



**WEEK 23: Sunday, 2 June - Saturday, 8 June 2024 - ALL MARKETS**

Date	Start Time	Title	Episode Title	Digital Epg Synopsis	Country of Origin	Language	Repeat	Classification	Consumer Advice	Closed Captions	Subtitles
2024-06-02	0500	<b>Rick Stein's Food Heroes</b>	Rick Stein's Food Heroes Series 2 Ep 15	Rick visits his favourite local fish market at Looe in Cornwall, and he cooks John Dory with potatoes and mushrooms. In Northumberland, Rick cooks up pancakes with cheese, spinach, and ham.	UNITED KINGDOM	English-100		PG	a n w		
2024-06-02	0530	<b>Jamie's Chef</b>	Jamie's Chef Series 1 Ep 1	Jamie's Chef follows four of the graduates of the Fifteen Foundation compete for a chance to open and run their own pub in Essex. Jamie Oliver along with two other judges must determine the winner.	UNITED KINGDOM	English-100		PG	d l		Y
2024-06-02	0630	<b>Jamie's Chef</b>	Jamie's Chef Series 1 Ep 2	Thasanee visits the Essex pub and meets the locals. Here she comes to the realisation that her dream Thai restaurant might fail if there is not enough support from the residents.	UNITED KINGDOM	English-100		PG	l		Y
2024-06-02	0730	<b>Field Trip With Curtis Stone</b>	Lombardy	Curtis travels to the Lombardy region at the base of the Italian Alps to discover a local cheese and peasant dish. He subsequently embarks on a helicopter tour of a prestigious Franciacorta vineyard.	USA	English-100		PG	a w		Y
2024-06-02	0800	<b>Barefoot Contessa: Back To Basics</b>	Modern Comfort Food: All Italian	Ina Garten shares her take on Italian classics, and starts by giving crispy chicken with lemon orzo a Greek spin.	USA	English-100		G			
2024-06-02	0830	<b>Luca's Key Ingredient</b>	Luca's Key Ingredient Series 1 Ep 3	Today's key ingredient features the benefits of cooking with quality extra virgin olive oil. Luca uses olive oil to toss through an elegant spaghetti dish, poaches tuna and makes a saffron gelato.	AUSTRALIA	English-100		G			
2024-06-02	0900	<b>The Creators: Chefs Uncut</b>	Chef Bjorn Shen	By Bjorn's own admission, he is not only a chef, but a man who likes drawing dicks. Take a wild ride into the world of the most charismatic, unpredictable and brutally honest chef in Asia.	SINGAPORE	English-100		PG	a l n s		
2024-06-02	0930	<b>Raymond Blanc's Royal Kitchen Gardens</b>	Dumfries House 1	A trip to the Ayrshire countryside sees Raymond visit the splendid Dumfries House. The huge range of vegetables grown plants a seed of inspiration. He makes a zesty scallop, salmon and veggie ceviche.	UNITED KINGDOM	English-100		PG			
2024-06-02	1030	<b>Hairy Bikers Go Local</b>	Stackpole Inn, West Wales	Dave and Si head to The Stackpole Inn, where Head Chef Matt Waldron prides himself on using local ingredients; can the Hairy Bikers find some new local treats he hasn't yet uncovered?	UNITED KINGDOM	English-100		PG			
2024-06-02	1135	<b>Rick Stein's Food Heroes</b>	Rick Stein's Food Heroes Series 2 Ep 14	Rick watches as friend Bill Baker fishes on the Towy estuary and catches flounder. Rick cooks flounder with a ravigote sauce. Bill catches a sea trout and Rick cooks it marinated with dill and pernod.	UNITED KINGDOM	English-100		PG	a w		

2024-06-02	1205	<b>Rick Stein's Food Heroes</b>	Rick Stein's Food Heroes Series 2 Ep 15	Rick visits his favourite local fish market at Looe in Cornwall, and he cooks John Dory with potatoes and mushrooms. In Northumberland, Rick cooks up pancakes with cheese, spinach, and ham.	UNITED KINGDOM	English-100		PG	a n w	
2024-06-02	1235	<b>Jamie's Chef</b>	Jamie's Chef Series 1 Ep 1	Jamie's Chef follows four of the graduates of the Fifteen Foundation compete for a chance to open and run their own pub in Essex. Jamie Oliver along with two other judges must determine the winner.	UNITED KINGDOM	English-100		PG	d l	Y
2024-06-02	1330	<b>The Creators: Chefs Uncut</b>	Chef Bjorn Shen	By Bjorn's own admission, he is not only a chef, but a man who likes drawing dicks. Take a wild ride into the world of the most charismatic, unpredictable and brutally honest chef in Asia.	SINGAPORE	English-100		PG	a l n s	
2024-06-02	1400	<b>The Cook Up With Adam Liaw</b>	Instant Dinners	Instant dinners: they're not only possible, they're delicious! Podcast host and author, Yumi Stynes, and the man behind Lee Ho Fook and SilkSpoon, Victor Liang, join Adam to make fantastic fast food.	AUSTRALIA	English-100	RPT	G		Y
2024-06-02	1430	<b>The Cook Up With Adam Liaw</b>	Fast Fresh Fish	Fancy some fast fresh fish? You'll be hooked on The Cook Up with Adam and his guests, Justin James from Restaurant Botanic and Ashley Vola from Vola Foods. BYO hot chips.	AUSTRALIA	English-100	RPT	G		Y
2024-06-02	1500	<b>The Cook Up With Adam Liaw</b>	Fresh Family Favies	Say goodbye to stodgy, boring dinners - Adam and his guests, City of Sydney Councillor Yvonne Weldon and chef Sarah Todd have got you covered.	AUSTRALIA	English-100	RPT	G		Y
2024-06-02	1530	<b>The Cook Up With Adam Liaw</b>	Best Ever Chicken Curry	Adam and his guests, MKR winners and food entrepreneurs Monzir Hamdin and Janelle Halil cook their best ever chicken curries.	AUSTRALIA	English-100	RPT	G		Y
2024-06-02	1600	<b>The Cook Up With Adam Liaw</b>	Spiced Rice	What's better than rice? Spiced rice! See what Adam and his guests, Chef Claire Van Vuuren and comedian Mahmoud Ismail serve up.	AUSTRALIA	English-100		G		Y
2024-06-02	1630	<b>Field Trip With Curtis Stone</b>	Central Coast	Heading up the coast on California's Highway 1, Curtis visits a couple who turned from tech to cheesemaking, savours sea urchin, and finds inspiration at seaweed and abalone farms in Monterey.	USA	English-100		PG	a w	
2024-06-02	1700	<b>Barefoot Contessa: Back To Basics</b>	Modern Comfort Food: Bake It Delicious	Ina puts a new spin on a decadent, elegant bittersweet chocolate cake that everyone adores, and kick-starts the day with a dramatic apple cinnamon Dutch Baby.	USA	English-100		G		
2024-06-02	1730	<b>The Chef's Garden</b>	Ep 5	In the final episode, Massimo heads out to sea with fisherman Bryan Denny in search of the highly prized Southern Rock Lobster. Massimo ends on a sweet note with two family favourites.	AUSTRALIA	English-100		PG	a w	
2024-06-02	1800	<b>Flat Out Food</b>	Foraged	In the boreal forest, Jenn learns about the cultural significance of foraging in Indigenous culture and how different plants can be stored and used in both teas and food.	CANADA	English-100		G		
2024-06-02	1830	<b>Michel Roux's French Country Cooking</b>	Sharing Feast	Michel serves up a sharing feast. A visit to a restaurant on the Mediterranean coast inspires a smoked fish platter starter. A main course of rich beef cheek stew with a salted caramel and walnut tart	UNITED KINGDOM	English-100		PG	a w	Y

