



Sun Mar 12, 2023

06:00	DRIVE TV	Captioned	Repeat	HD	WS	G
	<p><i>Cupra Formentor</i></p> <p>Cupra is a stylish Spanish heritage racing brand, and Emma takes a drive through the blue mountains, in the Formentor and goes deep deep deep into this heritage landscape.</p>					
06:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	<p>A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.</p>					
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA
	<p>Join the Weekend Today team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.</p>					
10:00	SPORTS SUNDAY	Captioned	Live	HD	WS	PG
	<p>Featuring Australia's leading sports personalities, Sports Sunday presents a frank and open debate about all the issues in the week of sport, with the promise of heated opinion and a few laughs along the way.</p>					
11:00	SUNDAY FOOTY SHOW	Captioned	Live	HD	WS	PG
	<p>Join hosts Danika Mason, Andrew Johns, Brad Fittler and Billy Slater as this all star line-up deep dive into all things Rugby League & chat with the NRL's biggest stars.</p>					
13:00	DRIVE TV	Captioned		HD	WS	TBC
	<p><i>MG ZS EV</i></p> <p>Emma explores caves, light houses and split rocks, as our host navigates the coast road just north of Sydney, in the new MG ZS EV, and "rumour has it she finds her very own unicorn!"</p>					
13:30	ARCTIC VETS	Captioned	Repeat	HD	WS	PG
	<p>Dr. Chris is called in to cure a bumblefoot infection in a wild trumpeter swan; Dr. Whitney treats deep scratches on Emile the seal; Dr. Charlene rescues three burrowing owls.</p> <p>Cons.Advice: Medical Procedures</p>					
14:00	SPACE INVADERS	Captioned	Repeat	HD	WS	PG
	<p><i>Holly and Darren</i></p> <p>The demands of parenting have left Holly and Daren at breaking point and their home in clutter chaos. The team come to the rescue to transform it into a relaxing haven for Holly, Darren and their two kids.</p> <p>Cons.Advice: Themes</p>					
15:00	LIVE: NRL SUNDAY FOOTY	Captioned	Live	HD	WS	NA
	<p><i>Tigers v Knights</i></p> <p>Wide World of Sports presents Tigers v Knights, live from Leichhardt Oval. Join our expert commentary team for all the action, analysis and post match interviews. Kick off at 4:05PM AEDT.</p>					

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Sydney Program Guide

Sun Mar 12, 2023

18:00	NINE NEWS SUNDAY	Captioned	Live	HD	WS	NA
	Join the Nine News team as they bring you the latest in news, sport and weather.					
19:00	MARRIED AT FIRST SIGHT	Captioned		HD	WS	PG
	The second last Commitment Ceremony. A favourite couple makes a bombshell decision to leave the experiment. Cons.Advice: Some Coarse Language, Sexual References					
20:40	60 MINUTES	Captioned		HD	WS	NA
	60 Minutes is Australia's leading current affairs programme, with a proven record of excellence over four decades. Join television's top reporters as they investigate, analyse and uncover the issues affecting all Australians.					
21:40	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
22:10	AUSTRALIAN CRIME STORIES	Captioned	Repeat	HD	WS	M
	<i>Attack on Police HQ</i> Constable Angela Taylor was killed, and 22 other people injured when a car bomb exploded outside the Victoria Police headquarters in Melbourne's CBD in 1986. ACS talks to survivors and the investigators who forensically hunted down the bombers. We dissect the tragic assault from all angles and reveal the evil motivation for the bombers to bring terror to the streets of Melbourne and how much worse the death toll could have been. Cons.Advice: Adult Themes, References to Violence, Some Coarse Language					
23:10	THE FIRST 48	Captioned		HD	WS	M
	<i>Runner Runner</i> A quick-money scam in Mobile, Alabama, ends in a double murder and a rookie homicide detective takes the case personally. Cons.Advice: Adult Themes					
00:00	LAW & ORDER: ORGANIZED CRIME	Captioned	Repeat	HD	WS	MA
	<i>New World Order</i> Stabler's loyalty is put to the test at work and again at home when his mother unexpectedly shows up. Bell and Jet navigate the newly established joint task force. Starring: Christopher Meloni, Danielle Mone Truitt, Ainsley Seiger Cons.Advice: Strong Violence, Drug Use					
00:50	9HONEY HACKS	Captioned		HD		PG
	9Honey Hacks, presented by Shelly Horton, brings the most useful lifestyle hacks together. From cooking hacks with Minoli de Silva, to pet advice with Dr Katrina Warren, cleaning hacks with Anita Burges, parenting hacks with 9Honey's Nikolina Kharofeh and nutrition with Susie Burrell.					
01:00	EXPLORE TV	Captioned	Repeat	HD	WS	TBC
	<i>Northern Island</i> Trevor makes his way along the Causeway coastal route, taking in some of the best scenery, starting at the famous Giants Causeway.					

