Sun Nov 13, 2022

06:00	JUNGLE BEAT		Repeat	WS	G				
	Walk this Way/Bloomin Emergency/I Would Walk 500 Mile	es							
	Trunk's loud footsteps cause trouble in the jungle for lots of precious flower, so quickly looks for a replacement; a game			stroyed Tru	nk's				
06:30	GUS, THE ITSY BITSY KNIGHT		Repeat	WS	G				
	Rude-speak/The Big Bite-Knight!								
	Iris' spell goes wrong and Daddy King and Mommy Queer his recurring nightmare, a Giant Knight-Knight, head on.	n get a bout of rude-s	peak; Gus wants t	o face the o	bject o				
07:00	EARTH TO LUNA!		Repeat	WS	G				
	A Dog's Paws/The Superstar								
	The gang witnesses strange behaviour by Dr. Jane's dog, believing that it isn't one.	, Snowball. Luna and	friends wonder if t	he sun is a	planet				
07:30	BERRY BEES	Captioned	Repeat	WS	С				
	Berry Fall - Part 1/Berry Fall Part 2								
	The Berry Bees dig deeper and discover that Mirage, Tara Bytes and the Greenthumbs have teamed up, kidnapped Ms. Berry and replaced her with a hologram to lure them to the island so they can be eliminated for good.								
08:00	RICKY ZOOM		Repeat	WS	G				
			-						
	False Alarm/The Zoomtastic Gang								
	False Alarm/The Zoomtastic Gang Ricky overhears a Steel Awesome movie on his emergen hypnotize everyone in town.	cy radio and thinks it	's an actual plot by	Mufflerkrun	k to				
08:30	Ricky overhears a Steel Awesome movie on his emergen	cy radio and thinks it	's an actual plot by Repeat	Mufflerkrun WS	k to G				
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08:30	Ricky overhears a Steel Awesome movie on his emergence hypnotize everyone in town. GIGANTOSAURUS <i>The Time Capsule/Marsh O Saurus</i> Rugo accidentally unearths a time capsule Ayati made with		Repeat	WS	G				
	Ricky overhears a Steel Awesome movie on his emergent hypnotize everyone in town. GIGANTOSAURUS <i>The Time Capsule/Marsh O Saurus</i> Rugo accidentally unearths a time capsule Ayati made wit decide they want to make one too.		Repeat	WS e four little o	G				
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Sun Nov 13, 2022

10:30	MEGA MAN: FULLY CHARGED		Repeat		WS	PG			
	Watt's Happening/Chill Out Bruh								
	When Elec Man derails the school play by hijacking Silicon Central's power, Aki/Mega Man must use what he has learned onstage to defeat his supercharged foe.								
	Cons.Advice: Animated Violence, Themes								
11:00	MONKIE KID		Repeat		WS	PG			
	Minor Scale/Game On								
	MK accidentally shrinks himself and falls down the drain, into the sewers, and finds himself back in the lair of the Spider Queen. MK finds a VR video game that emulates the Monkey King's battles. MK jumps in, hoping to "live" Monkey King's life in order to be a better hero.								
	Cons.Advice: Animated Violence, Themes								
11:30	LEGO CITY ADVENTURES		Repeat		WS	PG			
	Race to the Top/Metal Harl Hubbs								
	Fendrich and Sinclair compete to win the city's tallest building contest.								
	Cons.Advice: Mild Violence								
12:00	YU-GI-OH! SEVENS				WS	PG			
	Pressure Points								
	Seatbastian feels the pressure when he battles against a massage duelist who looks to knead out a victory!								
	Cons.Advice: Animated Violence, Themes								
12:30	BEYBLADE BURST - QUAD DRIVE		Repeat		WS	PG			
	Reckless Panic! Bag Of Tricks!	•							
	After losing a match to Valt, Bel succeeds in improving his launch power; this newfound ability enables the unveiling of a new blading club set to be captained by an old rival.								
	Cons.Advice: Mild Violence			-	-				
13:00	POWER RANGERS DINO FURY		Repeat		WS	PG			
	Storm Surge	-							
	Ollie agrees to help Javi with a story, but his desire for new technis obsession, and Ollie learns a lesson about priorities.	ch distracts him	from his promis	se. The v	/illains e	xploit			
	Cons.Advice: Mild Violence, Themes								
13:30	RIVALS	Captioned	Repeat		WS	PG			
	The Reveal					-			
	It's time for our panel of internationally accredited judges to re- themselves at their home break. Don't miss the final episode a								
	Cons.Advice: Some Coarse Language								

Sun Nov 13, 2022

14:00	SURFING AUSTRALIA TV	Captioned	Repeat	WS	твс				
	Showcases Surfing Australia's programs from junior develo	pment through to th	ne elite athletes in s	surfing.					
14:30	RICH KIDS GO SKINT			WS	PG				
	Angelina Green		·						
	Rich kid Angelina moves in with Amy, a teenage mum.								
	Cons.Advice: Themes								
15:30	FULL BLOOM	Captioned		WS	PG				
	Coming Up Roses								
	Rose-centric chandeliers give each florist the chance to light up the competition before bold artistic visions see ordinary tree trunks turned into trees fit for a whimsical forest.								
	Cons.Advice: Mild Coarse Language								
16:30	DANCE MOMS			WS	PG				
	Choose Wisely								
	Abby makes a shocking announcement that she's sending someone home; Stacey and Tricia go to war over Abby's star dancer, Brady; when tasked with picking their own duet partners, the young dancers fear that the wrong decision could send them home.								
	star dancer, Brady; when tasked with picking their own due				Abby's				
	star dancer, Brady; when tasked with picking their own due				Abby's				
17:30	star dancer, Brady; when tasked with picking their own due decision could send them home.				Abby's PG				
17:30	star dancer, Brady; when tasked with picking their own due decision could send them home. Cons.Advice: Themes, Mild Coarse Language		ig dancers fear tha	t the wrong	-				
17:30	star dancer, Brady; when tasked with picking their own due decision could send them home. Cons.Advice: Themes, Mild Coarse Language WAYNE'S WORLD 2 1993	t partners, the your	ng dancers fear tha Repeat	t the wrong	PG				
17:30	star dancer, Brady; when tasked with picking their own due decision could send them home. Cons.Advice: Themes, Mild Coarse Language WAYNE'S WORLD 2 1993 Wayne's World 2 The inseparable duo try to organize a rock concert while W	t partners, the your	ng dancers fear tha Repeat	t the wrong	PG				

Sun Nov 13, 2022

19:30	THE FAST AND THE FURIOUS	2001	Captioned	Repeat	v	/S	М		
	The Fast and the Furious								
	Los Angeles police officer Brian O'Conner must decide where his loyalty really lies when he becomes enamored with the street racing world he has been sent undercover to destroy.								
	Starring: Vin Diesel, Paul Walker, Michelle R	Rodriguez							
	Cons.Advice: Some Violence, Adult Themes	, Some Coarse La	nguage						
21:35	2 FAST 2 FURIOUS	2003	Captioned	Repeat	V	/S	М		
	2 Fast 2 Furious								
	Former cop Brian O'Conner is called upon to childhood friend and street racer who has a			e recruits the he	elp of a form	er			
	Starring: Paul Walker, Tyrese Gibson, Cole I	Hauser							
	Cons.Advice: Some Violence, Some Coarse	Language							
23:45	DUNCANVILLE		Captioned	Repeat	V	/S	М		
	Witch Day								
	The town celebrates its annual Witch Day, which involves pronouncing a mortified Duncan the "town virgin" for the big ceremony; Annie and Jack steal a dead woman's chili recipe.								
	Cons.Advice: Animated Violence								
00:15	RICH KIDS GO SKINT			Repeat	V	/S	PG		
	Angelina Green								
	Rich kid Angelina moves in with Amy, a teenage mum.								
	Cons.Advice: Themes								
01:10	I AM CAIT				V	/S	М		
	The Great Debate								
	After Cait is challenged to control herself during the Democratic debates, the women are challenged by a visit to Cait's alma mater: a conservative, Christian college in Iowa.								
	Cons.Advice: Adult Themes, Some Coarse I	_anguage, Sexual	References						
02:05	I AM CAIT				V	/S	М		
	Great Scott!								
	A newly sober Scott visits Cait on the road trip and they struggle to find common ground. Also, Cait and the women go to a ceremony for Transgender Day of Remembrance.								
		emembrance.							
			References						
03:00	go to a ceremony for Transgender Day of Re		References		v	/S	твс		

Sun Nov 13, 2022

03:30	BEYBLADE BURST - QUAD DRIVE		Repeat		WS	PG			
	Reckless Panic! Bag Of Tricks!								
	After losing a match to Valt, Bel succeeds in improving his launch power; this newfound ability enables the unveiling of a new blading club set to be captained by an old rival.								
	Cons.Advice: Mild Violence								
04:00	YU-GI-OH! SEVENS		Repeat		WS	PG			
	Pressure Points			-					
	Seatbastian feels the pressure when he battles against a mass	sage duelist who	o looks to knea	d out a v	victory!				
	Cons.Advice: Animated Violence, Themes								
04:30	RICKY ZOOM		Repeat		WS	G			
	False Alarm/The Zoomtastic Gang								
	Ricky overhears a Steel Awesome movie on his emergency radio and thinks it's an actual plot by Mufflerkrunk to hypnotize everyone in town.								
04:50	MONKIE KID		Repeat		WS	PG			
	Minor Scale/Game On								
	MK accidentally shrinks himself and falls down the drain, into the sewers, and finds himself back in the lair of the Spider Queen. MK finds a VR video game that emulates the Monkey King's battles. MK jumps in, hoping to "live" Monkey King's life in order to be a better hero.								
	Cons.Advice: Animated Violence, Themes								
05:10	LEGO CITY ADVENTURES		Repeat		WS	PG			
	Race to the Top/Metal Harl Hubbs								
	Fendrich and Sinclair compete to win the city's tallest building contest.								
	Cons.Advice: Mild Violence								
05:30	GIGANTOSAURUS		Repeat		WS	G			
	The Time Capsule/Marsh O Saurus								
	Rugo accidentally unearths a time capsule Ayati made with her friend 100 years ago, and now the four little dinos decide they want to make one too.								