2024-06-02	1925	<b>Destination Flavour Down Under Bitesize</b>	Destination Flavour Down Under Bitesize Series 1 Ep 3	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	RPT	G		Y
2024-06-02	1930	<b>Be My Guest With Ina Garten</b>	Juliana Margulies	Ina has long dreamt of meeting incredible award-winning actress Julianna Margulies who's coming to East Hampton for amazing conversation, epic cooking and a sprinkling of the unexpected.	USA	English-100		G		
2024-06-02	2030	<b>Rick Stein's Road To Mexico</b>	Yucatan Peninsula	Rick Stein heads from Oaxaca to the Yucatan Peninsula, a place once frequented by real Caribbean pirates, including Sir Francis Drake. They feast on habaneros, and give slow food a new meaning.	UNITED KINGDOM	English-100		PG	a w	Y
2024-06-02	2140	<b>Anthony Bourdain: No Reservations</b>	Liberia	Tony heads back to Africa to visit Liberia. Tony samples the nation's culinary offerings and meets with locals to hear stories about their lives in Africa.	USA	English-100		M	a	Y
2024-06-02	2235	<b>The Wine Show</b>	Wine Show Series 3, The Ep 6	Matthew and James are tasked with exploring how women have helped shape the Douro wine business.	UNITED KINGDOM	English-100		G		Y
2024-06-02	2335	<b>Field Trip With Curtis Stone</b>	Central Coast	Heading up the coast on California's Highway 1, Curtis visits a couple who turned from tech to cheesemaking, savours sea urchin, and finds inspiration at seaweed and abalone farms in Monterey.	USA	English-100		PG	a w	
2024-06-02	2405	<b>Barefoot Contessa: Back To Basics</b>	Modern Comfort Food: Bake It Delicious	Ina puts a new spin on a decadent, elegant bittersweet chocolate cake that everyone adores, and kick-starts the day with a dramatic apple cinnamon Dutch Baby.	USA	English-100		G		
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2024-06-02	2835	<b>Barefoot Contessa: Back To Basics</b>	Modern Comfort Food: Bake It Delicious	Ina puts a new spin on a decadent, elegant bittersweet chocolate cake that everyone adores, and kick-starts the day with a dramatic apple cinnamon Dutch Baby.	USA	English-100		G		
2024-06-03	0500	<b>The Cook Up With Adam Liaw</b>	Instant Dinners	Instant dinners: they're not only possible, they're delicious! Podcast host and author, Yumi Stynes, and the man behind Lee Ho Fook and SilkSpoon, Victor Liong, join Adam to make fantastic fast food.	AUSTRALIA	English-100	RPT	G		Y
2024-06-03	0530	<b>The Cook Up With Adam Liaw</b>	Fast Fresh Fish	Fancy some fast fresh fish? You'll be hooked on The Cook Up with Adam and his guests, Justin James from Restaurant Botanic and Ashley Vola from Vola Foods. BYO hot chips.	AUSTRALIA	English-100	RPT	G		Y
2024-06-03	0600	<b>The Cook Up With Adam Liaw</b>	Fresh Family Faves	Say goodbye to stodgy, boring dinners - Adam and his guests, City of Sydney Councillor Yvonne Weldon and chef Sarah Todd have got you covered.	AUSTRALIA	English-100	RPT	G		Y
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2024-06-03	1235	<b>Barefoot Contessa: Back To Basics</b>	Seafood	Ina Garten is sharing all her seafood secrets and pro tips, starting with her recipe for Cioppino - a satisfying one-pot stew with cod, prawns, scallops, and mussels.	USA	English-100		G		
2024-06-03	1305	<b>Mary Makes It Easy</b>	Uncanny Valley	Ingredients packed in cans and jars can be just as good as fresh ones - and with Mary's recipes, they might even be better! Mary starts with Salmon Burgers using canned salmon.	CANADA	English-100		G		Y
2024-06-03	1330	<b>Giada Entertains</b>	Giada Entertains Series 4 Ep 5	After a recent trip to Capri, Giada hosts a lunch for her girlfriends that celebrates the island and one of its most inspiring ingredients - the lemon! The menu includes sole with lemon caper sauce.	USA	English-100		G		
2024-06-03	1400	<b>Pati's Mexican Table</b>	Getting To The Roots	Pati meets the young chefs and owners of one of Guadalajara's most exciting new restaurants, Xokol, where they are reconnecting with their roots.	USA	English-100		G		Y
2024-06-03	1430	<b>Gourmet Farmer</b>	Gourmet Farmer Series 2 Ep 6	Matthew and Ross have a stall at a new farmer's market where stall holders can only sell what they grow or source from providores. They see this as an opportunity to expand.	AUSTRALIA	English-100	RPT	PG		Y
2024-06-03	1500	<b>Luke Nguyen's Street Food Asia</b>	Jakarta, Indonesia - Part 1	Meeting up with his old friend, Derice, Luke unearths the delicious delicacies of Jakarta's Chinatown, finding the experience a melting pot of diverse cultural cuisines.	AUSTRALIA	English-100	RPT	G		Y Y
2024-06-03	1530	<b>Hairy Bikers Comfort Food</b>	Nostalgia	Today is all about nostalgic comfort food. The Bikers cook a Lancashire hotpot just like Dave's mother used to make and a French speciality brings back holiday memories for Si.	UNITED KINGDOM	English-100		G		
2024-06-03	1625	<b>Please Eat Slowly Bitesize</b>	Dumplings	Victor shares his tips for making restaurant-quality dumplings at home, from working the meat to create a springy texture, to cooking them just right.	AUSTRALIA	English-100		G		
2024-06-03	1630	<b>Spencer's Big 30</b>	Food Truck Take-Out	No time to stop at the food truck, but just can't stop thinking about crispy fried corndogs or melt in your mouth poutine? Never fear, chef Spencer Watts is here with some Food Truck favourites.	CANADA	English-100		G		
2024-06-03	1700	<b>Mad Good Food</b>	Meet The Parents	Chef Derrell puts his own twist on a traditional eggs benedict and creates a dish that would be a winner with any parent!	USA	English-100		PG		
2024-06-03	1730	<b>My Market Kitchen</b>	Ep 21	Laura cooks her favourite Italian dessert, cannoli, on the banks of the River Torrens in Adelaide. Matt serves up a Basque cheesecake. Mike prepares a wonderful peanut butter and jam French toast.	AUSTRALIA	English-100		G		
2024-06-03	1800	<b>Taste Of Australia With Hayden Quinn</b>	Northern Rivers, NSW	Hayden meets a friend to learn foil surfing, then gets to cooking in nature's best kitchen: the beach!	AUSTRALIA	English-100		G		

2024-06-03	1830	<b>Food Safari</b>	Persian	Tonight, Maeve O'Meara enters the saffron-scented realm of Persian food - one of the most ancient cuisines on earth. She discovers the secrets to cooking tender kebabs.	AUSTRALIA	English-100	RPT	G	Y	
2024-06-03	1900	<b>The Cook Up With Adam Liaw</b>	Tasty Express	Sounds like a train, but tastes way better: Chef Paul Farag and Everyday Gourmet host, Justine Schofield jump on board the tasty express with Adam.	AUSTRALIA	English-100		G	Y	
2024-06-03	1930	<b>The Streets Hong Kong</b>	Ep 1	Embark on a culinary adventure with Dan Hong through Hong Kong's bustling streets. Experience the city's diverse food culture, from Western-inspired cha chaan teng to traditional tofu-making shops.				G	Y	
2024-06-03	2000	<b>Luke Nguyen's France</b>	Paris	Follows Luke's latest journey as his appetite for food leads him out of Asia and into France, the culinary wonderland that shaped his ancestral home, Vietnam.	AUSTRALIA	English-100	RPT	G	Y	Y
2024-06-03	2030	<b>Marcus Wareing's Kitchen Garden Tales</b>	Goats	Marcus is thinking about adding some goats to the farm - but they are notoriously hard to look after. He visits a farm in Surrey to learn all about rearing, milking and feeding goats.	UNITED KINGDOM	English-100		PG		
2024-06-03	2100	<b>Paula McIntyre's Hamely Kitchen</b>	Episode 2	Paula demonstrates her fail-safe method for cooking the perfect pork chop with a side of creamy parsnips and smoked potatoes. She pays a visit to Glenarm Castle, where she enlists help.	UNITED KINGDOM	English-100		G		
2024-06-03	2130	<b>River Cottage Australia</b>	River Cottage Australia One Hours Series 4 Ep 6	Still in the Riverina, Paul visits a wheat-farming mate who has changed the future of his town with Beer.	UNITED KINGDOM	English-100	RPT	PG	Y	
2024-06-03	2230	<b>The Cook Up With Adam Liaw</b>	Tasty Express	Sounds like a train, but tastes way better: Chef Paul Farag and Everyday Gourmet host, Justine Schofield jump on board the tasty express with Adam.	AUSTRALIA	English-100		G	Y	
2024-06-03	2300	<b>The Cook And The Chef</b>	Produce Of Two Islands	South of Hobart in the delightfully named Sandfly Simon found Gordon and Jane Brown growing an unusual crop: Green Tea.	AUSTRALIA	English-100		G		
2024-06-03	2330	<b>Jamie &amp; Jimmy's Food Fight Club</b>	Jamie & Jimmy's Food Fight Club Series 6 Ep 11	Jamie and Jimmy welcome comedy genius Johnny Vegas to Southend Pier. Recreating one of his favourite dishes of all time, Johnny learns how to flambe the perfect steak for all the diners in the cafe.	UNITED KINGDOM	English-100		PG	n	
2024-06-03	2425	<b>Destination Flavour Fillers</b>	Episode 1	Hosts Adam Liaw, Renee Lim and Lily Serna meet passionate growers, celebrated chefs and local food heroes from all over Australia.	AUSTRALIA	English-100	RPT	G	Y	
2024-06-03	2430	<b>The Streets Hong Kong</b>	Ep 1	Embark on a culinary adventure with Dan Hong through Hong Kong's bustling streets. Experience the city's diverse food culture, from Western-inspired cha chaan teng to traditional tofu-making shops.				G	Y	
2024-06-03	2500	<b>Luke Nguyen's France</b>	Paris	Follows Luke's latest journey as his appetite for food leads him out of Asia and into France, the culinary wonderland that shaped his ancestral home, Vietnam.	AUSTRALIA	English-100	RPT	G	Y	Y

