



Sun Mar 7, 2021

06:00	EASY EATS	Captioned		HD	WS	G
	<p><i>Dinner Party Delights</i></p> <p>In this episode of Easy Eats, there's plenty of inspiration for your next dinner party menu. Impress your guests with entrees like Roasted Asparagus with Goats Cheese & Prosciutto, or Potato Rosti with Smoked Salmon & Crème Fraiche.</p>					
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA
	<p>Join the Weekend Today team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.</p>					
10:00	SPORTS SUNDAY	Captioned	Live	HD	WS	PG
	<p>Featuring Australia's leading sports personalities, Sports Sunday presents a frank and open debate about all the issues in the week of sport, with the promise of heated opinion and a few laughs along the way.</p>					
11:00	WOMEN'S FOOTY	Captioned		HD	WS	PG
	<p>Join Bianca Chatfield for the 5th Season of Women's Footy for the latest news, opinion and analysis from in and around the AFLW - Each week, a raft of the AFLW's biggest names will join the show to discuss the weekend's action.</p>					
12:00	THE XTREME COLLXTION	Captioned	Repeat	HD	WS	PG
	<p>This show unites the very best action and extreme sports from around the planet. Loaded to the max with adrenaline-inspired events, stunts, challenges and projects, 'The Xtreme CollXtion' also focuses on the personalities involved, telling exceptional stories about extraordinary sports people, living their lives on the edge.</p>					
12:30	THE XTREME COLLXTION	Captioned	Repeat	HD	WS	PG
	<p>This show unites the very best action and extreme sports from around the planet. Loaded to the max with adrenaline-inspired events, stunts, challenges and projects, 'The Xtreme CollXtion' also focuses on the personalities involved, telling exceptional stories about extraordinary sports people, living their lives on the edge.</p>					
13:00	2021 CONSTELLATION CUP	Captioned	Live	HD	WS	NA
	<p><i>Silver Ferns v Australian Diamonds</i></p> <p>The New Zealand Silver Ferns face Australian Diamonds in Game 4 of the Constellation Cup, live from Baypark Arena, Tauranga, New Zealand Join our commentary team for all the action. Centre Pass 1:15PM AEDT.</p>					
15:00	CUSTOMS	Captioned	Repeat	HD	WS	PG
	<p>In Bristol, Polish cigarette smugglers caught being careless end up carless. In Birmingham, a Chinese man carrying £3000 seems to be lying about his wages. And in Gatwick, one couple's Jamaican holiday ends on a high.</p> <p>Cons.Advice: Mature Themes</p>					
15:30	DRIVING TEST	Captioned	Repeat	HD	WS	PG
	<p><i>Donna</i></p> <p>46-year-old mum, Donna dreams of being in the driver's seat of a fire truck; 17-year-old Thomas is hoping confidence will get him through his driving test; AFL champ, Tilly is tired of the commute from her remote home to sports school.</p> <p>Cons.Advice: Mild Coarse Language</p>					
16:00	DAVID ATTENBOROUGH'S DYNASTIES	Captioned	Repeat	HD	WS	PG
	<p><i>Tiger</i></p> <p>Tigress Raj Bhera has four new cubs whom she must protect while battling rivals who want to steal her lands and overthrow her.</p> <p>Cons.Advice: Disturbing Scenes</p>					

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Sydney Program Guide



Sydney Program Guide

Sun Mar 7, 2021

17:00	NINE NEWS: FIRST AT FIVE	Captioned	Live	HD	WS	NA
	See it first with Nine News; join the team for all the latest in news, sport and weather.					
17:30	TERRITORY COPS	Captioned	Repeat	HD	WS	PG
	<p>Constables Tony Fletcher and Taleah Moulton join the serious crime squad known as the Desert Demons and raid the clubhouse of the Gypsy Jokers outlaw motorcycle gang.</p> <p>Cons.Advice: Some Coarse Language, Drug References</p>					



