



Sun May 19, 2024

06:00	HELLO SA	Captioned	Repeat	HD	WS	PG
	<p><i>Winter our Way</i></p> <p>Join us for a look at how to plan your winter holidays. From warming dinners to nights by the fire to finding the state's best outdoor bath, this is your ultimate guide to SA in winter.</p>					
06:30	A CURRENT AFFAIR	Captioned		HD	WS	NA
	<p>A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.</p>					
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA
	<p>Join the Weekend Today team as they bring you the latest in news, sport, weather, politics, entertainment, fashion, health and lifestyle.</p>					
10:00	WIDE WORLD OF SPORTS	Captioned	Live	HD	WS	PG
	<p>Australia's sporting heroes & stars debate all the juicy topics in a unique & in depth style you've come to love over the 50 years of Wide World of Sports. Plus scores, overnight results, live guests & special features. Hosted by Roz Kelly.</p>					
11:00	SUNDAY FOOTY SHOW	Captioned	Live	HD	WS	PG
	<p>Join hosts Danika Mason, Andrew Johns, Brad Fittler and Billy Slater as this all star line-up deep dive into all things Rugby League & chat with the NRL's biggest stars.</p>					
13:00	DRIVE TV	Captioned		HD	WS	TBC
	<p><i>SUV Craze - Part One</i></p> <p>This two-part TV special examines Australia's SUV craze through Mazda's CX-60 and CX-90, highlighting the vehicles' alignment with the adventurous Aussie spirit. This episode covers the national trend, while part two delves into the SUVs' engineering and harmony with Australia's landscapes.</p>					
13:30	MR MAYOR	Captioned	Repeat	HD	WS	PG
	<p><i>Murder in the Old West</i></p> <p>Jayden hosts a Western-themed murder mystery party, where Mikaela tries to figure out what's going on between her and James; Arpi and Neil clash over how to spend the city's newly acquired budget surplus.</p> <p>Starring: Ted Danson, Holly Hunter, Vella Lovell</p> <p>Cons.Advice: Sexual References</p>					
14:00	DAVID ATTENBOROUGH'S GREEN PLANET	Captioned	Repeat	HD	WS	G
	<p><i>The Making of Green Planet</i></p> <p>Get some fascinating insights into how David Attenborough's Green Planet series was brought to life.</p>					
15:00	LIVE: NRL SUNDAY FOOTY	Captioned	Live	HD	WS	NA
	<p><i>Storm v Eels</i></p> <p>Wide World of Sports presents Storm v Eels, live from Suncorp Stadium. Join our expert commentary team for all the action, analysis and post match interviews. Kick off at 4:05PM AEST.</p>					

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Sun May 19, 2024

18:00	9NEWS - SUNDAY	Captioned	Live	HD	WS	NA
	Join the 9News team as they bring you the latest in news, sport and weather.					
19:00	TRAVEL GUIDES	Captioned		HD	WS	PG
	<i>India & Nepal</i>					
	New guides Karly and Bri join the gang in Northern India and Nepal, where they'll stay at an Ashram, frock-up at an Indian wedding in Delhi, marvel at the Taj Mahal, before dropping into Kathmandu where they'll hopefully see Mount Everest. Cons.Advice: Some Coarse Language					
20:40	60 MINUTES	Captioned		HD	WS	NA
	60 Minutes is Australia's leading current affairs programme, with a proven record of excellence over four decades. Join television's top reporters as they investigate, analyse and uncover the issues affecting all Australians.					
21:40	9NEWS LATE	Captioned	Live	HD	WS	NA
	Join the 9News Late team for all of today's top stories from Australia and around the world.					
22:10	THE FIRST 48	Captioned		HD	WS	MA
	<i>Rise Up / Somebodys Friend</i>					
	In Atlanta, a woman is found dead in a garbage can, and a young man is ambushed by neighborhood bullies. Cons.Advice: Adult Themes, Some Coarse Language					
23:10	TRANSPLANT	Captioned		HD	WS	MA
	<i>Collapse</i>					
	An explosion occurs near York Memorial hospital, putting the emergency department to the test. Starring: Hamza Haq, Laurence Leboeuf, John Hannah Cons.Advice: Medical Procedures					
00:00	THE BROKENWOOD MYSTERIES	Captioned	Repeat	HD	WS	M
	<i>From the Cradle to the Grave</i>					
	Mike and the team get a lesson in local history after they open an investigation into the discovery of a recently deceased body in the most unlikely of places: the sarcophagus of an ancient mummy in Brokenwood's museum. Starring: Neill Rea, Fern Sutherland, Cristina Serban Ionda Cons.Advice: Themes					
02:00	DAVID ATTENBOROUGH'S GREEN PLANET	Captioned	Repeat	HD	WS	G
	<i>The Making of Green Planet</i> Get some fascinating insights into how David Attenborough's Green Planet series was brought to life.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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Sun May 19, 2024

