



**WEEK 52**                      **Sunday, 22 December 2024** **Saturday, 28 December 2024**                      **ALL MARKETS**

Date	Start Time	Title	Episode Title	Digital Egg Synopsis	Country of Origin	Language	Repeat	Classification	Consumer Advice	Closed Captions	Subtitles
2024-12-22	0500	Tales From River Cottage	River And The Sea, The	Hugh explains how the river and sea offer the smallholder a combination of escape and adventure, as well as free food - from crabs and cuttlefish to eels and pike - for fantastic fishy feasts. The beach is also a great place for a party, and can even make a practical contribution to the smallholding - with seaweed fertiliser.	UNITED KINGDOM	English-100	RPT	PG	a w		
2024-12-22	0530	Extreme Food Phobics	Ep 4	This episode follows an electrician, whose diet of tinned food is leaving him sluggish after a 12 hour shift at work, and a chip-addicted student who eats up to 100 bags a day, and is suffering huge mood crashes as a result.	UNITED KINGDOM	English-100	RPT	PG	a	Y	
2024-12-22	0625	Please Eat Slowly Bitesize	Hand-Pulled Noodles	Victor shows how easy it is to make fresh noodles at home: all you need is flour, water and a little bit of time!	AUSTRALIA	English-100	RPT	G			
2024-12-22	0630	Hairy Bikers Go North	Lancashire	This week, the bikers are exploring Lancashire, the red rose county. From Pendle in the East, to Blackpool in the west, Lancashire has a regional cuisine to match anywhere in the country, some of the best Gastro pubs in the land, award winning producers of fine food, and enough top quality alcohol the bikers might even have to temper their consumption!	UNITED KINGDOM	English-100	RPT	G			
2024-12-22	0730	Hairy Bikers Go North	Yorkshire Coast	The plan is simple: riding through this beautiful location and visiting top food producers who not only have amazing products but equally amazing stories to tell.	UNITED KINGDOM	English-100	RPT	PG			
2024-12-22	0825	Destination Flavour Down Under Bitesize	Destination Flavour Down Under Bitesize Series 1 Ep 4	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	RPT	G		Y	
2024-12-22	0830	Jack Stein: Inside The Box	Darwin	Embarrassingly rocking up in Darwin a month too early for prawn season, Jack's twist on the traditional potted shrimp takes him into very unfamiliar territory (figuratively and literally!) as he is forced to get creative with crab and crocodile meat instead.	AUSTRALIA	English-100	RPT	PG			
2024-12-22	0900	The Chocolate Queen	Chocolate Queen Series 2, The Ep 5	All hail The Chocolate Queen, as Kirsten dishes up more sensational desserts, like chocolate spaghetti with caramel ice cream, nutty florentines and indulgent chocolate coconut bars.	AUSTRALIA	English-100	RPT	G			
2024-12-22	0930	River Cottage: Three Go Mad	At Christmas	It's Christmas at River Cottage and Hugh is throwing open his doors to some celebrity friends. Joining him, star of hit series Gimme, Gimme, Gimme and Harry Enfield and Chums, Kathy Burke, as well as comedy actors Stephen Mangan and Mark Heap.	UNITED KINGDOM	English-100	RPT	G			Y
2024-12-22	1030	Rick Stein's Spain	Rick Stein's Spain Series 1 Ep 3	Rick is invited to a beautiful beach party at La Pelosa, where everyone gets stuck into preparing lunch. Continuing his journey through the spectacular countryside, far removed from the high-rise holiday destinations of the Costa Brava, he seeks out an old mill, El Moli, a restaurant and a magical place his boyhood friend Mark told him about years ago.	UNITED KINGDOM	English-100	RPT	G		Y	

2024-12-22	1140	<b>Extreme Food Phobics</b>	Ep 4	This episode follows an electrician, whose diet of tinned food is leaving him sluggish after a 12 hour shift at work, and a chip-addicted student who eats up to 100 bags a day, and is suffering huge mood crashes as a result.	UNITED KINGDOM	English-100	RPT	PG	a	Y
2024-12-22	1230	<b>Tales From River Cottage</b>	Customs And Rituals	When it comes to acquainting yourself with the curious local customs of your newfound rural home, Hugh's basic message is - get stuck in, and no half measures. Hugh recalls how he learned new rural skills such as hedge-laying, charcoal-making, and mouse charming, and immersed himself in bizarre local antics, such as the annual nettle eating competition.	UNITED KINGDOM	English-100	RPT	G		
2024-12-22	1300	<b>Tales From River Cottage</b>	River And The Sea, The	Hugh explains how the river and sea offer the smallholder a combination of escape and adventure, as well as free food - from crabs and cuttlefish to eels and pike - for fantastic fishy feasts. The beach is also a great place for a party, and can even make a practical contribution to the smallholding - with seaweed fertiliser.	UNITED KINGDOM	English-100	RPT	PG	a w	
2024-12-22	1330	<b>Lorraine Pascale: Be A Better Cook</b>	Bryony Crutcher	With plenty of deceptively easy recipes and fantastic tips, Lorraine Pascale shows people with no kitchen confidence how to pull off an impressive meal for friends and family.	UNITED KINGDOM	English-100	RPT	G		
2024-12-22	1400	<b>Patti's Mexican Table</b>	Symphony Of Flavours	Pati meets the first world-famous Raramuri pianist and learns ancient Chihuahuan cooking.	USA	English-100	RPT	G		Y
2024-12-22	1430	<b>Michel Roux's French Country Cooking</b>	Relaxed Supper	In this masterclass Michel Roux hosts a relaxed supper for friends, serving snails with hazelnuts, bourride setoise and chocolate mousse with pineapple and rum.	UNITED KINGDOM	English-100	RPT	PG		Y
2024-12-22	1525	<b>Destination Flavour Down Under Bitesize</b>	Destination Flavour Down Under Bitesize Series 1 Ep 4	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	RPT	G		Y
2024-12-22	1530	<b>Michel Roux's French Country Cooking</b>	Sharing Feast	Michel serves up a sharing feast. A visit to a restaurant on the Mediterranean coast inspires a smoked fish platter starter. A main course of rich beef cheek stew with a salted caramel and walnut tart.	UNITED KINGDOM	English-100	RPT	PG	a w	Y
2024-12-22	1625	<b>Please Eat Slowly Bitesize</b>	Hand-Pulled Noodles	Victor shows how easy it is to make fresh noodles at home: all you need is flour, water and a little bit of time!	AUSTRALIA	English-100	RPT	G		
2024-12-22	1630	<b>Jack Stein: Inside The Box</b>	Cape Town	As many would argue that roast beef is the most quintessentially British dish to date, what better way is there to reinvent it in Capetown than by cooking it in the most quintessentially South African way possible...over an open flame.	AUSTRALIA	English-100	RPT	G		
2024-12-22	1700	<b>The Chocolate Queen</b>	Chocolate Queen Series 2, The Ep 6	Warm apple tarts are hard to resist and pastry expert Kirsten Tibballs is in the kitchen showing her version that's easy to replicate at home. She's also dishing up a brilliant no churn Chocolate, Date and Ice Cream cake that is better than anything you'll find in the store.	AUSTRALIA	English-100	RPT	G		
2024-12-22	1730	<b>Eating Inn</b>	J.J.A: St. Regis, Jakarta	Chef Oscar Perez is a dear old friend of the Toque 12 series having starred in our very first episode of Toque 12 Indonesia some years ago. This Philippine born Danish trained master chef now rules the roost at the super luxurious St Regis Jakarta and we reap the benefits of what he has learnt over the years in a number of masterclasses.	SINGAPORE	English-100	RPT	PG		
2024-12-22	1830	<b>James Martin's Spanish Adventure</b>	Castille & Leon	In Castille and Leon, James is introduced to Torrijas, he is shown how to cook traditional Maragoto, we meet an asparagus producer and he visits a cattle farm producing amazing steak.	UNITED KINGDOM	English-100	RPT	PG	a w	Y
2024-12-22	1930	<b>Be My Guest With Ina Garten</b>	Bobby Flay	It's a dream come true for Ina who is joined by her friend, chef, restaurateur and fellow Food Network star Bobby Flay who is spending an amazing day at the barn.	USA	English-100	RPT	G		

2024-12-22	2000	<b>Tom Kerridge's Pub Kitchen Secrets</b>	Pub Favourites	For the first time ever, Tom welcomes us into his Michelin-starred pub, The Coach, where his expert kitchen staff work seamlessly in an unexpectedly compact kitchen to whip up award-winning pub food.	UNITED KINGDOM	English-100	RPT			
2024-12-22	2030	<b>Rick Stein's Mediterranean Escapes</b>	Sicily And Puglia	Rick continues his travels in Sicily, enjoying the colours and ambience of Catania's busy fish market. In Puglia on Italy's mainland, the local dishes have been influenced by centuries of poverty. Rick cooks peas with onions, parma ham and olive oil, then gives his take on the fennel sausage recipe he tasted at a local restaurant.	UNITED KINGDOM	English-100	RPT	PG	a	Y
2024-12-22	2140	<b>Anthony Bourdain: Parts Unknown</b>	Mexico	Mexico is more than the occasional immigration headline or a border fence. More than spring-break beaches or drug cartels. It's a complex nation. A nation full of fighters, a tradition that's evolved from the Aztec and Mayans warriors to the revolutionaries who threw off the yoke of Spanish imperialism. Today, determination, grit, and a fierce independent spirit continue to define Mexico. In this episode, Tony travels to Mexico City, Oaxaca, and Cuernavaca to meet those who fight for the food, the art, and the lives they believe in.	USA	English-100	RPT	PG	a v w	Y
2024-12-22	2235	<b>Extreme Food Phobics</b>	Ep 5	This episode features a chef who can't stomach his own food, and a stay-at-home mum who doesn't want to pass down her food habits to her child.	UNITED KINGDOM	English-100	RPT	PG	a	Y
2024-12-22	2330	<b>Please Eat Slowly Bitesize</b>	Hand-Pulled Noodles	Victor shows how easy it is to make fresh noodles at home: all you need is flour, water and a little bit of time!	AUSTRALIA	English-100	RPT	G		
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2024-12-22	2600	<b>The Chocolate Queen</b>	Chocolate Queen Series 2, The Ep 6	Warm apple tarts are hard to resist and pastry expert Kirsten Tibballs is in the kitchen showing her version that's easy to replicate at home. She's also dishing up a brilliant no churn Chocolate, Date and Ice Cream cake that is better than anything you'll find in the store.	AUSTRALIA	English-100	RPT	G		
2024-12-22	2630	<b>Eating Inn</b>	J.J.A: St. Regis, Jakarta	Chef Oscar Perez is a dear old friend of the Toque 12 series having starred in our very first episode of Toque 12 Indonesia some years ago. This Philippine born Danish trained master chef now rules the roost at the super luxurious St Regis Jakarta and we reap the benefits of what he has learnt over the years in a number of masterclasses.	SINGAPORE	English-100	RPT	PG		
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2024-12-23	1000	<b>The Chocolate Queen</b>	Chocolate Queen Series 2, The Ep 6	Warm apple tarts are hard to resist and pastry expert Kirsten Tibballs is in the kitchen showing her version that's easy to replicate at home. She's also dishing up a brilliant no churn Chocolate, Date and Ice Cream cake that is better than anything you'll find in the store.	AUSTRALIA	English-100	RPT	G			
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2024-12-23	1200	<b>Tom Kerridge's Pub Kitchen Secrets</b>	Pub Favourites	For the first time ever, Tom welcomes us into his Michelin-starred pub, The Coach, where his expert kitchen staff work seamlessly in an unexpectedly compact kitchen to whip up award-winning pub food.	UNITED KINGDOM	English-100	RPT				
2024-12-23	1230	<b>Come Dine With Me</b>	Newcastle Day 10	It's Mark turn to impress his new dinner party guests with a menu of deep fried brie, slow cooked lamb and a passion fruit pavlova.	UNITED KINGDOM	English-100	RPT	PG	a		
2024-12-23	1300	<b>David Rocco's Dolce Tuscany</b>	Palio, The	The Palio di Siena is the most famous horse race in the world. It's certainly the one of the oldest. It's a centuries-old festival that combines neighbourhood rivalries, pageants and of course, food.	CANADA	English-100	RPT	G			

