



Sun Jul 3, 2022

06:00	EASY EATS	Captioned		HD	WS	G
	<p><i>Fast & Simple</i></p> <p>In this episode, magnificent meals that are superfast and simple. There's Thai Sticky Pork, a unique pasta made with sourdough breadcrumbs and coffee and date loaf. Jason teams up with Bill Granger to cook Bill's rustic plum tart and Geoff's easy Apple Snow dessert will impress family and guests alike. With tons of time-saving tips as well, tonight's dinner will be served in no time flat.</p>					
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA
	<p>Join the Weekend Today team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.</p>					
10:00	SPORTS SUNDAY	Captioned	Live	HD	WS	PG
	<p>Featuring Australia's leading sports personalities, Sports Sunday presents a frank and open debate about all the issues in the week of sport, with the promise of heated opinion and a few laughs along the way.</p>					
11:00	SUNDAY FOOTY SHOW	Captioned	Live	HD	WS	PG
	<p>Join hosts Danika Mason, Andrew Johns, Brad Fittler and Billy Slater as this all star line-up deep dive into all things Rugby League & chat with the NRL's biggest stars.</p>					
13:00	DRIVE TV	Captioned		HD	WS	TBC
	<p>For the final episode this season, James and Trent head to the Murray River Valley on the New South Wales / Victoria border to see if a fast SUV has what it takes to beat hot hatch on its home turf.</p>					
13:30	DRIVING TEST	Captioned	Repeat	HD	WS	PG
	<p><i>Rose</i></p> <p>Rose Porterhouse is back! She's hoping today is the day that her driving lessons pay off; Can Amelia ace her driving test without her mum keeping a close eye on her? Ben is hoping to sing his way through his driving test with Andrew.</p>					
14:00	TRAVEL GUIDES	Captioned	Repeat	HD	WS	PG
	<p><i>European Cruise</i></p> <p>This week our Travel Guides embark on a spectacular European cruise spanning three countries along the Danube River, sailing through Germany, Austria and Hungary.</p> <p>Cons.Advice: Sexual References, Mild Coarse Language</p>					
15:00	LIVE: NRL SUNDAY FOOTY	Captioned	Live	HD	WS	NA
	<p><i>Dragons v Raiders</i></p> <p>Wide World of Sports presents Dragons v Raiders, brought to you live from WIN Stadium. Join our expert commentary team for all the action right from the sidelines, kick off at 4:05PM AEST.</p>					

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18:00	NINE NEWS SUNDAY	Captioned	Live	HD	WS	NA
	Join the Nine News team as they bring you the latest in news, sport and weather.					
19:00	AUSTRALIAN NINJA WARRIOR	Captioned		HD	WS	PG
	Australian Ninja Warrior is back with the fourth and final Heat of the competition. The teens have been setting the course on fire in the previous Heats, can they keep the momentum going? Or will the Legends reign supreme?					
21:00	60 MINUTES	Captioned		HD	WS	NA
	60 Minutes is Australia's leading current affairs programme, with a proven record of excellence over four decades. Join television's top reporters as they investigate, analyse and uncover the issues affecting all Australians.					
22:00	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
22:30	THE FIRST 48	Captioned		HD	WS	M
	<p><i>Snapshot</i></p> <p>A young mother in Tulsa is found shot dead on the side of a road. A photograph taken immediately before the murder provides police with their only clue.</p> <p>Cons.Advice: Adult Themes, References to Violence</p>					
23:25	ACCIDENT, SUICIDE OR MURDER	Captioned		HD	WS	M
	<p><i>Killer Detective</i></p> <p>When a Texas police detective finds his wife dead from a gunshot wound, his fellow detectives work to uncover if her death was an accident, a suicide, or something more sinister.</p> <p>Cons.Advice: Some Violence, Themes</p>					
00:15	UNSPEAKABLE CRIME: THE KILLING OF JESSICA CHAMBERS	Captioned		HD	WS	M
	<p><i>Tapes and Towers: The Prosecution's Theory</i></p> <p>The prosecution presents its star witnesses, intense interrogation tapes and complex cell phone data that give the trial an unexpected turn.</p> <p>Cons.Advice: Adult Themes, Some Violence</p>					
01:05	DRIVE TV	Captioned	Repeat	HD	WS	TBC
	For the final episode this season, James and Trent head to the Murray River Valley on the New South Wales / Victoria border to see if a fast SUV has what it takes to beat hot hatch on its home turf.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<i>Healing is God's Will for You</i> The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Sydney Program Guide