03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<i>I Refuse to Fear</i> The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	DRIVE TV	Captioned	Repeat	HD	WS	G
	<i>MG 4 Essence Electric</i> The MG 4 Essence Electric, winner of Drive's 2024 best electric vehicle under \$50k, is proof that you don't have to spend big to get into an EV. Join Emma as she takes this hatchback out to some of Sydney's most iconic locations.					
05:00	TODAY EARLY NEWS	Captioned	Live	HD	WS	NA
	Today Early News with up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Sydney Program Guide

Mon May 20, 2024

06:00	TODAY	Captioned	Live	HD	WS	NA	
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.						
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG	
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.						
11:30	9NEWS MORNING	Captioned	Live	HD	WS	NA	
	Join 9News for up to the minute news on local and international news including sport and weather.						
12:00	EVERYTHING, EVERYTHING	2017	Captioned	Repeat	HD	WS	PG
	<i>Everything, Everything</i>						
	Maddy, who suffers from a severe immunodeficiency disorder, is forced to remain indoors. She falls in love with Olly, who lives next door, much to her mother Pauline's dismay.						
	Starring: Amandla Stenberg, Nick Robinson Cons.Advice: Themes, A Sex Scene, Mild Coarse Language						
14:00	POINTLESS	Captioned	Repeat	HD	WS	PG	
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.						
15:00	TIPPING POINT	Captioned		HD	WS	PG	
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.						
16:00	9NEWS AFTERNOON	Captioned	Live	HD	WS	NA	
	9News Afternoon, live and local with the latest news across Australia and around the world including sport, and weather.						
17:00	TIPPING POINT AUSTRALIA	Captioned		HD	WS	PG	
	Hosted by Australian tennis legend, Todd Woodbridge, Tipping Point Australia will push contestants' luck to the very edge. Three contestants will go head to head against the mesmerising machine with one lucky contestant playing for the Jackpot.						

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Sydney Program Guide

Mon May 20, 2024

18:00	9NEWS	Captioned	Live	HD	WS	NA
	Join 9News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
19:30	THE SUMMIT	Captioned		HD	WS	PG
	In the rugged Alps of New Zealand's south island, 14 strangers will embark on an epic adrenaline-charged adventure unlike anything ever seen. In just 14 days, the group must reach the peak of a distant mountain to cash in a prize pool of \$1 million dollars. Cons.Advice: Some Coarse Language					
21:10	PARAMEDICS	Captioned		HD	WS	M
	Nhi and Carlos under pressure to bring an overdose patient back from the brink of death. Laura and Aaron come across a shockingly injured motorbike rider. Ben and Tarnya apply their superhero skills to a toddler struggling to breathe. Cons.Advice: Medical Procedures, Some Coarse Language					
22:10	100% FOOTY	Captioned		HD	WS	M
	Phil Gould, Paul Gallen and James Bracey debate the biggest issues in Rugby League alongside the game's most influential figures.					
23:10	9NEWS LATE	Captioned	Live	HD	WS	NA
	Join the 9News Late team for all of today's top stories from Australia and around the world.					
23:40	LA BREA	Captioned		HD	WS	M
	<i>Lazarus</i> A massive sinkhole mysteriously opens up in Los Angeles, separating part of a family in an unexplainable primeval world, alongside a disparate group of strangers. Starring: Natalie Zea, Eoin Macken, Chike Okonkwo Cons.Advice: Themes, Some Violence					
00:30	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:30	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
02:30	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Dr Ho's MotionCiser</i> Home shopping programme.					

