

06:00	FISHING AUSTRALIA	Captioned	Repeat	HD	WS	G		
	The Keppel islands, Great Barrier Reef, QLD							
	Rob fishes the Great Barrier Reef around the Keppel Islands and finds out more about how zoning helps to keep the reef healthy and sustainable.							
06:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA		
	A Current Affair covers the realms of politics, crime, human rig entertainment - all investigated by a dedicated team.	hts, science, teo	chnology, celeb	prities an	id			
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA		
	Join the Weekend Today team as they bring you the latest in r health and lifestyle.	news, sport, wea	ather, politics, e	entertain	ment, fa	shion,		
10:00	WIDE WORLD OF SPORTS	Captioned	Live	HD	WS	PG		
	Australia's sporting heroes & stars debate all the juicy topics in a unique & in depth style you've come to love over the 50 years of Wide World of Sports. Plus scores, overnight results, live guests & special features. Hosted by Roz Kelly.							
11:00	BUILDING ICONS	Captioned		HD	WS	G		
	Public Places							
	Public places – the great squares, the monuments, the parks and those buildings of great cultural significance – help define how a city sees itself.							
12:00	DAVID ATTENBOROUGH'S A PERFECT PLANET	Captioned	Repeat	HD	WS	PG		
	Oceans							
	There are not five separate oceans, but one; its waters linked by powerful forces that keep them on the move.							
13:00	UNDISPUTED	Captioned		HD	WS	PG		
	Undisputed					•		
	Delve into the triumphs and challenges experienced by the Panthers as they work together to achieve an historic three-peat of NRL Premierships. Featuring in-depth interviews from players, coaches and families as well as never before seen footage from inside the coaches box, dressing rooms and medical appointments.							
	Cons.Advice: Some Coarse Language							
15:00	LIVE: NRL SUNDAY FOOTY - VEGAS PRE SHOW			HD	WS	NA		
	Roosters v Broncos							
	For the first time ever, the NRL Premiership will kickoff on American soil at Allegiant Stadium, Las Vegas USA. Wide World of Sports presents Sunday Footy LIVE Roosters v Broncos. Join our expert commentary team for all the action, analysis and post match interviews. Kick off at 3:30PM AEDT.							
15:30	LIVE: NRL SUNDAY FOOTY - VEGAS			HD	WS	NA		
	Roosters v Broncos					-		
	For the first time ever, the NRL Premiership will kickoff on American soil at Allegiant Stadium, Las Vegas USA. Wide World of Sports presents Sunday Footy Live - Roosters v Broncos. Join our expert commentary team for all the action, analysis and post match interviews. Kick off at 3:30PM AEDT.							



17:30	LIVE: NRL SUNDAY FOOTY - VEGAS POST SHOW			HD	WS	NA			
	Post Show								
	Join the Wide World of Sports team for the all the post-match news and analysis of the NRL Premiership kicking off for the first time on American soil in Las Vegas.								