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2024-06-03	2730	<b>Jamie &amp; Jimmy's Food Fight Club</b>	Jamie & Jimmy's Food Fight Club Series 6 Ep 11	Jamie and Jimmy welcome comedy genius Johnny Vegas to Southend Pier. Recreating one of his favourite dishes of all time, Johnny learns how to flambe the perfect steak for all the diners in the cafe.	UNITED KINGDOM	English-100		PG	n		
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2024-06-04	0500	<b>Mary Makes It Easy</b>	Uncanny Valley	Ingredients packed in cans and jars can be just as good as fresh ones - and with Mary's recipes, they might even be better! Mary starts with Salmon Burgers using canned salmon.	CANADA	English-100		G		Y	
2024-06-04	0530	<b>Giada Entertains</b>	Giada Entertains Series 4 Ep 5	After a recent trip to Capri, Giada hosts a lunch for her girlfriends that celebrates the island and one of its most inspiring ingredients - the lemon! The menu includes sole with lemon caper sauce.	USA	English-100		G			
2024-06-04	0600	<b>Pati's Mexican Table</b>	Getting To The Roots	Pati meets the young chefs and owners of one of Guadalajara's most exciting new restaurants, Xokol, where they are reconnecting with their roots.	USA	English-100		G		Y	
2024-06-04	0630	<b>Gourmet Farmer</b>	Gourmet Farmer Series 2 Ep 6	Matthew and Ross have a stall at a new farmer's market where stall holders can only sell what they grow or source from providores. They see this as an opportunity to expand.	AUSTRALIA	English-100	RPT	PG		Y	
2024-06-04	0700	<b>Luke Nguyen's Street Food Asia</b>	Jakarta, Indonesia - Part 1	Meeting up with his old friend, Derice, Luke unearths the delicious delicacies of Jakarta's Chinatown, finding the experience a melting pot of diverse cultural cuisines.	AUSTRALIA	English-100	RPT	G		Y	Y
2024-06-04	0730	<b>Hairy Bikers Comfort Food</b>	Nostalgia	Today is all about nostalgic comfort food. The Bikers cook a Lancashire hotpot just like Dave's mother used to make and a French speciality brings back holiday memories for Si.	UNITED KINGDOM	English-100		G			
2024-06-04	0825	<b>Please Eat Slowly Bitesize</b>	Dumplings	Victor shares his tips for making restaurant-quality dumplings at home, from working the meat to create a springy texture, to cooking them just right.	AUSTRALIA	English-100		G			

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2024-06-04	1200	<b>Luke Nguyen's France</b>	Paris	Follows Luke's latest journey as his appetite for food leads him out of Asia and into France, the culinary wonderland that shaped his ancestral home, Vietnam.	AUSTRALIA	English-100	RPT	G		Y Y
2024-06-04	1230	<b>Barefoot Contessa: Back To Basics</b>	Tex Mex Entertaining	Ina Garten has all the bases covered when it comes to Tex-Mex entertaining. She makes a light and airy tres leches cake with berries, and her crowd-pleasing pork posole is a spicy main course.	USA	English-100		G		
2024-06-04	1300	<b>Mary Makes It Easy</b>	Budget Bites	Mary amps up the savings to prove you don't have to spend a fortune to make delicious dishes. First up, pork tenderloin is a budget-friendly protein that's easy on the wallet.	CANADA	English-100		G		
2024-06-04	1330	<b>Giada Entertains</b>	Giada Entertains Series 4 Ep 6	Giada treats Jade to a special day of mother-daughter fun and a delicious dinner. The menu includes comforting dishes for just the two of them including pork braciolo and pan-fried lemon potatoes.	USA	English-100		G		
2024-06-04	1400	<b>Pati's Mexican Table</b>	Heart Of Tequila, The	Pati visits one of Jalisco's most popular tourist destinations and the birthplace of Mexico's most famous spirit, Tequila. She explores the town, learns about the history of tequila making.	USA	English-100		G		Y
2024-06-04	1430	<b>Gourmet Farmer</b>	Gourmet Farmer Series 2 Ep 7	Matthew, Nick, and Ross take their Long Table Lunches business to a new level when they host a lunch on Flinders Island, bringing nothing along other than salt, pepper, and olive oil.	AUSTRALIA	English-100	RPT	PG	a w	Y



2024-06-04	1500	<b>Luke Nguyen's Street Food Asia</b>	Jakarta, Indonesia - Part 2	Luke completes his street food journey in Jakarta, Indonesia where he visits a busy stall that's been serving a traditional Indonesian salad since 1961.	AUSTRALIA	English-100	RPT	G		Y	Y
2024-06-04	1530	<b>Hairy Bikers Comfort Food</b>	Cut Above, A	Today the Bikers take everyday ingredients and transform them. Bananas are transformed into a sophisticated Tarte-Tatin and some ricotta cheese is the basis for Gnudi - delicious Italian dumplings.	UNITED KINGDOM	English-100		G			
2024-06-04	1625	<b>Please Eat Slowly Bitesize</b>	Yee Sang	Learn how to make mouth-watering Yee Sang. Victor has a few tricks for slicing the perfect julienne at home, as well as some presentation tips to make your salad a showstopper.	AUSTRALIA	English-100		G			
2024-06-04	1630	<b>Fun'q With Spencer Watts</b>	Bib Worthy Bbq	Spencer chars some sweet lobster tails and dunks them into a bath of curried butter and then brings on a big ol' bowl of yum with his grilled tropical fruit Eton mess. Bibs on.	CANADA	English-100		G			
2024-06-04	1700	<b>Mad Good Food</b>	Tis The Season	Chef Derrell is feeling festive and making a feast fit for a king with his crown roast and sweet potato gratin.	USA	English-100		G			
2024-06-04	1730	<b>My Market Kitchen</b>	Ep 22	Mike makes a strawberry cheesecake in the Prahran Market. Tobie Puttock and Adam Walls cooks a risotto in the vineyards. Laura teams up with Chef Massa for a delectable Japanese noodle delight.	AUSTRALIA	English-100		G			
2024-06-04	1800	<b>Taste Of Australia With Hayden Quinn</b>	Red Centre, NT	Hayden travels to Uluru for the first time, where he cooks with local native ingredients.	AUSTRALIA	English-100		G			
2024-06-04	1830	<b>Food Safari</b>	English	Maeve O'Meara explores the intricacies and etiquette of English food from a perfect afternoon tea to good old fish and chips. Maeve also talks to top Sydney chef Matthew Kemp.	AUSTRALIA	English-100	RPT	G		Y	
2024-06-04	1900	<b>The Cook Up With Adam Liaw</b>	Honey	You'll be buzzing about the kitchen after seeing what Adam and his guests, hatted chefs Rosheen Kaul and Aleksis Kalnins, can make with honey.	AUSTRALIA	English-100		G		Y	
2024-06-04	1930	<b>Mary Berry's Fantastic Feasts</b>	Ep 1	Dame Mary Berry knows a thing or two about cooking up a Festive Feast, and this year she's sharing her cooking skills with novice cooks, cousins James, Jack and Leah, who want to throw a great feast.	UNITED KINGDOM	English-100		G			
2024-06-04	2030	<b>Paul Hollywood Eats Mexico</b>	Baja California, Milpa Alta, Oaxaca, Yucatan Peninsula	Paul visits Baja California and tastes fresh cactus in Milpa Alta and insects in Oaxaca, then judges a pasty baking competition in a small mining town.	UNITED KINGDOM	English-100		PG	a l		Y
2024-06-04	2130	<b>River Cottage Australia</b>	River Cottage Australia One Hours Series 4 Ep 7	Back on the farm, it's time to make some much needed changes. Jean teaches Paul the forgotten skill of stone masonry. Meanwhile, Digger brings joy to some people in need.	UNITED KINGDOM	English-100	RPT	G		Y	
2024-06-04	2230	<b>The Cook Up With Adam Liaw</b>	Honey	You'll be buzzing about the kitchen after seeing what Adam and his guests, hatted chefs Rosheen Kaul and Aleksis Kalnins, can make with honey.	AUSTRALIA	English-100		G		Y	

2024-06-04	2300	<b>The Cook And The Chef</b>	Lobster And Mushrooms	Kangaroo Island is one of Maggie's favourite destinations, its magnificent coastline and pristine waters provide an abundance of superb seafood for the locals.	AUSTRALIA	English-100		G		
2024-06-04	2330	<b>Jamie &amp; Jimmy's Food Fight Club</b>	Jamie & Jimmy's Food Fight Club Series 6 Ep 12	Jamie and Jimmy welcome Hollywood star Josh Hartnett to the cafe. The star of Pearl Harbour loves ramen, so Jamie will be taking on a secretive recipe from Josh's favourite New York ramen restaurant.	UNITED KINGDOM	English-100		G		
2024-06-04	2425	<b>Destination Flavour Fillers</b>	Episode 3	Hosts Adam Liaw, Renee Lim and Lily Serna meet passionate growers, celebrated chefs and local food heroes from all over Australia.	AUSTRALIA	English-100	RPT	G		Y
2024-06-04	2430	<b>Mary Berry's Fantastic Feasts</b>	Ep 1	Dame Mary Berry knows a thing or two about cooking up a Festive Feast, and this year she's sharing her cooking skills with novice cooks, cousins James, Jack and Leah, who want to throw a great feast.	UNITED KINGDOM	English-100		G		
2024-06-04	2530	<b>Paul Hollywood Eats Mexico</b>	Baja California, Milpa Alta, Oaxaca, Yucatan Peninsula	Paul visits Baja California and tastes fresh cactus in Milpa Alta and insects in Oaxaca, then judges a pasty baking competition in a small mining town.	UNITED KINGDOM	English-100		PG	a l	Y
2024-06-04	2625	<b>Destination Flavour Scandinavia Bitesize</b>	Destination Flavour Scandinavia Bitesize Series 1 Ep 1	Join Adam Liaw as he revisits the highlights from his Scandinavian food adventures.	AUSTRALIA	English-100	RPT	G		Y
2024-06-04	2630	<b>River Cottage Australia</b>	River Cottage Australia One Hours Series 4 Ep 7	Back on the farm, it's time to make some much needed changes. Jean teaches Paul the forgotten skill of stone masonry. Meanwhile, Digger brings joy to some people in need.	UNITED KINGDOM	English-100	RPT	G		Y
2024-06-04	2730	<b>Jamie &amp; Jimmy's Food Fight Club</b>	Jamie & Jimmy's Food Fight Club Series 6 Ep 12	Jamie and Jimmy welcome Hollywood star Josh Hartnett to the cafe. The star of Pearl Harbour loves ramen, so Jamie will be taking on a secretive recipe from Josh's favourite New York ramen restaurant.	UNITED KINGDOM	English-100		G		
2024-06-04	2825	<b>Destination Flavour Fillers</b>	Episode 3	Hosts Adam Liaw, Renee Lim and Lily Serna meet passionate growers, celebrated chefs and local food heroes from all over Australia.	AUSTRALIA	English-100	RPT	G		Y
2024-06-04	2830	<b>Barefoot Contessa: Back To Basics</b>	Tex Mex Entertaining	Ina Garten has all the bases covered when it comes to Tex-Mex entertaining. She makes a light and airy tres leches cake with berries, and her crowd-pleasing pork posole is a spicy main course.	USA	English-100		G		
2024-06-05	0500	<b>Mary Makes It Easy</b>	Budget Bites	Mary amps up the savings to prove you don't have to spend a fortune to make delicious dishes. First up, pork tenderloin is a budget-friendly protein that's easy on the wallet.	CANADA	English-100		G		
2024-06-05	0530	<b>Giada Entertains</b>	Giada Entertains Series 4 Ep 6	Giada treats Jade to a special day of mother-daughter fun and a delicious dinner. The menu includes comforting dishes for just the two of them including pork braciolo and pan-fried lemon potatoes.	USA	English-100		G		
2024-06-05	0600	<b>Pati's Mexican Table</b>	Heart Of Tequila, The	Pati visits one of Jalisco's most popular tourist destinations and the birthplace of Mexico's most famous spirit, Tequila. She explores the town, learns about the history of tequila making.	USA	English-100		G		Y