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Mon May 20, 2024

03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<i>The Authority of the Believer</i> The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
05:00	TODAY EARLY NEWS	Captioned	Live	HD	WS	NA
	Today Early News with up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Tue May 21, 2024

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	9NEWS MORNING	Captioned	Live	HD	WS	NA
	Join 9News for up to the minute news on local and international news including sport and weather.					
12:00	THE SUMMIT	Captioned	Repeat	HD	WS	PG
	In the rugged Alps of New Zealand's south island, 14 strangers will embark on an epic adrenaline-charged adventure unlike anything ever seen. In just 14 days, the group must reach the peak of a distant mountain to cash in a prize pool of \$1 million dollars.					
	Cons.Advice: Some Coarse Language					
13:30	COUNTRY HOUSE HUNTERS AUSTRALIA	Captioned	Repeat	HD	WS	G
	<i>Dubbo (NSW) - Matt & Blake</i> Newly-weds Matt and Blake are making the move to rural New South Wales to further their careers in nursing. They love to host, so they're looking for a home that will be suitable for entertaining guests.					
14:00	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned		HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	9NEWS AFTERNOON	Captioned	Live	HD	WS	NA
	9News Afternoon, live and local with the latest news across Australia and around the world including sport, and weather.					
17:00	TIPPING POINT AUSTRALIA	Captioned		HD	WS	PG
	Hosted by Australian tennis legend, Todd Woodbridge, Tipping Point Australia will push contestants' luck to the very edge. Three contestants will go head to head against the mesmerising machine with one lucky contestant playing for the Jackpot.					

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	Join 9News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
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19:30	THE SUMMIT	Captioned		HD	WS	PG
	In the rugged Alps of New Zealand's south island, 14 strangers will embark on an epic adrenaline-charged adventure unlike anything ever seen. In just 14 days, the group must reach the peak of a distant mountain to cash in a prize pool of \$1 million dollars. Cons.Advice: Some Coarse Language					
20:45	CLARKSON'S FARM	Captioned		HD	WS	M
	<i>Counselling</i> The fall-out from the Council's decision continues to fall out. Cons.Advice: Some Coarse Language, Medical Procedures					
21:45	OPAL HUNTERS: RED DIRT ROAD TRIP	Captioned		HD	WS	PG
	Only a week is left before JC has to return home for the birth of his first child and in a final sprint to reach their new \$20,000 target, Rod has jammed as many money-making schemes as possible into 7 days. Cons.Advice: Some Coarse Language					
22:45	9NEWS LATE	Captioned	Live	HD	WS	NA
	Join the 9News Late team for all of today's top stories from Australia and around the world.					
23:15	CHICAGO MED	Captioned		HD	WS	MA
	<i>This Could Be the Start of Something New</i> Halstead relies on Marcel and Med's newly donated OR 2.0 to save his patient; Charles helps an elderly, confused patient who's mourning the loss of his high school sweetheart; as their wedding day approaches, Choi and April run into some roadblocks. Starring: Marlyne Barrett, S. Epatha Merkerson, Oliver Platt Cons.Advice: Strong Adult Themes, Gory Scenes, Medical Procedures					
00:05	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:05	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
02:00	EXPLORE TV - PORTUGAL & SPAIN	Captioned	Repeat	HD	WS	G
	Trevor sets off on a once-in-a-lifetime journey as part of Vikings Portugal's River of Gold Cruise. Starting in nearby Spain, Trevor tests his tastebuds with a tapas tour and discovers the remarkable Spanish tradition of Flamenco in Madrid before exploring the fascinating medieval city of Toledo.					