2024-12-23	1330	<b>My Market Kitchen</b>	My Market Kitchen Series 4 Ep 12	On My Market Kitchen today, Elena shows us her family favourite Pumpkin Persian Love Cake recipe. Khanh whips up a Indian inspired Onion Bhaji, then a tasty Fish Pattie recipe to finish off.	AUSTRALIA	English-100	RPT	G				
2024-12-23	1400	<b>Food Safari</b>	French Safari Part 2	Chef Guillaume Brahimi gives Maeve a guide to essential fresh ingredients - from herbs to vegetables - then shows how to cook the perfect steak and the potatoes. Philippe Mouchel then makes a lamb navarin served with a celeriac and truffle puree. Maeve also meets cheese expert Eric Moschietto and learns that there are so many French cheeses, you can taste three a day for a year and still have some to try.	AUSTRALIA	English-100	RPT	G			Y	
2024-12-23	1430	<b>The Italian Vegan Chef</b>	Land Of Treasures, The	Nadia continues her journey around Tuscany and visits Florence. She enters the old historical Synagogue and then heads to Ruth's Restaurant to enjoy a traditional Tuscan Jewish meal.	ISRAEL	English-50; Italian-50	RPT	G				Y
2024-12-23	1500	<b>Selena + Chef</b>	Selena + Padma Lakshmi	Bestselling author, renowned food expert, and host Padma Lakshmi joins Selena and her friends for a south Indian style ladies' brunch.	USA	English-100	RPT	PG		I		Y
2024-12-23	1530	<b>Food Markets: In The Belly Of The City</b>	Muchen - Viktualienmarkt	The Viktualienmarkt in Munich developed from an original farmers' market to a popular market for gourmets. The market also hosts a number of traditional and folkloric events such as weighing celebrities, gardeners' day, opening of the asparagus season, and dance of the market women on Shrove Tuesday.	FRANCE	English-60; German-40	RPT	PG		a w	Y	Y
2024-12-23	1630	<b>Oliver's Twist</b>	Picnic In The Park	English summers are so unreliable that Jaime is overjoyed when his day off coincides with brilliant sunshine. It's a perfect day for an al fresco lunch so Jamie cooks some exciting picnic food, including a spectacular 'flour and water crust chicken'.	UNITED KINGDOM	English-100	RPT	G				
2024-12-23	1700	<b>Freshly Picked</b>	Ep 21	Today on Freshly Picked, Simon creates a sweet and spicy Thai tofu cake before heading to The Truffle Farm in Tasmania in search of truffles for a cheesy toastie. Yummy chocolate freckles and Luke Hines's delicious breakfast cookies are also on the menu today.	AUSTRALIA	English-100	RPT	G				
2024-12-23	1730	<b>Everyday Gourmet Christmas</b>	Everyday Gourmet With Justine Schofield Xmas 2017	Justine Schofield invites MasterChef Australia judges George Calombaris and Matt Preston, the Queen of Chocolate Kirsten Tibballs and MasterChef 2017 winner Diana Chan to celebrate the festive season.	AUSTRALIA	English-100	RPT	G				
2024-12-23	1830	<b>Hugh's Three Good Things</b>	Courgettes	It's all about the lovely courgette as we hit the halfway mark in veg week. Hugh has a compelling case for winning with his competition dish of courgettes, mozzarella and pasta.	UNITED KINGDOM	English-100	RPT	G				
2024-12-23	1900	<b>The Cook Up With Adam Liaw</b>	Christmas Savoury	Adam, food icon Maggie Beer and Baker Natalie Paull are in The Cook Up Kitchen making savoury dishes that can be the centre of your Christmas buffet.	AUSTRALIA	English-100	RPT	G			Y	
2024-12-23	1930	<b>Off Duty Chef Christmas Special</b>	Mark Moriarty: Off Duty Chef Christmas Special	Mark has created a special collection of recipes to keep you inspired during the festive season. He'll be keeping things traditional for breakfast in his Ultimate Irish Breakfast and will be showing us a delicious alternative to the traditional Christmas spread with a Spiced Honey Monkfish tail with trimmings-a perfect dish to celebrate the festivities with.	UNITED KINGDOM	English-100	RPT					
2024-12-23	2000	<b>Luke Nguyen's Vietnam</b>	Luke Nguyen's Vietnam Series 2 Episode 10	Mai Chau is the last stop for Luke on his journey through the northern regions of Vietnam. Here he prepares a young jackfruit salad, which he shares with a nearby family in their stilt house. In the searing heat, he cooks a fish in bamboo in the spectacular village grounds.	AUSTRALIA	English-100	RPT	G			Y	Y
2024-12-23	2030	<b>Stanley Tucci: Searching For Italy</b>	Bologna	Bologna is the capital of Emilia-Romagna, home to the highest number of protected food products in the whole of Italy, known as DOP's. These products are globally renowned, strictly regulated and of exceptional quality - parmigiano, prosciutto de parma and traditional balsamic vinegar to name but a few. One of the world's best chefs, Massimo Bottura, drives Stanley to a premium parmigiano producer, who uses the milk of the white Modenese cows.	USA	English-90; Italian-10	RPT	G			Y	Y
2024-12-23	2125	<b>Taste The Philippines With Yasmin Newman</b>	Smoked Bicol Express With Luisa Brimble	Renowned cookbook photographer Louisa Brimble shares her smoky version of bicol express, a classic dish from her hometown in the Philippines.	AUSTRALIA	English-100	RPT	G				

2024-12-23	2130	Heston's Feasts	Medieval	Michelin three-starred chef Heston Blumenthal creates an extraordinary feast inspired by the remarkable food of the Medieval age. This was a time when food was all about trickery and illusion, and Heston's celebrity diners are certainly in for a meal they'll never forget. On the menu - a bowl of fruit that is actually made from meat, a dessert where the table becomes edible, and four and twenty blackbirds baked in a pie.	UNITED KINGDOM	English-100	RPT	PG	Y	Y
2024-12-23	2230	The Cook Up With Adam Liaw	Five-Minute Dinner	Dinner in five minutes? Say less! Adam and Delicious curators Phoebe Wood and Warren Mendes create their versions of a five-minute dinner in the Cook Up kitchen.	AUSTRALIA	English-100	RPT	G	Y	
2024-12-23	2300	The Cook And The Chef	Root Veg And Guinea Fowl	After the exhilaration of the New Zealand trip, this week's show opens with Maggie back on home soil - and almost knee deep in it too. She's trekking through mud with vegetable grower Dominic Scarfo in search of a vegetable that is often overlooked and undervalued: the swede.	AUSTRALIA	English-100	RPT	G		
2024-12-23	2330	Andrew Zimmern's Wild Game Kitchen	Smoked Wild Boar Ribs & Shrimp And Grits With Mushrooms	Chef Andrew Zimmern makes a homemade barbecue rub, basting sauce and barbecue sauce for wild boar ribs. After smoking the racks low and slow for a few hours over hardwood coals, he's ready for a feast that includes his favourite foolproof potato salad.	USA	English-100	RPT	G		
2024-12-23	2400	David Rocco's Dolce Tuscany	Palio, The	The Palio di Siena is the most famous horse race in the world. It's certainly the one of the oldest. It's a centuries-old festival that combines neighbourhood rivalries, pageants and of course, food.	CANADA	English-100	RPT	G		
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2024-12-23	2625	Taste The Philippines With Yasmin Newman	Smoked Bicol Express With Luisa Brimble	Renowned cookbook photographer Louisa Brimble shares her smoky version of bicol express, a classic dish from her hometown in the Philippines.	AUSTRALIA	English-100	RPT	G		
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2024-12-24	0500	<b>David Rocco's Dolce Tuscany</b>	Palio, The	The Palio di Siena is the most famous horse race in the world. It's certainly the one of the oldest. It's a centuries-old festival that combines neighbourhood rivalries, pageants and of course, food.	CANADA	English-100	RPT	G			
2024-12-24	0530	<b>My Market Kitchen</b>	My Market Kitchen Series 4 Ep 12	On My Market Kitchen today, Elena shows us her family favourite Pumpkin Persian Love Cake recipe. Khanh whips up a Indian inspired Onion Bhaji, then a tasty Fish Pattie recipe to finish off.	AUSTRALIA	English-100	RPT	G			
2024-12-24	0600	<b>Food Safari</b>	French Safari Part 2	Chef Guillaume Brahimi gives Maeve a guide to essential fresh ingredients - from herbs to vegetables - then shows how to cook the perfect steak and the potatoes. Philippe Mouchel then makes a lamb navarin served with a celeriac and truffle puree. Maeve also meets cheese expert Eric Moschietto and learns that there are so many French cheeses, you can taste three a day for a year and still have some to try.	AUSTRALIA	English-100	RPT	G			Y
2024-12-24	0630	<b>The Italian Vegan Chef</b>	Land Of Treasures, The	Nadia continues her journey around Tuscany and visits Florence. She enters the old historical Synagogue and then heads to Ruth's Restaurant to enjoy a traditional Tuscan Jewish meal.	ISRAEL	English-50; Italian-50	RPT	G			Y
2024-12-24	0700	<b>Selena + Chef</b>	Selena + Padma Lakshmi	Bestselling author, renowned food expert, and host Padma Lakshmi joins Selena and her friends for a south Indian style ladies' brunch.	USA	English-100	RPT	PG		I	Y
2024-12-24	0730	<b>Food Markets: In The Belly Of The City</b>	Muchen - Viktualienmarkt	The Viktualienmarkt in Munich developed from an original farmers' market to a popular market for gourmets. The market also hosts a number of traditional and folkloric events such as weighing celebrities, gardeners' day, opening of the asparagus season, and dance of the market women on Shrove Tuesday.	FRANCE	English-60; German-40	RPT	PG	a w		Y Y
2024-12-24	0830	<b>Oliver's Twist</b>	Picnic In The Park	English summers are so unreliable that Jaime is overjoyed when his day off coincides with brilliant sunshine. It's a perfect day for an al fresco lunch so Jamie cooks some exciting picnic food, including a spectacular 'flour and water crust chicken'.	UNITED KINGDOM	English-100	RPT	G			
2024-12-24	0900	<b>Freshly Picked</b>	Ep 21	Today on Freshly Picked, Simon creates a sweet and spicy Thai tofu cake before heading to The Truffle Farm in Tasmania in search of truffles for a cheesy toastie. Yummy chocolate freckles and Luke Hines's delicious breakfast cookies are also on the menu today.	AUSTRALIA	English-100	RPT	G			
2024-12-24	0930	<b>Everyday Gourmet Christmas</b>	Everyday Gourmet With Justine Schofield Xmas 2017	Justine Schofield invites MasterChef Australia judges George Calombaris and Matt Preston, the Queen of Chocolate Kirsten Tibballs and MasterChef 2017 winner Diana Chan to celebrate the festive season.	AUSTRALIA	English-100	RPT	G			
2024-12-24	1030	<b>Hugh's Three Good Things</b>	Courgettes	It's all about the lovely courgette as we hit the halfway mark in veg week. Hugh has a compelling case for winning with his competition dish of courgettes, mozzarella and pasta.	UNITED KINGDOM	English-100	RPT	G			
2024-12-24	1100	<b>The Cook Up With Adam Liaw</b>	Christmas Savoury	Adam, food icon Maggie Beer and Baker Natalie Paull are in The Cook Up Kitchen making savoury dishes that can be the centre of your Christmas buffet.	AUSTRALIA	English-100	RPT	G			Y
2024-12-24	1130	<b>Off Duty Chef Christmas Special</b>	Mark Moriarty: Off Duty Chef Christmas Special	Mark has created a special collection of recipes to keep you inspired during the festive season. He'll be keeping things traditional for breakfast in his Ultimate Irish Breakfast and will be showing us a delicious alternative to the traditional Christmas spread with a Spiced Honey Monkfish tail with trimmings-a perfect dish to celebrate the festivities with.	UNITED KINGDOM	English-100	RPT				

