



Sun Mar 14, 2021

06:00	EASY EATS	Captioned		HD	WS	G
	<p><i>Nutritious &amp; Delicious</i></p> <p>In this episode of Easy Eats, everything is gorgeous and guilt-free. Dishes like Lamb Stir Fry, Veggie Strudel, and Sweet Corn Soup are low in fat but high in flavour. There's even a low fat version of Hummingbird Cake which is perfect for those watching their waistline.</p>					
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA
	<p>Join the Weekend Today team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.</p>					
10:00	SPORTS SUNDAY	Captioned	Live	HD	WS	PG
	<p>Featuring Australia's leading sports personalities, Sports Sunday presents a frank and open debate about all the issues in the week of sport, with the promise of heated opinion and a few laughs along the way.</p>					
11:00	SUNDAY FOOTY SHOW	Captioned	Live	HD	WS	PG
	<p>Join hosts Peter Sterling, Erin Molan and Brad Fittler, with regular special guests to discuss all things NRL.</p>					
13:00	WOMEN'S FOOTY	Captioned		HD	WS	PG
	<p>Join Bianca Chatfield for the 5th Season of Women's Footy for the latest news, opinion and analysis from in and around the AFLW - Each week, a raft of the AFLW's biggest names will join the show to discuss the weekend's action.</p>					
14:00	DAVID ATTENBOROUGH'S DYNASTIES	Captioned	Repeat	HD	WS	PG
	<p><i>The Making of Dynasties</i></p> <p>Follow five of the world's most celebrated, yet endangered animals: penguins, chimpanzees, lions, painted wolves and tigers, as they fight for their own survival and for the future of their dynasties.</p> <p>Cons.Advice: Distressing Scenes</p>					
15:00	LIVE: NRL SUNDAY FOOTY	Captioned	Live	HD	WS	NA
	<p><i>Raiders v Tigers</i></p> <p>Wide World of Sports presents Canberra Raiders v Wests Tigers live from GIO Stadium, Canberra. Join our expert commentary team for all that action from kick-off to the final siren. Kick-off at 4:05PM AEDT.</p>					

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## Sydney Program Guide



# Sydney Program Guide

Sun Mar 14, 2021

18:00	NINE NEWS SUNDAY	Captioned	Live	HD	WS	NA
	Join the Nine News team as they bring you the latest in news, sport and weather.					
19:00	MARRIED AT FIRST SIGHT	Captioned		HD	WS	PG
	Shock departures at the Commitment Ceremony see some favourites say goodbye. Cons.Advice: Sexual References, Mild Coarse Language					
20:40	60 MINUTES	Captioned		HD	WS	NA
	60 Minutes is Australia's leading current affairs programme, with a proven record of excellence over four decades. Join television's top reporters as they investigate, analyse and uncover the issues affecting all Australians.					
21:40	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
22:10	AUSTRALIAN CRIME STORIES	Captioned	Repeat	HD	WS	M
	<i>The X Factor</i> The 'Lawyer X' saga sparked a Royal Commission. Nicola Gobbo was the barrister who played on both sides of the law, two-timing the cops and the drug lords for fifteen years. We go behind the headlines to tell a tale of sex, power, corruption and gangland crime, and we reveal Gobbo's connection to two of Victoria's most high-profile murder cases. Cons.Advice: References to Violence					
23:20	FORENSICS: THE REAL CSI	Captioned	Repeat	HD	WS	M
	The forensics team must identify a gunman from evidence left at a shooting scene and determine the cause of death of a body found under suspicious circumstances. Cons.Advice: References to Violence, Themes					
00:30	YOUNG, DUMB AND BANGED UP IN THE SUN	Captioned		HD	WS	MA
	<i>Episode 5</i> Some did not understand the laws. Some are imprisoned for crimes they did not commit. Others are just guilty. Revealing the harrowing real-life accounts of young Brits falling foul of the law in foreign lands. Cons.Advice: Themes, Some Violence, Some Coarse Language, Drug Use					
01:30	TV SHOP - HOME SHOPPING			HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING			HD	WS	G
	Home shopping programme.					
02:30	TV SHOP - HOME SHOPPING			HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING			HD	WS	G
	Home shopping programme.					