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Sun Mar 12, 2023

01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<i>Prospering in Troubled Times</i>					
	The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Mon Mar 13, 2023

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	PG
	The second last Commitment Ceremony. A favourite couple makes a bombshell decision to leave the experiment. Cons.Advice: Some Coarse Language, Sexual References					
13:30	EXPLORE TV	Captioned	Repeat	HD	WS	TBC
	<i>Northern Island</i> Trevor makes his way along the Causeway coastal route, taking in some of the best scenery, starting at the famous Giants Causeway.					
14:00	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Sydney Program Guide

Mon Mar 13, 2023

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	M
	Partner Swap Week. The couples swap partners to get another perspective on their relationship but not everything goes to plan. Cons.Advice: Some Coarse Language, Themes, Sexual References					
21:00	BIG MIRACLES	Captioned		HD	WS	M
	This new ground-breaking series explores the emotional world of IVF. It follows ten brave and determined Australian couples and singles on their heartwarming and often heartbreaking journey to becoming parents. Cons.Advice: Mature Themes, Medical Procedures, Some Coarse Language					
22:00	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
22:30	100% FOOTY	Captioned		HD	WS	M
	Phil Gould, Paul Gallen and James Bracey debate the biggest issues in Rugby League alongside the game's most influential figures.					
23:20	THE EQUALIZER	Captioned	Repeat	HD	WS	MA
	<i>When Worlds Collide</i> Bishop comes to McCall, Harry and Mel for help when a terrorist from his past uncovers the identity of his adult son, a young man Bishop has kept secret for decades to safeguard him from his intelligence work. Also, Aunt Vi becomes nostalgic about a past romantic relationship when she receives a surprise visitor. Starring: Queen Latifah, Tory Kittles, Adam Goldberg Cons.Advice: Strong Violence					
00:10	UNTOLD CRIME STORIES: THE MURDER OF JAMES BULGER	Captioned		HD	WS	MA
	The definitive story of the James Bulger case, examining in forensic detail what happened on that tragic day in 1993. Cons.Advice: Adult Themes					
01:00	HELLO SA	Captioned		HD	WS	PG
	<i>Southern Highlights</i> We head south to visit a beach house available for everyone to enjoy; We show you where to eat and stay on KI; discover the unique honey you can only find on Kangaroo Island and then head west for a tour with a difference.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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Mon Mar 13, 2023

02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Fantastic Floating Mop/Floor Police</i> Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<i>Redeemed From Not Enough</i> The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Tue Mar 14, 2023

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	M
	Partner Swap Week. The couples swap partners to get another perspective on their relationship but not everything goes to plan.					
	Cons.Advice: Some Coarse Language, Themes, Sexual References					
13:30	GETAWAY	Captioned	Repeat	HD	WS	PG
	This week on Getaway we head to one of the world's most mysterious countries, Iceland, visit Australia's most easterly point, plus explore Victoria's beautiful Gippsland region.					
14:00	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	M
	The infamous Boys' and Girls' Night brings unfinished business with the return of some familiar faces. Cons.Advice: Some Coarse Language, Sexual References, Themes					
21:00	THE HUNDRED WITH ANDY LEE	Captioned		HD	WS	TBC
	Host Andy Lee is joined in the studio by a panel of Australia's funniest comedians and a 100 regular Aussies via Zoom to explore the fun behind the facts that make us tick as a nation.					
22:00	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
22:30	BOTCHED	Captioned	Repeat	HD	WS	MA
	<i>I Got Dumped Because of My Plastic Surgery</i> A man with superhero arms made of silicone got dumped because of his plastic surgery obsession, while an avid hiker hopes to fix her mountainous nose and her dating life, and a divorcee seeks a revision abdominoplasty after her tummy tuck surgery ruined her marriage. Cons.Advice: Medical Procedures, Nudity					
23:20	LA BREA	Captioned	Repeat	HD	WS	M
	<i>Topanga</i> With news of one last sinkhole opening, Gavin, Izzy and Dr. Nathan race to Seattle to launch a final rescue effort before it's too late; Eve embarks on a perilous journey to send a young boy through a portal in order to save her family. Starring: Natalie Zea, Eoin Macken, Chike Okonkwo Cons.Advice: Some Violence					
00:10	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:00	IT'S ALL GREEK TO ME	Captioned	Repeat	HD	WS	G
	<i>Arthur and Anne</i> George and Arthur prepare souvla on the home built spit and take a walk around Arthur's garden. George and Nico make Mapa, a Greek cabbage salad and a delicious beetroot salad.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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Tue Mar 14, 2023