2024-12-24	1200	<b>Luke Nguyen's Vietnam</b>	Luke Nguyen's Vietnam Series 2 Episode 10	Mai Chau is the last stop for Luke on his journey through the northern regions of Vietnam. Here he prepares a young jackfruit salad, which he shares with a nearby family in their stilt house. In the searing heat, he cooks a fish in bamboo in the spectacular village grounds.	AUSTRALIA	English-100	RPT	G		Y	Y
2024-12-24	1230	<b>Come Dine With Me</b>	Swansea Day 11	Kevin is hoping to win his guests over with a Spanish-themed evening from his favourite holiday destination, Benidorm.	UNITED KINGDOM	English-100	RPT	PG	a		
2024-12-24	1300	<b>David Rocco's Dolce Tuscany</b>	4th Of July	David spends time at agriturismo La Selva just outside of Siena, where owner Carlotta Pometti, one of the youngest winemakers in Italy, and her family host guests from all over the world.	CANADA	English-100	RPT	PG			Y
2024-12-24	1330	<b>My Market Kitchen</b>	My Market Kitchen Series 4 Ep 13	On My Market Kitchen today we are out of the studio and joined by Adam from Wine Selectors, where Elena teaches us to make a beautiful Parmesan Soup paired with the perfect wines. Back in the studio Khanh makes a Raspberry & Matcha Raw Slice, then Elena takes us through her Roasted Veggie Hummus recipe.	AUSTRALIA	English-100	RPT	G			
2024-12-24	1400	<b>Food Safari</b>	Indonesian Safari	Maeve plunges into the vibrant spicy world of Indonesian food with chef Rohanna Halim, who heads an all-girl kitchen team at her restaurant in Sydney. Rohanna demonstrates the key ingredients needed for Indonesian cooking and makes spicy chilli sauce. Fellow chef Alina Lucas cooks an easy chicken curry while 'Aunty' Wahwan whips up grilled fish with a sweet and sour vegetable sauce.	AUSTRALIA	English-100	RPT	G		Y	
2024-12-24	1430	<b>The Italian Vegan Chef</b>	Triumphant Baroque	Nadia gets to Puglia, then sees Lecce where she meets Executive Chef Simone De Siatto. Together they prepare some gourmet dishes. In Masseria Le Stanzie, she learns some of the best plant-based meals.	ISRAEL	English-50; Italian-50	RPT	G			Y
2024-12-24	1500	<b>Selena + Chef</b>	Selena + Esther Choi	Chef and restaurateur Esther Choi helps Selena pull off a Korean BBQ party for the books, serving up a mouthwatering spread of marinated short rib and spicy pork, cucumber kimchi, apple ssamjang, and more.	USA	English-100	RPT	PG			Y
2024-12-24	1530	<b>Food Markets: In The Belly Of The City</b>	Palermo - Ballaro	Placed in the middle of Palermo's ancient streets, Ballaro is one of the oldest street markets in the city, and one of the most lively and picturesque in Sicily. The Arab influences are thick here, starting from the traditional abbannati, the musical slogans vendors sing to promote their goods.	FRANCE	English-50; Italian-50	RPT	PG	a w	Y	Y
2024-12-24	1630	<b>Oliver's Twist</b>	Daddy's Girl	Chef Jamie Oliver prepares another meal for his family. This time, it's for his 14 month-old daughter Poppy. Fruit lollipops and Moroccan stew are on the menu.	UNITED KINGDOM	English-100	RPT	G			
2024-12-24	1700	<b>Freshly Picked</b>	Ep 22	On today's episode, Simon roasts cabbages for a delicious salad, brings flavourful tofu to the table, ventures to Minter Magic and makes fresh, tarty, and savoury cold soba noodles. Jet Tranter returns to show how to make a delicious chocolate mousse with avocado.	AUSTRALIA	English-100	RPT	PG			
2024-12-24	1730	<b>Everyday Gourmet Christmas</b>	Everyday Gourmet With Justine Schofield Xmas 2018	On the menu this Christmas is George's Prawn Tarama Toast, Justine's festive Rolled Pork Belly with Bacon-Wrapped Potatoes, Darren's glorious Cherry Chocolate Christmas Trifle and many more.	AUSTRALIA	English-100	RPT	G			
2024-12-24	1830	<b>Hugh's Three Good Things</b>	Mushrooms	It's competition time at River Cottage and the stoves are heating up. Today we're celebrating that delicious staple of so many plates - the mushroom.	UNITED KINGDOM	English-100	RPT	PG			
2024-12-24	1900	<b>The Cook Up With Adam Liaw</b>	Christmas At Mine	It's a big night with Adam, Chef George Calombaris, and Singer Christine Anu in The Cook Up Kitchen creating festive food unique to their homes.	AUSTRALIA	English-100	RPT	PG			Y
2024-12-24	1930	<b>Lorraine Pascale: Baking Made Easy</b>	Bake To Impress	If you want to impress with baking, Lorraine's got it covered. First, a beautiful Tomato and Basil Tarte Tatin that is both simple and stunning.	UNITED KINGDOM	English-100	RPT	G			



2024-12-24	2000	<b>Donal Skehan: Home Cook</b>	Christmas Escape	Join Donal this Christmas as he packs up the family (and Max) to spend a few cosy days with friends for Christmas. Here, he'll be creating easy and delicious seasonal recipes that are ideal for sharing, feasting, gifting and wowing over the festive season.	IRELAND	English-100	RPT	G		
2024-12-24	2030	<b>Jamie's Ultimate Veg</b>	Ep 2	Jamie makes a smashing chilli that packs a mighty punch! He travels to India and learns new tricks to make your veggies sing, before creating a spiced-up parsnip soup and his veggie take on a pasty.	UNITED KINGDOM	English-100	RPT	G		
2024-12-24	2130	<b>Heston's Feasts</b>	Tudor	Tudor feasts were mammoth spreads and the greatest spectacles of the culinary world, combining the finest ingredients with innovation, fantasy and showmanship. Tonight, top British chef Heston Blumenthal pushes his own crazy creations to the limit, serving Tudor splendour to celebrity guests Alex Zane, Sophie Ellis Bextor, Cilla Black, Jay Rayner, Ruth Watson and Kelvin MacKenzie.	UNITED KINGDOM	English-100	RPT	PG	a	Y
2024-12-24	2230	<b>The Cook Up With Adam Liaw</b>	France	Looking for Alibrandi star Pia Miranda and chef Justin North join Adam Liaw in the Cook Up Kitchen to create their ultimate French-inspired dishes.	AUSTRALIA	English-100	RPT	G		Y
2024-12-24	2300	<b>In The Spirit With Lindsay And Curtis</b>	Christmas Eve With Jenna Fischer	Jenna Fischer of The Office arrives for Christmas Eve to swap present wrapping traditions, while Curtis improvises on her family's meatball recipe. Lindsay has a tradition of her own - new pyjamas.	USA	English-100	RPT	PG	a w	
2024-12-24	2330	<b>Andrew Zimmern's Wild Game Kitchen</b>	Wild Boar Ragu & Blackened Steelhead	Chef Andrew Zimmern prepares a traditional Northern Italian-style wild boar ragu. He butchers the boar shoulder, then simmers it over a low fire with red wine and tomatoes to pair with a hearty bowl of pasta. Next, he blackens beautiful crimson filets of steelhead in a screaming hot cast iron pan, serving it with a bold spice mixture of lemon, shallot and lots of herbs.	USA	English-100	RPT	G		
2024-12-24	2400	<b>David Rocco's Dolce Tuscany</b>	4th Of July	David spends time at agriturismo La Selva just outside of Siena, where owner Carlotta Pometti, one of the youngest winemakers in Italy, and her family host guests from all over the world.	CANADA	English-100	RPT	PG		Y
2024-12-24	2430	<b>Lorraine Pascale: Baking Made Easy</b>	Bake To Impress	If you want to impress with baking, Lorraine's got it covered. First, a beautiful Tomato and Basil Tarte Tatin that is both simple and stunning.	UNITED KINGDOM	English-100	RPT	G		
2024-12-24	2500	<b>Donal Skehan: Home Cook</b>	Christmas Escape	Join Donal this Christmas as he packs up the family (and Max) to spend a few cosy days with friends for Christmas. Here, he'll be creating easy and delicious seasonal recipes that are ideal for sharing, feasting, gifting and wowing over the festive season.	IRELAND	English-100	RPT	G		
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2024-12-24	2625	<b>Destination Flavour Japan Bitesize</b>	Tohoku	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Japan from its frozen north, to cherry-blossomed mainland and tropical sun-soaked south.	AUSTRALIA	English-100	RPT	G		Y
2024-12-24	2630	<b>Heston's Feasts</b>	Tudor	Tudor feasts were mammoth spreads and the greatest spectacles of the culinary world, combining the finest ingredients with innovation, fantasy and showmanship. Tonight, top British chef Heston Blumenthal pushes his own crazy creations to the limit, serving Tudor splendour to celebrity guests Alex Zane, Sophie Ellis Bextor, Cilla Black, Jay Rayner, Ruth Watson and Kelvin MacKenzie.	UNITED KINGDOM	English-100	RPT	PG	a	Y
2024-12-24	2730	<b>The Cook Up With Adam Liaw</b>	France	Looking for Alibrandi star Pia Miranda and chef Justin North join Adam Liaw in the Cook Up Kitchen to create their ultimate French-inspired dishes.	AUSTRALIA	English-100	RPT	G		Y
2024-12-24	2800	<b>In The Spirit With Lindsay And Curtis</b>	Christmas Eve With Jenna Fischer	Jenna Fischer of The Office arrives for Christmas Eve to swap present wrapping traditions, while Curtis improvises on her family's meatball recipe. Lindsay has a tradition of her own - new pyjamas.	USA	English-100	RPT	PG	a w	

