien</i></p> <p>It's 2162 and life is a blast for space adventurer siblings, Jet and Adelaide Nova. After all, what tween wouldn't want to divide their days between living on an international space station and accompanying their parents on awesome interstellar missions!</p>					
08:30	RAINBOW RANGERS		Repeat		WS	G
	<p><i>Moo-ving Cows/Panda-monium</i></p> <p>The Rangers have to stop Preston Praxton from poisoning a stream with pesticides; the Rangers work to reunite and relocate a family of pandas when their home environment is destroyed.</p>					
09:00	CARE BEARS: UNLOCK THE MAGIC		Repeat		WS	G
	<p><i>Unlock the Magic: The Beginning</i></p> <p>The discovery of an ancient, lost gateway leads the Care Bears to begin an extended mission the Silver Lining, a realm of natural wonders and comical creatures in the clouds beyond the borders of Care-A-Lot.</p>					
09:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G
	<p><i>Little Helpers</i></p> <p>The little helpers are so busy doing small jobs for everyone that some of the big tasks are falling between the cracks.</p>					



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10:00	NINJAGO: MASTERS OF SPINJITZU		Repeat		WS	PG
	<p><i>Wishmasters</i></p> <p>The last remaining Ninja dare to infiltrate the Sky Pirates in an attempt to save Jay and defeat Nadakhan once and for all.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
10:30	POKEMON JOURNEYS		Repeat		WS	PG
	<p><i>Flash of the Titans!</i></p> <p>Pokémon Trainer Ash Ketchum has a new plan: see the world! But first, he and his partner Pikachu are headed to the opening of the Cerise Laboratory, a research facility dedicated to uncovering the mysteries of Pokémon in every region.</p> <p>Cons.Advice: Animated Violence</p>					
11:00	DANCE MOMS				WS	PG
	<p><i>Fight for Your Life</i></p> <p>After an eight week break, Abby reaches out to the Junior Elite mothers and asks them to come to the ALDC to hear an announcement.</p> <p>Cons.Advice: Themes, Mild Coarse Language</p>					
12:00	ROYAL PAINS				WS	M
	<p><i>Traffic</i></p> <p>When the Hampton Jitney overturns, HankMed must scramble to the help. Divya must deal with the aftermath of the wedding that she cancelled and Jill is back, but for how long?</p> <p>Starring: Mark Feuerstein, Paulo Costanzo, Reshma Shetty</p> <p>Cons.Advice: Mature Themes, Medical Procedures</p>					
13:00	THE MINDY PROJECT				WS	M
	<p><i>My Kid Stays in the Picture</i></p> <p>Mindy auditions Leo for a role on a soap opera. The nurses try to switch the doctors they work for at the practice. Jody's brother Forbes comes by.</p> <p>Starring: Mindy Kaling, Ike Barinholtz, Ed Weeks</p> <p>Cons.Advice: Sexual References, Drug Use</p>					
13:30	THE MINDY PROJECT				WS	M
	<p><i>Freedom Tower Women's Health</i></p> <p>Morgan and Jeremy visit Danny at his new office, and Mindy ends up getting a mysterious new patient. Meanwhile, a dirty secret threatens to derail her budding romance.</p> <p>Starring: Mindy Kaling, Ike Barinholtz, Ed Weeks</p> <p>Cons.Advice: Sexual References, Drug Use</p>					
14:00	SAY YES TO THE DRESS ATLANTA		Repeat		WS	PG
	<p><i>Happy Feet</i></p> <p>Part bridal story, part fashion makeover and part family therapy session, each episode looks at the personalities and craftsmanship that come into play at one of the busiest bridal salons in America.</p>					

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14:30	SAY YES TO THE DRESS ATLANTA		Repeat		WS	PG
	<i>Bridal Baggage Blues</i> Holly is a people pleaser, but clashes with her future sister-in-law; trying on dresses brings back painful memories for widowed bride Chrissy					
15:00	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<i>Carnival</i> Malcolm, Reese, Dewey and Stevie sneak out to a county fair, only to find themselves locked inside after hours, with a drunk, belligerent guard. Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz					
15:30	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<i>Evacuation</i> Hal is inadvertently responsible for a toxic chemical spill that forces a neighbourhood evacuation, while Malcolm deals with being grounded under difficult circumstances; and Francis suffers through a date with a geek. Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz					
16:00	BAYWATCH		Repeat		WS	PG
	<i>In Deep</i> Mitch and Craig suspect unsafe Jet Ski riders may have caused the drowning of a sailboarder. Starring: David Hasselhoff, Pamela Anderson, Yasmine Bleeth Cons.Advice: Dangerous Behaviour, Some Violence					
17:00	KNIGHT RIDER				WS	PG
	<i>Out Of The Woods</i> Michael launches an investigation after a logging business cuts timber on federal land. Starring: David Hasselhoff, Edward Mulhare, Richard Basehart Cons.Advice: Some Violence					