Mon Nov 14, 2022

06:00	RICKY ZOOM		Repeat		WS	G			
	Slippy Street/Bike Buddies Super Speedy Delivery Service	-							
	Ricky and the buddies set up a bike wash but use too much polish; Ricky and the buddies are the fastest in town.								
06:30	CARE BEARS: UNLOCK THE MAGIC		Repeat		WS	G			
	Festival Of Hearts/An Almost Eggless Easter								
	When the Easter Bunny loses his eggs in a Silver Lining stream, the Care Bears rescue themonly to discover their color is gone! The Bears use their belly badge powers to help the Whiffles to recolor the eggs.								
07:00	BAKUGAN: GEOGAN RISING		Repeat		WS	PG			
	The Supreme Council/Drago's Challenge The Awesome Brawlers head to Vestroia to go find their friends Dan and Drago but the reunion is cut short by some troubling news out of the Bakugan Supreme Council. Cons.Advice: Animated Violence, Themes								
07:30	BEYBLADE BURST - QUAD DRIVE		Repeat		WS	PG			
	Disturbing Disturbance! Phantom's Gate!			1					
	Phelix has changed and Rashad knows it's because of Bel. Why can't that Dark Prince stay out of what doesn't concern him? Bashara points out that something's changed in the High Prince too. Just as tensions are ready to burst, Valt and Wakiya organize a tri-Blader tournament where all scores can be settled.								
	Cons.Advice: Mild Violence				-				
08:00	SMASHHDOWN!	Captioned	Repeat		WS	С			
	Elimination Quarter Final, Pool A – Gigi vs. Fierce Findlay								
	A place in Finals Week is on the line today! The team surpris take a dive in our giant ball-pit and one player books the first			olicity stu	unt, our	players			
08:30	DINO RANCH		Repeat		WS	G			
	The Great Dinosaur Getaway/Dino Ranch Rocks								
	Sonny the Kid rustles Blitz, Tango and Clover, both the Ranchers and the dinos must have the confidence to work separately in order to be reunited. / The Cassidy's party set-up is foiled by the jilted Tinhorns who think they weren't invited.								
09:00	GIGANTOSAURUS		Repeat		WS	G			
	A Brush with Sadness/What If?	•		•	-				
	Tiny has to mourn the loss of her favorite paintbrush when it falls apart. The dinos imagine what the world would be like if they were allowed to do whatever they wanted.								
09:30	GUS, THE ITSY BITSY KNIGHT		Repeat		WS	G			
	Magic Iris!/E-Pip				-				
	To protect his dog during dangerous missions, Gus asks Thibaut to create a robot replica of Pilou; Loupi, the robot, is handy and obedient at first but soon develops a logic that is too dangerous.								
10:00	NINJAGO: MASTERS OF SPINJITZU		Repeat		WS	PG			
	The Fall								
			The Oni in Ninjago City are stronger than anyone could have imagined, and the ninja must risk a daring rescue of Lloyd and Garmadon. Though there is still a slight hope, one ninja will pay a terrible price.						
	Cons.Advice: Themes, Animated Violence								

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10:30	POKEMON JOURNEYS		Repeat		WS	PG		
	Ivysaur's Mysterious Tower!							
	As Ash and Goh become accustomed to their new roles as research fellows for Professor Cerise, they find themselves surrounded by Pokémon mystery and wonder.							
	Cons.Advice: Animated Violence							
11:00	POWER PLAYERS		Repeat		WS	PG		
	The Dynamo Dynamic/Access Denied					-		
	Sarge and Masko get into an argument about what's more important for battle; Sarge Charge's newly upgraded security system ejects Axel and the team from the house.							
	Cons.Advice: Mild Violence							
11:30	YU-GI-OH! SEVENS		Repeat		WS	PG		
	Dino Detours					_		
	Yuga and his friends go on a monster hunt for the mysterious Gossie - a creature rumoured to have escaped from Goha's secret lab!							
	Cons.Advice: Animated Violence, Themes							
12:00	THE CARRIE DIARIES		Repeat		WS	М		
	Friday Night							
	When Carrie is invited to a Halloween party in the city by Larissa, she invites Walt to go with her to keep her company. It doesn't take long before the night goes awry.							
	Starring: Annasophia Robb, Austin Butler, Ellen Wong							
	Cons.Advice: Sexual References, Themes							
13:00	BAYWATCH		Repeat		WS	М		
	Kicks							
	While coaching Matt in kickboxing, Mitch ends up in a match or C.J. becomes a swimsuit model.	While coaching Matt in kickboxing, Mitch ends up in a match of his own with a vengeful enemy from his Navy days; C.J. becomes a swimsuit model.						
	Starring: David Hasselhoff, Pamela Anderson, Jeremy Jackso	n						
	Cons.Advice: Some Violence							
14:00	SURFING AUSTRALIA TV	Captioned	Repeat		WS	G		
	Showcases Surfing Australia's programs from junior developm	nent through to t	he elite athlete	s in surfi	ng.	-		
14:30	FULL HOUSE		Repeat		WS	G		
	Double Trouble	•			•	<u></u>		
	Jesse panics when he finds out that Rebecca is expecting twin Coulier.	ns. Stars John S	Stamos, Lori Lo	ughlin ar	nd Dave			
15:00	FULL HOUSE		Repeat		WS	G		
	Matchmaker Michelle							
	Michelle wants a new mother, so she decides to arrange a date between Danny and her kindergarten teacher. Stars Bob Saget, John Stamos and Dave Coulier.							

Mon Nov 14, 2022

15:30	EVERYBODY LOVES RAYMOND		Repeat	,	ws	PG			
	The Family Bed								
	Ally, claiming that there are monsters in her room, insists on sleeping in her parent's bed.								
	Starring: Ray Romano, Patricia Heaton, Brad Garrett								
16:00	EVERYBODY LOVES RAYMOND		Repeat	,	ws	PG			
	Good Girls								
	Debra discovers that Marie, likes Robert's girlfriend, Amy, better.								
	Starring: Ray Romano, Patricia Heaton, Brad Garrett								
16:30	EVERYBODY LOVES RAYMOND		Repeat		WS	PG			
	T-Ball								
	Debra brings an "unapproved snack" to Ally's T-ball game.								
	Starring: Ray Romano, Patricia Heaton, Brad Garrett								
17:00	EVERYBODY LOVES RAYMOND		Repeat		WS	PG			
	Traffic School								
	Robert's students complain that his class causes severe insomnia.								
	Starring: Ray Romano, Patricia Heaton, Brad Garrett								
17:30	THE NANNY		Repeat	,	WS	PG			
	The Playwright								
	A man whom Fran snubbed in high school has written a play a it.	nd threatens to	jump off a ledg	e unless M	laxwe	Il reads			
	Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis								

Mon Nov 14, 2022

18:00	3RD ROCK FROM THE SUN			Repeat		WS	PG		
	Dick The Vote								
	The crew gets a lesson in democracy when Harry runs for a city council seat against a corrupt politician.								
	Starring: John Lithgow, Jane Curtin, Kristen Johnston								
	Cons.Advice: Mild Coarse Language, Sexual References								
18:30	THAT 70'S SHOW			Repeat		WS	PG		
	Everybody Loves Casey								
	Eric can't get over Donna, so he confronts Casey	, who just pla	ns to use her ar	nd move on.					
	Starring: Topher Grace, Laura Prepon, Mila Kunis	s, Ashton Kut	cher						
	Cons.Advice: Sexual References, Drug Reference	es, Some Co	arse Language						
19:00	YOUNG SHELDON		Captioned	Repeat		WS	PG		
	A Baby Tooth and the Egyptian God of Knowledge								
	Sheldon has a scientific breakthrough at the dentist's office. Also, Dale and Meemaw go to the casino, and Georgie makes a big mistake when Dale leaves him in charge of the store.								
	Starring: Iain Armitage, Jim Parsons, Zoe Perry								
	Cons.Advice: Themes, Drug References								
19:30	THE WEAKEST LINK USA		Captioned			WS	PG		
	Who's the Fly in this Potato Salad?								
	Eight strangers work as a team to play a high-stakes game of trivia. In a dramatic twist, they must eliminate each other one by one for a chance to win a \$1 million prize.								
20:30	LOVE ISLAND AUSTRALIA		Captioned			WS	MA		
	Returning to the beautiful island of Mallorca, Spain, where our Islanders are hoping to find 'the one', they must couple up and stay together to secure their place in the villa or risk being dumped and sent away, all while surviving the temptations of sexy new bombshells arriving.								
	Cons.Advice: Themes, Frequent Coarse Language	ge, Sexual Re	eferences						
21:30	ACE VENTURA: PET DETECTIVE	1994	Captioned	Repeat		WS	М		
	Ace Ventura: Pet Detective								
	A goofy detective specializing in animals goes in	search of a m	nissing dolphin r	nascot of a foo	tball tear	m.			
	Starring: Jim Carrey, Sean Young, Courtney Cox								
	Cons.Advice: Some Coarse Language								
23:15	DATING NO FILTER UK			Repeat		WS	MA		
	This week, how will Josh and Tia fare when they go on an unusual first date - making sausages.	go a first date	e at a life drawin	g class? Mean	while, D	eano an	d Olivia		
	Cons.Advice: Sexual References, Some Coarse Language								

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23:45	YOUNG SHELDON	Captioned	Repeat		WS	PG		
	A Baby Tooth and the Egyptian God of Knowledge							
	Sheldon has a scientific breakthrough at the dentist's office. Also, Dale and Meemaw go to the casino, and Georgie makes a big mistake when Dale leaves him in charge of the store.							
	Starring: Iain Armitage, Jim Parsons, Zoe Perry							
	Cons.Advice: Themes, Drug References							
00:10	I AM CAIT		Repeat		WS	М		
	Woman Of The Year?							
	After a heated political argument on the bus, the women decide to confront Cait on her aggressive debating style and suggest a more feminine approach.							
	Cons.Advice: Adult Themes, Some Coarse Language, Sexual References							
01:10	BAYWATCH		Repeat		WS	PG		
	Nightmare Bay: Part 1	•						
	Offshore oil drilling and the rescue of fishermen who claim there is a dangerous creature in the bay occupy the lifeguards.							
	Starring: David Hasselhoff, Pamela Anderson, Yasmine Bleeth	1						
	Cons.Advice: Themes							
02:10	BAYWATCH		Repeat		WS	PG		
	Nightmare Bay: Part 2							
	Offshore oil drilling and the rescue of fishermen who claim there is a dangerous creature in the bay occupy the lifeguards.							
	Starring: David Hasselhoff, Pamela Anderson, Yasmine Bleeth	1						
	Cons.Advice: Themes							
03:00	BAKUGAN: GEOGAN RISING		Repeat		WS	PG		
	The Supreme Council/Drago's Challenge	•			•			
	The Awesome Brawlers head to Vestroia to go find their friends Dan and Drago but the reunion is cut short by some troubling news out of the Bakugan Supreme Council.							
	Cons.Advice: Animated Violence, Themes							
03:30	NINJAGO: MASTERS OF SPINJITZU		Repeat		WS	PG		
	The Fall	•						
	The Oni in Ninjago City are stronger than anyone could have in Lloyd and Garmadon. Though there is still a slight hope, one n			sk a dari	ng resci	ue of		
	Cons.Advice: Themes, Animated Violence							
04:00	TAKE TWO		Repeat		WS	G		
	Home Shopping programme.							