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2024-12-25	0600	<b>Food Safari</b>	Indonesian Safari	Maeve plunges into the vibrant spicy world of Indonesian food with chef Rohanna Halim, who heads an all-girl kitchen team at her restaurant in Sydney. Rohanna demonstrates the key ingredients needed for Indonesian cooking and makes spicy chilli sauce. Fellow chef Alina Lucas cooks an easy chicken curry while 'Aunty' Wahwan whips up grilled fish with a sweet and sour vegetable sauce.	AUSTRALIA	English-100	RPT	G		Y	
2024-12-25	0630	<b>The Italian Vegan Chef</b>	Triumphant Baroque	Nadia gets to Puglia, then sees Lecce where she meets Executive Chef Simone De Siato. Together they prepare some gourmet dishes. In Masseria Le Stanzie, she learns some of the best plant-based meals.	ISRAEL	English-50; Italian-50	RPT	G		Y	
2024-12-25	0700	<b>Selena + Chef</b>	Selena + Esther Choi	Chef and restaurateur Esther Choi helps Selena pull off a Korean BBQ party for the books, serving up a mouthwatering spread of marinated short rib and spicy pork, cucumber kimchi, apple ssamjang, and more.	USA	English-100	RPT	PG		Y	
2024-12-25	0730	<b>Food Markets: In The Belly Of The City</b>	Palermo - Ballaro	Placed in the middle of Palermo's ancient streets, Ballaro is one of the oldest street markets in the city, and one of the most lively and picturesque in Sicily. The Arab influences are thick here, starting from the traditional abbannata, the musical slogans vendors sings to promote their goods.	FRANCE	English-50; Italian-50	RPT	PG	a w	Y	Y
2024-12-25	0830	<b>Oliver's Twist</b>	Daddy's Girl	Chef Jamie Oliver prepares another meal for his family. This time, it's for his 14 month-old daughter Poppy. Fruit lollipops and Moroccan stew are on the menu.	UNITED KINGDOM	English-100	RPT	G			
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2024-12-25	1030	<b>Hugh's Three Good Things</b>	Mushrooms	It's competition time at River Cottage and the stoves are heating up. Today we're celebrating that delicious staple of so many plates - the mushroom.	UNITED KINGDOM	English-100	RPT	PG			
2024-12-25	1100	<b>The Cook Up With Adam Liaw</b>	Christmas At Mine	It's a big night with Adam. Chef George Calombaris, and Singer Christine Anu in The Cook Up Kitchen creating festive food unique to their homes.	AUSTRALIA	English-100	RPT	PG		Y	
2024-12-25	1130	<b>Lorraine Pascale: Baking Made Easy</b>	Bake To Impress	If you want to impress with baking, Lorraine's got it covered. First, a beautiful Tomato and Basil Tarte Tatin that is both simple and stunning.	UNITED KINGDOM	English-100	RPT	G			
2024-12-25	1200	<b>Donal Skehan: Home Cook</b>	Christmas Escape	Join Donal this Christmas as he packs up the family (and Max) to spend a few cosy days with friends for Christmas. Here, he'll be creating easy and delicious seasonal recipes that are ideal for sharing, feasting, gifting and wowing over the festive season.	IRELAND	English-100	RPT	G			

2024-12-25	1230	<b>Come Dine With Me</b>	Swansea Day 12	Cafe bar owner Tino is hoping to wow her guests with an African banquet inspired by her homeland of Zimbabwe.	UNITED KINGDOM	English-100	RPT	PG	a	
2024-12-25	1300	<b>David Rocco's Dolce Tuscany</b>	Gelato! Gelato!	Florence is the birthplace of gelato, so naturally, that's where David meets up with top gelato maker Vetulio Bondi.	CANADA	English-100	RPT	G		
2024-12-25	1330	<b>My Market Kitchen</b>	My Market Kitchen Series 4 Ep 14	On today's show Elena and Khanh cook a Charred Octopus dish together, showing us how easy it is to prepare the unique seafood. Followed by Elena's go-to Gluten Free Bread recipe.	AUSTRALIA	English-100	RPT	G		
2024-12-25	1400	<b>Food Safari</b>	Maltese Safari	This episode explores a different take on Mediterranean cooking with the rustic delights of Maltese food. Chef Paul Camilleri goes through the essential ingredients, and then cooks his family recipe for the national dish of rabbit stew. Then it's time for the national snack food, pastizzi, and the national sandwich called Hobs Biz Zeit - tomato paste on crusty bread and topped with anchovies, capers and olive oil.	AUSTRALIA	English-100	RPT	G		Y
2024-12-25	1430	<b>The Italian Vegan Chef</b>	Masserie	Nadia continues her journey around Puglia and visits various Masserie, typical renewed farmhouses of the region. Each of these Masserie is built in a unique style and offers its own cuisine.	ISRAEL	English-50; Italian-50	RPT	G		Y
2024-12-25	1500	<b>Selena + Chef</b>	Selena + Sofia Roe	Selena braves unfamiliar territory with chef and wellness expert Sophia Roe, who's determined to prove how scrumptious vegetarian food can be.	USA	English-100	RPT	PG	d	
2024-12-25	1530	<b>Food Markets: In The Belly Of The City</b>	Cork - English Market	Ireland's third-largest city has one of Northern Europe's market gems: The English Market. It supplied high-quality food to the rich English families, different to the Irish market, which no longer exists. Now, the best Irish produce today remains on the island and can be found here.	FRANCE	English-100	RPT	PG	a w	Y
2024-12-25	1630	<b>Oliver's Twist</b>	Peter's Party	Jamie caters for his friend Peter's birthday party where he prepares pesto pasta, beans with potatoes, watermelon salad, chicken pie and bagels with smoked salmon.	UNITED KINGDOM	English-100	RPT	G		
2024-12-25	1700	<b>Freshly Picked</b>	Ep 23	Hot and spicy is all the rage in today's episode. Rebecca Veale is back in the kitchen for crispy chilli stir fry, and Simon brings a spicy salad loaded with mouthwatering roasted radishes. To warm things up, Simon serves a comforting soup, then he explores fresh wasabi at Shima Wasabi.	AUSTRALIA	English-100	RPT	G		
2024-12-25	1730	<b>Everyday Gourmet Christmas</b>	Everyday Gourmet With Justine Schofield Xmas 2019	It's the most wonderful time of the year, the Everyday Gourmet Christmas Special is here! This year Justine Schofield and her special guests will be sharing some of their favourite festive recipes to ensure that this is your best Christmas menu yet!	AUSTRALIA	English-100	RPT	G		
2024-12-25	1830	<b>Hugh's Three Good Things</b>	Kale	It's the final day of competition time at River Cottage - so who will win Veg week, as today everyone has to cook with the star ingredient of kale? Will it be Hugh's intriguing kale, onion and chestnut pizza?	UNITED KINGDOM	English-100	RPT	G		
2024-12-25	1900	<b>The Cook Up With Adam Liaw</b>	Christmas Dessert	Culinary queen Stephanie Alexander and paralympian gold medallist Kurt Fearnley join Adam in The Cook Up Kitchen to make Christmas desserts.	AUSTRALIA	English-100	RPT	G		Y
2024-12-25	1930	<b>Marcus Wareing At Christmas</b>	Christmas Leftovers	In this episode Marcus shows us how to transform Christmas leftovers into magnificent meals. First up, the classic bubble and squeak gets a Michelin-style makeover as turkey, ham and roast spuds remnants become a gloriously golden filo pastry pie.	UNITED KINGDOM	English-100	RPT	PG		