2024-06-05	0630	<b>Gourmet Farmer</b>	Gourmet Farmer Series 2 Ep 7	Matthew, Nick, and Ross take their Long Table Lunches business to a new level when they host a lunch on Flinders Island, bringing nothing along other than salt, pepper, and olive oil.	AUSTRALIA	English-100	RPT	PG	a w	Y
2024-06-05	0700	<b>Luke Nguyen's Street Food Asia</b>	Jakarta, Indonesia - Part 2	Luke completes his street food journey in Jakarta, Indonesia where he visits a busy stall that's been serving a traditional Indonesian salad since 1961.	AUSTRALIA	English-100	RPT	G		Y Y
2024-06-05	0730	<b>Hairy Bikers Comfort Food</b>	Cut Above, A	Today the Bikers take everyday ingredients and transform them. Bananas are transformed into a sophisticated Tarte-Tatin and some ricotta cheese is the basis for Gnudi - delicious Italian dumplings.	UNITED KINGDOM	English-100		G		
2024-06-05	0825	<b>Please Eat Slowly Bitesize</b>	Yee Sang	Learn how to make mouth-watering Yee Sang. Victor has a few tricks for slicing the perfect julienne at home, as well as some presentation tips to make your salad a showstopper.	AUSTRALIA	English-100		G		
2024-06-05	0830	<b>Fun'q With Spencer Watts</b>	Bib Worthy Bbq	Spencer chars some sweet lobster tails and dunks them into a bath of curried butter and then brings on a big ol' bowl of yum with his grilled tropical fruit Eton mess. Bibs on.	CANADA	English-100		G		
2024-06-05	0900	<b>Mad Good Food</b>	Tis The Season	Chef Derrell is feeling festive and making a feast fit for a king with his crown roast and sweet potato gratin.	USA	English-100		G		
2024-06-05	0930	<b>My Market Kitchen</b>	Ep 22	Mike makes a strawberry cheesecake in the Prahran Market. Tobie Puttock and Adam Walls cooks a risotto in the vineyards. Laura teams up with Chef Massa for a delectable Japanese noodle delight.	AUSTRALIA	English-100		G		
2024-06-05	1000	<b>Taste Of Australia With Hayden Quinn</b>	Red Centre, NT	Hayden travels to Uluru for the first time, where he cooks with local native ingredients.	AUSTRALIA	English-100		G		
2024-06-05	1030	<b>Food Safari</b>	English	Maeve O'Meara explores the intricacies and etiquette of English food from a perfect afternoon tea to good old fish and chips. Maeve also talks to top Sydney chef Matthew Kemp.	AUSTRALIA	English-100	RPT	G		Y
2024-06-05	1100	<b>The Cook Up With Adam Liaw</b>	Honey	You'll be buzzing about the kitchen after seeing what Adam and his guests, hatted chefs Rosheen Kaul and Aleksis Kalnins, can make with honey.	AUSTRALIA	English-100		G		Y
2024-06-05	1130	<b>Mary Berry's Fantastic Feasts</b>	Ep 1	Dame Mary Berry knows a thing or two about cooking up a Festive Feast, and this year she's sharing her cooking skills with novice cooks, cousins James, Jack and Leah, who want to throw a great feast.	UNITED KINGDOM	English-100		G		
2024-06-05	1230	<b>Barefoot Contessa: Back To Basics</b>	Cook With A Pro	Ina gets a cooking masterclass with three professional chefs. She learns how to make the most incredible roasted carrot tart, perfect crepes and chocolate sauce, plus all the secrets of pasta.	USA	English-100		G		
2024-06-05	1300	<b>Mary Makes It Easy</b>	Pasta La Vista	Pasta can be kind of boring if you're throwing together just noodles and sauce. Mary will have you saying grazie! with four deliziosa pasta meal recipes that keep it simple but amp up the flavour.	CANADA	English-100		G		

2024-06-05	1330	Giada Entertains	Giada Entertains Series 4 Ep 7	Giada hosts an intimate formal dinner with a multi-course meal that includes whole roasted beef tenderloin with peperonata and ricotta bruschetta with sweet and spicy tomatoes.	USA	English-100		G	
2024-06-05	1400	Pati's Mexican Table	Double Vallarta	Pati is in one of Mexico's most popular beach destinations, the beautiful, charming town of Puerto Vallarta. She gets an insider's tour of the best street food in Puerto Vallarta.	USA	English-100		G	Y
2024-06-05	1430	Gourmet Farmer	Gourmet Farmer Series 2 Ep 8	On a bushwalk with a park ranger, Matthew samples some native produce which gets his mind to thinking about what else is growing wild closer to home on his farm and around Hobart.	AUSTRALIA	English-100	RPT	G	Y
2024-06-05	1500	Gok Wan's Easy Asian	Comfort Food - Asian Style	In this episode Gok shares three comforting dishes rooted in his heritage, from Asia to the other cultural influences of 1970s Leicester.	UNITED KINGDOM	English-100		G	
2024-06-05	1530	Hairy Bikers Comfort Food	Crowd Pleasers	Today Si and Dave cook dishes to feed a multitude. Their salmon pie with spinach and hollandaise is a showstopper and their chocolate and cherry buns makes a perfect centrepiece.	UNITED KINGDOM	English-100		G	
2024-06-05	1625	Please Eat Slowly Bitesize	Hand-Pulled Noodles	Victor shows how easy it is to make fresh noodles at home: all you need is flour, water and a little bit of time!	AUSTRALIA	English-100		G	
2024-06-05	1630	Fun'q With Spencer Watts	Big Big Bbq	Spencer Watts is inspired to embrace big, big food for a big big barbecue feast. He makes jumbo turkey legs with sticky molasses and sweet brown sugar mop.	CANADA	English-100		G	
2024-06-05	1700	Mad Good Food	Traditional Fish Fry	Chef Derrell Smith pairs fish beignets with his signature spicy sauce in addition to cultural takeaways from his celebration.	USA	English-100		G	
2024-06-05	1730	My Market Kitchen	Ep 23	Matt is inspired to make an Eton Mess dessert overlooking the Noosa River. He cooks a hanger steak with chimichurri using meat fresh from Gary's Meats. Laura joins Chef Kinsan to cook juicy pork belly.	AUSTRALIA	English-100		G	
2024-06-05	1800	Taste Of Australia With Hayden Quinn	Eyre Peninsula, SA	Hayden swims with sea lions, goes beach fishing, and makes a delicious sardine dish.	AUSTRALIA	English-100		PG	a w
2024-06-05	1830	Food Safari	African	Maeve O'Meara visits a bakery that cooks Ethiopian injera bread which is used with many spicy stews, and Nigerian Kunle Adesua introduces Maeve to a range of African ingredients.	AUSTRALIA	English-100	RPT	G	Y
2024-06-05	1900	The Cook Up With Adam Liaw	Dream Dinners	It's a night of dream dinners, as Adam and his guests, Sijori Malay Food founder Engku Putri Irna Mysara and Bar Louise's Head Chef Marcelo Munoz make their ultimate dinner recipes.	AUSTRALIA	English-100		G	Y
2024-06-05	1930	Rick Stein's Food Stories	Wales	In Wales, Rick meets the farmer dodging old WW2 bombs to raise salt marsh lamb, goes night fishing on the river Tywi, tries rhubarb pizza and shows us how to home smoke sea trout.	UNITED KINGDOM	English-100		PG	a w