Mon Nov 14, 2022

04:30	TAKE TWO		Repeat	WS	G				
	Home Shopping programme.								
05:00	POKEMON JOURNEYS		Repeat	WS	PG				
	Ivysaur's Mysterious Tower!								
	As Ash and Goh become accustomed to their new roles as research fellows for Professor Cerise, they find themselves surrounded by Pokémon mystery and wonder.								
	Cons.Advice: Animated Violence								
05:30	YU-GI-OH! SEVENS		Repeat	WS	PG				
	Behind You!								
	It's Team Yuga vs Team Roa in a best-of-3 matchup! First up is Luke – but he's facing the most terrifying opponent ever!								
	Cons.Advice: Animated Violence, Themes								

Tue Nov 15, 2022

06:00	RICKY ZOOM		Repeat		WS	G			
	Ricky's New Vroomboard / Buster Zoom			1					
	Ricky gets a new vroomboard. Loop is jealous because Ricky's vroomboard is better than his. / Buster is invited to train with Ricky and it soon become clear that Buster just wants to do everything exactly like Ricky.								
06:30	CARE BEARS: UNLOCK THE MAGIC		Repeat		WS	G			
	A Wish-Full Reunion/The Birthday That Wasn't								
	Wish assists the Mission Team in rejoining a group of cute little fluffball creatures, like baby chicks, to find their way home to their Mama Bird.								
07:00	BAKUGAN: GEOGAN RISING		Repeat		WS	PG			
	Drago Joins the Supreme Council/Find the Triplets!								
	Lightning and Ferascal run into a little trouble when they upset a golden Bakugan, Apolyon. After a heated chase, a Bakugan brawl breaks out. Things look grim for Lightning and Ferascal, that is until they summon their Geogan: Montrapod.								
	Cons.Advice: Animated Violence, Themes			-	-	_			
07:30	BEYBLADE BURST - QUAD DRIVE		Repeat		WS	PG			
	Ultimate Collision! Devastation and Ring of Light!								
	As the winner of the first round of the tri-Blader showdown, Bel Daizora gets to pick his next opponent. Just one more win and the Dark Prince will be crowned champion. But he's up against Rashad and when has the High Prince ever made winning easy?								
	Cons.Advice: Mild Violence								
08:00	SMASHHDOWN!	Captioned	Repeat		WS	С			
	Match Day 1, Pool B – The Flash vs. Tornado Cado								
	Swing for the fences, it's all about cricket today! Nick heads to Souths Junior Cricket Club for some tips, we discover the science of catching, and our players smash open giant cricket balls!								
08:30	DINO RANCH		Repeat		WS	G			
	Tall in the Saddle Drive/Min-Perfection								
	A Brontosaur Leader gets separated from her herd, the Dino Min's drive to impress Ma gets the best of her when she trie mistake.								
09:00	GIGANTOSAURUS		Repeat		WS	G			
	Bill's Nose Knows/Big Brother, Big Sister	•							
	Bill is known for having the best sniffer in town. When Tiny's little sister comes along, Trey spends a great deal of time playing with her and not much time with Tiny.								
09:30	GUS, THE ITSY BITSY KNIGHT		Repeat		WS	G			
	Dragon Permit - Part 1 & 2								
	Gus can finally attempt to pass his dragon licence, but in ord efforts, his Valiant proves to be unpredictable, so Sacréemo				Despite	e his			
10:00	NINJAGO: MASTERS OF SPINJITZU		Repeat		WS	PG			
	Endings	•		•	•				
	The ninja race back to the Monastery of Spinjitzu. This is the their joined Spinjitzu powers defeat the Oni for good or tear			nst the C	ni is nov	w. Will			
	Cons.Advice: Themes, Animated Violence								

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10:30	POKEMON JOURNEYS		Repeat		WS	PG			
	Settling the Scorbunny!								
	Ash and Goh head to the Galar region to witness a phenomenon in which Pokémon grow into giants, and they meet a small Pokémon with a big heart.								
	Cons.Advice: Animated Violence								
11:00	POWER PLAYERS		Repeat		WS	PG			
	Side Kicked/Porcupunk Rock		-		-				
		Zoe builds her own battle suit to join Axel's team; a full-sized Zoe assists Axel against Pyrant; Madcap teams up with Axel and the Power Players to stop Porcupunk and his power-boosted quills.							
	Cons.Advice: Mild Violence								
11:30	YU-GI-OH! SEVENS		Repeat		WS	PG			
	Behind You!					-			
	It's Team Yuga vs Team Roa in a best-of-3 matchup! First up is Luke – but he's facing the most terrifying opponent ever!								
	Cons.Advice: Animated Violence, Themes								
12:00	THE CARRIE DIARIES		Repeat		WS	М			
	Dangerous Territory								
	Mouse is excited about getting back together with Seth, but worries about being bad at sex. Carrie's feelings for Sebastian get in the way of a dinner invitation.								
	Starring: Annasophia Robb, Austin Butler, Ellen Wong								
	Cons.Advice: Sexual References, Themes								
13:00	BAYWATCH		Repeat		WS	М			
	Fatal Exchange		•			•			
	When Mitch is the victim of a series of life-threatening "accidents," suspicion points to a visiting lifeguard from Australia.								
	Starring: David Hasselhoff, Pamela Anderson, Jeremy Jackson								
	Cons.Advice: Some Violence								
14:00	FULL HOUSE		Repeat		WS	G			
	Take My Sister Please								
	DJ no longer wants to share a room with Stephanie, but Michelle doesn't want to live with Stephanie either. Stars Candace Cameron, Jodie Sweetin and Bob Saget.								
14:30	FULL HOUSE		Repeat		WS	G			
	Where Oh Where Has My Little Girl Gone	-	-	-	-				
	Danny feels rejected when DJ won't confide in him; Jesse and Joey become trapped in a soundproof recording studio. Stars Bob Saget, John Stamos and Dave Coulier.								

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15:00	THE NANNY		Repeat		WS	PG			
	The Playwright								
	A man whom Fran snubbed in high school has written a play a it.	ind threatens to	jump off a ledg	e unless	Maxwe	ell reads			
	Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis								
15:30	3RD ROCK FROM THE SUN		Repeat		WS	PG			
	Dick The Vote								
	The crew gets a lesson in democracy when Harry runs for a city council seat against a corrupt politician.								
	Starring: John Lithgow, Jane Curtin, Kristen Johnston								
	Cons.Advice: Mild Coarse Language, Sexual References								
16:00	THAT 70'S SHOW		Repeat		WS	PG			
	Everybody Loves Casey								
	Eric can't get over Donna, so he confronts Casey, who just plans to use her and move on.								
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher								
	Cons.Advice: Sexual References, Drug References, Some Coarse Language								
16:30	EVERYBODY LOVES RAYMOND		Repeat		WS	PG			
	Six Feet Under								
	Debra tries to teach Raymond how to have a "normal" mid-life crisis.								
	Starring: Ray Romano, Patricia Heaton, Brad Garrett								
17:00	EVERYBODY LOVES RAYMOND		Repeat		WS	PG			
	The Garage Sale								
	Ray gets upset that Debra doesn't want to have any more children.								
	Starring: Ray Romano, Patricia Heaton, Brad Garrett								
17:30	THE NANNY		Repeat		WS	PG			
	A Star Is Unborn								
	A director plans to sabotage his production of "Romeo and Jul	iet" by casting F	ran in the lead	role.					
	Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis								

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18:00	3RD ROCK FROM THE SUN			Repeat		WS	PG	
	Fourth And Dick							
	On homecoming weekend, Dick catches footba attentions.	all fever from Dr	. Albright while 7	Fommy misinte	rprets his	s teache	er's	
	Starring: John Lithgow, Jane Curtin, Kristen Jo	hnston						
	Cons.Advice: Mild Coarse Language, Sexual F	References						
18:30	THAT 70'S SHOW			Repeat		WS	PG	
	Love Wisconsin Style							
	Red and Kitty arrange an intervention to let Donna and Casey know that their love life is affecting friends and fam							
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher							
	Cons.Advice: Sexual References, Drug Refere	ences, Some Co	arse Language					
19:00	YOUNG SHELDON		Captioned	Repeat		WS	PG	
	A Secret Letter and a Lowly Disc of Processed Meat							
	Sheldon discovers that Mary's been keeping a secret about his future. Also, Meemaw is furious when she learns Dale fired Georgie.							
	Starring: Iain Armitage, Jim Parsons, Zoe Perry							
	Cons.Advice: Themes							
	Cons.Advice: Themes							
19:30	Cons.Advice: Themes BOTCHED		Captioned	Repeat		WS	М	
19:30			Captioned	Repeat		WS	Μ	
19:30	BOTCHED		back and a bod		ck in the	_		
19:30	BOTCHED All Twerk and No Play Dr. Dubrow helps a woman with boobs gone ba	transformation.	back and a bod		ck in the	_		
19:30	BOTCHED <i>All Twerk and No Play</i> Dr. Dubrow helps a woman with boobs gone ba doctors offer advice to a patient on her cheeky	transformation.	back and a bod		ck in the	_		
	BOTCHED All Twerk and No Play Dr. Dubrow helps a woman with boobs gone ba doctors offer advice to a patient on her cheeky Cons.Advice: Medical Procedures, Nudity, The	transformation. emes pain, where our ce in the villa or	back and a bod Captioned Islanders are ho	ybuilder get bar	e one', th	gym; th WS	me MA	
	BOTCHED All Twerk and No Play Dr. Dubrow helps a woman with boobs gone ba doctors offer advice to a patient on her cheeky Cons.Advice: Medical Procedures, Nudity, The LOVE ISLAND AUSTRALIA Returning to the beautiful island of Mallorca, S couple up and stay together to secure their pla	transformation. emes pain, where our ce in the villa or ng.	back and a bod Captioned Islanders are ho risk being dump	ybuilder get bar	e one', th	gym; th WS	me MA	
20:30	BOTCHED All Twerk and No Play Dr. Dubrow helps a woman with boobs gone be doctors offer advice to a patient on her cheeky Cons.Advice: Medical Procedures, Nudity, The LOVE ISLAND AUSTRALIA Returning to the beautiful island of Mallorca, Si couple up and stay together to secure their pla the temptations of sexy new bombshells arriving	transformation. emes pain, where our ce in the villa or ng.	back and a bod Captioned Islanders are ho risk being dump	ybuilder get bar	e one', th	gym; th WS	me MA	
	BOTCHED All Twerk and No Play Dr. Dubrow helps a woman with boobs gone badoctors offer advice to a patient on her cheeky Cons.Advice: Medical Procedures, Nudity, The LOVE ISLAND AUSTRALIA Returning to the beautiful island of Mallorca, Sp couple up and stay together to secure their pla the temptations of sexy new bombshells arriving Cons.Advice: Themes, Frequent Coarse Lange ANCHORMAN: THE LEGEND OF RON	transformation. emes pain, where our ce in the villa or ng. uage, Sexual Re	back and a bod Captioned Islanders are ho risk being dump	ybuilder get bac oping to find 'the bed and sent as	e one', th	gym; th WS ney mus vhile su	MA st rvivin	
20:30	BOTCHED All Twerk and No Play Dr. Dubrow helps a woman with boobs gone badoctors offer advice to a patient on her cheeky Cons.Advice: Medical Procedures, Nudity, The LOVE ISLAND AUSTRALIA Returning to the beautiful island of Mallorca, Spicouple up and stay together to secure their plathe temptations of sexy new bombshells arriving Cons.Advice: Themes, Frequent Coarse Langu ANCHORMAN: THE LEGEND OF RON BURGUNDY	transformation. emes pain, where our ce in the villa or ng. uage, Sexual Re 2004 nan in the male-	back and a body Captioned Islanders are ho risk being dump eferences	ybuilder get bac oping to find 'the bed and sent av Repeat	e one', th way, all v	gym; th WS ney mus vhile su WS	MA MA Invivin	
20:30	BOTCHED All Twerk and No Play Dr. Dubrow helps a woman with boobs gone badoctors offer advice to a patient on her cheeky Cons.Advice: Medical Procedures, Nudity, The LOVE ISLAND AUSTRALIA Returning to the beautiful island of Mallorca, Specuple up and stay together to secure their plathe temptations of sexy new bombshells arriving Cons.Advice: Themes, Frequent Coarse Langu ANCHORMAN: THE LEGEND OF RON BURGUNDY Anchorman: The Legend of Ron Burgundy Ron Burgundy is San Diego's top rated newsm	transformation. emes pain, where our ce in the villa or ig. uage, Sexual Re 2004 ann in the male- ibitious woman	back and a body Captioned Islanders are ho risk being dump eferences	ybuilder get bac oping to find 'the bed and sent av Repeat	e one', th way, all v	gym; th WS ney mus vhile su WS	MA st rvivin	