02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<i>Storehouses Full and Overflowing</i> The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Wed Mar 15, 2023

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	M
	The infamous Boys' and Girls' Night brings unfinished business with the return of some familiar faces. Cons.Advice: Some Coarse Language, Sexual References, Themes					
13:30	MY WAY	Captioned		HD	WS	TBC
	We uncover the stories of survival behind the Global Food Markets, meet the boxer dedicated to helping young people, the couple helping families connect in a canoe and how growing up on Caxton Street inspired a local coffee roaster.					
14:00	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Wed Mar 15, 2023

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	TBC
	The second last Dinner Party. Cracks start to appear among even the strongest couples as the pressure of life after the experiment starts to hit home.					
21:00	UNDER INVESTIGATION	Captioned		HD	WS	M
	<p><i>Ambush</i></p> <p>Four young police officers sent to a rural property are ambushed by violent extremists. They faced the siege at Wieambilla - the point when conspiracy became violence. How will Australian police deal with this new and growing threat?</p> <p>Cons.Advice: Some Violence, Adult Themes</p>					
22:00	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
22:30	SEE NO EVIL	Captioned		HD	WS	M
	<p><i>Meet Me at Midnight</i></p> <p>In Calgary, Alberta, Ryan Lane receives a late-night phone call and goes out to meet a mystery caller and is never heard from again; Calgary Police Service turn to surveillance video to locate Ryan and find evidence of a shocking betrayal.</p> <p>Cons.Advice: Adult Themes</p>					
23:30	ORDINARY JOE	Captioned		HD	WS	M
	<p><i>Always Do The Right Thing</i></p> <p>With Jenny out of town for work, Nurse Joe faces the challenges of parenting Christopher alone. Music Joe brings unexpected attention to his son. Cop Joe and Amy struggle with a major decision.</p> <p>Starring: James Wolk, Natalie Martinez, Elizabeth Lail</p> <p>Cons.Advice: Themes, Some Violence</p>					
00:20	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:10	DESTINATION WA	Captioned	Repeat	HD	WS	PG
	The new series makes a splash: Trevor watches the world go by sailing in a swan down the Swan, Nikki takes some R&R at a retreat in the Perth Hills, and Scherri-Lee boards Perth's floating bar and eatery, The Raft, for a luxe drinks & dining experience.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Slim Cycle</i> Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<i>A Surplus of Prosperity</i> The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Thu Mar 16, 2023

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	TBC
	The second last Dinner Party. Cracks start to appear among even the strongest couples as the pressure of life after the experiment starts to hit home.					
13:30	IT'S ALL GREEK TO ME	Captioned	Repeat	HD	WS	G
	<i>Arthur and Anne</i> George and Arthur prepare souvla on the home built spit and take a walk around Arthur's garden. George and Nico make Mapa, a Greek cabbage salad and a delicious beetroot salad.					
14:00	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Thu Mar 16, 2023

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
19:30	LIVE: NRL THURSDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA
	<i>Sea Eagles v Eels</i> Wide World of Sports presents Sea Eagles v Eels live from 4 Pines Park. Join our expert commentary team for all the action, analysis and post match interviews. Kick off at 8:00PM AEDT.					
21:55	LIVE: THURSDAY NIGHT KNOCK OFF	Captioned	Live	HD	WS	NA
	<i>Sea Eagles v Eels</i> Join the Wide World of Sports team for all the post-match NRL news and analysis.					
22:40	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for all of today's top stories from Australia and around the world.					
23:10	A+E AFTER DARK	Captioned	Repeat	HD	WS	M
	An aggressive patient in police custody is brought into hospital for treatment to a split eyebrow and facial injuries. The resus team attempt to save a patient who's suffered a cardiac arrest. 33-year-old Susan is rushed into a COVID ward. Cons.Advice: Medical Procedures, Some Coarse Language					
00:05	COUNCIL OF DADS	Captioned		HD	WS	PG
	<i>Stormy Weather</i> With a severe storm on the way, the Perry family heads for higher ground; with Luly's help, Larry reaches out to assist his estranged daughter and granddaughter escape the storm; Luly pens a very personal essay that ends up in the wrong hands. Starring: Tom Everett Scott, Sarah Wayne Callies, Clive Standen Cons.Advice: Themes					
01:00	DRIVE TV	Captioned	Repeat	HD	WS	TBC
	<i>MG ZS EV</i> Emma explores caves, light houses and split rocks, as our host navigates the coast road just north of Sydney, in the new MG ZS EV, and "rumour has it she finds her very own unicorn!"					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Copper Chef Titan Pan</i> Home shopping programme.					