Mon Jul 4, 2022

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	AUSTRALIAN NINJA WARRIOR	Captioned	Repeat	HD	WS	PG
	Australian Ninja Warrior is back with the fourth and final Heat of the competition. The teens have been setting the course on fire in the previous Heats, can they keep the momentum going? Or will the Legends reign supreme?					
14:00	POINTLESS	Captioned		HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Mon Jul 4, 2022

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
19:30	AUSTRALIAN NINJA WARRIOR	Captioned		HD	WS	PG
	It's the first of the three Semi Finals and the Australian Ninja Warrior revolution continues. For the first time, 2 Ninjas will run head to head knockout style, with only one Ninja from each race surviving and making it to the Grand Final. Cons.Advice: Mild Coarse Language					
21:40	MILLION DOLLAR MURDERS	Captioned		HD	WS	M
	<i>Taken in the Night</i> Despite a coronial inquest and an extensive police investigation, Belinda William's murder remains unsolved. However, in this exclusive investigation, Victoria Police and MDM present new information that Belinda may well have known her killer, or killers and others know information as well. Cons.Advice: Realistic Violence					
22:40	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
23:10	100% FOOTY	Captioned		HD	WS	M
	Phil Gould, Paul Gallen and James Bracey debate the biggest issues in Rugby League alongside the game's most influential figures.					
00:00	MANIFEST	Captioned		HD	WS	M
	<i>Destination Unknown</i> As Mick and Ben join forces to aid a desperate Flight 828 passenger, Saanvi grapples with a discovery at Eureka, and the burden of secrecy that comes with it. Grace and Angelina's bond deepens. A maturing Cal enlists Zeke's help in a personal matter. Starring: Melissa Roxburgh, Josh Dallas, J.R. Ramirez Cons.Advice: Mature Themes, Some Violence					
00:50	HELLO SA	Captioned		HD	WS	PG
	<i>Natural Therapy</i> Immerse yourself in the great outdoors and let nature's nurturing embrace soothe your soul. Tom explores the Flinders Ranges; Hayley visits a new cafe in Clare and goes diving in Mount Gambier and we go on a wellness retreat in the Barossa.					
01:15	9HONEY - QUEEN ELIZABETH	Captioned		HD		PG
	<i>The Queen and Her Grandchildren</i> 9Honey series on Queen Elizabeth to coincide with her Platinum Jubilee. Hosted by Shelly Horton with special guest Victoria Arbiter visiting from New York, as well as Deb Thomas and Natalie Oliveri. Cons.Advice: Themes					

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01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	GLOBAL SHOP		Repeat	HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<i>Healing is God's Will for You</i> The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Tue Jul 5, 2022

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	AUSTRALIAN NINJA WARRIOR	Captioned	Repeat	HD	WS	PG
	It's the first of the three Semi Finals and the Australian Ninja Warrior revolution continues. For the first time, 2 Ninjas will run head to head knockout style, with only one Ninja from each race surviving and making it to the Grand Final. Cons.Advice: Mild Coarse Language					
14:00	POINTLESS	Captioned		HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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19:30	AUSTRALIAN NINJA WARRIOR	Captioned		HD	WS	PG
	It's the second exciting Semi Final of Australian Ninja Warrior. Standing between all our Ninjas and a coveted spot in the Grand Final is our semi-final head-to-head course. It's an epic race where it's Ninja vs Ninja racing side by side. The Ninja who's furthest fastest of the night wins the all-important Second-Chance Advantage in the Grand Final.					
21:30	MATT WRIGHT'S WILD TERRITORY	Captioned		HD	WS	M
	<p><i>The Reckoning</i></p> <p>The rookie Finn faces his final test. A team member's success is cause for an outlandish celebration. Matt and Kaia reveal their beautiful new build on the remote Tiwi Islands.</p> <p>Cons.Advice: Some Coarse Language</p>					
22:30	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
23:00	LAW & ORDER: ORGANIZED CRIME	Captioned		HD	WS	M
	<p><i>Nemesis</i></p> <p>When a notorious cybercriminal escapes a high-security prison, Stabler must team up with an unlikely informant. Kilbride takes Nova under his wing.</p> <p>Starring: Christopher Meloni, Danielle Mone Truitt, Ainsley Seiger</p> <p>Cons.Advice: Some Violence</p>					
23:50	GAME OF SILENCE	Captioned		HD	WS	MA
	<p><i>Blood Brothers</i></p> <p>Jackson agrees to help Gil and Shawn with their revenge plan, but keeps it a secret from his fiancée, Marina. Little does he know, Gil and Shawn are the subject of a homicide investigation, and Jackson's former enemies are now on his trail.</p> <p>Starring: David Lyons, Michael Raymond-James, Larenz Tate, Claire van der Boom</p> <p>Cons.Advice: Strong Violence, Themes</p>					
00:40	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
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03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<p><i>Healing is God's Will for You</i></p> <p>The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges.</p> <p>Cons.Advice: Themes</p>					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Wed Jul 6, 2022