Tue Nov 15, 2022

23:30	DATING NO FILTER UK		Repeat	WS	MA				
	This week, we see Oliver and Craig head out on to the slopes Rhys go on an innuendo filled first date as they throw down in			while Caroli	ne and				
	Cons.Advice: Sexual References, Some Coarse Language								
00:00	I AM CAIT		Repeat	WS	М				
	Partner Up								
	After seeing Candis get stood up by a guy because she's trans, Cait shares her deepest fears about dating men.								
	Cons.Advice: Adult Themes, Some Coarse Language, Sexual	References							
01:00	BAYWATCH		Repeat	WS	М				
	The One That Got Away								
	Megan narrowly escapes an attacker on the beach, who then stalks her; lifeguard Shauni suffers from burnout.								
	Starring: David Hasselhoff, Pamela Anderson, Yasmine Bleeth								
	Cons.Advice: Adult Themes, Some Violence								
)2:00	BAYWATCH		Repeat	WS	PG				
	Money, Honey								
	A movie producer offers Mitch a part in an action film; Shauni raises money for an animal-rescue group.								
	Starring: David Hasselhoff, Pamela Anderson, Yasmine Bleeth								
	Cons.Advice: Action Violence								
02:50	MIKE TYSON MYSTERIES		Repeat	WS	MA				
	Pilot Error	• •	•	•					
	The thrills and chills of sexting.								
	Cons.Advice: Strong Adult Themes, Sexual References, Some	e Violence, Some	e Coarse Langua	je					
03:00	BAKUGAN: GEOGAN RISING		Repeat	WS	PG				
	Drago Joins the Supreme Council/Find the Triplets!								
	Lightning and Ferascal run into a little trouble when they upset a golden Bakugan, Apolyon. After a heated chase, Bakugan brawl breaks out. Things look grim for Lightning and Ferascal, that is until they summon their Geogan: Montrapod.								
	Cons.Advice: Animated Violence, Themes								
)3:30	NINJAGO: MASTERS OF SPINJITZU		Repeat	WS	PG				
	Endings		I						
	The ninja race back to the Monastery of Spinjitzu. This is the la their joined Spinjitzu powers defeat the Oni for good or tear ap			he Oni is no	w. W				

Tue Nov 15, 2022

04:00	TAKE TWO		Repeat		WS	G			
	Home Shopping programme.								
04:30	TAKE TWO		Repeat		WS	G			
	Home Shopping programme.			-					
05:00	POKEMON JOURNEYS		Repeat		WS	PG			
	Settling the Scorbunny!								
	Ash and Goh head to the Galar region to witness a phenomenon in which Pokémon grow into giants, and they mee a small Pokémon with a big heart.								
	Cons.Advice: Animated Violence								
05:30	YU-GI-OH! SEVENS		Repeat		WS	PG			
	Hungry for a Duel								
	The battle between Team Yuga and Team Roa enters the second duel! Gavin must face a surprise opponent – Romin!								
	Cons.Advice: Animated Violence, Themes								

Wed Nov 16, 2022

06:00	RICKY ZOOM		Repeat		WS	G		
	DJ's Speedy Day / The ScootBop Bop							
	DJ wants to be as fast as Ricky. He goes to Maxwell's garage and Maxwell helps him attach a motor booster to help him go much faster. / The buddies play with the Scootbops while Scootio is busy helping her parents.							
06:30	CARE BEARS: UNLOCK THE MAGIC		Repeat		WS	G		
	The Big Rumble/Three Cheers for Cheer!	-						
	A family of comically raucous rocks moves in near a Whiffle garden and drives them to distraction with their ground- pounding games. Funshine gets the rocks to leave. But when he learns their ground-pounding creates new soil, he must convince them to come back.							
07:00	BAKUGAN: GEOGAN RISING		Repeat		WS	PG		
	Butt Out of The Bakugan Show/Crystal Blue the Songstress							
	It's the first ever Exciting Bakugan Spectacular! Brawlers compete in various categories showing off their Bakugan. The Awesome Brawlers decide to take the day off from training and test their hand in this new competition.							
	Cons.Advice: Animated Violence, Themes					-		
07:30	BEYBLADE BURST - QUAD DRIVE		Repeat		WS	PG		
	Prince vs Prince! Darkness and Light!							
	Each Blader has one win apiece and that means that whoever wins next, wins all! To defeat the best, these Bladers are going to need to be the best. And that will require not only completely knowing their opponents, but also their own Beys. Dark and light, order and chaos, Bel and the High Prince have always stood at opposite ends of the Blading world.							
	Cons.Advice: Mild Violence							
08:00	SMASHHDOWN!	Captioned	Repeat		WS	С		
	Match Day 2, Pool B – Active Abby vs. Coops							
	Grab your flippers, it's all about water sports as Nick gets some pointers from junior water polo players, we discover the science of flags, plus our players dive into our giant ball pit!							
08:30	RAINBOW RANGERS		Repeat		WS	G		
	Go with the Rainbow Floe/Northern Lights							
	The Rangers save a baby polar bear stranded on an ice floe; the Rangers lose their Spectra Scooters while helping a seal family and discover the northern lights.							
09:00	GIGANTOSAURUS		Repeat		WS	G		
	A Giant Success/The Stick in the Stone							
	When Giganto helps the kids out, Tiny wants to thank him by throwing him a tea party. Then, Trey and T each think they're the toughest, so the little dinos organize a competition.							
09:30	GUS, THE ITSY BITSY KNIGHT		Repeat		WS	G		
	The Legend of Gus/Supercharge Me	-	-	-	-	•		
	Gus is keen to follow in Adam's footsteps, who at his age had a Gus that he can use palladium to boost his electric pony's spec		a Stinky-Dragor	i; Grand	pa Merli	n tells		

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10:00	NINJAGO		Repeat		WS	PG			
	True Potential Wasted/Questing for Quests								
	In the wake of the previous season's victory, the ninja have gone soft and Master Wu must remind them of who they truly are.								
	Cons.Advice: Themes, Animated Violence								
10:30	POKEMON JOURNEYS		Repeat		WS	PG			
	Mind-boggling Dynamax!								
	Ash and Goh set out to hunt for Dynamax Pokémon; a Scorbu	unny is hot on th	eir trail.						
	Cons.Advice: Animated Violence								
11:00	POWER PLAYERS		Repeat		WS	PG			
	Gathering Dark/King Axel			•	-				
	Bearbarian is stricken by fear when Dynamo's attack plunges Axel's bedroom into darkness; after hearing the story of King Arthur, the heroes play at being Knights of the Round Table.								
	Cons.Advice: Mild Violence		-		-				
11:30	YU-GI-OH! SEVENS		Repeat		WS	PG			
	Hungry for a Duel								
	The battle between Team Yuga and Team Roa enters the second duel! Gavin must face a surprise opponent – Romin!								
	Cons.Advice: Animated Violence, Themes								
12:00	THE CARRIE DIARIES		Repeat		WS	М			
	Endgame								
	Carrie gets in over her head when she tries to cook Thanksgiving dinner for her family, her new boyfriend and his father and must enlist Mouse's help. Maggie is excited to have Thanksgiving with Walt's family.								
	Starring: Annasophia Robb, Austin Butler, Ellen Wong								
	Cons.Advice: Sexual References, Themes								
13:00	LA CLIPPERS DANCE SQUAD		Repeat		WS	М			
	Welcome to the Clippers Dance Squad								
	A new creative director joins the Clippers and selects twenty dancers to join the dance squad. Also, a veteran dancer struggles to keep up with the new routines and learns her job may be on the line.								
	Cons.Advice: Some Coarse Language, Sexual References								
14:00	FULL HOUSE		Repeat		WS	G			
	The King And I								
	A man who looks like Elvis Presley helps Jesse through a family crisis. Stars John Stamos, Lori Loughlin and Candace Cameron.								