Sydney Program Guide



Sun Mar 7, 2021

18:00	NINE NEWS SUNDAY	Captioned	Live	HD	WS	NA
	Join the Nine News team as they bring you the latest in news, sport and weather.					
19:00	MARRIED AT FIRST SIGHT	Captioned		HD	WS	PG
	<p>First Commitment Ceremony. The couples take to the couch for the first time to face the experts including new member – sexologist Alessandra Rampolla.</p> <p>Cons.Advice: Sexual References, Some Coarse Language</p>					
20:30	60 MINUTES	Captioned		HD	WS	NA
	60 Minutes is Australia's leading current affairs programme, with a proven record of excellence over four decades. Join television's top reporters as they investigate, analyse and uncover the issues affecting all Australians.					
21:30	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
22:00	UNCOVERED: KILLED BY HATE	Captioned	Repeat	HD	WS	M
	<p><i>Uncovered: Killed By Hate</i></p> <p>10 years after the Hate Crimes Prevention Act is signed, hate crimes in America are on the rise. Uncovered explores some of the most brutal cases- Matthew Shepard, James Byrd Jr., Charlottesville riots, Blaze Bernstein and the Portland train attack.</p> <p>Cons.Advice: Adult Themes, Some Violence, Distressing Scenes</p>					
23:45	YOUNG, DUMB AND BANGED UP IN THE SUN	Captioned		HD	WS	MA
	<p><i>Episode 4</i></p> <p>Some did not understand the laws. Some are imprisoned for crimes they did not commit. Others are just guilty. Revealing the harrowing real-life accounts of young Brits falling foul of the law in foreign lands.</p> <p>Cons.Advice: Themes, Some Violence, Some Coarse Language, Drug Use</p>					
00:35	MY WAY	Captioned	Repeat	HD	WS	G
	Meet the father-son inventors revolutionising honey harvesting, an inspiring wheelchair bound adventurer refusing to stay out of the saddle, and the gem miner who travelled to Rubyvale, Queensland for fortune but found his My Way calling.					
01:05	THE XTREME COLLXTION	Captioned	Repeat	HD	WS	PG
	This show unites the very best action and extreme sports from around the planet. Loaded to the max with adrenaline-inspired events, stunts, challenges and projects, 'The Xtreme CollXtion' also focuses on the personalities involved, telling exceptional stories about extraordinary sports people, living their lives on the edge.					
01:30	TV SHOP - HOME SHOPPING			HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING			HD	WS	G
	Home shopping programme.					
02:30	TV SHOP - HOME SHOPPING			HD	WS	G
	Home shopping programme.					

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Sun Mar 7, 2021

03:00	TV SHOP - HOME SHOPPING			HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING			HD	WS	G
	Home shopping programme.					
04:00	TAKE TWO			HD	WS	G
	Home Shopping programme.					
04:30	TAKE TWO			HD	WS	G
	Home Shopping programme.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					



Sydney Program Guide



Sydney Program Guide

Mon Mar 8, 2021

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport, finance and weather.					
12:00	ELLEN	Captioned		HD	WS	PG
	Join Ellen DeGeneres for more laughter, unparalleled generosity, and a daily dose of happy, coupled with a star-studded roster of guests. Joining guest host Stephen "tWitch" Boss is Allison Holker Boss and Zara Larsson performs.					
13:00	GETAWAY	Captioned	Repeat	HD	WS	PG
	This week on Getaway, one of our favourite places in the world, the Cook Islands plus showcasing some of the best Castles in Europe and visiting Hobart's Unzoo.					
13:30	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	PG
	First Commitment Ceremony. The couples take to the couch for the first time to face the experts including new member – sexologist Alessandra Rampolla.					
	Cons.Advice: Sexual References, Some Coarse Language					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Mon Mar 8, 2021

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	Hosted by Tracy Grimshaw, A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	M
	The couples are introduced to Intimacy Week – a series of challenges designed by new expert Alessandra to enhance intimacy & sexual compatibility. Cons.Advice: Sexual References, Themes, Some Coarse Language					
21:00	UNDER INVESTIGATION	Captioned		HD	WS	M
	<i>The Disappearance of Janine Vaughan</i> Janine Vaughan was 31 when she was murdered after accepting a lift on a night out in 2001. Our panel uncovers shocking police lapses that may mask a cover-up, while previously unseen CCTV footage shows Janine's last known moments in Bathurst - the NSW university town with a dark side. Cons.Advice: Themes, Some Coarse Language					
22:00	AUSTRALIAN CRIME STORIES	Captioned	Repeat	HD	WS	M
	<i>The Money or the Bomb</i> It's one of the world's most brazen aviation heists. In 1971 an extortionist calling himself "Mr Brown" claimed he'd placed a bomb on a Qantas flight from Sydney to Hong Kong. With passenger safety a priority, with no hesitation, Qantas handed over the \$500,000 ransom. We follow the money trail and reveal the true identity of "Mr Brown" and his many aliases, that lead to his capture. And was Mr Brown also a murderer? Cons.Advice: References to Violence					
23:10	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
23:40	THE FIRST 48	Captioned	Repeat	HD	WS	M
	<i>Bad Medicine</i> A New Orleans woman and her 4-year-old grandson are shot in her bedroom; the crime is investigated as the child struggles to survive. Cons.Advice: Mature Themes, Some Violence					
00:30	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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02:30	GLOBAL SHOP			HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					
04:30	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					



