

PROGRAM

GUIDES



Week 21

Sunday May 15th, 2016

- 5:00 am **Korean News** - News via satellite from YTN Korea, in Korean, no subtitles.
- 5:30 am **Indonesian News** - News via satellite from TVRI Jakarta, in Indonesian, no subtitles.
- 6:10 am **Hong Kong News** - News via satellite from TVB Hong Kong, in Cantonese, no subtitles.
- 6:30 am **Chinese News** - News via satellite from CCTV Beijing, in Mandarin, no subtitles.
- 7:00 am **Russian News** - News via satellite from NTV Moscow, in Russian, no subtitles.
- 7:30 am **Polish News** - Wydarzenia from Polsat in Warsaw via satellite, in Polish, no subtitles.
- 8:00 am **Maltese News** - News from Public Broadcasting Services Limited, Malta, in Maltese, no subtitles.
- 8:30 am **Macedonian News** - News via satellite from public broadcaster MRT in Skopje, in Macedonian, no subtitles.
- 9:00 am **PopAsia** - Features back-to-back videos from artists across Asia and all the latest news and interviews from the Korean, Japanese, Mandarin and Cantonese pop scenes. Hosted by Jamaica dela Cruz and Andy Trieu. (An SBS Production) (Entertainment Series) PG
- 10:00 am **Croatian News** - News via satellite from HRT Croatia, in Croatian, no subtitles.
- 10:30 am **Serbian News** - News via satellite from Serbian Broadcasting Corporation, in Serbian, no subtitles.
- 11:00 am **Japanese News** - News via satellite from NHK Tokyo in Japanese, no subtitles.
- 11:35 am **Punjabi News** - Punjabi news service.
- 12:05 pm **Hindi News** - News via satellite from NDTV India, in Hindi, no subtitles.
- 12:30 pm **Dutch News** - News via satellite from BVN, in Dutch, no subtitles.
- 1:00 pm **MOVIE:**
The Black Stallion - While traveling with his father, young Alec becomes fascinated by a mysterious Arabian stallion who is brought on board and stabled in the ship he is sailing on. When it tragically sinks both he and the horse survive only to be stranded on a desert island. He befriends it, so when finally rescued, both return to his home where they soon meet Henry Dailey, a once-successful trainer. Together they begin training the stallion to race against the fastest horses in the world. (From the US) (Movie) (1979) (Rpt) (class. tba)



Sunday May 15th, 2016

- 3:10 pm **Dumpy Goes To The Big Smoke** - Apart from a few cats, there's nothing nice about this place. (Australia) (Short Film) (2012) (Drama) PG
- 3:25 pm **Iron Chef** - Join Takeshi Kaga, founder of the Gourmet Academy, and his Iron Chefs in this cult cook-off series. In each episode, one of the Iron Chefs is challenged by a guest chef and their skills are put to the test. (From Japan, English narration) (Food Series) (Rpt) G CC
- 4:15 pm **The Friday Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (SBS Production)
- 4:45 pm **The Brain: China** - The Brain is a talent show that celebrates the gifted minds and incredible skills of extraordinary men, women, and children. In each episode, seven contestants must perform mental and physical challenges that are impossible for the everyday person, such as solving a series of Rubik's Cube completely blindfolded in under five minutes. Candidates who successfully complete their personal challenge progress to the final round and qualify for the winning vote at the end of the show. The TV audience ultimately decides who the most skilful person in the country is. (From China, in Mandarin) (Entertainment Series) (Rpt) G
- 6:35 pm **Ninja Warrior Sweden** - The very best and most physically fit people take on the world's toughest obstacle course. We follow 125 of Sweden's most well-trained and versatile athletes as they take on the Ninja Warrior course in search of glory and a half million Swedish kronor. (S.1 Ep.1) (From Sweden, in Swedish) (Entertainment Series) G
- 7:30 pm **If You Are The One** - With a viewing audience of up to 50 million per episode, this popular Chinese dating show is a cultural phenomenon. A lone male suitor has to impress a panel of 24 single women, who can then register their interest or disinterest in the man through the use of their podium lights. Popular host Meng Fei oversees the action in front of a large studio audience. (From China, in Mandarin) (Entertainment Series) G
- 8:30 pm **The Spoils Before Dying - That's Jazz** - Rock performs on a jazz television show and later meets Kenton Price, a close friend of Stygamian's. Rock is accused of a second murder and the mystery deepens. (S.1 Ep.3) (From the US) (Comedy Series) M(V) ****New Episode****
- 9:00 pm **The Spoils Before Dying - Fear Steps In** - While trying to uncover the mystery, Kenton Price (Michael Sheen) is shot. Rock goes to Stygamian's house where Rock is drugged in a secret lair. (S.1 Ep.4) (From the US) (Comedy Series) M(V) ****New Episode****
- 9:30 pm **South Park - Cartman Finds Love** - There's a new girl in school and everyone wants to know who she has a crush on. Cartman is especially excited. He's discovered something inside himself that he never knew he had. Now, to make sure nobody gets in the way of true love, it's time for Cartman to finally let someone know exactly how he feels. (From the US) (Comedy Series) (Rpt) M(S,L) CC



Sunday May 15th, 2016

- 9:55 pm **South Park - Sarcastaball** - As a concerned parent, Randy radically changes the way football is played at South Park Elementary. The new version of the game quickly becomes the nation's most popular sport. One gifted student emerges as a star athlete in Sarcastaball. (From the US) (Animated Comedy Series) (Rpt) M (S,A) CC
- 10:20 pm **Full Frontal With Samantha Bee** - Comedian, writer, actress and political commentator Samantha Bee brings her sassy, smart and satirical point of view to a range of current and relevant issues in her very own late night comedy show. With her signature wit, Samantha tackles the taboo topics in a way that no one else can. (From the US) (Entertainment) M ****New Episode****
- 10:45 pm **Full Frontal With Samantha Bee** - Comedian, writer, actress and political commentator Samantha Bee brings her sassy, smart and satirical point of view to a range of current and relevant issues in her very own late night comedy show. With her signature wit, Samantha tackles the taboo topics in a way that no one else can. (From the US) (Entertainment) M ****New Episode****
- 11:10 pm **Full Frontal With Samantha Bee** - Comedian, writer, actress and political commentator Samantha Bee brings her sassy, smart and satirical point of view to a range of current and relevant issues in her very own late night comedy show. With her signature wit, Samantha tackles the taboo topics in a way that no one else can. (From the US) (Entertainment) M ****New Episode****
- 11:35 pm **Eurovision Song Contest 2016** - Coverage of this year's Eurovision Song Contest direct from Stockholm, Sweden with hosts Julia Zemiro and Sam Pang providing commentary. Australia's hopes lie in Dami Im to take the country to the top 5. (From Austria, in English) (Entertainment) ****Encore****
- 3:30 am **The Punk Syndrome** - While Eurovision captivated the world's attention earlier this year, there was one act in particular who captured the hearts of viewers at home - Finnish punk-rock band Pertti Kurikan nimipäivät. Formed in 2009 by four developmentally disabled guys, the documentary film follows the band's journey from their rehearsal room to cult success – which took them all the way to the world stage at the 2015 Eurovision Song Contest in Vienna. Loyal to true punk tradition, the band plays loud and harshly, and their lyrics are critical of the surrounding reality: poverty, housing problems, intoxicants and the attitudes towards disabled are brutally slung to the listener's face. This is what real punk is all about: misfits screaming their lungs out about real problems. (From Finland, in Finnish) (Documentary) (Culture) (Rpt) M(N,A,L) CC
- 4:40 am **CCTV News In English From Beijing** - The English language news channel from China Central Television (CCTV), the nation's largest national broadcasting network.



