



Sun Mar 13, 2022

06:00	EASY EATS	Captioned	Repeat	HD	WS	G
	<i>Everyday Vegetarian</i> In this episode of Easy Eats we celebrate the virtue of veggies. Mouth-watering meat free dishes to keep the family healthy and happy including Roast Beetroot Salad, Parmesan Stuffed Artichoke and Tomato and Risoni soup.					
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA
	Join the Weekend Today team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
10:00	SPORTS SUNDAY	Captioned	Live	HD	WS	PG
	Featuring Australia's leading sports personalities, Sports Sunday presents a frank and open debate about all the issues in the week of sport, with the promise of heated opinion and a few laughs along the way.					
11:00	SUNDAY FOOTY SHOW	Captioned	Live	HD	WS	PG
	Join hosts Danika Mason, Andrew Johns, Brad Fittler and Billy Slater as this all star line-up deep dive into all things Rugby League & chat with the NRL's biggest stars.					
12:00	LIVE: NRL WOMEN'S PREMIERSHIP	Captioned	Live	HD	WS	NA
	<i>Broncos v Dragons</i> Wide World of Sport presents Broncos v Dragons, in the NRL Women's Premiership brought to you live from CommBank Stadium, Parramatta. Join our expert commentary team for all the action right from the sidelines, kick off at 12:03PM AEDT.					
13:50	LIVE: NRL WOMEN'S PREMIERSHIP	Captioned	Live	HD	WS	NA
	<i>Eels v Titans</i> Wide World of Sport presents Eels v Titans, in the NRL Women's Premiership brought to you live from CommBank Stadium, Parramatta. Join our expert commentary team for all the action right from the sidelines, kick off at 1:50PM AEDT.					
15:30	LIVE: NRL SUNDAY FOOTY	Captioned	Live	HD	WS	NA
	<i>Eels v Titans</i> Wide World of Sport presents Eels v Titans, brought to you live from CommBank Stadium, Parramatta. Join our expert commentary team for all the action right from the sidelines, kick off at 4:05PM AEDT.					

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Sydney Program Guide

Sun Mar 13, 2022

18:00	NINE NEWS SUNDAY	Captioned	Live	HD	WS	NA
	Join the Nine News team as they bring you the latest in news, sport and weather.					
19:00	MARRIED AT FIRST SIGHT	Captioned		HD	WS	PG
	An explosive development at the Commitment Ceremony shocks the experts and rocks the experiment. Cons.Advice: Themes, Some Coarse Language					
20:50	60 MINUTES	Captioned		HD	WS	NA
	60 Minutes is Australia's leading current affairs programme, with a proven record of excellence over four decades. Join television's top reporters as they investigate, analyse and uncover the issues affecting all Australians.					
21:50	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
22:20	AUSTRALIAN CRIME STORIES	Captioned	Repeat	HD	WS	M
	<i>The Queen of Con</i> Con artist Jody Harris had a thing for cops, bluffing her way into police stations and charming her way into their beds. The young grifter swindled many wary men and women, as she hustled her way up and down Australia's eastern seaboard. For the first time, the detectives across two states, working together and finally trapping Harris, tell the extraordinary stories of how she fooled her victims into believing she was a doctor, businesswoman, a psychologist, flight attendant and the niece of a famous gangster, while taunting the police that chased her to "catch me if you can". Cons.Advice: Themes					
23:20	THE FIRST 48	Captioned		HD	WS	M
	<i>Broken Home</i> The case of a young New Orleans mother who was ambushed at home and fatally shot hinges on the eyewitness account of a 4-year-old girl. Cons.Advice: References to Violence, Some Coarse Language, Adult Themes					
00:10	SHALLOW GRAVE	Captioned	Repeat	HD	WS	M
	<i>Lost in the Wild</i> The story of 21-year-old Fred Moss who vanished in Stansted, Essex. A major manhunt led police to a shallow grave and an extraordinary second murder. Cons.Advice: Some Violence, Themes					
01:00	ULTIMATE RUSH	Captioned	Repeat	HD	WS	M
	<i>Upstream Rider</i> Why do athletes risk their lives doing what they love to do? The ultimate action sports stars team up with select entertainment industry filmmakers to create professional-grade Hollywood storytelling that answers the question in high cinematic style. Cons.Advice: Some Coarse Language					