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18:00	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<p><i>Flashback</i></p> <p>When Lois worries that she may be pregnant again, she and Hal find themselves bickering...and remembering how their lives were changed following the births of each of their sons.</p> <p>Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz</p>					
18:30	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<p><i>House Boat</i></p> <p>Malcolm and Stevie's families invite disaster by going on holiday together on a houseboat. While Steve's parents are caught in a fight, Malcolm is stuck with Hal fishing. Inspired by Eric, Francis decides to leave school and move away.</p> <p>Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz</p>					
19:00	THE NANNY	Captioned	Repeat		WS	PG
	<p><i>Danny's Dead and Who's Got the Will?</i></p> <p>When Fran's former fiance dies she realises she may get nothing from the will so she asks Maxwell to do something. Fearing he himself will be cut out of his visiting grandmothers will decides to not help Fran out and in turn she quits.</p> <p>Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis</p>					
19:30	PARANORMAL CAUGHT ON CAMERA	Captioned			WS	M
	<p>A panel of experts analyze footage from some of the world's most eye-opening and terrifying paranormal videos. From poltergeist activity to lights in the sky, these firsthand accounts just might turn skeptics into believers.</p> <p>Cons.Advice: Supernatural Themes</p>					
20:30	INDIANA JONES AND THE TEMPLE OF DOOM	1984	Captioned	Repeat	WS	M
	<p><i>Indiana Jones and the Temple of Doom</i></p> <p>In 1935, Indiana Jones arrives in India, still part of the British Empire, and is asked to find a mystical stone. He then stumbles upon a secret cult committing enslavement and human sacrifices in the catacombs of an ancient palace.</p> <p>Starring: Harrison Ford, Kate Capshaw, Jonathan Ke Quan</p> <p>Cons.Advice: Some Violence</p>					
23:00	POLICE TEN 7	Captioned			WS	M
	<p>Join Rob Lemoto for a closer look at crime in New Zealand and the Kiwis who end up on the wrong side of the law.</p> <p>Cons.Advice: Frequent Coarse Language, References to Violence</p>					
23:30	THE NANNY	Captioned	Repeat		WS	PG
	<p><i>Danny's Dead and Who's Got the Will?</i></p> <p>When Fran's former fiance dies she realises she may get nothing from the will so she asks Maxwell to do something. Fearing he himself will be cut out of his visiting grandmothers will decides to not help Fran out and in turn she quits.</p> <p>Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis</p>					
00:00	QUANTUM LEAP				WS	M
	<p><i>The Leap Between the States</i></p> <p>Sam Beckett leaps into his great-grandfather during the Civil War and must not interfere with his great-grandparents meeting nor get captured behind Confederate lines.</p> <p>Starring: Scott Bakula, Dean Stockwell, Deborah Pratt</p> <p>Cons.Advice: Some Violence, Themes, Sexual References</p>					

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01:00	THE HORN	Captioned	Repeat		WS	M
	<i>Faster than the Grim Reaper</i> A pilot faces a critical decision when he suspects something might be wrong with his helicopter during a mission. Cons.Advice: Themes, Medical Procedures, Some Coarse Language					
02:00	MIKE TYSON MYSTERIES		Repeat		WS	M
	<i>The Gift That Keeps on Giving</i> White privilege turns on itself. Cons.Advice: Some Coarse Language, Themes					
02:10	DANCE MOMS		Repeat		WS	PG
	<i>Fight for Your Life</i> After an eight week break, Abby reaches out to the Junior Elite mothers and asks them to come to the ALDC to hear an announcement. Cons.Advice: Themes, Mild Coarse Language					
03:00	BEYBLADE BURST TURBO		Repeat		WS	PG
	<i>Aiger's Rematch! Unbreakable Bond!</i> An old friend of Valt's arrives in town: the one-and-only Master of the Wind, Kit Lopez! With Aiger struggling to perfect his Turbo Awakening, Kit helps him come up with a Plan B to take Hyde down. Cons.Advice: Mild Violence					
03:30	NINJAGO: MASTERS OF SPINJITZU		Repeat		WS	PG
	<i>Wishmasters</i> The last remaining Ninja dare to infiltrate the Sky Pirates in an attempt to save Jay and defeat Nadakhan once and for all. Cons.Advice: Animated Violence, Themes					
04:00	POKEMON		Repeat		WS	G
	<i>Mending a Broken Spirit!</i> Serena is reworking her Pokémon Showcase routine when a powerful attack from Pancham hits Braixen and breaks its beloved branch! Everyone tries to find Braixen a new branch, but it isn't interested in a replacement. Cons.Advice: Supernatural Themes, Animated Violence					
04:30	POKEMON JOURNEYS		Repeat		WS	PG
	<i>Flash of the Titans!</i> Pokémon Trainer Ash Ketchum has a new plan: see the world! But first, he and his partner Pikachu are headed to the opening of the Cerise Laboratory, a research facility dedicated to uncovering the mysteries of Pokémon in every region. Cons.Advice: Animated Violence					



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04:50	POWER RANGERS SUPER NINJA STEEL		Repeat		WS	PG
	<p><i>Tech Support</i></p> <p>The Rangers need the help of an unlikely ally when their technology is infected with a computer virus.</p> <p>Cons.Advice: Themes, Mild Violence, Scary Scenes</p>					
05:10	BAKUGAN: BATTLE PLANET		Repeat		WS	PG
	<p><i>Stormy Weather/Who Can It Be Now</i></p> <p>On a flight to their next Core Cell mission, the AO's plane falls under attack by Pyravian, who strangely believes the team to be Bakuzon.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
05:30	YU-GI-OH! CLASSIC		Repeat		WS	PG
	<p><i>The Mystery Duelist Part 1</i></p> <p>A fortuneteller steals Yugi's Puzzle.</p> <p>Cons.Advice: Mild Violence</p>					

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06:00	BEYBLADE BURST TURBO		Repeat		WS	PG
	<i>Master of the Wind! Air Knight!</i> Middle schooler Valt Aoi, with his Beyblade Valtryek, faces off against friends, classmates and rivals on his way to become the world's number one blader. Cons.Advice: Mild Violence					
06:30	BEYBLADE BURST RISE		Repeat		WS	PG
	<i>Invasion! The New King!</i> Middle schooler Valt Aoi, with his Beyblade Valtryek, faces off against friends, classmates and rivals on his way to become the world's number one blader. Cons.Advice: Mild Violence					
07:00	YU-GI-OH! VRAINS		Repeat		WS	PG
	<i>A Family Reunion</i> It's a family feud when The Shepherd and Ghost Gal face off in a Deletion Duel! Cons.Advice: Animated Violence, Supernatural Themes					
07:30	BAKUGAN: ARMORED ALLIANCE		Repeat		WS	PG
	<i>Bakugan Battle Circus/Ebony Manor</i> A kid brawler named Oliver has lost his Bakugan! This seems like a job for the Trouble Busters. The Awesome Brawlers help him chase down and try to catch the elusive Bakugan, who leads them on a wild goose chase through Los Volmos. Cons.Advice: Animated Violence, Themes					
08:00	SMASHHDOWN!	Captioned	Repeat		WS	C
	<i>Match Day 2, Pool B – Active Abby vs. Coops</i> Grab your flippers, it's all about water sports as Nick gets some pointers from junior water polo players, we discover the science of flags, plus our players dive into our giant ball pit!					
08:30	RAINBOW RANGERS		Repeat		WS	G
	<i>The Big Dig/Catalog Slog</i> The Rangers discover that Preston Praxton has been causing earthquakes by digging underground; Preston sends out big, thick catalogs that overflow landfills.					
09:00	CARE BEARS: UNLOCK THE MAGIC		Repeat		WS	G
	<i>A Patch of Perturbed Petunias/Nobody's Perfect</i> Share fears she's losing her ability as a problem-solver and peacemaker when she can't calm a squabble between a group of Whiffles and a flower bed of Perturbed Petunias.					
09:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G
	<i>A Berry Big Mystery</i> Someone has been snatching up all the nummie berries in the Rainbow Valley so True and Bartleby search for the culprit.					