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	AUSTRALIAN NINJA WARRIOR	Captioned	Repeat	HD	WS	PG
	It's the second exciting Semi Final of Australian Ninja Warrior. Standing between all our Ninjas and a coveted spot in the Grand Final is our semi-final head-to-head course. It's an epic race where it's Ninja vs Ninja racing side by side. The Ninja who's furthest fastest of the night wins the all-important Second-Chance Advantage in the Grand Final.					
14:00	POINTLESS	Captioned		HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
19:30	AUSTRALIAN NINJA WARRIOR	Captioned		HD	WS	PG
	It's the third Semi Final and the last chance to qualify for the Grand Final. With dual racing action across awe-inspiring obstacles, our Newcomers, Legends and Teens battle it out in a race to make the Grand Finals. The fastest time of the night gets the all-important Second-Chance Advantage in the Grand Final.					
21:30	TRAVEL GUIDES	Captioned	Repeat	HD	WS	PG
	<p><i>Taiwan</i></p> <p>This week our Travel Guides escape to one of the most surprising and quirkiest destinations yet – Taiwan. None of our Guides have previously visited Taiwan, where the bustling city and tranquil countryside offer experiences of a lifetime.</p> <p>Cons.Advice: Some Coarse Language</p>					
22:30	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
23:00	CHICAGO MED	Captioned	Repeat	HD	WS	MA
	<p><i>Got A Friend in Me</i></p> <p>Dr. Choi and Dr. Marcel don't see eye to eye over the treatment of a patient's chronic pain. Rumors circulate about Maggie. Dr. Manning works to help a young boy, but she is challenged by his parents, who believe in only using holistic remedies.</p> <p>Starring: Nick Gehlfuss, Yaya DaCosta, Torrey DeVitto</p> <p>Cons.Advice: Strong Adult Themes, Medical Procedures</p>					
23:50	DR CHRISTIAN JESSEN WILL SEE YOU NOW	Captioned	Repeat	HD	WS	MA
	<p><i>Sexual Health</i></p> <p>The team helps Sarah, who has lost her sex drive and is worried husband Darren may leave her if she cannot satisfy his needs. Plus, a Blackpool couple struggling to conceive.</p> <p>Cons.Advice: Themes, Sexual References</p>					
00:40	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
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04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
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06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	AUSTRALIAN NINJA WARRIOR	Captioned	Repeat	HD	WS	PG
	It's the third Semi Final and the last chance to qualify for the Grand Final. With dual racing action across awe-inspiring obstacles, our Newcomers, Legends and Teens battle it out in a race to make the Grand Finals. The fastest time of the night gets the all-important Second-Chance Advantage in the Grand Final.					
14:00	POINTLESS	Captioned		HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned	Repeat	HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Thu Jul 7, 2022