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Sun Mar 13, 2022

01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<i>Exceeding Great & Precious Promises</i>					
	The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Mon Mar 14, 2022

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	PG
	An explosive development at the Commitment Ceremony shocks the experts and rocks the experiment. Cons.Advice: Themes, Some Coarse Language					
13:45	EXPLORE	Captioned	Repeat	HD	WS	G
	<i>Hamilton Gardens</i> Explore TV takes you around the world to places you'll never forget.					
14:00	POINTLESS	Captioned		HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Mon Mar 14, 2022

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	TBC
	Homestay week plunges the couples into the reality of what life would be like outside the experiment.					
21:00	LA BREA	Captioned		HD	WS	M
	<i>The Way Home</i>					
	A search party explore a mysterious fort that raises more questions than answers. With the help of a new ally, Gavin and Izzy embark on a dangerous and unauthorised mission that they could cause unprecedented disaster.					
	Starring: Natalie Zea, Eoin Macken, Chike Okonkwo Cons.Advice: Some Violence					
22:00	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
22:30	100% FOOTY	Captioned		HD	WS	M
	Phil Gould, Paul Gallen and James Bracey debate the biggest issues in Rugby League alongside the game's most influential figures.					
23:30	BLUFF CITY LAW	Captioned	Repeat	HD	WS	PG
	<i>When The Levee Breaks</i>					
	Sydney and Elijah help a 12-year-old girl find justice for the failed levee system that flooded her town; Della and Anthony fight for an old blues musician's song rights.					
	Starring: Jimmy SMITS, Caitlin McGee, Barry Sloane Cons.Advice: Themes					
00:15	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:05	HELLO SA	Captioned		HD	WS	PG
	<i>McLaren Vale</i>					
We visit a cellar door rich with six generations of history; Tom gives us five reasons to visit McLaren Vale, we return to the hills for some juicy strawberries and we get a special preview of The Girl from the North Country.						
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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02:30	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Bissell Crosswave Max</i> Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<i>Exceeding Great & Precious Promises</i> The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Tue Mar 15, 2022

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	TBC
	Homestay week plunges the couples into the reality of what life would be like outside the experiment.					
13:30	GETAWAY	Captioned	Repeat	HD	WS	PG
	This week on Getaway, a fun family escape to Vanuatu, the historic and pristine Norfolk Island plus skiing on New Zealand's South Island.					
14:00	POINTLESS	Captioned		HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	TBC
	The Homestays bring some couples closer together while others struggle.					
21:00	THE HUNDRED WITH ANDY LEE	Captioned		HD	WS	M
	Host Andy Lee is joined in the studio by a panel of Australia's funniest comedians and a 100 regular Aussies via Zoom to explore the fun behind the facts that make us tick as a nation.					
	Cons.Advice: Sexual References					
22:00	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
22:30	TRUE STORY WITH HAMISH & ANDY	Captioned	Repeat	HD	WS	PG
	<i>Dani</i>					
	Dani's true story finds Dani reunited with her childhood crush, joining him on a romantic weekend in Margaret River. But in this shockingly personal tale, Dani explains in excruciating detail, why this date couldn't have gone any worse. Cons.Advice: Mild Coarse Language					
23:00	MR MAYOR	Captioned		HD	WS	PG
	<i>The Sac</i>					
	Arpi and Jayden get to know each other on a road trip to Sacramento; Neil feels like he is losing his daughter and seeks to reconnect. Starring: Ted Danson, Holly Hunter, Vella Lovell					
23:25	KILLED BY MY STALKER	Captioned	Repeat	HD	WS	M
	The brutal murder of university student Molly McLaren by her ex-boyfriend in 2017 in a shopping centre car park made headline news and horrified the nation. What began as loves young dream ended in unimaginable violence.					
	Cons.Advice: Adult Themes, References to Violence, Some Coarse Language					
00:10	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:05	DELISH	Captioned	Repeat	HD	WS	G
	This week on Delish, Peruvian Chef, Alejandro Saravia teaches us how to butterfly Barramundi and cook over corn husk in the barbie. Ever wonder what to do with Artichoke? Well, get ready to puree and make chips the whole family will enjoy.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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Tue Mar 15, 2022