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10:00	NINJAGO: MASTERS OF SPINJITZU		Repeat		WS	PG
	<p><i>The Last Resort</i></p> <p>When the last two remaining Ninja are safe-guarded in a place no one would dare to look, the Sky Pirates discover their whereabouts and attack in search of the one who holds the power to unlock Azad's full potential.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
10:30	POKEMON JOURNEYS		Repeat		WS	PG
	<p><i>The Climb to be the Very Best!</i></p> <p>Pokémon Trainer Ash Ketchum has a new plan: see the world! But first, he and his partner Pikachu are headed to the opening of the Cerise Laboratory, a research facility dedicated to uncovering the mysteries of Pokémon in every region.</p> <p>Cons.Advice: Animated Violence</p>					
11:00	DANCE MOMS				WS	PG
	<p><i>Abby's Worst Nightmare</i></p> <p>Abby challenges the Junior Elites to a head-to-head competition and makes big changes to the team. In the hopes of finding her super team, Abby sends some girls home and brings in two new girls. But, when Abby's biggest rival returns, the moms worry about her ability to hold it all together.</p> <p>Cons.Advice: Themes, Mild Coarse Language</p>					
12:00	ROYAL PAINS				WS	M
	<p><i>But There's a Catch</i></p> <p>Hank is invited to a charity football tournament run by Ken "Killer" Keller. During the tournament, tensions flare and Hank must put his feelings aside to treat an injured Keller.</p> <p>Starring: Mark Feuerstein, Paulo Costanzo, Reshma Shetty</p> <p>Cons.Advice: Mature Themes, Medical Procedures</p>					
13:00	THE MINDY PROJECT				WS	M
	<p><i>Homewrecker</i></p> <p>After a mishap at Leo's school, Danny and Mindy are forced to spend time together. Meanwhile, Jody tries to gain back Mindy's trust with an over the top present.</p> <p>Starring: Mindy Kaling, Ike Barinholtz, Ed Weeks</p> <p>Cons.Advice: Sexual References, Drug Use</p>					
13:30	THE MINDY PROJECT				WS	M
	<p><i>Decision 2016</i></p> <p>After Jody tries to win Mindy's heart by buying her an apartment, Mindy is torn between her old love, Danny, and a relationship with Jody.</p> <p>Starring: Mindy Kaling, Ike Barinholtz, Ed Weeks</p> <p>Cons.Advice: Mature Themes, Sexual References</p>					



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14:00	SAY YES TO THE DRESS ATLANTA		Repeat		WS	PG
	<p><i>Times Are A'Changing</i></p> <p>Second time bride, LaToya wants a gown to put her in the spotlight; former pageant queen, Maggie struggles to leave behind blingy dresses; a circle of support for bride Kristina.</p>					
14:30	SAY YES TO THE DRESS ATLANTA		Repeat		WS	PG
	<p><i>First Dresses and Second Guesses</i></p> <p>A bride who was used to sharing her clothes is eager to find a dress to call her own; one bride refuses to let her budget get in the way of her dreams.</p>					
15:00	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<p><i>Flashback</i></p> <p>When Lois worries that she may be pregnant again, she and Hal find themselves bickering...and remembering how their lives were changed following the births of each of their sons.</p> <p>Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz</p>					
15:30	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<p><i>House Boat</i></p> <p>Malcolm and Stevie's families invite disaster by going on holiday together on a houseboat. While Steve's parents are caught in a fight, Malcolm is stuck with Hal fishing. Inspired by Eric, Francis decides to leave school and move away.</p> <p>Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz</p>					
16:00	BAYWATCH		Repeat		WS	PG
	<p><i>Heat Wave</i></p> <p>Craig and Mitch try to rescue two boys trapped in a storm drain where the water level rises with the tide.</p> <p>Starring: David Hasselhoff, Pamela Anderson, Yasmine Bleeth</p> <p>Cons.Advice: Themes, Some Violence</p>					
17:00	KNIGHT RIDER				WS	PG
	<p><i>Deadly Knightshade</i></p> <p>Michael and KITT chase an elusive magician who may be after Devon.</p> <p>Starring: David Hasselhoff, Edward Mulhare, Richard Basehart</p> <p>Cons.Advice: Some Violence</p>					