2024-12-25	2000	Marcus Wareing At Christmas	New Years Eve	In this final episode, Marcus shares a mouthwatering three-course menu to kick off the New year in style. To get the party started, it's a warming spiced apple and gin punch laced with a little kiss of brandy.	UNITED KINGDOM	English-100	RPT	PG		
2024-12-25	2030	Adam Richman Eats Britain	Bakewell Pudding	Adam's made it to the stunning Peak District to discover the accidental invention of the famous Bakewell Pudding. He also visits a destination gastropub for his first taste of local grouse, and his tastebuds get unexpectedly transported to West Africa at a Cameroonian kitchen in the heart of the Derbyshire countryside.	UNITED KINGDOM	English-100	RPT	G		
2024-12-25	2100	Masters Of Taste With Gary Mehigan	Best Of Delhi	Gary tries a hearty Punjabi brunch and the delicacy of Kashmiri mutts.	USA	English-100	RPT	G		
2024-12-25	2130	Heston's Feasts	Roman	Super chef Heston Blumenthal creates a magnificent feast inspired by the excesses of the Roman Empire, an age when food really was theatre. He wants to lay on a gastronomic spectacle for his celebrity guests the likes of which hasn't been seen for 2000 years. On the menu: pork scratching made from nipples, custard made from brains, a whole hog with edible guts and a very naughty cake. Will Heston be all-conquering? Or will his guests be heading straight for the exit?	UNITED KINGDOM	English-100	RPT	PG	a s	Y
2024-12-25	2230	The Cook Up With Adam Liaw	Coriander	To some people Coriander tastes like soap, but to Adam and our guests, Tamale Queen Rosa Cienfuegos and Chica Bonita chef Alejandro Huerta, it tastes amazing, so they're creating dishes that reflect their love for coriander in the Cook Up kitchen.	AUSTRALIA	English-100	RPT	G		Y
2024-12-25	2300	In The Spirit With Lindsay And Curtis	Christmas With Joel McHale	Funnyman, Joel McHale, arrives with his wife to a Christmas meal that's based their Pacific Northwest upbringing. Lindsay and Sarah assemble the Christmas crackers while the gents prep the crab.	USA	English-100	RPT	PG		
2024-12-25	2330	Andrew Zimmern's Wild Game Kitchen	Grilled Quail Noodle Salad & Braised Antelope Stew	Chef Andrew Zimmern shares his favourite Vietnamese-inspired cold noodle salad, topped with a spicy herb sauce, lots of colourful fresh vegetables and perfectly grilled quail. Next, he utilises an outdoor wood-fired pizza oven to make a mouth-watering antelope stew.	USA	English-100	RPT	G		
2024-12-25	2400	David Rocco's Dolce Tuscany	Gelato! Gelato!	Florence is the birthplace of gelato, so naturally, that's where David meets up with top gelato maker Vetulio Bondi.	CANADA	English-100	RPT	G		
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2024-12-25	2800	<b>In The Spirit With Lindsay And Curtis</b>	Christmas With Joel McHale	Funnyman, Joel McHale, arrives with his wife to a Christmas meal that's based their Pacific Northwest upbringing. Lindsay and Sarah assemble the Christmas crackers while the gents prep the crab.	USA	English-100	RPT	PG		
2024-12-25	2830	<b>Andrew Zimmern's Wild Game Kitchen</b>	Grilled Quail Noodle Salad & Braised Antelope Stew	Chef Andrew Zimmern shares his favourite Vietnamese-inspired cold noodle salad, topped with a spicy herb sauce, lots of colourful fresh vegetables and perfectly grilled quail. Next, he utilises an outdoor wood-fired pizza oven to make a mouth-watering antelope stew.	USA	English-100	RPT	G		
2024-12-26	0500	<b>David Rocco's Dolce Tuscany</b>	Gelato! Gelato!	Florence is the birthplace of gelato, so naturally, that's where David meets up with top gelato maker Vetulio Bondi.	CANADA	English-100	RPT	G		
2024-12-26	0530	<b>My Market Kitchen</b>	My Market Kitchen Series 4 Ep 14	On today's show Elena and Khanh cook a Charred Octopus dish together, showing us how easy it is to prepare the unique seafood. Followed by Elena's go-to Gluten Free Bread recipe.	AUSTRALIA	English-100	RPT	G		
2024-12-26	0600	<b>Food Safari</b>	Maltese Safari	This episode explores a different take on Mediterranean cooking with the rustic delights of Maltese food. Chef Paul Camilleri goes through the essential ingredients, and then cooks his family recipe for the national dish of rabbit stew. Then it's time for the national snack food, pastizzi, and the national sandwich called Hobs Biz Zeit - tomato paste on crusty bread and topped with anchovies, capers and olive oil.	AUSTRALIA	English-100	RPT	G		Y
2024-12-26	0630	<b>The Italian Vegan Chef</b>	Masserie	Nadia continues her journey around Puglia and visits various Masserie, typical renewed farmhouses of the region. Each of these Masserie is built in a unique style and offers its own cuisine.	ISRAEL	English-50; Italian-50	RPT	G		Y
2024-12-26	0700	<b>Selena + Chef</b>	Selena + Sofia Roe	Selena braves unfamiliar territory with chef and wellness expert Sophia Roe, who's determined to prove how scrumptious vegetarian food can be.	USA	English-100	RPT	PG	d	
2024-12-26	0730	<b>Food Markets: In The Belly Of The City</b>	Cork - English Market	Ireland's third-largest city has one of Northern Europe's market gems: The English Market. It supplied high-quality food to the rich English families, different to the Irish market, which no longer exists. Now, the best Irish produce today remains on the island and can be found here.	FRANCE	English-100	RPT	PG	a w	Y
2024-12-26	0830	<b>Oliver's Twist</b>	Peter's Party	Jamie caters for his friend Peter's birthday party where he prepares pesto pasta, beans with potatoes, watermelon salad, chicken pie and bagels with smoked salmon.	UNITED KINGDOM	English-100	RPT	G		
2024-12-26	0900	<b>Freshly Picked</b>	Ep 23	Hot and spicy is all the rage in today's episode. Rebecca Veale is back in the kitchen for crispy chilli stir fry, and Simon brings a spicy salad loaded with mouthwatering roasted radishes. To warm things up, Simon serves a comforting soup, then he explores fresh wasabi at Shima Wasabi.	AUSTRALIA	English-100	RPT	G		
2024-12-26	0930	<b>Everyday Gourmet Christmas</b>	Everyday Gourmet With Justine Schofield Xmas 2019	It's the most wonderful time of the year, the Everyday Gourmet Christmas Special is here! This year Justine Schofield and her special guests will be sharing some of their favourite festive recipes to ensure that this is your best Christmas menu yet!	AUSTRALIA	English-100	RPT	G		
2024-12-26	1030	<b>Hugh's Three Good Things</b>	Kale	It's the final day of competition time at River Cottage - so who will win Veg week, as today everyone has to cook with the star ingredient of kale? Will it be Hugh's intriguing kale, onion and chestnut pizza?	UNITED KINGDOM	English-100	RPT	G		

2024-12-26	1100	<b>The Cook Up With Adam Liaw</b>	Christmas Dessert	Culinary queen Stephanie Alexander and paralympian gold medalist Kurt Fearnley join Adam in The Cook Up Kitchen to make Christmas desserts.	AUSTRALIA	English-100	RPT	G		Y	
2024-12-26	1130	<b>Marcus Wareing At Christmas</b>	Christmas Leftovers	In this episode Marcus shows us how to transform Christmas leftovers into magnificent meals. First up, the classic bubble and squeak gets a Michelin-style makeover as turkey, ham and roast spuds remnants become a gloriously golden filo pastry pie.	UNITED KINGDOM	English-100	RPT	PG			
2024-12-26	1200	<b>Marcus Wareing At Christmas</b>	New Years Eve	In this final episode, Marcus shares a mouthwatering three-course menu to kick off the New year in style. To get the party started, it's a warming spiced apple and gin punch laced with a little kiss of brandy.	UNITED KINGDOM	English-100	RPT	PG			
2024-12-26	1230	<b>Come Dine With Me</b>	Swansea Day 13	Beautician Natalie's hoping to win the grand prize as she pulls out all the stops with a George Michael themed evening.	UNITED KINGDOM	English-100	RPT	PG			
2024-12-26	1300	<b>David Rocco's Dolce Tuscany</b>	India In Florence	David meets up with Eduardo and Selvaggia, two Indophiles living in Firenze, Florence - one is the owner of the city's first Indian restaurant.	CANADA	English-100	RPT	G			
2024-12-26	1330	<b>My Market Kitchen</b>	My Market Kitchen Series 4 Ep 15	Start your morning off right with Elena's Fancy Baked Beans recipe, then stay tuned for Khanh's take on a classic Salmon sushi inside out roll. Finishing the show with an Elvis Inspired Quesadillas.	AUSTRALIA	English-100	RPT	G			
2024-12-26	1400	<b>Food Safari</b>	Pakistani Safari	This episode features Pakistani dishes that are loved around the world. Chef Sonya Kayani makes a version of biryani using goat curry, which she layers with saffron and plain basmati rice. Restaurateur Basil Daniell runs through the key ingredients, herbs and spices, and shares a very easy lamb dumpling recipe adapted with wonton wrappers. And we meet Pakistani fast bowler Waqar Younis, who shows how Pakistani people love to eat.	AUSTRALIA	English-100	RPT	G		Y	
2024-12-26	1430	<b>The Italian Vegan Chef</b>	Force Of Nature	Nadia continues around Puglia and goes to Antichi Sapori, one of the thirty Best Restaurants in the world (2019). She then travel's to Murgia at a winery reserve and learns to make gourmet dishes.	ISRAEL	English-50; Italian-50	RPT	G		Y	
2024-12-26	1500	<b>Selena + Chef</b>	Selena + Gabe Kennedy	Love is in the air as feel-good chef and activist Gabe Kennedy introduces Selena to the ultimate date night dinner: black cod cooked en papillote with Basque cheesecake.	USA	English-100	RPT	G		Y	
2024-12-26	1530	<b>Food Markets: In The Belly Of The City</b>	Valencia - Mercado Central	Perhaps one of the most beautiful and well-organised food market buildings in Europe is the Mercado Central of Valencia. Built on the area where an open-air market stood for centuries, the Valencian style Art Nouveau construction is a 'cathedral of senses'.	FRANCE	English-55; Spanish-24; Catalan-21	RPT	PG	a w	Y	Y
2024-12-26	1630	<b>Oliver's Twist</b>	Chocoholic	Jamie has to write a column about chocolate and so visits 'The Chocolate Society' for sweet inspiration.	UNITED KINGDOM	English-100	RPT	G			
2024-12-26	1700	<b>Freshly Picked</b>	Ep 24	This episode of Freshly Picked is filled with delicious sweet treats. Monica Mignone returns with her carrot cake slice. Simon makes yummy biscuits with maple and tahini, stuffs jujubes with peanut butter and covers them in chocolate, coconut, and nuts.	AUSTRALIA	English-100	RPT	G			
2024-12-26	1730	<b>Everyday Gourmet With Justine Schofield</b>	Episode 6	You will be a hit with the kids with Justine's twist on Pancakes and Chicken Kedgeree dinner. Rosie Mansfield is back to make her quick and easy 10 minute Taco Salad.	AUSTRALIA	English-100	RPT	G			