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Thu Mar 16, 2023

03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<p><i>More Than Enough</i></p> <p>The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges.</p> <p>Cons.Advice: Themes</p>					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Fri Mar 17, 2023

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	FOR THE LOVE OF PETS	Captioned	Repeat	HD	WS	PG
	A loving family teams up with trainers to give a massive Rottweiler a new chance in life, while vets work to save a tiny kitten clinging to life after a dog attack and the AWL rehoming team search tirelessly to find the right match for a young Husky.					
13:00	SPACE INVADERS	Captioned	Repeat	HD	WS	PG
	<i>Holly and Darren</i>					
	The demands of parenting have left Holly and Daren at breaking point and their home in clutter chaos. The team come to the rescue to transform it into a relaxing haven for Holly, Darren and their two kids. Cons.Advice: Themes					
14:00	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned	Repeat	HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Fri Mar 17, 2023

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
19:30	LIVE: NRL FRIDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA
	<i>Roosters v Rabbitohs</i> Wide World of Sports presents Roosters v Rabbitohs live from Allianz Stadium. Join our expert commentary team for all the action, analysis and post match interviews. Kick off at 8:00PM AEDT.					
21:55	LIVE: GOLDEN POINT	Captioned	Live	HD	WS	NA
	<i>Roosters v Rabbitohs</i> Join the Wide World of Sports team for the all the post-match NRL news and analysis.					
22:40	THE NICE GUYS 2016	Captioned	Repeat	HD	WS	MA
	<i>The Nice Guys</i> In 1970s Los Angeles, a mismatched pair of private eyes investigate a missing girl and the mysterious death of a porn star. Starring: Russell Crowe, Ryan Gosling, Angourie Rice Cons.Advice: Strong Violence, Strong Sex Scenes, Nudity, Frequent Coarse Language					
01:00	MY WAY	Captioned	Repeat	HD	WS	TBC
	We uncover the stories of survival behind the Global Food Markets, meet the boxer dedicated to helping young people, the couple helping families connect in a canoe and how growing up on Caxton Street inspired a local coffee roaster.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					

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Fri Mar 17, 2023

04:30	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Copper Chef Titan Pan</i> Home shopping programme.					
05:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:30	SKIPPY - THE BUSH KANGAROO		Repeat			G
	<i>Mixed Company</i> Classic Australian series starring Ed Deveraux and Tony Bonner.					