Sydney Program Guide



Sydney Program Guide

Tue Mar 9, 2021

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport, finance and weather.					
12:00	ELLEN	Captioned		HD	WS	PG
	Join Ellen DeGeneres for more laughter, unparalleled generosity, and a daily dose of happy, coupled with a star-studded roster of guests. Joining the show today is Cedric The Entertainer, Jhene Aiko and Kings of Leon perform.					
13:00	THE GARDEN GURUS	Captioned	Repeat	HD	WS	G
	This week on The Garden Gurus, Trevor shows you how to keep your garden tidy with the latest in battery technology, Bonnie shares her tips and tricks for caring for fruit and citrus, and Nigel has a way to make mowing your lawn easy.					
13:30	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	M
	The couples are introduced to Intimacy Week – a series of challenges designed by new expert Alessandra to enhance intimacy & sexual compatibility. Cons.Advice: Sexual References, Themes, Some Coarse Language					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	Hosted by Tracy Grimshaw, A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	M
	Alessandra's Intimacy Week continues with some couples nailing the challenges while others struggle. Cons.Advice: Themes, Sexual References					
21:00	BOTCHED	Captioned		HD	WS	M
	<i>Reality Star Vixens And Their Afflictions</i> Dr. Nassif has a ruff case ahead of him when a dog bite victim needs some TLC; Dr. Dubrow has his hands full with an OG reality star's real-world uni-boob situation, while a Charm School dropout needs help. Cons.Advice: Medical Procedures, Nudity, Some Coarse Language, Themes					
22:00	LABOUR OF LOVE	Captioned		HD	WS	M
	<i>10 Things Kristy Likes About You</i> Kristy spends time in the father-to-be house and gets to know the men on a deeper level. Cons.Advice: Some Coarse Language					
23:00	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
23:30	LAW & ORDER: CRIMINAL INTENT	Captioned	Repeat	HD	WS	M
	<i>Legion</i> The detectives discover that a bicycle-theft ring may be connected to the disappearance of several adolescents. Starring: Kathryn Erbe, Vincent D'Onofrio, Jamey Sheridan Cons.Advice: Adult Themes, Some Violence					
00:20	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:20	9HONEY - HE SAID, SHE SAID	Captioned		HD		PG
	<i>What Does The #Notallmen Stand For?</i> Ben Fordham and Shelly Horton debate the role of men. Cons.Advice: Themes					



Sydney Program Guide



Tue Mar 9, 2021

01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					
04:30	TAKE TWO		Repeat	HD	WS	G
	Home Shopping programme.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Sydney Program Guide



Wed Mar 10, 2021

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport, finance and weather.					
12:00	ELLEN	Captioned		HD	WS	PG
	Join Ellen DeGeneres for more laughter, unparalleled generosity, and a daily dose of happy, coupled with a star-studded roster of guests. Joining the show today is Jesse Tyler Ferguson, Sara Gilbert and Black Pumas perform.					
13:00	DRIVING TEST	Captioned	Repeat	HD	WS	PG
	<p><i>Jesse</i></p> <p>18-year-old leadfoot, Jesse is determined to take his driving test; 17-year-old Pav underestimates her driving skills; 16-year-old Jack is determined to succeed his second test after running a red light and almost hitting a ute.</p> <p>Cons.Advice: Mild Coarse Language</p>					
13:30	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	M
	<p>Alessandra's Intimacy Week continues with some couples nailing the challenges while others struggle.</p> <p>Cons.Advice: Themes, Sexual References</p>					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Wed Mar 10, 2021