18:00	9NEWS - SUNDAY	Captioned	Live	HD	WS	NA			
	Join the 9News team as they bring you the latest in news,	sport and weather.							
19:00	MARRIED AT FIRST SIGHT	Captioned		HD	WS	PG			
	Commitment Ceremony. The experts deliver some home t shock admission.	ruths to one controv	ersial husband	and one	e wife m	akes			
	Cons.Advice: Some Coarse Language, Sexual References	S							
20:30	60 MINUTES	Captioned		HD	WS	NA			
	60 Minutes is Australia's leading current affairs programme Join television's top reporters as they investigate, analyse					ades.			
21:30	9NEWS LATE	Captioned	Live	HD	WS	NA			
	Join the 9News Late team for all of today's top stories from Australia and around the world.								
22:00	ТВА	Captioned		HD	WS	G			
	Information To Follow.								
23:00	THE FIRST 48	Captioned	Repeat	HD	WS	М			
	Deadly Secrets & True Lies								
	Detectives investigate the double murder of two family men in Minneapolis, urging a witness to come clean; in Tulsa, Okla., a young woman is found dead in a dumpster after she discovers the fate of her fiancé.								
	Tulsa, Okla., a young woman is found dead in a dumpster								
	Tulsa, Okla., a young woman is found dead in a dumpster Cons.Advice: Adult Themes, Some Coarse Language								
23:50					WS	М			
23:50	Cons.Advice: Adult Themes, Some Coarse Language	after she discovers	the fate of her	fiancé.	WS	М			
23:50	Cons.Advice: Adult Themes, Some Coarse Language FAMILY LAW	after she discovers	Repeat	fiancé. HD ner ex-hu	_	1			
23:50	Cons.Advice: Adult Themes, Some Coarse Language FAMILY LAW <i>Wicked Games</i> Separated from her kids, Abby throws herself into helping	after she discovers	Repeat	fiancé. HD ner ex-hu	_	1			
23:50	Cons.Advice: Adult Themes, Some Coarse Language FAMILY LAW <i>Wicked Games</i> Separated from her kids, Abby throws herself into helping criminally harassing her. But she and Daniel begin to susp	after she discovers	Repeat	fiancé. HD ner ex-hu	_	1			
	Cons.Advice: Adult Themes, Some Coarse Language FAMILY LAW Wicked Games Separated from her kids, Abby throws herself into helping criminally harassing her. But she and Daniel begin to susp Starring: Jewel Staite, Zach Smadu, Genelle Williams	after she discovers	Repeat	fiancé. HD ner ex-hu	_	1			
23:50	Cons.Advice: Adult Themes, Some Coarse Language FAMILY LAW Wicked Games Separated from her kids, Abby throws herself into helping criminally harassing her. But she and Daniel begin to susp Starring: Jewel Staite, Zach Smadu, Genelle Williams Cons.Advice: Adult Themes, Sexual References	after she discovers	the fate of her Repeat o claims that I	fiancé. HD her ex-hu self.	isband i	s			
	Cons.Advice: Adult Themes, Some Coarse Language FAMILY LAW Wicked Games Separated from her kids, Abby throws herself into helping criminally harassing her. But she and Daniel begin to susp Starring: Jewel Staite, Zach Smadu, Genelle Williams Cons.Advice: Adult Themes, Sexual References BUILDING ICONS	after she discovers a Captioned	Repeat Repeat o claims that I ng it all to hers Repeat	HD HD her ex-hu self. HD	usband i WS	s			
	Cons.Advice: Adult Themes, Some Coarse Language FAMILY LAW Wicked Games Separated from her kids, Abby throws herself into helping criminally harassing her. But she and Daniel begin to susp Starring: Jewel Staite, Zach Smadu, Genelle Williams Cons.Advice: Adult Themes, Sexual References BUILDING ICONS Public Places Public places – the great squares, the monuments, the part	after she discovers a Captioned	Repeat Repeat o claims that I ng it all to hers Repeat	HD HD her ex-hu self. HD	usband i WS	s			
00:40	Cons.Advice: Adult Themes, Some Coarse Language FAMILY LAW Wicked Games Separated from her kids, Abby throws herself into helping criminally harassing her. But she and Daniel begin to susp Starring: Jewel Staite, Zach Smadu, Genelle Williams Cons.Advice: Adult Themes, Sexual References BUILDING ICONS Public Places Public places – the great squares, the monuments, the part define how a city sees itself.	after she discovers	the fate of her Repeat o claims that I ng it all to hers Repeat	HD HD her ex-hu self. HD	ws	s G e – he			
00:40	Cons.Advice: Adult Themes, Some Coarse Language FAMILY LAW Wicked Games Separated from her kids, Abby throws herself into helping criminally harassing her. But she and Daniel begin to susp Starring: Jewel Staite, Zach Smadu, Genelle Williams Cons.Advice: Adult Themes, Sexual References BUILDING ICONS Public Places Public places – the great squares, the monuments, the part define how a city sees itself. WORLD'S GREATEST ISLANDS	after she discovers a Captioned Jessie, a woman wh ect their client is doin Captioned rks and those buildin Captioned ed. While rich volcan	the fate of her Repeat o claims that I ng it all to hers Repeat gs of great cu Repeat	HD HD HD HD HD Itural sig HD	WS mificanc	s G e – he PG			
00:40	Cons.Advice: Adult Themes, Some Coarse Language FAMILY LAW Wicked Games Separated from her kids, Abby throws herself into helping or criminally harassing her. But she and Daniel begin to susp Starring: Jewel Staite, Zach Smadu, Genelle Williams Cons.Advice: Adult Themes, Sexual References BUILDING ICONS Public Places Public places – the great squares, the monuments, the part define how a city sees itself. WORLD'S GREATEST ISLANDS Volcanic Islands These volcanic island paradises are not for the faint hearter	after she discovers a Captioned Jessie, a woman wh ect their client is doin Captioned rks and those buildin Captioned ed. While rich volcan	the fate of her Repeat o claims that I ng it all to hers Repeat gs of great cu Repeat	HD HD HD HD HD Itural sig HD	WS mificanc	s G e – he PG			
00:40	Cons.Advice: Adult Themes, Some Coarse Language FAMILY LAW Wicked Games Separated from her kids, Abby throws herself into helping or criminally harassing her. But she and Daniel begin to susp Starring: Jewel Staite, Zach Smadu, Genelle Williams Cons.Advice: Adult Themes, Sexual References BUILDING ICONS Public Places Public places – the great squares, the monuments, the part define how a city sees itself. WORLD'S GREATEST ISLANDS Volcanic Islands These volcanic island paradises are not for the faint hearter foot of these formidable natural wonders is perilous and islands	after she discovers a Captioned Jessie, a woman wheet their client is doin Captioned rks and those buildin Captioned ed. While rich volcan land residents must a	the fate of her Repeat o claims that I ng it all to hers Repeat gs of great cu Repeat ic soils provide always remain	HD HD HD HD HD HD HD HD HD HD	ws nificanc WS	s G PG e at th			



03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G		
	Home shopping programme.							
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G		
	Home shopping programme.							
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG		
	Prayer Must Be Based on the Promises of God		-	-				
	The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges.							
	Cons.Advice: Themes							
04:30	BUILDING IDEAS	Captioned		HD	WS	PG		
	Kennett We find go behind the doors of Kennett who have been helping to build SA since 1914. Terry learns about about an easy-to-install sleeper system, we find out the stamp duty relief that is being made available and learn all about Bluescope Truecore.							
05:00	9NEWS EARLY	Captioned	Live	HD	WS	NA		
	Join the 9News early team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.							
05:30	TODAY	Captioned	Live	HD	WS	NA		
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.							