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<b>03:30</b>	TV SHOP - HOME SHOPPING			HD	WS	G
	Home shopping programme.					
<b>04:00</b>	TAKE TWO			HD	WS	G
	Home Shopping programme.					
<b>04:30</b>	TAKE TWO			HD	WS	G
	Home Shopping programme.					
<b>05:00</b>	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
<b>05:30</b>	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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## Sydney Program Guide



## Sydney Program Guide

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<b>06:00</b>	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
<b>09:00</b>	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
<b>11:30</b>	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport, finance and weather.					
<b>12:00</b>	ELLEN	Captioned		HD	WS	PG
	Join Ellen DeGeneres for more laughter, unparalleled generosity, and a daily dose of happy, coupled with a star-studded roster of guests. Joining the show today is Mila Kunis.					
<b>13:00</b>	EXPLORE	Captioned	Repeat	HD	WS	G
	<i>Well Bread</i> Explore TV takes you around the world to places you'll never forget.					
<b>13:15</b>	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	PG
	Shock departures at the Commitment Ceremony see some favourites say goodbye. Cons.Advice: Sexual References, Mild Coarse Language					
<b>15:00</b>	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
<b>16:00</b>	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
<b>17:00</b>	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	Hosted by Tracy Grimshaw, A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	M
	A surprise day trip lands the brides and grooms in the middle of a MAFS first. Cons.Advice: Themes, Mild Coarse Language					
21:10	UNDER INVESTIGATION	Captioned		HD	WS	PG
	<i>Putin's Poison</i> Russian President Vladimir Putin has unleashed chemical warfare on his opponents, poisoning them with a toxin so deadly a teaspoon could kill an entire town. Our panel reveals evidence that marks him as a terrorist who puts whole communities at risk in his quest for absolute power. Cons.Advice: Themes					
22:10	100% FOOTY	Captioned		HD	WS	M
	Phil Gould, Paul Gallen, James Bracey & more debate the biggest issues in Rugby League alongside the games most influential figures.					
23:10	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
23:40	THE FIRST 48	Captioned		HD	WS	M
	<i>10th Anniversary Special</i> Detectives from Tennessee, Minnesota and Florida recall the crimes that proved to be the most challenging cases of their careers. Cons.Advice: Mature Themes, Some Violence					
01:20	EXPLORE	Captioned	Repeat	HD	WS	G
	<i>Medieval Mile</i> Explore TV takes you around the world to places you'll never forget.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	GLOBAL SHOP			HD	WS	G
	<i>Scratch Solution</i> Home shopping programme.					

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<b>03:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>03:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>04:00</b>	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					
<b>04:30</b>	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					
<b>05:00</b>	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
<b>05:30</b>	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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## Sydney Program Guide



