

PROGRAM

GUIDES



Week 31

Sunday July 24th, 2016

- 5:00 am **Korean News** - News via satellite from YTN Korea, in Korean, no subtitles.
- 5:30 am **Indonesian News** - News via satellite from TVRI Jakarta, in Indonesian, no subtitles.
- 6:10 am **Hong Kong News** - News via satellite from TVB Hong Kong, in Cantonese, no subtitles.
- 6:30 am **Chinese News** - News via satellite from CCTV Beijing, in Mandarin, no subtitles.
- 7:00 am **Russian News** - News via satellite from NTV Moscow, in Russian, no subtitles.
- 7:30 am **Polish News** - Wydarzenia from Polsat in Warsaw via satellite, in Polish, no subtitles.
- 8:00 am **Maltese News** - News from Public Broadcasting Services Limited, Malta, in Maltese, no subtitles.
- 8:30 am **Macedonian News** - News via satellite from public broadcaster MRT in Skopje, in Macedonian, no subtitles.
- 9:00 am **PopAsia** - Features back-to-back videos from artists across Asia and all the latest news and interviews from the Korean, Japanese, Mandarin and Cantonese pop scenes. Hosted by Jamaica dela Cruz and Andy Trieu. (An SBS Production) (Entertainment Series) PG
- 10:00 am **Croatian News** - News via satellite from HRT Croatia, in Croatian, no subtitles.
- 10:30 am **Serbian News** - News via satellite from Serbian Broadcasting Corporation, in Serbian, no subtitles.
- 11:00 am **Japanese News** - News via satellite from NHK Tokyo in Japanese, no subtitles.
- 11:35 am **Punjabi News** - Punjabi news service.
- 12:05 pm **Hindi News** - News via satellite from NDTV India, in Hindi, no subtitles.
- 12:30 pm **Dutch News** - News via satellite from BVN, in Dutch, no subtitles.
- MOVIE:**
- 1:00 pm **The Legend Of Sarila** - Three young Inuits set off in search of a promised land to save their clan from starvation. (From Canada) (Movie) (Children) (Animation) (2013) (Rpt) PG
- 2:30 pm **The Friday Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (SBS Production)



Sunday July 24th, 2016

- 3:00 pm **Tour De France: Stage Replay** - Replay of the Tour de France. Hosted by Michael Tomalaris. Reporting by Dave McKenzie and Henk Vogels. Commentary by Robbie McEwen, Matthew Keenan, Phil Liggett and Paul Sherwen. (France) (Sport) (Cycling) CC ****Replay****
- 5:00 pm **In Transit** - Amy, an Australian who has just moved to Singapore, crosses paths with Nate, a Singaporean on his way to Brisbane. They form an online friendship, sharing their experiences as they try to settle into their new lives, leading to a relationship that Amy is not sure she is ready for. (From Australia & Singapore) (Short) (Rpt) G CC
- 5:15 pm **Space Dandy - Plants Are Living Things Too, Baby** - This dreamy adventurer with a to-die-for pompadour travels across the galaxy in search of aliens no one has ever laid eyes on. Each new species he discovers earns him a hefty reward, but this dandy has to be quick on his feet because it's first come - first served! Accompanied by his sidekicks, a rundown robot named QT and Meow the cat-looking space alien, Dandy bravely explores unknown worlds inhabited by a variety of aliens. (S.1 Ep.9) (From Japan, in English) (Animation Series) (Rpt) PG
- 5:45 pm **365: Every Day Documentaries - I Love Being Naked** - This docobite features a story from Miss Ruby Sparks about her love for burlesque performance, and her fascination with being an exhibitionist. (S.1 Ep.36) (From Australia) (Documentary Series) PG ****SBS Explores Identity****
- 5:50 pm **Where Are We Going, Dad?** - The Chinese version of the Korean reality series 'Dad! Where Are We Going?' has taken China by storm with 75 million hits per episode as five celebrity fathers and their tiny sprogs traipse across China, tackling various challenges along the way. (S.1 Ep.1) (From China, in Mandarin) (Entertainment Series) (Class. tba) ****New Series Premiere****
- 7:30 pm **If You Are The One** - With a viewing audience of up to 50 million per episode, this popular Chinese dating show is a cultural phenomenon. A lone male suitor has to impress a panel of 24 single women, who can then register their interest or disinterest in the man through the use of their podium lights. Popular host Meng Fei oversees the action in front of a large studio audience. (From China, in Mandarin) (Entertainment Series) G
- 8:30 pm **Drunk History UK - Tom Parry And Elis James And John Robins** - Elis James and John Robins discuss the Battle of Waterloo, and Tom Parry tells us about Arthur Conan Doyle becoming a real-life Sherlock. (S.2 Ep.8) (From the UK) (Comedy Series) M(L,A) ****New Episode****
- 9:00 pm **South Park - The Cissy** - Stan is searching for answers about how a person who he's always known to be one thing could suddenly identify with another. In the meantime, the pressure of holding on to a giant secret is starting to get to Randy. (S.18,Ep.3) (From the US) (Animated Comedy Series) (Rpt) MA (S,A,L,D)
- 9:30 pm **Full Frontal With Samantha Bee** - Comedian, writer, actress and political commentator Samantha Bee brings her sassy, smart and satirical point of view to a range of current and relevant issues in her very own late night comedy show. With her signature wit, Samantha tackles the taboo topics in a way that no one else can. (From the US) (Entertainment) M



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- 10:00 pm **Full Frontal With Samantha Bee** - Comedian, writer, actress and political commentator Samantha Bee brings her sassy, smart and satirical point of view to a range of current and relevant issues in her very own late night comedy show. With her signature wit, Samantha tackles the taboo topics in a way that no one else can. (From the US) (Entertainment) M
- 10:30 pm **Sex Box USA** - Anita and Alton have been married 14 years with 4 kids. As high school sweethearts, Alton has been Anita's one and only partner, but their passion has turned into best friend affection. Marissa and Eric, in a 4 month committed relationship, are lacking trust and aren't able to connect in a meaningful way. Hector and Stephanie, together for six years, have a normal life except for a swinger lifestyle. Currently they have a girlfriend. (S.1 Ep.6) (From the US) (Documentary Series) M(S,A)
- 11:20 pm **Shot By Kern** - Seasoned photographer Richard Kern, best known for his images of scantily-clad, amateur models, travels around the globe to interview and shoot hundreds of women in their homes and apartments, capturing them even during their most intimate moments, including everything from brushing their teeth topless to lying naked in bed. (From the US) (Documentary Series) (Rpt) MA(S,N,A)
- 11:50 pm **Shot By Kern** - Seasoned photographer Richard Kern, best known for his images of scantily-clad, amateur models, travels around the globe to interview and shoot hundreds of women in their homes and apartments, capturing them even during their most intimate moments, including everything from brushing their teeth topless to lying naked in bed. (From the US) (Documentary Series) (Rpt) MA(S,N,A)
- 12:20 am **Craigslist Joe** - In a time when America's economy was crumbling and sense of community was in question, one guy left everything behind to see if he could survive solely on the support and goodwill of the 21st century's new town square: Craigslist. Cut off from everyone he knew and everything he owned, Joe Garner embarked on a journey, armed with only a laptop, cell phone, toothbrush and the clothes on his back. For 31 days and nights, everything in his life would come from the Craigslist website. From transportation to food, from shelter to companionship, Joe must depend on the generosity of people who he had never met. Will Joe be able to survive with nothing, apart from the goodwill of others? (From the US) (Documentary) (Rpt) M(S,L)
- 2:05 am **MOVIE:**
20 Cigarettes - Based on director Aureliano Amadei's 2003 experiences in Iraq, this film is the gripping story of a 28-year-old anarchist and anti-war activist who receives an offer to fly to Iraq as assistant director on a film about the Italian military 'peace mission'. (From Italy, in Italian & English) (Movie) (2010) MA(V) CC
- 3:50 am **CCTV News In English From Beijing** - The English language news channel from China Central Television (CCTV), the nation's largest national broadcasting network.