Monday May 16th, 2016

- 5:00 am **Korean News** - News via satellite from YTN Korea, in Korean, no subtitles.
- 5:30 am **Indonesian News** - News via satellite from TVRI Jakarta, in Indonesian, no subtitles.
- 6:10 am **Hong Kong News** - News via satellite from TVB Hong Kong, in Cantonese, no subtitles.
- 6:30 am **Chinese News** - News via satellite from CCTV Beijing, in Mandarin, no subtitles.
- 7:00 am **Cycling: Tour Of California 2016 – Stage 1** - Tour of California is the USA's biggest race on the global cycling calendar. For only the second time, the race progresses over eight stages and eight days from San Diego to Sacramento, covering the longest route since the event's 2006 debut. BMC Racing Team, a 9-time participant, will be led by Australian Rohan Dennis. (From the US) (Sport)
****Live to Eastern States****
- 9:05 am **Croatian News** - News via satellite from HRT Croatia, in Croatian, no subtitles.
- 9:40 am **Serbian News** - News via satellite from Serbian Broadcasting Corporation, in Serbian, no subtitles.
- 10:20 am **Portuguese News** - News via satellite from RTP Portugal (Lisbon), in Portuguese, no subtitles.
- 11:00 am **Japanese News** - News via satellite from NHK Tokyo in Japanese, no subtitles.
- 11:35 am **Punjabi News** - Punjabi news service.
- 12:05 pm **Hindi News** - News via satellite from NDTV India, in Hindi, no subtitles.
- 12:30 pm **Dutch News** - News via satellite from BVN, in Dutch, no subtitles.
- 1:00 pm **Urdu News** - News via satellite from PTV Pakistan in Islamabad, in Urdu, no subtitles.
- 1:30 pm **Tamil News** - News via satellite from PolimerTV as broadcast in India (Chennai), in Tamil, no subtitles.
- 2:00 pm **Thai News** - News via satellite from Thai Public Broadcasting Service, in Thai, no subtitles.
- 2:30 pm **Sri Lankan Sinhalese News** - News from Sri Lanka Rupavahini Corporation Colombo Sri Lanka, in Sinhalese, no subtitles.
- 3:00 pm **Bangla News** - News via satellite from Channel i Bangladesh, in Bangla, no subtitles.
- 3:30 pm **Romanian News** - News via satellite from TVRi Bucharest Romania, in Romanian, no subtitles.
- 4:00 pm **Dara O Briain: School Of Hard Sums** - Guest comedians Josie Long and Alex Horne pit their common sense against Dara's mathematically-minded brain as they battle it out to solve puzzles and problems set by Professor Marcus du Sautoy. Today's theme is, 'Maths at the End of the World'. (S.2, Ep.6) (From the UK & Japan) (Entertainment Series) (Rpt) G



Monday May 16th, 2016

- 4:35 pm **India's Dancing Superstar** - This is the ultimate dance battle between India's best dancers, as they perform to win the hearts of the country with their superlative talent. The show's philosophy is simple: dance is an expression of emotion and so everybody who has a passion for dance is welcome to perform on the program. Showcasing the best solo dancers and groups, the show covers all styles from Bollywood to hip-hop, and contemporary to Latin. Judges include Ashley Lobo, who trained at Sydney Dance Company, choreographer Geeta Kapur, and actor Riteish Deshmukh. (From India, in Hindi and English) (Entertainment Series) (Rpt) G
- 5:40 pm **If You Are The One** - With a viewing audience of up to 50 million per episode, this popular Chinese dating show is a cultural phenomenon. A lone male suitor has to impress a panel of 24 single women, who can then register their interest or disinterest in the man through the use of their podium lights. Popular host Meng Fei oversees the action in front of a large studio audience. (From China, in Mandarin) (Entertainment Series) (Rpt) G
- 6:40 pm **American Ninja Warrior - Denver Finals** - This heart-racing competition series is back for a sixth season, with hosts Matt Iseman, former NFL player Akbar Gbaja-Biamila, and co-host Jenn Brown. The action-packed series follows competitors as they tackle the world's most difficult obstacle courses in qualifying and finals rounds in Los Angeles, Dallas, St. Louis, Miami and Denver, with the national finals round in Las Vegas, on a four-stage course modelled after the famed Mount Midoriyama. (From the US) (Entertainment Series) (Rpt) G
- 7:30 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 8:00 pm **Human Resources - Talkin' Trash** - Tom and TerraCycle are close to finalizing a deal for a coffee table book of DIY upcycling ideas but the team first needs to create a sample chapter. In preparation for a meeting with the publisher, Albe asks Dean to work on being more professional. (S.1 Ep.2) (From the US) (Comedy Series) M(L) ****New Episode****
- 8:30 pm **Nathan For You - Smokers Allowed** - Nathan helps a dive bar get around anti-smoking laws. (S.3 Ep.5) (From the US) (Comedy Series) PG ****New Episode****
- 9:00 pm **Nathan For You - Hotel / Travel Agent** - A hotel tries to appeal to sexually active parents, a travel agent finds out how profit from her elderly customers, and Nathan shares his solution for never being late. (S.3 Ep.6) (From the US) (Comedy Series) PG ****New Episode****
- MOVIE:**
- 9:25 pm **Young Adult** - Mavis Gary is a successful writer of teen literature who returns to her hometown with a dual mission: to relive her glory days and steal away her now-married high-school sweetheart. However, her mission does not go exactly to plan, and she finds her homecoming more problematic than she expected. Instead, Mavis forms an unusual bond with a former classmate, who has also found it difficult to move past high school. (From the US) (Movie) (Drama) (2011) (Rpt) M(S,L) ****Wrong Coms****



Monday May 16th, 2016

MOVIE:

- 11:10 pm **Hollywood Shuffle** - An actor limited to stereotypical roles because of his ethnicity, dreams of making it big as a highly respected performer. As he makes his rounds, the film takes a satiric look at African American actors in Hollywood. Directed by and stars Robert Townsend. Also stars Craigus R. Johnson and Helen Martin. (From the US) Comedy) (1987) (Rpt) M(A,L) ****Wrong Coms****
- 12:40 am **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 1:10 am **The Sarah Silverman Program - A Good Van Is Hard To Find** - After repeatedly climbing into paedophiles' vans, Sarah realises that the guys driving vans aren't creepy by themselves, the vans make them that way. Meanwhile, Brian and Steve have a stand-off to decide whose turn it is to do the laundry. (From the US) (Comedy Series) (Rpt) M(S,A)
- 1:40 am **The Sarah Silverman Program - Wowschwitz** - Laura and Sarah mount duelling Holocaust memorials. Sarah invites her friend Murray, who was at Auschwitz, to be the guest of honour at her memorial. She does not realise that Murray was at Auschwitz as a guard. Brian and Steve mistake a police officer for Jay, steal his gun and replace it with a banana. (From the USA) (Comedy) (Rpt) M(V)
- 2:10 am **RuPaul's Drag Race - Make Dat Money** - The dolls break the bank as they perform in a pageant of dresses made out of money. RuPaul is joined by extra special guest judges LaToya Jackson & author-TV host Gigi Levangie Grazer. (From the US) (Entertainment) (Rpt) M(S)
- 3:00 am **RT News In English From Moscow** - RT from Moscow delivers the latest news and current affairs from around the world including special reports and entertainment news, in English.



Tuesday May 17th, 2016

- 5:00 am **Korean News** - News via satellite from YTN Korea, in Korean, no subtitles.
- 5:30 am **Indonesian News** - News via satellite from TVRI Jakarta, in Indonesian, no subtitles.
- 6:10 am **Hong Kong News** - News via satellite from TVB Hong Kong, in Cantonese, no subtitles.
- 6:30 am **Chinese News** - News via satellite from CCTV Beijing, in Mandarin, no subtitles.
- 7:00 am **Cycling: Tour Of California 2016 - Stage 2** - Tour of California is the USA's biggest race on the global cycling calendar. For only the second time, the race progresses over eight stages and eight days from San Diego to Sacramento, covering the longest route since the event's 2006 debut. BMC Racing Team, a 9-time participant, will be led by Australian Rohan Dennis. (From the US) (Sport)
****Live to Eastern States****
- 9:05 am **Croatian News** - News via satellite from HRT Croatia, in Croatian, no subtitles.
- 9:40 am **Serbian News** - News via satellite from Serbian Broadcasting Corporation, in Serbian, no subtitles.
- 10:20 am **Portuguese News** - News via satellite from RTP Portugal (Lisbon), in Portuguese, no subtitles.
- 11:00 am **Japanese News** - News via satellite from NHK Tokyo in Japanese, no subtitles.
- 11:35 am **Punjabi News** - Punjabi news service.
- 12:05 pm **Hindi News** - News via satellite from NDTV India, in Hindi, no subtitles.
- 12:30 pm **Dutch News** - News via satellite from BVN, in Dutch, no subtitles.
- 1:00 pm **Urdu News** - News via satellite from PTV Pakistan in Islamabad, in Urdu, no subtitles.
- 1:30 pm **Tamil News** - News via satellite from PolimerTV as broadcast in India (Chennai), in Tamil, no subtitles.
- 2:00 pm **Thai News** - News via satellite from Thai Public Broadcasting Service, in Thai, no subtitles.
- 2:30 pm **Sri Lankan Sinhalese News** - News from Sri Lanka Rupavahini Corporation Colombo Sri Lanka, in Sinhalese, no subtitles.
- 3:00 pm **Bangla News** - News via satellite from Channel i Bangladesh, in Bangla, no subtitles.
- 3:30 pm **Nepali News** - News via satellite from Nepal Television in Kathmandu, in Nepali, no subtitles.
- 4:00 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)



Tuesday May 17th, 2016

- 4:30 pm **India's Dancing Superstar** - This is the ultimate dance battle between India's best dancers, as they perform to win the hearts of the country with their superlative talent. The show's philosophy is simple: dance is an expression of emotion and so everybody who has a passion for dance is welcome to perform on the program. Showcasing the best solo dancers and groups, the show covers all styles from Bollywood to hip-hop, and contemporary to Latin. Judges include Ashley Lobo, who trained at Sydney Dance Company, choreographer Geeta Kapur, and actor Riteish Deshmukh. (From India, in Hindi and English) (Entertainment Series) (Rpt) G
- 5:35 pm **If You Are The One** - With a viewing audience of up to 50 million per episode, this popular Chinese dating show is a cultural phenomenon. A lone male suitor has to impress a panel of 24 single women, who can then register their interest or disinterest in the man through the use of their podium lights. Popular host Meng Fei oversees the action in front of a large studio audience. (From China, in Mandarin) (Entertainment Series) (Rpt) G
- 6:40 pm **American Ninja Warrior - Denver Finals** - This heart-racing competition series is back for a sixth season, with hosts Matt Iseman, former NFL player Akbar Gbaja Biamila, and co-host Jenn Brown. The action-packed series follows competitors as they tackle the world's most difficult obstacle courses in qualifying and finals rounds in Los Angeles, Dallas, St. Louis Miami and Denver, with the national finals round in Las Vegas, on a four-stage course modelled after the famed Mount Midoriyama. (From the US) (Entertainment Series) (Rpt) G
- 7:30 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 8:00 pm **Full Frontal With Samantha Bee** - Comedian, writer, actress and political commentator Samantha Bee brings her sassy, smart and satirical point of view to a range of current and relevant issues in her very own late night comedy show. With her signature wit, Samantha tackles the taboo topics in a way that no one else can. (From the US) (Entertainment) M
- 8:30 pm **Stacey Dooley In The USA** - Stacey Dooley travels to Chicago, the murder capital of the US, where almost half of those killed in 2013 were under 25. She meets the Hardman family, struggling to come to terms with the murder of their 19-year old daughter Ashley, killed in the crossfire of a gang shooting. In a prison boot camp for young offenders, Stacey gets to know David. He's been in prison four times and he's just 19. She reports on his struggle to turn his back on the gang lifestyle. (From the UK) (Documentary) PG
- 9:25 pm **Orphan Black** – Having now settled into a sense of normalcy, Sarah receives a call about a mysterious ally tied to Beth Childs, and follows her footsteps towards a horrifying but familiar direction. (S.4 Ep.5) (From Canada) (class. tba) ****New Episode****