Mon Mar 4, 2024

06:00	TODAY	Captioned	Live	HD	WS	NA		
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs sports, politics, entertainment, fashion, health and lifestyle.							
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG		
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.							
11:30	9NEWS MORNING	Captioned	Live	HD	WS	NA		
	Join 9News for up to the minute news on local and international news including sport and weather.							
12:00	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	PG		
	Commitment Ceremony. The experts deliver some home truths to one controversial husband and one wife makes a shock admission.							
	Cons.Advice: Some Coarse Language, Sexual References							
13:30	GETAWAY	Captioned	Repeat	HD	WS	PG		
	This week on Getaway, it's time for a Highland fling on a historic trails and wilderness journey around Scotland. From the Royal Mile in Edinburgh to the rugged beauty of the Isle of Skye.							
14:00	POINTLESS	Captioned		HD	WS	PG		
	Hosted by Alexander Armstrong. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.							
15:00	TIPPING POINT	Captioned		HD	WS	PG		
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw- dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.							
16:00	9NEWS AFTERNOON	Captioned	Live	HD	WS	NA		
	9News Afternoon, live and local with the latest news across Australia and around the world including sport, and weather.							
17:00	TIPPING POINT AUSTRALIA	Captioned		HD	WS	PG		
	Hosted by Australian tennis legend, Todd Woodbridge, Austra contestants' luck to the very edge. Three contestants will go h one lucky contestant playing for the Jackpot.							



Mon Mar 4, 2024

18:00	9NEWS	Captioned	Live	HD	WS	NA				
	Join 9News for the latest in news and events that affect you in and the world.	your local city,	as well as news	s from a	cross A	ustralia				
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA				
	A Current Affair covers the realms of politics, crime, human rigentertainment - all investigated by a dedicated team. Hosted b			prities an	id	•				
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	М				
	The Retreat. Things heat up on the first day of the annual couples' retreat.									
	Cons.Advice: Some Coarse Language, Sexual References									
21:00	BIG MIRACLES	Captioned		HD	WS	М				
	The most emotionally powerful journey sees a new group of hopefuls determined to start their families through IVF.									
	Cons.Advice: Themes, Medical Procedures									
22:00	9NEWS LATE	Captioned	Live	HD	WS	NA				
	Join the 9News Late team for all of today's top stories from Australia and around the world.									
22:30	LAW & ORDER: ORGANIZED CRIME	Captioned		HD	WS	MA				
	Whipping Post	Whipping Post								
	When Pearl falls mysteriously ill, the task force is dragged back into the corruption of New York's first casino development; Bell tries to keep rumours from swirling when an important decision must be made.									
	Starring: Christopher Meloni, Danielle Mone Truitt, Ainsley Se	iger								
	Cons.Advice: Strong Adult Themes, Strong Violence									
23:20	COURT CAM	Captioned	Repeat	HD	WS	М				
	A shocking courthouse escape goes horribly wrong; a woman collapses after getting convicted of conspiring to kill her husband; an out of control defendant leaves an impression on a court officer with her teeth; and more.									
	Cons.Advice: Some Violence, Some Coarse Language					•				
23:50	TIPPING POINT	Captioned	Repeat	HD	WS	PG				
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw- dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.									
00:50	POINTLESS	Captioned	Repeat	HD	WS	PG				
	Hosted by Alexander Armstrong. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.									
01:50	HELLO SA	Captioned		HD	WS	PG				
	The Bend	•		•						
	The team spend the day in Tailem Bend for a look through The Bend. We find a new restaurant out west specialising in Spanish, Argentinian and Italian food and we find out what it takes to sing underwater at the Adelaide Festival.									
02:20	TALKING HONEY					PG				
	Ageing: Is Age Just a Number?		•							



Mon Mar 4, 2024

02:30	GLOBAL SHOP		Repeat	HD	WS	G		
	BreadSmart by Tupperware							
	Home shopping programme.							
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G		
	Home shopping programme.							
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G		
	Home shopping programme.							
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG		
	How to Build a Prayer of Petition							
	The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges.							
	Cons.Advice: Themes							
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA		
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.							
05:00	9NEWS EARLY	Captioned	Live	HD	WS	NA		
	Join the 9News early team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.							
05:30	TODAY	Captioned	Live	HD	WS	NA		
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.							



Tue Mar 5, 2024

06:00	TODAY	Captioned	Live	HD	WS	NA		
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs sports, politics, entertainment, fashion, health and lifestyle.							
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG		
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.							
11:30	9NEWS MORNING	Captioned	Live	HD	WS	NA		
	Join 9News for up to the minute news on local and international news including sport and weather.							
12:00	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	М		
	The Retreat. Things heat up on the first day of the annual couples' retreat.							
	Cons.Advice: Some Coarse Language, Sexual References							
13:30	KENAN	Captioned		HD	WS	PG		
	The Whole Enchilada	•						
	Kenan has doubts about introducing his secret girlfriend, Janay, to his family.							
	Starring: Kenan Thompson, Chris Redd, Kimrie Lewis							
	Cons.Advice: Some Coarse Language, Themes							
14:00	POINTLESS	Captioned		HD	WS	PG		
	Hosted by Alexander Armstrong. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.							
15:00	TIPPING POINT	Captioned		HD	WS	PG		
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw- dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.							
16:00	9NEWS AFTERNOON	Captioned	Live	HD	WS	NA		
	9News Afternoon, live and local with the latest news across A weather.	ustralia and arou	und the world ir	ncluding	sport, a	nd		
17:00	TIPPING POINT AUSTRALIA	Captioned		HD	WS	PG		
	Hosted by Australian tennis legend, Todd Woodbridge, Austra contestants' luck to the very edge. Three contestants will go h one lucky contestant playing for the Jackpot.							