## Sydney Program Guide

Tue Mar 16, 2021

<b>06:00</b>	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
<b>09:00</b>	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
<b>11:30</b>	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport, finance and weather.					
<b>12:00</b>	ELLEN	Captioned		HD	WS	PG
	Join Ellen DeGeneres as she hosts a unique mix of celebrity interviews, chart-topping and up-and-coming musical performances, audience participation games and segments spotlighting real life stories and amazing talents.					
<b>13:00</b>	THE GARDEN GURUS	Captioned	Repeat	HD	WS	G
	In this week's episode, Trevor highlights the different varieties of figs you can grow in your backyard, Sue shows you how to fix your hydrophobic soils, and Nigel shares an eco-friendly way to keep your lawn looking great year-round.					
<b>13:30</b>	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	M
	A surprise day trip lands the brides and grooms in the middle of a MAFS first. Cons.Advice: Themes, Mild Coarse Language					
<b>15:00</b>	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
<b>16:00</b>	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
<b>17:00</b>	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	Hosted by Tracy Grimshaw, A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	M
	The shake up with the experiment continues with another twist. Cons.Advice: Sexual References, Some Coarse Language					
21:10	BOTCHED	Captioned		HD	WS	M
	<i>Flaws, Jaws, And Extra Bras</i> A three-breasted woman wants the perfect pair; working to correct a car accident victim's mangled nose; a 27-year-old LA socialite with jacked up jowls wants a facelift. Cons.Advice: Medical Procedures, Nudity, Themes					
22:10	AUSTRALIAN SCANDAL	Captioned		HD	WS	M
	<i>Power and Passion</i> Tonight, on Australian Scandal, how the rich and powerful came unstuck. From dodgy polities to millionaires on the run. Finally, the truth can be told. Featuring Christopher Skase, Salim Mehajer, Craig Thomson and Belinda Neal. Cons.Advice: Some Coarse Language, Sexual References, Drug References					
23:10	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
23:40	LABOUR OF LOVE	Captioned		HD	WS	PG
	<i>Some Like It Extra Hot</i> Kristy and the remaining men participate in a game night; one man's dreams are crushed. Cons.Advice: Some Coarse Language					
00:30	OUR LIVES: EXTRAORDINARY PEOPLE	Captioned	Repeat	HD	WS	PG
	<i>The Solar Boys</i> Extraordinary Coma Boys- follows the life of two brothers from a small village in Pakistan that have a bizarre condition which means that when the sun goes down they slip into a catatonic state. Cons.Advice: Themes					
01:20	EXPLORE	Captioned		HD	WS	G
	<i>Dingle Cookery School</i> Explore TV takes you around the world to places you'll never forget.					