2024-06-05	2000	<b>Jamie's Great Italian Escape</b>	Monastery	Jamie Oliver spends time at Farfa monastery in Lazio, living and working with the monks, who were the first people to collect recipes in the area.	UNITED KINGDOM	English-100		PG	a w	Y
2024-06-05	2030	<b>Jason Atherton's Dubai Dishes</b>	Herbs	Jason Atherton's Dubai journey concludes with a bunch of fresh herby dishes inspired by the region. On the menu - a tangy tabouleh with grated cauliflower and a lobster sashimi with frozen herb snow.	UNITED KINGDOM			PG	a w	
2024-06-05	2130	<b>River Cottage Australia</b>	River Cottage Australia One Hours Series 4 Ep 8	Paul takes part in a species eradication program, but it's not your average day out weeding - this method goes to new heights.	UNITED KINGDOM	English-100	RPT	PG		Y
2024-06-05	2230	<b>The Cook Up With Adam Liaw</b>	Dream Dinners	It's a night of dream dinners, as Adam and his guests, Sijori Malay Food founder Engku Putri Irna Mysara and Bar Louise's Head Chef Marcelo Munoz make their ultimate dinner recipes.	AUSTRALIA	English-100		G		Y
2024-06-05	2300	<b>The Cook And The Chef</b>	Seaweed And Scallops	The East Coast of Tasmania has to be one of the most beautiful stretches of coastline anywhere in the world, but when Simon visits he's not just interested in the dazzling scenery.	AUSTRALIA	English-100		G		
2024-06-05	2330	<b>Jamie &amp; Jimmy's Food Fight Club</b>	Jodie Whittaker	Doctor Who's Jodie Whittaker joins the boys in cooking up the perfect roast pork, Thai beef massaman curry and brown crabs as well as a DIY barbeque.	UNITED KINGDOM	English-100		PG	a w	
2024-06-05	2425	<b>Destination Flavour Fillers</b>	Episode 6	Hosts Adam Liaw, Renee Lim and Lily Serna meet passionate growers, celebrated chefs and local food heroes from all over Australia.	AUSTRALIA	English-100	RPT	G		Y Y
2024-06-05	2430	<b>Rick Stein's Food Stories</b>	Wales	In Wales, Rick meets the farmer dodging old WW2 bombs to raise salt marsh lamb, goes night fishing on the river Tywi, tries rhubarb pizza and shows us how to home smoke sea trout.	UNITED KINGDOM	English-100		PG	a w	
2024-06-05	2500	<b>Jamie's Great Italian Escape</b>	Monastery	Jamie Oliver spends time at Farfa monastery in Lazio, living and working with the monks, who were the first people to collect recipes in the area.	UNITED KINGDOM	English-100		PG	a w	Y
2024-06-05	2530	<b>Jason Atherton's Dubai Dishes</b>	Herbs	Jason Atherton's Dubai journey concludes with a bunch of fresh herby dishes inspired by the region. On the menu - a tangy tabouleh with grated cauliflower and a lobster sashimi with frozen herb snow.	UNITED KINGDOM			PG	a w	
2024-06-05	2630	<b>River Cottage Australia</b>	River Cottage Australia One Hours Series 4 Ep 8	Paul takes part in a species eradication program, but it's not your average day out weeding - this method goes to new heights.	UNITED KINGDOM	English-100	RPT	PG		Y
2024-06-05	2730	<b>Jamie &amp; Jimmy's Food Fight Club</b>	Jodie Whittaker	Doctor Who's Jodie Whittaker joins the boys in cooking up the perfect roast pork, Thai beef massaman curry and brown crabs as well as a DIY barbeque.	UNITED KINGDOM	English-100		PG	a w	
2024-06-05	2825	<b>Destination Flavour Fillers</b>	Episode 6	Hosts Adam Liaw, Renee Lim and Lily Serna meet passionate growers, celebrated chefs and local food heroes from all over Australia.	AUSTRALIA	English-100	RPT	G		Y Y

2024-06-05	2830	<b>Barefoot Contessa: Back To Basics</b>	Cook With A Pro	Ina gets a cooking masterclass with three professional chefs. She learns how to make the most incredible roasted carrot tart, perfect crepes and chocolate sauce, plus all the secrets of pasta.	USA	English-100		G	
2024-06-06	0500	<b>Mary Makes It Easy</b>	Pasta La Vista	Pasta can be kind of boring if you're throwing together just noodles and sauce. Mary will have you saying grazie! with four deliziosa pasta meal recipes that keep it simple but amp up the flavour.	CANADA	English-100		G	
2024-06-06	0530	<b>Giada Entertains</b>	Giada Entertains Series 4 Ep 7	Giada hosts an intimate formal dinner with a multi-course meal that includes whole roasted beef tenderloin with peperonata and ricotta bruschetta with sweet and spicy tomatoes.	USA	English-100		G	
2024-06-06	0600	<b>Pati's Mexican Table</b>	Double Vallarta	Pati is in one of Mexico's most popular beach destinations, the beautiful, charming town of Puerto Vallarta. She gets an insider's tour of the best street food in Puerto Vallarta.	USA	English-100		G	Y
2024-06-06	0630	<b>Gourmet Farmer</b>	Gourmet Farmer Series 2 Ep 8	On a bushwalk with a park ranger, Matthew samples some native produce which gets his mind to thinking about what else is growing wild closer to home on his farm and around Hobart.	AUSTRALIA	English-100	RPT	G	Y
2024-06-06	0700	<b>Gok Wan's Easy Asian</b>	Comfort Food - Asian Style	In this episode Gok shares three comforting dishes rooted in his heritage, from Asia to the other cultural influences of 1970s Leicester.	UNITED KINGDOM	English-100		G	
2024-06-06	0730	<b>Hairy Bikers Comfort Food</b>	Crowd Pleasers	Today Si and Dave cook dishes to feed a multitude. Their salmon pie with spinach and hollandaise is a showstopper and their chocolate and cherry buns makes a perfect centrepiece.	UNITED KINGDOM	English-100		G	
2024-06-06	0825	<b>Please Eat Slowly Bitesize</b>	Hand-Pulled Noodles	Victor shows how easy it is to make fresh noodles at home: all you need is flour, water and a little bit of time!	AUSTRALIA	English-100		G	
2024-06-06	0830	<b>Fun'q With Spencer Watts</b>	Big Big Bbq	Spencer Watts is inspired to embrace big, big food for a big big barbecue feast. He makes jumbo turkey legs with sticky molasses and sweet brown sugar mop.	CANADA	English-100		G	
2024-06-06	0900	<b>Mad Good Food</b>	Traditional Fish Fry	Chef Derrell Smith pairs fish beignets with his signature spicy sauce in addition to cultural takeaways from his celebration.	USA	English-100		G	
2024-06-06	0930	<b>My Market Kitchen</b>	Ep 23	Matt is inspired to make an Eton Mess dessert overlooking the Noosa River. He cooks a hanger steak with chimichurri using meat fresh from Gary's Meats. Laura joins Chef Kinsan to cook juicy pork belly.	AUSTRALIA	English-100		G	
2024-06-06	1000	<b>Taste Of Australia With Hayden Quinn</b>	Eyre Peninsula, SA	Hayden swims with sea lions, goes beach fishing, and makes a delicious sardine dish.	AUSTRALIA	English-100		PG	a w
2024-06-06	1030	<b>Food Safari</b>	African	Maeve O'Meara visits a bakery that cooks Ethiopian injera bread which is used with many spicy stews, and Nigerian Kunle Adesua introduces Maeve to a range of African ingredients.	AUSTRALIA	English-100	RPT	G	Y

2024-06-06	1100	<b>The Cook Up With Adam Liaw</b>	Dream Dinners	It's a night of dream dinners, as Adam and his guests, Sijori Malay Food founder Engku Putri Irna Mysara and Bar Louise's Head Chef Marcelo Munoz make their ultimate dinner recipes.	AUSTRALIA	English-100	G		Y
2024-06-06	1130	<b>Rick Stein's Food Stories</b>	Wales	In Wales, Rick meets the farmer dodging old WW2 bombs to raise salt marsh lamb, goes night fishing on the river Tywi, tries rhubarb pizza and shows us how to home smoke sea trout.	UNITED KINGDOM	English-100	PG	a w	
2024-06-06	1200	<b>Jamie's Great Italian Escape</b>	Monastery	Jamie Oliver spends time at Farfa monastery in Lazio, living and working with the monks, who were the first people to collect recipes in the area.	UNITED KINGDOM	English-100	PG	a w	Y
2024-06-06	1230	<b>Barefoot Contessa: Back To Basics</b>	Perfect Pastry	Ina Garten shares tips and ideas for cooking with sweet, savoury, and even store-bought pastry. She starts with her foolproof sweet pastry dough for a showstopping French fig tart.	USA	English-100	G		
2024-06-06	1300	<b>Mary Makes It Easy</b>	Pie In The Sky	Piemaking can be daunting, but Mary provides a pastry crash course with three different types of dough to make all your pie in the sky dreams come true.	CANADA	English-100	G		
2024-06-06	1330	<b>Giada Entertains</b>	Giada Entertains Series 4 Ep 8	Giada hosts an elegant outdoor lunch made with fresh garden ingredients to thank some of her friends and family for the special things they've done for her.	USA	English-100	G		
2024-06-06	1400	<b>Pati's Mexican Table</b>	Tacos And A Tostada	In this episode, Pati celebrates everyone's favorite Mexican creation, the taco. She tries two of Jalisco's best tacos -marlin tacos in Puerto Vallarta and barbacoa tacos in Guadalajara.	USA	English-100	G		Y
2024-06-06	1430	<b>Gourmet Farmer</b>	Gourmet Farmer Series 2 Ep 9	Matthew has been invited to Italy as part of Slow Food's annual salon, where he learns to make salami the traditional way with local butchers.	AUSTRALIA	English-100	RPT	G	Y
2024-06-06	1500	<b>Gok Wan's Easy Asian</b>	Express Lunches	In this episode Gok Wan has three easy recipes perfect for a delicious quick lunch. There are some traditional Asian rolls which are full of the fresh taste of summer and a speedy egg noodle dish.	UNITED KINGDOM	English-100	G		
2024-06-06	1530	<b>Hairy Bikers Comfort Food</b>	It's Cold Outside	Si and Dave cook dishes for when the weather calls for good hearty cooking. This means oxtail soup with herby dumplings, a vegetarian chestnut and mushroom pie and an old favourite, treacle sponge.	UNITED KINGDOM	English-100	G		
2024-06-06	1625	<b>Please Eat Slowly Bitesize</b>	Steamed Whole Fish	Victor shares how to prepare a whole fish, as well as some tips on how to steam a whole fish when you don't have a large enough steaming basket.	AUSTRALIA	English-100	G		
2024-06-06	1630	<b>Fun'q With Spencer Watts</b>	Brunch Is Lit	Let's brunch. Spencer makes sinfully good grilled brioche French toast kebabs drizzled in bourbon maple icing and flame seared, coffee rubbed steak tacos with grilled pepper scrambled eggs.	CANADA	English-100	G		
2024-06-06	1700	<b>Mad Good Food</b>	Burgers And Shakes	Chef Derrell Smith shares his diner favorites and childhood memories with smash burgers, shakes and homemade tater tots.	USA	English-100	PG	a l	