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
19:30	LIVE: NRL THURSDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA
	<p><i>Sharks v Storm</i></p> <p>Wide World of Sports presents Sharks v Storm, live from PointsBet Stadium. Join our expert commentary team for all the action right from the sidelines, kick off at 7:54PM AEST.</p>					
21:50	LIVE: THURSDAY NIGHT KNOCK OFF	Captioned	Live	HD	WS	NA
	<p><i>Sharks v Storm</i></p> <p>Join the Wide World of Sports team for the all the post-match NRL news and analysis.</p>					
22:35	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
23:05	THE EQUALIZER	Captioned		HD	WS	M
	<p><i>Legacy</i></p> <p>McCall joins forces with Jessie Cook, a brilliant and unpredictable master thief, to recover a valuable painting stolen from a Black family during the 1921 Tulsa Race Massacre.</p> <p>Starring: Queen Latifah, Tory Kittles, Adam Goldberg</p> <p>Cons.Advice: Strong Violence</p>					
00:00	COLD CASE: NEW LEADS WANTED	Captioned	Repeat	HD	WS	PG
	<p><i>David Robinson</i></p> <p>Follow the cold case teams as they re-open unsolved murder cases from police archives. Evidence is reviewed, old interrogations reanalysed, new witnesses interrogated and new leads are followed up. Will these new discoveries help to find the killer?</p> <p>Cons.Advice: Themes, References to Violence</p>					
01:00	OUR STATE ON A PLATE	Captioned	Repeat	HD	WS	PG
	Cass enjoys truffles at a trufferie in Pemberton and Brendan visits a citrus orchard in Harvey. Georgia joins another celebrated Chef in the kitchen and Erin is back with another wine tip. Plus, a taster of what's to come in next week's special episode!					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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02:30	GLOBAL SHOP		Repeat	HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<p><i>Healing is God's Will for You</i></p> <p>The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges.</p> <p>Cons.Advice: Themes</p>					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	A VINEYARD ROMANCE 2021	Captioned		HD	WS	PG
	<i>A Vineyard Romance</i>					
	When Seattle magazine writer Samantha Hart is sent home to write an article about the wedding destination of Hawthorne Vineyards, she discovers the ex who broke her heart not only runs the vineyard, but he's about to get married there. Starring: Rebecca Olson, Marcus Rosner, Leanne Lapp Cons.Advice: Themes					
13:45	EXPLORE	Captioned	Repeat	HD	WS	PG
	<i>Queenstown Amisfield Winery</i> Explore TV takes you around the world to places you'll never forget.					
14:00	POINTLESS	Captioned		HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned	Repeat	HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Fri Jul 8, 2022

18:00	NINE NEWS	Captioned	Live	HD	WS	NA	
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.						
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA	
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.						
19:30	LIVE: NRL FRIDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA	
	<i>Knights v Rabbitohs</i> Wide World of Sports presents Knights v Rabbitohs, live from McDonald Jones Stadium. Join our expert commentary team for all the action right from the sidelines, kick off at 7:59PM AEST.						
21:55	LIVE: GOLDEN POINT	Captioned	Live	HD	WS	NA	
	<i>Knights v Rabbitohs</i> Join the Wide World of Sports team for the all the post-match NRL news and analysis.						
22:35	INTO THE BLUE	2005	Captioned	Repeat	HD	WS	M
	<i>Into The Blue</i> While scouting the deep blue waters off the Bahamas, a group of divers finds a sunken plane with an illegal cargo worth millions. But ruthless drug kingpins are also after the plane's illicit booty, morphing the divers from the hunters to the hunted. Starring: Paul Walker, Jessica Alba, Scott Caan Cons.Advice: Some Violence, Some Coarse Language, Drug References						
00:40	TIPPING POINT	Captioned	Repeat	HD	WS	PG	
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.						
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						

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04:00	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					
04:30	GLOBAL SHOP		Repeat	HD	WS	G
	Home shopping programme.					
05:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					