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02:30	HELLO SA	Captioned		HD	WS	PG
	<p>SES</p> <p>Hayley explores Moonta on bike. Lauren takes a tour of a farm on the Yorke Peninsula. We meet the new owners of The Manna Group in Hahndorf and meet some every day heroes who volunteer for the SES.</p>					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<p><i>We are "The Untouchables"</i></p> <p>The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges.</p> <p>Cons.Advice: Themes</p>					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
05:00	TODAY EARLY NEWS	Captioned	Live	HD	WS	NA
	Today Early News with up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Wed May 22, 2024

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	9NEWS MORNING	Captioned	Live	HD	WS	NA
	Join 9News for up to the minute news on local and international news including sport and weather.					
12:00	THE SUMMIT	Captioned	Repeat	HD	WS	PG
	In the rugged Alps of New Zealand's south island, 14 strangers will embark on an epic adrenaline-charged adventure unlike anything ever seen. In just 14 days, the group must reach the peak of a distant mountain to cash in a prize pool of \$1 million dollars.					
	Cons.Advice: Some Coarse Language					
13:15	MY WAY	Captioned	Repeat	HD	WS	G
	<i>Qld Music Festivals</i> Ready your ears for the sounds of Queensland's best music festivals as we meet the mind behind the Woodford Folk Festival, and head outback and behind the curtain with the creator of Savannah in the Round.					
13:30	GETAWAY	Captioned	Repeat	HD	WS	PG
	This week on Getaway David Reyne is in France, cruising the Seine River, visiting the sombre sites of the D-Day Landings plus the spectacular gardens that inspired Monet.					
14:00	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	9NEWS AFTERNOON	Captioned	Live	HD	WS	NA
	9News Afternoon, live and local with the latest news across Australia and around the world including sport, and weather.					
17:00	TIPPING POINT AUSTRALIA	Captioned		HD	WS	PG
	Hosted by Australian tennis legend, Todd Woodbridge, Tipping Point Australia will push contestants' luck to the very edge. Three contestants will go head to head against the mesmerising machine with one lucky contestant playing for the Jackpot.					

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18:00	9NEWS	Captioned	Live	HD	WS	NA
	Join 9News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
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19:30	THE SUMMIT	Captioned		HD	WS	PG
	In the rugged Alps of New Zealand's south island, 14 strangers will embark on an epic adrenaline-charged adventure unlike anything ever seen. In just 14 days, the group must reach the peak of a distant mountain to cash in a prize pool of \$1 million dollars. Cons.Advice: Some Coarse Language					
20:45	SKI RESCUE DOWN UNDER	Captioned		HD	WS	M
	A Code-3 emergency puts Dr Gerry - the mountain's newest doctor - under the spotlight. Christmas in July kicks off with a monster crash from a wannabe Santa Clause and a café worker is all over the shop overwhelmed by anxiety. Late afternoon and icy conditions deliver closing-time chaos to the road patrol team. Cons.Advice: Some Coarse Language					
21:45	9NEWS LATE	Captioned	Live	HD	WS	NA
	Join the 9News Late team for all of today's top stories from Australia and around the world.					
22:15	SEE NO EVIL	Captioned		HD	WS	M
	<i>I Will Follow</i> When a killer executes 19-year-old Abigail Gasca-Chavez in her own home, the only witnesses are her toddler and neighbourhood surveillance cameras; detectives close in on a suspect, but when he heads for the Mexican border, it's a race against time. Cons.Advice: Adult Themes, References to Violence					
23:15	THE EQUALIZER	Captioned	Repeat	HD	WS	MA
	<i>D.W.B.</i> McCall races to find Dante when he's abducted by a pair of panicked deputies who fear reprisal, after they detained Dante without cause and used excessive force before realizing he's a fellow cop. Alone and injured, Dante experiences hallucinations that reveal his complicated childhood. Starring: Queen Latifah, Tory Kittles, Adam Goldberg Cons.Advice: Strong Violence					
00:05	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:00	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					