Monday July 25th, 2016

- 5:00 am **Korean News** - News via satellite from YTN Korea, in Korean, no subtitles.
- 5:30 am **Indonesian News** - News via satellite from TVRI Jakarta, in Indonesian, no subtitles.
- 6:10 am **Hong Kong News** - News via satellite from TVB Hong Kong, in Cantonese, no subtitles.
- 6:30 am **Chinese News** - News via satellite from CCTV Beijing, in Mandarin, no subtitles.
- 7:00 am **Russian News** - News via satellite from NTV Moscow, in Russian, no subtitles.
- 7:30 am **Polish News** - Wydarzenia from Polsat in Warsaw via satellite, in Polish, no subtitles.
- 8:00 am **Latin American News** - News via satellite from Television National de Chile, in Spanish, no subtitles.
- 8:30 am **Macedonian News** - News via satellite from public broadcaster MRT in Skopje, in Macedonian, no subtitles.
- 9:05 am **Croatian News** - News via satellite from HRT Croatia, in Croatian, no subtitles.
- 9:40 am **Serbian News** - News via satellite from Serbian Broadcasting Corporation, in Serbian, no subtitles.
- 10:20 am **Portuguese News** - News via satellite from RTP Portugal (Lisbon), in Portuguese, no subtitles.
- 11:00 am **Japanese News** - News via satellite from NHK Tokyo in Japanese, no subtitles.
- 11:35 am **Punjabi News** - Punjabi news service.
- 12:05 pm **Hindi News** - News via satellite from NDTV India, in Hindi, no subtitles.
- 12:30 pm **Dutch News** - News via satellite from BVN, in Dutch, no subtitles.
- 1:00 pm **Urdu News** - News via satellite from PTV Pakistan in Islamabad, in Urdu, no subtitles.
- 1:30 pm **Tamil News** - News via satellite from PolimerTV as broadcast in India (Chennai), in Tamil, no subtitles.
- 2:00 pm **Thai News** - News via satellite from Thai Public Broadcasting Service, in Thai, no subtitles.
- 2:30 pm **Sri Lankan Sinhalese News** - News from Sri Lanka Rupavahini Corporation Colombo Sri Lanka, in Sinhalese, no subtitles.
- 3:00 pm **Tour De France: Stage Replay** - Replay of the Tour de France. Hosted by Michael Tomalaris. Reporting by Dave McKenzie and Henk Vogels. Commentary by Robbie McEwen, Matthew Keenan, Phil Liggett and Paul Sherwen. (France) (Sport) (Cycling) CC ****Replay****



Monday July 25th, 2016

- 5:00 pm **House Hazards - Jack of All Trades** - The pressure builds in the test home when Dan disables the safety on a steel drum full of heated water to demonstrate what can happen if the safety malfunctions. Francesca and Brendan debate the threat levels of garage doors versus garage openers. After slicing chicken fingers in the workshop, Brendan heads out back to expose the hazards lurking in the garden shed. (S.1 Ep.14) (From Canada) (Documentary Series) PG
- 5:25 pm **365: Every Day Documentaries - I Ended Up Homeless** - This docobite features a story from Miss Ruby Rabbit about reaching success in the pin-up world. (S.1 Ep.37) (From Australia) (Documentary Series) (Short) G ****SBS Explores Identity****
- 5:30 pm **Daria - Malled** - Daria's economics class takes a field trip to an enormous new mall. Daria is sickened by the teeming masses. After discovering Quinn playing hooky at the mall, Daria is no longer sick. (S.1 Ep.5) (From the US) (Comedy Series) (Class. tba) ****Nineties Nostalgia****
- 6:05 pm **If You Are The One** - With a viewing audience of up to 50 million per episode, this popular Chinese dating show is a cultural phenomenon. A lone male suitor has to impress a panel of 24 single women, who can then register their interest or disinterest in the man through the use of their podium lights. Popular host Meng Fei oversees the action in front of a large studio audience. (From China, in Mandarin) (Entertainment Series) (Rpt) G ****Date Night****
- 7:05 pm **Brooklyn Nine-Nine - The Vulture** - 'The Vulture', a detective (guest star Dean Cain) from Special Crimes, takes over Jake's nearly solved murder case and steals his thunder. Over a few drinks, Jake enlists the precinct to get revenge and find the murder weapon before "The Vulture" does. Across town, Captain Holt and Gina help Terry get re-certified to carry a gun. (From the US) (Comedy Series) (Rpt) M(A) CC ****Network Favourite****
- 7:35 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 8:00 pm **The Mindy Project - C Is For Coward** - Danny and a very pregnant Mindy cannot agree on a birthing plan, but these ob-gyns are reminded that some things are totally out of their control. (S.4 Ep.2) (From the US) (Comedy Series) M(S) ****New Episode****
- 8:30 pm **Awkward - My Super Bittersweet Sixteen** - Jenna's sixteenth birthday isn't very sweet as she suffers one embarrassing experience after the next. Jenna is still reeling from the aftermath of her house party and dealing with the repercussions of everyone she's alienated. After failing her driving test and getting humiliated in the school cafeteria, Jenna wonders if she can repair her relationships with Matty and Tamara. (S.1 Ep.9) (From the US) (Comedy Series) PG ****Double Episode Final****
- 9:00 pm **Awkward - No Doubt** - Jenna feels like she and Matty are actually on solid ground for the first time when he asks her out on their first real date. But, when Tamara reveals her suspicion that Matty wrote Jenna's care-frontation letter, Jenna starts to question everything about her romance with Matty. (S.1 Ep.10) (Final) (From the US) (Comedy Series) PG ****Double Episode Final****