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	Hosted by Tracy Grimshaw, A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
19:30	MARRIED AT FIRST SIGHT	Captioned		HD	WS	M
	The second Dinner Party. Two of the experiment's biggest personalities face off across the table while two others look elsewhere for love. Cons.Advice: Some Coarse Language, Sexual References, Themes					
21:00	AMAZING GRACE	Captioned		HD	WS	M
	Grace scrambles to cope when Sophia's adoptive father delivers an ultimatum, and Sophia makes surprise announcement about her baby. Trainee midwife Max shows his true colours during his first major birthing challenge. Starring: Kate Jenkinson, Sigrid Thornton, Alex Dimitriades Cons.Advice: Themes					
22:00	NEW AMSTERDAM	Captioned		HD	WS	M
	<i>Essential Workers</i> After becoming the medical director of one of the United States's oldest public hospitals, Dr Max Godwin sets out to reform the institution's neglected and outdated facilities to treat the patients. Starring: Ryan Eggold, Freema Agyeman, Janet Montgomery					
23:00	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
23:30	CHICAGO MED	Captioned		HD	WS	MA
	<i>A Needle in the Heart</i> Dr. Crockett is visited by two New Orleans detectives who have questions about his past. Dr. Choi puts his life in danger to save a child and Dr. Charles gives fatherly advice to his young daughter. Starring: Nick Gehlfuss, Yaya DaCosta, Torrey DeVitto Cons.Advice: Strong Adult Themes, Medical Procedures					
00:20	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:20	EXPLORE	Captioned		HD	WS	G
	<i>Medieval Mile</i> Explore TV takes you around the world to places you'll never forget.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	GLOBAL SHOP			HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					



Sydney Program Guide



Sydney Program Guide

Thu Mar 11, 2021

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport, finance and weather.					
12:00	ELLEN	Captioned		HD	WS	PG
	Join Ellen DeGeneres for more laughter, unparalleled generosity, and a daily dose of happy, coupled with a star-studded roster of guests. Joining the show today is Ellen Pompeo and Niecy Nash.					
13:00	DESTINATION WA	Captioned	Repeat	HD	WS	G
	This week on Destination WA, Carmen makes Morawa her last stop on her journey across the state's golden outback, Trevor learns about the Cocos Islands' fascinating history and Nikki has a luxury staycation at the brand-new Vibe Hotel.					
13:30	MARRIED AT FIRST SIGHT	Captioned	Repeat	HD	WS	M
	The second Dinner Party. Two of the experiment's biggest personalities face off across the table while two others look elsewhere for love. Cons.Advice: Some Coarse Language, Sexual References, Themes					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned		HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Sydney Program Guide



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Thu Mar 11, 2021

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	Hosted by Tracy Grimshaw, A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
19:30	LIVE: NRL THURSDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA
	<i>Storm v Rabbitohs</i> Wide World of Sports presents Melbourne Storm v South Sydney Rabbitohs live from AAMI Park, Melbourne. Join our expert commentary team for all that action from kick-off to the final siren. Kick-off at 8:05PM AEDT.					
21:55	LIVE: THURSDAY NIGHT KNOCK OFF	Captioned	Live	HD	WS	NA
	<i>Storm v Rabbitohs</i> Join the Wide World of Sports team for the all the post-match NRL news and analysis.					
22:40	NINE NEWS LATE	Captioned	Live	HD	WS	NA
	Join the Nine News Late team for the very latest and for all of today's top stories from Australia and around the world.					
23:10	MANIFEST	Captioned		HD	WS	M
	<i>Grounded</i> Ben forms an alliance with a student from Flight 828, whose callings either uncovered a violent crime or helped him commit one; as Saanvi strives to further her research into the death date, Grace makes a startling discovery about her pregnancy. Starring: Melissa Roxburgh, Josh Dallas, Athena Karkanis Cons.Advice: Mature Themes, Some Violence, Drug Use					
00:00	NEW AMSTERDAM	Captioned	Repeat	HD	WS	M
	<i>Good Soldiers</i> When Kapoor introduces a patient to Iggy's PTSD group, a creative treatment plan causes turmoil; Sharpe discovers a long-kept secret regarding a patient. Starring: Ryan Eggold, Janet Montgomery, Freema Agyeman Cons.Advice: Medical Procedures					
01:00	A CURRENT AFFAIR	Captioned		HD	WS	NA
	Hosted by Tracy Grimshaw, A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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02:30	GLOBAL SHOP			HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:00	NINE NEWS EARLY EDITION	Captioned	Live	HD	WS	NA
	Join the Nine News team first thing for up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Fri Mar 12, 2021