Tuesday May 17th, 2016

- 10:15 pm **Wild Ride - Veronica Prays** - Despite a late night arrival, the group is up early. As everyone is preparing to get on the road, Team Bazooka decides to get last minute supplies but Liz nearly crashes the tuk tuk. Veronica, terrified of her teammate's driving, seeks refuge with another team. Little does she know, it's her new driver Chris's first time driving a manual transmission. Team Kitty, living up to their new nickname 'Drama Tuk', continues to have issues and as soon as everything seems to be going smoothly - the tuk tuks hit their first traffic jam. The testosterone driven Teams Reindeer and Frozzie pull ahead leaving everyone else to find their own way. (S.1 Ep.3) (From Canada & the US, in English & Thai) (Documentary Series) M(L)
- 10:45 pm **Wild Ride - Party Like You Mean It** - Team Reindeer pushed their tuk tuk to its limits the night before. They luckily find a mechanic but it soon becomes obvious the repairs will take all day, forcing them to stay in the small town of Khon Kaen for another night. By nightfall the Reindeer boys have a new clutch and everyone decides to celebrate with a night on the town. The teams make a spectacular entrance at a local beer garden, which they quickly overrun leaving the local Thais wondering what just happened. Back at the hotel, an alcohol fuelled duel over Swedish Karin risks breaking up Gui and Phil's decade old friendship. (S.1 Ep.4) (From Canada & the US, in English & Thai) (Documentary Series) M(L)
- 11:15 pm **South Park - Christian Rock Hard** - When the other boys kick Cartman out of their band, Cartman pulls his own group together to make music for Jesus. Meanwhile Stan, Kyle and Kenny are arrested for downloading music from the Internet. (From the US, in English) M (L,A) (Rpt) CC WS
- 11:40 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 12:10 am **12 Monkeys - The Keys** - It's 2015, and at the CIA headquarters in Langley, a presentation is underway describing Project Troy. What the CIA is after here is to take down that leaker of classified information: Adam Wexler. They can't do it with an airstrike, so they'll do it with a disease - which is the likeliest form of the deadly virus that wipes out humanity. Stars Aaron Stanford and Amanda Schull. (S.1,Ep.7) (From the US) (Drama Series) (Rpt) MA(V)
- 1:00 am **12 Monkeys - Yesterday** - Cole finds himself buried under rubble following the air strike in Chechnya. Cassie searches for Cole to confirm that the virus has been destroyed. In 2043, Jones sends Ramse and Whitley to Project Spearhead for help to retrieve Cole, but he finds the core that powers the time machine is fading. Stars Aaron Stanford and Amanda Schull. (S.1,Ep.8) (From the US) (Drama Series) (Rpt) MA(V)
- 1:45 am **@midnight** - A rotating lineup of today's top comedians will battle nightly to determine who has the funniest take on the day's social media and pop culture happenings and wear the crown of funniest person on Earth. (From the USA) (Comedy) (Rpt) M(S)
- 2:15 am **@midnight** - A rotating lineup of today's top comedians will battle nightly to determine who has the funniest take on the day's social media and pop culture happenings and wear the crown of funniest person on Earth. (From the USA) (Comedy) (Rpt) M(S)



Tuesday May 17th, 2016

2:50 am

France 24 News In English From Paris - International news and current affairs television from Paris, offering a French perspective on world events, in English.



Wednesday May 18th, 2016

- 5:00 am **Korean News** - News via satellite from YTN Korea, in Korean, no subtitles.
- 5:30 am **Indonesian News** - News via satellite from TVRI Jakarta, in Indonesian, no subtitles.
- 6:10 am **Hong Kong News** - News via satellite from TVB Hong Kong, in Cantonese, no subtitles.
- 6:30 am **Chinese News** - News via satellite from CCTV Beijing, in Mandarin, no subtitles.
- 7:00 am **Cycling: Tour Of California 2016 - Stage 3** - Tour of California is the USA's biggest race on the global cycling calendar. For only the second time, the race progresses over eight stages and eight days from San Diego to Sacramento, covering the longest route since the event's 2006 debut. BMC Racing Team, a 9-time participant, will be led by Australian Rohan Dennis. (From the US) (Sport)
****Live to Eastern States****
- 9:05 am **Croatian News** - News via satellite from HRT Croatia, in Croatian, no subtitles.
- 9:40 am **Serbian News** - News via satellite from Serbian Broadcasting Corporation, in Serbian, no subtitles.
- 10:20 am **Portuguese News** - News via satellite from RTP Portugal (Lisbon), in Portuguese, no subtitles.
- 11:00 am **Japanese News** - News via satellite from NHK Tokyo in Japanese, no subtitles.
- 11:35 am **Punjabi News** - Punjabi news service.
- 12:05 pm **Hindi News** - News via satellite from NDTV India, in Hindi, no subtitles.
- 12:30 pm **Dutch News** - News via satellite from BVN, in Dutch, no subtitles.
- 1:00 pm **Urdu News** - News via satellite from PTV Pakistan in Islamabad, in Urdu, no subtitles.
- 1:30 pm **Tamil News** - News via satellite from PolimerTV as broadcast in India (Chennai), in Tamil, no subtitles.
- 2:00 pm **Thai News** - News via satellite from Thai Public Broadcasting Service, in Thai, no subtitles.
- 2:30 pm **Sri Lankan Sinhalese News** - News from Sri Lanka Rupavahini Corporation Colombo Sri Lanka, in Sinhalese, no subtitles.
- 3:00 pm **Bangla News** - News via satellite from Channel i Bangladesh, in Bangla, no subtitles.
- 3:30 pm **African News** - African news in English from France 24.
- 4:00 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)



Wednesday May 18th, 2016

- 4:30 pm **India's Dancing Superstar** - This is the ultimate dance battle between India's best dancers, as they perform to win the hearts of the country with their superlative talent. The show's philosophy is simple: dance is an expression of emotion and so everybody who has a passion for dance is welcome to perform on the program. Showcasing the best solo dancers and groups, the show covers all styles from Bollywood to hip-hop, and contemporary to Latin. Judges include Ashley Lobo, who trained at Sydney Dance Company, choreographer Geeta Kapur, and actor Riteish Deshmukh. (From India, in Hindi and English) (Entertainment Series) (Rpt) G
- 5:40 pm **If You Are The One** - With a viewing audience of up to 50 million per episode, this popular Chinese dating show is a cultural phenomenon. A lone male suitor has to impress a panel of 24 single women, who can then register their interest or disinterest in the man through the use of their podium lights. Popular host Meng Fei oversees the action in front of a large studio audience. (From China, in Mandarin) (Entertainment Series) (Rpt) G
- 6:40 pm **10,000 BC** - As hunger takes its toll on the libido of the stone-age men news of a baby rocks both tribes. Jay is allowed to take an urgent call from home. It's his first contact with the outside world in six weeks. In tears he leaves the experiment and heads home to his girlfriend and a surprise. But he's not the only one crying. George, abandoned as a baby, and brought up in a childrens' home hasn't cried for over 40 years. Can anyone return from this experiment quite the same as they were before? (S.2 Ep.7) (From the UK) (Entertainment Series) (class. tba) ****New Episode****
- 7:30 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 8:00 pm **Brooklyn Nine-Nine – The Swedes** - Jake and Rosa face international competition in an attempt to solve an international case. They're forced to work with a pair of Swedish cops and things get very competitive, very quickly. Meanwhile, Amy and Terry offer to help Gina prepare for a big test, and Holt enlists Charles to sub in as his squash partner for an annual tournament. (S.3 Ep.9) (From the US) (Comedy) PG CC ****New Episode****
- 8:25 pm **Brooklyn Nine-Nine – Yippie Kayak** – It's a die-hard Christmas as Jake, Charles and Gina are involved in a real-life Die Hard situation while off-duty on Christmas Eve. Terry must leave his family celebration to try and save his squad. Meanwhile, Amy tries to prove she's just as tough as Holt and Rosa. (S.3 Ep.10) (From the US) (Comedy) PG CC ****New Episode****
- MOVIE:**
- 8:55 pm **Phantom Of The Paradise** - Brian de Palma's insightful satire on the 1970s rock world. Swan (Paul Williams) is a powerful and mysterious impresario who both steals a rock cantata from Winslow Leach (William Finley) and frames him for a crime he didn't commit. Now with a desire for vengeance, Winslow plots revenge and haunts the Paradise, Swan's lavish new rock club. (From the US) (Comedy) (Movie) (1974) M(S,V) ****Cool Musicals****