Monday July 25th, 2016

- 9:25 pm **MOVIE:**
A Prophet - A vulnerable young Arabic man gets thrust into a hellish prison, and ironically discovers greater opportunities for success than he ever possessed on the outside. When Malik, a petty criminal, is incarcerated for six years, he is soon co-opted by a brutal Corsican gang to join their criminal activities. He quickly finds he has no other choice than to cooperate. Nominated for the Best Foreign Language Film Oscar in 2010. Directed by Jacques Audiard and stars Tahar Rahim, Niels Arestrup and Adel Bencherif. (From France, in French, Corsican and Arabic) (Drama) (2009) (Rpt) MA(S,L,V) ****Banged Up****
- 12:20 am **MOVIE:**
King Of Devil's Island - Rumoured to be a murderer, seventeen year old Erling arrives at Norway's infamous Bastoy Boys Home correctional facility, and immediately clashes with the sadistic governor (played by award-winning Stellan Skarsgard). Consumed by an unrelenting thirst to escape the island, Erling finds himself transformed into a leader of rebellion - but how far is he willing to go in order to get his freedom? Based on the extraordinary true story. (From Norway, in Norwegian) (Movie) (Drama) (2010) M(A,V) ****Banged Up****
- 2:25 am **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 2:55 am **Assassination Classroom** - Forget about homework and pop quizzes. The students of Class 3E have a far more important assignment: kill their teacher before the end of the year! A tentacled sensei is out to conquer the classroom after destroying seventy per cent of the moon. In addition to reading, writing, and arithmetic, the murderous monster behind the lectern will teach his students everything he knows about the assassination game. Should some eager beaver prove to be a quick study in killing, he or she will save Earth from extinction - and collect a hefty reward. (From Japan, in English) (Animation Series) (Rpt) PG
- 3:20 am **Assassination Classroom** - Forget about homework and pop quizzes. The students of Class 3E have a far more important assignment: kill their teacher before the end of the year! A tentacled sensei is out to conquer the classroom after destroying seventy per cent of the moon. In addition to reading, writing, and arithmetic, the murderous monster behind the lectern will teach his students everything he knows about the assassination game. Should some eager beaver prove to be a quick study in killing, he or she will save Earth from extinction - and collect a hefty reward. (From Japan, in English) (Animation Series) (Rpt) PG
- 3:55 am **RT News In English From Moscow** - RT from Moscow delivers the latest news and current affairs from around the world including special reports and entertainment news, in English.



Tuesday July 26th, 2016

- 5:00 am **Korean News** - News via satellite from YTN Korea, in Korean, no subtitles.
- 5:30 am **Indonesian News** - News via satellite from TVRI Jakarta, in Indonesian, no subtitles.
- 6:10 am **Hong Kong News** - News via satellite from TVB Hong Kong, in Cantonese, no subtitles.
- 6:30 am **Chinese News** - News via satellite from CCTV Beijing, in Mandarin, no subtitles.
- 7:00 am **Russian News** - News via satellite from NTV Moscow, in Russian, no subtitles.
- 7:30 am **Polish News** - Wydarzenia from Polsat in Warsaw via satellite, in Polish, no subtitles.
- 8:00 am **Ukrainian News** - Ukrainian News from the National Television Company of Ukraine in Kyiv, no subtitles.
- 8:30 am **Macedonian News** - News via satellite from public broadcaster MRT in Skopje, in Macedonian, no subtitles.
- 9:05 am **Croatian News** - News via satellite from HRT Croatia, in Croatian, no subtitles.
- 9:40 am **Serbian News** - News via satellite from Serbian Broadcasting Corporation, in Serbian, no subtitles.
- 10:20 am **Portuguese News** - News via satellite from RTP Portugal (Lisbon), in Portuguese, no subtitles.
- 11:00 am **Japanese News** - News via satellite from NHK Tokyo in Japanese, no subtitles.
- 11:35 am **Punjabi News** - Punjabi news service.
- 12:05 pm **Hindi News** - News via satellite from NDTV India, in Hindi, no subtitles.
- 12:30 pm **Dutch News** - News via satellite from BVN, in Dutch, no subtitles.
- 1:00 pm **Urdu News** - News via satellite from PTV Pakistan in Islamabad, in Urdu, no subtitles.
- 1:30 pm **Tamil News** - News via satellite from PolimerTV as broadcast in India (Chennai), in Tamil, no subtitles.
- 2:00 pm **Thai News** - News via satellite from Thai Public Broadcasting Service, in Thai, no subtitles.
- 2:30 pm **Sri Lankan Sinhalese News** - News from Sri Lanka Rupavahini Corporation Colombo Sri Lanka, in Sinhalese, no subtitles.
- 3:00 pm **Bangla News** - News via satellite from Channel i Bangladesh, in Bangla, no subtitles.
- 3:30 pm **Nepali News** - News via satellite from Nepal Television in Kathmandu, in Nepali, no subtitles.



Tuesday July 26th, 2016

- 4:00 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 4:30 pm **10,000 BC** - Twenty men and women from every conceivable walk of life in modern society are about to find out the hard way how we've changed as humans since our Stone Age ancestors. They've agreed to give up everything to live in the wilderness as a Stone Age community. In the first episode, contestants swap their iPhones and modern clothes for animal skins, basic tools and a pile of flint. (S.1 Ep.1) (From the UK) (Entertainment) (Rpt) M(L)
- 5:25 pm **365: Every Day Documentaries - Fall In Love With Something That Won't Break Your Heart** - This docobite features a story from Kinsey about her passion for dance and all the challenges that come with it. (S.1 Ep.38) (From Australia) (Documentary Series) (Short) G ****SBS Explores Identity****
- 5:30 pm **Daria - This Year's Model** - Lawndale High has a couple of visitors, claiming to be modeling scouts looking for the next Christy Turlington. Quinn and Brittany have high hopes. Daria and Jane are revolted by their presence. (S.1 Ep.6) (From the US) (Comedy Series) (Class. tba) ****Nineties Nostalgia****
- 6:05 pm **If You Are The One** - With a viewing audience of up to 50 million per episode, this popular Chinese dating show is a cultural phenomenon. A lone male suitor has to impress a panel of 24 single women, who can then register their interest or disinterest in the man through the use of their podium lights. Popular host Meng Fei oversees the action in front of a large studio audience. (From China, in Mandarin) (Entertainment Series) (Rpt) G ****Date Night****
- 7:05 pm **Brooklyn Nine-Nine - Halloween** - It's Halloween night, a busy time of the year for any police precinct. Amy detests the holiday, and is not thrilled when she has to don a costume to go undercover on street patrol with Charles. Back at the precinct, Jake bets Captain Holt that he can steal his Medal of Valor before midnight, which results in him bringing out some costumes of his own. (From the US) (Comedy Series) (Rpt) PG CC ****Network Favourite****
- 7:30 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 8:00 pm **Full Frontal With Samantha Bee** - Comedian, writer, actress and political commentator Samantha Bee brings her sassy, smart and satirical point of view to a range of current and relevant issues in her very own late night comedy show. With her signature wit, Samantha tackles the taboo topics in a way that no one else can. (From the US) (Entertainment) M
- 8:30 pm **The Night Bus** - The documentary explores how London's late night transport provides plenty of opportunities for socialising. Featuring a lonely widower who lost his wife to cancer and relishes the opportunity for a bit of company on board, a pair heading home from a queer vegan disco, and a man on shore-leave from an oil rig. Meanwhile, Greek Andreas is pondering a move to Qatar, and twenty-something Simon is trying to build a life for himself in the capital. (Part 2 of 3) (From the UK) (Documentary Series) M(S,L) ****New Episode****