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Allison Langdon, Karl Stefanovic and the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	NINE'S MORNING NEWS	Captioned	Live	HD	WS	NA
	Join Nine's Morning News with up to the minute news on local and international news including sport, finance and weather.					
12:00	ELLEN	Captioned		HD	WS	PG
	Join Ellen DeGeneres for more laughter, unparalleled generosity, and a daily dose of happy, coupled with a star-studded roster of guests. Joining the show today is Jennifer Garner and Maren Morris.					
13:00	AMAZING GRACE	Captioned	Repeat	HD	WS	M
	Grace scrambles to cope when Sophia's adoptive father delivers an ultimatum, and Sophia makes surprise announcement about her baby. Trainee midwife Max shows his true colours during his first major birthing challenge. Starring: Kate Jenkinson, Sigrid Thornton, Alex Dimitriades Cons.Advice: Themes					
14:00	DESPERATE HOUSEWIVES	Captioned		HD	WS	M
	<i>Welcome to Kanagawa</i> The residents of Wisteria Lane begin to rebuild their lives after the deadly tornado. With Mrs McCluskey's house completely destroyed, Lynette faces the possibility that her family and Ida Greenberg may not have survived, and Katherine finds out that someone knows the truth about her mysterious past. Starring: Teri Hatcher, Felicity Huffman, Marcia Cross Cons.Advice: Adult Themes, Sexual References, Drug References					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	NINE'S AFTERNOON NEWS	Captioned	Live	HD	WS	NA
	Nine's Afternoon News, live and local from Sydney with the latest news across Australia and around the world including sport, and weather.					
17:00	MILLIONAIRE HOT SEAT	Captioned	Repeat	HD	WS	G
	Who will survive the Millionaire Hot Seat? Six contestants go head to head to win the cash. Hosted by Eddie McGuire, Millionaire Hot Seat is a game of strategy, skill and survival.					

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Sydney Program Guide



Fri Mar 12, 2021

18:00	NINE NEWS	Captioned	Live	HD	WS	NA
	Join Nine News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	Hosted by Tracy Grimshaw, A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
19:30	LIVE: NRL FRIDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA
	<i>Broncos v Eels</i> Wide World of Sports presents Brisbane Broncos v Parramatta Eels live from Suncorp Stadium, Brisbane. Join our expert commentary team for all that action from kick-off to the final siren. Kick-off at 8:05PM AEDT.					
21:55	LIVE: GOLDEN POINT	Captioned	Live	HD	WS	NA
	<i>Broncos v Eels</i> Join the Wide World of Sports team for the all the post-match NRL news and analysis.					
22:40	THE MECHANIC 2010	Captioned	Repeat	HD	WS	MA
	<i>The Mechanic</i> Follows an elite hit man as he teaches his trade to an apprentice who has a connection to one of his previous victims. Starring: Jason Statham, Ben Foster, Donald Sutherland Cons.Advice: Strong Violence, A Sex Scene, Some Coarse Language					
00:30	LAW & ORDER: CRIMINAL INTENT	Captioned	Repeat	HD	WS	M
	<i>Legion</i> The detectives discover that a bicycle-theft ring may be connected to the disappearance of several adolescents. Starring: Kathryn Erbe, Vincent D'Onofrio, Jamey Sheridan Cons.Advice: Adult Themes, Some Violence					
01:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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Fri Mar 12, 2021

03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	GLOBAL SHOP			HD	WS	G
	Home shopping programme.					
04:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	Hosted by Tracy Grimshaw, A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					