02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<p><i>Exceeding Great & Precious Promises</i></p> <p>The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges.</p> <p>Cons.Advice: Themes</p>					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Wed Mar 16, 2022

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	TBC
	The Homestays bring some couples closer together while others struggle.					
13:30	MY WAY	Captioned		HD	WS	TBC
	Meet the entrepreneurs changing Australia's drinking culture and an underwater photographer turned conservationist, visit the fifth-generation cattle farm now open to guests and see the incredible artwork on the Southern Downs Dunny Trail.					
14:00	POINTLESS	Captioned		HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Wed Mar 16, 2022

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	TBC
	The Dinner Party is hit by a scandal which sees one bride's past outed by another.					
21:00	UNDER INVESTIGATION	Captioned		HD	WS	TBC
	<p><i>Putin the Tyrant</i></p> <p>Presented by Liz Hayes, Under Investigation features an elite and renowned team of story insiders seeking to solve crimes and uncover new evidence surrounding an unsolved mystery, a divisive or complex social issue or topical news event.</p>					
22:00	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
22:30	FORENSICS: THE REAL CSI	Captioned		HD	WS	M
	<p><i>Fatal Weapon Unknown</i></p> <p>Forensic Investigators from West Midlands Police piece together the evidence in a complex murder inquiry after they find two dead men with unusual wounds.</p> <p>Cons.Advice: Realistic Violence</p>					
23:40	GRAND HOTEL	Captioned	Repeat	HD	WS	M
	<p><i>Where The Sun Don't Shine</i></p> <p>Santiago continues to be aggravated with the neighbouring hotel and decides to take matters into his own hands; Danny becomes jealous of Alicia's new relationship; Carolina reveals to Yoli that she has information on their father.</p> <p>Starring: Demian Bichir, Roselyn Sanchez, Denyse Tontz, Lincoln Younes</p> <p>Cons.Advice: Some Violence, Sexual References</p>					
00:30	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:20	TALKING HONEY - RELATIONSHIP SPECIALS	Captioned	Repeat	HD		G
	<p><i>Proposal Disappointment</i></p> <p>Talking Honey the panel discusses how to improve your partner's style without hurting their feelings, or the relationship!</p>					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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02:30	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Copper Chef Titan Pan</i> Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<i>Exceeding Great & Precious Promises</i> The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Thu Mar 17, 2022

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	TBC
	The Dinner Party is hit by a scandal which sees one bride's past outed by another.					
13:30	DRIVING TEST	Captioned	Repeat	HD	WS	PG
	<i>Felicity</i> 33-year-old Felicity is going for her full licence after being on her L's for 12 years; 30-year-old Joel lost his licence 6 years ago and has decided it's time to bite the bullet; 18-year-old Jon wants his licence to help his single mum.					
14:00	POINTLESS	Captioned		HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Thu Mar 17, 2022

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
19:30	LIVE: NRL THURSDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA
	<i>Storm v Rabbitohs</i> Wide World of Sports presents Storm v Rabbitohs, live from AAMI Park, Melbourne. Join our expert commentary team for all the action right from the sidelines, kick off at 8:05PM AEDT.					
21:55	LIVE: THURSDAY NIGHT KNOCK OFF	Captioned	Live	HD	WS	NA
	<i>Storm v Rabbitohs</i> Join the Wide World of Sports team for the all the post-match NRL news and analysis.					
22:45	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
23:15	NEW AMSTERDAM	Captioned	Repeat	HD	WS	M
	<i>Why Not Yesterday</i> Max is on a mission to fix systemic racism at New Amsterdam; Bloom treats a patient who reminds her things aren't as they seem; Sharpe is overwhelmed while tending to a family matter; Reynolds tries to keep his composure while treating a dad and son. Starring: Ryan Eggold, Freema Agyeman, Janet Montgomery Cons.Advice: Medical Procedures, Adult Themes, Some Violence					
00:05	THE HORN	Captioned	Repeat	HD	WS	M
	<i>The Longest Day</i> Following the perilous work of Air Zermatt, an alpine search and rescue team that operates on the peaks of Switzerland's Matterhorn mountain. Cons.Advice: Themes, Medical Procedures, Some Coarse Language					
01:00	GETAWAY	Captioned	Repeat	HD	WS	PG
	This week on Getaway, a fun family escape to Vanuatu, the historic and pristine Norfolk Island plus skiing on New Zealand's South Island.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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Thu Mar 17, 2022