Tuesday July 26th, 2016

- 9:25 pm **Walk Of Shame Shuttle** - Passengers talk about being friend zoned, Kellyann meets a gold digger, Michelle explores turn ons and turn offs, Jordan encounters a republican and the Trainwreck of the Week redefines hot mess. (S.1 Ep.9) (From the US) (Entertainment Series) M(S,L) ****New Double Episodes****
- 9:50 pm **Walk Of Shame Shuttle** - Walk of Shamers discuss douchery, Jordan explores the world of hood rats, Michelle learns how to stalk, Kellyann drives a remorseful passenger, and the Trainwreck of the Week talks about an orgy. (S.1 Ep.10) (From the US) (Entertainment Series) M(S,L) ****New Double Episodes****
- 10:15 pm **Bad Bridesmaids** - On this week's episode, bride to be Leanne is about to embark on a fun hen weekend with chief bridesmaid Shell, former work friend Lyndsey, future sister in law Sarah and lifelong friend Chantelle. Over four days Leanne will need to convince her mates that the eccentric tomboy Bobbi is her second cousin who has joined the celebrations at the last minute. (S.1 Ep.4) (From the UK) (Entertainment Series) M(N,L) ****New Episode****
- 11:10 pm **South Park - Terrance and Phillip Behind the Blow** - Terrance and Phillip have split up but unless Cartman gets them to perform together on Earth Day, it will be his head on the chopping block. (From the US, in English) M (S,A) (Rpt) CC
- 11:35 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 12:05 am **From Dusk Till Dawn - Self-Contained** - After a daring escape from the motel, Seth leads the Fuller's RV to the border crossing. As an irrational fear takes hold of Richie, Jacob Fuller takes control of a volatile situation, determined to get his children safely across the border. Stars D.J. Cotrona, Zane Holtz and Jesse Garcia. (S.1,Ep.5) (From the US) (Drama Series) (Rpt) MA(V)
- 12:55 am **From Dusk Till Dawn - Place of Dead Roads** - The Gecko brothers and the Fuller family enter the Titty Twister and find more than they bargained for, as Seth senses his deal with Carlos may be slipping away. Meanwhile, Texas Ranger Freddie Gonzalez tracks his quarry to the last stop before Hell. Stars D.J. Cotrona, Zane Holtz and Jesse Garcia. (S.1,Ep.6) (From the US) (Drama Series) (Rpt) MA(A,V)
- 1:50 am **@midnight** - A rotating lineup of today's top comedians will battle nightly to determine who has the funniest take on the day's social media and pop culture happenings and wear the crown of funniest person on Earth. (From the USA) (Comedy) (Rpt) M(S)
- 2:15 am **@midnight** - A rotating lineup of today's top comedians will battle nightly to determine who has the funniest take on the day's social media and pop culture happenings and wear the crown of funniest person on Earth. (From the USA) (Comedy) (Rpt) M(S)
- 2:50 am **France 24 News In English From Paris** - International news and current affairs television from Paris, offering a French perspective on world events, in English.



Wednesday July 27th, 2016

- 5:00 am **Korean News** - News via satellite from YTN Korea, in Korean, no subtitles.
- 5:30 am **Indonesian News** - News via satellite from TVRI Jakarta, in Indonesian, no subtitles.
- 6:10 am **Hong Kong News** - News via satellite from TVB Hong Kong, in Cantonese, no subtitles.
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- 8:30 am **Macedonian News** - News via satellite from public broadcaster MRT in Skopje, in Macedonian, no subtitles.
- 9:05 am **Croatian News** - News via satellite from HRT Croatia, in Croatian, no subtitles.
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- 1:30 pm **Tamil News** - News via satellite from PolimerTV as broadcast in India (Chennai), in Tamil, no subtitles.
- 2:00 pm **Thai News** - News via satellite from Thai Public Broadcasting Service, in Thai, no subtitles.
- 2:30 pm **Sri Lankan Sinhalese News** - News from Sri Lanka Rupavahini Corporation Colombo Sri Lanka, in Sinhalese, no subtitles.
- 3:00 pm **Bangla News** - News via satellite from Channel i Bangladesh, in Bangla, no subtitles.
- 3:30 pm **African News** - African news in English from France 24.



Wednesday July 27th, 2016

- 4:00 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 4:30 pm **10,000 BC** - Three days in 10,000 BC and the tribe's first morning without mentor Stone Age Archaeologist Klint Janulis. It's down to the remaining eighteen strangers to work together if they're to stand any chance of surviving the next eight weeks. Emotions are high and food rations are low; it's up to designated leader Steve to make sure the group survives. (S.1 Ep.2) (From the UK) (Entertainment) (Rpt) M(L)
- 5:30 pm **365: Every Day Documentaries - I Love the Memories** - This docobite features a story from Frank about his love of the past, and why it is important for him to leave a legacy for his family to remember him by. (S.1 Ep.39) (From Australia) (Documentary Series) (Short) G ****SBS Explores Identity****
- 5:35 pm **Daria - The Lab Brat** - Daria and Kevin are forced to work as lab-partners in science class. The homework consists of teaching a mouse tricks. Daria does all the work, of course, while Kevin watches football on TV and flirts with Quinn. Brittany, jealous of the time Kevin is spending with the Morgendorffer sisters, sabotages the experiment by kidnapping the mouse. (S.1 Ep.7) (From the US) (Comedy Series) (Class. tba) ****Nineties Nostalgia****
- 6:05 pm **If You Are The One** - With a viewing audience of up to 50 million per episode, this popular Chinese dating show is a cultural phenomenon. A lone male suitor has to impress a panel of 24 single women, who can then register their interest or disinterest in the man through the use of their podium lights. Popular host Meng Fei oversees the action in front of a large studio audience. (From China, in Mandarin) (Entertainment Series) (Rpt) G ****Date Night****
- 7:05 pm **Brooklyn Nine-Nine - 48 Hours** - When Jake makes an arrest without a lot of proof, he only has 48 hours to collect evidence, or else the 'perp' will be released. After his unsuccessful interrogation of the suspect, Jake forces his co-workers to spend their weekend helping him crack the case. So, while the team is stuck at the precinct, Charles judges a pie contest between Gina and Rosa, and Holt helps Terry look better in the eyes of his in-laws. (From the US) (Comedy Series) (Rpt) PG CC ****Network Favourite****
- 7:35 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 8:05 pm **Geeks Who Drink - Mark Pellegrino vs Brett Dalton** - Host Zachary Levi brings Mark Pellegrino and his team 'Barma Initiative' to the bar for a brainy showdown against Brett Dalton and his team 'Make It A Double Agent'. It's a night of games, smarts, skills, and shots. (S.1 Ep.4) (From the US) (Entertainment Series) PG
- 8:30 pm **MOVIE:**
Death Proof - Quentin Tarantino's homage to Australia's dusty, violent V8-fuelled exploitation films of the seventies. Death Proof stars Kurt Russell as a scarred stuntman who stalks his voluptuous victims in his 'death proof' cars. (From the US) (Movie) (Action) (2007) (Rpt) M(V,L) CC ****Kurt Russell Season****