2024-06-06	1730	<b>My Market Kitchen</b>	Ep 24	Mike makes his Asian firecracker sauce. Laura joins Chef Warren Mendes to make chorizo alla vodka at the Adelaide Central Market. Matt and Chef Jeremiah Jones chimichurri, in tropical Noosa.	AUSTRALIA	English-100		G	
2024-06-06	1800	<b>Taste Of Australia With Hayden Quinn</b>	Kangaroo Island, SA	Hayden swims with dolphins, then heads to a winery to cook with local figs and honey.	AUSTRALIA	English-100		G	
2024-06-06	1830	<b>Food Safari</b>	Syrian	Syrian food is one of the most vibrant cuisines of the Middle East, full of herbs, spices and traditions stretching back many generations. Maeve learns the essential ingredients.	AUSTRALIA	English-100	RPT	G	Y
2024-06-06	1900	<b>The Cook Up With Adam Liaw</b>	Sweet Classics	Sweet tooth, rejoice! Acclaimed chefs, Alex Wong and Jung Eun Chae joins Adam in the kitchen to make classic desserts.	AUSTRALIA	English-100		G	Y
2024-06-06	1930	<b>John Torode's Korean Food Tour</b>	Bbq	John joins the official Ambassador for Hanwoo beef for a tour of Majang meat market, the largest meat market in East Asia.	UNITED KINGDOM	English-100		PG	a w
2024-06-06	2030	<b>Sophie Grigson: Slice Of Italy</b>	Greed For Good Food	Sophie visits a canteen serving regional dishes at her local petrol station - a most unlikely location. Later she cooks a hearty dish for some old friends from Oxford and makes a roast chicken.	UNITED KINGDOM	English-100		G	Y
2024-06-06	2100	<b>Sophie Grigson: Slice Of Italy</b>	Innovators, The	Sophie investigates the new ideas, new products and new twists on traditional foods that are opening nearby. New takeaways, a nectar produced from carob pods and a 24-hour vending machine.	UNITED KINGDOM	English-100		PG	a d Y
2024-06-06	2130	<b>Nadiya's Asian Odyssey</b>	Thailand And Cambodia	Nadiya makes a surprise discovery about her DNA which sees her travel solo for the first time. From the temples of Angkor Wat in North Cambodia to a Muslim island in the deep south of Thailand.	UNITED KINGDOM	English-100		G	Y
2024-06-06	2235	<b>The Cook Up With Adam Liaw</b>	Sweet Classics	Sweet tooth, rejoice! Acclaimed chefs, Alex Wong and Jung Eun Chae joins Adam in the kitchen to make classic desserts.	AUSTRALIA	English-100		G	Y
2024-06-06	2305	<b>The Cook And The Chef</b>	Beetroot And Pepper	Maggie and Simon demonstrate how to bring out the best of the brilliant beetroot, and then spice up some delicious dishes with Native Tasmanian Pepper berry.	AUSTRALIA	English-100		G	
2024-06-06	2335	<b>Jamie &amp; Jimmy's Food Fight Club</b>	Martin Freeman	Jamie and Jimmy welcome British actor turned Hollywood star Martin Freeman to the pier as he joins them in the cafe for 'an unexpected journey' in the cooking lesson of a lifetime.	UNITED KINGDOM	English-100		G	
2024-06-06	2430	<b>John Torode's Korean Food Tour</b>	Bbq	John joins the official Ambassador for Hanwoo beef for a tour of Majang meat market, the largest meat market in East Asia.	UNITED KINGDOM	English-100		PG	a w
2024-06-06	2525	<b>Please Eat Slowly Bitesize</b>	Mango Pancakes	Learn how to create sumptuous mango pancakes. Victor's French training comes in handy as he shares some simple steps to ensure your crepes come out round and flat every time.	AUSTRALIA	English-100		G	



2024-06-06	2530	<b>Sophie Grigson: Slice Of Italy</b>	Greed For Good Food	Sophie visits a canteen serving regional dishes at her local petrol station - a most unlikely location. Later she cooks a hearty dish for some old friends from Oxford and makes a roast chicken.	UNITED KINGDOM	English-100	G		Y
2024-06-06	2600	<b>Sophie Grigson: Slice Of Italy</b>	Innovators, The	Sophie investigates the new ideas, new products and new twists on traditional foods that are opening nearby. New takeaways, a nectar produced from carob pods and a 24-hour vending machine.	UNITED KINGDOM	English-100	PG	a d	Y
2024-06-06	2630	<b>Nadiya's Asian Odyssey</b>	Thailand And Cambodia	Nadiya makes a surprise discovery about her DNA which sees her travel solo for the first time. From the temples of Angkor Wat in North Cambodia to a Muslim island in the deep south of Thailand.	UNITED KINGDOM	English-100	G		Y
2024-06-06	2735	<b>Jamie &amp; Jimmy's Food Fight Club</b>	Martin Freeman	Jamie and Jimmy welcome British actor turned Hollywood star Martin Freeman to the pier as he joins them in the cafe for 'an unexpected journey' in the cooking lesson of a lifetime.	UNITED KINGDOM	English-100	G		
2024-06-06	2830	<b>Barefoot Contessa: Back To Basics</b>	Perfect Pastry	Ina Garten shares tips and ideas for cooking with sweet, savoury, and even store-bought pastry. She starts with her foolproof sweet pastry dough for a showstopping French fig tart.	USA	English-100	G		
2024-06-07	0500	<b>Mary Makes It Easy</b>	Pie In The Sky	Piemaking can be daunting, but Mary provides a pastry crash course with three different types of dough to make all your pie in the sky dreams come true.	CANADA	English-100	G		
2024-06-07	0530	<b>Giada Entertains</b>	Giada Entertains Series 4 Ep 8	Giada hosts an elegant outdoor lunch made with fresh garden ingredients to thank some of her friends and family for the special things they've done for her.	USA	English-100	G		
2024-06-07	0600	<b>Pati's Mexican Table</b>	Tacos And A Tostada	In this episode, Pati celebrates everyone's favorite Mexican creation, the taco. She tries two of Jalisco's best tacos - marlin tacos in Puerto Vallarta and barbacoa tacos in Guadalajara.	USA	English-100	G		Y
2024-06-07	0630	<b>Gourmet Farmer</b>	Gourmet Farmer Series 2 Ep 9	Matthew has been invited to Italy as part of Slow Food's annual salon, where he learns to make salami the traditional way with local butchers.	AUSTRALIA	English-100	RPT	G	Y
2024-06-07	0700	<b>Gok Wan's Easy Asian</b>	Express Lunches	In this episode Gok Wan has three easy recipes perfect for a delicious quick lunch. There are some traditional Asian rolls which are full of the fresh taste of summer and a speedy egg noodle dish.	UNITED KINGDOM	English-100	G		
2024-06-07	0730	<b>Hairy Bikers Comfort Food</b>	It's Cold Outside	Si and Dave cook dishes for when the weather calls for good hearty cooking. This means oxtail soup with herby dumplings, a vegetarian chestnut and mushroom pie and an old favourite, treacle sponge.	UNITED KINGDOM	English-100	G		
2024-06-07	0825	<b>Please Eat Slowly Bitesize</b>	Steamed Whole Fish	Victor shares how to prepare a whole fish, as well as some tips on how to steam a whole fish when you don't have a large enough steaming basket.	AUSTRALIA	English-100	G		
2024-06-07	0830	<b>Fun'q With Spencer Watts</b>	Brunch Is Lit	Let's brunch. Spencer makes sinfully good grilled brioche French toast kebabs drizzled in bourbon maple icing and flame seared, coffee rubbed steak tacos with grilled pepper scrambled eggs.	CANADA	English-100	G		