Tue Mar 5, 2024

18:00	9NEWS	Captioned	Live	HD	WS	NA			
	Join 9News for the latest in news and events that affect you in and the world.	your local city,	as well as news	s from a	cross Au	ustralia			
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA			
	A Current Affair covers the realms of politics, crime, human rig entertainment - all investigated by a dedicated team. Hosted b			rities an	d				
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	М			
	The Retreat. Two wives team up for an intervention to "rescue" another bride on the annual couples' retreat.								
	Cons.Advice: Some Coarse Language, Sexual References								
21:00	THE HUNDRED WITH ANDY LEE	Captioned		HD	WS	М			
	Host Andy Lee is joined in the studio by a panel of Australia's Zoom to explore the fun behind the facts that make us tick as		ans and a 100	regular /	Aussies	via			
	Cons.Advice: Some Coarse Language, Sexual References								
22:00	9NEWS LATE	Captioned	Live	HD	WS	NA			
	Join the 9News Late team for all of today's top stories from Australia and around the world.								
22:30	TRAVEL GUIDES NZ	Captioned	Repeat	HD	WS	М			
	Fiordland Our Travel Guides explore Fiordland in an adventure that takes them to Te Anau, Lake Manapouri and Doubtful Sound. Cons.Advice: Some Coarse Language, Sexual References								
23:30	FAMILY LAW	Captioned		HD	WS	М			
	When the Chip Hits the Fan			<u>,</u> I		<u>,I</u>			
	When a heart attack lands Judge Chip Crombie in hospital and both his wives show up, Abby revels in her nemesis' shame at being exposed as a bigamist – until she discovers that Jeanie, her client and Chip's second wife, might have known he was already married.								
	Starring: Jewel Staite, Zach Smadu, Genelle Williams								
	Cons.Advice: Adult Themes, A Sex Scene	·	1			1			
00:15		Captioned	Repeat	HD	WS	PG			
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw- dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.								
01:10	POINTLESS	Captioned	Repeat	HD	WS	PG			
	Hosted by Alexander Armstrong. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.								
02:05	AUSTRALIA'S TOP TEN OF EVERYTHING	Captioned	Repeat	HD	WS	М			
	Wacky Stand-Ups								
	When it comes to stand-up, each comedian has their own quincraziness and comical schtick that will have you in stitches.	rky style and this	s episode featur	res a bai	rrage of				
	Cons.Advice: Adult Humour								



Tue Mar 5, 2024

03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G			
	Home shopping programme.			-					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G			
	Home shopping programme.								
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG			
	How to Pray a Prayer of Intercession								
	The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges.								
	Cons.Advice: Themes								
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA			
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.								
05:00	9NEWS EARLY	Captioned	Live	HD	WS	NA			
	Join the 9News early team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.								
05:30	TODAY	Captioned	Live	HD	WS	NA			
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs sports, politics, entertainment, fashion, health and lifestyle.								



Wed Mar 6, 2024

06:00	TODAY	Captioned	Live	HD	WS	NA		
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affair sports, politics, entertainment, fashion, health and lifestyle.							
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG		
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.							
11:30	9NEWS MORNING	Captioned	Live	HD	WS	NA		
	Join 9News for up to the minute news on local and international news including sport and weather.							
12:00	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	М		
	The Retreat. Two wives team up for an intervention to "rescue" another bride on the annual couples' retreat.							
	Cons.Advice: Some Coarse Language, Sexual References							
13:30	MY WAY	Captioned	Repeat	HD	WS	G		
	This week on My Way we are getting to know the heroes of the savour a seafood legend, explore a mind-bending mathematic iconic Bee Gees.							
14:00	POINTLESS	Captioned		HD	WS	PG		
	Hosted by Alexander Armstrong. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.							
15:00	TIPPING POINT	Captioned		HD	WS	PG		
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw- dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.							
16:00	9NEWS AFTERNOON	Captioned	Live	HD	WS	NA		
	9News Afternoon, live and local with the latest news across Australia and around the world including sport, and weather.							
17:00	TIPPING POINT AUSTRALIA	Captioned		HD	WS	PG		
	Hosted by Australian tennis legend, Todd Woodbridge, Australia's newest game show Tipping Point will push contestants' luck to the very edge. Three contestants will go head to head against the mesmerising machine with one lucky contestant playing for the Jackpot.							