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Sat Mar 18, 2023

06:00	GETAWAY	Captioned	Repeat	HD	WS	PG	
	This week on Getaway we head to one of the world's most mysterious countries, Iceland, visit Australia's most easterly point, plus explore Victoria's beautiful Gippsland region.						
06:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA	
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.						
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA	
	Join the Weekend Today team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.						
10:00	TODAY EXTRA - SATURDAY	Captioned		HD	WS	PG	
	Join the team for the best of TODAY EXTRA – an exciting mix of highlights from the week in review. Includes the best celebrity interviews, cooking with Australia's top chefs, the latest in fashion & more.						
12:00	SURFING AUSTRALIA TV	Captioned		HD	WS	TBC	
	Showcases Surfing Australia's programs from junior development through to the elite athletes in surfing.						
12:30	THE PET RESCUERS	Captioned		HD	WS	PG	
	Marisa and the team have started a new campaign to de-sex at least 20 cats every Wednesday! Laura meets Levi the German Shepard who has developed a new obsession of chasing his tail. There's a fluffy new arrival in the shelter clinic.						
13:00	LIVING PROOF	Captioned		HD	WS	TBC	
	In Episode two, Graham visits a great coastal town called Port Ferry; Tash meets Barb and helps her shake up her covid hibernation wardrobe; our techspert talks mobile phones and dietician Carly has tips on getting more calcium in your diet to combat Osteoporosis.						
13:30	MY WAY	Captioned	Repeat	HD	WS	PG	
	Today, My Way heads to Moreton Bay to uncover how the family behind the iconic Sandstone Hotel have retained pieces of the past at their waterfront location, and the devoted Dolphins Chairman who's led the club to the pages of NRL history.						
14:00	PRETTY IN PINK	1986	Captioned	Repeat	HD	WS	PG
	<p><i>Pretty In Pink</i></p> <p>A poor girl must choose between the affections of her doting childhood sweetheart and a rich but sensitive playboy.</p> <p>Starring: Molly Ringwald, Jon Cryer, James Spader</p> <p>Cons.Advice: Adult Themes, Mild Coarse Language, Sexual References</p>						
16:00	DESTINATION AUSTRALIA	Captioned		HD	WS	TBC	
	<p><i>Cocos Keeling Island</i></p> <p>Jo-Beth Taylor takes you on an island adventure to the stunning Cocos Keeling Islands. Learning about local heritage, snorkelling the beautiful Cossie's beach, and discovering all the delicious food on offer. This destination is a must for your next Australian holiday.</p>						
16:30	THE GARDEN GURUS	Captioned		HD	WS	G	
	The Garden Gurus are back and ready for another blooming series filled with lawn care tips to see you right through Autumn, Trevor and Nige are up to their usual hiking and we have some gorgeous gardens to show you.						

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Sydney Program Guide

Sat Mar 18, 2023

17:00	NINE NEWS: FIRST AT FIVE	Captioned	Live	HD	WS	NA
	Join the Nine News team for all the latest from around the country as well as sport and weather.					
17:30	GETAWAY	Captioned		HD	WS	PG
	This week on Getaway Poh joins us for a wonderful wintery look around Budapest, cooking up a feast in Vanuatu plus an adrenaline packed day out at Jamberoo Action Park.					

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Sat Mar 18, 2023

18:00	NINE NEWS SATURDAY	Captioned	Live	HD	WS	NA	
	Join the Nine News team as they bring you all the latest in news; sport and weather.						
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA	
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.						
19:30	SPACE INVADERS	Captioned		HD	WS	PG	
	<p><i>Darren and Holly</i></p> <p>Silvana's clutter is causing conflict in her household. Peter pushes her to let go of the past, Cherie creates a space for big family gatherings, while Angie hacks a hula hoop to showcase precious memories.</p> <p>Cons.Advice: Themes</p>						
20:30	BRIDESMAIDS	2011	Captioned	Repeat	HD	WS	MA
	<p><i>Bridesmaids</i></p> <p>Competition between the maid of honor and a bridesmaid, over who is the bride's best friend, threatens to upend the life of an out-of-work pastry chef.</p> <p>Starring: Kristen Wiig, Rose Byrne, Melissa McCarthy, Maya Rudolph</p> <p>Cons.Advice: A Sex Scene, Very Coarse Language, Sexual References</p>						
22:55	THE HOUSE	2017	Captioned	Repeat	HD	WS	MA
	<p><i>The House</i></p> <p>After the town takes away their daughter's college scholarship, a couple start an illegal casino in their friend's house to make back the money.</p> <p>Starring: Amy Poehler, Will Ferrell, Ryan Simpkins</p> <p>Cons.Advice: Strong Violence, Some Coarse Language, Sexual References</p>						
00:35	FROM HELL: CAUGHT ON CAMERA	Captioned		HD	WS	M	
	<p><i>Homes From Hell</i></p> <p>From collapsing houses and nightmare neighbours to animal antics, jaw-dropping footage reveals what can go wrong in our homes</p> <p>Cons.Advice: Some Coarse Language</p>						
01:30	SURFING AUSTRALIA TV	Captioned	Repeat	HD	WS	TBC	
	Showcases Surfing Australia's programs from junior development through to the elite athletes in surfing.						
02:00	THE INCREDIBLE JOURNEY PRESENTS			HD	WS	PG	
	<p>Religious program.</p> <p>Cons.Advice: Themes</p>						
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						

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Sat Mar 18, 2023

03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:30	GLOBAL SHOP		Repeat	HD	WS	G
	Home shopping programme.					
05:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:30	SKIPPY - THE BUSH KANGAROO		Repeat			G
	<i>Bon Voyage</i>					
	Classic Australian series starring Ed Deveraux and Tony Bonner.					

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