2024-06-07	0900	<b>Mad Good Food</b>	Burgers And Shakes	Chef Derrell Smith shares his diner favorites and childhood memories with smash burgers, shakes and homemade tater tots.	USA	English-100		PG	a l	
2024-06-07	0930	<b>My Market Kitchen</b>	Ep 24	Mike makes his Asian firecracker sauce. Laura joins Chef Warren Mendes to make chorizo alla vodka at the Adelaide Central Market. Matt and Chef Jeremiah Jones chimichurri, in tropical Noosa.	AUSTRALIA	English-100		G		
2024-06-07	1000	<b>Taste Of Australia With Hayden Quinn</b>	Kangaroo Island, SA	Hayden swims with dolphins, then heads to a winery to cook with local figs and honey.	AUSTRALIA	English-100		G		
2024-06-07	1030	<b>Food Safari</b>	Syrian	Syrian food is one of the most vibrant cuisines of the Middle East, full of herbs, spices and traditions stretching back many generations. Maeve learns the essential ingredients.	AUSTRALIA	English-100	RPT	G		Y
2024-06-07	1100	<b>The Cook Up With Adam Liaw</b>	Sweet Classics	Sweet tooths, rejoice! Acclaimed chefs, Alex Wong and Jung Eun Chae joins Adam in the kitchen to make classic desserts.	AUSTRALIA	English-100		G		Y
2024-06-07	1130	<b>John Torode's Korean Food Tour</b>	Bbq	John joins the official Ambassador for Hanwoo beef for a tour of Majang meat market, the largest meat market in East Asia.	UNITED KINGDOM	English-100		PG	a w	
2024-06-07	1230	<b>Barefoot Contessa: Back To Basics</b>	Portable Food	It's food on the move with Ina Garten as she shares pro tips for perfect portable eats. She makes moist lemon poppy seed cake for an afternoon snack at work and tomato mozzarella pan bagnat for lunch.	USA	English-100		G		
2024-06-07	1300	<b>Mary Makes It Easy</b>	Desk Lunch	For the home or office, Mary starts with Thai inspired soba noodle cold rolls that are make-ahead friendly, before a tasty sandwich swap - roasted mushroom flatbread with bacon and white bean spread.	CANADA	English-100		G		
2024-06-07	1330	<b>Giada Entertains</b>	Giada Entertains Series 4 Ep 9	There's nothing Giada loves more than an over-the-top costume party and this time she's going all out with a Big Hair Rocker Party! Her friends are coming over dressed as their favourite rock stars.	USA	English-100		G		
2024-06-07	1400	<b>Pati's Mexican Table</b>	Fire Kings, The	Pati explores Nuevo Leon, a sprawling northeastern border state, whose distinctive flavours are transformed into familiar but exciting new experiences.	USA	English-100		G		Y
2024-06-07	1430	<b>Gourmet Farmer</b>	Gourmet Farmer Series 2 Ep 10	Matthew continues his exploration of the possibilities of preserving pork by heading off to meet some French providores - experts at preserving high end product in cans.	AUSTRALIA	English-100	RPT	G		Y Y
2024-06-07	1500	<b>Gok Wan's Easy Asian</b>	Weekend Classics	In this episode Gok Wan shares his treasured recipes, perfect for feeding family and friends. The absolute Sunday classic, roast chicken with all the trimmings, but Gok style.	UNITED KINGDOM	English-100		G		
2024-06-07	1530	<b>Hairy Bikers Comfort Food</b>	Traditional Values	The Hairy Bikers cook comfort food oozing with traditional values. There's a twist on a classic pudding, a perfect teatime treat, and Si and Dave make one lip-smacking new breakfast dish.	UNITED KINGDOM	English-100		G		

2024-06-07	1625	<b>Please Eat Slowly Bitesize</b>	Claypot Rice	What does a chef eat when he's at home? For Victor it's claypot rice. It's a one-pot dish that's soft, crispy, chewy and savoury all at once. Victor shares his best tips to create your own!	AUSTRALIA	English-100		G		
2024-06-07	1630	<b>Fun'q With Spencer Watts</b>	Spice Is Nice	Spencer's feeling spicy! He makes a chickpea salad with charred halloumi and a cumin vinaigrette. He dresses humble cauliflower in a buttery sumac spice rub, and whips up with two dipping sauces.	CANADA	English-100		G		
2024-06-07	1700	<b>Mad Good Food</b>	New Years Celebration	Chef Derrell Smith is ringing in the New Year with traditional dishes of fried pork chops, braised greens, cornbread and black-eyed peas.	USA	English-100		PG		
2024-06-07	1730	<b>My Market Kitchen</b>	Ep 25	Laura starts the show with hand rolled picci with pork sausage sugo. Mike and Jacob Leung cooks drunken cheeky beef in the market. Matt closes the show with a dessert, toffee apple frangipane.	AUSTRALIA	English-100		G		
2024-06-07	1800	<b>Taste Of Australia With Hayden Quinn</b>	Adelaide Hills, SA	In Adelaide Hills, Hayden makes new friends and a mouth-watering wood-fire pizza.	AUSTRALIA	English-100		PG		
2024-06-07	1830	<b>Food Safari</b>	USA	Food Safari discovers some of the vast range of flavours and dishes that can be found across the expanse of the United States of America. Hosted by Maeve O'Meara.	AUSTRALIA	English-100	RPT	G		Y
2024-06-07	1900	<b>The Cook Up With Adam Liaw</b>	Soup Party, The	Two soup-er star guests, performer Christie Whelan Browne and chef Ellie Hayes O'Brien, join Adam to take your broth away with a night of Easy Entertaining with The Soup Party.	AUSTRALIA	English-100		G		Y
2024-06-07	1930	<b>Jimmy's Taste Of Florida</b>	Pensacola / Panama City Beach	Jimmy starts his Florida adventure in Pensacola, where he explores the city's culinary scene with chef Blake and uncovers the Southern delicacy of boiled peanuts	UNITED KINGDOM	English-100		G		
2024-06-07	2030	<b>Extreme Food Phobics</b>	Extreme Food Phobics Series 1 Ep 10	This episode features a 23-year-old woman whose restrictive diet of mostly beige food is putting her health at serious risk, and a sports science student whose food phobias affect his lifestyle.	UNITED KINGDOM	English-100	RPT	PG	a	Y
2024-06-07	2125	<b>Please Eat Slowly Bitesize</b>	Claypot Rice	What does a chef eat when he's at home? For Victor it's claypot rice. It's a one-pot dish that's soft, crispy, chewy and savoury all at once. Victor shares his best tips to create your own!	AUSTRALIA	English-100		G		
2024-06-07	2130	<b>Nadiya's Asian Odyssey</b>	Nepal	In the last leg of her travels she takes a trip to the remote Himalayan country of Nepal to learn more about it's people, places and food as part of her adventure to further explore her identity.	UNITED KINGDOM	English-100		PG		Y
2024-06-07	2235	<b>The Cook Up With Adam Liaw</b>	Soup Party, The	Two soup-er star guests, performer Christie Whelan Browne and chef Ellie Hayes O'Brien, join Adam to take your broth away with a night of Easy Entertaining with The Soup Party.	AUSTRALIA	English-100		G		Y
2024-06-07	2305	<b>The Cook And The Chef</b>	Christmas Holidays	At Christmas time, Maggie loves to get as much food preparation as possible out of the way before Christmas day. This year she's managed to enlist the help of her five grandchildren.	AUSTRALIA	English-100		G		

2024-06-07	2335	<b>Jamie &amp; Jimmy's Food Fight Club</b>	Danny DeVito	Jamie and Jimmy are joined by Hollywood legend Danny DeVito, as he puts on his pinny and cooks for the diners at the end of Southend Pier.	UNITED KINGDOM	English-100		PG		
2024-06-07	2430	<b>Jimmy's Taste Of Florida</b>	Pensacola / Panama City Beach	Jimmy starts his Florida adventure in Pensacola, where he explores the city's culinary scene with chef Blake and uncovers the Southern delicacy of boiled peanuts	UNITED KINGDOM	English-100		G		
2024-06-07	2530	<b>Extreme Food Phobics</b>	Extreme Food Phobics Series 1 Ep 10	This episode features a 23-year-old woman whose restrictive diet of mostly beige food is putting her health at serious risk, and a sports science student whose food phobias affect his lifestyle.	UNITED KINGDOM	English-100	RPT	PG	a	Y
2024-06-07	2625	<b>Please Eat Slowly Bitesize</b>	Claypot Rice	What does a chef eat when he's at home? For Victor it's claypot rice. It's a one-pot dish that's soft, crispy, chewy and savoury all at once. Victor shares his best tips to create your own!	AUSTRALIA	English-100		G		
2024-06-07	2630	<b>Nadiya's Asian Odyssey</b>	Nepal	In the last leg of her travels she takes a trip to the remote Himalayan country of Nepal to learn more about it's people, places and food as part of her adventure to further explore her identity.	UNITED KINGDOM	English-100		PG		Y
2024-06-07	2735	<b>Jamie &amp; Jimmy's Food Fight Club</b>	Danny DeVito	Jamie and Jimmy are joined by Hollywood legend Danny DeVito, as he puts on his pinny and cooks for the diners at the end of Southend Pier.	UNITED KINGDOM	English-100		PG		
2024-06-07	2830	<b>Barefoot Contessa: Back To Basics</b>	Portable Food	It's food on the move with Ina Garten as she shares pro tips for perfect portable eats. She makes moist lemon poppy seed cake for an afternoon snack at work and tomato mozzarella pan bagnat for lunch.	USA	English-100		G		
2024-06-08	0500	<b>Mary Makes It Easy</b>	Desk Lunch	For the home or office, Mary starts with Thai inspired soba noodle cold rolls that are make-ahead friendly, before a tasty sandwich swap - roasted mushroom flatbread with bacon and white bean spread.	CANADA	English-100		G		
2024-06-08	0530	<b>Giada Entertains</b>	Giada Entertains Series 4 Ep 9	There's nothing Giada loves more than an over-the-top costume party and this time she's going all out with a Big Hair Rocker Party! Her friends are coming over dressed as their favourite rock stars.	USA	English-100		G		
2024-06-08	0600	<b>Pati's Mexican Table</b>	Fire Kings, The	Pati explores Nuevo Leon, a sprawling northeastern border state, whose distinctive flavours are transformed into familiar but exciting new experiences.	USA	English-100		G		Y
2024-06-08	0630	<b>Gourmet Farmer</b>	Gourmet Farmer Series 2 Ep 10	Matthew continues his exploration of the possibilities of preserving pork by heading off to meet some French providores - experts at preserving high end product in cans.	AUSTRALIA	English-100	RPT	G		Y Y
2024-06-08	0700	<b>Gok Wan's Easy Asian</b>	Weekend Classics	In this episode Gok Wan shares his treasured recipes, perfect for feeding family and friends. The absolute Sunday classic, roast chicken with all the trimmings, but Gok style.	UNITED KINGDOM	English-100		G		