Wed Mar 6, 2024

18:00	9NEWS	Captioned	Live	HD	WS	NA			
	Join 9News for the latest in news and events that affect you in and the world.	your local city,	as well as news	s from a	cross Ai	ustralia			
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA			
	A Current Affair covers the realms of politics, crime, human rigentertainment - all investigated by a dedicated team. Hosted be			prities an	id	•			
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	М			
	Fallout from the controversial couples' retreat spills over into the Dinner Party with one groom under fire from the group for his behaviour.								
	Cons.Advice: Some Coarse Language, Sexual References								
21:10	UNDER INVESTIGATION	Captioned		HD	WS	MA			
	I am the Law		•	•		-			
	Former WA cop Adrian Moore exploited his authority and the trust vested in police to manipulate, rape, and abuse thirteen women over a decade before being convicted on 87 charges in 2022. Liz Hayes and her team of experts ask how Moore got away with it for so long and examines whether a growing litany of police misconduct cases are isolated horrors, or emblematic of a nationwide crisis amongst those we should trust the most.								
22:10	Cons.Advice: Strong Adult Themes, References to Violence 9NEWS LATE	Captioned	Live	HD	ws	NA			
22.10					113				
	Join the 9News Late team for all of today's top stories from Au	1	na the world.			1			
22:40	SEE NO EVIL	Captioned		HD	WS	MA			
	Making a Killing Michelle Mockbee arrives at work early in order to get ahead on payroll. She is murdered outside her office less than an hour later. The detectives follow the surveillance footage to a closet full of dirty secrets that may have been worth killing for.								
	Cons.Advice: Some Violence, Adult Themes								
23:40	THE EQUALIZER	Captioned	Repeat	HD	ws	м			
		ouptionou	Ropour						
	The Kingdom McCall finds herself in the crosshairs of a foreign government's intelligence agency when her friend Mira, a diplomat's daughter, seeks McCall's help to find her missing brother. Also, Dante faces suspicion from a fellow detective newly tasked by the district attorney to find the vigilante knows as the Equalizer.								
	Starring: Queen Latifah, Tory Kittles, Adam Goldberg								
	Cons.Advice: Some Violence								
00:30	TIPPING POINT	Captioned	Repeat	HD	WS	PG			
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw- dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.								
01:20	POINTLESS	Captioned	Repeat	HD	WS	PG			
	Hosted by Alexander Armstrong. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.								



Wed Mar 6, 2024

02:10	DESTINATION WA	Captioned		HD	WS	твс				
	Destination WA: a lifestyle TV programme dedicated to showcasing the great holiday hotspots, weekend getaways, day trips, and experiences available in WA. This season we celebrate the best of the west, visiting the must-see Perth attractions and take you on the road visiting WA's country races.									
02:35	GLOBAL SHOP		Repeat	HD	WS	G				
	Pocket Hose Copper Bullet	•		-	-					
	Home shopping programme.									
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G				
	Home shopping programme.									
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G				
	Home shopping programme.									
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG				
	Love Is the Motive of Prayer									
	The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges.									
	Cons.Advice: Themes									
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA				
	A Current Affair covers the realms of politics, crime, human rig entertainment - all investigated by a dedicated team. Hosted b		chnology, celeb	rities an	d					
05:00	9NEWS EARLY	Captioned	Live	HD	WS	NA				
	Join the 9News early team first thing for up to date news from sport and weather.	Australia and ar	ound the world	as well	as the la	atest in				
05:30	TODAY	Captioned	Live	HD	WS	NA				
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.									



Thu Mar 7, 2024

06:00	TODAY	Captioned	Live	HD	WS	NA				
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs sports, politics, entertainment, fashion, health and lifestyle.									
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG				
	Join the TODAY EXTRA team for an exciting mix of topical is Australia's top chefs, LIVE music performances, the latest in the second s			vs, cook	ing with					
11:30	9NEWS MORNING	Captioned	Live	HD	WS	NA				
	Join 9News for up to the minute news on local and internation	al news including	g sport and we	ather.						
12:00	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	М				
	Fallout from the controversial couples' retreat spills over into the Dinner Party with one groom under fire from the group for his behaviour.									
	Cons.Advice: Some Coarse Language, Sexual References									
13:45	TALKING HONEY					PG				
	Should More Couples get Post-Nups?									
14:00	POINTLESS	Captioned		HD	WS	PG				
	Hosted by Alexander Armstrong. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.									
15:00	TIPPING POINT	Captioned		HD	WS	PG				
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw- dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.									
16:00	9NEWS AFTERNOON	Captioned	Live	HD	WS	NA				
	9News Afternoon, live and local with the latest news across A weather.	ustralia and arou	ind the world ir	cluding	sport, a	nd				
17:00	TIPPING POINT AUSTRALIA	Captioned		HD	WS	PG				
	Hosted by Australian tennis legend, Todd Woodbridge, Austra contestants' luck to the very edge. Three contestants will go h one lucky contestant playing for the Jackpot.									