Wednesday July 27th, 2016

MOVIE:

- 10:20 pm **Drive** - A Hollywood stunt driver by day moonlights as a top-notch getaway driver-for-hire in the criminal underworld. He finds himself a target for some of LA's most dangerous men after agreeing to aid the husband of his beautiful neighbour, Irene. When the job goes dangerously awry, the only way he can keep Irene and her son alive is to do what he does best - drive. Directed by Nicolas Winding Refn. Starring Ryan Gosling, Carey Mulligan and Bryan Cranston. Winner of Best Director at Cannes Film Festival. (From the US) (Film) (Drama) (2011) (Rpt) MA(V) CC ****Kurt Russell Season****
- 12:10 am **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 12:40 am **Starting From...Now!** - In the first half of this two-part series, Darcy is living with Steph and her flat-mate Chris, and struggling to come to terms with her past. Steph supports Darcy, but has put any chance of a future with Emily in jeopardy. Kristen and Rachel begin an awkward courtship, but Rachel is reluctant to commit. Kristen doesn't deal with rejection well and soon falls into old habits. (S. 5 Ep.1) (From Australia) (Drama Series) (Rpt) M(A)
- 1:10 am **Starting From...Now!** - Kristen suffers a further setback when she finds out one of the children she advocated for has been injured due to parental neglect. Kristen blames herself but the incident brings Kristen and Rachel closer. Darcy is finally able to seek help and find the courage to tell Emily the truth about why Steph has allowed her to stay. (S.5 Ep.2) (From Australia) (Drama Series) (Rpt) M(L)
- 1:50 am **Lip Service** - Still reeling, the friends each try to deal with events in their own way. When Sam starts asking questions, Frankie makes a drastic decision. Sadie and Lexy both have surprising guests. Tess enlists Ed's help with the difficult Nora but is unprepared for the consequences. (From the UK) (Drama Series) (Rpt) MA(S)
- 2:55 am **Lip Service** - Tess and Lexy are getting closer and when Tess goes on a blind date she calls on Lexy for help. Sadie's irreverent take on waitressing gets her into hot water but Lauren proves helpful in ways she didn't expect. Meanwhile, Sam warms to Lexy but then makes an alarming discovery. (From the UK) (Drama Series) (Rpt) MA(S)
- 4:00 am **Uncle - I Like-Like You** - Andy tries to get back with Gwen by entering a battle of the bands. Only problem, he doesn't have a band. Errol's acting weird and it has something to do with a girl. When the guys learn of their mutual woes they join forces to help each other out. But when Andy tries to turn Errol into a ladies man, things are bound to get complicated. (From the UK) (Comedy Series) M(D,L) CC
- 4:35 am **Deutsche Welle English News** - News and analysis of the top international and European news and current affairs from Berlin, in English.



Thursday July 28th, 2016

- 5:00 am **Korean News** - News via satellite from YTN Korea, in Korean, no subtitles.
- 5:30 am **Indonesian News** - News via satellite from TVRI Jakarta, in Indonesian, no subtitles.
- 6:10 am **Hong Kong News** - News via satellite from TVB Hong Kong, in Cantonese, no subtitles.
- 6:30 am **Chinese News** - News via satellite from CCTV Beijing, in Mandarin, no subtitles.
- 7:00 am **Russian News** - News via satellite from NTV Moscow, in Russian, no subtitles.
- 7:30 am **Polish News** - Wydarzenia from Polsat in Warsaw via satellite, in Polish, no subtitles.
- 8:00 am **Maltese News** - News from Public Broadcasting Services Limited, Malta, in Maltese, no subtitles.
- 8:30 am **Macedonian News** - News via satellite from public broadcaster MRT in Skopje, in Macedonian, no subtitles.
- 9:05 am **Croatian News** - News via satellite from HRT Croatia, in Croatian, no subtitles.
- 9:40 am **Serbian News** - News via satellite from Serbian Broadcasting Corporation, in Serbian, no subtitles.
- 10:20 am **Portuguese News** - News via satellite from RTP Portugal (Lisbon), in Portuguese, no subtitles.
- 11:00 am **Japanese News** - News via satellite from NHK Tokyo in Japanese, no subtitles.
- 11:35 am **Punjabi News** - Punjabi news service.
- 12:05 pm **Hindi News** - News via satellite from NDTV India, in Hindi, no subtitles.
- 12:30 pm **Dutch News** - News via satellite from BVN, in Dutch, no subtitles.
- 1:00 pm **Urdu News** - News via satellite from PTV Pakistan in Islamabad, in Urdu, no subtitles.
- 1:30 pm **Tamil News** - News via satellite from PolimerTV as broadcast in India (Chennai), in Tamil, no subtitles.
- 2:00 pm **Thai News** - News via satellite from Thai Public Broadcasting Service, in Thai, no subtitles.
- 2:30 pm **Sri Lankan Sinhalese News** - News from Sri Lanka Rupavahini Corporation Colombo Sri Lanka, in Sinhalese, no subtitles.
- 3:00 pm **Bangla News** - News via satellite from Channel i Bangladesh, in Bangla, no subtitles.
- 3:30 pm **Somali News** - News via satellite from Universal TV as broadcast in Somalia (Mogadishu), in Somali, no subtitles.