2024-12-26	1800	<b>Rick Stein's Seafood Lovers' Guide</b>	Episode 2	Rick starts his journey at Fraserburgh on the East coast of Scotland where he goes out on a huge trawler fishing for herring.	UNITED KINGDOM	English-100	RPT	PG	a w
2024-12-26	1830	<b>Hugh's Three Good Things</b>	Lamb	This week it's all about the joys of meat, but who can come up with the winning dish, featuring three key flavours? The three chefs all have one common ingredient to cook with every day and to kick off the week it's lamb.	UNITED KINGDOM	English-100	RPT	G	
2024-12-26	1900	<b>The Cook Up With Adam Liaw</b>	Chinese Banquet	It's easy entertaining, Chinese banquet style! Celebrated chef Tony Tan and acclaimed comedian Jennifer Wong join Adam for a dinner party feast.	AUSTRALIA	English-100	RPT	G	Y
2024-12-26	1930	<b>Paul Goes To Hollywood</b>	Wild West	Paul Hollywood arrives in New Mexico to explore dishes celebrating beef, beans and bread - the staple diet of cowboys and sought out by food lovers today.	UNITED KINGDOM	English-100	RPT	G	
2024-12-26	2025	<b>Destination Flavour Scandinavia Bitesize</b>	Destination Flavour Scandinavia Bitesize Series 1 Ep 4	Join Adam Liaw as he revisits the highlights from his Scandinavian food adventures.	AUSTRALIA	English-100	RPT	G	Y
2024-12-26	2030	<b>Marcus Wareing At Christmas</b>	Christmas Leftovers	In this episode Marcus shows us how to transform Christmas leftovers into magnificent meals. First up, the classic bubble and squeak gets a Michelin-style makeover as turkey, ham and roast spuds remnants become a gloriously golden filo pastry pie.	UNITED KINGDOM	English-100	RPT	PG	
2024-12-26	2100	<b>Symon's Dinners Cooking Out</b>	Amping Up The Steaks	You may start your day with a coffee for the kick, but Michael Symon wants to show you how you can incorporate the flavours of some of the world's most coveted flavours into your food!	USA	English-100	RPT	G	
2024-12-26	2130	<b>Heston's Feasts</b>	Chocolate Feast	Top chef Heston Blumenthal sets out to reinvent famous past or imagined feasts for celebrity diners. Heston explores the 1960s, an amazing age of food experimentation, with a Charlie and the Chocolate Factory feast for star guests, including actress Tamsin Egerton and singer Mica Paris. The menu features lickable wallpaper, psychedelic duck a l'orange and a magic mushroom woodland dish.	UNITED KINGDOM	English-100	RPT	PG	s Y Y
2024-12-26	2230	<b>The Cook Up With Adam Liaw</b>	Bittersweet	Adam, ABC Radio Sydney host Simon Marnie and fashion designer and TV presenter Claudia Chan Shaw are whipping up some of their favourite bittersweet concoctions in the Cook Up kitchen.	AUSTRALIA	English-100	RPT	PG	Y
2024-12-26	2300	<b>The Cook And The Chef</b>	Fish	Back from their New Zealand Food Adventure Maggie and Simon again set their sights on local produce, enjoying two excellent fish - King George Whiting and Mulloway.	AUSTRALIA	English-100	RPT	G	
2024-12-26	2330	<b>Andrew Zimmern's Wild Game Kitchen</b>	Five Spice Roasted Goose & Grilled Striped Bass	Chef Andrew Zimmern sets up an Argentinean-style grill in his fire pit, creating a ring of coals to cook a whole goose in on a vertical roaster. His version of Peking-style goose, he rubs the bird with five spice and serves it with hoisin, scallions and homemade bacon fat tortillas. Next, he cooks a meal inspired by his childhood - striped bass with a tomato and vegetable soup.	USA	English-100	RPT	G	
2024-12-26	2400	<b>David Rocco's Dolce Tuscany</b>	India In Florence	David meets up with Eduardo and Selvaggia, two Indophiles living in Firenze, Florence - one is the owner of the city's first Indian restaurant.	CANADA	English-100	RPT	G	
2024-12-26	2430	<b>Paul Goes To Hollywood</b>	Wild West	Paul Hollywood arrives in New Mexico to explore dishes celebrating beef, beans and bread - the staple diet of cowboys and sought out by food lovers today.	UNITED KINGDOM	English-100	RPT	G	
2024-12-26	2525	<b>Destination Flavour Scandinavia Bitesize</b>	Destination Flavour Scandinavia Bitesize Series 1 Ep 4	Join Adam Liaw as he revisits the highlights from his Scandinavian food adventures.	AUSTRALIA	English-100	RPT	G	Y

2024-12-26	2530	<b>Marcus Wareing At Christmas</b>	Christmas Leftovers	In this episode Marcus shows us how to transform Christmas leftovers into magnificent meals. First up, the classic bubble and squeak gets a Michelin-style makeover as turkey, ham and roast spuds remnants become a gloriously golden filo pastry pie.	UNITED KINGDOM	English-100	RPT	PG			
2024-12-26	2600	<b>Symon's Dinners Cooking Out</b>	Amping Up The Steaks	You may start your day with a coffee for the kick, but Michael Symon wants to show you how you can incorporate the flavours of some of the world's most coveted flavours into your food!	USA	English-100	RPT	G			
2024-12-26	2630	<b>Heston's Feasts</b>	Chocolate Feast	Top chef Heston Blumenthal sets out to reinvent famous past or imagined feasts for celebrity diners. Heston explores the 1960s, an amazing age of food experimentation, with a Charlie and the Chocolate Factory feast for star guests, including actress Tamsin Egerton and singer Mica Paris. The menu features lickable wallpaper, psychedelic duck a l'orange and a magic mushroom woodland dish.	UNITED KINGDOM	English-100	RPT	PG	s	Y	Y
2024-12-26	2730	<b>The Cook Up With Adam Liaw</b>	Bittersweet	Adam, ABC Radio Sydney host Simon Marnie and fashion designer and TV presenter Claudia Chan Shaw are whipping up some of their favourite bittersweet concoctions in the Cook Up kitchen.	AUSTRALIA	English-100	RPT	PG		Y	
2024-12-26	2800	<b>The Cook And The Chef</b>	Fish	Back from their New Zealand Food Adventure Maggie and Simon again set their sights on local produce, enjoying two excellent fish - King George Whiting and Mulloway.	AUSTRALIA	English-100	RPT	G			
2024-12-26	2830	<b>Andrew Zimmern's Wild Game Kitchen</b>	Five Spice Roasted Goose & Grilled Striped Bass	Chef Andrew Zimmern sets up an Argentinean-style grill in his fire pit, creating a ring of coals to cook a whole goose in on a vertical roaster. His version of Peking-style goose, he rubs the bird with five spice and serves it with hoisin, scallions and homemade bacon fat tortillas. Next, he cooks a meal inspired by his childhood - striped bass with a tomato and vegetable soup.	USA	English-100	RPT	G			
2024-12-27	0500	<b>David Rocco's Dolce Tuscany</b>	India In Florence	David meets up with Eduardo and Selvaggia, two Indophiles living in Firenze, Florence - one is the owner of the city's first Indian restaurant.	CANADA	English-100	RPT	G			
2024-12-27	0530	<b>My Market Kitchen</b>	My Market Kitchen Series 4 Ep 15	Start your morning off right with Elena's Fancy Baked Beans recipe, then stay tuned for Khanh's take on a classic Salmon sushi inside out roll. Finishing the show with an Elvis Inspired Quesadillas.	AUSTRALIA	English-100	RPT	G			
2024-12-27	0600	<b>Food Safari</b>	Pakistani Safari	This episode features Pakistani dishes that are loved around the world. Chef Sonya Kayani makes a version of biryani using goat curry, which she layers with saffron and plain basmati rice. Restaurateur Basil Daniell runs through the key ingredients, herbs and spices, and shares a very easy lamb dumpling recipe adapted with wonton wrappers. And we meet Pakistani fast bowler Waqar Younis, who shows how Pakistani people love to eat.	AUSTRALIA	English-100	RPT	G		Y	
2024-12-27	0630	<b>The Italian Vegan Chef</b>	Force Of Nature	Nadia continues around Puglia and goes to Antichi Sapori, one of the thirty Best Restaurants in the world (2019). She then travel's to Murgia at a winery reserve and learns to make gourmet dishes.	ISRAEL	English-50; Italian-50	RPT	G			Y
2024-12-27	0700	<b>Selena + Chef</b>	Selena + Gabe Kennedy	Love is in the air as feel-good chef and activist Gabe Kennedy introduces Selena to the ultimate date night dinner: black cod cooked en papillote with Basque cheesecake.	USA	English-100	RPT	G			Y
2024-12-27	0730	<b>Food Markets: In The Belly Of The City</b>	Valencia - Mercado Central	Perhaps one of the most beautiful and well-organised food market buildings in Europe is the Mercado Central of Valencia. Built on the area where an open-air market stood for centuries, the Valencian style Art Nouveau construction is a 'cathedral of senses'.	FRANCE	English-55; Spanish-24; Catalan-21	RPT	PG	a w	Y	Y
2024-12-27	0830	<b>Oliver's Twist</b>	Chocoholic	Jamie has to write a column about chocolate and so visits 'The Chocolate Society' for sweet inspiration.	UNITED KINGDOM	English-100	RPT	G			



2024-12-27	0900	<b>Freshly Picked</b>	Ep 24	This episode of Freshly Picked is filled with delicious sweet treats. Monica Mignone returns with her carrot cake slice. Simon makes yummy biscuits with maple and tahini, stuffs jujubes with peanut butter and covers them in chocolate, coconut, and nuts.	AUSTRALIA	English-100	RPT	G	
2024-12-27	0930	<b>Everyday Gourmet With Justine Schofield</b>	Episode 6	You will be a hit with the kids with Justine's twist on Pancakes and Chicken Kedgeree dinner. Rosie Mansfield is back to make her quick and easy 10 minute Taco Salad.	AUSTRALIA	English-100	RPT	G	
2024-12-27	1000	<b>Rick Stein's Seafood Lovers' Guide</b>	Episode 2	Rick starts his journey at Fraserburgh on the East coast of Scotland where he goes out on a huge trawler fishing for herring.	UNITED KINGDOM	English-100	RPT	PG	a w
2024-12-27	1030	<b>Hugh's Three Good Things</b>	Lamb	This week it's all about the joys of meat, but who can come up with the winning dish, featuring three key flavours? The three chefs all have one common ingredient to cook with every day and to kick off the week it's lamb.	UNITED KINGDOM	English-100	RPT	G	
2024-12-27	1100	<b>The Cook Up With Adam Liaw</b>	Chinese Banquet	It's easy entertaining, Chinese banquet style! Celebrated chef Tony Tan and acclaimed comedian Jennifer Wong join Adam for a dinner party feast.	AUSTRALIA	English-100	RPT	G	Y
2024-12-27	1130	<b>Paul Goes To Hollywood</b>	Wild West	Paul Hollywood arrives in New Mexico to explore dishes celebrating beef, beans and bread - the staple diet of cowboys and sought out by food lovers today.	UNITED KINGDOM	English-100	RPT	G	
2024-12-27	1225	<b>Destination Flavour Scandinavia Bitesize</b>	Destination Flavour Scandinavia Bitesize Series 1 Ep 4	Join Adam Liaw as he revisits the highlights from his Scandinavian food adventures.	AUSTRALIA	English-100	RPT	G	Y
2024-12-27	1230	<b>Come Dine With Me</b>	Swansea Day 14	Will sales manager and bodybuilder Rob's 'simple but tasty' Thai inspired menu win him the 1000 pound prize?	UNITED KINGDOM	English-100	RPT	PG	a
2024-12-27	1300	<b>David Rocco's Dolce Tuscany</b>	Pitigliano	David sets off to the picturesque medieval town of Pitigliano, also known as Little Jerusalem, to meet (and eat!) with the locals and take in the area's beautiful sights.	CANADA	English-100	RPT	G	
2024-12-27	1330	<b>My Market Kitchen</b>	My Market Kitchen Series 4 Ep 16	Today on My Market Kitchen Elena shows us her Buckwheat bowl and her Game-Changing Granola recipes. Khanh whips up an easy, one tray Sticky Lemongrass Chicken Wing dish.	AUSTRALIA	English-100	RPT	G	
2024-12-27	1400	<b>Food Safari</b>	Croatian Safari	Author Dennis Valcich runs through the key ingredients used in Croatian cooking and demonstrates a recipe from the Dalmatian coast - artichoke with potatoes and broad beans. Also from Dalmatia is Melbourne chef Ino Kuvacic who makes fish stew on polenta (brodet), while home cook Branka Roncevic makes some delicious cabbage rolls.	AUSTRALIA	English-100	RPT	G	Y
2024-12-27	1430	<b>The Italian Vegan Chef</b>	Home Sweet Home	Nadia ends her journey back in Milan. She shows us her hometown through her very own eyes as she goes around town to meet family and old friends. And also meets one of her culinary heroes.	ISRAEL	English-50; Italian-50	RPT	G	Y
2024-12-27	1500	<b>Selena + Chef</b>	Selena + Jamie Oliver	Legendary chef, cookbook author, and host Jamie Oliver joins Selena from across the pond to elevate dukkah roast chicken, crispy potatoes, tasty greens, and Eaton mess.	USA	English-100	RPT	PG	Y