Thu Mar 7, 2024

18:00	9NEWS	Captioned	Live	HD	WS	NA				
	Join 9News for the latest in news and events that affect you in and the world.	your local city,	as well as news	s from a	cross Au	ustralia				
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA				
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.									
19:30	LIVE: NRL THURSDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA				
	Knights v Raiders		•		•					
	Wide World of Sports presents Thursday Night footy with Knig Join our expert commentary team for all the action, analysis a									
21:55	LIVE: THURSDAY NIGHT KNOCK OFF	Captioned	Live	HD	WS	NA				
	Knights v Raiders			-						
	Join the Wide World of Sports team for all the post-match NRL news and analysis.									
22:40	9NEWS LATE	Captioned	Live	HD	WS	NA				
	Join the 9News Late team for all of today's top stories from Au	stralia and arou	nd the world.							
23:10	CHICAGO MED	Captioned		HD	WS	MA				
	And Now We Come To The End									
	Will and Hannah clash over a patient in need of a kidney transplant. Crockett is faced with a tough decision when Blake is in surgery. Ethan and Archer treat the son of Med's general counsel. Med's family grows.									
	Starring: Nick Gehlfuss, Marlyne Barrett, S. Epatha Merkerson									
	Cons.Advice: Strong Adult Themes, Medical Procedures, Gor	y Scenes								
00:00	A+E AFTER DARK	Captioned	Repeat	HD	WS	М				
	A patient brought into A&E by police claims to have swallowed drugs, but he refuses to co-operate with staff, putting the NHS under further pressure. A 17-year-old is brought in after breaking his ankle at the skate park.									
	Cons.Advice: Medical Procedures, Some Coarse Language									
01:00	TIPPING POINT	Captioned	Repeat	HD	WS	PG				
	Hosted by Ben Shepherd, four players are pit against a mesm dropping jackpot up for grabs for any player with the skill and machine.									
02:00	GETAWAY	Captioned	Repeat	HD	WS	PG				
	This week on Getaway, it's time for a Highland fling on a histo From the Royal Mile in Edinburgh to the rugged beauty of the		derness journey	/ around	Scotlar	nd.				
02:30	GLOBAL SHOP		Repeat	HD	WS	G				
	Copper Chef Titan Pan									
	Home shopping programme.									
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G				
	Home shopping programme.	•		•		•				



Thu Mar 7, 2024

03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G				
	Home shopping programme.			-						
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG				
	Jesus' Prayer of Petition									
	The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christ worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privil									
	Cons.Advice: Themes									
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA				
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.									
05:00	9NEWS EARLY	Captioned	Live	HD	WS	NA				
	Join the 9News early team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.									
05:30	TODAY	Captioned	Live	HD	WS	NA				
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.									



Fri Mar 8, 2024

06:00	TODAY		Captioned	Live	HD	WS	NA			
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.									
09:00	TODAY EXTRA		Captioned	Live	HD	WS	PG			
	Join the TODAY EXTRA team for an exciting mix of to Australia's top chefs, LIVE music performances, the la				ws, cook	ing with	1			
11:30	9NEWS MORNING		Captioned	Live	HD	WS	NA			
	Join 9News for up to the minute news on local and int	ternationa	l news including	g sport and we	ather.		-			
12:00	PLANNING ON FOREVER 2	2022	Captioned	Repeat	HD	WS	G			
	Planning on Forever				•	•	4			
	Emma is an events planner who doesn't have time for Emma agrees to step in and plan it herself with the he ago.									
	Starring: Emily Tennant, Alec Santos, Jocelyn Gauthi	er								
14:00	POINTLESS		Captioned		HD	WS	PG			
	Hosted by Alexander Armstrong. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.									
15:00	TIPPING POINT		Captioned		HD	WS	PG			
	Ben Shephard is back to host a brand-new series of Tipping Point, the thrilling quiz that sees four players take on ar extraordinary machine. Mystery prizes, game changing Double Counters and a £10,000 jackpot are all up for grabs for any player who can see off their human rivals and master the machine.									
16:00	9NEWS AFTERNOON		Captioned	Live	HD	WS	NA			
	9News Afternoon, live and local with the latest news a weather.	across Au	stralia and arou	nd the world ir	ncluding	sport, a	nd			
17:00	TIPPING POINT AUSTRALIA		Captioned		HD	WS	PG			
	Hosted by Australian tennis legend, Todd Woodbridge contestants' luck to the very edge. Three contestants one lucky contestant playing for the Jackpot.									



Fri Mar 8, 2024

18:00	9NEWS		Captioned	Live	HD	WS	NA			
	Join 9News for the latest in news and events that a and the world.	affect you in	your local city, a	as well as news	s from ac	cross Au	ustralia			
19:00	A CURRENT AFFAIR		Captioned	Live	HD	WS	NA			
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.									
19:30	LIVE: NRL FRIDAY NIGHT FOOTY		Captioned	Live	HD	WS	NA			
	Storm v Panthers									
	Wide World of Sports presents Friday Night footy w commentary team for all the action, analysis and p					ur exper	t			
21:55	LIVE: GOLDEN POINT		Captioned	Live	HD	WS	NA			
	Storm v Panthers									
	Join the Wide World of Sports team for the all the	post-match N	NRL news and a	analysis.						
22:45	LETHAL WEAPON	1987	Captioned	Repeat	HD	WS	М			
	Lethal Weapon									
	Riggs is an eccentric L.A. cop with suicidal tendencies and Murtaugh is the unlucky police officer with whom Riggs is assigned. Together they uncover a huge drug-smuggling operation, and as their success rate grows so does their friendship.									
	Starring: Mel Gibson, Danny Glover, Gary Busey									
	Cons.Advice: Strong Violence, Frequent Coarse La	anguage, Dr	ug Use							
01:00	TIPPING POINT		Captioned	Repeat	HD	WS	PG			
	Ben Shephard is back to host a brand-new series extraordinary machine. Mystery prizes, game char for any player who can see off their human rivals a	nging Double	Counters and a							
02:00	POINTLESS		Captioned	Repeat	HD	WS	PG			
	Hosted by Alexander Armstrong. In each episode f answers to four rounds of general knowledge ques cash jackpot.									
03:00	TV SHOP - HOME SHOPPING			Repeat	HD	WS	G			
	Home shopping programme.				•					
03:30	TV SHOP - HOME SHOPPING			Repeat	HD	WS	G			
	Home shopping programme.									
04:00	POSTCARDS		Captioned	Repeat	HD	WS	PG			
	We check out the blockbuster and free Triennial ex Ballarat. We venture north for a taste of the Gold C									
04:30	GLOBAL SHOP			Repeat	HD	WS	G			
	Copper Chef Titan Pan					-				