Thursday July 28th, 2016

- 4:00 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 4:30 pm **10,000 BC** - Four days ago, twenty modern Britons entered the Stone Age. They have just a few days of rations left and their energy levels are dropping. Two kilometres to the west of their Stone Age camp is a lake teeming with protein-rich fish. Leader Steve Nicholson takes a party on a mission, but with no compass, map or GPS device, it's no easy task. (S.1 Ep.3) (From the UK) (Entertainment) (Rpt) PG
- 5:25 pm **365: Every Day Documentaries - I Had To Accessorize Somehow!** - This docobite features a story from Jodee about the details of the fierce swimsuit competition at the Viva Las Vegas Rockabilly Festival. (S.1 Ep.40) (From Australia) (Documentary Series) G ****SBS Explores Identity****
- 5:30 pm **Daria - Pinch Sitter** - Quinn gets Daria to babysit for her. Daria, who has no interest in being an authority figure since she doesn't respect authority, is stuck with two well-behaved 'PC' kids who say things like 'We don't like commercials - they lie.' With Jane's help, she manages to warp their little minds in one night. (S.1 Ep.8) (From the US) (Comedy Series) (Class. tba) ****Nineties Nostalgia****
- 6:05 pm **If You Are The One** - With a viewing audience of up to 50 million per episode, this popular Chinese dating show is a cultural phenomenon. A lone male suitor has to impress a panel of 24 single women, who can then register their interest or disinterest in the man through the use of their podium lights. Popular host Meng Fei oversees the action in front of a large studio audience. (From China, in Mandarin) (Entertainment Series) (Rpt) G ****Date Night****
- 7:05 pm **Brooklyn Nine-Nine - Old School** - Jake's dream comes true when he gets to spend the day with his hero, Jimmy Brogan (guest star Stacy Keach), a former crime reporter. But the dream becomes a nightmare when Jake's comments about Holt and the precinct are considered "on the record." Meanwhile, Terry and Charles try to teach Rosa how to be less terrifying on the witness stand. (From the US) (Comedy Series) (Rpt) PG CC ****Network Favourite****
- 7:30 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 8:00 pm **Billy On The Street - Ask an Asian!** - Billy plays 'Cash Face' and sings 'You Look Really Good for You!' Don't miss this one! (S.1 Ep.5) (From the US) (Comedy Series) PG ****New Episode****
- 8:30 pm **Mythbusters - Grenade Shoot / Seconds From Disaster** - When Hollywood lights the fuse how accurate are the explosive effects that ensue, to find out first Adam and Jamie pull the pin on Grenade Shoot. A typical silver screen scene sees our hero shoot a grenade out of mid air safely blowing it up or rendering it inert. But can it be done? Our dynamic duo takes aim and lets loose. Then Kari, Grant and Tory tackle Seconds From Disaster. Handed a ticking time bomb Hollywood screenwriters seem to believe any number of household items can contain the chaos. But if the hero really did drop the bomb in a safe, filing cabinet or aquarium would they really be safe? (From the US) (Entertainment) (Rpt) PG CC



Thursday July 28th, 2016

- 9:30 pm **The Internet Ruined My Life** - Aspiring actress, Glee fan and an extra on the show, Nicole, sent out a harmless tweet about the season finale resulting in a serious spoiler alert, sullyng her name in the industry and ending her acting career before it had the chance to begin. Sierra McCurdy's misuse of emojis in a comment on a breaking news story about two officers shot in her home town resulted in some serious death threats. The harrasment and backlash got so bad her whole family went into hiding. (S.1 Ep.5) (From the US) (Documentary Series) PG ****Double Episode Final****
- 9:55 pm **The Internet Ruined My Life** - After aspiring model Jennifer Box participated in a prank video called 'Drunk Girl', the backlash on social media was so severe that it resulted in a collapsed lung and a derailed career. While writing stories for strangers on a typewriter in a public park, writer Christopher Hemlin found himself the target of online abuse as a stranger's photo of him sparked countless mocking comments, which eventually escalated to threats of physical abuse. (S.1 Ep.6) (From the US) (Documentary Series) PG ****Double Episode Final****
- 10:20 pm **A Brony Tale** - Brony (n): A (typically middle-aged) male fan of children's TV series "My Little Pony". Explore the explosion of Brony culture with this critically-acclaimed rollercoaster of a film. Join Ashleigh Ball, the voice of Apple Jack and Rainbow Dash on the 4th generation of Hasbro's My Little Pony series, as she enters the surprising world of manly Pony-wannabes, Brony DJs and underground pony parties. (From the US) (Documentary) PG
- 11:50 pm **League Nation Live** - Retired Broncos captain Justin Hodges and Logie nominee actor Aaron Fa'Aoso will lead a cast of league fanatics as NITV scores the newest and hottest NRL entertainment footy show, League Nation Live. (An NITV Production) (Sport) (Entertainment)
- 1:20 am **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 1:50 am **Town Of The Living Dead - A Zombie Baby Is Born** - Bryan's anxiety flares up as he prepares for his first kissing scene, while the crew attempts to film a zombie baby birth. Gary is forced to enlist the help of his sworn enemy in an effort to gain access to a local TV studio. (Ep.5) (From the US) (Reality Series) (Rpt) M(A,V)
- 2:20 am **The Notorious - Tell Jose I'm Coming** - In the series finale Conor is in Boston to fight Dennis Siver knowing a win sets up a world title shot against Jose Aldo. Joining Conor on the fight-card are his SBG team mates Paddy Holohan & Cathal Pendred. As the Irish army arrive state-side it's clear Conor has very little respect for his opponent. Conor predicts a finish within two minutes but anything can happen inside the octagon. (Ep.6) (From Ireland) (Documentary Series) (Rpt) M(V,L)
- 2:50 am **Attack On Titan - Whereabouts Of His Left Arm: The Struggle For Trost** - The Recon Corps led by Captain Levi and his squad successfully retake a town from the Titans until they are called for an emergency at Trost as the Titans have invaded the city. (From Japan, in Japanese) (Drama Series) (Rpt) MA(V)



Thursday July 28th, 2016

- 3:20 am **Attack On Titan - *Response: The Struggle For Trost*** - After partially transforming himself to protect Armin and Mikasa, Eren climbs out from the Titan to talk with Mikasa and Armin regarding the basement in his former house and his belief that it holds the secret to mankind's preservation and destroying the Titans. Commander Kitz is still afraid and once again orders the cannon to be loaded. Meanwhile, Eren comes up with two plans of escape. (From Japan, in Japanese) (Animation) (Rpt) M(V)
- 3:55 am **NHK World English News** - News and information on Japan's politics, business, culture, entertainment and more, in English.



Friday July 29th, 2016

- 5:00 am **Korean News** - News via satellite from YTN Korea, in Korean, no subtitles.
- 5:30 am **Indonesian News** - News via satellite from TVRI Jakarta, in Indonesian, no subtitles.
- 6:10 am **Hong Kong News** - News via satellite from TVB Hong Kong, in Cantonese, no subtitles.
- 6:30 am **Chinese News** - News via satellite from CCTV Beijing, in Mandarin, no subtitles.
- 7:00 am **Russian News** - News via satellite from NTV Moscow, in Russian, no subtitles.
- 7:30 am **Polish News** - Wydarzenia from Polsat in Warsaw via satellite, in Polish, no subtitles.
- 8:00 am **Bosnian News** - News via satellite from Radio-Televizija Bosne i Hercegovine, Bosnia.
- 8:30 am **Macedonian News** - News via satellite from public broadcaster MRT in Skopje, in Macedonian, no subtitles.
- 9:05 am **Croatian News** - News via satellite from HRT Croatia, in Croatian, no subtitles.
- 9:40 am **Serbian News** - News via satellite from Serbian Broadcasting Corporation, in Serbian, no subtitles.
- 10:20 am **Portuguese News** - News via satellite from RTP Portugal (Lisbon), in Portuguese, no subtitles.
- 11:00 am **Japanese News** - News via satellite from NHK Tokyo in Japanese, no subtitles.
- 11:35 am **Punjabi News** - Punjabi news service.
- 12:05 pm **Hindi News** - News via satellite from NDTV India, in Hindi, no subtitles.
- 12:30 pm **Dutch News** - News via satellite from BVN, in Dutch, no subtitles.
- 1:00 pm **Urdu News** - News via satellite from PTV Pakistan in Islamabad, in Urdu, no subtitles.
- 1:30 pm **Tamil News** - News via satellite from PolimerTV as broadcast in India (Chennai), in Tamil, no subtitles.
- 2:00 pm **Thai News** - News via satellite from Thai Public Broadcasting Service, in Thai, no subtitles.
- 2:30 pm **Sri Lankan Sinhalese News** - News from Sri Lanka Rupavahini Corporation Colombo Sri Lanka, in Sinhalese, no subtitles.
- 3:00 pm **Bangla News** - News via satellite from Channel i Bangladesh, in Bangla, no subtitles.
- 3:30 pm **Armenian News** - News via satellite from Channel H1 Armenia (Yerevan), in Armenian, no subtitles.