2024-06-08	0730	<b>Hairy Bikers Comfort Food</b>	Traditional Values	The Hairy Bikers cook comfort food oozing with traditional values. There's a twist on a classic pudding, a perfect teatime treat, and Si and Dave make one lip-smacking new breakfast dish.	UNITED KINGDOM	English-100		G		
2024-06-08	0825	<b>Please Eat Slowly Bitesize</b>	Claypot Rice	What does a chef eat when he's at home? For Victor it's claypot rice. It's a one-pot dish that's soft, crispy, chewy and savoury all at once. Victor shares his best tips to create your own!	AUSTRALIA	English-100		G		
2024-06-08	0830	<b>Fun'q With Spencer Watts</b>	Spice Is Nice	Spencer's feeling spicy! He makes a chickpea salad with charred halloumi and a cumin vinaigrette. He dresses humble cauliflower in a buttery sumac spice rub, and whips up with two dipping sauces.	CANADA	English-100		G		
2024-06-08	0900	<b>Mad Good Food</b>	New Years Celebration	Chef Derrell Smith is ringing in the New Year with traditional dishes of fried pork chops, braised greens, cornbread and black-eyed peas.	USA	English-100		PG		
2024-06-08	0930	<b>My Market Kitchen</b>	Ep 25	Laura starts the show with hand rolled picci with pork sausage sugo. Mike and Jacob Leung cooks drunken cheeky beef in the market. Matt closes the show with a dessert, toffee apple frangipane.	AUSTRALIA	English-100		G		
2024-06-08	1000	<b>Taste Of Australia With Hayden Quinn</b>	Adelaide Hills, SA	In Adelaide Hills, Hayden makes new friends and a mouth-watering wood-fire pizza.	AUSTRALIA	English-100		PG		
2024-06-08	1030	<b>Food Safari</b>	USA	Food Safari discovers some of the vast range of flavours and dishes that can be found across the expanse of the United States of America. Hosted by Maeve O'Meara.	AUSTRALIA	English-100	RPT	G		Y
2024-06-08	1100	<b>The Cook Up With Adam Liaw</b>	Soup Party, The	Two soup-er star guests, performer Christie Whelan Browne and chef Ellie Hayes O'Brien, join Adam to take your broth away with a night of Easy Entertaining with The Soup Party.	AUSTRALIA	English-100		G		Y
2024-06-08	1130	<b>Jimmy's Taste Of Florida</b>	Pensacola / Panama City Beach	Jimmy starts his Florida adventure in Pensacola, where he explores the city's culinary scene with chef Blake and uncovers the Southern delicacy of boiled peanuts	UNITED KINGDOM	English-100		G		
2024-06-08	1230	<b>Extreme Food Phobics</b>	Extreme Food Phobics Series 1 Ep 10	This episode features a 23-year-old woman whose restrictive diet of mostly beige food is putting her health at serious risk, and a sports science student whose food phobias affect his lifestyle.	UNITED KINGDOM	English-100	RPT	PG	a	Y
2024-06-08	1325	<b>Please Eat Slowly Bitesize</b>	Claypot Rice	What does a chef eat when he's at home? For Victor it's claypot rice. It's a one-pot dish that's soft, crispy, chewy and savoury all at once. Victor shares his best tips to create your own!	AUSTRALIA	English-100		G		
2024-06-08	1330	<b>Nadiya's Asian Odyssey</b>	Nepal	In the last leg of her travels she takes a trip to the remote Himalayan country of Nepal to learn more about it's people, places and food as part of her adventure to further explore her identity.	UNITED KINGDOM	English-100		PG		Y
2024-06-08	1435	<b>Jamie's Chef</b>	Jamie's Chef Series 1 Ep 3	This episode follows Aaron Craze and his family as they attempt to move into the Essex pub restaurant. Their troubles begin when the Foundation has problems in organising the transfer for the pub.	UNITED KINGDOM	English-100		PG	a l	

2024-06-08	1535	<b>Jamie's Chef</b>	Jamie's Chef Series 1 Ep 4	Aaron and Nikki eventually open the restaurant to customers. The first evening is a complete disaster with meals taking an hour to come out, bookings being lost and many patrons complaining.	UNITED KINGDOM	English-100	PG	a	I
2024-06-08	1635	<b>Field Trip With Curtis Stone</b>	Umbria	Among medieval towns, dense forests, and winding cobblestone streets, a trip to Umbria finds Curtis chasing canine companions for black truffles and getting a tutorial from a master of porchetta.	USA	English-100	PG	I	Y
2024-06-08	1705	<b>Barefoot Contessa: Back To Basics</b>	Modern Comfort Food: Classics Made Over	Ina gets fresh with spring green spaghetti carbonara, and chocolate-dipped brown sugar shortbread livens up an old favourite sweet treat.	USA	English-100	G		
2024-06-08	1730	<b>Luca's Key Ingredient</b>	Luca's Key Ingredient Series 1 Ep 4	Today's episode highlights the importance of small goods when it comes to Italian cooking. Luca uses Bresaola, Mortadella and Mezze Maniche to create three elegant and impressive dishes.	AUSTRALIA	English-100	PG	I	
2024-06-08	1800	<b>The Creators: Chefs Uncut</b>	Chef Pichaya 'pam' Sontornyanakij	A rising superstar in the culinary scene, Chef Pam always had a dream; to earn a Michelin star. Reflected in her dishes, cooking style, and life journey, are her heritage and her family.	SINGAPORE	English-100			
2024-06-08	1830	<b>Raymond Blanc's Royal Kitchen Gardens</b>	Hillsborough 1	Raymond visits Hillsborough Castle and Gardens where he spends time soaking up the tranquillity of the gardens. He then makes a delicious dish of soft fruits and a sabayon.	UNITED KINGDOM	English-100	PG		
2024-06-08	1930	<b>Hairy Bikers Go Local</b>	Hjem, Northumberland	The Bikers continue their adventure in Northumberland, on the hunt for new, local food producers to impress a Michelin Star chef.	UNITED KINGDOM	English-100	G		
2024-06-08	2035	<b>Rick Stein's Long Weekends</b>	Bordeaux	The series starts in autumnal Bordeaux. Rick arrives just in time for ceps and judges a local wine contest. He hires a 2CV for an excursion to the coast - abundant with mussels and oysters.	UNITED KINGDOM	English-100	RPT	G	Y
2024-06-08	2140	<b>Anthony Bourdain: No Reservations</b>	Kerala, India	Tony visits the state of Kerala. Tony enjoys many of the spicy and flavourful dishes from street food to home-cooked meals.	USA	English-100	PG		
2024-06-08	2235	<b>The Wine Show</b>	Wine Show Series 3, The Ep 7	In this food and wine special we join Matthew Rhys and Joe Fattorini at a Portuguese Restaurant in New York City from where we share unseen footage from Matthew Goode and James Purefoy's road trip.	UNITED KINGDOM	English-100	G		Y
2024-06-08	2330	<b>Jamie's Chef</b>	Jamie's Chef Series 1 Ep 3	This episode follows Aaron Craze and his family as they attempt to move into the Essex pub restaurant. Their troubles begin when the Foundation has problems in organising the transfer for the pub.	UNITED KINGDOM	English-100	PG	a	I
2024-06-08	2430	<b>Jamie's Chef</b>	Jamie's Chef Series 1 Ep 4	Aaron and Nikki eventually open the restaurant to customers. The first evening is a complete disaster with meals taking an hour to come out, bookings being lost and many patrons complaining.	UNITED KINGDOM	English-100	PG	a	I
2024-06-08	2530	<b>Raymond Blanc's Royal Kitchen Gardens</b>	Hillsborough 1	Raymond visits Hillsborough Castle and Gardens where he spends time soaking up the tranquillity of the gardens. He then makes a delicious dish of soft fruits and a sabayon.	UNITED KINGDOM	English-100	PG		

2024-06-08	2630	<b>Hairy Bikers Go Local</b>	Hjem, Northumberland	The Bikers continue their adventure in Northumberland, on the hunt for new, local food producers to impress a Michelin Star chef.	UNITED KINGDOM	English-100	G		
2024-06-08	2735	<b>Field Trip With Curtis Stone</b>	Umbria	Among medieval towns, dense forests, and winding cobblestone streets, a trip to Umbria finds Curtis chasing canine companions for black truffles and getting a tutorial from a master of porchetta.	USA	English-100	PG	I	Y
2024-06-08	2805	<b>Barefoot Contessa: Back To Basics</b>	Modern Comfort Food: Classics Made Over	Ina gets fresh with spring green spaghetti carbonara, and chocolate-dipped brown sugar shortbread livens up an old favourite sweet treat.	USA	English-100	G		
2024-06-08	2830	<b>Luca's Key Ingredient</b>	Luca's Key Ingredient Series 1 Ep 4	Today's episode highlights the importance of small goods when it comes to Italian cooking. Luca uses Bresaola, Mortadella and Mezze Maniche to create three elegant and impressive dishes.	AUSTRALIA	English-100	PG	I	