Wednesday May 18th, 2016

MOVIE:

- 10:40 pm **Streets Of Fire** - Tom Cody and Ellen Aim grew up in the Chicago, street fighting 'Richmond District'. They used to be in love, but haven't seen each other in a few years. Ellen, now a beautiful, young rock singer, has been kidnapped by Racen and his gang. Ellen's manager Billy Fish hires Tom to save her, but he's in for a surprise. When Ellen finds out that Tom's been paid to rescue her, she's hurt and angry. It feels to Ellen like another unbearable loss on top of the first one, having lost Tom some years ago. Starring Michael Pare, Diane Lane, Willem Dafoe. (From the US) (Movie) (1984) M(V) ****Cool Musicals****
- 12:25 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 12:55 am **24 (India) - 5:00 P.M. - 6:00 P.M.** - Jai poses as Bala and goes to meet a contact who has vital information. However, a ATU agent with a grudge against Jai might risk the success of the mission. Meanwhile, ATU agent Siddharth meets Trisha and Kiran at the accident spot. (S,1,Ep.18) (From India, in Hindi & English) (Drama Series) (Rpt) M(V)
- 1:40 am **24 (India) - 6:00 PM - 7:00 PM** - Gill learns that Trisha and Kiran are safe and are on their way to ATU. Meanwhile, Jai and the other agents try to control the crowd at Eden Park and get information about the dead MSEB worker. (S.1,Ep.19) (From India, in Hindi & English) (Drama Series) (Rpt) M(V,D)
- 2:30 am **24 (India) - 7:00 P.M. - 8:00 P.M.** - Jai discovers a top secret detention centre houses someone from his past. Meanwhile, Trisha faints at ATU and Veer finds himself in jail. Raja and his soldiers raid the detention centre. (S.1,Ep.20) (From India, in Hindi & English) (Drama Series) (Rpt) MA(V)
- 3:20 am **24 (India) - 8:00 PM - 9:00 PM** - Jai is Ravinran's hostage. Ravindran captures Jai to get to his son, Bala. (S.1,Ep.21) (From India, in Hindi & English) (Drama Series) (Rpt) M(V)
- 4:15 am **Deutsche Welle English News** - News and analysis of the top international and European news and current affairs from Berlin, in English.



Thursday May 19th, 2016

- 5:00 am **Korean News** - News via satellite from YTN Korea, in Korean, no subtitles.
- 5:30 am **Indonesian News** - News via satellite from TVRI Jakarta, in Indonesian, no subtitles.
- 6:10 am **Hong Kong News** - News via satellite from TVB Hong Kong, in Cantonese, no subtitles.
- 6:30 am **Chinese News** - News via satellite from CCTV Beijing, in Mandarin, no subtitles.
- 7:00 am **Cycling: Tour Of California 2016 - Stage 4** - Tour of California is the USA's biggest race on the global cycling calendar. For only the second time, the race progresses over eight stages and eight days from San Diego to Sacramento, covering the longest route since the event's 2006 debut. BMC Racing Team, a 9-time participant, will be led by Australian Rohan Dennis. (From the US) (Sport)
****Live to Eastern States****
- 9:05 am **Croatian News** - News via satellite from HRT Croatia, in Croatian, no subtitles.
- 9:40 am **Serbian News** - News via satellite from Serbian Broadcasting Corporation, in Serbian, no subtitles.
- 10:20 am **Portuguese News** - News via satellite from RTP Portugal (Lisbon), in Portuguese, no subtitles.
- 11:00 am **Japanese News** - News via satellite from NHK Tokyo in Japanese, no subtitles.
- 11:35 am **Punjabi News** - Punjabi news service.
- 12:05 pm **Hindi News** - News via satellite from NDTV India, in Hindi, no subtitles.
- 12:30 pm **Dutch News** - News via satellite from BVN, in Dutch, no subtitles.
- 1:00 pm **Urdu News** - News via satellite from PTV Pakistan in Islamabad, in Urdu, no subtitles.
- 1:30 pm **Tamil News** - News via satellite from PolimerTV as broadcast in India (Chennai), in Tamil, no subtitles.
- 2:00 pm **Thai News** - News via satellite from Thai Public Broadcasting Service, in Thai, no subtitles.
- 2:30 pm **Sri Lankan Sinhalese News** - News from Sri Lanka Rupavahini Corporation Colombo Sri Lanka, in Sinhalese, no subtitles.
- 3:00 pm **Bangla News** - News via satellite from Channel i Bangladesh, in Bangla, no subtitles.
- 3:30 pm **Somali News** - News via satellite from Universal TV as broadcast in Somalia (Mogadishu), in Somali, no subtitles.
- 4:00 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)