2024-12-27	1535	<b>Food Markets: In The Belly Of The City</b>	Bergen - Fisketorget	The Fish Market or Torget (the square) has a charming location in the heart of the city between the fjords and Bergen's seven mountains. On the harbour the stalls sell an incredible variety of fresh fish and seafood like urchins, scallops, prawns and lobsters, but also local farm food.	FRANCE	English-60; Norwegian-40	RPT	PG	a w	Y	Y
2024-12-27	1635	<b>Oliver's Twist</b>	Health Kick	Jamie Oliver rustles up more tasty food. Here, he prepares a particularly healthy meal: crab and grapefruit salad and steamed sea bass with spring vegetables.	UNITED KINGDOM	English-100	RPT	G			
2024-12-27	1700	<b>Freshly Picked</b>	Ep 25	Renee Buckingham returns to share her delicious broccoli slaw recipe. Simon makes a hearty, warm salad that's packed with flavour. Following up, Simon spices things up with flavoursome sesame noodles, then heads back to Mildura to make an eggplant steak with caper dressing.	AUSTRALIA	English-100	RPT	PG	I		
2024-12-27	1730	<b>Everyday Gourmet With Justine Schofield</b>	Episode 7	On today's show Justine makes a tantalising Slow Braised Baby Octopus dish and Fish Fingers in Fillo, before Kirstin Tibballs joins us to share her tips and tricks for a Raspberry Steam Jar Pudding.	AUSTRALIA	English-100	RPT	G			
2024-12-27	1800	<b>Rick Stein's Seafood Lovers' Guide</b>	Episode 3	Rick travels along England's south coast and cooks up a variety of dishes along the way – such as monk fish with potatoes, pilchards on a bruchetta, ormers and salad.	UNITED KINGDOM	English-100	RPT	PG	a w		
2024-12-27	1830	<b>Hugh's Three Good Things</b>	Ham & Bacon	It's day 2 of meat week in the show that pits Hugh against two top chefs to see who can cook the best dish from three key flavours. Today it's all about ham and bacon. As ever Hugh is cooking two dishes (one for fun and one for the competition).	UNITED KINGDOM	English-100	RPT	G			
2024-12-27	1900	<b>The Cook Up With Adam Liaw</b>	Good Catch	It's easy entertaining, and Adam and guests, public health expert Dr Sandro Demajo and award-winning chef Alanna Sapwell-Stone, cook with sustainable seafood.	AUSTRALIA	English-100	RPT	PG		Y	
2024-12-27	1930	<b>Jamie's Festive Feast</b>	Jamie's Festive Feast	Jamie's Festive Feast is a celebration of those lazy winter days at the end of the year.	UNITED KINGDOM	English-100	RPT	G			
2024-12-27	2030	<b>Rick Stein's Taste Of Shanghai</b>	Rick Stein's Taste Of Shanghai	Rick Stein travels to one of the biggest cities in the world as he finds out whether Shanghai, having almost doubled in size over the last 20 years, has managed to hang on to its culinary roots. Proving there's more to Chinese food than the tried and tested takeaway favourites, Rick shares new recipes for the delicious Shanghainese dishes he discovers during his exploration of the city and coast.	UNITED KINGDOM	English-100	RPT	G		Y	Y
2024-12-27	2135	<b>Heston's Feasts</b>	Fairytale Feast	Top chef Heston Blumenthal sets out to reinvent famous past or imagined feasts for celebrity diners. Tonight, Heston makes a fairytale meal featuring a Cinderella pumpkin, a stuffed boar's head inspired by Snow White, and an edible Hansel and Gretel house for pudding. His guests include actress Fay Ripley and broadcaster Hardeep Singh Kohli.	UNITED KINGDOM	English-100	RPT	PG	a	Y	
2024-12-27	2230	<b>The Cook Up With Adam Liaw</b>	Finger Lickin' Good	Adam and guests TV Presenter Julia Zemiro and chef Morgan McGlone are whipping up some delicious dishes inspired by the American south.	AUSTRALIA	English-100	RPT	PG		Y	
2024-12-27	2300	<b>The Cook And The Chef</b>	Cauliflower And Passionfruit	Working at the Hotel often keeps Simon busy late into the evening so he's not known for his love of early mornings, but this week he's made the effort to get up well before the crack of dawn to meet his fruit and veg supplier Chris Abbot at the Adelaide Produce Markets.	AUSTRALIA	English-100	RPT	G			
2024-12-27	2330	<b>Andrew Zimmern's Wild Game Kitchen</b>	Chicken Fried Axis Deer & Creole Halibut And Dirty Rice	Chef Andrew Zimmern prepares the ultimate comfort food, a rootsy Americana meal of chicken fried axis deer, cream gravy and ashed potatoes, cooked directly in the hot coals. Next, he breaks down a whole halibut and poaches the filets in a creole-style tomato roux. He serves it with a classic version of dirty rice, filled with vegetables, herbs and chicken livers, cooked directly in the coals.	USA	English-100	RPT	G			
2024-12-27	2400	<b>David Rocco's Dolce Tuscany</b>	Pitigliano	David sets off to the picturesque medieval town of Pitigliano, also known as Little Jerusalem, to meet (and eat!) with the locals and take in the area's beautiful sights.	CANADA	English-100	RPT	G			

2024-12-27	2430	Jamie's Festive Feast	Jamie's Festive Feast	Jamie's Festive Feast is a celebration of those lazy winter days at the end of the year.	UNITED KINGDOM	English-100	RPT	G			
2024-12-27	2530	Rick Stein's Taste Of Shanghai	Rick Stein's Taste Of Shanghai	Rick Stein travels to one of the biggest cities in the world as he finds out whether Shanghai, having almost doubled in size over the last 20 years, has managed to hang on to its culinary roots. Proving there's more to Chinese food than the tried and tested takeaway favourites, Rick shares new recipes for the delicious Shanghainese dishes he discovers during his exploration of the city and coast.	UNITED KINGDOM	English-100	RPT	G	Y	Y	
2024-12-27	2635	Heston's Feasts	Fairytale Feast	Top chef Heston Blumenthal sets out to reinvent famous past or imagined feasts for celebrity diners. Tonight, Heston makes a fairytale meal featuring a Cinderella pumpkin, a stuffed boar's head inspired by Snow White, and an edible Hansel and Gretel house for pudding. His guests include actress Fay Ripley and broadcaster Hardeep Singh Kohli.	UNITED KINGDOM	English-100	RPT	PG	a	Y	
2024-12-27	2730	The Cook Up With Adam Liaw	Finger Lickin' Good	Adam and guests TV Presenter Julia Zemiro and chef Morgan McGlone are whipping up some delicious dishes inspired by the American south.	AUSTRALIA	English-100	RPT	PG		Y	
2024-12-27	2800	The Cook And The Chef	Cauliflower And Passionfruit	Working at the Hotel often keeps Simon busy late into the evening so he's not known for his love of early mornings, but this week he's made the effort to get up well before the crack of dawn to meet his fruit and veg supplier Chris Abbot at the Adelaide Produce Markets.	AUSTRALIA	English-100	RPT	G			
2024-12-27	2830	Andrew Zimmern's Wild Game Kitchen	Chicken Fried Axis Deer & Creole Halibut And Dirty Rice	Chef Andrew Zimmern prepares the ultimate comfort food, a rootsy Americana meal of chicken fried axis deer, cream gravy and ashed potatoes, cooked directly in the hot coals. Next, he breaks down a whole halibut and poaches the filets in a creole-style tomato roux. He serves it with a classic version of dirty rice, filled with vegetables, herbs and chicken livers, cooked directly in the coals.	USA	English-100	RPT	G			
2024-12-28	0500	David Rocco's Dolce Tuscany	Pitigliano	David sets off to the picturesque medieval town of Pitigliano, also known as Little Jerusalem, to meet (and eat!) with the locals and take in the area's beautiful sights.	CANADA	English-100	RPT	G			
2024-12-28	0530	My Market Kitchen	My Market Kitchen Series 4 Ep 16	Today on My Market Kitchen Elena shows us her Buckwheat bowl and her Game-Changing Granola recipes. Khanh whips up an easy, one tray Sticky Lemongrass Chicken Wing dish.	AUSTRALIA	English-100	RPT	G			
2024-12-28	0600	Food Safari	Croatian Safari	Author Dennis Valcich runs through the key ingredients used in Croatian cooking and demonstrates a recipe from the Dalmatian coast - artichoke with potatoes and broad beans. Also from Dalmatia is Melbourne chef Ino Kuvacic who makes fish stew on polenta (brodet), while home cook Branka Roncevic makes some delicious cabbage rolls.	AUSTRALIA	English-100	RPT	G		Y	
2024-12-28	0630	The Italian Vegan Chef	Home Sweet Home	Nadia ends her journey back in Milan. She shows us her hometown through her very own eyes as she goes around town to meet family and old friends. And also meets one of her culinary heroes.	ISRAEL	English-50; Italian-50	RPT	G		Y	
2024-12-28	0700	Selena + Chef	Selena + Jamie Oliver	Legendary chef, cookbook author, and host Jamie Oliver joins Selena from across the pond to elevate dukkah roast chicken, crispy potatoes, tasty greens, and Eaton mess.	USA	English-100	RPT	PG		Y	
2024-12-28	0735	Food Markets: In The Belly Of The City	Bergen - Fisketorget	The Fish Market or Torget (the square) has a charming location in the heart of the city between the fjords and Bergen's seven mountains. On the harbour the stalls sell an incredible variety of fresh fish and seafood like urchins, scallops, prawns and lobsters, but also local farm food.	FRANCE	English-60; Norwegian-40	RPT	PG	a w	Y	Y
2024-12-28	0835	Oliver's Twist	Health Kick	Jamie Oliver rustles up more tasty food. Here, he prepares a particularly healthy meal: crab and grapefruit salad and steamed sea bass with spring vegetables.	UNITED KINGDOM	English-100	RPT	G			
2024-12-28	0900	Freshly Picked	Ep 25	Renee Buckingham returns to share her delicious broccoli slaw recipe. Simon makes a hearty, warm salad that's packed with flavour. Following up, Simon spices things up with flavoursome sesame noodles, then heads back to Mildura to make an eggplant steak with caper dressing.	AUSTRALIA	English-100	RPT	PG	i		