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14:30	FULL HOUSE		Repeat	WS	G							
	The Legend Of Ranger Joe											
	Ranger Roy, the host of a kids' cartoon show, is retiring and Joey plans to replace him. Stars Dave Coulier, Bob Saget and John Stamos.											
15:00	THE NANNY		Repeat	WS	PG							
	A Star Is Unborn											
	A director plans to sabotage his production of "Romeo and Juliet" by casting Fran in the lead role.											
	Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis											
15:30	3RD ROCK FROM THE SUN		Repeat	WS	PG							
	Fourth And Dick				-							
	On homecoming weekend, Dick catches football fever from Dr. Albright while Tommy misinterprets his teacher's attentions.											
	Starring: John Lithgow, Jane Curtin, Kristen Johnston											
	Cons.Advice: Mild Coarse Language, Sexual References											
16:00	THAT 70'S SHOW		Repeat	WS	PG							
					Love Wisconsin Style							
			-									
		asey know that their l	ove life is affecti	ing friends an	d famil							
	Love Wisconsin Style	•	ove life is affecti	ing friends an	d famil							
	Love Wisconsin Style Red and Kitty arrange an intervention to let Donna and Ca	Kutcher	ove life is affecti	ing friends an	d famil							
16:30	Love Wisconsin Style Red and Kitty arrange an intervention to let Donna and Ca Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashtor	Kutcher	ove life is affecti Repeat	ing friends an	d famil							
	Love Wisconsin Style Red and Kitty arrange an intervention to let Donna and Ca Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashtor Cons.Advice: Sexual References, Drug References, Some	Kutcher										
	Love Wisconsin Style Red and Kitty arrange an intervention to let Donna and Ca Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashtor Cons.Advice: Sexual References, Drug References, Some EVERYBODY LOVES RAYMOND	e Coarse Language										
	Love Wisconsin Style Red and Kitty arrange an intervention to let Donna and Ca Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashtor Cons.Advice: Sexual References, Drug References, Some EVERYBODY LOVES RAYMOND The Wedding: Part 1	e Coarse Language										
	Love Wisconsin Style Red and Kitty arrange an intervention to let Donna and Ca Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashtor Cons.Advice: Sexual References, Drug References, Some EVERYBODY LOVES RAYMOND The Wedding: Part 1 Raymond and Debra take a walk back in time to the ver	e Coarse Language										
16:30	Love Wisconsin Style Red and Kitty arrange an intervention to let Donna and Ca Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashtor Cons.Advice: Sexual References, Drug References, Some EVERYBODY LOVES RAYMOND The Wedding: Part 1 Raymond and Debra take a walk back in time to the ver Starring: Ray Romano, Patricia Heaton, Brad Garrett	e Coarse Language	Repeat	WS	PG							
16:30	Love Wisconsin Style Red and Kitty arrange an intervention to let Donna and Ca Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashtor Cons.Advice: Sexual References, Drug References, Some EVERYBODY LOVES RAYMOND The Wedding: Part 1 Raymond and Debra take a walk back in time to the ver Starring: Ray Romano, Patricia Heaton, Brad Garrett EVERYBODY LOVES RAYMOND	y beginning.	Repeat	WS	PG							
16:30	Love Wisconsin Style Red and Kitty arrange an intervention to let Donna and Ca Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashtor Cons.Advice: Sexual References, Drug References, Some EVERYBODY LOVES RAYMOND The Wedding: Part 1 Raymond and Debra take a walk back in time to the ver Starring: Ray Romano, Patricia Heaton, Brad Garrett EVERYBODY LOVES RAYMOND The Wedding: Part 1 Raymond and Debra take a walk back in time to the ver Starring: Ray Romano, Patricia Heaton, Brad Garrett EVERYBODY LOVES RAYMOND The Wedding: Part 2	y beginning.	Repeat	WS	PG							
16:30	Love Wisconsin Style Red and Kitty arrange an intervention to let Donna and Ca Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashtor Cons.Advice: Sexual References, Drug References, Some EVERYBODY LOVES RAYMOND The Wedding: Part 1 Raymond and Debra take a walk back in time to the ver Starring: Ray Romano, Patricia Heaton, Brad Garrett EVERYBODY LOVES RAYMOND The Wedding: Part 2 Ray fears that Debra is more interested in the wedding that	y beginning.	Repeat	WS	PG							
16:30 17:00	Love Wisconsin Style Red and Kitty arrange an intervention to let Donna and Ca Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashtor Cons.Advice: Sexual References, Drug References, Some EVERYBODY LOVES RAYMOND The Wedding: Part 1 Raymond and Debra take a walk back in time to the ver Starring: Ray Romano, Patricia Heaton, Brad Garrett EVERYBODY LOVES RAYMOND The Wedding: Part 1 Raymond and Debra take a walk back in time to the ver Starring: Ray Romano, Patricia Heaton, Brad Garrett EVERYBODY LOVES RAYMOND The Wedding: Part 2 Ray fears that Debra is more interested in the wedding tha Starring: Ray Romano, Patricia Heaton, Brad Garrett	an in him.	Repeat Repeat	ws ws	PG PG							
16:30 17:00	Love Wisconsin Style Red and Kitty arrange an intervention to let Donna and Ca Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashtor Cons.Advice: Sexual References, Drug References, Some EVERYBODY LOVES RAYMOND The Wedding: Part 1 Raymond and Debra take a walk back in time to the ver Starring: Ray Romano, Patricia Heaton, Brad Garrett EVERYBODY LOVES RAYMOND The Wedding: Part 1 Raymond and Debra take a walk back in time to the ver Starring: Ray Romano, Patricia Heaton, Brad Garrett EVERYBODY LOVES RAYMOND The Wedding: Part 2 Ray fears that Debra is more interested in the wedding tha Starring: Ray Romano, Patricia Heaton, Brad Garrett THE NANNY	y beginning.	Repeat Repeat Repeat	ws ws	PG PG							

Wed Nov 16, 2022

18:00	3RD ROCK FROM THE SUN		Repeat		WS	PG		
	World's Greatest Dick							
	Motivated by his own vanity, Dick forces a reluctant Tommy to attend a special school for gifted students. Meanwhile, Sally is mistaken for a drag queen, and Harry learns how to do magic.							
	Starring: John Lithgow, Jane Curtin, Kristen Johnston							
	Cons.Advice: Mild Coarse Language, Sexual References							
18:30	THAT 70'S SHOW		Repeat		WS	PG		
	Going To California							
	Kelso falls for a California girl while on the West Coast with Do leaving the gang to cover for him.	onna; Eric decid	es to follow Do	nna to C	alifornia	,		
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher							
	Cons.Advice: Some Coarse Language, Sexual References, Drug References							
19:00	YOUNG SHELDON	Captioned	Repeat		WS	PG		
	Graduation							
	After graduating high school, Sheldon has a breakdown when he realizes he may not be ready for college. Also, Dale tries to make amends with Meemaw.							
	Starring: Iain Armitage, Zoe Perry, Lance Barber, Jim Parsons	6						
	Cons.Advice: Themes							
19:30	YOUNG SHELDON	Captioned	Repeat		WS	PG		
	A Docent, a Little Lady and a Bouncer Named Dalton							
	Sheldon gets a summer job at the local train museum. Also, George and Missy bond when Missy embarks on a new stage of womanhood, and Georgie discovers Mary's guilty pleasure.							
	Starring: Iain Armitage, Zoe Perry, Lance Barber, Jim Parsons							
	Cons.Advice: Themes							
20:00	YOUNG SHELDON	Captioned	Repeat		WS	PG		
	Training Wheels and an Unleashed Chicken							
	With college in sight, Sheldon is determined to ride his bike without training wheels. Also, Mary and George Sr. argue over parenting styles.							
	Starring: Iain Armitage, Zoe Perry, Lance Barber, Jim Parsons	6						
	Cons.Advice: Mild Coarse Language							
20:30	LOVE ISLAND AUSTRALIA	Captioned			WS	MA		
	Returning to the beautiful island of Mallorca, Spain, where our couple up and stay together to secure their place in the villa of the temptations of sexy new bombshells arriving.							
	Cons.Advice: Themes, Frequent Coarse Language, Sexual References							

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21:30	AMERICAN WEDDING	2003	Captioned	Repeat	WS	MA			
	American Wedding								
	It's the wedding of Jim and Michelle and the gathering of their families and friends, including Jim's old friends from high school and Michelle's little sister.								
	Starring: Jason Biggs, Alyson Hannigan, Se	eann William Scott							
	Cons.Advice: Sexual References, Some Co	oarse Language							
23:30	YOUNG SHELDON		Captioned	Repeat	WS	PG			
	Graduation								
	After graduating high school, Sheldon has a breakdown when he realizes he may not be ready for college. Also, Dale tries to make amends with Meemaw.								
	Starring: Iain Armitage, Zoe Perry, Lance Barber, Jim Parsons								
	Cons.Advice: Themes								
00:00	I AM CAIT			Repeat	WS	М			
	The Great Debate								
	After Cait is challenged to control herself du Cait's alma mater: a conservative, Christian		c debates, the v	vomen are chal	lenged by a vi	sit to			
	Cons.Advice: Adult Themes, Some Coarse Language, Sexual References								
01:00									
01:00	BAYWATCH			Repeat	WS	PG			
01:00	BAYWATCH The Fabulous Buchannon Boys			Repeat	WS	PG			
01:00		ng in dangerous wa	ters near a con	·	WS	PG			
01:00	The Fabulous Buchannon Boys	0 0		·	WS	PG			
01:00	The Fabulous Buchannon Boys Mitch's rebellious nephew risks his life surfi	0 0		·	ws	PG			
01:00	The Fabulous Buchannon Boys Mitch's rebellious nephew risks his life surfi Starring: David Hasselhoff, Pamela Anderse	0 0		·	ws				
	The Fabulous Buchannon Boys Mitch's rebellious nephew risks his life surfi Starring: David Hasselhoff, Pamela Anderse Cons.Advice: Themes, Some Violence	0 0		demned pier.					
	The Fabulous Buchannon Boys Mitch's rebellious nephew risks his life surfi Starring: David Hasselhoff, Pamela Anderse Cons.Advice: Themes, Some Violence BAYWATCH	on, Yasmine Bleeth		demned pier. Repeat					
	The Fabulous Buchannon Boys Mitch's rebellious nephew risks his life surfi Starring: David Hasselhoff, Pamela Anderse Cons.Advice: Themes, Some Violence BAYWATCH Point of Attack	on, Yasmine Bleeth	e learns various	demned pier. Repeat					
	The Fabulous Buchannon Boys Mitch's rebellious nephew risks his life surfil Starring: David Hasselhoff, Pamela Anderse Cons.Advice: Themes, Some Violence BAYWATCH Point of Attack A gang member defies his father and joins a	on, Yasmine Bleeth	e learns various	demned pier. Repeat					
	The Fabulous Buchannon Boys Mitch's rebellious nephew risks his life surfil Starring: David Hasselhoff, Pamela Anderse Cons.Advice: Themes, Some Violence BAYWATCH Point of Attack A gang member defies his father and joins a Starring: David Hasselhoff, Pamela Anderse	on, Yasmine Bleeth	e learns various	demned pier. Repeat		M			
02:00	The Fabulous Buchannon Boys Mitch's rebellious nephew risks his life surfit Starring: David Hasselhoff, Pamela Anderse Cons.Advice: Themes, Some Violence BAYWATCH Point of Attack A gang member defies his father and joins a Starring: David Hasselhoff, Pamela Anderse Cons.Advice: Some Violence	on, Yasmine Bleeth	e learns various	demned pier. Repeat aquatic skills.	ws	M			
02:00	The Fabulous Buchannon Boys Mitch's rebellious nephew risks his life surfil Starring: David Hasselhoff, Pamela Anderse Cons.Advice: Themes, Some Violence BAYWATCH Point of Attack A gang member defies his father and joins a Starring: David Hasselhoff, Pamela Anderse Cons.Advice: Some Violence MIKE TYSON MYSTERIES	on, Yasmine Bleeth	e learns various	demned pier. Repeat aquatic skills.	ws	M			

Wed Nov 16, 2022

03:00	BAKUGAN: GEOGAN RISING		Repeat	WS	PG				
	Butt Out of The Bakugan Show/Crystal Blue the Songstress								
	It's the first ever Exciting Bakugan Spectacular! Brawlers comp The Awesome Brawlers decide to take the day off from training				kugan.				
	Cons.Advice: Animated Violence, Themes								
03:30	NINJAGO		Repeat	WS	PG				
	True Potential Wasted/Questing for Quests								
	In the wake of the previous season's victory, the ninja have gone soft and Master Wu must remind them of who they truly are.								
	Cons.Advice: Themes, Animated Violence								
04:00	TV SHOP - HOME SHOPPING			WS	G				
	Home shopping programme.								
04:30	TV SHOP - HOME SHOPPING			WS	G				
	Home shopping programme.								
05:00	POKEMON JOURNEYS		Repeat	WS	PG				
	Mind-boggling Dynamax!								
	Ash and Goh set out to hunt for Dynamax Pokémon; a Scorbunny is hot on their trail.								
	Cons.Advice: Animated Violence								
05:30	YU-GI-OH! SEVENS		Repeat	WS	PG				
	Drawing a Foul								
	Yuga and Roa take center stage in the third and final battle to	determine who w	vill be the face o	f Rush Duels!					
	Cons.Advice: Animated Violence, Themes								