02:30	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Eazzy Mattress Toppers and Pillows</i> Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<i>Exceeding Great & Precious Promises</i> The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Fri Mar 18, 2022

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Allison Langdon along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport and weather.					
12:00	THE WORK WIFE 2019	Captioned		HD	WS	M
	<p><i>The Work Wife</i></p> <p>After a tense few months following a miscarriage and an unemployment spell, things are finally looking up for Sean and Lisa Miller when Sean lands his dream job at an advertising firm. But when Sean's assistant, Jen, his self-proclaimed "Work Wife," begins vying for his affection, it soon becomes clear that she will stop at nothing to rip their marriage apart and claim him as her own.</p> <p>Starring: Natalie Hall, Chris McNally, Lara Gilchrist</p> <p>Cons.Advice: Some Violence, Themes</p>					
13:45	TALKING HONEY	Captioned		HD	WS	PG
	<p><i>Representation Matters</i></p> <p>Host Shelly Horton is joined on the 9Honey panel by Ben Fordham, Maria Thattil and John Aiken to discuss relationship dilemmas and social issues.</p>					
14:00	POINTLESS	Captioned		HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned	Repeat	HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Fri Mar 18, 2022

18:00	NINE NEWS	Captioned	Live	HD	WS	NA	
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.						
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA	
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.						
19:30	LIVE: NRL FRIDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA	
	<i>Roosters v Sea Eagles</i> Wide World of Sports presents Roosters v Sea Eagles, live from the SCG. Join our expert commentary team for all the action right from the sidelines, kick off at 8:05PM AEDT.						
21:55	LIVE: GOLDEN POINT	Captioned	Live	HD	WS	NA	
	<i>Roosters v Sea Eagles</i> Join the Wide World of Sports team for the all the post-match NRL news and analysis.						
22:45	ROCKY BALBOA	2006	Captioned	Repeat	HD	WS	M
	<i>Rocky Balboa</i> Thirty years after the ring of the first bell, Rocky Balboa comes out of retirement and dons his gloves for his final fight; against the reigning heavyweight champ Mason 'The Line' Dixon. Starring: Sylvester Stallone, Burt Young, Antonio Tarver Cons.Advice: Some Violence						
00:40	TIPPING POINT	Captioned	Repeat	HD	WS	PG	
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.						
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						
04:00	TAKE TWO		Repeat	HD	WS	G	
	Home Shopping programme.						

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Sydney Program Guide

Fri Mar 18, 2022

04:30	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Copper Chef Titan Pan</i> Home shopping programme.					
05:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Tracy Grimshaw.					