Friday July 29th, 2016

- 4:00 pm **The Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (An SBS Production)
- 4:30 pm **Fameless - Naked And Annoyed** - This comedy prank show takes a light-hearted look at how far people will go for a chance to become famous. Each week, the series features a group of unsuspecting wannabe stars who believe they've been cast on a reality show. However, unbeknownst to them, they are really filming a parody with actors creating over-the-top scenarios that steadily increase the absurdity and ridiculousness of each situation. In the series premiere, a guitarist and karate master nearly come to blows at an audition, a wannabe cop gets lured into a high-speed chase down memory lane, and a fierce competitor learns the naked truth: that this is actually a prank show. (S.1, Ep.1) (From the US) (Comedy Series) (Rpt) PG
- 4:55 pm **Brain Games - Risk** - Whether it's choosing what to eat for breakfast, where to invest your money, or just when to cross the street, nearly every choice you make involves some sort of calculated risk. In this episode we explore how your brain evaluates risk. Through a series of games and experiments, we'll prove to you that when it comes to placing big bets, your brain can be unpredictable. (S.3 Ep.12) (From the US) (Entertainment Series) PG
- 5:25 pm **Street Genius - Shock and Awe** - Tim Shaw, the man they call the street genius, takes us on a road trip to show why things do what they do. He asks which gas-filled weather balloon will give the biggest bang, what happens when water pressure matches up against a steel tank, how many rubber bands can be stretched around a water melon, and which weird rocket fuel will be the most effective. Plus how to quench your thirst - with a chainsaw. (S.2 Ep.4) (From the US) (Entertainment Series) G
- 5:55 pm **365: Every Day Documentaries - You Guys Are Like Herpes, I Can't Get Rid Of You** - This docobite features a story from The Ragg Dollz about their belief in togetherness, and the importance of belonging to a sisterhood. (S.1 Ep.41) (From Australia) (Documentary Series) (Short) G ****SBS Explores Identity****
- 6:00 pm **If You Are The One** - With a viewing audience of up to 50 million per episode, this popular Chinese dating show is a cultural phenomenon. A lone male suitor has to impress a panel of 24 single women, who can then register their interest or disinterest in the man through the use of their podium lights. Popular host Meng Fei oversees the action in front of a large studio audience. (From China, in Mandarin) (Entertainment Series) (Rpt) G
- 7:05 pm **Human Resources - World On A String** - To meet Tom's request to secure partnerships with feminine hygiene brands, Tony must successfully sell the idea of used tampon recycling to women. While Dara is on maternity leave, Dean seeks out new lunch companions. (S.2 Ep.2) (From the US) (Comedy Series) (Class. tba)
- 7:30 pm **The Friday Feed** - Marc Fennell, Patrick Abboud and Jeanette Francis discuss the latest in news, technology and culture, adding a fresh perspective on the latest local and international headlines. (SBS Production)



Friday July 29th, 2016

- 8:00 pm **Rocketjump – High Plains Drifter** - Rocketjump Studios, created by video effect maestro Freddie Wong, has built a massive loyal and dedicated fan base on YouTube, thanks to their whimsical video shorts that feature dazzling movie-style special effects. This action-comedy series follows the RocketJump production team as they create and release video shorts, creating a sneak peek view at the action-packed production process. In this episode, Matt Arnold, Freddie Wong and the rest of the team film a western horserace in the style of *The Fast and the Furious*. (S.1 Ep.1) (From the US) (Documentary Series) (Class. tba) ****New Series Premiere****
- 8:30 pm **Adam Looking For Eve** - Womaniser Danny is popular with the ladies, but he's ready for more commitment. Ischa is looking for a free spirit who understands her concepts of love and life. Danny may have a rich history when it comes to women, but how will he react when he hears that Ischa has a girlfriend at home? She's looking for an Adam or Eve to enliven her open relationship. (S.2 Ep.7) (From the Netherlands, in Dutch & English) (Entertainment Series) MA(N)
- 9:25 pm **Naked - Diary From Porn Valley** - Naked explores the sexualisation of young people. It is a film that looks into how a young generation represses their own personal boundaries - and what happens to them, when they stop repressing them. (From Denmark, in Danish & English) (Documentary) (Sexuality) (Rpt) MA(S,A,L)
- 10:25 pm **MOVIE:**
Tai Chi Hero - The second instalment of the "Tai Chi" trilogy continues the journey of Yang Luchan, a gifted child who helped save a village from a frightening army of steampunk soldiers bearing strange machines with the knowledge of Tai Chi that they entrusted him with. Stars Daniel Wu, Qi Shu and Tony Ka Fai Leung. (From China, in Mandarin) (Movie) (Martial Arts) (2012) M(V) ****Kung Fu Fridays****
- 12:20 am **MOVIE:**
The Swamp - Betrayal, suspense and drama are equal contenders in this thrilling film. When a devoted wife discovers her husband and best friend are having an affair, calculated revenge is the best medicine. Directed by Kim Yoon-chul and stars Park Ji-young, Kim Jin-keun and Ha Joo-hee. (From South Korea, in Korean) (Drama) (2004) (Rpt) M (A,S,V)
- 1:35 am **PopAsia** - Features back-to-back videos from artists across Asia and all the latest news and interviews from the Korean, Japanese, Mandarin and Cantonese pop scenes. Hosted by Jamaica dela Cruz and Andy Trieu. (An SBS Production) (Entertainment Series) PG
- 2:40 am **NHK World English News** - News and information on Japan's politics, business, culture, entertainment and more, in English.