Thu Nov 17, 2022

06:00	RICKY ZOOM		Repeat		WS	G		
	Coach Ricky / ZoomCop		•					
	Ricky and the buddies coach Toot to compete in a school race Scootio turns Zoomcam into a 'Zoomcop' to help Bunker in his		because the pr	actice is	too har	d. /		
06:30	CARE BEARS: UNLOCK THE MAGIC		Repeat		WS	G		
	The Badge of Courage/One Wise Bear							
	When Dibble dresses up as a superhero, complete with a pretend belly badge, the Whiffles think she's the real thing and need her to confront an imaginary monster that they think lives in a cave.							
07:00	BAKUGAN: GEOGAN RISING		Repeat		WS	PG		
	Magnus's Journey/Beach Battle							
	While searching the wilds of Vestroia for Dan and Drago, Mag huge marauding Bakugan. Magnus steps in and lends a helpi					∋d by a		
	Cons.Advice: Animated Violence, Themes							
07:30	BEYBLADE BURST RISE		Repeat		WS	PG		
	Ace Dragon! On the Rise!							
	After training with Valt Aoi, Dante Koryu is ready to take on the world with his new Bey, Ace Dragon.							
	Cons.Advice: Mild Violence							
08:00	SMASHHDOWN!	Captioned	Repeat		WS	С		
	Match Day 3, Pool B – The Flash vs. Active Abby							
	Pull down your boards, it's all about basketball today! Nick joins North Lakes Hawks for training, we discover the science of shooting and our players take on the SMASHHDOWN wind chamber!							
08:30	RAINBOW RANGERS		Repeat		WS	G		
	Tree Hugger/Turtle in a Net							
	The Rangers have to save a forest from destruction. / The Rangers have to save a turtle caught in a fishing net.							
09:00	GIGANTOSAURUS		Repeat		WS	G		
	A New Big Guy/Battle of The Titans							
	When a new, big dino arrives in Cretacia, Bill's instincts are telling him to stay away; Spino, the massive villain sets out to terrorize.							
09:30	GUS, THE ITSY BITSY KNIGHT		Repeat		WS	G		
	A bit too Itsy bitsy!/The Three Challenges							
	Gus wins a replica of Sir Adam the Hardy One's armour in a competition, but it's way too big for him. Gus enters the King's Dragons Cup, comprising three challenges: one of bravery, one of justice and one of kindness.							
10:00	NINJAGO		Repeat		WS	PG		
	A Rocky Start/The Belly of the Beast					_		
	The ninja have found their quest! Now they just have to get th Doom, a region supposedly inhabited by a giant scarab beetle		ves a road trip t	hrough t	he Dese	ert of		
	Cons.Advice: Themes, Animated Violence							

Thu Nov 17, 2022

10:30	POKEMON JOURNEYS		Repeat		WS	PG
	Working My Way Back to Mew!					
	Aiming to get more Pokémon, Goh and Ash head to Vermillion every species of Bug Pokémon from the Kanto Region.	Forest; despite	e some initial di	fficulties,	, they try	v to get
	Cons.Advice: Animated Violence					
11:00	POWER PLAYERS		Repeat		WS	PG
	Stretched Too Thin/Thirst For Power					
	Masko is demoralised when Axel overstretches him and he can deploy the Joyride in a ship-to-ship battle against Dr Nautilus.	n't go back to hi	s original shap	e; Axel a	and his to	oys
	Cons.Advice: Mild Violence					
11:30	YU-GI-OH! SEVENS		Repeat		WS	PG
	Drawing a Foul					•
	Yuga and Roa take center stage in the third and final battle to	determine who	will be the face	of Rush	Duels!	
	Cons.Advice: Animated Violence, Themes					
12:00	THE CARRIE DIARIES		Repeat		WS	М
	Caught	•				
	Carrie invites George to the school dance, but he misconstrue Walt and uses the info to blackmail her.	s her intentions	. Donna catche	s Maggie	e cheatii	ng on
	Starring: Annasophia Robb, Austin Butler, Ellen Wong					
	Cons.Advice: Sexual References, Themes					
13:00	LA CLIPPERS DANCE SQUAD		Repeat		WS	М
	Adventures of the Floss Nest					•
	Petra chooses a co-captain and gets decidedly mixed reaction her surroundings in LA, Blair questions her crush's intentions,					
	Cons.Advice: Some Coarse Language, Sexual References					
14:00	FULL HOUSE		Repeat		WS	G
	The Volunteer		-	-		
	DJ becomes fond of an elderly gentleman at a nursing home w Cameron, Bob Saget and Jodie Sweetin.	/here she's doir	ng volunteer wo	rk. Stars	Canda	ce
14:30	FULL HOUSE		Repeat		WS	G
	Gotta Dance					
	Soon after Stephanie convinces Danny to pay for extra dance dancing all the time isn't so fun after all. Stars Bob Saget and		alises that she	made a	mistake	-
15:00	THE NANNY	Captioned	Repeat		WS	PG
	Fran-Lite			-		
	Fran pushes Maxwell to date again, and he ends up dating a v	voman like Fran	I.			
	Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane,	Daniel Davis				

Thu Nov 17, 2022

15:30	3RD ROCK FROM THE SUN		Repeat	WS	PG			
	World's Greatest Dick							
	Motivated by his own vanity, Dick forces a reluctant Tommy to Meanwhile, Sally is mistaken for a drag queen, and Harry learn			students.				
	Starring: John Lithgow, Jane Curtin, Kristen Johnston							
	Cons.Advice: Mild Coarse Language, Sexual References							
16:00	THAT 70'S SHOW		Repeat	WS	PG			
	Going To California							
	Kelso falls for a California girl while on the West Coast with Donna; Eric decides to follow Donna to California, leaving the gang to cover for him.							
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kutcher							
	Cons.Advice: Some Coarse Language, Sexual References, Drug References							
16:30	EVERYBODY LOVES RAYMOND		Repeat	WS	PG			
	The Invasion							
	Raymond moves his entire family into his parent's house.							
	Starring: Ray Romano, Patricia Heaton, Brad Garrett							
17:00	EVERYBODY LOVES RAYMOND		Repeat	WS	PG			
	Driving Frank							
	Debra decides that the kids can't ride with Frank anymore.							
	Starring: Ray Romano, Patricia Heaton, Brad Garrett							
17:30	THE NANNY	Captioned	Repeat	WS	PG			
	Everybody Needs a Bubby							
	Yetta moves in with the family when her home is fumigated, bu children.	it Fran thinks sh	e might be a bad	influence for	the			
	Starring: Fran Drescher, Charles Shaughnessy, Lauren Lane, Daniel Davis							

Thu Nov 17, 2022

18:00	3RD ROCK FROM THE SUN		Repeat		WS	PG		
	My Mother The Alien							
	The aliens learn about childcare when Mrs Dubcek asks them discovers he lacks nurturing skills when he tries to look after M			on. Mear	nwhile,	Dick		
	Starring: John Lithgow, Jane Curtin, Kristen Johnston							
	Cons.Advice: Mild Coarse Language, Sexual References							
18:30	THAT 70'S SHOW		Repeat		WS	PG		
	I Can't Quit You Baby							
	Bob enrolls Donna in a parochial school to punish her for running away, and Eric objects until he sees Donna's sex schoolgirl uniform.							
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton Kut	tcher						
	Cons.Advice: Some Coarse Language, Sexual References, D	rug References						
19:00	YOUNG SHELDON	Captioned	Repeat		WS	PG		
	Bible Camp and a Chariot of Love							
	Sheldon finds himself in a fierce competition with Paige when their mothers force them to attend Vacation Bible School; George is furious after Georgie makes a questionable purchase.							
	Starring: Iain Armitage, Zoe Perry, Lance Barber, Jim Parsons							
	Cons.Advice: Themes							
19:30	SURVIVOR				WS	PG		
	A group of 20 contestants are brought to a deserted island and physical and mental challenges against the other contestants							
20:30	LOVE ISLAND AUSTRALIA	Captioned			WS	MA		
	Returning to the beautiful island of Mallorca, Spain, where our Islanders are hoping to find 'the one', they must couple up and stay together to secure their place in the villa or risk being dumped and sent away, all while surviving the temptations of sexy new bombshells arriving.							
	Cons.Advice: Themes, Frequent Coarse Language, Sexual Re	eferences						
21:30	NAKED ATTRACTION				WS	MA		
	Jessica T & Clare G							
	Jessica, who's 28, is a real-life Bridget Jones who wants the p Clare, who's 21, seeks someone who hits all the right notes.	erfect man to br	ing out her nau	ghty side	; opera	a singe		
	Cons.Advice: Nudity, Adult Themes, Sexual References							
22:30	DATING NO FILTER UK				WS	М		
	Under the Mistletoe							
	Some of the UK's funniest comedians return for this Christmas the public go on blind dates with a seasonal twist.	s special, with ur	nfiltered comme	entary as	memb	ers of		

Thu Nov 17, 2022

23:30	SPEEDSERIES		Repeat		WS	NA		
	Mount Panorama							
	Join us for the TCR Australia Series live from Mount Panorama Raceway.							
01:30	BAYWATCH		Repeat		WS	PG		
	Sandcastles	•						
	Hobie helps his new friend, a homeless girl, retrieve an	important item stolen f	rom her by a va	agrant.				
	Starring: David Hasselhoff, Pamela Anderson, Yasmine	e Bleeth						
	Cons.Advice: Themes, Some Violence							
02:25	BAYWATCH		Repeat		WS	PG		
	Thin or Die							
	When Shauni decides that she and Eddie should take a break from their romance, Eddie makes a date with a woman he has never seen before.							
	Starring: David Hasselhoff, Pamela Anderson, Yasmine	e Bleeth						
	Cons.Advice: Some Violence							
3:20	MIKE TYSON MYSTERIES		Repeat		WS	MA		
	The Christmas Episode							
	The team attempts to bring holiday cheer to someone who has given up on life.							
	Cons.Advice: Strong Violence, Adult Themes, Some Coarse Language							
03:30	NINJAGO		Repeat		WS	PG		
	A Rocky Start/The Belly of the Beast							
	The ninja have found their quest! Now they just have to get there, which involves a road trip through the Desert of Doom, a region supposedly inhabited by a giant scarab beetle.							
	Cons.Advice: Themes, Animated Violence							
04:00	TV SHOP - HOME SHOPPING		Repeat		WS	G		
	Home shopping programme.							
04:30	TV SHOP - HOME SHOPPING		Repeat		WS	G		
	Home shopping programme.							
05:00	POKEMON JOURNEYS		Repeat		WS	PG		
	Working My Way Back to Mew!							
	Aiming to get more Pokémon, Goh and Ash head to Ve	ermillion Forest; despite	some initial dif	ficulties, f	they try	y to g		
	every species of Bug Pokémon from the Kanto Region.							