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Wed May 22, 2024

01:55	DESTINATION WA	Captioned		HD	WS	TBC
	This week on Destination WA; Richard learns about the historic Mason and Bird family from Kalamunda, Nikki heads to Rottnest Island, and Richard tours the Woodloes Homestead.					
02:20	GARDEN GURUS MOMENTS	Captioned	Repeat	HD	WS	G
	<i>Feeding your Native Plants</i> The Garden Gurus team give you tips and tricks for gardening success, every season of year. From feeding your lawn, to indoor plants and everything in between, Trev and the team have you covered.					
02:30	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Pocket Hose Copper Bullet</i> Home shopping programme.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<i>The Four Walls of Protection</i> The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
05:00	TODAY EARLY NEWS	Captioned	Live	HD	WS	NA
	Today Early News with up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Thu May 23, 2024

06:00	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.					
11:30	9NEWS MORNING	Captioned	Live	HD	WS	NA
	Join 9News for up to the minute news on local and international news including sport and weather.					
12:00	THE SUMMIT	Captioned	Repeat	HD	WS	PG
	In the rugged Alps of New Zealand's south island, 14 strangers will embark on an epic adrenaline-charged adventure unlike anything ever seen. In just 14 days, the group must reach the peak of a distant mountain to cash in a prize pool of \$1 million dollars.					
	Cons.Advice: Some Coarse Language					
13:15	MY WAY	Captioned	Repeat	HD	WS	G
	<i>The Chefs</i> Come behind the scenes to the kitchens of three South-East Queensland restaurants and meet the chefs whose own unique styles, experiences and culinary expertise has helped them create mouth watering menus.					
13:30	EXPLORE TV - PORTUGAL & SPAIN	Captioned	Repeat	HD	WS	G
	As Trevor winds up his cruise along Portugal's River of Gold, he discovers the unique historical towns of Guimaraes and Lamego, learning about Portugal's unique religious medieval past. Back on the ship, Trevor learns a bit about what goes into the exquisite cuisine aboard the Viking Hemming as well as being introduced to the Portuguese tradition of Tuna (not the fish).					
14:00	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
15:00	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
16:00	9NEWS AFTERNOON	Captioned	Live	HD	WS	NA
	9News Afternoon, live and local with the latest news across Australia and around the world including sport, and weather.					
17:00	TIPPING POINT AUSTRALIA	Captioned		HD	WS	PG
	Hosted by Australian tennis legend, Todd Woodbridge, Tipping Point Australia will push contestants' luck to the very edge. Three contestants will go head to head against the mesmerising machine with one lucky contestant playing for the Jackpot.					

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Sydney Program Guide

Thu May 23, 2024

18:00	9NEWS	Captioned	Live	HD	WS	NA
	Join 9News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
19:30	LIVE: NRL THURSDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA
	<i>Bulldogs v Dragons</i> Wide World of Sports presents Thursday Night footy with Bulldogs v Dragons, live from Accor Stadium. Join our expert commentary team for all the action, analysis and post match interviews. Kick off at 7:50PM AEST.					
21:45	LIVE: THURSDAY NIGHT KNOCK OFF	Captioned	Live	HD	WS	NA
	<i>Bulldogs v Dragons</i> Join the Wide World of Sports team for all the post-match NRL news and analysis.					
22:30	9NEWS LATE	Captioned	Live	HD	WS	NA
	Join the 9News Late team for all of today's top stories from Australia and around the world.					
23:00	LAW & ORDER: ORGANIZED CRIME	Captioned		HD	WS	MA
	<i>A Diplomatic Solution</i> The team scrambles to find the group responsible for an assassination attempt on a UN diplomat; Whelan and Reyes find a clue in the depths of the city's tunnel system; Stabler balances the investigation with his mother's increasing need for support. Starring: Christopher Meloni, Danielle Mone Truitt, Ainsley Seiger Cons.Advice: Strong Adult Themes, Strong Violence					
23:50	THE FIRST 48	Captioned	Repeat	HD	WS	M
	<i>A Man's Game</i> When a young Atlanta man is shot and left to die in the bushes, detectives believe a mysterious white town car is the key to finding the perpetrator. Cons.Advice: Adult Themes, Some Coarse Language					
00:40	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. There are mystery prizes and a jaw-dropping jackpot up for grabs for any player with the skill and strategy to see off their human rivals and conquer the machine.					
01:35	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
02:30	GLOBAL SHOP		Repeat	HD	WS	G
	<i>Copper Chef Titan Pan</i> Home shopping programme.					