Thursday May 19th, 2016

- 4:30 pm **India's Dancing Superstar** - This is the ultimate dance battle between India's best dancers, as they perform to win the hearts of the country with their superlative talent. The show's philosophy is simple: dance is an expression of emotion and so everybody who has a passion for dance is welcome to perform on the program. Showcasing the best solo dancers and groups, the show covers all styles from Bollywood to hip-hop, and contemporary to Latin. Judges include Ashley Lobo, who trained at Sydney Dance Company, choreographer Geeta Kapur, and actor Riteish Deshmukh. (From India, in Hindi and English) (Entertainment Series) (Rpt) G
- 5:40 pm **If You Are The One** - With a viewing audience of up to 50 million per episode, this popular Chinese dating show is a cultural phenomenon. A lone male suitor has to impress a panel of 24 single women, who can then register their interest or disinterest in the man through the use of their podium lights. Popular host Meng Fei oversees the action in front of a large studio audience. (From China, in Mandarin) (Entertainment Series) (Rpt) G
- 6:40 pm **10,000 BC** - Tension grips both tribes as stone-age Adonis, Dan Evans, gets close to a deer and takes aim. Desperate for protein after weeks of eating mostly fruit, nuts and cray fish another dusk-time hunt is underway. Both tribes agree to work together to secure a kill. But the Snake tribe betray the trading pact on sharing big kills 50/50 and keep a 13-pound fish for themselves. Will the Cray tribe take revenge when Dan finally brings down a young deer? (S.2 Ep.8) (From the UK) (Entertainment Series) (Class. tba) ****New Episode****
- 7:30 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 8:00 pm **Adam Ruins Everything - Voting** - Adam takes the viewer back in time to explore the history of the electoral college, explains that the Founding Fathers did not want most Americans to vote, and teaches viewers how to fix a political system that seems rigged against democracy.(S.1 Ep.7) (From the US) (Comedy Series) PG ****New Episode****
- 8:30 pm **Mythbusters - Killer Ping Pong Ball/Ice Cannon** - The Mythbusters crew return to bring the sexy back to science. Adam Savage and Jamie Hyneman, along with their fellow science super geeks Kari, Tory and Grant push their expertise to the limit as they mix, concoct, launch, explode, race, smash, shake, inflate, crash and bang their way through a bunch of brand new experiments as they separate fact from fiction. In tonight's series return, Adam and Jamie tackle the tall tale that supersonic ping-pong can go lethally wrong! Meanwhile, Kari, Grant and Tory tackle the ballistic mystery from history Ice Cannon. (Series Return) (From the US) (Entertainment Series) (Rpt) PG CC
- 9:30 pm **Dark Net - Exploit** - Among those with the highest risk for being exploited on the web are the most defenceless: children. Vast troves of child pornography are available with only a few clicks of a mouse. Who are these children, and who profits from their abuse? While technology is facilitating the darker side of our human impulses, it's also being touted as a possible cure to rehabilitate the very predators it harbours. (S.1 Ep.3) (From the US) (Documentary Series) ****New Episode****



Thursday May 19th, 2016

- 10:00 pm **Dark Net - CTRL** - The internet is an uncontrollable labyrinth of content and imagery, that operates under loose laws and partial anonymity - it's an exciting but precarious new frontier where people can do anything and see anything, whether they should or not. In this lawless landscape, who's in control: the protectors or the abusers? (S.1 Ep.4) (From the US) (Documentary Series) ****New Episode****
- 10:35 pm **Fighting The System** - Few people have the commitment to turn their backs on friends, family and security for the sake of something they passionately believe in. There's a growing number of young people whose frustration and lack of faith in parliament is driving them to take matters into their own hands. Meet the environmental activists taking over a power station, the feminists confronting Rupert Murdoch and his entourage, and the animal rights champions invading high street stores. (From the UK) (Documentary) M(L) ****New Documentary Premiere****
- 11:40 pm **League Nation Live** - Retired Broncos captain Justin Hodges and Logie nominee actor Aaron Fa'Aoso will lead a cast of league fanatics as NITV scores the newest and hottest NRL entertainment footy show, League Nation Live. (An NITV Production) (Sport) (Entertainment)
- 1:10 am **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 1:40 am **On The Piste** - In tonight's episode we meet three groups of holiday makers who take both drinking and skiing to the absolute limit. And resort workers Craig and Sean head to the track for a high octane, winner takes all skidoo race. Six lads from Barnet come to Pas de la Casa to drink the place dry, and maybe do a bit of skiing if time permits - there's dancing, vomiting and snogging as the boys tear up the town. Deano has always dreamed of doing a back flip on his snowboard but his pals Aaron and Alex aren't so confident of his ability and are willing to put a wager on it. If Deano doesn't pull off the stunt, he has to buy all the drinks on their final night out. (Ep.2) (From the UK) (Factual Entertainment Series) (Rpt) M(S,A,L)
- 2:35 am **Alarm for Cobra 11 - Operation Gemini** - Ben and Semir have to deal with a bratty teenager called Lisa, who is the rebellious daughter of very wealthy parents. Her father broke off all contact with her after she fell in love with a boy who her father deemed not good enough. Lisa tries to make ends meet by petty thieving whereby she happens to stumble upon a file with a highly explosive content, after which nothing will ever be the same. (From Germany, in German) (Drama Series) (Rpt) M(V)
- 3:30 am **NHK World English News** - News and information on Japan's politics, business, culture, entertainment and more, in English.



Friday May 20th, 2016

- 5:00 am **Korean News** - News via satellite from YTN Korea, in Korean, no subtitles.
- 5:30 am **Indonesian News** - News via satellite from TVRI Jakarta, in Indonesian, no subtitles.
- 6:10 am **Hong Kong News** - News via satellite from TVB Hong Kong, in Cantonese, no subtitles.
- 6:30 am **Chinese News** - News via satellite from CCTV Beijing, in Mandarin, no subtitles.
- 7:00 am **Cycling: Tour Of California 2016 - Stage 5** - Tour of California is the USA's biggest race on the global cycling calendar. For only the second time, the race progresses over eight stages and eight days from San Diego to Sacramento, covering the longest route since the event's 2006 debut. BMC Racing Team, a 9-time participant, will be led by Australian Rohan Dennis. (From the US) (Sport)
****Live to Eastern States****
- 9:05 am **Croatian News** - News via satellite from HRT Croatia, in Croatian, no subtitles.
- 9:40 am **Serbian News** - News via satellite from Serbian Broadcasting Corporation, in Serbian, no subtitles.
- 10:20 am **Portuguese News** - News via satellite from RTP Portugal (Lisbon), in Portuguese, no subtitles.
- 11:00 am **Japanese News** - News via satellite from NHK Tokyo in Japanese, no subtitles.
- 11:35 am **Punjabi News** - Punjabi news service.
- 12:05 pm **Hindi News** - News via satellite from NDTV India, in Hindi, no subtitles.
- 12:30 pm **Dutch News** - News via satellite from BVN, in Dutch, no subtitles.
- 1:00 pm **Urdu News** - News via satellite from PTV Pakistan in Islamabad, in Urdu, no subtitles.
- 1:30 pm **Tamil News** - News via satellite from PolimerTV as broadcast in India (Chennai), in Tamil, no subtitles.
- 2:00 pm **Thai News** - News via satellite from Thai Public Broadcasting Service, in Thai, no subtitles.
- 2:30 pm **Sri Lankan Sinhalese News** - News from Sri Lanka Rupavahini Corporation Colombo Sri Lanka, in Sinhalese, no subtitles.
- 3:00 pm **Bangla News** - News via satellite from Channel i Bangladesh, in Bangla, no subtitles.
- 3:30 pm **Armenian News** - News via satellite from Channel H1 Armenia (Yerevan), in Armenian, no subtitles.
- 4:00 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)