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18:00	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<p><i>Emancipation</i></p> <p>While Malcolm and the Krelboyne geeks do battle with a tough teacher, Francis has had enough of emancipation and pleads with Lois to let him come home.</p> <p>Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz</p>					
18:30	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<p><i>Book Club</i></p> <p>Lois joins a book club in order to gain a respite from Hal and the boys, and she soon learns that the club is an excuse for other mothers to get together and socialize.</p> <p>Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz</p>					
19:00	THE NANNY	Captioned	Repeat		WS	PG
	<p><i>Kissing Cousins</i></p> <p>Fran meets an incredible Jewish doctor who is single, things are going well until they realise they are related!</p> <p>Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis</p>					
19:30	YOUNG SHELDON	Captioned			WS	PG
	<p><i>Teenager Soup and a Little Ball of Fib</i></p> <p>Sheldon fakes being sick to avoid a swim test at school; Dr. Sturgis spies on Meemaw's new boyfriend.</p> <p>Starring: Iain Armitage, Jim Parsons, Zoe Perry</p> <p>Cons.Advice: Scary Scenes</p>					
20:00	YOUNG SHELDON	Captioned			WS	PG
	<p><i>A Live Chicken, A Fried Chicken and Holy Matrimony</i></p> <p>George Sr. and Meemaw struggle to manage the Cooper household while Mary plans Pastor Jeff's wedding.</p> <p>Starring: Iain Armitage, Jim Parsons, Zoe Perry</p> <p>Cons.Advice: Sexual References, Mild Coarse Language</p>					
20:30	ATOMIC BLONDE	2017	Captioned	Repeat	WS	MA
	<p><i>Atomic Blonde</i></p> <p>An undercover MI6 agent is sent to Berlin during the Cold War to investigate the murder of a fellow agent and recover a missing list of double agents.</p> <p>Starring: Charlize Theron, James McAvoy, John Goodman</p> <p>Cons.Advice: Strong Violence, Some Coarse Language, A Sex Scene</p>					
22:45	YOUNG SHELDON	Captioned			WS	PG
	<p><i>Teenager Soup and a Little Ball of Fib</i></p> <p>Sheldon fakes being sick to avoid a swim test at school; Dr. Sturgis spies on Meemaw's new boyfriend.</p> <p>Starring: Iain Armitage, Jim Parsons, Zoe Perry</p> <p>Cons.Advice: Scary Scenes</p>					

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23:10	YOUNG SHELDON	Captioned			WS	PG
	<p><i>A Live Chicken, A Fried Chicken and Holy Matrimony</i></p> <p>George Sr. and Meemaw struggle to manage the Cooper household while Mary plans Pastor Jeff's wedding.</p> <p>Starring: Iain Armitage, Jim Parsons, Zoe Perry</p> <p>Cons.Advice: Sexual References, Mild Coarse Language</p>					
23:35	POLICE TEN 7	Captioned			WS	M
	<p>Join Rob Lemoto for a closer look at crime in New Zealand and the Kiwis who end up on the wrong side of the law.</p> <p>Cons.Advice: Frequent Coarse Language, References to Violence</p>					
00:05	QUANTUM LEAP				WS	M
	<p><i>Memphis Melody</i></p> <p>While impersonating the King, Elvis Presley, Sam must save a Memphis Belle from a bad marriage.</p> <p>Starring: Scott Bakula, Dean Stockwell, Deborah Pratt</p> <p>Cons.Advice: Some Violence, Themes, Sexual References</p>					
01:00	THE XTREME COLLXTION	Captioned	Repeat		WS	PG
	<p>This show unites the very best action and extreme sports from around the planet. Loaded to the max with adrenaline-inspired events, stunts, challenges and projects, along with the stories behind the sports people living life on the edge.</p>					
01:30	THE XTREME COLLXTION	Captioned	Repeat		WS	PG
	<p>This show unites the very best action and extreme sports from around the planet. Loaded to the max with adrenaline-inspired events, stunts, challenges and projects, along with the stories behind the sports people living life on the edge.</p>					
02:00	MIKE TYSON MYSTERIES		Repeat		WS	M
	<p><i>Your Old Man</i></p> <p>A macabre animated comedy about Mike Tyson, his brainy adopted Asian-American daughter, a friendly but wimpy gay gentleman ghost and a cursed perverse mean-spirited talking pigeon who solve weird mysteries together.</p> <p>Cons.Advice: Some Coarse Language, Themes</p>					
02:10	DANCE MOMS		Repeat		WS	PG
	<p><i>Abby's Worst Nightmare</i></p> <p>Abby challenges the Junior Elites to a head-to-head competition and makes big changes to the team. In the hopes of finding her super team, Abby sends some girls home and brings in two new girls. But, when Abby's biggest rival returns, the moms worry about her ability to hold it all together.</p> <p>Cons.Advice: Themes, Mild Coarse Language</p>					
03:00	BEYBLADE BURST TURBO		Repeat		WS	PG
	<p><i>Master of the Wind! Air Knight!</i></p> <p>Middle schooler Valt Aoi, with his Beyblade Valtryek, faces off against friends, classmates and rivals on his way to become the world's number one blader.</p> <p>Cons.Advice: Mild Violence</p>					



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03:30	NINJAGO: MASTERS OF SPINJITZU		Repeat		WS	PG
	<p><i>The Last Resort</i></p> <p>When the last two remaining Ninja are safe-guarded in a place no one would dare to look, the Sky Pirates discover their whereabouts and attack in search of the one who holds the power to unlock Azad's full potential.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
04:00	POKEMON		Repeat		WS	G
	<p><i>A Legendary Photo Op!</i></p> <p>When our heroes arrive at the foot of Mt. Molteau, the sudden appearance of a fiery Charmeleon lets them know that Trevor, their friend from Pokémon summer camp, is nearby!</p> <p>Cons.Advice: Supernatural Themes, Animated Violence</p>					
04:30	POKEMON JOURNEYS		Repeat		WS	PG
	<p><i>The Climb to be the Very Best!</i></p> <p>Pokémon Trainer Ash Ketchum has a new plan: see the world! But first, he and his partner Pikachu are headed to the opening of the Cerise Laboratory, a research facility dedicated to uncovering the mysteries of Pokémon in every region.</p> <p>Cons.Advice: Animated Violence</p>					
04:50	POWER RANGERS SUPER NINJA STEEL		Repeat		WS	PG
	<p><i>Car Trouble</i></p> <p>Calvin is faced with a tough decision when he is offered his dream job.</p> <p>Cons.Advice: Themes, Mild Violence, Scary Scenes</p>					
05:10	BAKUGAN: BATTLE PLANET		Repeat		WS	PG
	<p><i>In My Room/An Army Of Their Own</i></p> <p>When the AO report that they've been fighting the wrong fight, they discover that Benton has been corrupted by the villainous Tiko.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
05:30	YU-GI-OH! CLASSIC		Repeat		WS	PG
	<p><i>The Mystery Duelist Part 2</i></p> <p>Bakura uses the Millennium Ring to free Keith from the Dark Force.</p> <p>Cons.Advice: Mild Violence</p>					