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Thu May 23, 2024

03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	BELIEVER'S VOICE OF VICTORY			HD	WS	PG
	<i>Same Conditions, Different Results</i> The mission of Kenneth Copeland Ministries and Eagle Mountain International Church is to teach Christians worldwide who they are in Christ Jesus and how to live a victorious life in their covenant rights and privileges. Cons.Advice: Themes					
04:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
05:00	TODAY EARLY NEWS	Captioned	Live	HD	WS	NA
	Today Early News with up to date news from Australia and around the world as well as the latest in sport and weather.					
05:30	TODAY	Captioned	Live	HD	WS	NA
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.					

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Fri May 24, 2024

06:00	TODAY	Captioned	Live	HD	WS	NA	
	Join Karl Stefanovic and Sarah Abo along with the TODAY team as they bring you the latest in news, current affairs, sports, politics, entertainment, fashion, health and lifestyle.						
09:00	TODAY EXTRA	Captioned	Live	HD	WS	PG	
	Join the TODAY EXTRA team for an exciting mix of topical issues, the best celebrity interviews, cooking with Australia's top chefs, LIVE music performances, the latest in fashion and beauty trends.						
11:30	9NEWS MORNING	Captioned	Live	HD	WS	NA	
	Join 9News for up to the minute news on local and international news including sport and weather.						
12:00	BUCKLEY'S CHANCE	2021	Captioned	Repeat	HD	WS	PG
	<i>Buckley's Chance</i>						
	A year after the loss of his father, Ridley and his mother, Gloria, move to Western Australian to live with Ridley's estranged grandfather Spencer. Ridley ends up lost deep in the outback on a quest to try to get home.						
	Starring: Bill Nighy, Martin Sacks, Victoria Hill Cons.Advice: Themes, Mild Coarse Language						
14:00	POINTLESS	Captioned	Repeat	HD	WS	PG	
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.						
15:00	TIPPING POINT	Captioned		HD	WS	PG	
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. Mystery prizes, game changing Double Counters and a £10,000 jackpot are all up for grabs for any player who can see off their human rivals and master the machine.						
16:00	9NEWS AFTERNOON	Captioned	Live	HD	WS	NA	
	9News Afternoon, live and local with the latest news across Australia and around the world including sport, and weather.						
17:00	TIPPING POINT AUSTRALIA	Captioned	Repeat	HD	WS	PG	
	Hosted by Australian tennis legend, Todd Woodbridge, Tipping Point Australia will push contestants' luck to the very edge. Three contestants will go head to head against the mesmerising machine with one lucky contestant playing for the Jackpot.						

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Fri May 24, 2024

18:00	9NEWS	Captioned	Live	HD	WS	NA
	Join 9News for the latest in news and events that affect you in your local city, as well as news from across Australia and the world.					
19:00	A CURRENT AFFAIR	Captioned	Live	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
19:30	LIVE: NRL FRIDAY NIGHT FOOTY	Captioned	Live	HD	WS	NA
	<i>Sea Eagles v Storm</i> Wide World of Sports presents Friday Night footy with Sea Eagles v Storm, live from 4 Pines Park. Join our expert commentary team for all the action, analysis and post match interviews. Kick off at 8:00PM AEST.					
21:55	LIVE: GOLDEN POINT	Captioned	Live	HD	WS	NA
	<i>Sea Eagles v Storm</i> Join the Wide World of Sports team for the all the post-match NRL news and analysis.					
22:40	SURVIVOR 2015	Captioned	Repeat	HD	WS	M
	<i>Survivor</i> A Foreign Service Officer in London tries to prevent a terrorist attack set to hit New York, but is forced to go on the run when she is framed for crimes she did not commit. Starring: Milla Jovovich, Pierce Brosnan, Dylan McDermott Cons.Advice: Some Violence, Some Coarse Language					
00:40	TIPPING POINT	Captioned	Repeat	HD	WS	PG
	Hosted by Ben Shepherd, four players are pit against a mesmerising machine. Mystery prizes, game changing Double Counters and a £10,000 jackpot are all up for grabs for any player who can see off their human rivals and master the machine.					
01:35	POINTLESS	Captioned	Repeat	HD	WS	PG
	Hosted by Alexander Armstrong with assistance from Richard Osman. In each episode four teams of two contestants attempt to find correct but obscure answers to four rounds of general knowledge questions, with the winning team eligible to compete for the show's cash jackpot.					
02:30	EXPLORE TV - PORTUGAL & SPAIN	Captioned	Repeat	HD	WS	G
	As Trevor winds up his cruise along Portugal's River of Gold, he discovers the unique historical towns of Guimaraes and Lamego, learning about Portugal's unique religious medieval past. Back on the ship, Trevor learns a bit about what goes into the exquisite cuisine aboard the Viking Hemming as well as being introduced to the Portuguese tradition of Tuna (not the fish).					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	POSTCARDS	Captioned	Repeat	HD	WS	PG
	We're in Cobram for a getaway by the Murray. Maddie perfects her barista skills in North Melbourne. Guest presenter Bridget Hustwaite spends a day along Gertrude Street in Fitzroy. Shane explores Melbourne with Kon Karapanagiotidis.					