Thu Nov 17, 2022

05:30	YU-GI-OH! SEVENS		Repeat	WS	PG
	The Chosen One				
	Will Yuga be disqualified for using an illegal card, leaving Roa t	to reign over Ru	ush Duels?		
	Cons.Advice: Animated Violence, Themes				

Fri Nov 18, 2022

06:00	RICKY ZOOM		Repeat	WS	G			
	The Big Awesome Rescue							
	Ricky and the buddies are given the honour of assisting Stee use the Stunt Rider but the buddies feel overwhelmed by the		stunt show. Steel	shows them	how to			
06:30	CARE BEARS: UNLOCK THE MAGIC		Repeat	WS	G			
	Dibble's Dust-Up/Hide and Sneak							
	Grumpy's determination to get the Cloudseeker clean is com of cute dust bunnies.	nically thwarted wh	en Dibble befriend	s a stowawa	ay trio			
07:00	BAKUGAN: GEOGAN RISING		Repeat	WS	PG			
	The Mysterious Masked Bandits!/The Mysterious Brawler!			_				
	While studying Bakugan energy, Wynton detects strange en and Ajit investigate and find a group of thieves known as the							
	Cons.Advice: Animated Violence, Themes							
07:30	BEYBLADE BURST RISE		Repeat	WS	PG			
	Abracadabra! Wizard Fafnir!							
	Dante stumbles upon a high-tech gym run by the Spark Wings; one battle is all it takes to show why this club and their leader, Fumiya Kindo, are the Victories' biggest rivals.							
	Cons.Advice: Mild Violence				-			
08:00	SMASHHDOWN!	Captioned	Repeat	WS	С			
	Match Day 4, Pool B – Coops vs. Tornado Cado							
	It's Canadian Day as Nick tries ice-skating, we discover the Annual Canadian Pumpkin Regatta, and our players smash open giant pucks with hockey sticks, then try a dreadful Canadian smoothie!							
08:30	RAINBOW RANGERS		Repeat	WS	G			
	When Beetles Bark/Pollution Island							
	The Rangers have to stop bark beetles from destroying a for island covered in plastic garbage.	rest. / The Ranger	s go help a hermit	crab and fin	d an			
09:00	KINDIKIDS		Repeat	WS	G			
09:00	First Day, Feast Of Fancy, Dancing Disaster, Special Day							
	First Day, Feast Of Fancy, Dancing Disaster, Special Day							
	First Day, Feast Of Fancy, Dancing Disaster, Special Day Come inside Rainbow Kindi, a place where every day is abo life!	out playing and ma	king friends, as the	e Kindi come	es to			
09:30	Come inside Rainbow Kindi, a place where every day is abo	out playing and ma	king friends, as the Repeat	e Kindi come WS	es to G			
09:30	Come inside Rainbow Kindi, a place where every day is abo life!	out playing and ma	-		1			
09:30	Come inside Rainbow Kindi, a place where every day is abo life! GUS, THE ITSY BITSY KNIGHT		Repeat	WS	G			
	Come inside Rainbow Kindi, a place where every day is abo life! GUS, THE ITSY BITSY KNIGHT <i>Rude-speak/The Big Bite-Knight!</i> Iris' spell goes wrong and Daddy King and Mommy Queen g		Repeat	WS	G			
09:30	Come inside Rainbow Kindi, a place where every day is abo life! GUS, THE ITSY BITSY KNIGHT <i>Rude-speak/The Big Bite-Knight!</i> Iris' spell goes wrong and Daddy King and Mommy Queen g his recurring nightmare, a Giant Knight-Knight, head on.	jet a bout of rude-s	Repeat	WS o face the o	G bject o			
	Come inside Rainbow Kindi, a place where every day is abouiffe! GUS, THE ITSY BITSY KNIGHT Rude-speak/The Big Bite-Knight! Iris' spell goes wrong and Daddy King and Mommy Queen g his recurring nightmare, a Giant Knight-Knight, head on. NINJAGO	get a bout of rude-s	Repeat speak; Gus wants t Repeat	WS o face the o WS	G bject o PG			

Fri Nov 18, 2022

10:30	POKEMON JOURNEYS		Repeat		WS	PG
	Serving Up the Flute Cup!	I		I		
	Pokémon Trainer Ash Ketchum has a new plan: see the the opening of the Cerise Laboratory, a research facility region.					
	Cons.Advice: Animated Violence				-	
11:00	POWER PLAYERS		Repeat		WS	PG
	From Below/To Tame The Perilous Skies!	Ē				
	Axel juggles caring for Luka and defending the house a launch an aerial attack on the city park and the team mu		st monster; Ma	dcap an	d his mi	nions
	Cons.Advice: Mild Violence			-		-
11:30	YU-GI-OH! SEVENS		Repeat		WS	PG
	The Chosen One					
	Will Yuga be disqualified for using an illegal card, leavin	ng Roa to reign over Ru	ush Duels?			
	Cons.Advice: Animated Violence, Themes					
12:00	THE CARRIE DIARIES		Repeat		WS	М
	Hush Hush	•				
	A school "lock-in" provides a perfect cover for a night ou workers - until a surprising encounter turns her night up		irissa and Carri	ie's Inter	view co	-
	Starring: Annasophia Robb, Austin Butler, Ellen Wong					
	Cons.Advice: Sexual References, Themes					
13:00	LA CLIPPERS DANCE SQUAD		Repeat		WS	PG
	Game On	•				
	The new Clippers Dance Squad finally take the court at demeanour concern Petra, while Kellie shares some he		ame. Also, Ath	ena's ac	tions an	d
	Cons.Advice: Themes, Some Coarse Language					
14:00	FULL HOUSE		Repeat		WS	G
	Happy Birthday Babies - Part 1	•				
	Michelle's birthday party is interrupted by the arrival of J Loughlin and Bob Saget.	lesse and Rebecca's ic	dentical twins.	Stars Joł	nn Stam	os, Lori
14:30	FULL HOUSE		Repeat		WS	G
	Happy Birthday Babies - Part 2	·				
	Rebecca unexpectedly goes into labour, right in the mic pain. Stars John Stamos, Dave Coulier and Lori Loughl		ay party; Jesse	e experie	ences hi	s own
15:00	THE NANNY	Captioned	Repeat		WS	PG
	Everybody Needs a Bubby	·		-		-
	Yetta moves in with the family when her home is fumiga children.	ated, but Fran thinks sh	e might be a b	ad influe	ence for	the
	Starring: Fran Drescher, Charles Shaughnessy, Lauren	Lane, Daniel Davis				

Fri Nov 18, 2022

15:30	3RD ROCK FROM THE SUN		Repeat		WS	PG		
	My Mother The Alien							
	The aliens learn about childcare when Mrs Dubcek asks the discovers he lacks nurturing skills when he tries to look afte			on. Mea	nwhile,	Dick		
	Starring: John Lithgow, Jane Curtin, Kristen Johnston							
	Cons.Advice: Mild Coarse Language, Sexual References							
16:00	THAT 70'S SHOW		Repeat		WS	PG		
	I Can't Quit You Baby							
	Bob enrolls Donna in a parochial school to punish her for running away, and Eric objects until he sees Donna's sexy schoolgirl uniform.							
	Starring: Topher Grace, Laura Prepon, Mila Kunis, Ashton H	utcher						
	Cons.Advice: Some Coarse Language, Sexual References,	Drug Reference	6					
16:30	EVERYBODY LOVES RAYMOND		Repeat		WS	PG		
	The Sitter							
	Debra decides to get a babysitter.							
	Starring: Ray Romano, Patricia Heaton, Brad Garrett							
17:00	EVERYBODY LOVES RAYMOND		Repeat		WS	PG		
	Getting Even							
	Raymond's pleasantly surprised with the laughs he gets at l	ebra's expense.						
	Starring: Ray Romano, Patricia Heaton, Brad Garrett							
17:30	THE PINK PANTHER 2006	Captioned	Repeat		WS	PG		
	The Pink Panther	•						
	When a famous soccer coach is murdered and his priceless as the Pink Panther, cracking the case becomes a national Medal of Honour, for the seventh time and he can't afford as	bsession and C						
	Starring: Steve Martin, Kevin Kline, Beyonce Knowles							
	Cons.Advice: Mild Violence, Sexual References, Mild Coars	e Language						

Fri Nov 18, 2022

19:30	PITCH PERFECT 3	2017	Captioned	Repeat	WS	6 M			
	Pitch Perfect 3								
	Following their win at the world championship, an overseas USO tour, but face a group who				singing compe	tition at			
	Starring: Anna Kendrick, Rebel Wilson, Brittar	ny Snow							
	Cons.Advice: Sexual References								
21:25	STEP UP	2006	Captioned	Repeat	WS	S PG			
	Step Up								
	Tyler Gage receives the opportunity of a lifetime after vandalizing a performing arts school, gaining him the chance to earn a scholarship and dance with an up and coming dancer, Nora.								
	Starring: Channing Tatum, Jenna Dewan, Alys	son Stoner							
	Cons.Advice: Mild Violence, Mild Coarse Lang	guage, Themes							
23:35	THE EMILY ATACK SHOW				W	S MA			
	Relationships								
	Emily stars in her own comedy show featuring stand-up comedy, skits and sketches and her impressions of celebrities. Each episode covers a different theme.								
	Starring: Emily Atack, Cole Anderson-James, Amy Gledhill								
	Cons.Advice: Sexual References, Some Coar	se Language							
00:20	QUEER EYE FOR THE STRAIGHT GUY				W	S M			
	Queer Eye for our Production Guy: A Lane								
	Charity begins at home, so this week the Fab Five makeover one of their own crew members, slobby sound engineer Andrew, to smarten him up and get him ready for a big date with his on-off girlfriend Diana.								
	Cons.Advice: Sexual References								
01:15	BAYWATCH			Repeat	W	S M			
	The Trophy Part 1								
	A teenage girl tries to impress her peers by claiming Eddie seduced her; a former lifeguard prone to daredevil adventures gets Hobie into trouble.								
	Starring: David Hasselhoff, Pamela Anderson,	, Yasmine Bleeth	ı						
	Cons.Advice: Adult Themes								
02:10	BAYWATCH			Repeat	WS	S M			
	The Trophy Part 2								
	Mitch suspends Eddie because of the rape charges against him; Eric Turner has an accident while hang gliding.								
	Mitch suspends Eddie because of the rape ch	arges against nii	Starring: David Hasselhoff, Pamela Anderson, Yasmine Bleeth						
					while hang g	iung.			