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06:00	BEYBLADE BURST TURBO		Repeat		WS	PG
	<p><i>Hyde vs Phi!</i></p> <p>Middle schooler Valt Aoi, with his Beyblade Valtryek, faces off against friends, classmates and rivals on his way to become the world's number one blader.</p> <p>Cons.Advice: Mild Violence</p>					
06:30	BEYBLADE BURST RISE		Repeat		WS	PG
	<p><i>Rebirth! Command Dragon!</i></p> <p>Middle schooler Valt Aoi, with his Beyblade Valtryek, faces off against friends, classmates and rivals on his way to become the world's number one blader.</p> <p>Cons.Advice: Mild Violence</p>					
07:00	YU-GI-OH! VRAINS		Repeat		WS	PG
	<p><i>From One Hunter to Another</i></p> <p>Varis gives The Shepherd an offer he can't refuse – join the Hanoi or fall to the Hanoi!</p> <p>Cons.Advice: Animated Violence, Supernatural Themes</p>					
07:30	BAKUGAN: ARMORED ALLIANCE		Repeat		WS	PG
	<p><i>Everett's Trap/Kazami vs Mc Q</i></p> <p>Lightning reunites with an old frenemy – Ebony. This time the kitty queen of the streets has a new home and is living a life of luxury with her new master.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
08:00	SMASHHDOWN!	Captioned	Repeat		WS	C
	<p><i>Match Day 3, Pool B – The Flash vs. Active Abby</i></p> <p>Pull down your boards, it's all about basketball today! Nick joins North Lakes Hawks for training, we discover the science of shooting and our players take on the SMASHHDOWN wind chamber!</p>					
08:30	RAINBOW RANGERS		Repeat		WS	G
	<p><i>Preston-fest/Snakes on a Plain</i></p> <p>Preston throws a music festival that destroys all the local vegetation, threatening local wildlife who are now going hungry; the Rangers help protect the lives of snakes during their migration.</p>					
09:00	CARE BEARS: UNLOCK THE MAGIC		Repeat		WS	G
	<p><i>A Yoorg Awakening/Rain, Rain, Go Away</i></p> <p>Funshine's jokes unwittingly hurt Grumpy's feelings, and those of a strange Rock Giant. Disturbed from its slumber, the usually benign creature inadvertently creates havoc for the Whiffles, until Funshine calms it by apologizing.</p>					
09:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G
	<p><i>Princess Grizbot</i></p> <p>Grizelda wants to help the Rainbow Kingdom, just like True. So she gets her Grizmos to build a giant robot- The Grizbot. When Frookie takes control of it, True has to come to her friends' rescue.</p>					

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10:00	NINJAGO: MASTERS OF SPINJITZU		Repeat		WS	PG
	<i>Operation Land Ho!</i> The last remaining ninja gets help from old allies to help him stop Nadakhan's ceremonial wedding from taking place. Cons.Advice: Animated Violence, Themes					
10:30	POKEMON JOURNEYS		Repeat		WS	PG
	<i>Raid Battle in the Ruins!</i> Pokémon Trainer Ash Ketchum has a new plan: see the world! But first, he and his partner Pikachu are headed to the opening of the Cerise Laboratory, a research facility dedicated to uncovering the mysteries of Pokémon in every region. Cons.Advice: Animated Violence					
11:00	DANCE MOMS				WS	PG
	<i>Return of The Rotten Apples</i> Abby and the ALDC bring an edgy group routine, inspired by Kalani's 16th birthday, to this week's competition hoping to overtake Cathy and her Candy Apples for the second week in a row. Kendall dances a Maddie-esque solo determined to beat Nicaya. Cons.Advice: Themes, Mild Coarse Language					
12:00	KELLOGG'S NUTRI-GRAIN IRONMAN & IRONWOMAN SERIES		Live		WS	NA
	This is where legends are made. The fittest and strongest surf sports athletes in the country battle it out in the ocean across six rounds of the gruelling iconic Nutri-Grain IronMan and IronWoman Series.					
14:00	SAY YES TO THE DRESS ATLANTA		Repeat		WS	PG
	<i>Once Upon a Bride</i> A bride looks for a fairytale princess gown; a perfect gown for a vow renewal ceremony; a bride hopes for her aunt's approval.					
14:30	SAY YES TO THE DRESS ATLANTA		Repeat		WS	PG
	<i>Pardon My French</i> Part bridal story, part fashion makeover and part family therapy session, each episode looks at the personalities and craftsmanship that come into play at one of the busiest bridal salons in America.					
15:00	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<i>Emancipation</i> While Malcolm and the Krelboyne geeks do battle with a tough teacher, Francis has had enough of emancipation and pleads with Lois to let him come home. Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz					
15:30	MALCOLM IN THE MIDDLE	Captioned	Repeat		WS	PG
	<i>Book Club</i> Lois joins a book club in order to gain a respite from Hal and the boys, and she soon learns that the club is an excuse for other mothers to get together and socialize. Starring: Jane Kaczmarek, Bryan Cranston, Christopher Masterson, Frankie Muniz					



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16:00	BAYWATCH		Repeat		WS	PG
<p><i>Message in a Bottle</i></p> <p>Piracy is alive and well on the high seas as Hobie and some pals encounter yacht robbers.</p> <p>Starring: David Hasselhoff, Pamela Anderson, Yasmine Bleeth</p> <p>Cons.Advice: Some Violence</p>						
17:00	KNIGHT RIDER				WS	PG
<p><i>Redemption Of A Champion</i></p> <p>A deaf sportswriter is murdered after calling Devon with his concerns over the welfare of a contender in an upcoming prizefight.</p> <p>Starring: David Hasselhoff, Edward Mulhare, Richard Basehart</p> <p>Cons.Advice: Some Violence</p>						