Friday May 20th, 2016

- 4:30 pm **India's Dancing Superstar** - This is the ultimate dance battle between India's best dancers, as they perform to win the hearts of the country with their superlative talent. The show's philosophy is simple: dance is an expression of emotion and so everybody who has a passion for dance is welcome to perform on the program. Showcasing the best solo dancers and groups, the show covers all styles from Bollywood to hip-hop, and contemporary to Latin. Judges include Ashley Lobo, who trained at Sydney Dance Company, choreographer Geeta Kapur, and actor Riteish Deshmukh. (From India, in Hindi and English) (Entertainment Series) (Rpt) G
- 5:40 pm **Brain Games - Living in Color** - Think you understand the colours you see every day? Think an apple is actually red, or a leaf is really green? Think again. This episode of Brain Games puts your brain to the ultimate test with a series of interactive games and fascinating experiments that will reveal a shocking truth - colour is just an illusion created by your brain. So get ready to colour outside the lines on Brain Games. (S.3 Ep.2) (From the US) (Documentary Series) G
- 6:05 pm **Street Genius - What Goes Up** - From shooting hoops in a moving vehicle to boiling up a bottle of bubbly in a microwave and dropping a piano from 100 feet in the air, Tim Shaw reveals more of the everyday science in the world around us. At every turn on his voyage of discovery Tim invites members of the public and the viewer to guess what happens next and work out exactly why things do what they do. (S.1 Ep.14) (From the US) (Documentary Series) PG
- 6:30 pm **Mythbusters - Ultimate Mythbuster** - Through a series of six tests Jamie and Adam compete to find out who is the ultimate Mythbuster. The first myth that is visited is who can hurl a tortilla the farthest, and keep the tortilla in one piece. Next up, Jamie and Adam's fear threshold is tested as both must handle Tanzanian giant millipedes, African emperor scorpions, tarantulas, and handfuls of corn snakes. The third test surrounds both of them having to see and feel the weight of three objects, and guess the objects weight. The fourth test is all about lateral thinking. Armed with paper, oranges, string, tape and rubber gloves, they must drop an egg from 8 metres without it breaking. (From the US) (Entertainment Series) (Rpt) PG CC
- 7:30 pm **The Friday Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (SBS Production)
- 8:00 pm **Illusions Of Grandeur - Detroit** - Zack heads to Detroit to perform some mind-boggling tricks. Unfortunately, a torrential downpour drenches the city and Zack gets rained out. Luckily for Zack, the world's largest gathering of magicians is taking place in a nearby town called Colon. Zack heads to the self-proclaimed "magic capital of the world" and soaks up the vibes in a village that is absolutely magic obsessed, performing magic and encountering some world class magicians. Inspired by the magic lovers in Colon, Zack returns to Detroit to attempt his most dangerous stunt yet. (S.1 Ep.5) (From Canada) (Documentary Series) PG ****New Episode****
- 8:30 pm **Release The Hounds** – Three unsuspecting contestants enter a dark and remote forest at dusk under the guise that they have the opportunity to unlock chests full of money. What host Reggie Yates isn't telling them is that to win big, they must first conquer a string of gruesome and gory challenges to locate the hidden keys. Overcoming the mental and physical hurdles is only the beginning of their challenge; they have to outrun a pack of dogs trained to guard the cash once they release the hounds. (S.1 Ep.3) (From the US) (Entertainment Series) (class. tba) ****New Episode****



Friday May 20th, 2016

- 9:25 pm **Adam Looking For Eve (Germany)** – Vivacious 28-year-old Klara thinks 42-year-old Eric is too rough for her. His incessant chatter isn't something the talkative blonde is used to. Help arrives when 34-year-old Alexandre comes to the island – Klara likes him right away. But it won't be easy for Klara to win him for herself. Another Eve is heading to the island: 38-year-old Sandra, who is also looking for her dream man. (S.1 Ep.3) (From Germany, in German) (Entertainment Series) (class. tba) ****New Episode****
- 10:15 pm **MOVIE:**
Ip Man - Donnie Yen stars as the eminent Wing Chun martial arts grandmaster, Yip Man, who was renowned for teaching Bruce Lee the secrets of the art he became famous for. Winner of Best Picture and Best Action Choreography at the 2009 Hong Kong Film Awards. Directed by Wilson Yip and also stars Simon Yam and Siu-Wong Fan. (From Hong Kong, in Cantonese, Japanese and Mandarin) (Action/Adventure) (2008) (Rpt) M (V) ****Kung Fu Fridays****
- 12:10 am **MOVIE:**
20th Century Boys - Based on a popular Japanese manga series, this is the first chapter in an epic three-part sci-fi fantasy series. The story begins in 1969 when young Kenji and his friends spend their holidays recording their apocalyptic fantasies in their 'Book of Prophecies'. Years later, a grown-up Kenji is working a menial job. However, when an old classmate dies, a strange series of events is sparked that come straight out of their childhood imaginings. Directed by Yukihiro Tsutsumi and stars Toshiaki Karasawa, Etsushi Toyokawa and Takako Tokiwa. (From Japan, in Japanese) (Cult) (2008) (Rpt) MA(V)
- 2:45 am **PopAsia** - Features back-to-back videos from artists across Asia and all the latest news and interviews from the Korean, Japanese, Mandarin and Cantonese pop scenes. Hosted by Jamaica dela Cruz and Andy Trieu. (An SBS Production) (Entertainment Series) PG
- 3:50 am **NHK World English News** - News and information on Japan's politics, business, culture, entertainment and more, in English.