2024-12-28	0930	Everyday Gourmet With Justine Schofield	Episode 7	On today's show Justine makes a tantalising Slow Braised Baby Octopus dish and Fish Fingers in Fillo, before Kirstin Tibballs joins us to share her tips and tricks for a Raspberry Steam Jar Pudding.	AUSTRALIA	English-100	RPT	G		
2024-12-28	1000	Rick Stein's Seafood Lovers' Guide	Episode 3	Rick travels along England's south coast and cooks up a variety of dishes along the way – such as monk fish with potatoes, pilchards on a bruchetta, ormers and salad.	UNITED KINGDOM	English-100	RPT	PG	a	w
2024-12-28	1030	Hugh's Three Good Things	Ham & Bacon	It's day 2 of meat week in the show that pits Hugh against two top chefs to see who can cook the best dish from three key flavours. Today it's all about ham and bacon. As ever Hugh is cooking two dishes (one for fun and one for the competition).	UNITED KINGDOM	English-100	RPT	G		
2024-12-28	1100	The Cook Up With Adam Liaw	Good Catch	It's easy entertaining, and Adam and guests, public health expert Dr Sandro Demaio and award-winning chef Alanna Sapwell-Stone, cook with sustainable seafood.	AUSTRALIA	English-100	RPT	PG		Y
2024-12-28	1130	Jamie's Festive Feast	Jamie's Festive Feast	Jamie's Festive Feast is a celebration of those lazy winter days at the end of the year.	UNITED KINGDOM	English-100	RPT	G		
2024-12-28	1230	David Rocco's Dolce Tuscany	Pitigliano	David sets off to the picturesque medieval town of Pitigliano, also known as Little Jerusalem, to meet (and eat!) with the locals and take in the area's beautiful sights.	CANADA	English-100	RPT	G		
2024-12-28	1300	My Market Kitchen	My Market Kitchen Series 4 Ep 16	Today on My Market Kitchen Elena shows us her Buckwheat bowl and her Game-Changing Granola recipes. Khanh whips up an easy, one tray Sticky Lemongrass Chicken Wing dish.	AUSTRALIA	English-100	RPT	G		
2024-12-28	1330	Food Safari	Croatian Safari	Author Dennis Valcich runs through the key ingredients used in Croatian cooking and demonstrates a recipe from the Dalmatian coast - artichoke with potatoes and broad beans. Also from Dalmatia is Melbourne chef Ino Kuvacic who makes fish stew on polenta (brodet), while home cook Branka Roncevic makes some delicious cabbage rolls.	AUSTRALIA	English-100	RPT	G		Y
2024-12-28	1400	The Italian Vegan Chef	Home Sweet Home	Nadia ends her journey back in Milan. She shows us her hometown through her very own eyes as she goes around town to meet family and old friends. And also meets one of her culinary heroes.	ISRAEL	English-50; Italian-50	RPT	G		Y
2024-12-28	1430	Hairy Bikers Go North	Cumbria	The lakes, is the most visited national park in England and with such an incredible scenery it's not hard to see why. Dave takes Si around his beloved home turf in search of the best produce and food that this beautiful place can offer.	UNITED KINGDOM	English-100	RPT	PG		
2024-12-28	1525	Destination Flavour China Bitesize	Tibetan Yak Belly Stew	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	RPT	G	Y	Y
2024-12-28	1530	Hairy Bikers Go North	North Yorkshire	On this leg, the bikers will be exploring the wild lands of the Yorkshire moors and the amazing producers that call the North York Moors National Park their home.	UNITED KINGDOM	English-100	RPT	G		
2024-12-28	1625	Taste The Philippines With Yasmin Newman	Smoked Bicol Express With Luisa Brimble	Renowned cookbook photographer Luisa Brimble shares her smoky version of bicol express, a classic dish from her hometown in the Philippines.	AUSTRALIA	English-100	RPT	G		
2024-12-28	1630	Jack Stein: Inside The Box	Lucca	Lucca is the lucky destination for this comfort food classic and Stefano Terigi, of Giglio restaurant, is the lucky Michelin star chef helping him Italian-ify it. Turning traditional British into traditional Italian means one thing and one thing only to Steafno, and that's pasta.	AUSTRALIA	English-100	RPT	G		

2024-12-28	1700	<b>The Chocolate Queen</b>	Chocolate Queen Series 2, The Ep 7	An episode to make the kids happy - learn to make Coconut Lollipops, Chocolate Butterflies and Flower Pot Cakes. Plus Kirsten's recipe for a Choc Swiss Roll that's perfectly light and airy.	AUSTRALIA	English-100	RPT	G		
2024-12-28	1730	<b>Lorraine Pascale: Be A Better Cook</b>	Sonia Harwood	With plenty of deceptively easy recipes and fantastic tips, Lorraine Pascale shows people with no kitchen confidence how to pull off an impressive meal for friends and family.	UNITED KINGDOM	English-100	RPT	G		
2024-12-28	1800	<b>Patti's Mexican Table</b>	Revolutionary Bites	Pati experiences preserved foods that sustained people during the Mexican Revolution.	USA	English-100	RPT	G		
2024-12-28	1830	<b>Tales From River Cottage</b>	Wild Larder, The	Hugh recalls three years of tuning in to the wild Dorset landscape, and then feeding off it. He explains why wild food - both plants and animals - should always be a prime part of the smallholders diet, as he learns how to hunt for rabbits, roes deer, and pigeons, and how to gather edible wild plants such as elderflowers, watercress, hazelnuts, and mushrooms.	UNITED KINGDOM	English-100	RPT	PG	a w	
2024-12-28	1900	<b>Tales From River Cottage</b>	Land And Livestock	Having made his decision to stay in Dorset and continue the rural life, Hugh considers the big question facing the committed smallholder - how far are you prepared to go? You don't need much space for chickens, or even for pigs, but once you've got a couple of acres, all kinds of possibilities open up.	UNITED KINGDOM	English-100	RPT	PG	a	
2024-12-28	1930	<b>River Cottage: Three Go Mad</b>	Actors, The	Hugh Fearnley-Whittingstall opens the doors of River Cottage to Philip Glenister, Keeley Hawes, and Felicity Kendal, who are famous for acting but not cooking!	UNITED KINGDOM	English-100	RPT	PG	a l w	
2024-12-28	2030	<b>Rick Stein's Spain</b>	Rick Stein's Spain Series 1 Ep 4	Rick heads for the little-known region of Extremadura - it's famous for pimenton and Spain's most celebrated ham Iberico. In his old camper he drives south to Spain's most romantic city: Seville, the home of tapas and flamenco.	UNITED KINGDOM	English-100	RPT	G		Y
2024-12-28	2140	<b>Anthony Bourdain: Parts Unknown</b>	Brazil	Tony heads back to his much-beloved Salvador, Brazil. The city is often considered Brazil's 'capital of happiness' due to the ever-present street festivals and famous Carnival parade. Tony starts his journey by sitting down with Jayme, a local artist, in the streets of the historic Peló neighbourhood. Jayme has become a well known-character in the area for wearing an elaborate set of armour for over twenty years. Later that night, Tony joins locals Claudio and Marilia for a free concert in Peló.	USA	English-100	RPT	PG	a	Y
2024-12-28	2235	<b>Extreme Food Phobics</b>	Ep 6	This episode features an 18-year-old who lives on up to 100 crispy chicken nuggets a week due to his crippling fear of food textures, and a mum concerned her fruit and veg phobia is having a negative impact on her seven-year-old son.	UNITED KINGDOM	English-100	RPT	PG	a	Y
2024-12-28	2330	<b>Hairy Bikers Go North</b>	Cumbria	The lakes, is the most visited national park in England and with such an incredible scenery it's not hard to see why. Dave takes Si around his beloved home turf in search of the best produce and food that this beautiful place can offer.	UNITED KINGDOM	English-100	RPT	PG		
2024-12-28	2425	<b>Destination Flavour China Bitesize</b>	Tibetan Yak Belly Stew	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	RPT	G		Y Y
2024-12-28	2430	<b>Hairy Bikers Go North</b>	North Yorkshire	On this leg, the bikers will be exploring the wild lands of the Yorkshire moors and the amazing producers that call the North York Moors National Park their home.	UNITED KINGDOM	English-100	RPT	G		
2024-12-28	2525	<b>Destination Flavour Down Under Bitesize</b>	Destination Flavour Down Under Bitesize Series 1 Ep 4	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	RPT	G		Y

2024-12-28	2530	<b>Jack Stein: Inside The Box</b>	Lucca	Lucca is the lucky destination for this comfort food classic and Stefano Terigi, of Giglio restaurant, is the lucky Michelin star chef helping him Italian-ify it. Turning traditional British into traditional Italian means one thing and one thing only to Steafno, and that's pasta.	AUSTRALIA	English-100	RPT	G		
2024-12-28	2600	<b>The Chocolate Queen</b>	Chocolate Queen Series 2, The Ep 7	An episode to make the kids happy - learn to make Coconut Lolipops, Chocolate Butterflies and Flower Pot Cakes. Plus Kirsten's recipe for a Choc Swiss Roll that's perfectly light and airy.	AUSTRALIA	English-100	RPT	G		
2024-12-28	2630	<b>Lorraine Pascale: Be A Better Cook</b>	Sonia Harwood	With plenty of deceptively easy recipes and fantastic tips, Lorraine Pascale shows people with no kitchen confidence how to pull off an impressive meal for friends and family.	UNITED KINGDOM	English-100	RPT	G		
2024-12-28	2700	<b>Patti's Mexican Table</b>	Revolutionary Bites	Pati experiences preserved foods that sustained people during the Mexican Revolution.	USA	English-100	RPT	G		
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2024-12-28	2825	<b>Taste The Philippines With Yasmin Newman</b>	Smoked Bicol Express With Luisa Brimble	Renowned cookbook photographer Louisa Brimble shares her smoky version of bicol express, a classic dish from her hometown in the Philippines.	AUSTRALIA	English-100	RPT	G		
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