Fri Nov 18, 2022

03:00	BAKUGAN: GEOGAN RISING		Repeat		WS	PG				
	The Mysterious Masked Bandits!/The Mysterious Brawler!									
	While studying Bakugan energy, Wynton detects strange energy and Ajit investigate and find a group of thieves known as the M									
	Cons.Advice: Animated Violence, Themes									
03:30	NINJAGO		Repeat		WS	PG				
	Boobytraps, and How to Survive Them/The News Never Sleeps!									
	The ninja team up with a reluctant Clutch Powers to enter a mysterious pyramid where they inadvertently unleash a ancient evil									
	Cons.Advice: Themes, Animated Violence									
04:00	TV SHOP - HOME SHOPPING		Repeat		WS	G				
	Home shopping programme.									
04:30	TV SHOP - HOME SHOPPING		Repeat		WS	G				
	Home shopping programme.					-				
05:00	POKEMON JOURNEYS		Repeat		WS	PG				
	Serving Up the Flute Cup!									
	Pokémon Trainer Ash Ketchum has a new plan: see the world! But first, he and his partner Pikachu are headed to the opening of the Cerise Laboratory, a research facility dedicated to uncovering the mysteries of Pokémon in every region.									
	Cons.Advice: Animated Violence									
05:30	YU-GI-OH! SEVENS		Repeat		WS	PG				
	Curry Worries									
	Romin looks to fix up her friendship with Luke by fixing up som disaster!	e homemade cu	urry! But this co	ould be a	a recipe	for				
	Cons.Advice: Animated Violence, Themes									

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06:00	JUNGLE BEAT		Repeat		WS	G
	Home Improvement/Is It a Monster/Hiccup Line					
	Munki, Trunk and Rocky play fetch while the Ostrich family g hear spooky noises; Trunk gets the hiccups and Munki tries			nimals tr	y to slee	ep, but
06:30	GUS, THE ITSY BITSY KNIGHT		Repeat		WS	G
	King of the Ring/Rosie's Treasure					
	Gus borrows Daddy King's ring to use it as a game piece but map which might lead her to the place where her parents us		gets hold of the	jewel; R	Rosie fin	ds a
07:00	EARTH TO LUNA!		Repeat		WS	G
	Camouflage/How Old Are You?					
	When they can't find Clyde, the friends find themselves think gang to figure out how old a tree is.	ing about camou	flage. Clyde's bi	irthday ii	nspires	the
07:30	DUMBOTZ	Captioned	Repeat		WS	С
	Spaghetti Head/Houston Boost					
	While the Dumbotz are on guard duty at the Town Hall, Snid spaghetti.	ely and Cog swap	p Mayor Pruden	ice's hea	ad for a	bowl of
08:00	RICKY ZOOM		Repeat		WS	G
	Loop the Hero of Wheelford/Toot De Suite			-	-	
	Loop starts to think he is a real rescue bike after Officer Bun out of a tree; Helen allows Toot to take over for an emergence			or getting	Buster'	s ball
08:30	GIGANTOSAURUS		Repeat		WS	G
	The Great Sled Chase/Dino-Sitting				-	
	A great chase ensues when T takes the sled filled with gifts flittle siblings, and Mazu thinks she can watch them all.	for himself. Mazu,	, Tiny, and Bill fi	ind them	selves	with
09:00	BAKUGAN: GEOGAN RISING		Repeat		WS	PG
	Drago Joins the Supreme Council/Find the Triplets!					
	Lightning and Ferascal run into a little trouble when they ups Bakugan brawl breaks out. Things look grim for Lightning an Montrapod.					
	Cons.Advice: Animated Violence, Themes					
09:30	MEGA MAN: FULLY CHARGED		Repeat		WS	PG
	Big Bad Dreams/License To Drill					
	When Namagem starts using his hypno powers to haunt Aki	's dreams, Aki mu	ust face his fear	s in the o	dreamso	cape.
	Cons.Advice: Animated Violence, Themes					
10:00	NINJAGO: CRYSTALIZED				WS	PG
	A Sinister Shadow/The Spider's Design	•		•	•	
	Harumi tells Lloyd how she survived and became the herald but is powerless to stop her. The Ninja search for Lloyd and manipulation.					
	Cons.Advice: Themes, Animated Violence					

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10:30	LEGO FRIENDS: GIRLS ON A MISSION		Repeat	WS	G			
	Explorer's Day/Light's Out							
	The Girls put on the annual Explorer's Day play about the Heart of the Sea, which newcomer and petulant eq what he wants.							
11:00	SPACE NOVA	Captioned	Repeat	WS	С			
	Steam Ship							
	After the Novas are forced to land on a junk planet for Calisto; Phil claims that he enjoys solitude and quiet, b				og			
11:30	POWER PLAYERS		Repeat	WS	PG			
	From Below/To Tame The Perilous Skies!			_				
	Axel juggles caring for Luka and defending the house launch an aerial attack on the city park and the team r		t monster; Madca	p and his m	nions			
	Cons.Advice: Mild Violence							
12:00	YU-GI-OH! SEVENS			WS	PG			
	Demolition Duel							
	When a member of the Heavy Cavalry tries to demolish Yuga's lab, his friends step in to stop it!							
	Cons.Advice: Animated Violence, Themes							
12:30	BEYBLADE BURST - QUAD DRIVE		Repeat	WS	PG			
	Rekindled Flames! Prominence Phoenix!							
	Phelix Payne challenges Ilya and Bashara to a 2-on-1 match. Phelix's true target is the High Prince. If he's taking down Rashad's allies and rivals, who could be next on his list?							
		n his list?			king			
12.00	Cons.Advice: Mild Violence	n his list?			king			
13:00	Cons.Advice: Mild Violence REVOLUTION	n his list?	Repeat	WS	PG			
13:00			Repeat	WS	-			
	REVOLUTION		Repeat	ws ws	-			
13:00 14:00	REVOLUTION Fearless competitors get one last chance to claim thei WORLD ENDURANCE CHAMPIONSHIP -		Repeat		PG			
	REVOLUTION Fearless competitors get one last chance to claim their WORLD ENDURANCE CHAMPIONSHIP - HIGHLIGHTS	ir place in the final.		WS	PG			
4:00	REVOLUTION Fearless competitors get one last chance to claim their WORLD ENDURANCE CHAMPIONSHIP - HIGHLIGHTS 8 Hours of Bahrain The FIA World Endurance Championship is the world' from all six rounds across North America, Europe, Asi	ir place in the final.		WS	PG			
	REVOLUTION Fearless competitors get one last chance to claim their WORLD ENDURANCE CHAMPIONSHIP - HIGHLIGHTS 8 Hours of Bahrain The FIA World Endurance Championship is the world' from all six rounds across North America, Europe, Asi	ir place in the final. 's premier international sp a and the Middle East.	portscar champion	WS ship. Highlig	PG NA Ihts			
14:00	REVOLUTION Fearless competitors get one last chance to claim their WORLD ENDURANCE CHAMPIONSHIP - HIGHLIGHTS 8 Hours of Bahrain The FIA World Endurance Championship is the world' from all six rounds across North America, Europe, Asi 100% WOLF 2	ir place in the final. I's premier international spice and the Middle East. 2020 Captioned	portscar champion Repeat Positive he'll beco	WS ship. Highlig WS me the mos	PG NA phts PG			
14:00	REVOLUTION Fearless competitors get one last chance to claim their WORLD ENDURANCE CHAMPIONSHIP - HIGHLIGHTS 8 Hours of Bahrain The FIA World Endurance Championship is the world' from all six rounds across North America, Europe, Asi 100% WOLF 2 100% Wolf 100% Wolf centers on Freddy Lupin, heir to a proud fa fearsome werewolf ever, Freddy is in for a shock when	ir place in the final. I's premier international spice and the Middle East. 2020 Captioned	portscar champion Repeat Positive he'll beco	WS ship. Highlig WS me the mos	PG NA phts PG			



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17:10	BABE	1995	Captioned	Repeat		WS	G		
	Babe								
	Babe is a little pig who doesn't quite know his place in the world. With a bunch of odd friends, like Ferdinand the duck and Fly the dog who he calls mum, Babe realizes he can become the greatest sheep pig of all time.								
	Starring: James Cromwell, Magda Szubanski, Hugo Weaving								

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19:00	NANNY MCPHEE	2005	Captioned	Repeat		WS	PG		
	Nanny McPhee				•		-		
	A governess uses magic to rein in the behavior of seven ne'er-do-well children in her charge.								
	Starring: Emma Thompson, Colin Firth, Angela Lansbury								
	Cons.Advice: Themes								
21:00	PARENTHOOD	1989	Captioned	Repeat		WS	М		
	Parenthood								
	The story of the Buckman family and friends, attempting to bring up their children. They suffer/enjoy all the events that occur: estranged relatives, the "black sheep" of the family, the eccentrics, the skeletons in the closet, and the rebellious teenagers.								
	Starring: Steve Martin, Mary Steenburgen, Dianne Wiest								
	Cons.Advice: Sexual References, Adult Themes								
23:30	DUNCANVILLE		Captioned	Repeat		WS	М		
	Fridgy								
	When the family gets a new smart fridge that turns out to be too smart for Annie's liking, she feels replaced; Jack and the kids eventually discover the appliance company that sold them the refrigerator has questionable motives.								
	Cons.Advice: Themes								
00:00	KEEPING UP WITH THE KARDASHIANS			Repeat		WS	MA		
	True Story								
	The family rushes to Khloé's side as she gives birth and comes face-to-face with Tristan after news of his infidelity broke; Kim reconnects with friends at her 20-year high school reunion.								
	Cons.Advice: Very Coarse Language, Sexual References, Nudity								
01:00	KEEPING UP WITH THE KARDASHIANS			Repeat		WS	MA		
	Vegas, Baby!								
	Khloé and Tristan return to Los Angeles with True, but Kim and Tristan have unresolved tension over his infidelity; Kourtney travels to Washington, D.C., to speak in front of Congress.								
	Cons.Advice: Very Coarse Language, Sexual References, Nudity								
02:00	BAYWATCH			Repeat		WS	М		
	If Looks Could Kill								
	Mitch is seduced by a woman he just rescued, but he doesn't realize she is a murderer.								
	Starring: David Hasselhoff, Pamela Anderson, Yasmine Bleeth								
	Cons.Advice: Some Violence, A Sex Scene								

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02:50	MIKE TYSON MYSTERIES		Repeat		WS	MA		
	Landon's End							
	A grieving father tries to help his beautiful boy.							
	Cons.Advice: Drug References, Adult Themes, Some Coarse Language							
03:00	POWER RANGERS DINO FURY		Repeat		WS	PG		
	Ancient History							
	Aiyon, the new Gold Ranger, reveals the dark truth about Zayto's past and the Rangers learn what makes a true leader							
	Cons.Advice: Mild Violence, Themes							
03:30	BEYBLADE BURST - QUAD DRIVE		Repeat		WS	PG		
	Rekindled Flames! Prominence Phoenix!							
	Phelix Payne challenges Ilya and Bashara to a 2-on-1 match. Phelix's true target is the High Prince. If he's taking down Rashad's allies and rivals, who could be next on his list?							
	Cons.Advice: Mild Violence							
04:00	YU-GI-OH! SEVENS		Repeat		WS	PG		
	Demolition Duel							
	When a member of the Heavy Cavalry tries to demolish Yuga's lab, his friends step in to stop it!							
	Cons.Advice: Animated Violence, Themes							
04:30	RICKY ZOOM		Repeat		WS	G		
	Loop the Hero of Wheelford/Toot De Suite							
	Loop starts to think he is a real rescue bike after Officer Bunker gives him a pretend medal for getting Buster's ball out of a tree; Helen allows Toot to take over for an emergency dispatcher for the day.							
04:50	NINJAGO: CRYSTALIZED		Repeat		WS	PG		
	A Sinister Shadow/The Spider's Design							
	Harumi tells Lloyd how she survived and became the herald of the Crystal King. Lloyd learns her plan for Ninjago but is powerless to stop her. The Ninja search for Lloyd and walk right into Harumi's trap as Lloyd falls victim to her manipulation.							
	Cons.Advice: Themes, Animated Violence				-			
05:10	LEGO FRIENDS: GIRLS ON A MISSION		Repeat		WS	G		
	Explorer's Day/Light's Out							
	The Girls put on the annual Explorer's Day play about how HLC came to be and the Explorer's long lost shipwreck, the Heart of the Sea, which newcomer and petulant egomaniac, Carter Greene, now wants - and he always gets what he wants.							
05:30	GIGANTOSAURUS		Repeat		WS	G		
	The Great Sled Chase/Dino-Sitting							
	A great chase ensues when T takes the sled filled with gifts for himself. Mazu, Tiny, and Bill find themselves with little siblings, and Mazu thinks she can watch them all.							