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Sat Mar 13, 2021

06:00	EASY EATS	Captioned		HD	WS	G	
	<i>Family Favourites</i> In this episode of Easy Eats, it's time to gather the family around the table for some crowd-pleasing meals. There's universal favourites like Spaghetti and Meatballs and Lamb Pot Roast.						
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA	
	Join the Weekend Today team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.						
10:00	TODAY EXTRA - SATURDAY	Captioned		HD	WS	PG	
	Join the team for the best of TODAY EXTRA – an exciting mix of highlights from the week in review. Includes the best celebrity interviews, cooking with Australia's top chefs, the latest in fashion & more.						
12:00	SURFING AUSTRALIA TV	Captioned		HD	WS	TBC	
	Showcases Surfing Australia's programs from junior development through to the elite athletes in surfing.						
12:30	DESTINATION WA	Captioned		HD	WS	G	
	In another exciting episode of Destination WA, Chrissy visits the coastal city of Geraldton, Trevor explores Christmas Island with the help of local tour guides and Nikki experiences a countryside getaway at Wonky Windmill Farm.						
13:00	9HONEY - HE SAID, SHE SAID	Captioned		HD	WS	PG	
	<i>Can you Tell Yor Partner They Have Gained Weight</i> Ben Fordham and Shelly Horton debate what you can and can't say to a loved one.						
13:05	MY WAY	Captioned		HD	WS	G	
	Find out how watercolour artist Kerrie Hess is living her dreams, how free diving gave Ant Judge a new lease on life and 7 world records, two Rubyvale mates with a love for planet photography and the dairy farmers who are bucking the trend.						
13:35	ANNIE	2014	Captioned	Repeat	HD	WS	PG
	<i>Annie</i> A foster kid, who lives with her mean foster mom, sees her life change when business tycoon and New York mayoral candidate Will Stacks makes a thinly-veiled campaign move and takes her in. Starring: Cameron Diaz, Jamie Foxx, Quvenzhané Wallis Cons.Advice: Themes						
16:00	THE PET RESCUERS	Captioned		HD	WS	PG	
	At Second Chance Animal Rescue in Melbourne's suburb of Craigieburn, Marisa's team are determined to end the heartbreaking cycle where over 250,000 abandoned animals are put down each year.						
16:30	THE GARDEN GURUS	Captioned		HD	WS	G	
	In this week's episode, Trevor highlights the different varieties of figs you can grow in your backyard. Sue shows you how to fix your hydrophobic soils, and Nigel shares an eco-friendly way to keep your lawn looking great year-round.						
17:00	NINE NEWS: FIRST AT FIVE	Captioned	Live	HD	WS	NA	
	See it first with Nine News; join the team for all the latest in news, sport and weather.						
17:30	GETAWAY	Captioned		HD	WS	PG	
	This week on Getaway, family friendly Iiriki Island Resort in Vanuatu, heading to country NSW to check out the food bowl of Orange plus a dolphin kayak in Adelaide.						

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Sat Mar 13, 2021

18:00	NINE NEWS SATURDAY	Captioned	Live	HD	WS	NA
	Join the Nine News team as they bring you all the latest in news; sport and weather.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
19:30	SPACE INVADERS	Captioned		HD	WS	PG
	Across Australia families are battling a clutter crisis and desperately need an intervention. Declutter guru Peter Walsh, renovation queen Cherie Barber and treasure hunter Lucas Callaghan transform peoples' homes and lives.					
20:30	THE BOURNE IDENTITY 2002	Captioned	Repeat	HD	WS	M
	<p><i>The Bourne Identity</i></p> <p>A man is picked up by a fishing boat, bullet-riddled and suffering from amnesia, before racing to elude assassins and attempting to regain his memory.</p> <p>Starring: Franka Potente, Matt Damon, Chris Cooper</p> <p>Cons.Advice: Some Violence, Some Coarse Language</p>					
22:45	THE AMERICAN 2010	Captioned	Repeat	HD	WS	MA
	<p><i>The American</i></p> <p>Jack, a contract killer, is asked to design a high-end sniper rifle for an assassination. However, he isn't aware that all his actions are being monitored by a secret assassin from Sweden.</p> <p>Starring: George Clooney, Paolo Bonacelli, Violante Placido</p> <p>Cons.Advice: A Sex Scene, Some Violence, Some Coarse Language</p>					
00:35	SURFING AUSTRALIA TV	Captioned	Repeat	HD	WS	TBC
	Showcases Surfing Australia's programs from junior development through to the elite athletes in surfing.					
01:05	AUSTRALIA'S TOP TEN OF EVERYTHING	Captioned		HD	WS	M
	<p><i>Foody Show Hi-Jinks</i></p> <p>This episode features world famous stars like Arnie and Will Ferrell, some classic characters doing insane stunts and everyday viewers that have the crowd in stitches with their antics.</p> <p>Cons.Advice: Some Coarse Language, Sexual References</p>					
02:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
02:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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Sat Mar 13, 2021

03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:30	GLOBAL SHOP			HD	WS	G
	Home shopping programme.					
05:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:30	WESLEY IMPACT	Captioned	Repeat	HD	WS	G
	<i>The Man of Galilee: Detractors and Adversaries</i> Episode five in this six part series looks at the challenges Jesus Christ faced from his closest friends, the political and economic rulers, and the religious leaders of the day.					



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