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<b>01:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>02:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>02:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>03:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>03:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>04:00</b>	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					
<b>04:30</b>	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					
<b>05:00</b>	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
<b>05:30</b>	TODAY	Captioned	Live	HD	WS	NA
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<b>09:00</b>	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
<b>11:30</b>	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport, finance and weather.					
<b>12:00</b>	ELLEN	Captioned		HD	WS	PG
	Join Ellen DeGeneres as she hosts a unique mix of celebrity interviews, chart-topping and up-and-coming musical performances, audience participation games and segments spotlighting real life stories and amazing talents.					
<b>13:00</b>	9HONEY - HE SAID, SHE SAID	Captioned		HD		PG
	<i>Do Women Use Men As Their Meal Ticket?</i> Ben Fordham and Shelly Horton debate awards for men and awards for women.					
<b>13:10</b>	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	M
	The shake up with the experiment continues with another twist. Cons.Advice: Sexual References, Some Coarse Language					
<b>15:00</b>	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
<b>16:00</b>	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
<b>17:00</b>	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	Hosted by Tracy Grimshaw, A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	M
	A shock arrival at the Dinner Party stirs up the evening. Cons.Advice: Some Coarse Language, Sexual References					
21:00	AMAZING GRACE	Captioned		HD	WS	M
	Grace and Kirk struggle to deal with Sophia's adoption plans. Meanwhile, Grace sees a surprising new side to Max when they attend a chaotic home birth.  Starring: Kate Jenkinson, Sigrid Thornton, Alex Dimitriades Cons.Advice: Themes					
22:00	NEW AMSTERDAM	Captioned		HD	WS	M
	<i>Safe Enough</i> After becoming the medical director of one of the United States's oldest public hospitals, Dr Max Godwin sets out to reform the institution's neglected and outdated facilities to treat the patients. Starring: Ryan Eggold, Freema Agyeman, Janet Montgomery					
23:00	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
23:30	THE ENEMY WITHIN	Captioned	Repeat	HD	WS	M
	<i>Pilot</i> Former CIA agent Erica Shepherd, one of the most notorious traitors in US history, is brought out of a federal Supermax prison by FBI agent Will Keaton to help track down the criminal who is behind a coordinated attack on three cities. Starring: Jennifer Carpenter, Morris Chestnut, Raza Jaffrey Cons.Advice: Strong Violence, Themes					
00:20	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:20	9HONEY - HE SAID, SHE SAID	Captioned		HD		PG
	<i>Has Covid Changed Our Dress Code?</i> Ben Fordham and Shelly Horton debate whether the office suit is dead?					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	GLOBAL SHOP			HD	WS	G
	<i>Bissell Crosswave Max</i> Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
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05:30	TODAY	Captioned	Live	HD	WS	NA
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	Join Nine's Morning News with up to the minute news on local and international news including sport, finance and weather.					
<b>12:00</b>	ELLEN	Captioned		HD	WS	PG
	Join Ellen DeGeneres as she hosts a unique mix of celebrity interviews, chart-topping and up-and-coming musical performances, audience participation games and segments spotlighting real life stories and amazing talents.					
<b>13:00</b>	GETAWAY	Captioned	Repeat	HD	WS	PG
	This week on Getaway, family friendly Iririki Island Resort in Vanuatu, heading to country NSW to check out the food bowl of Orange plus a dolphin kayak in Adelaide.					
<b>13:30</b>	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	M
	A shock arrival at the Dinner Party stirs up the evening. Cons.Advice: Some Coarse Language, Sexual References					
<b>15:00</b>	TIPPING POINT	Captioned		HD	WS	PG
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	Hosted by Tracy Grimshaw, A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
19:30	LIVE: NRL THURSDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA
	<i>Eels v Storm</i> Wide World of Sports presents Parramatta Eels v Melbourne Storm live from Bankwest Stadium, Sydney. Join our expert commentary team for all that action from kick-off to the final siren. Kick-off at 8:05PM AEDT.					
21:55	LIVE: THURSDAY NIGHT KNOCK OFF	Captioned	Live	HD	WS	NA
	<i>Eels v Storm</i> Join the Wide World of Sports team for the all the post-match NRL news and analysis.					
22:40	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
23:10	MANIFEST	Captioned		HD	WS	M
	<i>False Horizon</i> The Stones struggle to unlock their mysterious wave of frightening 828 callings while the person who may be key to solving them is trapped behind bars; a shocking incident leads Grace to suspect a local mom is in danger. Starring: Melissa Roxburgh, Josh Dallas, Athena Karkanis Cons.Advice: Mature Themes, Some Violence, Drug References					
00:00	LAW & ORDER: CRIMINAL INTENT	Captioned	Repeat	HD	WS	M
	<i>Cherry Red</i> An elderly woman who dies in a fire leaves part of her estate to a young woman who is subsequently murdered. Starring: Kathryn Erbe, Vincent D'Onofrio, Jamey Sheridan Cons.Advice: Adult Themes, Some Violence					
01:00	A CURRENT AFFAIR	Captioned		HD	WS	NA
	Hosted by Tracy Grimshaw, A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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## Sydney Program Guide



## Sydney Program Guide

Thu Mar 18, 2021

<b>02:30</b>	GLOBAL SHOP			HD	WS	G
	<i>Scratch Solution</i> Home shopping programme.					
<b>03:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>03:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>04:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>04:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>05:00</b>	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
<b>05:30</b>	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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## Sydney Program Guide



# Sydney Program Guide

Fri Mar 19, 2021

<b>06:00</b>	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
<b>09:00</b>	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
<b>11:30</b>	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport, finance and weather.					
<b>12:00</b>	ELLEN	Captioned		HD	WS	PG
	Join Ellen DeGeneres as she hosts a unique mix of celebrity interviews, chart-topping and up-and-coming musical performances, audience participation games and segments spotlighting real life stories and amazing talents.					
<b>13:00</b>	AMAZING GRACE	Captioned	Repeat	HD	WS	M
	Grace and Kirk struggle to deal with Sophia's adoption plans. Meanwhile, Grace sees a surprising new side to Max when they attend a chaotic home birth.					
	Starring: Kate Jenkinson, Sigrid Thornton, Alex Dimitriades Cons.Advice: Themes					
<b>14:00</b>	DESPERATE HOUSEWIVES	Captioned		HD	WS	M
	<i>Sunday</i>					
	Katherine is unable to keep some of her secrets; Susan's young, attractive cousin reveals more than expected; a surprise wedding ceremony has its share of secrets. Starring: Teri Hatcher, Felicity Huffman, Marcia Cross Cons.Advice: Adult Themes, Sexual References, Drug References					
<b>15:00</b>	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
<b>16:00</b>	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
<b>17:00</b>	MILLIONAIRE HOT SEAT	Captioned	Repeat	HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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## Sydney Program Guide