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18:00	THE NANNY	Captioned	Repeat		WS	PG
	<i>Kissing Cousins</i> Fran meets an incredible Jewish doctor who is single, things are going well until they realise they are related! Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis					
18:30	LEMONY SNICKET'S A SERIES OF UNFORTUNATE EVENTS	2004	Repeat		WS	PG
	<i>Lemony Snicket's A Series of Unfortunate Events</i> After the three young Baudelaire siblings are left orphaned by a fire in their mansion, they are carted off to live with their distant relative, Count Olaf. Unfortunately, Olaf is a cruel, scheming man only after the inheritance that the eldest Baudelaire, Violet, is set to receive. Starring: Jim Carrey, Meryl Streep, Jude Law Cons.Advice: Mature Themes, Frightening Scenes					
20:40	MORTAL ENGINES	2019	Captioned		WS	M
	<i>Mortal Engines</i> In a post-apocalyptic world where cities ride on wheels and consume each other to survive, two people meet in London and try to stop a conspiracy. Starring: Hugo Weaving, Hera Hilmar, Robert Sheehan Cons.Advice: Sci-fi Violence, Themes					
23:10	POLICE TEN 7	Captioned			WS	M
	Join Rob Lemoto for a closer look at crime in New Zealand and the Kiwis who end up on the wrong side of the law. Cons.Advice: Frequent Coarse Language, Some Violence, Drug References					
23:40	POLICE TEN 7	Captioned			WS	M
	Join Rob Lemoto for a closer look at crime in New Zealand and the Kiwis who end up on the wrong side of the law. Cons.Advice: Frequent Coarse Language, Drug References, Some Violence					
00:10	QUANTUM LEAP				WS	M
	<i>Mirror Image</i> Sam leaps into a bar with a bartender that's more than he appears. When Sam looks into a mirror, he sees his own reflection. In the future, they realize that Sam has leaped into himself, they search history for Sam. Starring: Scott Bakula, Dean Stockwell, Deborah Pratt Cons.Advice: Some Violence, Themes, Sexual References					
01:10	RIVALS	Captioned	Repeat		WS	PG
	<i>Mick Fanning, Dean Morrison, Joel Parkinson</i> After hundreds of heats over years of competition, intense rivalries are formed. These guys have won pretty much everything with world titles, pipe masters, triple crowns & almost every event on the world tour circuit. Surfing Australia Studios and mySURFtv have used testing times in 2020 to create a way of reigniting the competitive fire still burning within the eleven former World Tour surfers in their new series 'RIVALS'. Cons.Advice: Some Coarse Language					



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01:40	SOCIAL FABRIC	Captioned	Repeat		WS	M
	<p><i>Jeans</i></p> <p>The definition of a wardrobe staple, denim is as diverse as the people who wear it. Kyle Ng travels to Japan to see how to make the world's best jeans and to Los Angeles, California, United States to see the past and future of this fashion icon.</p> <p>Cons.Advice: Some Coarse Language, Sexual References</p>					
02:10	DANCE MOMS		Repeat		WS	PG
	<p><i>Return of The Rotten Apples</i></p> <p>Abby and the ALDC bring an edgy group routine, inspired by Kalani's 16th birthday, to this week's competition hoping to overtake Cathy and her Candy Apples for the second week in a row. Kendall dances a Maddie-esque solo determined to beat Nicaya.</p> <p>Cons.Advice: Themes, Mild Coarse Language</p>					
03:00	BEYBLADE BURST TURBO		Repeat		WS	PG
	<p><i>Hyde vs Phi!</i></p> <p>Middle schooler Valt Aoi, with his Beyblade Valtryek, faces off against friends, classmates and rivals on his way to become the world's number one blader.</p> <p>Cons.Advice: Mild Violence</p>					
03:30	NINJAGO: MASTERS OF SPINJITZU		Repeat		WS	PG
	<p><i>Operation Land Ho!</i></p> <p>The last remaining ninja gets help from old allies to help him stop Nadakhan's ceremonial wedding from taking place.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
04:00	POKEMON		Repeat		WS	G
	<p><i>The Tiny Caretaker!</i></p> <p>Team Rocket has gotten their hands on a little Tyrunt, with plans to get it to evolve into a powerful Tyrantrum.</p> <p>Cons.Advice: Supernatural Themes, Animated Violence</p>					
04:30	POKEMON JOURNEYS		Repeat		WS	PG
	<p><i>Raid Battle in the Ruins!</i></p> <p>Pokémon Trainer Ash Ketchum has a new plan: see the world! But first, he and his partner Pikachu are headed to the opening of the Cerise Laboratory, a research facility dedicated to uncovering the mysteries of Pokémon in every region.</p> <p>Cons.Advice: Animated Violence</p>					
04:50	POWER RANGERS SUPER NINJA STEEL		Repeat		WS	PG
	<p><i>Happy To Be Me</i></p> <p>When a monster steals Levi's voice, he learns an important lesson about self-worth.</p> <p>Cons.Advice: Themes, Mild Violence, Scary Scenes</p>					



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05:10	BAKUGAN: BATTLE PLANET		Repeat		WS	PG
	<p><i>Calling All Parents/Nowhere To Turn</i></p> <p>When the parents of the world are turned against their children and confiscate their Bakugan, the AO must seek out the Rowdy Reds.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
05:30	YU-GI-OH! CLASSIC		Repeat			PG
	<p><i>The Past is Present</i></p> <p>Kaiba learns the true history of the Duel Monster cards and vows to find the villain amassing them for evil purposes.</p> <p>Cons.Advice: Mild Violence</p>					