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Sydney Program Guide

Fri May 24, 2024

04:30	GLOBAL SHOP		Repeat	HD	WS	G
	<i>PowerXL Duo Nutrisealer</i> Home shopping programme.					
05:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:30	SKIPPY - THE BUSH KANGAROO		Repeat			G
	<i>Tex N. Ranger</i> Classic Australian series starring Ed Deveraux and Tony Bonner. Sonny and Skippy see a man get kicked off a cliff.					

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Sat May 25, 2024

06:00	GETAWAY	Captioned	Repeat	HD	WS	PG
	This week on Getaway David Reyne is in France, cruising the Seine River, visiting the sombre sites of the D-Day Landings plus the spectacular gardens that inspired Monet.					
06:30	A CURRENT AFFAIR	Captioned	Repeat	HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team. Hosted by Ally Langdon.					
07:00	WEEKEND TODAY	Captioned	Live	HD	WS	NA
	Join the Weekend Today team as they bring you the latest in news, sport, weather, politics, entertainment, fashion, health and lifestyle.					
10:00	TODAY EXTRA - SATURDAY	Captioned		HD	WS	PG
	Join the team for the best of TODAY EXTRA – an exciting mix of highlights from the week in review. Includes the best celebrity interviews, cooking with Australia's top chefs, the latest in fashion & more.					
12:00	DESTINATION WA	Captioned	Repeat	HD	WS	PG
	Today on Destination WA, Trev continues his private air tour 'down south' to the stunning Leeuwin Estate Winery and Chrissy shares one of her favourite nature spots on the doorstep of the city.					
12:30	MY WAY	Captioned		HD	WS	G
	<p><i>Incarcerated Artist</i></p> <p>Meet the prisoner-turned-painter whose life behind bars at Brisbane's most notorious, now defunct prison led him to discover his artistic talents. Now with his own gallery Wayne Weaver helps First Nations people clean the slate themselves.</p>					
12:45	THE SUMMIT	Captioned	Repeat	HD	WS	PG
	<p>In the rugged Alps of New Zealand's south island, 14 strangers will embark on an epic adrenaline-charged adventure unlike anything ever seen. In just 14 days, the group must reach the peak of a distant mountain to cash in a prize pool of \$1 million dollars.</p> <p>Cons.Advice: Some Coarse Language</p>					
14:15	THE SUMMIT	Captioned	Repeat	HD	WS	PG
	<p>In the rugged Alps of New Zealand's south island, 14 strangers will embark on an epic adrenaline-charged adventure unlike anything ever seen. In just 14 days, the group must reach the peak of a distant mountain to cash in a prize pool of \$1 million dollars.</p> <p>Cons.Advice: Some Coarse Language</p>					
15:30	THE LAP	Captioned		HD	WS	TBC
	<p><i>Wonders of the Bight</i></p> <p>This episode begins in Ceduna, SA, before traversing the iconic Nullarbor Plains. The journey highlights the lifeline of roadhouses and the desolate beauty of the landscape, peaking at the stunning Bunda Cliffs.</p>					
16:30	THE GARDEN GURUS	Captioned		HD	WS	G
	This week on the Garden Gurus; Simon's going on holiday and making sure his plants do too, Darren teaches us pot plants tips, and Simon takes us through DeWALT's newest hedge trimmer.					
17:00	9NEWS: FIRST AT FIVE	Captioned	Live	HD	WS	NA
	Join the 9News First At Five team for all the latest from around the country as well as sport and weather.					