Saturday July 30th, 2016

- 5:00 am **Korean News** - News via satellite from YTN Korea, in Korean, no subtitles.
- 5:30 am **Indonesian News** - News via satellite from TVRI Jakarta, in Indonesian, no subtitles.
- 6:10 am **Hong Kong News** - News via satellite from TVB Hong Kong, in Cantonese, no subtitles.
- 6:30 am **Chinese News** - News via satellite from CCTV Beijing, in Mandarin, no subtitles.
- 7:00 am **Russian News** - News via satellite from NTV Moscow, in Russian, no subtitles.
- 7:30 am **Polish News** - Wydarzenia from Polsat in Warsaw via satellite, in Polish, no subtitles.
- 8:00 am **Hungarian News** - News via satellite from Duna TV (DTV) Budapest, in Hungarian, no subtitles.
- 8:30 am **Macedonian News** - News via satellite from public broadcaster MRT in Skopje, in Macedonian, no subtitles.
- 9:05 am **Croatian News** - News via satellite from HRT Croatia, in Croatian, no subtitles.
- 9:40 am **Serbian News** - News via satellite from Serbian Broadcasting Corporation, in Serbian, no subtitles.
- 10:20 am **Portuguese News** - News via satellite from RTP Portugal (Lisbon), in Portuguese, no subtitles.
- 11:00 am **Japanese News** - News via satellite from NHK Tokyo in Japanese, no subtitles.
- 11:35 am **Punjabi News** - Punjabi news service.
- 12:05 pm **Hindi News** - News via satellite from NDTV India, in Hindi, no subtitles.
- 12:30 pm **Dutch News** - News via satellite from BVN, in Dutch, no subtitles.
- 1:00 pm **Where Are We Going, Dad?** - The Chinese version of the Korean reality series 'Dad! Where Are We Going?' has taken China by storm with 75 million hits per episode as five celebrity fathers and their tiny sprogs traipse across China, tackling various challenges along the way. (S.1 Ep.1) (From China, in Mandarin) (Entertainment Series) (Rpt) (Class. tba)
- 2:35 pm **The Numbers Game - How Tough Are You?** - Do you have courage, confidence, commitment to a goal? If you do, you might be tougher than you think. On "The Numbers Game: Are You Tough?" we are going to reveal that toughness is about more than just strength. We will explore the science behind the basic building blocks of toughness, and show you how to boost your natural fortitude to become tough as nails. (S.2,Ep.1) (From the US) (Entertainment Series) (Rpt) G
- 3:05 pm **Program TBA** -



Saturday July 30th, 2016

- 4:00 pm **50 Ways To Kill Your Mammy** - South Africa - South Africa is this week's destination for Baz Ashmawy's boisterous bucket list with his 71 year old Irish Mammy Nancy. Famous for tranquil vineyards and luxury safaris, Baz will do his utmost to make sure his Mammy will see nothing of that. But Ostrich riding, Bungee jumping and extreme paint balling are firmly on his list. In his ongoing attempt to frighten the life out of her, Baz will also convince Mammy to run off the top of Table Mountain on a dizzying paraglide and visit a township witch doctor for advice on her rickety knee. If all else fails he'll ensure she ends up swimming with the fishes...or sharks in this particular case. (From the UK) (Documentary) (Rpt) PG
- 4:55 pm **Brain Games - Battle Of The Sexes** - Facts and fun come together to teach us exactly what lies within your brain. This series examines the secrets to good and evil, strange pathways that connect you to your body, and a hidden 'you' controlling your actions without you even realising it. Delve into topics like focus, fear, persuasion, decision-making and neural fitness and turn your mind's eye inwards, for an entertaining and revealing journey. (From the US) (Entertainment Series) (Rpt) G
- 5:30 pm **365: Every Day Documentaries - He Confessed To Molesting Children All Over The Country** - This docobite features a story from Salome, Astridur and Margret about working on an Icelandic current affairs program, and how it makes them feel like they are 'doing something good'. (S.1 Ep.42) (From Australia) (Documentary Series) (Short) PG ****SBS Explores Identity****
- MOVIE:**
- 5:35 pm **Kirikou And The Sorceress** - The tiny Kirikou is born into an African village upon which a sorceress called Karaba has cast a terrible spell - the spring has dried up, the villagers are being blackmailed, the men of the village have either been kidnapped or have mysteriously disappeared. Kirikou wants to rid the village of Karaba's curse, so goes on an adventurous voyage to reveal Karaba's secrets. (From France, in English) (Animation) (1998) (Movie) (Rpt) G ****All Ages Adventures****
- 6:55 pm **Des Bishop: Breaking China** - Des and his friend Leo head off on a tour around China in search of the strange and unusual customs and cultures that make this amazing country so unique. (S.1 Ep.4) (From Ireland, in English & Mandarin) (Class. tba)
- 7:30 pm **If You Are The One** - With a viewing audience of up to 50 million per episode, this popular Chinese dating show is a cultural phenomenon. A lone male suitor has to impress a panel of 24 single women, who can then register their interest or disinterest in the man through the use of their podium lights. Popular host Meng Fei oversees the action in front of a large studio audience. (From China, in Mandarin) (Entertainment Series) G
- 8:30 pm **The Island With Bear Grylls** - In this special episode, Bear returns to the Island to see how the men and women managed to survive for the past five weeks, both as individuals and as part of a mixed group. He hears their reflections on their time on the island and shares his thoughts on how they have coped with the extremes. (S.3 Ep.7) (From the UK) (Documentary Series) M(A,L) CC ****Encore****
- 9:25 pm **Spotless** - Jean confides in DCI Squire, hoping she can help him to end his destructive partnership with Nelson. Meanwhile, Martin embarks on an ill-advised affair and Julie digs deeper into Jean's secrets. (S.1 Ep.7) (From France) (Drama Series) MA(S,V) ****New Double Episodes****



Saturday July 30th, 2016

- 10:30 pm **Spotless** - When Maureen suffers a personal tragedy, Jean offers to use his skills to help her – the first time he has used his abilities for his own purposes. Victor discovers Martin's secret, Maddy begins a risky online friendship and Nelson takes Jean out to the woods, planning to kill him. (S.1 Ep.8) (From France) (Drama Series) MA(L) ****New Double Episodes****
- 11:40 pm **MOVIE:**
Garden State - Andrew Largeman returns to his hometown for the funeral of his clinically depressed mother, a journey that reconnects him with some of his past friends. Because the trip coincides with his decision to stop taking his powerful antidepressants, he also begins to reconnect with himself. A chance meeting with Sam, a girl also suffering from various maladies, opens up the possibility of rekindling emotional attachments, confronting his psychologist father, and perhaps beginning a new life. Starring Zach Braff and Natalie Portman. (From the US) (Movie) (Comedy) (2004) (Rpt) MA(D) ****Movie Marathon****
- 1:30 am **MOVIE:**
Invasion Of The Body Snatchers - When filmy spores fall from space and take root in San Francisco, the city is transformed by spectacular and exotic flowers. But these lovely extraterrestrial blossoms have gruesome plans for the earth: slowly the invaders are cloning human bodies and disposing of the originals. Matthew Bennell and his friends must escape lest they suffer the same fate. (From the US) (Movie) (1978) (Rpt) M(H,N,V) ****Movie Marathon****
- 3:35 am **MOVIE:**
Through Her Own Eyes - This revealing and engaging look at life on both sides of the prison bars in present-day Argentina follows the development of a university student's relationship with an inmate and his desperate mother. Winner of the Audience and Special Jury awards at Brazil's Gramado Film Festival in 2008. Directed by Liliana Paolinelli and stars Ana Carabajal, Maximiliano Gallo and Luisa Núñez. (From Argentina, in Spanish) (Drama) (2007) (Rpt) M (L,N) ****Movie Marathon****