Saturday May 21st, 2016

- 5:00 am **Korean News** - News via satellite from YTN Korea, in Korean, no subtitles.
- 5:30 am **Indonesian News** - News via satellite from TVRI Jakarta, in Indonesian, no subtitles.
- 6:10 am **Hong Kong News** - News via satellite from TVB Hong Kong, in Cantonese, no subtitles.
- 6:30 am **Chinese News** - News via satellite from CCTV Beijing, in Mandarin, no subtitles.
- 7:00 am **Cycling: Tour Of California 2016 - Stage 6** - Tour of California is the USA's biggest race on the global cycling calendar. For only the second time, the race progresses over eight stages and eight days from San Diego to Sacramento, covering the longest route since the event's 2006 debut. BMC Racing Team, a 9-time participant, will be led by Australian Rohan Dennis. (From the US) (Sport)
****Live to Eastern States****
- 9:05 am **Croatian News** - News via satellite from HRT Croatia, in Croatian, no subtitles.
- 9:40 am **Serbian News** - News via satellite from Serbian Broadcasting Corporation, in Serbian, no subtitles.
- 10:20 am **Portuguese News** - News via satellite from RTP Portugal (Lisbon), in Portuguese, no subtitles.
- 11:00 am **Japanese News** - News via satellite from NHK Tokyo in Japanese, no subtitles.
- 11:35 am **Punjabi News** - Punjabi news service.
- 12:05 pm **Hindi News** - News via satellite from NDTV India, in Hindi, no subtitles.
- 12:30 pm **Dutch News** - News via satellite from BVN, in Dutch, no subtitles.
- 1:00 pm **The Tim Ferriss Experiment - The Art of Golf** - Starting from zero, Tim attempts to master golf in just one week. From hi-tech swing analysis to cross training in a batting cage and a bowling alley, see how Tim's method can improve your handicap. (Ep.6) (From the US) (Entertainment) (Rpt) PG
- 1:25 pm **The Tim Ferriss Experiment - The Dating Game** - Braving the world of digital dating, can Tim find true love in a week? He samples all the tools and tricks and consults legendary pickup artist and author of The Game, Neil Strauss. (Ep.7) (From the US) (Entertainment Series) (Rpt) PG
- 1:50 pm **Kung Fu Motion - Man Juggling** - Harry Yuan arrives in Jinan, the capital of the Shandong Province and home of the famous Shandong Acrobatic Troupe. Under Master Yao Jian Guo, the troupe has won an international reputation for its man juggling act. This stunt requires the juggler to toss, flip, and flick his team mates high into the air, using leg power and a fine sense of trajectory. After five days of training, Harry hopes to perform with the troupe as they build a towering pyramid of men. The troupe has a reputation to protect and Harry must make sure he doesn't let them down. (S.1,Ep.4) (From the US, in English and Mandarin) (Entertainment Series) G
- 2:45 pm **Superbike World Championship 2016** - Round 6: Sepang, Malaysia. Coverage of Round 6 of the 2016 Superbike World Championship from Sepang International Circuit. (Motor Sport) CC



Saturday May 21st, 2016

- 3:45 pm **Celebrity Chef** - This new series invites a Michelin-starred chef to tutor ten Chinese stars - all self-confessed foodies - in a variety of special regional styles of food preparation. The celebrities are then called on to use their newfound skills in a series of studio-based challenges, competing against one another to impress a panel of judges and proceed to the next round. The ultimate winner will take home the trophy for being China's best Celebrity Chef, along with a deal for a cookbook and a million yuan donation to the charity of their choice. (From China, in Mandarin) (Entertainment Series) (Rpt) G
- 5:05 pm **Brain Games - Don't Be Afraid** - Facts and fun come together to teach us exactly what lies within your brain. This series examines the secrets to good and evil, strange pathways that connect you to your body, and a hidden 'you' controlling your actions without you even realising it. Delve into topics like focus, fear, persuasion, decision-making and neural fitness and turn your mind's eye inwards, for an entertaining and revealing journey. (From the US) (Entertainment Series) (Rpt) G
- MOVIE:**
- 5:35 pm **Wolf** - Filmed on location in the striking Siberian mountains, 16-year-old Sergei has been entrusted to drive his clan's reindeer herd across the summer pastures and protect them with his life against the wolves that hunt them. Trained from childhood to kill the dreaded wolves, he is forced to question his mission when he comes face to face with some wolf cubs and their mother. Directed by Nicolas Vanier and stars Nicolas Brioude, Pom Klementieff and Min Man Ma. (From France, in French) (Drama) (2009) (Rpt) PG
- 7:30 pm **If You Are The One** - With a viewing audience of up to 50 million per episode, this popular Chinese dating show is a cultural phenomenon. A lone male suitor has to impress a panel of 24 single women, who can then register their interest or disinterest in the man through the use of their podium lights. Popular host Meng Fei oversees the action in front of a large studio audience. (From China, in Mandarin) (Entertainment Series) G ****New Episode****
- 8:30 pm **7 Days In Hell – Pirate Castaways** - Early spring of 1722 on Roatan Island, thirty miles off the coast of Honduras. Roatan consists of rocky shores, thick jungles and mangrove swamps and is plagued by hordes of black flies, crocodiles and the venomous coral snake. Brett and Cliff take the course of escaped prisoners on the run from pirates. They'll have to explore the jungle for fresh water, search for edible fruit, hunt for lizards, spear fish and find wood for shelter, all while barefoot. Their only hope for rescue is a passing vessel from a friendly nation. (S.1 Ep.2) (From Canada) (Entertainment Series) M(L)
- 9:20 pm **Survive Aotearoa - Escape and Evasion: Rimutaka Forest Park** - Barrie and Chris team up with Glen Osborne and Matua Parkinson in a chase and evade race. Each team must fulfill a list of survival milestones, including a night in the bush, before navigating their way to a specified point, if the evaders get there without the hunters catching them, they win the task. However if the hunters shoot them with their paintball gun prior to the pick point then they win. All the boys are fiercely competitive and no one will want to lose or even worse the all important bragging rights! (S.1 Ep.13) (From New Zealand, in English & Maori) (Documentary Series) M(L) ****New Episode****



Saturday May 21st, 2016

- 10:20 pm **MOVIE:**
Vicky Cristina Barcelona - Two girlfriends on a summer holiday in Spain become enamoured with the same painter, unaware that his ex-wife, with whom he has a tempestuous relationship, is about to re-enter the picture. Winner of the 2009 Oscar for Best Performance by an Actress in a Supporting Role (Penélope Cruz). Directed by Woody Allen and also stars Scarlett Johansson, Javier Bardem and Rebecca Hall. (From the US, in English and Spanish) (Comedy) (2008) (Rpt) M(A) CC
- 12:05 am **MOVIE:**
The Vicious Kind – Caleb Sinclair reluctantly picks up his brother Peter at college and brings him and his new girlfriend Emma home for the Thanksgiving holiday. Caleb, who recently broke up with his long-time girlfriend is very wary of relationships, and warns Peter that Emma will hurt him. Caleb can't stop himself from becoming infatuated with her; as his feelings grow, he must decide whether to act on his feelings or protect his brother's first love. (From the US) (Movie) (2009) MA(S,L)
- 1:50 am **MOVIE:**
The Tree Of Life - Director, Terrence Malick traces the evolution of an 11-year-old boy in the Midwest, from his first experiences of joy love and mercy (from his mother), to his introduction to the 'ways of the world' (from his father). Each parent contends for his allegiance, and the boy must reconcile their claims. His experience of the world, once a thing of glory, becomes a labyrinth as he seeks unselfish love. (From the US) (Film) (Drama) (2010) PG CC
- 4:45 am **CCTV News In English From Beijing** - The English language news channel from China Central Television (CCTV), the nation's largest national broadcasting network.