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Sydney Program Guide

Sat May 25, 2024

17:30	GETAWAY	Captioned		HD	WS	PG
This week on Getaway we check into a health retreat in the Gold Coast hinterland, discover an underwater art installation in Indonesia's Gili Islands, plus enjoy the best of Japan on a cruise down the west coast.						

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Sat May 25, 2024

18:00	9NEWS - SATURDAY	Captioned	Live	HD	WS	NA
	Join the 9News team as they bring you all the latest in news; sport and weather.					
19:00	A CURRENT AFFAIR	Captioned		HD	WS	NA
	A Current Affair covers the realms of politics, crime, human rights, science, technology, celebrities and entertainment - all investigated by a dedicated team.					
19:30	JEOPARDY! AUSTRALIA	Captioned		HD	WS	G
	Stephen Fry hosts a new version of the legendary quiz show Jeopardy! Featuring Australian contestants for the first time, players guess the questions to the answers given. Testing their buzzer skills and their knowledge in a range of academic and popular categories, the winner gets to claim the title and keep the prize money.					
20:30	JOHN WICK 2014	Captioned	Repeat	HD	WS	MA
	<p><i>John Wick</i></p> <p>After the death of his wife, an ex-hitman comes out of retirement to track down the gangsters that took everything from him.</p> <p>Starring: Keanu Reeves, Michael Nyqvist, Alfie Allen</p> <p>Cons.Advice: Strong Violence, Some Coarse Language</p>					
22:30	MAD MAX: FURY ROAD 2015	Captioned	Repeat	HD	WS	MA
	<p><i>Mad Max: Fury Road</i></p> <p>A woman rebels against the tyrannical ruler of a post-apocalyptic wasteland, in search for her home with the help of a group of female prisoners, a psychotic worshipper, and a drifter named Max.</p> <p>Starring: Charlize Theron, Tom Hardy, Rosie Huntington-Whiteley</p> <p>Cons.Advice: Strong Violence, Themes</p>					
00:45	THE LAP	Captioned	Repeat	HD	WS	TBC
	<p><i>Wonders of the Bight</i></p> <p>This episode begins in Ceduna, SA, before traversing the iconic Nullarbor Plains. The journey highlights the lifeline of roadhouses and the desolate beauty of the landscape, peaking at the stunning Bunda Cliffs.</p>					
01:35	THE GARDEN GURUS	Captioned	Repeat	HD	WS	G
	This week on the Garden Gurus; Simon's going on holiday and making sure his plants do too, Darren teaches us pot plants tips, and Simon takes us through DeWALT's newest hedge trimmer.					
02:00	THE INCREDIBLE JOURNEY PRESENTS			HD	WS	PG
	<p>Religious program.</p> <p>Cons.Advice: Themes</p>					
02:30	GETAWAY	Captioned	Repeat	HD	WS	PG
	This week on Getaway we check into a health retreat in the Gold Coast hinterland, discover an underwater art installation in Indonesia's Gili Islands, plus enjoy the best of Japan on a cruise down the west coast.					
03:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					

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Sat May 25, 2024

03:30	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
04:30	GLOBAL SHOP		Repeat	HD	WS	G
	Home shopping programme.					
05:00	TV SHOP - HOME SHOPPING		Repeat	HD	WS	G
	Home shopping programme.					
05:30	HELPING HANDS	Captioned	Repeat	HD	WS	PG
	Celebrating the people and organisations across Australia who make the world a better place. Today we see Turbans for Australia in action and our panel discuss the benefits of volunteering. helpinghands.tv					

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