# Sydney Program Guide

Fri Mar 19, 2021

<b>18:00</b>	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
<b>19:00</b>	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	Hosted by Tracy Grimshaw, A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
<b>19:30</b>	LIVE: NRL FRIDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA
	<i>Titans v Broncos</i> Wide World of Sports presents Gold Coast Titans v Brisbane Broncos live from Cbus Super Stadium, Gold Coast. Join our expert commentary team for all that action from kick-off to the final siren. Kick-off at 8:05PM AEDT.					
<b>21:55</b>	LIVE: GOLDEN POINT	Captioned	Live	HD	WS	NA
	<i>Titans v Broncos</i> Join the Wide World of Sports team for the all the post-match NRL news and analysis.					
<b>22:40</b>	CRIMINAL 2016	Captioned	Repeat	HD	WS	MA
	<i>Criminal</i> In a last-ditch effort to stop a diabolical plot, a dead CIA operative's memories, secrets, and skills are implanted into a death-row inmate in hopes that he will complete the operative's mission. Starring: Kevin Costner, Tommy Lee Jones, Gary Oldman, Gal Gadot, Ryan Reynolds Cons.Advice: Strong Violence, Very Coarse Language					
<b>00:40</b>	NEW AMSTERDAM	Captioned	Repeat	HD	WS	M
	<i>What The Heart Wants</i> Sharpe lands in hot water when she goes out on a limb for a patient; Max's grief comes to a head; Bloom takes a major step in her recovery. Starring: Ryan Eggold, Janet Montgomery, Freema Agyeman Cons.Advice: Adult Themes, Drug References, Medical Procedures					
<b>01:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>02:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>02:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>03:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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## Sydney Program Guide



## Sydney Program Guide

Fri Mar 19, 2021

<b>03:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>04:00</b>	GLOBAL SHOP			HD	WS	G
	<i>Bissell Revolution Pet</i> Home shopping programme.					
<b>04:30</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>05:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>05:30</b>	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	Hosted by Tracy Grimshaw, A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					

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## Sydney Program Guide



Sat Mar 20, 2021

06:00	EASY EATS	Captioned		HD	WS	G
	<p><i>Picnic Fare</i></p> <p>In this episode of Easy Eats, we've got all the ingredients for a perfect picnic. Pack your esky with a variety of sandwiches and gourmet goodies like Chicken Rice Paper Rolls, Chilli Olives, and Sesame Chicken Balls. Then after some sweet treats like Ginger Snap Biscuits or Custard and Blueberry Tarts, you'll be ready for a doze in the sun.</p>					
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA
	<p>Join the Weekend Today team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.</p>					
10:00	TODAY EXTRA - SATURDAY	Captioned		HD	WS	PG
	<p>Join the team for the best of TODAY EXTRA – an exciting mix of highlights from the week in review. Includes the best celebrity interviews, cooking with Australia's top chefs, the latest in fashion &amp; more.</p>					
12:00	AWARD WINNING TASMANIA	Captioned	Repeat	HD	WS	G
	<p><i>Wynard</i></p> <p>Henry Terry and Scott Rankin continue their Tassie road trip and start off at the Wonders of Wynyard antique car museum. They then get close up with a living dinosaur the critically endangered Giant Freshwater Lobster and finish up in a luxury apartment overlooking Penguin Beach.</p>					
12:30	DESTINATION WA	Captioned		HD	WS	PG
	<p>In this week's episode, Chrissy discovers some stunning, locally made jewellery in Geraldton, Carmen goes abseiling at Statham's Quarry in Kalamunda and Nikki grabs an ice-cold beer at Cowaramup Brewing Co. on her way down south.</p>					
13:00	MY WAY	Captioned		HD	WS	PG
	<p>Meet the brothers who partnered with Steven Bradbury to launch a beer to honour their father and mentor, the two North Queensland mates inspiring people to get Back2Basics, and the Gold Coast surf coach making sure EVERY child gets a go.</p>					
13:30	SABRINA 1995	Captioned	Repeat	HD	WS	G
	<p><i>Sabrina</i></p> <p>An ugly duckling having undergone a remarkable change, still harbours feelings for her crush: a carefree playboy, but not before his business-focused brother has something to say about it.</p> <p>Starring: Harrison Ford, Julia Ormond, Greg Kinnear</p>					
16:00	THE PET RESCUERS	Captioned		HD	WS	PG
	<p>Gemma's Staffy Slab drops the 'F bomb' in the clinic and it's every woman for themselves. Just when Daisy thought her life was on the mend, she meets a sheepdog that's intent on killing her with kindness.</p>					
16:30	THE GARDEN GURUS	Captioned		HD	WS	G
	<p>This week on The Garden Gurus, Neville shows you how to improve your soil and, in turn, your plants health. Sue highlights her favourite dwarf vegetables, and Nigel shares his tips and tricks for getting the best out of your roses.</p>					
17:00	NINE NEWS: FIRST AT FIVE	Captioned	Live	HD	WS	NA
	<p>See it first with Nine News; join the team for all the latest in news, sport and weather.</p>					
17:30	GETAWAY	Captioned		HD	WS	PG
	<p>This week on Getaway, we are touring around this great country we call home. From South Australia's cosmopolitan capital and spectacular Flinders Ranges, up north to El Questro in the Kimberley before finishing up on Tassie's glorious Gordon River.</p>					