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Sat Mar 19, 2022

06:00	EASY EATS	Captioned	Repeat	HD	WS	G
	<p><i>Beef Eaters</i></p> <p>In this episode of Easy Eats, it's a beef eater's idea of paradise. We have all the tips and tricks for perfectly cooked meat every time, plus some clever twists on the classics. Recipes include Eye of Silverside Roast, Corned Beef with Mustard Sauce and Veal Cutlets with Prosciutto.</p>					
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA
	<p>Join the Weekend Today team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.</p>					
10:00	TODAY EXTRA - SATURDAY	Captioned		HD	WS	PG
	<p>Join the team for the best of TODAY EXTRA – an exciting mix of highlights from the week in review. Includes the best celebrity interviews, cooking with Australia's top chefs, the latest in fashion & more.</p>					
12:00	DESTINATION WA	Captioned		HD	WS	G
	<p><i>Rottnest Island</i></p> <p>Join Trev and the team as they head across to WA's iconic Rottnest Island.</p>					
12:30	DRIVE TV	Captioned		HD	WS	TBC
	<p><i>Peugeot 508</i></p> <p>James takes a scenic road trip through the Victorian highlands in a Peugeot 508, and bumps into a special guest from yesteryear. And it's a guest that lays claim to being the best performing sedan of its generation.</p>					
13:00	MY WAY	Captioned	Repeat	HD	WS	TBC
	<p>Meet the entrepreneurs changing Australia's drinking culture and an underwater photographer turned conservationist, visit the fifth-generation cattle farm now open to guests and see the incredible artwork on the Southern Downs Dunny Trail.</p>					
13:30	DELISH	Captioned		HD	WS	TBC
	<p>Join us this week on Delish with Australia's sweetheart, Jo Beth Taylor, who shows us her own personal recipe of making a cashew bechamel based vegan lasagne! Trevor shows us his top tips when pickling cucumbers and the best ways to grow eggplants.</p>					
14:00	AQUA RUGBY	Captioned		HD	WS	NA
	<p><i>Aqua Rugby</i></p> <p>Highlights of the inaugural floating rugby tournament with a range of invited competitive, exhibition & community rugby union teams to battle it out for the first-ever Aqua Rugby Championship.</p>					
15:30	DAVID ATTENBOROUGH'S GREEN PLANET	Captioned		HD	WS	G
	<p><i>The Making of Green Planet</i></p> <p>Get some fascinating insights into how David Attenborough's Green Planet series was brought to life.</p>					
16:30	THE GARDEN GURUS	Captioned		HD	WS	G
	<p>Healthy Autumn produce? Yes please! Learn all about getting the best out of your citrus, vegetables and flowers and it's not just from the soil... Just a little bit of what to expect this week on The Garden Gurus.</p>					
17:00	NINE NEWS: FIRST AT FIVE	Captioned	Live	HD	WS	NA
	<p>Join the Nine News team for all the latest from around the country as well as sport and weather.</p>					

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Sydney Program Guide

Sat Mar 19, 2022

17:30	GETAWAY	Captioned		HD	WS	PG
This week on Getaway, touring the cute little NSW town of Morpeth, inland surfing in Texas plus WA's best family farmstay.						



Sat Mar 19, 2022

18:00	NINE NEWS SATURDAY	Captioned	Live	HD	WS	NA	
	Join the Nine News team as they bring you all the latest in news; sport and weather.						
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA	
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.						
19:30	SPACE INVADERS	Captioned		HD	WS	PG	
	<p><i>Gary and Neriezza</i></p> <p>After Gary lost his ability to walk, daughter Neriezza moved back home to care for him. With clutter taking over, Nerissa reaches out to the team to help her dad reclaim his independence.</p>						
20:30	THE SHAWSHANK REDEMPTION	1993	Captioned	Repeat	HD	WS	MA
	<p><i>The Shawshank Redemption</i></p> <p>Two imprisoned men bond over a number of years, finding solace and eventual redemption through acts of common decency.</p> <p>Starring: Tim Robbins, Morgan Freeman, James Whitmore, William Sadler, Clancy Brown</p> <p>Cons.Advice: Strong Violence, Frequent Coarse Language</p>						
23:20	CHANGELING	2008	Captioned		HD	WS	MA
	<p><i>Changeling</i></p> <p>Grief-stricken mother, Christine Collins, takes on the L.A.P.D. to her own detriment when it tries to pass off an obvious impostor as her missing child.</p> <p>Starring: Angelina Jolie, Colm Feore, Amy Ryan</p> <p>Cons.Advice: Strong Adult Themes</p>						
02:00	TV SHOP - HOME SHOPPING			Repeat	HD	WS	G
	Home shopping programme.						
02:30	TV SHOP - HOME SHOPPING			Repeat	HD	WS	G
	Home shopping programme.						
03:00	TV SHOP - HOME SHOPPING			Repeat	HD	WS	G
	Home shopping programme.						
03:30	TV SHOP - HOME SHOPPING			Repeat	HD	WS	G
	Home shopping programme.						
04:00	TV SHOP - HOME SHOPPING			Repeat	HD	WS	G
	Home shopping programme.						
04:30	GLOBAL SHOP			Repeat	HD	WS	G
	Home shopping programme.						

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Sat Mar 19, 2022

05:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:30	WESLEY IMPACT WITH STU CAMERON	Captioned	Repeat	HD	WS	PG
	Join Stu Cameron, the CEO and Superintendent of Wesley Mission, for an extended conversation with Alan Woodward, Commissioner at the National Health Commission.					

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