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06:00	POLLY POCKET				WS	G
	<i>The Big Cheat/Horsin' Around</i> With her shrinking-powered magic locket around her neck and her friends by her side, Polly Pocket proves there's no adventure too big for "tiny power!" Our pint-sized heroes use their unique point-of-view to help the neighbourhood animals, conquer school assignments, and discover a big world full of fun.					
06:30	BARBIE: DREAMHOUSE ADVENTURES		Repeat		WS	G
	<i>Dreamhouse Holidays</i> While all the family prepare for the holidays, Ken and Barbie discover the true meaning of friendship when they find the perfect gifts for one another.					
07:00	EARTH TO LUNA!		Repeat		WS	G
	<i>Super Strong/Set In Stone</i> Curious about everything and excited about science, 6-year-old Luna, her brother Jupiter and pet Clyde explore nature to learn about the world.					
07:30	THE GAMERS 2037	Captioned			WS	C
	<i>The Game</i> Virtual and Augmented Reality Gaming was the next generation of gaming and a technological marvel... until it started digitising and absorbing players. XEON and GALAHAD must beat the game to not only save themselves, but the many absorbed players.					
08:00	MY LITTLE PONY: FRIENDSHIP IS FOREVER		Repeat		WS	G
	<i>Memnagerie</i> After learning that her friends, as well as herself, are the magical Elements of Harmony, studious unicorn Twilight Sparkle is sent by her mentor, Princess Celestia, to Ponyville to study the magic of friendship with help from her friends. Cons.Advice: Themes, Mild Violence					
08:30	TRUE AND THE RAINBOW KINGDOM		Repeat		WS	G
	<i>Cosmic Sneeze</i> The Rainbow King has a bad case of the Wachoggieboogies. Each time he sneezes, everything in the Rainbow Kingdom changes color. It's up to True and Bartleby to find the cure.					
09:00	RICKY ZOOM		Repeat		WS	G
	<i>Wheeloween/Zoom Encounters</i> Little red rescue motorbike Ricky Zoom, along with his loyal and enthusiastic bike buddies Loop, Scootio and DJ, race around the sports track, try new stunts at the park, and zoom into adventures.					
09:30	POKEMON: BW ADVENTURES IN UNOVA				WS	G
	<i>Meowth, Colress And Team Rivalry!</i> After bidding farewell to N and his companions, our heroes discover Pignite's Flamethrower is weak. There's something stuck in its nose - can they dislodge it?					
10:00	NEXO KNIGHTS		Repeat		WS	PG
	<i>Rotten Luck</i> Jestro and the Cloud of Monstrox unleashes the Forbidden Power Ravaging Rot on Knighton, turning everything into green goeey rot, but Robin has an awesome new invention that could help the Nexo Knights. Cons.Advice: Animated Violence					



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10:30	NINJAGO		Repeat		WS	PG
	<p><i>Corruption/A Fragile Hope</i></p> <p>The story of Zane's arrival in the Never-Realm and how he fell under the sway of the villainous Vex.</p> <p>Cons.Advice: Themes, Animated Violence</p>					
11:00	SKINNER BOYS	Captioned	Repeat		WS	C
	<p><i>The Yeti & The Stonemaker</i></p> <p>The Stonemaker artefact has the power to turn objects and living things to stone and back again. The Skinners travel to the Himalayas to save a small village from an army of yetis. Having been once turned to stone, the yetis are now alive again and seeking revenge.</p>					
11:30	THE TOM & JERRY SHOW		Repeat		WS	G
	<p><i>Eagle Eye Jerry/ Not My Tyke/ A Head For Science</i></p> <p>The iconic cat and mouse rivals are back in THE TOM AND JERRY SHOW, a fresh take on the classic series.</p> <p>Cons.Advice: Animated Violence</p>					
12:00	BAKUGAN: ARMORED ALLIANCE				WS	PG
	<p><i>Tiko's Back?!/Arise, Ulimite Infinity!</i></p> <p>Magnus and Ajit spot Haavik on the street and decide to follow him, but the shape shifting Haavik is on to them. It's not long before an epic brawl breaks out between them – Five Faction Fusion Sabrus vs. Nillious X Darkus and Pharol.</p> <p>Cons.Advice: Animated Violence, Themes</p>					
12:30	BEYBLADE BURST RISE		Repeat		WS	PG
	<p><i>Invasion! The New King!</i></p> <p>Middle schooler Valt Aoi, with his Beyblade Valtryek, faces off against friends, classmates and rivals on his way to become the world's number one blader.</p> <p>Cons.Advice: Mild Violence</p>					
13:00	POWER RANGERS DINO CHARGE		Repeat		WS	PG
	<p><i>Powers From The Past</i></p> <p>Millions of years ago, the evil Sledge tried to steal the greatest power in the universe. But an alien named Keeper entrusted them to dinosaurs. As for Sledge... He was blasted deep into space. Now the Energems have been found, and Sledge returns to battle a new team of heroes; they are...Power Rangers Dino Charge!</p> <p>Cons.Advice: Stylised Violence</p>					
13:30	SURFING AUSTRALIA TV	Captioned	Repeat		WS	PG
	<p>Showcases Surfing Australia's programs from junior development through to the elite athletes in surfing.</p> <p>Cons.Advice: Mild Coarse Language</p>					