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## Sydney Program Guide



Sat Mar 20, 2021

18:00	NINE NEWS SATURDAY	Captioned	Live	HD	WS	NA	
	Join the Nine News team as they bring you all the latest in news; sport and weather.						
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA	
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.						
19:30	SPACE INVADERS	Captioned		HD	WS	PG	
	Across Australia families are battling a clutter crisis and desperately need an intervention. Declutter guru Peter Walsh, renovation queen Cherie Barber and treasure hunter Lucas Callaghan transform peoples' homes and lives.						
20:30	THE BOURNE SUPREMACY	2004	Captioned	Repeat	HD	WS	M
	<p><i>The Bourne Supremacy</i></p> <p>When Jason Bourne is framed for a CIA operation gone awry, he is forced to resume his former life as a trained assassin to survive.</p> <p>Starring: Matt Damon, Franka Potente, Joan Allen</p> <p>Cons.Advice: Some Violence, Some Coarse Language</p>						
22:40	MICHAEL CLAYTON	2007	Captioned	Repeat	HD	WS	MA
	<p><i>Michael Clayton</i></p> <p>A burnt-out corporate lawyer who has built his career on cleaning up other people's messes faces his biggest challenge yet when a guilt-ridden colleague threatens the settlement of a multimillion-dollar case.</p> <p>Starring: George Clooney, Tilda Swinton, Tom Wilkinson, Sydney Pollack</p> <p>Cons.Advice: Very Coarse Language, Sexual References</p>						
01:00	AUSTRALIA'S TOP TEN OF EVERYTHING	Captioned		HD	WS	M	
	<p><i>TV Hosts</i></p> <p>After delving deeper into the archives, join us for more laughs and fun as we bring you new must-see countdowns featuring Jokers and Jesters, TV Hosts, Provocative Pollies along with world class performers and entertainers we know and love.</p> <p>Cons.Advice: Sexual References, Some Violence</p>						
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G	
	Home shopping programme.						

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## Sydney Program Guide



## Sydney Program Guide

Sat Mar 20, 2021

<b>04:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>04:30</b>	GLOBAL SHOP			HD	WS	G
	Home shopping programme.					
<b>05:00</b>	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
<b>05:30</b>	WESLEY IMPACT	Captioned	Repeat	HD	WS	G
	<i>The Man of Galilee: Life and Religion</i> Episode six in this six part series looks at the cross section of life and religion, and asks what makes Jesus, and Christianity, different to other world religions?					



## Sydney Program Guide