Fri Mar 8, 2024

05:00	TV SHOP - HOME SHOPPING	Repeat	HD	WS	G
	Home shopping programme.				
05:30	SKIPPY - THE BUSH KANGAROO	Repeat			G
	View Matt				
	Classic Australian series starring Ed Deveraux and Tony Bonne doctor to re-marry, and answers a woman's lonely hearts news			vice fron	n his



Sat Mar 9, 2024

06:00	HELLO SA	Captioned	Repeat	HD	WS	PG			
	The Bend	•							
	The team spend the day in Tailem Bend for a look through specialising in Spanish, Argentinian and Italian food and w Festival.					delaide			
06:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA			
	A Current Affair covers the realms of politics, crime, huma entertainment - all investigated by a dedicated team. Host		chnology, celeb	prities an	d				
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA			
	Join the Weekend Today team as they bring you the lates health and lifestyle.	t in news, sport, wea	ither, politics, e	ntertainr	nent, fa	shion,			
10:00	TODAY EXTRA - SATURDAY	Captioned		HD	WS	PG			
	Join the team for the best of TODAY EXTRA – an exciting best celebrity interviews, cooking with Australia's top cheft			review. I	ncludes	the			
12:00	GREAT AUSTRALIAN DETOUR	Captioned	Repeat	HD	WS	G			
	Landscapes Unleashed: Unravelling the breath-taking beauty of WA								
	Andrew Daddo explores Western Australia's vast landscapencounters with marine life, this episode showcases the b				rial view	/s to			
12:30	MY WAY	Captioned		HD	WS	твс			
	This week we look at the sustainable practices behind some of the Sunshine Coast's locally owned businesses. With coffee roasters with a passion for education, eco friendly villas, a rum that gives back and a cruise with a conscience.								
13:00	EMMA 2020	Captioned		HD	WS	PG			
	Emma			•		•			
	In 1800s England, a well meaning but selfish young woman meddles in the love lives of her friends.								
	Starring: Anya Taylor-Joy, Johnny Flynn, Mia Goth, Bill Nighy								
	Cons.Advice: Themes, Nudity								
15:30	RENOVATE OR REBUILD	Captioned		HD	WS	TBC			
	Lisa made the big decision to Renovate her old Queenslat the entire build to see if this dream becomes a reality.	nder into a Mid Cent	ury modern ma	sterpiec	e. We fo	ollow			
16:30	THE GARDEN GURUS	Captioned		HD	WS	G			
	Trevor Cochrane and the Garden Gurus are back this Aut advice to help make gardening easy and a success in you		llar season. He	re to sha	are all th	eir			
17:00	9NEWS FIRST AT FIVE	Captioned	Live	HD	WS	NA			
	Join the 9News First At Five team for all the latest from an	ound the country as	well as sport a	nd weath	ner.				
17:30	GETAWAY	Captioned		HD	WS	PG			
	This week on Getaway our journey around Scotland contin Oban. We then head to Northern Ireland and the iconic Gi all, Ireland.								