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14:00	THE XTREME COLLXTION	Captioned			WS	PG
	This show unites the very best action and extreme sports from around the planet. Loaded to the max with adrenaline-inspired events, stunts, challenges and projects, along with the stories behind the sports people living life on the edge.					
14:30	THE XTREME COLLXTION	Captioned			WS	PG
	This show unites the very best action and extreme sports from around the planet. Loaded to the max with adrenaline-inspired events, stunts, challenges and projects, along with the stories behind the sports people living life on the edge.					
15:00	LIQUID SCIENCE	Captioned	Repeat		WS	PG
	<p><i>Stronger, Faster</i></p> <p>In California, United States, host GZA visits an exoskeleton manufacturer near San Francisco, sees mind-control experts in Silicon Valley. He also meets a drummer with a robotic arm at the Georgia Tech Center for Music Technology in Atlanta.</p>					
15:30	OPEN SEASON: SCARED SILLY	2015	Captioned	Repeat	WS	PG
	<p><i>Open Season: Scared Silly</i></p> <p>The humans and animals believe a werewolf is on the loose, and hunter Shaw uses the opportunity to re-open the season. Boog, Elliot, and Mr. Weenie have to face their fears and find the werewolf to get the season closed permanently.</p> <p>Starring: Trevor Devall, Donny Lucas, Kathleen Barr</p> <p>Cons.Advice: Themes</p>					
17:10	SPY KIDS 4: ALL THE TIME IN THE WORLD	2011	Captioned	Repeat	WS	PG
	<p><i>Spy Kids 4: All the Time in the World</i></p> <p>When a retired spy is called back into action, she decides to invite her step-children along for the ride as she attempts to stop the evil Timekeeper from taking over the world.</p> <p>Starring: Jessica Alba, Joel McHale, Rowan Blanchard</p> <p>Cons.Advice: Mild Coarse Language, Mild Violence</p>					



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19:00	DESPICABLE ME	2010	Captioned	Repeat		WS	PG
	<p><i>Despicable Me</i></p> <p>When a criminal mastermind uses a trio of orphan girls as pawns for a grand scheme, he finds their love is profoundly changing him for the better.</p> <p>Starring: Steve Carell, Jason Segel, Russell Brand</p> <p>Cons.Advice: Animated Violence</p>						
20:50	ANCHORMAN: THE LEGEND OF RON BURGUNDY	2004		Repeat		WS	M
	<p><i>Anchorman: The Legend of Ron Burgundy</i></p> <p>Ron Burgundy is San Diego's top rated newsman in the male-dominated broadcasting of the 70s, but that's all about to change for Ron and his cronies when an ambitious woman is hired as a new anchor.</p> <p>Starring: Will Ferrell, Christina Applegate, Steve Carell</p> <p>Cons.Advice: Sexual References, Some Violence, Some Coarse Language</p>						
22:50	SAUSAGE PARTY	2016	Captioned	Repeat		WS	MA
	<p><i>Sausage Party</i></p> <p>At the local supermarket life is good for Frank the sausage, Brenda the hot dog bun, Teresa Taco and Sammy Bagel Jr. Their world comes crashing down as Frank learns the horrifying truth that he will eventually become a meal. After warning his pals about their similar fate, the panicked perishables devise a plan to escape from their human enemies.</p> <p>Starring: Seth Rogan, Kristen Wiig, Edward Norton</p> <p>Cons.Advice: Strong Sex References, Very Coarse Language, Drug Use</p>						
00:35	LETHAL WEAPON		Captioned	Repeat		WS	MA
	<p><i>Funny Money</i></p> <p>Riggs and Murtaugh are thrown into the world of counterfeit money; a group of teenagers inadvertently get involved, and it strikes a chord with Murtaugh; Riggs decides to visit someone from his past.</p> <p>Starring: Clayne Crawford, Damon Wayans, Kevin Rahm</p> <p>Cons.Advice: Strong Violence</p>						
01:35	LETHAL WEAPON		Captioned	Repeat		WS	MA
	<p><i>Diggin' Up Dirt</i></p> <p>When Riggs visits his father-in-law in prison, an old secret about his deceased wife comes to light; Murtaugh tries to impress Capt. Avery; Trish and Leo Getz try to solve a murder on their own.</p> <p>Starring: Clayne Crawford, Damon Wayans, Kevin Rahm</p> <p>Cons.Advice: Strong Violence</p>						
02:30	THE XTREME COLLXTION		Captioned	Repeat		WS	PG
	<p>This show unites the very best action and extreme sports from around the planet. Loaded to the max with adrenaline-inspired events, stunts, challenges and projects, along with the stories behind the sports people living life on the edge.</p>						



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03:00	POWER RANGERS DINO CHARGE		Repeat		WS	PG
	<p><i>Powers From The Past</i></p> <p>Millions of years ago, the evil Sledge tried to steal the greatest power in the universe. But an alien named Keeper entrusted them to dinosaurs. As for Sledge... He was blasted deep into space. Now the Energems have been found, and Sledge returns to battle a new team of heroes; they are...Power Rangers Dino Charge!</p> <p>Cons.Advice: Stylised Violence</p>					
03:30	THUNDERBIRDS		Repeat		WS	G
	<p><i>Cry Wolf</i></p> <p>Follow the adventures of the International Rescue, an organisation created to help those in grave danger in this marionette puppetry classic.</p>					
04:30	POKEMON: BW ADVENTURES IN UNOVA		Repeat		WS	G
	<p><i>Meowth, Colress And Team Rivalry!</i></p> <p>After bidding farewell to N and his companions, our heroes discover Pignite's Flamethrower is weak. There's something stuck in its nose - can they dislodge it?</p>					
04:50	NEXO KNIGHTS		Repeat		WS	PG
	<p><i>Rotten Luck</i></p> <p>Jestro and the Cloud of Monstrox unleashes the Forbidden Power Ravaging Rot on Knighton, turning everything into green gooey rot, but Robin has an awesome new invention that could help the Nexo Knights.</p> <p>Cons.Advice: Animated Violence</p>					
05:10	KAIJUDO: RISE OF THE DUEL MASTERS		Repeat		WS	PG
	<p><i>The Siphon</i></p> <p>Master Chavez must replenish the Veil, and to do so he must siphon Mana from one of the slumbering Creature Civilization Kings, but the Choten plans to take possession of the Mana once Chavez has extracted it. It's up to the kids to stop him.</p> <p>Cons.Advice: Animated Violence, Themes, Scary Scenes</p>					
05:30	YU-GI-OH! CLASSIC		Repeat			PG
	<p><i>Champion Vs Creator Part 2</i></p> <p>Giant monsters! Powerful magic! Ancient Egyptian legends! Yu-Gi-Oh! is one action-packed adventure series that holds all the cards! It's your move!</p> <p>Cons.Advice: Mild Violence</p>					



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