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Sat Jul 9, 2022

06:00	EASY EATS	Captioned		HD	WS	G
	<p><i>Waist Watchers</i></p> <p>Today, fabulous food for when you're watching your waistline. Geoff makes a delicious chicken and barley soup and a lovely array of low fat dips. Lyndey has an awesome Hoisin beef stirfry and beautiful peppered veal cutlets. Plus Jason turns the traditional bread & butter pudding on its head with a tasty low-fat version. It's all on the menu and it's all to keep you fit and healthy.</p>					
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA
	<p>Join the Weekend Today team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.</p>					
10:00	TODAY EXTRA - SATURDAY	Captioned		HD	WS	PG
	<p>Join the team for the best of TODAY EXTRA – an exciting mix of highlights from the week in review. Includes the best celebrity interviews, cooking with Australia's top chefs, the latest in fashion & more.</p>					
12:00	OUR STATE ON A PLATE	Captioned		HD	WS	PG
	<p>Join Cass, Theo and Stuart for this season's finale and experience the best that WA's Southern Forests and Valleys region has to offer. A very special and picturesque episode set in one of Australia's premier food bowls.</p>					
12:30	MY WAY	Captioned		HD	WS	PG
	<p><i>Sunshine Coast Gympie Special</i></p> <p>Meet the siblings bringing busking to the Sunshine Coast, paddle alongside the man showcasing Gympie's ocean views, find the artist connecting to culture through immersive art and steam ahead with the driver who loves this heritage railway.</p>					
13:00	ARCTIC VETS	Captioned		HD	WS	PG
	<p>Former movie wolf Gambit isn't eating; on the tundra, Dr. Stephen gets between an aggressive male polar bear that threatens another momma bear and cubs; Jackie and Heather investigate a rescued polar bear's injured paw.</p>					
13:30	TARONGA: WHO'S WHO IN THE ZOO	Captioned	Repeat	HD	WS	PG
	<p><i>Mr Hobbs</i></p> <p>On this episode, vets have to perform emergency surgery on a Tree Goanna, after a member of the public brought it into the wildlife hospital with a particularly unusual injury.</p>					
14:30	AUSTRALIAN NINJA WARRIOR	Captioned	Repeat	HD	WS	PG
	<p>It's the second exciting Semi Final of Australian Ninja Warrior. Standing between all our Ninjas and a coveted spot in the Grand Final is our semi-final head-to-head course. It's an epic race where it's Ninja vs Ninja racing side by side. The Ninja who's furthest fastest of the night wins the all-important Second-Chance Advantage in the Grand Final.</p>					
16:30	THE GARDEN GURUS - 20TH ANNIVERSARY SPECIAL	Captioned		HD	WS	G
	<p><i>The Garden Gurus - 20th Anniversary Special</i></p> <p>They've visited some old favourites, seen incredible advances in industry, and had amazing experiences along the way. Join The Garden Gurus as we celebrate 20 years by looking back at some favourite moments from our anniversary season!</p>					
17:00	NINE NEWS: FIRST AT FIVE	Captioned	Live	HD	WS	NA
	<p>Join the Nine News team for all the latest from around the country as well as sport and weather.</p>					
17:30	GETAWAY	Captioned		HD	WS	PG
	<p>This week on Getaway Poh Ling Yeow joins the team for a culinary cruise through the beautiful Bordeaux region of France</p>					

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18:00	NINE NEWS SATURDAY	Captioned	Live	HD	WS	NA
	Join the Nine News team as they bring you all the latest in news; sport and weather.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
19:30	LIVE: WALLABIES V ENGLAND	Captioned	Live	HD	WS	NA
	One of the oldest rivalries in rugby reignites again tonight in game 2 of this test series. Join your expert commentary team from start to finish for all the action, live from Suncorp Stadium. Kick off at 8:05PM AEST.					
22:00	LIVE: WALLABIES V ENGLAND POST-MATCH	Captioned	Live	HD	WS	NA
	Join the Wide World of Sports team for all the highlights from the match as well as player interviews and full analysis.					
22:30	RONIN 1998	Captioned	Repeat	HD	WS	M
	<p><i>Ronin</i></p> <p>The Cold War may be over, but a new world order keeps a group of covert mercenaries employed by the highest bidder. These operatives, known as "Ronin," are assembled in France by a mysterious client for a seemingly routine mission: steal a top-secret briefcase. But the simple task soon proves explosive as other underworld organizations vie for the same prize.</p> <p>Starring: Robert De Niro, Jean Reno, Katarina Witt, Sean Bean</p> <p>Cons.Advice: Some Coarse Language, Some Violence</p>					
00:50	LABOUR OF LOVE	Captioned	Repeat	HD	WS	PG
	<p><i>There's Something About Kirsty</i></p> <p>Kirsty travels to the hometowns of the final three men to get a closer look.</p> <p>Cons.Advice: Themes</p>					
01:40	OUR STATE ON A PLATE	Captioned	Repeat	HD	WS	PG
	Join Cass, Theo and Stuart for this season's finale and experience the best that WA's Southern Forests and Valleys region has to offer. A very special and picturesque episode set in one of Australia's premier food bowls.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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Sat Jul 9, 2022

04:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:30	GLOBAL SHOP		Repeat	HD	WS	G
	Home shopping programme.					
05:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:30	WESLEY IMPACT WITH STU CAMERON	Captioned		HD	WS	PG
	The TV program of Wesley Mission in Sydney showing its social, community and welfare services. Hosted by Stu Cameron. wesleymission.org.au					

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