Sat Mar 9, 2024

18:00							
	9NEWS - SATURDAY		Captioned	Live	HD	WS	NA
	Join the 9News team as they bring you a	Il the latest in news;	sport and weather	er.			
19:00	A CURRENT AFFAIR		Captioned		HD	WS	NA
	A Current Affair covers the realms of polir entertainment - all investigated by a dedir		phts, science, teo	chnology, celel	orities an	d	
19:30	SPACE INVADERS		Captioned		HD	WS	PG
	Kylie & Paul						
	After the arrival of their miracle baby, Kyli clutter, Peter and the team must sort 512						d in
	Cons.Advice: Themes		_			-	-
20:30	SPECTRE	2015	Captioned	Repeat	HD	WS	М
	Spectre						
	A cryptic message from Bond's past send forces to keep the secret service alive, Bo SPECTRE.						
	Starring: Daniel Craig, Christoph Waltz, F	Ralph Fiennes					
	Cons.Advice: Action Violence						
23:25	DANNY COLLINS	2015	Captioned	Repeat	HD	WS	М
	Danny Collins						
	An aging rock star decides to change his	life when he discove	rs a 40-year-old	letter written to	o him by	John Le	nnon.
	An aging rock star decides to change his Starring: Al Pacino, Annette Bening, Jenr		rs a 40-year-old	letter written to	o him by	John Le	nnon.
		nifer Garner		letter written to	o him by	John Le	nnon.
01:35	Starring: Al Pacino, Annette Bening, Jenr	nifer Garner		letter written to Repeat	him by	John Le	nnon. G
01:35	Starring: Al Pacino, Annette Bening, Jenr Cons.Advice: Mature Themes, Some Coa	nifer Garner arse Language, Drug are back this Autumr	Use, Nudity Captioned with a spectacu	Repeat	HD	WS	G
01:35 02:00	Starring: Al Pacino, Annette Bening, Jenr Cons.Advice: Mature Themes, Some Coa THE GARDEN GURUS Trevor Cochrane and the Garden Gurus	nifer Garner arse Language, Drug are back this Autumr a success in your ow	Use, Nudity Captioned with a spectacu	Repeat	HD	WS	G
	Starring: Al Pacino, Annette Bening, Jenr Cons.Advice: Mature Themes, Some Coa THE GARDEN GURUS Trevor Cochrane and the Garden Gurus a advice to help make gardening easy and	nifer Garner arse Language, Drug are back this Autumr a success in your ow	Use, Nudity Captioned with a spectacu	Repeat	HD ere to sha	WS are all th	G leir
	Starring: Al Pacino, Annette Bening, Jenr Cons.Advice: Mature Themes, Some Coa THE GARDEN GURUS Trevor Cochrane and the Garden Gurus advice to help make gardening easy and THE INCREDIBLE JOURNEY PRESENT	nifer Garner arse Language, Drug are back this Autumr a success in your ow	Use, Nudity Captioned with a spectacu	Repeat	HD ere to sha	WS are all th	G eir
	Starring: Al Pacino, Annette Bening, Jenr Cons.Advice: Mature Themes, Some Coa THE GARDEN GURUS Trevor Cochrane and the Garden Gurus advice to help make gardening easy and THE INCREDIBLE JOURNEY PRESENT Religious program.	nifer Garner arse Language, Drug are back this Autumr a success in your ow	Use, Nudity Captioned with a spectacu	Repeat	HD ere to sha	WS are all th	G eir
02:00	Starring: Al Pacino, Annette Bening, Jenr Cons.Advice: Mature Themes, Some Coa THE GARDEN GURUS Trevor Cochrane and the Garden Gurus advice to help make gardening easy and THE INCREDIBLE JOURNEY PRESENT Religious program. Cons.Advice: Themes	nifer Garner arse Language, Drug are back this Autumr a success in your ow TS	Use, Nudity Captioned with a spectacu n home. Captioned s, exploring the I	Repeat Ilar season. He Repeat sle of Mull and	HD ere to sha HD HD the seaf	WS are all th WS WS	G PG PG ittal,
02:00	Starring: Al Pacino, Annette Bening, Jenr Cons.Advice: Mature Themes, Some Coa THE GARDEN GURUS Trevor Cochrane and the Garden Gurus advice to help make gardening easy and THE INCREDIBLE JOURNEY PRESENT Religious program. Cons.Advice: Themes GETAWAY This week on Getaway our journey aroun Oban. We then head to Northern Ireland	nifer Garner arse Language, Drug are back this Autumr a success in your ow TS	Use, Nudity Captioned with a spectacu n home. Captioned s, exploring the I	Repeat Ilar season. He Repeat sle of Mull and	HD ere to sha HD HD the seaf	WS are all th WS WS	G PG PG ittal,
02:00	Starring: Al Pacino, Annette Bening, Jenr Cons.Advice: Mature Themes, Some Coa THE GARDEN GURUS Trevor Cochrane and the Garden Gurus a advice to help make gardening easy and THE INCREDIBLE JOURNEY PRESENT Religious program. Cons.Advice: Themes GETAWAY This week on Getaway our journey aroun Oban. We then head to Northern Ireland all, Ireland.	nifer Garner arse Language, Drug are back this Autumr a success in your ow TS	Use, Nudity Captioned with a spectacu n home. Captioned s, exploring the I	Repeat Ilar season. He Repeat sle of Mull and ore winding up	HD ere to sha HD HD the seaf o at the la	WS are all th WS WS food cap argest is	G PG PG ital, land of
02:00	Starring: Al Pacino, Annette Bening, Jenr Cons.Advice: Mature Themes, Some Coa THE GARDEN GURUS Trevor Cochrane and the Garden Gurus a advice to help make gardening easy and THE INCREDIBLE JOURNEY PRESENT Religious program. Cons.Advice: Themes GETAWAY This week on Getaway our journey aroun Oban. We then head to Northern Ireland all, Ireland. TV SHOP - HOME SHOPPING	nifer Garner arse Language, Drug are back this Autumr a success in your ow TS	Use, Nudity Captioned with a spectacu n home. Captioned s, exploring the I	Repeat Ilar season. He Repeat sle of Mull and ore winding up	HD ere to sha HD HD the seaf o at the la	WS are all th WS WS food cap argest is	G PG PG ital, land of



Sat Mar 9, 2024

04:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.				-	
04:30	GLOBAL SHOP		Repeat	HD	WS	G
	Home shopping programme.					
05:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:30	HELPING HANDS	Captioned	Repeat	HD	WS	PG
	Celebrating the people and organisations across Australia who make the world a better place. helpinghands.tv					